

Mammagruphy

# X-Roy

30/40 Sonography # Liver Elastography # ECHO # Treadmill Test # HFT

# ECG

· Dental & Eye Checkup

· Full Body Health Checkup

Audiometry = Nutrition Consultation

RADIOLOGY = HEALTH CHECK UP = PATHLOGY = CARDIO DIAGNOSTIC

# MER- MEDICAL EXAMINATION REPORT

Date of Examination	22 12 2023	
NAME	Aasha as	ydrasang
AGE 32	Gender	vencile
HEIGHT(cm) 164	WEIGHT (kg)	0+
B.P.	108 82	
ECG	NOOM	nal -
X Ray	Nor	mal
Vision Checkup	Color Vision : Nor Far Vision Ratio : Near Vision Ratio :	rond
Present Ailments	0	0
Details of Past ailments (If Any)	K	)0
Comments / Advice : She /He is Physically Fit		7+
		1.00

Dr. Pipyl Chaoda MD (Internal Medicine) Reg No. G- 15004

Signature with Stamp of Medical Examiner

 For Appointment: 756 7000 750/850 
 Ist Floor, Sahajand Palace, Near Gopi @ www.conceptdiagnostic.com dir.cdh@gmail.com

Restaurant, Anandnagar Cross Road, Prahladnagar, Ahmedabad-15.





MANINAGAR : Sneh Hospital Road, Between Hatkeshwar Circle to Sevanthday School, Maninagar (E), Albad-08.

PRAHLADNAGAR : 3rd Floor, Sahajand Palace, Above Gopi Restaurant, Anandnagar Cross Road, Prahladnagar, Albad-15. WOMEN'S HOSPITAL & IVF CENTRE INFERTILITY WORKUP | IUI | IVF | 3D/4D SONOGRAPHY | LAPROSCOPY | HYSTEROSCOPY | FETAL MEDICINE 23/12/23 Aasha 116 78 mlls BP Age: 32yos Pulse 100/m MLX Gunarde We 68.7 Kg OH: Nullissander mn ump: 2/12/28 Pomh. 24 d Resular. 1 NAD Ada PIA - SOM A E seleris

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BRANCHES : AHMEDABAD (MANINAGAR-PRAHLADNAGAR) | BARODA | RAJKOT | BHARUCH | JAMNAGAR | MORBI | JUNAGADH | BHUJ | ANJAR | BANSHWARA | JODHPUR | BALOTRA | SACHOR



# 3D/4D Sonography # Liver Elastography # ECHO Mammagnaphy ·X-Roy #: ECG

Treadmill Test # PFT Dental & Eye Checkup

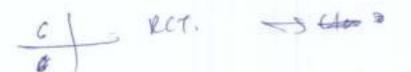
Full Body Health Checkup

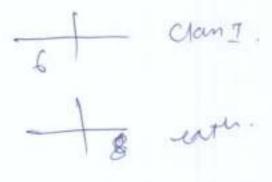
Audiometry # Nutrition Consultation

RADIOLOGY D HEALTH CHECK UP D PATHLOGY D CARDIO DIAGNOSTIC

Asha 32/F

23/12/23







- scaling.

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Mammography Treadmill Test

# 605

= X-Roy

ID/40 Sonography # Liver Battography # ICHO . .....

Dental & Eye Checkup

Full Body Health Checkup

Audiometry > Nutrition Consultation

RADIOLOGY D HEALTH CHECK UP D PATHLOGY D CARDIO DIAGNOSTIC

NAME :	ASHA SUDRASANA	DATE :	23/12/2023
AGE/SEX:	32Y/F	REG.NO :	00

# X-RAY CHEST PA VIEW

> Both lung fields are clear.

No evidence of consolidation or Koch's lesion seen. ¥.

Heart size is within normal limit.  $\geq$ 

Both CP angles are clear.

Both dome of diaphragm appear normal.

Bony thorax under vision appears normal.

Dr. Vidhi Shah diologist 41469 Dr. VIDHI SHAH MD RADIODIAGNOSIS

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# 3D/4D Sonography # Liver Elastography # ECHO Mammography 
TreadmillTest

PFT # X-Roy. \* ECG

Dental & Eye Checkup

Fuil Body Health Checkup Audiametry
 Notrition Consultation

RADIOLOGY D HEALTH CHECK UP D PATHLOGY D CARDIO DIAGNOSTIC

NAME :	ASHA SUDRASANA	DATE :	23/12/2023
AGE/SEX:	32Y/F	REG.NO :	00

# USG ABDOMEN

normal in size & shows normal echotexture. No evidence of dilated IHBR. LIVER: No evidence of focal or diffuse lesion. CBD & Portal vein appears normal.

GALL-

BLADDER: normal, No evidence of Gall Bladder calculi,

- PANCREAS: appears normal in size & echotexture. No evidence of peri-pancreatic fluid collection.
- normal in size & shows normal echogenicity. SPLEEN:
- Right kidney measures 112 x 46 mm. Left kidney measures 109 x 49 mm. KIDNEYS: Both kidneys appear normal in size & echotexture. No evidence of calculus or hydronephrosis on either side.

URINARY

- BLADDER: appears normal and shows minimal distension & normal wall thickness. No evidence of calculus or mass lesion.
- normal in size and echopattern. ET measures 16 mm. UTERUS: No e/o adnexal mass seen on either side.

# USG WITH HIGH FREQUENCY SOFT TISSUE PROBE:

Visualized bowel loops appears normal in caliber. No evidence of focal or diffuse wall thickening. No collection in RIF. No evidence of Ascites.

### CONCLUSION:

NORMAL USG ABDOMEN.

Vidbi Shah M.D. Radiogist GA41469 Dr. VIDHI SHAH MD, RADIODIAGNOSIS

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Sahajanand Palace, First Floor, 100 Feet Anand Nagar Road Above Gopi Restaraunt, Prahladnagar, Ahmedabad EMail:

Report

939 / ASHA SUDRASANA / 32 Yrs / F / 164 Cms / 67 Kg / NonSmoker Date: 23 / 12 / 2023 09:47:10 AM Technician : KOMAL MEHTA Examined By: Dr. Parth Thakkar

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	% THR	BP	RPP	PVC	Comments
Supine	01:02	1:02	00.0	00.0	01.0	108	57 %	114/84	123	00	
Standing	01:05	0:03	00.0	00.0	01.0	108	57 %	114/84	123	8	
HV	01:07	0:02	00.0	00.0	01.0	116	62 %	114/84	132	00	
ExStart	01:28	0:21	00.0	00.0	01.0	118	62 %	114/84	132	00	
BRUCE Stage 1	04:28	3:00	01.7	10.0	04.7	139	74 %	120/84	166	8	
BRUCE Stage 2	07:28	3:00	02.5	12.0	07.1	155	82 %	128/88	198	8	
BRUCE Stage 3	10:28	3:00	03,4	14.0	10.2	179	85 %	150/98	268	8	
PeakEx	10:42	0:14	04.2	16.0	10.5	181	% 96	150/98	271	8	
Recovery	11:12	0:30	01.1	00.0	07.3	176	94 %	150/98	264	8	
Recovery	11:42	1:00	01.1	00.0	04.3	168	% 68	150/100	251	0	
Recovery	12:42	2:00	00.0	00.0	01.0	144	77 %	146/98	210	00	
Recovery	13:42	3:00	00.0	00.0	01.0	134	71 %	140/90	187	00	
Recovery	13:45	3:03	00.0	00.0	01.0	142	76 %	140/90	198	00	
EINDINGS .											

FINDINGS :

Test End Reasons : Test Complete, I	Max WorkLoad Attained : 10.5 Good respo Duke Treadmill Score : 09.3		Initial HR (ExStrt) : 116 bpm 62% of Target 188	Exercise Time : 09:14	
Under Treatment Of Ht Since 6 Months. Test Complete, Heart Rate Achieved	10.5 Good response to induced stress 09.3		Target 188		
Remarks: - Buycline JT-T	VO2Max : 36.8 ml/Kg/min (Excellent)	Max BP Attained 150/98 (mm/Hg)	Max HR Attained 181 bpm 96% of Target 188		

**TEST IS NEGATIVE TO INDUCED ISCHEMIA** 

REPORT :

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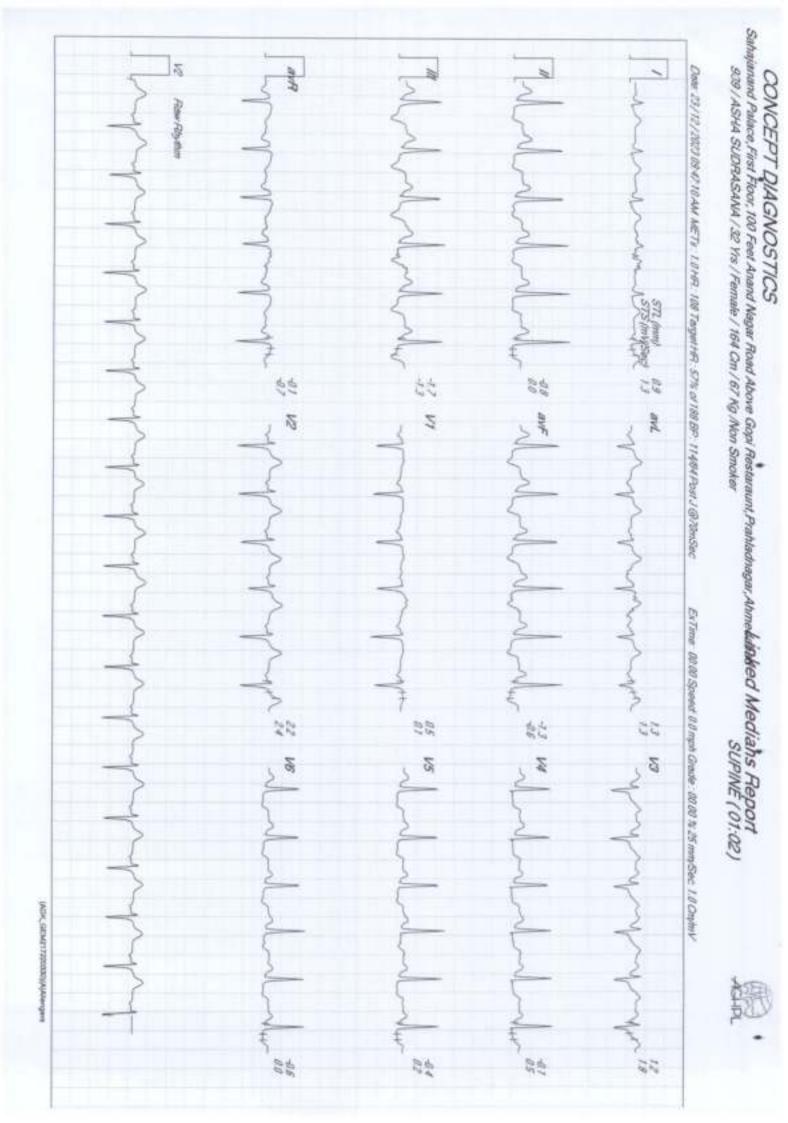
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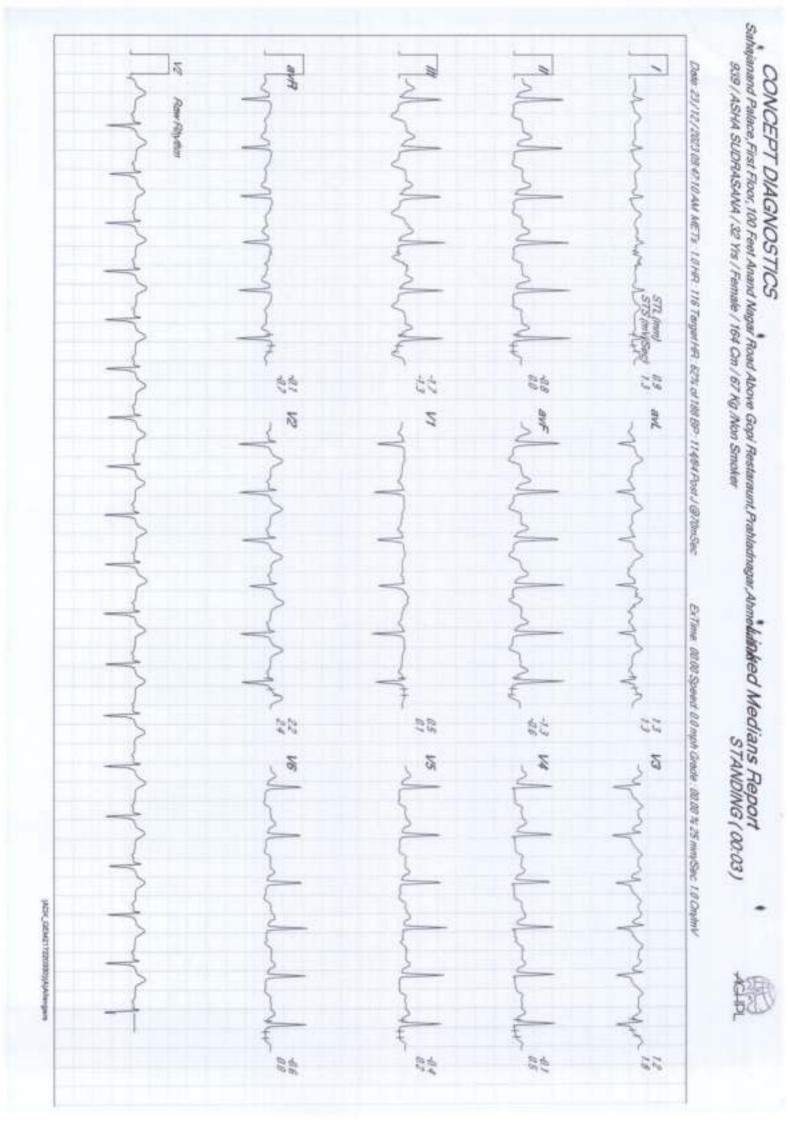
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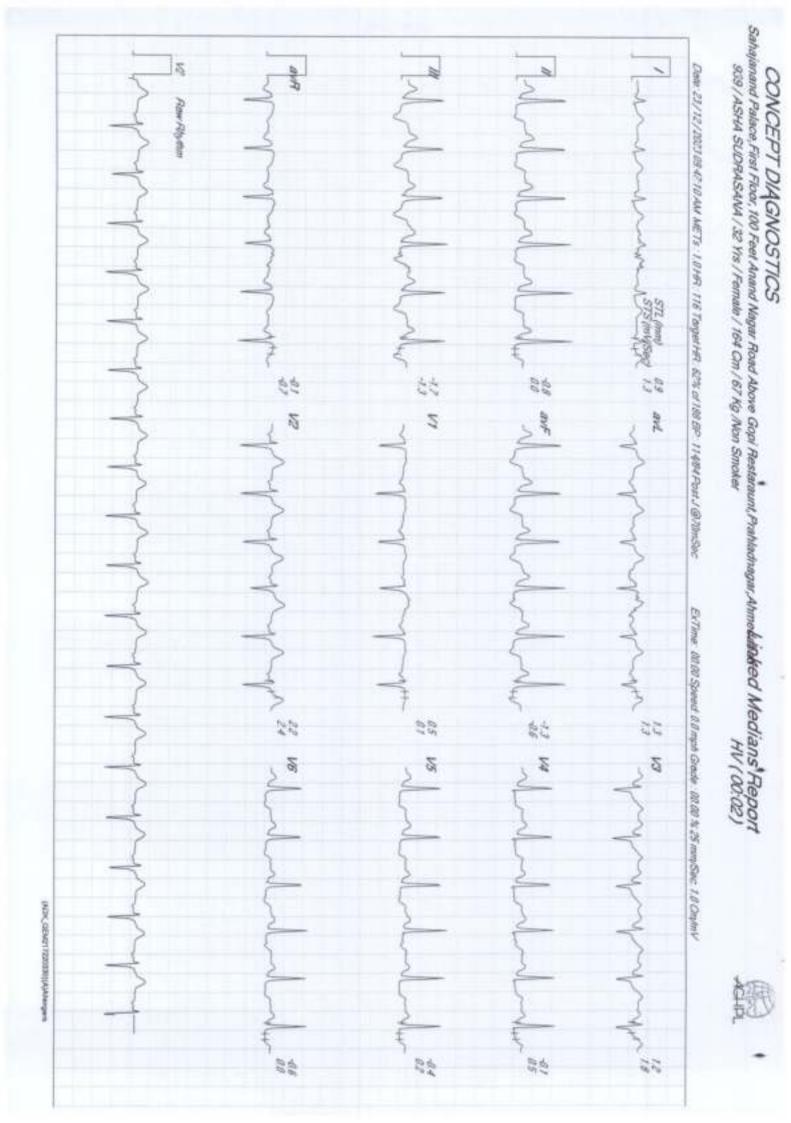
MD (Med.) I(MD (Cardiology) Interventional antidiologist BR. ABBIMANYU KOTHARI

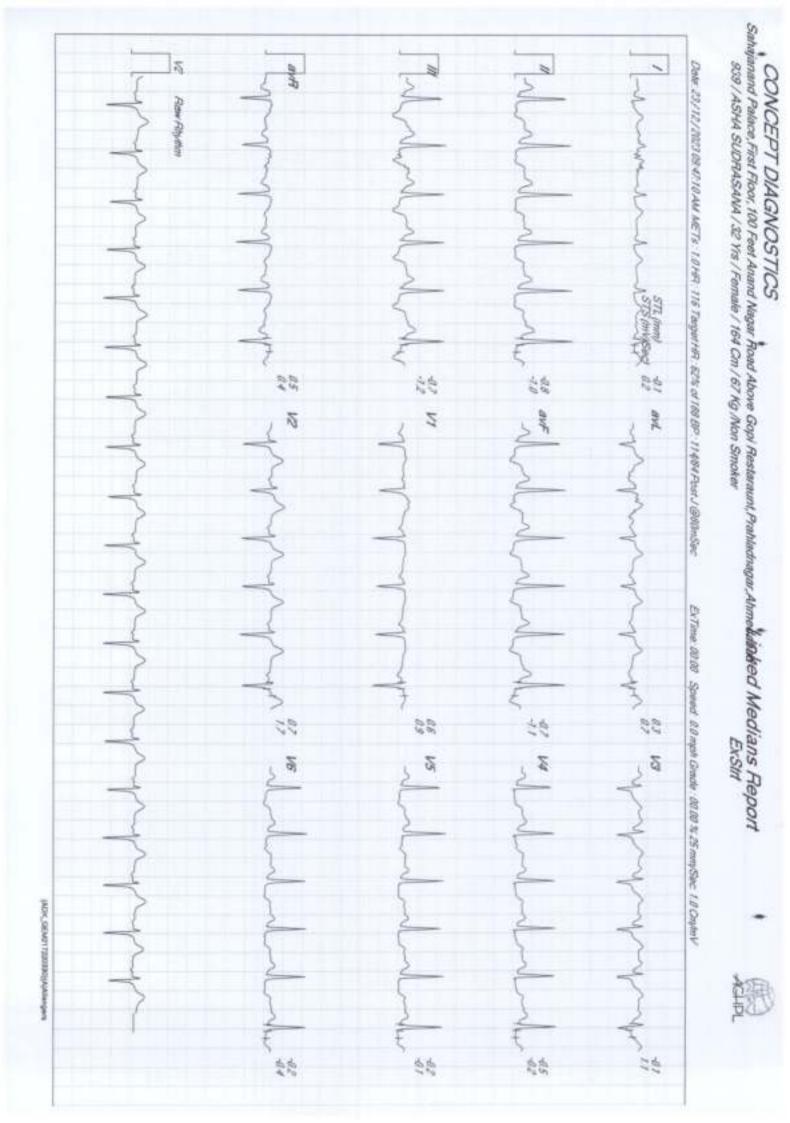
DR. PARTH THAKKAR

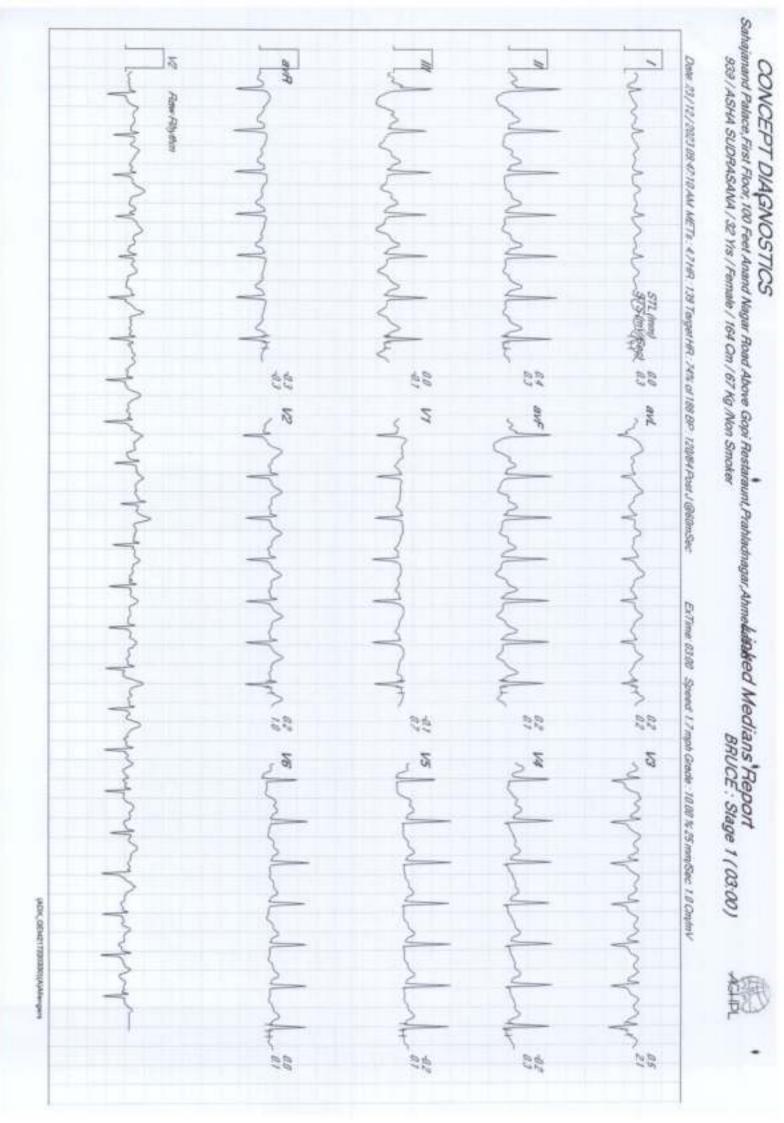
CONCEPT DIAGNOSTICS Dete: 23/17/2023 09:47:10 AM BP // BLC On Notch On HF 0.05 Hz LF 100 Hz 939/ASHA SUDRASANA / 32 Yrs / F / 164 Cms / 67 Kg / HR 116 avFLVU avers BAL VBU VSL 5 VAL 12 5 = Pre Test ECG (ADX\_GEM217220330)(A)Altengers 翻

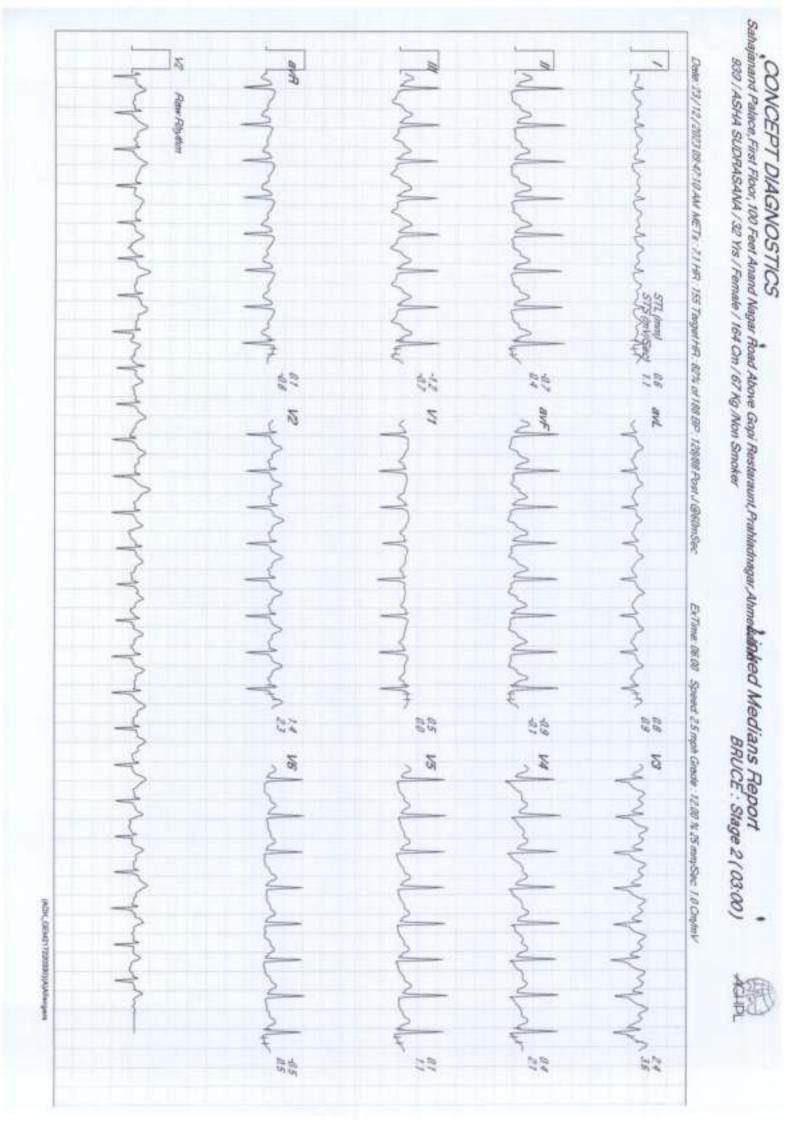










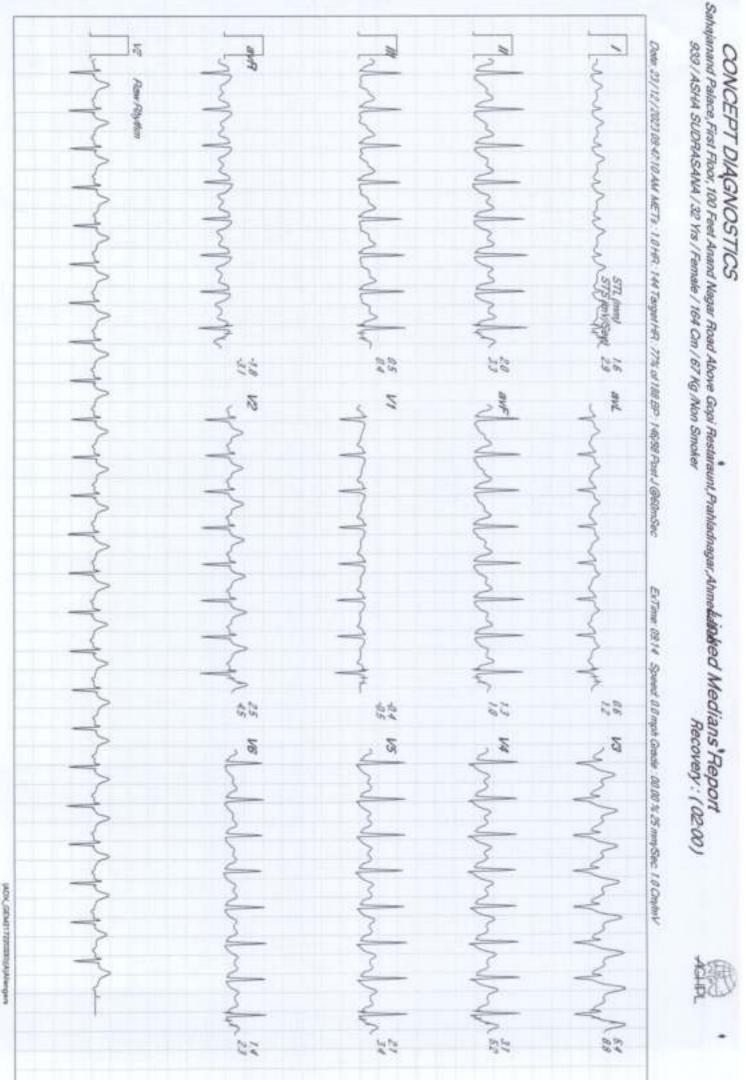


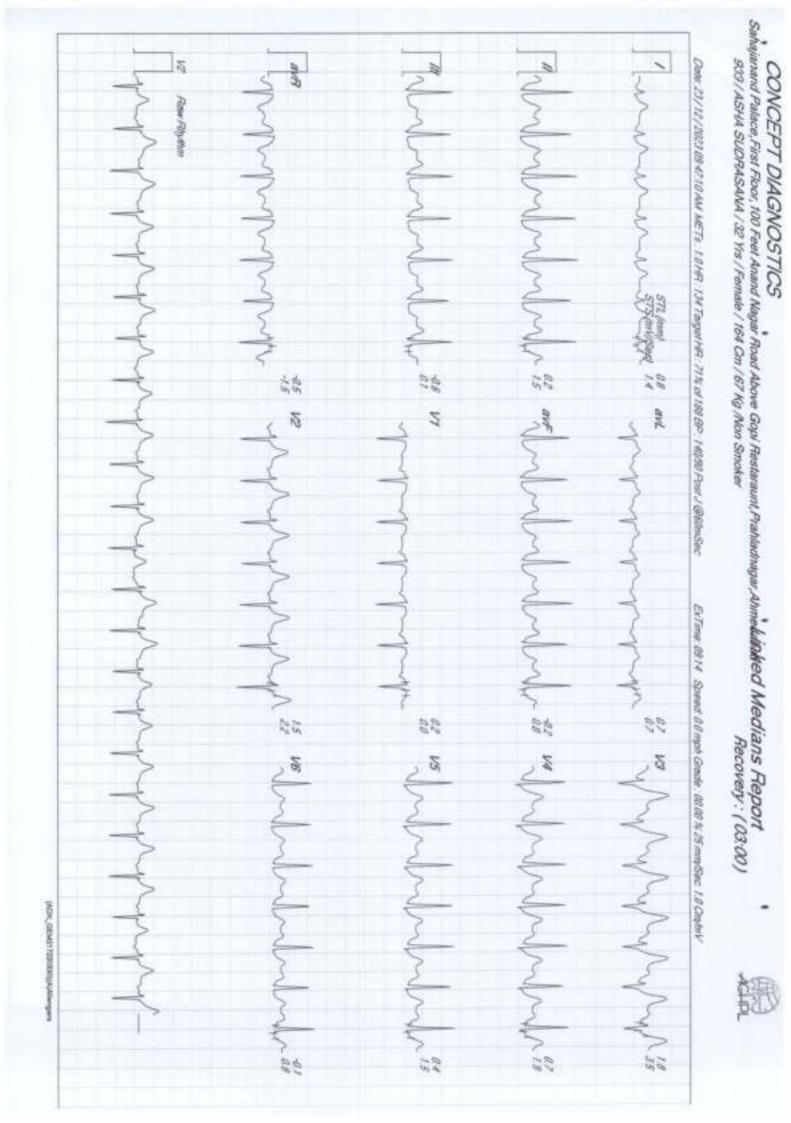
Sahajanand Palace, First Floor, 100 Feet Anand Nagar Road Above Gopi Restaraunt, Prahladnagar, Ahmelulahed Medians Report 939 / ASHA SUDRASANA / 32 Yrs / Female / 164 Cm / 67 Kg /Non Smoker BRUCE : Stage 3 ( 03:00 ) 2 Dank-23/12/2023/09/47/10/44/ AlETs: 10/2/HR: 179 Target/HR: 95% of 189 DP: 150/98 Post J @40mSec all a N CONCEPT DIAGNOSTICS Par Porton 11 Services as and A A A 40 12 20 and S Trynyn ar ExTime 09.00 Speed 34 mpth Grade 1400 \$25 mmpSec 1.0 Cm/mV V 1.5 10-0.0 16 14 North (ADK\_DEM217220300)/A(Allengers 锶 1.07 10 10 80

CONCEPT DIAGNOSTICS Sahajanand Palace, First Floor, 100 Feet Anand Nagar Aone Gopi Restaraunt, Prahladnagar, Ahme Liabled Medians Report PeakEx "NAMANAMANANA 5 aliA Date: 23/12/2023 02 47:10 AM METs. 105 HR. 181 Targert RT 38% of 188 BP. 150 98 Post J @90mSec Reser Rity dam WANNAMAR " " MANNAMAN " " r HIMMM STL (mont) 0.0 and to an hut hut in whether EvTime 0814 Speed 42 mph Grade, 1600 % 25 mm/Sec 1.0 Cm/mV 21 61 VIII 20-5 INCOL, DEMER 22200300 (AVMmodels 13 10 22 000

CONCEPT DIAGNOSTICS Sahajanand Palace, First Floor, 100 Feet Anand Nagar Road Above Gopi Restaraunt, Prahladnagar, Ahmekailakied Medians Report Recovery : (00:30) 5 Date: 23/12/20231894710AM AETs: 72149-176 Target149-34% of 188 BP-3898 Post J @60mSec AVA Raw Royman Z STL (mm) al and MAL 22 ort MMMMMM 21 20 40 17 months of when here ExTana: 0214 Speed: 1.1 mpt/ Grade: 00.00 % 25 mmpSac: 1.0 Cm/mV N 28 14 125 64 56 (ADX\_GEMIT7220300)(A)Absrgers N. 1 24 18 100 102

CONCEPT DIAGNOSTICS Sahajanand Palace, First Floor, 100 Feet Anand Nagar Road Above Gopi Restaraunt, Prahladnagar, Ahme**kalah**ed Medians Report 333 / ASHA SUDRASANA / 32 Yrs / Female / 164 Cm / 67 Kg /Non Smoker Recovery : (01:00) Date 23/10/2023/09-47-10-44/ METs: 42149: 168 TargetH91-89% of 188 DP: 150/108 Post J @58mSec 5 ANB. "Malalad at a Rest Folder WANNAW 35 and MANAMAN r whole whole STS (mod 13 and 10 2 ExTime 0914 Speed 1.1 mph Grade: 00.08 % 25 mm/Sec 1.0 Cm/mV Mr si why 13 VA BA 21 20 2 (MDX\_GEM217220330)(A)Allengers M.M.NS 20 30 100





Sahajanand Palace, First Floor, 100 Feet Anand Nagar Road Above Gopi Restaraunt, Prahladnagar, Ahmeliabated Median's Report 303/ASHA SUDRASANA / 32 Yrs / Female / 164 Cm / 67 Kg /Non Smoker Recovery : (03:03) 5 Date: 23/12/2023 09:47:10:AM ACTs: 1.0.HR; 1.42 Target HR: 75% of 189 BP: 14090 Post J @60mSec CONCEPT DIAGNOSTICS Filmer Ally offen 3 3 3 STL (mm) L8 avt. MV 22 and -15 970 2 2 ExTense: 0814 Speed III mph Greate : 00.00 % 25 mm/Slec: 1.0 On/mV 1- 20 22 207 20 5 (ACX\_CEN417220000)(A)Ailergen  $M_{\rm A}$   $\Lambda_{35}^{18}$ 200 0.0 15









Full Body Health Checkup

Audiometry Nutrition Consultation

# RADIOLOGY = HEALTH CHECK UP = PATHLOGY = CARDIO DIAGNOSTIC

**TEST REPORT** 

Reg. No.	: 312100656 <b>R</b>	teg. Date: 23-Dec-2023 08:40 Ref.No:	Approved On	: 23-Dec-2023 10:17
Name	: Mrs. ASHA DIN	IESHCHANDRA SUDRASANA	Collected On	: 23-Dec-2023 08:57
Age	: 32 Years	Gender: Female Pass. No. :	Dispatch At	:
Ref. By	: APOLLO		Tele No.	: 8866433632
Location	:			

Test Name		Results	Units	Bio. Ref. Interval
		Complete Blood Count Specimen: EDTA blood		
<u>Hemoglobin</u>				
Hemoglobin(SLS method)		12.1	g/dL	12.0 - 15.0
Hematocrit (calculated)		36.9	%	36 - 46
RBC Count(Ele.Impedence)	Н	4.85	X 10^12/L	3.8 - 4.8
MCV (Calculated)	L	76.1	fL	83 - 101
MCH (Calculated)	L	24.9	pg	27 - 32
MCHC (Calculated)		32.8	g/dL	31.5 - 34.5
RDW (Calculated)		13.6	%	11.5 - 14.5
Differential WBC count (Impedance and	d flow	<u>/)</u>		
Total WBC count		7400	/µL	4000 - 10000
Neutrophils		60	%	38 - 70
Lymphocytes		29	%	21 - 49
Monocytes		07	%	3 - 11
Eosinophils		04	%	0 - 7
Basophils		00	%	0 - 1
<u>Platelet</u>				
Platelet Count (Ele.Impedence)		<mark>298000</mark>	/cmm	150000 - 410000
MPV EDTA Whole Blood		10.20	fL	6.5 - 12.0

Note: All abnormal hemograms are reviewed and confirmed microscopically. Peripheral blood smear and malarial parasite examination are not part of CBC report.

Test done from collected sample.

This is an electronically authenticated report.



Approved by: Dr. Swati Shah M.B.D.C.P. G-5456

Approved On: 23-Dec-2023 10:17

Page 1 of 12

- For Appointment : 7567 000 750
- www.conceptdiagnostics.com
- conceptdiaghealthcare@gmail.com
- O 1st Floor, Sahajand Palace, Near Gopi Restaurant, Anandnagar Cross Road, Prahladnagar, Ahmedabad-15.





a Full Body Health Checkup

Audiometry # Nutrition Consultation

# RADIOLOGY E HEALTH CHECK UP E PATHLOGY CARDIO DIAGNOSTIC

		TEST REPORT		
Reg. No.	: 312100656 <b>F</b>	teg. Date: 23-Dec-2023 08:40 Ref.No:	Approved On	: 23-Dec-2023 13:36
Name	: Mrs. ASHA DIN	IESHCHANDRA SUDRASANA	Collected On	: 23-Dec-2023 08:57
Age	: 32 Years	Gender: Female Pass. No. :	Dispatch At	:
Ref. By	: APOLLO		Tele No.	: 8866433632
Location	:			

Test Name	Results	Units	Bio. Ref. Interval
ESR	23	mm/hr	17-50 Yrs : <12, 51-60 Yrs : <19, 61-70 Yrs : <20, >70 Yrs: <30

Capillary Microphotometery

Sample Type: EDTA Whole Blood

Test done from collected sample.

Generated On: 23-Dec-2023 15:28

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Approved by: Dr. Avinash B Panchal MBBS,DCP Page

MBBS,DCP Page 2 of 12 G-44623

Approved On: 23-Dec-2023 13:36





Full Body Health Checkup

Audiometry Nutrition Consultation

RADIOLOGY = HEALTH CHECK UP = PATHLOGY = CARDIO DIAGNOSTIC

**TEST REPORT** Reg. No. : 312100656 Reg. Date : 23-Dec-2023 08:40 Ref.No : Approved On : 23-Dec-2023 10:49 Name : Mrs. ASHA DINESHCHANDRA SUDRASANA **Collected On** : 23-Dec-2023 08:57 : 32 Years Gender: Female Pass. No. : **Dispatch At** Age : : APOLLO Ref. By Tele No. : 8866433632 Location : Units **Bio. Ref. Interval Test Name** Results

**BLOODGROUP & RH** Specimen: EDTA and Serum; Method: Gel card system

Blood Group "ABO" Agglutination

"B"

Blood Group "Rh" EDTA Whole Blood

Positive

Test done from collected sample.

Generated On: 23-Dec-2023 15:28

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Approved On: 23-Dec-2023 10:49





Full Body Health Checkup

Audiometry Nutrition Consultation

### RADIOLOGY D HEALTH CHECK UP D PATHLOGY D CARDIO DIAGNOSTIC

<b>TEST R</b>	EPORT
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Reg. No.	: 312100656 <b>F</b>	eg. Date: 23-Dec-2023 08:40 Re	ef.No: Approved O	n : 23-Dec-2023 11:42
Name	: Mrs. ASHA DIN	ESHCHANDRA SUDRASANA	Collected O	n : 23-Dec-2023 08:57
Age	: 32 Years	Gender: Female Pass.	No.: Dispatch At	:
Ref. By	: APOLLO		Tele No.	: 8866433632
Location	:			

Test Name	Results	Units	Bio. Ref. Interval
	FASTING PLASM Specimen: Fluor		
Fasting Plasma Glucose	94.56	mg/dL	Normal: <=99.0 Prediabetes: 100-125 Diabetes :>=126

### Flouride Plasma

Criteria for the diagnosis of diabetes:

1. HbA1c >/= 6.5 \*

Or

Or

2. Fasting plasma glucose >126 gm/dL. Fasting is defined as no caloric intake at least for 8 hrs.

3. Two hour plasma glucose >/= 200mg/dL during an oral glucose tolerence test by using a glucose load containing equivalent of 75 gm anhydrous glucose dissolved in water.

Or

4. In a patient with classic symptoms of hyperglycemia or hyperglycemic crisis, a random plasma glucose >/= 200 mg/dL. \*In the absence of unequivocal hyperglycemia, criteria 1-3 should be confirmed by repeat testing. American diabetes association. Standards of medical care in diabetes 2011. Diabetes care 2011;34;S11.

Test done from collected sample.

This is an electronically authenticated report.



Approved by: Dr. Swati Shah M.B.D.C.P. G-5456

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Full Body Health Checkup

Audiometry Nutrition Consultation

RADIOLOGY E HEALTH CHECK UP E PATHLOGY E CARDIO DIAGNOSTIC

**TEST REPORT** 

Reg. No.	: 312100656 <b>F</b>	eg. Date: 23-Dec-2023 08:40 Ref.	No : Approved On	: 23-Dec-2023 12:26
Name	: Mrs. ASHA DIN	ESHCHANDRA SUDRASANA	Collected On	: 23-Dec-2023 11:04
Age	: 32 Years	Gender: Female Pass. No	D.: Dispatch At	:
Ref. By	: APOLLO		Tele No.	: 8866433632
Location	:			

Test Name	Results	Units	Bio. Ref. Interval
Post Prandial Plasma Glucose	L 122.79	mg/dL	Normal: <=139 Prediabetes : 140-199 Diabetes: >=200

Flouride Plasma

Test done from collected sample.

This is an electronically authenticated report.

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Full Body Health Checkup

Audiometry Nutrition Consultation

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**TEST REPORT** 

Reg. No.	: 312100656 <b>R</b>	eg. Date: 23-Dec-2023 08:40 Ref.No:	Approved On	: 23-Dec-2023 11:01
Name	: Mrs. ASHA DIN	ESHCHANDRA SUDRASANA	Collected On	: 23-Dec-2023 08:57
Age	: 32 Years	Gender: Female Pass. No. :	Dispatch At	:
Ref. By	: APOLLO		Tele No.	: 8866433632
Location	:			

Test Name	Results Units Bio. Ref. Interval					
LIPID PROFILE						
CHOLESTEROL	148.00	mg/dL	Desirable <=200 Borderline high risk 200 - 240 High Risk >240			
Triglyceride Enzymatic Colorimetric Method	84.00	mg/dL	<150 : Normal, 150-199 : Border Line High, 200-499 : High, >=500 : Very High			
Very Low Density Lipoprotein(VLDL)	17	mg/dL	0 - 30			
Low-Density Lipoprotein (LDL) Calculated Method	110.03	mg/dL	< 100 : Optimal, 100-129 : Near Optimal/above optimal, 130-159 : Borderline High, 160-189 : High, >=190 : Very High			
High-Density Lipoprotein(HDL)	20. <mark>9</mark> 7	mg/dL	<40 >60			
CHOL/HDL RATIO	H 7.06		0.0 - 3.5			
LDL/HDL RATIO	H 5.2 <mark>5</mark>		1.0 - 3.4			
	424 <mark>.00</mark>	mg/dL	400 - 1000			

### Serum

As a routine test to determine if your cholesterol level is normal or falls into a borderline-, intermediate- or high-risk category.

To monitor your cholesterol level if you had abnormal results on a previous test or if you have other risk factors for heart disease.

To monitor your body's response to treatment, such as cholesterol medications or lifestyle changes.

To help diagnose other medical conditions, such as liver disease.

Note : biological reference intervals are according to the national cholesterol education program (NCEP) guidelines.



This is an electronically authenticated report.



Approved by: Dr. Swati Shah M.B.D.C.P.

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Full Body Health Checkup

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## RADIOLOGY DI HEALTH CHECK UP DI PATHLOGY DI CARDIO DI AGNOSTIC

TEST	REPORT	

Reg. No.	: 312100656 <b>F</b>	Reg. Date: 23-Dec-2023 08:40 Ref.No:	Approved On	: 23-Dec-2023 11:01
Name	: Mrs. ASHA DIN	IESHCHANDRA SUDRASANA	Collected On	: 23-Dec-2023 08:57
Age	: 32 Years	Gender: Female Pass. No. :	Dispatch At	:
Ref. By	: APOLLO		Tele No.	: 8866433632
Location	:			

Test Name	Results	Units	Bio. Ref. Interval			
LIVER FUNCTION TEST						
TOTAL PROTEIN	7.63	g/dL	6.6 - 8.8			
ALBUMIN	4.81	g/dL	3.5 - 5.2			
GLOBULIN Calculated	2.82	g/dL	2.4 - 3.5			
ALB/GLB Calculated	1.71		1.2 - 2.2			
SGOT	17.30	U/L	<31			
SGPT	12.80	U/L	<31			
Alkaline Phosphatase ENZYMATIC COLORIMETRIC IFCC, PNP, AMP B	50.90	U/L	40 - 130			
TOTAL BILIRUBIN	0.68	mg/dL	0.1 - 1.2			
DIRECT BILIRUBIN	0.1 <mark>8</mark>	mg/dL	<0.2			
INDIRECT BILIRUBIN	0.5 <mark>0</mark>	mg/dL	0.0 - 1.00			
Serum						

Test done from collected sample.

This is an electronically authenticated report.



Approved by: Dr. Swati Shah M.B.D.C.P. G-5456

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Full Body Health Checkup

Audiometry Nutrition Consultation

RADIOLOGY E HEALTH CHECK UP E PATHLOGY E CARDIO DIAGNOSTIC

Reg. No.	: 312100656 <b>F</b>	Reg. Date: 23-Dec-2023 08:40 Ref.No:	Approved On	: 23-Dec-2023 11:01
Name	: Mrs. ASHA DIN	IESHCHANDRA SUDRASANA	Collected On	: 23-Dec-2023 08:57
Age	: 32 Years	Gender: Female Pass. No. :	Dispatch At	:
Ref. By	: APOLLO		Tele No.	: 8866433632
Location	:			

Test Name	Results	Units Bio. Ref. Interval	
	KIDNEY FUNC	<u>FION TEST</u>	
Urea	20.9	mg/dL	
Uric Acid (UA)	3.48	mg/dL	2.4 - 5.7
Creatinine	0.56	mg/dL	0.51 - 1.5

Serum

Test done from collected sample.

Generated On: 23-Dec-2023 15:28

For Appointment : 7567 000 750

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Approved by: Dr. Swati Shah M.B.D.C.P. G-5456

Page 8 of 12

Approved On: 23-Dec-2023 11:01





Full Body Health Checkup

Audiometry Nutrition Consultation

# RADIOLOGY E HEALTH CHECK UP E PATHLOGY E CARDIO DIAGNOSTIC

TEST REPORT

Reg. No.	: 312100656 <b>R</b>	leg. Date: 23-Dec-2023 08:40 Ref.No:	Approved On	: 23-Dec-2023 15:28
Name	: Mrs. ASHA DIN	IESHCHANDRA SUDRASANA	Collected On	: 23-Dec-2023 08:57
Age	: 32 Years	Gender: Female Pass. No. :	Dispatch At	:
Ref. By	: APOLLO		Tele No.	: 8866433632
Location	:			

Test Name	Results	Units	Bio. Ref. Interval
HEMOGLOBIN A1C (HBA1C) High Performance Liquid Chromatographty (HPLC)	5.40	%	Normal: <= 5.6 Prediabetes: 5.7-6.4 Diabetes: >= 6.5 Diabetes Control Criteria : 6-7 : Near Normal Glycemia <7 : Goal 7-8 : Good Control >8 : Action Suggested
Mean Blood Glucose	108	mg/dL	

### Sample Type: EDTA Whole Blood

#### Criteria for the diagnosis of diabetes

1. HbA1c >/= 6.5 \* Or Fasting plasma glucose >126 gm/dL. Fasting is defined as no caloric intake at least for 8 hrs. Or

2. Two hour plasma glucose >/= 200mg/dL during an oral glucose tolerence test by using a glucose load containing equivalent of 75 gm anhydrous glucose dissolved in water. Or

3. In a patient with classic symptoms of hyperglycemia or hyperglycemic crisis, a random plasma glucose >/= 200 mg/dL. \*In the absence of unequivocal hyperglycemia, criteria 1-3 should be confirmed by repeat testing. American diabetes association. Standards of medical care in diabetes 2011. Diabetes care 2011:34:S11. Limitation of HbA1c

### 1) In patients with Hb variants even analytically correct results do not reflect the same level of glycemic control that would be expected in patients with normal population.

2) Any cause of shortened erythrocyte survival or decreased mean erythrocyte survival or decreased mean erythrocyte age eg. hemolytic diseases, pregnancy, significant recent/chronic blood

loss etc. will reduce exposure of RBC to glucose with consequent decrease in HbA1c values.

3) Glycated HbF is not detected by this assay and hence specimens containing high HbF (>10%)may result in lower HbA1c values than expected. Importance of HbA1C (Glycated Hb.) in Diabetes Mellitus

- HbA1C, also known as glycated heamoglobin, is the most important test for the assessment of long term blood glucose control( also called glycemic control).

- HbA1C reflects mean glucose concentration over pas 6-8 weeks and provides a much better indication of longterm glycemic control than blood glucose determination. - HbA1c is formed by non-enzymatic reaction between glucose and Hb. This reaction is irreversible and therefore remains unaffected by short term fluctuations in blood glucose levels.

- Long term complications of diabetes such as retinopathy (Eye-complications), nephropathy (kidney-complications) and neuropathy (nerve complications), are potentially serious and can lead to blindness, kidney failure, etc.

- Glyemic control monitored by HbA1c measurement using HPLC method (GOLD STANDARD ) is considered most important. (Ref. National Glycohaemoglobin Standardization Program - NGSP)

Note : Biological reference intervals are according to American Diabetes Association (ADA) Guidelines.

Test done from collected sample.

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### Approved by: Dr. Hiral Arora

M.D. Biochemistry

Page 9 of 12 Reg. No.:- G-32999

# Generated On: 23-Dec-2023 15:28

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Approved On: 23-Dec-2023 15:28 Ist Floor, Sahajand Palace, Near Gopi Restaurant, Anandnagar Cross Road, Prahladnagar, Ahmedabad-15.





X-Roy

I FCG

Liver Elastography SECHO # PFT

Dental & Eye Checkup

Full Body Health Checkup

Audiometry Nutrition Consultation

# RADIOLOGY D HEALTH CHECK UP D PATHLOGY D CARDIO DIAGNOSTIC

		TES	T REPORT		
Reg. No.	: 312100656 <b>F</b>	eg. Date: 23-Dec-2023 08	3:40 Ref.No :	Approved On	: 23-Dec-2023 15:28
Name : Mrs. ASHA DINESHCHANDRA SUDRASANA		Collected On	: 23-Dec-2023 08:57		
Age	: 32 Years	Gender: Female	Pass. No. :	Dispatch At	:
Ref. By	: APOLLO			Tele No.	: 8866433632
Location	:				

#### **Bio-Rad CDM System** Bio-Rad Variant V-II Instrument #1

Patient Data Sample ID: Patient ID: Name: Physician: Sex DOB

131203500523

Analysis Data Analysis Performed: Injection Number: Run Number: Back ID: Tube Number: Report Generated: Operator ID:

PATIENT REPORT V2TURBO\_A1c\_2.0

23/12/2023 14:32:02 9136 403

23/12/2023 15:16:03

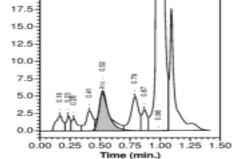
1,448,465

Comments:

Peak Name	NGSP %	Area %	Retention Time (min)	Peak Area
A1a		1.4	0.164	19810
A1b		0.7	0.233	10642
F		0.9	0.278	12762
LA1c		1.7	0.410	25166
A1c	5.4		0.520	65999
P3		3.3	0.788	48042
P4		1.3	0.867	19505
Ao		86.1	0.985	1246539

### HbA1c (NGSP) = 5.4 %

20.0 17.5 15.0 12.5 %A1c 10.0 7.5 5.0 2.5 0.0 0.00 0.25 0.50 0.75 1.00 1.25 1.50



Test done from collected sample.

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# Approved by: Dr. Hiral Arora

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M.D. Biochemistry

Page 10 of 12 Reg. No.:- G-32999

# For Appointment : 7567 000 750

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Total Area:





a Full Body Health Checkup

Audiometry # Nutrition Consultation

# RADIOLOGY = HEALTH CHECK UP = PATHLOGY = CARDIO DIAGNOSTIC

### TEST REPORT

Reg. No.	: 312100656 <b>F</b>	eg. Date: 23-Dec-2023 08:40 Ref.I	No: Approved On	: 23-Dec-2023 14:16
Name	: Mrs. ASHA DIN	IESHCHANDRA SUDRASANA	Collected On	: 23-Dec-2023 08:57
Age	: 32 Years	Gender: Female Pass. No	D.: Dispatch At	:
Ref. By	: APOLLO		Tele No.	: 8866433632
Location	:			

Test Name	Results	Units	Bio. Ref. Interval
	THYROID FUN	<u>CTION TEST</u>	
T3 (triiodothyronine), Total	1.26	ng/mL	0.70 - 2.04
T4 (Thyroxine),Total	9.66	µg/dL	5.5 - 11.0
TSH (Thyroid stimulating hormone)	2.041	µIU/mL	0.35 - 4.94

### Sample Type: Serum

### Comments:

Thyroid stimulating hormone (TSH) is synthesized and secreted by the anterior pituitary in response to a negative feedback mechanism involving concentrations of FT3 (free T3) and FT4 (free T4). Additionally, the hypothalamic tripeptide, thyrotropin-relasing hormone (TRH), directly stimulates TSH production. TSH stimulates thyroid cell production and hypertrophy, also stimulate the thyroid gland to synthesize and secrete T3 and T4. Quantification of TSH is significant to differentiate primary (thyroid) from secondary (pituitary) and tertiary (hypothalamus) hypothyroidism. In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.

### TSH levels During Pregnancy :

- First Trimester : 0.1 to 2.5 µIU/mL
- Second Trimester : 0.2 to 3.0 µIU/mL
- Third trimester : 0.3 to 3.0 µIU/mL

Referance : Carl A.Burtis,Edward R.Ashwood,David E.Bruns. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics. 5th Eddition. Philadelphia: WB Sounders,2012:2170

Test done from collected sample.

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Approved by: Dr. Avani Patel

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M.D. Biochemistry Page 11 of 12 Reg No.- G-34103

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Full Body Health Checkup

Audiometry Nutrition Consultation

## RADIOLOGY DI HEALTH CHECK UP DI PATHLOGY DI CARDIO DI AGNOSTIC

TEST REPORT				
Reg. No.	: 312100656 <b>R</b>	teg. Date: 23-Dec-2023 08:40 Ref.No:	Approved On	: 23-Dec-2023 11:42
Name	: Mrs. ASHA DIN	IESHCHANDRA SUDRASANA	Collected On	: 23-Dec-2023 08:57
Age	: 32 Years	Gender: Female Pass. No. :	Dispatch At	:
Ref. By	: APOLLO		Tele No.	: 8866433632
Location	:			

Test Name	Results	Units	Bio. Ref. Interval	
URINE ROUTINE EXAMINATION				
Physical Examination				
Colour	Pale Yellow			
Clarity	Clear			
CHEMICAL EXAMINATION (by strip tes	<u>st)</u>			
рН	6.0		4.6 - 8.0	
Sp. Gravity	1.005		1.002 - 1.030	
Protein	Nil		Absent	
Glucose	Nil		Absent	
Ketone	Nil		Absent	
Bilirubin	Nil		Nil	
Nitrite	N <mark>egativ</mark> e		Nil	
Leucocytes	Nil		Nil	
Blood	Absent		Absent	
MICROSCOPIC EXAMINATION				
Leucocytes (Pus Cells)	Nil		0 - 5/hpf	
Erythrocytes (RBC)	Nil		0 - 5/hpf	
Casts	Nil	/hpf	Absent	
Crystals	Nil		Absent	
Epithelial Cells	Nil		Nil	
Monilia	Nil		Nil	
T. Vaginalis	Nil		Nil	
Urine				

--- End Of Report ----

Test done from collected sample.

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Page 12 of 12

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