

**PERIODIC MEDICAL EXAMINATION REPORT**

Name	: Niraj Kumar Nangrani	Test Code	: AHC-20
Emp Code	:	Test Date	: 19-02-2022
Age	: 49 Years	Sex	: Male
Contact No	: 9769301145	Dep. Name	: -
Company Name	: Arcofemi Health Care Ltd	Job Nature	: -

**PHYSIOLOGICAL DATA**

Height	: 173.5 Cms	Weight	: 110Kgs	Expected Weight	: 67 Kgs
B P	: 130/90 mmHg	PULSE	: 72 /min	Body Mass Index	: 36.54



**MEDICAL HISTORY**

<input type="checkbox"/> Frequent Cold	<input type="checkbox"/> Frequent Sneezing	<input type="checkbox"/> Joint Pain
<input type="checkbox"/> Shortness of breath	<input type="checkbox"/> Frequent Headache	<input type="checkbox"/> Chronic Cough
<input type="checkbox"/> Backache	<input type="checkbox"/> Intestinal trouble	<input type="checkbox"/> Ear Discharge
<input type="checkbox"/> Impaired Hearing	<input type="checkbox"/> Chest Pain Or Pressure	<input type="checkbox"/> Diabetes
<input type="checkbox"/> Recent Loss Of Weight	<input type="checkbox"/> Allergy To Drugs / Chemical	<input type="checkbox"/> High BP



**PAST OPERATIVE HISTORY**

<input type="checkbox"/> Hydrocele	<input type="checkbox"/> Renal Calculus	<input type="checkbox"/> Duodenal Ulcer
<input type="checkbox"/> Hernia	<input type="checkbox"/> Tonsillitis	<input type="checkbox"/> Appendicitis
<input type="checkbox"/> Cataract	<input type="checkbox"/> DNS	<input type="checkbox"/> Piles



OTHER PAST OPERATIVE HISTORY : No

OTHER COMPLAINTS : No

PAST HISTORY : No

FAMILY HISTORY : No

ADDICTIONS : Smoke : No | Drinks : No | Diet : Veg | Pan : No | Tobacco : No | Gutka : No

**VISION**

**WITHOUT GLASSES**

NEAR R  L   
 FAR R  L

**WITH GLASSES**

NEAR R  L   
 FAR R  L

**COLOUR BLINDNESS**



VISION REMARK : NORMAL WITHOUT GLASS

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## CLINICAL EXAMINATION

### GENERAL & DERMATOLOGY EXAMINATION

General Condition : Good Nails : NAD  
Oedema Feet : Absent Skin : Normal  
Temperature : Normal Deformities : None

### CARDIOVASCULAR

Heart Sound : Normal

### ABDOMEN

Liver : Not Palpable Spleen : Not Palpable  
Other Masses : NAD

### GENITO URINARY

Ext. Genitalia : Normal Discharge : No  
Hydrocele : Normal

### LYMPHATIC AND ENDOCRINE

Lymph Nodes : Not Palpable Thyroid : Not Palpable

### MUSCULO SKETAL

Bones : NAD Joints : NAD  
Posture Spine : Normal

### NERVOUS SYSTEM

Sensory System : Normal Reflexes : Normal  
Motor System : Normal

### EYE CHECKUP

Conjunctiva : Normal Cornea : Normal  
Pupil : Normal Fundus : NAD

E.C.G : Within Normal Limits

PFT : NA

ADVICE : Normal Health.  
**Note:** , high cholesterol, High triglycerides.

RESULT : This is to certify that the employee is free from contagious and obnoxious disease including skin & Tuberculosis. Hence found to be fit for the respective job.

\*NAD - No Abnormality Ditected  
NA - Not Applicable

  
**Dr. Rahul S Deshpande**

M.B.B.S., D.C.P., D.O., D.I.P.T., D.I.S.O., D.I.H.C. (C.I.)  
M.B.B.S., ORTHO, A.F.I.H. (C.L.I)  
Industrial Health Consultant  
**HARDEV. HEALTH. CARE**

Medical Test Date : 19-02-2022 Test Code : AHC-20  
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**BLOOD GROUP & RH FACTOR**

Blood Group : 'AB' Rh Typing : 'Positive'

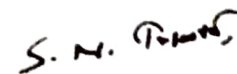
**EXAMINATION OF HEMATOLOGY**

NAME	RESULT	UNITS	NORMAL RANGE
Haemoglobin	15.2	mg/dl	13 - 17
RBC	<b>6.27*</b>	mill/cumm	4.5 - 5.5
PCV / HCT	48.6	%	40 - 50
MCV	<b>77.5*</b>	fl	83 - 101
MCH	<b>24.2*</b>	pj	27 - 32
MCHC	<b>31.3*</b>	g/dl	31.5 - 34.5
RDW	12.1	%	11.6 - 14
Total WBC Count	<b>11400*</b>	mill/cumm	4000 - 10000
Neutrophils	71	%	40 - 80
Lymphocytes	26	%	20 - 40
Monocytes	02	%	2 - 10
Eosinophils	01	%	1 - 6
Basophils	00	%	0 - 1
Platelet Count	348000	per cu. mm.	150000 - 410000
ESR	13	mm	0 - 20
<b>DIABETIC PROFILE</b>			
	<b>RESULT</b>	<b>UNITS</b>	<b>NORMAL RANGE</b>
HbA1c	<b>9.8*</b>	mgdl	4 - 6.5
Blood sugar fasting	103.7	mg/dl	70 - 120
Blood sugar post lunch	126.3	mg/dl	80 - 160
<b>KIDNEY FUNCTION TEST</b>			
S. creatinine	1.30	mg/dl	0.5 - 1.5
Uric acid	<b>3.6*</b>	mg/dl	4.5 - 6.7
Urea	34.4	mg/dl	14 - 40
Blood urea nitrogen	16.065	mg/dl	6 - 21

**EXAMINATION OF URINE**

PHYSICAL EXAMINATION	CHEMICAL EXAMINATION	MICROSCOPIC EXAMINATION
Quantity : 20ml	Proteins : Absent	Erythrocytes : Absent
Color : Pale Yellow	Glucose : Absent	Epithelial Cell : 4-5 hpf
Appearance : Clear	Specific Gravity : 1.030	Pus Cell : 6-7 hpf
Deposit : Absent	Ketones : Absent	Bacteria : Not seen
Urobilinogen : Absent	Occult Blood : Negative	Casts : Not seen
	Nitrite : Absent	Crystals : Not seen
		A. Material : Not seen

N.B. : Above investigation have their limitations and should be interpreted by referring physician accordingly. Solitary Radiological/Pathological and other investigations do not confirm the final diagnosis of disease.



Dr. Surya N. Tripathi  
 Consulting Pathologist  
 Reg No - 2000/04/1994

Medical Test Date : 19-02-2022 Test Code : AHC-20  
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**BIOCHEMICAL EXAMINATION**

LIPID PROFILE	RESULT	UNITS	NORMAL RANGE
Total cholesterol	<b>217.3*</b>	mg/dl	130 - 200
Hdl cholestrol	54	mg/dl	40 - 60
Ldl cholestrol	126.32	mg/dl	95 - 145
VLDL	<b>36.98*</b>	mg/dL	2 - 30
LDL/HDL RATIO	2.34	--NA--	0.5 - 3.5
Triglycerides	<b>184.9*</b>	mg/dl	70 - 140
<b>LIVER FUNCTIN TEST</b>			
Total bilirubin	0.7	mg/dl	0.2 - 1.2
Direct bilirubin	0.4	mg/dl	0 - 0.5
Indirect bilirubin	0.3	mg/dl	0 - 0.3
SGOT	<b>42.98*</b>	/ml	0 - 40
SGPT	37.45	/ml	0 - 40
Protein	6.6	g/dl	6 - 8
Albumin	3.8	g/dl	3.5 - 5.5
S. Globulin	2.8	g/dl	2.5 - 3.5
Alkaline phosphatase	109.5	u/l	50 - 150
GGT	43.7	u/l	10 - 50
<b>OTHER</b>			
PSA	<b>3.10*</b>	--NA--	0 - 2

*S. N. Tripathi*

Dr. Surya N. Tripathi  
 Consulting Pathologist  
 Reg No - 2000/04/1994

TEST DATE : 19-02-2022  
REF. BY : HARDEV HEALTH CARE  
EMP CODE :  
NAME : Niraj Kumar Nangrani  
TEST ASKED: TSH

TEST NAME	TECHNOLOGY	VALUE	UNITS	REFERENCE RANGE
T3	C.L.I.A.	63.39	ng/dl	60 - 200
T4	C.L.I.A.	5.60	µg/dl	4.5 - 12
Thyroid Stimulating Hormone (TSH)	C.L.I.A.	2.29	µIU/mL	0.3 - 5.5

Comments : \*\*\*

Please correlate with clinical conditions.

Method :

TSH - ULTRA SENSITIVE SANDWICH CHEMI LUMINESCENT IMMUNO ASSAY

--End Of Report--

Sample Collected on (SCT) : 19-02-2022

Sample Received on (SRT) : 20.02.2022

Report Released on (RRT) : 21 February 2022

Sample Type : SERUM

Labcode : 110741711/AND45

Test Code : AHC-20

Dr.Durgaprasad N Agrawal MD

Dr.Caesar Sengupta MD

Medical Test Date : 19-02-2022      Test Code : AHC-20  
Name : Niraj Kumar Nangrani      Emp Code :

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**X-RAY OF THE CHEST P.A. VIEW**

There is no mediastinal shift.

The heart and aorta appears to be normal.

No pleural abnormality is noted.

The bony thorax is normal.

**IMPRESSION** Normal Study

**SUGGEST** Clinico pathological correlation & see Rx

Please note that imaging conclusion need to be correlated with clinical findings & other investigations for final diagnosis.



Dr. N.P. CHHALLANI  
MBBS, DMRE, AFPH  
TMC/MOH/PNDT/234

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Emp Code :

3ch x 4 + (1ch)

Name: AHC-20

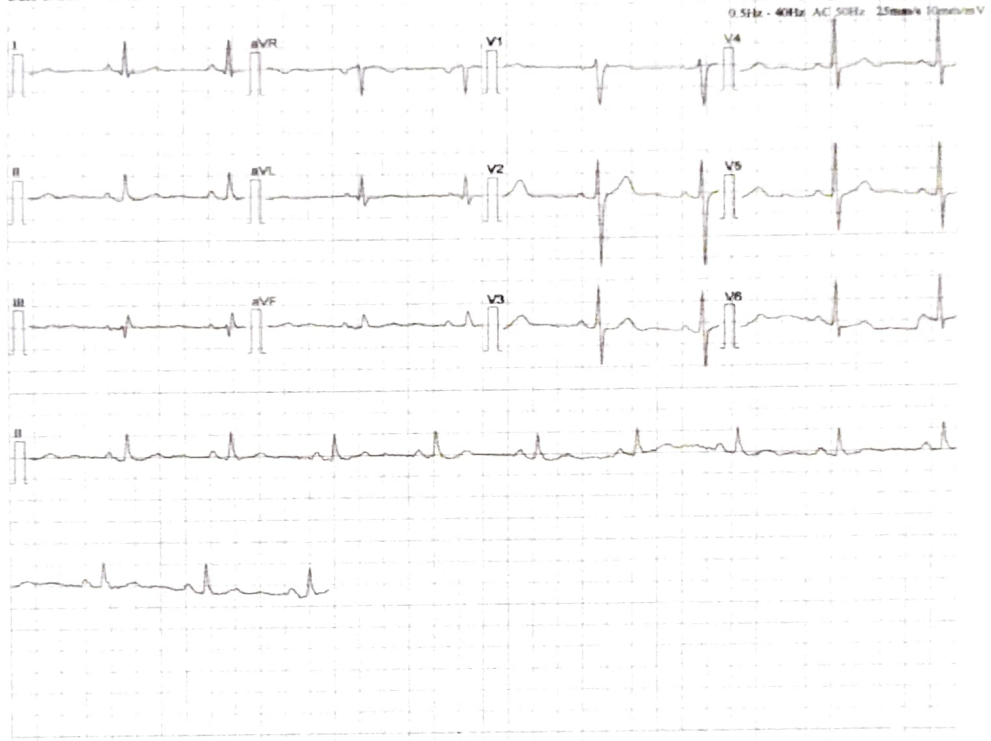
ID: 202109021152711

Sex: Male

Hospital

Date of Birth: 24/02/1973

Department



[Measurement]						
HR	72 bpm	P	Width	80 ms	RV5/SV1	1.221/-0.913 mV
P Axis	45 deg	PR	Interval	140 ms	RV5+SV1	2.134 mV
QRS Axis	46 deg	QRS	Duration	100 ms		
T Axis	30 deg	QT:QTc	Interval	350/382 ms		
[Analysis Result]						
** normal ECG **						
Sinus rhythm						

Reporter: \_\_\_\_\_

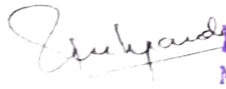
Notice: All the parameters and conclusions should be confirmed by doctor

Dr. Kailash Changani  
M.D. (Med)  
Reg No - 58574

Date : 19-02-2022

## FITNESS CERTIFICATE

This is to certify that **Mr. Niraj Kumar Nangrani** Emp. No. age **49** Yrs. has undergone the medical examination with us on **19-02-2022**. based on examination and investigation results he is free from infection / Contagious disease including skin & Tuberculosis for which diagnostic tests has been carried out and He is medically fit to continue his duties.

  
**Dr. Rahul S Deshpande**  
M.B.B.S. (B. Sc. (Hons) (Mumbai))  
Regd. No. 101114  
**HARDEV. HEALTH. CARE**  
Authorised Medical Practitioner



# DR. RAJAT BALIGA

MBBS, M. D. (Radiology), D. N. B.

CONSULTANT RADIOLOGIST & SONOLOGIST

**RADIANCE SONOGRAPHY CENTRE**



**RADIANCE DIAGNOSTIC CENTRE**

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Opp. Shree Nagar Vidya Mandir, Shree Nagar,  
Wagle Estate, Thane - 400 604 • Tel.: 7208542237

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3, Durvankur, Near Panch Parmeshwar Mandir,  
Kishan Nagar I, Wagle Estate, Thane - 400 604.  
Tel.: 7208542237

NAME : NIRAJ NANGRANI	AGE/SEX : 48Y/M
REF BY : HARDEV HEALTH CARE	DATE: 19/02/2022

## REAL TIME ABDOMINAL ULTRASOUND REPORT

### LIVER :

Normal size liver with mildly raised parenchymal echo pattern. No evidence of any solid or cystic intra-hepatic lesion is noted. The portal and hepatic veins appear normal. No evidence of any dilated intra or extra hepatic biliary radicals noted. CBD is not dilated.

### GALL-BLADDER:

The physiologically dilated gall bladder is visualized and appears normal. No evidence of any gall stones noted. No e/o wall thickening or peri-cholecystic free fluid.

### PANCREAS :

It is normal in size and reflectivity. No evidence of peripancreatic collection. MPD is not dilated.

### SPLEEN :

The spleen is normal in size and shows normal parenchymal echo pattern.

### KIDNEYS :

Both kidneys are normal in size. No evidence of any renal mass, hydronephrosis or renal calculi noted. Cortico-medullary differentiation is maintained on both sides. Bilateral renal parenchymal thickness appears normal. No e/o renal scarring

The right kidney measures 11.6 x 4.5 cms.

The left kidney measures 10.5 x 4.2 cms.

No evidence of ascites or significant para aortic lymphadenopathy. Bowel loops are not dilated .

Anatomically normal urinary bladder. No e/o calculus or wall thickening or debris seen.

Prostate gland is normal in size, measures 17 gms.

### CONCLUSION :

- **Fatty liver grade 3**

**DR. RAJAT BALIGA**  
MBBS, MD (Radiology), DNB  
FMF (Fetal Medical Foundation) ID- 176269

## 2D ECHOCARDIOGRAPHY AND COLOUR DOPPLER STUDY

DATE: 19/02/2022

NAME: Mr. Niraj Nanrani

AGE/SEX: 48 male

INDICATION OF STUDY: asymptomatic for follow up

### COMMENTS

- Normal chamber dimensions. mild concentric LVH
- The LV dimensions and contractility are normal.
- There is no Regional Wall Motion Abnormality at rest.
- The LV systolic function is normal. LVEF = 60%
- There is evidence of normal diastolic function.
- Normal valves
- No Pulmonary Arterial hypertension, PASP = 28 mm of Hg
- The RV function is normal, TAPSE = 16mm
- There is no evidence of pericardial effusion, clots or vegetation
- The IAS and IVS are intact.
- IVC = 10mm (>50% collapsing)

### SUMMARY

- Normal LV systolic function. LVEF = 60%
- Normal LV diastolic function
- Mild concentric LVH.
- No Regional Wall Motion Abnormality at rest.
- Normal valves
- No Pulmonary Arterial hypertension
- No Pericardial effusion, clot or vegetation



Dr. Ameya S Chavan  
MD(Med), DM(Card)