

Patient Name : Mr.N TEJA PRASAD KAMINA
Age/Gender : 33 Y 4 M 24 D/M
UHID/MR No : STAR.0000055324
Visit ID : STAROPV57977
Ref Doctor : Dr.SELF
Emp/Auth/TPA ID : 124878

Collected : 25/Mar/2023 08:36AM
Received : 25/Mar/2023 11:43AM
Reported : 25/Mar/2023 02:49PM
Status : Final Report
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

PERIPHERAL SMEAR , WHOLE BLOOD-EDTA

Methodology : Microscopic
RBC : Normocytic normochromic
WBC : Normal in number, morphology and distribution. No abnormal cells seen
Platelets : Adequate in Number
Parasites : No Haemoparasites seen
IMPRESSION : Normocytic normochromic blood picture
Note/Comment : Please Correlate clinically



Patient Name : Mr.N TEJA PRASAD KAMINA	Collected : 25/Mar/2023 08:36AM
Age/Gender : 33 Y 4 M 24 D/M	Received : 25/Mar/2023 11:43AM
UHID/MR No : STAR.0000055324	Reported : 25/Mar/2023 02:49PM
Visit ID : STAROPV57977	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 124878	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
-----------	--------	------	-----------------	--------

HEMOGRAM , WHOLE BLOOD-EDTA

HAEMOGLOBIN	15.1	g/dL	13-17	Spectrophotometer
PCV	47.30	%	40-50	Electronic pulse & Calculation
RBC COUNT	5.5	Million/cu.mm	4.5-5.5	Electrical Impedance
MCV	86	fL	83-101	Calculated
MCH	27.5	pg	27-32	Calculated
MCHC	32	g/dL	31.5-34.5	Calculated
R.D.W	15	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	7,200	cells/cu.mm	4000-10000	Electrical Impedance

DIFFERENTIAL LEUCOCYTIC COUNT (DLC)

NEUTROPHILS	63	%	40-80	Electrical Impedance
LYMPHOCYTES	30	%	20-40	Electrical Impedance
EOSINOPHILS	02	%	1-6	Electrical Impedance
MONOCYTES	05	%	2-10	Electrical Impedance
BASOPHILS	00	%	<1-2	Electrical Impedance

ABSOLUTE LEUCOCYTE COUNT

NEUTROPHILS	4536	Cells/cu.mm	2000-7000	Electrical Impedance
LYMPHOCYTES	2160	Cells/cu.mm	1000-3000	Electrical Impedance
EOSINOPHILS	144	Cells/cu.mm	20-500	Electrical Impedance
MONOCYTES	360	Cells/cu.mm	200-1000	Electrical Impedance
PLATELET COUNT	380000	cells/cu.mm	150000-410000	Electrical impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	10	mm at the end of 1 hour	0-15	Modified Westergren

PERIPHERAL SMEAR

Methodology : Microscopic
RBC : Normocytic normochromic
WBC : Normal in number, morphology and distribution. No abnormal cells seen
Platelets : Adequate in Number
Parasites : No Haemoparasites seen
IMPRESSION : Normocytic normochromic blood picture
Note/Comment : Please Correlate clinically



Patient Name : Mr.N TEJA PRASAD KAMINA	Collected : 25/Mar/2023 08:36AM
Age/Gender : 33 Y 4 M 24 D/M	Received : 25/Mar/2023 11:43AM
UHID/MR No : STAR.0000055324	Reported : 25/Mar/2023 02:47PM
Visit ID : STAROPV57977	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 124878	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
-----------	--------	------	-----------------	--------

BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD-EDTA

BLOOD GROUP TYPE	AB			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination



SIN No:BED230075268

Apollo Speciality Hospitals Private Limited

(Formerly known as a Nova Speciality Hospitals Private Limited)

CIN- U85100TG2009PTC099414

Regd Off:1-10-62/62 ,5th Floor, Ashoka RaghupathiChambers, Begumpet, Hyderabad, Telangana - 500016

Address:

156, Famous Cine Labs, Behind Everest Building, Tardeo (Mumbai Central), Mumbai, Maharashtra
Ph: 022 4332 4500

Patient Name : Mr.N TEJA PRASAD KAMINA	Collected : 25/Mar/2023 02:57PM
Age/Gender : 33 Y 4 M 24 D/M	Received : 25/Mar/2023 03:57PM
UHID/MR No : STAR.0000055324	Reported : 25/Mar/2023 05:10PM
Visit ID : STAROPV57977	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 124878	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
-----------	--------	------	-----------------	--------

GLUCOSE, FASTING , NAF PLASMA	100	mg/dL	70-100	GOD - POD
--------------------------------------	-----	-------	--------	-----------

Comment:

As per American Diabetes Guidelines

Fasting Glucose Values in mg/d L	Interpretation
<100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes

GLUCOSE, POST PRANDIAL (PP), 2 HOURS , NAF PLASMA	113	mg/dL	70-140	GOD - POD
--	-----	-------	--------	-----------

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Ref: Marks medical biochemistry and clinical approach



Patient Name : Mr.N TEJA PRASAD KAMINA	Collected : 25/Mar/2023 08:36AM
Age/Gender : 33 Y 4 M 24 D/M	Received : 25/Mar/2023 04:06PM
UHID/MR No : STAR.0000055324	Reported : 25/Mar/2023 07:54PM
Visit ID : STAROPV57977	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 124878	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
-----------	--------	------	-----------------	--------

HBA1C, GLYCATED HEMOGLOBIN , WHOLE BLOOD-EDTA	6.1	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG) , WHOLE BLOOD-EDTA	128	mg/dL		Calculated

Comment:

Reference Range as per American Diabetes Association (ADA):

REFERENCE GROUP	HBA1C IN %
NON DIABETIC ADULTS >18 YEARS	<5.7
AT RISK (PREDIABETES)	5.7 – 6.4
DIAGNOSING DIABETES	≥ 6.5
DIABETICS	
· EXCELLENT CONTROL	6 – 7
· FAIR TO GOOD CONTROL	7 – 8
· UNSATISFACTORY CONTROL	8 – 10
· POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

1. A1C test should be performed at least two times a year in patients who are meeting treatment goals (and who have stable glycemic control).
2. Lowering A1C to below or around 7% has been shown to reduce microvascular and neuropathic complications of type 1 and type 2 diabetes. When mean annual HbA1c is <1.1 times ULN (upper limit of normal), renal and retinal complications are rare, but complications occur in >70% of cases when HbA1c is >1.7 times ULN.
3. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present. Fructosamine may be used as an alternate measurement of glycemic control



SIN No:EDT230030870

Apollo Speciality Hospitals Private Limited

(Formerly known as a Nova Speciality Hospitals Private Limited)

CIN- U85100TG2009PTC099414

Regd Off:1-10-62/62 ,5th Floor, Ashoka RaghupathiChambers,
Begumpet, Hyderabad, Telangana - 500016

Address:

156, Famous Cine Labs, Behind Everest Building,
Tardeo (Mumbai Central), Mumbai, Maharashtra
Ph: 022 4332 4500

Patient Name : Mr.N TEJA PRASAD KAMINA	Collected : 25/Mar/2023 08:36AM
Age/Gender : 33 Y 4 M 24 D/M	Received : 25/Mar/2023 11:30AM
UHID/MR No : STAR.0000055324	Reported : 25/Mar/2023 03:41PM
Visit ID : STAROPV57977	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 124878	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
-----------	--------	------	-----------------	--------

LIPID PROFILE , SERUM

TOTAL CHOLESTEROL	265	mg/dL	<200	CHE/CHO/POD
TRIGLYCERIDES	111	mg/dL	<150	
HDL CHOLESTEROL	31	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	234	mg/dL	<130	Calculated
LDL CHOLESTEROL	211.8	mg/dL	<100	Calculated
VLDL CHOLESTEROL	22.2	mg/dL	<30	Calculated
CHOL / HDL RATIO	8.55		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Measurements in the same patient can show physiological and analytical variations.

NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.



Patient Name : Mr.N TEJA PRASAD KAMINA	Collected : 25/Mar/2023 08:36AM
Age/Gender : 33 Y 4 M 24 D/M	Received : 25/Mar/2023 11:30AM
UHID/MR No : STAR.0000055324	Reported : 25/Mar/2023 03:41PM
Visit ID : STAROPV57977	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 124878	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
-----------	--------	------	-----------------	--------

LIVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	0.50	mg/dL	0.1-1.2	Azobilirubin
BILIRUBIN CONJUGATED (DIRECT)	0.10	mg/dL	0.1-0.4	DIAZO DYE
BILIRUBIN (INDIRECT)	0.40	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	28	U/L	4-44	JSCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	23.0	U/L	8-38	JSCC
ALKALINE PHOSPHATASE	119.00	U/L	32-111	IFCC
PROTEIN, TOTAL	7.90	g/dL	6.7-8.3	BIURET
ALBUMIN	4.90	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	3.00	g/dL	2.0-3.5	Calculated
A/G RATIO	1.63		0.9-2.0	Calculated



Patient Name : Mr.N TEJA PRASAD KAMINA	Collected : 25/Mar/2023 08:36AM
Age/Gender : 33 Y 4 M 24 D/M	Received : 25/Mar/2023 11:30AM
UHID/MR No : STAR.0000055324	Reported : 25/Mar/2023 03:41PM
Visit ID : STAROPV57977	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 124878	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
-----------	--------	------	-----------------	--------

RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT) , SERUM

CREATININE	0.74	mg/dL	0.6-1.1	ENZYMATIC METHOD
UREA	24.20	mg/dL	17-48	Urease
BLOOD UREA NITROGEN	11.3	mg/dL	8.0 - 23.0	Calculated
URIC ACID	7.80	mg/dL	4.0-7.0	URICASE
CALCIUM	9.40	mg/dL	8.4-10.2	CPC
PHOSPHORUS, INORGANIC	3.10	mg/dL	2.6-4.4	PNP-XOD
SODIUM	140	mmol/L	135-145	Direct ISE
POTASSIUM	4.3	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	101	mmol/L	98-107	Direct ISE



Patient Name : Mr.N TEJA PRASAD KAMINA	Collected : 25/Mar/2023 08:36AM
Age/Gender : 33 Y 4 M 24 D/M	Received : 25/Mar/2023 11:30AM
UHID/MR No : STAR.0000055324	Reported : 25/Mar/2023 03:41PM
Visit ID : STAROPV57977	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 124878	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	28.00	U/L	16-73	Glycylglycine Kinetic method



SIN No:SE04330651

Patient Name : Mr.N TEJA PRASAD KAMINA	Collected : 25/Mar/2023 08:36AM
Age/Gender : 33 Y 4 M 24 D/M	Received : 25/Mar/2023 11:27AM
UHID/MR No : STAR.0000055324	Reported : 25/Mar/2023 02:24PM
Visit ID : STAROPV57977	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 124878	

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
-----------	--------	------	-----------------	--------

THYROID PROFILE (TOTAL T3, TOTAL T4, TSH) , SERUM

TRI-IODOTHYRONINE (T3, TOTAL)	1.33	ng/mL	0.67-1.81	ELFA
THYROXINE (T4, TOTAL)	7.65	µg/dL	4.66-9.32	ELFA
THYROID STIMULATING HORMONE (TSH)	2.150	µIU/mL	0.25-5.0	ELFA

Comment:

Serum TSH concentrations exhibit a diurnal variation with the peak occurring during the night and the nadir occurring between 10 a.m. and 4 p.m. In primary hypothyroidism, thyroid-stimulating hormone (TSH) levels will be elevated. In primary hyperthyroidism, TSH levels will be low. Elevated or low TSH in the context of normal free thyroxine is often referred to as subclinical hypo- or hyperthyroid-ism, respectively. Physiological rise in Total T3 / T4 levels is seen in pregnancy and in patients on steroid therapy.

Recommended test for T3 and T4 is unbound fraction or free levels as it is metabolically active.

Note:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0



Patient Name : Mr.N TEJA PRASAD KAMINA	Collected : 25/Mar/2023 08:36AM
Age/Gender : 33 Y 4 M 24 D/M	Received : 25/Mar/2023 01:18PM
UHID/MR No : STAR.0000055324	Reported : 25/Mar/2023 03:41PM
Visit ID : STAROPV57977	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 124878	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
-----------	--------	------	-----------------	--------

COMPLETE URINE EXAMINATION , URINE

PHYSICAL EXAMINATION

COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	6.0		5-7.5	Bromothymol Blue
SP. GRAVITY	1.020		1.002-1.030	Dipstick


BIOCHEMICAL EXAMINATION

URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NEGATIVE		NORMAL	EHRlich
BLOOD	NEGATIVE		NEGATIVE	Dipstick
NITRITE	NEGATIVE		NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	PYRROLE HYDROLYSIS

CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY

PUS CELLS	2-3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1-2	/hpf	<10	MICROSCOPY
RBC	ABSENT	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

*** End Of Report ***



DR. APEKSHA MADAN
MBBS, DPB
PATHOLOGY



Dr. Sandip Kumar Banerjee
M.B.B.S, M.D(PATHOLOGY), D.P.B
Consultant Pathologist



SIN No:UR2084823

Apollo Speciality Hospitals Private Limited

(Formerly known as a Nova Speciality Hospitals Private Limited)

CIN- U85100TG2009PTC099414

Regd Off:1-10-62/62 ,5th Floor, Ashoka RaghupathiChambers,
Begumpet, Hyderabad, Telangana - 500016

Address:

156, Famous Cine Labs, Behind Everest Building,
Tardeo (Mumbai Central), Mumbai, Maharashtra
Ph: 022 4332 4500

KAMINA TEJA
ID: 000055324

85bpm

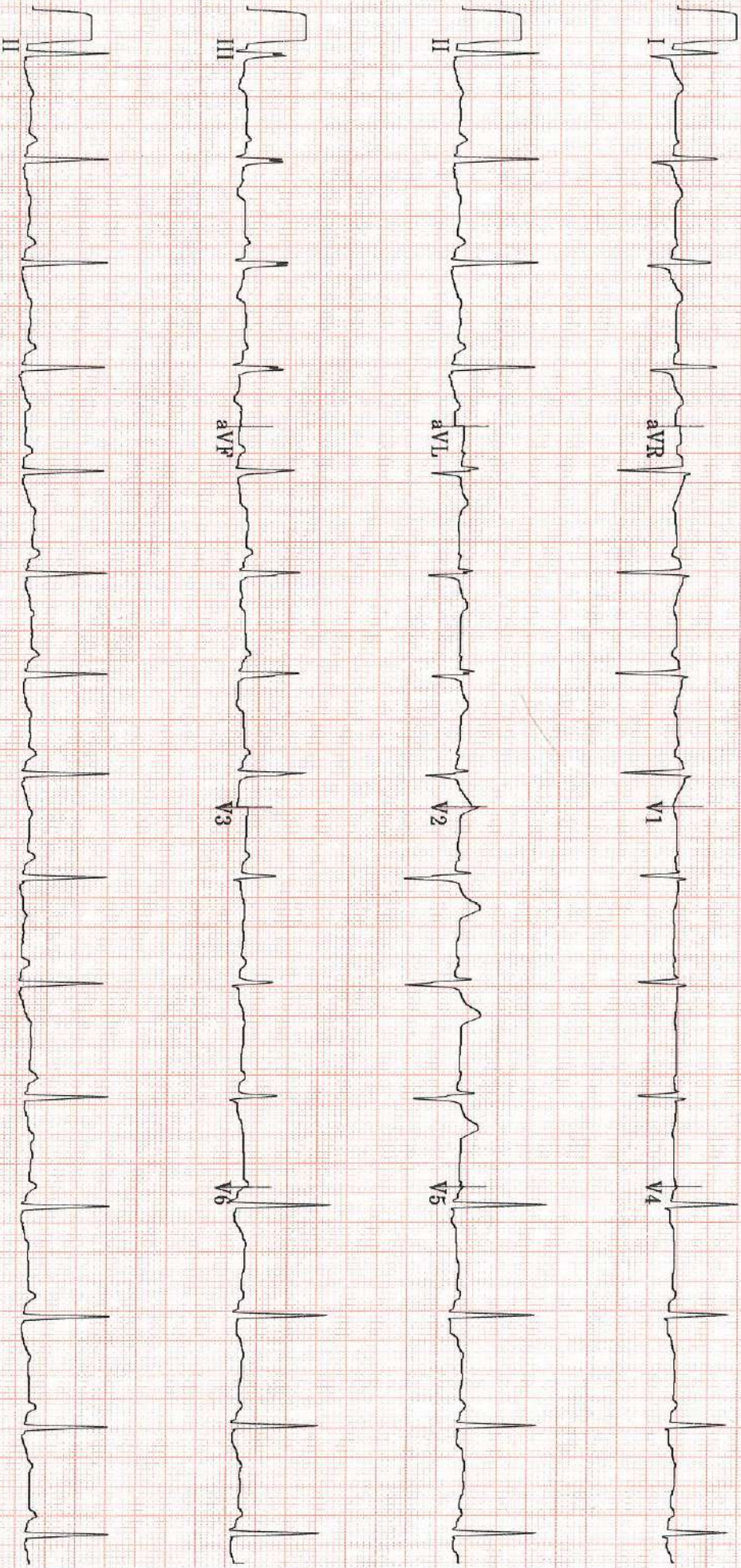
PRETEST
SUPINE

BRUCE
***mph
***%

25-Mar-2023
11:12:30

BP: 140/90

4:14



40 Hz

25.0 mm/s

10.0 mm/mV

A-H-S 50Hz HR 46

4 by 2.5s + 1 rhythm Id

MAC55 009C

II

KAMINA, TEJA
ID: 000055324

26-Mar-2023
11:12:43

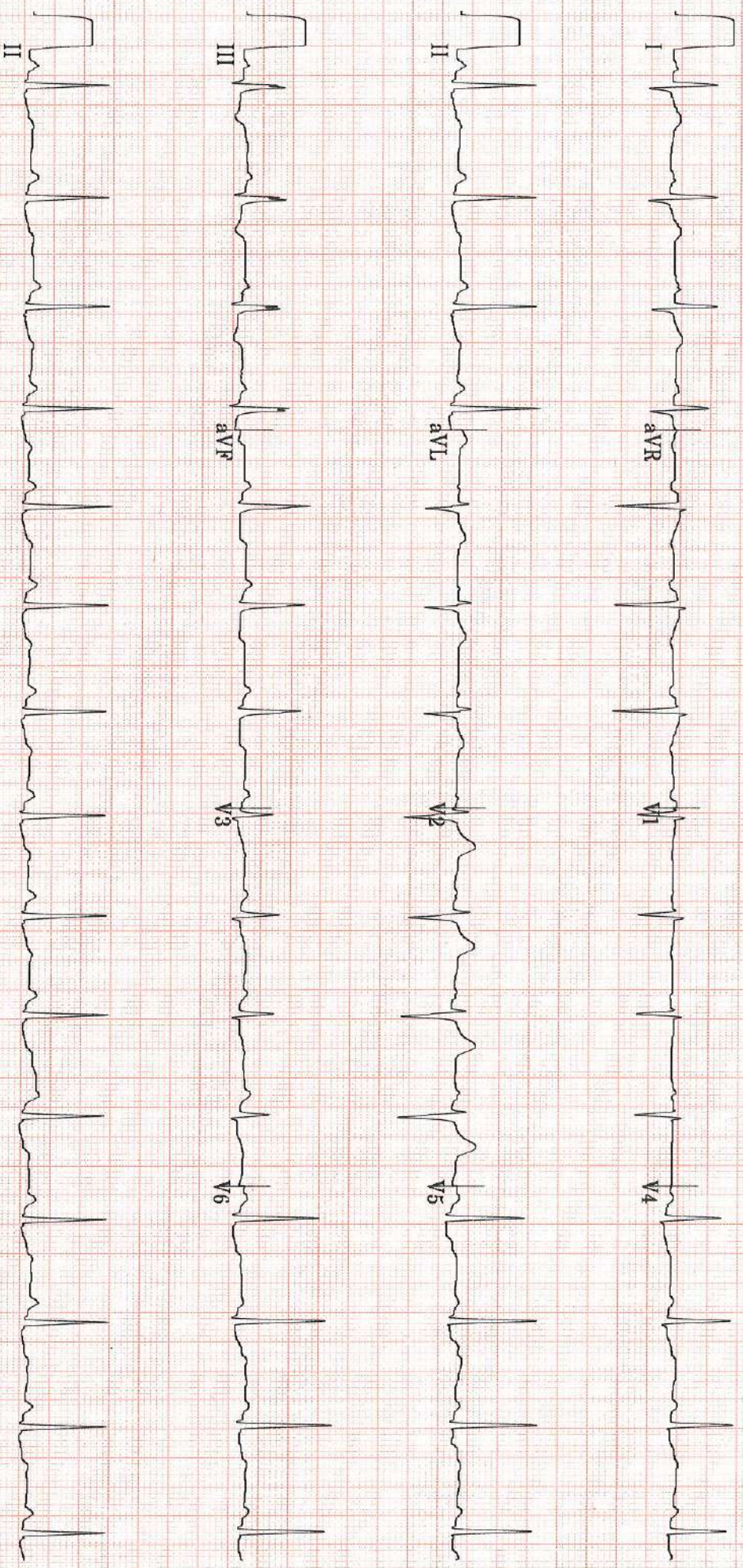
89bpm

PRETEST
STANDING
4:28

BRUCE
**mph
**%

12 LEAD REPORT

APOLLO SPECTRA TARDEO MUMBAI



40 Hz 25.0 mm/s 10.0 mm/mV A-H-S-50Hz HR 46 4 by 2.5s + 1 rhythm Id MAC55 009C

KAMINA, TEJA
ID: 000055324

25-Mar-2023
11:13:01

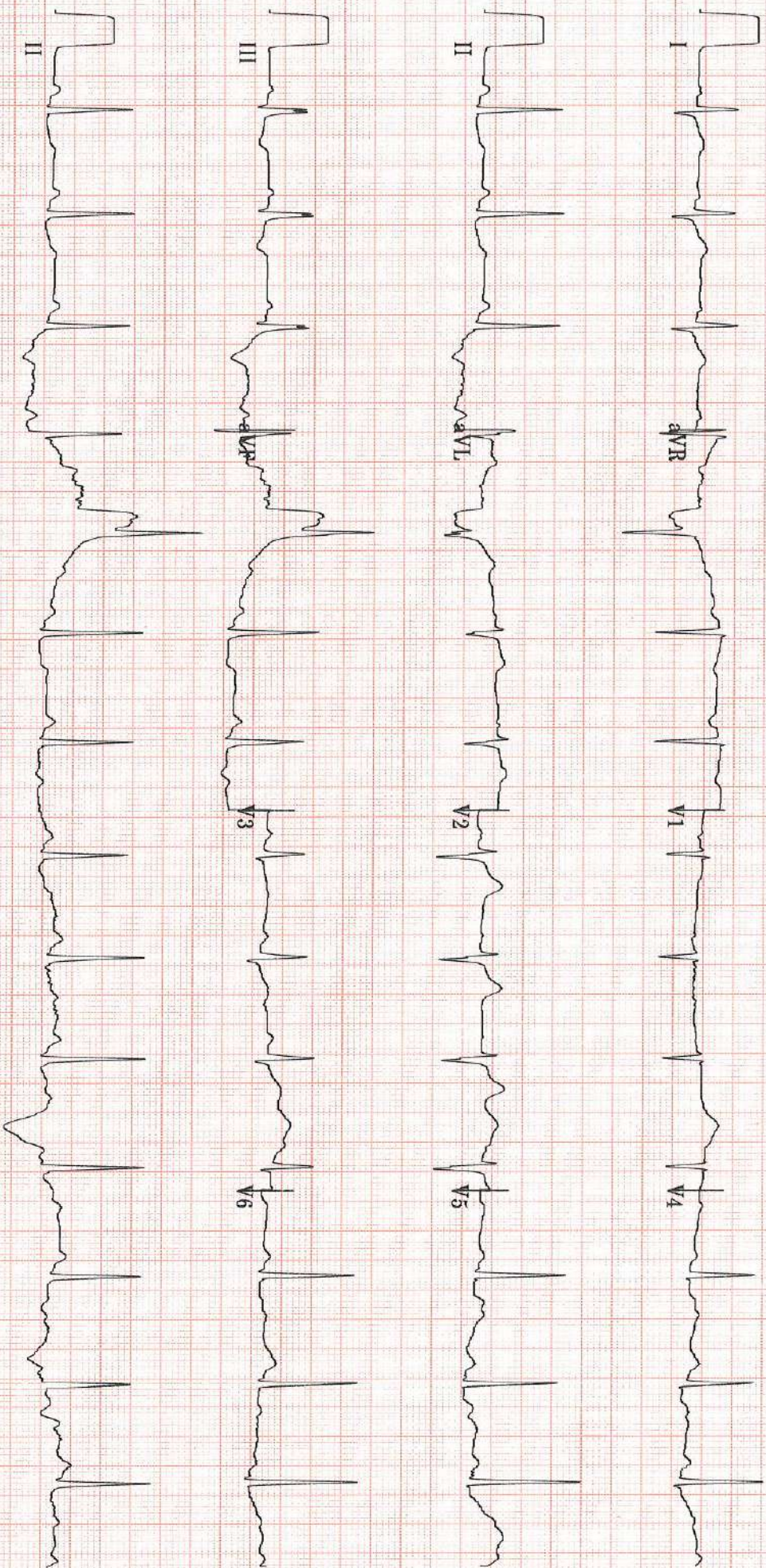
12 LEAD REPORT

88bpm

PREFEST
HYPERVENT
4:45

BRUCE
***mph
***%

APOLLO SPECTRA TARDEO MUMBAI



40 Hz 25.0 mm/s 10.0 mm/mV A-H-S-50Hz HR 46 4 by 2.5s + 1 rhythm 1d MAC55 009C

KAMINA, TEJA
ID: 000055324

25-Mar-2023
11:16:17

LINKED MEDIANS REPORT

APOLLO SPECTRA TARDEO MUMBAI

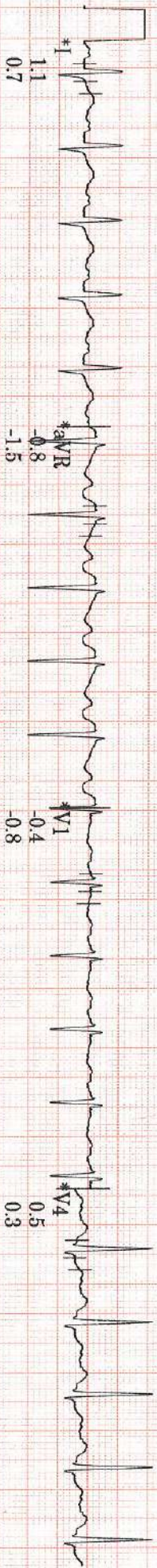
124bpm
BP: 150/90

EXERCISE
STAGE 1
2.48

BRUCE
1.7mph
10.0%

ST @ 10mm/mV
80ms postJ

Lead
ST(mV)
Slope(mV/s)



* Computer Synthesized Rhythm

40 Hz 25.0 mm/s 10.0 mm/mV A-H-S-50Hz HR 46

MAC55 009C

KAMINA, TEJA
ID: 000055324

25-Mar-2023
11:19:17

LINKED MEDIANS REPORT

APOLLO SPECTRA TARDEO MUMBAI

141bpm

EXERCISE
STAGE 2

5:48

BP: 150/100

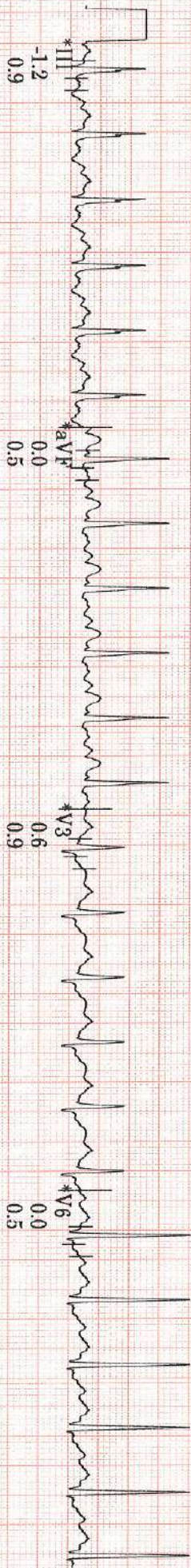
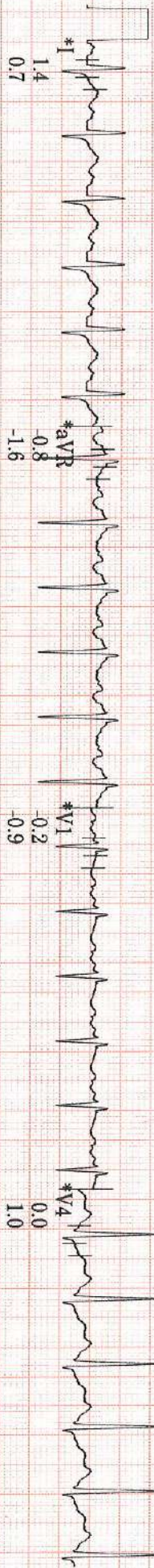
BRUCE

2.5mph

12.0%

ST @ 10mm/mV
80ms postJ

Lead
ST(mm)
Slope(mV/s)



40 Hz 25.0 mm/s 10.0 mm/mV A-H-S-50Hz HR 46

MAC55 009C

II

* Computer Synthesized Rhythm

Raw Rhythm

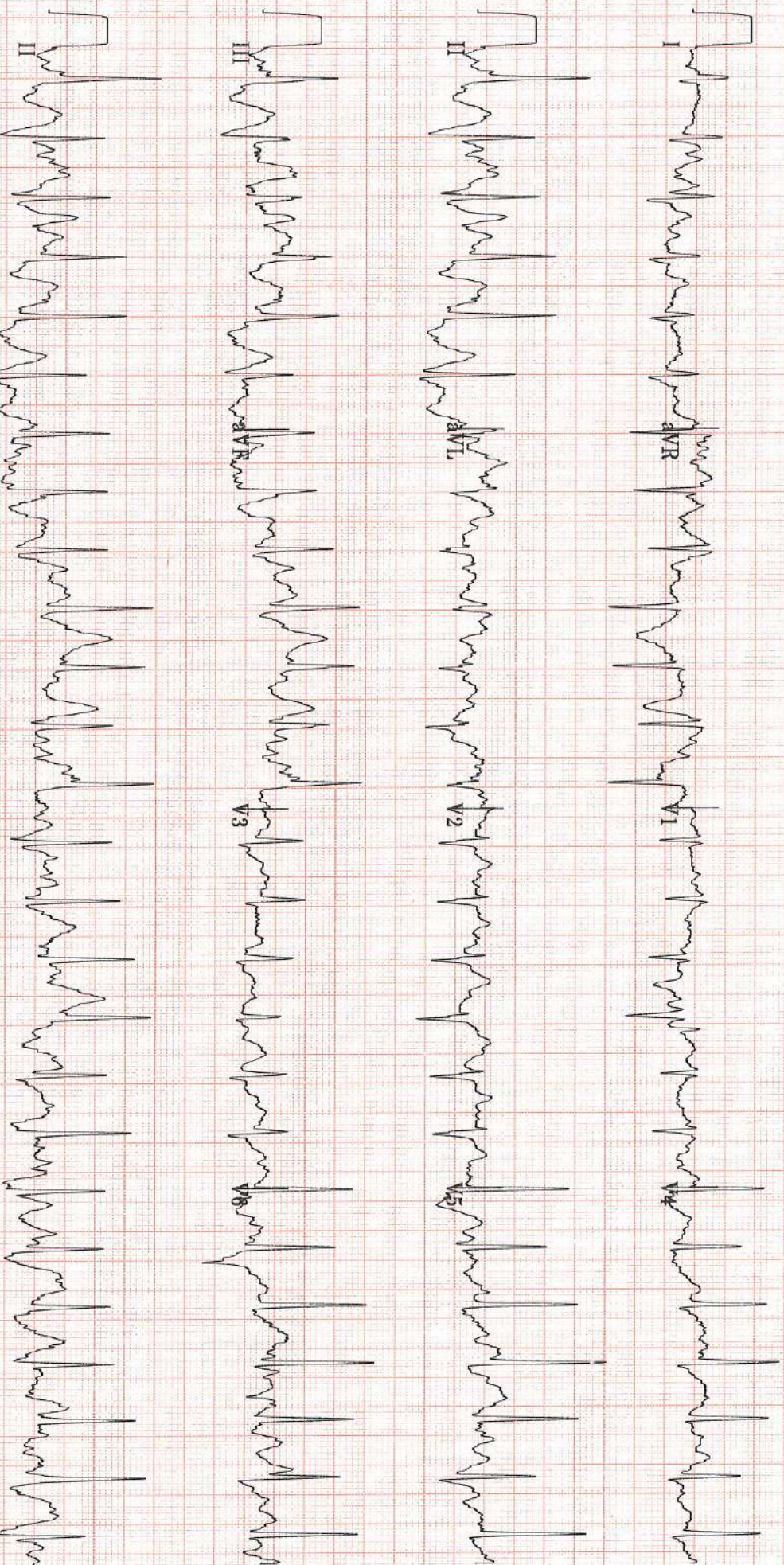
KAMINA, TEJA
ID: 000055394

159bpm

EXERCISE
STAGE 3
6:42

BRUCE
3.4mph
14.0%

25-Mar-2023
11:20:12



KAMINA, TEJA
ID: 000055324

25-Mar-2023

11:21:12

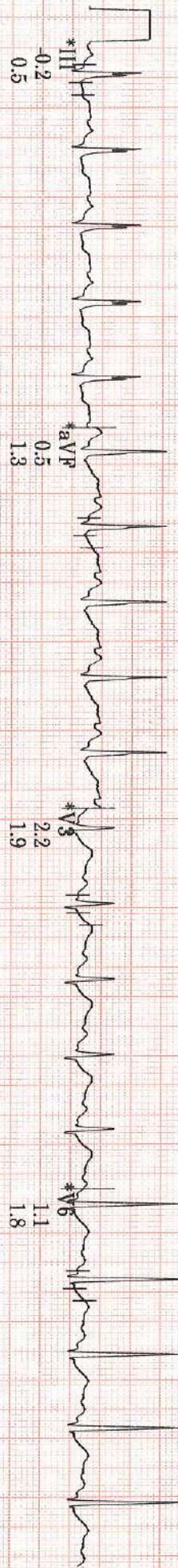
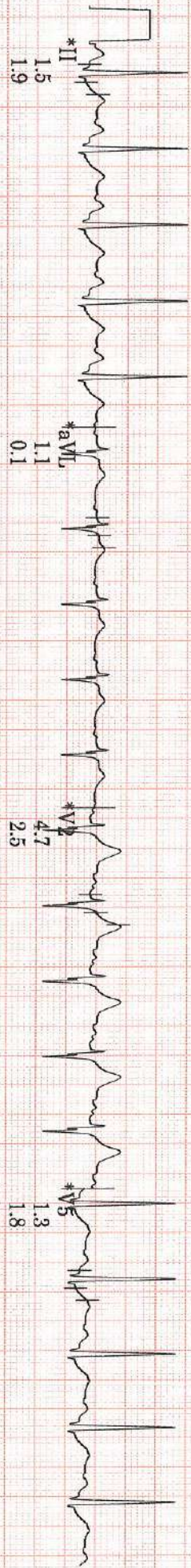
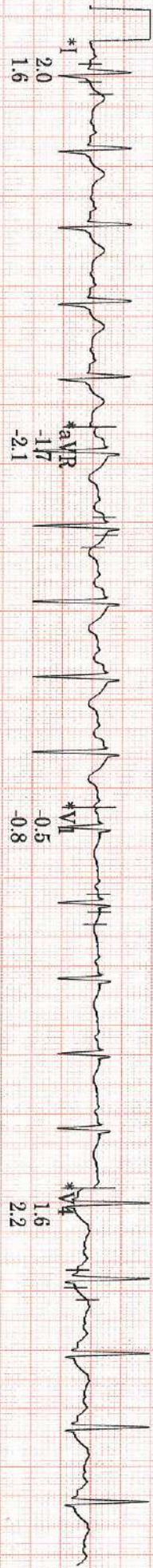
121bpm

RECOVERY
Post
1:00

BRUCE
** *mph
** **%

ST @ 10mm/mV
80ms postJ

Lead
ST'(mm)
Slope(mV/s)



40 Hz 25.0 mm/s 10.0 mm/mV A-H-S-50Hz HR 46

MAC55 009C

0

KAMINA, TEJA
ID: 000055324

25-Mar-2023
11:22:12

LINKED MEDIANS REPORT

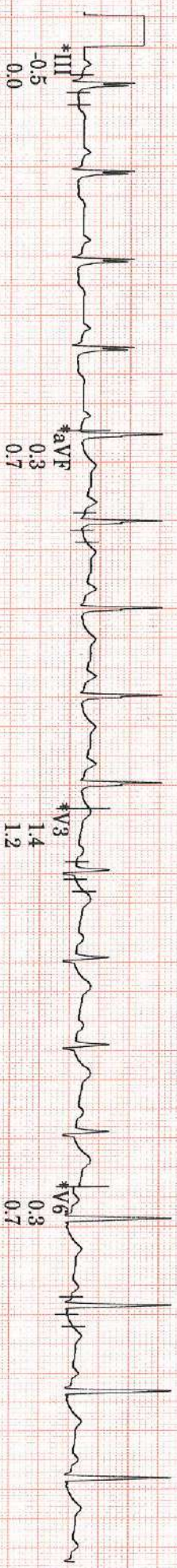
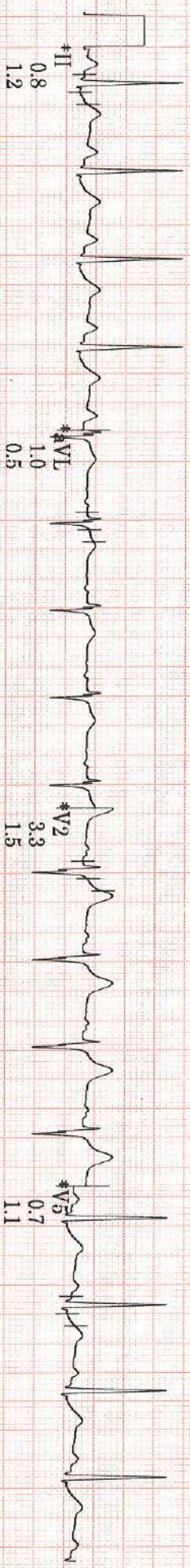
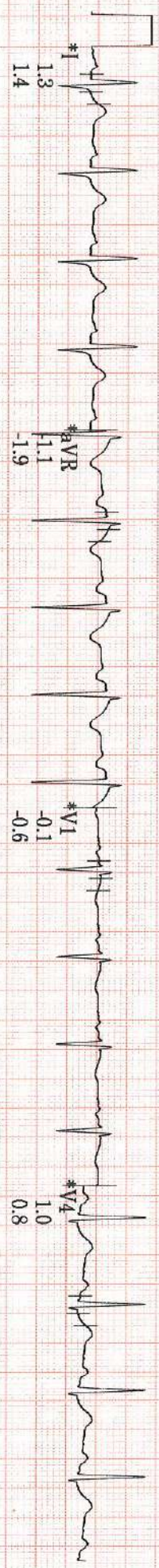
104bpm
RECOVERY
Post
2:00

BRUCE
***mph
**%
%

APOLLO SPECTRA TARDEO MUMBAI

ST @ 10mm/mV
80ms postJ

Lead
ST(mV)
Slope(mV/s)



Raw Rhythm

* Computer Synthesized Rhythm

40 Hz 25.0 mm/s 10.0 mm/mV A-H-S-50Hz HR 46

MAC55 009C

GRADED EXERCISE SUMMARY

KAMINA, TEJA
 ID: 000055324
 25-Mar-2023
 11:08:16

33years

Asian

Male

Referred by:
 Test ind:

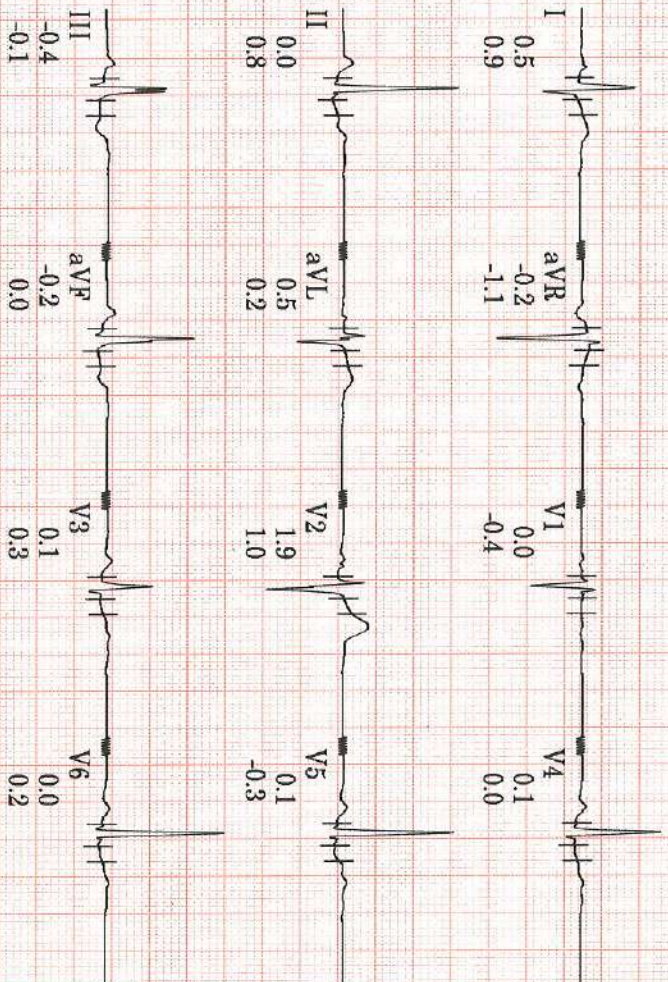
BRUCE
 Max HR: 158bpm 84% of max predicted 187bpm
 Max BP: 150/90
 Reason for Termination: Target HR Achieved
 Comments:

Total Exercise time: 6:42
 Maximum workload: 8.0METS
 25.0 mm/s
 10.0 mm/mV
 100hz

BASELINE

EXERCISE STAGE 1 96bpm
 0:00 1.1METS
 ST @ 10mm/mV 80ms postJ

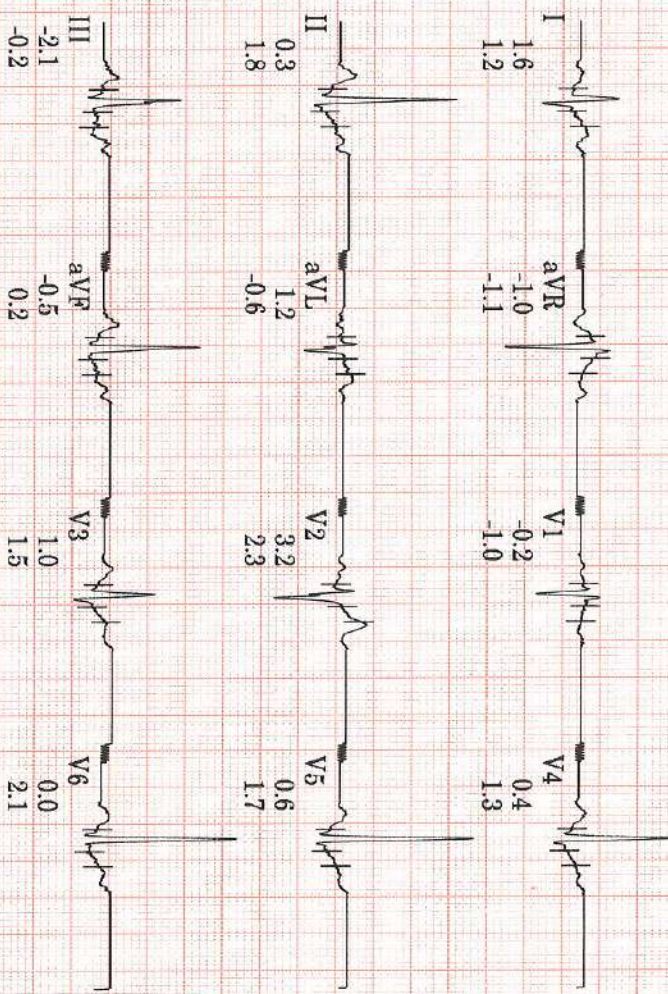
Lead ST(mm) Slope(mV/s)



MAX ST

EXERCISE STAGE 3 147bpm
 6:06 7.1METS
 BP: 150/100 ST @ 10mm/mV 80ms postJ

Lead ST(mm) Slope(mV/s)



Technician:

Unconfirmed

GRADED EXERCISE SUMMARY

KAMINA, TEJA
 ID: 000055324
 25-Mar-2023
 11:08:16

33years

Asian

Male

Referred by:
 Test ind:

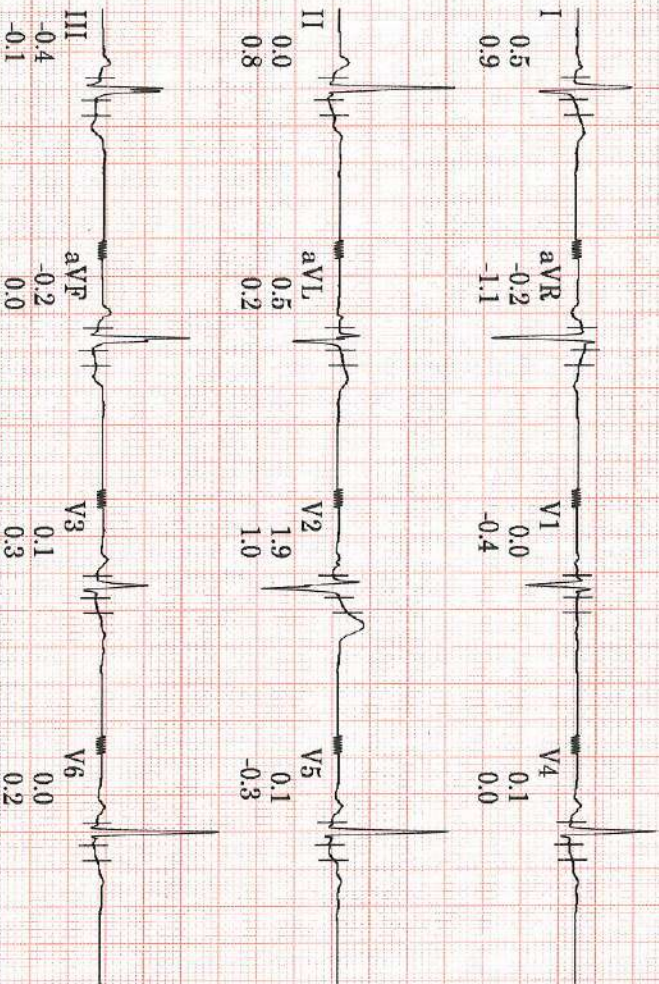
BRUCE
 Max HR: 158bpm 84% of max predicted 187bpm
 Max BP: 150/90
 Reason for Termination: Target HR Achieved
 Comments: STRESS TEST IS NEGATIVE.

Total Exercise time: 6:42
 Maximum workload: 8.0METS
 25.0 mm/s
 10.0 mm/mV
 100hz

BASELINE

EXERCISE STAGE 1 96bpm
 0:00 1.1METS
 ST @ 10mm/mV
 80ms post-J

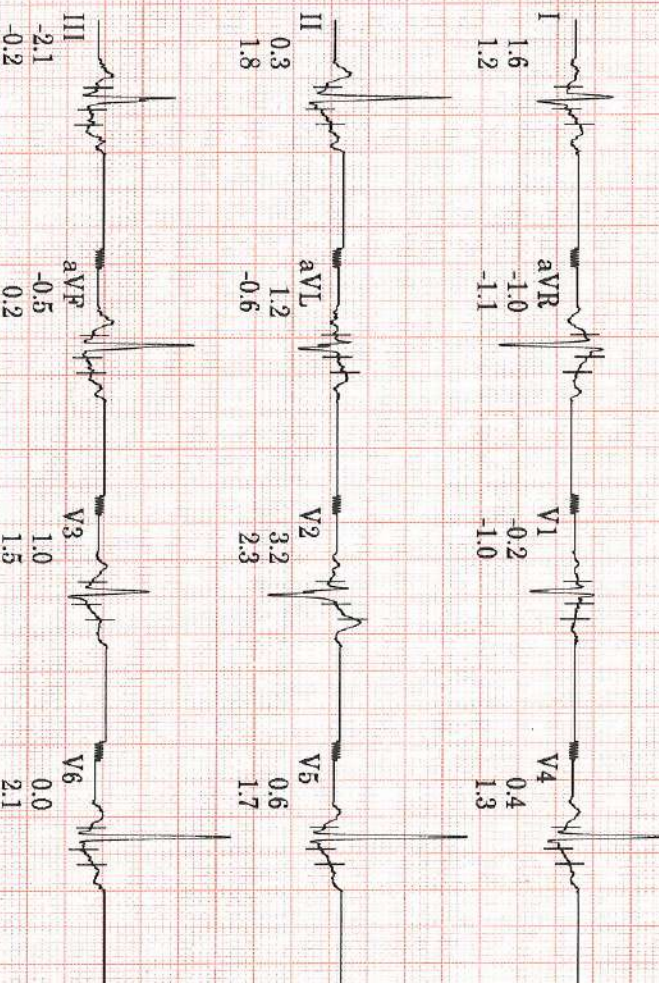
Lead
 ST(mm)
 Slope(mV/s)



MAX ST

EXERCISE STAGE 3 147bpm
 6:06 7.1METS
 BP: 150/100
 ST @ 10mm/mV
 80ms post-J

Lead
 ST(mm)
 Slope(mV/s)



Technician:

Unconfirmed

APOLLO SPECTRA TARDEO MUMBAI

MAC55 009C

TABULAR SUMMARY REPORT

KAMINA, TEJA
ID: 000055324

33years

Asian

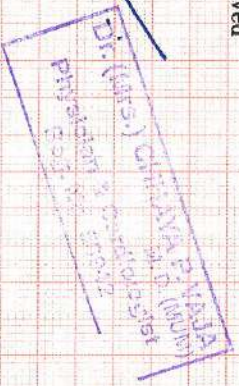
Male

BRUCE
Max HR: 158bpm 84% of max predicted 187bpm
Max BP: 150/90
Maximum workload: 8.0METS
Reason for Termination: Target HR Achieved
Comments: STRESS TEST IS NEGATIVE.

Total Exercise time: 6:42
25.0 mm/s
10.0 mm/mV
100hz

25-Mar-2023
11:08:16

Referred by:
Test ind:




Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (x100)
PRETEST	SUPINE	4:25	***	***	1.0	87	140/90	122
	STANDING	0:19	***	***	1.0	88		
	HYPERVENT	0:30	0.8	0.0	1.1	96		
EXERCISE	STAGE 1	3:00	1.7	10.0	4.6	125	150/90	188
	STAGE 2	3:00	2.5	12.0	7.0	144	150/100	216
	STAGE 3	0:42	3.4	14.0	8.0	158		
RECOVERY	Post	2:02	***	***	1.0	104		

Technician:

Unconfirmed


APOLLO SPECTRA TARDEO MUMBAI



MAC55 009C

 **बैंक ऑफ बड़ोदा**
Bank of Baroda

नाम **एन. तेजा प्रसाद कमिना**
Name **N TEJA PRASAD KAMINA**

कर्मचारी क्र. **124878**
E. C. No.


जारीकर्ता अधिकारी
Issuing Authority



रक्षक के हस्ताक्षर
Signature of Holder

बैंक ऑफ बड़ोदा
Bank of Baroda

Specialists in Surgery

Name: *N. Deja Prasad Kamina*

Date: *25/3/23*

Age: *33/M.*

Present Complaints: *No*

Present Medications: *No*

Personal History: Unmarried/Married
Diet: Veg/Mixed Sleep: Normal/Disturbed/Snoring
Alcohol: *No* Tobacco: Chews/Smokes *No*
Bowel: Bladder:

Physical Activities: Active/Moderate/Sedentary
Allergy: *No* Menstrual History: *—*


Past Medical History: *No*
Family History: *Father: DM/Ht*

Physical Examination findings: *No Pallor/icterus/cyanosis/clubbing/edema*
Pulse: *85* /min BP: *140/90* mm/hg *HbA1c 6.1 Avg 128 Lipid profile UA 2,80*

Investigations: *HbA1c 6.1 Avg 128 Lipid profile UA 2,80*
Advice:
① Avoid Sugar/sweets/oil/ghee/fried foods & high protein diet
② morning walk 45 min daily
③ Repeat Sugar of Lipid/UA after 2 months.

RS:
CVS:
P/Abdo:
CNS:
Musculoskeletal:

Dr. (Mrs.) Chhaya Vaja
M. D. (MUM)
Physician & Cardiologist
Dr. Chhaya Vaja



TOUCH DIAGNOSTICS	Patient Name : Mr.N TEJA PRASAD KAMINA Age/Gender : 33 Y 4 M 24 D/M UHID/MR No : STAR.0000055324 Visit ID : STAROPV57977 Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 124878	Collected : 25/Mar/2023 08:36AM Received : 25/Mar/2023 11:43AM Reported : 25/Mar/2023 02:49PM Status : Final Report Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
-------------------	---	--

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

PERIPHERAL SMEAR , WHOLE BLOOD-EDTA

Methodology : Microscopic
 RBC : Normocytic normochromic
 WBC : Normal in number, morphology and distribution. No abnormal cells seen
 Platelets : Adequate in Number
 Parasites : No Haemoparasites seen
 IMPRESSION : Normocytic normochromic blood picture
 Note/Comment : Please Correlate clinically



Patient Name : Mr.N TEJA PRASAD KAMINA	Collected : 25/Mar/2023 08:36AM
Age/Gender : 33 Y 4 M 24 D/M	Received : 25/Mar/2023 11:43AM
UHID/MR No : STAR.0000055324	Reported : 25/Mar/2023 02:49PM
Visit ID : STAROPV57977	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 124878	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
-----------	--------	------	-----------------	--------

HEMOGRAM , WHOLE BLOOD-EDTA				
HAEMOGLOBIN	15.1	g/dL	13-17	Spectrophotometer
PCV	47.30	%	40-50	Electronic pulse & Calculation
RBC COUNT	5.5	Million/cu.mm	4.5-5.5	Electrical Impedance
MCV	86	fL	83-101	Calculated
MCH	27.5	pg	27-32	Calculated
MCHC	32	g/dL	31.5-34.5	Calculated
R.D.W	15	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	7,200	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYtic COUNT (DLC)				
NEUTROPHILS	63	%	40-80	Electrical Impedance
LYMPHOCYTES	30	%	20-40	Electrical Impedance
EOSINOPHILS	02	%	1-6	Electrical Impedance
MONOCYTES	05	%	2-10	Electrical Impedance
BASOPHILS	00	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	4536	Cells/cu.mm	2000-7000	Electrical Impedance
LYMPHOCYTES	2160	Cells/cu.mm	1000-3000	Electrical Impedance
EOSINOPHILS	144	Cells/cu.mm	20-500	Electrical Impedance
MONOCYTES	360	Cells/cu.mm	200-1000	Electrical Impedance
PLATELET COUNT	380000	cells/cu.mm	150000-410000	Electrical impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	10	mm at the end of 1 hour	0-15	Modified Westergren
PERIPHERAL SMEAR				
Methodology : Microscopic				
RBC : Normocytic normochromic				
WBC : Normal in number, morphology and distribution. No abnormal cells seen				
Platelets : Adequate in Number				
Parasites : No Haemoparasites seen				
IMPRESSION : Normocytic normochromic blood picture				
Note/Comment : Please Correlate clinically				



Patient Name : Mr.N TEJA PRASAD KAMINA Age/Gender : 33 Y 4 M 24 D/M UHID/MR No : STAR.0000055324 Visit ID : STAROPV57977 Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 124878	Collected : 25/Mar/2023 08:36AM Received : 25/Mar/2023 11:43AM Reported : 25/Mar/2023 02:47PM Status : Final Report Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
---	--

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
-----------	--------	------	-----------------	--------

BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD-EDTA				
BLOOD GROUP TYPE	AB			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination



TOUCH	Patient Name : Mr.N TEJA PRASAD KAMINA Age/Gender : 33 Y 4 M 24 D/M UHID/MR No : STAR.0000055324 Visit ID : STAROPV57977 Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 124878	Collected : 25/Mar/2023 02:57PM Received : 25/Mar/2023 03:57PM Reported : 25/Mar/2023 05:10PM Status : Final Report Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
-------	---	--

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
-----------	--------	------	-----------------	--------

GLUCOSE, FASTING , NAF PLASMA	100	mg/dL	70-100	GOD - POD
-------------------------------	-----	-------	--------	-----------

Comment:

As per American Diabetes Guidelines

Fasting Glucose Values in mg/d L	Interpretation
<100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes

GLUCOSE, POST PRANDIAL (PP), 2 HOURS , NAF PLASMA	113	mg/dL	70-140	GOD - POD
---	-----	-------	--------	-----------

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Ref: Marks medical biochemistry and clinical approach



Patient Name : Mr.N TEJA PRASAD KAMINA Age/Gender : 33 Y 4 M 24 D/M UHID/MR No : STAR.0000055324 Visit ID : STAROPV57977 Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 124878	Collected : 25/Mar/2023 08:36AM Received : 25/Mar/2023 04:06PM Reported : 25/Mar/2023 07:54PM Status : Final Report Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
---	--

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HBA1C, GLYCATED HEMOGLOBIN , WHOLE BLOOD-EDTA	6.1	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG) , WHOLE BLOOD-EDTA	128	mg/dL		Calculated

Comment:

Reference Range as per American Diabetes Association (ADA):

REFERENCE GROUP	HBA1C IN %
NON DIABETIC ADULTS >18 YEARS	<5.7
AT RISK (PREDIABETES)	5.7 – 6.4
DIAGNOSING DIABETES	≥ 6.5
DIABETICS	
· EXCELLENT CONTROL	6 – 7
· FAIR TO GOOD CONTROL	7 – 8
· UNSATISFACTORY CONTROL	8 – 10
· POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

1. A1C test should be performed at least two times a year in patients who are meeting treatment goals (and who have stable glycemic control).
2. Lowering A1C to below or around 7% has been shown to reduce microvascular and neuropathic complications of type 1 and type 2 diabetes. When mean annual HbA1c is <1.1 times ULN (upper limit of normal), renal and retinal complications are rare, but complications occur in >70% of cases when HbA1c is >1.7 times ULN.
3. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present. Fructosamine may be used as an alternate measurement of glycemic control



Patient Name : Mr.N TEJA PRASAD KAMINA Age/Gender : 33 Y 4 M 24 D/M UHID/MR No : STAR.0000055324 Visit ID : STAROPV57977 Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 124878	Collected : 25/Mar/2023 08:36AM Received : 25/Mar/2023 11:30AM Reported : 25/Mar/2023 03:41PM Status : Final Report Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
---	--

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
-----------	--------	------	-----------------	--------

LIPID PROFILE , SERUM

TOTAL CHOLESTEROL	265	mg/dL	<200	CHE/CHO/POD
TRIGLYCERIDES	111	mg/dL	<150	
HDL CHOLESTEROL	31	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	234	mg/dL	<130	Calculated
LDL CHOLESTEROL	211.8	mg/dL	<100	Calculated
VLDL CHOLESTEROL	22.2	mg/dL	<30	Calculated
CHOL / HDL RATIO	8.55		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Measurements in the same patient can show physiological and analytical variations.

NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.



Patient Name : Mr.N TEJA PRASAD KAMINA Age/Gender : 33 Y 4 M 24 D/M UHID/MR No : STAR.0000055324 Visit ID : STAROPV57977 Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 124878	Collected : 25/Mar/2023 08:36AM Received : 25/Mar/2023 11:30AM Reported : 25/Mar/2023 03:41PM Status : Final Report Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
---	--

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
-----------	--------	------	-----------------	--------

LIVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	0.50	mg/dL	0.1-1.2	Azobilirubin
BILIRUBIN CONJUGATED (DIRECT)	0.10	mg/dL	0.1-0.4	DIAZO DYE
BILIRUBIN (INDIRECT)	0.40	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	28	U/L	4-44	JSCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	23.0	U/L	8-38	JSCC
ALKALINE PHOSPHATASE	119.00	U/L	32-111	IFCC
PROTEIN, TOTAL	7.90	g/dL	6.7-8.3	BIURET
ALBUMIN	4.90	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	3.00	g/dL	2.0-3.5	Calculated
A/G RATIO	1.63		0.9-2.0	Calculated



Patient Name : Mr.N TEJA PRASAD KAMINA Age/Gender : 33 Y 4 M 24 D/M UHID/MR No : STAR.0000055324 Visit ID : STAROPV57977 Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 124878	Collected : 25/Mar/2023 08:36AM Received : 25/Mar/2023 11:30AM Reported : 25/Mar/2023 03:41PM Status : Final Report Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
---	--

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
-----------	--------	------	-----------------	--------

RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT) , SERUM

CREATININE	0.74	mg/dL	0.6-1.1	ENZYMATIC METHOD
UREA	24.20	mg/dL	17-48	Urease
BLOOD UREA NITROGEN	11.3	mg/dL	8.0 - 23.0	Calculated
URIC ACID	7.80	mg/dL	4.0-7.0	URICASE
CALCIUM	9.40	mg/dL	8.4-10.2	CPC
PHOSPHORUS, INORGANIC	3.10	mg/dL	2.6-4.4	PNP-XOD
SODIUM	140	mmol/L	135-145	Direct ISE
POTASSIUM	4.3	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	101	mmol/L	98-107	Direct ISE



TOUCH	Patient Name : Mr.N TEJA PRASAD KAMINA Age/Gender : 33 Y 4 M 24 D/M UHID/MR No : STAR.0000055324 Visit ID : STAROPV57977 Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 124878	Collected : 25/Mar/2023 08:36AM Received : 25/Mar/2023 11:30AM Reported : 25/Mar/2023 03:41PM Status : Final Report Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
-------	---	--

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	28.00	U/L	16-73	Glycylglycine Kinetic method



Patient Name : Mr.N TEJA PRASAD KAMINA Age/Gender : 33 Y 4 M 24 D/M UHID/MR No : STAR.0000055324 Visit ID : STAROPV57977 Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 124878	Collected : 25/Mar/2023 08:36AM Received : 25/Mar/2023 11:27AM Reported : 25/Mar/2023 02:24PM Status : Final Report Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
---	--

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
-----------	--------	------	-----------------	--------

THYROID PROFILE (TOTAL T3, TOTAL T4, TSH) , SERUM

TRI-IODOTHYRONINE (T3, TOTAL)	1.33	ng/mL	0.67-1.81	ELFA
THYROXINE (T4, TOTAL)	7.65	µg/dL	4.66-9.32	ELFA
THYROID STIMULATING HORMONE (TSH)	2.150	µIU/mL	0.25-5.0	ELFA

Comment:

Serum TSH concentrations exhibit a diurnal variation with the peak occurring during the night and the nadir occurring between 10 a.m. and 4 p.m. In primary hypothyroidism, thyroid-stimulating hormone (TSH) levels will be elevated. In primary hyperthyroidism, TSH levels will be low. Elevated or low TSH in the context of normal free thyroxine is often referred to as subclinical hypo- or hyperthyroid-ism, respectively. Physiological rise in Total T3 / T4 levels is seen in pregnancy and in patients on steroid therapy.

Recommended test for T3 and T4 is unbound fraction or free levels as it is metabolically active.

Note:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 – 3.0
Third trimester	0.3 – 3.0



Patient Name : Mr.N TEJA PRASAD KAMINA	Collected : 25/Mar/2023 08:36AM
Age/Gender : 33 Y 4 M 24 D/M	Received : 25/Mar/2023 01:18PM
UHID/MR No : STAR.0000055324	Reported : 25/Mar/2023 03:41PM
Visit ID : STAROPV57977	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 124878	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
-----------	--------	------	-----------------	--------

COMPLETE URINE EXAMINATION , URINE

PHYSICAL EXAMINATION

COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	6.0		5-7.5	Bromothymol Blue
SP. GRAVITY	1.020		1.002-1.030	Dipstick


BIOCHEMICAL EXAMINATION

URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NEGATIVE		NORMAL	EHRlich
BLOOD	NEGATIVE		NEGATIVE	Dipstick
NITRITE	NEGATIVE		NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	PYRROLE HYDROLYSIS


CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY

PUS CELLS	2-3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1-2	/hpf	<10	MICROSCOPY
RBC	ABSENT	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

*** End Of Report ***



DR. APEKSHA MADAN
MBBS, DPB
PATHOLOGY



Dr.Sandip Kumar Banerjee
M.B.B.S.,M.D(PATHOLOGY),D.P.B
Consultant Pathologist





DIETARY GUIDELINES

- **Cereals:** Eat whole grains and cereals. Oats, Nachni (ragi), Bajara, Jowar can be added to chapatti flour. Do not sieve the flour. **Restrict rice & corn.**
Avoid refined flour (maida) products like bread, biscuits, khari, toast, pasta, macroni, noodles on regular basis.
- **Pulses:** 2-3 servings of dals, pulses, lentils and sprouts to be consumed daily.
- **Milk:** Milk and milk products (low fat/ skimmed) like curd, paneer/ chenna (homemade) made of same amount of milk. **Avoid concentrated dairy products, cheese, mayonnaise, butter, Vanaspati, margarine, ghee etc**
- **Nuts:** Almonds, walnuts, pistachio, can be eaten in mid meals or mornings.
- **Avoid coconut & groundnut usage in gravies and chutney.**
- **Alsi / Jawas (Flaxseeds) 2 tsp- roasted: whole or powdered to be eaten daily.**
- Cooking techniques such as grilling, steaming, dry roasting, shallow frying should be incorporated
- **Sugar: Consumption of sugar, jaggery, honey and its products like jam, jelly, chocolates, ice creams, cakes, pastries, candies, aerated drinks and sweets to be avoided.**
- Papad, pickle, canned, preserved foods, fried foods to be avoided.
- Do not keep large gap between meals, Avoid starving or fasting.
- Consumption of alcohol and smoking should be avoided.
- Include 2 cups of Green tea per day.
- **Fruits: 1-2 fruits** (as per the list) to be consumed daily. Consume whole fruits and avoid juices. Restrict fruits like mango; grapes, chikoo, Custard apple, jackfruit and banana in your diet avoid fruit juices, milkshake.
- **Vegetables:** Eat vegetables liberally. Include plenty of salads and soups (clear or unstrained).
- **Oil consumption: 3 tsp per day/ ½ kg oil per month per person.** Oils to be used for cooking prefer e.g.... Groundnut, Mustard, Olive, Saffola (Gold), Rice bran Oil & Canola oil. **Avoid Coconut, Sunflower and Palm oil for cooking.** Use nonstick cookware for cooking your food.
- **Water intake per day: 3 liters.**
- **Exercise daily 45 mins to 1 hour:** Brisk walk / Yoga / gym / swimming / cycling / outdoor sports/ aerobics /zumba.

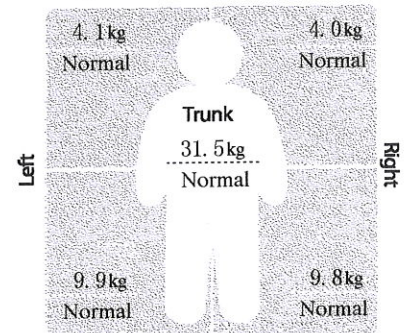
ID *MR. Teja Kamina* | **Height** 182cm | **Date** 25. 3. 2023 | **APOLLO SPECTRA HOSPITAL**
Age 33 | **Gender** Male | **Time** 09:09:30 | **BP** - 140/90 mmHg

Body Composition

	Under	Normal	Over	UNIT-%	Normal Range
Weight	40 55 70 85 100 115 130 145 160 175 190 205				61.9 ~ 83.8
Muscle Mass Skeletal Muscle Mass	60 70 80 90 100 110 120 130 140 150 160 170				31.3 ~ 38.3
Body Fat Mass	20 40 60 80 100 160 220 280 340 400 460 520				8.8 ~ 17.5
TBW Total Body Water	48.0 kg (41.0 ~ 50.1)		FFM Fat Free Mass		65.8 kg (53.2 ~ 66.3)
Protein	13.1 kg (11.0 ~ 13.4)		Mineral*		4.72 kg (3.79 ~ 4.63)

* Mineral is estimated.

Segmental Lean



Obesity Diagnosis

	Value	Normal Range
BMI Body Mass Index (kg/m ²)	30.0	18.5 ~ 25.0
PBF Percent Body Fat (%)	33.8	10.0 ~ 20.0
WHR Waist-Hip Ratio	1.16	0.80 ~ 0.90
BMR Basal Metabolic Rate (kcal)	1791	2013 ~ 2378

Nutritional Evaluation

Protein	<input checked="" type="checkbox"/> Normal	<input type="checkbox"/> Deficient
Mineral	<input checked="" type="checkbox"/> Normal	<input type="checkbox"/> Deficient
Fat	<input type="checkbox"/> Normal	<input type="checkbox"/> Deficient <input checked="" type="checkbox"/> Excessive

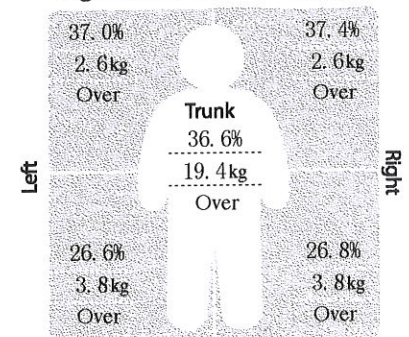
Weight Management

Weight	<input type="checkbox"/> Normal	<input type="checkbox"/> Under	<input checked="" type="checkbox"/> Over
SMM	<input checked="" type="checkbox"/> Normal	<input type="checkbox"/> Under	<input type="checkbox"/> Strong
Fat	<input type="checkbox"/> Normal	<input type="checkbox"/> Under	<input checked="" type="checkbox"/> Over

Obesity Diagnosis

BMI	<input type="checkbox"/> Normal	<input type="checkbox"/> Under	<input type="checkbox"/> Over	<input checked="" type="checkbox"/> Extremely Over
PBF	<input type="checkbox"/> Normal	<input type="checkbox"/> Under	<input checked="" type="checkbox"/> Over	
WHR	<input type="checkbox"/> Normal	<input type="checkbox"/> Under	<input checked="" type="checkbox"/> Over	

Segmental Fat



* Segmental Fat is estimated.

Muscle-Fat Control

Muscle Control	0.0 kg	Fat Control	- 22.0 kg	Fitness Score	62
-----------------------	--------	--------------------	-----------	----------------------	----

Impedance

Z	RA	LA	TR	RL	LL
20kHz	331.9	327.2	24.1	341.3	331.9
100kHz	294.1	290.2	20.8	297.3	288.9

* Use your results as reference when consulting with your physician or fitness trainer.

Exercise Planner

Plan your weekly exercises from the followings and estimate your weight loss from those activities.

Energy expenditure of each activity (base weight: 99.4 kg / Duration: 30min. / unit: kcal)											
Walking	199	Jogging	348	Bicycle	298	Swim	348	Mountain Climbing	324	Aerobic	348
Table tennis	225	Tennis	298	Football	348	Oriental Fencing	497	Gate ball	189	Badminton	225
Racket ball	497	Tae-kwon-do	497	Squash	497	Basketball	298	Rope Jumping	348	Golf	175
Push-ups development of upper body		Sit-ups abdominal muscle training		Weight training backache prevention		Dumbbell exercise muscle strength		Elastic band muscle strength		Squats maintenance of lower body muscle	

• How to do

1. Choose practicable and preferable activities from the left.
2. Choose exercises that you are going to do for 7 days.
3. Calculate the total energy expenditure for a week.
4. Estimate expected total weight loss for a month using the formula shown below.

• Recommended calorie intake per day

1800 kcal

* Calculation for expected total weight loss for 4 weeks: $\text{Total energy expenditure (kcal/week)} \times 4 \text{ weeks} \div 7700$

Ms. Teja Prasad 32/M

Rx

Date: 25/3/2023

- scaly → fs 19001
- small bamboo toothbrush.
- Dental floss.



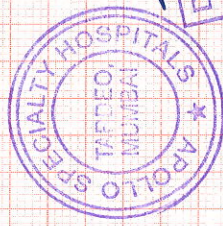
Dr. Rinal Modi
B.D.S. (Mumbai)
Dental Surgeon
Reg. No. : A-28591
Email : doctorrinal@gmail.com
M : 8779256365 / 9892290876

KAMINA, TEJA
ID: 000055324
25-Mar-2023
11:12:15

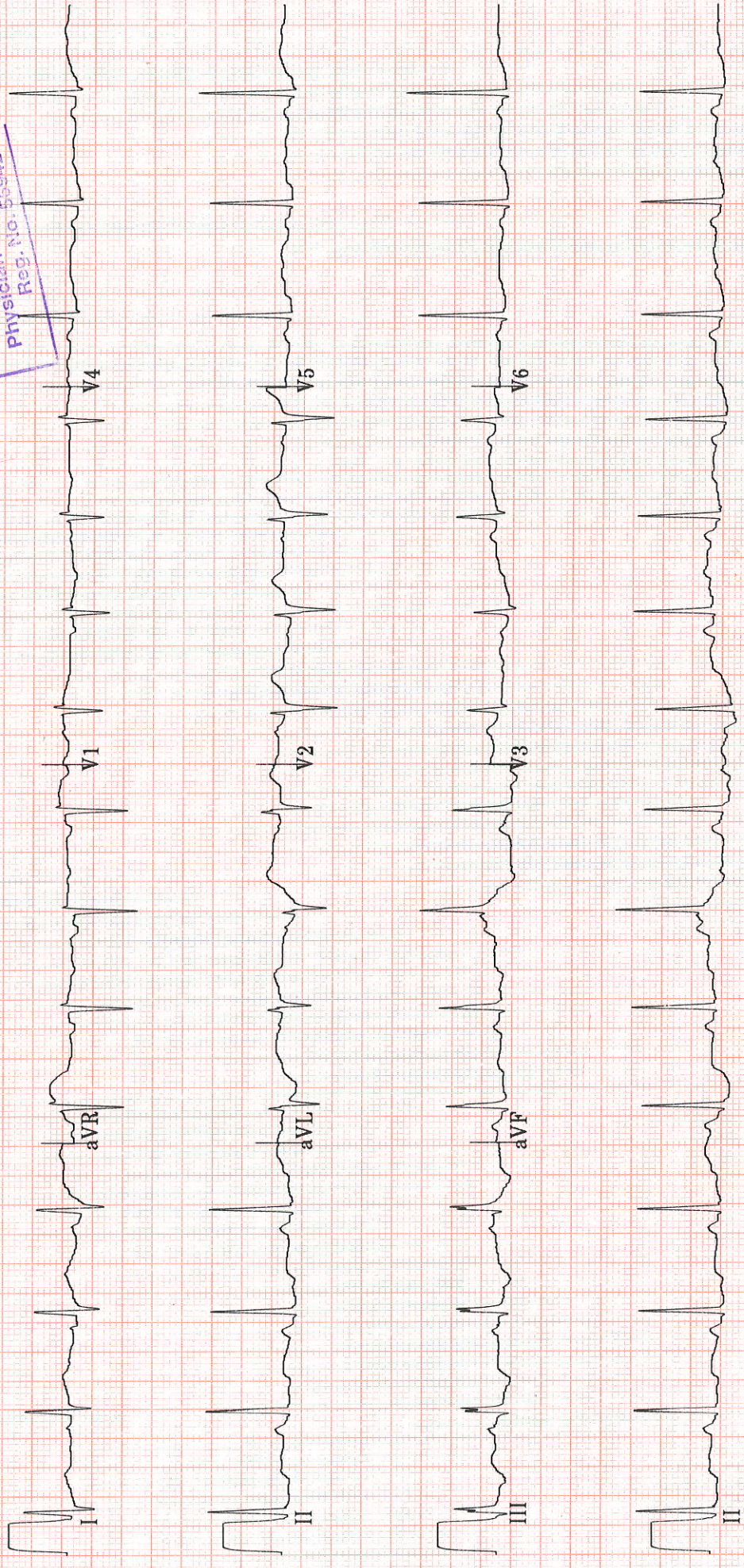
86bpm
BP: 140/90
PRETEST
SUPINE
4:00

BRUCE
***.mph
***.%

Frequency RBBB with freeze changes



Dr. (Mrs.) CHITRYA P VAJA
M.D. (MUM)
Physician & Cardiologist
Reg. No. 55942



EYE REPORT



Name: Mr. Teja Anand Kamina

Date: 25/03/2023

Age/Sex: 33y 1M

Ref No.:

Complaint: No ocular do
No M/O SI/DA

Examination

Spectacle Rx M ^{6/6P} C 6/9 Near AC

		Right Eye							
		Vision	Sphere	Cyl.	Axis	Vision	Sphere	Cyl.	Axis
Distance									
Read									

Remarks: Colour C & M

Medications: Ac & M

Trade Name	Frequency	Duration

Follow up: 1 week & M

Consultant:



Name: Mr N Teja Prasad
Kamanna

Age: 33/M

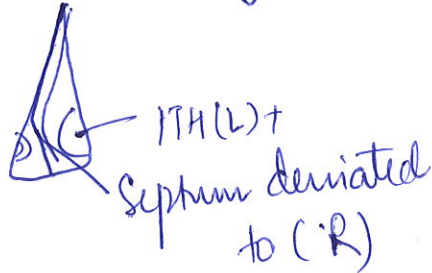
- For Health Check up
- Offers no complaints

O/E - Ears -



B/L TM intact, mobile

Nose - External deformity of nose +



Throat - NAD

A - DNS (R)


MAJ. (DR.) SHRUTI ANIL CHARMA
M.S. (ENT) PCC MIM PG DMLS
MMC. 2019096177

Specialists in Surgery

Patient Name : Mr. N Teja Prasad Kamina
UHID : STAR.0000055324
Reported on : 25-03-2023 10:52
Adm/Consult Doctor :

Age : 33 Y M
OP Visit No : STAROPV57977
Printed on : 25-03-2023 10:53
Ref Doctor : SELF

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .
No obvious active pleuro-parenchymal lesion seen .
Both costophrenic and cardiophrenic angles are clear .
Both diaphragms are normal in position and contour .
Thoracic wall and soft tissues appear normal.

CONCLUSION :

No obvious abnormality seen.

Printed on:25-03-2023 10:52

---End of the Report---



Dr. VINOD SHETTY
Radiology

Specialists in Surgery

Patient Name : MR. N. TEJA KAMINA
Ref. by : HEALTH CHECK UP

Date : 25-03-2023
Age : 33 years

SONOGRAPHY OF ABDOMEN AND PELVIS

LIVER : The liver is normal in size but shows mild diffuse increased echotexture suggestive of fatty infiltration (Grade I). No focal mass lesion is seen. The intrahepatic biliary tree & venous radicles appear normal. The portal vein and CBD appear normal.

GALL BLADDER : The gall bladder is well distended and reveals normal wall thickness. There is no evidence of calculus seen in it.

PANCREAS : The pancreas is normal in size and echotexture. No focal mass lesion is seen.

SPLEEN : The spleen is normal in size and echotexture. No focal parenchymal mass lesion is seen. The splenic vein is normal.

KIDNEYS : The **LEFT KIDNEY** measures 11.5 x 5.4 cms and reveals a small calyceal Calculus measuring 7.8 mms in the mid pole without any focal caliectasis.

The **RIGHT KIDNEY** measures 12.2 x 5.0 cms and is normal in size, shape and echotexture. There is no evidence of hydronephrosis or of an calculus seen .

The para-aortic & iliac fossa regions appears normal. There is no free fluid or any lymphadenopathy seen in the abdomen.

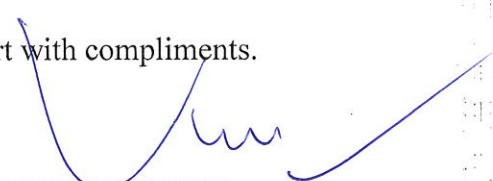
PROSTATE : The prostate measures 3.2 x 3.0 x 2.5 cms and weighs 13.5 gms. It is normal in size, shape and echotexture. No prostatic calcification is seen.

URINARY BLADDER : The urinary bladder is well distended and is normal in shape and contour. No intrinsic lesion or calculus is seen in it. The bladder wall is normal in thickness.

IMPRESSION: The Ultrasound examination reveals mild fatty infiltration of the Liver and Left Renal mid polar tiny non-obstructing calyceal Calculus as described above.

No other significant abnormality is detected.

Report with compliments.



DR. VINOD V. SHETTY
MD, D.M.R.D.
CONSULTANT SONOLOGIST.

Patient Name	: Mr. N Teja Prasad Kamina	Age/Gender	: 33 Y/M
UHID/MR No.	: STAR.0000055324	OP Visit No	: STAROPV57977
Sample Collected on	:	Reported on	: 25-03-2023 15:23
LRN#	: RAD1958508	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: 124878		

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

LIVER : The liver is normal in size but shows mild diffuse increased echotexture suggestive of fatty infiltration (Grade I). No focal mass lesion is seen. The intrahepatic biliary tree & venous radicles appear normal. The portal vein and CBD appear normal.

GALL BLADDER : The gall bladder is well distended and reveals normal wall thickness. There is no evidence of calculus seen in it.

PANCREAS : The pancreas is normal in size and echotexture. No focal mass lesion is seen.

SPLEEN : The spleen is normal in size and echotexture. No focal parenchymal mass lesion is seen. The splenic vein is normal.

KIDNEYS : The **LEFT KIDNEY** measures 11.5 x 5.4 cms and reveals a small calyceal Calculus measuring 7.8 mms in the mid pole without any focal caliectasis.

The **RIGHT KIDNEY** measures 12.2 x 5.0 cms and is normal in size, shape and echotexture. There is no evidence of hydronephrosis or of an calculus seen .

The para-aortic & iliac fossa regions appears normal. There is no free fluid or any lymphadenopathy seen in the abdomen.

PROSTATE : The prostate measures 3.2 x 3.0 x 2.5 cms and weighs 13.5 gms. It is normal in size, shape and echotexture. No prostatic calcification is seen.

URINARY : The urinary bladder is well distended and is normal in shape and contour.

BLADDER No intrinsic lesion or calculus is seen in it. The bladder wall is normal in thickness.

IMPRESSION: The Ultrasound examination reveals mild fatty infiltration of the Liver and Left Renal mid polar tiny non-obstructing calyceal Calculus as described above.
No other significant abnormality is detected.

(The sonography findings should always be considered in correlation with the clinical and other investigation finding where applicable.) It is only a professional opinion, Not valid for medico legal purpose.



Dr. VINOD SHETTY
Radiology

Patient Name	: Mr. N Teja Prasad Kamina	Age/Gender	: 33 Y/M
UHID/MR No.	: STAR.0000055324	OP Visit No	: STAROPV57977
Sample Collected on	:	Reported on	: 25-03-2023 10:52
LRN#	: RAD1958508	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: 124878		

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

CONCLUSION :

No obvious abnormality seen.



Dr. VINOD SHETTY
Radiology