

Name : Mr. NIRJHAR BASWAL

Age: 31 Y

Sex: M

UHID:SCHI.0000018366

OP Number: SCHIOPV26622

Bill No: SCHI-OCR-9573 Date : 24.02.2024 08:53

Address : DELHI

: ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN

INDIA OP AGREEMENT

| Sno | Serive Type/ServiceName | Department |
|------|--|--|
| 1 | ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D I | ECHO - PAN INDIA - FY2324 |
| 1 | GAMMA GLUTAMYL TRANFERASE (GGT) | |
| 2 | PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) | |
| 3 | 2 D ECHO ℓ / | |
| 4 | LIVER FUNCTION TEST (LFT) | |
| 5 | GLUCOSE, FASTING | |
| 6 | HEMOGRAM + PERIPHERAL SMEAR | |
| 7 | DIET CONSULTATION | - |
| 8 | COMPLETE URINE EXAMINATION — | |
| 9 | URINE GLUCOSE(POST PRANDIAL) | |
| 10 | PERIPHERAL SMEAR | |
| 11 | ECG L | The state of the s |
| 12 | RENAL PROFILE/RENAL FUNCTION/TEST (RFT/KFT) | |
| [3 | DENTAL CONSULTATION | - |
| 14 | GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL) | 100000000000000000000000000000000000000 |
| 15 | VITAMIN D - 25 HYDROXY (D2+D3) | |
| 16 | URINE GLUCOSE(FASTING) | |
| 17 | HbA1c, GLYCATED HEMOGLOBIN — | |
| 18 | ALKALINE PHOSPHATASE - SERUM/PLASMA | |
| 19 | X-RAY CHEST PA | |
| 20 | INT CONSULTATION | |
| 21 | FITNESS BY GENERAL PHYSICIAN | |
| 22 | BLOOD GROUP ABO AND RH FACTOR | |
| 23 | VITAMIN B12 — | |
| 24 | LIPID PROFILE | |
| 25 | BODY MASS INDEX (BMI) | |
| (26) | OPTHAL BY GENERAL PHYSICIAN (OC) | |
| 27 | ULTRASOUND - WHOLE ABDOMEN | |
| 28 | THYROID PROFILE (TOTAL T3, TOTAL T4, TSH) | |
| | | |

| Height | 7346.1.63 CM |
|-----------|--------------|
| Malajaht. | 7.5.6 |
| weight | 110 180 |
| B.P: | 60 |
| Pulse: | 66 |
| SP02: | 997: |



CERTIFICATE OF MEDICAL FITNESS

| at h | reviewing the medical history and on clinical examination it has been found e/she is | Ti |
|------|--|----|
| | | |
| • | Medically Fit | |
| • | Fit with restrictions/recommendations | |
| | Though following restrictions have been revealed, in my opinion, these are not impediments to the job. | |
| | 1 | |
| | 2 | |
| | 3 | |
| | However the employee should follow the advice/medication that has been communicated to him/her. | |
| | Review after | |
| • | Currently Unfit. | |
| | Review afterrecommended | 1 |

Dr. Medical Officers
The Apollo Clinic, Uppal

This certificate is not meant for medico-legar purposes

PREVENTIVE HEALTH CARE SUMMARY

| NAME :- Nining | UHID No: 18366 |
|---|--------------------------------------|
| AGE/GENDER:- 3/4 | RECEIPT No :- |
| PANEL: As colem | EXAMINED ON: - 24 |
| Chief Complaints: | |
| Past History: | |
| DM : Nil Hypertension : Mil CAD : Nil | CVA : NII Cancer : Nit Other : Nil |
| Personal History: | |
| Alcohol : Nil Smoking : Nil : | Activity : Active Allergies : Nil He |
| General Physical Examination: | |
| Height 163 : cms Weight 73.6 Rest of examination was within normal limits. | Pulse 60 m bpm bpm mmHg |
| Systemic Examination: | |

CVS Respiratory system Abdominal system CNS Others Normal Normal Normal Normal Normal

PREVENTIVE HEALTH CARE SUMMARY

| NAME :- NITTURA | UHID No: |
|-----------------|-----------------|
| AGE :- | RECEIPT No : - |
| PANEL: | EXAMINED ON : - |

Investigations:

All the reports of tests and investigations are attached herewith

Recommendation:

Cap My vite D₃ 60 konce a weelly Cap a Adrive once a Day 2 months

Dr. Navneet Kaur
Consultant Physician

Dr. Prachi Sharma

BDS, MDS - Prosthodontics and Crown & Bridge DDC No: A-14151

For Appointment: +91 11 4046 5555

Mob.: +91 9910995018

Email: drusha.maheshwari@apollospectra.com



Mr. Niejhan Baswal.

314/Male.

40: Regular Dental Check - 4p
M/H!- N.R.

PDH!- Scaling, few moveles back.

O/E!- Calculus t.

Stains present,

Advised!- Scaling & Oral Prophylanis.

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Ry. Interdental Bursh (Thermoseal Naerow). Ph.

24.2-24 DR. (Pof.) Ameet Kishore SENIOR CONSULTANT SURGEON MBBS, (AFMC), FRCS(Glass), FRCS(Edin), FRCS-ORL(UK) Ear, Nose, Throat & Neuro-Octology Mr. Nirghan Baswel 31/M HOSPITALS Specialists in Surgery For Appointment: +91 1140465555 M: +91 9910995018 Health Chein **DR. Sharad Nair** MBBS,MS,(ENT),FHNORS **CONSULTANT SURGEON** Ear, Nose, & Throat Head, Neck & Cancer Surgery Le Remond Mucus FESS - 2017 For Appointment: +91 1140465555 M: +91 9910995018 DR. Ashwani Kumar MBBS, DNB, MNAMS Kypoimi **CONSULTANT SURGEON** Ear, Nose, & Throat Surgery Allergy Specialist Synechiae (2) Side For Appointment: +91 1140465555 M: +91 9910995018 (R) Side - Polypa A Ear WMZ Clarised 200 mg BD 00 K5 MASOWASH KOT IS gow 1 - MA ZWEEN Allegra N/s Muff BD 12-1123 week - Tor Montek-LC MI-OKIO

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- TEPT & Immun Km.

Apollo Specialty Hospital Pvt. Ltd.

| ∃ | | | \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ | | ID: 18366 Nirjhar Baswal Male 31Years Req. No. : |
|----------|---|--|---------------------------------------|---------------------------------------|---|
| > | | \{ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ | <u>}</u> | | val ars |
| | | <u> </u> | <u>}</u> | | |
| <u> </u> | la VI | | | QRS QT/QTcBa P/QRS/T RV5/SV1 | 24-02-2024 HR P P |
| > | | | <u>}</u> | | **::**::: |
| <u> </u> | <u> </u> | <u>-</u> | } | s ms 7 ° 610 mV | S M |
| | \(\frac{\frac}{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac}}}}}}}{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac}}}}}}}{\frac{\frac{\frac{\frac{\frac{\frac{\frac}}}}{\frac{\fire}{\frac{\frac{\frac{\frac}}}}{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac}}}}}{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac}}}}{\frac{\frac{ | | \\ \ | Report Confir | Diagnosis Information: Sinus Arrhythmia |
| | | | <u>}</u> | med by: | rmation: thmia |
|) | ¥6 | <u>4</u> 5 | 4 | | |
| | <u> </u> | | } | | |
| | | <u> </u> | | | |
| | | | | | ORS : 87 ms OTOTICEZ : 382/395 ms PORST : 54/3147 nv RVSSVI : 1.694/0.610 mV Report Confirmed by: AVE VI |



Patient Name

: Mr. NIRJHAR BASWAL

: SCHI.0000018366 : Dr. MUKESH K GUPTA

Age OP Visit No Conducted Date : 31 Y/M

SCHIOPV26622 24-02-2024 17:35

Conducted By: Referred By

MITRAL VALVE

Morphology

Doppler

AML-Normal/Thickening/Calcification/Flutter/Vegetation/Prolapse/SAM/Doming

PML-Normal/Thickening/Calcification/Prolapse/Paradoxical motion Fixed

Subvalvular deformity Present/Absent.

E>A

Normal/Abnormal Mitral Stenosis

Present/Absent MDG____mmHg RR Interval MVA___

Score

E = A

EDG____mmHg Mitral Regurgitation

Absent/Trivial/Mild/Moderate/Severe

TRICUSPID VALVE

Morphology

Normal/Atresia/Thickening/Calcification/Prolapse/Vegetation/Doming

Normal/Abnormal

Tricuspid stenosis

Present/Absent

RR interval

__mmHg

mmHe

Tricuspid regurgitation:

Absent/Trivial/Mild/Moderate/Severe Fragmented signals

Velocity___ __msec. Pred. RVSP=RAP+_ mmHg

PULMONARY VALVE

Morphology

Normal/Atresia/Thickening/Doming/Vegetation.

Doppler

Normal/Abnormal.

Pulmonary stenosis

Present/Absent PSG____mmHg

Pulmonary annulus___mm

Pulmonary regurgitation

Early diastolic gradient_

Absent/Trivial/Mild/Moderate/Severe _mmHg. End diastolic gradient_mmHg

AORTIC VALVE

Morphology

Normal/Thickening/Calcification/Restricted opening/Flutter/Vegetation

No. of cusps 1/2/3/4

Doppler

Normal/Abnormal Aortic stenosis

mmHg

Aortic annulus

Aortic regurgitation

Absent/Trivial/Mild/Moderate/Severe

| Measureme | nts | Normal Values | Measurements | | Normal values |
|-----------|-----|----------------|------------------|-----|---------------------|
| Aorta | 2.8 | (2.0 - 3.7cm) | LA es | 3.2 | (1.9 - 4.0cm) |
| LV es | 3.0 | (2.2 - 4.0 cm) | LV ed | 4.5 | (3.7 - 5.6cm) |
| IVS ed | 0.9 | (0.6 - 1.1cm) | PW (LV) | 0.8 | (0.6 - 1.1 cm) |
| RV ed | | (0.7 - 2.6 cm) | RV Anterior wall | | (upto 5 mm) |
| LVVd (ml) | | | LVVs (ml) | | |
| EF | 58% | (54%-76%) | IVS motion | Nor | mal/Flat/Paradoxica |

CHAMBERS:

Normal/Enlarged/Clear/Thrombus/Hypertrophy

Contraction

Normal/Reduced

Regional wall motion abnormality

Absent

Normal/Enlarged/Clear/Thrombus

RA

Normal/Enlarged/Clear/Thrombus

RV

Normal/Enlarged/Clear/Thrombus

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PERICARDIUM

COMMENTS & SUMMARY

- Normal LV systolic function No RWMA, LVEF=58%
- v Grade I LVDD
- Trivial MR
- v No AR,PR & TR
- v No I/C clot or mass v Good RV function
- v Normal pericardium v No pericardial effusion

Dr. M K Gupta M.B.B.S, MD, FIACM Senior Consultant Cardiologist

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| Name: | NIRJHAR BASWAL | Age/Sex: | 31 | Yrs./M |
|---------|----------------|----------|--------|--------|
| UHID: | 18366 | <u> </u> | | |
| Ref By: | APOLLO SPECTRA | Date:- | 24.02. | 2024 |

ULTRASOUND WHOLE ABDOMEN

Liver: Appears normal in size, and echotexture. Intrahepatic biliary radicles are not dilated. No focal or diffuse lesion is seen. CBD and portal vein are normal in caliber.

Gall Bladder: normally distended with clear lumen and normal wall thickness. No calculus or sludge is seen.

Pancreas and Spleen: Appears normal in size and echotexture.

Both Kidneys: are normal in size, shape, and echopattern. The parenchymal thickness is normal and cortico-medullary differentiation is well maintained. Pelvicalyceal systems are not dilated. No calculus or mass lesion is seen. Ureter is not dilated.

Urinary Bladder: is moderately distanded and shows no obvious calculus or sediments. Bladder wall thickness is normal.

Prostate: normal in size, weight 18.7 Gms. It is normal in echotexture with no breech in the capsule.

No free fluid seen.

IMPRESSION: NO SIGNIFICANT ABNORMALITY

Please correlate clinically and with lab. Investigations.

DR. MONICA CHHABRA Consultant Radiologist

> Dr. MONICA CHHABRA Consultant Radiologist DMC No. 18744 Apollo Spectra Hospitals New Delhi-110019

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| 1A16 6/6-N6 Expan 40-Ni |
|---------------------------|
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| - Colour Maion of Os com |
| - Adla -3.01-0.2124. Coll |
| - Fragor-BB com. |
| |

Adv. - Continue glan

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Ph: 011-40465555, 9910995018 | www.apollospectra.com

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DIGITAL X-RAY REPORT

| NAME: NIRJHAR | DATE: 24.02.2024 |
|---------------|--------------------|
| UHID NO: 1836 | AGE: 31YRS/ SEX: M |

X-RAY CHEST PA VIEW

Both the lung fields show no active parenchymal pathology.

Both the costophrenic angles are clear.

Heart size is normal.

Both the domes of diaphragm are normal.

Bony thorax appears normal.

IMPRESSION: NO SIGNIFICANT ABNORMALITY

Please correlate clinically and with lab investigations

DR. MONICA CHHABRA

Consultant Radiologist

Dr. MONICA CHHABRA Consultant Radiologist DMC No. 18744

Apollo Spectra Hospitals New Delhi-110019





Age/Gender : 31 Y 3 M 0 D/M
UHID/MR No : SCHI.0000018366

Visit ID : SCHIOPV26622

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 789456123789 Collected : 24/Feb/2024 08:56AM Received : 24/Feb/2024 09:18AM

Reported : 24/Feb/2024 04:53PM

Status : Final Report
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

PERIPHERAL SMEAR, WHOLE BLOOD EDTA

Dr. SHWETA GUPTA
MBBS,MD (Pathology)
Consultant Pathology
SIN No:BED240047919

Page 1 of 17







Patient Name : Mr.NIRJHAR BASWAL

Age/Gender : 31 Y 3 M 0 D/M

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: Dr.SELF

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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324

| | | Unit | Bio. Ref. Range | Method |
|--------------------------------------|----------|-------------------------|-----------------|------------------------------|
| HEMOGRAM , WHOLE BLOOD EDTA | | | | |
| HAEMOGLOBIN | 14.7 | g/dL | 13-17 | CYANIDE FREE COLOUROMETER |
| PCV | 47.10 | % | 40-50 | PULSE HEIGHT AVERAGE |
| RBC COUNT | 5.74 | Million/cu.mm | 4.5-5.5 | Electrical Impedence |
| MCV | 82 | fL | 83-101 | Calculated |
| MCH | 25.6 | pg | 27-32 | Calculated |
| MCHC | 31.2 | g/dL | 31.5-34.5 | Calculated |
| R.D.W | 15.1 | % | 11.6-14 | Calculated |
| TOTAL LEUCOCYTE COUNT (TLC) | 6,020 | cells/cu.mm | 4000-10000 | Electrical Impedance |
| DIFFERENTIAL LEUCOCYTIC COU | NT (DLC) | | | |
| NEUTROPHILS | 57.4 | % | 40-80 | Electrical Impedance |
| LYMPHOCYTES | 28.6 | % | 20-40 | Electrical Impedance |
| EOSINOPHILS | 4.9 | % | 1-6 | Electrical Impedance |
| MONOCYTES | 8.4 | % | 2-10 | Electrical Impedance |
| BASOPHILS | 0.7 | % | <1-2 | Electrical Impedance |
| ABSOLUTE LEUCOCYTE COUNT | | | | |
| NEUTROPHILS | 3455.48 | Cells/cu.mm | 2000-7000 | Calculated |
| LYMPHOCYTES | 1721.72 | Cells/cu.mm | 1000-3000 | Calculated |
| EOSINOPHILS | 294.98 | Cells/cu.mm | 20-500 | Calculated |
| MONOCYTES | 505.68 | Cells/cu.mm | 200-1000 | Calculated |
| BASOPHILS | 42.14 | Cells/cu.mm | 0-100 | Calculated |
| Neutrophil lymphocyte ratio (NLR) | 2.01 | | 0.78- 3.53 | Calculated |
| PLATELET COUNT | 194000 | cells/cu.mm | 150000-410000 | IMPEDENCE/MICROSCOPY |
| ERYTHROCYTE SEDIMENTATION RATE (ESR) | 08 | mm at the end of 1 hour | 0-15 | Modified Westergren |
| PERIPHERAL SMEAR | | | | |

RBCs ARE NORMOCYTIC NORMOCHROMIC.

TLC , DLC WITHIN NORMAL LIMIT. NO IMMATURE CELLS ARE SEEN. PLATELETS ARE ADEQUATE.

Page 2 of 17



Dr. SHWETA GUPTA MBBS,MD (Pathology) Consultant Pathology SIN No:BED240047919





Age/Gender : 31 Y 3 M 0 D/M
UHID/MR No : SCHI.0000018366

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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324

NO HEMOPARASITES SEEN

Page 3 of 17







Age/Gender : 31 Y 3 M 0 D/M

UHID/MR No : SCHI.0000018366 Visit ID : SCHIOPV26622

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 789456123789 Collected : 24/Feb/2024 08:56AM Received : 24/Feb/2024 09:18AM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

: 24/Feb/2024 02:32PM

DEPARTMENT OF HAEMATOLOGY

Reported

ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Range | Method | | | | |
|---|----------|------|-----------------|---|--|--|--|--|
| BLOOD GROUP ABO AND RH FACTOR, WHOLE BLOOD EDTA | | | | | | | | |
| BLOOD GROUP TYPE | В | | | Forward & Reverse Grouping with Slide/Tube Aggluti | | | | |
| Rh TYPE | POSITIVE | | | Forward & Reverse Grouping with Slide/Tube Agglutination | | | | |

Page 4 of 17









Age/Gender : 31 Y 3 M 0 D/M

UHID/MR No : SCHI.0000018366

Visit ID : SCHIOPV26622

: Dr.SELF

Emp/Auth/TPA ID : 789456123789

Collected : 24/Feb/2024 08:56AM

Received : 24/Feb/2024 09:18AM

Reported : 24/Feb/2024 11:34AM Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|------------------------------|--------|-------|-----------------|-----------|
| GLUCOSE, FASTING, NAF PLASMA | 100 | mg/dL | 70-100 | GOD - POD |

Comment:

Ref Doctor

As per American Diabetes Guidelines, 2023

| Fasting Glucose Values in mg/dL | Interpretation |
|---------------------------------|----------------|
| 70-100 mg/dL | Normal |
| 100-125 mg/dL | Prediabetes |
| ≥126 mg/dL | Diabetes |
| <70 mg/dL | Hypoglycemia |

Note

- 1. The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- 2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Page 5 of 17



Dr. SHWETA GUPTA
MBBS,MD (Pathology)
Consultant Pathology
SIN No:PLF02111870





Patient Name : Mr.NIRJHAR BASWAL

Age/Gender : 31 Y 3 M 0 D/M

UHID/MR No : SCHI.0000018366

: Dr.SELF

Visit ID : SCHIOPV26622

Emp/Auth/TPA ID : 789456123789 Collected : 24/Feb/2024 08:56AM

Received : 24/Feb/2024 01:52PM

Reported : 24/Feb/2024 02:22PM

: Final Report Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

Status

ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|---|--------|-------|-----------------|-----------|
| GLUCOSE, POST PRANDIAL (PP), 2 HOURS, SODIUM FLUORIDE PLASMA (2 HR) | 84 | mg/dL | 70-140 | GOD - POD |

Kindly correlate clinically.

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

| Test Name | Result | Unit | Bio. Ref. Range | Method | |
|---|--------|-------|-----------------|------------|--|
| HBA1C (GLYCATED HEMOGLOBIN), WHOLE BLOOD EDTA | | | | | |
| HBA1C, GLYCATED HEMOGLOBIN | 5.7 | % | | HPLC | |
| ESTIMATED AVERAGE GLUCOSE (eAG) | 117 | mg/dL | | Calculated | |

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

| REFERENCE GROUP | HBA1C % |
|------------------------|-----------|
| NON DIABETIC | <5.7 |
| PREDIABETES | 5.7 – 6.4 |
| DIABETES | ≥ 6.5 |
| DIABETICS | |
| EXCELLENT CONTROL | 6 – 7 |
| FAIR TO GOOD CONTROL | 7 – 8 |
| UNSATISFACTORY CONTROL | 8 – 10 |
| POOR CONTROL | >10 |

Note: Dietary preparation or fasting is not required.

1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.

2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.

Page 6 of 17

Dr Nidhi Sachdev M.B.B.S, MD(Pathology) Consultant Pathologist

Dr. Tanish Mandal M.B.B.S, M.D (Pathology) Consultant Pathologist

SIN No:EDT240021427







Age/Gender : 31 Y 3 M 0 D/M

UHID/MR No : SCHI.0000018366

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Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324

- 3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- 4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- 5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
 - B: Homozygous Hemoglobinopathy.
 - (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

Dr Nidhi Sachdev M.B.B.S,MD(Pathology) Consultant Pathologist

Dr.Tanish Mandal M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:EDT240021427

Page 7 of 17





Age/Gender : 31 Y 3 M 0 D/M

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Emp/Auth/TPA ID : 789456123789

Collected : 24/Feb/2024 08:56AM

Received : 24/Feb/2024 09:17AM Reported : 24/Feb/2024 11:33AM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|-----------------------|--------|-------|-----------------|-------------|
| LIPID PROFILE , SERUM | | ' | | |
| TOTAL CHOLESTEROL | 200 | mg/dL | <200 | CHE/CHO/POD |
| TRIGLYCERIDES | 196 | mg/dL | <150 | Enzymatic |
| HDL CHOLESTEROL | 49 | mg/dL | >40 | CHE/CHO/POD |
| NON-HDL CHOLESTEROL | 151 | mg/dL | <130 | Calculated |
| LDL CHOLESTEROL | 111.8 | mg/dL | <100 | Calculated |
| VLDL CHOLESTEROL | 39.2 | mg/dL | <30 | Calculated |
| CHOL / HDL RATIO | 4.08 | | 0-4.97 | Calculated |

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

| terorence interval are per remained encountered and temperature (recent) remained and respective | | | | | |
|--|--|-----------------|-----------|-----------|--|
| | Desirable | Borderline High | High | Very High | |
| TOTAL CHOLESTEROL | < 200 | 200 - 239 | ≥ 240 | | |
| TRIGLYCERIDES | <150 | 150 - 199 | 200 - 499 | ≥ 500 | |
| LDL | Optimal < 100 Near Optimal 100-129 | 130 - 159 | 160 - 189 | ≥ 190 | |
| HDL | ≥ 60 | | | | |
| NON-HDL CHOLESTEROL | Optimal <130; Above Optimal 130-159 | 160-189 | 190-219 | >220 | |

- 1. Measurements in the same patient on different days can show physiological and analytical variations.
- 2. NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- 3. Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- 4. Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- 5. As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- 6. VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 400 mg/dL. When Triglycerides are more than 400 mg/dL LDL cholesterol is a direct measurement.

Page 8 of 17



Dr. SHWETA GUPTA MBBS,MD (Pathology) Consultant Pathology SIN No:SE04639778





Patient Name : Mr.NIRJHAR BASWAL

Age/Gender : 31 Y 3 M 0 D/M

UHID/MR No : SCHI.0000018366

: Dr.SELF

Visit ID : SCHIOPV26622

Emp/Auth/TPA ID : 789456123789

Collected : 24/Feb/2024 08:56AM

Received : 24/Feb/2024 09:17AM

Reported : 24/Feb/2024 11:33AM Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|--|--------|-------|-----------------|----------------------------|
| LIVER FUNCTION TEST (LFT) , SERUM | | | | |
| BILIRUBIN, TOTAL | 0.80 | mg/dL | 0.20-1.20 | DIAZO METHOD |
| BILIRUBIN CONJUGATED (DIRECT) | 0.30 | mg/dL | 0.0-0.3 | Calculated |
| BILIRUBIN (INDIRECT) | 0.50 | mg/dL | 0.0-1.1 | Dual Wavelength |
| ALANINE AMINOTRANSFERASE (ALT/SGPT) | 54 | U/L | <50 | Visible with P-5-P |
| ASPARTATE AMINOTRANSFERASE (AST/SGOT) | 39.0 | U/L | 17-59 | UV with P-5-P |
| ALKALINE PHOSPHATASE | 109.00 | U/L | 38-126 | p-nitrophenyl phosphate |
| PROTEIN, TOTAL | 7.90 | g/dL | 6.3-8.2 | Biuret |
| ALBUMIN | 5.00 | g/dL | 3.5 - 5 | Bromocresol Green |
| GLOBULIN | 2.90 | g/dL | 2.0-3.5 | Calculated |
| A/G RATIO | 1.72 | | 0.9-2.0 | Calculated |

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

1. Hepatocellular Injury:

- AST Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI .• Disproportionate increase in AST, ALT compared with ALP. Bilirubin may be elevated.
- AST: ALT (ratio) In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

- ALP Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.• ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.
- 3. Synthetic function impairment: Albumin- Liver disease reduces albumin levels. Correlation with PT (Prothrombin Time) helps.

Page 9 of 17



Dr. SHWETA GUPTA
MBBS,MD (Pathology)
Consultant Pathology
SIN No:SE04639778





Age/Gender : 31 Y 3 M 0 D/M UHID/MR No : SCHI.0000018366

Visit ID : SCHIOPV26622

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 789456123789 Collected : 24/Feb/2024 08:56AM Received : 24/Feb/2024 09:17AM

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: Final Report Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

Status

ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Range | Method | | | |
|--|--------|--------|-----------------|---------------------------|--|--|--|
| RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM | | | | | | | |
| CREATININE | 0.80 | mg/dL | 0.66-1.25 | Creatinine amidohydrolase | | | |
| UREA | 15.00 | mg/dL | 19-43 | Urease | | | |
| BLOOD UREA NITROGEN | 7.0 | mg/dL | 8.0 - 23.0 | Calculated | | | |
| URIC ACID | 6.40 | mg/dL | 3.5-8.5 | Uricase | | | |
| CALCIUM | 9.60 | mg/dL | 8.4 - 10.2 | Arsenazo-III | | | |
| PHOSPHORUS, INORGANIC | 3.10 | mg/dL | 2.5-4.5 | PMA Phenol | | | |
| SODIUM | 142 | mmol/L | 135-145 | Direct ISE | | | |
| POTASSIUM | 4.7 | mmol/L | 3.5-5.1 | Direct ISE | | | |
| CHLORIDE | 103 | mmol/L | 98 - 107 | Direct ISE | | | |

Page 10 of 17







Age/Gender : 31 Y 3 M 0 D/M

UHID/MR No : SCHI.0000018366

Visit ID : SCHIOPV26622
Ref Doctor : Dr.SELF

Emp/Auth/TPA ID : 789456123789

Collected : 24/Feb/2024 08:56AM

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|-----------------------------|--------|------|-----------------|----------------------------|
| ALKALINE PHOSPHATASE, SERUM | 109.00 | U/L | 38-126 | p-nitrophenyl phosphate |

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|-----------------------------|--------|------|-----------------|---------------|
| GAMMA GLUTAMYL | 33.00 | U/L | 15-73 | Glyclyclycine |
| TRANSPEPTIDASE (GGT), SERUM | | | | Nitoranalide |

Page 11 of 17



Dr. SHWETA GUPTA MBBS,MD (Pathology) Consultant Pathology SIN No:SE04639778





Age/Gender : 31 Y 3 M 0 D/M
UHID/MR No : SCHI.0000018366

Visit ID : SCHIOPV26622

Ref Doctor : Dr.SELF

Emp/Auth/TPA ID : 789456123789

Collected : 24/Feb/2024 08:56AM

Received : 24/Feb/2024 09:17AM Reported : 24/Feb/2024 10:21AM

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Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Range | Method | |
|---|--------|--------|-----------------|--------|--|
| THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM | | | | | |
| TRI-IODOTHYRONINE (T3, TOTAL) | 1.25 | ng/mL | 0.67-1.81 | ELFA | |
| THYROXINE (T4, TOTAL) | 6.63 | μg/dL | 4.66-9.32 | ELFA | |
| THYROID STIMULATING HORMONE (TSH) | 3.110 | μIU/mL | 0.25-5.0 | ELFA | |

Comment:

| For pregnant females | Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association) |
|----------------------|--|
| First trimester | 0.1 - 2.5 |
| Second trimester | 0.2 - 3.0 |
| Third trimester | 0.3 - 3.0 |

- 1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- 2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- 3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.

4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

| TSH | Т3 | T4 | FT4 | Conditions |
|-------|------|------|------|---|
| High | Low | Low | Low | Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis |
| High | N | N | N | Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy. |
| N/Low | Low | Low | Low | Secondary and Tertiary Hypothyroidism |
| Low | High | High | High | Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy |
| Low | N | N | N | Subclinical Hyperthyroidism |
| Low | Low | Low | Low | Central Hypothyroidism, Treatment with Hyperthyroidism |
| Low | N | High | High | Thyroiditis, Interfering Antibodies |
| N/Low | High | N | N | T3 Thyrotoxicosis, Non thyroidal causes |
| High | High | High | High | Pituitary Adenoma; TSHoma/Thyrotropinoma |

Page 12 of 17



Dr. SHWETA GUPTA
MBBS,MD (Pathology)
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SIN No:SPL24031510







Age/Gender : 31 Y 3 M 0 D/M

UHID/MR No : SCHI.0000018366

: Dr.SELF

Visit ID : SCHIOPV26622

Emp/Auth/TPA ID : 789456123789

Collected : 24/Feb/2024 08:56AM

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Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|--|--------|-------|-----------------|--------|
| VITAMIN D (25 - OH VITAMIN D) , SERUM | 28.7 | ng/mL | 30-100 | CLIA |

Comment:

Ref Doctor

BIOLOGICAL REFERENCE RANGES

| VITAMIN D STATUS | VITAMIN D 25 HYDROXY (ng/mL) |
|------------------|------------------------------|
| DEFICIENCY | <10 |
| INSUFFICIENCY | 10 – 30 |
| SUFFICIENCY | 30 – 100 |
| TOXICITY | >100 |

The biological function of Vitamin D is to maintain normal levels of calcium and phosphorus absorption. 25-Hydroxy vitamin D is the storage form of vitamin D. Vitamin D assists in maintaining bone health by facilitating calcium absorption. Vitamin D deficiency can also cause osteomalacia, which frequently affects elderly patients.

Vitamin D Total levels are composed of two components namely 25-Hydroxy Vitamin D2 and 25-Hydroxy Vitamin D3 both of which are converted into active forms. Vitamin D2 level corresponds with the exogenous dietary intake of Vitamin D rich foods as well as supplements. Vitamin D3 level corresponds with endogenous production as well as exogenous diet and supplements.

Vitamin D from sunshine on the skin or from dietary intake is converted predominantly by the liver into 25-hydroxy vitamin D, which has a long half-life and is stored in the adipose tissue. The metabolically active form of vitamin D, 1,25-di-hydroxy vitamin D, which has a short life, is then synthesized in the kidney as needed from circulating 25-hydroxy vitamin D. The reference interval of greater than 30 ng/mL is a target value established by the Endocrine Society.

Decreased Levels:

Inadequate exposure to sunlight.

Dietary deficiency.

Vitamin D malabsorption.

Severe Hepatocellular disease.

Drugs like Anticonvulsants.

Nephrotic syndrome.

Increased levels:

Vitamin D intoxication.

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|---------------------|--------|-------|-----------------|--------|
| VITAMIN B12 , SERUM | 212 | pg/mL | 107.2-653.3 | CLIA |

Comment:

• Vitamin B12 deficiency frequently causes macrocytic anemia, glossitis, peripheral neuropathy, weakness, hyperreflexia, ataxia, loss of proprioception,

Dr Nidhi Sachdev M.B.B.S,MD(Pathology) Consultant Pathologist

Dr.Tanish Mandal M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:IM07023794



Page 13 of 17







Patient Name : Mr.NIRJHAR BASWAL

Age/Gender : 31 Y 3 M 0 D/M

UHID/MR No : SCHI.0000018366

Visit ID : SCHIOPV26622

Emp/Auth/TPA ID : 789456123789

Collected : 24/Feb/2024 08:56AM

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Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324

poor coordination, and affective behavioral changes.

: Dr.SELF

- The most common cause of deficiency is malabsorption either due to atrophy of gastric mucosa or diseases of terminal ileum.

 Patients taking vitamin B12 supplementation may have misleading results.
- A normal serum concentration of B12 does not rule out tissue deficiency of vitamin B12.
- The most sensitive test for B12 deficiency at the cellular level is the assay for MMA. If clinical symptoms suggest deficiency, measurement of MMA and homocysteine should be considered, even if serum B12 concentrations are normal.
- Increased levels can be seen in Chronic renal failure, Congestive heart failure, Leukemias, Polycythemia vera, Liver disease etc.

Dr Nidhi Sachdev M.B.B.S,MD(Pathology) Consultant Pathologist

Dr.Tanish Mandal M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:IM07023794

Page 14 of 17







Age/Gender : 31 Y 3 M 0 D/M

UHID/MR No : SCHI.0000018366

Visit ID : SCHIOPV26622

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 789456123789 Collected : 24/Feb/2024 08:56AM

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Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|--|--------|-------|-----------------|--------|
| TOTAL PROSTATIC SPECIFIC ANTIGEN (tPSA), SERUM | 0.820 | ng/mL | 0-4 | CLIA |

Page 15 of 17







Patient Name : Mr.NIRJHAR BASWAL

Age/Gender : 31 Y 3 M 0 D/M

UHID/MR No : SCHI.0000018366

: Dr.SELF

Visit ID : SCHIOPV26622

Emp/Auth/TPA ID : 789456123789

Collected : 24/Feb/2024 08:56AM Received : 24/Feb/2024 05:11PM

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: Final Report Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

Status

ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|------------------------------|---------------------|----------|------------------|----------------------------|
| COMPLETE URINE EXAMINATION (| CUE) , URINE | | | <u>'</u> |
| PHYSICAL EXAMINATION | | | | |
| COLOUR | PALE YELLOW | | PALE YELLOW | Visual |
| TRANSPARENCY | CLEAR | | CLEAR | Visual |
| pH | 6.0 | | 5-7.5 | Bromothymol Blue |
| SP. GRAVITY | 1.015 | | 1.002-1.030 | Dipstick |
| BIOCHEMICAL EXAMINATION | | | | |
| URINE PROTEIN | NEGATIVE | | NEGATIVE | PROTEIN ERROR OF INDICATOR |
| GLUCOSE | NEGATIVE | | NEGATIVE | GOD-POD |
| URINE BILIRUBIN | NEGATIVE | | NEGATIVE | AZO COUPLING |
| URINE KETONES (RANDOM) | NEGATIVE | | NEGATIVE | NITROPRUSSIDE |
| UROBILINOGEN | NORMAL | | NORMAL | EHRLICH |
| BLOOD | NEGATIVE | | NEGATIVE | Dipstick |
| NITRITE | NEGATIVE | | NEGATIVE | Dipstick |
| LEUCOCYTE ESTERASE | NEGATIVE | | NEGATIVE | PYRROLE HYDROLYSIS |
| CENTRIFUGED SEDIMENT WET M | OUNT AND MICROSCOPY | (| | |
| PUS CELLS | 2-3 | /hpf | 0-5 | Microscopy |
| EPITHELIAL CELLS | 2-3 | /hpf | <10 | MICROSCOPY |
| RBC | ABSENT | /hpf | 0-2 | MICROSCOPY |
| CASTS | ABSENT | | 0-2 Hyaline Cast | MICROSCOPY |
| CRYSTALS | ABSENT | | ABSENT | MICROSCOPY |

Page 16 of 17



Dr. SHWETA GUPTA MBBS,MD (Pathology) Consultant Pathology SIN No:UR2290048





Patient Name : Mr.NIRJHAR BASWAL

Age/Gender : 31 Y 3 M 0 D/M

UHID/MR No : SCHI.0000018366

: Dr.SELF

Visit ID : SCHIOPV26622

Emp/Auth/TPA ID : 789456123789 Collected : 24/Feb/2024 08:56AM Received

: 24/Feb/2024 05:11PM Reported : 24/Feb/2024 06:21PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|---------------------------------------|----------|------|-----------------|----------|
| URINE GLUCOSE(POST PRANDIAL) | NEGATIVE | | NEGATIVE | Dipstick |
| | | | • | • |
| T T T T T T T T T T T T T T T T T T T | | | | |
| Test Name | Result | Unit | Bio. Ref. Range | Method |

*** End Of Report ***

Page 17 of 17



Dr. SHWETA GUPTA MBBS,MD (Pathology) Consultant Pathology SIN No:UF010708