

MER- MEDICAL EXAMINATION REPORT

Date of Examination	9/3/24	
NAME	SAROJ SWAIN	
AGE	33	Gender F.
HEIGHT(cm)	156	WEIGHT (kg) 56 BMR- 230
B.P.	100/70	
ECG	normal	
X Ray	normal	
Vision Checkup	→	
Present Ailments	None	
Details of Past ailments (If Any)	No	
Comments / Advice : She /He is Physically Fit	Medicines Rx	



Dr. Shita Rastogi
 MBBS, DCP
 Reg. No. 7370

Signature with Stamp of Medical Examiner

 <p>भारत सरकार Government of India</p>   <p>नाम Saroj जन्म तिथि/DOB: 01/06/1990 लिंग: FEMALE</p> <p>7860 8358 3724 VID : 9111 0260 0288 0401</p> <p>मेरा आधार, मेरी पहचान</p>	 <p>एनईएलआई Unique Identification Authority of India</p>  <p>पता एन प्रभु सिंह इलाहाबाद रोड, 431 - 25, सुन्दर नगर विकास क्षेत्र, पिन कोड 226015, इलाहाबाद, उत्तर प्रदेश, भारत उत्तर प्रदेश - 226015</p> <p>Address: C/O Nish Prabhakar Singh, 431 - 25, Sundara Nagar Faizabad Road, Near Hari Prasad Lucknow, Indira Nagar, Lucknow, Uttar Pradesh - 226015</p>  <p>7860 8358 3724 VID : 9111 0260 0288 0401</p> <p>1947 help@uidai.gov.in www.uidai.gov.in</p>
--	---

Saroj



You have been informed that ent ,diet, ophthal consultation facility is not available at our centre. If you are ready then your test can be start

2D echo test facility is not available at our center, instead we do TMT test.

Saleh



I am not ready for the pap smear test because of my personal reasons.

Saraj





MODERN PATHOLOGY & DIAGNOSTIC CENTRE

Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



CLINIC :

1/4A, Vineet Khand, (Opp Jaipuria Management)
Gomti Nagar, Lucknow - 226 010
Ph.: 0522-4008184, 4308184 • 8112323230
Mob.: 7618884441, 9450389932, 8177063877

Date	: 09-Mar-2024		
Name	: Mrs. SAROJ SINGH		Age : 33 Yrs.
Ref.By	: APOLLO HEALTH		Sex : Female
Haemoglobin	13.6	gm%	11 - 14
Total Leucocyte Count	6400	Cells/cumm.	4000-11000
Differential Leucocyte Count			
Polymorphs	60	%	45 - 70
Lymphocytes	31	%	20 - 45
Eosinophils	03	%	0 - 6
Monocytes	06	%	0 - 8
Basophils	00	%	0 - 1
Erythrocyte Sedimentation Rate (Wintrobe)			
ESR	06	mm in 1st Hr.	0 - 19
PCV	42.8	cc%	40 - 52
Corrected ESR	00	mm in 1st Hr.	0 - 19
Platelet Count	2.35	lakh/cumm.	1.5 - 4.0
Red Cells Count	4.52	million/cmm	3.90 to 4.60
Absolute values			
MCV	84.9	fL	77 - 97
MCH	27.0	pg	27 - 31
MCHC	31.8	gm /dl	31 - 34

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Dr. Smita Rastogi
M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

SAMPLE COLLECTION FACILITY AVAILABLE

Report needs clinicopathological correlation ♦ Not for Medico Legal Purpose

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Date : 09-Mar-2024

Name : Mrs. SAROJ SINGH

Ref.By : APOLLO HEALTH

Age : 33 Yrs.

Sex : Female

General Blood Picture

RBCs	RBCs are Normocytic & Normochromic. No Normoblasts are seen.
WBCs	TLC is within normal range. DLC shows normal counts. No immature cells of WBC seen.
PLATELETS	Platelets are adequate in number and morphology.
OTHERS	No haemoparasites are seen.
IMPRESSION	Normal GBP

Page 1 of 1 End of Report
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Date	: 09-Mar-2024		
Name	: Mrs. SAROJ SINGH		
Ref.By	: APOLLO HEALTH	Age	: 33 Yrs.
		Sex	: Female
Plasma Glucose - F GOD-POD Method	98	mg/dl	70 - 110
Plasma Glucose - PP GOD-POD Method	126	mg/dl	110 - 170
Blood Group & Rh	"B" Positive		
LFT T&D			
Total Bilirubin	0.48	mg%	0.2 - 1.0
Direct Bilirubin	0.21	mg%	0.0 to 0.40
Indirect Bilirubin	0.27	mg%	0.10 to 0.90
S.G.P.T	28	IU/L	5 - 40
S.G.O.T	21	IU/L	5 - 50
ALP	82	IU/L	35 to 104
Serum Gamma G.T.	15.8	IU/L	11 - 50
KFT			
UREA	18.4	mg %	15 - 50
CREATININE	0.80	mg %	0.5 - 1.5
URIC ACID	4.9	mg %	2 - 6
CALCIUM	9.3	mg %	8.8 - 10.0
Urine Sugar (Fasting)	NIL		
Urine Sugar (PP)	NIL		

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Date : 09-Mar-2024

Name : **Mrs. SAROJ SINGH**

Ref.By : APOLLO HEALTH

Age : 33 Yrs.

Sex : Female

LIPID PROFILE

Triglycerids	156	mg%	70 - 190
S. Cholesterol S.	195	mg%	130 - 230
S. HDL Cholesterol	45.1	mg%	35 - 75
S. LDL Cholesterol	118.7	mg%	75 - 150
VLDL	31.2	mg%	0 - 34
Chol / HDL factor	4.32		
LDL / HDL Factor	2.63		

COMMENTS

- Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).
- LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lower LDL and raise HDL. Raised chol. in females is mostly due to disturbed thyroid function.
- Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Betablocker therapy.

TYPES OF HYPERLIPOPROTEINEMIAS

TYPE 1: Normal cholesterol TG greatly raised	TYPE 3: Cholesterol increased TG increased
TYPE 2a: Cholesterol increased LDL increased TG normal	TYPE 4: Cholesterol normal /increased VLDL increased TG increased
TYPE 2b Chol. increased VLDL raised TG increased LDL increased	TYPE 5: Cholesterol increased LDL reduced VLDL increased TG greatly increased

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Date	: 09-Mar-2024	Age	: 33 Yrs.
Name	: Mrs. SAROJ SINGH	Sex	: Female
Ref.By	: APOLLO HEALTH		

THYROID TEST

Tri-iodothyronine (T3)	1.74	nmol/L	0.50 to 2.50
Thyroxine (T4)	7.40	mcg/dL	5.0 to 12.5
Thyroid Stimulating Hormone (TSH)	2.20	mIU/ ml	0.3 to 6.0

COMMENTS

- 1) Primary hyperthyroidism is accompanied by elevated Serum T3 and T4 values along with depressed TSH levels.
- 2) Primary Hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH levels.
- 3) Normal T4 levels accompanied by high T3 levels are seen in patients with T3 thyrotoxicosis.
- 4) Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels maybe encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol and propylthiouracil.
- 5) Elevated TSH levels may also be indicative of TSH secreting Pituitary Tumour.

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Date : 09-Mar-2024

Name : Mrs. SAROJ SINGH

Ref.By : APOLLO HEALTH

Age : 33 Yrs.

Sex : Female

Glycosylated Haemoglobin

5.4

%

4.5 TO 6.0

Glycosylated Haemoglobin

INTERPRETATION AND COMMENTS

NON DIABETIC : 4.5 to 6.0 %
GOOD CONTROL: 6.0 to 7.0
FAIR CONTROLLED 7.0 AND 8.0
UNCONTROLLED 8.0 AND ABOVE

Glycosylated haemoglobin is the adducted glucose in the haemoglobin of the red blood cells, this adduction is stable for the life time of the RBC (i.e 120 days). There fore the measure of glycosylated haemoglobin reflects the average blood glucose concentration over the preseding several weeks. The sudden change in blood glucose level would not effect the glycosylated haemoglobin level , which serves as a better marker of long term metabolic control and the efficacy of therapy.

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Date : 09-Mar-2024	Age : 33 Yrs.
Name : Mrs. SAROJ SINGH	Sex : Female
Ref.By : APOLLO HEALTH	

Urine Examination

PHYSICAL		
Colour	Straw	
Turbidity	Nil	
Deposit	Nil	
Reaction	Acidic	
*Specific Gravity	1.010	
CHEMICAL		
Protein	Nil	
Sugar	Nil	
*Bile Salts	Nil	
*Bile Pigments	Nil	
Phosphate	Nil	
MICROSCOPIC		
Pus Cells	Nil	/hpf
Epithelial Cells	Occasional	/hpf
Red Blood Cells	Nil	/hpf
Casts	Nil	
Crystals	Nil	
Others	Nil	

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Patient name: Mrs Saroj Singh
Ref By. Apollo Health

Age/Sex 33/F
09/03/2024

E.C.G. REPORT

1. Rhythm	:	Sinus, Regular
2. Atrial Rate	:	96/mt
3. Ventricular Rate	:	96/mt
4. P – Wave	:	Normal
5. P R Interval	:	Normal
6. Q R S	:	
Axis	:	Normal
R/S Ratio	:	Normal
Configuration	:	Normal
7. Q T c Interval	:	Normal
8. S-T Segment	:	Normal
9. T-Wave	:	Normal

FINAL IMPRESSION

E.C.G. is within normal limits

Dr. AMIT MOHAN
MD
Signature of Doctor
No. 44559

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DATE

Saony

Age --- Yrs M/F

10mm/mV

25mm/s

0-1-35-42

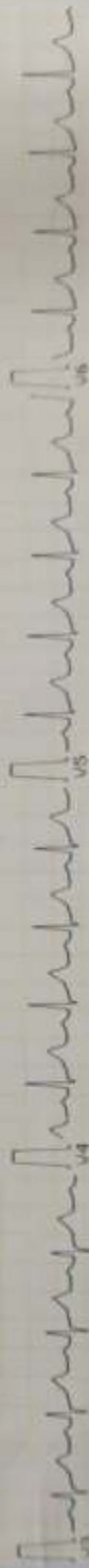
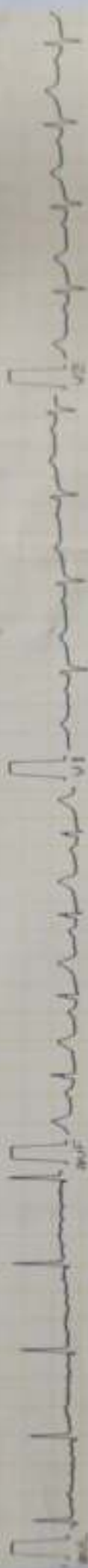
BLB



Saony

Class. Med. ECG50-104

Dr.




 Dr. ARSHAD KHAN
 MD
 Reg. No. 44559

1-4

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TEST REQUEST ID :012403090049	SAMPLE DATE	:09/Mar/2024 10:41AM
NAME :Mrs. SAROJ SINGH	SAMPLE REC. DATE	:09/Mar/2024 10:41AM
AGE/SEX :33 YRS/FEMALE	REPORTED DATE	:09/Mar/2024 12:36PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01090049

XRAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

OPINION: NORMAL STUDY.

Please correlate clinically.

*** End Of Report ***

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DR. PANKAJ UPADHYAYA

Dr. Smita Rastogi
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:Gomti Nagar Lucknow

Report

SAROJ / 33 Yrs / F / 156 Cms / 56 Kg

Date: 09 - 03 - 2024 Refd By : APOLLO HEALTH Examined By:

Stage	Time	Duration	Speed(Kmph)	Elevation	METs	Rate	% THR	BP	PPV	PVC	Comments
Supine	00:03	0:03	00.0	00.0	01.0	118	63 %	100/70	117	00	
Standing	00:07	0:04	00.0	00.0	01.0	118	63 %	100/70	117	00	
HV	00:12	0:05	00.0	00.0	01.0	119	64 %	100/70	119	00	
ExStart	01:20	1:08	00.0	00.0	01.0	118	63 %	100/70	117	00	
BRUCE Stage 1	04:20	3:00	02.7	10.0	04.7	150	80 %	122/80	183	00	
BRUCE Stage 2	07:20	3:00	04.0	12.0	07.1	172	92 %	128/84	220	00	
PeakEx	07:24	0:04	00.0	00.0	07.2	176	94 %	134/90	235	00	
Recovery	08:24	1:00	00.0	00.0	01.2	149	80 %	132/88	196	00	
Recovery	09:24	2:00	00.0	00.0	01.0	125	67 %	126/84	157	00	
Recovery	10:24	3:00	00.0	00.0	01.0	117	63 %	122/82	142	00	
Recovery	10:30	3:06	00.0	00.0	01.0	118	63 %	122/80	143	00	

FINDINGS :

Exercise Time : 06:04
 Max HR Attained : 176 bpm 94% of Target 187
 Max BP Attained : 134/90 (mm/Hg)
 Max WorkLoad Attained : 7.2 Fair response to induced stress
 Test End Reasons : Test Complete

REPORT :

CONCLUSIONS:

1. STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE.

Dr. ANIL KUMAR
 Rep No. 44559

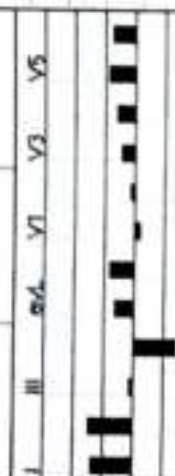
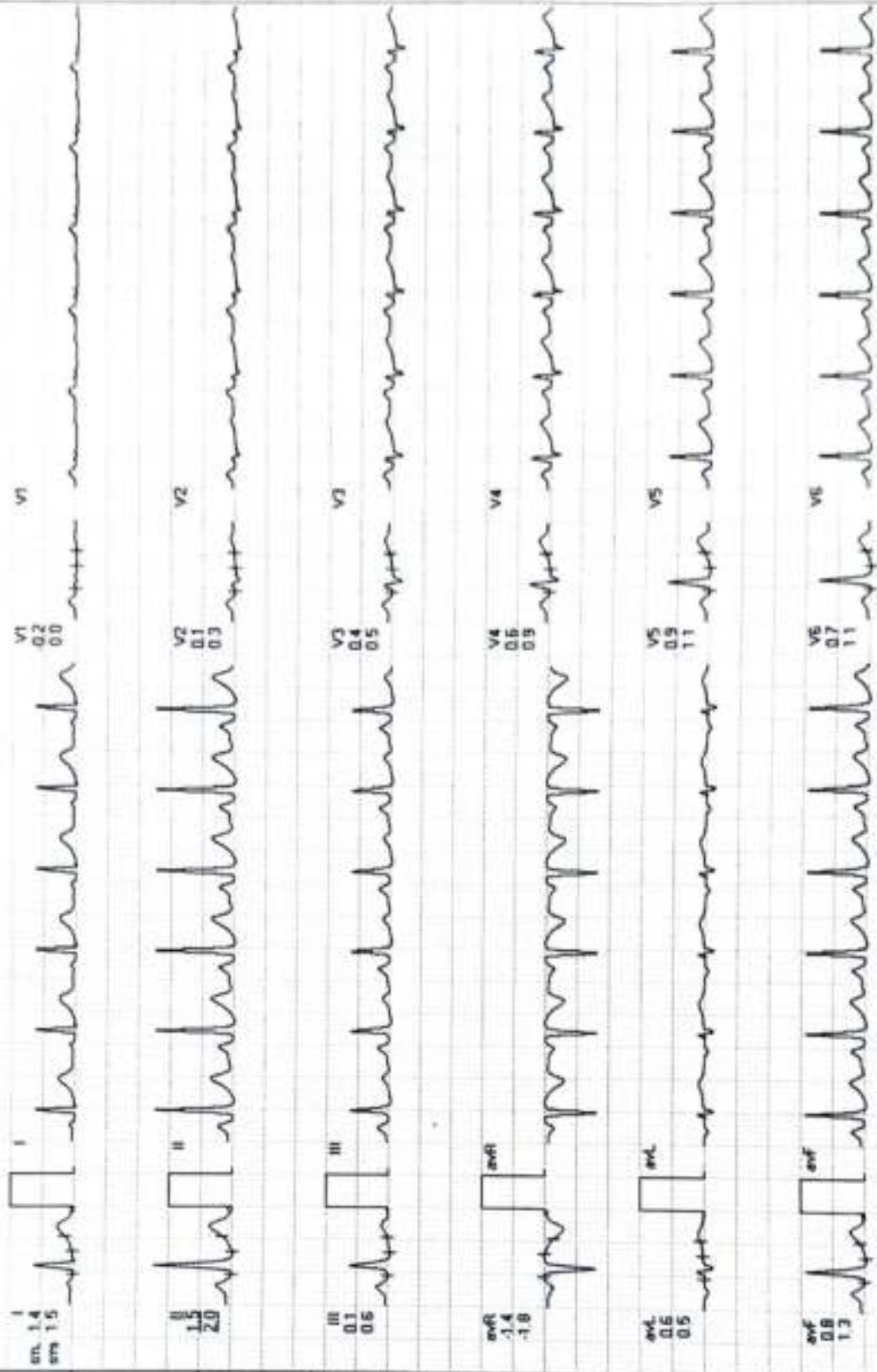
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SAROU / 33 Yrs / F / 156 Cms / 56 Kg / HR : 118

BRUCE:Supine(0:05)



Date 09-03-2024 METS 1.0/118 bpm 63% of THR BP- 100/70 mmHg Combined Mediens/ BLC- On/ Notch On/ HF 0.05 Hz/LF 35 Hz
 4X 60 mS Post J ExTime 00:00 0.0 Km/h 0.0%
 25 mm/Sec 1.0 Cm/mV



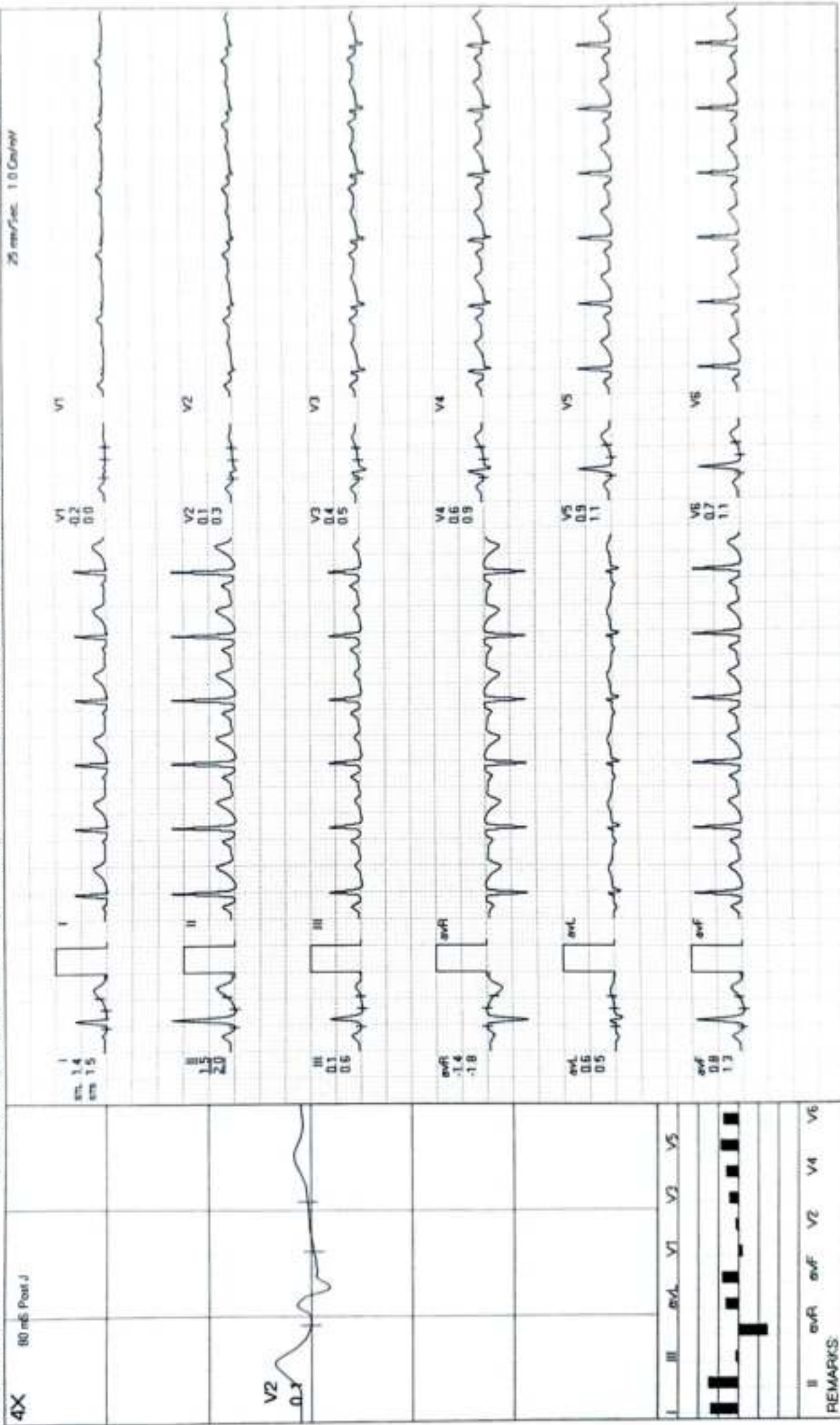
REMARKS: II aVR aVL aVF V1 V2 V3 V4 V5 V6

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BRUCE: Standing(0:05)

SAROJ / 33 Yrs / F / 156 Cms / 56 Kg / HR : 118

Date: 09-03-2024 METS: 1.0/118 bpm 63% of Ther BP: 100/70 mmHg Combined Medians/BLC On/ HF 0.05 Hz/LF 35 Hz E-Time: 00:00 0.0 kmph 0.0% 25 mm/Sec 1.0 Cal/HR



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BRUCE:HV(0:06)

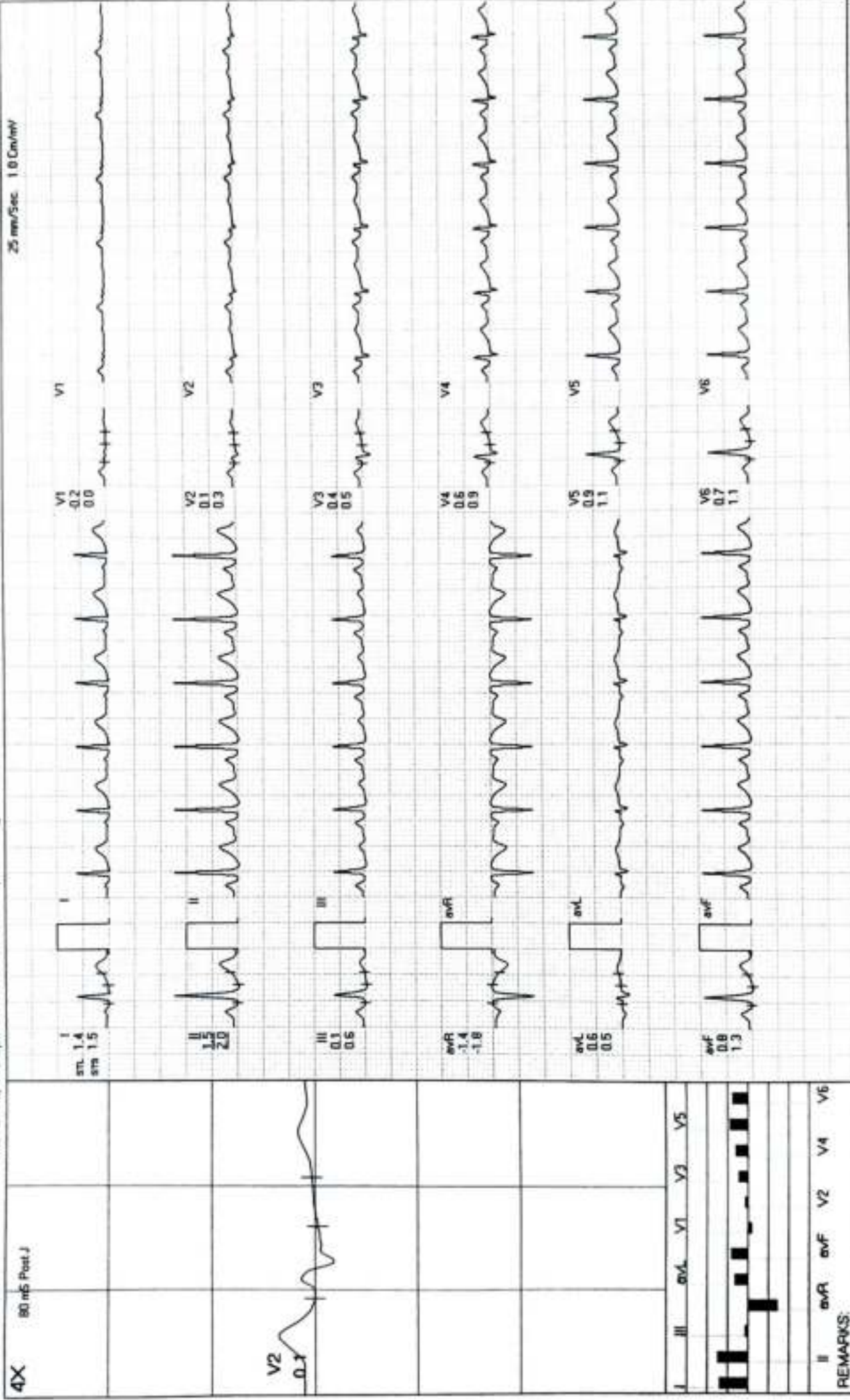


SAROJ / 33 Yrs / F / 156 Cms / 56 Kg / HR : 119

Date 09 - 03 - 2024

METS 1.0 / 119 bpm 64% of THR BP: 100/70 mmHg Combined Meds/BLK Ov/Notch Ov/HF 0.05 Hz/LF 35 Hz

ExTime 00:00 0.0 Km/h 0.0%



REMARKS:

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SAROJ / 33 Yrs / F / 156 Cms / 56 Kg / HR : 118

ExStart

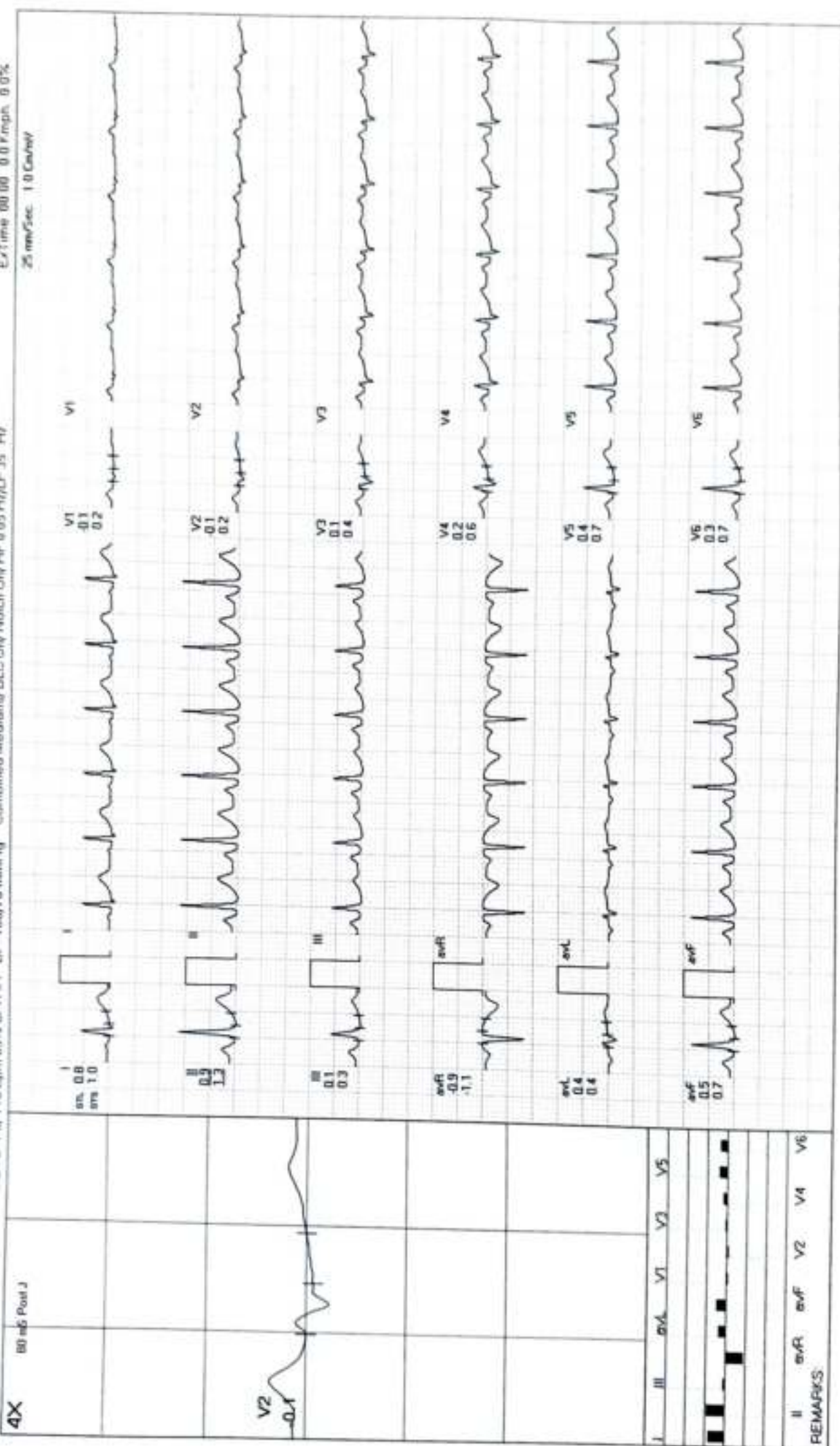
AGHDL

Date 09-03-2024

METS 1 (V 118 bpm 6.3% of Th-R, BP 100/70 mmHg Combined Medians/BLC On/Notch 0.05 Hz/F 35 Hr

ExTime 00:00 0.0 Kmph 0.0%

25 mm/Sec 1.0 Cm/Div



REMARKS: II aVR aVL V2 V4 V6

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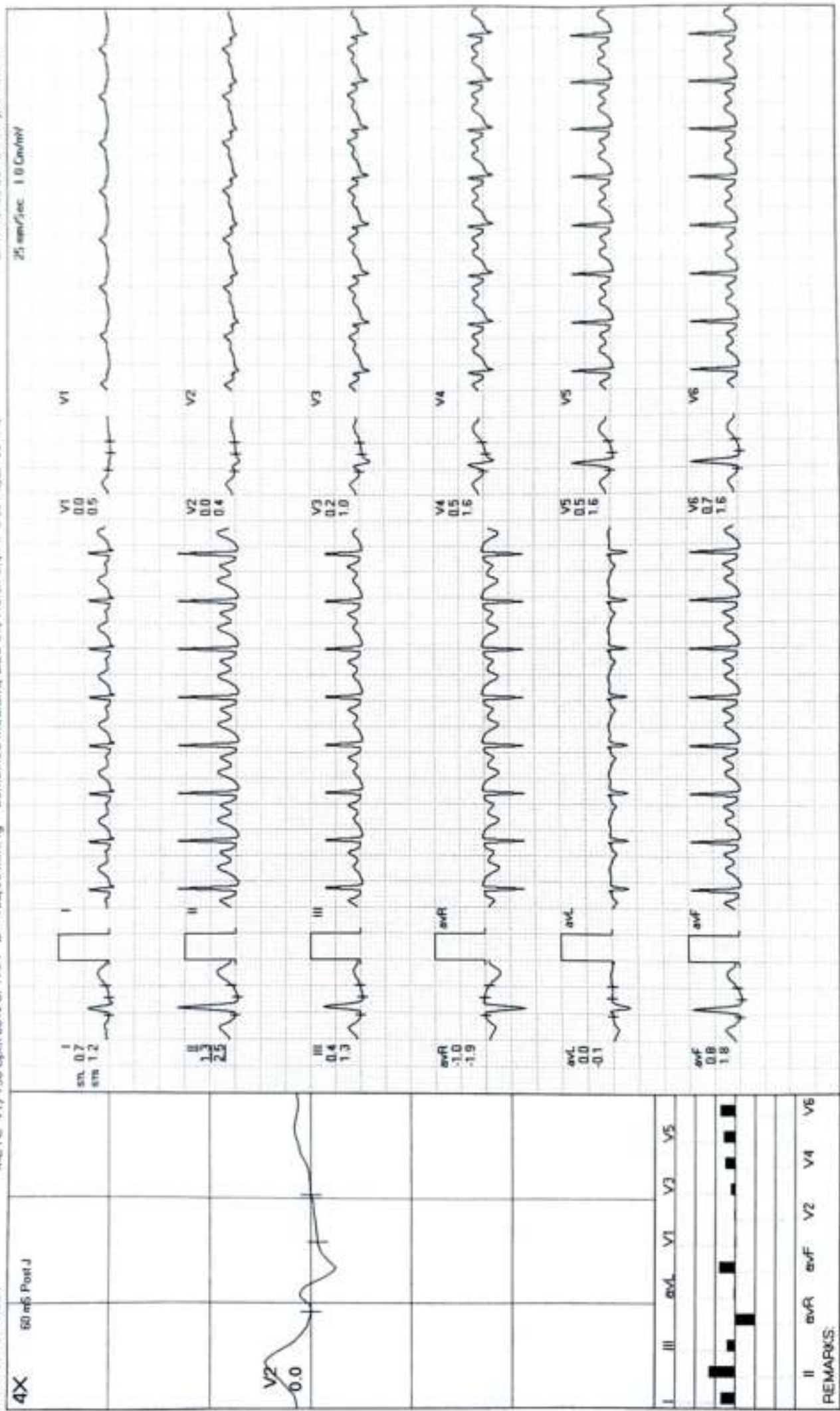
BRUCE: Stage 1(3:00)

SAROJ / 33 Yrs / F / 156 Cms / 56 Kg / HR : 150

Date: 09-03-2024

METS: 4.7/150 bpm 80% of THR BP: 122/80 mmHg Combined Medication/BLK: 0.05 Hz/AF 35 Hz

Ex Time: 03:00 2.7 Kmph 10.0%



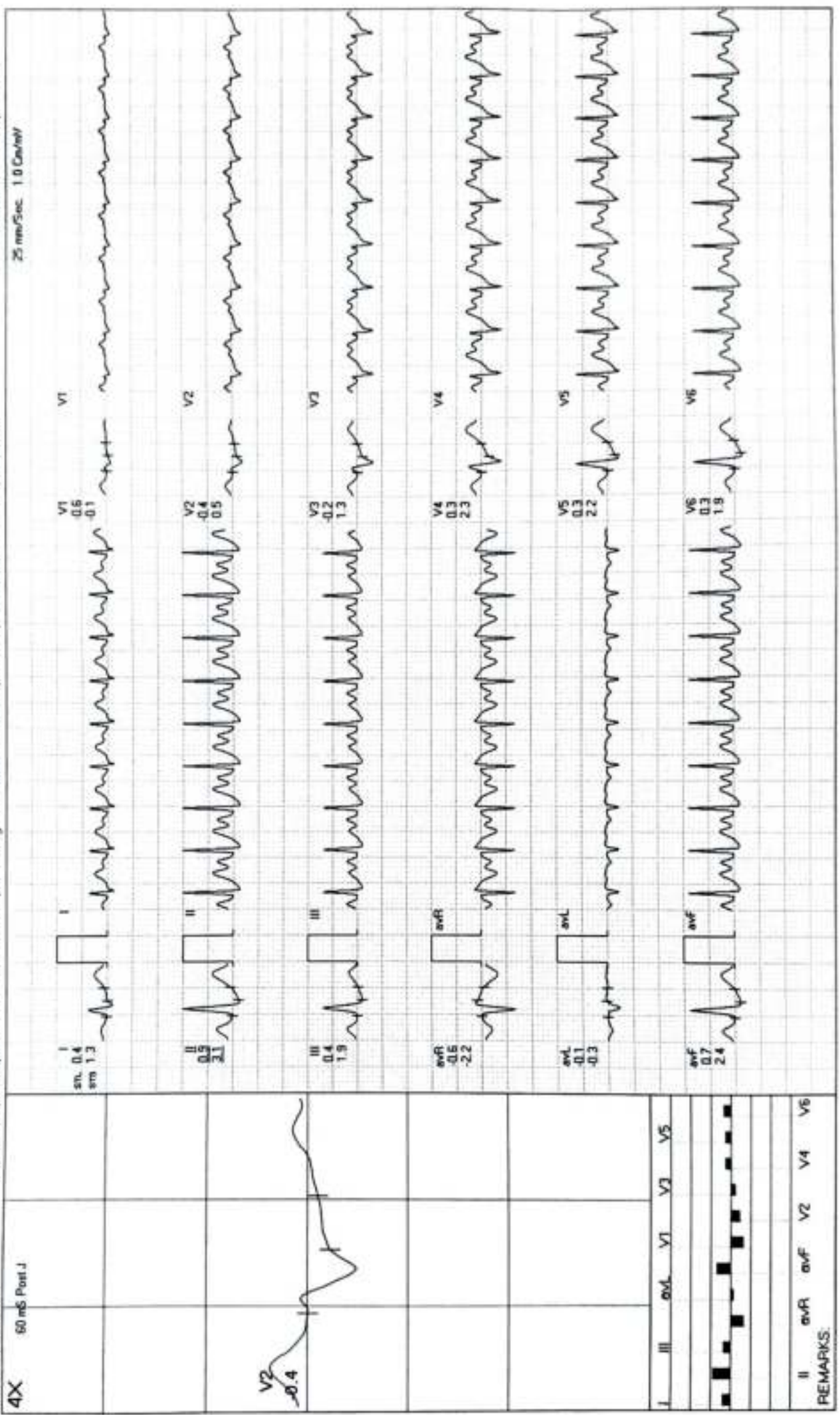
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SAROJ / 33 Yrs / F / 156 Cms / 56 Kg / HR : 176

PeakEx



Date: 09-03-2024 METS 7.2/176 bpm 94% of THR BP: 134/90 mmHg Combined Medions/BLC-Only/HF 0.05 Hz/LF 3S Hz ExTime 06:05 0.0 Kmph 0.0%
 4X 60 mS Post J 25 mm/Sec 1.0 Cal/Div



REMARKS:

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SAROJ / 33 Yrs / F / 156 Cms / 56 Kg / HR : 149

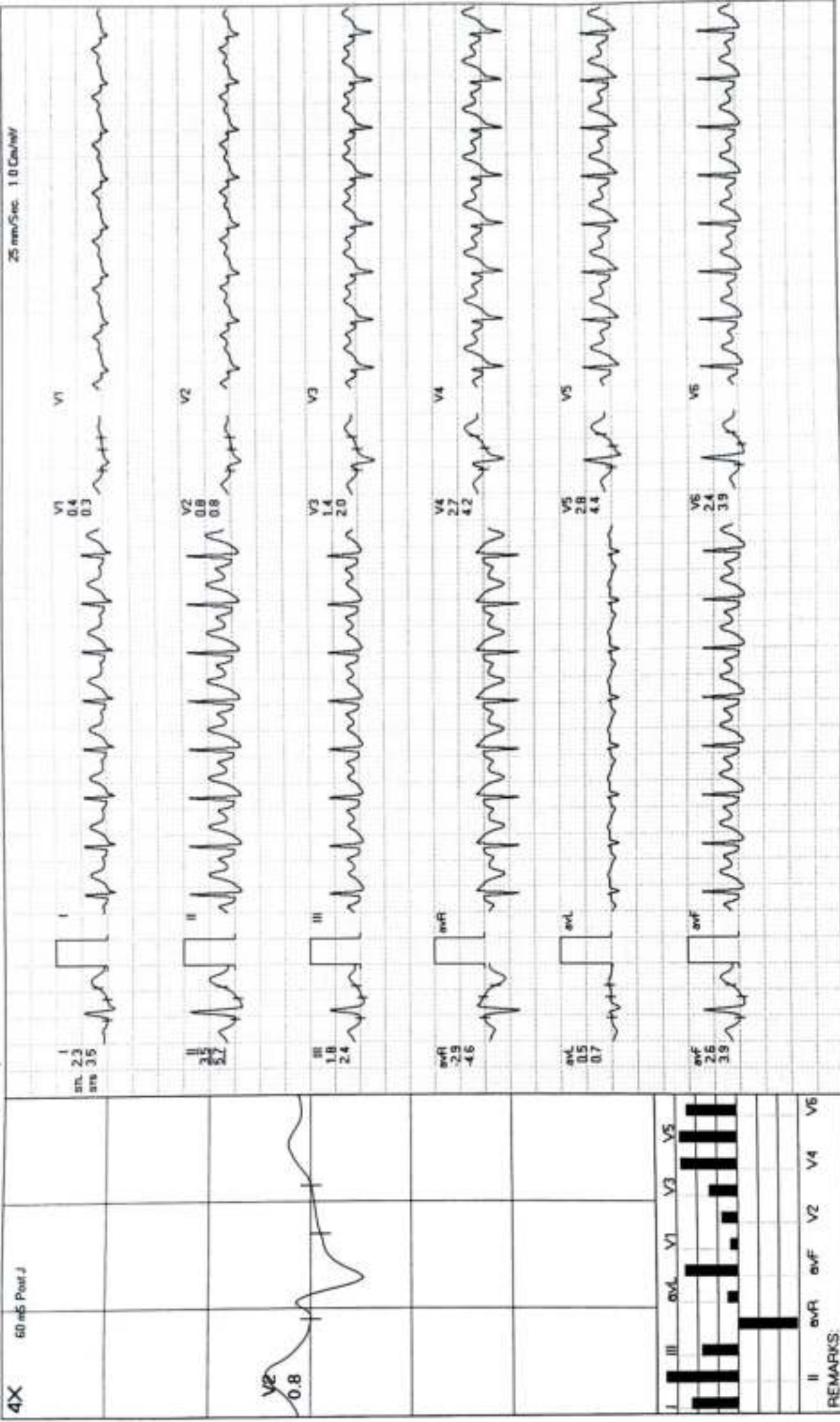
Recovery(1:00)



Date 09-03-2024

METS 1.2 / 149 bpm 80% of THR BP 132/88 mmHg Combined Medians/BLC On/ HF 0.05 Hz/LF 35 Hz

ExTime 06:04 0.0 Kmph, 0.0%



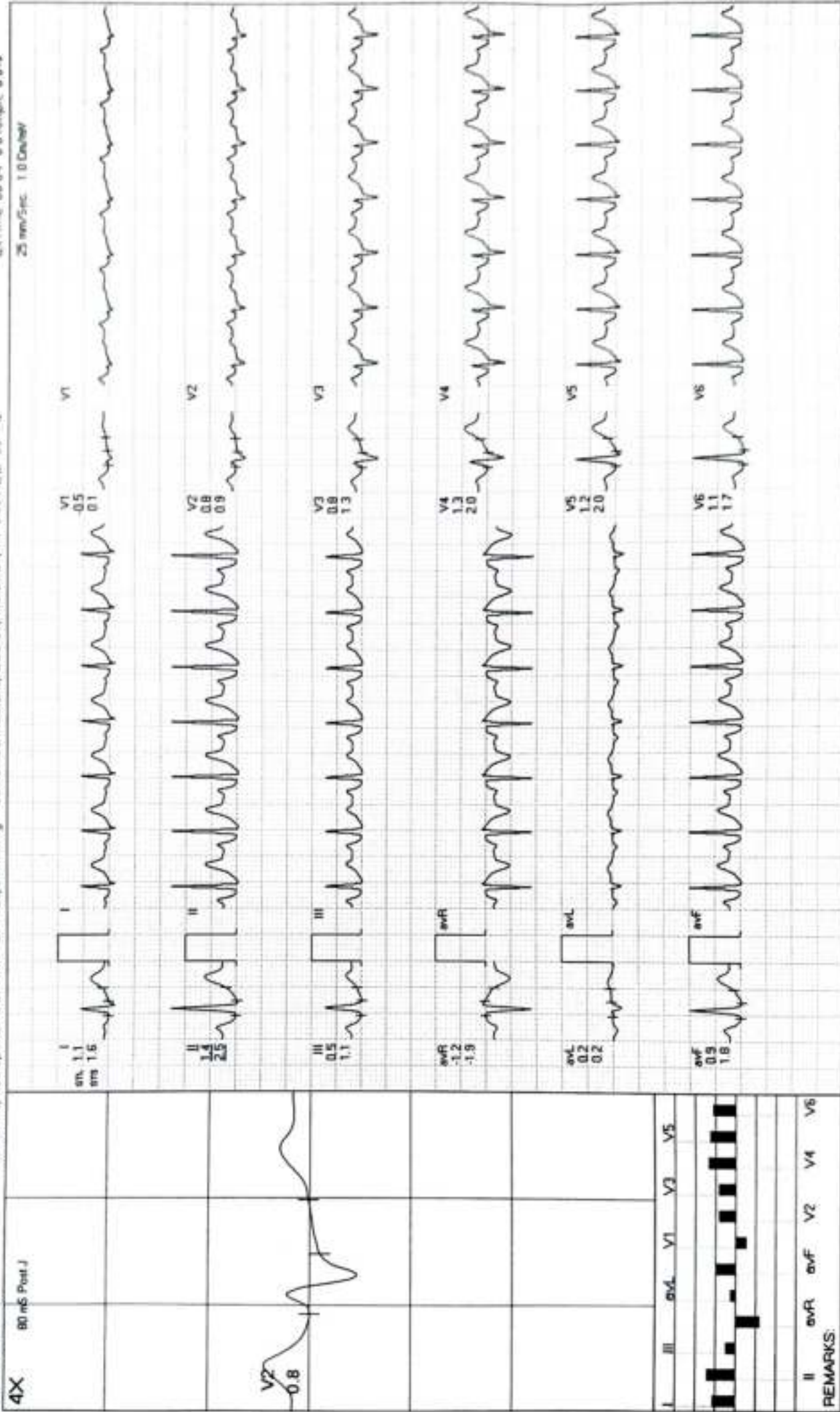
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SARUJ / 33 Yrs / F / 156 Cms / 56 Kg / HR : 125

Recovery(2:00)



Date: 09-03-2024 METS 1.0 / 125 bpm 67% of THR BP 126/84 mmHg Combined Medians/BLC On/Notch On/ HF 0.05 Hz/LF 35 Hz
 4X 80 mS Post J 25 mm/Sec 1.0 Du/Div



REMARKS:

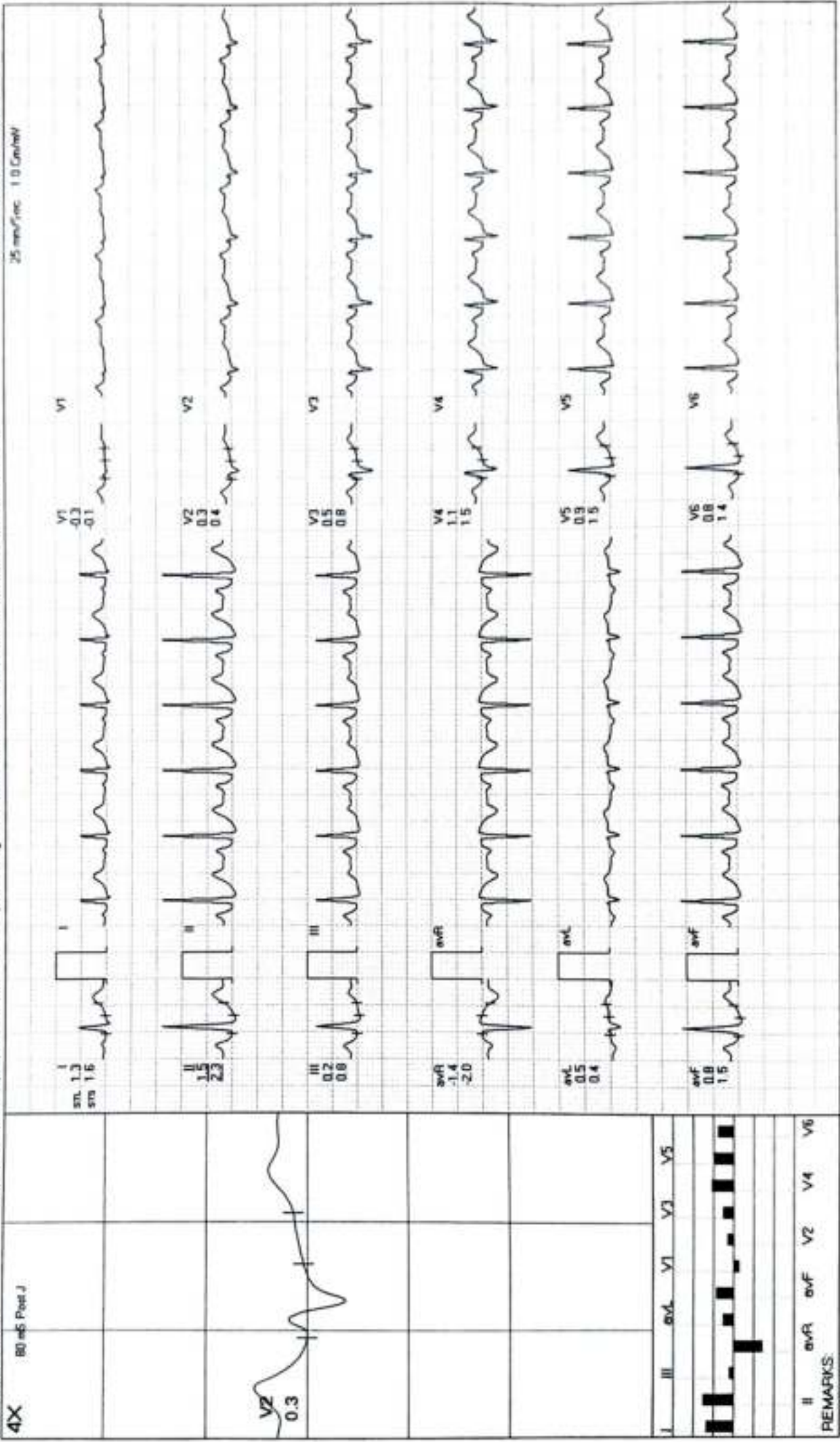
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

Recovery(3:00)



SAROJ / 33 Yrs / F / 156 Cms / 56 Kg / HR : 117

W/ele 09-03-2024 METS 1.0/117 bpm 63% of THR BP 122/82 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/ LF 35 Hz Ex Time 06:04 0.0 Km/Ph 0.0%
 4X 80 mS Post J 25 mm/Sec 1.0 Cm/mV



REMARKS:

