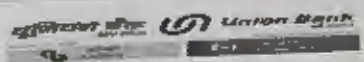


Health checkup at tie-up Ctr

HealthCheckup Authorisatin letter



Union Bank of India
RO - AHMEDNAGAR,
AHMEDNAGAR, AHMEDNAGAR,
Maharashtra. - 0

To,
The Chief Medical Officer
M/S Mediwheel
https://mediwheel.in/signup011-
41195959(A brand name of
Arcofami Healthcare Ltd).
Mumbai400021

Dear Sir, Tie-up arrangement for Health Checkup under Health Checkup 35-40 Female

Shri/Smt./Kum. SHINDE, SONALI MAHESH
R.F. No. 602127 Designation: Asst Manager
Checkup for Financial Year 2023-2024 Approved Charges Rs. 3000.00

The above mentioned staff member of our Branch/Office desires to undergo Health Checkup at your Hospital/Centre/Clinic, under the tie-up arrangement entered into with you, by our bank.

Please send the receipt of the above payment and the relevant reports to our above address.

Thanking you,

(Signature of the Employee)

Yours Faithfully,

BRANCH MANAGER/SENIOR MANAGER

P.S. : Status of the application - Sanctioned

[View Worklist](#)

Health checkup at tie-up Ctr | HealthCheckup Authorisatin letter

अधिक माहिती
कर्ज वितरण करणारी शा

GET INSTANT HOME LOAN
ATTRACTIVE TERMS
MINIMUM PAPERWORK

Interest on daily reducing balance

Union Home

* व्यापार व वैयक्तिक
सोनी तारण कर्ज उपलब्ध
* सोपी सुलभ व जलद व
* कमीत कमी कागदपत्रे

अधिक माहिती
कर्ज वितरण करणारी शा

Types of Previous Occupation (Pl. describe in brief about company nature of work, duration in years)

iii) Have you ever suffered from any of the following (Answer Yes or No. If yes, give details)

Y	N		Y	N	
	✓	Hypertension		✓	Hepatitis-B
	✓	Diabetes		✓	Cancer
	✓	Heart disease			Stroke
	✓	Kidney diseases		✓	Rrhinohitis
	✓	Tuberculosis		✓	Any allergy
	✓	Chronic lung disease (e.g. Pleurisy Pneumonia etc.)		✓	Any chronic ear or hearing problem (e.g. sinusitis, rhinitis otitis etc.)
	✓	Epilepsy, Fits, Fainting or Dizziness		✓	Mental disorder of any kind
	✓	Any major operation or injury		✓	Any other illness

Details of the above if "Yes")

(For female candidates only)

Are you pregnant at present? Y N

Date of L.M.P. _____

iv) Immunization:

	Yes	No
Tetanus Toxoid	✓	
Hepatitis B	✓	
Others		

6 FAMILY HISTORY:

Has anyone of your parents suffered from any of the following: Yes / No

(If yes, Please ✓ Mark Where Applicable)

	Father	Mother
Hypertension	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>
Cancer	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>
Epilepsy	<input type="checkbox"/>	<input type="checkbox"/>
Any other Disease	<input type="checkbox"/>	<input type="checkbox"/>

	IF LIVING		IF DEAD	
	AGE	HEALTH (Good, Bad, Fair)	AGE AT DEATH	CAUSE OF DEATH
Father	63	Good		
Mother	58	Good		
Spouse	34	Good		
Children-1	6 ♀	Good		
Children -2				

7 I declare that the above statements are true and complete to the best of my knowledge and belief. In case this information is found to be false by the company, then the company reserves the right to terminate my services without giving any notice. I agree that the results of this medical examination in general terms may be revealed to the company if required. I also fully understand that in case I am declared medically unfit due to any reason, I shall not be entitled for the employment in the company. However, the decision taken by recruitment committee about my medical fitness will be final and binding to me.


Date: 14/9/2024


(Signature of Candidate)

MER- MEDICAL EXAMINATION REPORT

Date of Examination	14/9/2024	
NAME	Saurabh Singh	
AGE	35	Gender Male
HEIGHT(cm)	178	WEIGHT (kg) 93.6 kg
B.P.	130/80 mmHg	
ECG TMT	WNL / TMT negative	
X Ray	WNL	
Vision Checkup	Color Vision: N Far Vision Ratio: 6/6 - N Near Vision Ratio: N/6 - N	
Present Ailments	-	
Details of Past ailments (If Any)	-	
Comments / Advice	She / He is Physically Fit	

Signature with Stamp of Medical Examiner


 Dr. Mrinalini Singh
 Consultant Physician
 MBBS, DNB, MRCP (UK), EDIC
 Reg. No. 2019/02/0392


CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Saurabh Singh on 14/9/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	✓
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> • Currently Unfit. Review after _____ recommended 	
<ul style="list-style-type: none"> • Unfit 	


Dr. Mrinalini Singh
Consultant Physician
MBBS, DNB, MRCP (UK), EDIC
Reg. No. 2019/02/0392

Dr. _____
Medical Officer
The Apollo Clinic, (Location)

This certificate is not meant for medico-legal purposes

Issue Date: 21/03/2012



भारत सरकार

Government of India

सौरभ सिंह

Saurabh Singh

जन्म तिथि / DOB : 25/05/1989

पुरुष / Male

Saurabh Singh



2446 6392 1167

आधार

2446 6392 1167

मेरा आधार, मेरी पहचान



PID NO. : CIA0899

Name : SAURABH SINGH

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Reg. Date

14-Sep-2024 / 9:42 am

Coil Date

14-Sep-2024 / 9:41 am

Report Date

14-Sep-2024 / 4:58 pm

REPORT

BLOOD GLUCOSE

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Blood Glucose (Fasting), plasma <small>(Plasma Method- Hexokinase) Interpretation: NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022</small>	83.89	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma <small>(Plasma Method- Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022</small>	92.19	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Absent		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Mpea CXL PRO PLUS Biochemistry Analyser

Pritam Dhanawade

Pritam Dhanawade
Lab Technician



Ritesh Kharche

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.200803168C

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022 25701053 / 9324924370 or
admin@seabirdhf.com

C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PILL NO. : CLAD899

Name : SAURABH SINGH

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

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Gardens, Powai, Mumbai-400076

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Gardens, Powai, Mumbai-400076

Reg. Date

14-Sep-2024 / 9:42 am

Coll Date

14-Sep-2024 / 9:41 am

Report Date

14-Sep-2024 / 4:58 pm

REPORT

BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
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----- End of Report -----

Pritam Dhanawade
Lab Technician



DR. RITESH KHARCHE
MBBS, MO PATHOLOGY
Pathologist
MMC Reg No.200803168C

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HQ- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Yeshu Cross Lane, Andheri East (Dr. Station), Mumbai- 40. Tel: 022- 48632704
Powai: 022-25701053 / 25704057

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Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

B. Enquiry and Home Visit Booking

022 25701053 / 9324924370 or
admin@seabirdhf.com

C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PIN NO. : CIA0899

Name : SAURABH SINGH

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Reg. Date

14-Sep-2024 / 9:36 am

Call Date

14-Sep-2024 / 9:41 am

Report Date

14-Sep-2024 / 4:58 pm

REPORT

Blood Group

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
BLOOD GROUP			
ABO Group	"B"		
RH (D)	Positive		

Method : Cell (Forward) grouping by Manual Slide Method
Sample: Whole Blood (EDTA)

----- End of Report -----

LATHA SONAWANE
Lab Technician



DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No 200603168C

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HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Toll Cross Lane, Andheri East (Nr. Station), Mumbai- 40. Tel: 022- 48832704

Fax: 022-25701055 / 25704157

Kodak: 0484- 2329022 / 4032022

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B. Enquiry and Home Visit Booking

022 25701053 / 9324924370 or
admin@seabirdhf.com

C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PID NO. : CIA0899

Name : SAURABH SINGH

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE
LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Reg. Date

14-Sep-2024 / 9:42 am

Coll Date

14-Sep-2024 / 9:41 am

Report Date

14-Sep-2024 / 4:58 pm

REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	14.3	gm/dl	13.0 - 17.0
RED BLOOD CELLS			
R.B.C. Count	5.39	million / cumm	4.5 - 5.5
HCT	43.7	%	40 - 50
MCV	81.1	fL	83 - 101
MCH	26.6	pg	27 - 32
MCHC	32.8	gm / dl	31.5 - 34.5
RDW (CV)	13.7	%	11.6 - 14.0
Total W.B.C. Count	8380	/cu.mm.	4000 - 10000
DIFFERENTIAL COUNT			
Neutrophils	67	%	40 - 80
Lymphocytes	33	%	20 - 40
Eosinophils	04	%	1 - 6

Pritam Dhanawade

Pritam Dhanawade
Lab Technician



DR. Ritesh Kharche

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No. 200603168C

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Fax: 022-25701033 / 25704157

Website: www.seabirdm.com | Email: seabird@seabirdm.com

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Reg. Date

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Coll Date

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Report Date

14-Sep-2024 / 4:58 pm

REPORT

Complete Blood Count

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Monocytes	06	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	208000	/cumm	150000 - 410000

MORPHOLOGY

RBC Morphology: Predominantly Normocytic and Normochromic

WBC Morphology: Normal Morphology

Platelets on Smear: Adequate on smear

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Hemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

— End of Report —

Pritam Dhanawade
Lab Technician



DR. RITESH KHARCHÉ
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.200603168C

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Kochi: 0484- 2322022 / 4032022

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14-Sep-2024 / 4:58 pm

REPORT

Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	05	mm at 1hr	0 - 15

Method: Westergren.
Sample: Whole Blood (EDTA)

----- End of Report -----

Dhanawade

Pritam Dhanawade
Lab Technician



Ritesh Kharche

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.200603168C

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A. SEA BIRD MEDICARE CENTRE

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Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

B. Enquiry and Home Visit Booking

D22 25701053 / 9324924370 or
admin@seabirdhf.com

C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PID NO. : CIA0899

Name : SAURABH SINGH

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE
LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Reg. Date

14-Sep-2024 / 9:42 am

Coll Date

14-Sep-2024 / 9:41 pm

Report Date

14-Sep-2024 / 4:58 pm

REPORT

Glycosylated Haemoglobin (HbA1c)

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
HbA1c Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 (EDTA Whole Blood, Turbidimetric)	5.58	%	4 - 5.69
Mean Blood Glucose (MBG)	121.70	mg/dl	

Interpretation & Remark:

- HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).
- HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association guideline 2022, for diagnosis of diabetes using cut-off points of 6.5 %.
- Trends in HbA1c are a better indicator of diabetic control than a solitary test.
- Low glycosylated haemoglobin (below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia (especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.
- To estimate the eAG from the HbA1c value, the following equation is used: $eAG(mg/dl) = 28.7 \times A1c - 46.7$
- Interference of Haemoglobinopathies in HbA1c estimation.
 - For HbF > 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
 - Heterozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status.
 - Heterozygous none detected.
- In known diabetic patients, following values can be considered as a guide for monitoring the glycaemic control.
 - Excellent Control - 6 to 7 %
 - Fair to Good Control - 7 to 8 %
 - Unsatisfactory Control - 8 to 10 %
 - and Poor Control - More than 10 %
- Test done on Mipa 13 Automated Cartridge Based Specific Protein Analyser.

----- End of Report -----

Pritam Dhanawade

Pritam Dhanawade
Lab Technician

DR. Ritesh Kharche

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.200603168C



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022 25701053 / 9324924370 or
admin@seabirdhf.com

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PO NO. : CIA0899

Name : SAURABH SINGH

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400075

Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400075

Reg. Date

14-Sep-2024 / 9:36 am

Coll Date

14-Sep-2024 / 9:41 am

Report Date

14-Sep-2024 / 4:58 pm

REPORT

LIPID PROFILE

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Total Cholesterol Serum, Method: CHOD-PAP	183.53	mg/dl	CHILD Desirable - Less than : 170 CHILD Borderline High : 170 - 199 CHILD High - More than : 200 ADULT Desirable - Less than : 200 ADULT Borderline High : 200 - 239 ADULT High - More than : 240
Triglycerides Serum, Method: GPO-PAP	05.12	mg/dl	NORMAL : <150 Borderline High : 150 - 199 High : 200 - 499 Very High : >500
HDL Cholesterol-Direct Serum, Method: Cholesterol-esterase-Direct	55.34	mg/dl	Desirable - Above : 50 Borderline Risk : 40 - 59 Undesirable - Below : 40
LDL Cholesterol Calculated	111.27	mg/dl	Desirable - Below : 130 Borderline Risk : 130 - 159 Undesirable - Above : 160
VLDL-Cholesterol Calculated	17.02	mg/dl	5 - 51
T.CHOL/HDLC Ratio Calculated	3.32		Acceptable for Male : < 5.00 Acceptable for Female : <4.50

Dhanawade

Pritam Dhanawade
Lab Technician



Ritesh Kharche

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.200603168C

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HO- Sea Bird Medicare Centre (REG 90012015): A-101-102, Heritage Plaza, Telt Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 48832704

Phone: 022-25701053 / 25704357

Kochi: 0484- 2322022 / 4032022

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022 25701053 / 9324924370 or
admin@seabirdhf.com

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PIO NO. : CIA0899

Name : SAURABH SINGH

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

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Gardens, Powai, Mumbai-400076

Reg. Date

14-Sep-2024 / 9:36 am

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14-Sep-2024 / 9:41 am

Report Date

14-Sep-2024 / 4:58 pm

REPORT

LIPID PROFILE

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
LDL/HDL-C Ratio Calculated	2.01		Acceptable for Males : < 3.50 Acceptable for Females : < 3.20

NOTE:

- 1) Biological Reference Intervals are as per ATP III, NCEP Guidelines and National Lipid Association (NLA) 2014 Recommendations.
- 2) Tests done on Fully Automated Miapa CX2 PRO PLUS Biochemistry Analyser
- 3) The LDL-Cholesterol is calculated by the Friedewald equation which provides a reliable LDL-Cholesterol value estimate when triglyceride levels are below 400 mg/dL. A direct measurement is advised if the triglyceride levels are >400mg/dL.

———— End of Report ————

Pritam Dhanawade
Lab Technician

DR. RITESH KHARCHE
MBBS, MO PATHOLOGY
Pathologist
MMC Reg No.200603168C



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HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Tall Cross Lane, Andheri East (Dr. Station), Mumbai- 69 Tel: 022- 4662794

Phone: 022-25701053 / 25704157

Kochi: 0484- 3323022 / 4032022

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admin@seabirdhf.com

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PID NO. : CIA0899
Name : SALRABH SINGH
Sex / Age : Male / 35 Years
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :
Sample Collected At :
Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076
Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date
14-Sep-2024 / 9:42 am
Coll Date
14-Sep-2024 / 9:41 am
Report Date
14-Sep-2024 / 4:58 pm

REPORT

LIVER FUNCTION TEST

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
S.G.O.T. (Serum, Method-IFCC / UV without PSP)	20.43	U/L	0 - 40
Sr. Alkaline Phosphatase (Serum, Kinetic Method by IFCC)	56.22	U/L	40 - 129
S.G.P.T. (Serum, Method- IFCC / UV without PSP)	42.62	U/L	0 - 41
GGT (Serum, Method- IFCC Method)	26.9	U/L	8 - 61
Bilirubin (Total) (Serum, Method-Diazo- End point)	0.55	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum, Method-Diazo-End point)	0.1	mg/dl	0.0 - 0.40
Bilirubin (Indirect) Calculated	0.45	mg/dl	0.0 - 0.90
Total Proteins (Serum, Method-Biuret)	6.66	g/dl	6.6 - 8.7
Albumin (Serum, Method-Bromocresol Green)	4.49	g/dl	3.5 - 5.2
Globulin Calculated	2.17	g/dl	1.90 - 3.70
A/G ratio Calculated	2.07		

Test Done on Fully Automated Mpa CXL PRO PLUS Biochemistry Analyser.

Dhanawade

Pritam Dhanawade
Lab Technician



R. Kharche

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.200603168C

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Powai: 022-25709053 / 25704857

Kochi: 0484- 2322022 / 4052022

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PID NO. : CIA0899

Name : SAURABH SINGH

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Processing Location - Sea Bird Medicare
105-107 Gateway Plaza Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Reg. Date

14-Sep-2024 / 5:42 am

Coll Date

14-Sep-2024 / 9:43 am

Report Date

14-Sep-2024 / 4:58 pm

REPORT

LIVER FUNCTION TEST

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
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----- End of Report -----

Pritam Dhanawade
Lab Technician



DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
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PID NO. : CA0889

Name : SAURABH SINGH

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

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105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Reg. Date

14-Sep-2024 / 9:35 am

Coll Date

14-Sep-2024 / 9:41 am

Report Date

14-Sep-2024 / 4:56 pm

REPORT

RENAL PROFILE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Urea Serum, Method-Urease	17	mg/dl	16.6- 48.5 mg/dl
Blood Urea Nitrogen Serum, Method-Urease	7.94	mg/dl	06 - 20 mg/dl
Creatinine Serum, Method-Kinetic Jaffe	1	mg/dL	0.62 - 1.17 mg/dl
Uric Acid Serum, Method: Uricase-POD	5.46	mg/dl	3.4 - 7.0

Test Done on Fully Automated Maps CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----

Pritam Dhanawade
Lab Technician



DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No 200803168C

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C. Sea Bird Medicare services are also available at:

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PIO NO. : CIAD899

Name : SAURASH SINGH

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Reg. Date

14-Sep-2024 / 9:42 am

Coll Date

14-Sep-2024 / 9:41 am

Report Date

14-Sep-2024 / 4:58 pm

REPORT

THYROID FUNCTION TEST

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
TSH	1.86	µIU/ml	0.25-5 µIU/ml
T3	1.25	nmol/l	0.02-2.33 nmol/l
T4	72.8	nmol/l	60-120 nmol/l

The assay principle combines an enzyme immunoassay competition method with a final fluorescent detection (ELFA).

INTERPRETATION

TSH : A high TSH result often means an under active thyroid gland that is not responding adequately to the stimulation of TSH due to some type of acute or chronic thyroid dysfunction. A high TSH value can also occur when someone with a known thyroid disorder or who has had their thyroid gland removed is receiving too little thyroid hormone medication. A low TSH result can indicate an over active thyroid gland (hyperthyroidism) or excessive amounts of thyroid hormone medication in those who are being treated for an under active (or removed) thyroid gland. An abnormal TSH test result is usually followed by additional testing to investigate the cause of the increase or decrease.

T3 : Triiodothyronine T3 contributes significantly to the maintenance of the euthyroid state, and the total T3 concentration has a role in screening for thyroid disease in conjunction with other tests. T3 gland cannot diagnose hypothyroidism, but it may be more sensitive than thyroxine (T4) for hyperthyroidism.

T4 : Thyroxine accounts for at least 90% of circulating protein-bound iodine. While >99.9% of T4 is protein-bound, primarily to thyroxine-binding globulin(TBG), it is the free fraction that is biologically active. In most patients the total T4 level is a good indicator of thyroid status, however it can sometimes be inadequate, and diagnostic efficiency may be improved by use of a total T4 test in conjunction with other tests.

———— End of Report ————

Dhanawade

Pritam Dhanawade
Lab Technician



Ritesh Kharche

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.200803168C

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Powai: 022-25701053 / 25704657

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Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

B. Enquiry and Home Visit Booking

022 25701053 / 9324924370 or
admin@seabirdhf.com

C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PIO NO. : CIA0899

Name : SAURABH SINGH

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Reg. Date

14-Sep-2024 / 9:42 am

Coll Date

14-Sep-2024 / 9:41 am

Report Date

14-Sep-2024 / 4:58 pm

REPORT

URINE ANALYSIS

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
PHYSICAL EXAMINATION			
Colour	Paie Yellow		Paie Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	5.5		5.0 - 9.0
Specific Gravity	1.015		1.000 - 1.030
CHEMICAL EXAMINATION			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bilirubio	Absent		Absent
Nitrite	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)

Dhanawade

Pritam Dhanawade
Lab Technician



Ritesh Khapche

DR. RITESH KHAPCHE
MBBS, MO PATHOLOGY
Pathologist
MMC Reg No.200603188C

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PID NO : CIA0899

Name : SALURABH SINGH

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Reg. Date

14-Sep-2024 / 9:42 am

Coll Date

14-Sep-2024 / 9:41 am

Report Date

14-Sep-2024 / 4:58 pm

REPORT

URINE ANALYSIS

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Ocult Blood	Absent		Absent
MICROSCOPIC EXAMINATION			
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 3 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

METHOD:

Physical Examination : Visual Strip Method

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/ peroxidase reaction), Ketone(Folmer's test), Leukocytes(Reflectance Photometer/Leucocyte esterase), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy

----- End of Report -----

Pritam Dhanawade
Lab Technician



DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.200603168C

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SEA BIRD MEDICARE CENTRE

Report ID : **S M149145613** Reg. : **14-Sep-2024**
Patient Name : **Mr. SAURABH SINGH** Report Date : **16-Sep-2024**
Rank : Company Name : **M/S. APGLLO HEALTH AND LIFESTYLE**
Ref By : **DR.PARAG ARVIHD PRADHAN** Age/Sex : **35 Year / Male**

CHEST X RAY REPORT

X-Ray No : 5388

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Beth lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.




Dr. Jacob
Mathew MD

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Phone: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: www.seabirdhf.com | Email: seabird@seabirdhf.com

ID: 1271
SAURABH
Years (/ /)

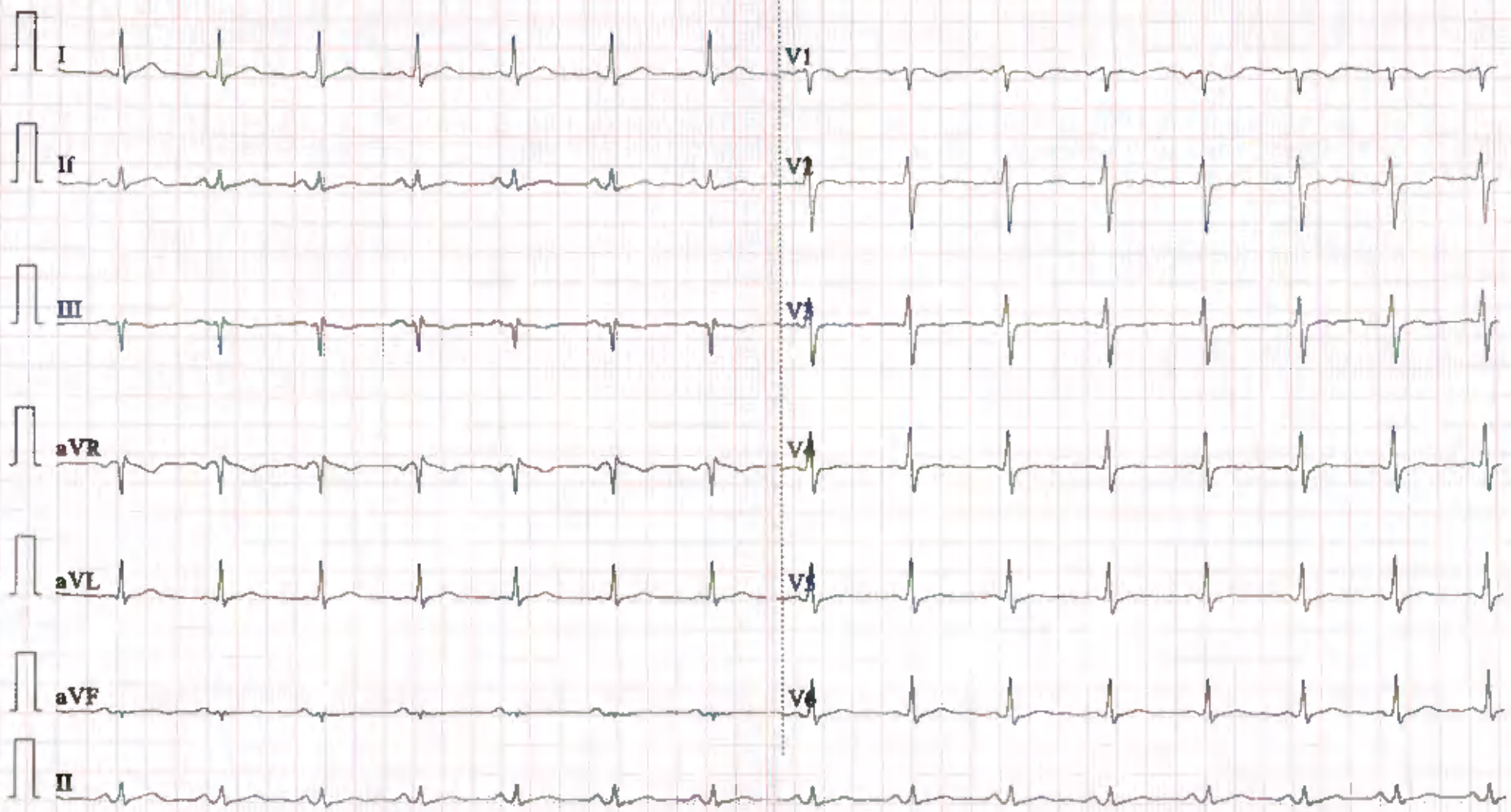
14-09-2024 10:23:25
HR : 89 bpm
P : 110 ms
PR : 130 ms
QRS : 102 ms
QT/QTcBz : 348/424 ms
P/QRS/T : 57/0/14 °
RV5/SV1 : 0.684/0.374 mV

Diagnosis Information:

NSR 

Dr. Mrinalini Singh
Consultant Physician
MBBS, DNB, MRCP (UK), EDIC
Reg. No. 2019/02/0392

Unconfirmed Report.



SEABIRD MEDICARE CENTRE POWAI

Patient Details Date: 14-Sep-24 Time: 12:44:04
 Name: SAURABH SINGH ID: 4248
 Age: 35 y Sex: M Height: 178 cms. Weight: 83 Kg.
 Clinical History: NIL
 Medications: NIL

Test Details

Protocol: Bruce Pr.MHR: 185 bpm THR: 157 (85% of Pr.MHR) bpm
 Total Exec. Time: 7 m 45 s Max. HR: 157 (85% of Pr.MHR) bpm Max. Mets: 10.20
 Max. BP: 160/100 mmHg Max. BP x HR: 25120 mmHg/min Min. BP x HR: 7200 mmHg/min
 Test Termination Criteria: THR ACHIEVED

Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0 : 21	1.0	0	0	93	120/80	-0.42 aVR	1.06 II
Standing	0 : 10	1.0	0	0	90	120/80	-0.42 aVR	1.06 II
Hyperventilation	0 : 0	1.0	0	0	94	120/80	-0.42 aVR	1.06 II
1	3 : 0	4.6	1.7	10	117	130/80	-5.52 I	4.96 II
2	3 : 0	7.0	2.5	12	145	140/90	-1.27 III	3.18 III
Peak Ex	1 : 45	10.2	3.4	14	157	150/100	-1.91 V9	-2.83 V5
Recovery(1)	1 : 0	1.8	1	0	133	160/100	-1.27 III	2.12 II
Recovery(2)	1 : 0	1.0	0	0	124	140/90	-0.64 II	2.12 II
Recovery(3)	1 : 0	1.0	0	0	109	120/80	-0.64 III	1.77 II
Recovery(4)	0 : 28	1.0	0	0	96	120/80	-0.42 III	1.06 II

Interpretation

The patient exercised according to the Bruce protocol for 7 m 45 s achieving a work level of Max. METS : 10.20. Resting heart rate initially 93 bpm, rose to a max. heart rate of 157 (85% of Pr.MHR) bpm. Resting blood Pressure 120/80 mmHg, rose to a maximum blood pressure of 160/100 mmHg. No significant ST-T changes. TMT negative for inducible ischemia for the workload achieved.



Dr. Mrinalni Singh
 Consultant Physician
 MBBS, DNB, MRCP (UK), EDIC
 Reg. No. 2019/02/0392

Ref. Doctor: APOLLO
 (Summary Report posted by user)

Doctor: -
 (c) Schiller Healthcare India Pvt. Ltd. V.4.7

SEABIRD MEDICARE CENTRE POWAI

SAURABH SINGH (35 M)

ID: 4248

Date: 14-Sep-24

Exec Time: 0 m 0 s

Stage Time: 0 m 21 s

HR: 93 bpm

Protocol: Bruce

Stage: Supine

Speed: 0 mph

Grade: 0%

(THR: 157 bpm)

B.P: 120 / 80

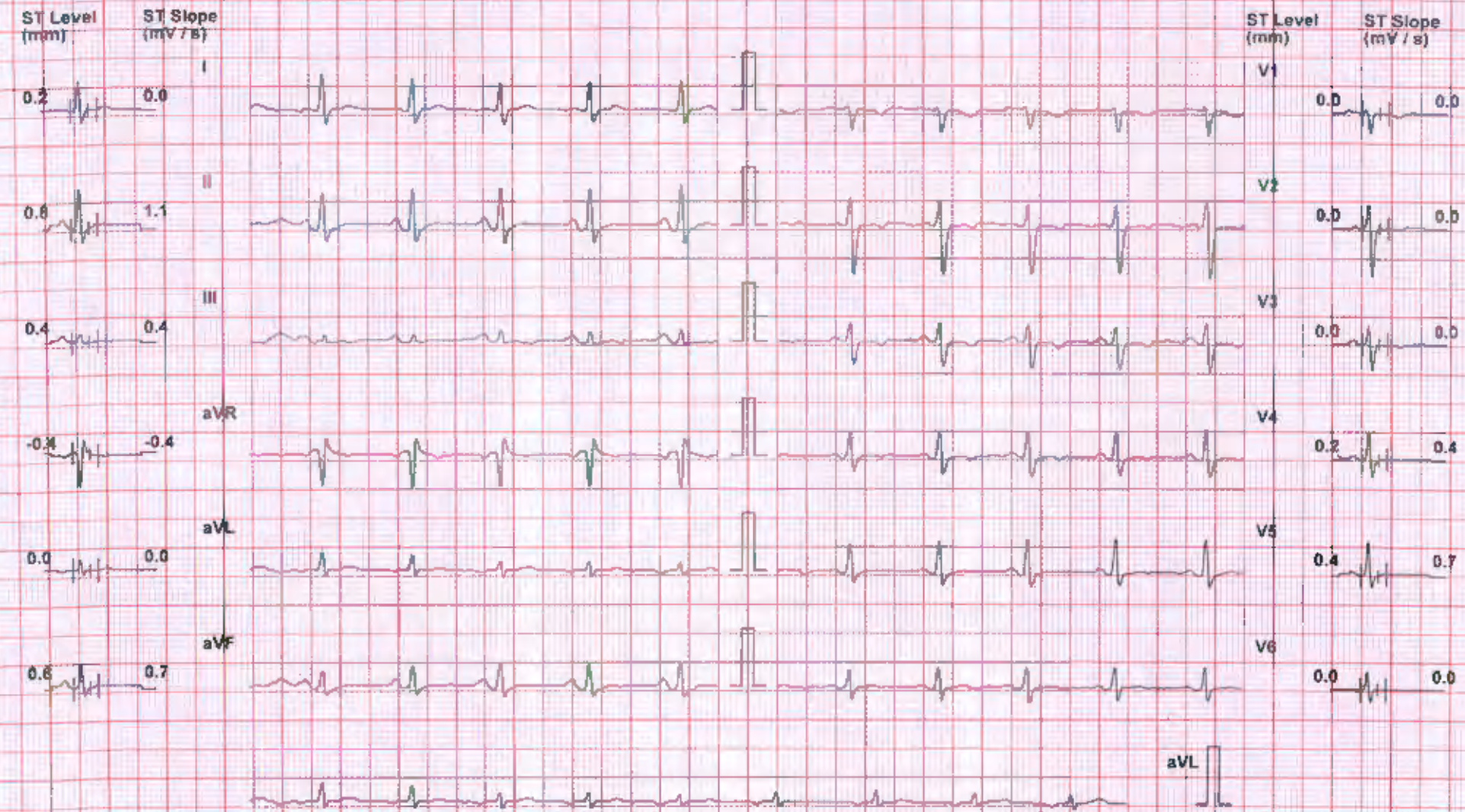


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

ISO = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandini V4.7

SEABIRD MEDICARE CENTRE POWAI

SAURABH SINGH (35 M)

ID: 4248

Date: 14-Sep-24

Exec Time: 0 m.0 s

Stage Time: 0 m.10 s

HR: 90 bpm

Protocol: Bruce

Stage: Standing

Speed: 0 mph

Grade: 0%

(THR: 157 bpm)

B.P. 120/80

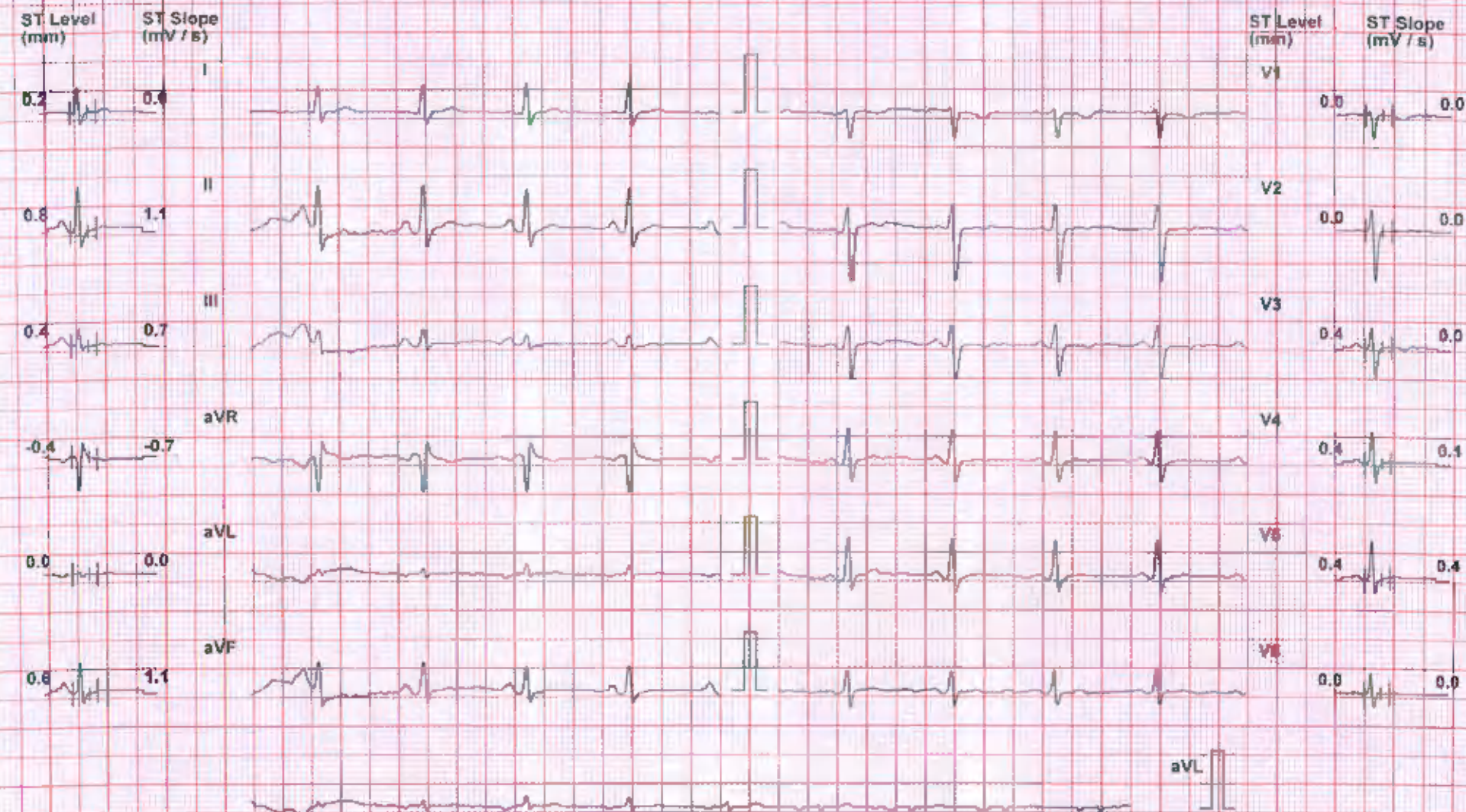


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 80 ms

Post J = J + 60 ms

Schnee-Spendlin V4.7

SEABIRD MEDICARE CENTRE POWAI

SAURABH SINGH (35 M)

ID: 4248

Date: 14 Sep 24

Exec Time: 0 m 0 s

Stage Time: 0 m 6 s

HR: 94 bpm

Protocol: Bruce

Stage: Hyperventilation

Speed: 0 mph

Grade: 0%

(THR: 157 bpm)

B.P: 120/80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

I 0.2 0.0

V1 0.0 0.0

II 1.5 1.1

V2 0.0 0.0

III 0.5 0.7

V3 0.2 0.0

aVR -0.4 -0.4

V4 0.4 0.4

aVL 0.0 0.0

V5 0.4 0.4

aVF 0.6 0.7

V6 0.0 0.0

aVL

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filtr ON

Amp: 10 mm

iso = R + 50 ms

J = R + 60 ms

Post J = J + 80 ms

Schaller Spenden V 1.7

SEABIRD MEDICARE CENTRE POWAI

SAURABH SINGH (35 M)

ID: 4248

Date: 14-Sep-24

Exec Time: 3 m 0 s

Stage Time: 3 m 0 s

HR: 117 bpm

Protocol: Bruce

Stage: 1

Speed: 1.7 mph

Grade: 10 %

(THR: 157 bpm)

B.P: 130 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

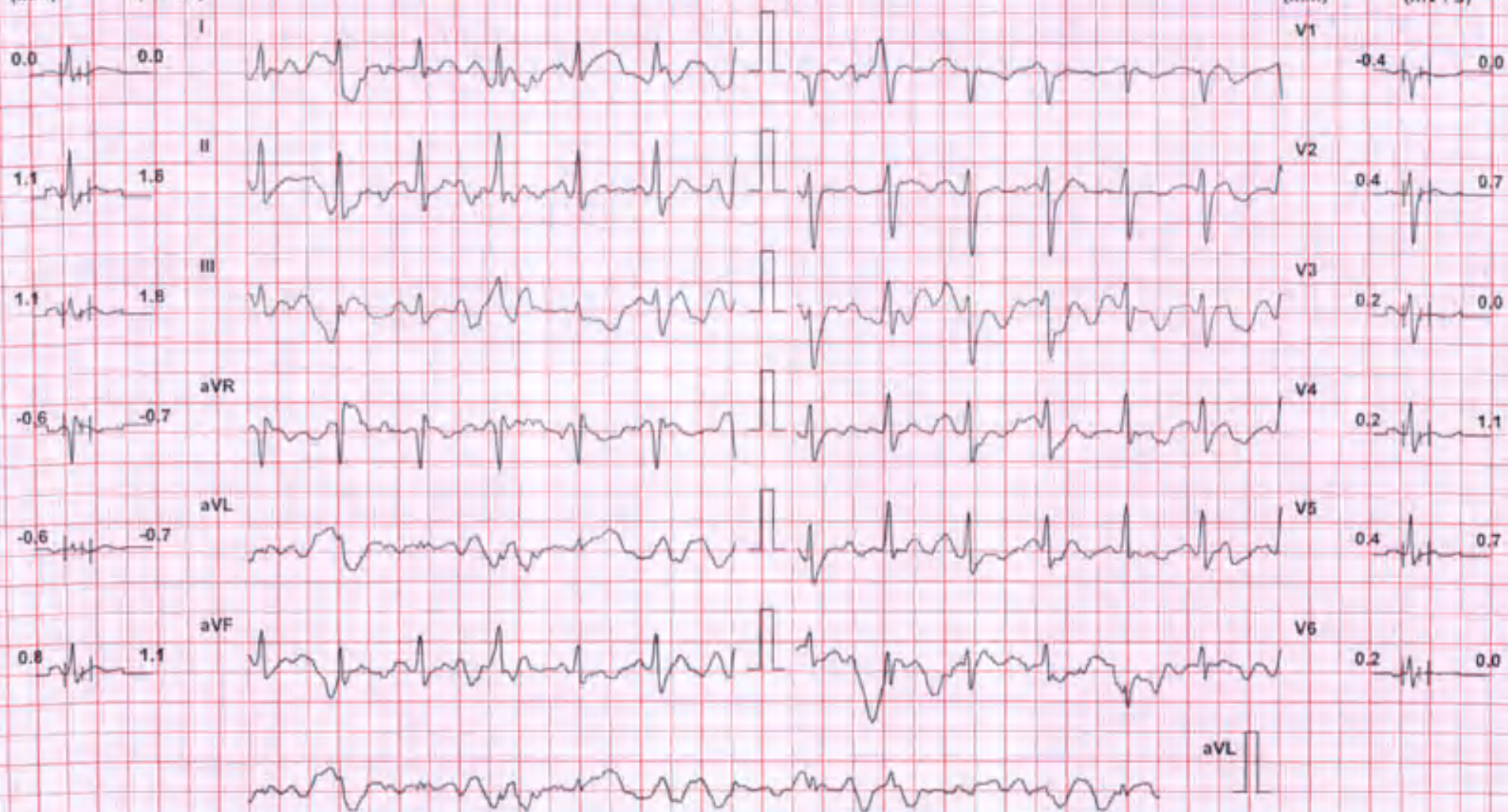


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

iso - R - 60 ms

J - R - 60 ms

Post J - J - 60 ms

Schiller Spanden V 4.7

SEABIRD MEDICARE CENTRE POWAI

SAURABH SINGH (35 M)

ID: 4248

Date: 14 Sep 24

Exec Time: 8 m 0 s

Stage Time: 3 m 0 s

HR: 145 bpm

Protocol: Bruce

Stage: 2

Speed: 2.5 mph

Grade: 12 %

(THR: 157 bpm)

B.P: 140 / 90

ST Level (mm)

ST Slope (mV / s)

ST Level (mm)

ST Slope (mV / s)

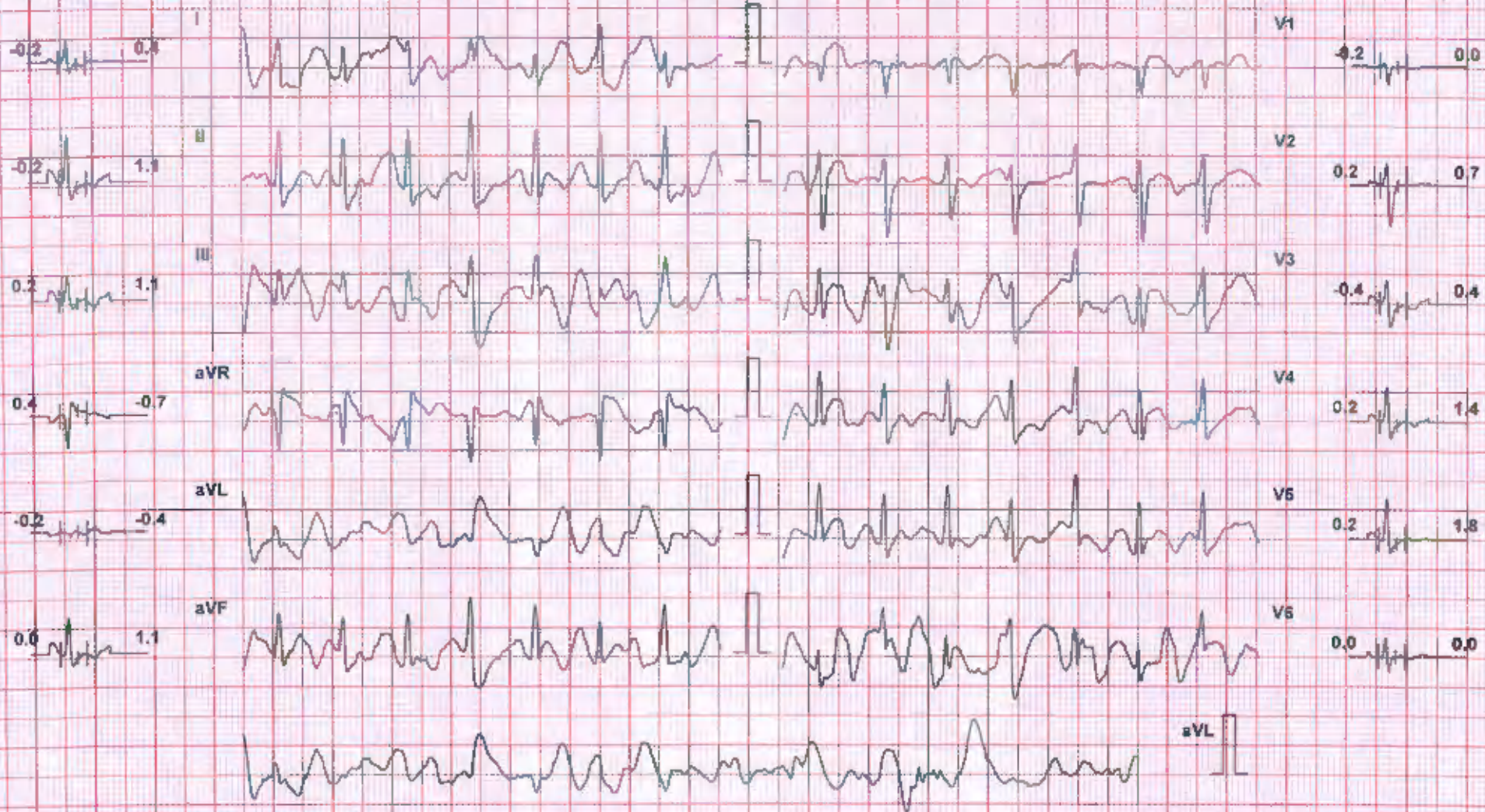


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt ON

Amp: 10 mm

Isa = R - 50 ms

J = R + 50 ms

Post J = J + 50 ms

Schiller Spandon V4.7

SEABIRD MEDICARE CENTRE POWAI

SAURABH SINGH (35 M)

ID: 424B

Date: 14 Sep 24

Exec Time: 7 m 45 s

Stage Time: 1 m 48 s

HR: 157 bpm

Protocol: Bruce

Stage: Peak Ex

Speed: 3.4 mph

Grade: 14 %

(THR: 157 bpm)

B.P. 150/100

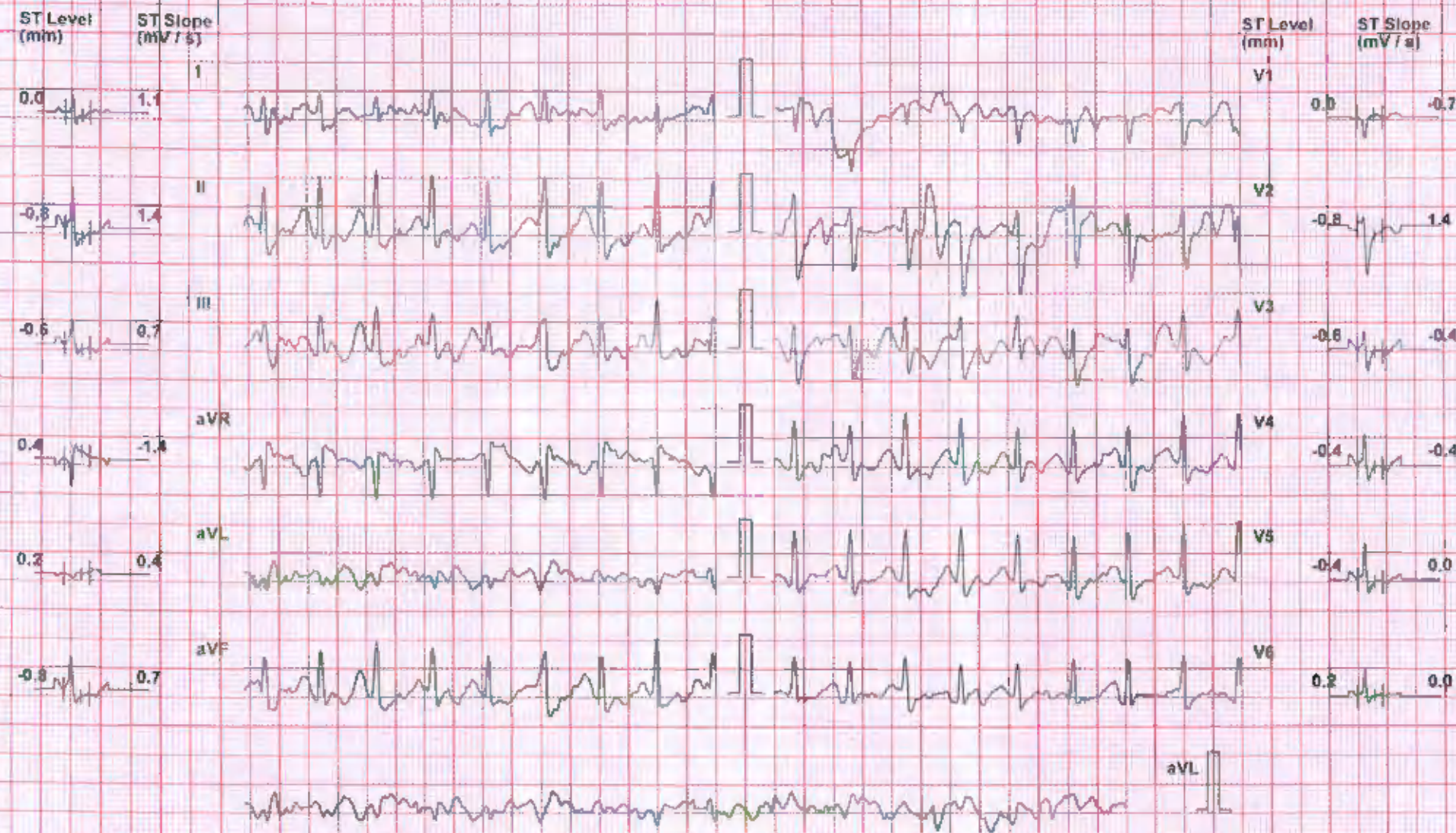


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

Iso = R - 50 ms

U = R + 60 ms

Post U = J + 60 ms

Schiller Spandian V 4.7

SEABIRD MEDICARE CENTRE POWAI

SAURABH SINGH (35 M)

ID: 4248

Date: 14-Sep-24

Exec Time: 7:35:59

Stage Time: 1 m 8 s

HR: 138 bpm

Protocol: Bruce

Stage Recovery(1)

Speed: 0 mph

Grade: 0%

(THR: 157 bpm)

B.P: 160/100

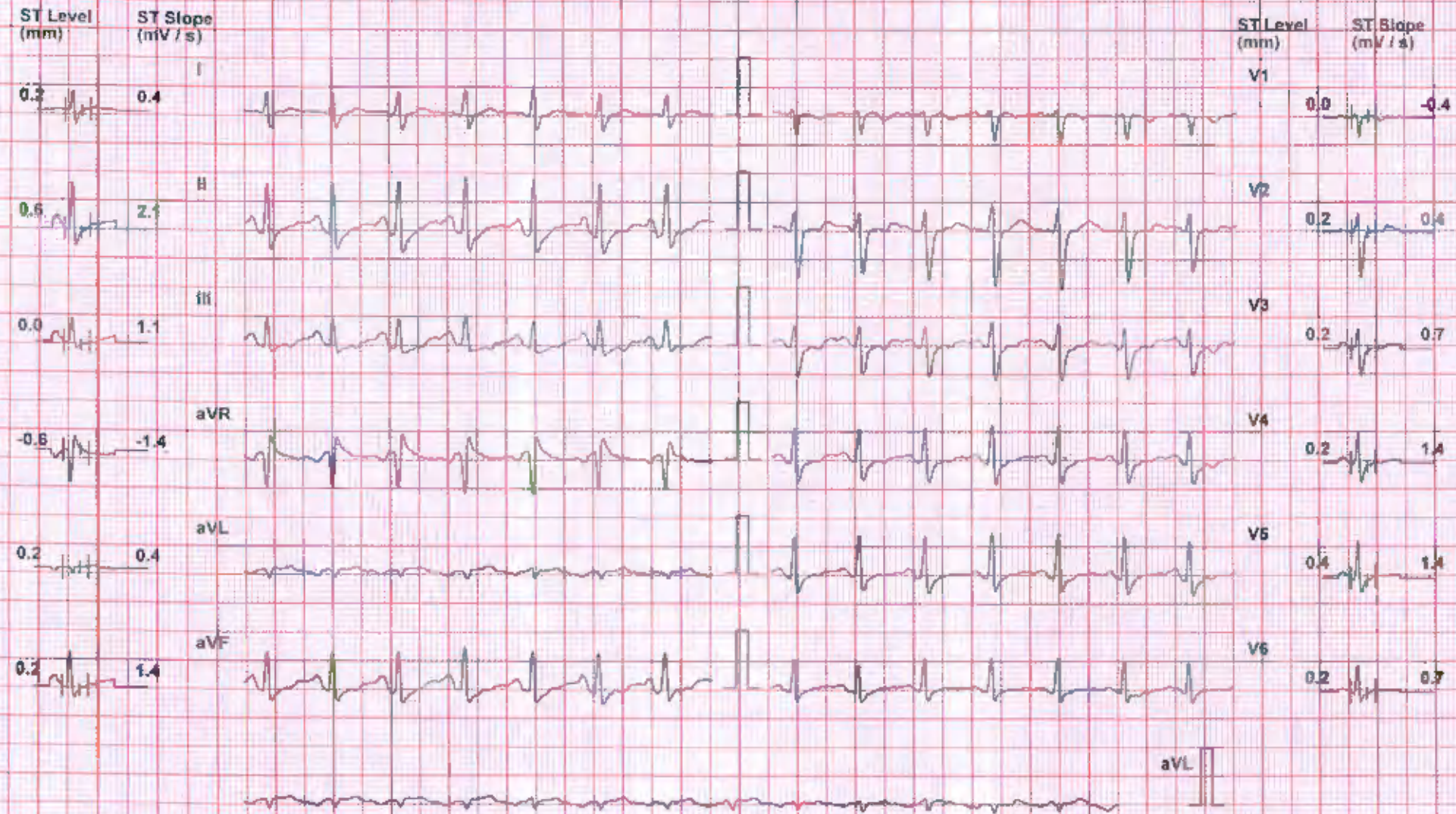


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 90 ms

J = R + 60 ms

Post J = J + 80 ms

Schiller Spandin V 4.7

SEABIRD MEDICARE CENTRE POWAI

SAURABH SINGH (35 M)

ID: 4248

Date: 14 Sep 24

Exec Time: 7 m 45 s

Stage Time: 1 m 0 s

HR: 124 bpm

Protocol: Bruce

Stage: Recovery(2)

Speed: 0 mph

Grade: 0%

(THR: 157 bpm)

B.P: 140 / 90



Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

ISO = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Spacer Spacers V4?

SEABIRD MEDICARE CENTRE POWAI

SAURABH SINGH (35 M)

ID: 4248

Date: 14 Sep 24

Exec Time: 7 m 45 s

Stage Time: 1 m 0 s

HR: 109 bpm

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph

Grade: 0%

(THR: 157 bpm)

B.P: 120 / 80



Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R + 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spindel V 4.7