

Patient Name : Dr. SATHEESHA A	Collected : 20/Sep/2023 10:40AM
Age/Gender : 42 Y 3 M 18 D/M	Received : 20/Sep/2023 12:54PM
UHID/MR No : CMYS.0000057988	Reported : 20/Sep/2023 01:22PM
Visit ID : CMYSOPV117682	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 435838907867	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

PERIPHERAL SMEAR , WHOLE BLOOD EDTA

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SIN No:BED230227987

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UHID/MR No : CMYS.0000057988	Reported : 20/Sep/2023 03:09PM
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Test Name	Result	Unit	Bio. Ref. Range	Method
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HEMOGRAM , WHOLE BLOOD EDTA

HAEMOGLOBIN	15.9	g/dL	13-17	Spectrophotometer
PCV	47.30	%	40-50	Electronic pulse & Calculation
RBC COUNT	5.32	Million/cu.mm	4.5-5.5	Electrical Impedence
MCV	89	fL	83-101	Calculated
MCH	29.8	pg	27-32	Calculated
MCHC	33.5	g/dL	31.5-34.5	Calculated
R.D.W	12.1	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	5,200	cells/cu.mm	4000-10000	Electrical Impedence

DIFFERENTIAL LEUCOCYTIC COUNT (DLC)

NEUTROPHILS	62.3	%	40-80	Electrical Impedence
LYMPHOCYTES	31.4	%	20-40	Electrical Impedence
EOSINOPHILS	2.5	%	1-6	Electrical Impedence
MONOCYTES	3.6	%	2-10	Electrical Impedence
BASOPHILS	0.2	%	<1-2	Electrical Impedence

ABSOLUTE LEUCOCYTE COUNT

NEUTROPHILS	3239.6	Cells/cu.mm	2000-7000	Electrical Impedence
LYMPHOCYTES	1632.8	Cells/cu.mm	1000-3000	Electrical Impedence
EOSINOPHILS	130	Cells/cu.mm	20-500	Electrical Impedence
MONOCYTES	187.2	Cells/cu.mm	200-1000	Electrical Impedence
BASOPHILS	10.4	Cells/cu.mm	0-100	Electrical Impedence

PLATELET COUNT

PLATELET COUNT	247000	cells/cu.mm	150000-410000	Electrical impedence
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ERYTHROCYTE SEDIMENTATION RATE (ESR)

ERYTHROCYTE SEDIMENTATION RATE (ESR)	10	mm at the end of 1 hour	0-15	Modified Westergren
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PERIPHERAL SMEAR

R.B.C: Majority are normocytic normochromic.
W.B.C: normal in number with normal morphology and distribution.
Platelets: normal in number and are seen in singles and clumps.
Hemoparasites: Not seen.

IMPRESSION: NORMOCYTIC NORMOCHROMIC BLOOD PICTURE.

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ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

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BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA				
BLOOD GROUP TYPE	O			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	NEGATIVE			Forward & Reverse Grouping with Slide/Tube Agglutination



SIN No:BED230227987

Patient Name : Dr. SATHEESHA A	Collected : 20/Sep/2023 10:40AM
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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GLUCOSE, FASTING , NAF PLASMA	110	mg/dl	74-106	GOD, POD
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Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	121	mg/dL	70-140	GOD - POD
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Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Ref: Marks medical biochemistry and clinical approach

HBA1C, GLYCATED HEMOGLOBIN ,	4.6	%		HPLC
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Test Name	Result	Unit	Bio. Ref. Range	Method
WHOLE BLOOD EDTA				
ESTIMATED AVERAGE GLUCOSE (eAG) , WHOLE BLOOD EDTA	85	mg/dL		Calculated

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
 - A: HbF >25%
 - B: Homozygous Hemoglobinopathy.
 (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

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SIN No:PLF02030142,PLP1370594,EDT230086396

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DEPARTMENT OF BIOCHEMISTRY

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LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	197	mg/dl	0-200	CHOD
TRIGLYCERIDES	256	mg/dL	<150	Enzymatic
HDL CHOLESTEROL	47	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	150	mg/dL	<130	Calculated
LDL CHOLESTEROL	98.75	mg/dL	<100	Calculated
VLDL CHOLESTEROL	51.2	mg/dL	<30	Calculated
CHOL / HDL RATIO	4.19		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

1. Measurements in the same patient on different days can show physiological and analytical variations.
2. NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
3. Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
4. Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
5. As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
6. VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 350 mg/dl. When Triglycerides are more than 350 mg/dl LDL cholesterol is a direct measurement.

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Test Name	Result	Unit	Bio. Ref. Range	Method
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SIN No:SE04487049

APOLLO CLINICS NETWORK

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

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LIVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	0.80	mg/dL	0.20-1.20	DIAZO METHOD
BILIRUBIN CONJUGATED (DIRECT)	0.24	mg/dL	0.0-0.3	Calculated
BILIRUBIN (INDIRECT)	0.56	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	22	U/l	0-45	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	23.0	U/l	0-35	IFCC
ALKALINE PHOSPHATASE	53.00	U/l	53-128	IFCC (AMP buffer)
PROTEIN, TOTAL	7.00	g/dL	6.3-8.2	Biuret
ALBUMIN	4.64	g/dL	3.5 - 5	Bromocresol Green
GLOBULIN	2.36	g/dL	2.0-3.5	Calculated
A/G RATIO	1.97		0.9-2.0	Calculated

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

1. Hepatocellular Injury:

- AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI.
- Disproportionate increase in AST, ALT compared with ALP.
- Bilirubin may be elevated.
- AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1 In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilson's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

- ALP – Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.
- ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.

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3. Synthetic function impairment:

- Albumin- Liver disease reduces albumin levels.
- Correlation with PT (Prothrombin Time) helps.



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DEPARTMENT OF BIOCHEMISTRY

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RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM

CREATININE	0.81	mg/dL	0.66-1.25	Creatinine amidohydrolase
UREA	18.73	mg/dl	13-43	Urease, UV
BLOOD UREA NITROGEN	8.8	mg/dL	8.0 - 23.0	Calculated
URIC ACID	6.60	mg/dL	3.5-8.5	Uricase
CALCIUM	9.53	mg/dl	8.6-10.3	Arsenazo III
PHOSPHORUS, INORGANIC	2.86	mg/dl	2.7-4.5	Molybdate
SODIUM	138	mmol/L	135-145	Direct ISE
POTASSIUM	4.0	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	102	mmol/L	98 - 107	Direct ISE



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Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	33.00	U/L	15-73	Glycylglycine Nitoranalide



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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM

TRI-IODOTHYRONINE (T3, TOTAL)	1.15	ng/mL	0.64-1.52	CMIA
THYROXINE (T4, TOTAL)	5.39	µg/dL	4.87-11.72	CMIA
THYROID STIMULATING HORMONE (TSH)	3.790	µIU/mL	0.35-4.94	CMIA

Comment:

Note:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 – 3.0
Third trimester	0.3 – 3.0

1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism

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Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma



SIN No:SPL23133982

APOLLO CLINICS NETWORK

GSTIN: 29AADCA0733E1Z3

Address: 22, 23, 24, 25/101/3, Sree Rama Layout, BNR Complex, OPP.RBI Layout, JP Nagar, 7th Phase, Bengaluru, Karnataka

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Test Name	Result	Unit	Bio. Ref. Range	Method
TOTAL PROSTATIC SPECIFIC ANTIGEN (tPSA) , SERUM	0.370	ng/mL	0-4	CLIA



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DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

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COMPLETE URINE EXAMINATION (CUE) , URINE

PHYSICAL EXAMINATION

COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	6.0		5-7.5	Bromothymol Blue
SP. GRAVITY	1.020		1.002-1.030	Dipstick

BIOCHEMICAL EXAMINATION

URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	EHRlich
BLOOD	NEGATIVE		NEGATIVE	Dipstick
NITRITE	NEGATIVE		NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	PYRROLE HYDROLYSIS

CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY

PUS CELLS	3 - 4	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1 - 2	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY



SIN No:UR2187443


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Emp/Auth/TPA ID : 435838907867	


DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

*** End Of Report ***


Dr. PAVAN KUMAR M
M.B.B.S,M.D(Pathology)
Consultant Pathologist


DR.SHIVARAJA SHETTY
M.B.B.S,M.D(Biochemistry)
CONSULTANT BIOCHEMIST



Patient Name : Dr. SATHEESHA A

Age/Gender : 42 Y/M

UHID/MR No. : CMYS.0000057988

OP Visit No : CMYSOPV117682

Sample Collected on :

Reported on : 21-09-2023 09:43

LRN# : RAD2103800

Specimen :

Ref Doctor : SELF

Emp/Auth/TPA ID : 435838907867

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

LIVER: It is normal in size, outline and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is well distended and normal. No e/o calculi.

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal in size, outline and echopattern.

RIGHT KIDNEY: It Measures 99x44 mm with parenchymal thickness of 12 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

LEFT KIDNEY: It measures 101x49 mm with parenchymal thickness of 14 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

URINARY BLADDER: It is well distended. The UB wall is normal. No e/o calculi.

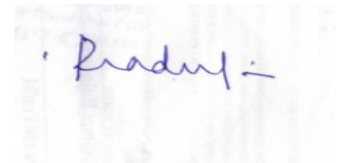
PROSTATE: It measures 28x30x33 mm with a volume of 15 cc. It is normal in size, outline and echotexture. The vascularity of prostate is normal.

RIF: No evidence of focal collection or mass lesion seen. Appendix is not visualized.

OTHERS: No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

IMPRESSION: NORMAL STUDY.

Pradeep Kumar C N, DNB
Consultant Radiologist.



Dr. PRADEEP KUMAR C N
MBBS DNB(RADIOLOGY)

Radiology

Patient Name : Dr. SATHEESHA A

Age/Gender : 42 Y/M

UHID/MR No. : CMYS.0000057988

OP Visit No : CMYSOPV117682

Sample Collected on :

Reported on : 20-09-2023 16:27

LRN# : RAD2103800

Specimen :

Ref Doctor : SELF

Emp/Auth/TPA ID : 435838907867

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .

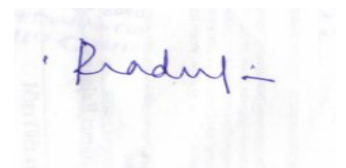
No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

IMPRESSION :NORMAL STUDY.



Dr. PRADEEP KUMAR C N
MBBS DNB(RADIOLOGY)

Radiology

Name: Dr. SATHEESHA A
Age/Gender: 42 Y/M
Address: MYSORE
Location: MYSORE, KARNATAKA
Doctor:
Department: GENERAL
Rate Plan: MYSORE_06042023
Sponsor: ARCOFEMI HEALTHCARE LIMITED
Consulting Doctor: Dr. SABAH JAVED

MR No: CMYS.0000057988
Visit ID: CMYSOPV117682
Visit Date: 20-09-2023 10:35
Discharge Date:
Referred By: SELF

HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS

Chief Complaints

COMPLAINTS:::: For Annual Health Checkup,

SYSTEMIC REVIEW

**Weight

--->: Stable,

Number of kgs: 56,9,

HT-HISTORY

Past Medical History

PAST MEDICAL HISTORY: Nil Significant,

**Cancer: NILL,

PHYSICAL EXAMINATION

SYSTEMIC EXAMINATION

IMPRESSION

IMPRESSION

Finding Category : within normal limits,

EKG

: NORMAL,

RECOMMENDATION

DISCLAIMER

Disclaimer: The health checkup examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the consulting physician. Additional tests, consultations and follow up may be required in some cases.,

Doctor's Signature

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Dr. SATHEESHA A on 20/09/2023

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> Medically Fit 	✓
<ul style="list-style-type: none"> Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. <u>Correction of H/W</u></p> <p>2.</p> <p>3.</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> Currently Unfit. <p>Review after _____ recommended</p>	
<ul style="list-style-type: none"> Unfit 	

Dr. [Signature]
 Medical Officer
 The Apollo Clinic
 # 23, 1st Floor,
 Kuvempu Road, Mysore - 02
 Ph : 0821-4006040/41

Apollo Health and Lifestyle Limited
 (CIN: U85110TG2000PLC115819)
 Regd. Office: 1, 10-60 62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016
 Ph: No. (041) 4904 7777 Fax No. 4904 7744 | Email ID: enquiry@apollohl.com | www.apollohl.com
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 Kramanagara | Karsapur Road | Mysore (VV Mohalla)
 Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT
1860 500 7788

Date : 20-09-2023
MR NO : CMYS.0000057988

Department : GENERAL
Doctor : Dr. V. V. V. V.

Name : Dr. SATHEESHA A

Registration No : 67056
Qualification : M.D.B.S. M.D.

Age/ Gender : 42 Y / Male

Consultation Timing: 10:35

Height : 159	Weight : 56.4	BMI :	Waist Circum :
Temp :	Pulse : 72	Resp : 20	B.P : 150/100

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

C/C S/S
R/S - 2/2
PA - soft

Co HIV
Bronchitis

1/1

T. Erchest 100 (5)
T. Erchest 100 (30)

Lab Recpt Pst Diet and Exercise

Follow up date :

Doctor Signature

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Date : 20-09-2023
 MR NO : CMYS.0000057988
 Name : Dr. SATHEESHA A
 Age/ Gender : 42 Y / Male

Department : GENERAL Dietetics
 Doctor : Madhura B.P
 Registration No :
 Qualification : M.Sc Nutrition & Dietetics
 PhD*

Consultation Timing: 10:35

Height : 159	Weight : 56.9	BMI : 22.5 kg/m ²	Waist Circum : 98cm - 59kg
Temp :	Pulse :	Resp :	B.P : 152/100

General Examination /
 Allergies History

FBS - 110
 Triglycerides - 256
 Non-HDL - 150
 VLDL - 51.2

Clinical Diagnosis & Management Plan

HTN (Newly diagnosed)

- * Advised low fat, salt & restricted diet.
- Take small frequent meals. Do not skip meals.
- Include all variety of seasonal fruits, vegetables and green leafy vegetables daily.
- Include nuts like Almonds, walnuts and dry-fruits like dried dates and raisins.
- Include seeds like flax seeds, pumpkin seeds, sunflower seeds, watermelon seeds & sesame seeds - 1 teaspoon each - dry roasted.
- * Salt intake - 3-4 gms in a day.
- Drink 12-14 big glasses of water everyday.

Follow up date :

Doctor Signature

Madhura B.P
 20/9/2023

Apollo Clinic
 # 23, 1st Floor,
 Kalidasa Road, Mysore - 02
 Ph : 0821-490004/41

Date : 20-09-2023
MR NO : CMYS.0000057988
Name : Dr. SATHEESHA A
Age/ Gender : 42 Y / Male

Department : GENERAL
Doctor :
Registration No :
Qualification :

Consultation Timing: 10:35

Height : 159	Weight : 56.9	BMI :	Waist Circum : 150/100
Temp :	Pulse :	Resp :	

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

	<u>Rt eye</u>	<u>Lt eye</u>
Distance	6/6	6/6
Con vision	N10	N10
Colour vision	Normal	Normal

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Follow up date :

Doctor Signature

Date : 20-09-2023
MR NO : CMYS.0000057988
Name : Dr. SATHEESHA A
Age/ Gender : 42 Y / Male

Department : GENERAL Dental
Doctor : Dr. Jyothishee
Registration No :
Qualification :

Consultation Timing: 10:35

Height : 159	Weight : 56.9	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 150/100

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

O/E

8 | 8
8 Grossly decayed
ASW - Extraction.

Care, SFT
ASW - Oral prophylaxis

Follow up date :

Jyothishee
Doctor Signature
Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0321-4006040/41

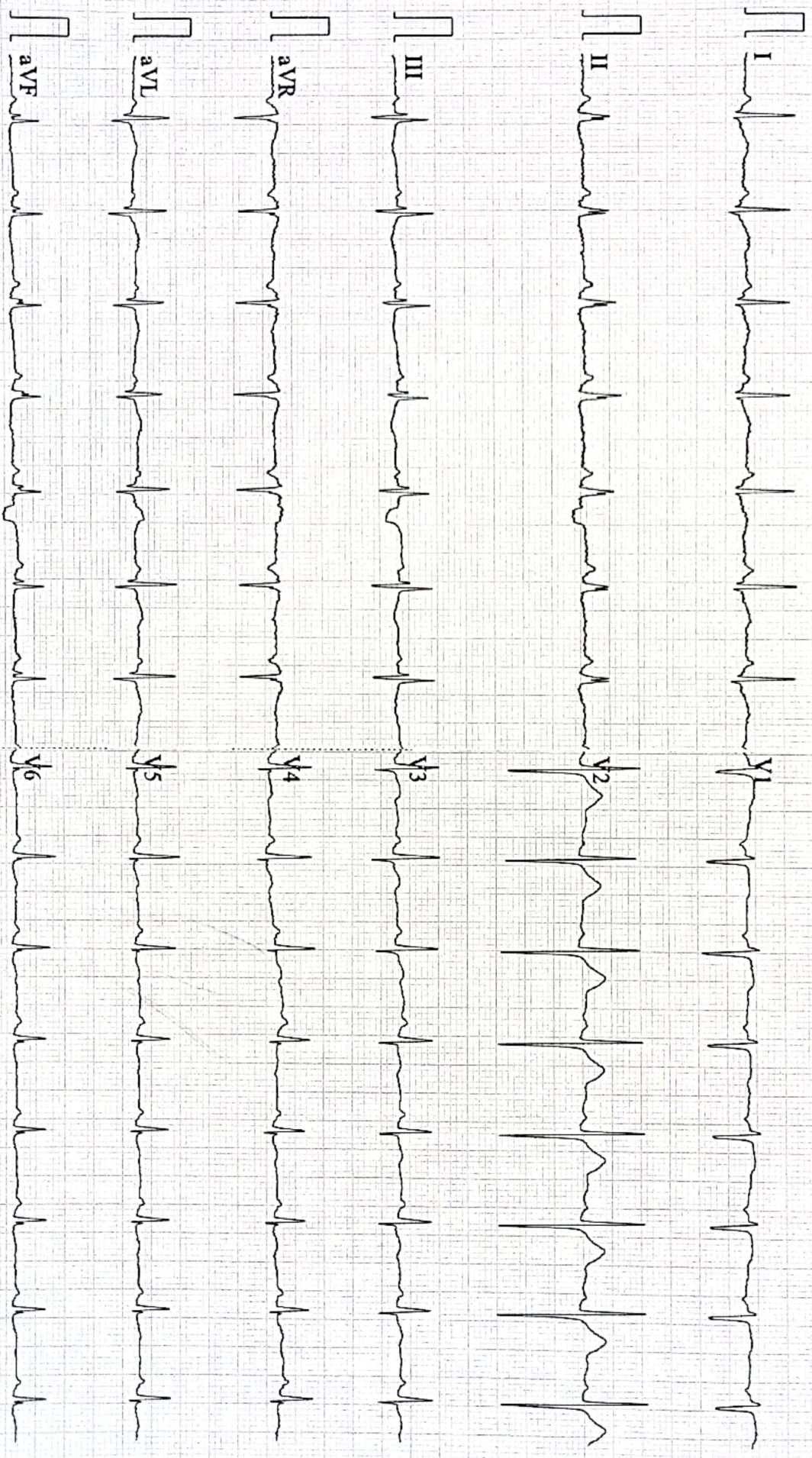
ID: 57988
DR SATHEESHA A
Male 42Years
159cm 56kg 150/100mmHg

20-09-2023 11:56:24 AM

Diagnosis Information:

Unconfirmed Report.

Apollo Clinic
23, 1st Floor,
Kalladasa Road, Mysore - 02
Ph : 0821-4006040/41



0.5-45Hz AC50 25mm/s 10mm/mV 2*5.0s 90 CARDIART

D VI.43 Glasgow V28.6.0 APOLLO CLINIC MYSURU

Patient Name	: Dr. SATHEESHA A	Age	: 42 Y M
UHID	: CMYS.0000057988	OP Visit No	: CMYSOPV117682
Reported on	: 20-09-2023 16:26	Printed on	: 20-09-2023 16:27
Adm/Consult Doctor	:	Ref Doctor	: SELF

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .
No obvious active pleuro-parenchymal lesion seen .
Both costophrenic and cardiophrenic angles are clear .
Both diaphragms are normal in position and contour .
Thoracic wall and soft tissues appear normal.

IMPRESSION :NORMAL STUDY.

Printed on:20-09-2023 16:26

---End of the Report---

Dr. PRADEEP KUMAR C N
MBBS DNB(RADIOLOGY)
Radiology

Apollo Health and Lifestyle Limited

(CIN: UR5110TG2000PLC115819)

Ring Road Office-1, 10-6D-62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016
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Koramangala | Sarjapur Road | Mysore: (VV Mohalla)

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

 **1860 500 7788**

Page 1 of 1

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Patient Name: Dr. Satheesha A	Date:20.09.2023	Doctor:Dr. Self
Age / Sex : 42 yrs /Male	UHID No : 57988	OP:
ULTRASONOGRAPHY – ABDOMEN & PELVIS		

LIVER: It is normal in size, outline and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is well distended and normal. No e/o calculi.

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal in size, outline and echopattern.

RIGHT KIDNEY: It Measures 99x44 mm with parenchymal thickness of 12 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

LEFT KIDNEY: It measures 101x49 mm with parenchymal thickness of 14 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

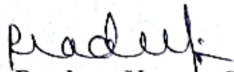
URINARY BLADDER: It is well distended. The UB wall is normal. No e/o calculi.

PROSTATE: It measures 28x30x33 mm with a volume of 15 cc. It is normal in size, outline and echotexture. The vascularity of prostate is normal.

RIF: No evidence of focal collection or mass lesion seen. Appendix is not visualized.

OTHERS: No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

IMPRESSION: NORMAL STUDY.


Dr. Pradeep Kumar C N, DNB
Consultant Radiologist.


Apollo Health and Lifestyle Limited

CIN: URS110G2000PLC115819
Regd. Office: T-10-60-62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016
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TO BOOK AN APPOINTMENT

 **1860 500 7788**

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Patient's Name : Dr Satheesha A

Age & sex : 42 Yrs / male

Date : 20.09.2023

UHID No : 57988


2D ECHOCARDIOGRAPHY STUDY

Impression:

- Normal chamber volumes
- Normal left ventricular systolic function. EF 63% ✓
- LV diastolic dysfunction
- No regional wall motion abnormality
- Normal valves
- No clots. No pericardial effusion

Findings

Left Ventricle:	Normal
Right Ventricle	Normal
Left Atrium	Normal
Right Atrium	Normal
Aorta	Normal
Pulmonary Artery	Normal
IAS	Intact
IVS	Intact
Valves	Normal
Pericardium	Normal
Doppler	LV diastolic dysfunction ✓


Dr. C.B. KESHAVAMURTHY MD, DM, DNB
CONSULTANT CARDIOLOGIST

Apollo Health and Lifestyle Limited

(CIN : U85110TG2000PLC115819)

Regd Office: 1-10-60-62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016
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 **1860 500 7788**

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Patient's Name : Dr Satheesha A	Age & sex : 42Yrs /male
Date : 20.09.2023	UHID No : 57988


Measurements

AO : 2.60 cm
LA : 3.08 cm

RV : 1.70 cm
LVIDd : 4.86 cm
LVIDs : 3.27 cm
IVSd : 0.90 cm
IVSs : 1.11 cm
PWd : 0.98 cm
PWs : 1.37 cm
EF : 63.0 %
FS : 32.0 %

Doppler

MV	TV	AV	PV
E: 0.69 m/s	E 0.52 m/s	V max 1.42 m/s	V max 1.39 m/s
A: 0.95 m/s	A 0.44 m/s		
MR Nil	TR Nil	AR Nil	PR Nil


Dr. C.B. KESHAVAMURTHY MD, DM, DNB
CONSULTANT CARDIOLOGIST

Apollo Health and Lifestyle Limited

(CIN: U85110TG2000PLC115819)
Regd Office: 1-10-60-62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016
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Koramangala | Sarjapur Road) Mysore (VV Mohalla)

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TO BOOK AN APPOINTMENT

1860 500 7788

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Informed Consent/Declaration For Test Exclusion

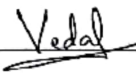
Patient Name: Dr. Sathesha A Age: 42 year Female
UHID Number: 57988

Please tick and sign the relevant part

I certify that I will skip ENT Consultation Test from my own.

No refund is provided for the above excluded test and i have been informed about the same.

Patient signature:  Date: 20/9/2023

Witness signature:  Date: 20/9/2023

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-400040/41



ಭಾರತೀಯ ವಿಶಿಷ್ಟ ಗುರುತು ಪ್ರಾಧಿಕಾರ

ಭಾರತ ಸರ್ಕಾರ

Unique Identification Authority of India
Government of India

ನೋಂದಾವಣೆ ಕ್ರಮ ಸಂಖ್ಯೆ / Enrollment No.: 1189/29222/04805

To
ಸತೀಶ ಎ
Satheesha A
S/O: Appaji
MADDUR TALUKU
Annur
Bharathinagar
Maddur Mandya
Karnataka 571422
9740131350

21/05/2013

16355471



MN163554715FT



ನಿಮ್ಮ ಆಧಾರ್ ಸಂಖ್ಯೆ / Your Aadhaar No. :

4385 3890 7867

ಆಧಾರ್ - ಶ್ರೀಸಾಮಾನ್ಯನ ಅಧಿಕಾರ



ಭಾರತ ಸರ್ಕಾರ

Government of India



ಸತೀಶ ಎ
Satheesha A
ಹುಟ್ಟಿದ ವರ್ಷ / Year of Birth : 1981
ಪುರುಷ / Male



4385 3890 7867

ಆಧಾರ್ - ಶ್ರೀಸಾಮಾನ್ಯನ ಅಧಿಕಾರ

Fwd: Health Check up Booking Confirmed Request(bobS46588),Package Code-
PKG10000307, Beneficiary Code-74170

Prithvimena @gmail.com <prithvimena@gmail.com>

Wed 20-09-2023 10:21

To: Mysore Apolloclinic <mysore@apolloclinic.com>

----- Forwarded message -----

From: **Mediwheel** <wellness@mediwheel.in>

Date: Tue, Sep 19, 2023, 6:22 PM

Subject: Health Check up Booking Confirmed Request(bobS46588),Package Code-PKG10000307,
Beneficiary Code-74170

To: <prithvimena@gmail.com>

Cc: <customercare@mediwheel.in>

011-41195959

[Email:wellness@mediwheel.in](mailto:wellness@mediwheel.in)

Dear **Dr Satheesha A,**

Please find the confirmation for following request.

Booking Date : 19-09-2023
Package Name : Arcofemi MediWheel Full Body Annual Plus Male Above 50 2D
ECHO
Name of Diagnostic/Hospital : Apollo clinic - Kalidasa Road
Address of Diagnostic/Hospital : Apollo Clinic, 23, Kalidasa Road, VV Mohalla, Mysore -570002
Contact Details : 18605007788
City : Mysore
State : Karnataka
Pincode : 570002
Appointment Date : 20-09-2023
Confirmation Status : Confirmed
Preferred Time : 8:00am-9:00am
Comment : APPOINTMENT TIME 9:00AM

Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.