

Fwd: Reminder your health checkup booking is tomorrow

Poorni <pariuas@gmail.com>

Sat 2/24/2024 7:42 AM

To: Annanagar Apolloclinic <annanagar@apolloclinic.com>

----- Forwarded message -----

From: **Mediwheel** <wellness@mediwheel.in>

Date: Sat, 24 Feb, 2024, 2:46 am

Subject: Reminder your health checkup booking is tomorrow

To: <pariuas@gmail.com>

Cc: <customercare@mediwheel.in>

Dear **POORNIMA K**,

This is a gentle reminder that your health checkup is scheduled for tomorrow as per the below particular. Please visit the center at any time.

Please follow the following instructions. Please call us at 011-41195959 if you face any issues.

Booking Date : 21/02/2024

Health Check up Name : Mediwheel Full Body Annual Plus Check Advanced - Female

Health Check Code : PKG10000376

Name of Diagnostic/Hospital : Apollo Medical centre - Anna Nagar Chennai

Address of Diagnostic/Hospital- : Apollo Medical Centre, 30, F- Block, 2nd Avenue, Anna Nagar East, Chennai - 600012

Appointment Date : 24/02/2024

Preferred Time : 8:30am

Package Name : Mediwheel Full Body Annual Plus Check Advanced - Female

Tests included in this Package :

- Bmi Check
- Pap Smear
- Mammography
- Ent Consultation
- Dietician Consultation
- Gynae Consultation
- Thyroid Profile
- ESR
- Blood Glucose (Fasting)
- General Physician Consultation
- TMT OR 2D ECHO
- Blood Group

- Blood Glucose (Post Prandial)
- Chest X-ray
- ECG
- USG Whole Abdomen
- Eye Check-up consultation
- Urine Sugar Fasting
- Urine Sugar PP
- Dental Consultation
- Urine analysis
- CBC
- HbA1c
- Lipid Profile
- Kidney Profile
- Liver profile

Thanks,
Mediwheel Team

You have received this mail because your e-mail ID is registered with This is a system-generated e-mail **Arcofemi Healthcare Limited**, please don't reply to this message.

Please visit to our [Terms & Conditions](#) for more informaion. This email is recieved because you are register with us [Click here](#) to unsubscribe.

@ 2024 - 25, Arcofemi Healthcare Pvt Limited.(Mediwheel)

MRS POORNIMA KARETHIMMAIAH

ID: 2087R

24.02.2024 8:34:13 AM

APOLLO MEDICAL CENTER
ANNA NAGAR
CHENNAI

Location:

Room:

73 bpm

Order Number:

Visit:

-- / -- mmHg

Indication:

Medication 1:

Medication 2:

Medication 3:

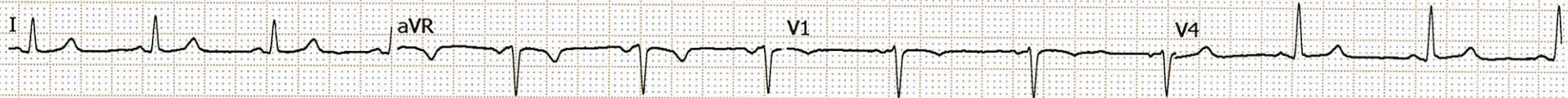
49 Years

Female

Technician:
Ordering Ph:
Referring Ph:
Attending Ph:

QRS : 76 ms
QT / QTcBaz : 364 / 401 ms
PR : 110 ms
P : 80 ms
RR / PP : 818 / 821 ms
P / QRS / T : 48 / 60 / 43 degrees

Handwritten blue scribbles and arrows.



Handwritten signature in blue ink.

Unconfirmed

MRS. POORNIMA

49/F

24/02/2024

Height:	Weight:	BMI:	Waist Circum:
Temp:	Pulse:	Resp:	B.P:

General Examination / Allergies
History

Re Plan

Adv x^o 8+

Adv New crown 7+

Adv Sealing



Follow up date:

Doctor Signature & Stamp

Convenient & reliable. Complete diagnostic services for the entire family. All under one roof.

ENT check up

Poornima Karethimmaiah

49/F

24/2/24

Height:	Weight:	BMI:	Waist Circum:
Temp:	Pulse:	Resp:	B.P:

General Examination / Allergies
History

E/o c Ac on

e/c - Pharyngitis ? UPRD



Follow up date:

Doctor Signature & Stamp

Convenient & reliable. Complete diagnostic services for the entire family. All under one roof.

In case of emergency, Please call 1066 or come directly to emergency room of the hospital

Apollo Health and Lifestyle Limited

To book an appointment

 **1860 500 7788**

Name: Pooneria
 Occupation: Karethimmaah
 Age: 94, Sex: Male Female
 Address:
 Ph:

Date: 24/2/24 Reg. No.: 2087
 Ref. Physician:
 Copies to:

REPORT ON OPHTHALMIC EXAMINATION

History: having diabetic past 8 years.

Present Complaint: BE + D.50 R6,
Add BE +1.75 N6

advise low prescription glasses.

ON EXAMINATION:

Ocular Movements :
 Anterior Segment :
 Intra-Ocular-Pressure :
 Visual Acuity: D.V. :
 Without Glass :
 With Glass :
 N.V. :
 Visual Fields :
 Fundus :
 Impression :
 Advice :
 Colour Vision :

	RE	LE
Ocular Movements :		
Anterior Segment :	<u>Free</u>	<u>Free,</u>
Intra-Ocular-Pressure :		
Visual Acuity: D.V. :		
Without Glass :	<u>N</u>	<u>N</u>
With Glass :	<u>6/P</u>	<u>6/P</u>
N.V. :	<u>6/6</u>	<u>6/6</u>
Visual Fields :		
Fundus :	<u>N8</u>	<u>N8</u>
Impression :		
Advice :	<u>Free</u>	<u>Free.</u>
Colour Vision :	<u>N</u>	<u>N</u>

Tabular Summary

APOLLO MEDICAL CENTRE

MRS POORNIMA, KARETHIMMAIAH

Patient ID 2087 RMC
 24.02.2024 Female
 12:48:18pm 48yrs
 Meds:

BRUCE: Total Exercise Time 10:09
 Max HR: 176 bpm 102% of max predicted 172 bpm
 Max BP: 150/90 mmHg BP at rest: 130/80
 Max RPP: 24600 mmHg*bpm
 Maximum Workload: 11.70 METS

BRUCE: Total Exercise Time 10:09
 Max HR: 176 bpm 102% of max predicted 172 bpm HR at rest: 93
 Max BP: 150/90 mmHg BP at rest: 130/80 Max RPP: 24600 mmHg*bpm
 Maximum Workload: 11.70 METS
 Max. ST: -1.55 mm, 0.00 mV/s in II; RECOVERY 00:20
 Arrhythmia: A:6, PCAP:1
 ST/HR index: 1.79 μ V/bpm

Test Reason:
 Medical History:

Ref. MD: Ordering MD:
 Technician: Test Type:
 Comment:

Reasons for Termination: Target heart rate achieved
Conclusion: FINAL IMPRESSION; TMT IS *neg* FOR INDUCIBLE MYOCARDIAL ISCHEMIA

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (mmHg*bpm)	VE (/min)	ST Level (II mm)	Comment
PRETEST	SUPINE	00:01			1.0				0	--	
	STANDING	00:28	0.00	0.00	1.0	85	130/80	11050	0	0.35	
EXERCISE	STAGE 1	03:00	1.70	7.00	3.9	114			0	0.25	
	STAGE 2	03:00	2.50	9.00	6.0	136	140/80	19040	0	-0.40	
	STAGE 3	03:00	3.40	11.00	8.7	155	150/90	23250	0	-1.15	
	STAGE 4	01:10	4.20	13.00	11.7	173	150/90	25950	0	-1.30	
RECOVERY		04:10	0.00	0.00	1.0	106	130/80	13780	0	-0.05	

MRS POORNIMA, KARETHIMMAIAH

Selected Medians Report

APOLLO MEDICAL CENTRE

Patient ID 2087

RMC

24.02.2024

12:48:18pm

BASELINE EXERCISE	MAX. ST RECOVERY	PEAK EXERCISE EXERCISE	TEST END RECOVERY	BASELINE EXERCISE	MAX. ST RECOVERY	PEAK EXERCISE EXERCISE	TEST END RECOVERY
0:00	0:20	10:10	3:50	0:00	0:20	10:10	3:50
85 bpm	173 bpm	173 bpm	116 bpm	85 bpm	173 bpm	173 bpm	116 bpm
130/80 mmHg	150/90 mmHg	150/90 mmHg	130/80 mmHg	130/80 mmHg	150/90 mmHg	150/90 mmHg	130/80 mmHg

I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
0.20 mm 0.36 mV/s	0.35 0.16	0.15 -0.56	-0.25 -0.73	0.05 0.06	0.25 -0.20	0.25 -0.20	0.55 0.41	0.40 0.12	0.35 0.03	0.15 -0.14	0.15 -0.01
0.00 0.53	-1.55 1.00	-1.50 0.56	0.75 -0.81	0.80 -0.03	-1.55 0.81	0.80 -0.22	0.70 0.76	-0.60 0.63	-1.15 0.64	-1.15 0.70	-0.85 0.87
-0.25 0.71	-1.30 1.65	-1.05 0.70	0.80 -1.23	0.45 -0.08	-1.20 1.14	0.65 -0.36	0.40 0.98	-0.45 0.94	-1.00 0.93	-1.45 0.79	-1.40 0.48
0.15 0.17	0.05 0.22	-0.10 0.04	-0.15 -0.97	0.20 -0.06	0.05 0.25	0.35 -0.43	0.30 -0.12	0.15 0.06	-0.05 0.04	-0.20 0.16	-0.15 0.07

Man

Patient Name : Mrs. POORNIMA KARETHIMMAIAH Age : 49 Y/F
UHID : CBAS.0000002087 OP Visit No : CANNOPV393056
Conducted By: : Dr. ARULNITHI AYYANATHAN Conducted Date : 24-02-2024 16:05
Referred By : SELF

CARDIOLOGY

CARDIAC STRESS TEST – (TMT)

Angina Pectoria:
NO

Previous MI:
NO

PTCA:
NO

CABG:
NO

HTN:
NO

DM:
YES

Smoking:
NO

Obesity:
NO

Lipidemia:
NO

Resting ECG Supine:
-

Standing:
-

Protocol Used:
BRUCE

Monitoring Leads:

Patient Name : Mrs. POORNIMA KARETHIMMAIAH Age : 49 Y/F
UHID : CBAS.0000002087 OP Visit No : CANNOPV393056
Conducted By: : Dr. ARULNITHI AYYANATHAN Conducted Date : 24-02-2024 16:05
Referred By : SELF

12 LEADS

Grade Achieved:

13 %

% HR / METS:

11.70

Reason for Terminating Test:

TARGET HEART RATE ATTAINED

Total Exercise Time:

10.09

Symptoms and ECG Changes during Exercise:

NO SYMPTOMS NO SIGNIFICANT ST T CHANGES

0 mts:

NO SYMPTOMS NO SIGNIFICANT ST T CHANGES

3 mts:

NO SYMPTOMS NO SIGNIFICANT ST T CHANGES

6 mts:

NO SYMPTOMS NO SIGNIFICANT ST T CHANGES

INTERPRETATION:

Rhythm:

NORMAL

S.T. Segment :

NORMAL

III Blood Pressure Response :

NORMAL

Patient Name : Mrs. POORNIMA KARETHIMMAIAH Age : 49 Y/F
UHID : CBAS.0000002087 OP Visit No : CANNOPV393056
Conducted By: : Dr. ARULNITHI AYYANATHAN Conducted Date : 24-02-2024 16:05
Referred By : SELF

IV Fitness Response :
GOOD

Impression:

Cardiac stress analysis is **NEGATIVE** for inducible myocardial ischaemia

---- END OF THE REPORT ----

Dr. ARULNITHI
AYYANATHAN

Patient Name	: Mrs. POORNIMA KARETHIMMAIAH	Age	: 49 Y/F
UHID	: CBAS.0000002087	OP Visit No	: CANNOPV393056
Reported By:	: DR ARULNIDHI	Conducted Date	: 24-02-2024 16:37
Referred By	: SELF		

ECG REPORT

Observation :-

1. Normal Sinus Rhythm.
2. Heart rate is 73 beats per minutes.

Impression:

NORMAL RESTING ECG.

----- END OF THE REPORT -----

DR ARULNIDHI

Patient Name	: Mrs. POORNIMA KARETHIMMAIAH	Age/Gender	: 49 Y/F
UHID/MR No.	: CBAS.0000002087	OP Visit No	: CANNOPV393056
Sample Collected on	:	Reported on	: 25-02-2024 14:08
LRN#	: RAD2246054	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: UBOIE3751		

DEPARTMENT OF RADIOLOGY

SONO MAMMOGRAPHY - SCREENING

CH : No complaints. Routine check up
F/H/O Breast cancer : No
Previous mammogram / USG : No
H/o Breast surgery : No

Report

Tissue composition of both breasts

Heterogenous background echotexture glandular and fatty tissues.

2 Cysts measuring 7 x 3 mm and 5 x 3 mm noted in Right breast 12 - 1 'O' clock position

No suspicious solid /cystic lesion in Left breast.
No evidence of duct dilatation / architectural distortion.
The subareolar tissues are normal.
No evidence of retromammary pathology is seen.
The axillary tails are normal.
No axillary lymphadenopathy.

IMPRESSION:

- * RIGHT BREAST CYSTS.
- USG BIRADS - II



Patient Name : Mrs. POORNIMA KARETHIMMAIAH

Age/Gender : 49 Y/F

Patient Name : Mrs. POORNIMA KARETHIMMAIAH

Age/Gender : 49 Y/F

UHID/MR No. : CBAS.0000002087

OP Visit No : CANNOPV393056

Sample Collected on :

Reported on : 24-02-2024 14:48

LRN# : RAD2246054

Specimen :

Ref Doctor : SELF

Emp/Auth/TPA ID : UBOIE3751

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Lung fields are clear.

Cardio thoracic ratio is normal.

Apices, costo and cardiophrenic angles are free.

Cardio vascular shadow and hila show no abnormal feature.

Bony thorax shows no significant abnormality.

Domes of diaphragm are well delineated.

IMPRESSION:

***NO SIGNIFICANT ABNORMALITY DETECTED.**

Dr. PRAVEENA SHEKAR T
MBBS, DMRD, FAGE
Radiology

Patient Name : Mrs. POORNIMA KARETHIMMAIAH

Age/Gender : 49 Y/F

UHID/MR No. : CBAS.0000002087

OP Visit No : CANNOPV393056

Sample Collected on :

Reported on : 24-02-2024 17:14

LRN# : RAD2246054

Specimen :

Ref Doctor : SELF

Emp/Auth/TPA ID : UBOIE3751

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

Liver shows uniform echopattern with no evidence of focal or diffuse pathology.
Intra and extra hepatic biliary passages are not dilated.

Gall bladder appears normal with no evidence of calculus.
Wall thickness appear normal.

Pancreas and spleen appear normal.
Spleen measures 7.7 cms.

Portal and splenic veins appear normal.
No evidence of ascites or lymphadenopathy.

Diaphragmatic movements are satisfactory.
There is no evidence of sub diaphragmatic pathology or pleural effusion.

Right kidney measures 10.2 x 2.7 cms.
Left kidney measures 9.2 x 3.6 cms.
Both kidneys show normal echopattern with no evidence of calculi or calyceal dilatation.

Uterus measures 6.7 x 3.2 cms and shows normal endometrial and myometrial echoes.
The endometrial thickness 4.7 mm.
Right ovary measures 1.8 x 1.1 cms.
Left ovary measures 1.9 x 1.7 cms.
Both ovaries are normal in size and echotexture.

Patient Name : Mrs. POORNIMA KARETHIMMAIAH

Age/Gender : 49 Y/F

No mass lesion seen in the pelvis.

Bladder is normal in contour.

IMPRESSION:

* NO SIGNIFICANT ABNORMALITY DETECTED.

Dr. PRAVEENA SHEKAR T
MBBS, DMRD, FAGE
Radiology

Patient Name : Mrs.POORNIMA KARETHIMMAIAH	Collected : 24/Feb/2024 07:45AM
Age/Gender : 49 Y 1 M 13 D/F	Received : 24/Feb/2024 02:04PM
UHID/MR No : CBAS.0000002087	Reported : 24/Feb/2024 04:26PM
Visit ID : CANNOPV393056	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : UBOIE3751	

DEPARTMENT OF HAEMATOLOGY

PERIPHERAL SMEAR , WHOLE BLOOD EDTA

Methodology: Microscopic

RBC MORPHOLOGY : Mild anisocytosis, microcytic hypochromic RBC's admixed with predominantly normocytic normochromic RBC's noted.

WBC MORPHOLOGY : Normal in number, Morphology and distribution. No abnormal cells seen

PLATELETS : Adequate in number

PARASITES : No haemoparasites seen

NOTE/ COMMENT : Please correlate clinically.

Page 1 of 13



Dr THILAGA
M.B.B.S.,M.D(Pathology)
Consultant Pathologist

SIN No:BED240047454

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.
This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)
Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 |
www.apollohl.com | Email ID: enquiry@apollohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744

Address:
D No.30, F - Block 2nd Avenue, Anna Nagar East, Chennai.600 102,
Phone - 044-26224504 / 05



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www.apolloclinic.com

APOLLO CLINICS NETWORK

Telangana: Hyderabad (AS Rao Nagar | Chanda Nagar | Kondapur | Nallakunta | Nizampet | Manikonda | Uppal) | **Andhra Pradesh:** Vizag (Seethamma Peta) | **Karnataka:** Bangalore (Basavanagudi | Bellandur | Electronics City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Koramangala | Sarjapur Road) | **Mysore** (VV Mohalla) | **Tamilnadu:** Chennai (Annanagar | Kotturpuram | Mogappair | T Nagar | Valasaravakkam | Velachery) | **Maharashtra:** Pune (Aundh | Nigdi Pradhikaran | Viman Nagar | Wanowrie) | **Uttar Pradesh:** Ghaziabad (Indrapuram) | **Gujarat:** Ahmedabad (Satellite) | **Punjab:** Amritsar (Court Road) | **Haryana:** Faridabad (Railway Station Road)

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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	11.3	g/dL	12-15	Spectrophotometer
PCV	35.70	%	36-46	Electronic pulse & Calculation
RBC COUNT	4.83	Million/cu.mm	3.8-4.8	Electrical Impedence
MCV	73.8	fL	83-101	Calculated
MCH	23.3	pg	27-32	Calculated
MCHC	31.6	g/dL	31.5-34.5	Calculated
R.D.W	15.9	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	8,700	cells/cu.mm	4000-10000	Electrical Impedence
DIFFERENTIAL LEUCOCYTIC COUNT (DLC)				
NEUTROPHILS	64.0	%	40-80	Electrical Impedence
LYMPHOCYTES	24.5	%	20-40	Electrical Impedence
EOSINOPHILS	3.5	%	1-6	Electrical Impedence
MONOCYTES	6.8	%	2-10	Electrical Impedence
BASOPHILS	1.2	%	<1-2	Electrical Impedence
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	5568	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2131.5	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	304.5	Cells/cu.mm	20-500	Calculated
MONOCYTES	591.6	Cells/cu.mm	200-1000	Calculated
BASOPHILS	104.4	Cells/cu.mm	0-100	Calculated
Neutrophil lymphocyte ratio (NLR)	2.61		0.78- 3.53	Calculated
PLATELET COUNT	444000	cells/cu.mm	150000-410000	Electrical impedence
ERYTHROCYTE SEDIMENTATION RATE (ESR)	26	mm at the end of 1 hour	0-20	Modified Westergren
PERIPHERAL SMEAR				

Methodology: Microscopic

RBC MORPHOLOGY : Mild anisocytosis, microcytic hypochromic RBC's admixed with predominantly normocytic

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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - TMT - PAN INDIA - FY2324

normochromic RBC's noted.

WBC MORPHOLOGY : Normal in number, Morphology and distribution. No abnormal cells seen

PLATELETS : Adequate in number

PARASITES : No haemoparasites seen

NOTE/ COMMENT : Please correlate clinically.



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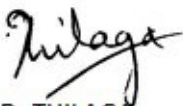
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Visit ID : CANNOPV393056	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : UBOIE3751	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA				
BLOOD GROUP TYPE	A			Microplate Hemagglutination
Rh TYPE	Positive			Microplate Hemagglutination

PLEASE NOTE THIS SAMPLE HAS BEEN TESTED ONLY FOR ABO MAJOR GROUPING AND ANTI D ONLY



Dr THILAGA
M.B.B.S.,M.D(Pathology)
Consultant Pathologist

SIN No:BED240047454

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Patient Name : Mrs.POORNIMA KARETHIMMAIAH	Collected : 24/Feb/2024 11:36AM
Age/Gender : 49 Y 1 M 13 D/F	Received : 24/Feb/2024 02:00PM
UHID/MR No : CBAS.0000002087	Reported : 24/Feb/2024 03:41PM
Visit ID : CANNOPV393056	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : UBOIE3751	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	129	mg/dL	70-100	HEXOKINASE

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- The diagnosis of Diabetes requires a fasting plasma glucose of $> \text{ or } = 126 \text{ mg/dL}$ and/or a random / 2 hr post glucose value of $> \text{ or } = 200 \text{ mg/dL}$ on at least 2 occasions.
- Very high glucose levels ($>450 \text{ mg/dL}$ in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	125	mg/dL	70-140	HEXOKINASE

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.



DR. R. SRIVATSAN
M.D.(Biochemistry)



SIN No:PLP1423104

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Patient Name : Mrs.POORNIMA KARETHIMMAIAH	Collected : 24/Feb/2024 07:45AM
Age/Gender : 49 Y 1 M 13 D/F	Received : 24/Feb/2024 02:04PM
UHID/MR No : CBAS.0000002087	Reported : 24/Feb/2024 04:43PM
Visit ID : CANNOPV393056	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HBA1C (GLYCATED HEMOGLOBIN) , WHOLE BLOOD EDTA				
HBA1C, GLYCATED HEMOGLOBIN	8.6	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	200	mg/dL		Calculated

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
 - A: HbF >25%
 - B: Homozygous Hemoglobinopathy.
 (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)



DR. R. SRIVATSAN
M.D.(Biochemistry)



SIN No:EDT240021114

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Patient Name : Mrs.POORNIMA KARETHIMMAIAH	Collected : 24/Feb/2024 07:45AM
Age/Gender : 49 Y 1 M 13 D/F	Received : 24/Feb/2024 04:45PM
UHID/MR No : CBAS.0000002087	Reported : 24/Feb/2024 10:55PM
Visit ID : CANNOPV393056	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	162	mg/dL	<200	CHO-POD
TRIGLYCERIDES	82	mg/dL	<150	GPO-POD
HDL CHOLESTEROL	55	mg/dL	40-60	Enzymatic Immuno-inhibition
NON-HDL CHOLESTEROL	107	mg/dL	<130	Calculated
LDL CHOLESTEROL	90.6	mg/dL	<100	Calculated
VLDL CHOLESTEROL	16.4	mg/dL	<30	Calculated
CHOL / HDL RATIO	2.95		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

1. Measurements in the same patient on different days can show physiological and analytical variations.
2. NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
3. Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
4. Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
5. As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
6. VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 400 mg/dL. When Triglycerides are more than 400 mg/dL LDL cholesterol is a direct measurement.



DR. R. SRIVATSAN
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
LIVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	0.36	mg/dL	0.3–1.2	DPD
BILIRUBIN CONJUGATED (DIRECT)	0.10	mg/dL	<0.2	DPD
BILIRUBIN (INDIRECT)	0.26	mg/dL	0.0-1.1	CALCULATED
ALANINE AMINOTRANSFERASE (ALT/SGPT)	20	U/L	<35	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	28.0	U/L	<35	IFCC
ALKALINE PHOSPHATASE	89.00	U/L	30-120	IFCC
PROTEIN, TOTAL	7.50	g/dL	6.6-8.3	Biuret
ALBUMIN	3.90	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	3.60	g/dL	2.0-3.5	Calculated
A/G RATIO	1.08		0.9-2.0	Calculated

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

1. Hepatocellular Injury:

- AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI.
- Disproportionate increase in AST, ALT compared with ALP.
- Bilirubin may be elevated.
- AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1 In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilson's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

- ALP – Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.
- ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.

3. Synthetic function impairment:

- Albumin- Liver disease reduces albumin levels.
- Correlation with PT (Prothrombin Time) helps.



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Patient Name : Mrs.POORNIMA KARETHIMMAIAH	Collected : 24/Feb/2024 07:45AM
Age/Gender : 49 Y 1 M 13 D/F	Received : 24/Feb/2024 04:45PM
UHID/MR No : CBAS.0000002087	Reported : 24/Feb/2024 10:55PM
Visit ID : CANNOPV393056	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : UBOIE3751	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM				
CREATININE	0.83	mg/dL	0.72 – 1.18	JAFFE METHOD
UREA	23.00	mg/dL	17-43	GLDH, Kinetic Assay
BLOOD UREA NITROGEN	10.8	mg/dL	8.0 - 23.0	Calculated
URIC ACID	4.30	mg/dL	2.6-6.0	Uricase PAP
CALCIUM	8.40	mg/dL	8.8-10.6	Arsenazo III
PHOSPHORUS, INORGANIC	3.50	mg/dL	2.5-4.5	Phosphomolybdate Complex
SODIUM	138	mmol/L	136–146	ISE (Indirect)
POTASSIUM	5.0	mmol/L	3.5–5.1	ISE (Indirect)
CHLORIDE	104	mmol/L	101–109	ISE (Indirect)



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M.D.(Biochemistry)



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Age/Gender : 49 Y 1 M 13 D/F	Received : 24/Feb/2024 04:45PM
UHID/MR No : CBAS.0000002087	Reported : 24/Feb/2024 10:31PM
Visit ID : CANNOPV393056	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	28.00	U/L	<38	IFCC



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Patient Name : Mrs.POORNIMA KARETHIMMAIAH	Collected : 24/Feb/2024 07:45AM
Age/Gender : 49 Y 1 M 13 D/F	Received : 24/Feb/2024 04:30PM
UHID/MR No : CBAS.0000002087	Reported : 24/Feb/2024 08:18PM
Visit ID : CANNOPV393056	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM				
TRI-iodothyronine (T3, TOTAL)	0.667	ng/mL	0.7-2.04	CLIA
THYROXINE (T4, TOTAL)	11.76	µg/dL	5.48-14.28	CLIA
THYROID STIMULATING HORMONE (TSH)	2.367	µIU/mL	0.34-5.60	CLIA

Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

- TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma



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SIN No: SPL24031145

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APOLLO CLINICS NETWORK

Telangana: Hyderabad (AS Rao Nagar | Chanda Nagar | Kondapur | Nallakunta | Nizampet | Manikonda | Uppal) **Andhra Pradesh:** Vizag (Seethamma Peta) **Karnataka:** Bangalore (Basavanagudi | Bellandur | Electronics City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Koramangala | Sarjapur Road) **Mysore** (VV Mohalla) **Tamilnadu:** Chennai (Annanagar | Kotturpuram | Mogappair | T Nagar | Valasaravakkam | Velachery) **Maharashtra:** Pune (Aundh | Nigdi Pradhikaran | Viman Nagar | Wanowrie) **Uttar Pradesh:** Ghaziabad (Indrapuram) **Gujarat:** Ahmedabad (Satellite) **Punjab:** Amritsar (Court Road) **Haryana:** Faridabad (Railway Station Road)

Patient Name : Mrs.POORNIMA KARETHIMMAIAH	Collected : 24/Feb/2024 07:45AM
Age/Gender : 49 Y 1 M 13 D/F	Received : 24/Feb/2024 04:14PM
UHID/MR No : CBAS.0000002087	Reported : 24/Feb/2024 05:58PM
Visit ID : CANNOPV393056	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : UBOIE3751	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
COMPLETE URINE EXAMINATION (CUE) , URINE				
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLOUDY		CLEAR	Visual
pH	7.5		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.010		1.002-1.030	Bromothymol Blue
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFIED EHRlich REACTION
BLOOD	POSITIVE		NEGATIVE	Peroxidase
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	LEUCOCYTE ESTERASE
CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY				
PUS CELLS	1-3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	3-5	/hpf	<10	MICROSCOPY
RBC	6-8	/hpf	0-2	MICROSCOPY
CASTS	ABSENT		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY



DR. R. SRIVATSAN
M.D.(Biochemistry)



SIN No:UR2289624

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.

This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 | www.apollohl.com | Email ID: enquiry@apollohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744

Address:

D No.30, F - Block 2nd Avenue, Anna Nagar East, Chennai.600 102, Phone - 044-26224504 / 05



APOLLO CLINICS NETWORK

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Patient Name : Mrs.POORNIMA KARETHIMMAIAH	Collected : 24/Feb/2024 07:45AM
Age/Gender : 49 Y 1 M 13 D/F	Received : 24/Feb/2024 04:12PM
UHID/MR No : CBAS.0000002087	Reported : 24/Feb/2024 04:36PM
Visit ID : CANNOPV393056	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : UBOIE3751	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - TMT - PAN INDIA - FY2324

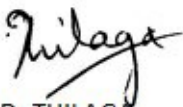
Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(FASTING)	POSITIVE (+)		NEGATIVE	Dipstick

***** End Of Report *****

Result/s to Follow:
LBC PAP TEST (PAPSURE)

Page 13 of 13



Dr THILAGA
M.B.B.S.,M.D(Pathology)
Consultant Pathologist

SIN No:UF010678

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