

Form No : 14

PERIODIC MEDICAL EXAMINATION REPORT

Name	: Paulson Joseph	Test Code	: AHC-14
Emp Code	: 118903	Test Date	: 27-11-2021
Age	: 30 Years	Sex	: Male
Contact No	: 9400160214	Dep. Name	: --
Company Name	: Arcofemi Health Care Ltd.	Job Nature	: --

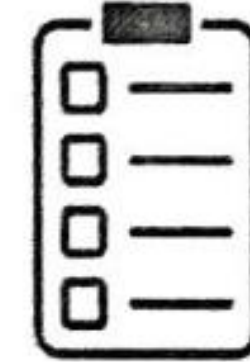
PHYSIOLOGICAL DATA

Height : 169	Cms	Weight : 76	Kgs	Expected Weight : 63	Kgs
B.P : 120/80	mmHg	PULSE : 75	/min	Body Mass Index : 26.61	



MEDICAL HISTORY

<input checked="" type="checkbox"/> NO Frequent Cold	<input checked="" type="checkbox"/> NO Frequent Sneezing	<input checked="" type="checkbox"/> NO Joint Pain
<input checked="" type="checkbox"/> NO Shortness of breath	<input checked="" type="checkbox"/> NO Frequent Headache	<input checked="" type="checkbox"/> NO Chronic Cough
<input checked="" type="checkbox"/> NO Backache	<input checked="" type="checkbox"/> NO Intestinal trouble	<input checked="" type="checkbox"/> NO Ear Discharge
<input checked="" type="checkbox"/> NO Impaired Hearing	<input checked="" type="checkbox"/> NO Chest Pain Or Pressure	<input checked="" type="checkbox"/> NO Diabetes
<input checked="" type="checkbox"/> NO Recent Loss Of Weight	<input checked="" type="checkbox"/> NO Allergy To Drugs / Chemical	<input checked="" type="checkbox"/> NO High BP



PAST OPERATIVE HISTORY

<input checked="" type="checkbox"/> NO Hydrocele	<input checked="" type="checkbox"/> NO Renal Calculus	<input checked="" type="checkbox"/> NO Duodeneal Ulcer
<input checked="" type="checkbox"/> NO Hernia	<input checked="" type="checkbox"/> NO Tonsillitis	<input checked="" type="checkbox"/> NO Appendicitis
<input checked="" type="checkbox"/> NO Cataract	<input checked="" type="checkbox"/> NO DNS	<input checked="" type="checkbox"/> NO Piles



OTHER PAST OPERATIVE HISTORY : No

OTHER COMPLAINTS : No

PAST HISTORY : No

FAMILY HISTORY : No

ADDICTIONS : Smoke : No | Drinks : Yes : Ocassional | Diet : Veg | Pan : No | Tabacco : No | Gutka : No

VISION

WITHOUT GLASSES			WITH GLASSES			COLOUR BLINDNESS				
NEAR	R	N-6	L	N-6	NEAR	R	N-6	L	N-6	NO
FAR	R	6/18	L	6/24	FAR	R	6/6	L	6/6	



VISION REMARK : NORMAL WITH GLASS

Medical Test Date : 27-11-2021
 Name : Paulson Joseph

Test Code : AHC-14
 Emp Code : 118903

CLINICAL EXAMINATION

GENERAL & DERMATOLOGY EXAMINATION			
General Condition	: Good	Nails	: NAD
Oedema Feet	: Absent	Skin	: Normal
Temperature	: Normal	Deformities	: None

CARDIOVASCULAR	
Heart Sound	: Normal

ABDOMEN	
Liver	: Not Palpable
Spleen	: Not Palpable
Other Masses	: NAD

GENITO URINARY	
Ext. Genitalia	: Normal
Discharge	: No
Hydrocele	: Normal

LYMPHATIC AND ENDOCRINE	
Lymph Nodes	: Not Palpable
Thyroid	: Not Palpable

MUSCULO SKETAL	
Bones	: NAD
Joints	: NAD
Posture Spine	: Normal

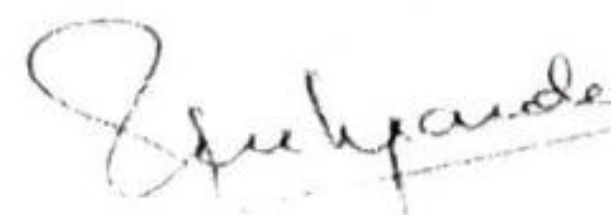
NERVOUS SYSTEM	
Sensory System	: Normal
Reflexes	: Normal
Motor System	: Normal

EYE CHECKUP	
Conjunctiva	: Normal
Pupil	: Normal
Cornea	: Normal
Fundus	: NAD

SPO2	: 97 %
------	--------

E.C.G	: Within Normal Limits
PFT	: NA
ADVICE	: Normal Health.
RESULT	: This is to certify that the employee is free from contagious and obnoxious disease including skin & Tuberculosis. Hence found to be fit for the respective job.

*NAD - No Abnormality Ditected
 NA - Not Applicable



Dr. Rahul Deshpande
 M.B.B.S., ORTHO, A.F.I.H. (C.L.I)
 Industrial Health Consultant
Dr. Rahul S Deshpande
 M.B.B.S. D. Ortho A.F.I.H (Mumbai)
 Regd. No. 081019
HARDEV HEALTH CARE

Medical Test Date : 27-11-2021 Test Code : AHC-14
 Name : Paulson Joseph Emp Code : 118903

BLOOD GROUP & RH FACTOR Blood Group : 'O' Rh Typing : 'Positive'

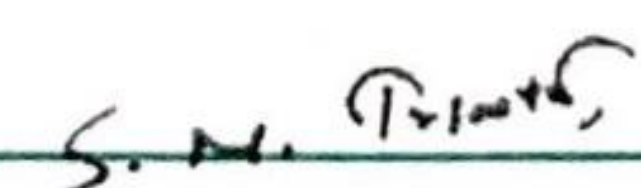
EXAMINATION OF HEMATOLOGY

NAME	RESULT	UNITS	NORMAL RANGE
Haemoglobin	14.7	mg/dl	13 - 17
RBC	4.64	mill/cumm	4.5 - 5.5
PCV / HCT	44.6	%	40 - 50
MCV	96.1	fl	83 - 101
MCH	31.7	pj	27 - 32
MCHC	33.0	g/dl	31.5 - 34.5
RDW	13.1	%	11.6 - 14
Total WBC Count	5900	mill/cumm	4000 - 10000
Neutrophils	61	%	40 - 80
Lymphocytes	35	%	20 - 40
Monocytes	03	%	2 - 10
Eosinophils	01	%	1 - 6
Basophils	00	%	0 - 1
Platelet Count	341000	per cu. mm.	150000 - 410000
ESR	16	mm	0 - 20
DIABETIC PROFILE	RESULT	UNITS	NORMAL RANGE
HbA1c	5.40	mg/dl	4 - 6.5
Blood sugar fasting	87.67	mg/dl	70 - 120
Blood sugar post lunch	110.95	mg/dl	80 - 160
KIDNEY FUNCTION TEST			
S. creatinine	1.28	mg/dl	0.5 - 1.5
Uric acid	4.7	mg/dl	4.5 - 6.7
Urea	38.03	mg/dl	14 - 40
Blood urea nitrogen	17.76	mg/dl	6 - 21
Bun/Creatinine Ratio	29.71	--NA--	10 - 30

EXAMINATION OF URINE

PHYSICAL EXAMINATION	CHEMICAL EXAMINATION	MICROSCOPIC EXAMINATION
Quantity : 25ml	Proteins : Absent	Erythrocytes : Absent
Color : Pale Yellow	Glucose : Absent	Epithelial Cell : 1-2 hpf
Appearance : Clear	Specific Gravity : 1.030	Pus Cell : 4-5 hpf
Deposite : Absent	Ketones : Absent	Bacteria : Not seen
Urobilinogen : Absent	Occult Blood : Negative	Casts : Not seen
	Nitrite : Absent	Crystals : Not seen
		A. Material : Not seen

N.B. : Above investigation have their limitations and should be interpreted by refering physician accordingly. Solitary Radiological/Pathological and other investigations do not confirm the final diagnosis of disease.



Test Code AHC-14
Emp Code : 118903
Patient Name : Paulson Joseph
Age : 30 Years Gender : Male


Collected On : 27 November 2021
Received in Lab : 28 November 2021
Reported On : 29 November 2021

STOOL EXAMINATION

Investigation	Observed Value
PHYSICAL EXAMINATION	
Colour	Light Yellow
Form And Consistency	Semi Solid
Mucus	Absent
Frank Blood	Absent
Adult Worms	Absent
CHEMICAL EXAMINATION	
Reaction	Acidic
Occult Blood	Negative
MICROSCOPIC EXAMINATION	
Pus cells	3-4 /hpf
Red Blood Cell	Absent
Epithelial Cell	4-5 /hpf
Ova	Absent
Cyst	Absent
Trophozoites	Absent
Fat Bodies	Absent
Starch	Absent
Undigested Material	Absent
Budding Yeast	Absent
Others	Absent

-----End Of Report-----

Result relate only to the sample as recieved. Kindly correlate with clinical conditions.

REGN.NO.	: 06737	REGN. DATE	: 27-Nov-2021
PATIENT NAME	: Mr. Paulson Joseph	CENTER	: Hardev Health Care
AGE/SEX	: 30 Years /Male	BARCODE	
REFERRED BY	:		

BIOCHEMISTRY

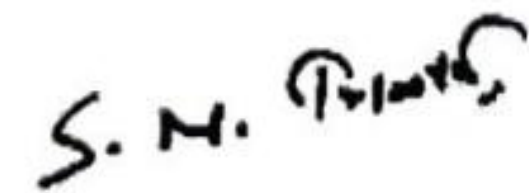
PARAMETER	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
BLOOD GLUCOSE FASTING			
GLUCOSE- FASTING	: 87.67	mg/dL	60-100
URINE SUGAR	: Absent		
URINE KETONE	: Absent		
BLOOD GLUCOSE POST MEAL			
BLOOD GLUCOSE PP	: 110.95	mg/dL	65-140
URINE GLUCOSE	: Absent		
URINE KETONE	: Absent		

INTERPRETATION

AS PER AMERICAN DIABETES ASSOCIATION 2015 UPDATE FASTING GLUCOSE LEVEL-
 Normal glucose tolerance : 70-110 mg/dl
 Impaired Fasting glucose (IFG) : 110-125 mg/dl
 Diabetes mellitus : ≥ 126 mg/dl
 POSTPRANDIAL/POST GLUCOSE (75 grams)
 Normal glucose tolerance : 70-139 mg/dl
 Impaired glucose tolerance : 140-199 mg/dl
 Diabetes mellitus : ≥ 200 mg/dl
 CRITERIA FOR DIAGNOSIS OF DIABETES MELLITUS
 Fasting plasma glucose ≥ 126 mg/dl
 Classical symptoms + Random plasma glucose ≥ 200 mg/dl
 Plasma glucose ≥ 200 mg/dl (2 hrs after 75 grams of glucose)
 Glycosylated haemoglobin $> 6.5\%$
 ***Any positive criteria should be tested on subsequent day with same or other criteria.

Test Done On Fully Automated ERBA EM200 Biochemistry Analyser

----- END OF REPORT -----



Dr Surya N. Tripathi
 Reg No- 2000/04/1994

Medical Test Date : 27-11-2021

Test Code : AHC-14

Name : Paulson Joseph

Emp No : 118903

BIOCHEMICAL EXAMINATION

LIPID PROFILE	RESULT	UNITS	NORMAL RANGE
Total cholesterol	153.30	mg/dl	130 - 200
Hdl cholestrol	47	mg/dl	40 - 60
Ldl cholestrol	83.31*	mg/dl	95 - 145
VLDL	22.99	mg/dL	2 - 30
LDL/HDL RATIO	1.77	--NA--	0.5 - 3.5
Triglycerides	114.95	mg/dl	70 - 140
Cholesterol/HDL Ratio	3.26	mg/dl	0 - 4.5
LIVER FUNCTIN TEST			
Total bilirubin	0.8	mg/dl	0.2 - 1.2
Direct bilirubin	0.3	mg/dl	0 - 0.5
Indirect bilirubin	0.5*	mg/dl	0 - 0.3
SGOT	52.98*	/ml	0 - 40
SGPT	40.66*	/ml	0 - 40
Protein	7.1	g/dl	6 - 8
Albumin	4.4	g/dl	3.5 - 5.5
S. Globulin	2.7	g/dl	2.5 - 3.5
Alkaline phosphatase	78.67	u/l	50 - 150
GGT	17.7	u/l	10 - 50
A/G Ratio	1.6	--NA--	1 - 2.3

S. N. Tripathi

Dr. Surya N. Tripathi
 Consulting Pathologist
 Reg No - 2000/04/1994

TEST DATE : 27-11-2021
REF. BY : HARDEV HEALTH CARE
EMP CODE : 118903
NAME : Paulson Joseph
TEST ASKED: TSH

TEST NAME	TECHNOLOGY	VALUE	UNITS	REFERENCE RANGE
T3	C.L.I.A.	75.93	ng/dl	60 - 200
T4	C.L.I.A.	9.60	µg/dl	4.5 - 12
Thyroid Stimulating Hormone (TSH)	C.L.I.A.	2.69	µIU/mL	0.3 - 5.5

Comments : ***

Please correlate with clinical conditions.

Method :

TSH - ULTRA SENSITIVE SANDWICH CHEMI LUMINESCENT IMMUNO ASSAY

~~End Of Report~~

Sample Collected on (SCT) : 27-11-2021

Sample Received on (SRT) : 28.11.2021

Report Released on (RRT) : 29 November 2021

Sample Type : SERUM

Labcode : 110741711/AND45

Test Code : AHC-14

Dr. Durgaprasad N Agrawal MD

Dr. Caesar Sengupta MD

Medical Test Date : 27-11-2021

Test Code : AHC-14

Name : Paulson Joseph

Emp Code : 118903

X-RAY OF THE CHEST P.A. VIEW

There is no mediastinal shift.

The heart and aorta appears to be normal.

No pleural abnormality is noted.

The bony thorax is normal.

IMPRESSION : Normal Study

SUGGEST : Clinico pathological correlation & sos f/u.

Please note that imaging conclusion need to be correlated with clinical findings & other investigations for final diagnosis.



Dr. N.P. CHHALLANI.
MBBS., DMRE, AFIH
TMC/MOH/PNDT/234

Medical Test Date : 27-11-2021

Test Code : AHC-14

Name : Paulson Joseph

Emp Code : 118903

3ch x 4 + (1ch)

Name: Paulson

ID: 20211120170741

Sex: Male

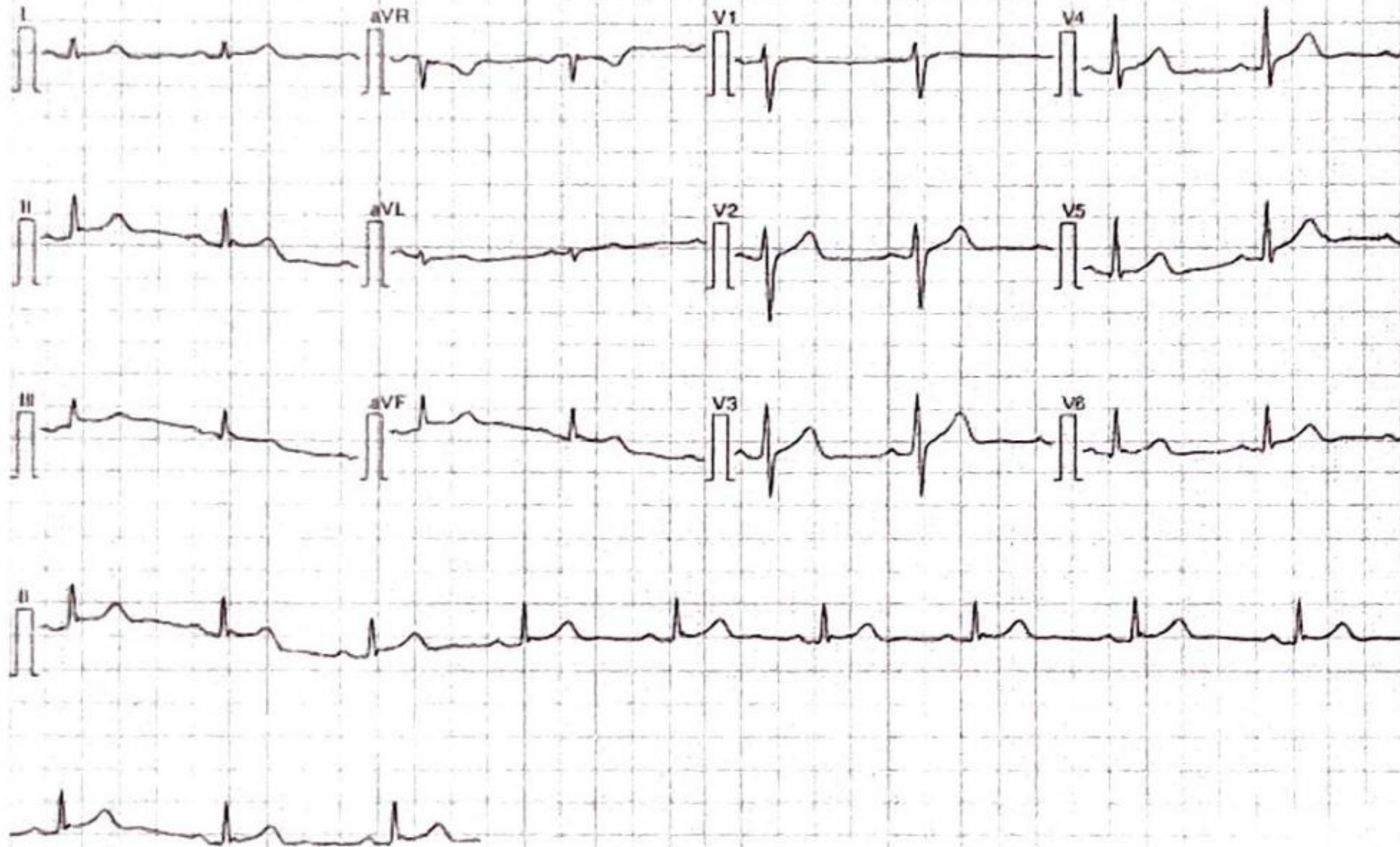
Date of Birth: 1991/11/27 (30yrs)

Hospital:

Department:

Check Time: 2021-11-20 17:07:59

0.5Hz - 40Hz AC 50Hz 25mm/s 10mm/mV



[Measurement]			
HR: 70 bpm	P Width: 80 ms	RV5/SV1: 0.871/0.723 mV	
P Axis: 40 deg.	PR Interval: 144 ms	RV5+SV1: 1.594 mV	
QRS Axis: 66 deg.	QRS Duration: 96 ms		
I Axis: 57 deg.	QT/QTc Interval: 369/388 ms		
[Analysis Result]			
** normal ECG **			
Sinus rhythm			

Reporter

Notice: All the parameters and conclusions should be confirmed by doctor.

Dr. Kailash Changani
M.D. (Med)
Reg No - 58574

Date : 27/11/2021

Patient Name : Mr. Paulson Joseph

Age : 30 yrs /Male

USG ABDOMEN AND PELVIS

Real time sonography of the abdomen and pelvis was performed.

Liver is Normal in shape & size.

Gall Bladder is Normal in shape & size.

The pancreas are obscured by bowel gases.

The spleen is Normal in size.

Right kidney:-Normal in size, measure 9.6 x 4.1 cm.

Left kidney :- Normal in size, measure 10.0 x 5.4 cm .

The urinary bladder is empty.

Prostate : Normal, in size, measures 3.1 x 2.8 x 2.4 cm (vol n 10.2 gms),

Retroperitoneum, paraaortic region & flanks are obscured by overlying bowel gases,

No e/o ascites.

IMPRESSION : Normal Study

Dr. N.P. CHHALLANI.
MBBS., DMRE, AFIH
TMC/MOH/PNDT/234



Summary

Hardev Health Care LLP
Mulund

199101/Paulson Joseph 30 Yrs/Male 76 Kg/169 Cms
Date: 27-Nov-2021 01:05:38 PM

Ref.By : Dr. Ameya Chavan
Medication : Nil
Objective : FOR TESTING PURPOSE ONLY.

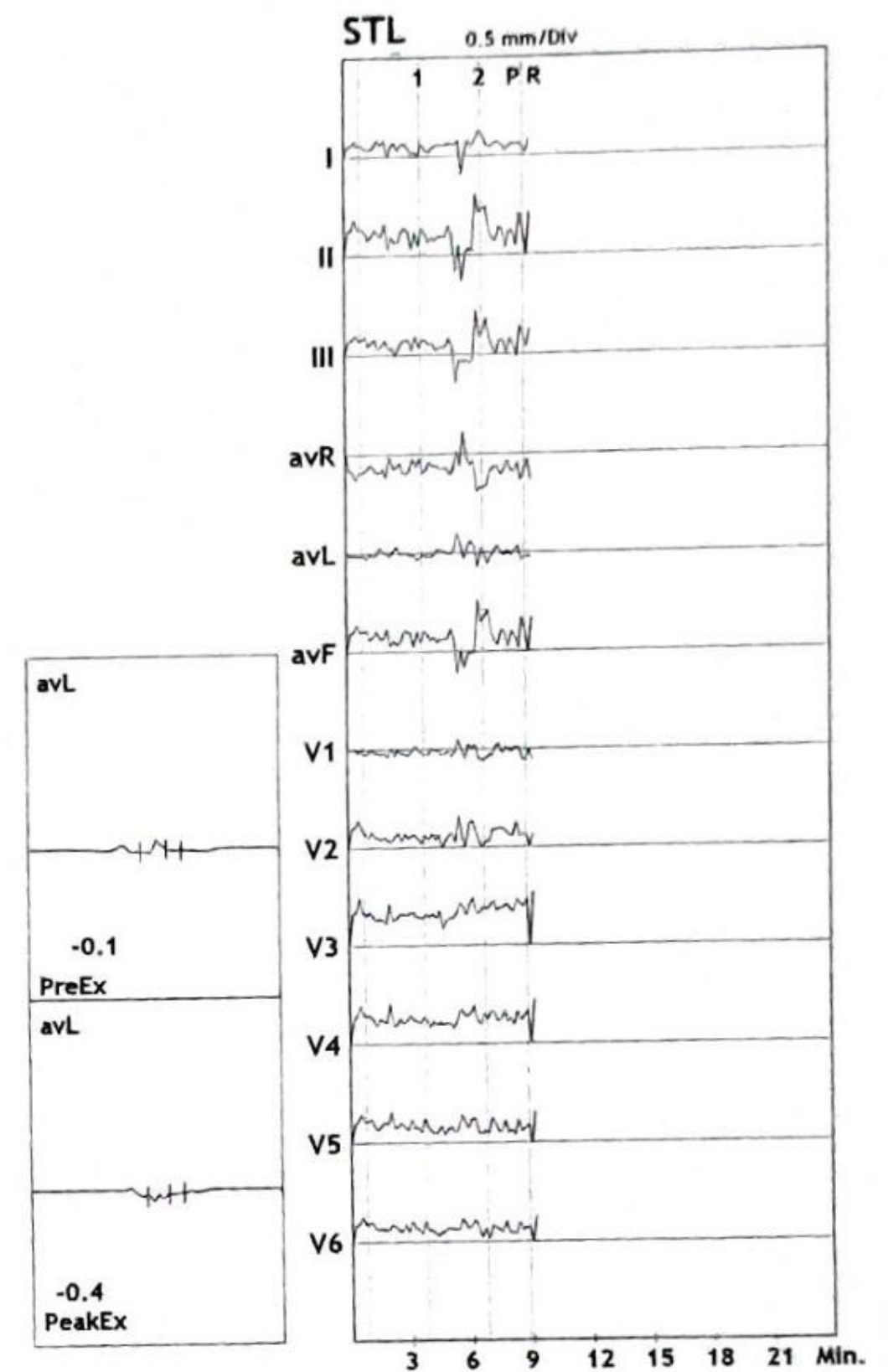
Protocol : BRUCE
History : Nil

Stage	StageTime (Min:Sec)	PhaseTime (Min:Sec)	Speed (mph)	Grade (%)	METs	H.R. (bpm)	B.P. (mmHg)	R.P.P. x100	PVC	Comments
Supine					1.0	90	---/---	0	-	
Standing					1.0	92	---/---	0	-	
HV					1.0	91	---/---	0	-	
ExStart					1.0	94	---/---	0	-	
Stage 1	3:01	3:02	1.7	10.0	4.7	146	---/---	0	-	
Stage 2	3:01	6:02	2.5	12.0	7.1	155	---/---	0	-	
PeakEx	2:06	8:07	0.0	0.0	9.2	180	---/---	0	-	
Recovery	0:16		0.0	0.0	5.5	179	---/---	0	-	

Findings :

Exercise Time :08:06
Max HR Attained :180 bpm 95% of Max Predictable HR 190
Max BP : 0/0(mmHg)
Max WorkLoad attained :9.2(Good Effort Tolerance)

Advice/Comments:



Dr. Ameya S. Chavan (MD, DM Cardiology)



12 Lead + Median

Hardev Health Care LLP
Mulund

199101/Paulson Joseph HR: 92 bpm
30 Yrs/Male METS: 1.0
76 Kg/169 Cms BP: ---/---
Date: 27-Nov-2021 01:05:38 PM

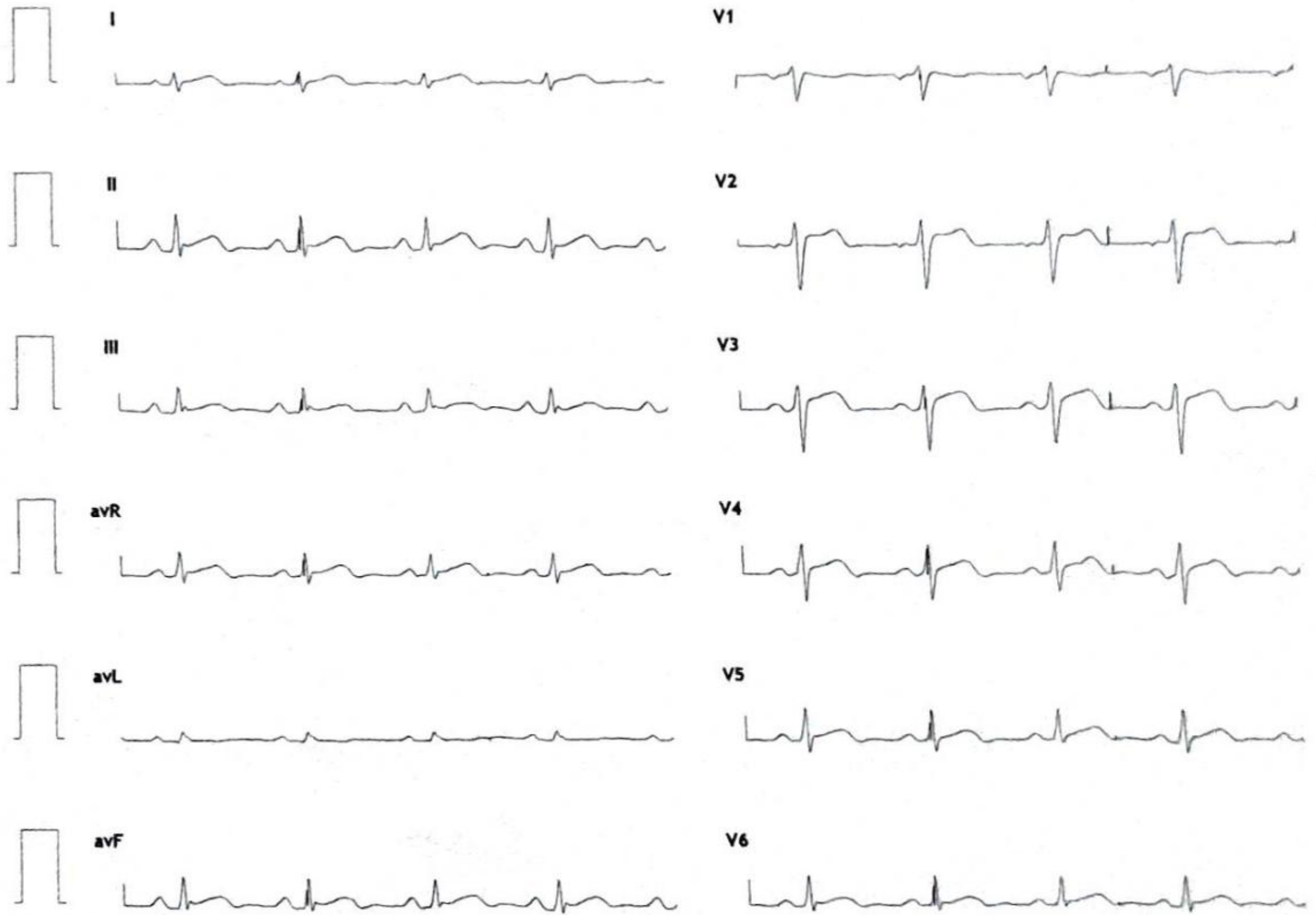
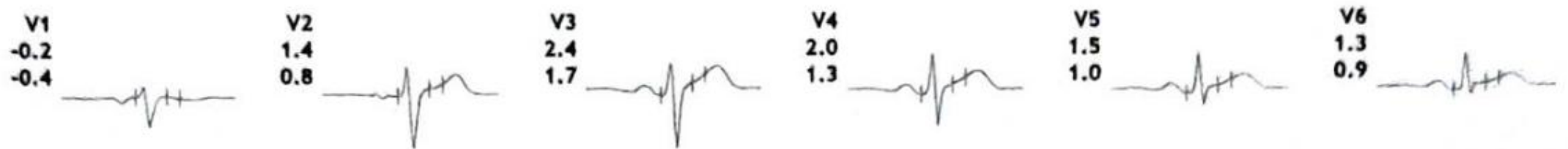
MpHR: 48% of 190
Speed: 0.0 mph
Grade: 0.0%

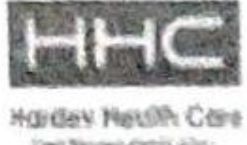
Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 00:31
BLC : On
Notch : On

Supine
10.0 mm/mV
25 mm/Sec.

4X 70 mS Post J





12 Lead + Median

Hardev Health Care LLP
Mulund

199101/Paulson Joseph HR: 180 bpm
30 Yrs/Male METS: 9.2
76 Kg/169 Cms BP: ---/---
Date: 27-Nov-2021 01:05:38 PM

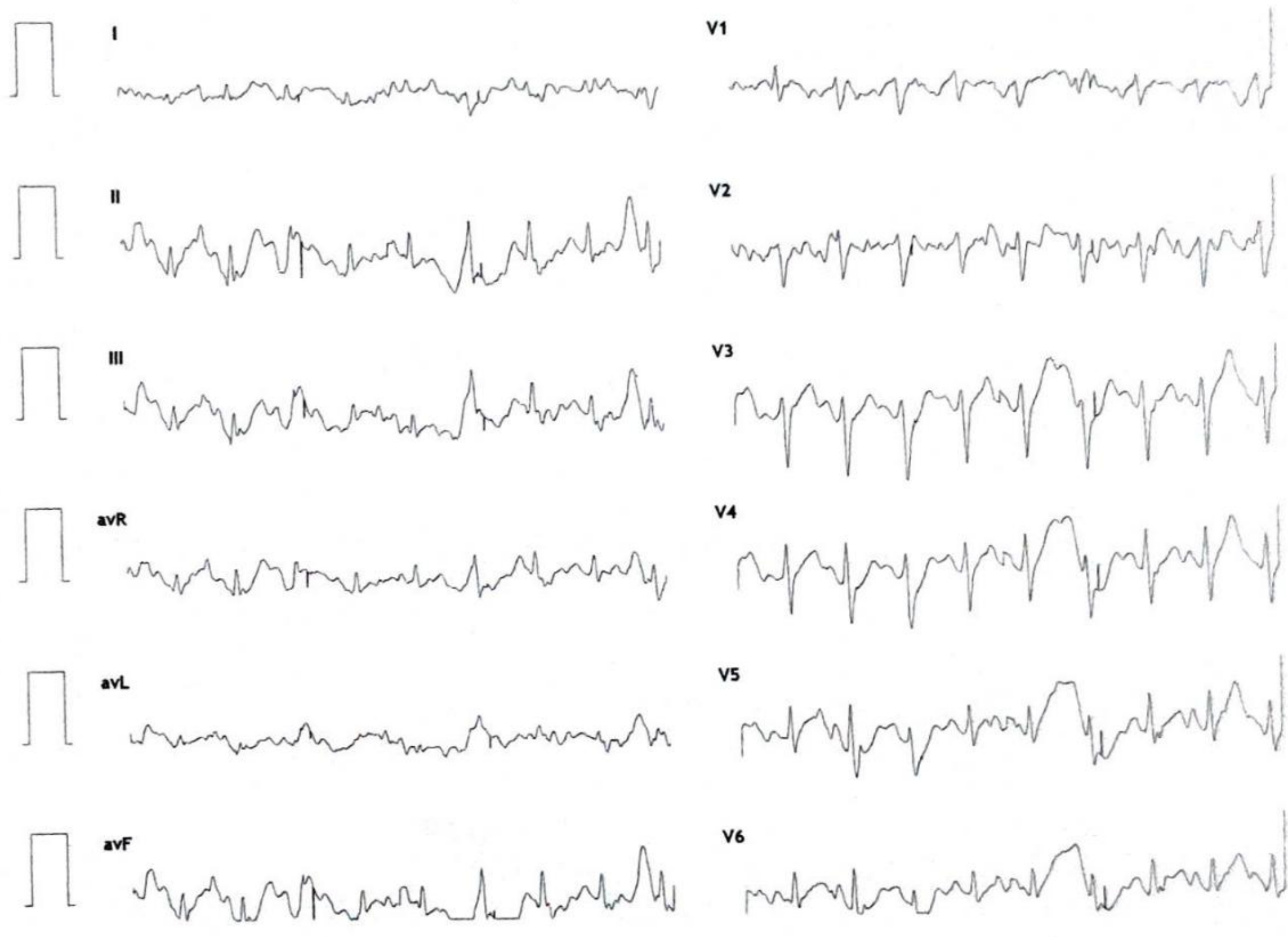
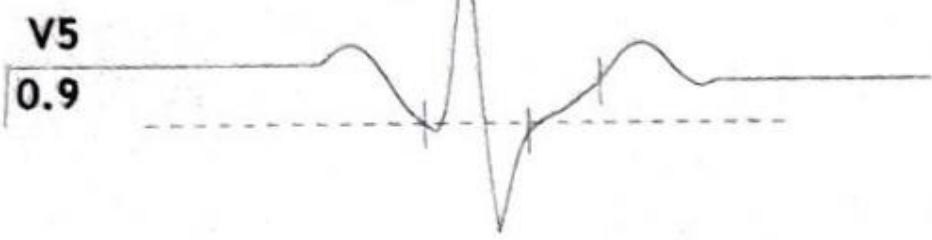
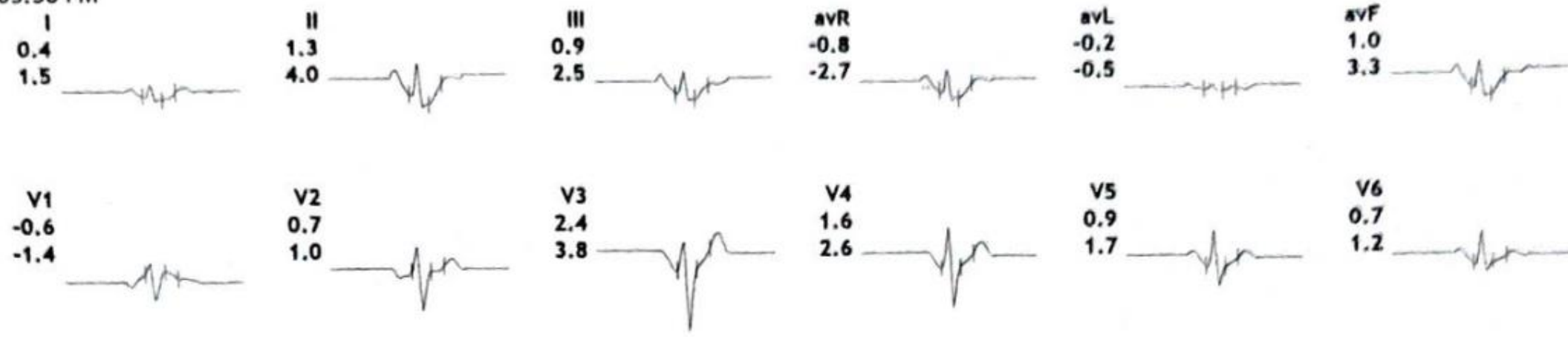
MPHR: 94% of 190
Speed: 0.0 mph
Grade: 0.0%

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 08:05
BLC :On
Notch :On

BRUCE:PeakEx(2:05)
10.0 mm/mV
25 mm/Sec.

4X 70 mS Post J





12 Lead + Median

Hardev Health Care LLP
Mulund

199101/Paulson Joseph HR: 92 bpm
30 Yrs/Male METS: 1.0
76 Kg/169 Cms BP: ---/---
Date: 27-Nov-2021 01:05:38 PM

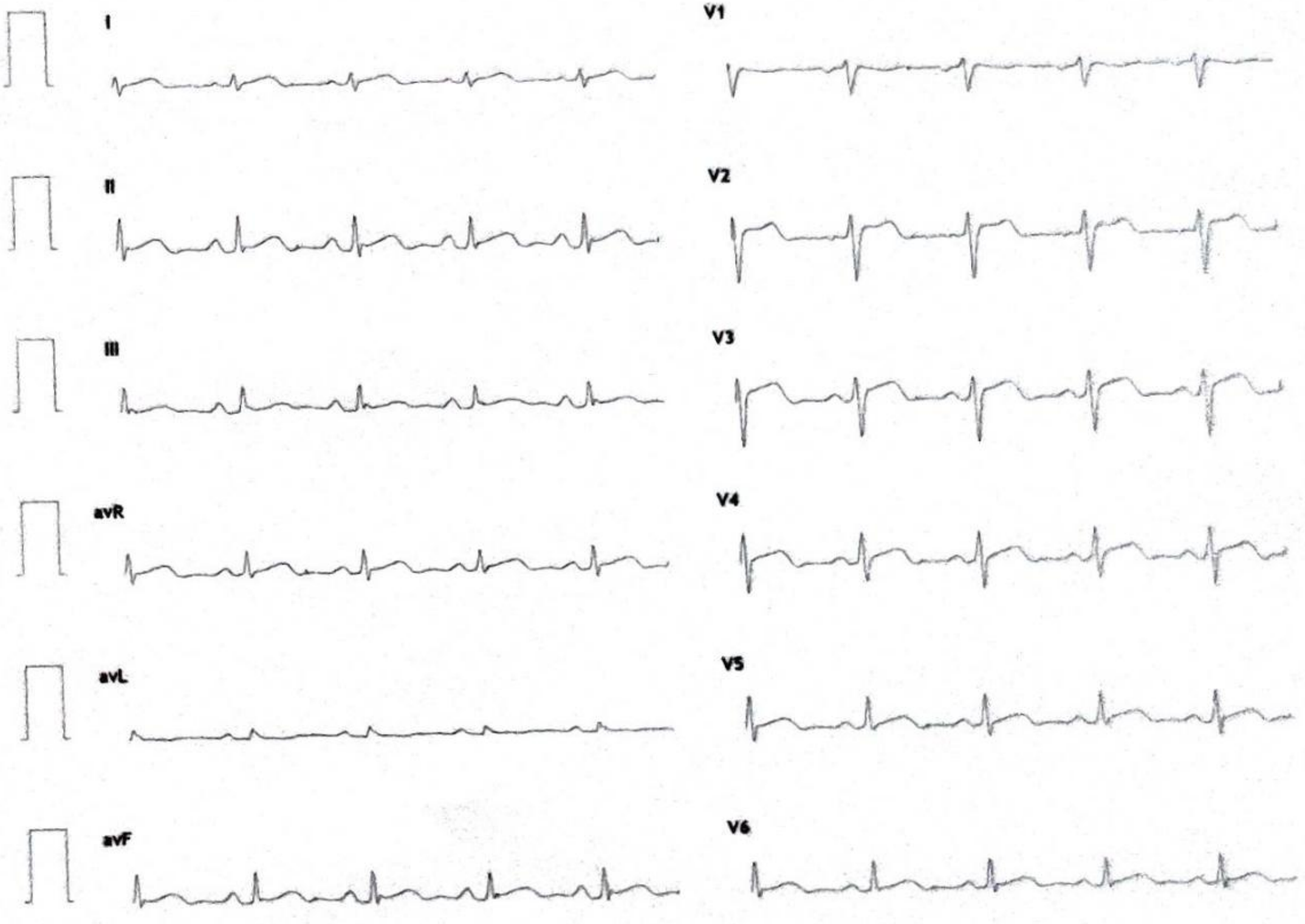
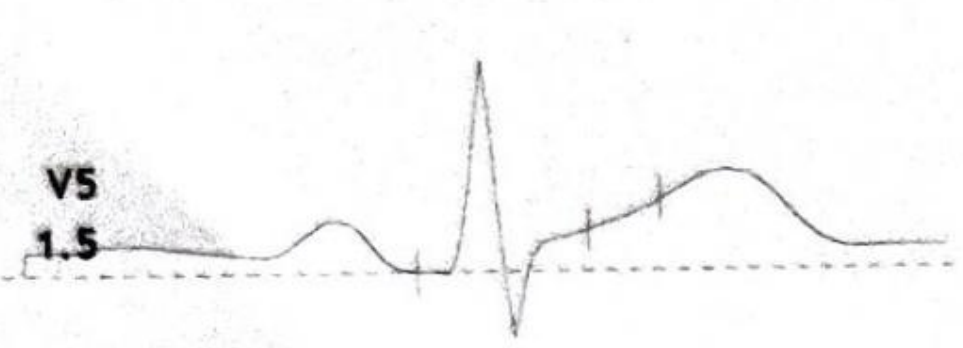
MpHR: 48% of 190
Speed: 0.0 mph
Grade: 0.0%

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 00:34
BLC : On
Notch : On

Standing
10.0 mm/mV
25 mm/Sec.

4X 70 mS Post J



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Print Date: 27-Nov-2021

Dr. Ameya S. Chavan (MD, DM Cardiology)



12 Lead + Median

Hardev Health Care LLP
Mulund

199101/Paulson Joseph HR: 91 bpm
30 Yrs/Male METS: 1.0
76 Kg/169 Cms BP: ---/---
Date: 27-Nov-2021 01:05:38 PM

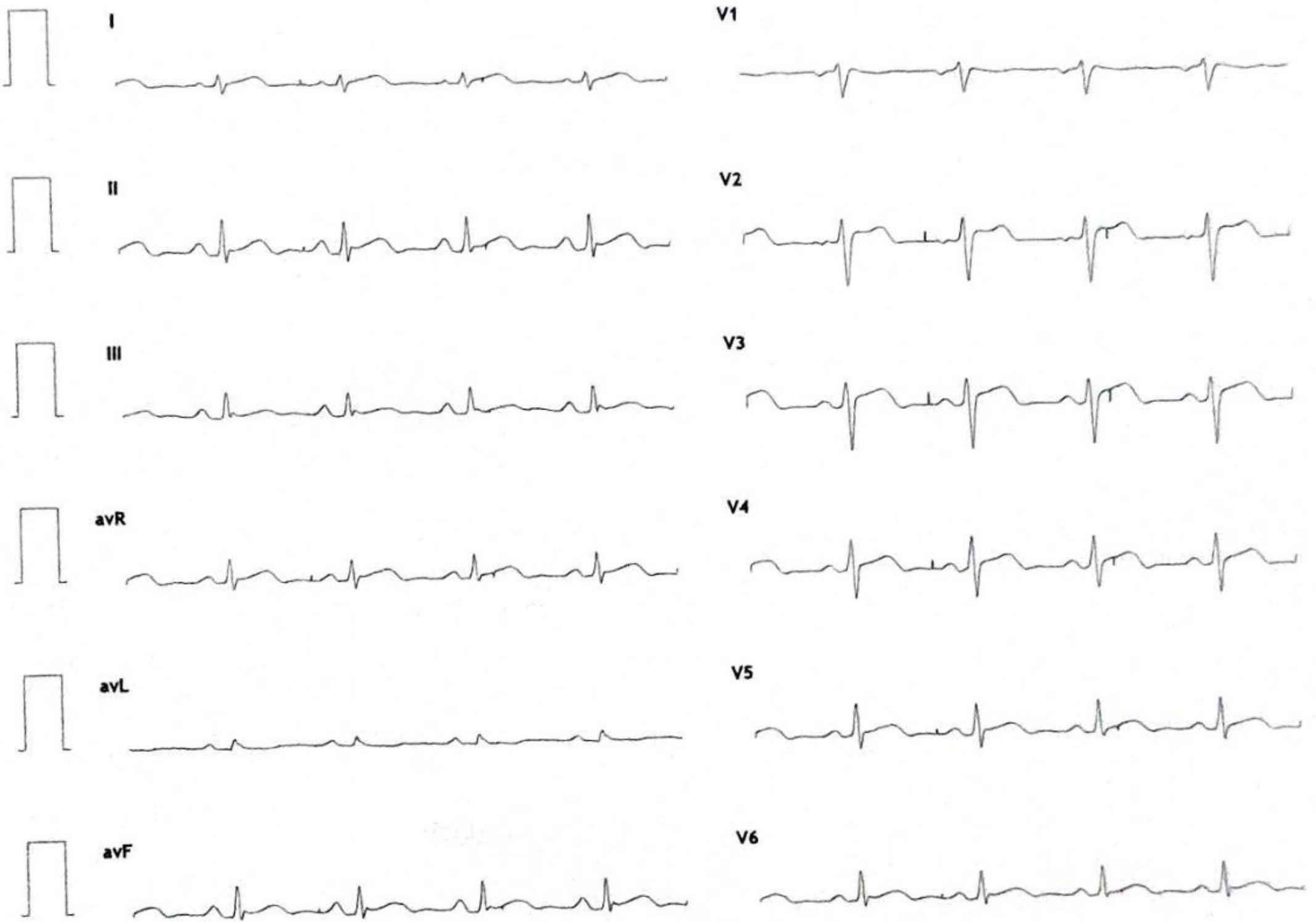
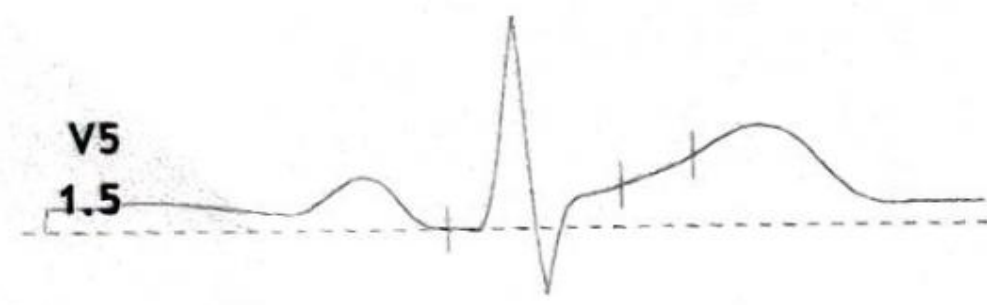
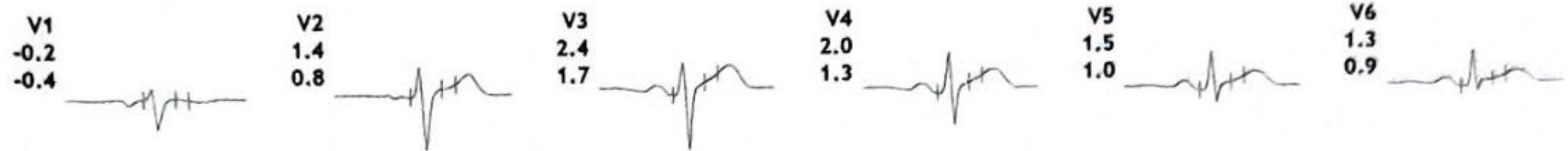
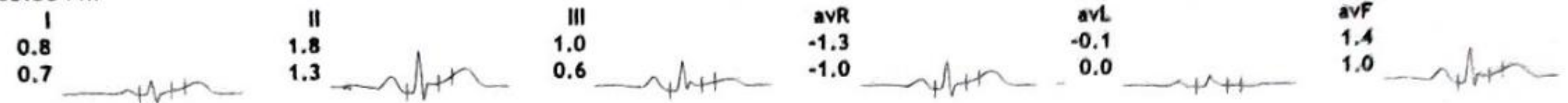
MpHR: 47% of 190
Speed: 0.0 mph
Grade: 0.0%

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 00:38
BLC :On
Notch :On

HV
10.0 mm/mV
25 mm/Sec.

4X 70 mS Post J





12 Lead + Median

Hardev Health Care LLP
Mulund

199101/Paulson Joseph HR: 146 bpm
30 Yrs/Male METS: 4.7
76 Kg/169 Cms BP: ---/---
Date: 27-Nov-2021 01:05:38 PM

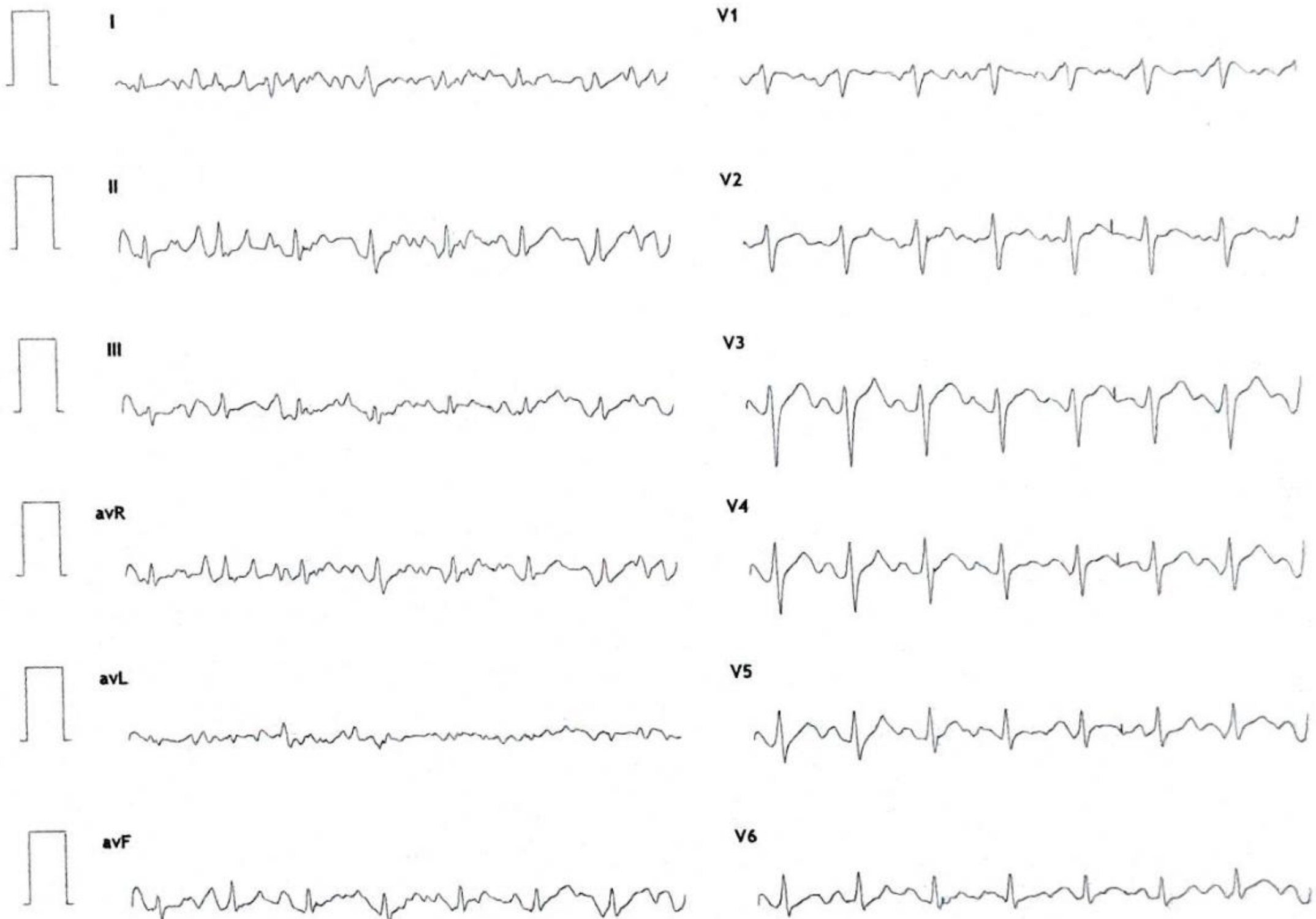
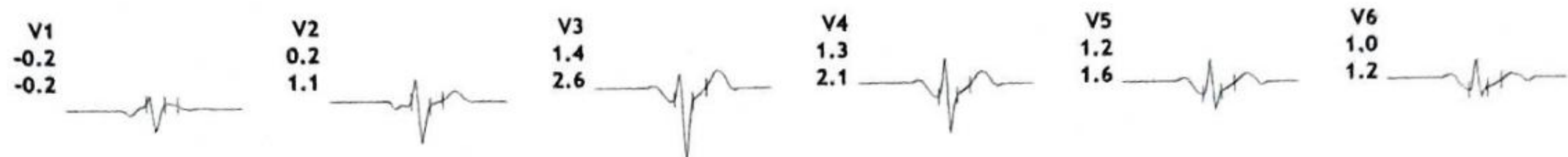
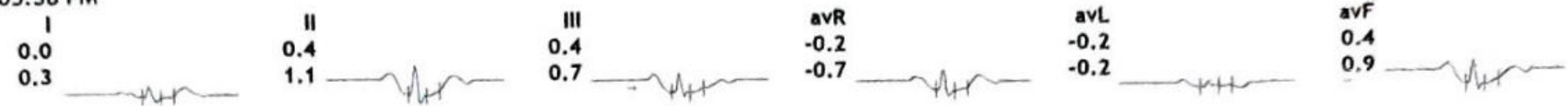
MPHR: 76% of 190
Speed: 1.7 mph
Grade: 10.0%

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 03:00
BLC :On
Notch :On

BRUCE:Stage 1(3:00)
10.0 mm/mV
25 mm/Sec.

4X 70 mS Post J





12 Lead + Median

Hardev Health Care LLP
Mulund

199101/Paulson Joseph HR: 155 bpm
30 Yrs/Male METS: 7.1
76 Kg/169 Cms BP: ---/---
Date: 27-Nov-2021 01:05:38 PM

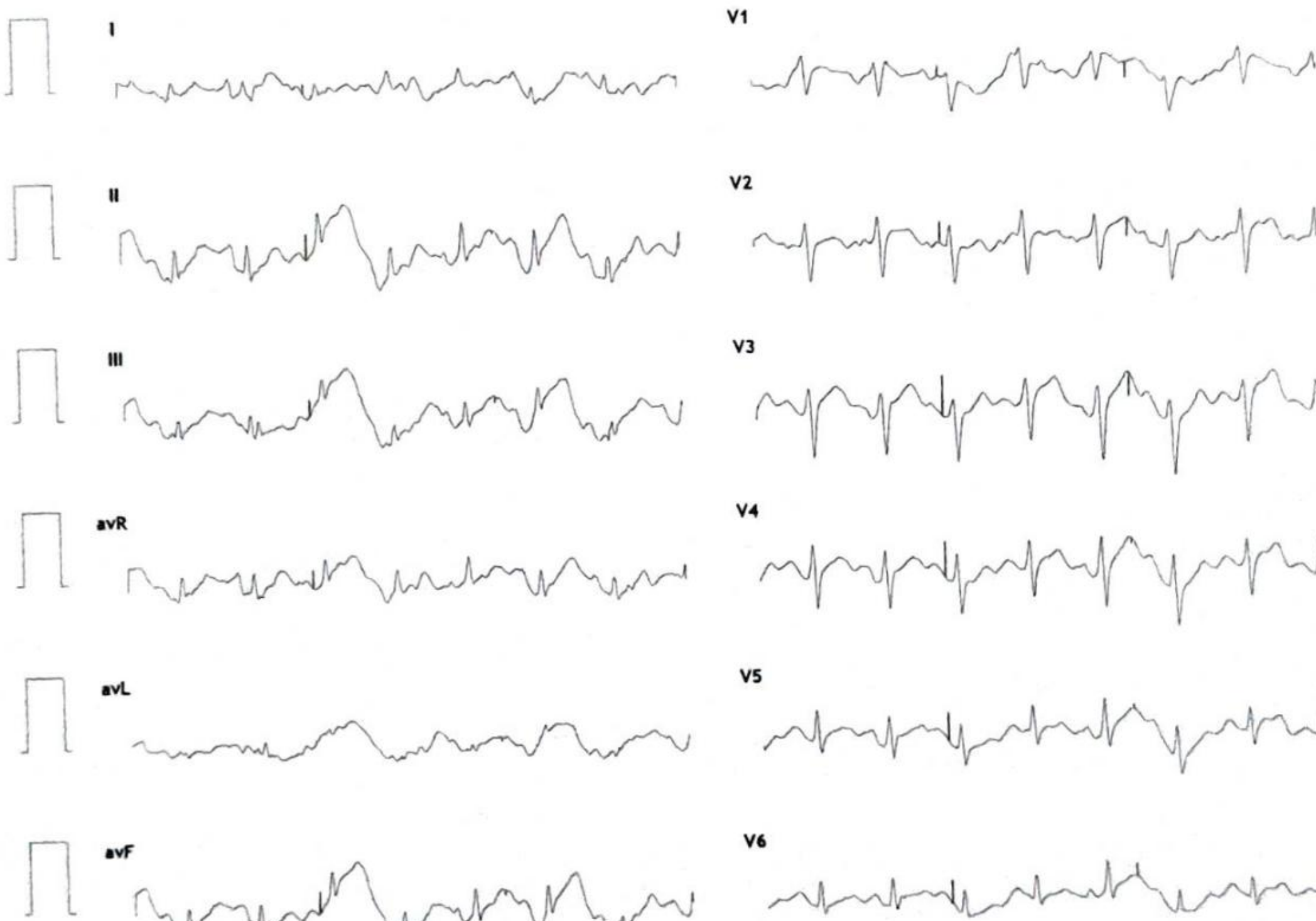
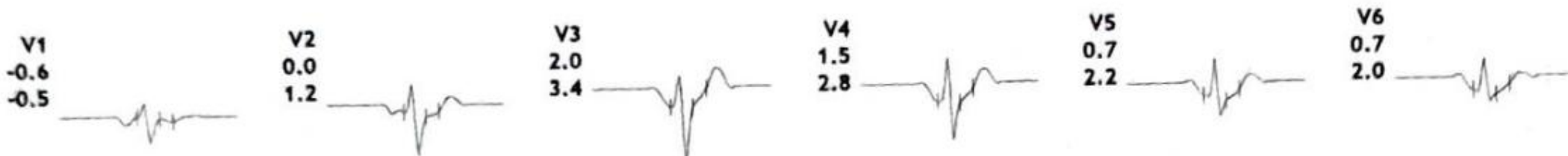
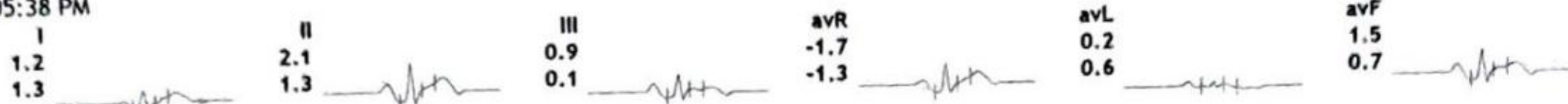
MpHR: 81% of 190
Speed: 2.5 mph
Grade: 12.0%

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 06:00
BLC :On
Notch :On

BRUCE:Stage 2(3:00)
10.0 mm/mV
25 mm/Sec.

4X 70 mS Post J



<http://www.moinindia.com> © FMS StrickTest (VEGA201_v9.0.5)

Print Date: 27-Nov-2021

Dr. Ameya S. Chavan (MD, DM Cardiology)



12 Lead + Median

Hardev Health Care LLP
Mulund

199101/Paulson Joseph HR: 179 bpm
30 Yrs/Male METS: 5.6
76 Kg/169 Cms BP: ---/---
Date: 27-Nov-2021 01:05:38 PM

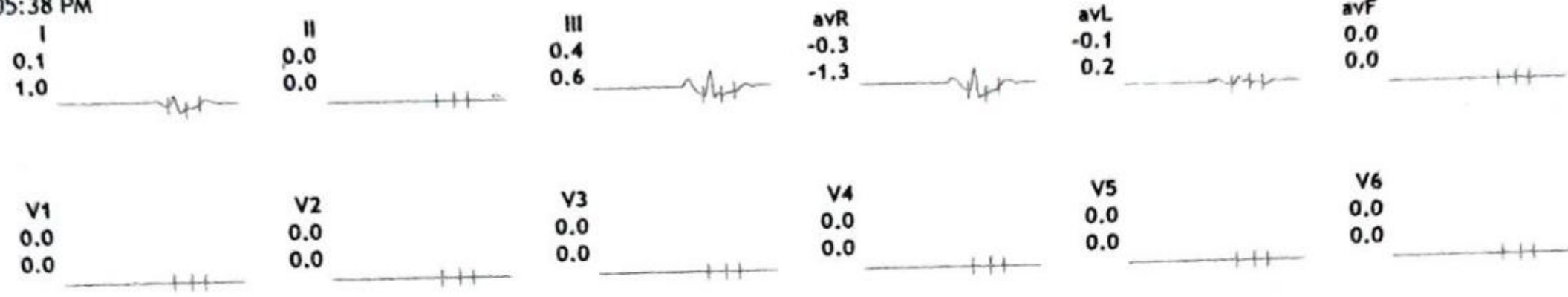
MpHR: 94% of 190
Speed: 0.0 mph
Grade: 0.0%

Raw ECG
BRUCE
(1.0-100)Hz

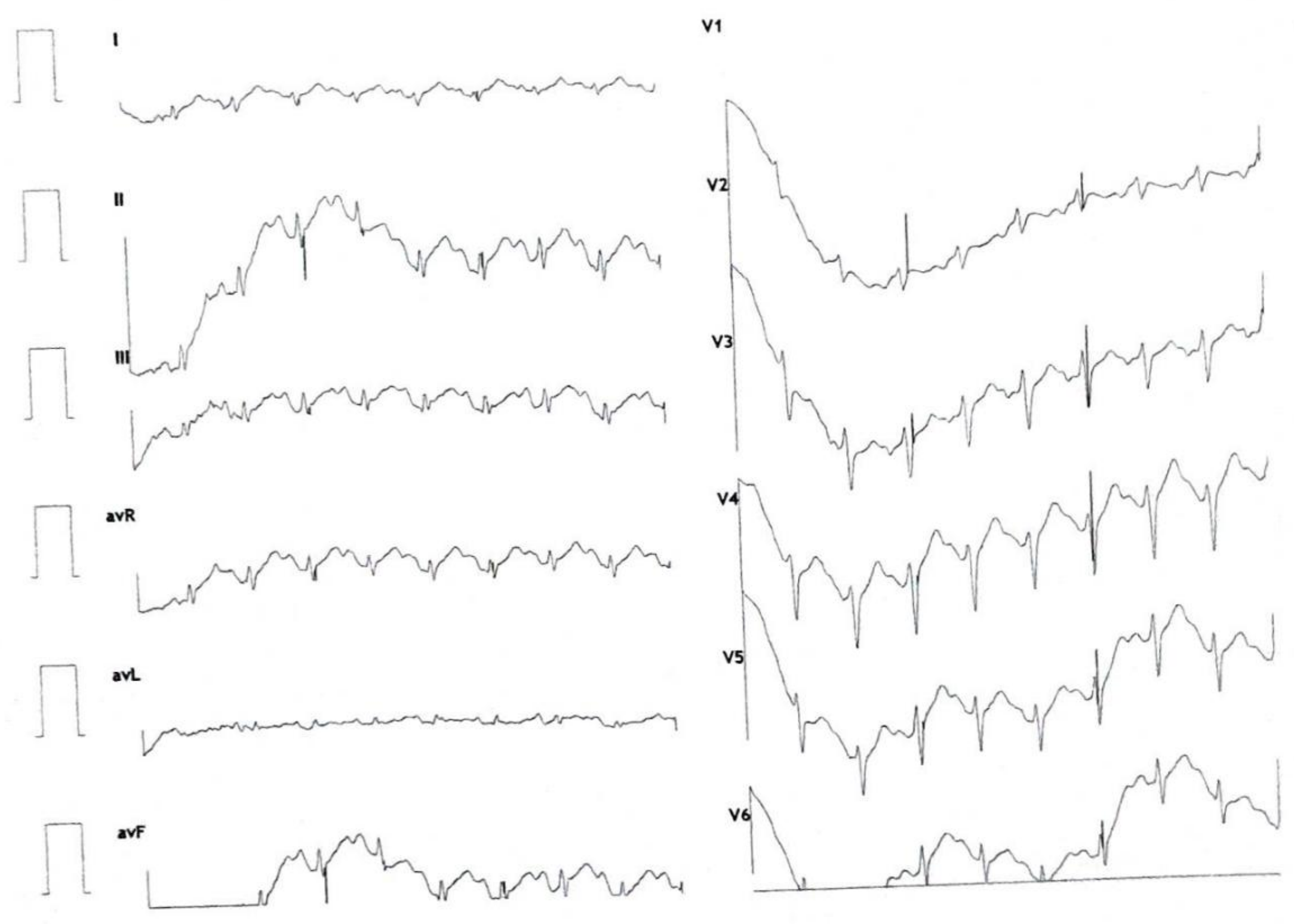
Ex Time 08:06
BLC :On
Notch :On

Recovery(0:15)
10.0 mm/mV
25 mm/Sec.

4X 70 mS Post J



V5
0.0



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Print Date: 27-Nov-2021

Dr. Ameya S. Chavan (MD, DM Cardiology)



12L Rhythm

Hardev Health Care LLP
Mulund

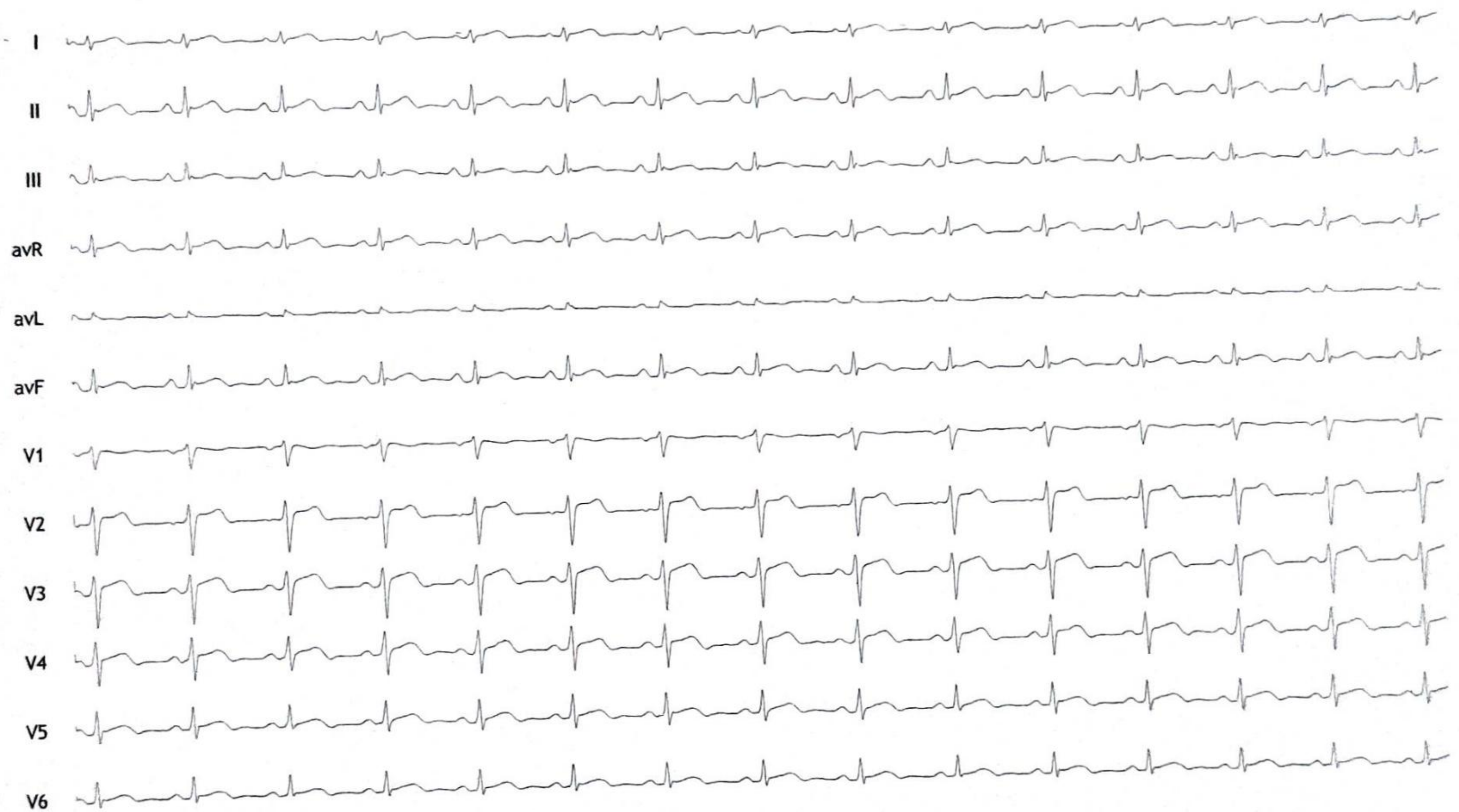
199101/Paulson Joseph HR: 89 bpm
30 Yrs/Male METS: 1.0
76 Kg/169 Cms BP: ---/---
Date: 27-Nov-2021 01:05:38 PM

MpHR: 46% of 190
Speed: 0.0 mph
Grade: 0.0%

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 00:20
BLC :On
Notch :On

PRE_EX
10.0 mm/mV
25 mm/Sec.



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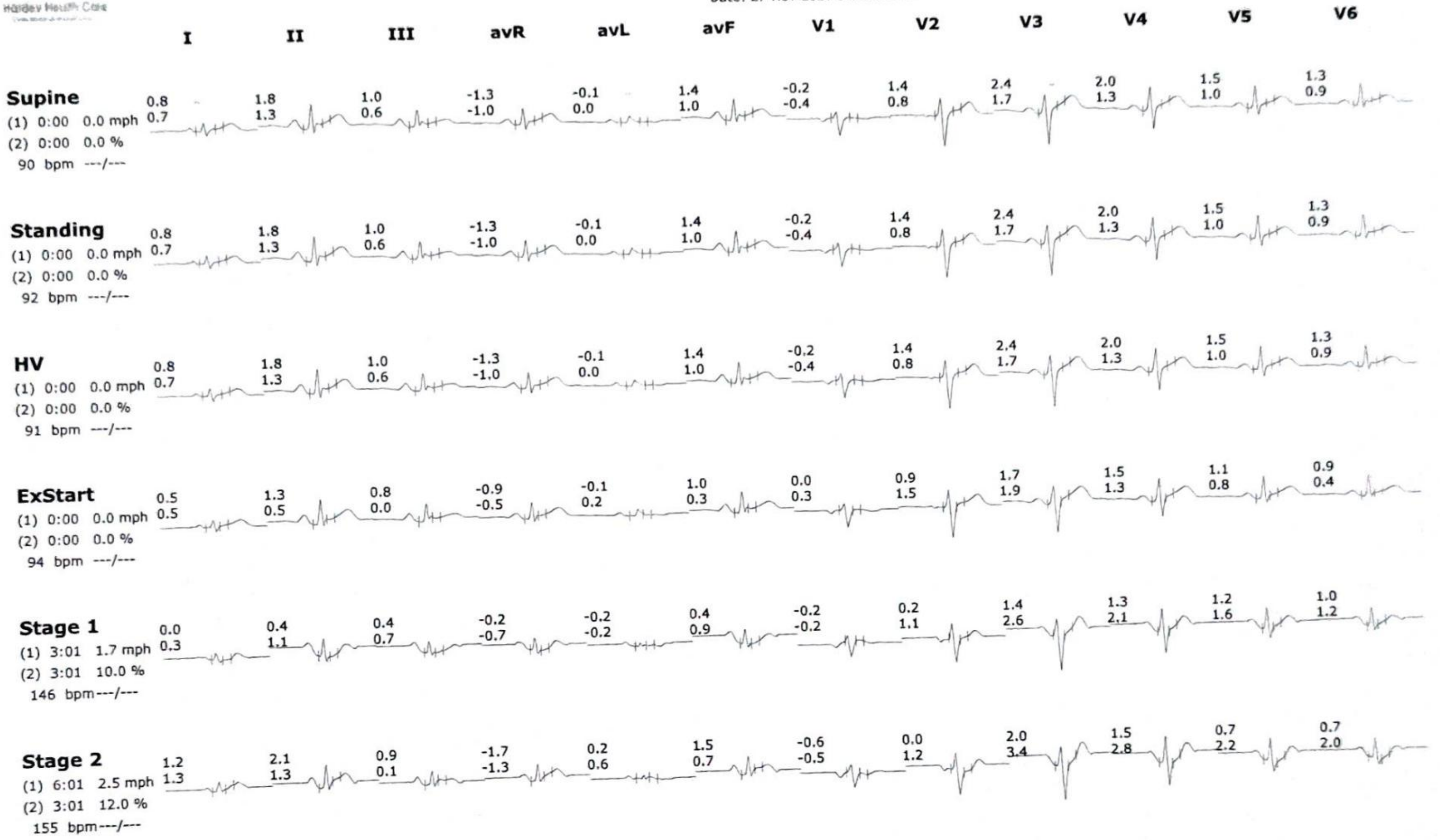
<http://www.mpsindia.com> © RMS StressTest (VEGA201_9.0.5)



Average

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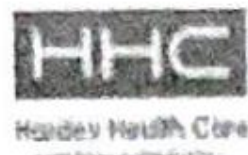
199101/Paulson Joseph 30 Yrs/Male 76 Kg/169 Cms
Date: 27-Nov-2021 01:05:38 PM



Dr. Ameya S. Chavan (MD, DM Cardiology)

Print Date: 27 Nov-2021

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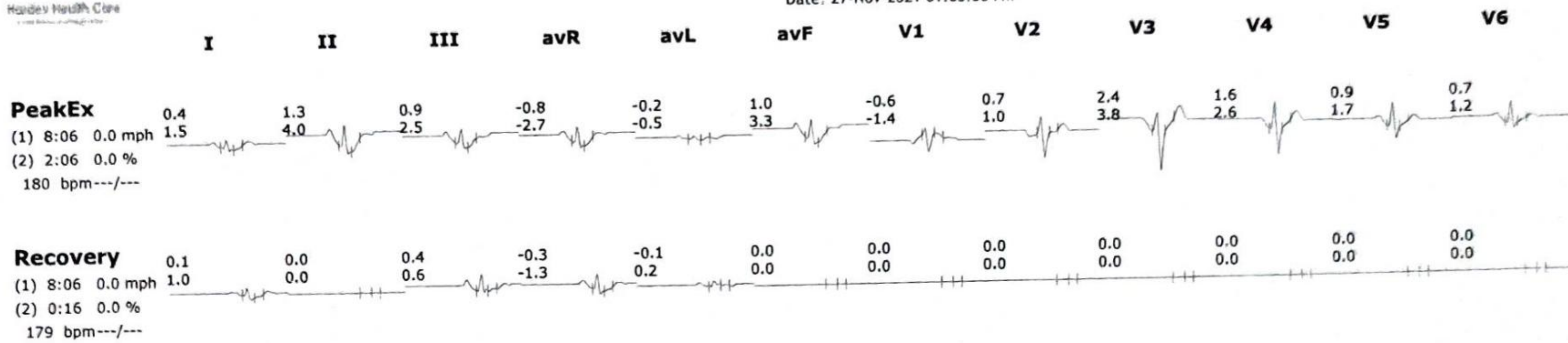
Average

Hardev Health Care LLP

Mulund

199101/Paulson Joseph 30 Yrs/Male 76 Kg/169 Cms

Date: 27-Nov-2021 01:05:38 PM





ST Summary

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199101/Paulson Joseph 30 Yrs/Male 76 Kg/169 Cms
Date: 27-Nov-2021 01:05:38 PM


Protocol : BRUCE

		I	II	III	avR	avL	avF	V1	V2	V3	V4	V5	V6
STL (mm) 70 mSecs Post J	Supine	0.8	1.8	1.0	-1.3	-0.1	1.4	-0.2	1.4	2.4	2.0	1.5	1.3
	Standing	0.8	1.8	1.0	-1.3	-0.1	1.4	-0.2	1.4	2.4	2.0	1.5	1.3
	HV	0.8	1.8	1.0	-1.3	-0.1	1.4	-0.2	1.4	2.4	2.0	1.5	1.3
	ExStart	0.5	1.3	0.8	-0.9	-0.1	1.0	0.0	0.9	1.7	1.5	1.1	0.9
	Stage 1	0.0	0.4	0.4	-0.2	-0.2	0.4	-0.2	0.2	1.4	1.3	1.2	1.0
	Stage 2	1.2	2.1	0.9	-1.7	0.2	1.5	-0.6	0.0	2.0	1.5	0.7	0.7
	PeakEx	0.6	2.0	1.4	-1.3	-0.4	1.7	-0.5	0.6	1.9	1.4	0.7	0.7
	Recovery	0.1	0.0	0.4	-0.3	-0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
STS mV/Sec.	Supine	0.7	1.3	0.6	-1.0	0.0	1.0	-0.4	0.8	1.7	1.3	1.0	0.9
	Standing	0.7	1.3	0.6	-1.0	0.0	1.0	-0.4	0.8	1.7	1.3	1.0	0.9
	HV	0.7	1.3	0.6	-1.0	0.0	1.0	-0.4	0.8	1.7	1.3	1.0	0.9
	ExStart	0.5	0.5	0.0	-0.5	0.2	0.3	0.3	1.5	1.9	1.3	0.8	0.4
	Stage 1	0.3	1.1	0.7	-0.7	-0.2	0.9	-0.2	1.1	2.6	2.1	1.6	1.2
	Stage 2	1.3	1.3	0.1	-1.3	0.6	0.7	-0.5	1.2	3.4	2.8	2.2	2.0
	PeakEx	1.5	3.5	2.1	-2.5	-0.3	2.8	-0.9	0.9	3.2	2.3	1.6	1.3
	Recovery	1.0	0.0	0.6	-1.3	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0
STI μ Vs	Supine	3.3	7.9	4.6	-5.7	-0.6	6.3	-0.2	6.4	11.0	9.1	6.7	5.7
	Standing	3.3	7.9	4.6	-5.7	-0.6	6.3	-0.2	6.4	11.0	9.1	6.7	5.7
	HV	3.3	7.9	4.6	-5.7	-0.6	6.3	-0.2	6.4	11.0	9.1	6.7	5.7
	ExStart	2.0	5.9	3.8	-3.9	-0.9	4.8	0.2	4.1	7.3	6.5	5.0	4.1
	Stage 1	-0.7	0.2	0.7	0.2	-0.8	0.5	-0.1	-0.5	3.3	4.1	4.2	3.6
	Stage 2	5.1	10.5	5.3	-7.8	0.0	7.9	-2.5	-2.6	5.3	3.4	-0.4	-0.1
	PeakEx	1.0	5.3	4.4	-3.2	-1.7	4.8	-1.7	2.9	4.6	3.5	1.5	1.7
	Recovery	-1.5	0.0	1.1	0.8	-1.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Date : 27-11-2021

FITNESS CERTIFICATE

This is to certify that **Mr. Paulson Joseph** Emp. No. **118903** age **30** Yrs. has undergone the medical examination with us on **27-11-2021**. based on examination and investigation results he is free from infection / Contagious disease including skin & Tuberculosis for which diagnostic tests has been carried out and He is medically fit to continue his duties.


Dr. Rahul S Deshpande
M.B.B.S. D. Ortho A.F.I.H (Mumbai)
Regd. No. 081019
HARDEV HEALTH CARE
Authorised Medical Practitioner