

Name : Mr. SOUMIK PAUL (39 /M)

Date : 11/03/2022

Address : 2/448, KAPASDANGA, HOOGHLY, HOOGHLY, HOOGHLY, WEST BENGAL, INDIA

Examined by:

UHID : AMHL.0001927620

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH143682



CHIEF COMPLAINTS

For corporate health checkup

No specific complaints

PRESENT KNOWN ILLNESS:-

H/O Hypertension - on medication (present BP - 140/100 mm/Hg).

No H/O DM/TB/Asthma/Heart Disease.



DRUG ALLERGY

NO KNOWN ALLERGY

:14/03/2022



SYSTEMIC REVIEW

Cardiovascular system

HYPERTENSION – Yes, ANY MEDICATION – Yes.

Respiratory system

Nil significant.

Gastrointestinal system

APPETITE - Normal, BOWEL HABITS - Regular.

Genitourinary system

FREQUENCY – Normal.

Central nervous system

MEMORY & CONCENTRATION – Normal, SLEEP – Normal.

Eyes

VISION - Corrected with glasses.

ENT

HEARING – Normal.

Skin

Nil significant.

Weight

Steady.



Present medications

Tab. Stamlo (5 mg).



Past medical history

Past medical history - nil significant

Covid 19 - Yes

Hospitalization for - No

Covid 19



Surgical history

Surgical history - Nil



Personal history

Marital status - Married

No. of children - 1

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Active



Family history

Father - has expired

Mother - alive

Sisters - 1

Hypertension - mother

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Coronary artery disease - none
Cancer - None

PHYSICAL EXAMINATION



General

Build - over weight
Height (in cms) - 168
Weight (in Kgs) - 80
BMI - 28.34
Pallor - no
Oedema - no



Cardiovascular system

Heart rate(Per minute) - 96
Rhythm - Normal
Systolic(mm of Hg) - 140
Diastolic(mm of Hg) - 100
Heart sounds - S1S2+



Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - Present.



Central nervous system

No neurological deficit



Skin

No significant finding



Musculo Skeletal System

Extremities - No significant finding
Spine - No significant finding

Printed By : AVIJIT DAS

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	14.9	g/dl	●	13.0-17.0
RBC COUNT	5.21	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	43.3	%	●	41-53
MCV	83.2	fl	●	83-101
MCH	28.6	pg	●	27-32
MCHC	34.3	%	●	31.5-34.5
RDW	13.0	%	●	11.8-14.0
WBC Count	9000	/cu mm	●	4000-10000
Platelet Count	2.13	lacs/cu mm	●	1.5-4.0
Neutrophils	63	%	●	40-80
Lymphocytes	29	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	04	mm/1st hr	●	0-15

Epithelial Cells Occasional/hpf
 Casts: Not Found
 Crystals: Not Found
 Note Biological reference interval
 RBC- 0-2/hpf
 Pus Cell - 0-5/hpf.

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	49 *	U/L	●	10-40
ALBUMIN - SERUM	4.8	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	97	U/L	●	53-128
AST (SGOT) - SERUM	31	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.6	mg/dL	●	0.0-1.0

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	217 *	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.9	mg/dL	●	0.9-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	45	U/L	●	7-64

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range

● Within Normal Range ● Borderline High/Low ● Out of Range

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GLUCOSE - PLASMA (FASTING) 100 * mg/dL ● 70-99

TSH: THYROID STIMULATING HORMONE - SERUM 3.9 μIU/mL ● 0.270-4.200

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.8 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	7.4 *	mg/dL	●	3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	51	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	149 *	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	17	mg/dL	●	0-35

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	8.5	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.6:1.0			1.0-2.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.8	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.0	g/dL	●	1.8-3.6

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Fatty changes in liver.

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.1	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	7.2	μg/dL	●	5.1-14.1

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & RADIOLOGY)

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	83	mg/dL	●	0-150

Haematology

STOOL ROUTINE
URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Biochemistry

GLUCOSE - PLASMA (POST PRANDIAL)

● Within Normal Range ● Borderline High/Low ● Out of Range

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Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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