

DR. NETRAVALKAR'S ASHWINI PATHOLOGY LABORATORY

(For all investigation in Histopathology, Cytopathology, Haematology, Clinical Pathology, Microbiology & Hormonal Chemistry)

Consultant Pathologist : **Dr. Prasad Netravalkar** MBBS, MD (Path) BOM

(HOME COLLECTION FACILITY AVAILABLE)

Panaji : 1st, Floor, Rizvi Sadan, Above Saroj Emporium, Near Inox Theatre, Opp. Municipal Market, Panaji.

Ph.: 2229142, 8407912840, 8390242524

E-mail : ashwinilabpanaji@gmail.com, drprasadnetravalkar@gmail.com

Mapusa : F8, Ramchandra Chambers, 1st Floor, Mapusa Clinic Road, Mapusa - Bardez, Goa. Ph.: 2252320, 2250709

Sanquelim : 1st floor, Shanta Commercial Complex, Sanquelim - Goa. Ph.: 2364524, 9067292714

Date ; 18/04/2024

Medical Examination

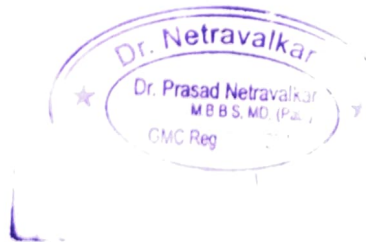
This is to certify that Mr. Arlene A Rodrigues C Amaral, 59Y/F has been examined by me. He is found to be physically fit. He is not suffering from any communicable diseases.

Medical Examination

General Physique :

- Blood pressure : 124/ 84 mmHg
- Pulse rate : 72 beats/min
- Visual Acuity : 6/6 in both eyes
- Near & Distant vision : Normal
- Height : 177 cms
- weight : 80 kgs

Opinion : Medically Fit.



[Handwritten Signature]
18/4/24
Pathologist

DR. NETRAVALKAR'S ASHWINI PATHOLOGY LABORATORY

Investigation in Histopathology, Cytopathology, Haematology, Clinical Pathology, Microbiology & Hormonal Chemistry)

Consultant Pathologist : **Dr. Prasad Netravalkar** MBBS, MD (Path) BOM.

(HOME COLLECTION FACILITY AVAILABLE)

Panaji : 1st, Floor, Rizvi Sadan, Above Saroj Emporium, Near Inox Theatre, Opp. Municipal Market, Panaji.

Ph.: 2229142, 8407912840, 8390242524

E-mail : ashwinilabpanaji@gmail.com, drprasadnetravalkar@gmail.com

Mapusa : F8, Ramchandra Chambers, 1st Floor, Mapusa Clinic Road, Mapusa - Bardez, Goa. Ph.: 2252320, 2250709

Sanquelim : 1st floor, Shanta Commercial Complex, Sanquelim - Goa. Ph.: 2364524, 9067292714

Pt.No. : 61 180424

Pt.Name : - Arlene A Rodrigues C Amaral

Age : 59 Yrs. Sex : F

Ref. By : -

Date : 18-04-2024

Normal Range

COMPLETE HEMOGRAM

Haemoglobin	: 12.7	g/dl	11.5 - 16.5 g/dl
W.B.C Count	: 7200	cells/ cu-mm	4000 - 11000 cells/ cu-mm
R.B.C Count	: 4.67	millions / cu-mm	3.8 - 4.5 millions / cu-mm
MCV	: 75.7	fl	80 - 99 fl
MCH	: 27.2	Pg	27 - 33 Pg
MCHC	: 35.9	%	32 - 37 %
PCV	: 35.3	%	37 - 47 %
Platelet Count	: 2.32	lakhs /cu mm	1.5 - 4.5 lakhs /cu mm
E.S.R (Westergren)	: 15	mm/hr	0 - 20 mm/hr

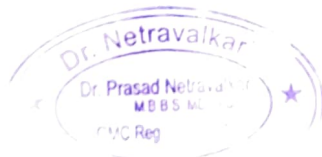
DIFFERENTIAL COUNT

Stab Cells	: 03	%	1-5 %
Neutrophils	: 57	%	40- 60 %
Lymphocytes	: 29	%	20 - 45 %
Eosinophils	: 04	%	1 - 6 %
Monocytes	: 06	%	0 - 10 %
Basophils	: 01	%	0 - 1 %
Abnormal Cells	: Nil		

SMEAR EXAMINATION

RBC Morphology	: Normocytic , Normochromic
W.B.C Morphology	: Within Normal Limits
Platelets on Smear	: Adequate
Parasites	: Absent

Blood Group : 'B' Rh Positive



Pathologist

Dr. Prasad Netravalkar
MBBS, MD (Bom)
GMC Reg. No. 1294

We Care

All Diagnostic facilities under one roof in Panaji centre - Lab, ultrasound, X ray, ECG, TMT, ECHO

**DR. NETRAVALKAR'S
ASHWINI PATHOLOGY LABORATORY**

(Investigation in Histopathology, Cytopathology, Haematology, Clinical Pathology, Microbiology & Hormonal Chemistry)

Consultant Pathologist **Dr. Prasad Netravalkar** MBBS, MD (Path) BOM

(HOME COLLECTION FACILITY AVAILABLE)

Address : 1st, Floor, Rizvi Sadan, Above Saroj Emporium, Near Inox Theatre, Opp. Municipal Market, Panaji.

Ph.: 2229142, 8407912840, 8390242524

E-mail : ashwinilabpanaji@gmail.com, drprasadnetravalkar@gmail.com

Mapusa : F8, Ramchandra Chambers, 1st Floor, Mapusa Clinic Road, Mapusa - Bardez, Goa. Ph.: 2252320, 2250709

Sanquelim : 1st floor, Shanta Commercial Complex, Sanquelim - Goa. Ph.: 2364524, 9067292714

Pt.No. : 61 180424

Pt.Name : - Arlene A Rodrigues C Amaral

Age : 59 Yrs. Sex : F

Ref. By : -

Date : 18-04-2024

Normal Range

Fasting Blood Sugar : 105.0 mg/dl

70-110 mg/dl

GLYCOSYLATED HAEMOGLOBIN IN BLOOD (HPLC METHOD)

HbA1C : 5.60 %

Mean Blood Glucose : 113 mg %

INTERPRETATION:

HbA1c %

NORMAL

Below 6.5 %

GOOD DIABETIC CONTROL

6.5 % - 7.5 %

FAIR CONTROL

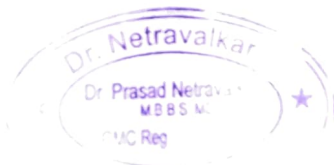
7.5 % - 8.0 %

UNSATISFACTORY CONTROL

8.0 % - 10.0 %

POOR CONTROL

Above 10.0 %



Pathologist

Dr. Prasad Netravalkar
MBBS, MD (Bom)
GMC Reg. No. 1294

We Care

All Diagnostic facilities under one roof in Panaji centre - Lab, ultrasound, X ray, ECG, TMT, ECHO

ASHWINI PATHOLOGY LABORATORY

(Investigation in Histopathology, Cytopathology, Haematology, Clinical Pathology, Microbiology & Hormonal Chemistry)

Consultant Pathologist : **Dr. Prasad Netravalkar** MBBS, MD. (Path) BOM.

(HOME COLLECTION FACILITY AVAILABLE)

Panaji : 1st, Floor, Rizvi Sadan, Above Saroj Emporium, Near Inox Theatre, Opp. Municipal Market, Panaji.
Ph.: 2229142, 8407912840, 8390242524
E-mail : ashwinilabpanaji@gmail.com, drprasadnetravalkar@gmail.com

Mapusa : F8, Ramchandra Chambers, 1st Floor, Mapusa Clinic Road, Mapusa - Bardez, Goa. Ph.: 2252320, 2250709
Sanquelim : 1st floor, Shanta Commercial Complex, Sanquelim - Goa. Ph.: 2364524, 9067292714

Pt.No. : 61 180424

Pt.Name : - Arlene A Rodrigues C Amaral

Age : 59 Yrs. Sex : F

Ref. By : -

Date : 18-04-2024

Normal Range

LIPID PROFILE

Total Cholesterol	: 273.0 mg/dl	130 - 220 mg/dl
S. Triglycerides	: 142.0 mg/dl	35 - 170 mg/dl
HDL Cholesterol	: 49.0 mg/dl	> 45 mg/dl
LDL Cholesterol	: 196 mg/dl	< 130 mg/dl
VLDL Cholesterol	: 28 mg/dl	Upto 35 mg/dl
TC/HDLC Ratio	: 5.6	< 4.5
LDLC/HDLC Ratio	: 4	2.5 - 3.5



Pathologist

Dr. Prasad Netravalkar
MBBS, MD (Bom)
GMC Reg. No. 1294

We Care

All Diagnostic facilities under one roof in Panaji centre - Lab, ultrasound, X ray, ECG, TMT, ECHO

70

ASHWINI PATHOLOGY LABORATORY

(All investigation in Histopathology, Cytopathology, Haematology, Clinical Pathology, Microbiology & Hormonal Chemistry)

Consultant Pathologist **Dr. Prasad Netravalkar** MBBS, MD (Path) BOM

(HOME COLLECTION FACILITY AVAILABLE)

anaji : 1st, Floor, Rizvi Sadan, Above Saroj Emporium, Near Inox Theatre, Opp. Municipal Market, Panaji.

Ph.: 2229142, 8407912840, 8390242524

E-mail : ashwinilabpanaji@gmail.com, drprasadnetravalkar@gmail.com

Mapusa : F8, Ramchandra Chambers, 1st Floor, Mapusa Clinic Road, Mapusa - Bardez, Goa. Ph.: 2252320, 2250709

Sanquelim : 1st floor, Shanta Commercial Complex, Sanquelim - Goa. Ph.: 2364524, 9067292714

Pt.No. : 61 180424

Pt.Name : - Arlene A Rodrigues C Amaral

Age : 59 Yrs. Sex : F

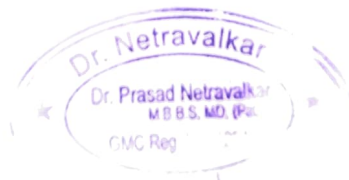
Ref. By : -

Date : 18-04-2024

Normal Range

LIVER FUNCTION TEST

S. Bilirubin (Total)	: 0.39 mg/dl	0 - 1 mg/dl
S. Bilirubin (Direct)	: 0.09 mg/dl	0 - 0.25 mg/dl
S. Bilirubin (Indirect)	: 0.3 mg/dl	0 - 0.75 mg/dl
S.G.O.T	: 21.0 U/L	0 - 42 U/L
S.G.P.T	: 36.0 U/L	0 - 42 U/L
S. Alkaline Phosphatase	: 103.0 IU/L	15 - 112 IU/L
GGTP	: 20.0 U/L	9-37 U/L
Total Proteins	: 7.52 g/dl	6.0 - 10.0 g/dl
S. Albumin	: 4.23 gm%	3.2 - 5.5 gm%
S. Globulin	: 3.3 g/dl	2.3 - 3.5 g/dl
A/G Ratio	: 1.3 : 1	



Pathologist

Dr. Prasad Netravalkar

MBBS, MD (Bom)
GMC Reg. No. 1294

ASHWINI PATHOLOGY LABORATORY

Investigation in Histopathology, Cytopathology, Haematology, Clinical Pathology, Microbiology & Hormonal Chemistry)

Consultant Pathologist : **Dr. Prasad Netravalkar** MBBS, MD. (Path) BOM.

(HOME COLLECTION FACILITY AVAILABLE)

Address : 1st, Floor, Rizvi Sadan, Above Saroj Emporium, Near Inox Theatre, Opp. Municipal Market, Panaji.
Ph.: 2229142, 8407912840, 8390242524

E-mail : ashwinilabpanaji@gmail.com, drprasadnetravalkar@gmail.com

Mapusa : F8, Ramchandra Chambers, 1st Floor, Mapusa Clinic Road, Mapusa - Bardez, Goa. Ph.: 2252320, 2250709

Sanquelim : 1st floor, Shanta Commercial Complex, Sanquelim - Goa. Ph.: 2364524, 9067292714

Pt.No. : 61 180424

Pt.Name : - Arlene A Rodrigues C Amaral

Age : 59 Yrs. Sex : F

Ref. By : -

Date : 18-04-2024

Normal Range

KIDNEY FUNCTION TESTS

Blood Urea	: 34.0 mg/dl	15 - 40 mg/dl
S. Creatinine	: 0.97 mg/dl	0.5 - 1.2 mg/dl
S. Uric Acid.	: 6.20 mg/dl	1.5 - 6.0 mg/dl
S. Sodium	: 139.9 mEq/L	135 - 155 mEq/L
S. Potassium	: 4.75 mEq/L	3.5 - 5.5 mEq/L
S. Chlorides	: 106.5 mEq/L	99 - 108 mEq/L



Pathologist

Dr. Prasad Netravalkar
MBBS, MD (Bom)
GMC Reg. No. 1294

Panaji : 1st, Floor, Rizvi Sadan, Above Saroj Emporium, Near Inox Theatre, Opp. Municipal Market, Panaji.

Ph.: 2229142, 8407912840, 8390242524

E-mail : ashwinilabpanaji@gmail.com, drprasadnetravalkar@gmail.com

Mapusa : F8, Ramchandra Chambers, 1st Floor, Mapusa Clinic Road, Mapusa - Bardez, Goa. Ph.: 2252320, 2250709

Sanquelim : 1st floor, Shanta Commercial Complex, Sanquelim - Goa. Ph.: 2364524, 9067292714

Pt.No. : 61 180424

Pt.Name : - Arlene A Rodrigues C Amaral

Age : 59 Yrs. Sex : F

Ref. By : -

Date : 18-04-2024

EXAMINATION OF URINE

PHYSICAL EXAMINATION

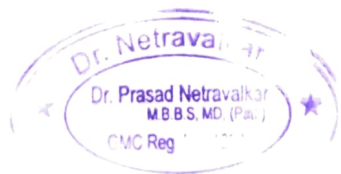
Quantity : 20 ml
Colour : Pale Yellow
Appearance : Slightly Hazy
pH : 6.5
Specific Gravity : 1.010

CHEMICAL EXAMINATION

Proteins : Absent
Glucose : Absent
Ketone Bodies : Absent
Bile Salts : Absent
Bile Pigments : Absent
Occult Blood : Negative
Urobilinogen : Normal

MICROSCOPIC EXAMINATION [As per hpf]

Epithelial Cells : 1 - 2 /hpf
Pus Cells : 3 - 4 /hpf
Red Blood Cells : Absent
Casts : Absent
Crystals : Absent



Pathologist

Dr. Prasad Netravalkar
MBBS, MD (Bom)
GMC Reg. No. 1294

valka
m)
294

We Care

Diagnostic facilities under one roof in Panaji centre - Lab, ultrasound, X ray, ECG, TMT, ECHO

3. 7

DR. NETRAVALKAR'S ASHWINI PATHOLOGY LABORATORY

(Investigation in Histopathology, Cytopathology, Haematology, Clinical Pathology, Microbiology & Hormonal Chemistry)

Consultant Pathologist : **Dr. Prasad Netravalkar** MBBS, MD. (Path) BOM.

(HOME COLLECTION FACILITY AVAILABLE)

Panaji : 1st, Floor, Rizvi Sadan, Above Saroj Emporium, Near Inox Theatre, Opp. Municipal Market, Panaji.
Ph.: 2229142, 8407912840, 8390242524
E-mail : ashwinilabpanaji@gmail.com, drprasadnetravalkar@gmail.com

Mapusa : F8, Ramchandra Chambers, 1st Floor, Mapusa Clinic Road, Mapusa - Bardez, Goa. Ph.: 2252320, 2250709
Sanquelim : 1st floor, Shanta Commercial Complex, Sanquelim - Goa. Ph.: 2364524, 9067292714

Patient Name : ARLENE ANNA RODRIGUES COELHO AMARAL

Referral : SELF

Age / Gender : 59 / Female

Reporting Time : Apr 18, 2024, 01:36 p.m.

Patient ID : 31988

Sample ID :



Source : DIRECT

Test Description	Value(s)	Reference Range	Unit
Thyroid Profile			
T3 (Total) Method : Serum ECL	1.64	1.30 - 3.10	nmol/l
T4 (Total)* Method : Serum ECL	87.97	66.0 - 181.0	nmol/l
TSH(Ultrasensitive)* Method : Serum ECL	4.10	0.270 - 4.20	uIU/ml

END OF REPORT



Pathologist

Dr. Prasad Netravalkar

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

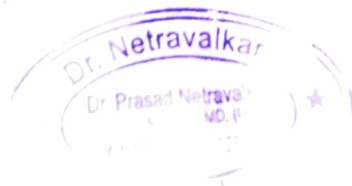
of Arlene Anna R Ammal on 18/4/24

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none">• Medically Fit	<input checked="" type="checkbox"/>
<ul style="list-style-type: none">• Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	<input type="checkbox"/>
<ul style="list-style-type: none">• Currently Unfit. <p>Review after _____ recommended</p>	<input type="checkbox"/>
<ul style="list-style-type: none">• Unfit	<input type="checkbox"/>

Dr. [Signature]
Medical Officer
The Apollo Clinic, (Location)

This certificate is not meant for medico-legal purposes



MER- MEDICAL EXAMINATION REPORT

Date of Examination	18 th April 2024	
NAME	Arlene Anna Amoral.	
AGE	59	Gender : F
HEIGHT(cm)	161	WEIGHT (kg) 75 kg
B.P.	150/86 mmHg	
ECG	Normal	
X Ray	Normal	
Vision Checkup	Color Vision : Normal	
	Far Vision Ratio : 6/6	
	Near Vision Ratio : 6/6	
Present Ailments	NO	
Details of Past ailments (If Any)	NO	
Comments / Advice : She /He is Physically Fit	she is Physically Fit	

Signature with Stamp of Medical Examiner

Handwritten notes in the top left corner, including "Amaral" and "25/10/11".



भारतीय विशिष्ट ओळख प्राधिकरण
भारत सरकार
Unique Identification Authority of India
Government of India

नोंदविण्याचा क्रमांक / Enrollment No 2017/00139/00462

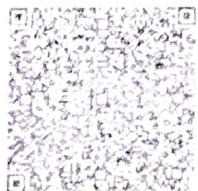
14/12/2011

To,
अर्लेने अन्न रोड्रीगिज इ कोएल्हो दु अमराळ
Arlene Anna Rodrigues E Coelho Do Amaral
W/O Savio Bento Antonio Coelho Do Amaral
A3 S2 Esar Galaxy
Shankarwadi
Taligao
Goa Panaji North Goa
Goa 403002
9420151964

Ref: 503 / 010 / 781495 / 781510 / P



UE119644115IN



आपला आधार क्रमांक / Your Aadhaar No. :

7519 7636 9891

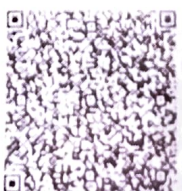
आधार – सामान्य माणसाचा अधिकार



भारत सरकार
GOVERNMENT OF INDIA



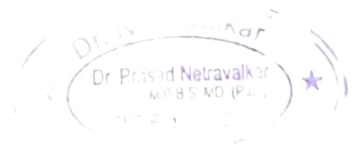
अर्लेने अन्न रोड्रीगिज इ कोएल्हो दु अमराळ
Arlene Anna Rodrigues E Coelho Do Amaral
जन्म वर्ष / Year of Birth 1964
♀ / Female



7519 7636 9891

आधार – सामान्य माणसाचा अधिकार

Handwritten signature: Arlene

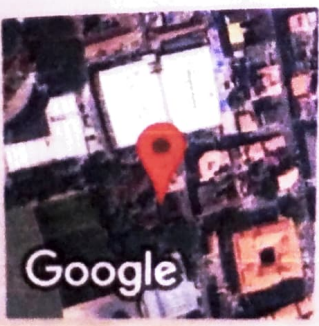




Dr. Netravalkar
 Dr. Prasad Netravalkar
 M.B.B.S. MD. (Paed.)
 GMC Reg. No. 1251

Dr. Netravalkar
 Dr. Prasad Netravalkar
 M.B.B.S. MD. (Paed.)
 GMC Reg. No. 1251

GPS Map Camera



Panaji, Goa, India
 FRXC+8RV, Governador Pestana Rd, Near Municipal Market, Panaji,
 Goa 403001, India
 Lat 15.49842°
 Long 73.822055°
 18/04/24 09:18 AM GMT +05:30

**DR. NETRAVALKAR'S
ASHWINI PATHOLOGY LABORATORY**

(For all investigation in Histopathology, Cytopathology, Haematology, Clinical Pathology, Microbiology & Hormonal Chemistry)

Consultant Pathologist **Dr. Prasad Netravalkar** MBBS, MD (Path) BOM

(HOME COLLECTION FACILITY AVAILABLE)

Panaji : 1st, Floor, Rizvi Sadan, Above Saroj Emporium, Near Inox Theatre, Opp. Municipal Market, Panaji.

Ph.: 2229142, 8407912840, 8390242524

E-mail : ashwinilabpanaji@gmail.com, drprasadnetravalkar@gmail.com

Mapusa : F8, Ramchandra Chambers, 1st Floor, Mapusa Clinic Road, Mapusa - Bardez, Goa. Ph.: 2252320, 2250709

Sanquelim : 1st floor, Shanta Commercial Complex, Sanquelim - Goa. Ph.: 2364524, 9067292714

Patients Name : Arlene Coelho Do Amara , 59Y/F

Date : 20/04/24

Ref. by Dr :

CYTOPATHOLOGY REPORT

Specimen sent : Pap smears.

Report : Pap smears show moderate sheets of superficial epithelial cells, few sheets of intermediate epithelial cells, occasional sheets of parabasal epithelial cells & occasional groups of endocervical epithelial cells.

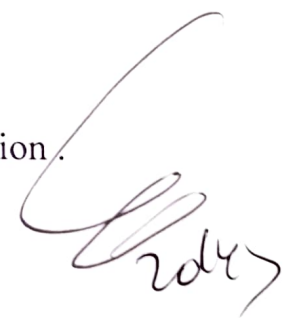
The epithelial cells show normal nucleus: cytoplasm ratio. Their nuclear chromatin is regular and well scattered.

Moderate no. of neutrophils and Dod.bacilli are seen in background.

No fungi or protozoa seen.

No evidence of dysplasia or malignancy seen

Opinion : Suggestive of Moderate Nonspecific Inflammation.



Pathologist

Dr. Prasad Netravalkar

MBBS, MD (Bom)

GMC Reg. No. 1294

201,202,203, Rizvi Sadan, 2nd Floor, Near Municipal Market, Next to Vaidya Hospital, Panaji - Goa.
Tel.: 0832 2238122 | Email: drashanetravalkar@gmail.com

NAME: MRS. ARLENE COELHO DO AMARAL
AGE: 59YRS
REF BY: DR.SELF

DATE: 18/04/2024
SEX: F

ULTRASONOGRAPHY OF ABDOMEN AND PELVIS

LIVER – It shows mild increased echotexture and normal size. No focal lesions are seen. Intrahepatic biliary and portal radicals appear normal. Length of liver is 14.2cm.PV -9mm.

PANCREAS— It shows normal echotexture and size. No focal lesions are seen.

GALL BLADDER---It is moderately distended. No calculus is seen. Pericholecystic space is normal.CBD is normal.

SPLEEN----- It shows normal echotexture and size. Length of spleen is 9.5cm

BOTH KIDNEYS Both kidneys show normal echotexture and size. Perirenal space is normal. Corticomedullary differentiation is seen well .No calculus or hydronephrosis is seen in both kidney.

Right kidney--measures 9.1cm x 3.8cms .

Left kidney—measures 11.8cms x4.5cms.

Urinary Bladder is well distended .No calculus and mass is seen.Both vesicoureteric junctions are normal.

UTERUS : It is anteverted and It measures 7.2cms x4.9cms x 2.9cms.

Myometrium show normal echotexture .No mass is seen.

Endometrial thickness is 3mm.

Both ovaries show normal echotexture and size.

Right ovary—measures 2cms x 1.4cms.

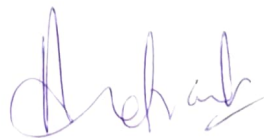
Left ovary -measures 1.9cms x 1.6cms .

No adnexal mass is seen.

No free fluid is seen in pelvis.Plenty of bowel gases are seen.

Impression : Mild fatty liver.

With regards,



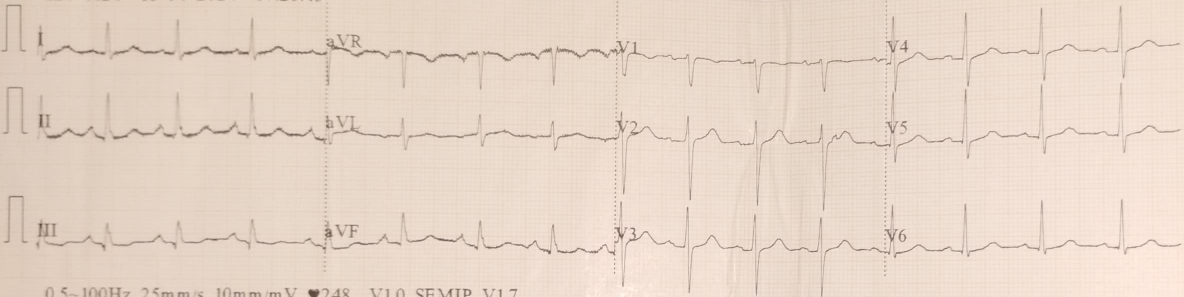
DR.ASHADEVI NETRAVALKAR,MD
RADIOLOGIST

DR. ASHADEVI NETRAVALKAR
MBBS, MD, AFIH
Consultant Radiologist
2nd Floor, Rizvi Sadan Panaji
Tel: 0832-2238122 / 0832-2238123

ID: 4424 18-04-2024 07:20:43

EPL

A3NDE 13



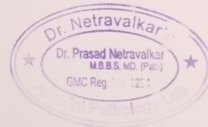
0.5-100Hz 25mm/s 10mm/mV ♥248 V1.0 SEMIP V1.7

ID: 4424

Female / mmHg
 59 Years cm kg

Prasad

HR : 94 bpm
 P : 107 ms
 PR : 176 ms
 QRS : 85 ms
 QT/QTc : 347/435 ms
 P/QRS/T : 75/60/33 °
 RV5/SV1 : 1.209/0.592 mV



ELG in hand
[Signature]
 18/4/24

Dr. Netravalkar's Imaging Centre

Dr. Ashadevi Netravalkar

MBBS., MD, AFIH

Consultant Radiologist & Sonologist

Name : ARLENE COELHO DO AMARAL

Age : 59 M/F F Date : 18.04.24

Investigation : ECCG

Ref. by Dr. : _____

201,202,203, Rizvi Sadan, 2nd Floor, Near Municipal Market,
Next to Vaidya Hospital, Panaji - Goa.

Tel.: 0832 2238122 | Email : drashanetravalkar@gmail.com

Timing : 8.00 am to 1.00 pm | 4.00 pm to 7.00 pm