



HEALTH CHECK-UP SUMMARY

Race Course Road, Vadodara

Name: SHAHEEN S SHAIKH	
SH No: 299587	Date:28/09/2024
Age: 34	Gender: FEMALE

ASSESSMENT:

- o OVER WEIGHT(BMI: 28.29)
- o ALLERGY: IRON PRODUCTS OR HIGH IRON CONTAINING PRODUCTS : GABRAHMAN , EPIGASTRIC PAIN , VOMITING ,
- o K/C/O : FACE ALLERGY ON REGULAR TREATMENT
- o C/O: REDSPOTS ON FACE , ITCHING AND REDNESS ON FACE , B/L LEG PAIN , WHEN STRESS INCREASES TO LEADS CHEST PAIN , INAPPROPRIATE SLEEP , OCCASIONAL HEADACHE , OCCASIONAL DIZZINESS , WEAKNESS , B/L KNEE PAIN , ACIDITY PRESENT , LEFT FLANK PAIN , DYSMENORRHEA , VAGINAL DISCHARGE BEFORE PERIODS, ITCHING DURING PERIODS
- o P/H/O: STOMACH ULCER , SWELLING ON LIVER , UTI , RENAL CALCULI
- o P/H/O OPERATION : LSCS(2018 , 2023)
- o P/H/O HOSPITALIZATION : ULCER STOMACH (2023)(4-5 DAYS)
- o F/H/O: HYPERTENSION(MOTHER , FATHER), DIABETES(MOTHER , FATHER)
- o LOW HB(9.6) , LOW HEMATOCRIT(32) , LOW MCV(68.4) , LOW MCH(20.5) , BORDERLINE LOW MCHC(30) , HIGH RDW CV(17)
- o HIGH FBS(104) , HIGH HBA1C(6.20)
- o HIGH TRIGLYCERIDE(232) , NEAR TO ABOVE OPTIMAL DIRECT LDL(115) , HIGH VLDL(46.40)
- o USG ABDOMEN AND PELVIS : MILD FATTY LIVER WITH HEPATOMEGALY , BULKY UTERUS WITH CHANGES OF ADENOMYOSIS AND SMALL SUBSEROSAL FIBROID

ADVISED:

- o PLENTY OF LIQUIDS
- o ANTI DIABETIC, LOW FAT & IRON RICH DIET
- o AVOID OUT SIDE FOOD AND WATER
- o REGULAR EXERCISE & WEIGHT REDUCTION.
- o CORRECTION OF ANAEMIA AND WORK UP
- o REGULAR BLOOD SUGAR MONITORING AND CONTROL
- o REPEAT LIPID PROFILE AFTER 3 MONTH
- o OPHTHALMOLOGIST ADVICE : FOLLOW ADVICE
- o ORTHOPEDIC CONSULTATION
- o CHEST PHYSICIAN CONSULTATION
- o GYNAC CONSULTATION
- o PHYSICIAN CONSULTATION

Sterling Addlife India Limited
Unit-Sterling Hospital Vadodara
Race Course Circle, (West)
VADODARA - 390 007.


DR. JAY S PANDIT

Prevention & Rehabilitation Dept

Hospital Address: Sterling Hospitals, Race Course Road, Opp. Inox Cinema Hari Nagar, Circle West, Vadodara – 390007, Gujarat, India | Call: 0265-6144111, 0265-2354455, 98 98 98 78 78
www.sterlinghospitals.com | info@sterlinghospitals.com

Registered Office: Sterling Addlife India Private Limited | CIN U85110GJ2000PTC039121
Sterling Hospital, Sterling Hospital Road, Memnagar, Ahmedabad-380052, Gujarat, India



**HEALTH CHECK UP
MEDICAL EXAMINATION**

Name : Shahab S. Shaikh Employee ID : _____
 Company Name : _____ Age : 34 Sex : M/F
 Height : 154 cms. Weight : 67.1 Kgs BMI : 28.29 Blood Group : AB+ve.
 Name of HO / Registrar taking History : Dr. Jay's Prast

Allergies : None Yes (If Yes, describe)

Drugs/Food/Latex/Dyes/Contrast/Other	Reaction
1.	
2. <u>not known.</u>	
3. <u>Iron products or High Iron contents products</u>	<u>- gabbraman. epigastric pain vomiting.</u>

Chief Complaints :
C/O - Red spots & itching, Redness of face
H/O - stomach ulcer, skin swelling, Cough, stress increase.
D/L to leg pain leads to chest pain

Physical Examination :

Vital Signs :
 Temp Febrik °F SPO₂ : 99 Pulse : 86 /min R/R : 18 /min B.P. : 110/70 mm Hg

Past History :

If Hypertension, since	If Diabetes, since
On Medication 1) _____	On Medication 1) _____
2) _____	2) _____
3) _____	3) _____
If Ischaemic Heart Disease since	Under Treatment Dr. _____
On Medication 1) _____	If Tuberculosis, When _____
2) _____	Any Other P/H <u>Head allergy</u>
3) _____	Any Other Medication <u>Rx</u>
Under Treatment of Dr. _____	P/H of Hospitalization
Any Intervention done _____	Diagnosis <u>ulcer stomach</u>
P/H of Operation	Year : <u>2018, 2023</u>
Diagnosis : <u>LSCS</u>	Duration : <u>1-5 Day</u>
Name of Operation : _____	Blood Transfusion History : Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>
Year of Operation <u>(2018, 2023)</u>	Year : _____
Others : _____	

Family History : (Specify : F-Father, M-Mother, B-Brother, S-Sister)

(Pl. Circle whichever is applicable e.g. If Father has h/o 10 yrs then, Yes / No F/10 yrs)

Hypertension	Yes/No <u>M, F</u>	Asthma	Yes/No
Heart Disease	Yes/No	Stroke	Yes/No
Diabetes	Yes/No <u>M, F</u>	Arthritis/Gout	Yes/No
Tuberculosis	Yes/No	Cancer	Yes/No
Epilepsy	Yes/No	Other Chronic disease	Yes/No

Personal History :

Diet	<u>Mixed</u>	Smoking	Yes/No	since...../..... per day
Appetite	<u>Regular</u>	Alcohol	Yes/No	since...../..... (freq.)
Sleep	<u>Irregular sleep</u>	Drugs	Yes/No	since...../..... (freq.)
Micturition	<u>Regular</u>	Tobacco	Yes/No	since...../..... (freq.)
Bowel Habits		Any other habit		

FOR FEMALES :

Obstetric History : L.D.....

 Abortion : 9

Others :

93 P.A.L.2 - 1st child : 6 yrs
 2nd child : 1.7 yrs

General Examination :

- Anemia
 Cyanosis
 Jaundice
 Generalized Lymphadenopathy
 Pedal oedema

General Examination :
Head : NSF ca. Headache

Injuries (Specify if any) :

Eyes : NSF : glasses for both eyes & irregularly

- Vision : Normal Blurred Double Colour Blind
- Pupils : Normal Abnormal
- Other : Inflammation Pain Itching Discharge No complaint

Remarks (if any) :

Ears : NSF

- Deaf Yes No • Pain Yes No • Discharge Yes No
- Dizziness Yes No

Nose : NSF

- Nosebleed Yes No • Congestion Yes No • Sinus problem Yes No

Mouth : NSF

- Lesion Yes No
- Dental Hygiene Good Poor Bleeding gums Yes No
- Sense of taste Yes No

Throat/Neck : NSF

- Swollen glands: Yes No
- Stiffness: Yes No
- Dysphagia: Yes No

SYSTEMIC EXAMINATION

Neurological : NSF

- Headache: Yes No
- Memory changes: Yes No
- Dizziness: Yes No
- Syncope: Yes No
- Seizures: Yes No
- Paralysis: Yes No if yes R L
- Cooperative: Yes No
- Anxiety: Yes No
- Depression: Yes No
- Suicidal attempt: Yes No
- Any psychiatric illness: no
- Oriented: Yes No if disoriented, to Person Place Time
- Reaction: Brisk Sluggish No response
- LOC: Alert Confused Sedated
- Speech: Clear Slurred

Respiratory : NSF

- Lung sounds: A-E-B-E clear
- Dyspnoea: None With activity At rest Lying down Retractions
- Cough: None Non-productive Productive - colour
- Hemoptysis: Yes No
- Night Sweats: Yes No
- Cyanosis: Yes No Where

Cardiovascular : NSF

- Chest discomfort: Yes No
- Oedema: Yes No Location: Pitting Non-pitting

Extremities-Musculoskeletal : NSF

- Skin: Warm Cool Dry Firm Flaccid Colour
- Extremities: Tingly: Yes No
- Weakness: Yes No
- Deformity: Yes No
- Joints: Pain: Yes No
- Stiffness: Yes No
- Uses: Walker Wheelchair None

Gastrointestinal : NSF

- Appetite: Good Poor
- Nausea: Yes No
- Vomiting: Yes No
- Distension: Yes No
- Heartburn: Yes No
- Flatus: Yes No
- Pain: Yes No
- Rectal Bleeding: Yes No
- Colostomy: Yes No
- Ileostomy: Yes No

*left flank & pains
weird it down 2-3*

Bowel

- Diarrhoea Constipation Incontinence Blood in stool None
- Pain: Yes No Place: Hemorrhoids: Yes No
- Frequency of stool: 1-2/day
- Interventions: None Laxatives Yes No Type: Frequency:

Genitorurinary : NSF

Colour of Urine white Frequency 6-7 times/day
 Pain Yes No Burning Yes No Itching Yes No
 Urgency Yes No Incontinence Yes No
 Nocturia Yes No Urostomy Yes No
 History of calculi Yes No History of UTI Yes No
 Foleys Catheter Yes No Date of Insertion _____

Reproductive : NA NSF

LMP 26/9/24 Regular / Irregular Irregular
 Dysmenorrhea Yes No Amenorrhea Yes No if yes, Duration _____
 Menopausal Yes No if yes, Duration _____
 Vaginal discharge Yes No Itching Yes No
Before periods disrupted
 Breasts NA NSF
 Breast Feeding Yes No Lumps Yes No

Positive Finding & Advice

.....

Sterling Addlife India Limited
 Unit-Sterling Hospital Vadodara
 Race Course Circle, (West)
 VADODARA - 390 007.



Sign and Stamp of Medical Officer

Sterling Hospital
Racecourse Road

EMERGENCY HELPLINE

992 444 9972
0265 - 61 44 111

Sterling Hospital
Bhayli

EMERGENCY HELPLINE

908 1000 557
0265 - 61 23 333



OPHTHALMIC CHECK-UP

SIGNIFICANT HISTORY:

PAST HISTORY:

Refractive Error:

Any Surgery:

Color Blind:

Diabetes:

Hypertension:

Any Treatment:

EXAMINATION OF EYES:

Right Eye:

Left Eye:

Distant Vision without Glasses:

Distant Vision with Glasses:

Near Vision without Glasses:

Near Vision with Glasses:

Intraocular Pressure:

Anterior Segment:

Fundus:

PRESCRIPTION OF GLASSES:

	RIGHT			LEFT		
	Sphere	Cylinder	Axis	Sphere	Cylinder	Axis
Distant	-0.75	-2.0	30°	-2.75	-2.0	15°
Near						

Type of glass:

ADVICE:

Sterling Addlife India Limited
Unit-Sterling Hospital Vadodara
Race Course Circle, (West)
VADODARA - 390 007.

DR MAYA PATEL
(OPHTHALMOLOGIST)

Hospital Address: Sterling Hospitals, Race Course Road, Opp. Inox Cinema Hari Nagar, Circle West, Vadodara - 390007, Gujarat, India | Call: 0265-6144111, 0265-2354455, 98 98 98 78 78
www.sterlinghospitals.com | info@sterlinghospitals.com

Registered Office: Sterling Addlife India Private Limited | CIN U85110GJ2000PTC039121
Sterling Hospital, Sterling Hospital Road, Memnagar, Ahmedabad-380052, Gujarat, India





Passport No :

LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mrs. Shaheen S Shaikh	Lab Id : 092407503088	Pt. Type : Sterling Hospital Vadodara Health Checkup
Sex/Age : Female / 34 Y 21-May-1990	Registration on : 28-Sep-2024 09:45	Location : Main BNo./
Ref. Id : 299587 / 2811907	Collected at : SAWPL	Approved on : 28-Sep-2024 12:18 Status : Interim
Ref. By : Dr. RMO . STERLING...	Collected on : 28-Sep-2024 10:05	Printed On : 30-Sep-2024 10:00
	Sample Type : EDTA blood	Process At : 75 – Sterling Hospital, Race course (Vadodar

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE
Complete Blood Count

Test	Result	Unit	Biological Ref. Interval
Hemoglobin Colorimetric	L 9.6	g/dL	12.0 - 16.0
RBC Count Electrical impedance	4.67	million/cmm	3.8 - 4.8
Hematocrit Calculated	L 32.0	%	36 - 48
MCV Derived	L 68.4	fL	83 - 101
MCH Calculated	L 20.5	pg	26.4 - 33.2
MCHC Calculated	L 30.0	g/dL	31.8 - 35.9
RDW CV Calculated	H 17.00	%	11.6 - 14

Total WBC and Differential Count

WBC count SF Cube cell analysis 4540 /cmm 4000 - 10000

Differential Count

Differential Count	Result	Unit	Absolute Count
Neutrophils Microscopic	50 %	40 - 80	2270 /cmm 2000 - 6700
Lymphocytes Microscopic	39 %	20 - 40	1771 /cmm 1000 - 3000
Eosinophils Microscopic	04 %	1 - 6	182 /cmm 20 - 500
Monocytes Microscopic	07 %	2 - 10	318 /cmm 200 - 1000
Basophils Microscopic	00 %	0 - 2	0 /cmm 0 - 100

Platelet Count

Platelet Count Electrical impedance 360000 /cmm 150000 - 410000

MPV Calculated 9.60 fL 7.5 - 10.3

Peripheral Smear Examination

RBC Morphology Microcytic Hypochromic.

Platelets Morphology Platelets are adequate on Smear


Dr. C. Shrinivasan..

 M.D (Pathology) [G-18341]
Consultant Pathologist

Page 1 of 12

This is an Electronically Authenticated Report.

Sterling Accuris Pathology Laboratory

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007 tests marked with # are referred tests
Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com



Download Accuris App





Passport No :

LABORATORY TEST REPORT


Patient Information		Sample Information		Location Information	
Name	: Mrs. Shaheen S Shaikh	Lab Id	: 092407503088	Pt. Type	: Sterling Hospital Vadodara Health Checkup
Sex/Age	: Female / 34 Y 21-May-1990	Registration on	: 28-Sep-2024 09:45	Location	: Main BNo./
Ref. Id	: 299587 / 2811907	Collected at	: SAWPL	Approved on	: 28-Sep-2024 12:18 Status : Interim
Ref. By	: Dr. RMO . STERLING...	Collected on	: 28-Sep-2024 10:05	Printed On	: 30-Sep-2024 10:00
		Sample Type	: EDTA blood	Process At	: 75 – Sterling Hospital, Race course (Vadodar

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE
Complete Blood Count

Test	Result	Unit	Biological Ref. Interval
Erythrocytes Sedimentation Rate			
ESR	11	mm/1hr	0 - 21

Differential Count
Absolute Count

Dr. C. Shrinivasan..

 M.D (Pathology)[G-18341]
 Consultant Pathologist

Page 2 of 12

Sterling Accuris Pathology Laboratory

Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007 tests marked with # are referred tests

Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com

This is an Electronically Authenticated Report.



Download Accuris App





Passport No :

LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mrs. Shaheen S Shaikh	Lab Id : 092407503088	Pt. Type : Sterling Hospital Vadodara Health Checkup
Sex/Age : Female / 34 Y 21-May-1990	Registration on : 28-Sep-2024 09:45	Location : Main
Ref. Id : 299587 / 2811907	Collected at : SAWPL	Approved on : 28-Sep-2024 12:36 Status : Interim
Ref. By : Dr. RMO . STERLING...	Collected on : 28-Sep-2024 10:05	Printed On : 30-Sep-2024 10:00
	Sample Type : EDTA blood	Process At : 75 – Sterling Hospital, Race course (Vadoda

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE
Blood Group

Test	Result	Unit	Biological Ref. Interval
ABO Type <i>Tube Agglutination</i>	"AB"		
Rh (D) Type	Positive		


Dr. C. Shrinivasan..

 M.D (Pathology) [G-18341]
 Consultant Pathologist

Page 3 of 12

Sterling Accuris Pathology Laboratory

Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 001 tests marked with # are referred tests

Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com

This is an Electronically Authenticated Report.



Download Accuris App



Passport No :

LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mrs. Shaheen S Shaikh	Lab Id : 092407503088	Pt. Type : Sterling Hospital Vadodara Health Checkup
Sex/Age : Female / 34 Y 21-May-1990	Registration on : 28-Sep-2024 09:45	Location : Main BNo./
Ref. Id : 299587 / 2811907	Collected at : SAWPL	Approved on : 28-Sep-2024 12:21 Status : Interim
Ref. By : Dr. RMO . STERLING...	Collected on : 28-Sep-2024 10:05	Printed On : 30-Sep-2024 10:00
	Sample Type : Serum, Urine	Process At : 75 – Sterling Hospital, Race course (Vadodar

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE

Test	Result	Unit	Biological Ref. Interval
Fasting Blood Glucose <i>GOD-POD</i>	H 104.0	mg/dL	74 - 100
Fasting Urine Glucose <i>GOD-POD</i>	SNR		Absent
Fasting Urine Ketone <i>Nitroprusside</i>	SNR		Absent

	Fasting Blood Glucose*	Postprandial Blood Glucose #	Random Blood Glucose
Normal	< 100 mg/dL	< 140 mg/dL	< 140 mg/dL
Prediabetic	100 – 125 mg/dL	140 – 199 mg/dL	140 – 199 mg/dL
Diabetic	>/=126 mg/dL	>/= 200 mg/dl	>/= 200 mg/dl

* Fasting is defined as no caloric intake for more than 8 hours

The test should be performed as described by the WHO, using a glucose load containing the equivalent of 75 g anhydrous glucose dissolved in water.

Criteria for Diagnosis of Diabetes:

1. Fasting blood glucose (FPG) \geq 126 mg/dL
2. Two-hour blood glucose (2-h OGTT) = 200 mg/dL
3. HbA1c values (A1c) \geq 6.5%
4. Random plasma glucose \geq 200 mg/dL

(With symptoms of hyperglycemia or hyperglycemic crisis)

In the absence of unequivocal hyperglycemia, diagnosis of DM using A1C, FPG or 2-h OGTT requires two abnormal test results from the same sample or in two separate samples.

References:

1. American diabetes association. Standards of medical care in diabetes 2024
2. National Library of Medicine – National Institute of Health (USA) – Diabetes Mellitus
3. World Health Organization – Factsheet on Diabetes – Prevention and treatment


Dr. C. Shrinivasan..

 M.D (Pathology) [G-18341]
 Consultant Pathologist

Page 4 of 12

Sterling Accuris Pathology Laboratory

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007 tests marked with # are referred tests
 Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com

This is an Electronically Authenticated Report.



Download Accuris App





Passport No :

LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mrs. Shaheen S Shaikh	Lab Id : 092407503088	Pt. Type : Sterling Hospital Vadodara Health Checkup
Sex/Age : Female / 34 Y 21-May-1990	Registration on : 28-Sep-2024 09:45	Location : Main BNo./
Ref. Id : 299587 / 2811907	Collected at : SAWPL	Approved on : 28-Sep-2024 16:07 Status : Interim
Ref. By : Dr. RMO . STERLING...	Collected on : 28-Sep-2024 13:00	Printed On : 30-Sep-2024 10:00
	Sample Type : Fluoride	Process At : 75 - Sterling Hospital, Race course (Vadodar

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE

Test	Result	Unit	Biological Ref. Interval
Post-breakfast Blood Glucose <i>GOD-POD</i>	100	mg/dL	70 - 140
Post-breakfast Urine Glucose <i>GOD-POD</i>	SNR		Absent
Post Breakfast Urine Ketone <i>Nitroprusside</i>	SNR		Absent



Dr. C. Shrinivasan..
 M.D (Pathology) [G-18341]
 Consultant Pathologist

This is an Electronically Authenticated Report.

Sterling Accuris Pathology Laboratory

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007 tests marked with # are referred tests
 Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com





Passport No :

LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mrs. Shaheen S Shaikh	Lab Id : 092407503088	Pt. Type : Sterling Hospital Vadodara Health Checkup
Sex/Age : Female / 34 Y 21-May-1990	Registration on : 28-Sep-2024 09:45	Location : Main
Ref. Id : 299587 / 2811907	Collected at : SAWPL	Location : BNo./
Ref. By : Dr. RMO . STERLING...	Collected on : 28-Sep-2024 10:05	Approved on : 28-Sep-2024 13:51 Status : Interim
	Sample Type : EDTA blood	Printed On : 30-Sep-2024 10:00
		Process At : 75 – Sterling Hospital, Race course (Vadodar

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE
HbA1c (Glycosylated Hemoglobin) by HPLC

Test	Result	Unit	Biological Ref. Interval
HbA1c	H 6.20	%	For Screening: Diabetes: $\geq 6.5\%$; Pre-Diabetes: 5.7 - 6.4%; Non-Diabetes: $< 5.7\%$
Mean Blood Glucose	131.24	mg/dL	For Diabetic Patient: Poor Control : $> 7.0\%$; Good Control : 6.0-7.0%

Description:

- Total haemoglobin A1c is continuously synthesized in the red blood cell through its 120 days life span. The concentration of HbA1c in the cell reflects the average blood glucose concentration it encounters.
- The level of HbA1c increases proportionately in patients with uncontrolled diabetes. It reflects the average blood glucose concentration over an extended time period and remains unaffected by short-term fluctuations in blood glucose levels.
- The measurement of HbA1c can serve as a convenient test for evaluating the adequacy of diabetic control and in preventing various diabetic complications. Because the average half life of a red blood cell is sixty days, HbA1c has been accepted as a measurement which reflects the mean daily blood glucose concentration, better than fasting blood glucose determination, and the degree of carbohydrate imbalance over the preceding two months.
- It may also provide a better index of control of the diabetic patient without resorting to glucose loading procedures.

HbA1c assay Interferences:

Erroneous values might be obtained from samples with abnormally elevated quantities of other Haemoglobins as a result of either their simultaneous elution with HbA1c (HbF) or differences in their glycation from that of HbA (HbS).

Reference: American diabetes association. Standards of medical care in diabetes 2024


Dr. C. Shrinivasan..

 M.D (Pathology) [G-18341]
 Consultant Pathologist

Page 6 of 12

Sterling Accuris Pathology Laboratory

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007 Tests marked with # are referred tests
 Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com

This is an Electronically Authenticated Report.



Download Accuris App



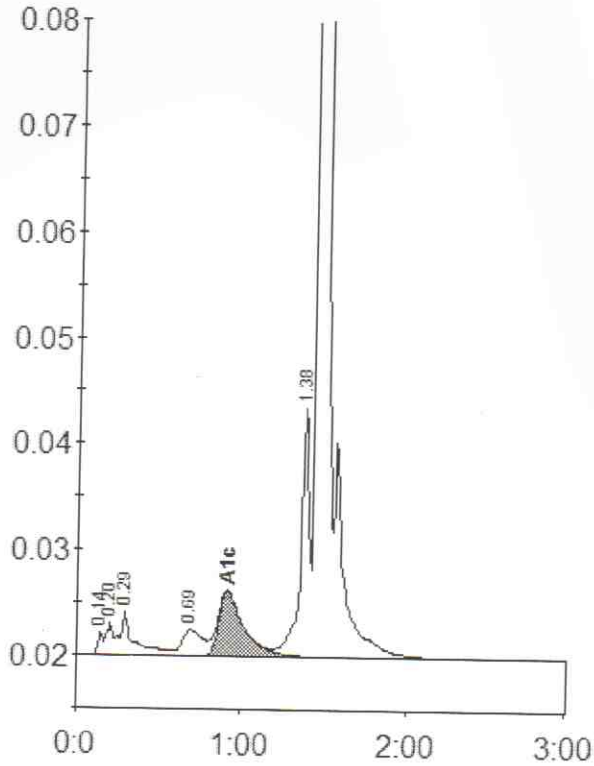


Patient report

Sterling HOSPITALS

Bio-Rad DATE: 28/09/2024
 D-10 TIME: 02:09 PM
 S/N: #DJ8G550303 Software version: 4.30-2
 Sample ID: 092407503088
 Injection date: 28/09/2024 02:09 PM
 Injection #: 14 Method: HbA1c
 Rack #: --- Rack position: 4

sterling
ACCURIS
 Pathology lab that cares



Peak table - ID: 092407503088

Peak	R.time	Height	Area	Area %
Unknown	0.14	2223	5031	0.4
A1a	0.20	3063	8744	0.6
A1b	0.29	4256	25474	1.8
LA1c/CHb-1	0.69	2468	22111	1.6
A1c	0.91	6165	65436	6.2
P3	1.38	23679	84757	6.0
A0	1.45	456227	1196810	85.0
Total Area:		1408364		

Concentration:	%
A1c	6.2





Passport No :

LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mrs. Shaheen S Shaikh Sex/Age : Female / 34 Y 21-May-1990 Ref. Id : 299587 / 2811907 Ref. By : Dr. RMO . STERLING...	Lab Id : 092407503088 Registration on : 28-Sep-2024 09:45 Collected at : SAWPL Collected on : 28-Sep-2024 10:05 Sample Type : Serum	Pt. Type : Sterling Hospital Vadodara Health Checkup Location : Main BNo./ Approved on : 28-Sep-2024 12:09 Status : Interim Printed On : 30-Sep-2024 10:00 Process At : 75 – Sterling Hospital, Race course (Vadodar

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE
Lipid Profile

Test	Result	Unit	Biological Ref. Interval
Cholesterol <i>Cholesterol oxidase – Peroxidase</i>	192.0	mg/dL	Desirable : <200 Borderline High : 200-239 High : >240
Triglyceride <i>Ezymatic (Lipase/GK/GPa/POD)</i>	H 232.0	mg/dL	Normal : <150 Borderline : 150-199 High : 200-499 Very High : >500
HDL Cholesterol <i>PTA/MgCl2</i>	41.0	mg/dL	Low: <40.0 High: >60.0
Direct LDL <i>Direct measured</i>	H 115.00	mg/dL	Optimal: <100 Near to above Optimal: 100–129 Borderline High: 130-159 High: 160–189 Very High: =190
VLDL <i>Calculated</i>	H 46.40	mg/dL	15 - 35
CHOL/HDL Ratio <i>Calculated</i>	4.7		Up to 5.0
dLDL/HDL Ratio <i>Calculated</i>	2.8		Up to 3.5


 Dr. C. Shrinivasan..

 M.D (Pathology)[G-18341]
 Consultant Pathologist

Page 8 of 12

Sterling Accuris Pathology Laboratory

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007 tests marked with # are referred tests
 Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com

This is an Electronically Authenticated Report.



Download Accuris App





Passport No :

LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mrs. Shaheen S Shaikh	Lab Id : 092407503088	Pt. Type : Sterling Hospital Vadodara Health Checkup
Sex/Age : Female / 34 Y 21-May-1990	Registration on : 28-Sep-2024 09:45	Location : Main BNo./
Ref. Id : 299587 / 2811907	Collected at : SAWPL	Approved on : 28-Sep-2024 11:41 Status : Interim
Ref. By : Dr. RMO . STERLING...	Collected on : 28-Sep-2024 10:05	Printed On : 30-Sep-2024 10:00
	Sample Type : Serum	Process At : 75 – Sterling Hospital, Race course (Vadodar

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE

Test	Result	Unit	Biological Ref. Interval
Uric Acid <i>Uricase</i>	4.90	mg/dL	2.5 - 6.2
Blood Urea Nitrogen <i>Calculated</i>	9.81	mg/dL	7.0 - 17.0
Urea <i>Urease, Colorimetric</i>	21.0	mg/dL	15.0 - 36.4
Creatinine, serum <i>Creatinine Amidohydrolase</i>	0.70	mg/dL	0.52 - 1.04
BUN Creatinine Ratio <i>Calculated</i>	14.01		
Urea Creatinine Ratio <i>Calculated</i>	30.00		


Dr. C. Shrinivasan..

 M.D (Pathology) [G-18341]
 Consultant Pathologist

Page 9 of 12

Sterling Accuris Pathology Laboratory

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 00 tests marked with # are referred tests
 Ph: 0265-6144210

 pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com

This is an Electronically Authenticated Report.



Download Accuris App



Passport No :

LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mrs. Shaheen S Shaikh	Lab Id : 092407503088	Pt. Type : Sterling Hospital Vadodara Health Checkup
Sex/Age : Female / 34 Y 21-May-1990	Registration on : 28-Sep-2024 09:45	Location : Main
Ref. Id : 299587 / 2811907	Collected at : SAWPL	Location : BNo./
Ref. By : Dr. RMO . STERLING...	Collected on : 28-Sep-2024 10:05	Approved on : 28-Sep-2024 12:09 Status : Interim
	Sample Type : Serum	Printed On : 30-Sep-2024 10:00
		Process At : 75 - Sterling Hospital, Race course (Vadodar

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE
Liver Function Test

Test	Result	Unit	Biological Ref. Interval
ALT (SGPT) <i>UV with P5P, IFCC</i>	23.0	U/L	0 - 35
AST (SGOT) <i>UV with P5P</i>	26.0	U/L	14 - 36
GGT (Gamma Glutamyl Transferase) <i>L-γ-Glytamyl-p-nitroanilide</i>	13.0	U/L	12 - 43
Alkaline Phosphatase <i>PNPP, AMP Buffer, IFCC</i>	64.0	U/L	38 - 126
Total Bilirubin <i>Azobilirubin chromophores</i>	0.60	mg/dL	0.2 - 1.3
Conjugated Bilirubin <i>Cationic Mordant Binding</i>	0.10	mg/dL	0.0 - 0.3
Unconjugated Bilirubin <i>Cationic Mordant Binding</i>	0.30	mg/dL	0.0 - 1.1
Delta Bilirubin <i>Calculated</i>	0.20	mg/dL	0.0 - 0.2
Total Protein <i>Copper tartrate to colour complex</i>	7.60	g/dL	6.3 - 8.2
Albumin <i>Bromocresol Green Method</i>	4.50	g/dL	3.5 - 5.0
Globulin <i>Calculated</i>	3.10	g/dL	2.3 - 3.5
A/G Ratio <i>Calculated</i>	1.45		1.3 - 1.7


Dr. C. Shrinivasan..

 M.D (Pathology) [G-18341]
Consultant Pathologist

Page 10 of

Sterling Accuris Pathology Laboratory

Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007 tests marked with # are referred tests

Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com

This is an Electronically Authenticated Report.



Download Accuris App



Passport No :

LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mrs. Shaheen S Shaikh	Lab Id : 092407503088	Pt. Type : Sterling Hospital Vadodara Health Checkup
Sex/Age : Female / 34 Y 21-May-1990	Registration on : 28-Sep-2024 09:45	Location : Main
Ref. Id : 299587 / 2811907	Collected at : SAWPL	Approved on : 28-Sep-2024 12:21 Status : Interim
Ref. By : Dr. RMO . STERLING...	Collected on : 28-Sep-2024 10:05	Printed On : 30-Sep-2024 10:00
	Sample Type : Serum	Process At : 75 – Sterling Hospital, Race course (Vadodar

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE
Thyroid Function Tests

Test	Result	Unit	Biological Ref. Interval
T3, total (Triiodothyronine) <i>CLIA</i>	1.09	ng/mL	0.58 - 1.59
T4, total (Thyroxine) <i>CLIA</i>	6.64	µg/dl	4.87 - 11.72
TSH (3rd Gen.) <i>Chemiluminescence</i>	3.8610	µIU/mL	Non-Pregnant Woman: 0.4001-4.049; Pregnant Woman: 1st Trimester: 0.1298-3.120; 2nd Trimester: 0.2749-2.652; 3rd Trimester : 0.3127-2.947


Dr. C. Shrinivasan..

 M.D (Pathology) [G-18341]
 Consultant Pathologist

Page 11 of

Sterling Accuris Pathology Laboratory

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007 tests marked with # are referred tests
 Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com

This is an Electronically Authenticated Report.



Download Accuris App



Passport No :

LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mrs. Shaheen S Shaikh	Lab Id : 092407503088	Pt. Type : Sterling Hospital Vadodara Health Checkup
Sex/Age : Female / 34 Y 21-May-1990	Registration on : 28-Sep-2024 09:45	Location : Main BNo./
Ref. Id : 299587 / 2811907	Collected at : SAWPL	Approved on : 28-Sep-2024 12:21 Status : Interim
Ref. By : Dr. RMO . STERLING...	Collected on : 28-Sep-2024 10:05	Printed On : 30-Sep-2024 10:00
	Sample Type : Serum	Process At : 75 – Sterling Hospital, Race course (Vadodar

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE

Levels of TSH in pregnancy (µIU/mL): First Trimester 0.1 - 2.5; Second Trimester 0.2 – 3.0; Third Trimester 0.3 – 3.0.

NOTE: TSH concentrations in apparently normal euthyroid subjects are known to be highly skewed, with a strong tailed distribution towards higher TSH values. This is well documented in the pediatric population including the infant age group.

TSH	T3/FT3	T4/FT4	Suggested interpretation of Thyroid function tests pattern
Within range	Decreased	Within range	Isolated low T3 often seen in elderly & associated Non-Thyroid illness. In elderly the drop in T3 level can be up to 25%.
Raised	Within Range	Within Range	Isolated High TSH Especially in the range of 4.7 to 15 mIU/ml is commonly associated with physiological & Biological TSH Variability; Subclinical Autoimmune Hypothyroidism; Intermediate T4 therapy for hypothyroidism; Recovery phase after Non-Thyroidal illness.
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis; Post thyroidectomy, post radioiodine; Hypothyroid phase of transient thyroiditis.
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies); Intermediate T4 therapy of T4 overdose; Drug Interference-Amiodarone, Heparin, Beta blocker, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH – Especially in the range of 0.1 to 0.4 often seen in elderly & associated with Non-Thyroidal illness; Subclinical Hyperthyroidism; Thyroxine ingestion.
Decreased	Decreased	Decreased	Central Hypothyroidism; Non-Thyroidal illness; Recent treatment for Hypothyroidism (TSH remains suppressed).
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease), Multinodular goitre Toxic nodule; Transient thyroiditis; postpartum, Silent (lymphocytic), Post viral (granulomatous, subacute, DeQuervain'a) Gestational thyrotoxicosis hyperemesis gravidarum.
Decreased or within range	Raised	Within range	T3 toxicosis; Non-Thyroidal illness.

Reference: Wallach's Interpretation of Diagnostic by Mary Williamson, 10th edition, 2015.

----- End Of Report -----



Dr. C. Shrinivasan..

 M.D (Pathology) [G-18341]
Consultant Pathologist

Page 12 of

Sterling Accuris Pathology Laboratory

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007 tests marked with # are referred tests
Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com

This is an Electronically Authenticated Report.



Download Accuris App





Race Course Road, Vadodara

Report Date: 28 Sep 2024 - 11:50 AM

Patient Id : RCR-299587

Patient Name : SHAIKH SHAHEEN S

Age : 34Y 4M 7D

Sex : Female

Ref. Doctor : DR. RMO . STERLING

Study Date : 28 Sep 2024 - 11:00 AM

RADIOGRAPH CHEST PA

Both lungs and CP angles appear clear.

Mediastinal shadow and hilar region appear normal.

Cardiac shadow appears normal.

Both domes of diaphragm show normal position and contour.

Any thorax under vision appears normal.

IMPRESSION

No significant abnormality detected.

Palak

Dr. Palak Nandolia
Consultant Radiologist

Hospital Address: Sterling Hospitals, Race Course Road, Opp. Inox Cinema Hari Nagar, Circle West, Vadodara – 390007, Gujarat, India | Call: 0265-6144111, 0265-2354455, 98 98 98 78 78
www.sterlinghospitals.com | info@sterlinghospitals.com

Registered Office: Sterling Addlife India Private Limited | CIN U85110GJ2000PTC039121
Sterling Hospital, Sterling Hospital Road, Memnagar, Ahmedabad-380052, Gujarat, India



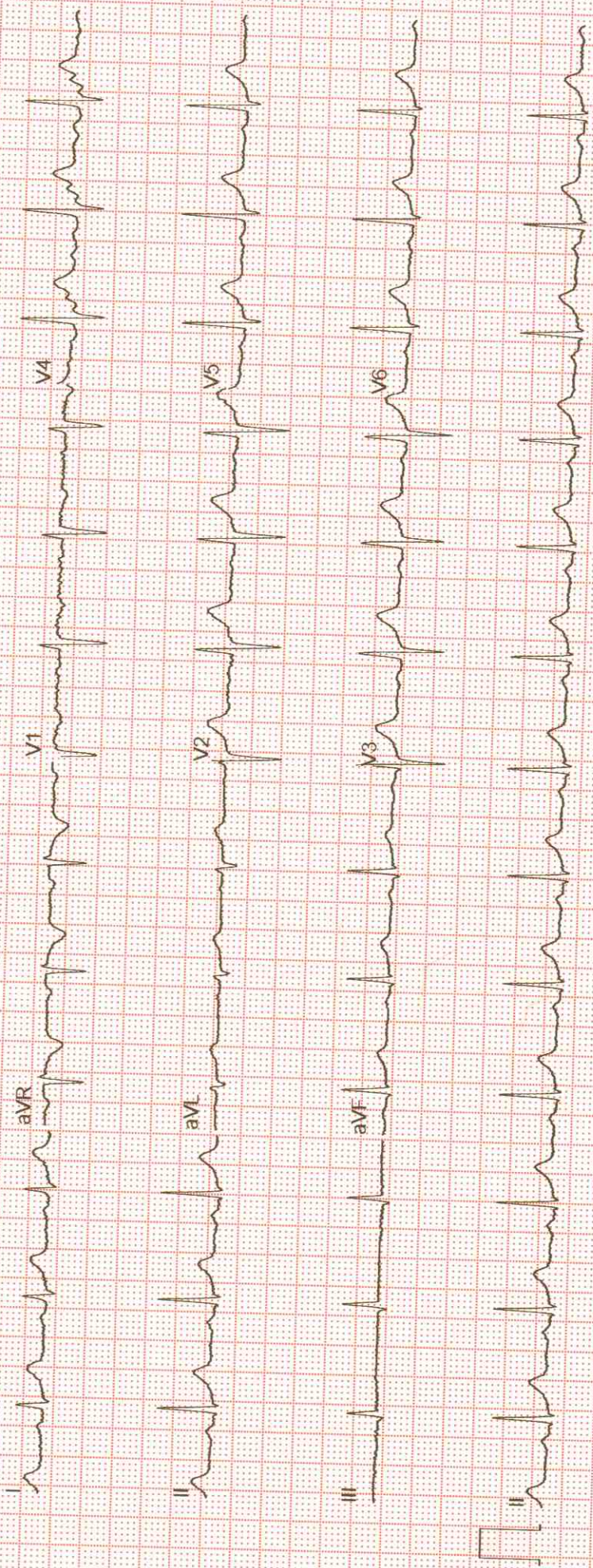
28.09.2024 9:27:57
STERLING HOSPITAL
HCP
VADODARA

34 Years
Female

82 bpm
1 mmHg

WNL

QRS 80 ms
QT / QTcBaz 384 / 448 ms
PR 158 ms
P 90 ms
RR / PP 732 / 731 ms
P / QRS / T 41 / 71 / 43 degrees



GE MAC2000 1.1 12SL™ V241

25 mm/s 10 mm/mV

ADS 0.56-40 Hz 50 Hz

Unconfirmed
4x2.5x3.25_R1

1/1



2D ECHOCARDIOGRAPHY REPORT



Sterling[®] HOSPITALS

Race Course Road, Vadodara

Name: Mrs. SHAHEEN SHAIKH
Age: 34 Years
Sex: F
Date: 28-Sep-2024

Ref By: HCP
Study: 2D Echo

M-MODE:

IVS	10mm	LVDD	46mm
PW	10mm	LVDS	24mm
LA	34mm	LV EF	60 %

DOPPLER STUDY:

MITRAL	E 0.75	A 0.49
AORTIC	1.26	
TRICUSPID	N	
PULMONARY	N	

CONCLUSION :

- NORMAL SIZED CHAMBERS
- NORMAL LV SYSTOLIC FUNCTION LVEF 60 %
- NO RWMA AT REST
- NO DIASTOLIC DYSFUNCTION
- NORMAL RV SIZE AND FUNCTION
- ALL VALVES ARE NORMAL
- NO CLOT OR VEGETATION
- NO PERICARDIAL EFFUSION
- NORMAL IVC

Dr. RANJEETKUMAR SHUKLA MD,DM
Consultant interventional Cardiologist

Hospital Address: Sterling Hospitals, Race Course Road, Opp. Inox Cinema Hari Nagar, Circle West, Vadodara – 390007, Gujarat, India | Call: 0265-6144111, 0265-2354455, 98 98 98 78 78
www.sterlinghospitals.com | info@sterlinghospitals.com

Registered Office: Sterling Addlife India Private Limited | CIN U85110GJ2000PTC039121
Sterling Hospital, Sterling Hospital Road, Memnagar, Ahmedabad-380052, Gujarat, India | Phone: 079-25443913





Patient Id	: RCR-299587	Patient Name	: SHAIKH SHAHEEN S
Age	: 34Y 4M 7D	Sex	: Female
Ref. Doctor	: DR. RMO , STERLING	Study Date	: 28 Sep 2024 - 12:33 PM

ULTRASOUND OF ABDOMEN AND PELVIS

Clinical history : ? Renal concretions

FINDINGS

Liver is mildly enlarged (17 cm) and shows bright echotexture. No focal lesion seen. No IHBR dilatation.

Portal vein (13 mm) and **CBD** (5 mm) appear normal.

Gall bladder distended and shows normal wall thickness. No evidence of calculus or mass lesion seen.

Visualized pancreas appears normal.

Spleen appears normal in size (10.4 cm) and shows normal echotexture.

Right kidney (9.4 x 3.2 cm) appears normal. There is no evidence of scarring, hydronephrosis or calculi. Normal cortical echogenicity and cortico-medullary differentiation are maintained.

Left kidney (9.2 x 4.7 cm) appears normal. There is no evidence of scarring, hydronephrosis or calculi. Normal cortical echogenicity and cortico-medullary differentiation are maintained.

Adv CT KUB if clinically indicated for renal concretions. No hydronephrosis seen in present scan.

Urinary bladder is well distended and shows normal wall. No calculus or mass lesion is seen.

Uterus appears bulky, measures ~ 8.5 x 5 x 5 cm with globular shape and reveals hypoechoic echotexture- likely changes of adenomyosis. Endometrial thickness is ~7 mm.

A small subserosal fibroid is seen in anterior wall of uterus measuring ~ 1 x 1 cm.

Both **ovaries** appear normal. No adnexal mass is seen.

No evidence of ascites seen.

IMPRESSION

- Mild fatty liver with hepatomegaly.
- Bulky uterus with changes of adenomyosis and small subserosal fibroid.
- No other significant intra-abdominal abnormality seen in present study.

Dr. Palak Nandolia
Consultant Radiologist

Hospital Address: Sterling Hospitals, Race Course Road, Opp. Inox Cinema Hari Nagar, Circle West, Vadodara – 390007, Gujarat, India | Call: 0265-6144111, 0265-2354455, 98 98 98 78 78
www.sterlinghospitals.com | info@sterlinghospitals.com

Registered Office: Sterling Addlife India Private Limited | CIN U85110GJ2000PTC039121
Sterling Hospital, Sterling Hospital Road, Memnagar, Ahmedabad-380052, Gujarat, India

