



TEST REPORT

Reg. No. : 40601010416 Reg. Date : 20-Jun-2024 12:00 Collected On : 20-Jun-2024 12:00
Name : Mr. ANISHKUMAR PATEL Approved On : 20-Jun-2024 13:24
Age : 34 Years Gender : Male Ref. No. : Dispatch At :
Ref. By : Tele No. :
Location : SAMANVAY HOSPITAL UNIT OF SAMANVAY SPARSH @ VADODARA

Test Name	Results	Units	Bio. Ref. Interval
PSA	0.210	ng/mL	0 - 4

Method:CLIA

Sample Type:Serum

Useful For

- Evaluating patients with documented prostate problems in whom multiple prostate-specific antigen tests may be necessary per year
- Monitoring patients with a history of prostate cancer as an early indicator of recurrence and response to treatment.
- Prostate cancer screening.

Comments

-Prostate-specific antigen (PSA) is a glycoprotein that is produced by the prostate gland, the lining of the urethra, and the bulbourethral gland. Normally, very little PSA is secreted in the blood. Increases in glandular size and tissue damage caused by benign prostatic hypertrophy, prostatitis, or prostate cancer may increase circulating PSA levels.


-Digital rectal examination generally does not increase normal prostate-specific antigen (PSA) values. However, cystoscopy, urethral instrumentation, and prostate biopsy may increase PSA levels.

----- End Of Report -----


This is an electronically authenticated report. "Please verify the authenticity of this report by scanning the QR code to ensure data integrity."

Test done from collected sample.

Printed On: 20-Jun-2024 13:23


Dr. Vishal Jhaveri
M.B.B.S, D.C.P
Reg. G-13041
Page 1 of 1

Patient Name : MR. ANISHKUMAR PATEL
 Age / Sex : 34Y/Male
 IP/Req.No/UHID : Req-10852 /UHID10852
 Lab No : LA24004696
 Referred By : Dr.SAMANVAY HOSPITAL
 Bedcategory/Bed :
 Mobile No :
 UHID : UHID10852
 Consultant : Mr. Samanvay Hospital
 Sponsor : **MEDIWHEEL**
 Barcode No. : **26892.26893.26894.26895**

Bill No : OPB/1/24/3844
 Sample Collected : Jun 20 2024 11:13AM
 Sample Received : Jun 20 2024 11:15AM
 Report On : Jun 20 2024 11:20AM
 Bill Creation Date: Jun 20 2024 11:01AM
 Bar Code : 
 Req No : Req-10852
 IPNo :
 Passport No. :
 Verified On :

Test Name

Results

Units

Biological Reference

BIOCHEMISTRY

Test Name	Results	Units	Biological Reference
BUN CREATININE RATIO(CALCULATED)	14.3	mg/dl	10.0 - 20
SGOT/SGPT RATIO(CALCULATED)	0.79	U/L	0.0 - 2.0
CALCIUM (TOTAL)(ARSENAZO)	↑ 10.4	mg/dl	8.6 - 10.2
PHOSPHOROUS	3.40	mg/dl	2.5 - 4.5

MICRO

URINE ANALYSIS

PHYSICAL EXAMINATION

VOLUME	30 ML
COLOUR	PALE YELLOW
APPEARANCE	CLEAR

CHEMICAL EXAMINATION

PH	6.0	4.5 - 8.0
SPECIFIC GRAVITY	1.025	1.000 - 1.030
PROTEIN	Negative	
GLUCOSE	Negative	
KETONE	Negative	
BLOOD	Negative	
UROBILINOGEN	Negative	
BILE PIGMENTS	Negative	
BILE SALT	Negative	
NITRITE	Negative	
LEUKOCYTE ESTERASE	Negative	

MICROSCOPIC EXAMINATION

PUS CELLS	0-1	CELLS/HPF	0 - 5
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Mr. Sandip Rathva

Prepared by

Verified By

Nr. St. Kabir School, Opp. Raneshwar Temple, Vasna Road, Vadodara-15

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Test Name	Results	Units	Biological Reference
RBC	NIL	RBC'S/HPF	0 - 2
EPITHELIAL CELLS	0-1	OCC/HPF	0 - 5
CASTS	NIL		
CRYSTALS	NIL		
BIOCHEMISTRY			
FASTING BLOOD GLUCOSE*			
FASTING BLOOD GLUCOSE(FBS)(GOD-POD)	↑ 118.5	mg/dl	74.0 - 100.0
FASTING URINE GLUCOSE	NIL		
HPLC			
HBA1C/ GLYOCO HB			
GLYCOCYLATED HAEMOGLOBIN(HBA1C)(HPLC)	5.7		4.0 - 6.0
AVERAGE BLOOD SUGAR	116.8	mg/dl	0 - 140.0
IMMUNOLOGY			
T3 T4 TSH			
TOTAL T3(CHEMILUMINESCENCE / CLIA)	1.86	ng/ml	0.19 - 6.51
TOTAL T4(CHEMILUMINESCENCE / CLIA)	7.59	ug/dl	4.5 - 12.7
TSH(CHEMILUMINESCENCE / CLIA)	2.12	μIU/mL	0.35 - 4.78

Interpretation : 1. TSH results between 4.5 to 15.0 show considerable physiologic and seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2.TSH results between 0.1 to 0.45 requires correlation with patient age and clinical symptoms. As with increasing age, there are marked changes in thyroid hormone production, metabolism and its action resulting in an increase prevalence of sub-clinical thyroid disease.
3. TSH values may be transiently altered because of non- thyroidal illness like severe infections, liver diseases, renal and heart failure, severe burns, trauma and surgery etc.
4.Drugs that decreased TSH values e.g. L-dopa, glucocorticoid. Drugs that increase TSH values e.g .Iodine, Lithium and amiodarone.

BIOCHEMISTRY

LIPID PROFILE


Mr. Sandip Rathva

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Test Name	Results	Units	Biological Reference
CHOLESTROL (TOTAL)(CHOD-PAP)	182.0	mg/dl	0.0 - 200.0 Desirable blood cholesterol : <200 mg/dl Borderline high blood cholesterol : 200-239 mg/dl High blood cholesterol : >239 mg/dl
TRIGLYCERIDE(GPO-METHOD)	↑ 201.9	mg/dl	0 - 161.0 NORMAL : <161 MG/DL HIGH : 161-199 MG/DL HYPERTRIGLYCERIDEMIC : 200-499 MG/DL
HDL CHOLESTEROL(DIRECT METHOD)	46.4	mg/dl	35.3 - 79.5
CHOLESTROL (TOTAL)/HDL RATIO(CALCULATED)	3.92		3.30 - 4.40
VLDL	↑ 40.3		0 - 30.0
LDL CHOLESTEROL(CALCULATED)	↑ 135.6		0 - 130.0
LDL/HDL RATIO	2.92		
URIC ACID	5.8	mg/dl	3.5 - 7.2
BUN(UREASE-GLDH)	13.6	mg/dl	5.0 - 21.0
CREATININE (BLOOD)(ENZYMATIC)	0.95	mg/dl	0.7 - 1.3
LIVER FUNCTION TEST			
BILIRUBIN-TOTAL(DIAZO)	1.15	mg/dl	0.00 - 2.0
BILIRUBIN-DIRECT(DIAZO)	↑ 0.52	mg/dl	0.00 - 0.4
BILIRUBIN-INDIRECT(DIAZO)	0.63	mg/dl	0.00 - 1.10
SGOT(IFCC WITHOUT PYRIDOXAL PHOSPHATE)	20.3	U/L	0 - 35
SGPT	25.6	U/mL	0 - 45
ALKALINE PHOSPHATASE(ALKP04)* (AMP-METHOD)	56.0	U/L	53 - 128


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Test Name	Results	Units	Biological Reference
PROTEIN (SERUM)(BIURET)	6.60	g/dl	6.4 - 8.3
ALBUMIN(BCG)	4.43	g/dl	3.5 - 5.2
GLOBULIN(CALCULATED)	↓ 2.17	g/dl	2.3 - 3.7
A/G RATIO(CALCULATED)	2.00	Ratio	1.0 - 2.0
GAMMA GT(GLUPA C METHOD)	24.3	U/L	0.0 - 58.0

IMMUNOLOGY

VITAMIN B 12(CHEMILUMINESCENCE / CLIA)	190.0	pg/mL	180.0 - 914.0
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- Interpretation :
- Vitamin B12 levels are decreased in megaloblastic anemia, partial/total gastrectomy, pernicious anemia, peripheral neuropathy , chronic alcoholism, senile dementia and treated epilepsy.
 - An associated increase in homocysteine level in an independent risk marker for cardio vascular disease and deep vein thrombosis.
 - Holo transcobalamin II levels are more accurate marker of active Vitamin B 12 component.

HEMATOLOGY

CBC WITH ESR

RBCS PARAMETER

HAEMOGLOBIN(SLS METHOD)	14.0	g/dl	13.0 - 17.0
RBC COUNT(IMPEDENCE)	4.87	10 ⁶ /uL	4.50 - 5.50
PCV (HEMATOCRIT)(IMPEDENCE)	41.2	%	40.0 - 50.0
MCV(CALCULATED)	84.6	fl	80.0 - 100.0
MCH(CALCULATED)	28.7	pg	27.0 - 33.0
MCHC(CALCULATED)	34.0	g/dl	32.0 - 36.0
RDW-CV(PARTICLE COUNTER(CALCULATED))	12.2	%	11.6 - 14.0
RDW-SD(PARTICLE COUNTER(CALCULATED))	↓ 37.7	fl	39 - 46

WBCS PARAMETER

TOTAL COUNT(FLOW CYTOMETRY)	8200	/uL	4000 - 10000
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DLC

NEUTROPHILS(FLOW CYTOMETRY)	↑ 72	%	40 - 70
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Test Name	Results	Units	Biological Reference
LYMPHOCYTES(FLOW CYTOMETRY)	24	%	20 - 40
MONOCYTES(FLOW CYTOMETRY)	03	%	2 - 8
EOSINOPHILS(FLOW CYTOMETRY)	01	%	1 - 4
BASOPHILS(FLOW CYTOMETRY)	00	%	0.0 - 1.0
ABSOLUTE NEUTROPHIL COUNT(CALCULATED)	5900.0	10 ³ /uL	2000.0 - 7000.0
ABSOLUTE LYMPHOCYTE COUNT(CALCULATED)	1940.0	10 ³ /uL	1000.0 - 3000.0
ABSOLUTE MONOCYTE COUNT(CALCULATED)	230.0	10 ³ /uL	200.0 - 1000.0
ABSOLUTE EOSINOPHIL COUNT(CALCULATED)	100.0	10 ³ /uL	20.0 - 500.0
PLATELETS PARAMETER			
PLATELET COUNT(IMPEDENCE)	234000	/uL	150000 - 450000
MPV(IMPEDENCE)	9.9	fl	8.0 - 13.0
PDW(IMPEDENCE)	11.3	fl	9.0 - 17.0
ESR	10	mm/hr	0 - 20

-----End of the Report-----

Mr. Sandip Rathva

Prepared by

Verified By

Nr. St. Kabir School, Opp. Raneshwar Temple, Vasna Road, Vadodara-15



anishkumar
 plel
 ...
 ... Male
 Age: ...
 ... cm / ... kg

DR. PAVAN ROY
 MD. DM (CARDIOLOGY)
 CONSULTANT CARDIOLOGIST
 REG NO. G-23390
 M No. 9305968156

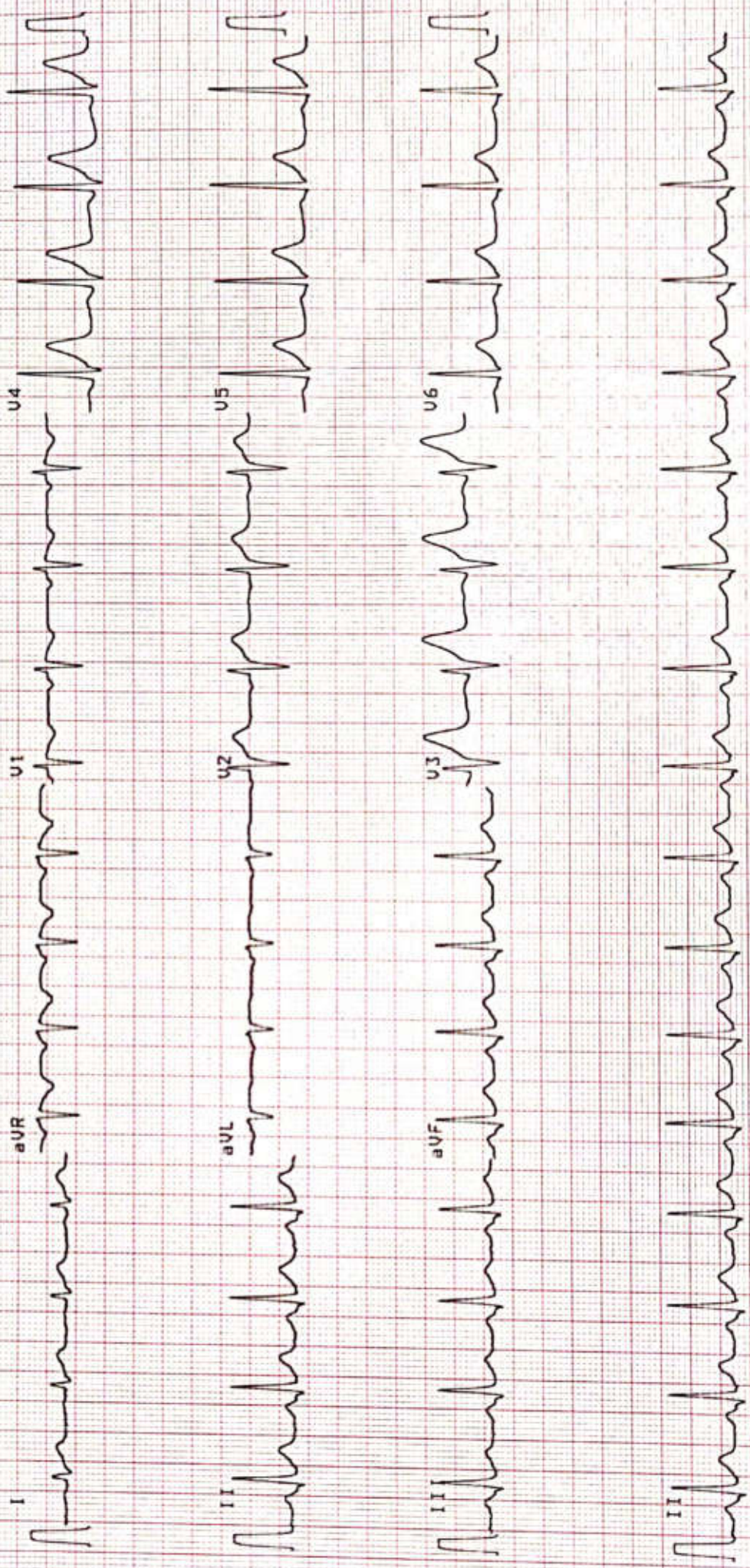
HR 97/min
 Axis: P 34°
 QRS 79°
 T 62°
 Intervals:
 RR 628 ms
 P 94 ms
 PR 128 ms
 QRS 98 ms
 QT 316 ms
 QTc 485 ms

SINUS RHYTHM
 NON SPECIFIC ST-T ABNORMALITY (ELEVATION)
 OTHERWISE NORMAL ECG

UNCONFIRMED REPORT

10 mm/mV

10 mm/mV



10 mm/mV

25 mm/s

ANISHKUMAR PATEL

M /34 YEARS

DATE: 20/06/2024

REAL TIME SONOGRAPHY OF THE ABDOMEN & PELVIS

LIVER - It is normal in size (14.3 cm). It shows echo pattern. No evidence of solid or cystic focal lesion is seen. The intrahepatic biliary system is normal and shows no dilatation of the radicles. The portal vein, CBD and hepatic veins appear normal.

GALL BLADDER - It is distended and appears normal. No evidence of sludge or calculus is seen. The wall appears normal.

PANCREAS - It is visualized and appears normal.

SPLEEN - It appears normal in size (11.2 cm), normal in shape and echotexture. No focal lesions.

KIDNEYS - . Both the kidneys appear normal in size, shape and show normal corticomedullary differentiation. Normal echogenicity of both kidneys.

Right kidney measures 9.6 X 4.2 cm. Left kidney measures 10.0 X 5.6 cm.

No hydronephrosis or calculus is seen on either side.

Urinary bladder is distended and appears normal no evidence of any calculus or mass lesion.

Prostate appears normal in size and echo texture.

No evidence of any lymphadenopathy or ascites is noted.

IMPRESSION:

NO SONOGRAPHIC ABNORMALITY IS DETECTED.



DR. SARJAN VASAVA,
CONSULTANT RADIOLOGIST.

DR SARJAN VASAVA
M.B.B.S., D.M.R.D,
Reg. No. G-26527
SAMANVAY HOSPITALS



SCHILLER

Patient

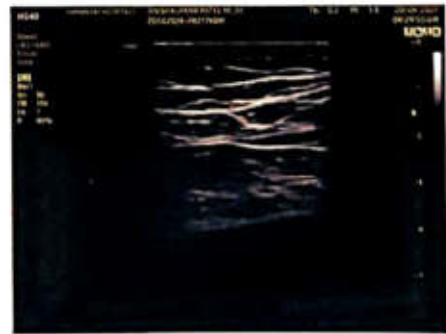
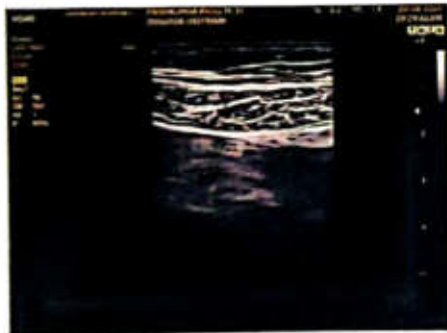
ID
Name
Birth Date
Gender

20062024-092139AM
ANISHKUMAR PATEL M/34

Exam

Accession #
Exam Date
Description
Operator

20-06-2024



DATE:20-06-24
ANISHKUMAR PATEL
34 YEARS/MALE

CHEST X RAY PA VIEW

Both the lung fields appear normal.
Both costophrenic angles appear clear.
Cardiac silhouette appear normal.
Both hila appears normal.
Bony thorax appears normal.
No evidence of free gas seen under dome of diaphragm.

COMMENTS:

- NORMAL BOTH LUNG FIELDS.
- NORMAL CARDIAC SIZE.



DR SARJAN VASAVA,
CONSULTANT RADIOLOGIST.

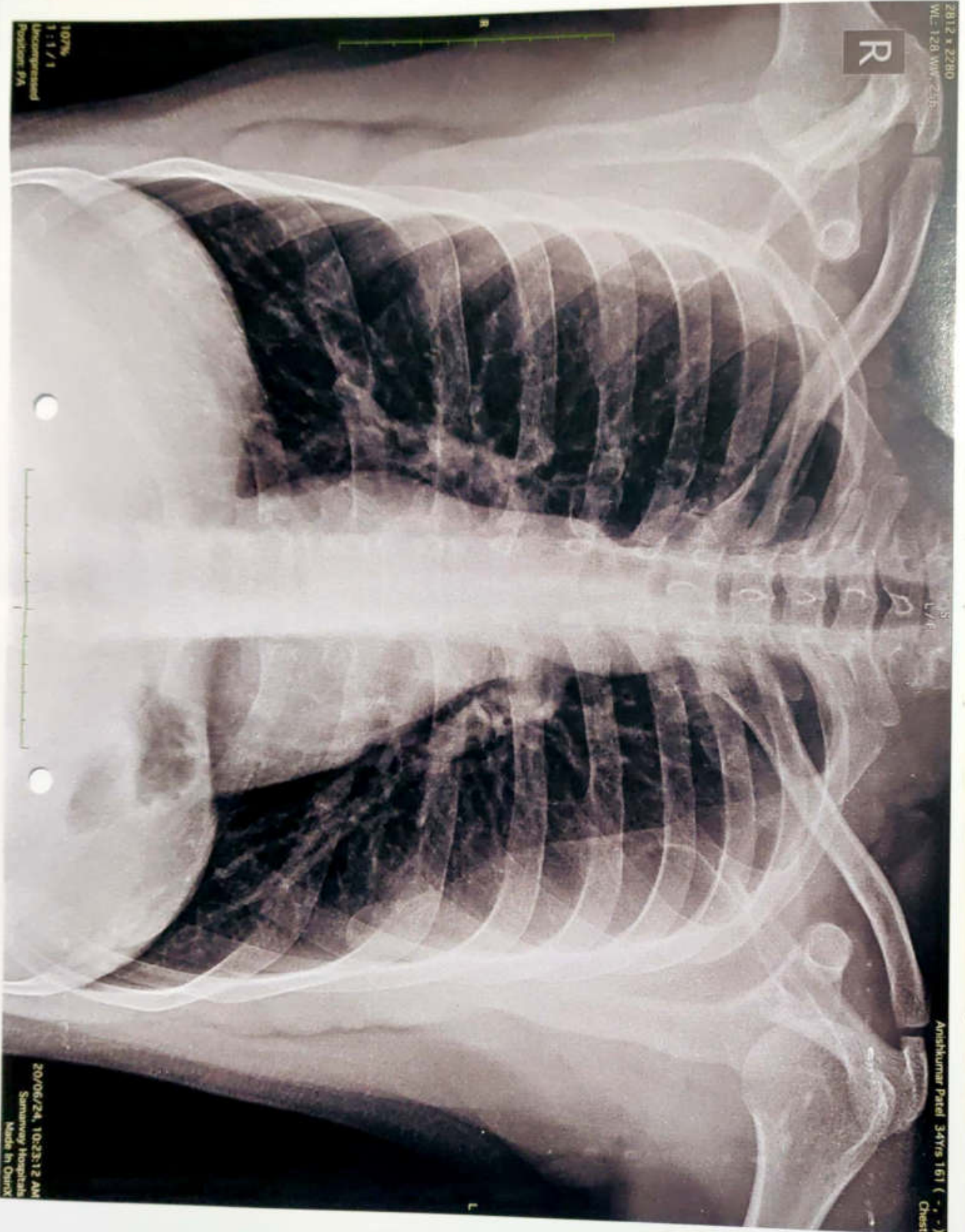
DR SARJAN VASAVA
M.B.B.S., D.M.R.D.
Reg. No. G-26527
SAMANVAY HOSPITALS



Anishkumar Patel

m/34y

20-06-24



2812 x 2280
WL: 128 WW: 235

R

107%
1:1/1
Uncompressed
Postion: PA

L5
L4/F

Anishkumar Patel 34Yrs 161 (-, -, -)
Chest

20/06/24, 10:23:12 AM
Samarway Hospitals
Made in China

SAMANVAY HOSPITAL, VADODARA

ANISHKUMAR PATEL (34 M)

ID: 80290

Date: 20-06-2024
Time: 12:18:06

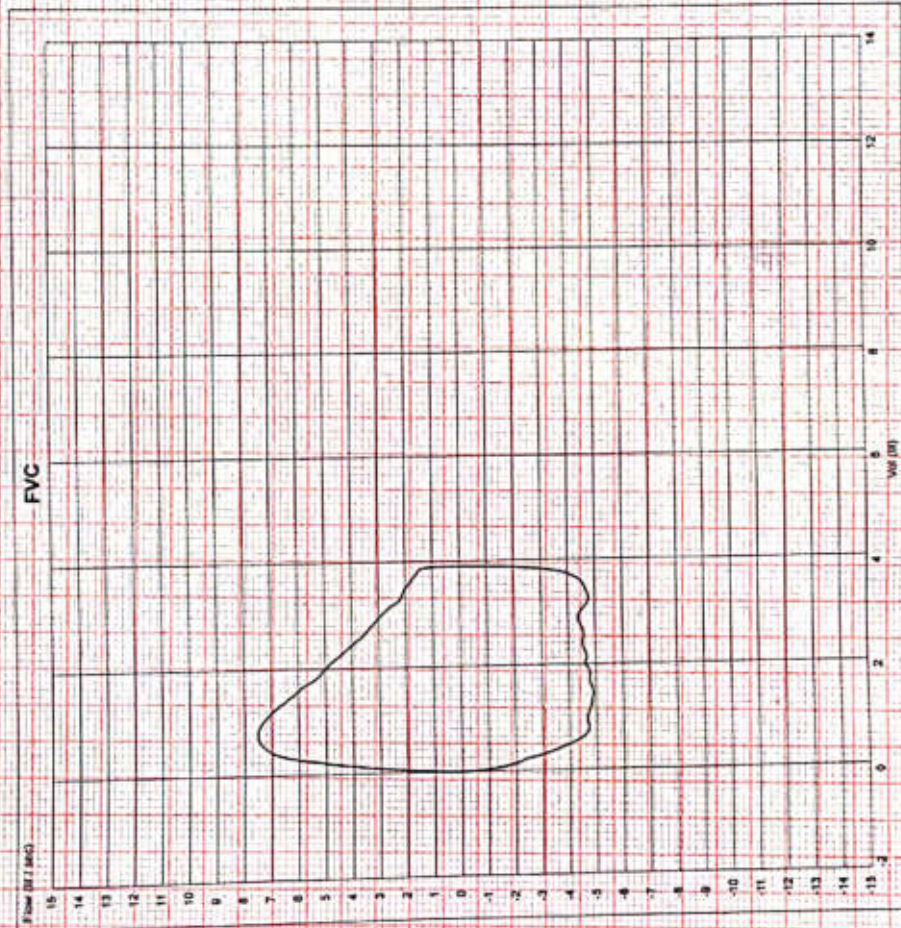
Height: 167 cms
Weight: 71 Kgs

Ethnic: Asian
Norm: Indian

Best Report

Clinical History :

Medications :



Params	Pred	Best Effort	Pre Best Value	% Pred
FVC (L)	3.57	3.9	4.2	109.2
FEV 0.5 (L)	—	2.55	2.55	—
FEV 1.0 (L)	2.78	3.76	3.8	135.3
FEV 3.0 (L)	3.34	0	0	0.0
FEV 0.5 / FVC (%)	—	65.41	65.41	—
FEV 1.0 / FVC (%)	81.87	96.42	96.42	118.1
FEV 3.0 / FVC (%)	—	0	0	—
FEF 25% - 75% (L/s)	3.12	4.9	4.9	157.1
FEF 75% - 85% (L/s)	—	2.66	2.66	—
FEF 25% (L/s)	—	7.39	7.39	—
FEF 50% (L/s)	3.75	5.09	5.09	135.7
FEF 75% (L/s)	1.49	3.03	3.03	203.4
FEF 0.2 - 1.2 (L/s)	—	6.97	6.97	—
PEF (L/s)	7.35	7.49	7.49	101.9
FMFT (s)	—	0.41	0.41	—
FIV1 (L)	—	4.2	4.2	—
FIV1/FVC (%)	—	4.18	4.18	—
FIV1/FVC (%)	—	99.72	99.72	—
PIF (L/s)	—	107.3	107.3	—
FIF 50% (L/s)	—	4.9	4.9	—
FIF 50% (L/s)	—	4.66	4.66	—

F V C

Interpretation :

Pre — Post

Dr Parth S Shah
MBBS, MD (Respi. Med.)

Chest physician
G-18840

DR PARTH SHAH

SAMANVAY HOSPITAL VADODARA

ANISHKUMAR PATEL (34 M)

Bruce Protocol

ID: 9528

Stage: Standing

Date: 20-06-2024

Speed: 0 km/h

Exec Time : 0:00:00

Slope: 0%

Stage Time: 03:01

THR: 158 bpm

HR: 121 bpm

BP: 120/80 mmHg

STLevel(mm) STSlope(mV/s)

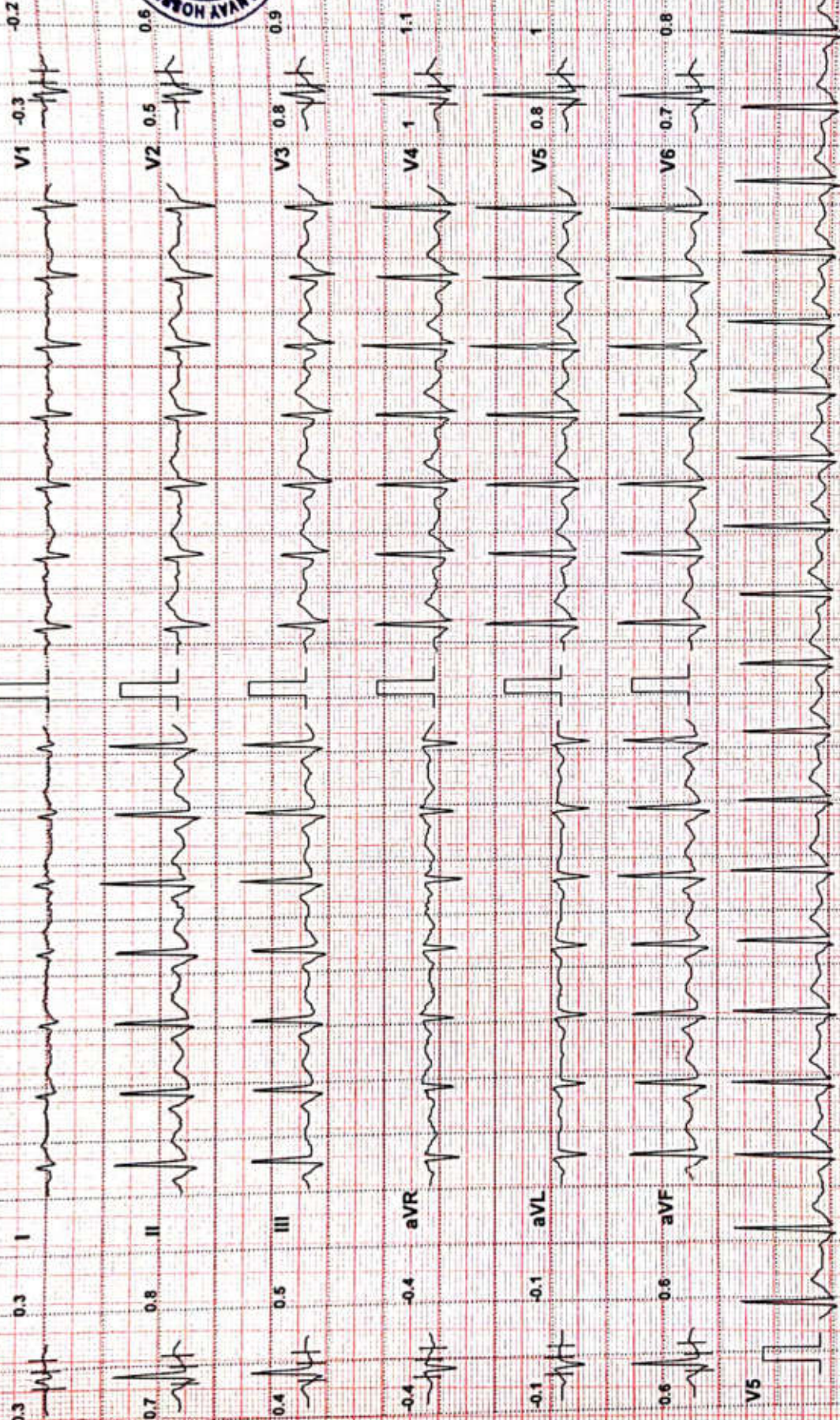


Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 35 Hz Mains Filter: ON ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms Schiller Cardioit CS-10 Version: 3.4

SAMANVAY HOSPITAL VADODARA

ANISHKUMAR PATEL (34 M)

Bruce Protocol

ID: 9528

STLevel(mm) STSlope(mV/s)

Stage: Pre Test

Date: 20-06-2024

Speed: 1.6 kmph

Exec Time : 00:00

Grade: 0%

Stage Time: 03:00

THR: 158 bpm

HR: 128 bpm

BP: 120/80 mmHg

STLevel(mm) STSlope(mV/s)

0.3 0.2 I

V1 -0.6 -0.2

0.5 0.6 II

V2 0.6

0.1 0.4 III

V3 1.2 0.7

-0.3 -0.3 aVR

V4 0.8 0.8

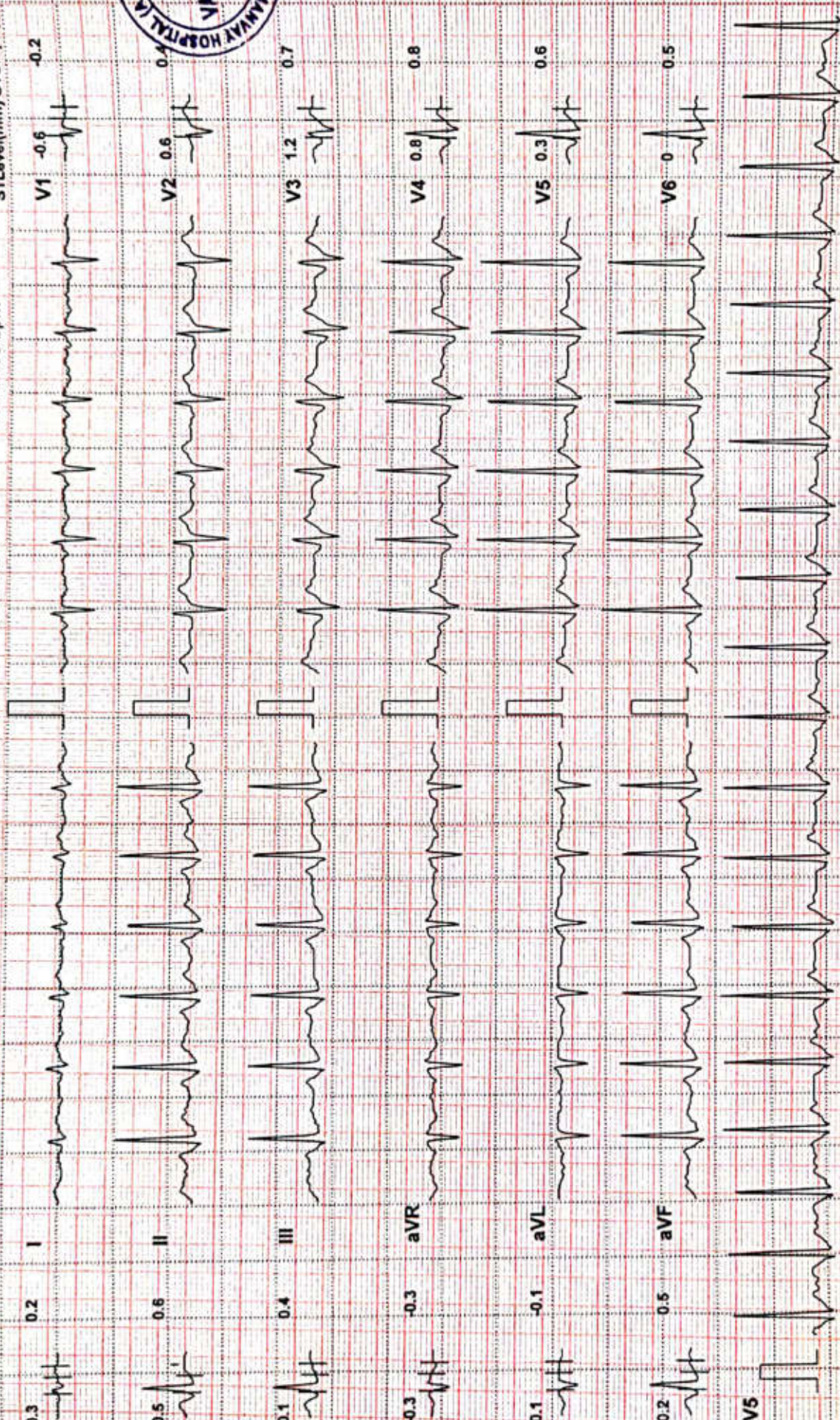
0.1 -0.1 aVL

V5 0.3 0.6

0.2 0.5 aVF

V6 0 0.5

V5



SAMANVAY HOSPITAL VADODARA

ANISHKUMAR PATEL (34 M)

ID: 9528

Bruce Protocol

Stage: 1

HR: 145 bpm

BP: 130/90 mmHg

STLevel(mm) STSlope(mV/s)

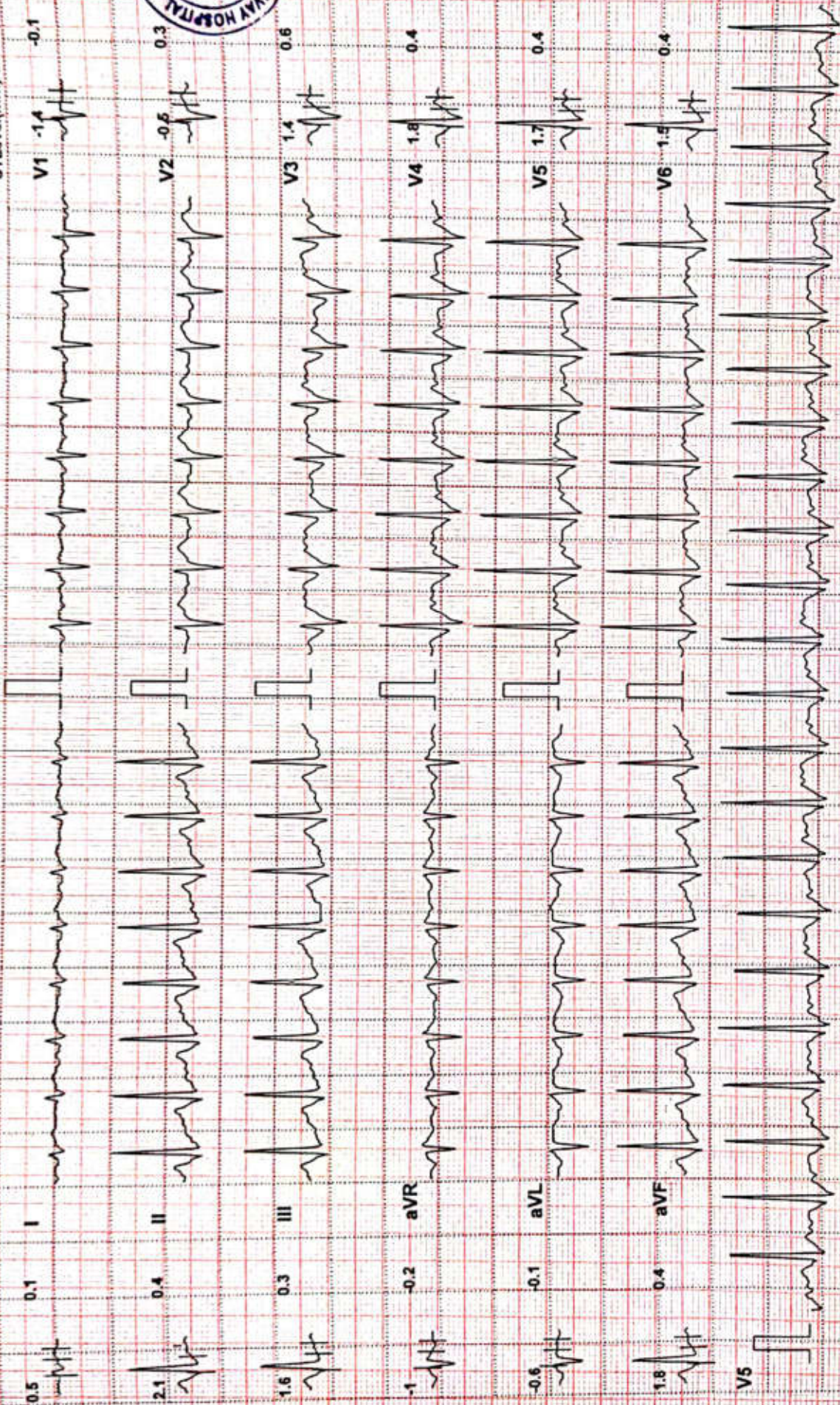
Exec Time : 0:03:00

Stage Time: 03:00

Speed: 2.7 kmph

Slope: 10 %

THR: 158 bpm



SAMANVAY HOSPITAL VADODARA

ANISHKUMAR PATEL (34 M)

ID: 9528

Bruce Protocol

Stage: 2

Date: 20-06-2024

Speed: 4 kmph

Exec Time: 0:06:00

Slope: 12 %

Stage Time: 03:00

THR: 158 bpm

HR: 155 bpm

BP: 140/90 mmHg

STLevel(mm) STSlope(mV/s)

0.6 0.2 I

V1 -1.2 -0.2

1.5 0.6 II

V2 0.1 0.4

1 0.4 III

V3 1 0.6

-0.9 -0.3 aVR

V4 1.2 0.4

-0.2 0 aVL

V5 1.1 0.6

1.2 0.4 aVF

V6 0.9 0.4

V5

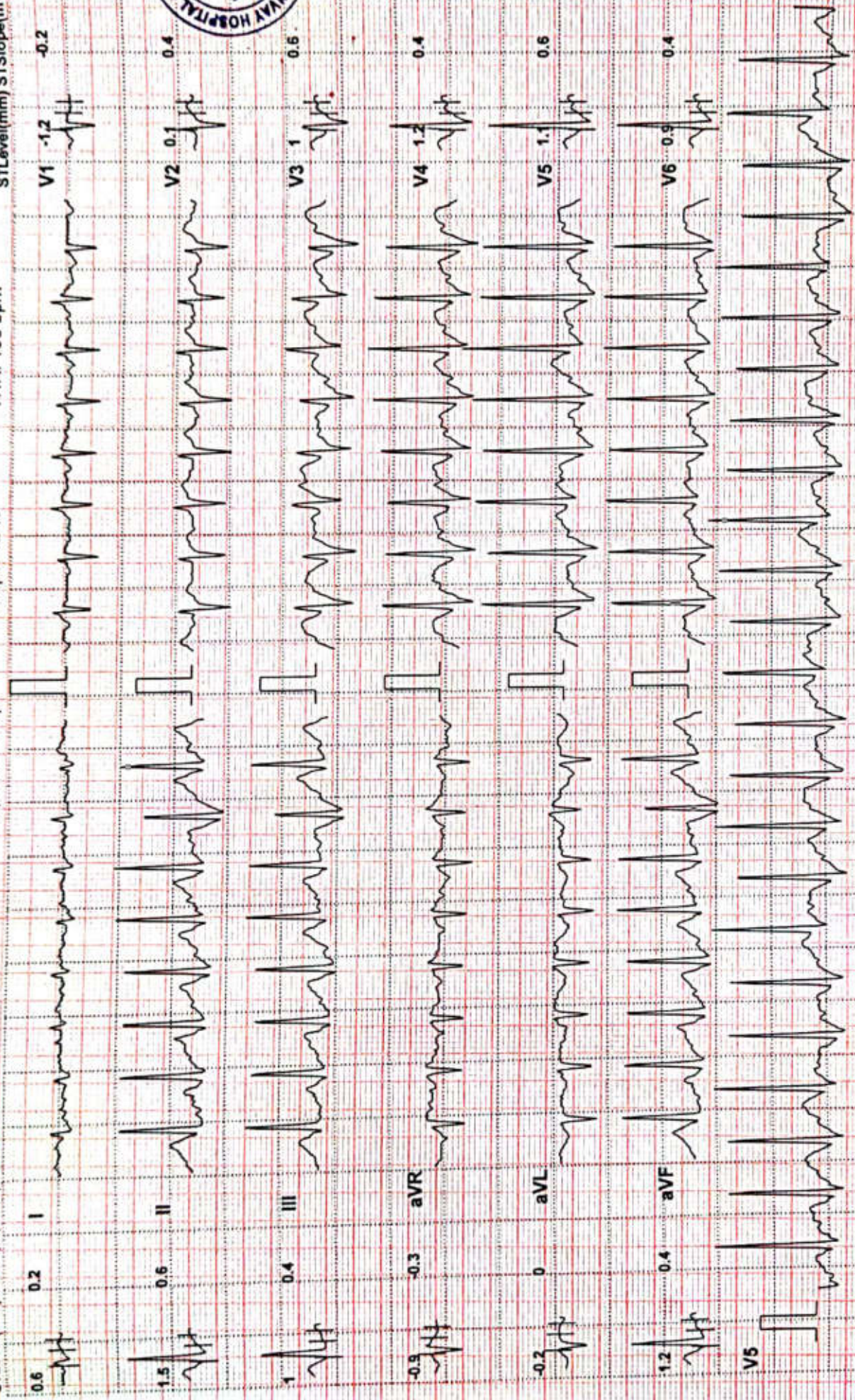


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SAMANVAY HOSPITAL VADODARA

ANISHKUMAR PATEL (34 M)

Bruce Protocol

ID: 9528

Date: 20-06-2024

Exec Time : 0:08:00

HR: 189 bpm

STLevel(mm) STSlope(mV/s)

Stage: 3 Peak Exercise Speed: 5.5 kmph

THR: 158 bpm

BP: 160/100 mmHg
STLevel(mm) STSlope(mV/s)

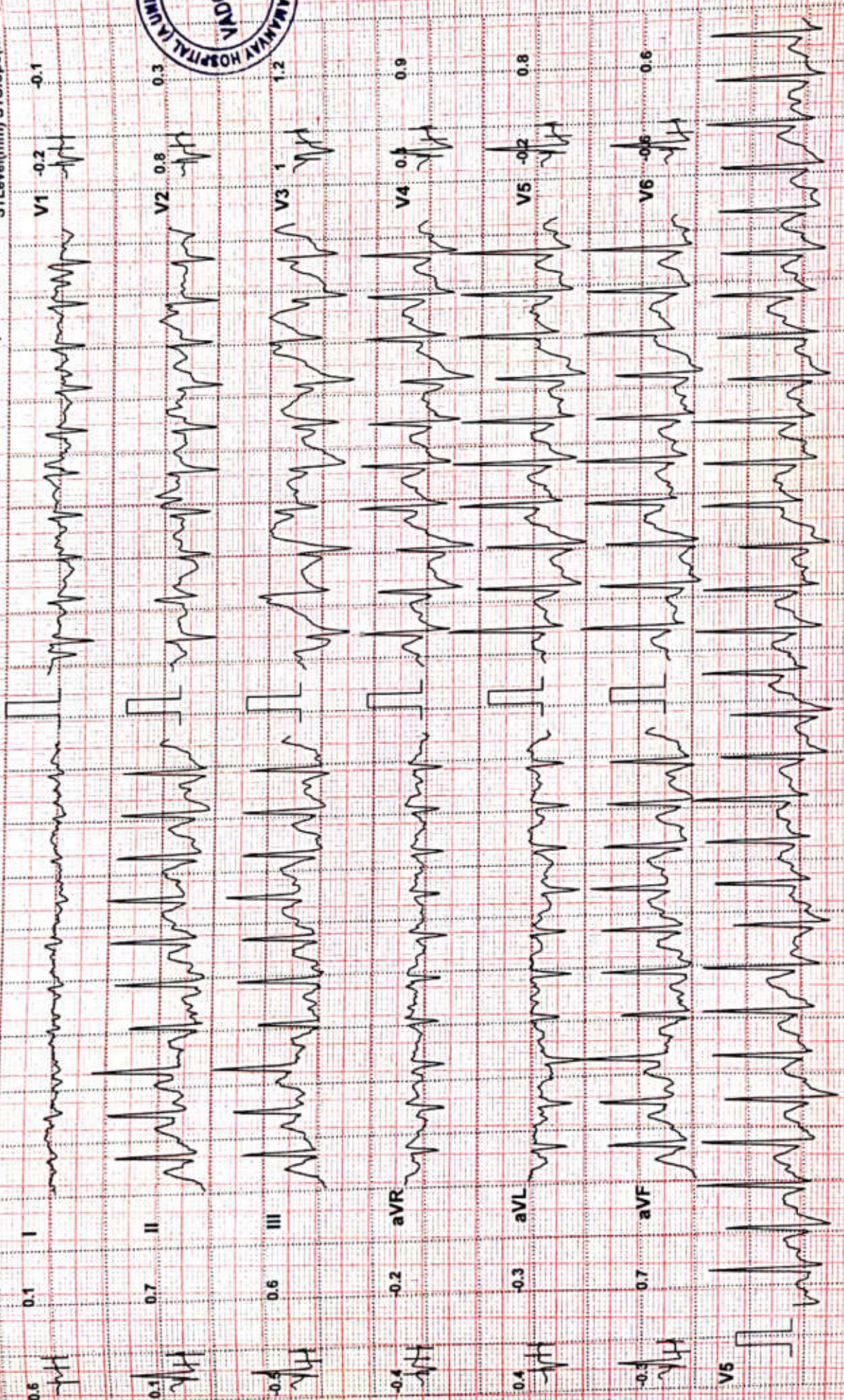


Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 35 Hz Mains Filter: ON ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Cardioit CS-10 Version:3.4

SAMANVAY HOSPITAL VADODARA



ANISHKUMAR PATEL (34 M)

ID: 9528

Bruce Protocol

STLevel(mm) STSlope(mV/s)

Date: 20-06-2024

Speed: 0 kmph

Stage: Recovery1

Exec Time: 00:00

Slope: 0 %

Stage Time: 01:00

THR: 158 bpm

HR: 169 bpm

BP: 160/100 mmHg

STLevel(mm) STSlope(mV/s)

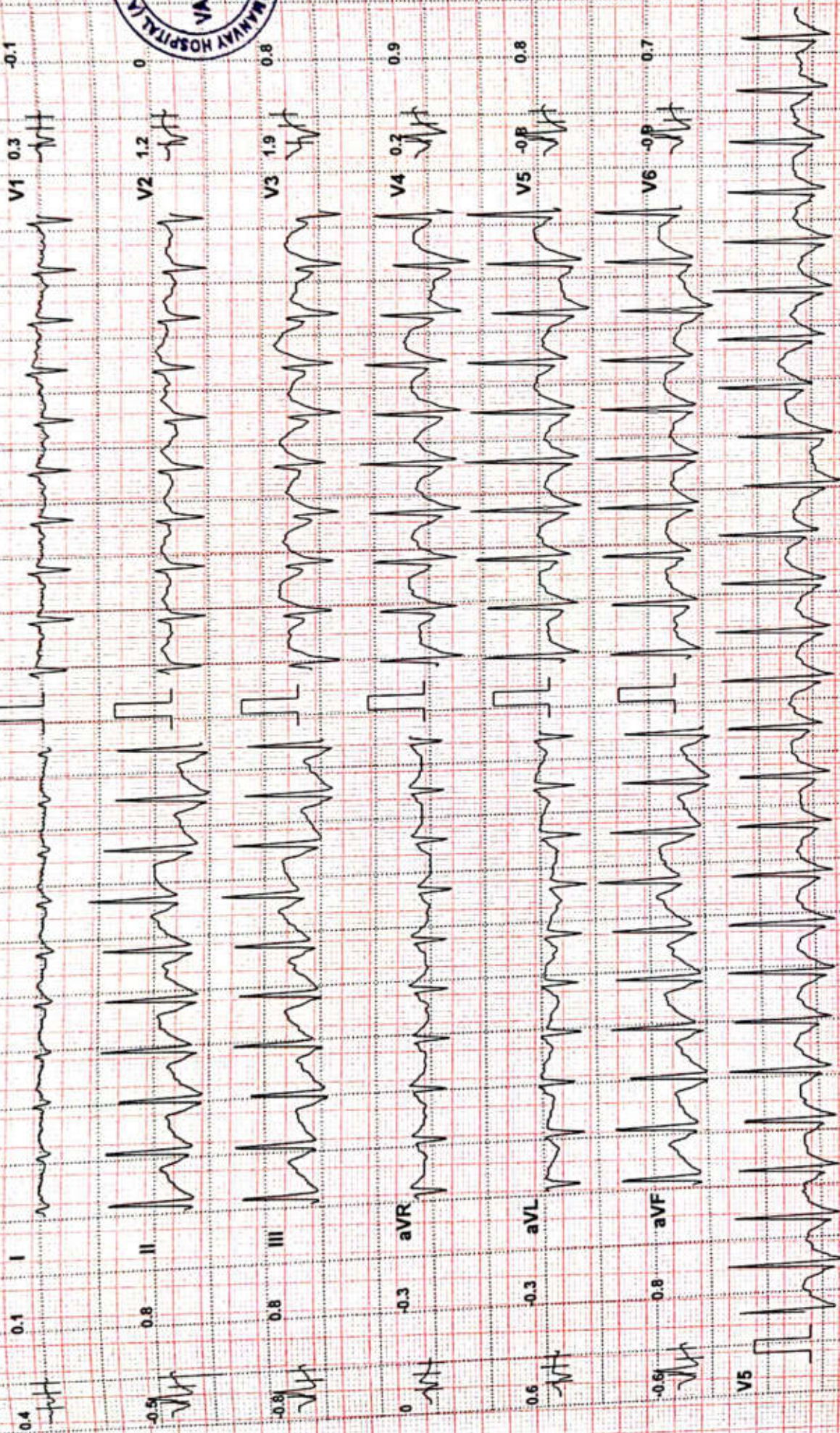


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SAMANVAY HOSPITAL VADODARA

ANISHKUMAR PATEL (34 M)

Bruce Protocol

ID: 9528

Date: 20-06-2024

Exec Time : 00:00

Stage Time: 01:00

HR: 147 bpm

BP: 150/80 mmHg

STLevel(mm) STSlope(mV/s)

Stage: Recovery2

Slope: 0 %

THR: 158 bpm

STLevel(mm) STSlope(mV/s)

0.7 I 0.2

V1 -1.2 -0.2

3.2 II 1.4

V2 0.3 0.3

2.5 III 1.1

V3 2.6 1.4

-1.5 aVR -0.6

V4 3.3 1.5

-0.8 aVL -0.4

V5 3 1.4

2.8 aVF 1.2

V6 2.7 1.2

V5

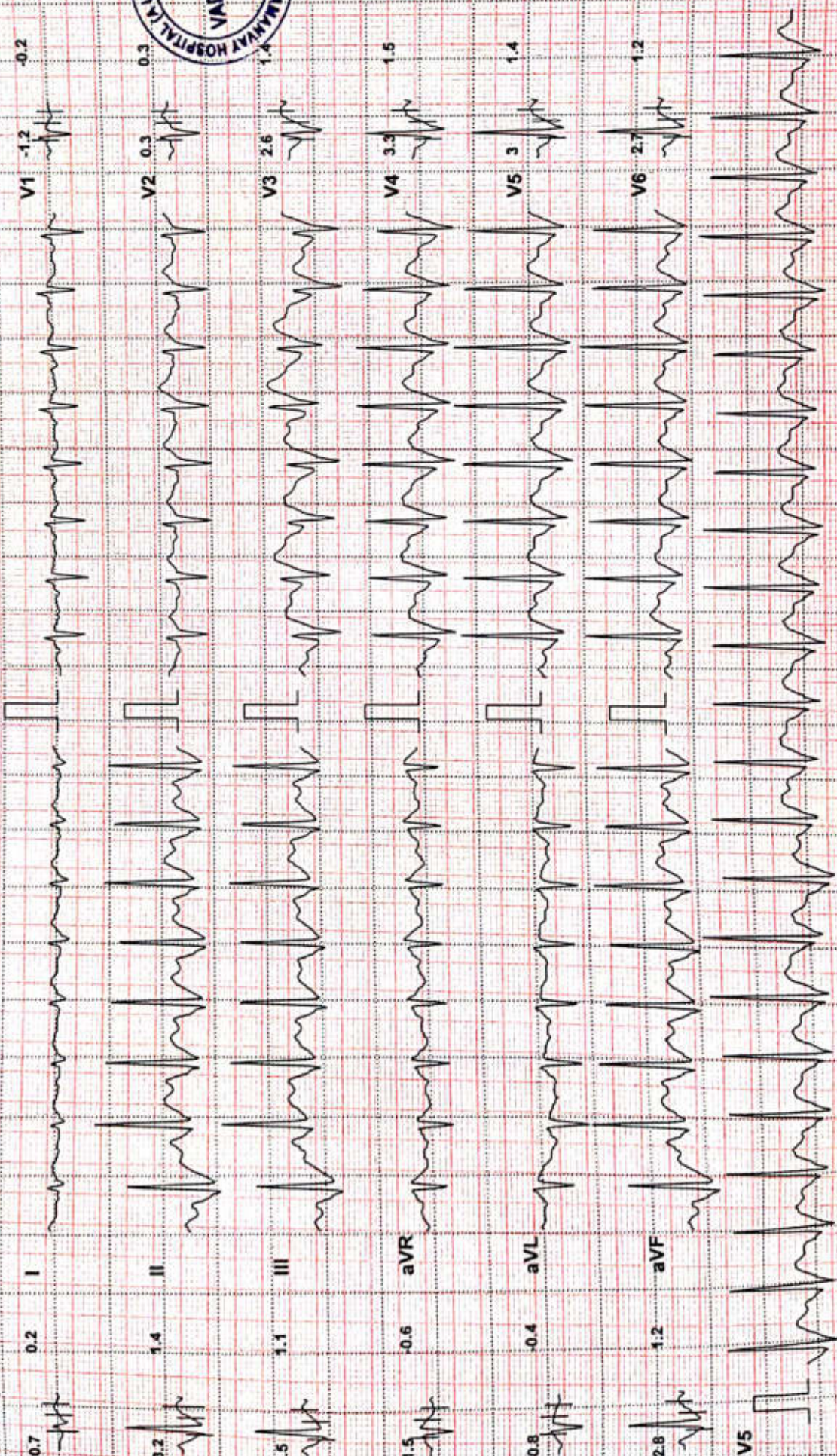


Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 35 Hz Mains Filter: ON ISO = R : 60 ms, J = R + 60 ms, Post J = J + 80 ms Schiller Cardiovit CS-10 Version:3.4

SAMANVAY HOSPITAL VADODARA

ANISHKUMAR PATEL (34 M)

Bruce Protocol

ID: 9528

Date: 20-06-2024

Exec Time: 00:00

Stage Time: 01:00

HR: 136 bpm

BP: 140/70 mmHg

STLevel(mm) STSlope(mV/s)

Stage: Recovery3

Speed: 0 kmph

Slope: 0 %

THR: 158 bpm

STLevel(mm) STSlope(mV/s)

0.8 0.3 I

V1 -1.5 -0.2

3.4 1.5 II

V2 0.1 0.4

2.6 1.1 III

V3 2.5 1.2

-1.6 -0.7 aVR

V4 3.2 1.5

-0.9 -0.4 aVL

V5 3.1 1.4

3.1 1.3 aVF

V6 2.7 1.2

V5



Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 35 Hz Mains Filter: ON ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms
Schiller Cardiovit CS-10 Version 3.4

SAMANVAY HOSPITAL VADODARA

Name: ANISHKUMAR PATEL

Date: 20-06-2024

Time: 12:29

Age: 34 Gender: M

Height: 167 cms

Weight: 71 Kg

ID: 9528

Clinical History:

Medications:

Test Details:

Protocol: Bruce

Predicted Max HR: 186

Target HR: 158 (85% of Pr. MHR)

Exercise Time: 0:08:00

Achieved Max HR: 189 (102% of Pr. MHR)

Max BP: 160/100

Max BP x HR: 30240

Max Mets: 9

Test Termination Criteria:

Protocol Details:

Stage Name	Stage Time	METS	Speed kmph	Grade %	Heart Rate bpm	BP mmHg	RPP	ST Level mm	ST Slope mV/S
Standing	03:01	1	0	0	121	120/80	14520	1 V4	1.1 V4
PreTest	03:10	1	1.6	0	128	120/80	15360	1.2 V3	0.8 V4
Stage: 1	03:00	4.7	2.7	10	145	130/90	18850	2.1 II	0.6 V3
Stage: 2	03:00	7	4	12	155	140/90	21700	1.5 II	0.6 II
Peak Exercise	02:00	9	5.5	14	189	160/100	30240	1 V3	1.2 V3
Recovery1	01:00	1	0	0	169	160/100	27040	1.9 V3	0.9 V4
Recovery2	01:00	1	0	0	147	150/80	22050	3.3 V4	1.5 V4
Recovery3	01:00	1	0	0	136	140/70	19040	3.4 II	1.5 II
Recovery4	00:02	1	0	0	136	140/70	19040	2.8 II	1.2 II

Interpretation

The Patient Exercised according to Bruce Protocol for 0:08:00 achieving a work level of 9 METS.

Resting Heart Rate, initially 121 bpm rose to a max. heart rate of 189bpm (102% of Predicted Maximum Heart Rate).

Resting Blood Pressure of 120/80 mmHg, rose to a maximum Blood Pressure of 160/100 mmHg

— Good Efforts Tolerance 1102%. THR \bar{C} 9 METS Achieved
 — No ST-T Changes during Exercise or recovery

DR. PAVAN ROY

MD, DM (CARDIOLOGY)
 CONSULTANT CARDIOLOGIST

REF. NO. G-25390
 DODDONDIBRAJWAN ROY



Ref. Doctor: —

SCHILLER

Test is Negative For Inducible Ischemia

(Summary Report edited by User)

Schiller Cardiovit CS-10 Version:3.4

Dental



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HOSPITALS
Healing Hands, Caring Hearts



MR. Anishkumar Patel

C/O : Pt. complains of sensitivity on-
consuming cold food stuff.
since last 4-5 months.

O/E : Hypomineralised
of $\frac{1}{6}$ cup tip.

A/v : 1) Desensitizing toothpaste.
2) Follow-up after 3 months.

ENT CHECK UP

Case No. : _____ Dose : 20/06/24

Name : MR. Anish Kumar Patel Age / Sex : 34/m

GENERAL EXAMINATION : no throat dryness.

EAR : BIL TM +H

NOSE : nil

THROAT : nil.

ADVICE : Wet math wash 3 times / d.
M. Vite 121 x 10 d.

Doctor's Signature : _____



COMPREHENSIVE HEALTH CHECK UP

Case No. : _____ Date : 20/6/24

Name : Mr. Anishkuman patel Age/Sex : 34/M

MEDICAL HISTORY : - H/O chest pain sharpness of breath

PERSONAL HISTORY : None

Appetite : (1) Smoking : None

Sleep : (2) H/O Alcohol : None

Bladder : (2) Lifestyle : Sedentary

Bowel : (2) Exercise : -

DRUG HISTORY : -

PAST HISTORY : -

FAMILY HISTORY : -

GENERAL PHYSICAL EXAMINATION :

Built and Nourishment :

Height : 167 cm

B. P. : 100/70 mm of Hg

Weight : 71.5 Kg

Character : (1) Pulse : 82 / Min

Nails : - Odema : -

Tonsils : - Skin : -

Tongue : - Sclera : -

Eat. & Joints : - Glands : -



Adv

(30) days [Tb. SLB12 plus (1) 1000mg paracetamol
2x/day.]

Diet



**SAMANVAY
HOSPITALS**
Healing Hands, Caring Hearts



MR. Anishkumar Patel

Ht - 167 cm
wt - 71.5 kgs

BMI - 25.6

JBW - 78.3 kgs.

Early Morning Empty Stomach

- Soak 1 spoon rice in 1 glass of water + 1 spoon curd } Early morning Soak it and have it

- Breakfast (8:00-8:30 AM) - Coffee (Use Skimmed milk) + 1 spoon sugar
Thrice in a week - Boiled Sprouts (Moong / Masoor / Chana)

Twice in a week - Roasted Khakhra / Mamsa / Poha (Om mamsa)

Twice in a week - Veg Poha / Opma / Chilla / 4-5 Biscuits (wheat based)

- Lunch (1-1:30 PM) - Roti - 2-3
Sabji - 1 big bowl
Dal - 1 small bowl
Rice " "
Salad " "
Buttermilk - 1 glass (150ml)

- Evening Snacks - Any one Seasonal fruit

- Dinner (Before 7:30 PM) - Veg. khakhdi / kadhi / Pasa / Idli / Methiya / Dhokla +
Chutney / veg. masala Chilla

Should be Avoid

- Avoid fried food items
- Avoid maida and its products
- Avoid veg. oil containing foods like Cookies, icecream, Pudding, Kheer.

- Avoid Sugary drinks
- Avoid cold drink & soft drinks.

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SAMANVAY
HOSPITALS

EYE CHECK UP

Reg. No. : _____ Date : 20/06/2024
Name : MR. Amish Kumar Patel Age / Sex : 34/M

	RIGHT EYE	LEFT EYE
DISTANCE : (<u>With</u> / Without Glasses)	G/G	G/G
NEAR VISION : (With / <u>Without</u> Glasses)	N.G	N.G
ANTERIOR SEGMENT :	well	well
IOP (MM of Hg)	16.0	18.0
FUNDUS :	well 0.2 CPR	well 0.2 CPR
COLOR VISION :	well	well
CLINICAL IMPRESSION :	refractive error	
ADVICE :	✓ See you ✓ Refractive Test on 7-17	

Doctor's Signature _____

