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Arcofemi Healthcare Pvt Ltd

(Formerly known as Arcofemi Healthcare Ltd)

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CIN: U24240DL2011PTC216307

MEDICAL FITNESS CERTIFICATE

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that **Mr. Pranav P** aged, **24yr**. Based on the examination, I certify that he is in good dental and physical health and it is free from any physical defects such as deafness, color blindness, and any chronic or contagious diseases.

Place: **Bangalore**

Date: **21/09/2024**

Dr. Nitosh Kumar
NK
MBBS
RCMR 47093
Name & Signature of

Medical officer



LABORATORY REPORT : BIOCHEMISTRY

Name	: Mr. PRANAV P	Age /Sex	: 24Y Y(s)/MALE
Bill Date	: 21-Sep-2024 10:28 AM	UMR No.	: 642409001697
Rec. Dt	: 21-Sep-2024 12:22 PM	Bill No.	: MCB64240903959
Rept. Dt	: 21-Sep-2024 03:59 PM	Result No	: RLR240928755
Ref By	: DR. Poornima M P	Sample ID	: MCBBL7010736
Sample Type	: SERUM		

BUN(BLOOD UREA NITROGEN)

<u>Parameters</u>	<u>Result</u>	<u>Reference Range</u>	<u>Units</u>
BLOOD UREA <i>Urease kinetic</i>	21.7	16.6 - 48.5	mg/dL

*** End Of Report ***



Dr KUMARI PALLAVI
MBBS, MD - BIOCHEMISTRY
CONSULTANT BIOCHEMISTRY



LABORATORY REPORT : BIOCHEMISTRY

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Ref By	: DR. Poornima M P	Sample ID	: MCBBL7010736
Sample Type	: SERUM		

SGPT

<u>Parameters</u>	<u>Result</u>	<u>Reference Range</u>	<u>Units</u>
SGPT (ALT) <i>UV without P5P</i>	24.5	<= 41	U/L

*** End Of Report ***



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LABORATORY REPORT : BIOCHEMISTRY

Name	: Mr. PRANAV P	Age /Sex	: 24Y Y(s)/MALE
Bill Date	: 21-Sep-2024 10:28 AM	UMR No.	: 642409001697
Rec. Dt	: 21-Sep-2024 01:38 PM	Bill No.	: MCB64240903959
Rept. Dt	: 21-Sep-2024 03:59 PM	Result No	: RLR240929206
Ref By	: DR. Poornima M P	Sample ID	: MCBBL7010823
Sample Type	: PLASMA		

PLBS (POST LUNCH BLOOD GLUCOSE)

<u>Parameters</u>	<u>Result</u>	<u>Reference Range</u>	<u>Units</u>
POST LUNCH BLOOD GLUCOSE <i>Hexokinase</i>	131.9	Normal Range : <140 Impaired Glucose Tolerance : 140 -199 Diabetes Mellitus: >=200	mg/dL

*** End Of Report ***



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LABORATORY REPORT : BIOCHEMISTRY

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Rec. Dt	: 21-Sep-2024 12:22 PM	Bill No.	: MCB64240903959
Rept. Dt	: 21-Sep-2024 03:59 PM	Result No	: RLR240928757
Ref By	: DR. Poornima M P	Sample ID	: MCBBL7010737
Sample Type	: PLASMA		

FBS (FASTING BLOOD GLUCOSE)

<u>Parameters</u>	<u>Result</u>	<u>Reference Range</u>	<u>Units</u>
FASTING BLOOD GLUCOSE <i>Hexokinase</i>	86.7	Normal Range : 70 - 99 Impaired Glucose tolerance : 100 -125 Diabetes Mellitus : >=126	mg/dL

*** End Of Report ***



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LABORATORY REPORT : BIOCHEMISTRY

Name	: Mr. PRANAV P	Age /Sex	: 24Y Y(s)/MALE
Bill Date	: 21-Sep-2024 10:28 AM	UMR No.	: 642409001697
Rec. Dt	: 21-Sep-2024 12:22 PM	Bill No.	: MCB64240903959
Rept. Dt	: 21-Sep-2024 03:59 PM	Result No	: RLR240928758
Ref By	: DR. Poornima M P	Sample ID	: MCBBL7010736
Sample Type	: SERUM		

SERUM CREATININE

<u>Parameters</u>	<u>Result</u>	<u>Reference Range</u>	<u>Units</u>
SERUM CREATININE <i>jaffe</i>	0.82 *	0.9-1.30 mg/dl	mg/dl

*** End Of Report ***



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Rept. Dt	: 21-Sep-2024 03:59 PM	Result No	: RLR240928759
Ref By	: DR. Poornima M P	Sample ID	: MCBBL7010736
Sample Type	: SERUM		

SERUM BILIRUBIN TOTAL

<u>Parameters</u>	<u>Result</u>	<u>Reference Range</u>	<u>Units</u>
TOTAL BILIRUBIN <i>DIAZO</i>	0.509	0.2-1.1 mg/dl	mg/dL
DIRECT BILIRUBIN <i>DIAZO</i>	0.222 *	0.0-0.2	mg/dL
INDIRECT BILIRUBIN <i>Calculated</i>	0.287	0.0-1.1 mg/dl	mg/dl

*** End Of Report ***



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CONSULTANT BIOCHEMISTRY



LABORATORY REPORT : CLINICAL PATHOLOGY

Name	: Mr. PRANAV P	Age /Sex	: 24Y Y(s)/MALE
Bill Date	: 21-Sep-2024 10:28 AM	UMR No.	: 642409001697
Rec. Dt	: 21-Sep-2024 12:22 PM	Bill No.	: MCB64240903959
Rept. Dt	: 21-Sep-2024 03:11 PM	Result No	: RLR240928760
Ref By	: DR. Poornima M P	Sample ID	: MCBBL7010738
Sample Type	: URINE		

CUE (COMPLETE URINE EXAMINATION)

<u>Parameters</u>	<u>Result</u>	<u>Reference Range</u>	<u>Units</u>
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PHYSICAL EXAMINATION

VOLUME	25 ml *	10 ml to 25 ml	ml
COLOUR	Pale Yellow	PALE YELLOW	
APPEARANCE	Clear	CLEAR	

CHEMICAL EXAMINATION

SPECIFIC GRAVITY <i>Bromthymol blue</i>	1.020	1.000 - 1.030	
PH <i>Bromthymol blue</i>	5	5.0 - 8.0	
PROTEIN <i>Tetra-bromophenol blue/Heat coagulation test</i>	Negative	Not Detected	mg/dL
GLUCOSE <i>Glucose oxidase Peroxidase/Benedict?s test</i>	Normal	Normal	mg/dL
UROBILINOGEN <i>Diazonium salt</i>	Normal	Normal	
KETONE <i>Sodium nitroprusside/Rothera?s test.</i>	Negative	Negative	



Dr. Latha T
MBBS MD (PATHOLOGY)
SENIOR CONSULTANT PATHOLOGIST &
HOD - LAB MEDICINE



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Sample Type	: URINE		

BILIRUBIN Negative Negative mg/dL
Diazonium salt/Fouchets test

NITRITE Negative Negative
Sulfanilic acid

MICROSCOPIC EXAMINATION

PUS CELLS 2-3 0 - 5 /hpf

RBC Nil 0 - 5 /hpf

EPITHELIAL CELLS 0-1 0 - 5 hpf

CRYSTALS Nil NIL

CASTS Nil NIL

OTHERS Nil NIL

INTERPRETATION

The colour fields of chemicals correspond to the following values:

1. Proteins: neg (negative), 30-99 (+), 100-499 (++) , >500 (+++) mg/dl
2. Ketones: neg. (negative), 5 (Trace), 15-49 (+), 50-149 (++) , >150 (+++) mg/dl
3. Glucose: norm. (normal), 50-149 (+), 150-499 (++) , 500-999 (+++) , >1000 (++++) mg/dl
4. Bilirubin: neg (negative), 1 (+), 3 (++) , 6 (+++) mg/ dl
5. Urobilinogen: norm. (normal), 2 (+), 4 (++) , 8 (+++) , 12 (++++) mg/dl.

DOCTOR COMMENT

Verified



Dr. Latha T
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Rept. Dt	: 21-Sep-2024 03:11 PM	Result No	: RLR240928760
Ref By	: DR. Poornima M P	Sample ID	: MCBBL7010738
Sample Type	: URINE		

*** End Of Report ***



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HOD - LAB MEDICINE



LABORATORY REPORT : BLOOD BANK

Name	: Mr. PRANAV P	Age /Sex	: 24Y Y(s)/MALE
Bill Date	: 21-Sep-2024 10:28 AM	UMR No.	: 642409001697
Rec. Dt	: 21-Sep-2024 12:22 PM	Bill No.	: MCB64240903959
Rept. Dt	: 21-Sep-2024 02:17 PM	Result No	: RLR240928761
Ref By	: DR. Poornima M P	Sample ID	: MCBBL7010739
Sample Type	: WHOLE BLOOD		

BLOOD GROUPING AND RH

<u>Parameters</u>	<u>Result</u>	<u>Reference Range</u>	<u>Units</u>
BLOOD GROUP <i>Automated microcolumn gel method</i>	O		
RH TYPE	Positive		

INTERPRETATION

1. If Rh is Du positive it is best considered as Rh negative as recipient and Rh positive as donor. Proper Cross matching is recommended before transfusion.
2. In case of forward and reverse grouping discrepancy, clinical correlation and repeat sample analysis is recommended.
3. For Infants below 6 months only forward grouping is performed.
4. A sub-grouping is recommended after the age of 6 months.

DOCTOR COMMENT

Verified

*** End Of Report ***



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LABORATORY REPORT : HAEMATOLOGY

Name	: Mr. PRANAV P	Age /Sex	: 24Y Y(s)/MALE
Bill Date	: 21-Sep-2024 10:28 AM	UMR No.	: 642409001697
Rec. Dt	: 21-Sep-2024 12:22 PM	Bill No.	: MCB64240903959
Rept. Dt	: 21-Sep-2024 01:18 PM	Result No	: RLR240928762
Ref By	: DR. Poornima M P	Sample ID	: MCBBL7010740
Sample Type	: WHOLE BLOOD		

CBP(COMPLETE BLOOD PICTURE)

<u>Parameters</u>	<u>Result</u>	<u>Reference Range</u>	<u>Units</u>
HEMOGLOBIN <i>Photometric</i>	16.8	13.0 - 17.0	gms/dL
R B C COUNT <i>Electrical Impedance</i>	5.91 *	4.5 - 5.5	10 ¹² /L
PCV/HCT <i>Calculated</i>	50.8 *	40 - 50	%
MCV <i>Calculated</i>	86.0	83 - 101	fl
MCH <i>Calculated</i>	28.4	27 - 32	pg
MCHC <i>Calculated</i>	33.1	31 - 37	g/dL
RDW(cv)	14.7	12.0 - 18.0	%
TLC (TOTAL LEUCOCYTE COUNT) <i>Impedance</i>	8.28	4.0 - 10.0	10 ³ /μl
<u>DIFFERENTIAL COUNT</u>			
NEUTROPHILS <i>DHSS/Microscopy</i>	55.3	40.0 - 75.0	%
LYMPHOCYTES <i>DHSS/Microscopy</i>	38.6	15.0 - 45.0	%



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Ref By	: DR. Poornima M P	Sample ID	: MCBBL7010740
Sample Type	: WHOLE BLOOD		

MONOCYTES <i>DHSS/Microscopy</i>	4.4	4.0 - 13.0	%
EOSINOPHILS <i>DHSS/Microscopy</i>	1.6	0.5 - 7.0	%
BASOPHILS <i>DHSS/Microscopy</i>	0.1	0.0 - 2.0	%
PLATELET COUNT <i>Electrical Impedance</i>	271	150 - 400	10 ³ /μL
MPV	8.8	7.4 - 11.0	fL

RBC

Normocytic Normochromic cells

WBC

Normal in count distribution and morphology

PLATELETS

Adequate

NOTE

Normocytic Normochromic Blood Picture.

DOCTOR COMMENT

Verified

*** End Of Report ***



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LABORATORY REPORT : HAEMATOLOGY

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Rept. Dt	: 21-Sep-2024 03:19 PM	Result No	: RLR240928763
Ref By	: DR. Poornima M P	Sample ID	: MCBBL7010741
Sample Type	: WHOLE BLOOD		

ESR

Parameters

Result

Reference Range

Units

ESR

4

0 - 10

mm/1st hour

MODIFIED WESTERGRENS
METHOD

DOCTOR COMMENT

Verified

*** End Of Report ***



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Patient ID:	642409001697	Patient Name:	PARANAV P
Age:	24 Years	Sex:	M
Accession Number:		Modality:	DX
Referring Physician:	DR. POORNIMA M P	Study:	CHEST
Study Date:	21-Sep-2024		

CHEST RADIOGRAPH (PA VIEW)

Lungs are clear.

Cardiac shadow is normal.

Hila are not enlarged.

CP angles are clear.

Diaphragm is normal in position.

No abnormality in the rib cage.

Impression:

No abnormality detected.



Dr. Lakshmi Chandraja Ravi
MBBS MD (Radio Diagnostics)

Date: 23-Sep-2024 10:17:59