

MER- MEDICAL EXAMINATION REPORT

Date of Examination	09/11/24		
NAME	HANSRAJ SRIVASTAVA		
AGE	30	Gender	M
HEIGHT(cm)	176	WEIGHT (kg)	93 BMB. 31.0
B.P.	110/70		
ECG	normal		
X Ray	normal		
Vision Checkup	normal		
Present Ailments	None		
Details of Past ailments (If Any)	No		
Comments / Advice : She / He is Physically Fit	MEDICALLY FIT		



Dr. Smita Rastogi
 DCP
 Reg. No. 37370
 Signature with Stamp of Medical Examiner

You have been informed that dental, dietician, ENT consultations is not available at our centre. if you are ready than test can be start .

2D echo test facility is not available at our centre, instead we do TMT **test**.

If you are ready then your test can be start.



Handwritten signature in blue ink, appearing to read 'Hameed' over 'shir'.

भारत सरकार
 Ministry of Health and Family Welfare
 Government of India



मंसराज श्रीवास्तव
 Mansraj Shrivastava
 जन्म तिथि / DOB: 23/11/1993
 पुरुष / MALE



4667 4507 2122

मेरा आधार, मेरी पहचान



भारतीय विज्ञान संस्थान, लखनऊ
 Indian Institute of Technology, Lucknow

पता: S/O सुदेश कुमार श्रीवास्तव, निकट कैलाश बाग हनु 172B, मंज. 199/1940 सुशीला सदन, बसपार्क इलाहाबाद रोड, अमेलाबाद पार्क इला.ओ, आनंदपुर, उत्तर प्रदेश, 226018
 Address: S/O Sudeesh Kumar Shrivastava, NEAR KAISER BAGH BUS STAND, H NO 172/249 SUSHILA SADAN, BAZAR, JHALLI LAL, Amnabad Park S/O, Lucknow, Uttar Pradesh, 226018



4667 4507 2122

1947 help@iitl.ac.in www.iitl.ac.in

Handwritten signature: H. Anand
Handwritten date: 02/11/2024

ECG

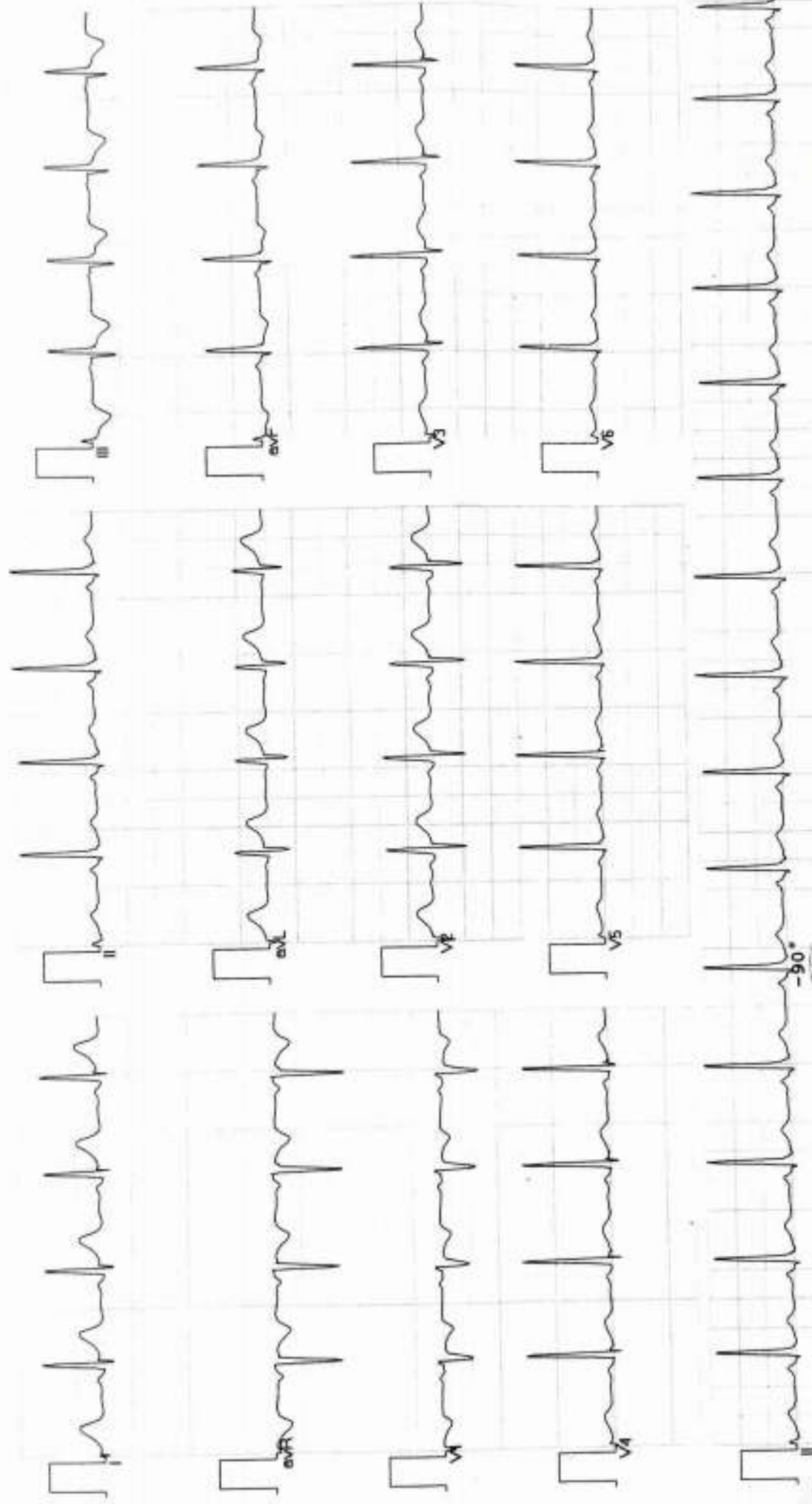


Modern Pathology And Diagnostic Centre

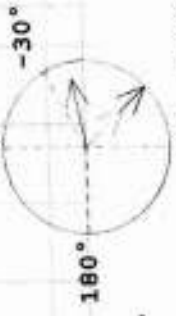
336 / HANSRAJ SRIVASTAVA / 31 Yrs / M / 176Cms. / 93Kgs. / Non Smoker

Heart Rate : 90 bpm / Tested On : 09-Nov-24 10:51:12 / HF 0.05 Hz - LF 100 Hz / Notch 50 Hz / Sn 1.00 Cm/mV / Sw 25 mm/s

/ Refd By: APOLO HEALTH



Vent Rate : 90 bpm
PR Interval : 96 ms
QRS Duration: 80 ms
QT/QTc Int : 330/381 ms
P-QRS-T axis: 46.00• 46.00• -11.00•



Axis
90° R 46° T -11° P 46°

Normal ECG

[Signature]

Dr. AMIT MOHAN MD
Reg. No. 44859

Allergens ECG (Pisces)(PIS215191030)



MODERN PATHOLOGY & DIAGNOSTIC CENTRE

DIAGNOSTIC CENTRE

Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



CLINIC :

1/4A, Vineet Khand, (Opp Jaipuria Management)
Gomti Nagar, Lucknow - 226 010
Ph : 0522-4008184, 4308184 • 8112323230
Mob : 7618884441, 9450389932, 8177063877

Date	: 09-Nov-2024		
Name	: Mr. HANSRAJ SRIVASTAVA	Age	: 30 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

Plasma Glucose - F GOD-POD Method	92	mg/dl	70 - 110
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Plasma Glucose - PP GOD POD Method	127	mg/dl	110 - 170
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Blood Group & Rh	"B" Positive		
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KFT			
UREA	21.6	mg %	15 - 50
CREATININE	0.88	mg %	0.5 - 1.5
URIC ACID	5.1	mg %	2 - 7
CALCIUM	9.8	mg %	8.8 - 10.0

LFT T&D			
Total Bilirubin	0.60	mg%	0.2 - 1.0
Direct Bilirubin	0.19	mg%	0.0 to 0.40
Indirect Bilirubin	0.41	mg%	0.10 to 0.90
S.G.P.T	112	IU/L	5 - 40
S.G.O.T	96	IU/L	5 - 50
ALP	82	IU/L	40 to 129

Serum Gamma G.T.	29	IU/L	11 - 50
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Urine Sugar (Fasting)	NIL		
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Urine Sugar (PP)	NIL		
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Dr. Smita Rastogi
Contd... M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

SAMPLE COLLECTION FACILITY AVAILABLE

Report needs clinicopathological correlation ♦ Not for Medico Legal Purpose

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Date	: 09-Nov-2024	Age	: 30 Yrs.
Name	: Mr. HANSRAJ SRIVASTAVA	Sex	: Male
Ref.By	: APOLLO HEALTH		

THYROID TEST

Tri-iodothyronine (T3)	1.80	nmol/L	0.50 to 2.50
Thyroxine (T4)	6.91	mcg/dL	5.0 to 12.5
Thyroid Stimulating Hormone (TSH)	3.12	mIU/ ml	0.3 to 6.0

=====

COMMENTS

=====

- 1) Primary hyperthyroidism is accompanied by elevated Serum T3 and T4 values along with depressed TSH levels.
- 2) Primary Hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH levels.
- 3) Normal T4 levels accompanied by high T3 levels are seen in patients with T3 thyrotoxicosis.
- 4) Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels maybe encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol and propylthiouracil.
- 5) Elevated TSH levels may also be indicative of TSH secreting Pituitary Tumour.

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Date	: 09-Nov-2024	Age	: 30 Yrs.
Name	: Mr. HANSRAJ SRIVASTAVA	Sex	: Male
Ref.By	: APOLLO HEALTH		

LIPID PROFILE

Triglycerids	172	mg%	70 - 190
S. Cholestrol S.	263	mg%	130 - 230
S. HDL Cholestrol	46.4	mg%	35 - 75
S. LDL Cholestrol	182.2	mg%	75 - 150
VLDL	34.4	mg%	0 - 34
Chol / HDL factor	5.67		
LDL / HDL Factor	3.93		

COMMENTS

- * Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).
- * LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lower LDL and raise HDL. Raised chol. in females is mostly due to disturbed thyroid function.
- * Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Betablocker therapy.

TYPES OF HYPERLIPOPROTEINEMIAS

TYPE 1: Normal cholesterol TG greatly raised	TYPE 3: Cholesterol increased TG increased
TYPE 2a: Cholesterol increased LDL increased TG normal	TYPE 4: Cholesterol normal /increased VLDL increased TG increased
TYPE 2b Chol. increased VLDL raised TG increased LDL increased	TYPE 5: Cholesterol increased LDL reduced VLDL increased TG greatly increased

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Date : 09-Nov-2024

Name : **Mr. HANSRAJ SRIVASTAVA**

Age : 30 Yrs.

Ref.By : APOLLO HEALTH

Sex : Male

Glycosylated Haemoglobin

Glycosylated Haemoglobin 5.4 % 4.5 TO 6.0

INTERPRETATION AND COMMENTS

NON DIABETIC : 4.5 to 6.0 %
GOOD CONTROL: 6.0 to 7.0
FAIR CONTROLLED 7.0 AND 8.0
UNCONTROLLED 8.0 AND ABOVE

Glycosylated haemoglobin is the adducted glucose in the haemoglobin of the red blood cells, this adduction is stable for the life time of the RBC (i.e 120 days). There fore the measure of glycosylated haemoglobin reflects the average blood glucose concentration over the preseding several weeks. The sudden change in blood glucose level would not effect the glycosylated haemoglobin level ,which serves as a better marker of long term metabolic control and the efficacy of therapy.

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Date	: 09-Nov-2024	Age	: 30 Yrs.
Name	: Mr. HANSRAJ SRIVASTAVA	Sex	: Male
Ref.By	: APOLLO HEALTH		

Urine Examination

PHYSICAL		
Colour	Straw	
Turbidity	Nil	
Deposit	Nil	
Reaction	Acidic	
*Specific Gravity	1.010	
CHEMICAL		
Protein	Nil	
Sugar	Nil	
*Bile Salts	Nil	
*Bile Pigments	Nil	
Phosphate	Nil	
MICROSCOPIC		
Pus Cells	Nil	/hpf
Epithelial Cells	0-1	/hpf
Red Blood Cells	Nil	/hpf
Casts	Nil	
Crystals	Nil	
Others	Nil	

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Date : 09-Nov-2024

Name : **Mr. HANSRAJ SRIVASTAVA**

Age : 30 Yrs.

Ref.By : APOLLO HEALTH

Sex : Male

General Blood Picture

RBCs RBCs are Normocytic & Normochromic.
No Normoblasts are seen.

WBCs TLC is within normal range.
DLC shows eosinophils are increased .
No immature cells of WBC seen.

PLATELETS Platelets are adequate in number and morphology.

OTHERS No haemoparasites are seen.

IMPRESSION MILD EOSINOPHILIA

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Date	: 09-Nov-2024			
Name	: Mr. HANSRAJ SRIVASTAVA		Age	: 30 Yrs.
Ref.By	: APOLLO HEALTH		Sex	: Male
Haemoglobin	14.3	gm%	14 - 17	
Total Leucocyte Count	5600	Cells/cumm.	4000-11000	
Differential Leucocyte Count				
Polymorphs	55	%	45 - 70	
Lymphocytes	30	%	20 - 45	
Eosinophils	08	%	0 - 6	
Monocytes	07	%	0 - 8	
Basophils	00	%	0 - 1	
Erythrocyte Sedimentation Rate (Wintrobe)				
ESR	08	mm in 1st Hr.	0 - 9	
PCV	44.9	cc%	40 - 52	
Corrected ESR	02	mm in 1st Hr.	0 - 9	
Platelet Count	1.87	lakh/cumm.	1.5 - 4.0	
Red Cells Count	4.94	million/cmm	3.90 to 5.80	
Absolute values				
MCV	90.9	fL	77 - 97	
MCH	28.9	pg	27 - 31	
MCHC	31.8	gm /dl	31 - 34	

Dr. Sanjay Rastogi
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Dr. Smita Rastogi
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Mob.: 7618884441, 9450389932, 8177063677



TEST REQUEST ID :012411090032	SAMPLE DATE	:09/Nov/2024 10:12AM
NAME :Mr. HANSRAJ SRIVASTAVA	SAMPLE REC. DATE	:09/Nov/2024 10:12AM
AGE/SEX :30 YRS/MALE	REPORTED DATE	:09/Nov/2024 11:33AM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01090032

USG WHOLE ABDOMEN-MALE

Liver: is enlarged in size (153 mm). Parenchymal echogenicity is increased. No focal echovariant lesion is seen. Intrahepatic biliary radicles are not dilated.

Gall Bladder: is well distended. Lumen is anechoic. Wall is of normal thickness.

CBD: is normal in diameter 3.7 mm. Portal vein is normal in diameter.

Pancreas: is normal in size, shape and echotexture. No focal echovariant lesion is seen. Pancreatic duct is not dilated.

Spleen: is normal in size (118 mm), shape and echotexture. No focal echovariant lesion is seen. Splenic vein is normal.

Right Kidney: is normal in size 105 mm, shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst, or calculi is seen. Pelvicalyceal system is not dilated. Ureter is not dilated.

Left Kidney: is normal in size 104 mm, shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst, or calculi is seen. Pelvicalyceal system is not dilated. Ureter is not dilated.



Pankaj Rastogi
M.B.B.S., DCP, CRIAT (BARC)

DR. PANKAJ UPADHYAYA
Consultant Radiologist

Dr. Smita Rastogi
M.B.B.S., DCP

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Mob : 7618884441, 9450389932, 817706687

TEST REQUEST ID :012411090032	SAMPLE DATE	:09/Nov/2024 10:12AM
NAME :Mr. HANSRAJ SRIVASTAVA	SAMPLE REC. DATE	:09/Nov/2024 10:12AM
AGE/SEX :30 YRS/MALE	REPORTED DATE	:09/Nov/2024 11:33AM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01090032

Urinary bladder: is well distended. Lumen is anechoic. Wall is of normal thickness. No mass or calculus is seen.

Prostate: is normal in size (27x28x34 mms, wt = 14.3 gms), shape and echotexture. No focal echovariant lesion is seen. Prostatic capsule appears to be intact. Median lobe is not projecting in UB lumen. Both seminal vesicles appear normal.

Both iliac fossae are clear. No obvious bowel pathology is noted.
There is no free fluid in peritoneal cavity.

OPINION:

- HEPATOMEGALY WITH FATTY LIVER GRADE -I.

*** End Of Report ***



Sanjay Rastogi
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Consultant Radiologist

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TEST REQUEST ID :012411090032	SAMPLE DATE	:09/Nov/2024 10:12AM
NAME :Mr. HANSRAJ SRIVASTAVA	SAMPLE REC. DATE	:09/Nov/2024 10:12AM
AGE/SEX :30 YRS/MALE	REPORTED DATE	:09/Nov/2024 12:19PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01090032

XRAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

OPINION: NORMAL STUDY.

Please correlate clinically.

*** End Of Report ***



Anjanay Rastogi
M.B.B.S., DCP, CRIAT (BARC)

Surbhi
Dr. Surbhi
MBBS, MD (Radiodiagnosis)

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Registration Date 09/11/2024

Age : 30 Sex: M

Name : Mr Hansraj Srivastava

Ref By: Apollo Health

EYES EXAMINATION REPORT

EYE SIGHT	DISTANT VISION		NEAR VISION	
	RIGHT	LEFT	RIGHT	LEFT
WITHOUT GLASSES	6/16	6/6	N-6	N-6
WITH GLASSES				
POWER OF GLASSES IF USED				
FUNDUS	NORMAL			
COLOR VISION	Present Normal according to ISHIHARA'S CHART			
PUPILS	Normally reacting to light and accommodation			

Dr. H. S. Khatia
M.B.B.S., D.O.M.S.



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Gomti Nagar lucknow

Report

ACIPL

HANSRAJ SRIVASTAVA / 31 Yrs / M / 176 Cms / 93 Kg

Date: 09 - 11 - 2024 Refd By : APOLLO HEALTH Examined By:

Stage	Time	Duration	Speed(Kmph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:04	0:04	00.0	00.0	01.0	085	45 %	110/70	093	00	
Standing	00:07	0:03	00.0	00.0	01.0	080	42 %	110/70	088	00	
HV	00:11	0:04	00.0	00.0	01.0	088	47 %	110/70	096	00	
ExStart	00:25	0:14	00.0	00.0	01.0	088	47 %	110/70	096	00	
BRUCE Stage 1	03:25	3:00	02.7	10.0	04.7	121	64 %	122/80	147	00	
BRUCE Stage 2	06:25	3:00	04.0	12.0	07.1	144	76 %	130/86	187	00	
PeakEx	07:30	1:05	05.5	14.0	08.2	160	85 %	130/86	208	00	
Recovery	08:30	1:00	00.0	00.0	01.2	123	65 %	124/82	152	00	
Recovery	09:30	2:00	00.0	00.0	01.0	109	58 %	120/80	130	00	
Recovery	10:30	3:00	00.0	00.0	01.0	106	56 %	118/80	125	00	
Recovery	10:55	3:25	00.0	00.0	01.0	109	58 %	118/80	128	00	

FINDINGS :

Exercise Time : 07:05
Max HR Attained : 160 bpm 85% of Target 189
Max BP Attained : 130/86 (mm/Hg)
Max WorkLoad Attained : 8.2 Fair response to induced stress
Test End Reasons : Test Complete, Fatigue , Test Complete

REPORT :

CONCLUSIONS:

1. STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE.


 Dr. Anshu Singh
 Reg. No. 4433
 M.D.

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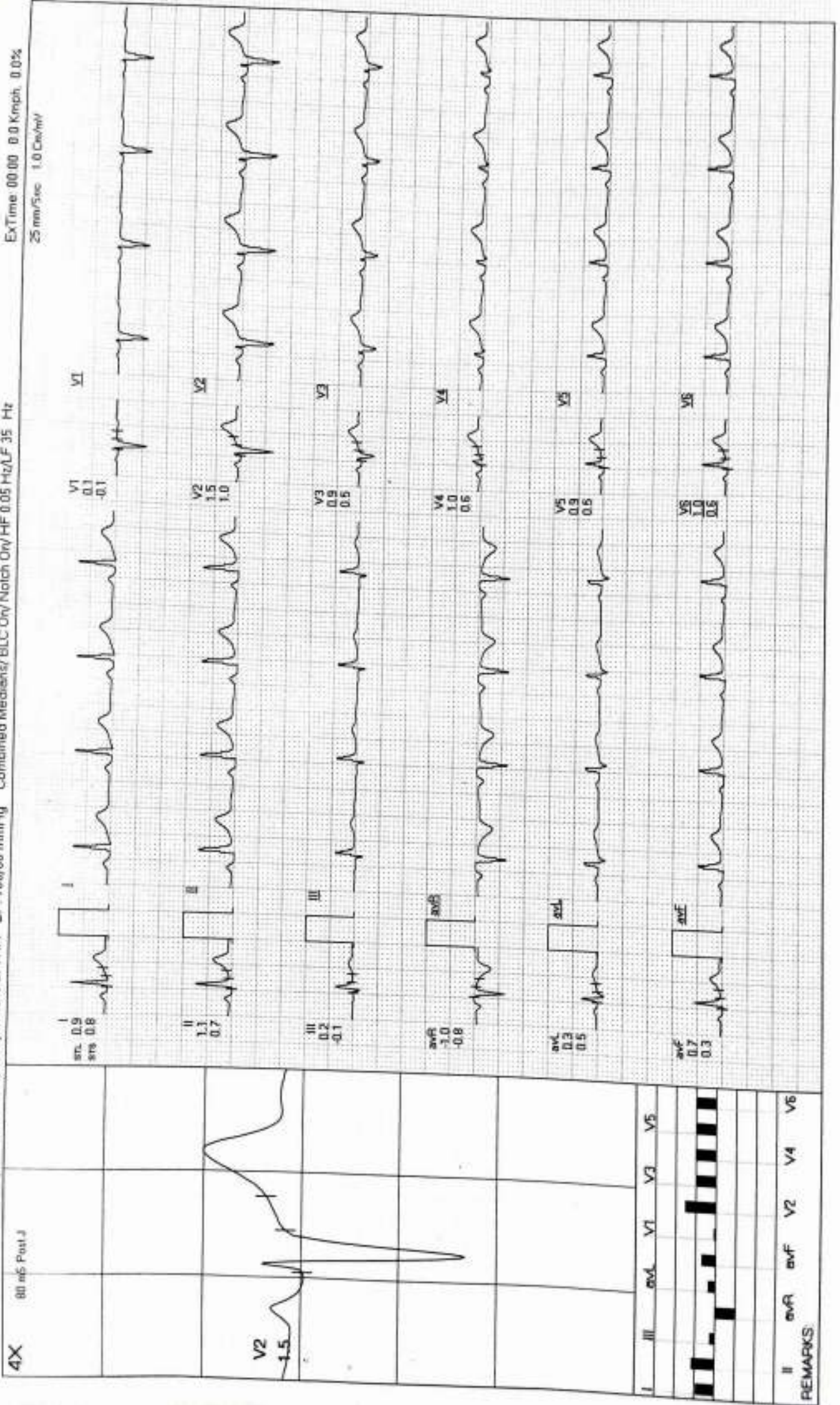
VISHAKHA / 33 Yrs / F / 147 Cms / 56 Kg / HR : 80

BRUCE:Supine(0:05)

AGPL

Date: 09-11-2024

METS 1.0/ 80 bpm 43% of THR BP: 100/60 mmHg Combined Mediens/BLC Orv/ Natch Orv/ HF 0.05 Hz/AF 35 Hz



MODERN PATHOLOGY AND DIAGNOSTIC CENTER

BRUCE:Supine(0:04)



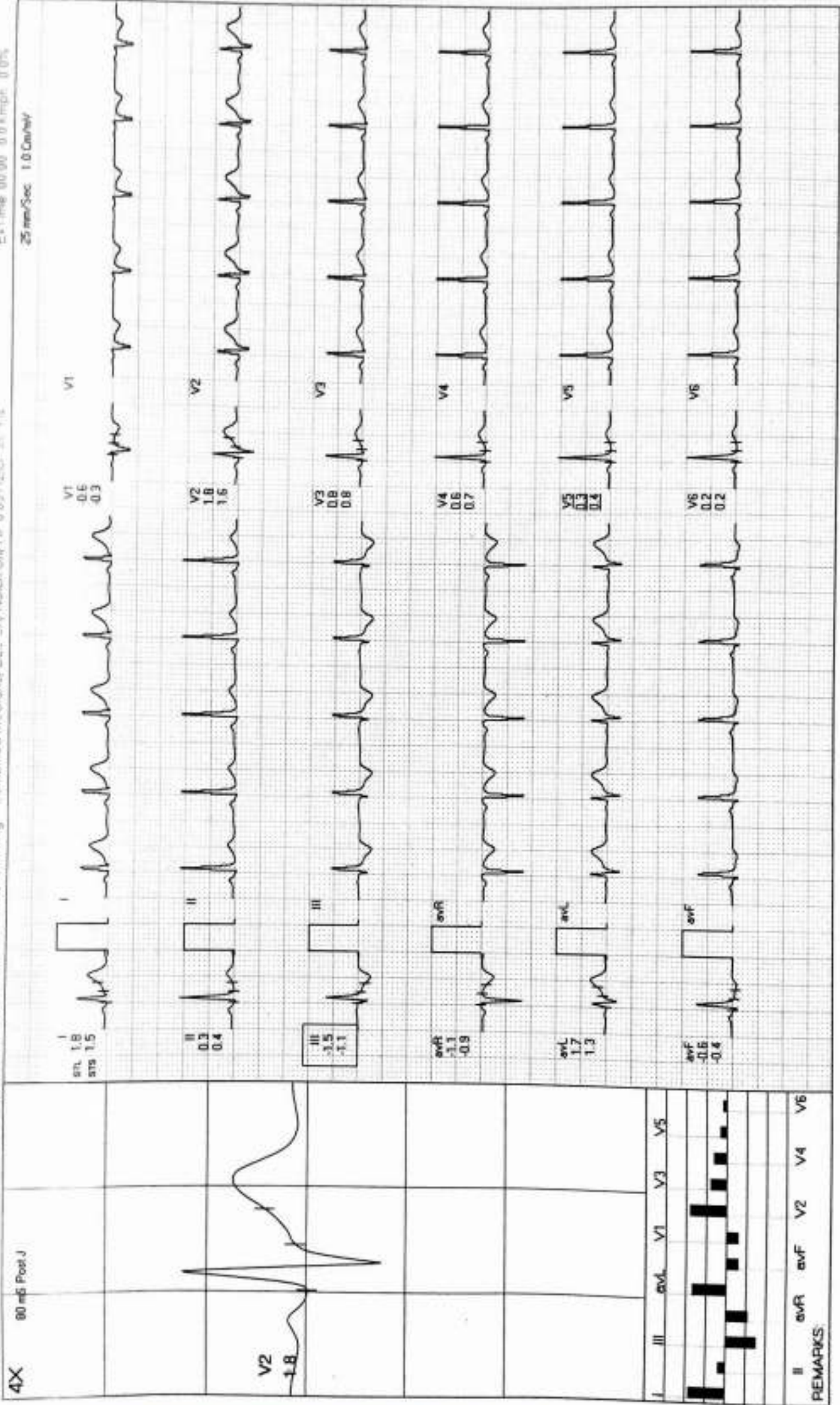
HANSRAJ SRIVASTAVA / 31 Yrs / M / 176 Cms / 93 Kg / HR : 85

Date: 02-11-2024

METS: 1.0/85 bpm 45% of THR BP: 110/70 mmHg Combined Meds: BLC Dry/Noch On/ HF 0.05 Hz L.F. 3# Hz

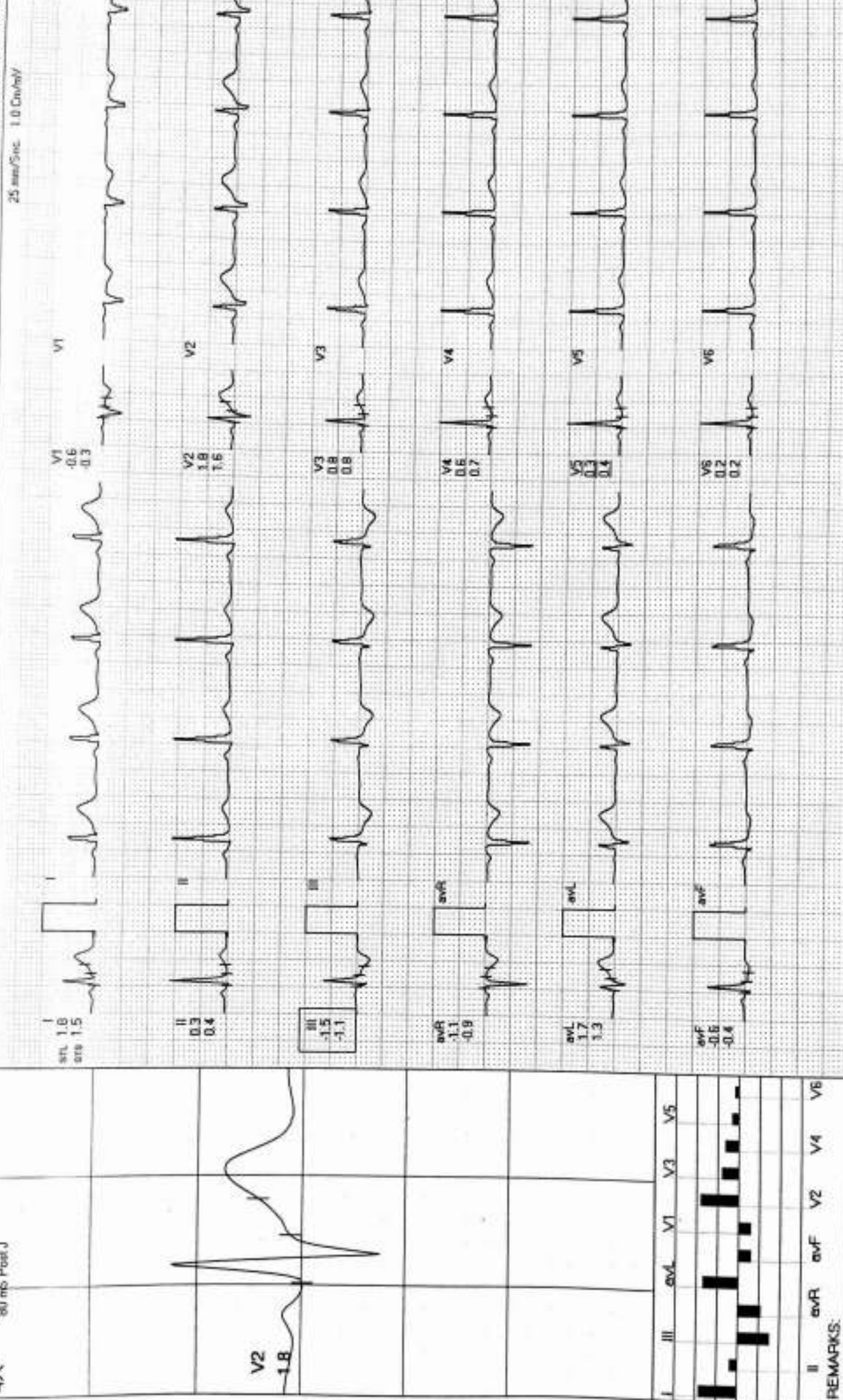
Ea Time: 00:00 0.0 kmph 0.0%

25 mm/Sec 1.0 Cm/Div



REMARKS:

Date 09-11-2024 METS 1.0/80 bpm 42% of THR BP 110/70 mmHg Combined Meds/BLK On/ H-F 0.05 Hz/LF 35 Hz
 4X 80 mS Post J E-Time 00:00 0.0 Km/Ph 0.0%



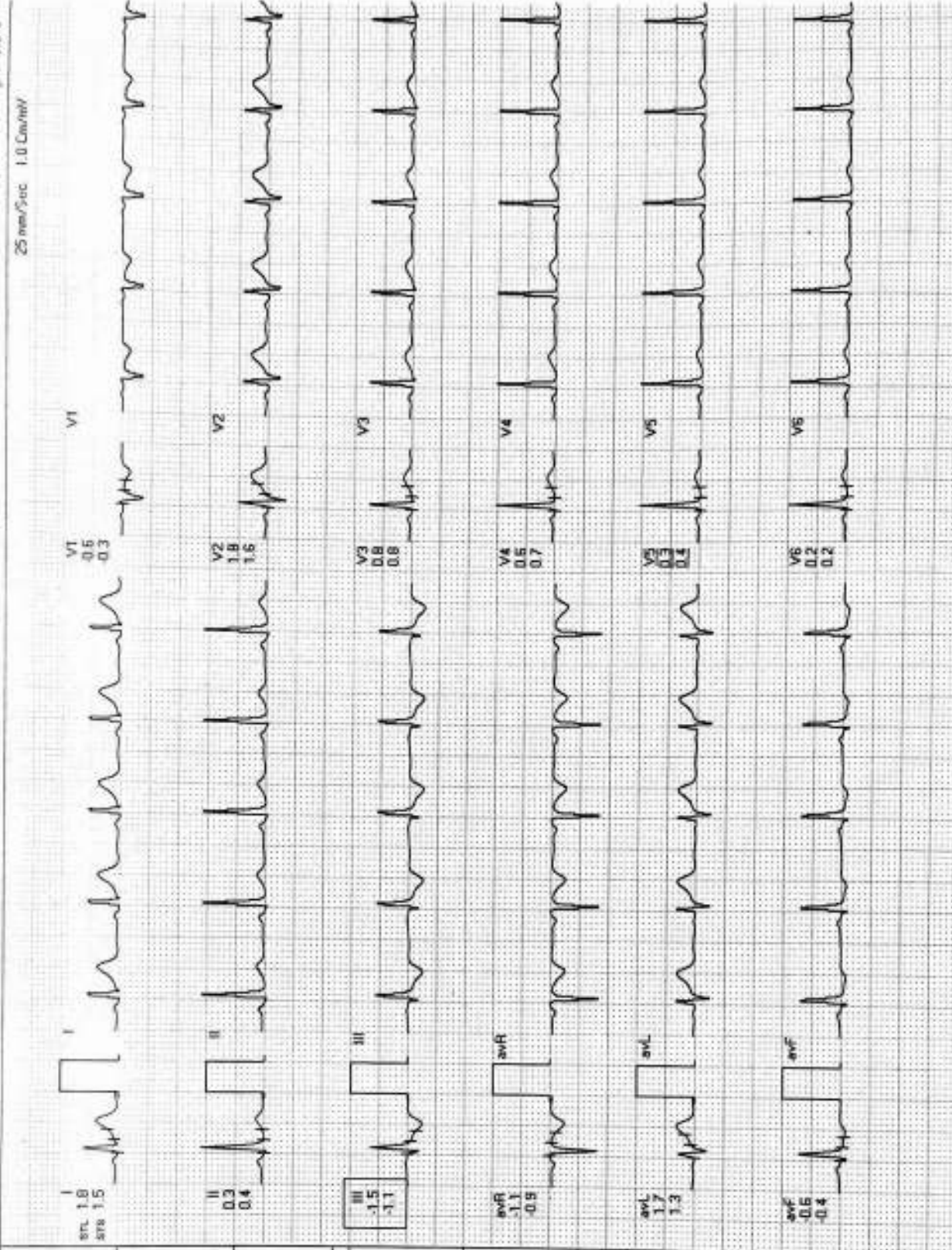
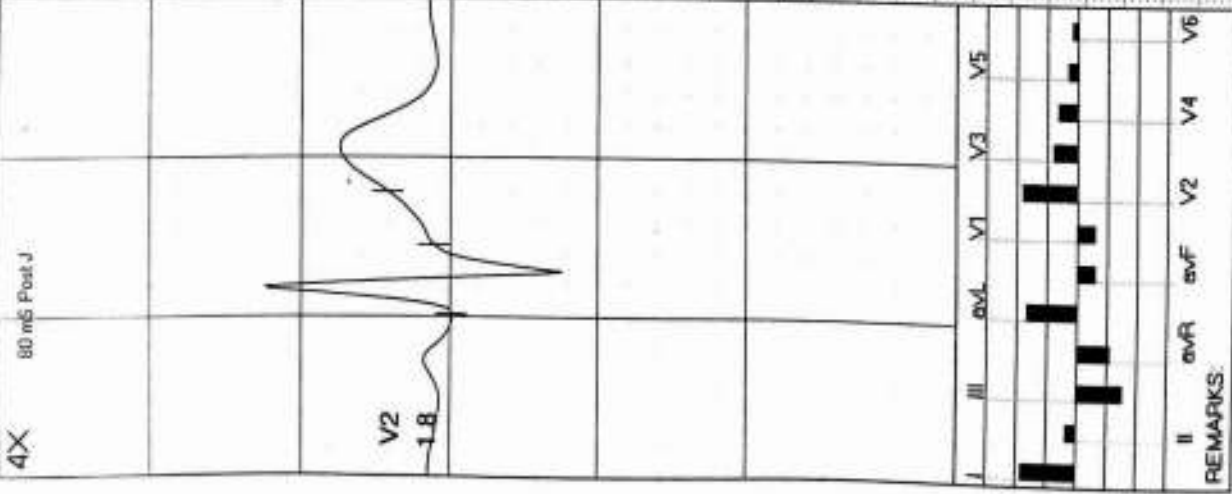
REMARKS:

Date 09-11-2024

METS: 1.0/88 bpm 47% of THR SP: 110/70 mmHg Combined Medians/BLC On/Notch On/HF 0.05 Hz/LF 35 Hz

ExTime 00:00 0.0 Kmph 0.0%

4X 80 mb Post J



REMARKS:

Date: 09-11-2024

METS: 1 W/88 bpm 47% of THR BP: 110/70 mmHg Combined Medians/BLC On/Match On/HF 05 Hz/LF 15 Hz

4X

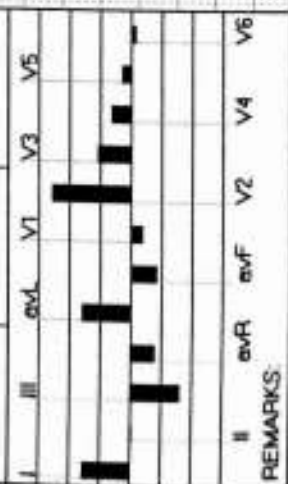
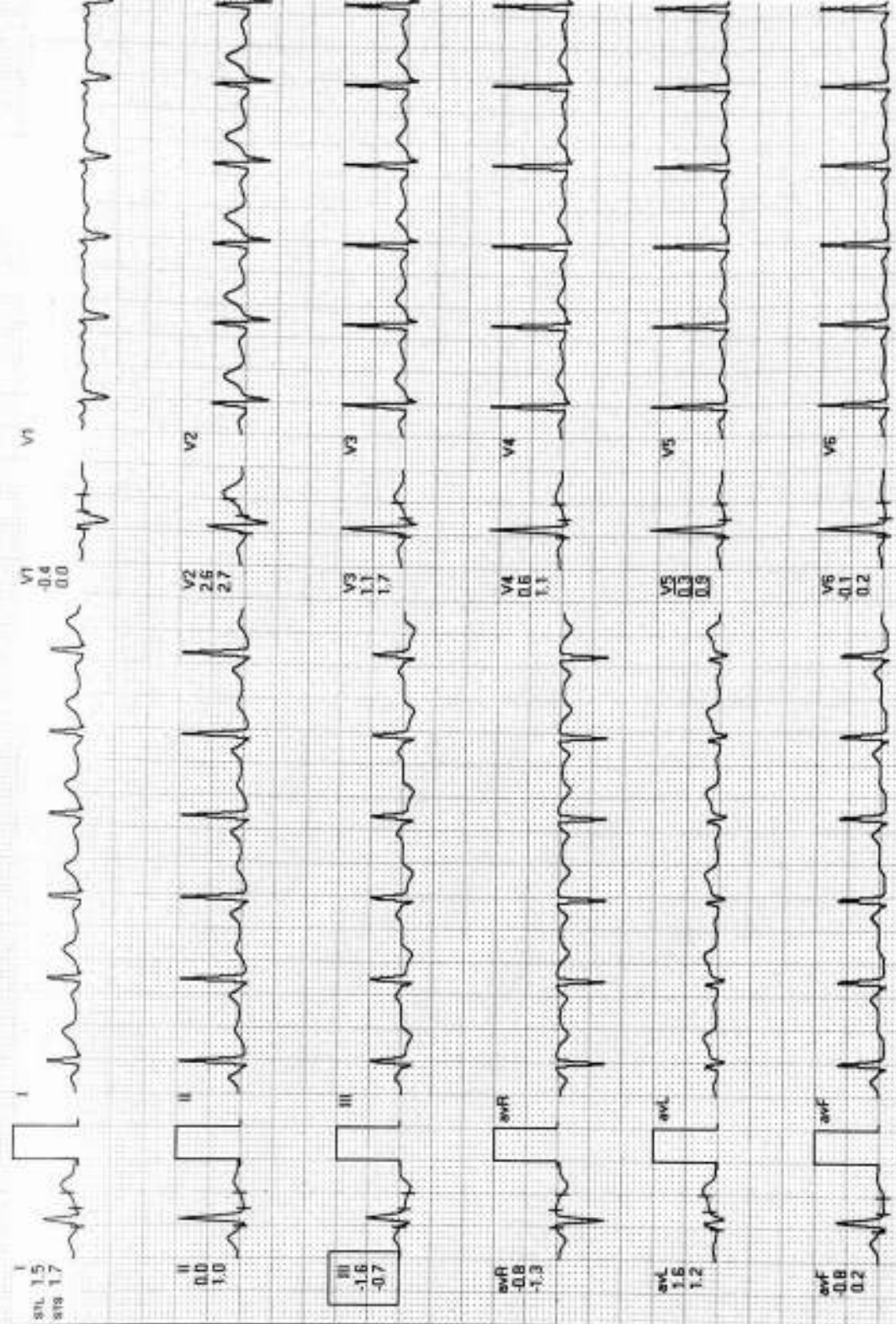
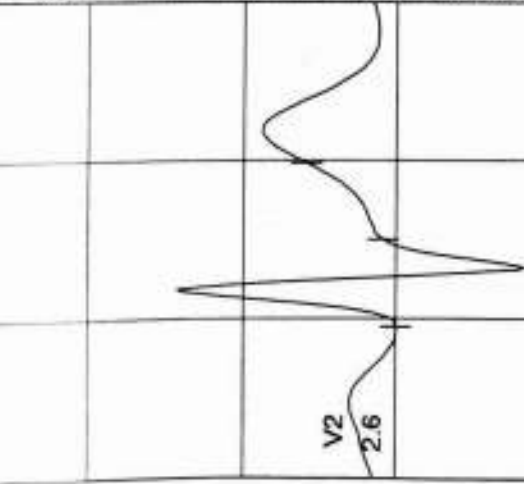
80 mS Post J

ErTime: 00:00 0.0 KmPh. 0.0%
25 mm/Sec 1.0 Cm/mV



REMARKS:

Date: 09-11-2024
 METS: 4.7/121 bpm 64% of THR BP: 122/80 mmHg Combined Medians: BLC On/Match On/HF 0.05 Hz/LF 35 Hz
 4X 80 mS Post J
 E-T Time: 03:00 2.7 Kmph 10.0%
 25 mm/Sec 1.0 Cm/Div

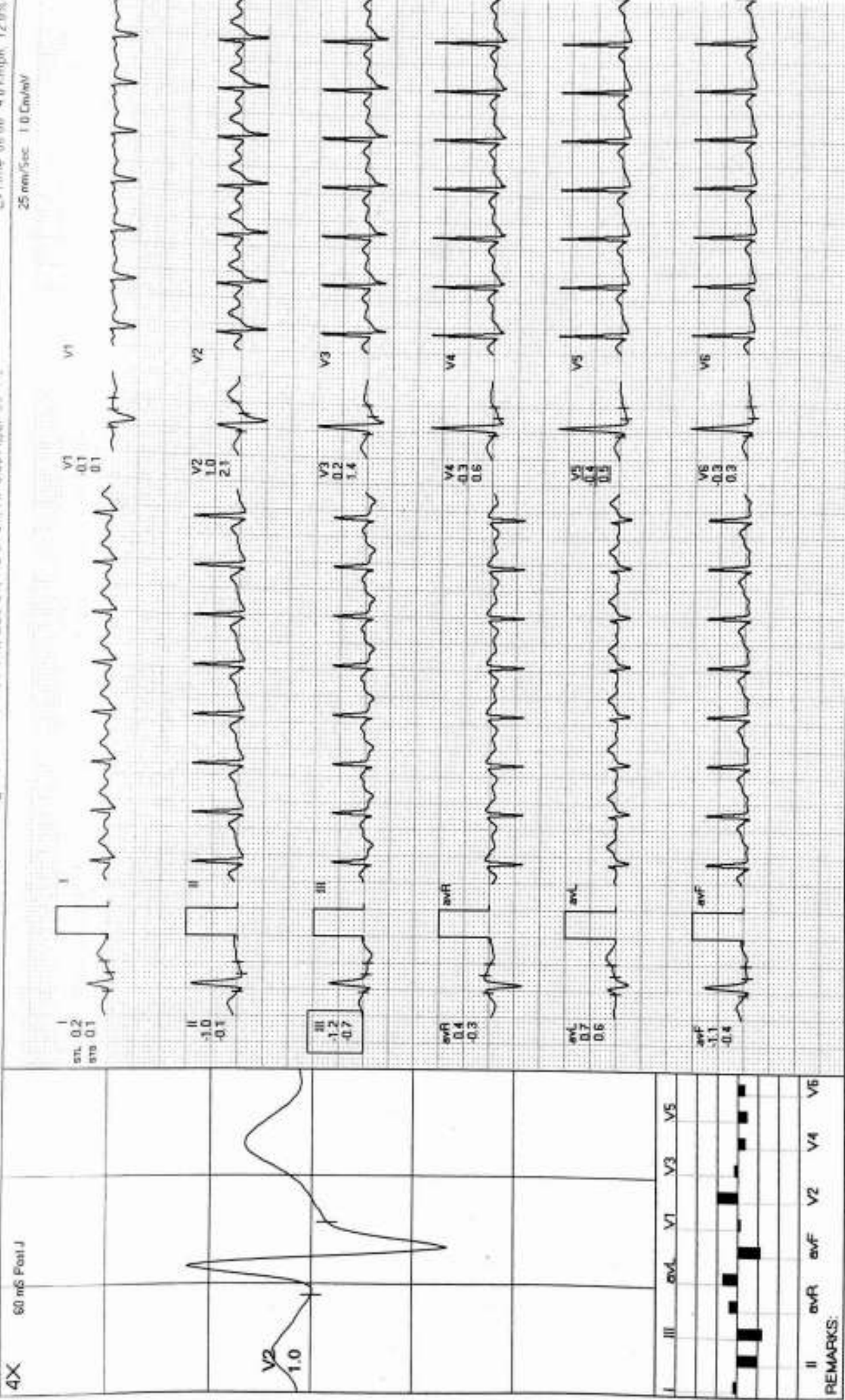


REMARKS:

Date: 09-11-2024

METS: 7.1/144 bpm 78% of THR BP 130/86 mmHg Combined Medians/ BLC On/Notch On/HF 0.05 Hz/AF 35 Hz

EvTime 06:00 4.0 Kmph 12.0%
25 mm/Sec 1.0 Cm/mV

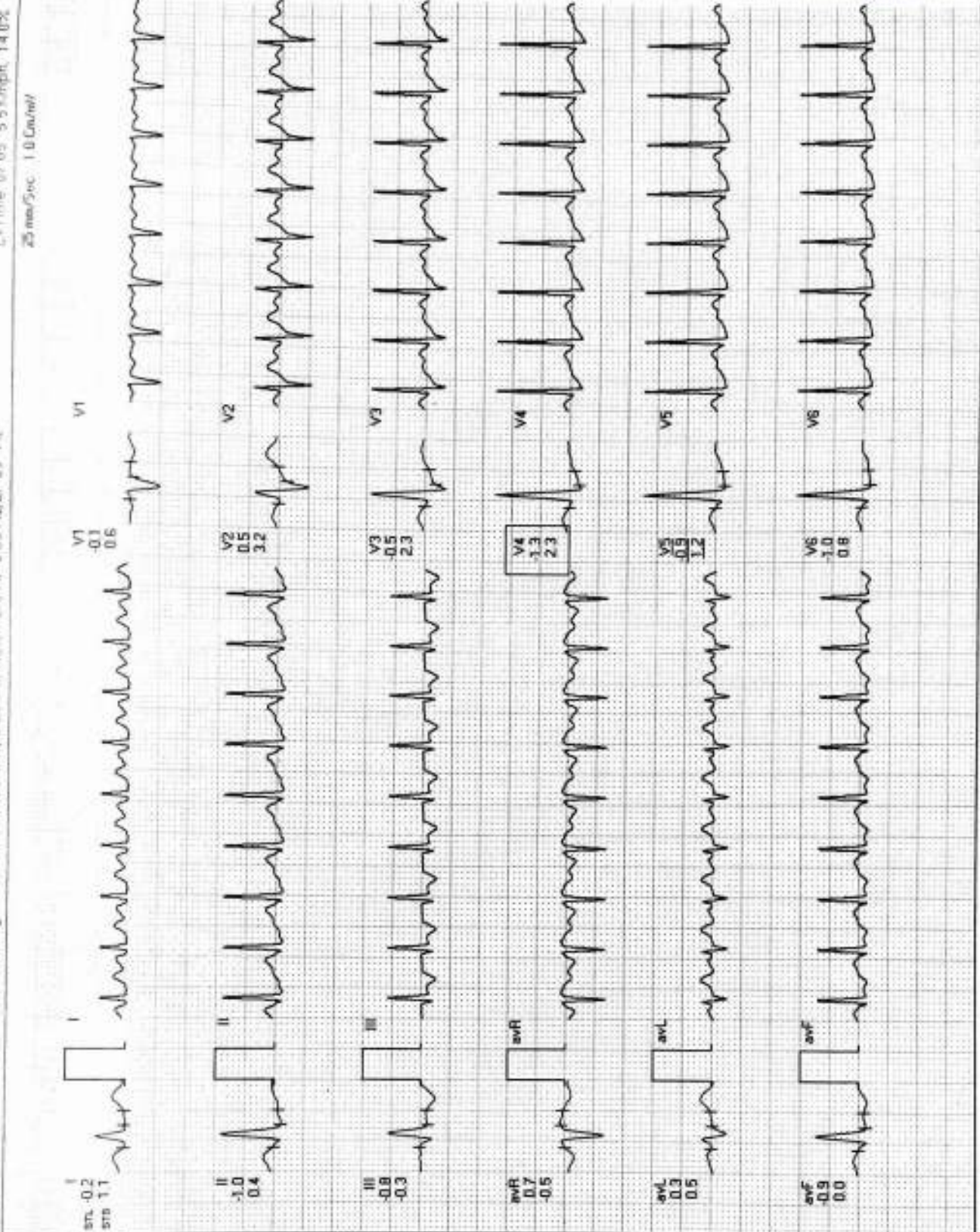
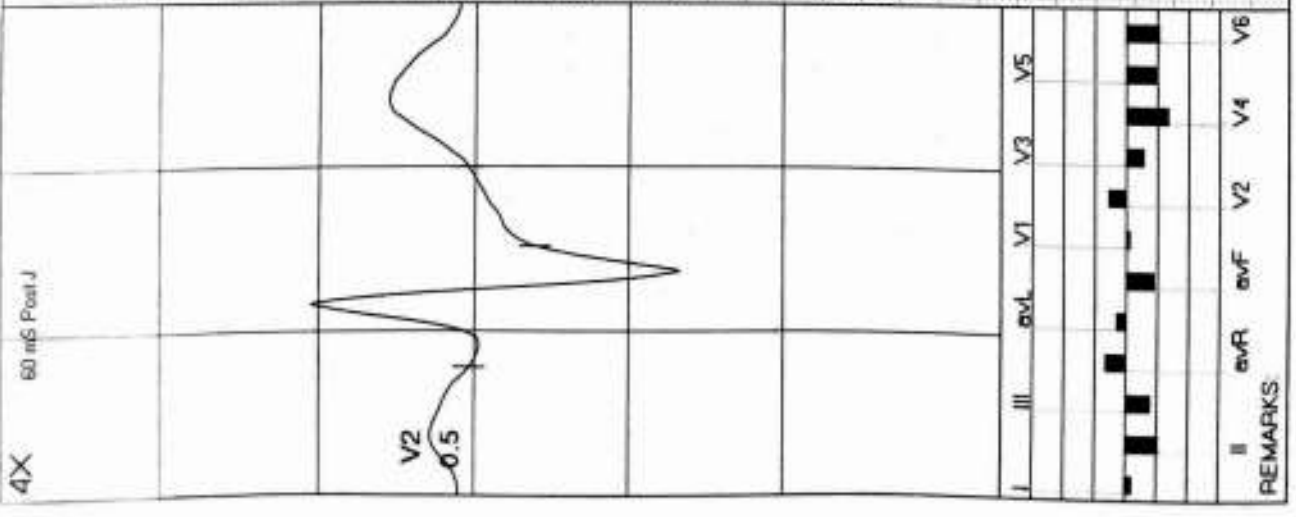


REMARKS:

Date: 09-11-2024

METS: 8.2/160 bpm, 85% of THR BP: 130/86 mmHg Combined Medians/BLC Def/High Ch/HF 0.05 Hz/LF 35 Hz

E-Time: 07:05 5.5 Kmph, 14.0%
25 mm/Sec 1.0 Cm/mV



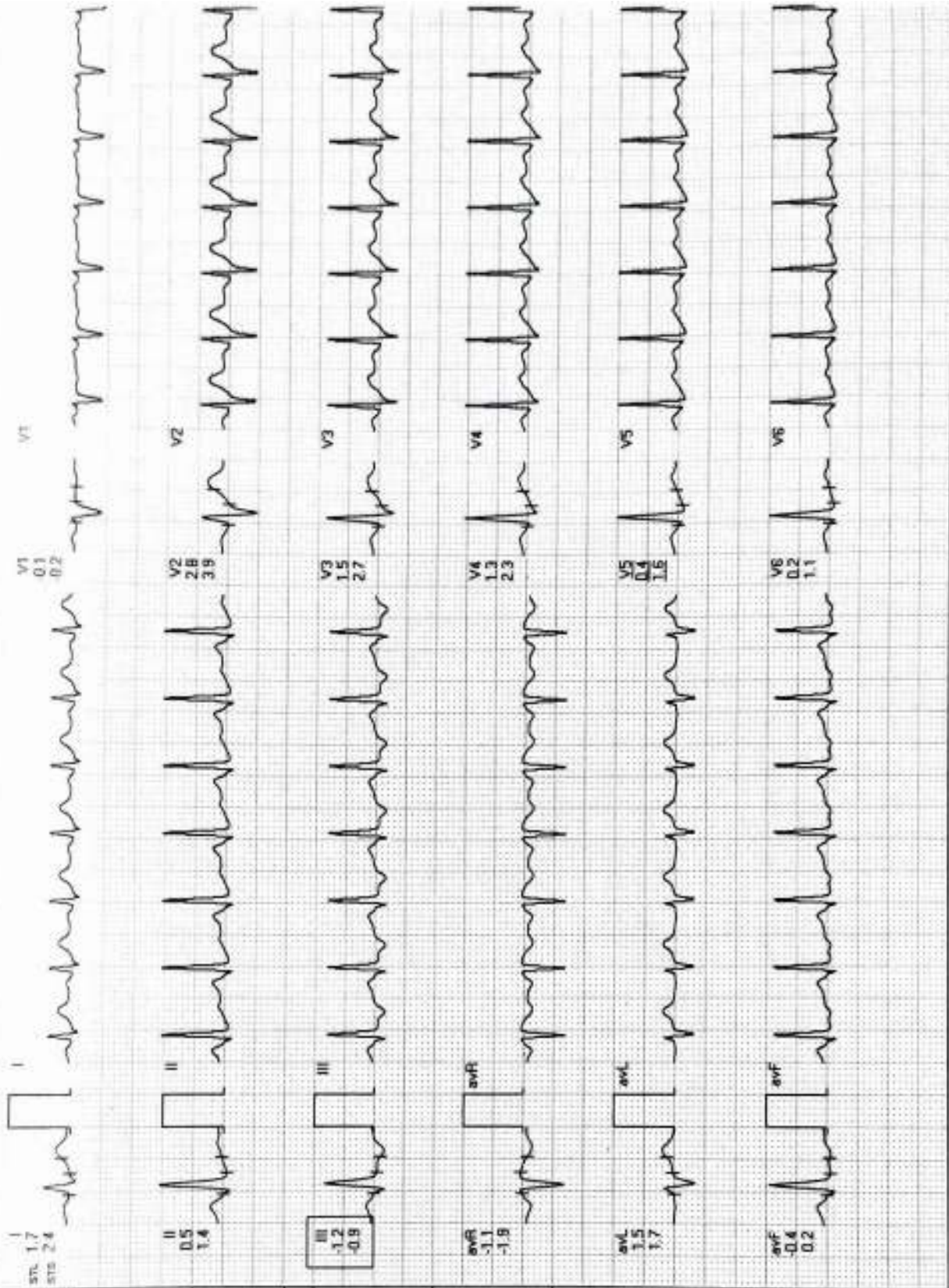
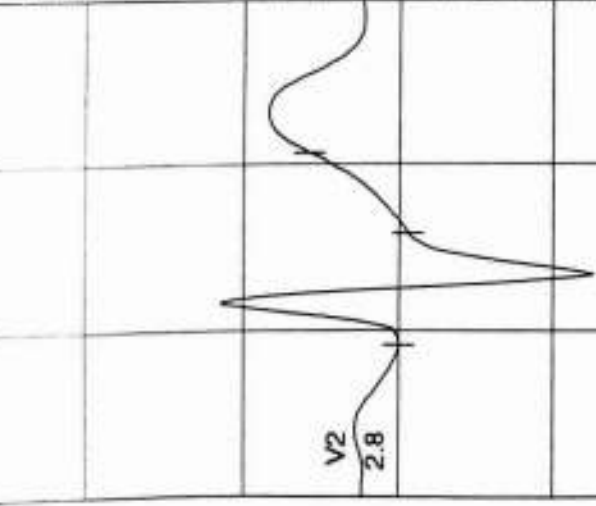
REMARKS

Date 09-11-2024

METS: 1.2/123 bpm 65% of THR BP 124/82 mmHg Combined Medians/BLC On/Match On/HF 0.05 Hz/LF 35 Hz

Ex Time 07:05 0.0 Zmph 0.0%
25 mm/sec 1.0 Cal/cm

4X 70 m/s Post J

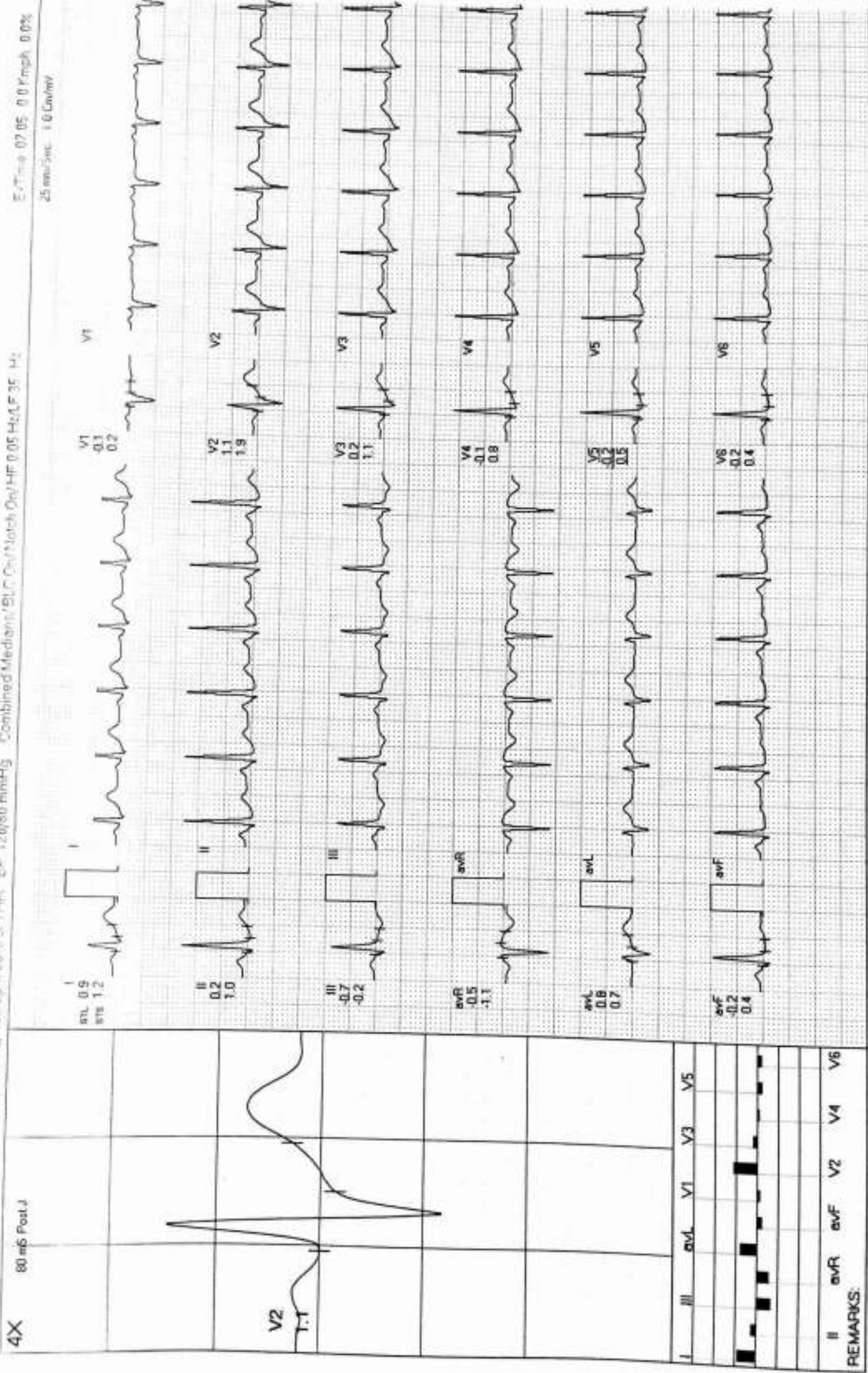


I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
[Bar chart showing ST segment depression for each lead]											
REMARKS:											

Date: 09-11-2024

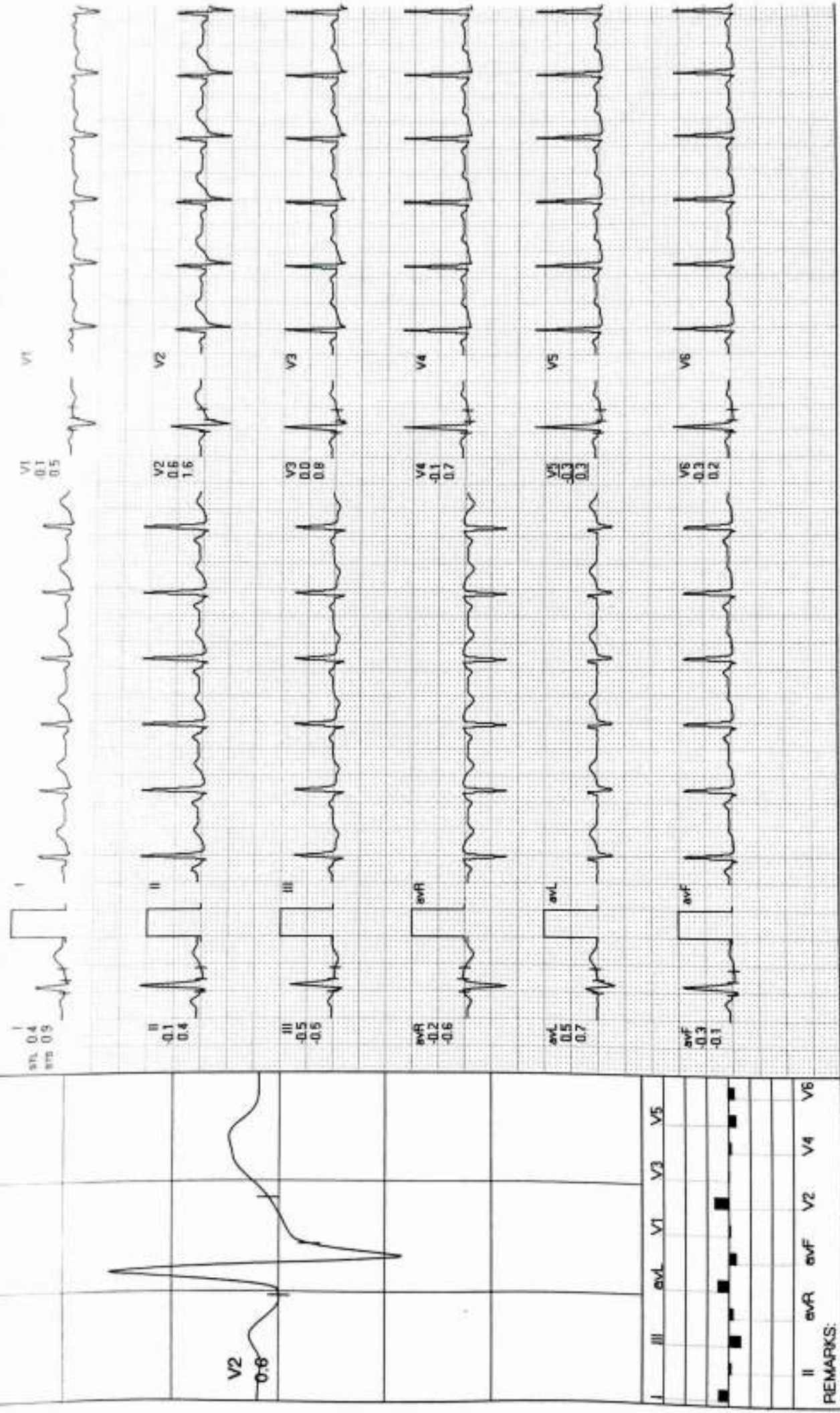
METS: 1.0/109 bpm 58% of THR BP: 120/80 mmHg Combined Medians: SLO On/Match On/HF 0.05 Hz/LF 35 Hz

E-Time: 07:05 0.0 V/Div 0.0%
 25 mm/Sec 1.0 Cm/Div



REMARKS:

Date 09-11-2024 METS 1.0/106 bpm 56% of THE BP 118/90 mmHg Combined Medians/RLC Cr/Flash Cr/MF 0.06/4.4/3.3R M-
 4X 80 mS Post J



REMARKS:

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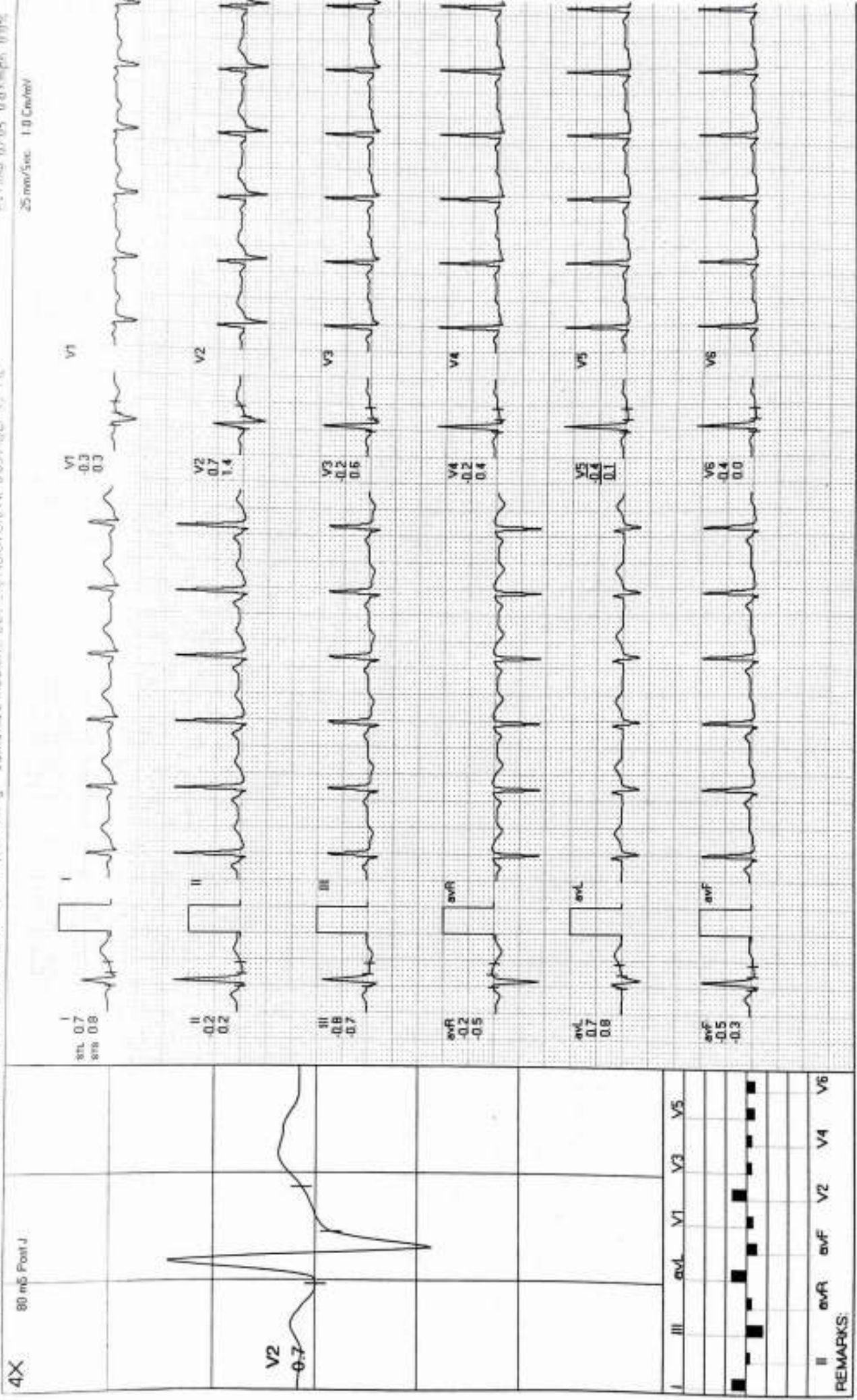
HANSRAJ SRIVASTAVA / 31 Yrs / M / 176 Cms / 93 Kg / HR: 109

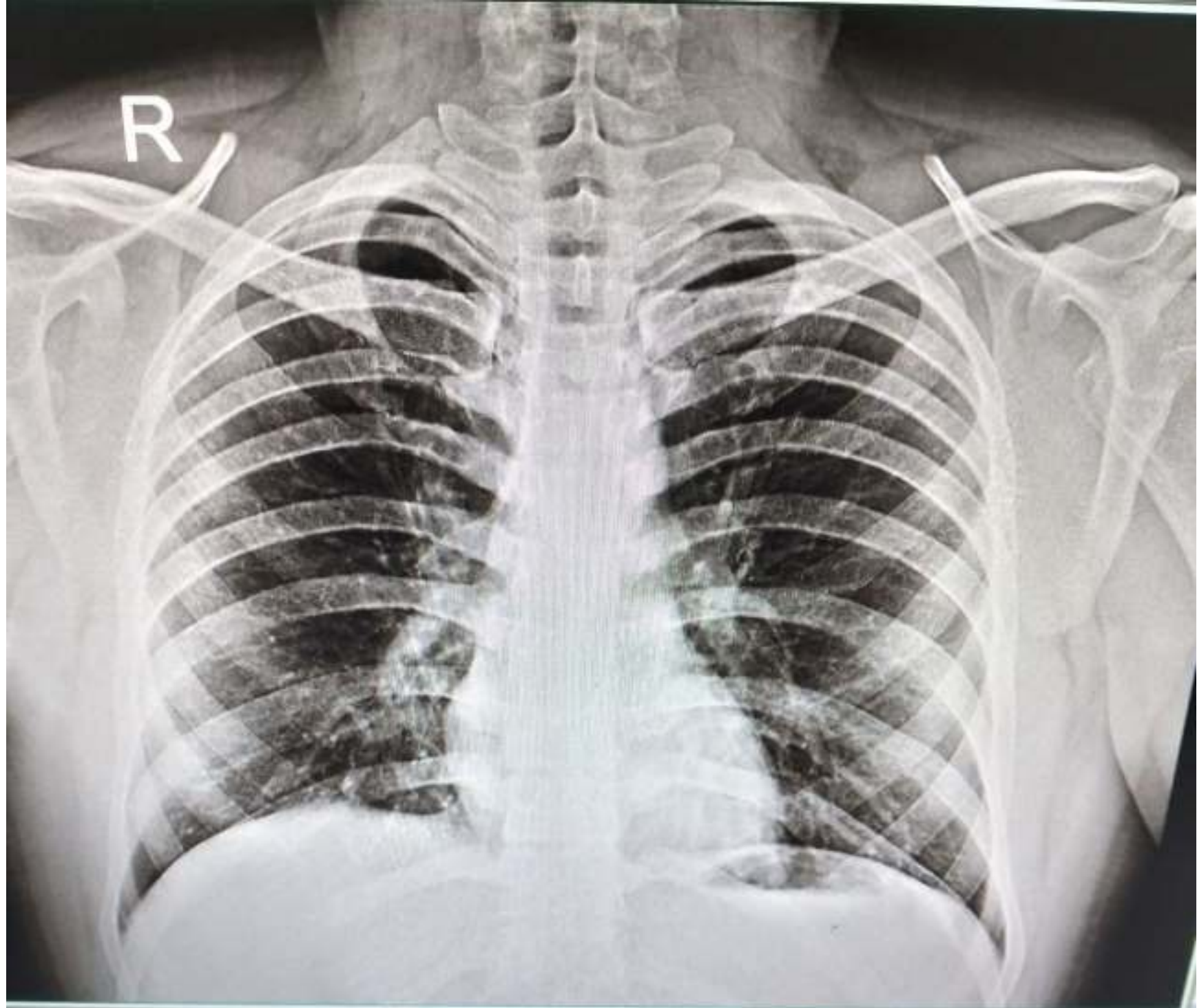
Recovery(3:25)

Date: 09-11-2024

METS: 1.0/100 bpm 58% of THR BP: 118/80 mmHg Combined Medians/ELC On/Notch On/HF 0.05 Hz/F 15 Hz

Printed: 07:05 0.0 Kmph 0.0%
25 mm/Sec 1.0 Cm/mV





24110900280 MR HANSRAJ SRIVASTAVA 30YRS M CHEST PA SELF
09/11/2024 MODERN PATHOLOGY & ULTRASOUND CENTRE,UP