


MER- MEDICAL EXAMINATION REPORT

Date of Examination	10/8/24		
NAME	NAVNEEY Kumar Tripathi		
AGE	38	Gender	M
HEIGHT(cm)	171	WEIGHT (kg)	71 Bmu. 44.3
B.P.	110/70		
ECG	Normal		
X Ray	Normal		
Vision Checkup	—		
Present Ailments	None		
Details of Past ailments (If Any)	No		
Comments / Advice : She /He is Physically Fit	Medicines P.O		




 Dr. Smita Rastogi
 Signature with Stamp of Medical Examiner
 Reg. No.37370

भारत सरकार
विद्युतचुम्बकीय पहचान प्रणाली





नवनील कुमार त्रिपाठी
 Navneet Kumar Tripathi
 पिता : मुरली धर त्रिपाठी
 Father : Murl Dhar Tripathi
 जन्म तिथि / DOB : 20/09/1985
 पुरुष / Male



2670 2455 9124

आधार - आम आदमी का अधिकार

भारत सरकार
विद्युतचुम्बकीय पहचान प्रणाली





पता
 S/O: मुरली धर त्रिपाठी, एफ 3/ए 1,
 रीवर बैंक कलोनी, अमीनाबाद पार्क,
 लखनऊ, अमीनाबाद पार्क, उत्तर
 प्रदेश, 226018

Address
 S/O: Murl Dhar Tripathi, F 3/A1,
 RIVER BANK COLONY,
 Aminabad Park, Lucknow,
 Aminabad Park, Uttar Pradesh,
 226018

2670 2455 9124


 1947
 1800 300 1947


 help@uidai.gov.in


 www.uidai.gov.in

Navneet



You have been informed that, ophthal,
dental consultation or dietician
consultation facility is not available at
our centre .If you are ready then your
test can be start.

2D echo test facility is not available at
our centre, instead we do TMT test.

Navneet Kumar Tripathi

Navneet





MODERN PATHOLOGY & DIAGNOSTIC CENTRE

Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



CLINIC :

1/4A, Vineet Khand, (Opp Jaipuria Management)
Gomti Nagar, Lucknow - 226 010
Ph.: 0522-4008184, 4308184 • 8112323333
Mob.: 7618884441, 9450389932, 817700088



TEST REQUEST ID	:012408100040	SAMPLE DATE	:10/Aug/2024 11:26AM
NAME	:Mr. NAVNEET KUMAR TRIPATHI	SAMPLE REC. DATE	:10/Aug/2024 11:26AM
AGE/SEX	:00 YRS/MALE	REPORTED DATE	:10/Aug/2024 11:56AM
REFERRED BY	: Apollo Health and Lifestyle Limited,	BARCODE NO	:01100040

USG WHOLE ABDOMEN-MALE

Liver: is mildly enlarged in size (151 mm). Parenchymal echogenicity is increased. No focal echovariant lesion is seen. Intrahepatic biliary radicles are not dilated.

Gall Bladder: is well distended. Lumen is anechoic. Wall is of normal thickness.

CBD: is normal in diameter. Portal vein is normal in diameter.

Pancreas: is normal in size, shape and echotexture. No focal echovariant lesion is seen. Pancreatic duct is not dilated.

Spleen: is normal in size (84 mm), shape and echotexture. No focal echovariant lesion is seen. Splenic vein is normal.

Right Kidney: is normal in size 102x48 mm, shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst, or calculi is seen. Pelvicalyceal systems are not dilated. Ureter is not dilated.

Left Kidney: is normal in size 85x48 mm, shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst, or calculi is seen. Pelvicalyceal systems are not dilated. Ureter is not dilated.



Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)

DR. PANKAJ UPADHYAYA
Consultant Radiologist

Dr. Smita Rastogi
M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

SAMPLE COLLECTION FACILITY AVAILABLE

Report needs clinicopathological correlation ♦ Not for Medico Legal Purpose

Print Date/Time: 10/08/2024 11:56 AM

Checked By: Ashish Singh

Page 1 of 2

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NAME	:Mr. NAVNEET KUMAR TRIPATHI	SAMPLE REC. DATE	:10/Aug/2024 11:26AM
AGE/SEX	:00 YRS/MALE	REPORTED DATE	:10/Aug/2024 11:56AM
REFERRED BY	: Apollo Health and Lifestyle Limited,	BARCODE NO	:01100040

Urinary bladder: is well distended. Lumen is anechoic. Wall is of normal thickness. No mass or calculus is seen.

Prostate: is normal in size (26x30x38 mms, wt = 16.2 gms), shape and echotexture. No focal echovariant lesion is seen. Prostatic capsule appears to be intact. Median lobe is not projecting in UB lumen. Both seminal vesicles appear normal.

Both iliac fossae are clear. No obvious bowel pathology is noted. There is no free fluid in peritoneal cavity.

OPINION:

- HEPATOMEGALY WITH FATTY LIVER GRADE -I.

*** End Of Report ***



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Mob.: 7618884441, 9450389932, 8177063877

Date	: 10-Aug-2024			
Name	: Mr. NAVNEET KUMAR TRIPATHI		Age	: 38 Yrs.
Ref.By	: APOLLO HEALTH		Sex	: Male
Haemoglobin	16.4	gm%	14 - 17	
Total Leucocyte Count	5400	Cells/cumm.	4000-11000	
Differential Leucocyte Count				
Polymorphs	49	%	45 - 70	
Lymphocytes	38	%	20 - 45	
Eosinophils	07	%	0 - 6	
Monocytes	06	%	0 - 8	
Basophils	00	%	0 - 1	
Erythrocyte Sedimentation Rate (Wintrobe)				
ESR	04	mm in 1st Hr.	0 - 9	
PCV	51.6	cc%	40 - 52	
Corrected ESR	00	mm in 1st Hr.	0 - 9	
Platelet Count	1.60	lakh/cumm.	1.5 - 4.0	
Red Cells Count	4.92	million/cmm	3.90 to 5.80	
Absolute values				
MCV	104.9	fL	77 - 97	
MCH	33.4	pg	27 - 31	
MCHC	31.8	gm /dl	31 - 34	

Dr. Sanjay Rastogi
M.B.B.S., (Govt. of U.P.) (DRC)

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M.B.B.S., DCP

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Date	: 10-Aug-2024			
Name	: Mr. NAVNEET KUMAR TRIPATHI		Age	: 38 Yrs.
Ref.By	: APOLLO HEALTH		Sex	: Male
Plasma Glucose - F GOD-POD Method	151	mg/dl	70 - 110	
Plasma Glucose - PP GOD POD Method	243	mg/dl	110 - 170	
Blood Group & Rh	"O" Positive			
LFT T&D				
Total Bilirubin	0.78	mg%	0.2 - 1.0	
Direct Bilirubin	0.31	mg%	0.0 to 0.40	
Indirect Bilirubin	0.47	mg%	0.10 to 0.90	
S.G.P.T	84	IU/L	5 - 40	
S.G.O.T	69	IU/L	5 - 50	
ALP	90	IU/L	40 to 129	
Serum Gamma G.T.	41	IU/L	11 - 50	
KFT				
UREA	20.1	mg %	15 - 50	
CREATININE	1.24	mg %	0.5 - 1.5	
URIC ACID	5.3	mg %	2 - 7	
CALCIUM	9.5	mg %	8.8 - 10.0	
Urine Sugar (Fasting)	NIL			
Urine Sugar (PP)	++			

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Date	: 10-Aug-2024		
Name	: Mr. NAVNEET KUMAR TRIPATHI	Age	: 38 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

LIPID PROFILE

Triglycerids	139	mg%	70 - 190
S. Cholestrol S.	197	mg%	130 - 230
S. HDL Cholestrol	40.1	mg%	35 - 75
S. LDL Cholestrol	129.1	mg%	75 - 150
VLDL	27.8	mg%	0 - 34
Chol / HDL factor	4.91		
LDL / HDL Factor	3.22		

COMMENTS

- * Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).
- * LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lowers LDL and raises HDL. Raised chol. in females is mostly due to disturbed thyroid function.
- * Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Betablocker therapy.

TYPES OF HYPERLIPOPROTEINEMIAS

TYPE 1: Normal cholesterol TG greatly raised	TYPE 3: Cholesterol increased TG increased
TYPE 2a: Cholesterol increased LDL increased TG normal	TYPE 4: Cholesterol normal /increased VLDL increased TG increased
TYPE 2b: Chol. increased VLDL raised TG increased LDL increased	TYPE 5: Cholesterol increased LDL reduced VLDL increased TG greatly increased

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M.B.B.S., DCP, CRIAT (BARC)

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Contd... M.B.B.S., DCP

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Date : 10-Aug-2024

Name : **Mr. NAVNEET KUMAR TRIPATHI**

Age : 38 Yrs.

Ref.By : APOLLO HEALTH

Sex : Male

THYROID TEST

Tri-iodothyronine (T3)	1.84	nmol/L	0.50 to 2.50
Thyroxine (T4)	6.50	mcg/dL	5.0 to 12.5
Thyroid Stimulating Hormone (TSH)	2.96	mIU/ ml	0.3 to 6.0

COMMENTS

- 1) Primary hyperthyroidism is accompanied by elevated Serum T3 and T4 values along with depressed TSH levels.
- 2) Primary Hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH levels.
- 3) Normal T4 levels accompanied by high T3 levels are seen in patients with T3 thyrotoxicosis.
- 4) Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels may be encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol and propylthiouracil.
- 5) Elevated TSH levels may also be indicative of TSH secreting Pituitary Tumour.

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M.B.B.S., DCP, CRIAT (BARC)

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Contd... M.B.B.S., DCP

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Date	: 10-Aug-2024		
Name	: Mr. NAVNEET KUMAR TRIPATHI	Age	: 38 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

Glycosylated Haemoglobin

Glycosylated Haemoglobin	9.0	%	4.5 TO 6.0
=====			
INTERPRETATION AND COMMENTS			
=====			
NON DIABETIC :	4.5 to 6.0 %		
GOOD CONTROL:	6.0 to 7.0		
FAIR CONTROLLED	7.0 AND 8.0		
UNCONTROLLED	8.0 AND ABOVE		
<p>Glycosylated haemoglobin is the adducted glucose in the haemoglobin of the red blood cells, this adduction is stable for the life time of the RBC (i.e 120 days). There fore the measure of glycosylated haemoglobin reflects the average blood glucose concentration over the preseding several weeks. The sudden change in blood glucose level would not effect the glycosylated haemoglobin level ,which serves as a better marker of long term metabolic control and the efficacy of therapy.</p>			

Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)

Dr. Smriti Rastogi
Contd... M.B.B.S., DCP

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Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



Date	: 10-Aug-2024		
Name	: Mr. NAVNEET KUMAR TRIPATHI	Age	: 38 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

Urine Examination

PHYSICAL		
Colour	Straw	
Turbidity	Nil	
Deposit	Nil	
Reaction	Acidic	
*Specific Gravity	1.030	
CHEMICAL		
Protein	Nil	
Sugar	Present (++)	
*Bile Salts	Nil	
*Bile Pigments	Nil	
Phosphate	Nil	
MICROSCOPIC		
Pus Cells	Nil	/hpf
Epithelial Cells	0-1	/hpf
Red Blood Cells	Nil	/hpf
Casts	Nil	
Crystals	Nil	
Others	Nil	

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Gomti Nagar Lucknow

Report



NAVNEET KUMAR YTRIPATHI / 38 Yrs / M / 171 Cms / 71 Kg

Date: 10 - 08 - 2024

Stage	Time	Duration	Speed(Kmph)	Elevation	METs	Rate	% THR	BP	RPP	P/V/C	Comments
Supine	00:05	0:05	00.0	00.0	01.0	082	45 %	110/70	090	00	
Standing	00:10	0:05	00.0	00.0	01.0	082	45 %	110/70	090	00	
HV	00:15	0:05	00.0	00.0	01.0	093	51 %	110/70	102	00	
ExStart	00:21	0:06	00.0	00.0	01.0	093	51 %	110/70	102	00	
BRUCE Stage 1	03:21	3:00	02.7	10.0	04.7	141	77 %	126/82	177	00	
BRUCE Stage 2	06:21	3:00	04.0	12.0	07.1	159	87 %	134/90	213	00	
PeakEx	08:39	2:18	05.5	14.0	09.5	168	92 %	140/94	235	00	
Recovery	09:39	1:00	00.0	00.0	01.2	136	75 %	136/92	184	00	
Recovery	10:39	2:00	00.0	00.0	01.0	119	65 %	130/88	154	00	
Recovery	11:39	3:00	00.0	00.0	01.0	120	66 %	126/84	151	00	
Recovery	11:58	3:19	00.0	00.0	01.0	112	62 %	122/80	136	00	

FINDINGS :

Exercise Time : 08:18
 Max HR Attained : 168 bpm 92% of Target 182
 Max BP Attained : 140/94 (mm/Hg)
 Max WorkLoad Attained : 9.5 Good response to induced stress
 Test End Reasons : Test Complete, Fatigue

REPORT :

CONCLUSIONS:

1. STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE.


 Dr. AMIT MOHAN
 MD
 Reg. No. 44559

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

NAVNEET KUMAR YTRIPATHI / 38 Yrs / M / 171 Cms / 71 Kg / HR : 82

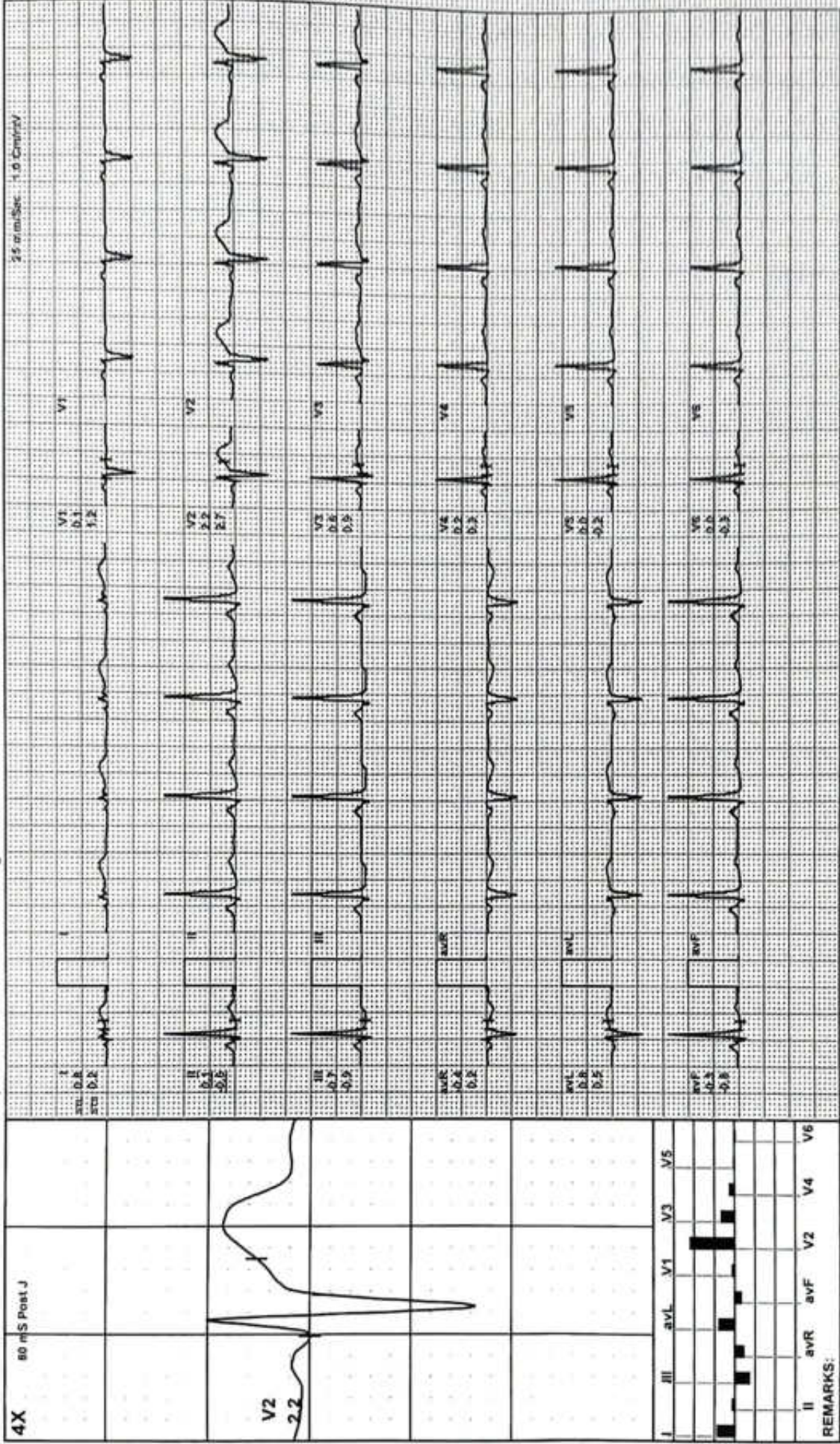
BRUCE:Supine(0:06)



Date: 10 - 08 - 2024

METS: 1.0/ 82 bpm 45% of THR BP: 110/70 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 Kmph, 0.0%



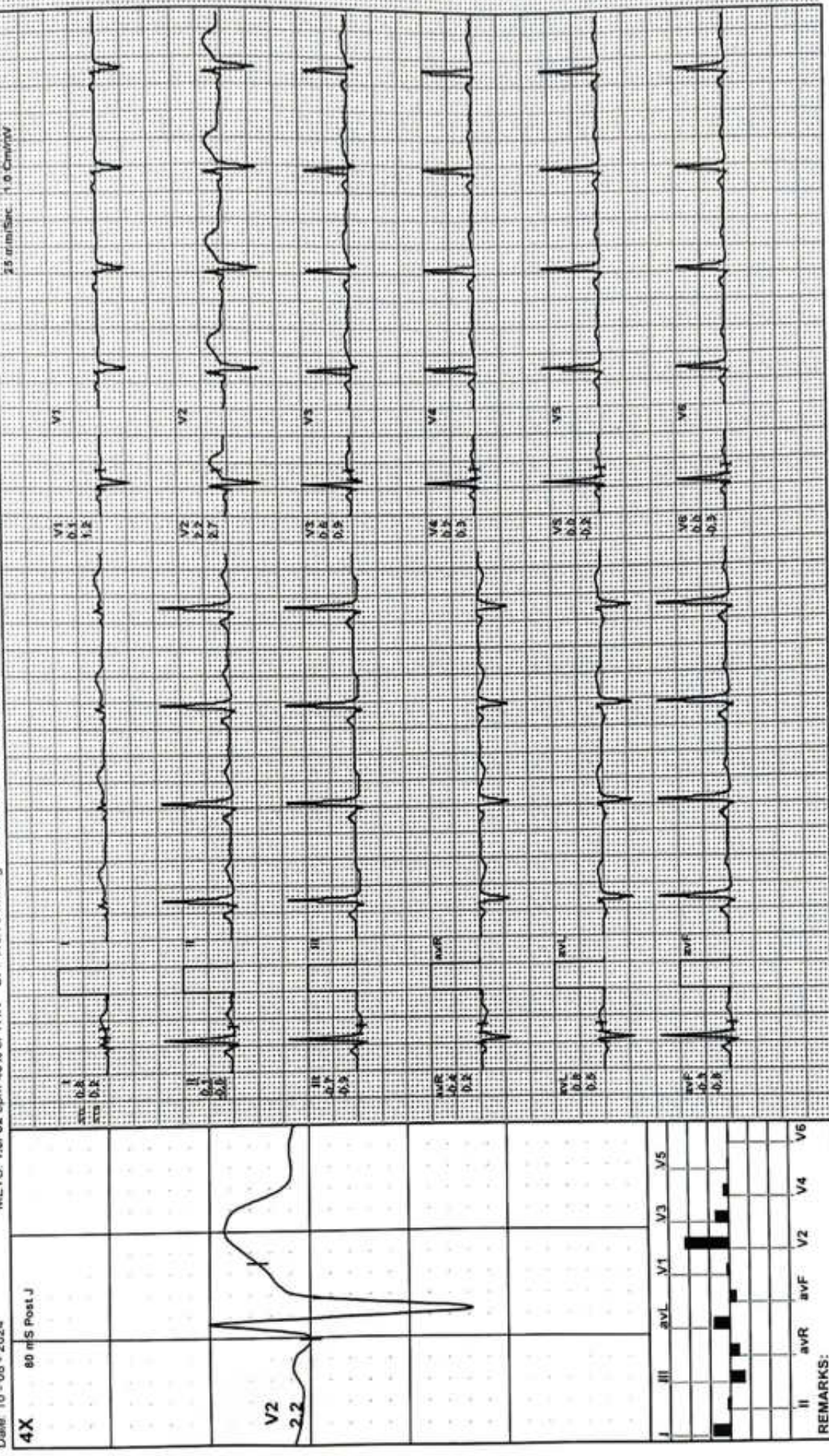


BRUCE: Standing(0:05)

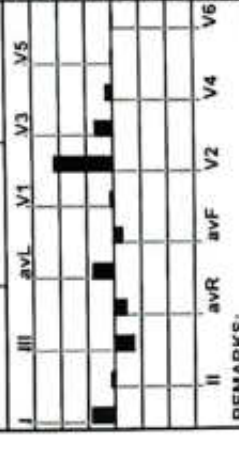
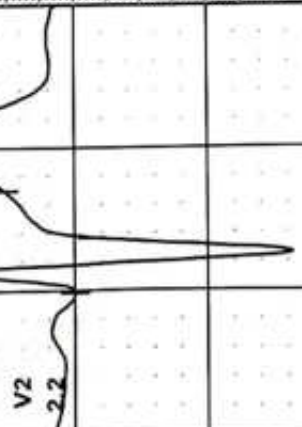
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NAVNEET KUMAR YTRIPATHI / 38 Yrs / M / 171 Cms / 71 Kg / HR : 82

Date: 10 - 08 - 2024 METS: 1.0/ 82 bpm 45% of THR BP: 110/70 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime: 00:00 0.0 Kmph. 0.0%



4X 80 mS Post J



REMARKS:



BRUCE:HV(0:06)

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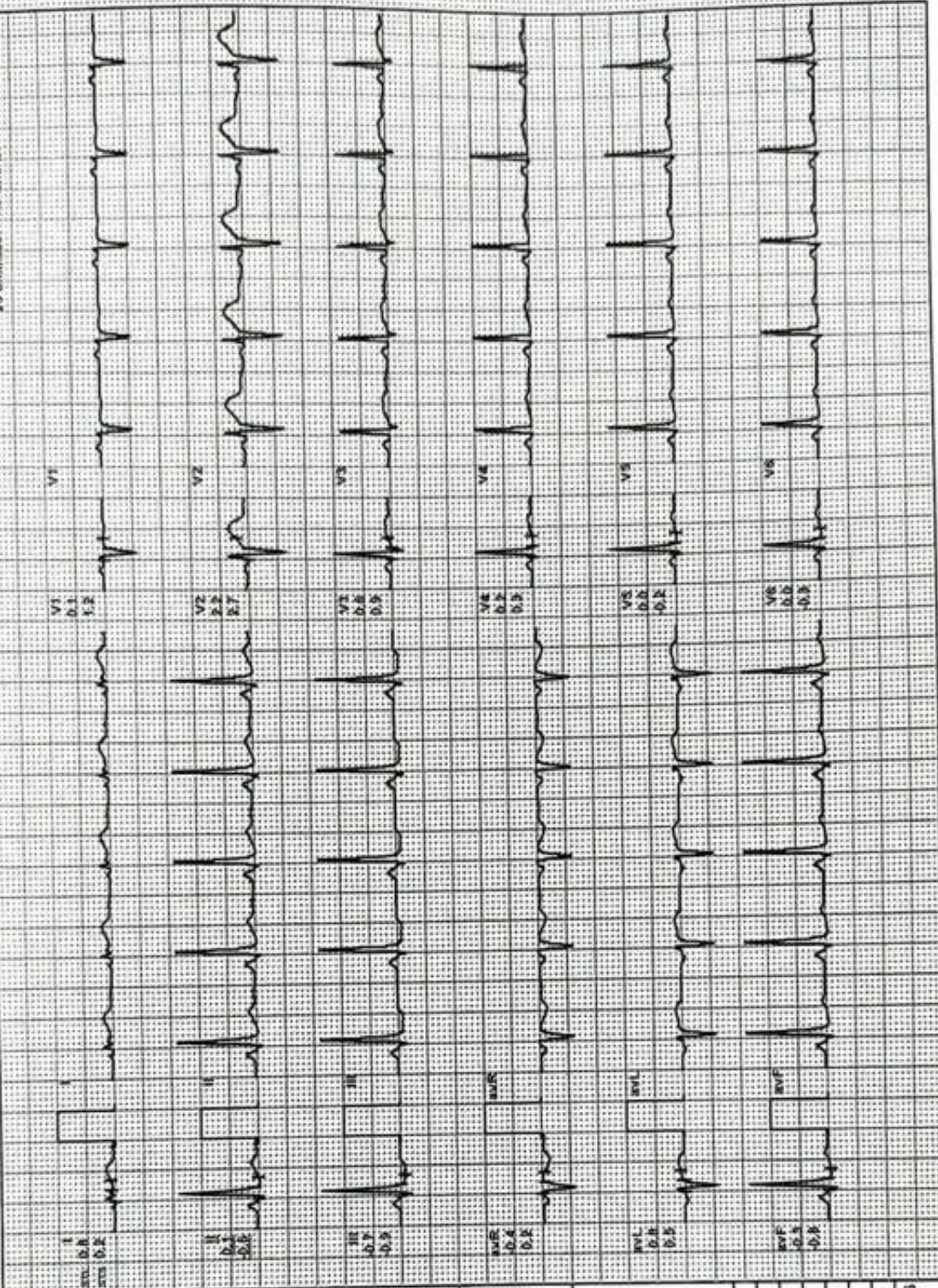
NAVNEET KUMAR YTRIPATHI / 38 Yrs / M / 171 Cms / 71 Kg / HR : 93

ExTime: 00:00 0.0 Kmph 0.0%

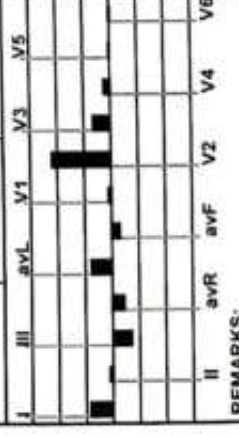
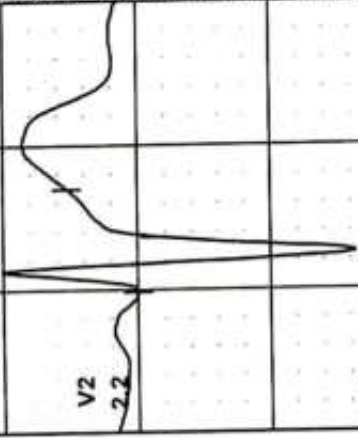
25 mm/Sec 1.0 Cm/Div

METS: 1.0/ 93 bpm 51% of THR BP: 110/70 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

Date: 10 - 08 - 2024



4X 90 mS Post J



REMARKS:

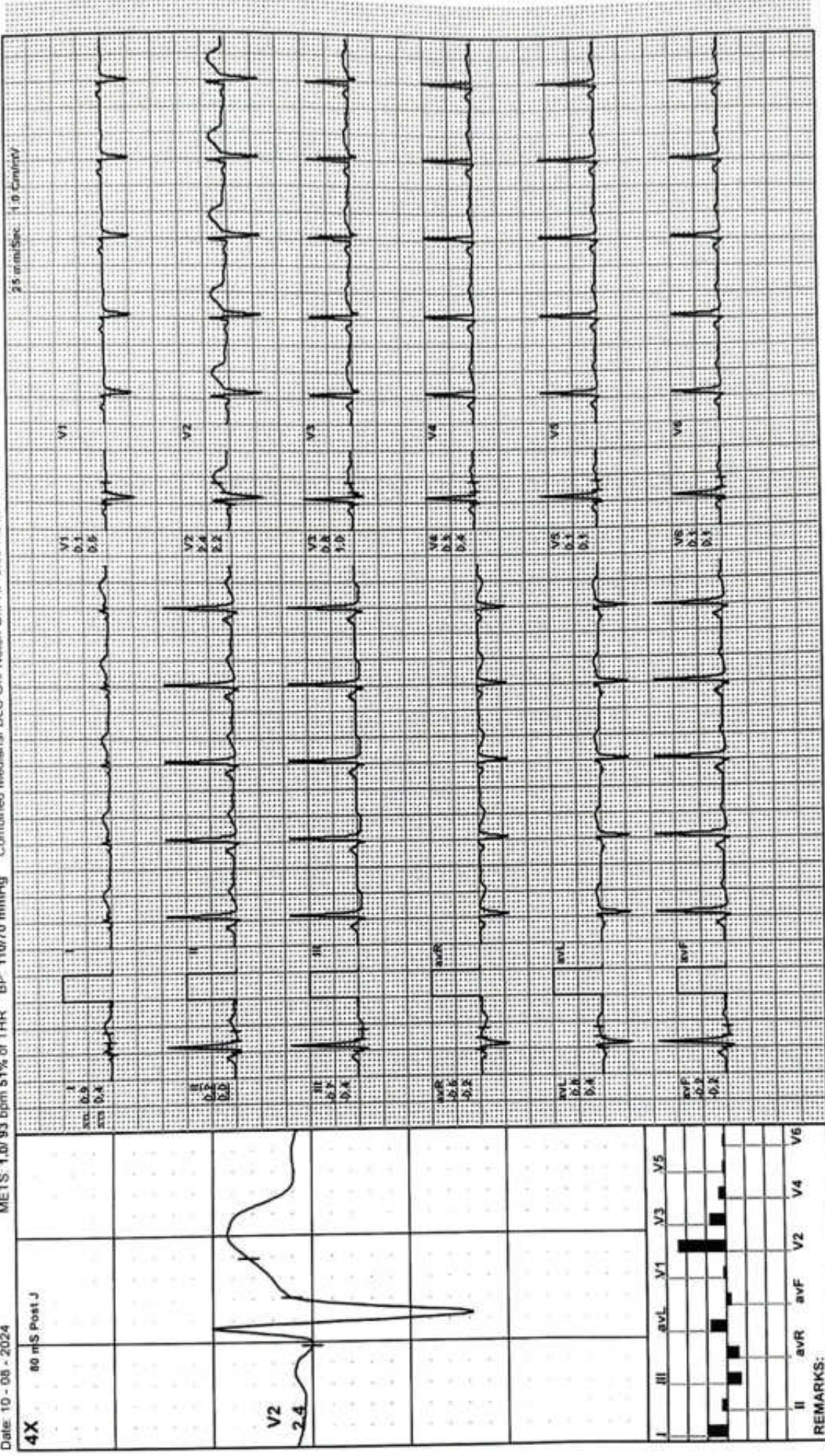


ExStart

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

NAVNEET KUMAR YTRIPATHI / 38 Yrs / M / 171 Cms / 71 Kg / HR : 93

Date: 10 - 08 - 2024 METS: 1.0/ 93 bpm 51% of THR BP: 110/70 mmHg Combined Medians/ BLC Onv Natch Onv HF 0.05 Hz/LF 35 Hz ExTime 00:00 0.0 Kmph 0.0%



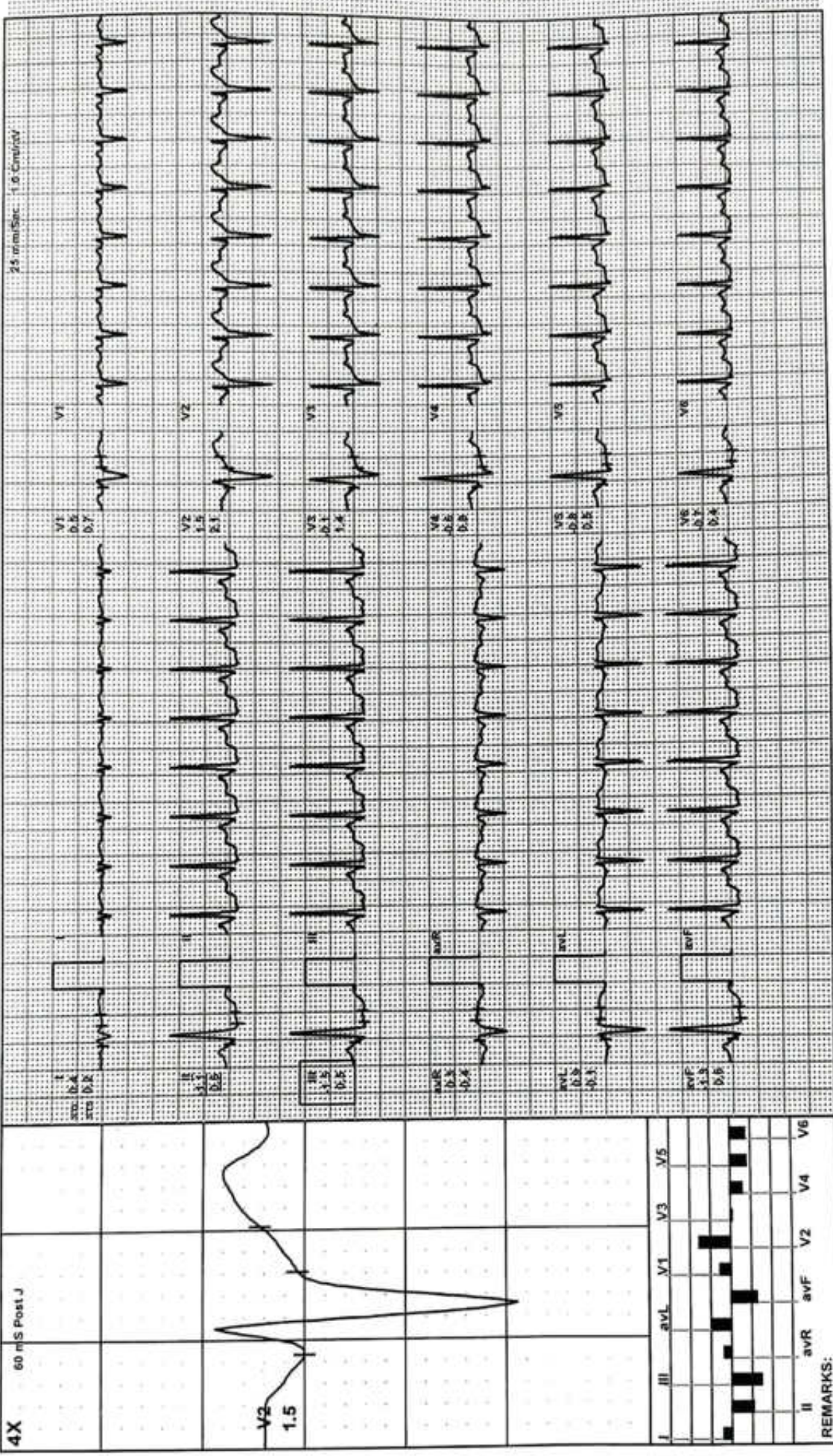
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BRUCE: Stage 1(3:00)



NAVNEET KUMAR YTRIPATHI / 38 Yrs / M / 171 Cms / 71 Kg / HR : 141

Date: 10 - 08 - 2024 METS: 4.71 141 bpm 77% of THR BP: 126/82 mmHg Combined Medians/ BLC On/ Match On/ HF 0.05 Hz/LF 35 Hz ExTime: 03:00 2.7 Kmph, 10.0%





PeakEx

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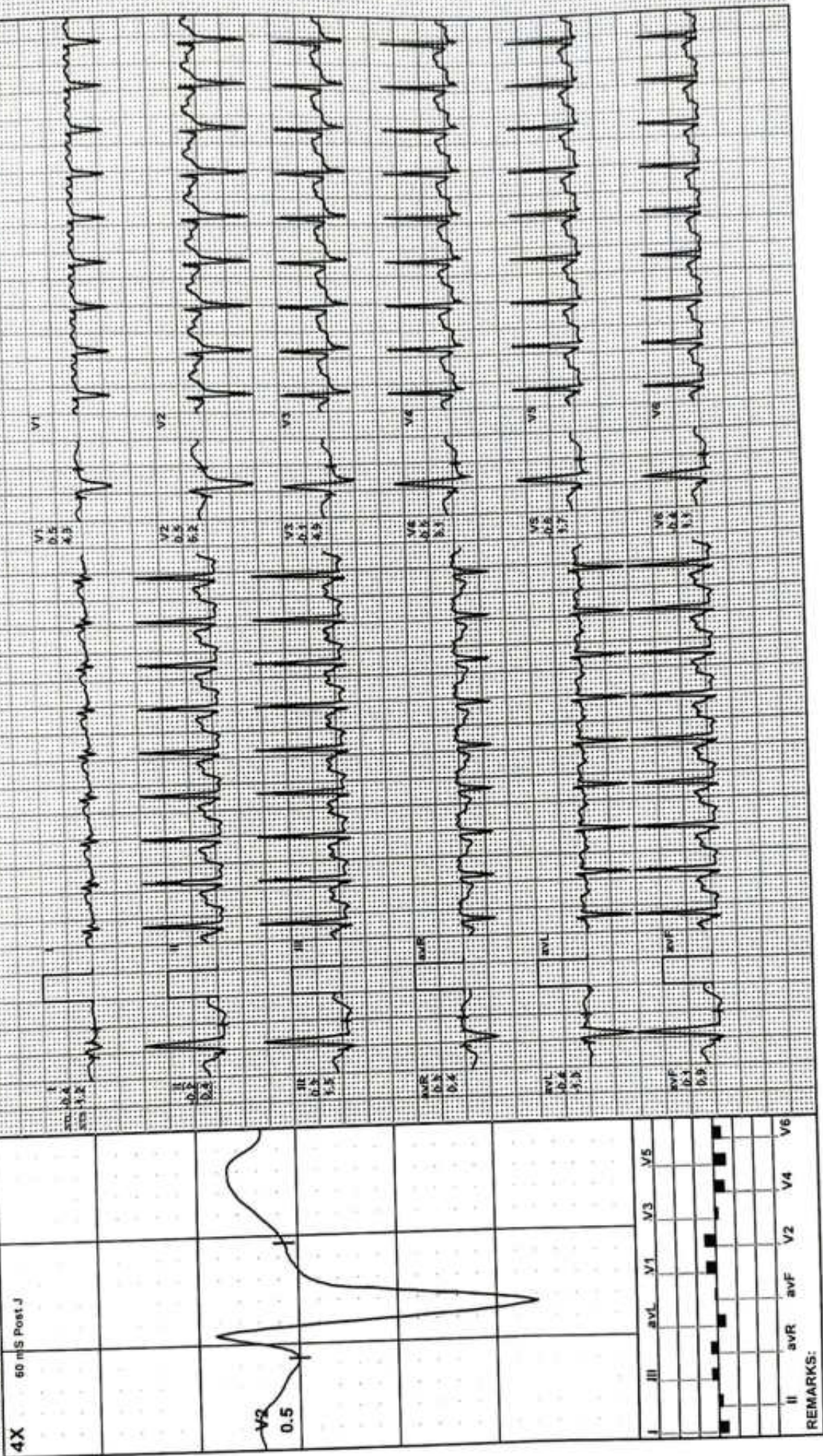
NAVNEET KUMAR YTRIPATHI / 38 Yrs / M / 171 Cms / 71 Kg / HR : 168

E/Time 08:18 5.5 Kmph. 14.0%

2.5 cm/mSec. 1.0 cm/mV

Date: 10 - 08 - 2024 METS: 9.5/ 168 bpm 92% of THR BP: 140/94 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

4X 60 mS Post J



REMARKS:



Recovery(1:00)

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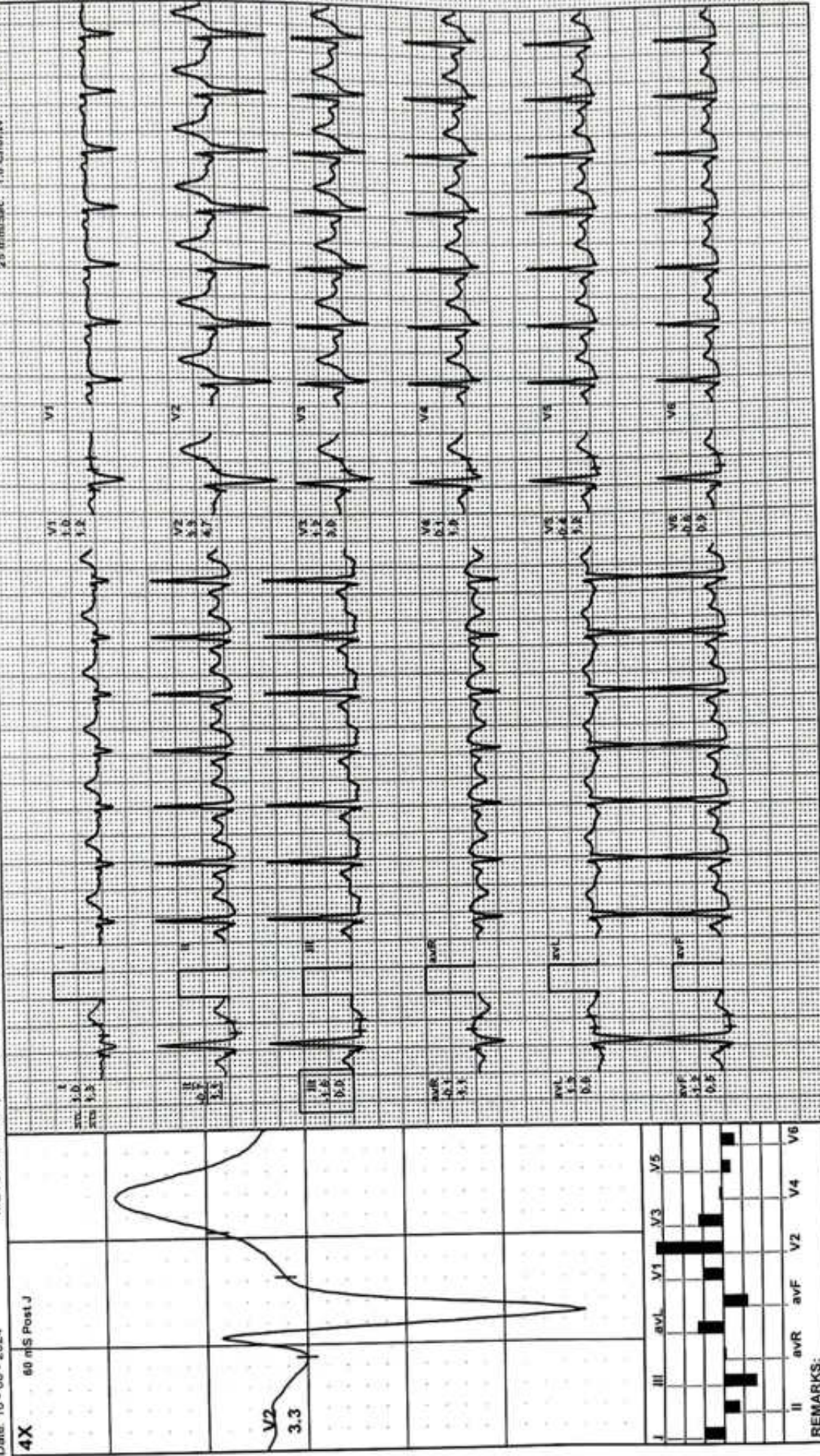
NAVNEET KUMAR YTRIPATHI / 38 Yrs / M / 171 Cms / 71 Kg / HR : 136

ExTime: 08:18 0.0 Kmph. 0.0%

25 mm/Sec 1.0 Cm/mV

METS: 1.2/ 136 bpm 75% of THR BP: 136/92 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

Date: 10 - 08 - 2024



REMARKS:

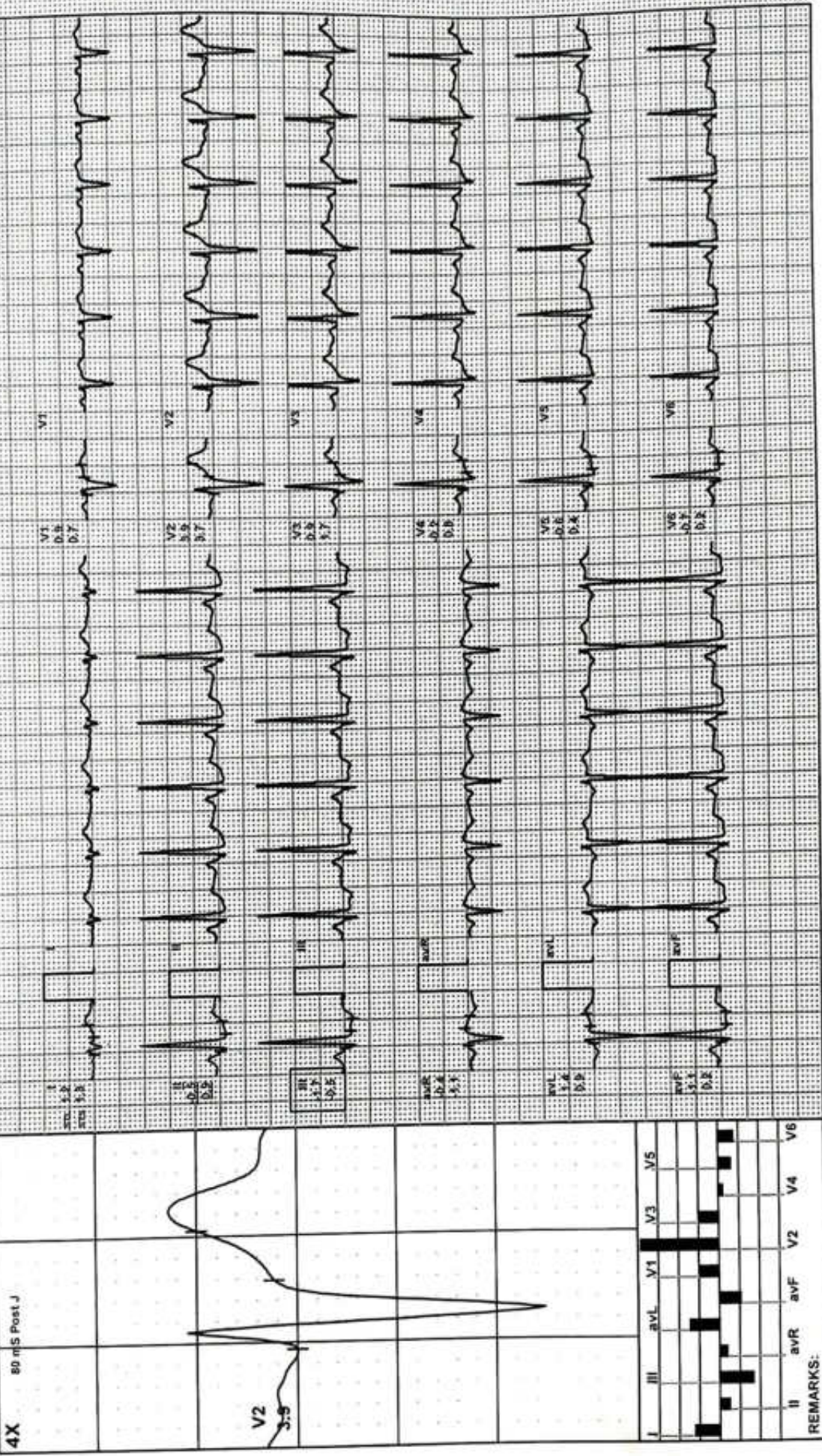


Recovery(2:00)

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

NAVNEET KUMAR YTRIPATHI / 38 Yrs / M / 171 Cms / 71 Kg / HR : 119

Date: 10 - 08 - 2024 METS: 1.0/ 119 bpm 65% of THR BP: 130/88 mmHg Combined Medians/ BLC On/ HF 0.05 Hz/LF 35 Hz
ExTime: 08:18 0.0 Kmph. 0.0%





Recovery(3:00)

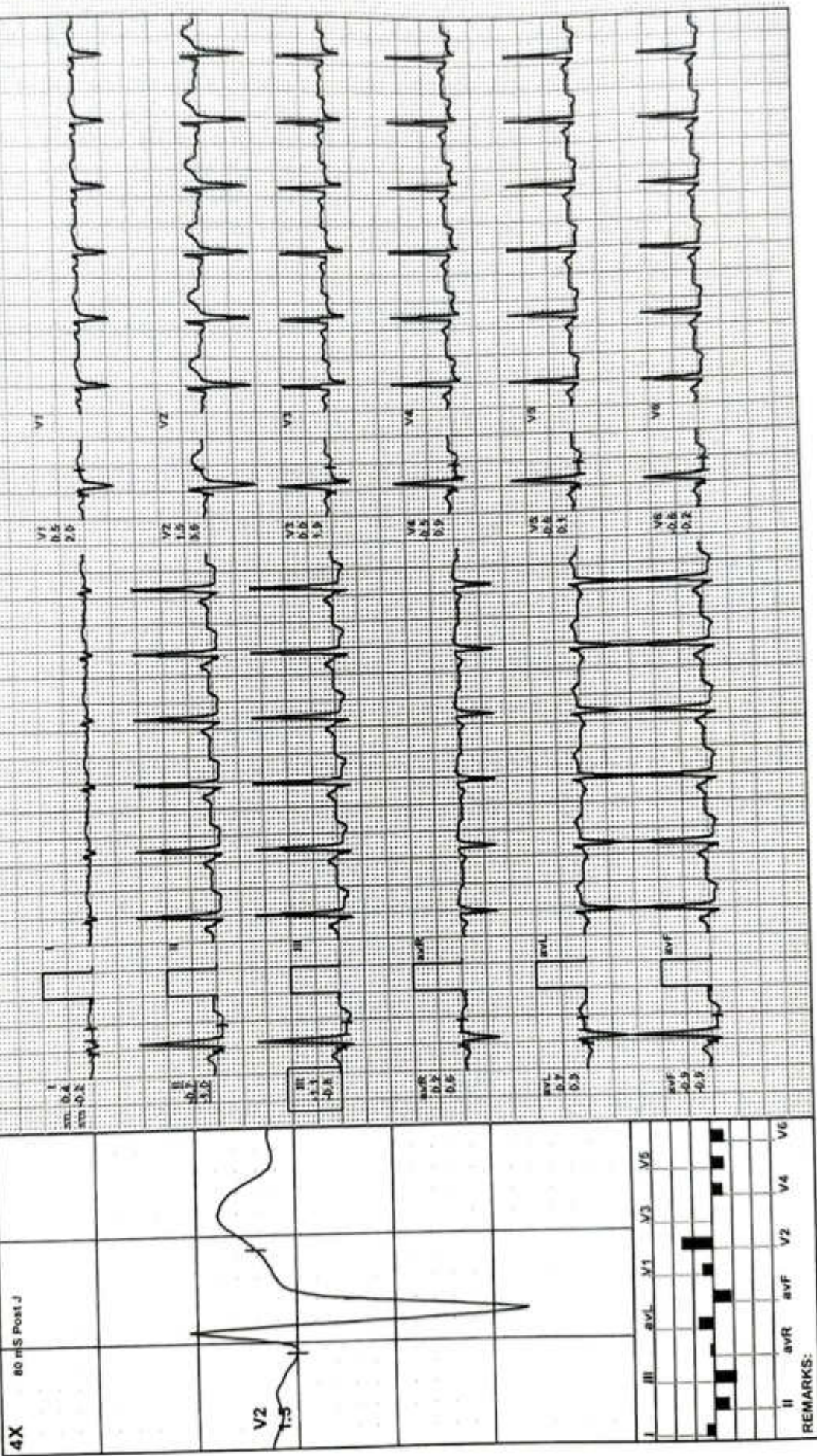
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

NAVNEET KUMAR YTRIPATHI / 36 Yrs / M / 171 Cms / 71 Kg / HR : 120

ExtTime 08:18 0.0 Kmph 0.0%

25 mm/Sec 1.0 Emph

Date: 10 - 08 - 2024 METS: 1.0/ 120 bpm 66% of THR BP: 126/84 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz LF 35 Hz



Lead	I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
ST-T												

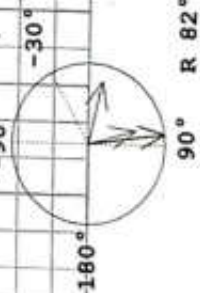
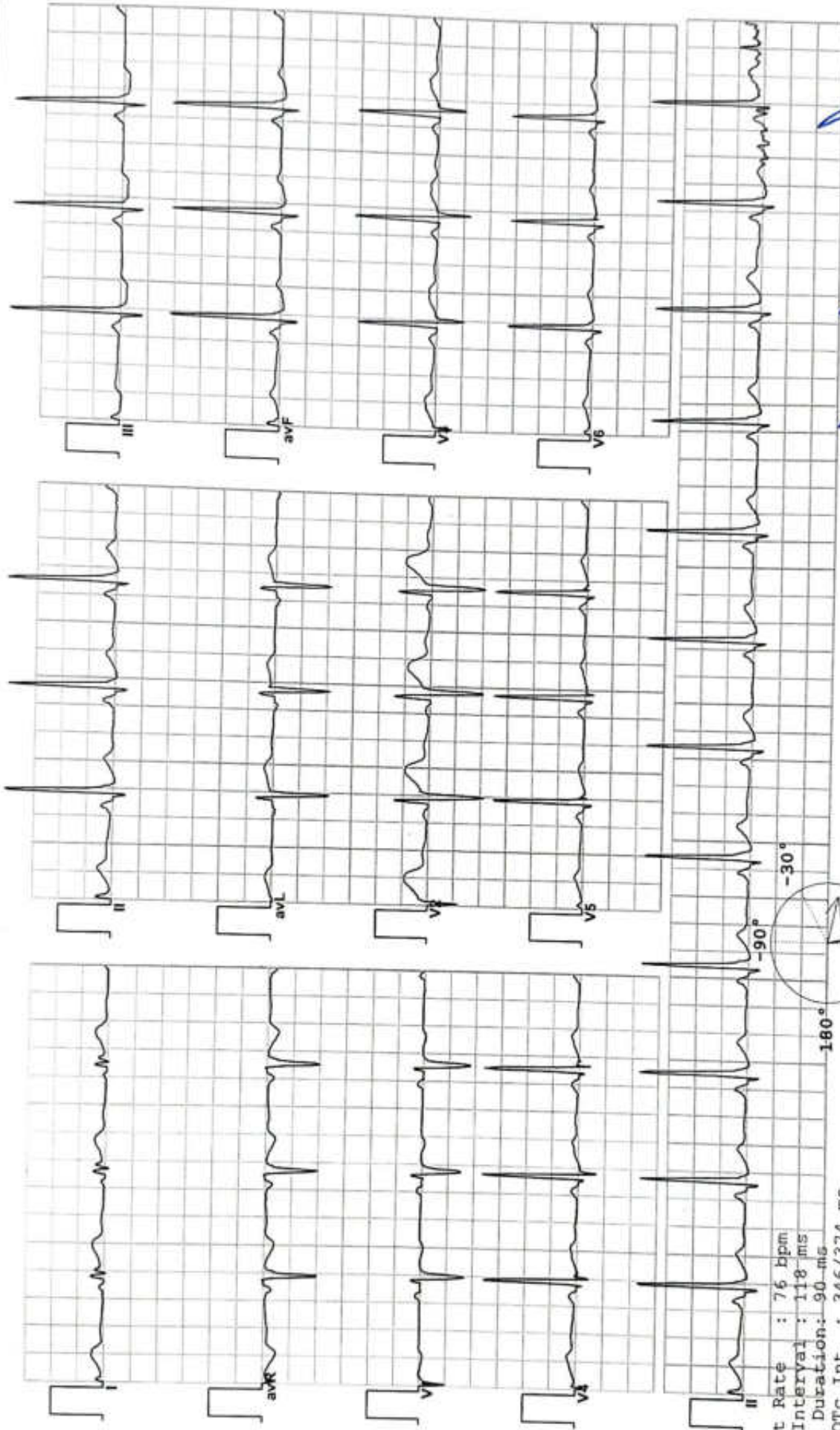
REMARKS:

Modern Pathology And Diagnostic Centre

268 / NAVNEET KUMAR TRIPATHI / 39 Yrs / M / 171Cms. / 71Kgs. / Non Smoker

Heart Rate : 76 bpm / Tested On : 10-Aug-24 14:58:35 / HF 0.05 Hz - LF 100 Hz / Notch 50 Hz / Sn 1.00 Cm/mV / Sw 25 mm/s

ECG



Vent Rate : 76 bpm
PR Interval : 118 ms
QRS Duration: 90 ms
QT/QTc Int : 346/374 ms
P-QRS-T axis: 75.00 • 82.00 • 13.00 •
Allergens ECG (Pisces)(PIS215191030)

Nonf ECG

Axis
90° R 82° T 13° P 75°

Dr. AMIT MOHAN MD
Reg. No. #4559



MODERN PATHOLOGY & DIAGNOSTIC CENTRE

DIAGNOSTIC CENTRE

Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



CLINIC :

1/4A, Vineet Khand, (Opp Jaipuria Management)
Gomti Nagar, Lucknow - 226 010
Ph.: 0522-4008184, 4308184 • 8112323230
Mob.: 7618884441, 9450389932, 8177063877



TEST REQUEST ID	:012408100040	SAMPLE DATE	:10/Aug/2024 11:26AM
NAME	:Mr. NAVNEET KUMAR TRIPATHI	SAMPLE REC. DATE	:10/Aug/2024 11:26AM
AGE/SEX	:38 YRS/MALE	REPORTED DATE	:10/Aug/2024 02:16PM
REFERRED BY	: Apollo Health and Lifestyle Limited,	BARCODE NO	:01100040

XRAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

Please correlate clinically.

*** End Of Report ***



Rajay Rastogi
M.B.B.S., DCP, CRIAT (BARC)

Surbhi
Dr. Surbhi
MBBS, MD (Radiodiagnosis)

Dr. Smita Rastogi
M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

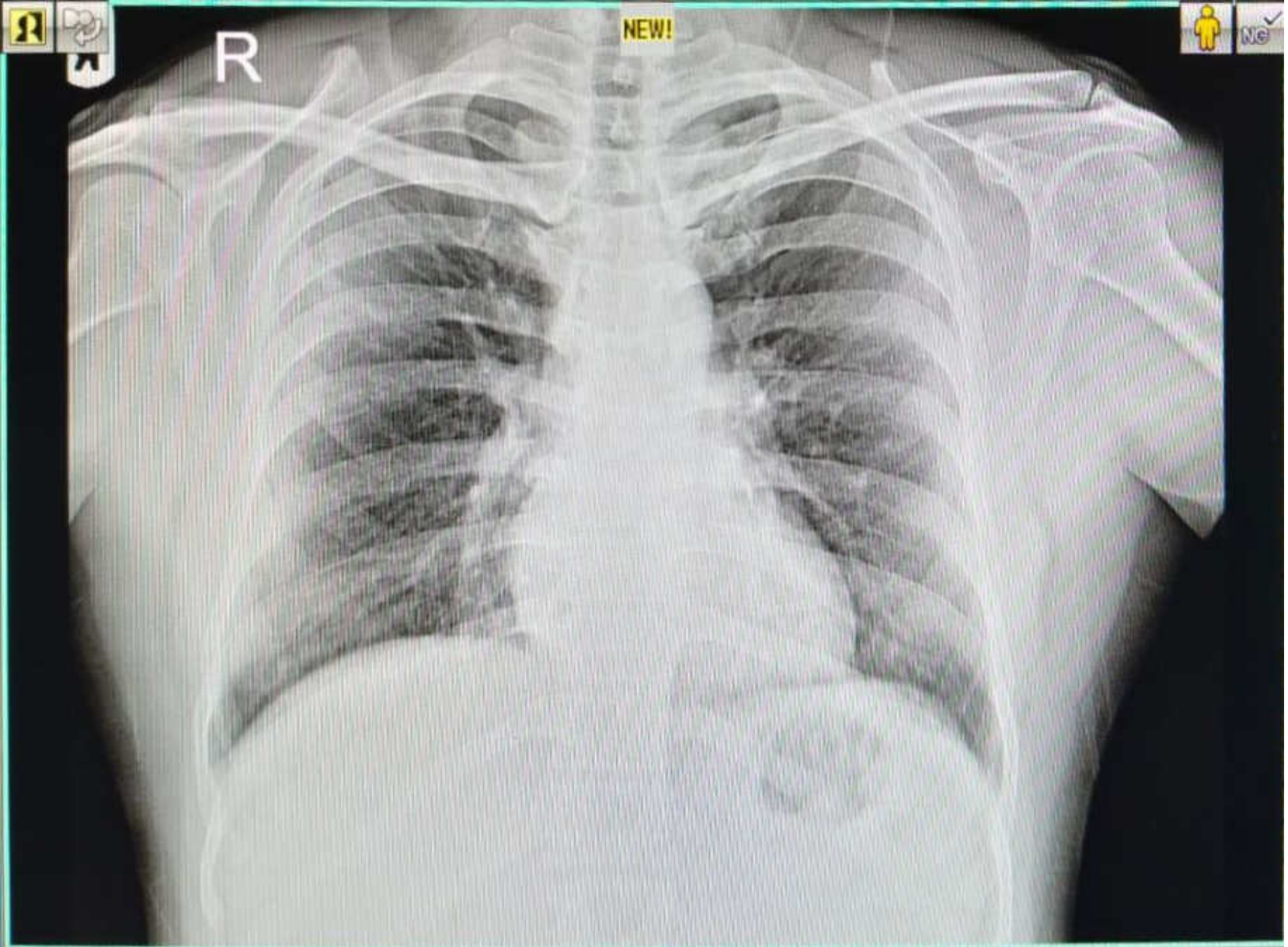
SAMPLE COLLECTION FACILITY AVAILABLE

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Print Date/Time: 10/08/2024 ♦ 2:20 PM

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24081005482 MR NAVNEET KUMAR TRIPATHI 00YRS M SELF CHEST PA
08/10/2024 MODERN PATHOLOGY & DIAGNOSTIC CENTRE GOMTI NAGAR LUCKNOW