

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	MANISHA SINGH MANISHA SINGH
DATE OF BIRTH	20-05-1983
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	11-08-2022
BOOKING REFERENCE NO.	22S176627100023474S
SPOUSE DETAILS	
EMPLOYEE NAME	MR. SINGH DHANANJAY KUMAR
EMPLOYEE EC NO.	176627
EMPLOYEE DESIGNATION	SINGLE WINDOW OPERATOR A
EMPLOYEE PLACE OF WORK	GHAZIABAD
EMPLOYEE BIRTHDATE	05-02-1976

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **11-08-2022** till **31-03-2023**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



भारत सरकार  
GOVERNMENT OF INDIA

Download Date: 13/10/2021



मनीषा सिंह  
Manisha Singh  
जन्म तिथि/DOB: 20/05/1983  
महिला/ FEMALE

3456 4549 0025

मेरा आधार मेरी पहचान

**LABORATORY REPORT**

Name	MANISHA SINGH	Age	39y 2m 30d	Gender	FEMALE
MRN	GHZB-0000177155	Visit No	V0000000001-GHZB		
Lab No	G000326182	Collected On	17/08/2022 3:03PM	Received On	17/08/2022 3:03PM
Referred By	Deepak Verma	Reported On-	18/08/2022 6:41PM		

**Cytology, Genital, Femal, Pap smear (CERVICAL MATERIAL)**

**CYTOLOGY No- GYN-166/2022**

**GROSS-** Received 2 fixed smears

**MICROSCOPIC -BETHESDA SYSTEM TERMINOLOGY -2014**

**1.SPECIMEN TYPE - CONVENTIONAL SMEAR (PAP SMEAR)**

(A) ADEQUACY -SATISFACTORY

(B) MICROSCOPIC - SMEARS SHOW SUPERFICIAL AND INTERMEDIATE SQUAMOUS EPITHELIAL CELLS WITH ABUNDANT POLMORPHONUCLEAR CELLS .

(C) ENDOCERVICAL CELLS - SEEN

(D) NON-NEOPLASTIC CELLULAR CHANGES-NOT SEEN

(E) REACTIVE CELLULAR CHANGES -NOT SEEN

(F) ORGANISMS - NOT SEEN

(G) DYSPLASIA/MALIGNANCY- NOT SEEN

GENERAL CATEGORIZATION-BENIGN

**IMPRESSION -INFLAMMATORY SMEAR**

**-SMEARS ARE NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY .**

Report Printed On: 22/8/2022 2:30PM

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
LABORATORY REPORT

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MRN	GHZB-0000177155	Visit No	V0000000001-GHZB		
Lab No	G000326182	Collected On	17/08/2022 3:03PM	Received On	17/08/2022 3:03PM
Referred By	Deepak Verma	Reported On	18/08/2022 6:41PM		

**Note :-** SCREENING GUIDELINE : 21-29 years-Cytology only every 3yrs ; 30-65 yrs-Cotesting every 5 years ; <21 & > 65yrs - Screening not recommended

\*\*\*\*\* END OF REPORT \*\*\*\*\*

Processed by :- SHAHID SAIFI

  
MCT-39093  
**DR ALKA DIXIT VATS**  
CONSULTANT PATHOLOGIST  
PATHOLOGIST

Report Printed On: 22/8/2022 2:30PM

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## LABORATORY REPORT

Name	MANISHA SINGH	Age	39y 2m 26d	Gender	FEMALE
MRN	GHZB-0000177155	Visit No	V0000000001-GHZB		
Lab No	G000325792	Collected On	13/08/2022 11:12AM	Received On	13/08/2022 11:13AM
Referred By	Deepak Verma	Reported On	13/08/2022 12:18PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
GLUCOSE, FASTING (F) (Serum Fasting)	97 mg/dl		70 - 110 mg/dl	

\*\*\*\*\* END OF REPORT \*\*\*\*\*

*Charu*  
Registration No: 42422

**DR CHARU AGARWAL**  
CONSULTANT PATHOLOGIST  
Pathologist

Processed by :- DEEPTI KUMARI

Report Printed On: 13/8/2022 11:39PM

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## LABORATORY REPORT

Name	MANISHA SINGH	Age	39y 2m 26d	Gender	FEMALE
MRN	GHZB-0000177155	Visit No	V0000000001-GHZB		
Lab No	G000325844	Collected On	13/08/2022 4:43PM	Received On	13/08/2022 4:44PM
Referred By	Deepak Verma	Reported On	13/08/2022 5:40PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS (Serum Post Prandial)	132 mg/dl		80 -140 mg/dl	

\*\*\*\*\* END OF REPORT \*\*\*\*\*

Alka

MCT-39093

Processed by :- SHAHRUKH KHAN

**DR ALKA DIXIT VATS**  
CONSULTANT PATHOLOGIST  
PATHOLOGIST

Report Printed On: 13/8/2022 11:39PM

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**MANIPAL HOSPITALS**

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002

www.manipalhospitals.com

**This report is subject to the terms and conditions mentioned overleaf**

## LABORATORY REPORT

Name	MANISHA SINGH	Age	39y 2m 26d	Gender	FEMALE
MRN	GHZB-0000177155	Visit No	V0000000001-GHZB		
Lab No	G000325793	Collected On	13/08/2022 11:13AM	Received On	13/08/2022 11:13AM
Referred By	Deepak Verma	Reported On	13/08/2022 5:35PM		

Test Name	Result	Criticality Factor	Biological Reference Interval
<b>BLOOD GROUP (A, B, O) AND RH FACTOR WITH REVERSE GROUPING (Whole Blood)</b>			
BLOOD GROUPING	" AB "		
RH TYPING	POSITIVE		
ESR (WESTERGREN),AUTOMATED ERYTHROCYTE SEDIMENTATION RATE	<b>38 mm/1st hour</b>		0 - 20 mm/Hr

\*\*\*\*\* END OF REPORT \*\*\*\*\*

Processed by :- DEEPTI KUMARI

*Alka*  
*mcy-39093*  
**DR ALKA DIXIT VATS**  
 CONSULANT PATHOLOGIST  
 PATHOLOGIST

## LABORATORY REPORT

Name	MANISHA SINGH	Age	39y 2m 26d	Gender	FEMALE
MRN	GHZB-0000177155	Visit No	V0000000001-GHZB		
Lab No	G000325793	Collected On	13/08/2022 11:13AM	Received On	13/08/2022 11:13AM
Referred By	Deepak Verma	Reported On	13/08/2022 12:19PM		

Test Name	Result	Criticality Factor	Biological Reference Interval
HEMOGLOBIN, HB	12.4 g/dl		12 - 16 gm/ dl
MEAN CORPUSCULAR HAEMOGLOBIN CONCENTRATION, MCHC	35.2 g/dl		33 - 36%
MEAN CORPUSCULAR HAEMOGLOBIN, MCH	<b>35.5 pg</b>		26 -34 pg
MEAN CORPUSCULAR VOLUME, MCV	<b>100.9 fl</b>		77 - 97 fl
PLATELET COUNT	194 x10 <sup>3</sup> cells/ Cumm		150x10 <sup>3</sup> - 400x10 <sup>3</sup> cells/cumm
RED BLOOD CELLS, RBC COUNT	<b>3.49 million/cu mm</b>		3.8 - 5.3 millions /cumm
RED CELL DISTRIBUTION WIDTH, RDW	13.6 %		11.5 - 14.5 %
LEUCOCYTE COUNT, TOTAL (TLC), AUTOMATED	4.81 x10 <sup>3</sup> cells/ Cumm		4x10 <sup>3</sup> - 11x10 <sup>3</sup> cells/cumm
HEMATOCRIT (HCT)	35.2 %		34 -45%
BASOPHILS	00 %		
EOSINOPHILS	<b>01 %</b>	<b>L</b>	2 -7 %
LYMPHOCYTES	28 %		17 - 45 %
MONOCYTES	05 %		4 -13%
NEUTROPHILS	66 %		40 - 80%

\*\*\*\*\* END OF REPORT \*\*\*\*\*

Processed by :- DEEPTI KUMARI

*Charu*  
Registration No: 42422  
**DR CHARU AGARWAL**  
CONSULTANT PATHOLOGIST  
Pathologist

Report Printed On: 13/8/2022 11:39PM

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## LABORATORY REPORT

Name	MANISHA SINGH	Age	39y 2m 26d	Gender	FEMALE
MRN	GHZB-0000177155	Visit No	V0000000001-GHZB		
Lab No	G000325793	Collected On	13/08/2022 11:13AM	Received On	13/08/2022 11:13AM
Referred By	Deepak Verma	Reported On	13/08/2022 12:19PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
<b>KIDNEY FUNCTION TESTS (Serum)</b>				
UREA	<b>14.2 mg/dl</b>		15 - 40 mg/dl	
CREATININE, SERUM	<b>0.67 mg/dl</b>		0.7 - 1.2 mg/dl	
URIC ACID	5.0 mg/dl		4 - 8.5 mg/dl	
SODIUM, SERUM	137.8 mmol/L		136 - 144 mmol/ L	
POTASSIUM, SERUM	4.10 mmol/L		3.6 - 5.1 mmol/L	
CHLORIDE, SERUM	106.7 mmol/L		101 - 111 mmol/L	
<b>LIPID PROFILE (Serum)</b>				
CHOLESTEROL, TOTAL	172 mg/dl		Upto 200 mg/dl	
TRIGLYCERIDES, SERUM	<b>152 mg/dl</b>		Upto 150 mg/dl	
CHOLESTEROL, HDL, DIRECT	47 mg/dl		35 - 65 mg/dl	
CHOLESTEROL, LDL, DIRECT	95 mg/dl		0 -120 mg/dl	
Cholesterol, VLDL	30 mg/dl		0 - 35 mg/dl	
<b>LIVER FUNCTION TESTS (Serum)</b>				
BILIRUBIN, TOTAL	0.71 mg/dl		0.3 -1.2 mg/dl	
BILIRUBIN, DIRECT	0.15 mg/dl		0 - 0.3 mg/dl	
Report Printed On:	13/8/2022	11:39PM		

## LABORATORY REPORT

Name	MANISHA SINGH	Age	39y 2m 26d	Gender	FEMALE
MRN	GHZB-0000177155	Visit No	V0000000001-GHZB		
Lab No	G000325793	Collected On	13/08/2022 11:13AM	Received On	13/08/2022 11:13AM
Referred By	Deepak Verma	Reported On	13/08/2022 12:19PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
Indirect Bilirubin	<b>0.56</b>		0.1 - 0.3 mg/dl	
TOTAL PROTEIN, SERUM	7.1 g/dl		6.6 - 8.7 g/dl	
ALBUMIN, SERUM	4.39 g/dl			
A/G RATIO (ALBUMIN / GLOBULIN RATIO)	1.62		1:1 - 2.5:1	
GLOBULIN, SERUM	2.7			
SGPT	17 IU/L		14 - 54 IU/L	
SGOT	20 IU/L		0 - 40 IU/L	
GGTP, GGT, GAMMA GT, GAMMA GLUTAMYL TRANSPEPTIDASE	11 IU/L		7 -50 U/L	
ALKALINE PHOSPHATASE, ALP	71 IU/L		32 -91 IU/L	

\*\*\*\*\* END OF REPORT \*\*\*\*\*

Processed by :- DEEPTI KUMARI

*Charu*  
Registration No: 42422  
**DR CHARU AGARWAL**  
CONSULTANT PATHOLOGIST  
Pathologist

Report Printed On: 13/8/2022 11:39PM

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## LABORATORY REPORT

Name	MANISHA SINGH	Age	39y 2m 26d	Gender	FEMALE
MRN	GHZB-0000177155	Visit No	V0000000001-GHZB		
Lab No	G000325793	Collected On	13/08/2022 11:13AM	Received On	13/08/2022 11:13AM
Referred By	Deepak Verma	Reported On	13/08/2022 5:45PM		

Test Name	Result	Criticality Factor	Biological Reference Interval
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### URINE EXAMINATION, ROUTINE (Urine)

#### PHYSICAL EXAMINATION

Colour	PALE YELLOW
Appearance	CLEAR
pH	5.0
Specific gravity	1.005

#### CHEMICAL EXAMINATION

Glucose	Nil
Protein	Absent
Ketone bodies	Absent
Urobilinogen	Absent

#### MICROSCOPIC EXAMINATION

Leukocytes	0-1 /HPF
Erythrocytes	NIL
Epithelial Cells	0-1 /HPF
Casts	NIL
Crystals	NIL
Others	NIL

\*\*\*\*\* END OF REPORT \*\*\*\*\*

Processed by :- SHAHRUKH KHAN

*Alka*  
MCT-39093  
**DR ALKA DIXIT VATS**  
CONSULTANT PATHOLOGIST  
PATHOLOGIST

Report Printed On: 13/8/2022 11:39PM

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HCMCT

## ManipalHospitals

LIFE'S ON



Name : MRS MANISHA SINGH Age : 39 Yr(s) Sex :Female  
Registration No : RH1476218 RefHosp No. : ghzb-0000177155 Lab No : 32220804648  
Patient Episode : R03000041932 Collection Date : 13 Aug 2022 20:42  
Referred By : MANIPAL HOSPITALS GHAZIABAD Reporting Date : 14 Aug 2022 10:30  
Receiving Date : 13 Aug 2022 20:50

### BIOCHEMISTRY

#### THYROID PROFILE, Serum

T3 - Triiodothyronine (ECLIA)	1.27	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	9.28	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	2.490	µIU/mL	[0.340-4.250]
2			
Pregnancy TSH:1st Trimester:0.6 - 3.4	micIU/mL		
Pregnancy TSH:2nd Trimester:0.37 - 3.6	micIU/mL		
Pregnancy TSH:3rd Trimester:0.38 - 4.04	micIU/mL		

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet,stress and illness affect TSH results.

\* References ranges recommended by the American Thyroid Association

- 1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128
- 2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

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-----END OF REPORT-----

*Neelam Singal*

Dr. Neelam Singal  
CONSULTANT BIOCHEMISTRY

Human Care Medical Charitable Trust

Adjoining MTNL Building, Main Road, Sector 6, Dwarka, New Delhi - 110075.

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HCMCT

## ManipalHospitals

LIFE'S ON



Name : MRS MANISHA SINGH Age : 39 Yr(s) Sex :Female  
Registration No : RH1476218 RefHosp No. : ghzb-0000177155 Lab No : 32220804648  
Patient Episode : R03000041932 Collection Date : 13 Aug 2022 20:42  
Referred By : MANIPAL HOSPITALS GHAZIABAD Reporting Date : 14 Aug 2022 10:30  
Receiving Date : 13 Aug 2022 20:50

### BIOCHEMISTRY

Glycosylated Hemoglobin

Specimen: EDTA Whole blood

HbA1c (Glycosylated Hemoglobin)

4.7

As per American Diabetes Association (ADA)  
% [4.0-6.5] HbA1c in %  
Non diabetic adults  $\geq 18$  years  $< 5.7$   
Prediabetes (At Risk) 5.7-6.4  
Diagnosing Diabetes  $\geq 6.5$

Methodology Turbidimetric inhibition immunoassay (TINIA)

Estimated Average Glucose (eAG) 88 mg/dl

Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

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-----END OF REPORT-----

*Neelam Singal*

Dr. Neelam Singal  
CONSULTANT BIOCHEMISTRY

Human Care Medical Charitable Trust

Adding MTNL Building, Main Road, Sector 6, Dwarka, New Delhi - 110075.

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## RADIOLOGY REPORT

Name	MANISHA SINGH	Modality	DX
Patient ID	GHZB-0000177155	Accession No	1127823
Gender/Age	F / 39Y 2M 24D	Scan Date	13-08-2022 11:40:39
Ref. Phys	Dr. Deepak Verma	Report Date	13-08-2022 13:06:29

## XR- CHEST PA VIEW

## FINDINGS:

LUNGS: Normal.  
TRACHEA: Normal.  
CARINA: Normal.  
RIGHT AND LEFT MAIN BRONCHI: Normal.  
PLEURA: Normal.  
HEART: Normal.  
RIGHT HEART BORDER: Normal.  
LEFT HEART BORDER: Normal.  
PULMONARY BAY: Normal.  
PULMONARY HILA: Normal.  
AORTA: Normal.  
THORACIC SPINE: Normal.  
OTHER VISUALIZED BONES: Normal.  
VISUALIZED SOFT TISSUES: Normal.  
DIAPHRAGM: Normal.  
VISUALIZED ABDOMEN: Normal.  
VISUALIZED NECK: Normal.

## IMPRESSION:

No significant abnormality noted.  
Recommend clinical correlation.



Dr. Monica Shekhawat, MBBS, DNB,  
Consultant Radiologist, Reg No MCI 11 10887

## RADIOLOGY REPORT

Name	MANISHA SINGH	Modality	US
Patient ID	GHZB-0000177155	Accession No	1127822
Gender/Age	F / 39Y 2M 24D	Scan Date	13-08-2022 12:43:40
Ref. Phys	Dr. Deepak Verma	Report Date	13-08-2022 13:53:26

**USG ABDOMEN & PELVIS****FINDINGS**

LIVER: appears normal in size (measures 146 mm) and shape but shows diffuse increase in liver echotexture, in keeping with diffuse grade I fatty infiltration. Rest normal.

SPLEEN: Spleen is normal in size (measures 81 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 10.9 mm.

COMMON BILE DUCT: Appears normal in size and measures 3.6 mm.

IVC, HEPATIC VEINS: Normal.

BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.

Right Kidney: measures 96 x 33 mm.

Left Kidney: measures 98 x 39 mm.

PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged.

FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

UTERUS: Uterus is retroverted, normal in size (measures 74 x 47 x 39 mm) and shape but shows coarse myometrial echotexture. Endometrial thickness measures 6.4 mm. Cervix appears normal.

OVARIES: RIGHT OVARY: shows a small well-defined cyst within with low level internal echoes and septations within but with no calcification or abnormal vascularity within. It measures 28 x 28 x 20 mm with volume 8.2 cc. suggesting small hemorrhagic right ovarian cyst.

LEFT OVARY: is normal in size (measures 27 x 26 x 19 mm with volume 7.1 cc), shape and echotexture. Multiple small follicles are seen within. Rest normal.

Trace free fluid is seen in cul-de-sac.

BOWEL: Visualized bowel loops appear normal.

**IMPRESSION**

- Diffuse grade I fatty infiltration in liver.
- Coarse myometrial echotexture of uterus.
- Small hemorrhagic right ovarian cyst.

Recommend clinical correlation and follow up.

## RADIOLOGY REPORT

<b>Name</b>	MANISHA SINGH	<b>Modality</b>	US
<b>Patient ID</b>	GHZB-0000177155	<b>Accession No</b>	1127822
<b>Gender/Age</b>	F / 39Y 2M 24D	<b>Scan Date</b>	13-08-2022 12:43:40
<b>Ref. Phys</b>	Dr. Deepak Verma	<b>Report Date</b>	13-08-2022 13:53:26

*Dr. Monica*  
 Dr. Monica Shekhawat, MBBS,DNB,  
 Consultant Radiologist, Reg No MCI 11 10887



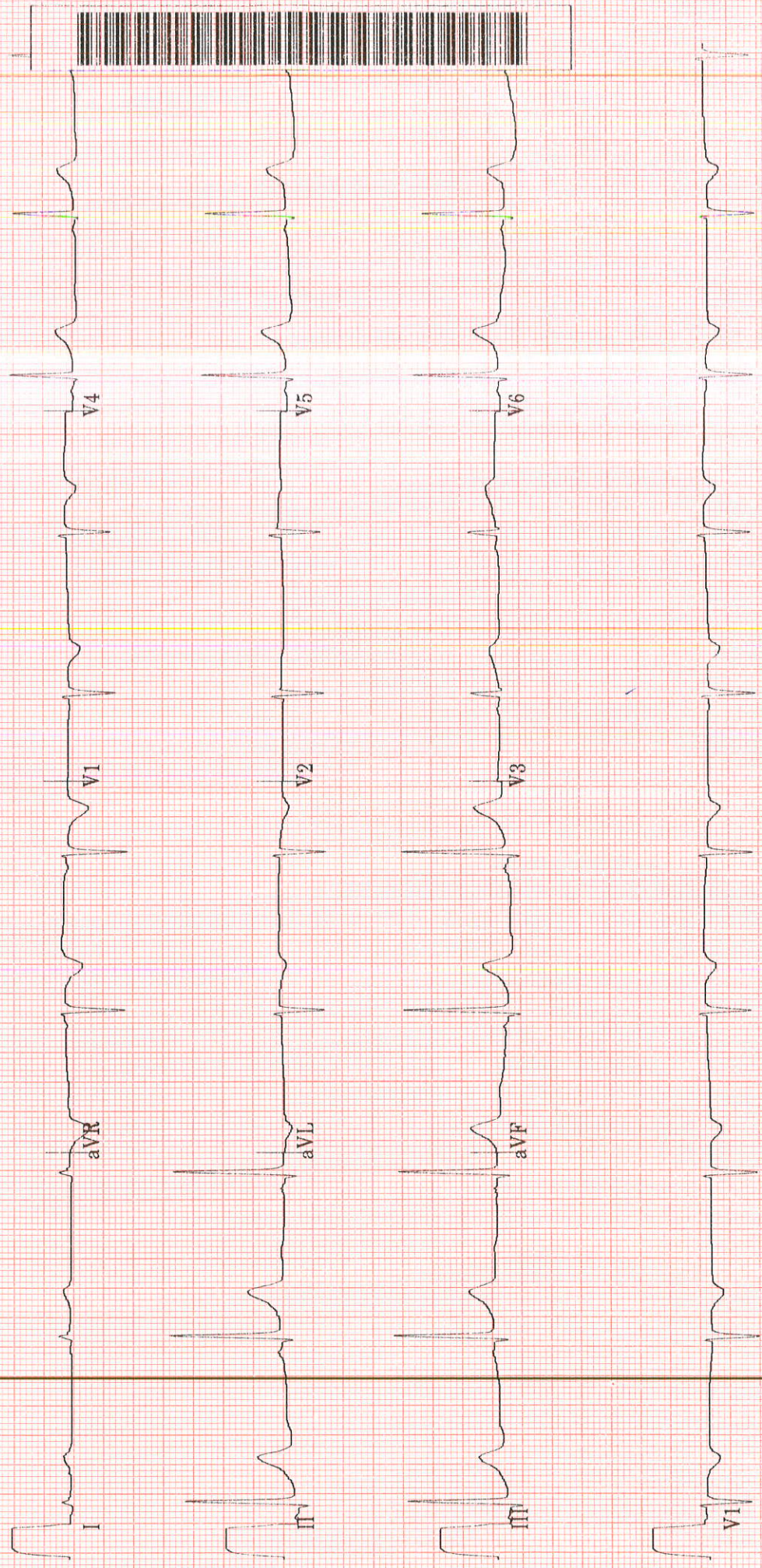
Vent. rate 55 bpm  
 PR interval 114 ms  
 QRS duration 76 ms  
 QT/QTc 420/401 ms  
 P-R-T axes 62 83 76

Sinus bradycardia  
 Otherwise normal ECG

Technician:  
 Test ind:

Referred by:

Unconfirmed





## TMT INVESTIGATION REPORT

Patient Name : Mrs. MANISHA SINGH	Location : Ghaziabad
Age/Sex : 39Year(s)/Female	Visit No : V000000001-GHZB
MRN No : GHZB-0000177155	Order Date : 13/8/2022
Ref. Doctor : HCP	Report Date : 13/8/2022

**Protocol** : Bruce **MPHR** : 181BPM  
**Duration of exercise** : 7min 25sec **85% of MPHR** : 153BPM  
**Reason for termination** : THR achieved **Peak HR Achieved** : 155BPM  
**Blood Pressure (mmHg)** : Baseline BP : 140/80mmHg **% Target HR** : 85%  
Peak BP : 164/82mmHg **METS** : 9.1METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	67	140/80	Nil	No ST changes seen	Nil
STAGE 1	3:00	105	146/80	Nil	No ST changes seen	Nil
STAGE 2	3:00	132	154/82	Nil	No ST changes seen	Nil
STAGE 3	1:25	155	164/82	Nil	No ST changes seen	Nil
RECOVERY	3:28	77	140/80	Nil	No ST changes seen	Nil

**COMMENTS:**

- No ST changes in base line ECG.
- No ST changes at peak.
- No ST changes in recovery.
- Normal chronotropic response.
- Normal blood pressure response.

**IMPRESSION:**

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

**Dr. Bhupendra Singh**

MD, DM (CARDIOLOGY),FACC  
Sr. Consultant Cardiology

**Dr. Abhishek Singh**

MD, DNB (CARDIOLOGY),MNAMS  
Sr.Consultant Cardiology

**Dr. Sudhanshu Mishra**

MD  
Cardiology Registrar