

Name : Mrs. ASHA R WARUNGASE (49 /F)

Date : 08/07/2023

Address : MEDIWHEEL NASHIK, NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by:

UHID : MHN1.0000147987

Package : MediWheel Full Body Health Checkup Female Above 40  
Package

AHC No : NSKAH34059



## CHIEF COMPLAINTS

For general health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension, Thyroid  
disorder, Heart disease,  
Stroke, Asthma, COPD,  
Cancer



## DRUG ALLERGY

NO KNOWN ALLERGY :08/07/2023



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant



### Past medical history

Do you have any - No  
allergies?  
Do you have any drug - No  
allergies?  
Past medical history - nil significant  
Covid 19 - No



### Surgical history

Surgical history - Nil

### Immunization history

- Covid Dose1,Covid  
Dose2,Precaution Dose



### Personal history

Marital status - Married  
No. of children - 03  
Diet - Vegetarian  
Alcohol - does not consume alcohol

Smoking - No  
Chews tobacco - Yes  
Physical activity - Active  
- level ground walking



### Family history

Coronary artery - none  
disease  
Cancer - None

## PHYSICAL EXAMINATION



### General

General appearance - normal  
Build - over weight  
Height - 155  
Weight - 71.5  
BMI - 29.76  
Pallor - No  
Oedema - no  
Temperature - 96.7  
SpO2 - 98



### Cardiovascular system

Heart rate (Per minute) - 56  
Rhythm - Regular  
- B.P. Supine  
Systolic(mm of Hg) - 120  
Diastolic(mm of Hg) - 80  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath  
sounds



### Abdomen

Organomegaly - No  
Tenderness - No

Printed By : Ajay Murlidhar Bachhav

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**URINE ROUTINE (CUE)**

Test Name	Result	Unit	Level	Range
Specific Gravity	1.025		●	1.016-1.026
Color,:	PALE YELLOW			
Transparency:	Slightly Turbid			
Reaction:	Acidic			7.2-7.8
Protein :	Negative			
Sugar:	Negative			
pH	5.5		●	4.6-8
Blood:	TRACE-LYSED			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal			
Nitrite	Negative			
RBC	0-1	/hpf		0-2
WBC/Pus Cells	1-3/HPF	/hpf		
Tc/Sqc(Transitional/Squamous epithelial cells)	4-7/HPF	/hpf		

Monocytes	06	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	06	mm/1st hr	●	0-20

**BLOOD GROUPING AND TYPING (ABO and Rh)**

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	20 *	U/L	●	30-65
ALBUMIN - SERUM	3.9	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	3.5	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.2		●	1.1-1.8

**C B C WITH ESR (AUTOMATION + STANDARD METHOD)**

Test Name	Result	Unit	Level	Range
Hemoglobin	11.5	g/dl	●	11.0-16.0
Haematocrit	33.5 *	%	●	34.0-48.0
RBC COUNT	3.79	Million/ul	●	3.7-5.6
MCV	90.5	fl	●	75.0-95.0
MCH	30.2	pg	●	26.0-32.0
MCHC	33.4	g/dl	●	31.0-36.0
RDW	14.6	%	●	11-16
Platelet Count(Optical/Impedance)	159	10 <sup>9</sup> /m <sup>3</sup>	●	140-440
TLC Count	4.95	10 <sup>9</sup> /m <sup>3</sup>	●	4.0-11.0
Neutrophils	51	%	●	40-75
Lymphocytes	40	%	●	20-45
Eosinophils	03	%	●	1-6

ALKALINE PHOSPHATASE - SERUM/PLASMA	52	U/L	●	0-100
AST (SGOT) - SERUM	18	U/L	●	15-37
BILIRUBIN, TOTAL - SERUM	0.2	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
Total Cholesterol	167	mg/dL	●	0-200

**CREATININE - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.7	mg/dL	●	0.6-1.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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GGTP: GAMMA  
GLUTAMYL  
TRANSPEPTIDASE -  
SERUM 15 U/L ● 0-50

TOTAL T3: TRI  
IODOTHYRONINE -  
SERUM 141 ng/dL ● Healthy Adults:  
69 - 215  
Pregnant  
Women:  
1st  
Trimester:121-  
308  
2nd & 3rd  
Trimesters:152-  
362

**GLUCOSE - SERUM / PLASMA (FASTING)**

Test Name Result Unit Level Range  
Glucose - Plasma 109 \* mg/dL ● 70-100  
(Fasting)

**GLUCOSE - SERUM / PLASMA (POST PRANDIAL)**

Test Name Result Unit Level Range  
Glucose - Plasma 115 mg/dL ● 70-140  
(POST PRANDIAL)

TOTAL T4:  
THYROXINE - SERUM 7.0 µg/dL ● Healthy Adults:  
5.2 - 12.7  
  
Pregnancy:1stT  
rimester:7.8 -  
16.2  
2nd & 3rd  
Trimesters: 9.1  
- 18.3

**GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD**

Test Name Result Unit Level Range  
Glycosylated Hemoglobin (HbA1c) 5.9 % ● 0.0-6.0  
Mean Plasma Glucose (MPG) Estimate: 132.74 mg/dL

**LIPID PROFILE TEST (PACKAGE)**

Test Name Result Unit Level Range  
Triglycerides - Serum 92 mg/dL ● 0-150

**LIPID PROFILE TEST (PACKAGE)**

Test Name Result Unit Level Range  
HDL CHOLESTEROL - SERUM / PLASMA 33 \* mg/dL ● 40-60  
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated) 5.1 \* ● 0.0-4.5  
LDL Cholesterol (Direct LDL) 130 mg/dL

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name Result Unit Level Range  
TSH: THYROID STIMULATING HORMONE - SERUM 3.2 uIU/mL ● Euthyroid: 0.3 - 4.5  
Hypothyroid: 7.1 - >75.0  
Pregnancy(All Trimesters):0.2 -3.5

**LIVER FUNCTION TEST (PACKAGE)**

Test Name Result Unit Level Range  
PROTEIN, TOTAL - SERUM / PLASMA 8.0 g/dL ● 6.4-8.2  
PROTEIN, TOTAL - SERUM / PLASMA 8.0 g/dL ● 6.4-8.2

**UREA - SERUM / PLASMA**

Test Name Result Unit Level Range  
UREA - SERUM / PLASMA 22 mg/dL ● 15-38  
UREA NITROGEN SERUM/PLASMA: (Calculated) 10 mg/dL ● 7-18

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name Result Unit Level Range

**URIC ACID - SERUM**

Test Name Result Unit Level Range  
URIC ACID - SERUM 5.3 mg/dL ● 2.6-6.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name Result Unit Level Range

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BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.1	mg/dL	●	0.0-0.7

### CARDIAC STRESS TEST - (TMT)

#### ECG

#### MAMMOGRAPHY

- 1) No significant abnormality is seen on this study.
- 2) BI – RADS - Category 1.

Suggest : Clinical correlation.

#### ULTRASOUND - WHOLE ABDOMEN

No significant abnormality is detected.

#### X-RAY CHEST PA

No significant abnormality is detected.

#### INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

#### Haematology

STOOL ROUTINE

#### Histopathology

CERVICAL/VAGINAL SMEAR II SLIDE

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

### RISK STATUS

Low Risk

### YOUR SCORE

3

### ACCEPTABLE SCORE

5

### Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

### Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

### DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**