

- COMPU. PATHOLOGY • ALLERGY TESTING
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- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR NIKHIL PANDE
Referred By Dr : MEDIWHEEL
Sex : MALE **Age :** 31 Years
Collected At : MAHAVIR NAGAR MAIN BRANCH

Lab No. : KCA8691 *KCA8691*
Reg. Date : 30-Mar-2023 8:59 am
Report Date : 31-Mar-2023 1:13 pm
Print Date : 31-Mar-2023 4:17 pm

BIOCHEMISTRY

| TEST | RESULT | UNITS | NORMAL VALUES |
|---------------------------|--------|-------|--|
| BLOOD SUGAR FASTING | 71.6 | mg/dL | Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: >= 126 (on more than one occassion) |
| Blood Urea Nitrogen (BUN) | 13.90 | | 5 - 20 mg/dl |

----- End of Report -----

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DR. BHAVINI KAMDAR
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
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- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

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BIOCHEMISTRY REPORT (SERUM)

| TEST | RESULT | UNITS | NORMAL VALUES |
|-----------------|--------|-------|----------------------|
| Serum Uric Acid | 6.30 | mg% | Male : 3.4 - 7.0 mg% |

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BLOOD GROUP

| TEST | RESULT |
|-------------|----------|
| Blood Group | 'A' |
| Rh Factor | Positive |

----- End of Report -----

* RECHECKED & CONFIRMED

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BLOOD SUGAR REPORT

| TEST | RESULT | UNITS | NORMAL VALUES |
|-----------------------------|--------|-------|---|
| BLOOD SUGAR (Post prandial) | 122.8 | mg/dl | Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: \geq 200 (on more than one occasion) |

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

Comment:

Blood sugar values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

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COMPLETE BLOOD COUNT

| TEST | RESULT | UNITS | NORMAL VALUES |
|----------------------------|-------------------------|-------------|--------------------------------------|
| Haemoglobin | 16.3 | gm % | Male : 13 - 17.0 gm% |
| Erythrocytes (Total RBCs) | 5.27 | mill. / cmm | Male : 4.2 - 5.8mill. / cmm |
| PCV | 48 | % | Male : 37 - 51 % |
| MCV | 91.20 | fl | 80- 96 fl |
| MCH | 30.90 | pg | 27 - 32 pg |
| MCHC | 33.90 | gm% | 32 - 37 gm% |
| RDW | 14.1 | % | 12 - 14.5 |
| <u>TOTAL WBC COUNT</u> | | | |
| TOTAL WBC COUNT | 5120 | / cumm | 4,000 - 11,000 |
| <u>DIFFERENTIAL COUNT</u> | | | |
| Neutrophils | 55 | % | 40 - 75 |
| Lymphocytes | 40 | % | 20 - 40 |
| Eosinophils | 03 | % | 0 - 6 |
| Monocytes | 02 | % | 2 - 8 |
| Platelet count | 256000 | Lacs/cmm | 150000-450000 |
| <u>PERIPHERAL SMEAR</u> | | | |
| RBC Morphology | Normocytic Normochromic | | |
| WBC Morphology | Normal | | |
| Platelets Morphology | Adequate | | |
| ESR (westergren's method) | 5 | mm/hr | Male: 0 - 10 mm Female: 0 - 20 mm |

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eGFR / CREATININE

| TEST | RESULT | UNITS | NORMAL VALUES |
|--------------------|--------|--------|-----------------|
| CREATININE | 0.85 | mg/dl | 0.5 - 1.5 mg/dl |
| Age of the Patient | 31 | | |
| eGFR | 111.74 | ml/min | |

eGFR calculation based on MDRD guideline 2012

REFERENCE RANGE FOR CREATININE CLEARANCE ml/min

| AGE | MALES | FEMALES | AGE | MALES | FEMALES |
|-------|--------|---------|-------|-------|---------|
| 20-29 | 94-140 | 72-121 | 60-69 | 54-98 | 45-75 |
| 30-39 | 89-137 | 71-110 | 70-79 | 49-79 | 37-61 |
| 40-49 | 76-120 | 50-102 | 80-89 | 30-60 | 27-55 |
| 50-59 | 67-109 | 50-102 | 90-99 | 26-44 | 26-42 |

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HBA1C

| TEST | RESULT | UNITS | NORMAL VALUES |
|---------------------------|--------|-------|---------------|
| HBA1C | 5.2 | % | 4 - 5.7 % |
| ESTIMATED AVERAGE GLUCOSE | 102.54 | | |
| METHOD : NEPHELOMETRY | | | |

DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%
 Impaired glucose tolerance: 5.8% to 6.4%
 Diabetes: 6.5% or more

CONTROL CRITERIA IN DIABETICS:

Optimal control: 7.0% or less
 Fair control: 7.0% to 8.0%
 Poor control: More than 8.0%

Comment :

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

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LIPID PROFILE

| TEST | RESULT | UNITS | NORMAL VALUES |
|-------------------|--------|---------|---|
| SR. CHOLESTEROL | 159 | mg / dl | Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl |
| SR. TRIGLYCERIDES | 84.8 | mg / dl | Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl |
| HDL CHOLESTEROL | 45 | mg / dl | 40 - 60 mg / dl |
| VLDL | 16.96 | mg / dl | 6 - 38 mg / dl |
| LDL CHOLESTEROL | 97.04 | mg / dl | Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl |
| CHOLESTEROL / HDL | 3.53 | | < 5 |
| LDL / HDL | 2.16 | | < 3.5 |

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL
 Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

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- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR NIKHIL PANDE
Referred By Dr : MEDIWHEEL
Sex : MALE **Age :** 31 Years
Collected At : MAHAVIR NAGAR MAIN BRANCH

Lab No. : KCA8691 *KCA8691*
Reg. Date : 30-Mar-2023 8:59 am
Report Date : 31-Mar-2023 1:13 pm
Print Date : 31-Mar-2023 4:17 pm

Liver Function test

| TEST | RESULT | UNITS | NORMAL VALUES |
|----------------------|--------|---------|---|
| Bilirubin Total | 1.3 | mg / dl | 0.5 - 1.0 mg / dl |
| Bilirubin Direct | 0.6 | mg / dl | 0.1 - 0.3 mg / dl |
| Bilirubin Indirect | 0.70 | mg/dl | UPTO 0.8 mg / dl |
| S.G.P.T. | 38.60 | U / L | Up to 49 U / L |
| S.G.O.T. | 26.90 | U / L | Up to 46 U / L |
| Alkaline Phosphatase | 90.0 | U/I | 1 - 12 Years: 54 - 369 U/I 20 - 59 Years: 53 - 128 U/I > 60 Years: 56 - 119 U/I |
| Total Proteins | 6.76 | gm / dl | 6 - 8 gm / dl |
| Albumin | 4.18 | gm / dl | 3.2 - 5.5 gm / dl |
| Globulin | 2.58 | mg/dl | 2 - 3.5 mg / dl |
| A / G Ratio | 1.62 | | 1.0- 2.3 |
| GGT | 50 | IU/L | 5 - 50 IU/L |

----- End of Report -----

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DR. BHAVINI KAMDAR
MD (PATH) MUM

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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR NIKHIL PANDE
Referred By Dr : MEDIWHEEL
Sex : MALE **Age** : 31 Years
Collected At : MAHAVIR NAGAR MAIN BRANCH

Lab No. : KCA8691 *KCA8691*
Reg. Date : 30-Mar-2023 8:59 am
Report Date : 30-Mar-2023 6:33 pm
Print Date : 31-Mar-2023 4:17 pm

ROUTINE URINE EXAMINATION

| TEST | RESULT |
|---|---------------|
| <u>PHYSICAL EXAMINATION</u> | |
| Quantity | 15 ml |
| Colour | Pale yellow |
| Appearance | Slightly Hazy |
| Deposit | Absent |
| pH | Acidic (5.0) |
| Specific Gravity | 1.010 |
| <u>CHEMICAL EXAMINATION</u> | |
| Proteins | Absent |
| Sugar | Absent |
| Ketone | Absent |
| Occult Blood | Absent |
| Bile Pigment | Absent |
| Bile Salts | Absent |
| Urobilinogen | Normal |
| <u>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</u> | |
| Red Blood Cells | Absent |
| Pus Cells | 1-2/ hpf |
| Epithelial Cells | 1-2/ hpf |
| Casts | Not seen |
| Crystals | Not seen |
| Yeast | Not seen |
| Bacteria | Absent |

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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR NIKHIL PANDE
Referred By Dr : MEDIWHEEL
Sex : MALE **Age** : 31 Years
Collected At : MAHAVIR NAGAR MAIN BRANCH

Lab No. : KCA8691 *KCA8691*
Reg. Date : 30-Mar-2023 8:59 am
Report Date : 31-Mar-2023 11:48 am
Print Date : 31-Mar-2023 4:17 pm

STOOL ROUTINE & MICROSCOPY

| TEST | RESULT |
|--------------------------------|------------|
| <u>PHYSICAL EXAMINATION</u> | |
| Colour | Brown |
| Form (Consistency) | Semisolid |
| Mucus | Absent |
| Blood (Frank) | Absent |
| Parasites | Absent |
| <u>CHEMICAL EXAMINATION</u> | |
| Reaction | Acidic |
| Occult Blood | Absent |
| <u>MICROSCOPIC EXAMINATION</u> | |
| Red Blood Cells | Not seen |
| Epithelial Cells | Not seen |
| Pus Cells | Occasional |
| Macrophages | Not seen |
| Cyst/Ova/Trophozoites | Not seen |
| Fat globules | Absent |

----- End of Report -----

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HEALTHCARE

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Patient's Name : MR NIKHIL PANDE
Referred By Dr : MEDIWHEEL
Sex : MALE **Age** : 31 Years
Collected At : MAHAVIR NAGAR MAIN BRANCH

Lab No. : KCA8691 *KCA8691*
Reg. Date : 30-Mar-2023 8:59 am
Report Date : 31-Mar-2023 1:34 pm
Print Date : 31-Mar-2023 4:17 pm

THYROID FUNCTION TEST

| TEST | RESULT | UNITS | NORMAL VALUES |
|--|---------------|--------|--------------------|
| T3 [Tri - iodothyronine] Method | 114.5 ELFA | ng/dl | 55 - 180 ng/dl |
| T4 [Thyroxine] Method | 8.0 ELFA | ug/dl | 4.66 - 10.50 ug/dl |
| TSH [Thyroid Stimulating Hormone] Method | 1.93 ELFA | uIU/mL | 0.25 - 5.0 uIU/mL |

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.

----- End of Report -----

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Health Check up Booking Request(bobE35694), Beneficiary Code-33651

1 message

Mediwheel <wellness@mediwheel.in>

Fri, Mar 24, 2023 at 5:33 PM

To: healthcare.medicals@gmail.com

Cc: customercare@mediwheel.in



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011-41195959

Email:wellness@mediwheel.in

Dear **Healthcare Medical Centre and Diagnostic**,

City : Mumbai . **Address** : 76/754 Mahavir Suryadarshan Soc., Satyanagar Road, Mahavir Nagar, Kandivali West, Mumbai 400 067 ,

We have received the confirmation for the following booking .

Name : MR. PANDE NIKHIL MADHAVRAO
Age : 29
Gender : Male
Package Name : Medi-Wheel Metro Full Body Health Checkup Male Below 40
Contact Details : 9850628496
Booking Date : 24-03-2023
Appointment Date : 30-03-2023

| Member Information | | | |
|--------------------------------|-----|--------|-----------------|
| Booked Member Name | Age | Gender | Cost(In INR) |
| MR. PANDE NIKHIL MADHAVRAO | 29 | Male | Cashless |
| Total amount to be paid | | | Cashless |

We will get back to you with confirmation update shortly. Please find the package details as attached for your reference.

Package Name : Medi-Wheel Metro Full Body Health Checkup Male Below 40 - Includes (37)Tests

Tests included in this Package : Ecg, TSH, X-ray Chest, Stress Test (tmt)/ 2d Echo, Blood Sugar Postprandial, A:g Ratio, Blood Group, Total Cholesterol, Triglycerides, Fasting Blood Sugar, Ultrasound Whole Abdomen , Glycosylated Haemoglobin (hba1c), Hdl, Vldl, Urine Analysis, LDL, Total Protine, General Consultation, HDL/ LDL ratio, GGT(Gamma-glutamyl Transferase), Eye Check-up consultation, ALP (ALKALINE PHOSPHATASE), Uric Acid, AST/ALT Ratio, Serum Protein, CBC with ESR, Stool Analysis, Urine Sugar Fasting, Urine Sugar PP, T3, T4, Cholesterol Total / HDL Ratio, BUN, BUN/Creatinine Ratio, Bilirubin Total & Direct and Indirect, Albumin, Globulin

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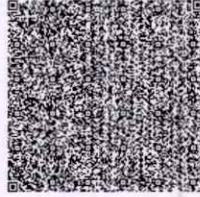
नामांकन क्रम/ Enrolment No.: 2006/30018/41995

To
निखिल माधवराव पांडे
Nikhil Madhavrao Pande
S/O Madhavrao Pande
juna umari naka jatharpeth
gupte plot
Akola
Akola Maharashtra - 444005
9850628496

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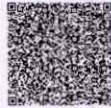


निखिल माधवराव पांडे
Nikhil Madhavrao Pande
जन्म तिथि/DOB: 25/11/1991
पुरुष/ MALE

5184 3861 1801

VID : 9166 6399 6596 6091

मेरा आधार, मेरी पहचान



Government of India



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- पहचान का प्रमाण ऑनलाइन ऑथेंटिकेशन द्वारा प्राप्त करें।
- यह एक इलेक्ट्रॉनिक प्रक्रिया द्वारा बना हुआ पत्र है।

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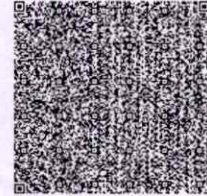
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अकोला, अकोला,
महाराष्ट्र - 444005

Address:
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jatharpeth, gupte plot, Akola, Akola,
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Dr. NUPUR RAI
MBBS. DIPLOMA CARDIOLOGY (PGDCC)
Reg. No.: 2018115643

30/03/2023

30/03/2023

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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

| | | | |
|------------------------|------------------------|--------------|-------------------|
| NAME: | MR NIKHIL PANDE | DATE: | 30/03/2023 |
| HEIGHT: 171 CMS | WEIGHT: 91.1 KG | AGE: | 31 YRS |
| REFERRED BY: | MEDIWHEEL | SEX: | Male |

PRESENT COMPLAINT: NIL

CURRENT MEDICATION: NIL

PAST HISTORY : NIL

FAMILY HISTORY: MOTHER:HYPOTHYROIDISM

ALLERGY:NIL

HABITS:ALCOHOL ONCE IN MONTH

APPETITE: GOOD

SLEEP: GOOD

BLADDER: NAD

BOWEL: NAD

GENERAL EXAMINATION:

ADVICE-

P: 86/min BP: 120/80 mm of hg

Medically fit

ICTERUS: NIL

OEDEMA: NIL

OTHERS: NAD

RS: NAD

CVS: NAD

PA: NAD

CNS: NAD

INVESTIGATION:

DR. NUPUR RAI
 MBBS, DIPLOMA IN RADIOLOGY (RGDCC)
 Reg. No. 2018A15643

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OPHTHALMIC REPORT

| | |
|---------------------------------|-----------------------------|
| NAME <u>Nikhil Pande</u> | DATE <u>30/3/23.</u> |
| R- NO | AGE <u>31</u> |
| REF. BY DR. | SEX <u>Male.</u> |

RIGHT EYE **LEFT EYE**

V.A. WITHOUT GLASSES: 6/6 6/6

V.A. WITH GLASSES: 6/6 6/6.

SLIT LAMP EXAMINATION: _____

IOP – SCHIOTZ TONOMETER: _____

FUNDUS: _____

COLOUR VISION: Normal Normal
(ISHIHARA CHART)

OCULAR MOVEMENTS: _____

RETINOSCOPY: _____

Prescription:

DISTANCE

NEAR

| SPH | CYL | AXIS |
|-----|--------------|------|
| | | |
| | <u>Plano</u> | |
| | | |

| SPH | CYL | AXIS |
|-----|--------------|------|
| | | |
| | <u>Plano</u> | |
| | | |

CLINICAL IMPRESSION:
ADVICE:

Healthcare in Soc.
Mahavir Suryadarshan, Mahavir Nagar,
Saty Nagar Road, Kandivali (W), Mumbai - 400067
Kandivali (W), Mumbai - 400067
2869 7808
heebal

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. TEL: 2899 6655 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
- KANDIVALI CENTRE** SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TE.: 2885 7171 / 89288 41541
- DAHISAR CENTRE** NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90220 58504
- GORAI CENTRE** VICTORY HEIGHTS, GORAI MAIN ROAD, OPP. SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2869 6556 • MOB.: 90224 88354 / 72080 02565
- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806
- GOREGAON (EAST)** SATELLITE GARDENS, FILM CITY ROAD, NEAR SATELLITE TOWER, GOREGAON (EAST), MUMBAI - 400063 • TEL.: 79773 74838 / 79773 62922
- MIRA ROAD** UNIT NO. R13, RNA LIBERTY REST, NEAR JANGID CIRCLE, VIJAY PARK, MIRA ROAD (EAST), MUMBAI - 401107. • TEL.: 70218 04221 / 70218 27389

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



| | | | |
|-------------|-----------------|------|------------|
| NAME | MR NIKHIL PANDE | DATE | 30.03.2023 |
| | | AGE | 31YRS |
| REF. BY DR. | MEDIWHEEL | SEX | MALE |

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X-RAY CHEST (PAVIEW).

The lungs on the either side show equal translucency.

The pleural spaces are normal.

The cardiac size is normal.


The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

IMPRESSION :

NO EVIDENCE OF PLEURAL OR PARENCHYMAL PATHOLOGY IS NOTED.

Correlate clinically .


DR SACHIN JADKAR
(Consultant Radiologist)

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly

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- COMPU. PATHOLOGY • ALLERGY TESTING
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- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



| | | | |
|-------------|-----------------|------|------------|
| NAME | MR NIKHIL PANDE | DATE | 30.03.2023 |
| | | AGE | 31YRS |
| REF. BY DR. | MEDIWHEEL | SEX | MALE |

REAL TIME ABDOMINAL SONOGRAPHY SHOWS

LIVER : Liver is enlarge in size (15.8 cm) and showing increased parenchymal echotexture. There is no evidence of solid or cystic mass. The portal and the hepatic venous system appears normal.

Gall bladder : The Gall bladder is well distended .The gall bladder wall of normal thickness . No evidence of gall stones.

PANCREAS : Pancreas is normal in size with smooth margin and homogenous parenchymal echotexture. No focal lesion seen.

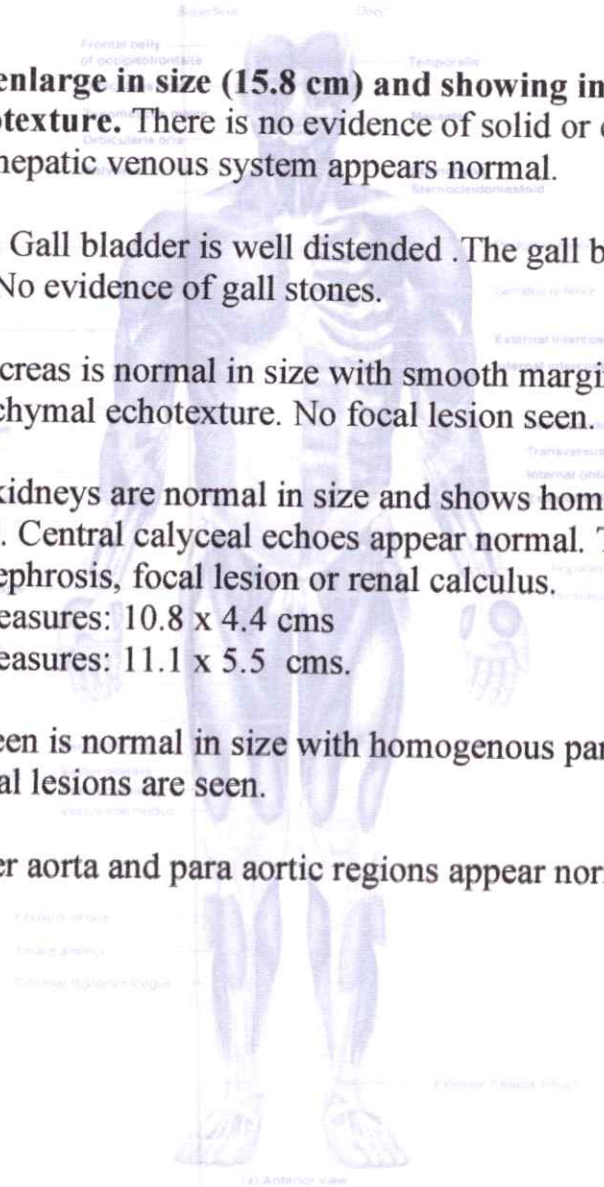
KIDNEYS : Both kidneys are normal in size and shows homogenous cortical echotexture. Central calyceal echoes appear normal. There is no evidence of hydronephrosis, focal lesion or renal calculus.

(a) Right kidney measures: 10.8 x 4.4 cms

(b) Left kidney measures: 11.1 x 5.5 cms.

SPLEEN : The spleen is normal in size with homogenous parenchymal echotexture. No focal lesions are seen.

AORTA : The upper aorta and para aortic regions appear normal.



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- DIGITAL WHOLE BODY X-RAYS
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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

| | | | |
|--------------------|------------------------|-------------|-------------------|
| NAME | MR NIKHIL PANDE | DATE | 30.03.2023 |
| | | AGE | 31YRS |
| REF. BY DR. | MEDIWHEEL | SEX | MALE |

URINARY BLADDER : Urinary bladder is well distended. No evidence of calculus or intraluminal mass seen in the bladder.

PROSTATE : Prostate is normal in size & and shows homogenous echopattern. No evidence of focal lesion.

Excessive bowel gases shadowing noted.

IMPRESSION :

- **MILD HEPATOMEGALY WITH FATTY LIVER.**
- **NO OTHER SIGNIFICANT ABNORMALITY DETECTED.**

Suggest : Clinical correlation.

DR. SAHIN JADKAR
CONS. RADIOLOGIST.

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have interobserver variation. Further / Follow-up imaging may be needed in some cases for confirmation of USG findings..Please interpret accordingly.

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- COMPU. PATHOLOGY
- DIGITAL X-RAY
- DIGITAL SONOGRAPHY
- DIGITAL COLOR DOPPLER
- 2D ECHO CARDIOGRAPHY
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY (BMD)
- ECG ■ PFT
- COMPU. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



HEALTHCARE
 MEDICAL CENTRE & DIAGNOSTICS

MIR NIKHIL PANDE
 EKCA8691 30-Mar-2023
 ECG

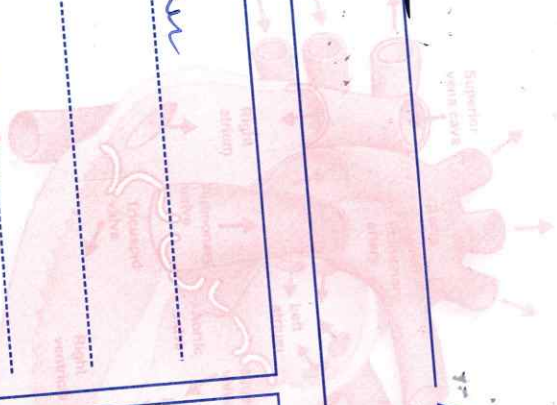
ELECTROCARDIOGRAM (ECG)

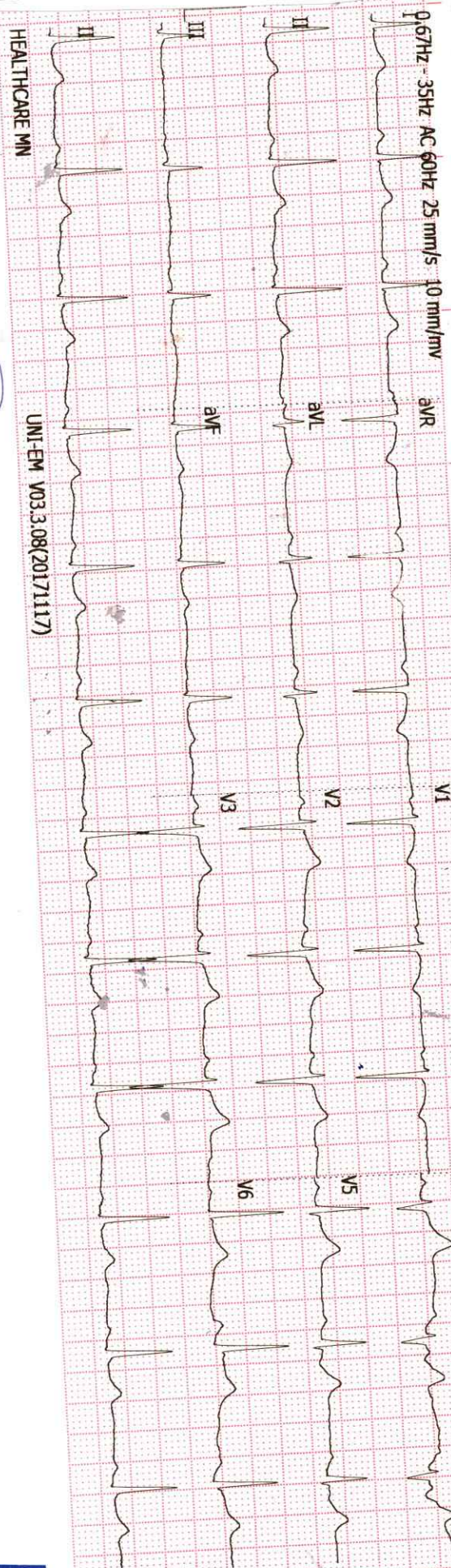
PATIENT MR NIKHIL PANDe AGE 31 SEX M
 REF. BY DR. Mediwheel DATE 30/03/23

Healthcare
 Maharaj Surgaerstan Soc.
 Sector 1, Nagar Road, Mahavir Nagar,
 Khandivalli (W), Mumbai - 400 047
 Tel. No. 2869 7809

INTERPRETATION : Normal

Dr. mp
Dr. KUPUR RAI
 MBBS, DIPLOMA CARDIOLOGY (PGDCC)
 Reg. No.: 2018115643





History :

B.P. :

Drugs :

Standard :

Auricular Rate :

Ventricular Rate :

Rhythm :

Mechanism :

Voltage :

Axis :

P. Waves :

PR Interval :

Q. Waves :

QRS Interval :

ST Segment :

T. Waves :

QT Interval :

Extra Systoles :

REMARKS & CONCLUSIONS :

normal

768 bpm

4

2

HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MAHAVIR SURYADARSHAN SOC SATYANAGAR ROAD
MAHAVIR NAGAR KANDIVALI WEST 400068

TREADMILL TEST REPORT

MR NIKHIL PANDE
ID : 767
DATE : 30/03/2023
AGE/SEX : 31 / M
HT/WT : 171 / 91
REF. BY : MEDIMWHEEL

PROTOCOL : Bruce
HISTORY : Checkup/Physical fitness,
INDICATION : HEALTH CHECK UP
MEDICATION : NONE

| PHASE | TOTAL TIME | STAGE TIME | SPEED Km/Hr | GRADE % | H.R. bpm | B.P. mmHg | RPP x100 | ST LEVEL (MM) | | | METS |
|-------------|------------|------------|-------------|---------|----------|-----------|----------|---------------|------|------|-------|
| | | | | | | | | II | V1 | V5 | |
| SUPINE | | | | | 88 | 120 / 80 | 105 | 0.2 | -0.1 | 0.3 | |
| STANDING | | | | | 94 | 120 / 80 | 112 | 0.5 | -0.3 | 0.1 | |
| HYPERVENT | | | | | 82 | 120 / 80 | 98 | 0.3 | -0.1 | 0.3 | |
| Stage 1 | 2:55 | 2:55 | 2.7 | 10 | 102 | 130 / 80 | 132 | -0.2 | -0.2 | -0.1 | 4.67 |
| Stage 2 | 5:55 | 2:55 | 4 | 12 | 116 | 140 / 90 | 162 | -0.4 | 0 | -0.1 | 7.04 |
| Stage 3 | 8:55 | 2:55 | 5.4 | 14 | 139 | 150 / 100 | 208 | 0.2 | 0.3 | -0.2 | 9.92 |
| PK-EXERCISE | 10:0 | 1:0 | 6.7 | 16 | 166 | 150 / 100 | 249 | 1.4 | 0.8 | 0.1 | 11.33 |
| RECOVERY | 11:6 | 0:56 | | | 123 | 160 / 110 | 196 | 0.9 | -0.3 | 0.8 | |
| RECOVERY | 12:7 | 1:57 | | | 107 | 150 / 100 | 160 | 0 | 0.1 | 0.2 | |
| RECOVERY | 13:5 | 2:55 | | | 102 | 140 / 90 | 142 | 0 | 0.2 | -0.1 | |
| RECOVERY | 14:5 | 3:55 | | | 101 | 130 / 90 | 131 | 0 | 0.2 | -0.1 | |

RESULTS

EXERCISE DURATION : 10:0
MAX HEART RATE : 166 bpm 87 % of target heart rate 189 bpm
MAX BLOOD PRESSURE : 160 / 110 mm Hg
REASON OF TERMINATION : Achieved THR,
BP RESPONSE :
ARRHYTHMIA : None,
H.R. RESPONSE : Normal Chronotropic Response,
IMPRESSIONS :
GOOD EFFORT TOLERANCE,
NO ANGINA, NO ARRHYTHMIA,
NORMAL HR, BP RESPONSE,
NO SIGNIFICANT ST CHANGES NOTED DURING TEST AS COMPARED TO BASELINE ECG,
STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA,

MAX WORK LOAD : 11.33 METS

Healthcare
Mahavir Suryadarshan Soc.
Satya Nagar Road, Metrowalk Nagar,
Kandivali (W), Mumbai - 400 067
Tel. No. 2869 7808

Technician : 1

Dr. NUPUR RAI
MBBS, DIPLOMA CARDIOLOGY (PGDCC)
Reg. No. 201816598 MEHTA (MD)

HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR NIKHIL PANDE
 I.D. 767
 Age 31/M
 Date 30/03/2023

RATE 88bpm
 B.P. 120/80

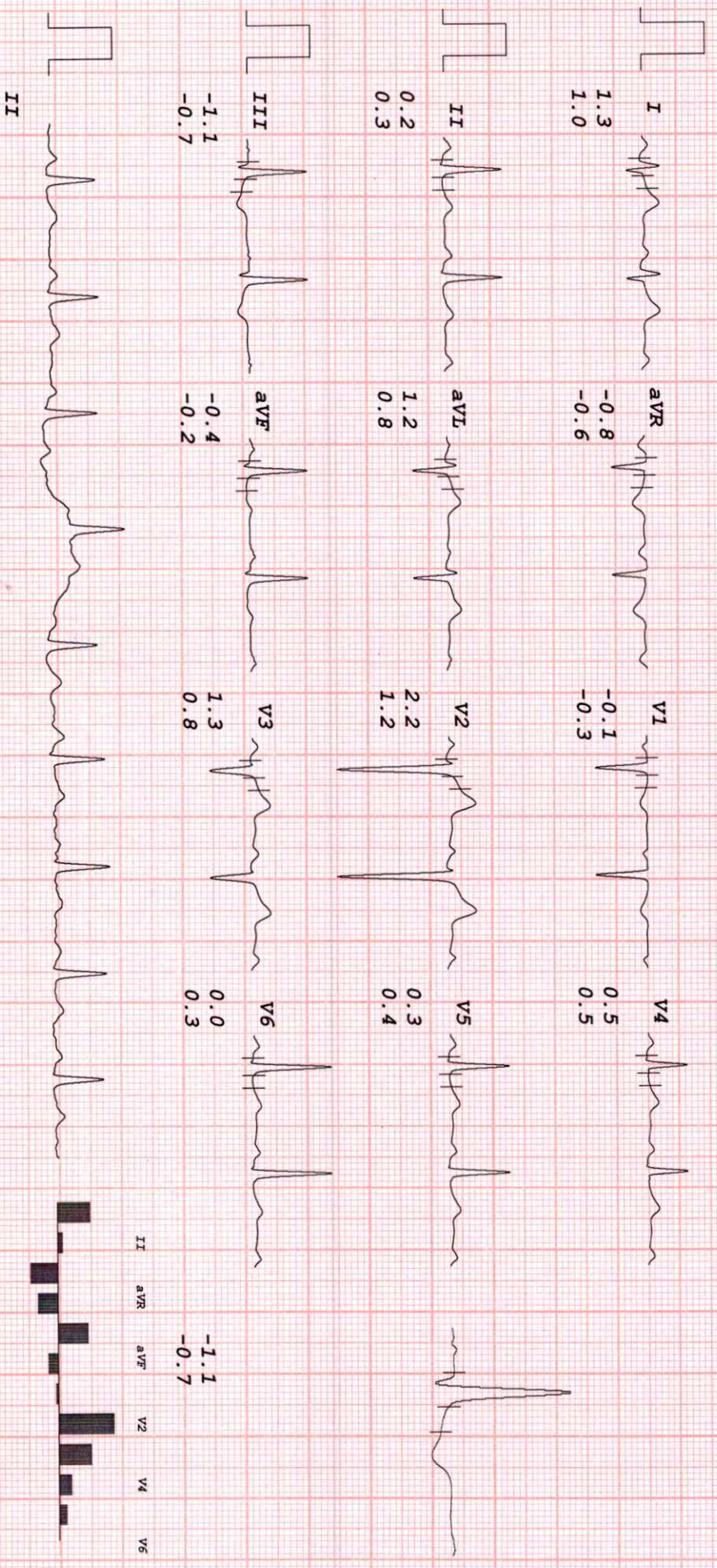
PRETEST
 SUPINE

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR NIKHIL PANDE
 I.D. 767
 Age 31/M
 Date 30/03/2023

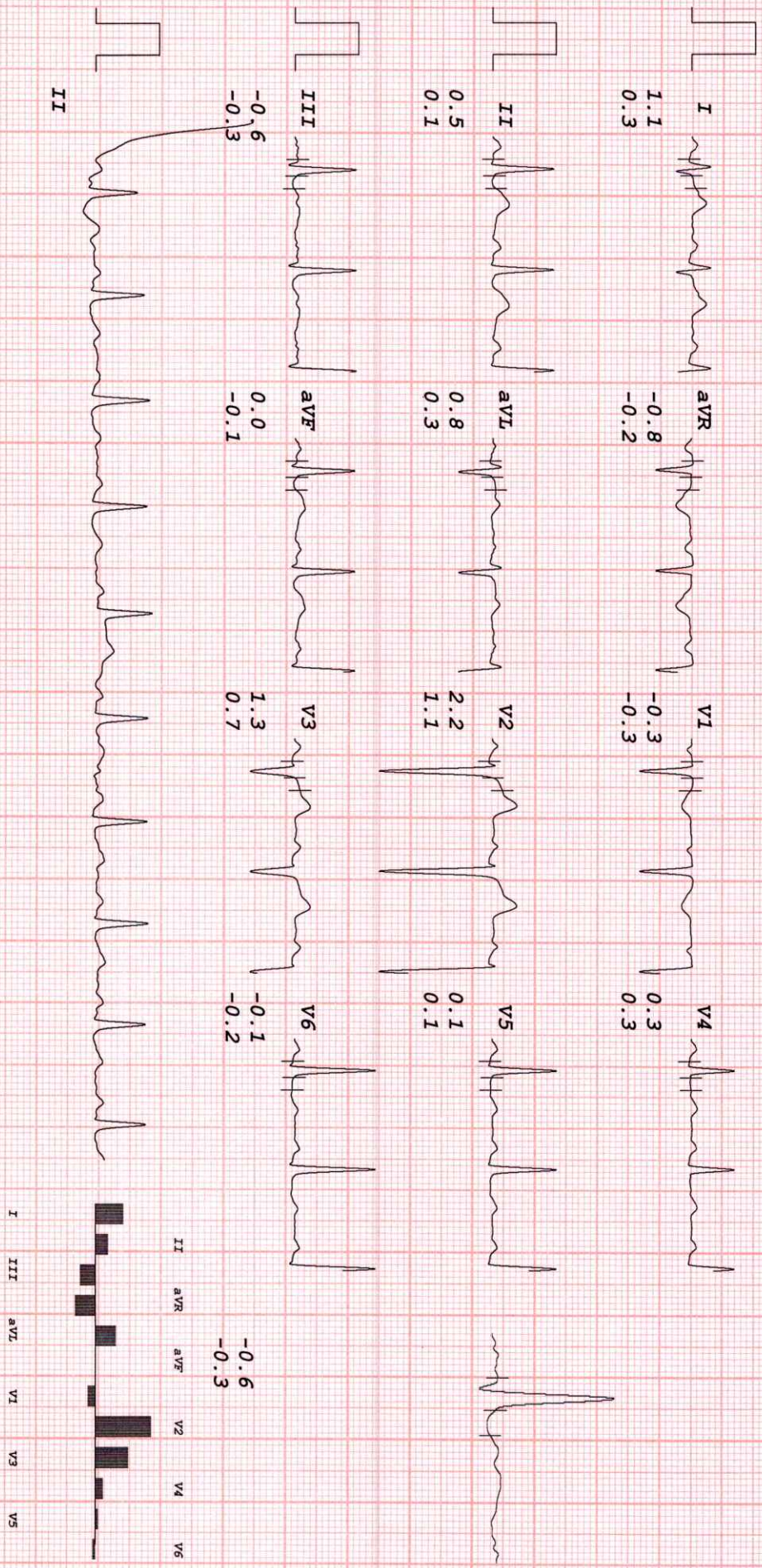
RATE 94bpm
 B.P. 120/80

PRETEST
 STANDING

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2
 III



HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR NIKHIL PANDE
I. D. 767
Age 31/M
Date 30/03/2023

RATE 82bpm
B.P. 120/80

PRETEST
HYPERVENT

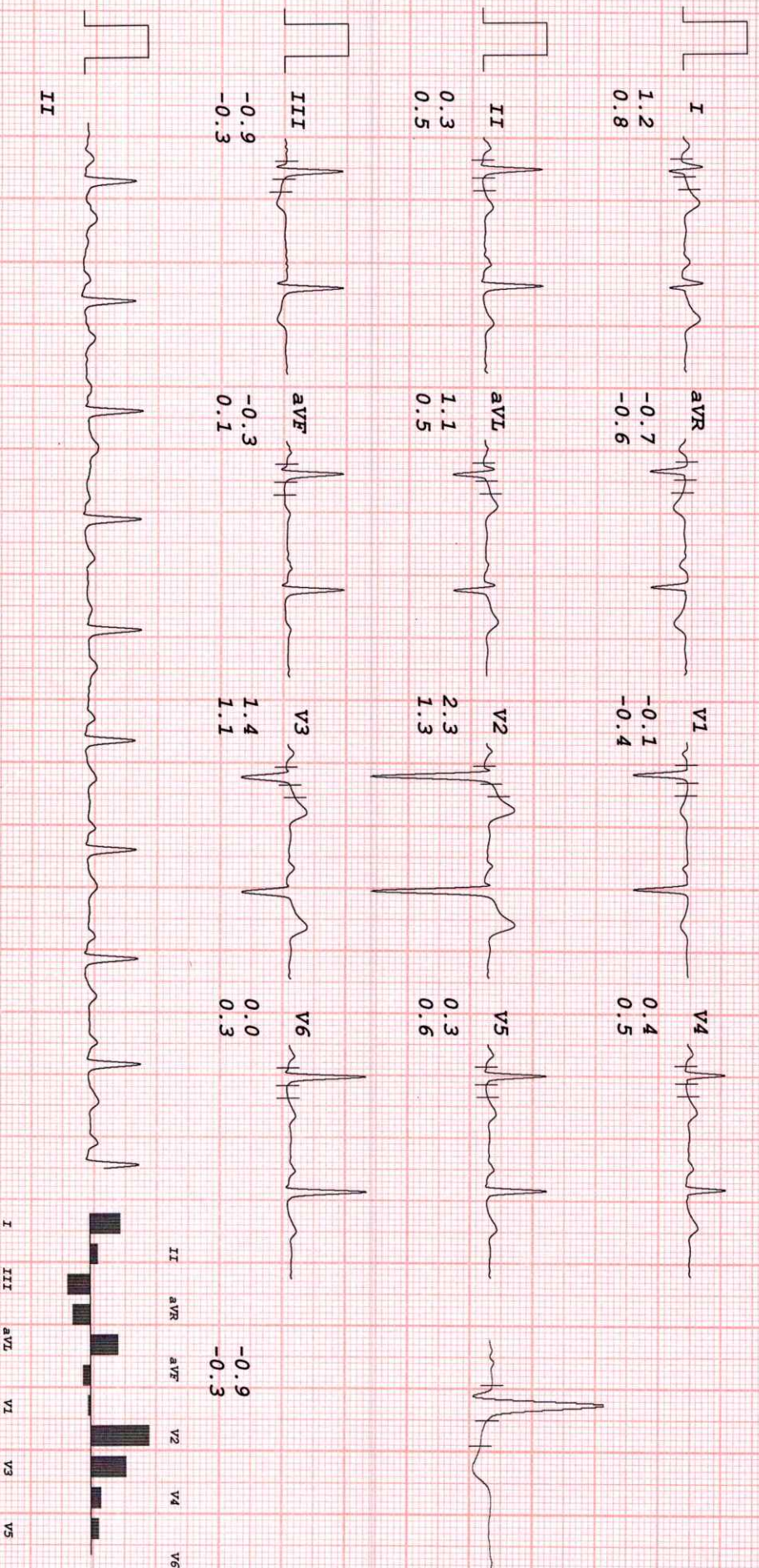
PHASE TIME 0:12

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN

Mag. X 2

III



HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR NIKHIL PANDE
 I.D. 767
 Age 31/M
 Date 30/03/2023

RATE 102bpm
 B.P. 130/80

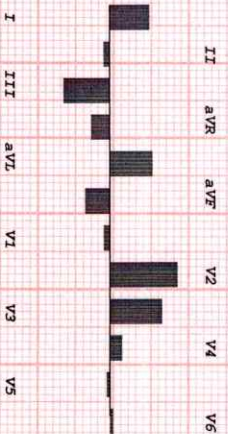
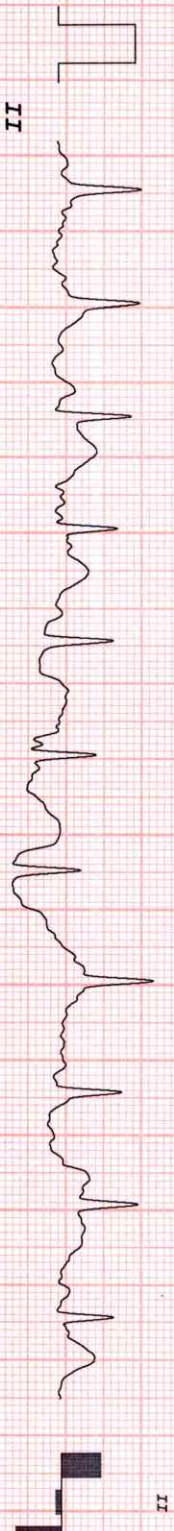
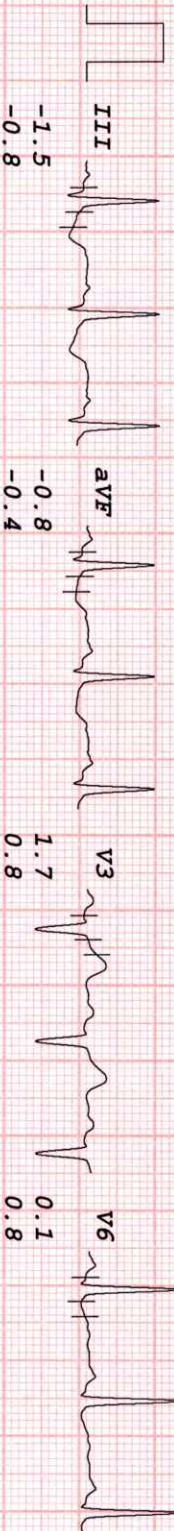
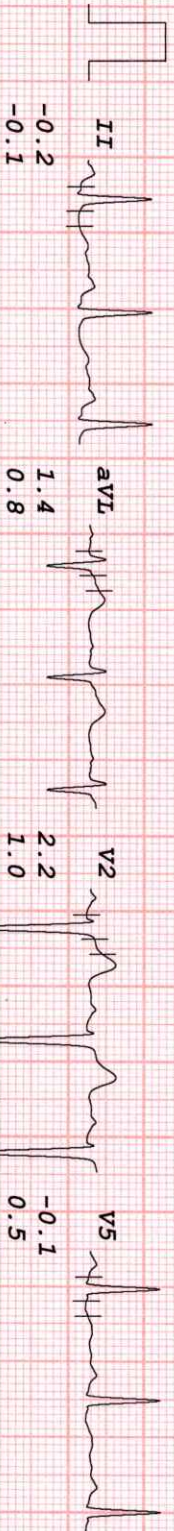
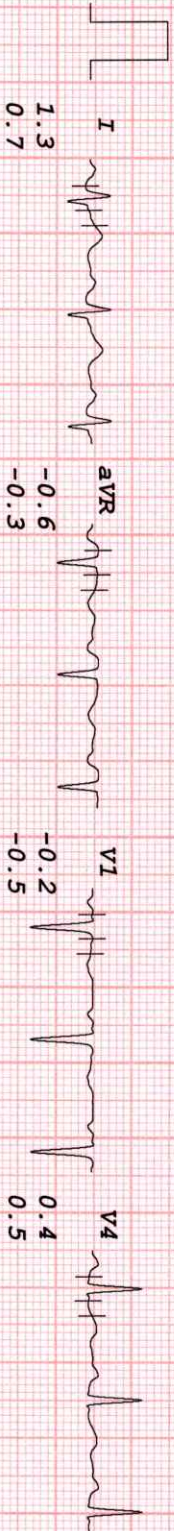
Bruce
 Stage 1
 TOTAL TIME 2:55
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms PostJ
 Speed 2.7 km/hr
 SLOPE 10 %

LINKED MEDIAN

Mag. X 2

III



HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR NIKHIL PANDE
 I.D. 767
 Age 31/M
 Date 30/03/2023

RATE 116bpm
 B.P. 140/90

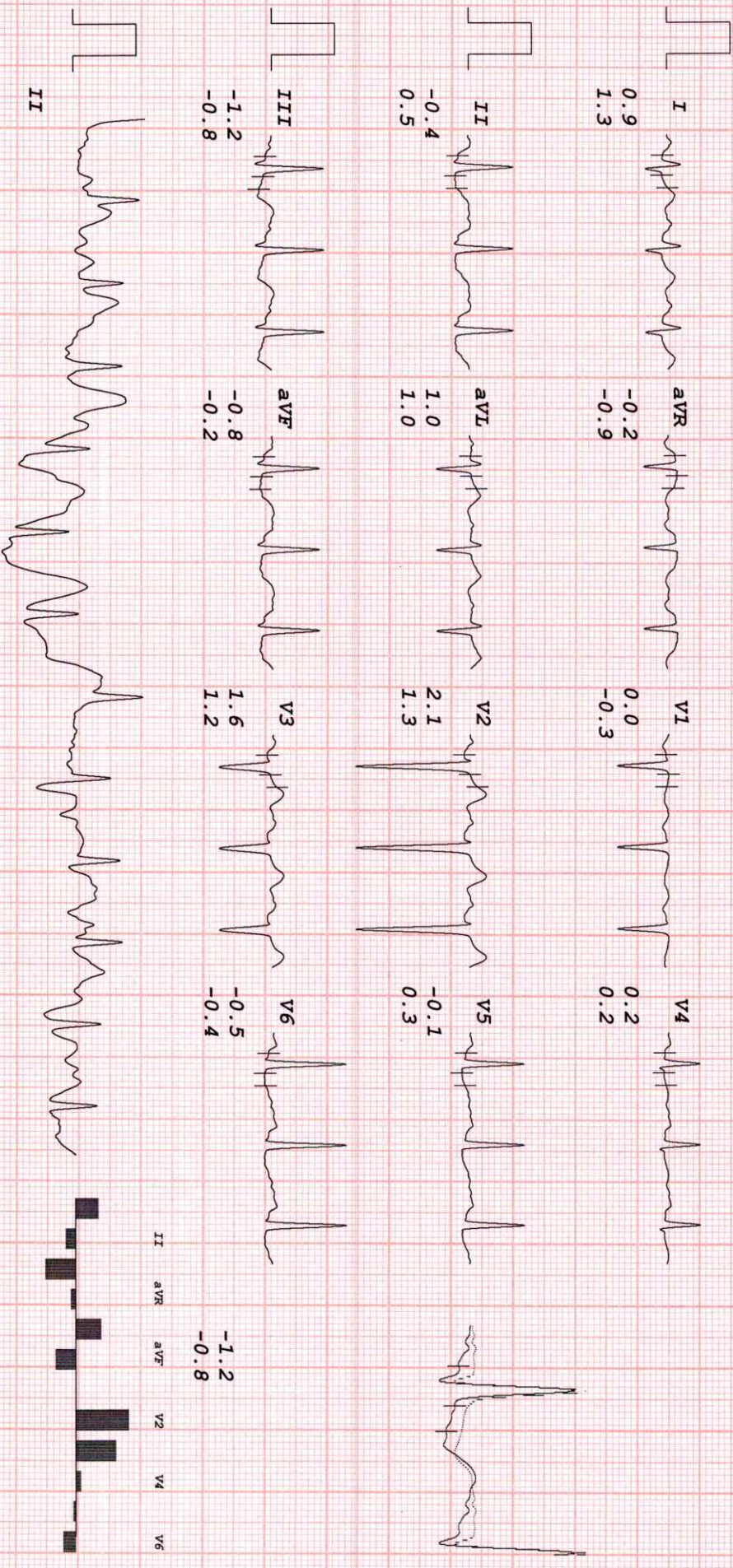
Bruce
 Stage 2
 TOTAL TIME 5:55
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms PostJ
 Speed 4 km/hr
 SLOPE 12 %

LINKED MEDIAN

Mag. X 2

III



HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR NIKHIL PANDE
 I.D. 767
 Age 31/M
 Date 30/03/2023

RATE 139bpm
 B.P. 150/100

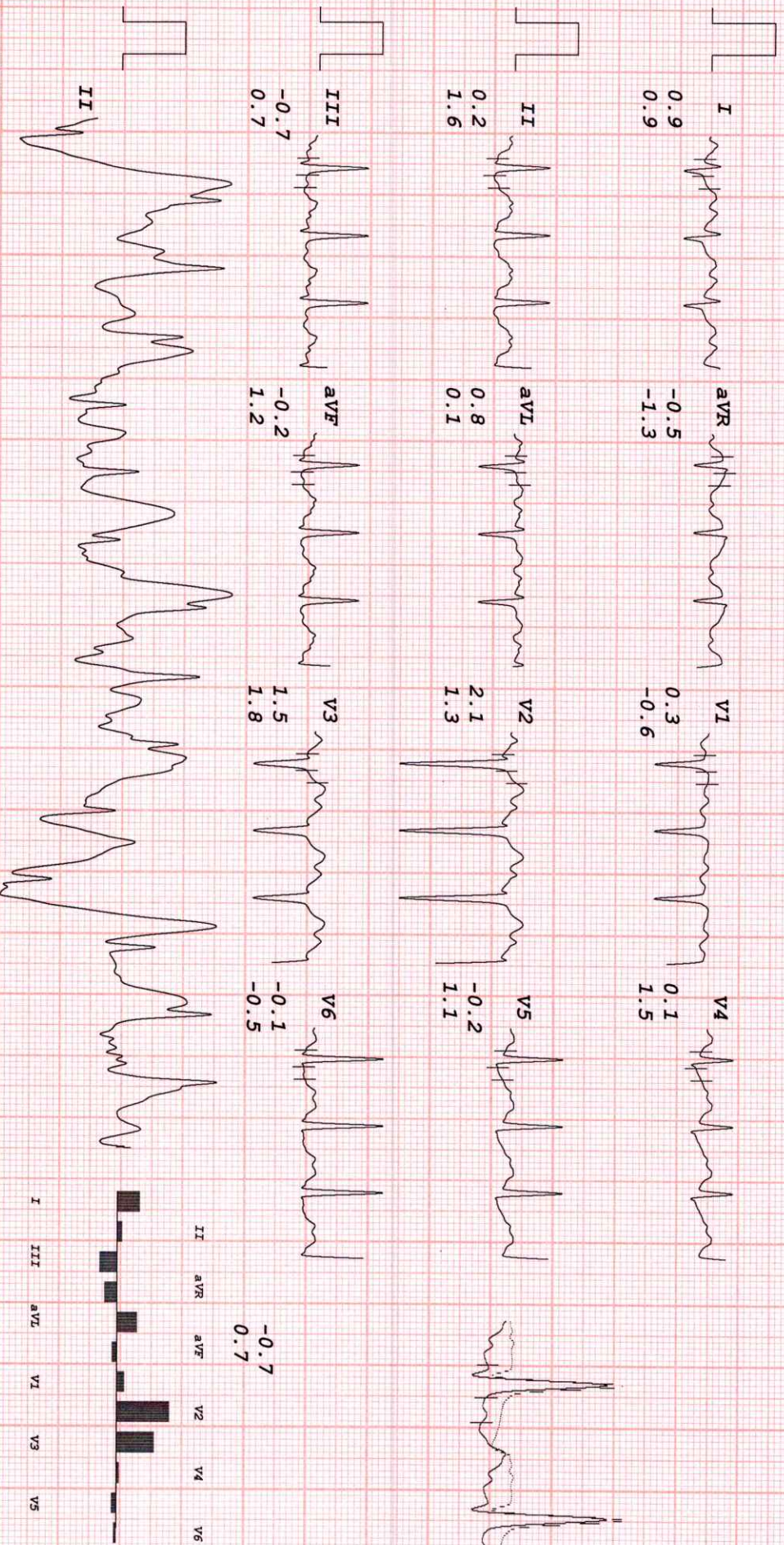
Bruce
 Stage 3
 TOTAL TIME 8:55
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms PostJ
 Speed 5.4 km/hr
 SLOPE 14 %

LINKED MEDIAN

Mag. X 2

III



HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR NIKHIL PANDE
 I.D. 767
 Age 31/M
 Date 30/03/2023

RATE 166bpm
 B.P. 150/100

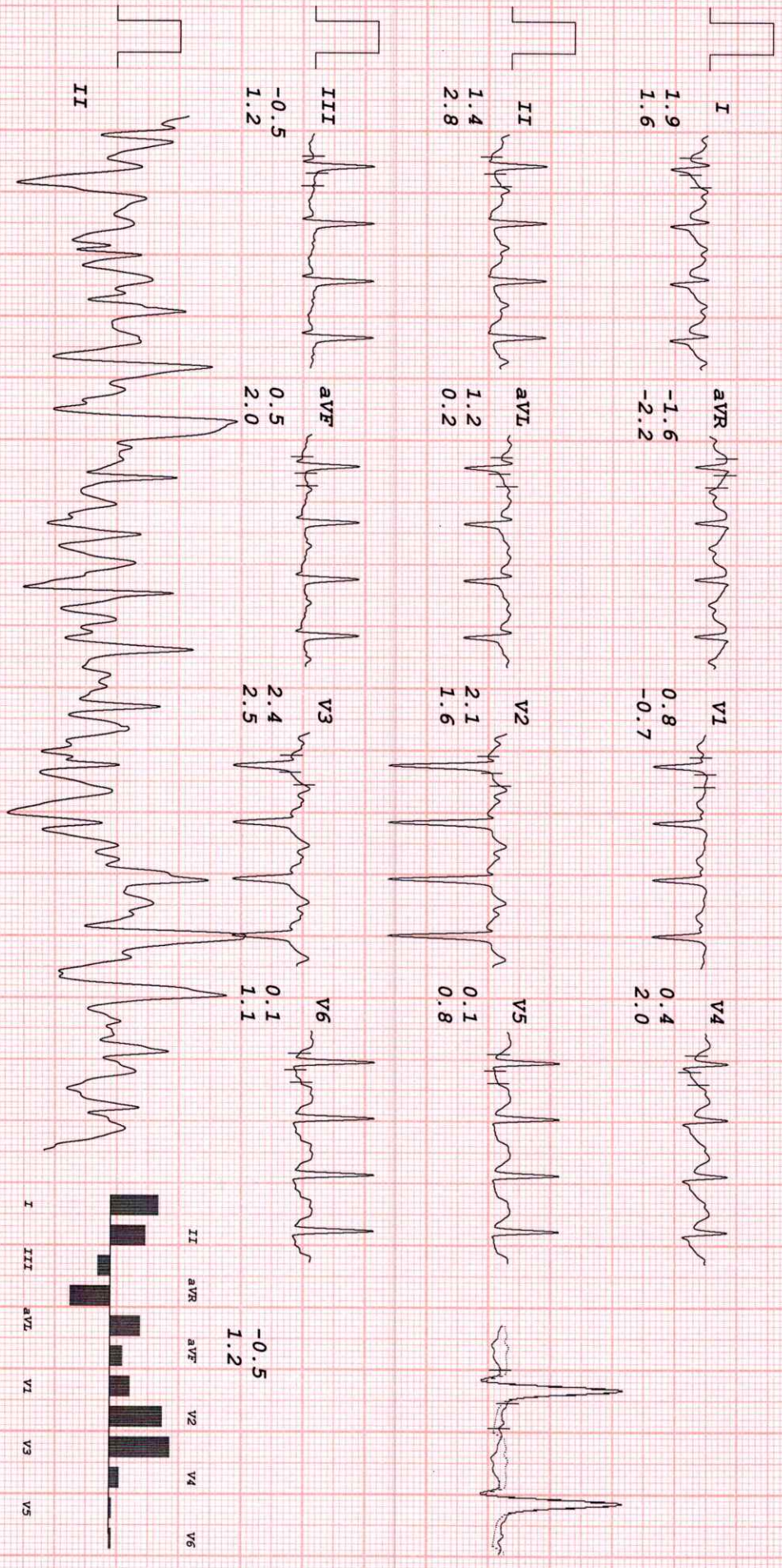
Bruce
 PK-EXERCISE
 TOTAL TIME 10:00
 PHASE TIME 1:00

ST @ 10mm/mv
 80ms PostJ
 Speed 6.7 km/hr
 SLOPE 16 %

LINKED MEDIAN

Mag. X 2

III



HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR NIKHIL PANDE
 I.D. 767
 Age 31/M
 Date 30/03/2023

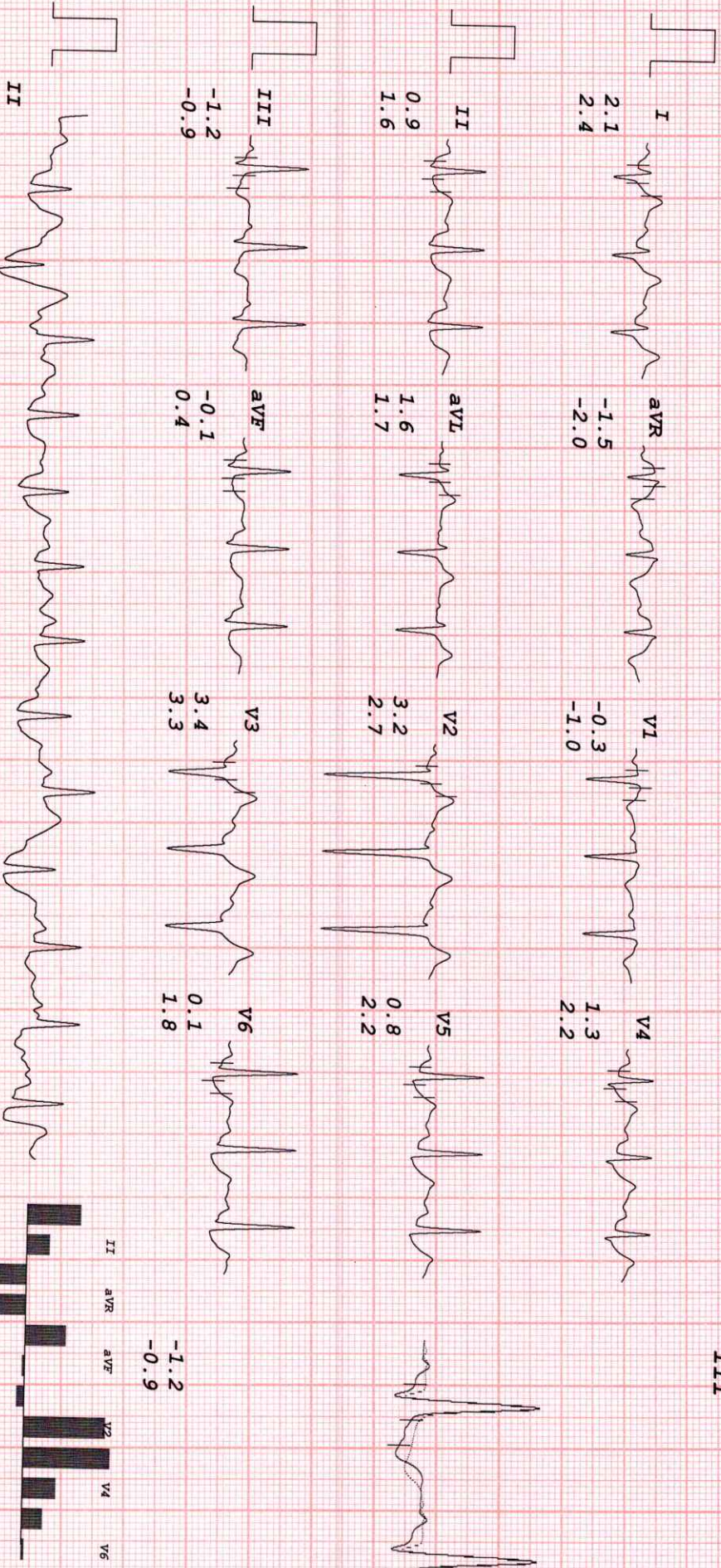
Rate 123bpm
 B.P. 160/110
 Bruce
 RECOVERY
 TOTAL TIME 11:06
 PHASE TIME 0:56

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR NIKHIL PANDE
 I. D. 767
 Age 31/M
 Date 30/03/2023

RATE 107bpm
 B.P. 150/100

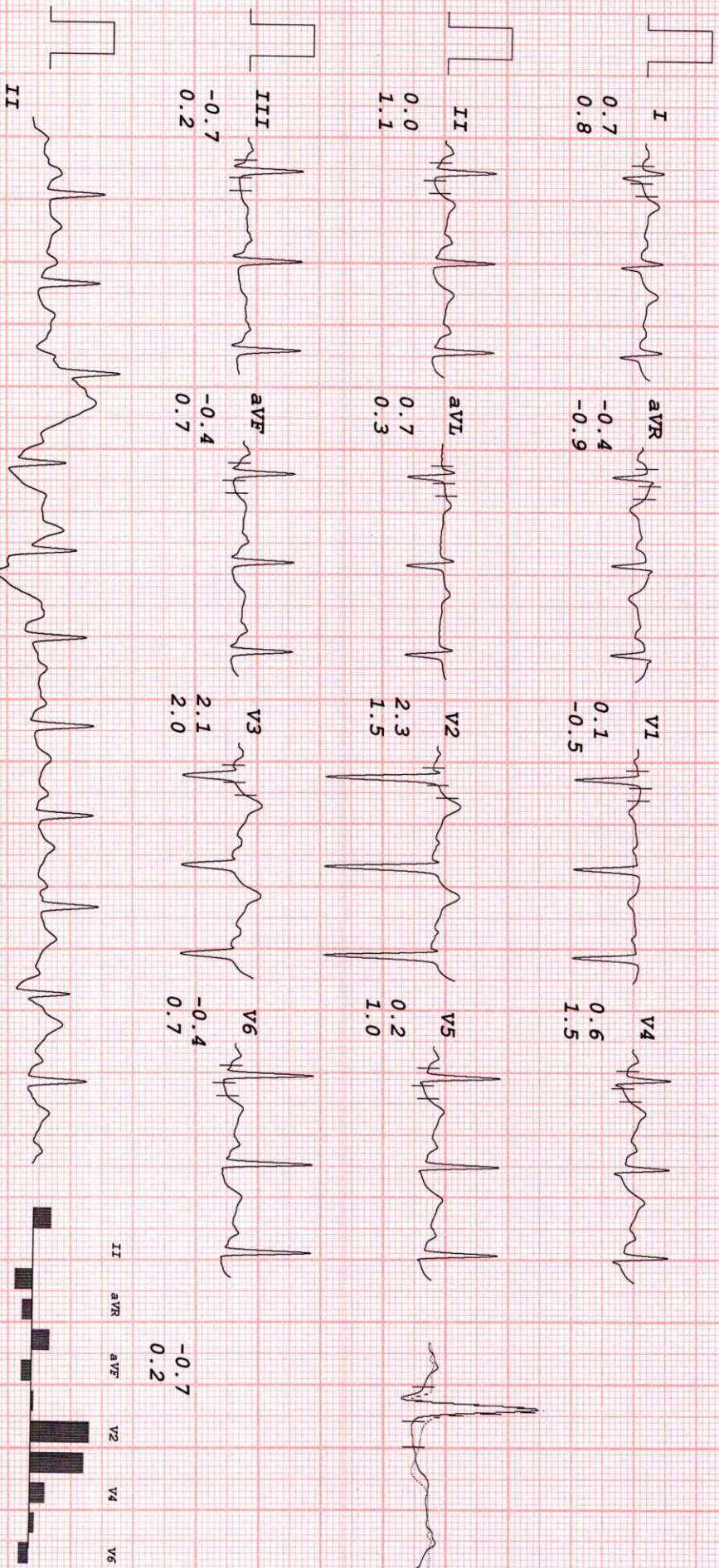
Bruce
 RECOVERY
 TOTAL TIME 12:07
 PHASE TIME 1:57

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR NIKHIL PANDE
 I.D. 767
 Age 31/M
 Date 30/03/2023

RATE 102bpm
 B.P. 140/90

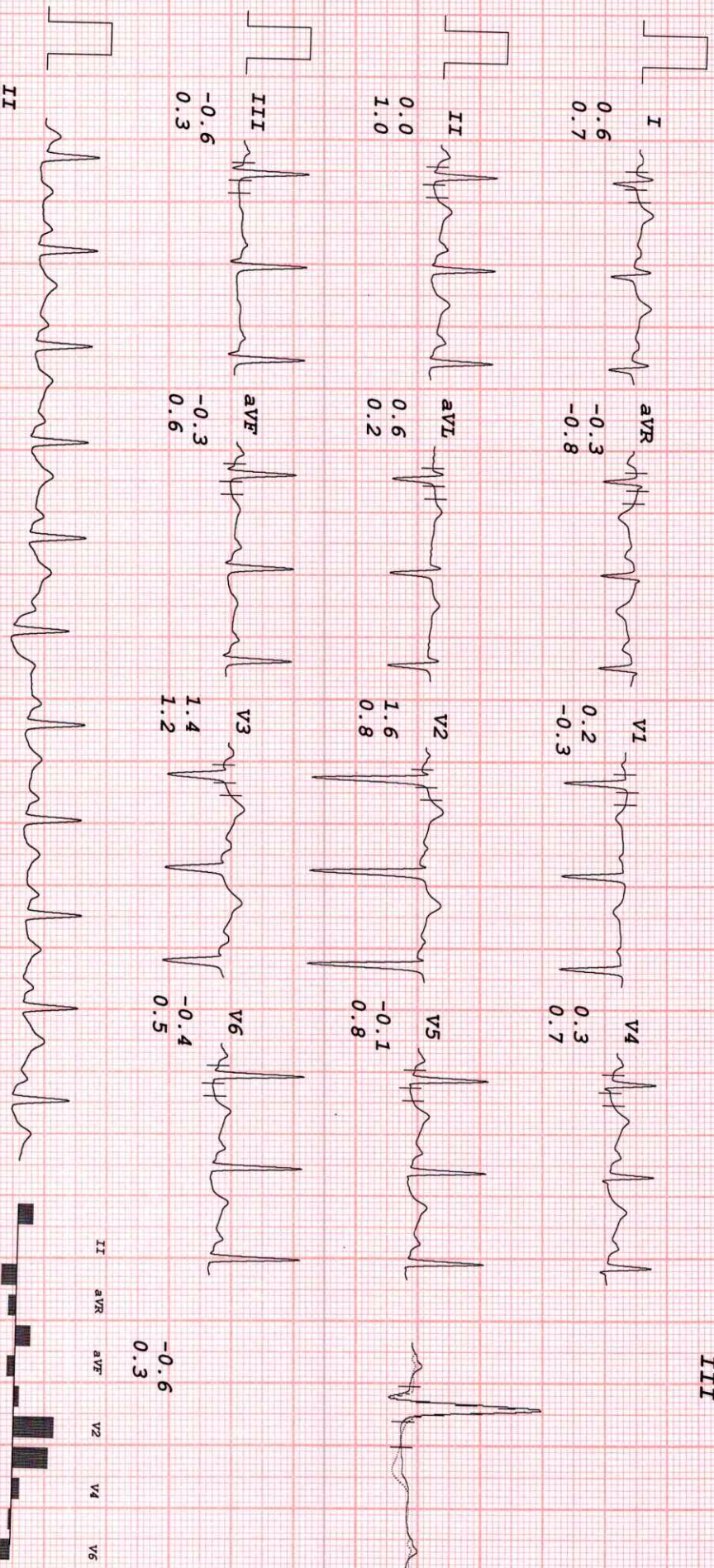
Bruce
 RECOVERY
 TOTAL TIME 13:05
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms Post J

LINKED MEDIAN

Mag. X 2

III



HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR NIKHIL PANDE
 I.D. 767
 Age 31/M
 Date 30/03/2023

RATE 101bpm
 B.P. 130/90

Bruce
 RECOVERY
 TOTAL TIME 14:05
 PHASE TIME 3:55

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III

