



NABL & ISO 9001 : 2008 Certified
Wellness . Diagnostics
A Unit of Gian Life Care Limited



7/216 (6), Swaroop Nagar
(In Front of L.L.R. Hospital), Kanpur
Mob. : 8808051576
E-mail : reportsgpx@gmail.com
arunguptagpx@gmail.com

Gian Pathology and X-Ray

Pathology . Radiology

Gian Life Line - Health Checkup

Lab No.	: 012403090045	Reg No/BarcodeNo	: 728391/01604472
Patient Name	: Mr.SHIV PRAKASH SINGH	Reg. Date	: 09/Mar/2024 10:35AM
Age/Sex	: 53 Y / Male	Sample Taken Date	: 09/Mar/2024 11:21AM
Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 09/Mar/2024 12:27PM
Referred By Doctor	: Dr. BANK OF BARODA		

BIOCHEMISTRY

MEDIWHEEL MALE ABOVE 40

Test Name	Result	Unit	Biological Ref.Interval
Blood Sugar (Fasting)			
Blood Sugar Fasting Hexokinase	98	mg/dl	70 - 100
Sample Type:Plasma			
Blood Sugar (PP)			
Blood Sugar PP (2 Hr.) Hexokinase	125	mg/dl	70-140
Sample Type:Plasma			
GAMMA GT/GGT			
GAMMA GT / GGT	27.73	IU/l	12 - 64
Not in NABL Scope			
Sample Type:Serum			
BUN / BLOOD UREA NITROGEN			
BLOOD UREA NITROGEN Urease	9	mg/dl	8.4 - 25.7
Sample Type:Serum			
CREATININE SERUM			
CREATININE, Serum Kinetic Alkaline Picrate	0.98	mg/dl	0.70 - 1.30
Sample Type:Serum			
URIC ACID			
URIC ACID, Serum Uricase	7.6	mg/dl	3.7 - 7.7
Sample Type:Serum			



A Gupta

Dr. Arun Kumar Gupta
M.D. Chief Pathologist
(Reg No. 34930)



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BIOCHEMISTRY

MEDIWHEEL MALE ABOVE 40

Test Name	Result	Unit	Biological Ref.Interval
LFT/LIVER FUNCTION TESTS			
BILIRUBIN TOTAL Diazonium Salt	0.98	mg/dl	0.20 - 1.20
BILIRUBIN DIRECT Diazo Reaction	0.36	mg/dl	0.0 - 0.5
BILIRUBIN INDIRECT Calculated	0.62	mg/dl	0.10 - 1.1
SGOT /AST Enzymatic (NADH(Without P-5-P))	34	U/L	5 - 34
SGPT /ALT Enzymatic (NADH(Without P-5-P))	40	U/L	0.0 - 55
Alk. Phosphatase, Serum PNPP AMP Kinetic	60	U/L	40 - 150
PROTEIN TOTAL Biuret	7.5	g/dl	6.4 - 8.3
ALBUMIN BCG	5.0	g/dl	3.5 - 5.0
GLOBULIN Calculated	2.5	g/dl	2.3 - 3.5
A/G RATIO Calculated	2	Ratio	1.5 - 2.5

Sample Type:Serum



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MEDIWHEEL MALE ABOVE 40

Test Name	Result	Unit	Biological Ref.Interval
Lipid Profile			
CHOLESTEROL TOTAL Enzymetic	229	mg/dl	Desirable: <200 Boderline High: 200 – 239 High : ≥240
TRIGLYCERIDES GPO	104	mg/dl	Normal <150 Boderline High: 150 – 199 High : 200 – 499 Very High: ≥500
HDL CHOLESTEROL Accelerator Selective Detergent	55	mg/dl	40 - 60
LDL CHOLESTEROL Calculated	153.2	mg/dl	70 - 130
VLDL CALCULATED Calculated	20.8	mg/dl	13 - 36
CHOL/ HDL RATIO Calculated	4.16	Ratio	Less than 4.0
LDL / HDL RATIO	2.79		

Ratio of LDL to HDL

Risk	Men	Women
Very low (1/2 average)	1	1.5
Average risk	3.6	3.2
Moderate risk (2x average)	6.3	5.0
High risk (3x risk)	8	6.1

HDL levels have an inverse relationship with coronary heart disease. The ability of HDL to predict the development of coronary atherosclerosis has been estimated to be four times greater than LDL and eight times greater than TC. Treatment is recommended for those with a HDL level below 40 mg/dL. An HDL of 60 mg/dL is considered protection against heart disease.

Preparation:

Blood should be collected after a 12-hour fast (no food or drink, except water). For the most accurate results, wait at least 2 months after a heart attack, surgery, infection, injury or pregnancy to check Lipid Profile.

Sample Type:Serum



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BIOCHEMISTRY

MEDIWHEEL MALE ABOVE 40

Test Name	Result	Unit	Biological Ref.Interval
BUN/CREATININE RATIO			
BLOOD UREA NITROGEN Urease	9	mg/dl	8.4 - 25.7
CREATININE, Serum Kinetic Alkaline Picrate	0.98	mg/dl	0.70 - 1.30
Ratio	9.18	mg/dl	5 - 20

Sample Type:Serum



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CLINICAL PATHOLOGY

MEDIWHEEL MALE ABOVE 40

Test Name	Result	Unit	Biological Ref.Interval
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MEDIWHEEL MALE ABOVE 40

URINE SUGAR (F)

URINE SUGAR (F) NIL

(*Not in NABL Scope*)

URINE ROUTINE EXAMINATION

Method -Dipstick And Microscopy

PHYSICAL EXAMINATION

COLOUR	COLOURLESS		
SPECIFIC GRAVITY (Based on pka change)	1.015		1.001-1.030
pH (methylred/Bromothymol blue method)	6.0		4.6 - 8.0
TURBIDITY	ABSENT		
Deposit (UR)	ABSENT		

Chemical

PROTEIN Dipstick/Tetra bromophenol blue/ Heat & Acid Test method).	NIL		Nil
GLUCOSE (Oxidase Peroxidase method)	NIL		Nil
KETONE (Nitroprusside Method)	NEGATIVE		Nil
BILL PIGMENT (Diazo Method)	NEGATIVE		Negative
UROBILINOGEN (Ehrlich reaction)	NEGATIVE		Normal
Nitrite (Based on presence of bacteria)	NEGATIVE		Negative
Leucocyte Esterase (Esterase Diazonium Method)	NEGATIVE		Negative
BLOOD	ABSENT		Negative

After Centrifugation at 2500 R.P.M. For 5 Minutes

MICROSCOPIC EXAMINATION

RBC (Microscopic)	NIL	/ HPF	
PUS CELLS (Microscopic)	0-1	Per HPF	0 - 5 WBC/hpf
EPITHELIAL CELLS (Microscopic)	NIL	/hpf	Nil
CASTS (Microscopic)	NIL	Per LPF	0-0
CRYSTALS (Microscopic)	NIL		
Amorphous Material (Microscopic)	Nil	Per HPF	Nil
BACTERIA (Microscopic)	NIL	Per HPF	0-0



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CLINICAL PATHOLOGY

MEDIWHEEL MALE ABOVE 40

Test Name	Result	Unit	Biological Ref.Interval
URINE SUGAR (PP)			
URINE SUGAR (PP)	NIL		

(*Not in NABL Scope*)



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HAEMATOLOGY

MEDIWHEEL MALE ABOVE 40

Test Name	Result	Unit	Biological Ref.Interval
MEDIWHEEL MALE ABOVE 40			
CBC / COMPLETE BLOOD COUNT			
HEMOGLOBIN (Hb) Photometry Cyanide Free	13.80	g/dl	13.5-17.5
TLC Impedance	5500	/cumm	4000-11000
DLC (%)			
NEUTROPHIL DHSS/Microscopic	53	%	40-80
LYMPHOCYTE DHSS/Microscopic	41	%	24-44
EOSINOPHIL DHSS/Microscopic	3	%	01-06
MONOCYTE DHSS/Microscopic	3	%	3-6
Platelet Impedance/Microscopic	168	10 ³ /μL	140 - 440
RBC COUNT Impedance	4.80	10 ⁶ /μL	4.5 - 5.5
PCV (HCT) Numeric Integration	42	%	41-53
MCV Calculated	88	fL	83-91
MCH Calculated	28.9	pg	26-34
MCHC Calculated	32.8	g/dL	31-37
RDW-CV Calculated	13.5	%	11.6 - 14.0
MPV	12.4	fL	8 - 12
ABSOLUTE NEUTROPHIL COUNT DHSS/Calculated	2.92	10 ³ /μL	2.00-7.00
ABSOLUTE LYMPHOCYTE COUNT DHSS/Calculated	2.26	10 ³ /μL	1.0-3.0
ABSOLUTE MONOCYTE COUNT DHSS/Calculated	0.17	10 ³ /μL	0.20-1.0
ABSOLUTE EOSINOPHIL COUNT DHSS/Calculated	0.17	10 ³ /μL	0.02 - 0.50
N/L Ratio	1.29	Ratio	Normal:1-3,Mildly High: 4-6,Moderately High:7-9 Severly High: >9.0



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HAEMATOLOGY

MEDIWHEEL MALE ABOVE 40

Test Name	Result	Unit	Biological Ref.Interval
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MEDIWHEEL MALE ABOVE 40

ESR WESTERGREN (Automated)

ESR WESTERGREN (Automated) WESTERGREN	12	m m	0 - 14
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Not in NABL Scope

Sample Type:EDTA Blood

ABO Rh / BLOOD GROUP Tube Agglutination (FORWARD & REVERSE Method)

BLOOD GROUP / ABO-RH

ABO	O
Reverse & Forward	
Rh	POSITIVE
Reverse & Forward	

Sample Type:EDTA Blood



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HAEMATOLOGY

MEDIWHEEL MALE ABOVE 40

Test Name	Result	Unit	Biological Ref.Interval
HbA1C/GLYCATED HEMOGLOBIN/GHB			
HBA1C/GLYCATED HEMOGLOBIN	5.2	%	
Average of Glucose Level	102.54	mg/dl	
Test is done by HPLCmethod (Gold Standard) D-10 Analyzer.			

Expected Values :-

Test	Normal Range	
HbA1c	Non Diabetic:	4.0% - 6.0%
	Good Control:	6.1% - 8.0%
	Poor Control:	8.1% - 9.0 %
	Unsatisfactory:	> 9 %

To convert an A1c to the new average mean blood glucose, use this formula:
 $eAG(mg/dl) = (28.7 \times HbA1c) - 46.7$

Not in NABL Scope

Sample Type:EDTA Blood



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IMMUNOASSAY

MEDIWHEEL MALE ABOVE 40

Test Name	Result	Unit	Biological Ref.Interval
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MEDIWHEEL MALE ABOVE 40

T3 / TRIDOTHYRONINE TOTAL

T3 TOTAL CMIA	1.20	ng/mL	0.35 - 1.93
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Sample Type:Serum

T4 / THYROXIN TOTAL

T4 TOTAL CMIA	7.75	µg/dl	4.50 - 10.9
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Increased levels are seen in graves disease cancer of thyroid as symptoms of hyperthyroidism.Low levels are seen in hypothyroidism whose symptoms are myoxyedema hashmito disease and pituitary disorders



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IMMUNOASSAY

MEDIWHEEL MALE ABOVE 40

Test Name	Result	Unit	Biological Ref.Interval
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MEDIWHEEL MALE ABOVE 40

TSH (Thyroid Stimulating Hormone)

TSH (ECLIA) CMIA	1.99	µIU/ml	0.35 - 5.50
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NOTE:

Guidelines for interpretation of abnormal thyroid function test.

TSH	T4/FT4	T3/FT3	Interpretation
High	Normal Normal	Mild(subclinical)	Hypothyroidism.
High	Low	Low/Normal	Hypothyroidism
Low	Normal Normal	Mild (subclinical)	Hyperthyroidism.
Low	High/Normal	High/Normal	Hyperthyroidism
Low	Low/Normal	Low/Normal	Rare pituitary(secondary)Hypothyroidism

Sample Type:Serum

PSA/PROSTATE SPECIFIC ANTGEN TOTAL

PSA TOTAL CMIA	0.37	ng/ml	0.00 - 4.00
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Note:

Normal PSA does not exclude Prostatic Carcinoma.

DISTRIBUTION OF PSA VALUES IN BPH AND PROSTATE CARCINOMA

PSA BPH CARCINOMA

0-4 ng/mL 74 % 7%

4-10ng/mL 20% 17%

> 10ng/mL 6% 76%

*Not in NABL scope

Sample Type:Serum



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X-RAY

MEDIWHEEL MALE ABOVE 40

MEDIWHEEL MALE ABOVE 40

X RAY CHEST PA VIEW

Diaphragms are normal.

C.P. angles are clear.

Cardiac shadow is normal.

Trachea is in midline.

Hilar shadow are heavy.

Broncho-vascular markings are prominent ----- Bronchitis.

No parenchymal lesion is seen.

Advise :- Correlate Clinically.

DR. S. KHURANA
M.B.B.S.,D.M.R.E.

*** End Of Report ***





Stage	Time	Duration	Belt Speed (mph)	Elevation	METs	Rate	BP	RPP	PVC	Comments
Supine	00:54	0:01	00.0	00.0	01.0	75	134/84	100	00	
Standing	01:18	0:01	00.0	00.0	01.0	72	134/84	096	00	
HV	01:27	0:01	00.0	00.0	01.0	076	134/84	101	00	
ExStart	01:31	0:01	00.0	00.0	01.0	76	134/84	101	02	
BRUCE Stage 1	04:31	3:00	01.7	10.0	04.7	164	144/88	236	09	
PeakEx	07:29	2:41	02.5	12.0	07.1	131	154/92	201	06	
Recovery	08:28	1:00	00.0	00.0	01.0	121	148/90	179	01	
Recovery	09:28	2:00	00.0	00.0	01.0	128	144/88	184	00	
Recovery	09:33	2:04	00.0	00.0	01.0	086	144/88	123	00	

Findings :

Exercise Time : 05:59
 Max HR Attained : 131 bpm 78% of Target 167
 Max BP Attained : 154/92
 Max WorkLoad Attained : 7.1 Fair response to induced stress
 Max ST Dep Lead & Value : III & -8.7 mm
 Duke Treadmill Score : 08.9
 Test Objective : For Testing
 History : Nil
 Test End Reasons : Fatigue

Doctor : DR. KUSH KUMAR TYAGI D.M.



Report :

Sample Name: Stress Test Graded Exercise Treadmill
Description: .

INDICATIONS: R/O CAD.

PROCEDURE DONE: Graded exercise treadmill stress test.

STRESS ECG RESULTS:

FAIR EXERCISE TOLERANCE, ADEQUATE B.P. RESPONSE, THR 97% ACHIEVED,
NO CHEST PAIN / DYSPNOEA, NO SIGNIFICANT ST-T CHANGES DURING EXERCISE
AND RECOVERY. NO ARRHYTHAEMIA.

TEST IS NEGATIVE FOR STRESS INDUCED REVERSIBLE MYOCARDIAL ISCHEMIA.

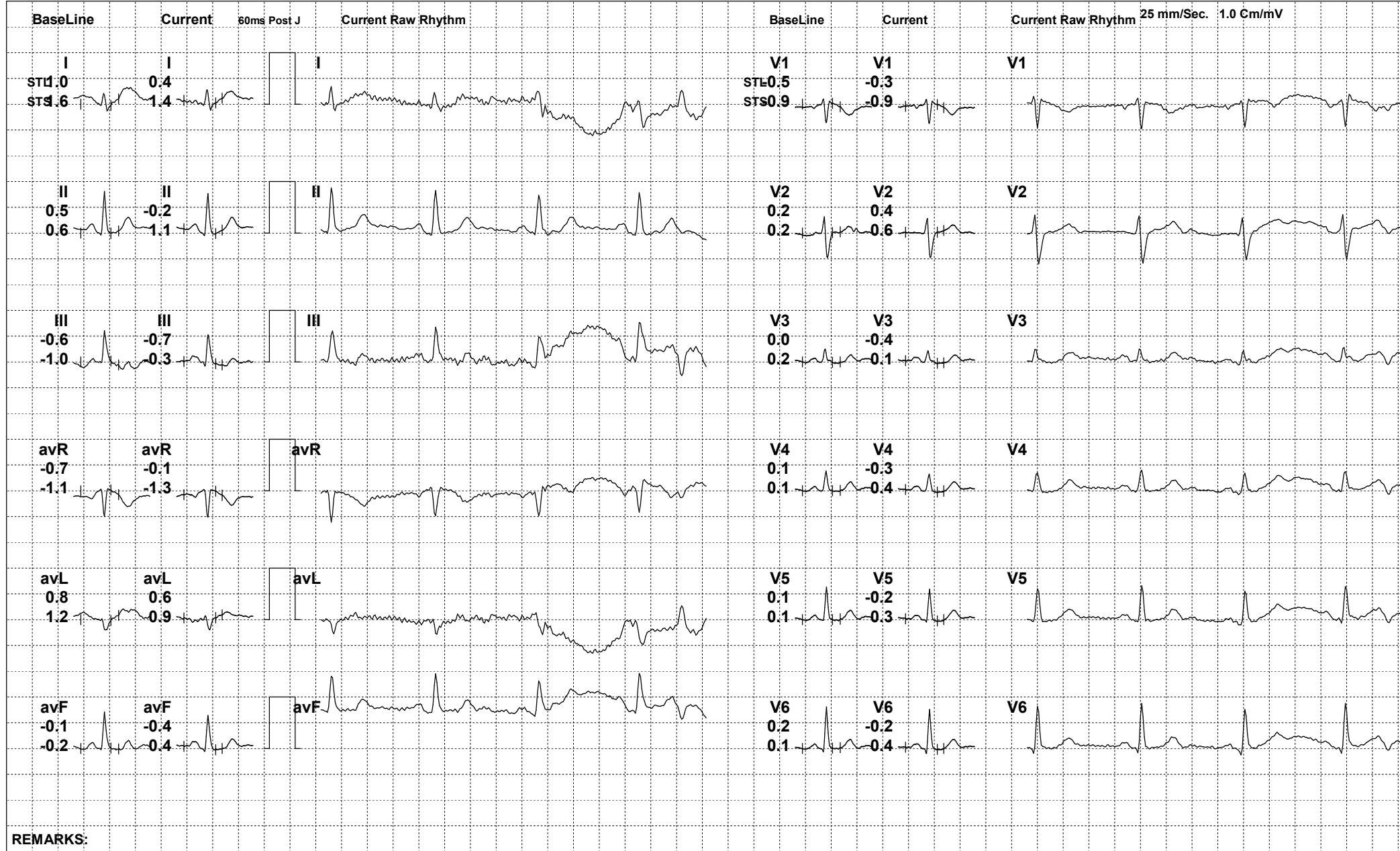
Doctor : DR. KUSH KUMAR TYAGI D.M.



290 (728391) / SHIV PRAKASH SINGH / 53 Yrs / M

Date: 09-Mar-2024 02:46:39 PM METS: 1.0/ 75 bpm 44% of THR BP: 134/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:52 0.0 mph, 0.0%



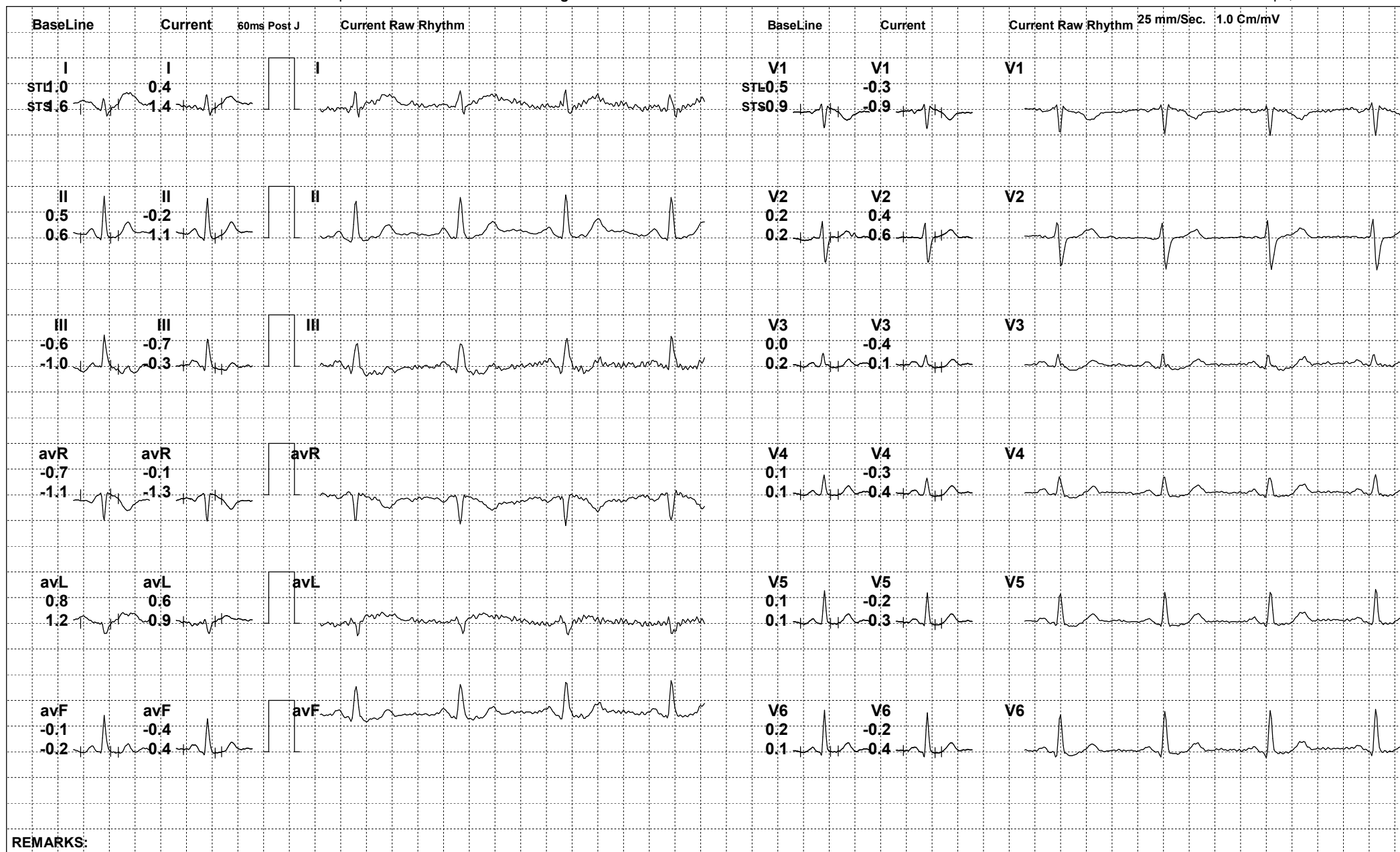
REMARKS:



290 (728391) / SHIV PRAKASH SINGH / 53 Yrs / M

Date: 09-Mar-2024 02:46:39 PM METS: 1.0/ 72 bpm 43% of THR BP: 134/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 01:16 0.0 mph, 0.0%

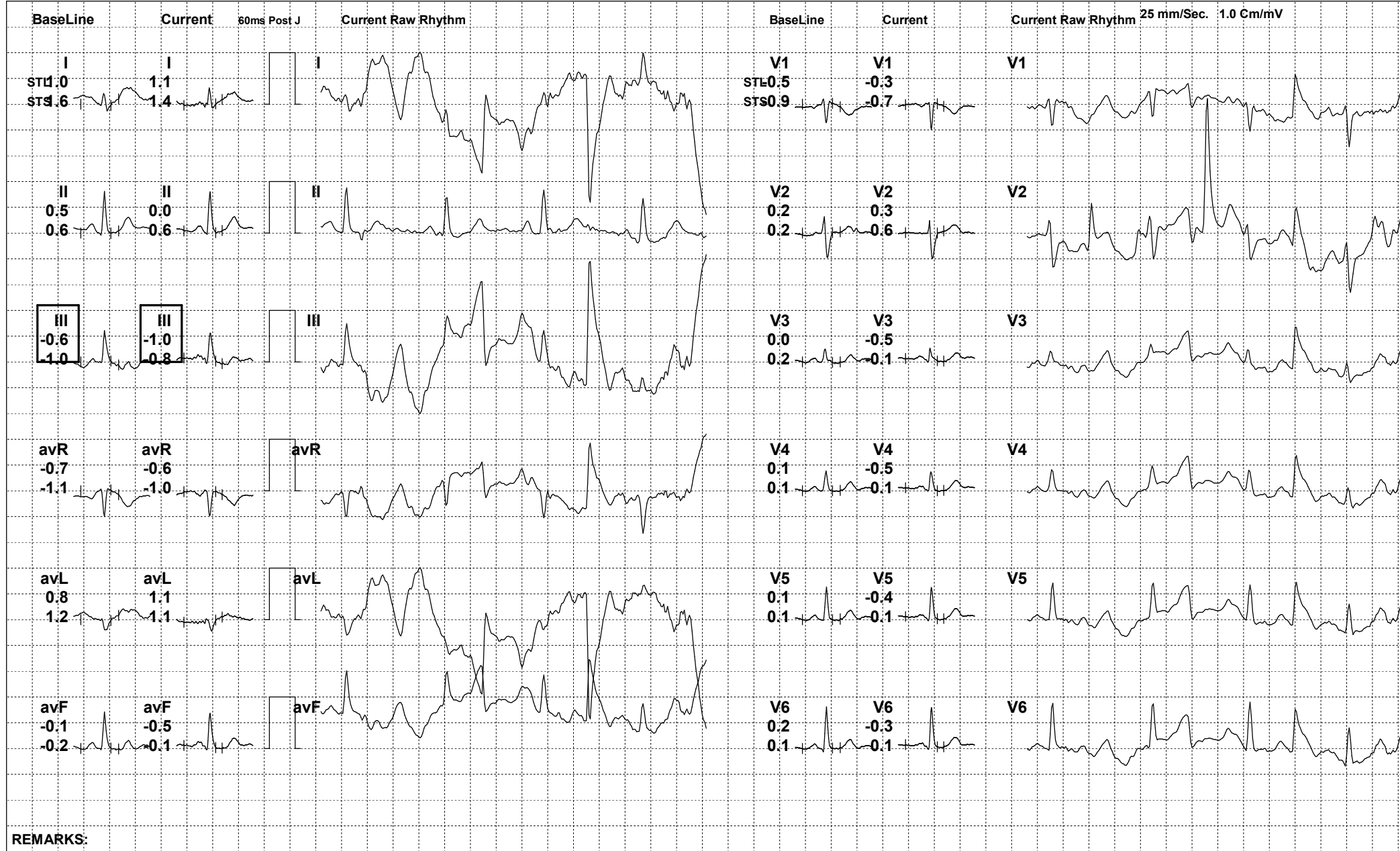




290 (728391) / SHIV PRAKASH SINGH / 53 Yrs / M

Date: 09-Mar-2024 02:46:39 PM METS: 1.0/ 76 bpm 45% of THR BP: 134/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 01:25 0.0 mph, 0.0%



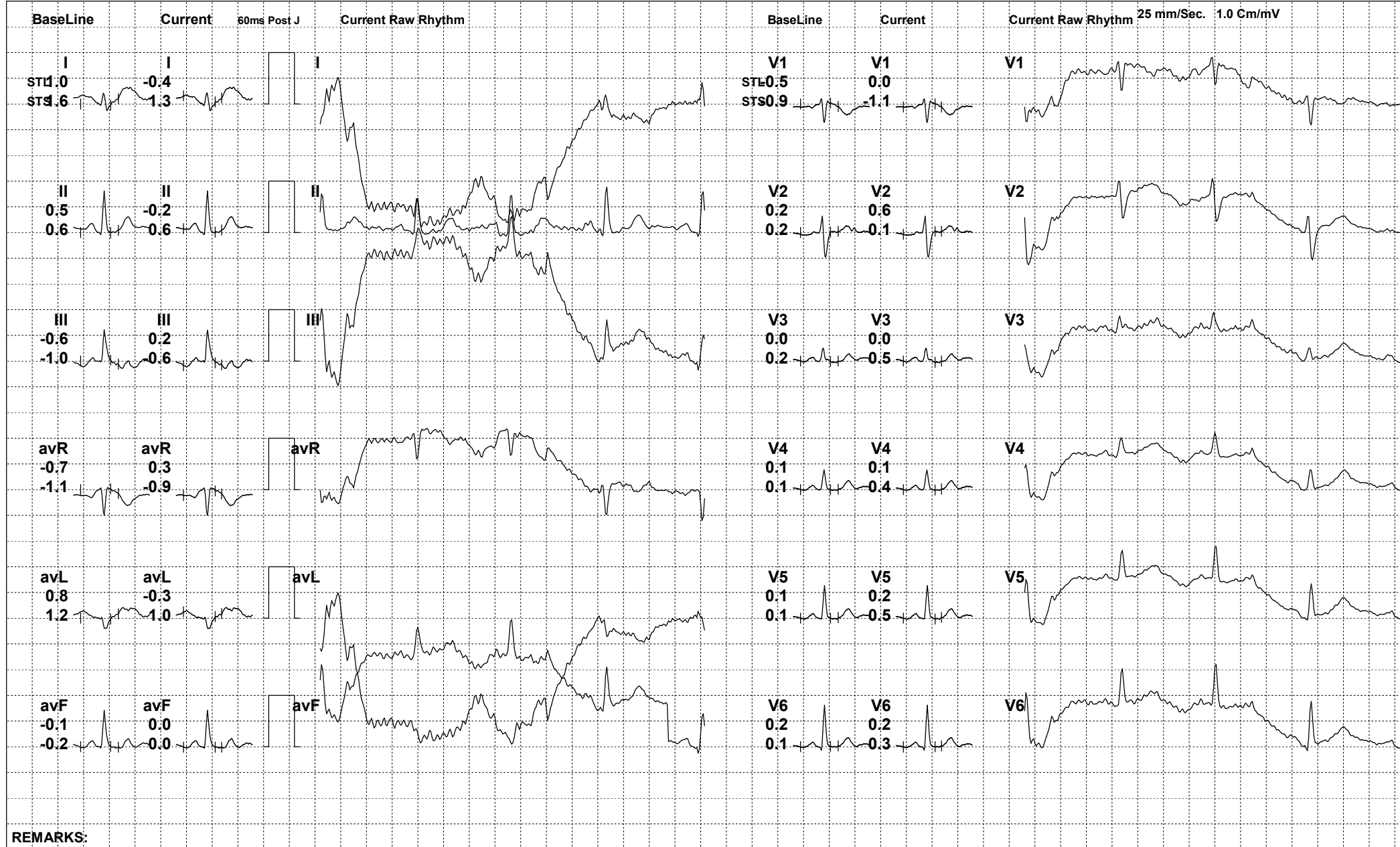
REMARKS:



290 (728391) / SHIV PRAKASH SINGH / 53 Yrs / M

Date: 09-Mar-2024 02:46:39 PM METS: 1.0/ 76 bpm 45% of THR BP: 134/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 01:29 0.0 mph, 0.0%



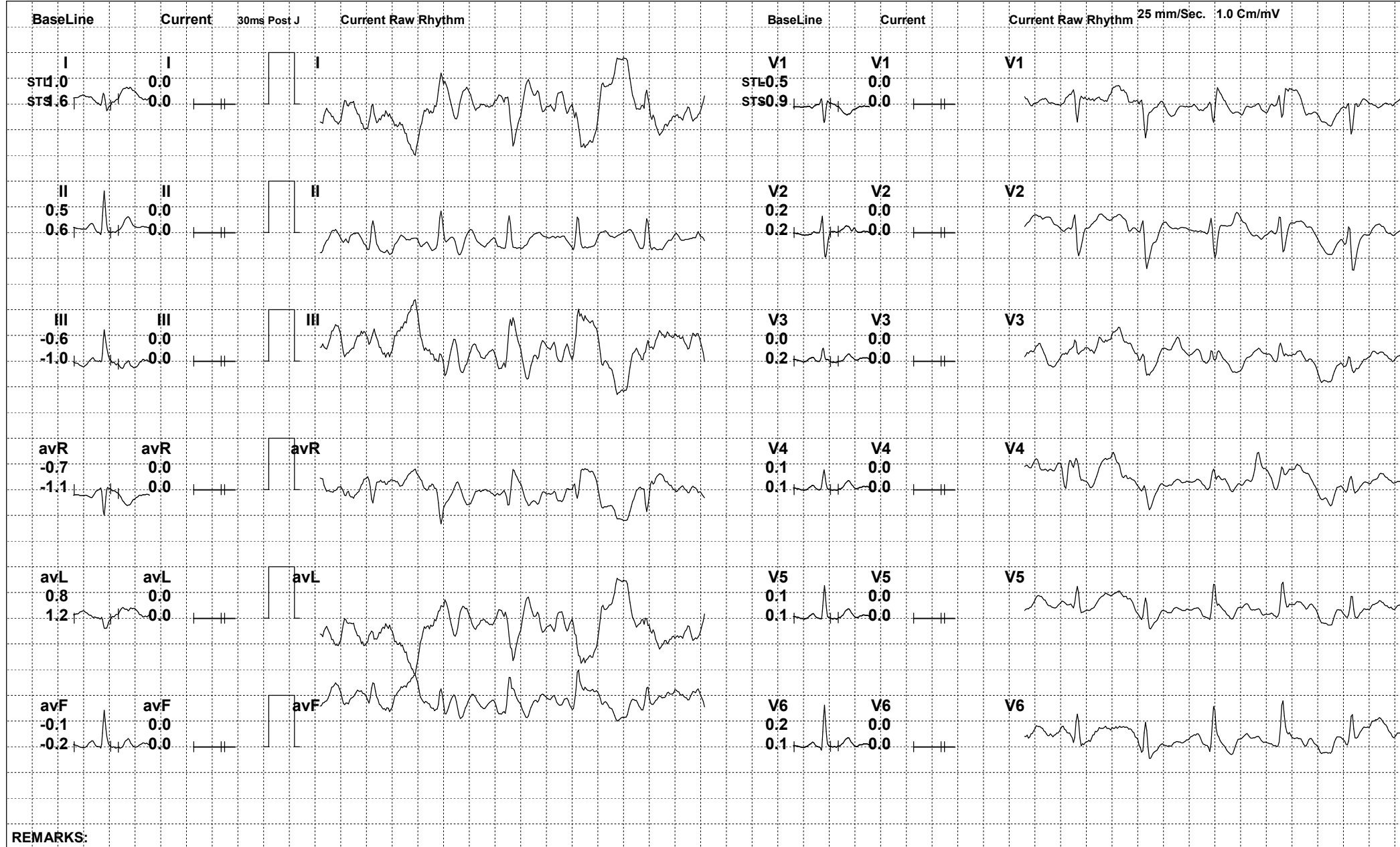
REMARKS:



290 (728391) / SHIV PRAKASH SINGH / 53 Yrs / M

Date: 09-Mar-2024 02:46:39 PM METS: 4.7/ 89 bpm 53% of THR BP: 144/88 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:00 1.7 mph, 10.0%



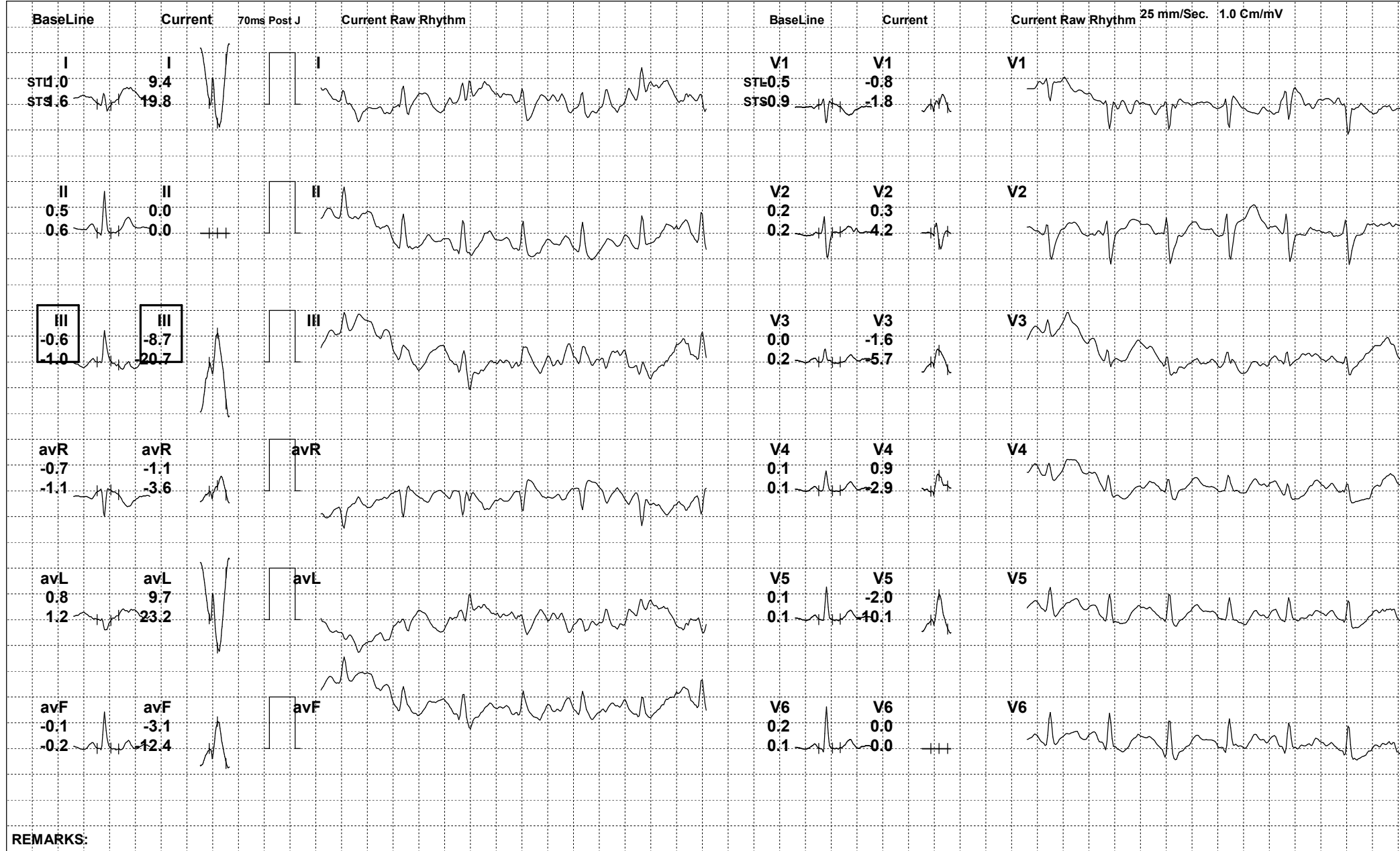
REMARKS:



290 (728391) / SHIV PRAKASH SINGH / 53 Yrs / M

Date: 09-Mar-2024 02:46:39 PM METS: 7.1/ 80 bpm 47% of THR BP: 154/92 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 05:41 2.5 mph, 12.0%



REMARKS:



290 (728391) / SHIV PRAKASH SINGH / 53 Yrs / M

Date: 09-Mar-2024 02:46:39 PM METS: 1.0/ 91 bpm 54% of THR BP: 148/90 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 05:59 0.0 mph, 0.0%

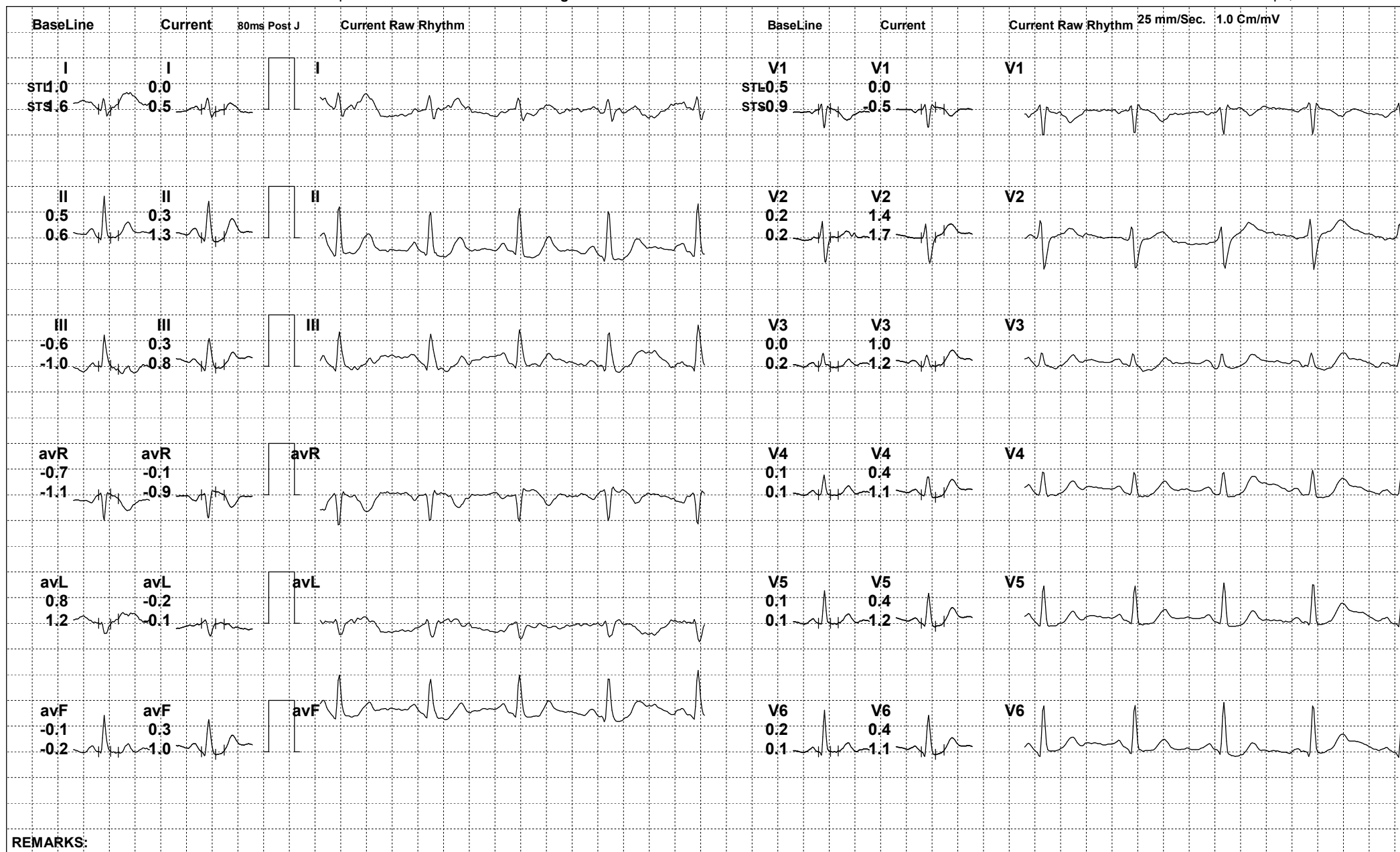




290 (728391) / SHIV PRAKASH SINGH / 53 Yrs / M

Date: 09-Mar-2024 02:46:39 PM METS: 1.0/ 85 bpm 50% of THR BP: 144/88 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 05:59 0.0 mph, 0.0%



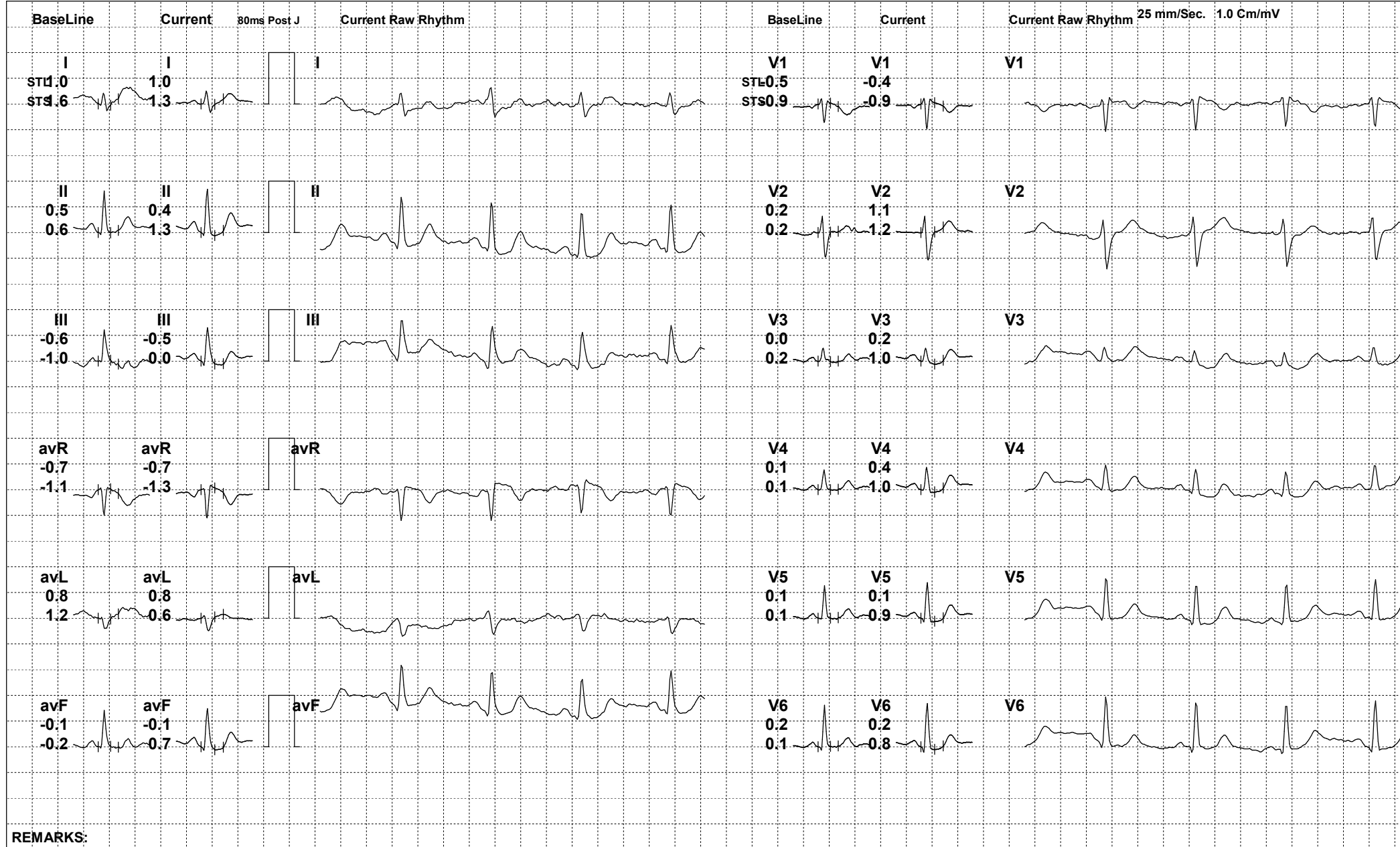
REMARKS:



290 (728391) / SHIV PRAKASH SINGH / 53 Yrs / M

Date: 09-Mar-2024 02:46:39 PM METS: 1.0/ 85 bpm 50% of THR BP: 144/88 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 05:59 0.0 mph, 0.0%

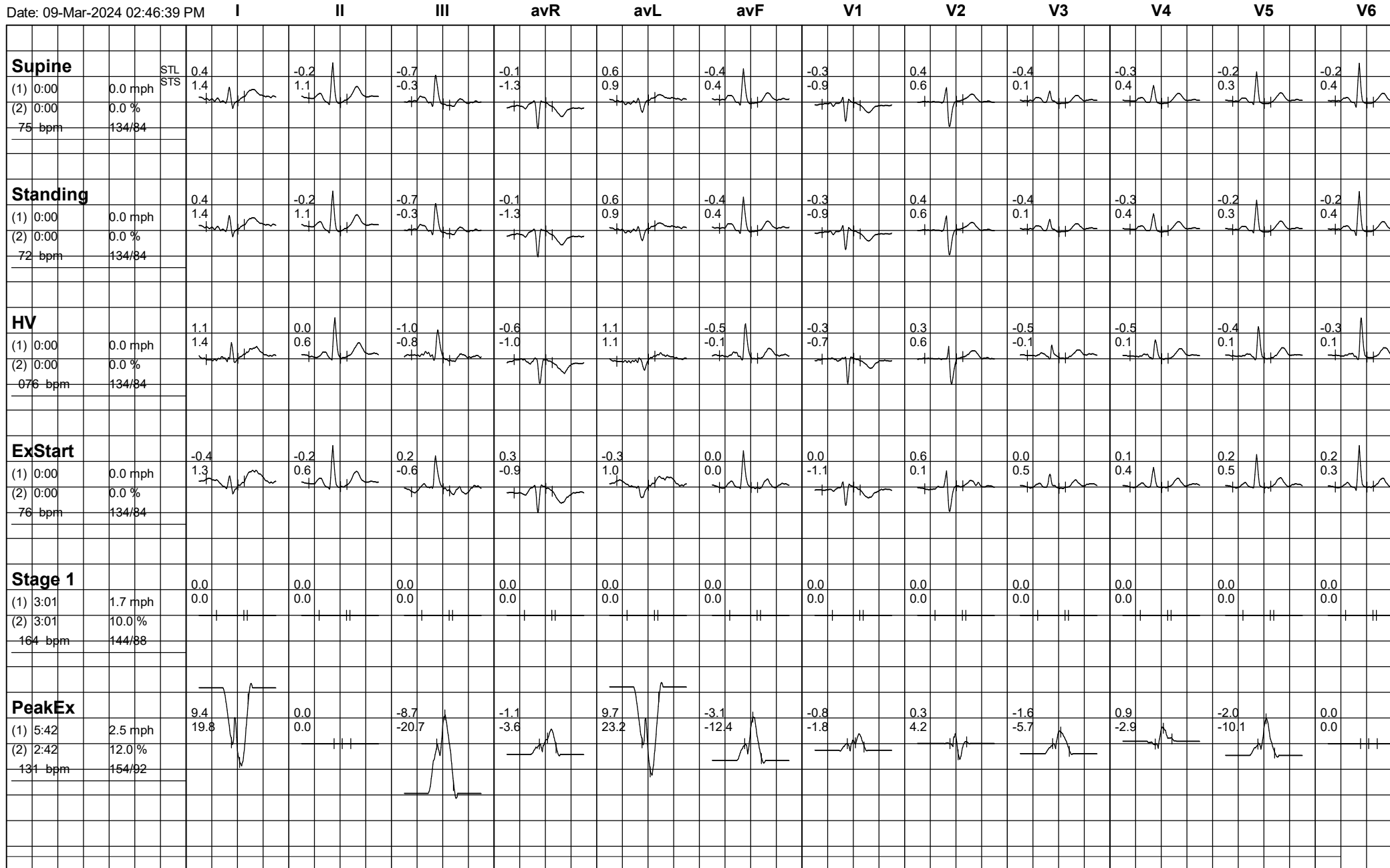


REMARKS:



290 (728391) / SHIV PRAKASH SINGH / 53 Yrs / M

Date: 09-Mar-2024 02:46:39 PM





290 (728391) / SHIV PRAKASH SINGH / 53 Yrs / M

Date: 09-Mar-2024 02:46:39 PM

