

Name : Mr. YOGESH R SONAWANE (34/M) Date : 27/08/2022  
Address : DHYANESHWAR NAGAR PATHARDI SHIWAR NASHIK, NASHIK, NASHIK,  
MAHARASHTRA, INDIA  
Examined by: UHID : MHN1.0000124740  
Package : MediWheel Full Body Health Checkup Male Below 40 AHC No : NSKAH27418  
Package

## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## DRUG ALLERGY

NO KNOWN ALLERGY :27/08/2022

## SYSTEMIC REVIEW

**Cardiovascular system**  
- Nil Significant

Alcohol - consumes alcohol occasionally  
Smoking - Yes  
Chews tobacco - No  
Chews paan - No  
Uses snuff - No  
Illicit substance use - No  
Physical activity - Active  
- level ground walking

## Past medical history

Do you have any allergies? - No  
Do you have any drug allergies? - No  
Past medical history - nil significant  
Covid 19 - No  
Post detection (3 Weeks) - No  
Hospitalization for Covid 19 - No  
Oxygen support - No

## Family history

Father - alive  
Aged - 62 yrs  
Mother - alive  
Aged - 55 yrs  
Brothers - 1  
Sisters - 2  
Coronary artery disease - none  
Cancer - None

## Surgical history

Surgical history - Nil

## Personal history

Marital status - Married  
No. of children - 02  
Profession - corporate employed  
Diet - Mixed Diet

## PHYSICAL EXAMINATION

### General

General appearance - normal  
Build - normal  
Height - 176  
Weight - 83.8  
BMI - 27.05  
Pallor - No  
Oedema - no  
Temperature - 97  
SpO2 - 99



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### Cardiovascular system

Heart rate (Per minute) - 63  
Rhythm - Regular  
- B.P. Supine  
Systolic(mm of Hg) - 120  
Diastolic(mm of Hg) - 80  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

anomegaly - No  
Tenderness - No





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**C B C WITH ESR (AUTOMATION + STANDARD METHOD)**

Test Name	Result	Unit	Level	Range
Hemoglobin	14.5	g/dl	●	13.0-18.0
Haematocrit	47	%	●	39.0-54.0
RBC COUNT	6.6 *	Million/ ul	●	4.2-6.5
MCV	61.8 *	fl	●	75.0-95.0
MCH	19.1 *	pg	●	26.0-32.0
MCHC	30.9 *	g/dl	●	31.0-36.0
RDW	20.8 *	%	●	11-16
Platelet Count(Optical/Impedance)	242	10 <sup>3</sup> /m <sup>3</sup>	●	140-440
TLC Count	6.2	10 <sup>3</sup> /m <sup>3</sup>	●	4.0-11.0
Neutrophils	53	%	●	45-75
Lymphocytes	44	%	●	20-45
Eosinophils	01	%	●	1-6
Monocytes	02	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	01	mm/1st hr	●	0-10

**BLOOD GROUPING AND TYPING (ABO and Rh)**

Test Name	Result	Unit	Level	Range
ABO Group:	B			
(D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	20 *	U/L	●	30-65
ALBUMIN - SERUM	4.8	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	3.7 *	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.2		●	1.1-1.8

ALKALINE PHOSPHATASE - SERUM/PLASMA	54	U/L	●	0-100
AST (SGOT) - SERUM	25	U/L	●	15-37
BILIRUBIN, TOTAL - SERUM	0.8	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
Total Cholesterol	161	mg/dL	●	0-200

**CREATININE - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	1.0	mg/dL	●	0.8-1.3

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	13	U/L	●	0-50

**GLUCOSE - SERUM / PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	89	mg/dL	●	70-100
URINE GLUCOSE(FASTING): (Strip Method)	Nil			

**GLUCOSE - SERUM / PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	94	mg/dL	●	70-140
URINE GLUCOSE(POST PRANDIAL):(Strip Method)	Nil			

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM / PLASMA	35 *	mg/dL	●	40-60
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	4.6 *		●	0.0-4.5

● Within Normal Range    ● Borderline High/Low    ● Out of Range



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LDL Cholesterol (Direct LDL) 107 mg/dL

No evidence of ascites.

Excessive bowel gases.

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	8.5 *	g/dL	●	6.4-8.2

Suggest : Clinical correlation and further evaluation.

**X-RAY CHEST PA**

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	159	ng/dL	●	Healthy Adults: 69 - 215
TOTAL T4: THYROXINE - SERUM	10.9	µg/dL	●	Healthy Adults:5.2-12.7

..  
INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

**Haematology**

STOOL ROUTINE

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	270 *	mg/dL	●	0-150

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	1.6	uIU/mL	●	Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.0	mg/dL	●	3.5-7.2

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (RECT) - SERUM	0.2	mg/dL	●	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.6	mg/dL	●	0.0-0.7

**CARDIAC STRESS TEST - (TMT)**

**ECG**

**ULTRASOUND - WHOLE ABDOMEN**

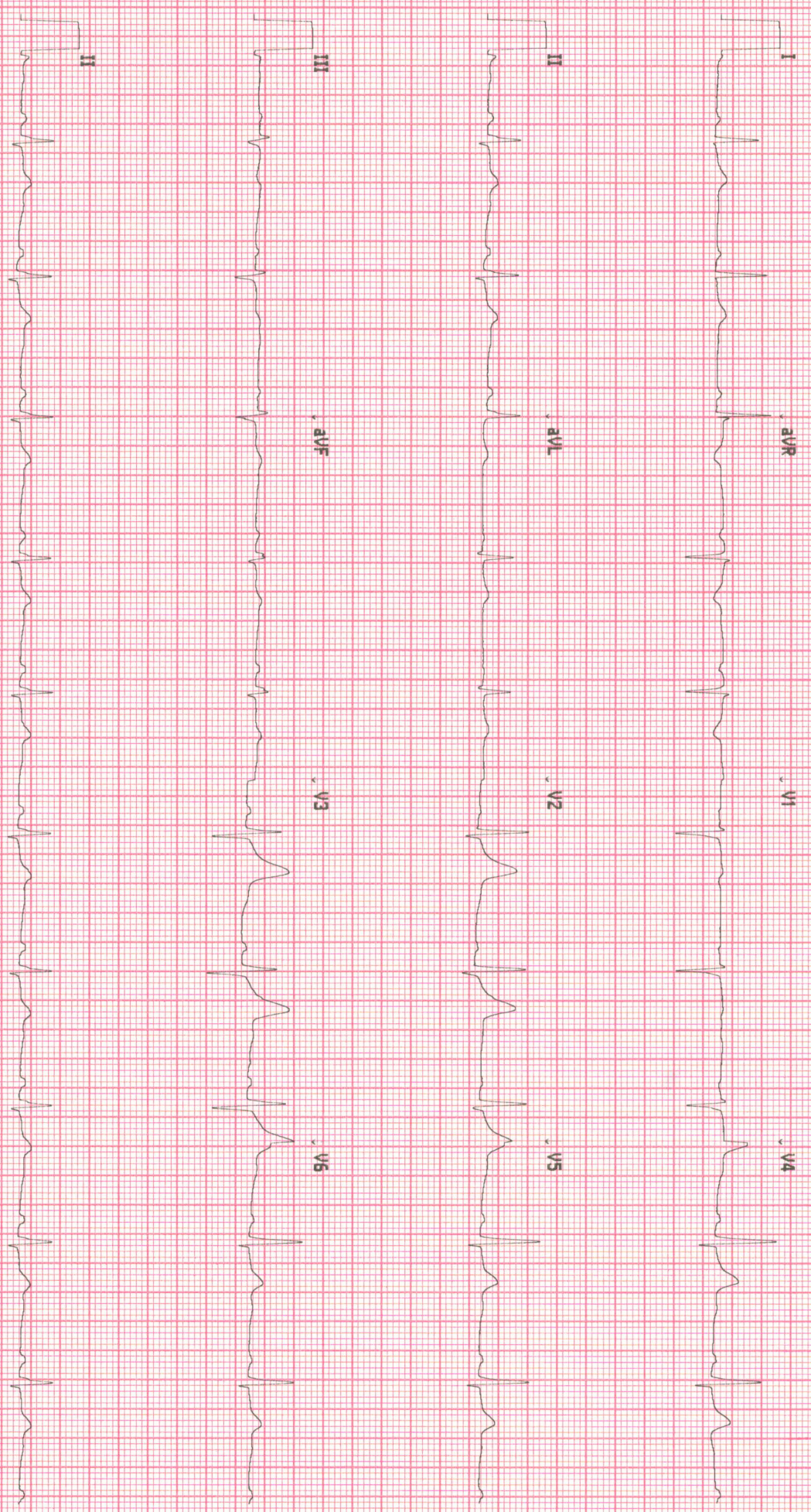
● Within Normal Range    ● Borderline High/Low    ● Out of Range

Sonawane, Yogesh  
ID:  
DOB:  
35yr, Male

27-Aug-2022 08:52:31

Vent rate: 63 BPM  
PR Int: 163 ms  
QRS dur: 94 ms  
QT/QTc: 396/402 ms  
P-R-T axes: 49 11 40

SINUS RHYTHM  
NORMAL ECG  
UNCONFIRMED REPORT




113500188213

No Site Name

Site # 0 Cart # 2 Version 2.0.4.0 Sequence #19913 25mm/s 10mm/mV 0.05-40 Hz



### Radiology

**Patient Details** : Mr. YOGESH R SONAWANE | Male | 34Yr 11Mth 17Days  
**UHID** : MHN1.0000124740 **Patient Location:** AHC  
**Patient Identifier:** NSKAH27418   
**DRN** : 122032567 **Completed on :** 27-AUG-2022 08:39  
**Ref Doctor** : DR. Rajashri Dhongade

### X-RAY CHEST PA

Mild rotation.

Both the lung fields are clear.

Costophrenic angles are clear.

Cardiac size and contour are within normal limits.

Rib cage is normal.

Soft tissues are normal.

Suggest : Clinical correlation.

#### Impression


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---- END OF THE REPORT ----

Dr. Gorakhnath T

CONSULTANT-RADIOLOGY

## Radiology

**Patient Details** : Mr. YOGESH R SONAWANE | Male | 34Yr 11Mth 17Days  
**UHID** : MHN1.0000124740 **Patient Location:** AHC  
**Patient Identifier:** NSKAH27418   
**DRN** : 222019313 **Completed on :** 27-AUG-2022 08:56  
**Ref Doctor** : DR. Rajashri Dhongade

### ULTRASOUND - WHOLE ABDOMEN

LIVER : Normal in size and measures 13.4cm. Echotexture is uniform and normal.  
No gross I.H.B.D./ focal lesions.

PORTAL VEIN: Normal in size (12mm).

GALL BLADDER: Partially distended.

COMMON BILE DUCT: Normal in size (3mm).

PANCREAS : Part of head and part of body of pancreas appears normal. Rest of the pancreas is obscured.

SPLEEN: Normal in size (11.2cm) and echotexture.

KIDNEYS: Both kidneys are normal in site, size and echotexture.

No evidence of gross obstructive renal calculi/ hydronephrosis.

Right kidney measures: 10.5 x 4.5cm.

Left kidney measures: 11 x 5.7cm.

URINARY BLADDER: Well distended with normal walls.

PROSTATE : Normal in size with homogenous echogenicity. No evidence of calcification within.

Seminal vesicles are normal.

No evidence of ascites.

Excessive bowel gases.



Mr. YOGESH R SONAWANE

MHN1.0000124740

NSKAH27418

**ULTRASOUND - WHOLE ABDOMEN**

**Impression**

No evidence of ascites.

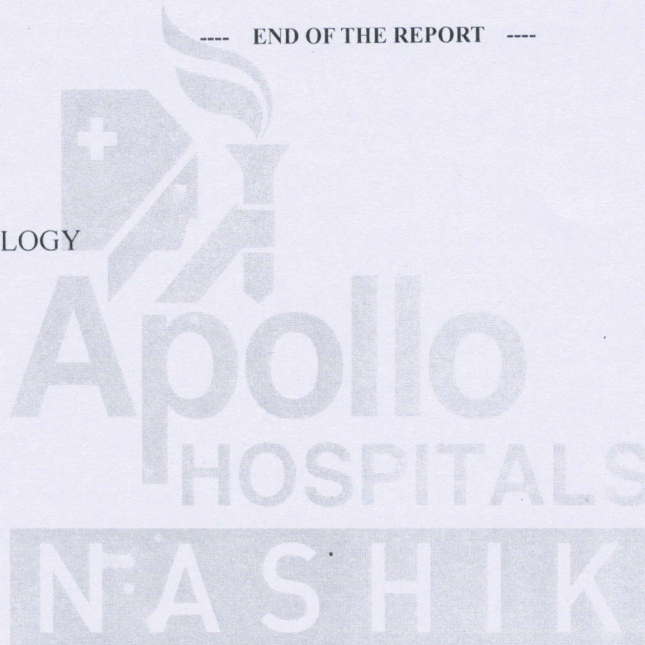
Excessive bowel gases.

Suggest : Clinical correlation and further evaluation.

--- END OF THE REPORT ---

Dr. Gorakhnath T

CONSULTANT-RADIOLOGY







27/1/22

Ms. Yogesh. Sonawane

35/M.

Dr. Priyanka Puri

9096986290-

- NO H/o of DM & HTN.

- Spacing  $\bar{c}$  lower anteriors.

- Stains, +++

- No Caries present.

- Missing  $\bar{c}$   $\leftarrow$  7.

Adv 1- FPD  $\frac{321}{123}$

oral prophylaxis phase I req.

*[Signature]*



# OPHTHALMOLOGY



Name : Mr Yogesh Sonwane  
 Occupation : \_\_\_\_\_  
 Age : 35 Sex : Male  Female  S/M/W/D  
 Address : Nsk  
 \_\_\_\_\_ Tel. No. \_\_\_\_\_

Date 27/08/22 UNIT \_\_\_\_\_  
 Room No. \_\_\_\_\_ Out Patient   
 Ref. Physician : \_\_\_\_\_  
 Copies to : \_\_\_\_\_

## REPORT ON OPHTHALMIC EXAMINATION

HISTORY : \_\_\_\_\_

PRESENT COMPLAINT : No complaint

PAST HISTORY : DM / HTN / ALLERGY

**ON EXAMINATION**

VISION :

		RE				LE			
		RIGHT				LEFT			
		SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA
DIST		VAG16				VAG16			
NEAR		_____				_____			

IR / Retinoscopy :

RIGHT			LEFT		
SPH	CYL	AXIS	SPH	CYL	AXIS
—	—	—	—	—	—
0.75	—	—	0.25	—	—

Refraction or Acceptance :

		RIGHT				LEFT			
		SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA
DIST		—	M	—	G16	—	M	—	G16
NEAR		_____			N16	_____			N16

\_\_\_\_\_

\_\_\_\_\_  
CONSULTANT OPTOMETRIST

ID: 000124740  
 Visit:  
 27-Aug-2022  
 9:47:00

35 years Asian Male

BRUCE  
 Max HR: 159bpm 90% of max predicted 175bpm  
 Max BP: 120/80  
 Reason for Termination: Max HR attained  
 Comments:

Total Exercise time: 7:01  
 25.0 mm/s  
 10.0 mm/mV  
 100hz

Referred by:  
 Test ind:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	WorkLoad (METS)	HR (bpm)	BP (mmHg)	RPP (x100)
PRETEST	SUPINE	0:53	**x	**x	1.0	75	100/70	75
	STANDING	0:08	**x	**x	1.0	70	100/70	70
	HYPERVENT	0:09	0.4	0.0	1.0	67	100/70	67
EXERCISE	STAGE 1	3:00	1.7	10.0	4.6	117	100/70	117
	STAGE 2	3:00	2.5	12.0	7.0	143	110/70	157
	STAGE 3	1:01	3.4	14.0	8.5	153	120/80	184
RECOVERY	Post	3:08	**x	**x	1.0	89	120/80	107

*MT Negative for STI*

