

Name : Mr. TANMOY KUMAR DAS (30 /M)

Date : 25/02/2022

Address : 2/1/1A, PYARI DAS LANE, BEADON STREET, PS-GIRISH PARK, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by:

UHID : AGHL.0001621108

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH142755



CHIEF COMPLAINTS

For corporate health checkup

No specific complaints

PRESENT KNOWN ILLNESS:-

No H/O HTN/DM/TB/Asthma/Heart Disease.



DRUG ALLERGY

NO KNOWN ALLERGY

:26/02/2022



SYSTEMIC REVIEW

Cardiovascular system

Nil significant.

Respiratory system

Nil significant.

Gastrointestinal system

APPETITE - Normal, BOWEL HABITS - Regular.

Genitourinary system

FREQUENCY – Normal.

Central nervous system

HEADACHE – Yes, MEMORY & CONCENTRATION – Normal, SLEEP – Normal.

Eyes

VISION - Corrected with glasses.

ENT

HEARING – Normal.

Skin

Nil significant.

Weight

Steady.



Present medications

Tab. Eptoin (300 mg) - once daily.



Past medical history

*Stroke/ CVA - 2003

- Right sided hemiplagia.



Surgical history

Others - Craniotomy - 2003.



Personal history

Marital status - Married

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Active



Family history

Father - alive

Mother - has expired

Coronary artery disease - none

Cancer - None

PHYSICAL EXAMINATION



General

Build - obese

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| | | | |
|-----------------|---------|------------------------|---|
| Height (in cms) | - 168 | Ophthalmology findings | - Distant vision with glasses 6/9 (Right eye) and 6/9 (Left eye). |
| Weight (in Kgs) | - 87 | | Near vision with glasses N6 (Both eye). |
| BMI | - 30.82 | | |
| Pallor | - no | | |
| Oedema | - no | | |



Cardiovascular system

| | |
|------------------------|----------|
| Heart rate(Per minute) | - 78 |
| Rhythm | - Normal |
| Systolic(mm of Hg) | - 150 |
| Diastolic(mm of Hg) | - 90 |
| Heart sounds | - S1S2+ |



Respiratory system

| | |
|---------------|----------------------------------|
| Breath sounds | - Normal vesicular breath sounds |
|---------------|----------------------------------|



Abdomen

| | |
|--------------|------------|
| Appearance | - Normal |
| Organomegaly | - No |
| Tenderness | - No |
| Bowel sounds | - Present. |



Central nervous system

| | |
|----------------|----------------------------|
| Cranial nerves | - No neurological deficit. |
| Sensory system | - No neurological deficit. |
| Motor system | - Decreased in right hand. |



Skin

No significant finding



Musculo Skeletal System

| | |
|-------------|--------------------------------------|
| Extremities | - Restricted movement of right hand. |
| Spine | - No significant finding |

Ophthalmology consultation

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COMPLETE HAEMOGRAM PROFILE

| Test Name | Result | Unit | Level | Range |
|--|-------------------------------|----------------|-------|------------|
| Hemoglobin | 14.0 | g/dl | ● | 13.0-17.0 |
| RBC COUNT | 4.55 | Million/ ul | ● | 4.5-5.5 |
| Hematocrit - Hct: | 40.3 * | % | ● | 41-53 |
| MCV | 88.5 | fl | ● | 83-101 |
| MCH | 30.8 | pg | ● | 27-32 |
| MCHC | 34.8 * | % | ● | 31.5-34.5 |
| RDW | 13.5 | % | ● | 11.8-14.0 |
| WBC Count | 6800 | /cu mm | ● | 4000-10000 |
| Platelet Count | 1.75 | lacs/cu mm | ● | 1.5-4.0 |
| Neutrophils | 69 | % | ● | 40-80 |
| Lymphocytes | 24 | % | ● | 20-40 |
| Monocytes | 04 | % | ● | 2-10 |
| Eosinophils | 03 | % | ● | 01-06 |
| Basophils | 00 | % | ● | 0-0 |
| RBC: | Normocytic Normochromic cells | | | |
| Platelets: | Adequate. | | | |
| ERYTHROCYTE SEDIMENTATION RATE (ESR) | 11 | mm/1st hr | ● | 0-15 |

URINE ROUTINE AND MICROSCOPY

| Test Name | Result | Unit | Level | Range |
|------------------|-----------------|------|-------|-------|
| Volume: | 30 | mL | | |
| Colour: | Pale Straw | | | |
| Appearance | Slightly Turbid | | | |
| Specific Gravity | 1.005 | | | |
| pH: | 7.0 | | | |
| Albumin: | Not Detected | | | |
| Glucose | Not Detected | | | |
| Ketone: | Not Detected | | | |
| Bile Pigments | Not Detected | | | |
| RBC | Nil | /hpf | | |
| Pus Cells | Occasional/hpf | | | |

| | |
|------------------|--|
| Epithelial Cells | Occasional/hpf |
| Casts: | Not Found |
| Crystals: | Not Found |
| Note | Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf. |

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

| Test Name | Result | Unit | Level | Range |
|------------------------------------|--------|------|-------|-------|
| URINE GLUCOSE(POST PRANDIAL) | Nil | | | |

URINE SUGAR- FASTING(QUALITATIVE)

| Test Name | Result | Unit | Level | Range |
|---------------------------|--------|------|-------|-------|
| URINE GLUCOSE(FASTING) | Nil | | | |

BLOOD GROUPING AND TYPING (ABO AND RH)

| Test Name | Result | Unit | Level | Range |
|--------------|----------|------|-------|-------|
| ABO Group: | B | | | |
| Rh (D) Type: | POSITIVE | | | |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|------------------------------------|--------|-------|-------|---------|
| ALT(SGPT) - SERUM | 60 * | U/L | ● | 10-40 |
| ALBUMIN - SERUM | 4.7 | g/dL | ● | 3.5-5.1 |
| ALKALINE PHOSPHATASE - SERUM | 239 * | U/L | ● | 53-128 |
| AST (SGOT) - SERUM | 40 | U/L | ● | 10-42 |
| BILIRUBIN TOTAL - SERUM | 0.8 | mg/dL | ● | 0.0-1.0 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|------------------------|--------|-------|-------|-------|
| CHOLESTEROL - SERUM | 167 | mg/dL | ● | 0-200 |

CREATININE - SERUM

| Test Name | Result | Unit | Level | Range |
|--------------------|--------|-------|-------|---------|
| CREATININE - SERUM | 0.8 * | mg/dL | ● | 0.9-1.3 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-----------|--------|------|-------|-------|
|-----------|--------|------|-------|-------|

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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 230 * U/L ● 7-64

TOTAL T3: TRI IODOTHYRONINE - SERUM 1.0 ng/ml ● 0.8-2

TOTAL T4: THYROXINE - SERUM 8.3 µg/dL ● 5.1-14.1

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 100 * mg/dL ● 70-99

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 102 mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 103 mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 5.1 * µIU/mL ● 0.270-4.200

HBA1C (GLYCOSYLATED

HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.0 % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 4.8 mg/dL ● 3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.2 mg/dL ● 0.0-0.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 44 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 106 mg/dL ● Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated) 17 mg/dL ● 0-35

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 6.0 * mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.4:1.0 1.0-2.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 8.1 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 3.4 g/dL ● 1.8-3.6

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

TREADMILL TEST / STRESS TEST

SUBMAXIMAL (UPTO 81 %) STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Fatty changes in liver.

X-RAY CHEST PA

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Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

 Within Normal Range  Borderline High/Low  Out of Range

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Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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