



**Sultanpur, Uttar Pradesh, India**

736G+G4X, Lal Diggí Rd, Civil Line, Sultanpur, Uttar Pradesh

228001, India

Lat 26.261326°

Long 82.075419°

27/01/24 10:52 AM GMT +05:30

Google

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	JAGNYASMITA GIRI
DATE OF BIRTH	10-07-1995
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	27-01-2024
BOOKING REFERENCE NO.	23M108998100085860S
SPOUSE DETAILS	
EMPLOYEE NAME	MR. PRADHAN ABHIJEET
EMPLOYEE EC NO.	108998
EMPLOYEE DESIGNATION	BRANCH RECEIVABLE MANAGER
EMPLOYEE PLACE OF WORK	SULTANPUR,RO SULTANPUR
EMPLOYEE BIRTHDATE	21-04-1985

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **24-01-2024** till **31-03-2024**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager  
HRM Department  
Bank of Baroda**

  
**Dr. J.P. SINGH**  
M.D. (Medicine) FACP (USA)  
Director & Consultant Physician  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Center Pvt.Ltd.)

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



भारत सरकार

GOVERNMENT OF INDIA

Issue Date: 04/12/2013



जगन्यसिता गिरि

Jagnyasmita Giri

DOB: 10/07/1996

FEMALE

Mobile No.: 7463816675

8211 6117 3113

VID : 9169 5232 3894 6794

**MERA AADHAAR, MERI PEHCHAAN**



भारतीय विशिष्ट पहचान प्राधिकरण

UNIQUE IDENTIFICATION AUTHORITY OF INDIA

Download Date: 09/07/2013

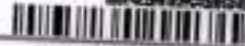
UIDAI

Office: C/O Abhijeet Pradhan, Golikera, West Singhbhum, Jharkhand - 833103

Address: C/O Abhijeet Pradhan, Golikera, Golikera, West Singhbhum, Jharkhand - 833103

8211 6117 3113

VID : 9169 5232 3894 6794



1947  
1800 200 1947



uidai@uidai.gov.in



www.uidai.gov.in



P.O. Box No. 1947  
Bhopal-466 001

Jagnyasmita Giri

Dr. J.P. SINGH

M.D. (Medicine) FACP (USA)

Director & Consultant Physician

JPK Clinic & Diagnostics

(A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)



28 Years

Female

27 01 2024 10:23:50  
JPK CLINIC AND DIAGNOSTICS  
NORMAL COMPOUND SUPER MARKET  
SULTANPUR

Location:  
Room:  
Order Number:  
Indication:  
Medication 1:  
Medication 2:  
Medication 3:

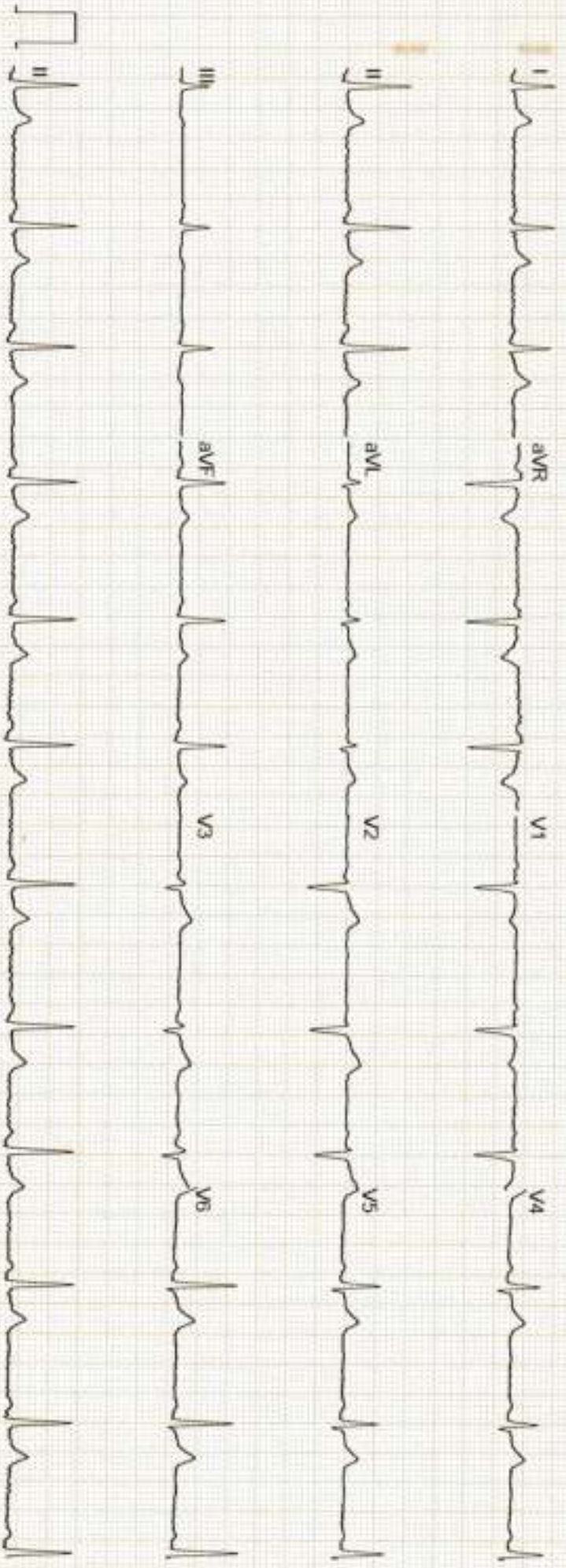
ORS 78 ms  
QT / QTcBaz 364 / 384 ms  
PR 128 ms  
P 90 ms  
RR / PP 896 / 895 ms  
P / QRS / T 44 / 56 / 33 degrees

Normal sinus rhythm  
Normal ECG

*Jagnyasmita*  
*Gp*

Technician:  
Ordering Ph: DR. J.P. SINGH  
Referring Ph:  
Attending Ph:

**Dr. J.P. SINGH**  
M.D.(Medicine) FACP (USA)  
Director & Consultant Physician  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Center Pvt.Ltd.)



Unconfirmed





सर्वे सन्तु निरामया

# राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड

ठाकुर प्रसाद काम्प्लेक्स, निकट NY माल, गल्ला मण्डी मोड, जिला अस्पताल रोड-सुलतानपुर

Report No : 35,898

Patient Name : Mrs. JAGNYASMITA GIRI

Age (Y-M-D) : 28 - 0 - 0

Sex : Female

Referred By : DHS



Bill No. / Day Sr.: 27-Jan-2024

Receiving Date : 27-Jan-2024

Reporting Date :

## X-RAY CHEST P.A.

TRACHEA-	: Trachea is central,
CARDIAC SHADOW- ANGLES-	: The cardiac size and silhouette is normal. : Both costophrenic angles are clear.
PARRENCHYMA- C/T RATIO-	: Both lung fields are clear & have normal volume bronchovascular pattern. : Normal
MEDIASTINUM-	: no mediastinal shift is seen.
DOMES OF DIAPHRAGM-	: Both domes of the diaphragm are normal in position, outline & curvature.
IMPRESSION-	: NORMAL FINDING

सर्वे सन्तु निरामया

Dr. J.P. SINGH  
M.D. (Medicine) (FACP) (USA)  
Director & Consultant Physician  
JPK Clinics & Diagnostics  
(A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

Dr. Amit Kumar  
M.B.B.S. MS  
Reg. No. - 29176

Dr. Amit Kumar  
(Sonologist.)

Timings : 8.30 AM to 7.30 PM, Sunday, 9.00 AM to 2.00 PM.

This is Profession opinion clinicians are requested to correlate pathological finding with clinical feature.  
If there is any doubt please repeat test free of cost.

{ NOT FOR MEDICO LEGAL PURPOSE }





सर्वे सन्तु निरामया

# राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड, ई.सी.जी.

ठाकुर प्रसाद काम्प्लेक्स, निकट NY मॉल, गल्ला मण्डी मोड़, जिला अस्पताल रोड- सुलतानपुर

Report No : 35,891  
 Patient Name : Mrs. JAGNYASMITA GIRI  
 Age (Y-M-D) : 28 - 0 - 0  
 Sex : Female  
 Referred By : DHS



Bill No. / Day Sr.: 27-Jan-24 12:  
 Receiving Date : 27-Jan-24 12:  
 Reporting Date :

## ULTRASONOGRAPHIC STUDY OF WHOLE ABDOMEN FEMALE.

- LIVER** : Liver is normal in size and echogenicity .  
 No focal or diffuse mass lesion seen.No IHBD dilatation seen.
- GALL BLADDER** : Gall bladder is normal in distension & shows echofree lumen.Wall thickness is within normal limit. No obvious GB calculus / sludgeness noted.
- PV & CBD** : Portal vein and CBD are normal in their course and calibre
- PANCREAS** : Pancreas is normal in size, contour and echotexture.
- SPLEEN** : Spleen is normal in size and echogenicity. No mass lesion seen
- KIDNEYS** : Both kidneys are normal in size, contour and echopattern. Cortico medullary differentiation is normally preserved. No calculus or mass lesion is seen.  
 No hydronephrosis is seen.
- URETER** : Normally visualized.
- URINARY BLADDER** : Urinary Bladder is normal in wall thickness with evidence of anechoic lumen.No calculi or mass lesion seen.
- UTERUS** : Uterus is normal in size 85\*32\*35 mm and morphology.No obvious space occupying lesion noted
- CERVIX** : Normal in size,shape & echogenicity,
- OVARY & ADN.** : Both normally visualized.
- P.O.D** : No free fluid collection is seen.
- BOWEL** : Bowels are normal.No significant gas shadow seen.
- IMPRESSION** : **NORMAL SONOGRAPHIC STUDY OF ABDOMEN.**

Dr.J.P.SINGH  
 M.D.(Medicine) FACP (USA)  
 Director & Consultant Physician  
 JPK Clinic & Diagnostics  
 (A Unit of JPK Hospital & Trauma Center Pvt.Ltd.)

Dr. Amit Kumar  
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 Reg. No.-29176  
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# JPK CLINIC & DIAGNOSTICS

( A unit of JPK Hospitals & Trauma Center Pvt. Ltd. )  
Super Market, Sultanpur -228 001 (U.P.)  
Ph. : 05362-241192, 9196008963  
www.jpkhospitals.com



Patient ID : JPKH-MRN-48387  
Name : Mrs. JAGNYASMITA GIRI  
Age/Gender : 28Y/F  
Date/Time : 27-01-2024/18:47  
Referred By : SELF

## INVESTIGATION

## RESULT

## REFERENCE RANGE

LRN-002370

**Post Prandial Blood Glucose**  
Observation

### BIO-CHEMISTRY

#### Post Prandial Blood Glucose

120.5 mg/dL

90 - 140 mg/dL

Sample Collection 27 Jan 2024 / 18:57  
Result Approval 28 Jan 2024 / 14:16

LRN-002370

**GGT**  
Observation

#### Gamma Glutamyl transferase (GGT)

24.8 U/L

5-36 U/L (Female)

8-61 U/L (Male)

Sample Collection 27 Jan 2024 / 18:57  
Result Approval 28 Jan 2024 / 14:16

LRN-002371

**Blood Urea Nitrogen (BUN)**

#### Blood Urea Nitrogen (BUN)

9.80 mg/dL

5-18 mg/dL Infant/Child

6-20 mg/dL Adult

8-23 mg/dL Adult >60Yr

Sample Collection 27 Jan 2024 / 18:57  
Result Approval 28 Jan 2024 / 14:16

LRN-002370

**Serum Creatinine**  
Observation

#### Serum Creatinine

0.7 mg/dL

Male 0.9-1.3 mg/dL

Female 0.6-1.1 mg/dL

Sample Collection 27 Jan 2024 / 18:57  
Result Approval 28 Jan 2024 / 14:16

LRN-002371

#### Lipid Profile

*Rakesh*

Rakesh Sharma  
Lab Technician

Dr. SHIWANGI  
MBBS, DCC (DNR)  
Consultant Pathologist  
JPK Clinic & Diagnostic  
(A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

This is an Electronically Generated Report. This report is based on the specimens received. The report may need to be correlated clinically in laboratory.

### Facilities Available

- ECG
- PFT
- Endoscopy
- Hematology
- Biochemistry
- Microbiology
- FNAC
- Histopathology
- Sample Collection from Home & Online Delivery of Reports
- ABP
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- Echocardiography
- Ultrasound

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Patient ID : JPKH-MRN-48387  
Name : Mrs. JAGNYASMITA GIRI  
Age/Gender : 28Y/F  
Date/Time : 27-01-2024/18:47  
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
Total Cholesterol	135.8 mg/dl	Desirable < 200 mg/dL Borderline 200-239 mg/dL High > 240 mg/dL
Triglycerides	121.0 mg/dL	Normal < 150 mg/dL Borderline High 150-199 mg/dL High 200-499 mg/dL Very high > 500 mg/dL
HDL	56.8 mg/dL	Low < 40 mg/dL Normal 40 -60 mg/dL High > 60 mg/dL
LDL	85.7 mg/dL	Optimal <100 mg/dL Near Optimal 100-129 mg/dL Borderline high 130-159 mg/dL High 160-189 mg/dL Very high >190 mg/dL
VLDL	24.2 mg/dL	15-30 mg/dL Desirable < 20 mg/dL Borderline High 21-39 mg/dL High > 40 mg/dL
TC/HDL Ratio	2.3	( Less than 5.0 )
LDL/HDL	1.5	UPTO 3.5
Sample Collection 27 Jan 2024 / 18:57 Result Approval 28 Jan 2024 / 14:43		
LRN-002370		
Fasting Blood Sugar	102.0 mg/dL	70-110 mg/dl
Observation		
Sample Collection 27 Jan 2024 / 18:57 Result Approval 28 Jan 2024 / 14:16		
LRN-002372		
Glycosylated Haemoglobin	4.4 %	4-6% - NON-DIABETIC 6-7% - GOOD CONTROL

*Rakesh*

Rakesh Sharma  
Lab Technician

**Dr. SHIWANGI**

MBBS, DNB (ONB)  
Certified Pathologist  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

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Patient ID : JPKH-MRN-48387  
Name : Mrs. JAGNYASMITA GIRI  
Age/Gender : 28Y/F  
Date/Time : 27-01-2024/18:47  
Referred By : SELF

## INVESTIGATION

## RESULT

## REFERENCE RANGE

7-8% - FAIR CONTROL  
>8% - ACTION SUGGESTED

Sample Collection 27 Jan 2024 / 18:57  
Result Approval 28 Jan 2024 / 14:16

LRN-002370  
**Uric Acid** 5.6 mg/dL Male 4.0-8.5 mg/dL  
Female: 2.7-7.3 mg/dL

Observation

Sample Collection 27 Jan 2024 / 18:57  
Result Approval 28 Jan 2024 / 14:16

LRN-002371  
**Liver Function Test (LFT)**

<b>Bilirubin Total</b>	0.62 mg/dL	10.0 - 14.0 mg/dL 3-5 Days (Premature) 4.0 - 8.0 mg/dL 3-5 Days (Full Term) 0.0 - 1.0 mg/dL (Adult)
<b>Bilirubin Direct</b>	0.30 mg/dL	0.0 - 0.2 mg/dL
<b>Bilirubin Indirect</b>	0.32 mg/dL	0.0 - 0.8 mg/dL
<b>SGOT</b>	32.0 U/L	upto 40 U/L (Males) upto 32 U/L (Females)
<b>SGPT</b>	26.9 U/L	upto 41 U/L (Males) upto 33 U/L (Females)
<b>Alkaline Phosphatase</b>	84.9 U/L	UPTO 125 U/L
<b>Total Protein</b>	6.95 g/dL	6.0 - 8.0 g/dL
<b>Albumin</b>	4.37 g/dL	3.5 - 5.2 g/dL
<b>Globulin</b>	2.55 g/dL	1.5 - 3.0 g/dL
<b>A/G</b>	1.7	1 - 2

Sample Collection 27 Jan 2024 / 18:57  
Result Approval 28 Jan 2024 / 14:43

Rakesh Sharma  
Lab Technician

Dr. Shivangi  
MBBS, Ch. (DNB)  
Clinical Pathologist  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

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Patient ID : JPKH-MRN-48387  
Name : Mrs. JAGNYASMITA GIRI  
Age/Gender : 28Y/F  
Date/Time : 27-01-2024/18:47  
Referred By : SELF

## INVESTIGATION

## RESULT

## REFERENCE RANGE

LJRN-002269

**Blood Group**  
**RH Typing**  
**Observation**

### HAEMATOLOGY

#### Blood grouping and Rh typing

B  
POSITIVE (+)

Sample Collection 27 Jan 2024 / 18:57  
Result Approval 28 Jan 2024 / 14:16

LJRN-002267

**Haemoglobin**

### Complete Blood Count

12.4 g/dL

13-18g/dL(>15yr Adult Male)  
12-15g/dL(>15yrAdult Female)

**WBC Count**

7110

4000-11,000/cumm

**Differential Count**

**Neutrophils**

60 %

40-75 %

**Lymphocytes**

33 %

20-45 %

**Eosinophils**

02 %

01-08 %

**Monocytes**

05 %

02-10 %

**Basophils**

00 %

00-01 %

**RBC Count**

5.03 million/cumm

4.5-6.0 million/cumm (Male)  
4.0-5.5 million/cumm (Female)

**PCV**

39.6 %

40-54 % (>15yr Adult Male)  
34-48 % (>15yr Adult Female)

**MCV**

78.8 fl

75-95 fl

**MCH**

24.6 pg

26-32 pg

**MCHC**

31.3 %

30-35%

**Platelet Count**

141000 cells/cumm

150000 - 400000 cells/cumm

**Mean Platelet Volume(MPV)**

13.5 fl

7.5-11.5 fl

**RDW-CV**

12.4 %

11-16 %

**RDW-SD**

35.6 %

35-56 %

**Observation**

Sample Collection 27 Jan 2024 / 18:57

*Rakesh*

Rakesh Sharma  
Lab Technician

Dr. SHIWANGI  
MBBS, DCO (2008)  
Consultant Pathologist  
JPK Clinic & Diagnostics  
Super Market, Sultanpur, U.P.

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Patient ID : JPKH-MRN-48387  
Name : Mrs. JAGNYASMITA GIRI  
Age/Gender : 28Y/F  
Date/Time : 27-01-2024/18:47  
Referred By : SELF

## INVESTIGATION

## RESULT

## REFERENCE RANGE

Result Approval 28 Jan 2024 / 14:16

LRN-002368

Erythrocyte sedimentation Rate (ESR)

Erythrocyte sedimentation Rate (ESR)

16 mm/hr

Male : 0 - 10 mm/hr

Female : 0 - 20 mm/hr

Observation

Sample Collection 27 Jan 2024 / 18:57  
Result Approval 28 Jan 2024 / 14:16



*Rakesh*

Rakesh Sharma  
Lab Technician

Dr. SHYAM SINGH  
MD, DNB (Gen Med)  
Consultant Physician  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

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### Facilities Available

- ECG
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Patient ID : JPKH-MRN-48387  
Name : Mrs. JAGNYASMITA GIRI  
Age/Gender : 28Y/F  
Date/Time : 27-01-2024/18:47  
Referred By : SELF

## INVESTIGATION

## RESULT

## REFERENCE RANGE

LRN-002373

Clinical Pathology  
**URINE-ROUTINE/MICROSCOPY**

### PHYSICAL EXAMINATION

Quantity in ml : 20 ML  
Urine Color : PALE YELLOW  
Reaction : ACIDIC

### CHEMICAL EXAMINATION

Leukocytes : NEGATIVE  
Nitrite : NEGATIVE  
Urobilinogen : NEGATIVE  
pH : 6.0  
Blood : NEGATIVE  
Sp.Gravity : 1.020  
Ketone : NEGATIVE  
Bilirubin : NEGATIVE  
Glucose : NEGATIVE  
Protein : NEGATIVE

### MICROSCOPIC EXAMINATION

Epithelial Cells : 1-2/HIGH POWER FIELD  
RBC : NIL  
Pus Cells : 2-3/HIGH POWER FIELD  
Casts : NOT SEEN  
Crystals : NOT SEEN  
Observation :

Sample Collection 27 Jan 2024 / 18:57  
Result Approval 28 Jan 2024 / 14:16

JPK HOSPITAL  
॥ सर्वे सन्तु विद्यमयः ॥

Rakesh

Rakesh Sharma  
Lab Technician

Dr. S. J. Singh  
2024-01-28 14:16  
JPK CLINIC & DIAGNOSTICS  
Super Market, Sultanpur -228 001 (U.P.)

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Patient ID : JPKH-MRN-48387  
Name : Mrs. JAGNYASMITA GIRI  
Age/Gender : 28Y/F  
Date/Time : 27-01-2024/18:47  
Referred By : SELF

## INVESTIGATION

## RESULT

## REFERENCE RANGE

LPH-002374

### CHEMILUMINESCENCE IMMUNOASSAY

#### Thyroid Function Test (T3, T4, TSH)

T3	1.36 ng/mL	0.69-2.15
T4	87.4 ng/mL	52-127
TSH	35.0 $\mu$ IU/mL	21 weeks- 20 years: 0.7-6.4 $\mu$ IU/mL 21-54 years: 0.4 - 4.2 $\mu$ IU/mL 55- 87 years: 0.5 – 8.9 $\mu$ IU/mL Pregnancy: 1st Trimester: 0.24 – 2.99 $\mu$ IU/mL 2nd Trimester: 0.46 – 2.95 $\mu$ IU/mL 3rd Trimester: 0.43 – 2.78 $\mu$ IU/mL

#### Observation

Sample Collection 27 Jan 2024 / 18:57  
Result Approval 28 Jan 2024 / 14:16

— End of Report —



*Rakesh*

Rakesh Sharma  
Lab Technician

Dr. SRI...  
JPK CLINIC & DIAGNOSTICS

JPK CLINIC & DIAGNOSTICS  
A UNIT OF JPK HOSPITALS & TRAUMA CENTER PVT. LTD.

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**JPK HOSPITAL AND TRAUMA CENTER**

Mrs. Jagrasyashmita Giri / 28 Yrs / M / 153 Cms / 63 Kg / HR : 100

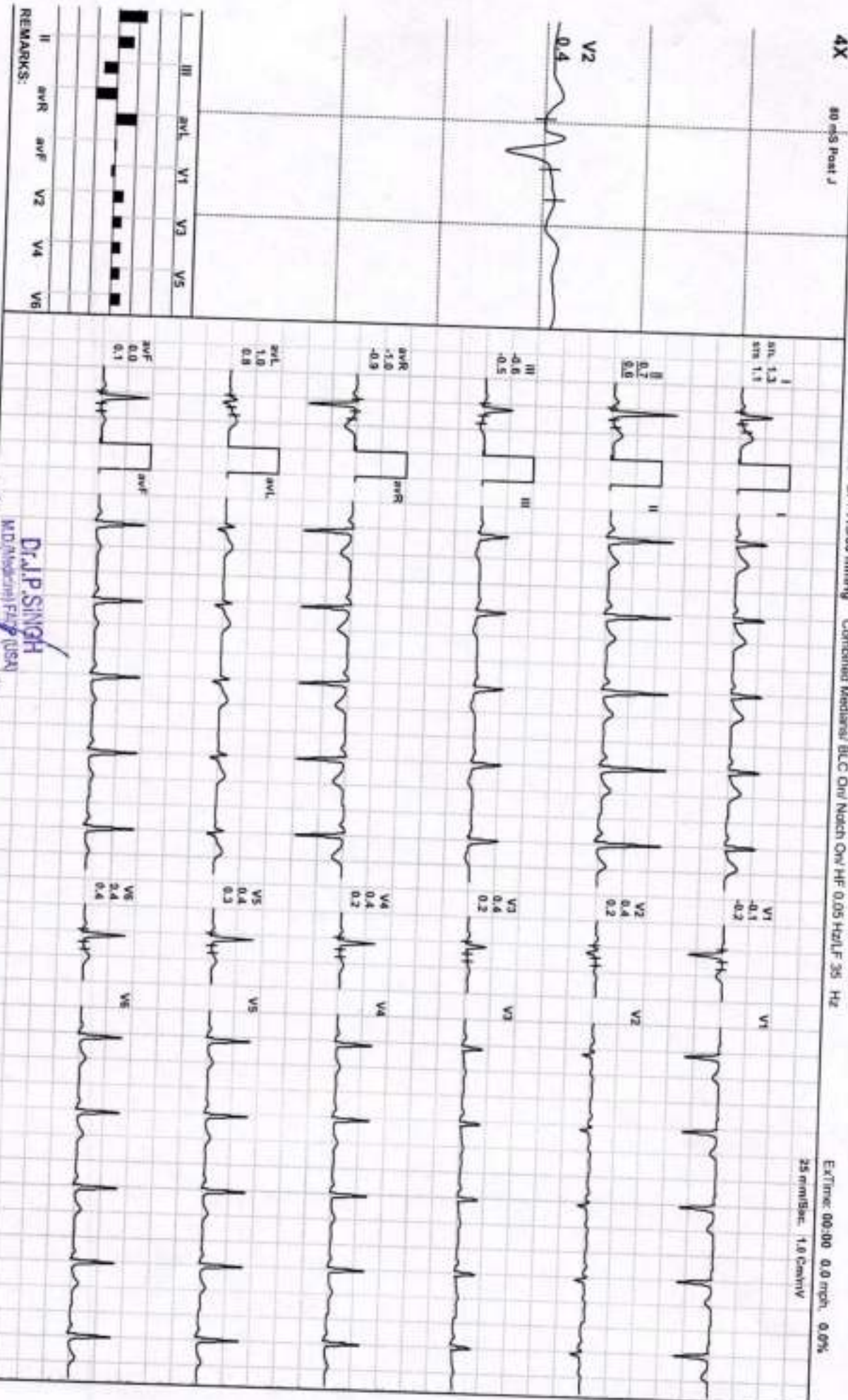
Date: 27-01-2024 11:53:42 AM METS: 1.0/ 100 bpm 52% of THR BP: 115/88 mmHg

4X 80 e/s Post J Combined Medication/ BLC Div/ Nach CW/ HF: 0.05 Hz/ LF: 35 Hz

BRUCE: Supine(0:16)



ExTime: 00:00 0.0 mch. 0.0%  
25 mm/Sec. 1.0 Cm/mV



REMARKS:

II aVR aVF V2 V4 V6

III aVL V1 V3 V5

Dr. J.P. SINGH

M.D. (Medical) FRCP (USA)

Director & Consultant Cardiologist

JPK Clinic & Diagnostics

(A Unit of JPK Hospital & Trauma Center Pvt Ltd)

(AD\_X\_GEMC17220330XRVAluengrs)



**JPK HOSPITAL AND TRAUMA CENTER**

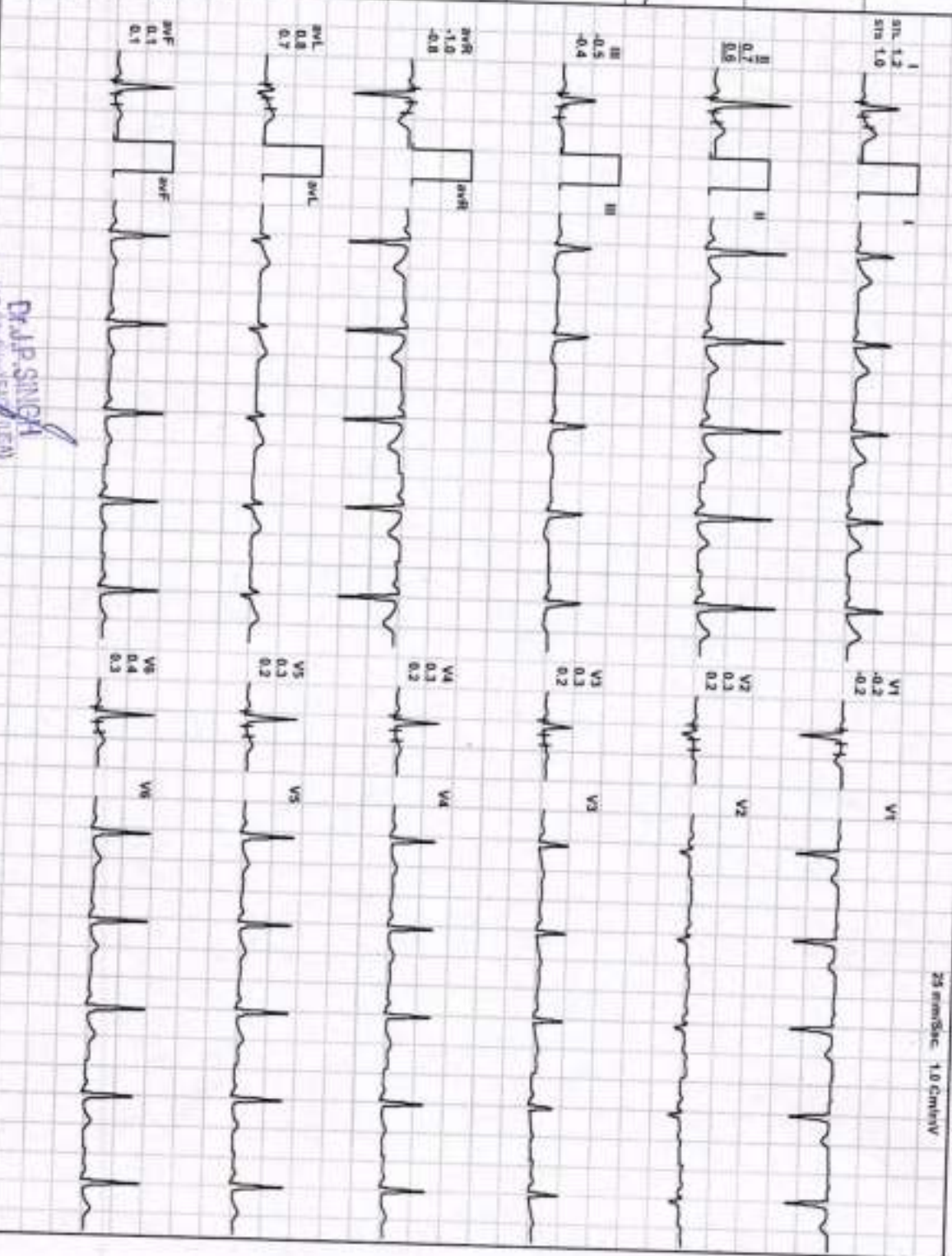
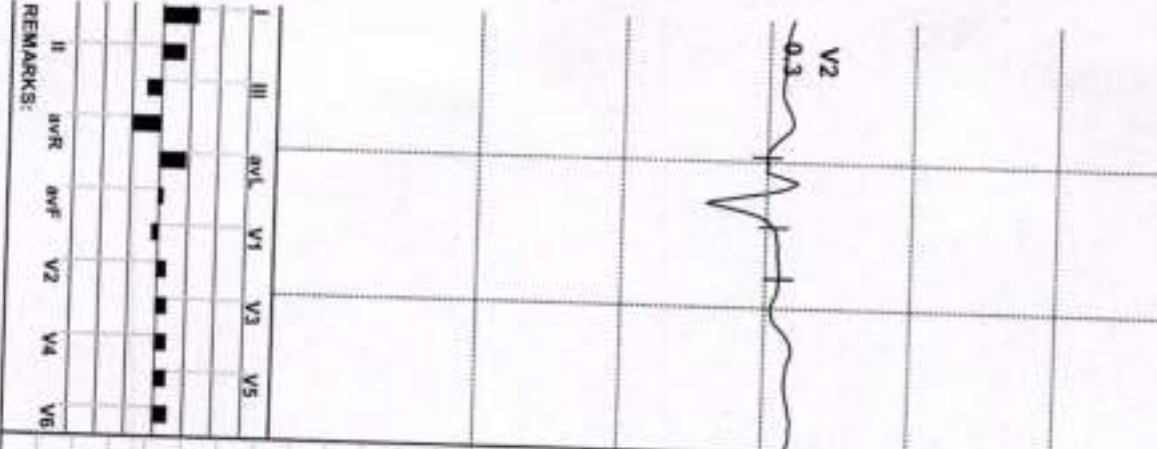
Mrs. Jagnyashrita Giri / 28 Yrs / M / 153 Cms / 63 Kg / HR : 90

Date: 27 - 01 - 2024 11:53:42 AM METS: 1.0 @ 90 bpm 47% of THR BP: 115/80 mmHg

Combined Meds: BLC Ovt Natch Ovt HF 0.05 Half 35 Hz

EXTime: 00:00 0.0 mph 0.0%

**BRUCE: Standing(0:20)**



**Dr. P. SINGH**  
MD, General Physician

Director & Consultant, All Physicians  
JPK Clinic & Diagnostics  
(Wing of JPK Hospital & Trauma Center, Palla)

(ADX\_GEM217220330)R/JulienGers

**JPK HOSPITAL AND TRAUMA CENTER**

Mrs. Jagjyashmita Giri / 28 Yrs / M / 153 Cms / 63 Kg / HR : 82

Date: 27 - 01 - 2024 11:53:42 AM METS: 1.0/ 82 bpm 43% of THR BP: 115/80 mmHg

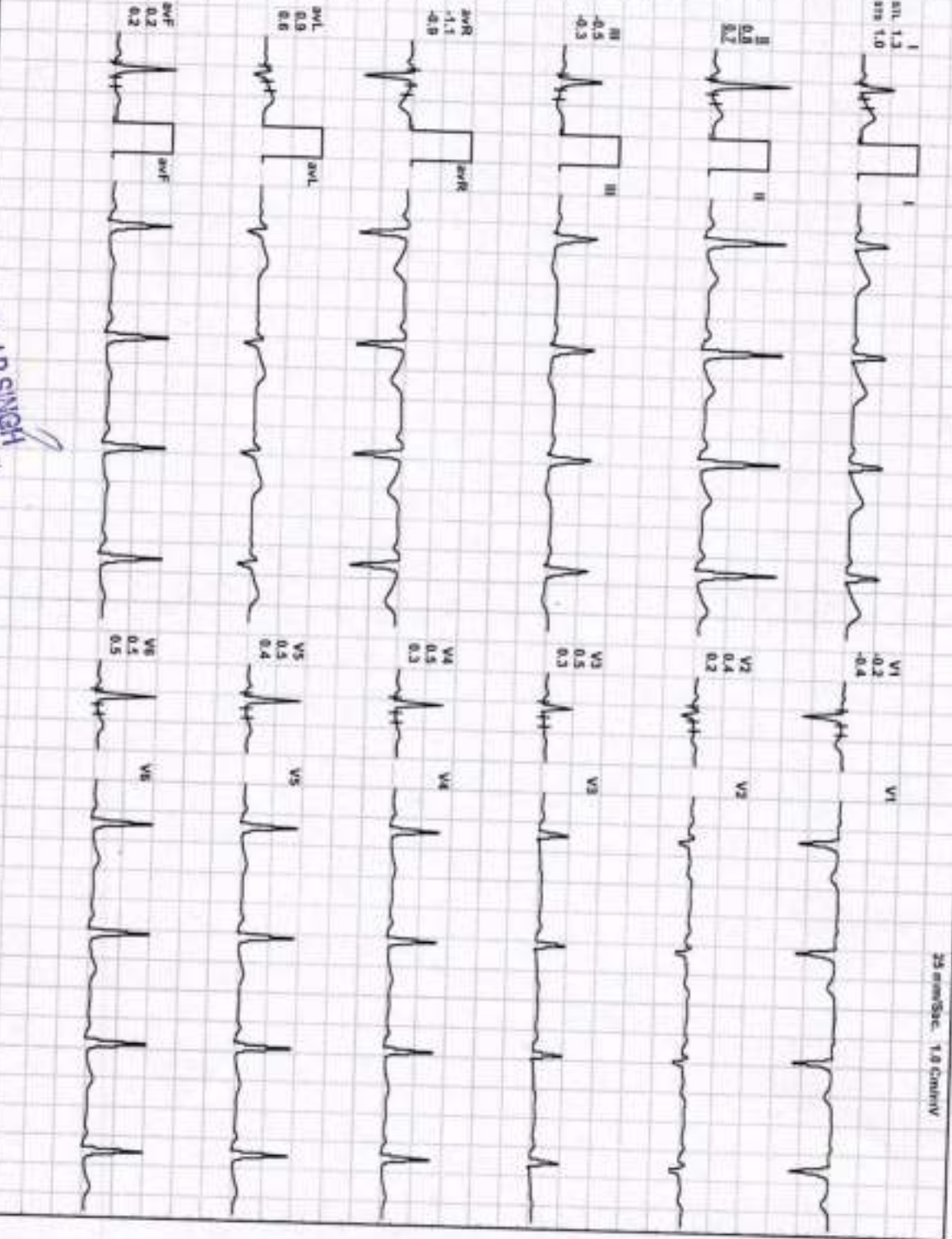
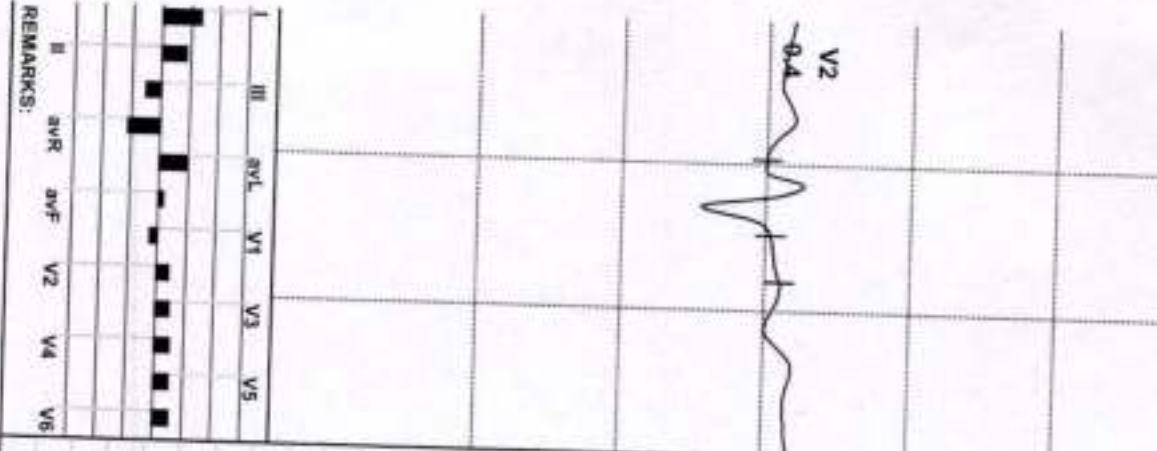
Combined Medial/ BLC On Notch On/ HF: 0.05 HOLF 35 Hz

EXTime: 00:00 0.0 mph, 0.0%

**BRUCE:HV(0:17)**



AX 80 mS Post J



REMARKS:

**Dr. J.P. SINGH**

M.D. (Medical) / Senior Physician  
Director & Consultant  
JPK Clinic & Diagnostics

(ADX\_GEM217220330) (R) Jalenggers



**JPK HOSPITAL AND TRAUMA CENTER**

Mrs. Jagnyashmita Giri / 28 Yrs / M / 153 Cms / 63 Kg / HR : 86

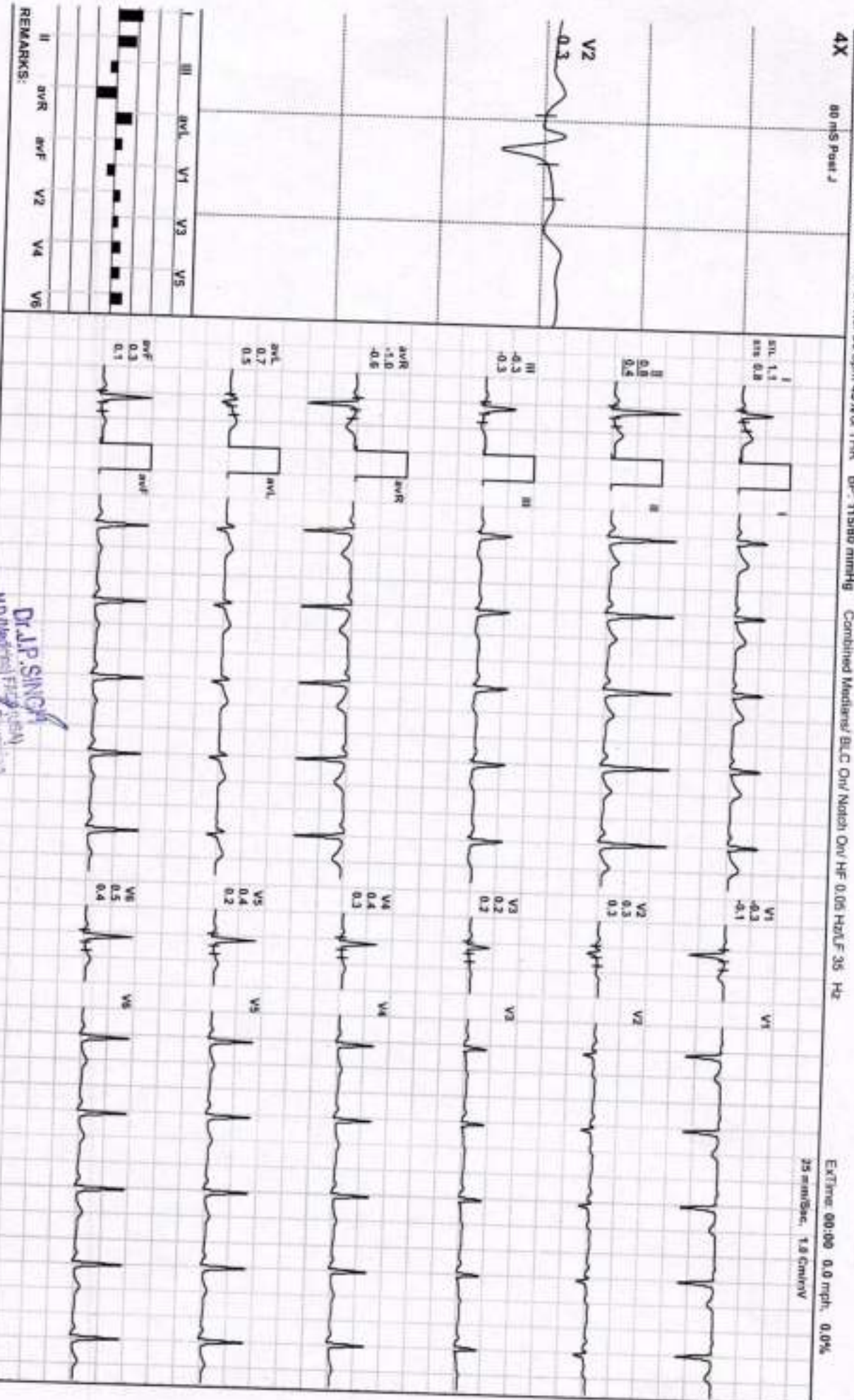
Date: 27 - 01 - 2024 11:53:42 AM METS: 1.0/86 bpm 45% of THR BP: 115/80 mmHg Combined Medications/ BLC On/ Match On/ HF 0.06 Hct/LF 35 Hg

BRUCE: Warm Up(0:17)



4X 80 mS Post J

EXTime: 00:00 0.0 mph, 0.0%  
25 mm/Sec, 1.8 Cm/mV



REMARKS:

II aVR aVL V1 V2 V3 V4 V5 V6

0.3

0.7

0.5

0.3

0.1

0.4

0.5

0.4

0.4

0.4

0.4

0.4

0.4

0.4

0.4

0.4

0.4

**Dr. J.P. SINGH**  
MD, Internal Medicine  
Director & Consultant  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospital & Trauma Center P-111)

(AD\_X\_GENCT17220330)R/Valengers

**JPK HOSPITAL AND TRAUMA CENTER**

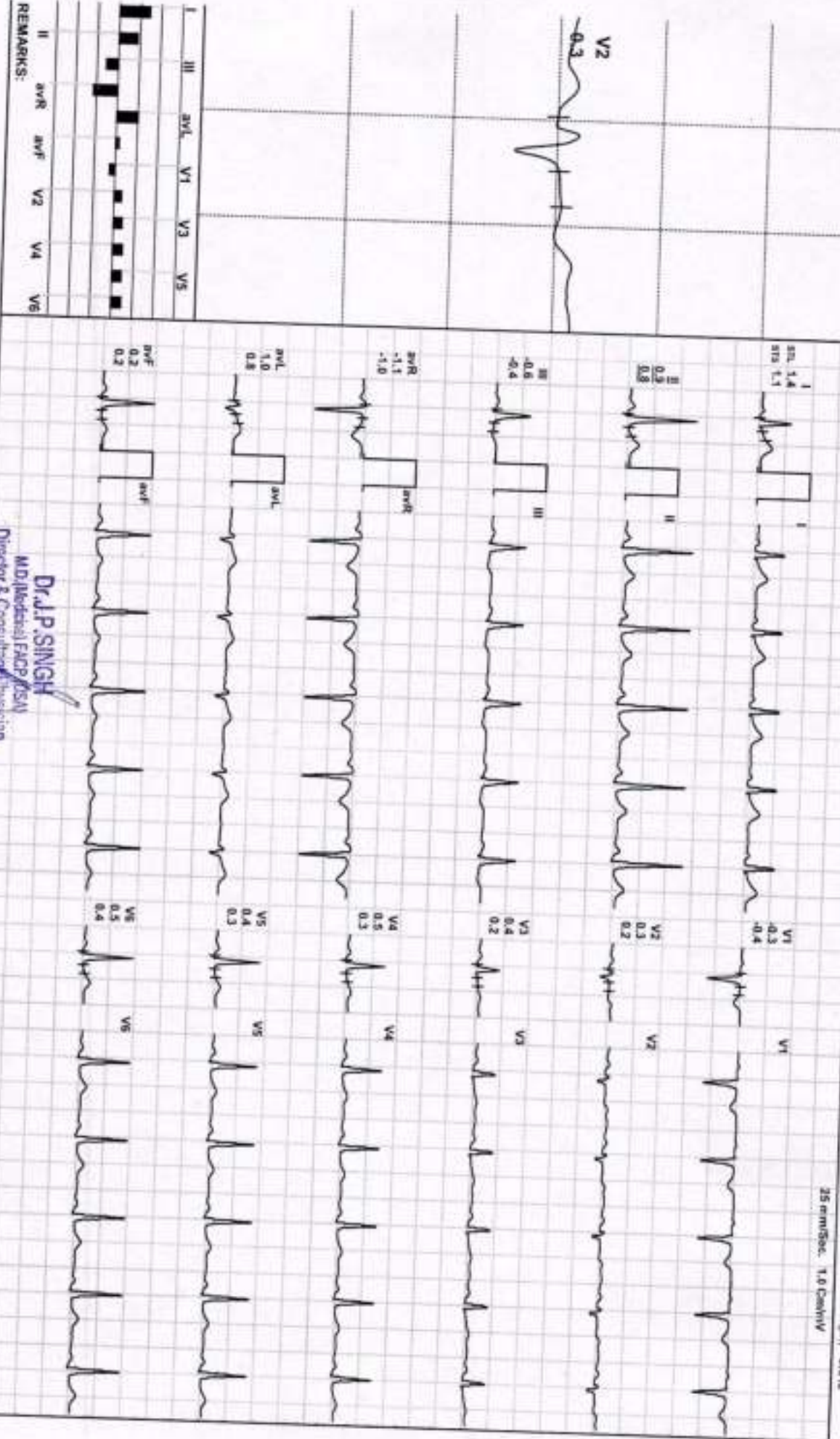
Mrs. Jagnyashmita Giri / 28 Yrs / M / 153 Cms / 63 Kg / HR : 87

Date: 27 - 01 - 2024 11:53:42 AM METS: 1.0/ 87 bpm 45% of THR BP: 115/80 mmHg

4X 60 ms Post J Combined Medial/ BLC Orv Notch Orv HF 0.05 HOLF 35 Hz

ExTime: 00:00 0.0 mV, 0.0%

**ExStart**



**Dr. J.P. SINGH**

M.D. (Medical) FACP / ISAI

Director & Consultant Physician

JPK Clinic & Diagnostics

(A Unit of JPK Hospitals & Trauma Center Pvt Ltd)

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**JPK HOSPITAL AND TRAUMA CENTER**

Mrs. Jagnyashmita Giri / 28 Yrs / M / 153 Cms / 63 Kg / HR : 134

Date: 27 - 01 - 2024 11:53:42 AM METS: 4.7/ 134 bpm 70% of THR BP: 117/82 mmHg

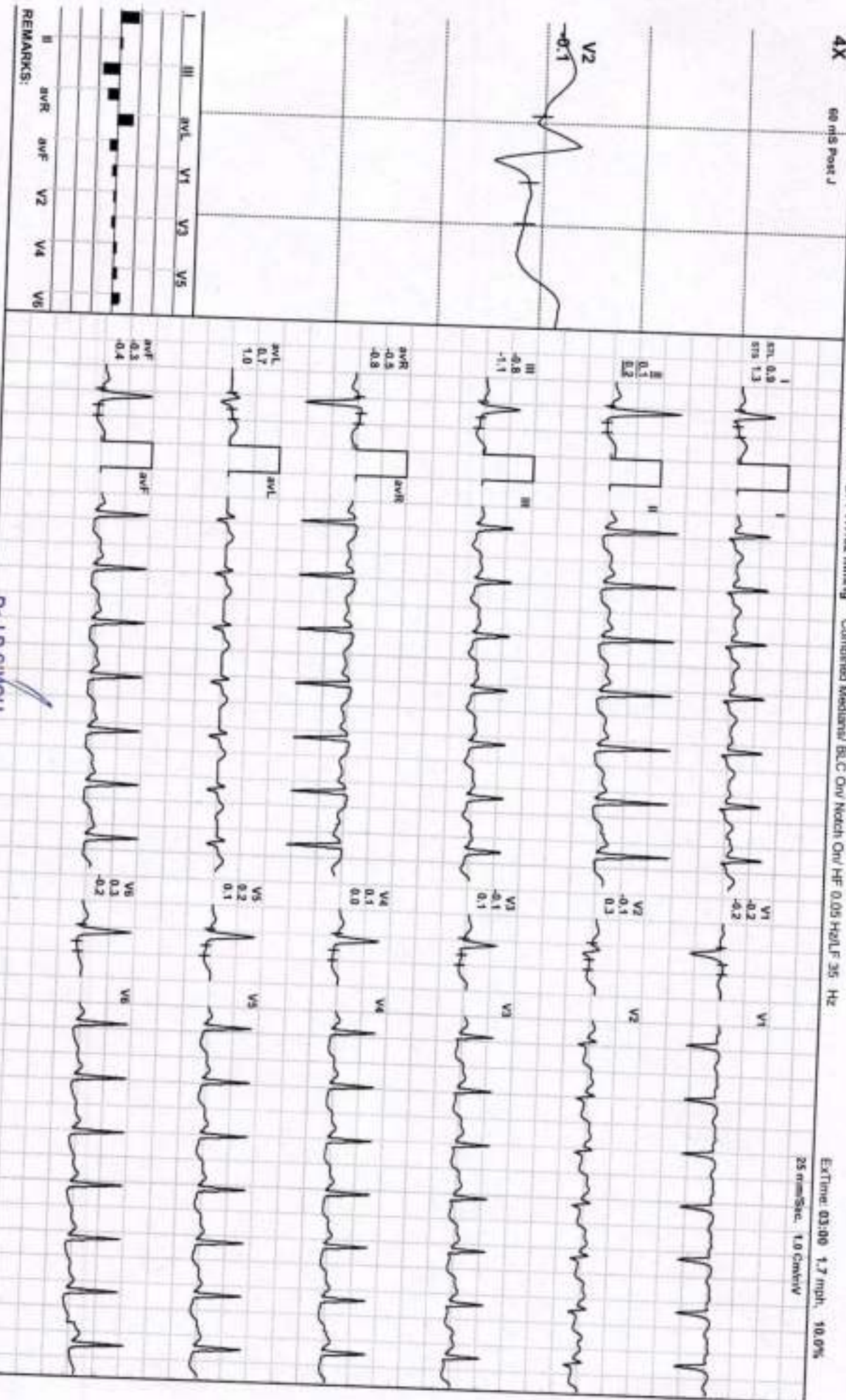
Combined Medians/ B/C On/ Noct On/ HF 0.05 Hg/LF 35 Hz

**BRUCE: Stage 1(3:00)**



4X 60 m/s Post J

ExTime: 03:00 1.7 mph, 10.0%  
25 mm/Sec. 1.0 Cm/mV



REMARKS:

**Dr. J.P. Singh**

MD (Medicine) /ACP (USA)  
Director & Consultant Physician  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospital & Trauma Center Pvt.Ltd)

(ADX\_GEM217220330)/R/Pathengens

**JPK HOSPITAL AND TRAUMA CENTER**

Mrs. Jagnyashmita Giri / 28 Yrs / M / 153 Cms / 63 Kg / HR : 154

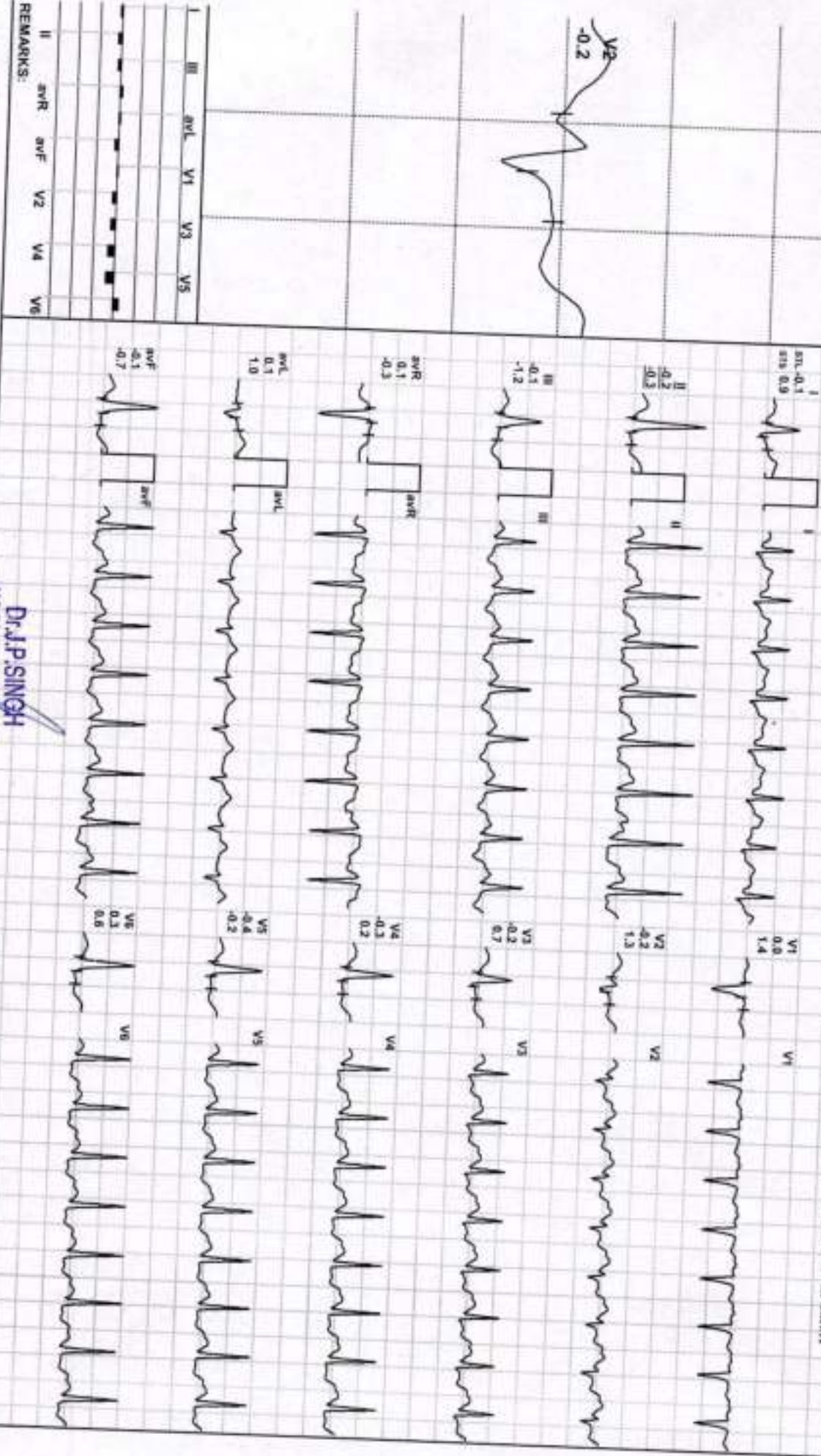
Date: 27 - 01 - 2024 11:53:42 AM METS: 7.1 / 154 bpm 80% of THR BP: 119/84 mmHg

4X 60 mS Post J Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/ LF 35 Hz

**BRUCE: Stage 2(3:00)**



Extreme: 06:00 2.5 mph, 12.0%  
25 mm/Sec, 1.0 Cm/mV



REMARKS:

**Dr. J.P. SINGH**

MD, Medical Director, JPK  
Director & Consultant Physician  
JPK Clinic & Diagnostics  
(At the JPK Hospital & Trauma Center PALLAS)

(ADX\_GEM217220330XR)Allengars



**JPK HOSPITAL AND TRAUMA CENTER**

Mrs. Jeegryashmita Giri / 28 Yrs / M / 153 Cms / 63 Kg / HR : 170

**BRUCE: Stage 3(3:00)**



Date: 27 - 01 - 2024 11:53:42 AM

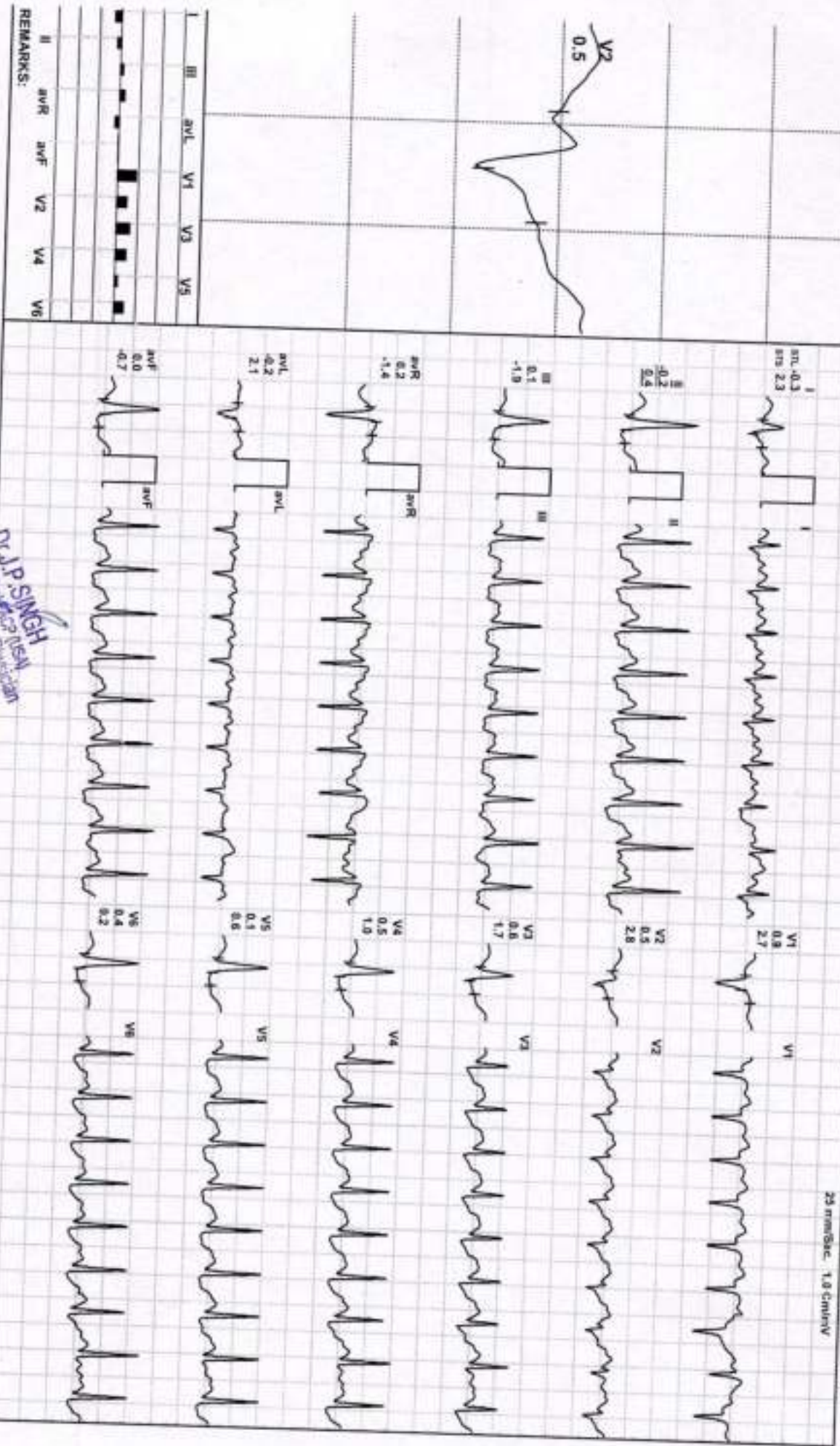
METS: 10.2/ 170 bpm 89% of THR

BP: 121/86 mmHg Combined Medication/ BLC On/ Nadi On/ HF 0.05 Hz/LF 35 Hz

EXTIME: 09:00 3.4 mph, 14.0%

4X 60 mS Pos J

25 mm/Sec, 1.8 cm/mV



REMARKS:

**Dr. P. SINGH**  
CCP Physician

MD, Director of Cardiology  
Director of CCU & Cathlab  
JPK Hospital and Trauma Center

(ADX\_GEM217Z0330)RJA/llengars



# JPK HOSPITAL AND TRAUMA CENTER

Mrs. Jagnyashmita Giri / 28 Yrs / M / 153 Cms / 63 Kg / HR : 173

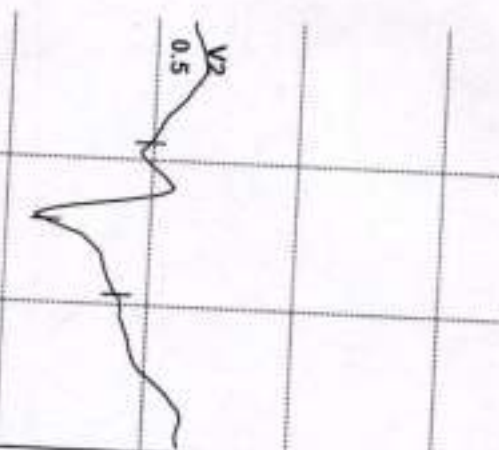
Date: 27 - 01 - 2024 11:53:42 AM METS: 10.3X 173 bpm 90% of THR BP: 12/106 mmHg

4X 60 mS Post J Combined Modems/ BLC Ov/ Natch Ov/ HF 0.05 Hz/ LF 35 Hz

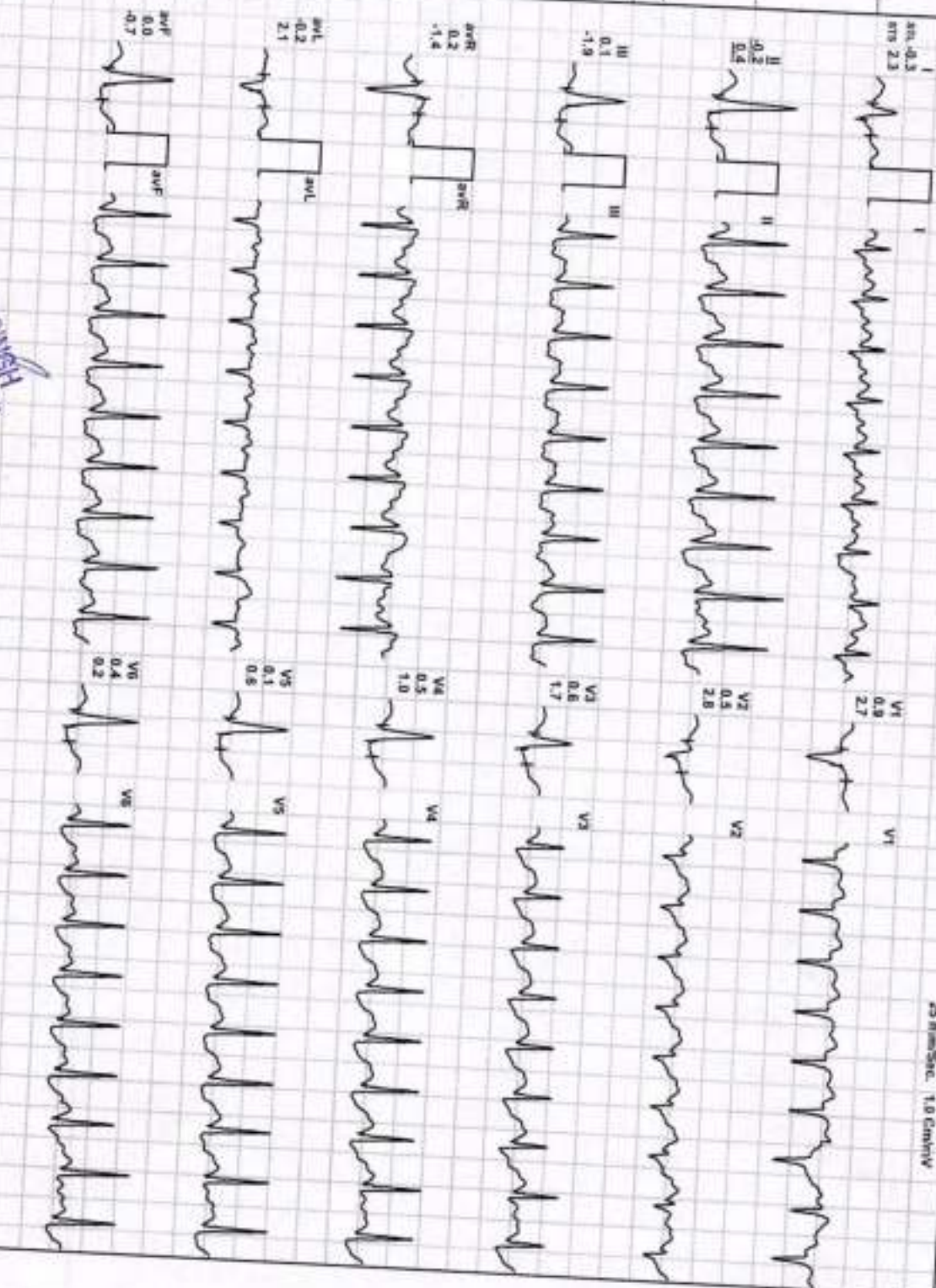
PeakEX



ExTime 09:06 1.0 mph, 0.0%



I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6



REMARKS:

**Dr. J. SINGH**  
 Consultant Physician

M.D. (Medical) / General Physician  
 Director & Consultant in Diagnostics  
 JPK Clinic & Trauma Center (Kuta)

(AD)\_GEN217220330/RJA/Allengers



**JPK HOSPITAL AND TRAUMA CENTER**

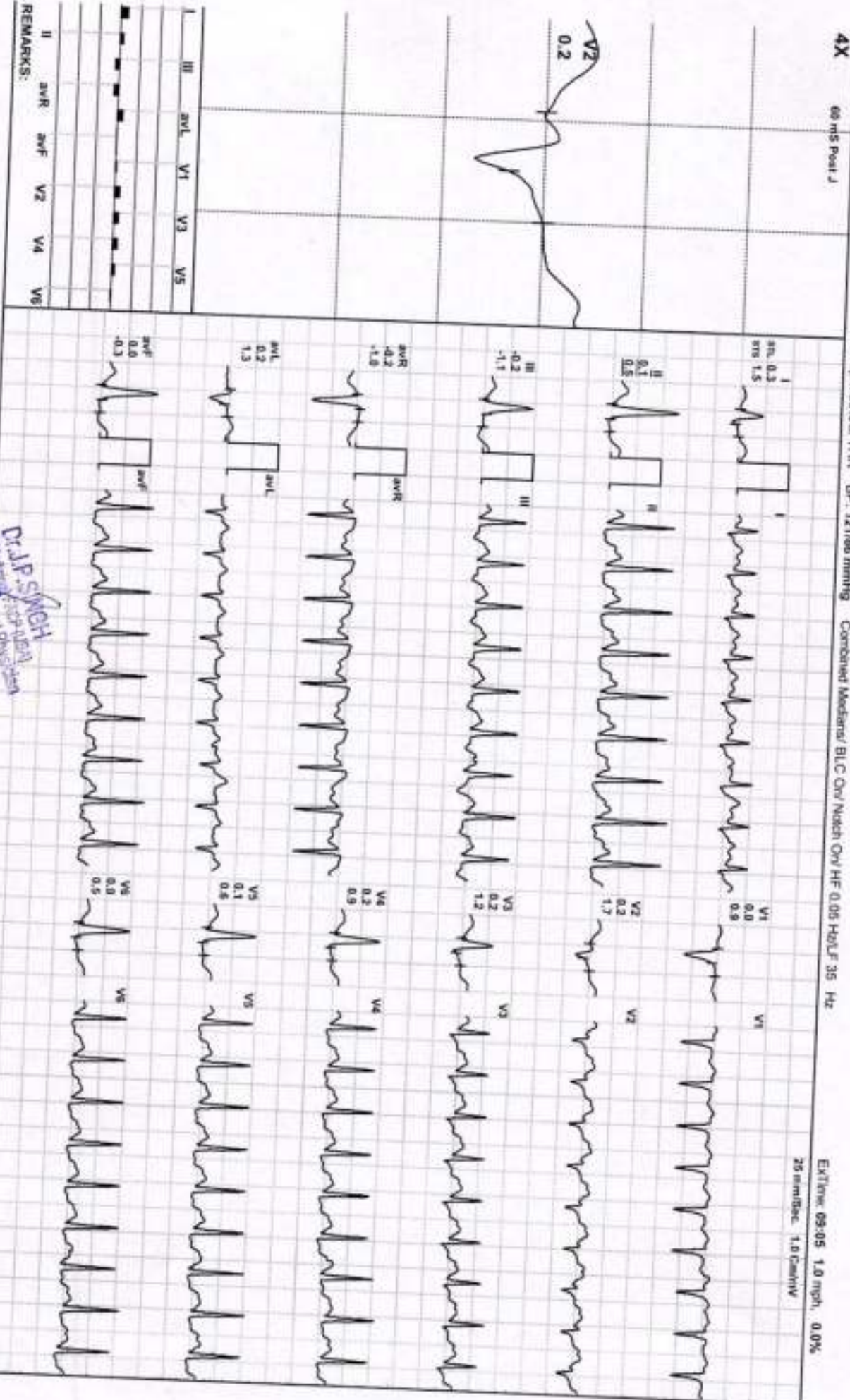
Mrs. Jagnyashruti Giri / 28 Yrs / M / 153 Cms / 63 Kg / HR : 163

Recovery(0:30)



Date: 27 - 01 - 2024 11:53:42 AM METS: 7.2/ 163 bpm 85% of THR BP: 121/86 mmHg Combined Median/ BLC Oxy Satch Oxy HF 0.05 HOLF 35 Hz

EXTIME: 09:05 1.0 mgh, 0.0%  
25 mm/sec 1.0 Cm/mV



REMARKS:

**Dr. J.P. SINGH**  
MD, DM, DNB (Cardiology)  
Senior Physician

Director & Consultant  
JPK Clinic & Diagnostic  
JPK Hospital & Trauma Center (PILSI)

(A Unit of JPK Hospital & Trauma Center PILSI)

(ADX\_GEM217220330)RJA/engr

**JPK HOSPITAL AND TRAUMA CENTER**

Mrs. Jagnyashmita Giri / 28 Yrs / M / 153 Cms / 63 Kg / HR : 155

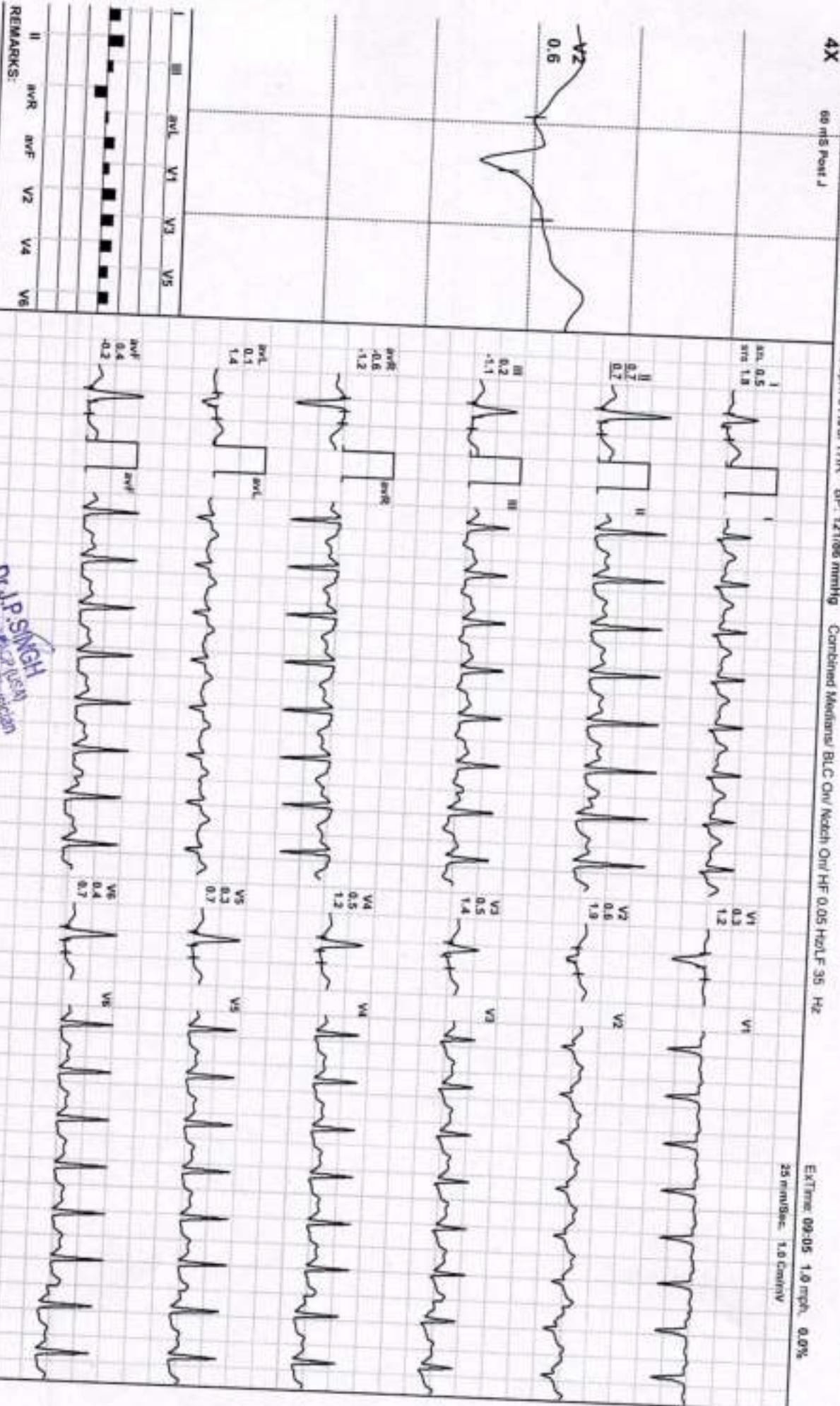
Date: 27 - 01 - 2024 11:53:42 AM METS: 4.2/ 155 bpm 81% of THR BP: 121/86 mmHg

4X 60 mS Post J Combined Medians/ BLC Cvr/ Ncdh Cvr/ HF 0.05 Hz/ LF 35 Hz

Recovery(1:00)



EXTime: 09:05 1.0 mps 0.0%  
25 mm/sec 1.0 Cm/mV



REMARKS:

**Dr. J.P. SINGH**  
 Medical Officer  
 Director & Consultant Physician  
 JPK Clinic & Trauma Center (Pvt.)  
 A Unit of J.K. Hospital & Trauma Center (Pvt.)

(AD\_X\_GEM217220330YR)alengens



**JPK HOSPITAL AND TRAUMA CENTER**  
SULTANPUR Email:

Mrs. Jagnyashmita Giri / 28 Yrs / M / 153 Cms / 63 Kg  
Date: 27 - 01 - 2024 11:53:42 AM Refd By : SELF Examined By: DR. PAWAN KUMAR SINGH

Report



Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	%THR	BP	RRP	PVC	Comments
Supine	00:15	0:15	00.0	00.0	01.0	100	52 %	115/80	115	00	
Standing	00:35	0:20	00.0	00.0	01.0	090	47 %	115/80	103	00	
HV	00:52	0:17	00.0	00.0	01.0	082	43 %	115/80	094	00	
Warm Up	01:08	0:16	00.0	00.0	01.0	086	45 %	115/80	098	00	
ExStart	01:22	0:14	00.0	00.0	01.0	087	45 %	115/80	100	00	
BRUCE Stage 1	04:22	3:00	01.7	10.0	04.7	134	70 %	117/82	156	00	
BRUCE Stage 2	07:22	3:00	02.5	12.0	07.1	154	80 %	119/84	183	00	
BRUCE Stage 3	10:22	3:00	03.4	14.0	10.2	170	89 %	121/86	205	00	
PeakEx	10:27	0:05	01.0	00.0	10.3	173	90 %	121/86	209	00	
Recovery	10:57	0:30	01.0	00.0	07.2	163	85 %	121/86	197	00	
Recovery	11:27	1:00	01.0	00.0	04.2	155	81 %	121/86	187	00	
Recovery	11:39	1:11	00.0	00.0	03.1	149	78 %	121/86	180	00	

**FINDINGS :**

Exercise Time : 09:05  
 Initial HR (ExStrt) : 87 bpm 45% of Target 192  
 Initial BP (ExStrt) : 115/80 (mm/Hg)  
 Max Workload Attained : 10.3 Good response to induced stress  
 Max ST Dep Lead & Avg ST Value : V4 & -1.6 mm in Stage 3  
 Duke Treadmill Score : 08.6  
 Test End Reasons : Test Complete

Max HR Attained 173 bpm 90% of Target 192  
 Max BP Attained 121/86 (mm/Hg)  
 VO2Max : 36.1 ml/Kg/min (Poor)

**REPORT :**

TEST OBJECTIVE : ROUTINE CHECK UP  
 ACTIVITY : VERY ACTIVE

**Dr. J.P. SINGH**  
 M.D. (Internal Medicine) USA  
 Director & Consultant Physician  
 JPK Clinic & Diagnostics  
 3rd Flr, 1st Stage, Sultanpur, Trauma Center (HUB)

Doctor : DR JP SINGH

OTHER INVESTIGATION	:	NO
REASON FOR TERMINATION	:	TEST COMPLETE
EXERCISE TOLERANCE	:	GOOD
EXERCISE INDUCED ARRHYTHMIAS	:	NO
HAEMODYNAMIC RESPONSE	:	NORMAL
CHRONOTROPIC RESPONSE	:	NORMAL
FINAL IMPRESSION	:	STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE

**Dr. J.P. SINGH**  
 M.D. (Medicine), FICP (USA)  
 Director & Consultant Physician  
 JPK Clinic & Diagnostic Centre  
 (A Unit of J.P. Hospital & Trauma Centre Pvt. Ltd.)





भारत सरकार

GOVERNMENT OF INDIA

ISSUE DATE: 04/17/2013



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Jagnyasmita Giri

DOB: 10/07/1995

FEMALE

Mobile No.: 7463816675

**8211 6117 3113**

VID : 9169 5232 3894 5794

**MERA AADHAAR, MERI PEHCHAAN**