



Name : Mrs. KUKI MAZUMDER (52 /F)

Date: 11/11/2023  
**AHC MEDICAL SUMMARY**

Address : C/O DEBAJIT MAZUMDER, GANESH MANDIR ROAD, SHIVAM PATH, GUWAHATI,  
KAMRUP(M), ASSAM, INDIA

Examined by: Dr .APHC

UHID : AHLG.000479097

Package : MediWheel Full Body Health Check up-Female Above 40Yrs

AHC No : APHCAH19231



### CHIEF COMPLAINTS

Package Name: MediWheel Full Body Health  
Check up-Female Above 40Yrs

### PRESENT KNOWN ILLNESS

Hypertension Since - 6; YRS  
Thyroid disease - hypothyroidism; Since -  
8; TRS



### DRUG ALLERGY

NO KNOWN ALLERGY :11/11/2023



### SYSTEMIC REVIEW

#### Cardiovascular system

- Nil Significant

#### Respiratory system

- Nil Significant

#### Gastrointestinal system

Appetite - normal; Abdominal pain - no; Dyspepsia -  
no; Peptic ulcer - no; Bowel habits - regular; Piles -  
no

#### Genitourinary system

- Nil Significant

#### Gynaec history

Menopause - yes; Since - 7 YRS

#### Central nervous system

Dizziness - no; Concentration - good; Sleep - good

#### Musculoskeletal system

Spine and joints  
Back (lower) - pain

#### Weight

- stable



### Present medications

- TRIOLMESAR 40 MG ONCE  
THYRONORM 62.5 MCG; DAILY



### Surgical history

Caesarian section - 2005

### Immunization history

- Covid Dose2



### Personal history

Marital status - Married  
No. of children - 1  
Female - 1  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - Yes  
Physical activity - Moderate



### Family history

Father - has expired  
Aged - 69 YRS  
- BRONCHITIS  
Mother - has expired  
Aged - 83 YRS  
Cause - stroke  
Sisters - 2  
Hypertension - mother  
Coronary artery  
disease - none  
Cancer - None  
CVA - mother

### PHYSICAL EXAMINATION



#### General

Height - 159  
Weight - 67  
BMI - 26.5

Waist circumference - 90  
Hip - 102  
Waist/ Hip ratio - 0.88  
Pallor - No  
Oedema - no  
SpO2 - 98% RA

**Cardiovascular system**

Heart rate (Per minute) - 84  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 90  
Diastolic(mm of Hg) - 60  
Heart sounds - S1S2+


**Respiratory system**

Rate of respiration(per minute) - 22  
Breath sounds - Normal vesicular breath sounds

**Abdomen**

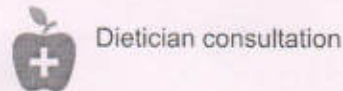
Organomegaly - No  
Tenderness - No

## Executive Summary

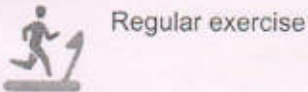
- 
1. Overweight (BMI 26.5)
  2. Hypertensive on medication (BP 90/60)
  3. Hypothyroid on medication (TSH 3.39 uIU/ml)
  4. Macrocytic anaemia (Hb 10.8 g/dl)
  5. Fatty liver Grade I
  6. Borderline high serum creatinine for follow up (1.2 mg/dl)
  7. Hyperuricaemia (6.7 mg/dl)

## Wellness Prescription

## Advice On Diet :-



## Advice On Physical Activity :-



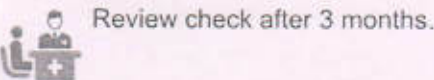
## Medications

1. TAB OLMESAR 40 MG                      1 tab once daily in the morning x continue
2. TAB THYRONORM 62.5 MCG            1 tab once daily before breakfast x continue

## Recommended Follow-up Tests

Test Name	Test Schedule	Repeat Frequency	Remarks
HB ELECTROPHORESIS	Immediate/Urgent		

## Follow-up and Review Plan



Scan the QR code  
in AskApollo App  
to book your  
follow-up  
appointments and  
investigations



Dr.APHC

AHC Physician / Consultant Internal Medicine

Printed By : HEALTH CHECK REPORT

Dr. Prabin Kumar Saikia  
MD (Gen Medicine), FCCP, FICP, PGDHHM  
Registration No.-7523, Assam  
Consultant Physician, APHC  
Apollo Hospitals Guwahati-781005

**Note :-** The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

### Medications

- |                           |  |
|---------------------------|--|
| 1. TAB OLMESAR 40 MG      | 1 tab once daily in the morning x continue   |
| 2. TAB THYRONORM 62.5 MCG | 1 tab once daily before breakfast x continue |

  
Dr.APHC

AHC Physician / Consultant Internal Medicine

Dr. Prabin Kumar Saikia  
MD (Gen Medicine), FCGP, FICP, PGDHHM  
Registration No.-7523, Assam  
Consultant Physician, APHC  
Apollo Hospitals Guwahati-781005

Name : Mrs. KUKI MAZUMDER Age : 52Yr 2Mth 23Days Gender : Female  
 UHID : AHLG.000479097 / APHCAH19231 W/BNo/RefNo : AHC  
 SIN \ LRN : 122537120 \ 122537606 \ 122537601 \ 10029264  
 Specimen : Serum  
 Ref Doctor : DR. PRABIN KUMAR SAIKIA



Collected on : 11-NOV-2023 11:28:04 AM Received on : 14-NOV-2023 09:55:58 AM Reported on : 14-NOV-2023 11:10:27 AM

MediWheel Full Body Health Check up-Female Above 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLUCOSE - PLASMA (POST PRANDIAL) Hexokinase	104	Normal: <140 Pre-Diabetic: 140-199 Diabetic :->=200	mg/dL
TOTAL T3: TRI IODOTHYRONINE - SERUM (Eclia)	1.6	Healthy Adults Euthyroid: 1.2-3.1	nmol/L
TOTAL T4: THYROXINE - SERUM (Eclia)	107.3	Healthy Adults Euthyroid: 58.1-154.8	nmol/L
TSH: THYROID STIMULATING HORMONE - SERUM (Eclia)	3.39	Healthy Adults Euthyroid: 0.270-4.20	uIU/mL
ALT(SGPT) - SERUM (UV With P5P-IFCC)	33	Healthy Females:14-59 U/L	U/L
ALBUMIN - SERUM (Brom Cresol Green)	3.9	Healthy Adults-3.5-5.2	g/dL
GLOBULIN-SERUM(Calculated)	4.2 *	Healthy Adults: 1.8 - 3.6	
ALBUMIN:GLOBULIN-SERUM(RATIO)(Calculated)	1 *	0 - 0	
ALKALINE PHOSPHATASE - SERUM PNPP,AMP Buffer-IFCC	121	Healthy Adults:40-150	U/L
AST (SGOT) - SERUM (UV With P5P-IFCC)	23	Healthy Adults:15 - 37	U/L

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CONSULTANTS

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DR. A. VERMA, DCP

DR. M. BARMAN, MD

DR. D.J. LAHON, MD (MICRO)

DR. M. SARMA, MD (MICRO)

\* The results relate to sample tested only. Partial reproduction of reports is prohibited.

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BILIRUBIN, TOTAL - SERUM (Modified Doumas Ref. method/Jendrassik & Grof.)	0.5	Healthy Adults:<=1.0	mg/dL
CHOLESTEROL - SERUM (Cholesterol Oxidase)	143	Desirable:<200 Borderline:200 - 240 High Risk:>=240	mg/dL
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM (L-gamma-glutamyl-3-carboxy-4-nitranilide)	25	Healthy Women:5 - 55	U/L
GLUCOSE -PLASMA (FASTING) Hexokinase	100	Non-Diabetic: <=100 Pre-Diabetic: 100-125 Diabetic: >=126	mg/dL
HDL CHOLESTEROL - SERUM / PLASMA (Direct Measurement)	39 *	Low: <40 High: >=60	mg/dL
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.7	Desirable :< 4.5	
LDL CHOLESTEROL - SERUM(DIRECT LDL) (Homogenous Method)	87	Optimal:<100 Near Optimal:100-129 Borderline High:130-159 High:160-189 Very High:>=190	mg/dL
PROTEIN, TOTAL - SERUM (Biuret)	8.1	Healthy Adults:6.4-8.3	mg/dl

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TRIGLYCERIDES - SERUM (Glycerol Phosphate Oxidase)	105	Normal : <150 Borderline High :150-199 High : 200-499 Very High : >=500	mg/dL
UREA - SERUM (Enzymatic,Urease-GLDH) (Urease)	39	>50 years:21-43	mg/dL
URIC ACID - SERUM (Modified Uricase)	6.7 *	Healthy Women:2.6 - 6.0	mg/dL
VLDL CHOLESTEROL - SERUM CALCULATED.	21	Desirable:<30	
BILIRUBIN CONJUGATED (DIRECT) - SERUM (Jendrassik & Grof)	0.2	Healthy Adults:0.0-0.5	mg/dL
CREATININE - SERUM JAFKE METHOD	1.2 *	Healthy Women: 0.57 - 1.11	mg/dL

Report Status:Final

\* END OF REPORT \*

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1078550

First Report Printed On : 14-NOV-2023 03:00:01 PM  
Printed On : 14-NOV-2023 03:00:03 PM

Dr. MOUSHUMI SAIKIA,  
MBBS,MD  
REG NO.14979 AMC  
CONSULTANT BIOCHEMIST

Page 3 of 3

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 UHID : AHLG.000479097 / APHCAH19231 W/BNo/RefNo : AHC  
 SIN \ LRN : 122537602 \ 10029264  
 Specimen : Whole blood  
 Ref Doctor : DR. PRABIN KUMAR SAIKIA



Collected on : 11-NOV-2023 11:28:04 AM Received on : 14-NOV-2023 10:17:47 AM Reported on : 14-NOV-2023 12:25:00 PM

MediWheel Full Body Health Check up-Female Above 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD	5.6	GOAL:<6.5% Prediabetic:5.7-6.4%	%
GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD		Diabetic:>6.5% Non-diabetic:<5.7%	
		Uncontrolled-diabetics>8%	
Mean Plasma Glucose (MPG) Estimate:	114.0200		mg/dL

Report Status:Final

\* END OF REPORT \*



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1078546

*Ashwin*

Printed On : 14-NOV-2023 03:00:51 PM

DR. ASHWIN VERMA, D.C.P  
ASSOCIATE CONSULTANT PATHOLOGIST  
REGD NO. 5340 AMC

Name : Mrs. KUKI MAZUMDER Age : 52Yr 2Mth 23Days Gender : Female  
 UHID : AHLG.000479097 / APHCAH19231 W/BNo/RefNo : AHC  
 SIN \LRN : 122537603 \ 122537605 \ 10029264  
 Specimen : Urine  
 Ref Doctor : DR. PRABIN KUMAR SAIKIA



Collected on : 11-NOV-2023 11:28:04 AM Received on : 11-NOV-2023 03:31:59 PM Reported on : 11-NOV-2023 03:55:20 PM

MediWheel Full Body Health Check up-Female Above 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
URINE- BENCE JONES PROTEINS	Negative	Negative	
URINE ROUTINE (CUE)			
Color:	Pale yellow	Pale Yellow/amber	
Transparency:	Clear	Clear	
Specific Gravity(Strip Method)	1.015 *	1.016 - 1.026	
pH(Strip Method+ Ph Paper)	6.0	4.6 - 8	
Glucose:(Benedicts+Strip Method)	Nil	Negative	
Protein (Strip+Heat Method)	Nil	Negative	
DEPOSITS:(Microscopy)			
RBC	Not seen	Upto 3 Cells/hpf	
WBC/Pus Cells	1-2 /HPF	Upto to 5 Cells/hpf	
Squamous epithelial cells	+	Up to 20	
Casts:(Microscopy)	Not Detected	Absent	/lpf
Crystals:	Not Detected	Absent	/lpf
Nitrite	Negative	Negative	
URINE SUGAR	Nil		
HEMOGRAM(CBC+ESR+RECTIC+PS)			
Hemoglobin	10.8 *	12.0 - 15.0	g/dl
RBC COUNT	3.53 *	3.8 - 4.8	Million/ul
MCV	96.3 *	82.0 - 92.0	fl
MCH	30.6	26.0 - 32.0	pg
MCHC	31.8	31.0 - 36.0	g/dl
RDW-CV	14.6 *	11.6 - 14	%
RETICULOCYTE COUNT	1.86	Healthy Adult -0.5-2.5%	%

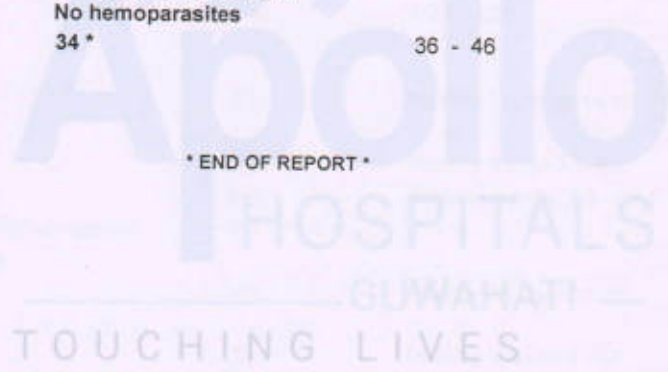
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 Specimen : Urine  
 Ref Doctor : DR. PRABIN KUMAR SAIKIA



Collected on : 11-NOV-2023 11:28:04 AM Received on : 11-NOV-2023 03:31:59 PM Reported on : 11-NOV-2023 03:55:20 PM

Platelet Count	169	150 - 400	10 <sup>3</sup> /mm <sup>3</sup>
TLC/WBC Count	6.01	4.0 - 11.0	10 <sup>3</sup> /mm <sup>3</sup>
ERYTHROCYTE SEDIMENTATION RATE (ESR)	36 *	0 - 20	mm/1st hr
<b>Differential Count</b>			
Neutrophils	75.4 *	40 - 70	%
Lymphocytes	18.8 *	20 - 40	%
Eosinophils	2.3	1 - 6	%
Monocytes	3	2 - 10	%
Basophils	0.5	0 - 2	%
<b>PERIPHERAL SMEAR</b>			
RBC:	Normocytic with hypochromia +		
WBC:	Relative Neutrophilia +		
Platelets:	Adequate on the smear		
Hemoparasites	No hemoparasites		
PACKED CELL VOLUME [PCV]	34 *	36 - 46	%
Report Status:Final			

\* END OF REPORT \*



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DR. TRIDIB SARMA, D.C.P  
CONSULTANT PATHOLOGIST

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**DEPARTMENT OF RADIOLOGY & IMAGING**

Division of Colour Doppler & Ultrasonography

Patient ID:	AHLG000479097	Patient Name:	KUKI MAZUMDER
Age:	52 Years	Sex:	F
Accession Number:	17002.123265942	Modality:	DX
Study Date:	11-Nov-2023	Study:	Chest PA
Referring Physician:	Prabin Kumar Saikia		

**CHEST PA VIEW**

- No active parenchymal lesion is seen in the lung fields.
- Hilar shadows are normal.
- Cardiac size is normal.
- Hemidiaphragms are normal. CP angles are normal.
- Bony thorax is intact.

*M. Gohain*

Dr. Meghali Gohain, MD  
Consultant Radiology

Date: 11-Nov-2023 14:15:10

S Hazarika, MD R. Baruah, DMRD P. Hatimota, MD R. Sarmah, MD A. Agarwal, MD M. Gohain, MD, S. Choudhury, MD Zohaib Hussain MD DNB  
*Discrepancy or transcription error if detected should be sent for correction*

**DEPARTMENT OF RADIOLOGY & IMAGING**

Division of Colour Doppler & Ultrasonography

<b>Patient ID:</b>	000479097	<b>Patient Name:</b>	KUKI MAZUMDAR
<b>Age:</b>	52 Years	<b>Sex:</b>	F
<b>Accession Number:</b>		<b>Modality:</b>	US
<b>Referring Physician:</b>	DR P K SAIKIA	<b>Study:</b>	W/A
<b>Study Date:</b>	11-Nov-2023		

**USG OF WHOLE ABDOMEN**

**LIVER**

The liver is normal in size with increased parenchymal echotexture. No focal lesion is seen. The intrahepatic portal and hepatic venous system are normal. The intrahepatic bile ducts are not dilated.

**GALL BLADDER**

The gall bladder is normally distended and shows smooth contour. There is no obvious echoreflexive calculus in the gall-bladder. GB wall thickness is within normal limit.

**CBD**

The CBD is normal in course and calibre. No obvious luminal pathology in visualized portion.

**SPLEEN**

The spleen is normal in size and echotexture. No focal lesion is noted.

**PANCREAS**

The pancreas is normal in size and echotexture. No focal lesion is seen. Pancreatic duct is not dilated.

**KIDNEYS**

Both the kidneys are normal in size, shape, position and echotexture. Cortico-medullary differentiation is maintained. No evidence of calculi or calyceal dilatation on either side. Ureters are not dilated.

Right kidney measures – 99 mm

Left kidney measures – 100 mm

**URINARY BLADDER**

The urinary bladder is normal in capacity and contour. The wall is not thickened. No intraluminal calculus or mass is seen.

**UTERUS**

The uterus is status post menopausal.

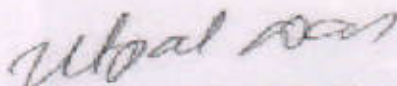
**ADNEXAE**

Both the ovaries could not be visualized.

No ascites is seen.

**Impression:**

- **Grade – I hepatic steatosis.**
- **No other significant abnormality is noted on this scan.**



Dr. Utpal Das, MD (Radiodiagnosis)  
Senior Consultant Radiologist  
Reg No-13621 (AMC)

Date: 11-Nov-2023 13:28:44

APOLLO HOSPITALS GHY  
RG BARUAH ROAD  
GUWAHATI

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: MRS. KUKI, MAZUMDER  
Patient ID: 53815  
Height:  
Weight:

DOB: 11.04.1971  
Age: 52yrs  
Gender: Female  
Race: Indian

Study Date: 11.11.2023  
Test Type: --  
Protocol: BRUCE

Referring Physician: --  
Attending Physician: --  
Technician: --

Medications:

--

Medical History:

--

Reason for Exercise Test:

--

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	01:01	0.00	0.00	81	120/80	
	STANDING	00:10	0.00	0.00	81		
	HYPERV.	00:02	0.00	0.00	79		
EXERCISE	WARM-UP	00:06	1.00	0.00	74		
	STAGE 1	03:00	2.70	10.00	113	120/80	
	STAGE 2	03:00	4.00	12.00	129	130/80	
	STAGE 3	03:00	5.50	14.00	150	140/84	
	STAGE 4	00:02	5.50	16.00	150		
RECOVERY		03:04	0.00	0.00	90	120/80	

The patient exercised according to the BRUCE for 9:01 min:s, achieving a work level of Max. METS: 10.20. The resting heart rate of 65 bpm rose to a maximal heart rate of 150 bpm. This value represents 89 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 140/84 mmHg. The exercise test was stopped due to Target heart rate achieved.

### Interpretation

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Overall impression: Normal stress test.

### Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA

Physician **DR MOITREYEE BARUAH** Technician

MBBS, PGDCC

Jr. Consultant Cardiologist  
Apollo Hospitals, Guwahati  
Jnit: International Hospital

**Patient Details** : Mrs. KUKI MAZUMDER | Female | 52Yr 2Mth 23Days

**UHID** : AHLG.000479097 **Patient Location:** AHC

**Patient Identifier:** APHCAH19231



**DRN** : 100185676

**Completed on :** 11-NOV-2023 10:57

**Ref Doctor** : Dr. Prabin Kumar Saikia

ECC

**IMPRESSION .:**

LOW VOLTAGE IN CHEST LEADS

--- END OF THE REPORT ---

**DR. MOITREYEE BARUAH**  
MBBS, PGDCC  
Jr. Consultant Cardiologist  
/ No Hospitals, Guwahati  
/ International Hospital

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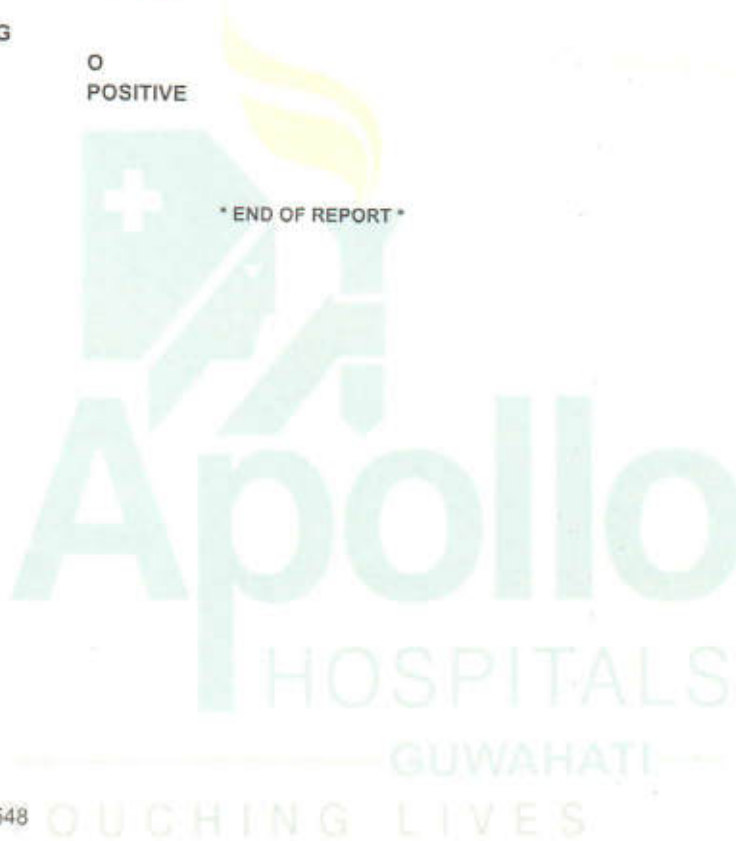
Collected on : 11-NOV-2023 11:28:04 AM Received on : 14-NOV-2023 11:49:21 AM Reported on : 14-NOV-2023 11:49:58 AM

**TEST NAME** **RESULT**

**BLOOD GROUPING AND TYPING**

ABO Group: O  
Rh (D) Type: POSITIVE  
Report Status:Final

\* END OF REPORT \*



CHECKED BY: 1078548

First Report Printed On : 14-NOV-2023 11:50:08 AM

Printed On : 14-NOV-2023 11:51:11 AM

**CONSULTANTS**

DR. DEEPA BHUYAN  
MOIC, BLOOD BANK

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