

भारत सरकार
GOVERNMENT OF INDIA



श्री रविकुमार अशोककुमार
Jha Ravikumar Ashokkumar
जन्म तिथि/ DOB: 25/08/1990
पुरुष / MALE



6679 6932 5866

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PHYSICAL EXAMINATION REPORT

Patient Name	MR. JHA RAVI ASHOK	Sex/Age	MALE/ 31 YRS
Date	25/09/2021	Location	KASARVADAVALI

History and Complaints

No complaints
No significant family history.
Past history – Hospitalized for Appendicectomy in 2010

EXAMINATION FINDINGS:

Height	180.5 cm	Temp (0c):	Afebrile
Weight	83.4 kg	Skin:	NAD
Blood Pressure	130/80 mm of Hg	Nails:	NAD
Pulse	70/min	Lymph Node:	NAD

Systems :

Cardiovascular:	S1S2 +, No murmur
Respiratory:	NAD
Genitourinary:	NAD
GI System:	NAD
CNS:	NAD

Impression:

Raised SGPT & Uric acid levels.
Raised Triglycerides, Non HDL & LDL cholesterol.
Decrease Platelet count.

ADDRESS: 2nd Floor, Aston, Sundervan Complex, Above Mercedes Showroom, Andheri West - 400053

HEALTHLINE - MUMBAI: 022-6170-0000 | OTHER CITIES: 1800-266-4343

For Feedback - customerservice@suburbandiagnosics.com | www.suburbandiagnosics.com

ADVICE :

Regular morning walk in sunlight exposure & Exercise.
Avoid fried, Fatty food & Non-veg diet.
Plenty of oral fluids in diet.
Avoid protein intake < 5gm/ day in view of raised Uric acid.
Consult physician for raised SGPT, Uric acid levels.

CHIEF COMPLAINTS :

1)	Hypertension:	Nil
2)	IHD	Nil
3)	Arrhythmia	Nil
4)	Diabetes Mellitus	Nil
5)	Tuberculosis	Nil
6)	Asthma	Nil
7)	Pulmonary Disease	Nil
8)	Thyroid/ Endocrine disorders	Nil
9)	Nervous disorders	Nil
10)	GI system	Nil
11)	Genital urinary disorder	Nil
12)	Rheumatic joint diseases or symptom	Nil
13)	Blood disease or disorder	Nil
14)	Cancer/lump growth/cyst	Nil
15)	Congenital disease	Nil
16)	Surgeries	Appendicectomy in 2010

PERSONAL HISTORY:

1)	Alcohol	No
2)	Smoking	No
3)	Diet	Non-veg
4)	Medication	Nil

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HEALTHLINE - MUMBAI: 022-6170-0000 | **OTHER CITIES:** 1800-266-4343

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Date : 25/09/2021

CID :

Name : MR. RAVI JHA

Sex/Age : M/31yr

EYE CHECK UP

Chief complaints : Redness in Both Eyes

Systematic Diseases : Nil

Past History : Nil

Unaided Vision :
Aided Vision :
Nil

RT Eye = 6/6
LT Eye = 6/6

Refraction : Nil

Colour Vision : Normal colour vision

Remarks : Nil



SUBURBAN DIAGNOSTICS THANE KASARVADAVALI

Patient Details

Date: 25-Sep-21

Time: 1:22:18 PM

Name: MR. RAVI JHA ID: 2126844861

Age: 31 y

Sex: M

Height: 180 cms

Weight: 83 Kgs

Clinical History: NIL

Medications: NIL

Test Details

Protocol: Bruce

Pr.MHR: 189 bpm

THR: 160 (85 % of Pr.MHR) bpm

Total Exec. Time: 9 m 31 s

Max. HR: 170 (90% of Pr.MHR) bpm

Max. Mets: 13.50

Max. BP: 180 / 80 mmHg

Max. BP x HR: 30600 mmHg/min

Min. BP x HR: 8400 mmHg/min

Test Termination Criteria: THR achieved

Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0 : 12	1.0	0	0	106	130 / 80	-0.64 aVR	3.89 V3
Standing	0 : 14	1.0	0	0	105	130 / 80	-0.64 aVR	4.60 V3
Hyperventilation	0 : 31	1.0	0	0	105	130 / 80	-0.64 aVR	5.66 V2
1	3 : 0	4.6	1.7	10	117	150 / 80	-1.06 aVR	5.66 V2
2	3 : 0	7.0	2.5	12	131	160 / 80	-1.06 aVR	5.66 V2
3	3 : 0	10.2	3.4	14	156	170 / 80	-1.49 aVR	5.66 V3
Peak Ex	0 : 31	13.5	4.2	16	170	180 / 80	-1.49 aVR	5.66 V3
Recovery(1)	1 : 0	1.8	1	0	137	180 / 80	-2.97 aVR	5.66 I
Recovery(2)	1 : 0	1.0	0	0	113	160 / 80	-2.97 aVR	5.66 I
Recovery(3)	1 : 0	1.0	0	0	109	140 / 80	-2.12 aVR	5.66 V3
Recovery(4)	1 : 0	1.0	0	0	111	120 / 80	-1.27 aVR	5.66 V3
Recovery(5)	0 : 16	1.0	0	0	111	120 / 80	-1.27 aVR	5.31 V2

Interpretation

The patient exercised according to the Bruce protocol for 9 m 31 s achieving a work level of Max. METS : 13.50. Resting heart rate initially 106 bpm, rose to a max. heart rate of 170 (90% of Pr.MHR) bpm. Resting blood Pressure 130 / 80 mmHg, rose to a maximum blood pressure of 180 / 80 mmHg.

No significant ST - T changes.
No evidence of arrhythmias.
Normal haemodynamic response.
Good effort tolerance.

IMPRESSION: Stress test is negative for inducible ischemia at moderate workload. DISCLAIMER: Negative stress test does not rule out coronary artery disease and positive stress test is suggestive but not confirmatory of coronary artery disease. Hence clinical co-relation is mandatory.

Ref. Doctor: CORPORATE

(Summary Report edited by user)



Dr. Kavın H. Shah
M.B.B.S., D.CARD.
MMC Regd. No.3488

Doctor: Dr. Kavın Shah

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Test Report

SUBURBAN DIAGNOSTICS THANE KASARVADAVALI

MR. RAVI JHA (31 M)

ID: 2126844861

Date: 25-Sep-21

Exec Time : 0 m 0 s

Stage Time : 0 m 6 s

HR: 99 bpm

Protocol: Bruce

Stage: Supine

Speed: 0 mph

Grade: 0 %

(THR: 160 bpm)

B.P: 130 / 80

ST Level (mm)

ST Slope (mV/s)

ST Level (mm)

ST Slope (mV/s)

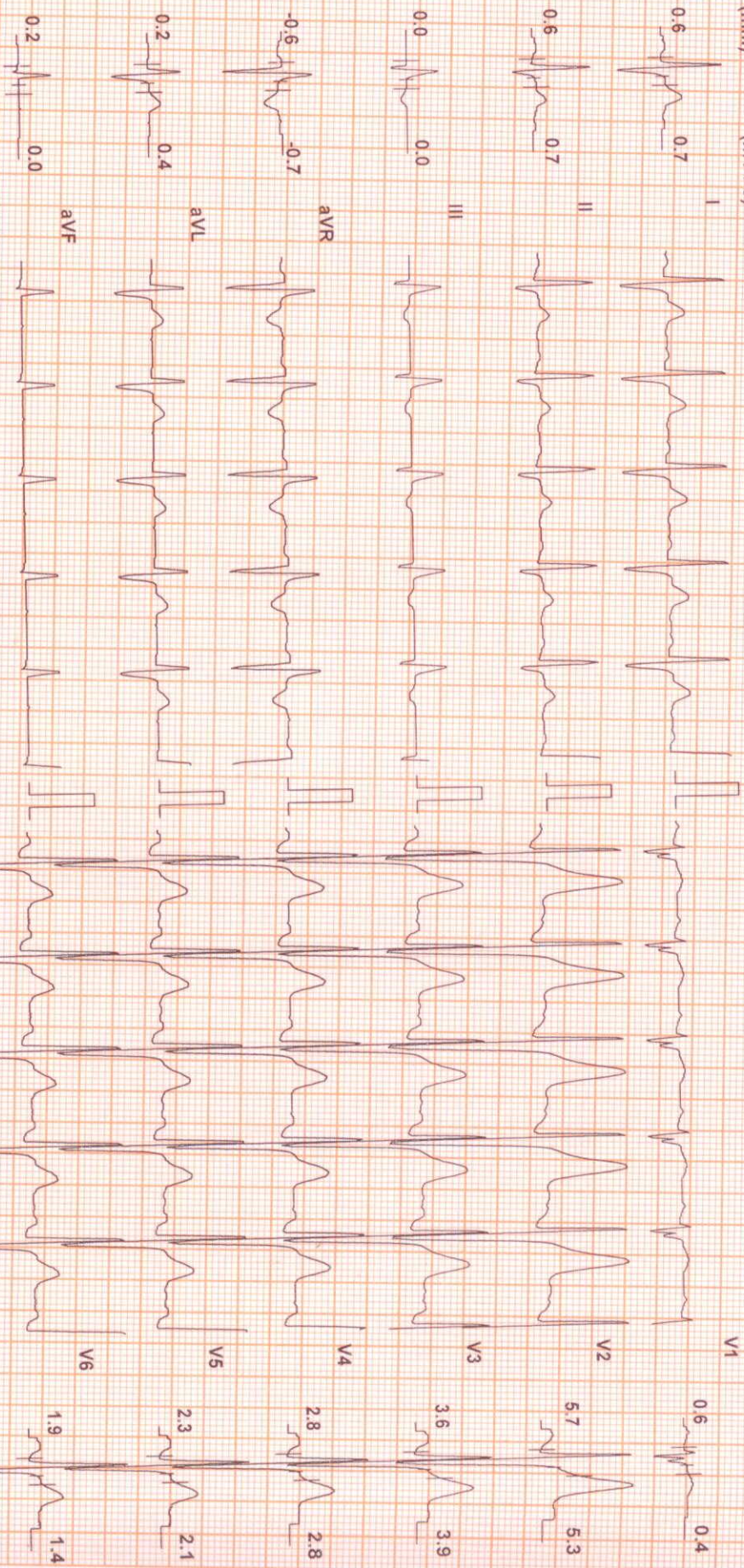


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Linked Median

Schlier-Standard V 4.7



SUBURBAN DIAGNOSTICS THANE KASARVADAVALI

Test Report

MR. RAVI JHA (31 M)

ID: 2126844861

Date: 25-Sep-21

Exec Time : 0 m 0 s

Stage Time : 0 m 8 s

HR: 104 bpm

Protocol: Bruce

Stage: Standing

Speed: 0 mph

Grade: 0 %

(THR: 160 bpm)

B.P: 130 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

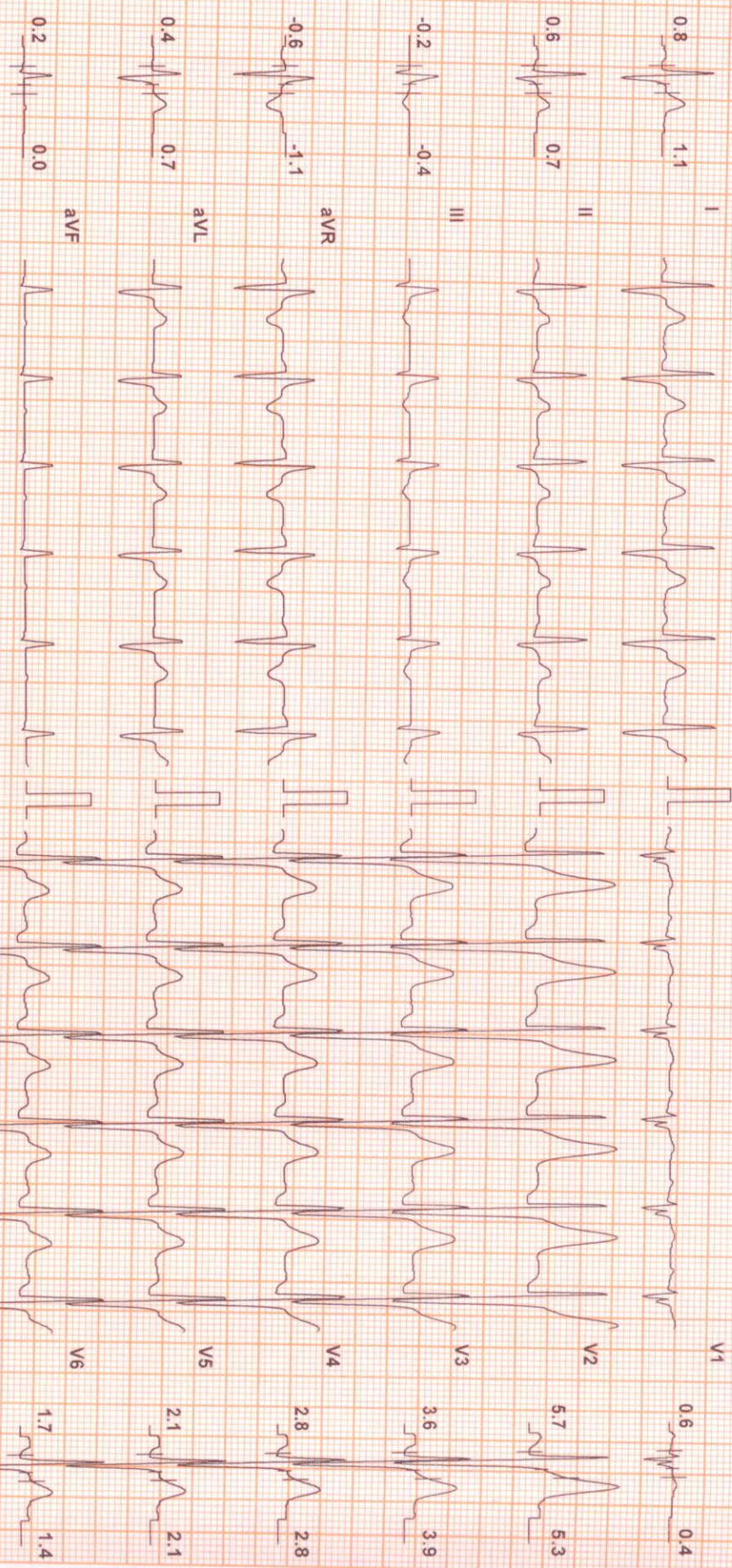


Chart Speed: 25 mm/sec
Schiller-Standard V 4.7

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

ISO = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms
Linked Median



SUBURBAN DIAGNOSTICS THANE KASARVADAVALI

Test Report

MR. RAVI JHA (31 M)

ID: 2126844861

Date: 25-Sep-21

Exec Time : 0 m 0 s

Stage Time : 0 m 25 s

HR: 103 bpm

Protocol: Bruce

Stage: Hyperventilation

Speed: 0 mph

Grade: 0 %

(THR: 160 bpm)

B.P: 130 / 80

ST Level (mm) ST Slope (mv/s)

ST Level (mm) ST Slope (mv/s)

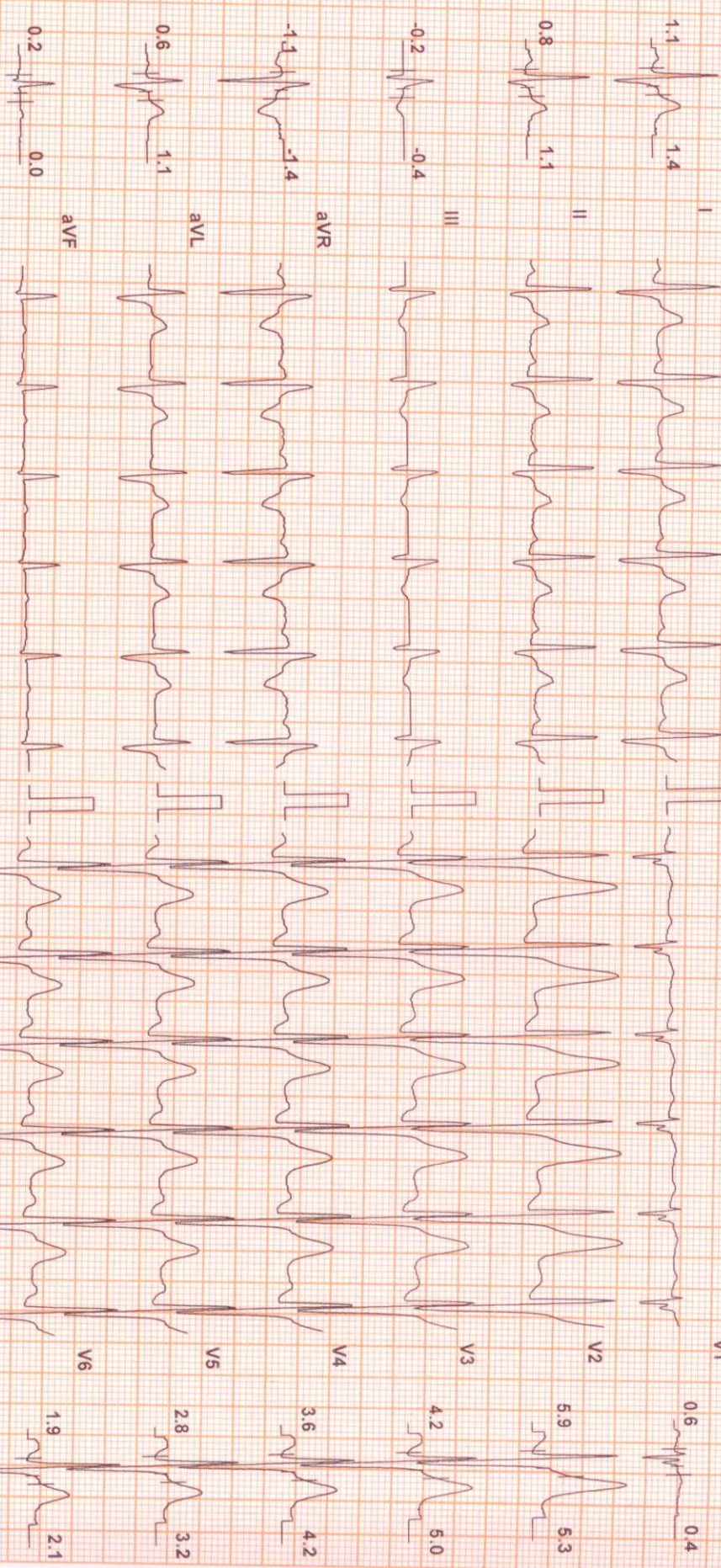


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spanden V47

Linked Median



SUBURBAN DIAGNOSTICS THANE KASARVADAVALI

Test Report

MR RAVI JHA (31 M)

ID: 2126844861

Date: 25-Sep-21

Exec Time : 2 m 54 s Stage Time : 2 m 54 s

HR: 114 bpm

Protocol: Bruce

Stage: 1

Speed: 1.7 mph

Grade: 10 %

(THR: 160 bpm)

B.P: 150 / 80

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

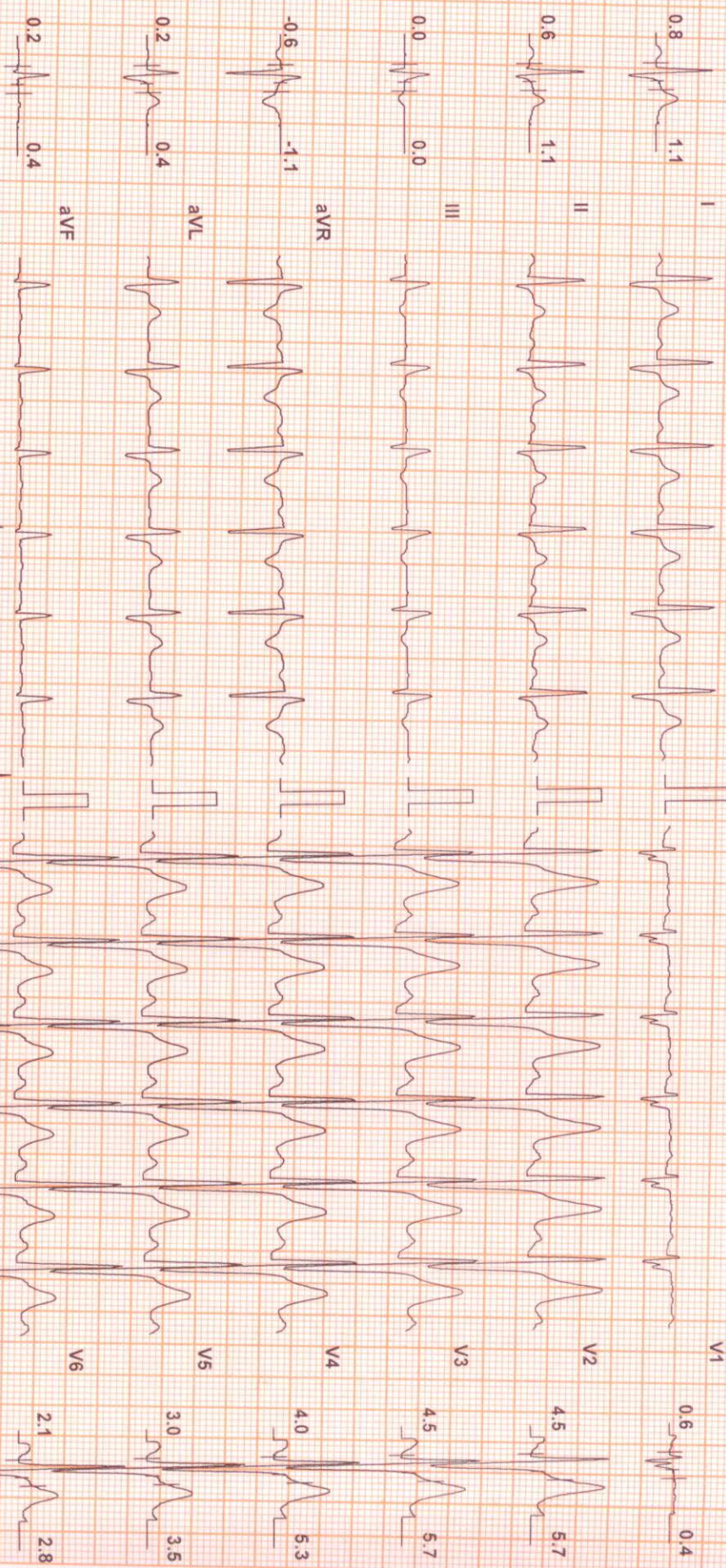


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mahs Fil: ON

Amp: 10 mm

ISO = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Standard V 4.7

Linked Median



SUBURBAN DIAGNOSTICS THANE KASARVADAVALI

Test Report

MR. RAVI JHA (31 M)

ID: 2126844861

Date: 25-Sep-21

Exec Time : 5 m 54 s Stage Time : 2 m 54 s

HR: 134 bpm

Protocol: Bruce

Stage: 2

Speed: 2.5 mph

Grade: 12%

(THR: 160 bpm)

B.P: 160 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

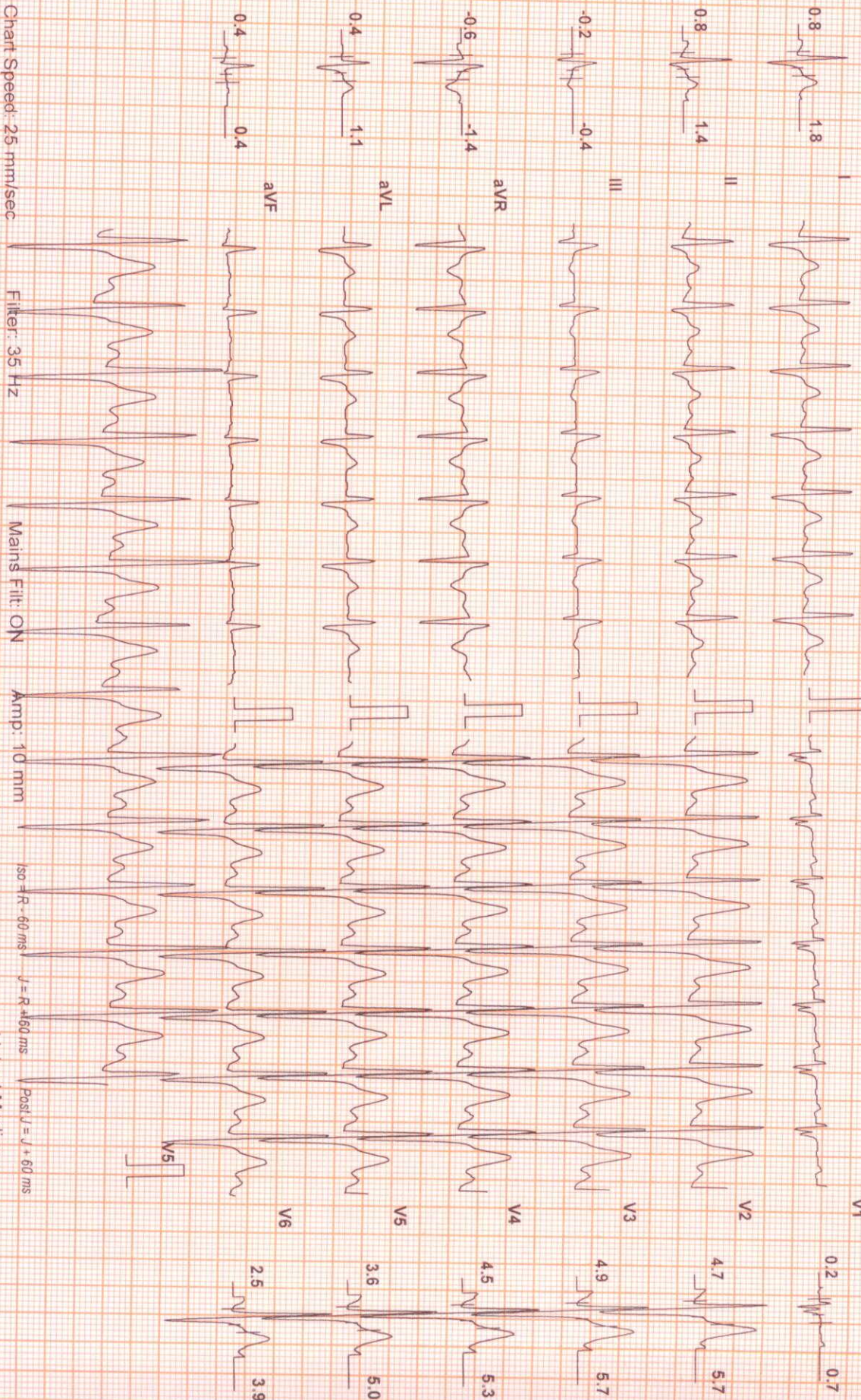


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

iso = R - 90 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spardan V 4.7

Linked Median

SUBURBAN DIAGNOSTICS THANE KASARVADAVALI

Test Report

MR. RAVI JHA (31 M)

ID: 2126844861

Date: 25-Sep-21

Exec Time : 8 m 54 s Stage Time : 2 m 54 s

HR: 158 bpm

Protocol: Bruce

Stage: 3

Speed: 3.4 mph

Grade: 14 %

(THR: 160 bpm)

B.P: 170 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)



Chart Speed: 25 mm/sec

Filter: 35 HZ

Main Filt: DN

Amp: 10 mm

ISO R - 60 ms

J - R - 60 ms

Post J = J + 60 ms

Schiller Spandau V 47

Linked Median



SUBURBAN DIAGNOSTICS THANE KASARVADAVALI

Test Report

MR. RAVI JHA (31 M)

ID: 2126844861

Date: 25-Sep-21

Exec Time : 9 m 25 s Stage Time : 0 m 25 s

HR: 169 bpm

Protocol: Bruce

Stage: Peak Ex

Speed: 4.2 mph

Grade: 16 %

(THR: 160 bpm)

B.P: 180 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

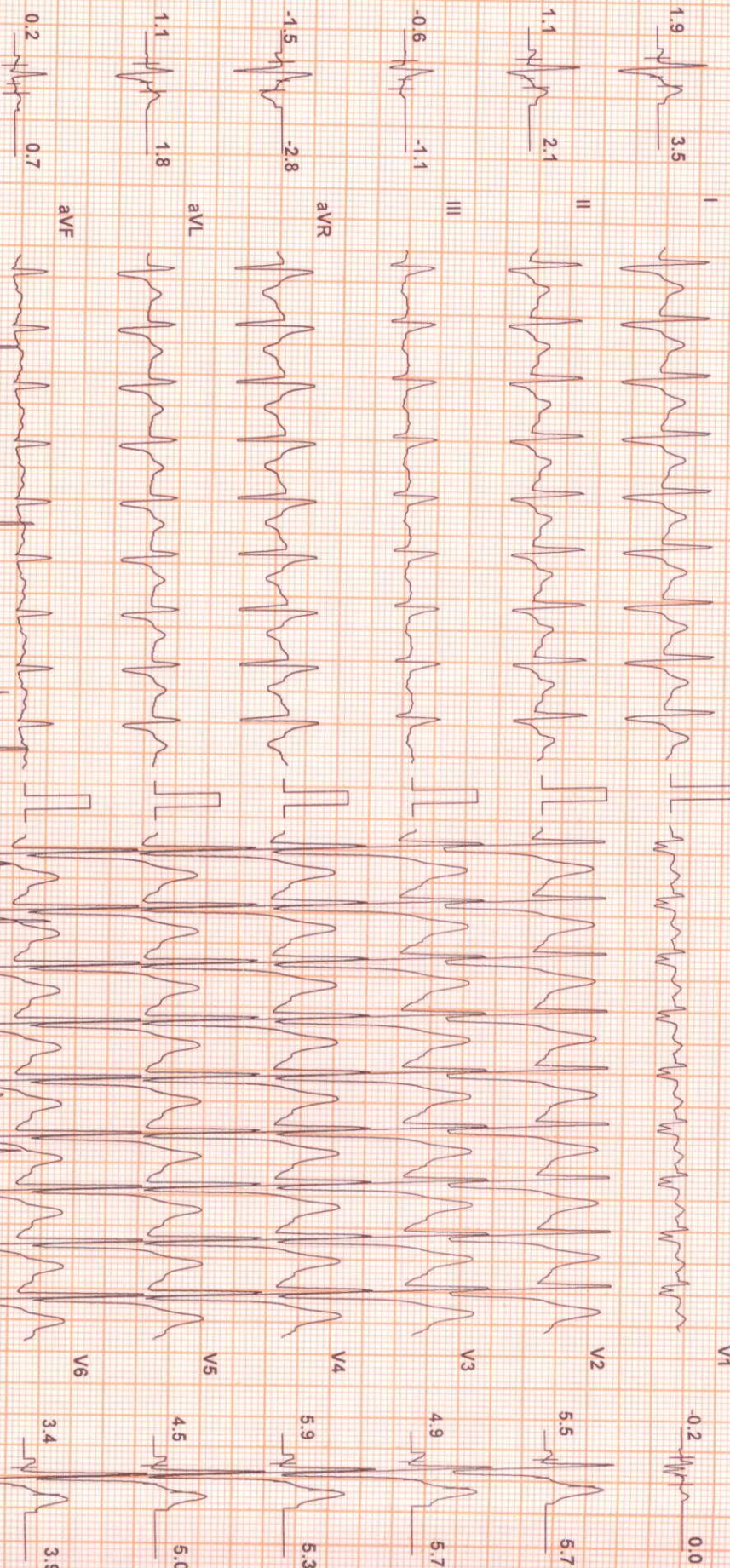


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filtr: QN

Amp: 10 mm

sd = R - 66 ms

J = R + 67 ms

Post J = J + 60 ms

Linked Median

Schiller Spandem V 4.7



SUBURBAN DIAGNOSTICS THANE KASARVADAVALI

Test Report

MR. RAVI JHA (31 M)

ID: 2126844861

Date: 25-Sep-21

Exec Time : 9 m 31 s Stage Time : 0 m 54 s

HR: 135 bpm

Protocol: Bruce

Stage: Recovery(1)

Speed: 1 mph

Grade: 0 %

(THR: 160 bpm)

B.P: 180 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

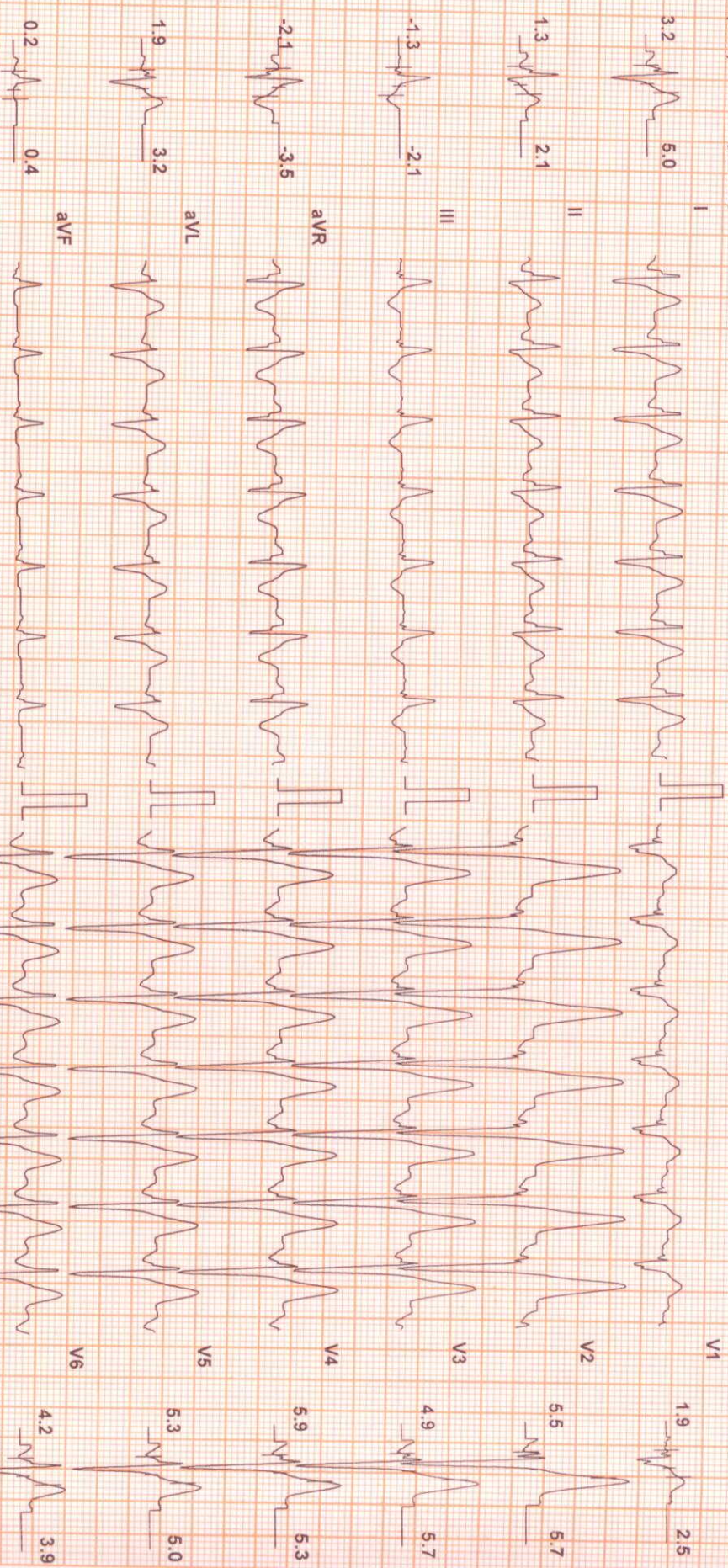


Chart Speed: 25 mm/sec
Schiller Spandau V 4.7

Filter: 35 Hz

Mains Filtr: ON

Amp: 10mm

ISO = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Linked Median



SUBURBAN DIAGNOSTICS THANE KASARVADAVALI

Test Report

MR. RAVI JHA (31 M)

ID: 2126844861

Date: 25-Sep-21

Exec Time : 9 m 31 s Stage Time : 0 m 54 s

HR: 116 bpm

Protocol: Bruce

Stage: Recovery(2)

Speed: 0 mph

Grade: 0%

(THR: 160 bpm)

B.P: 160 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

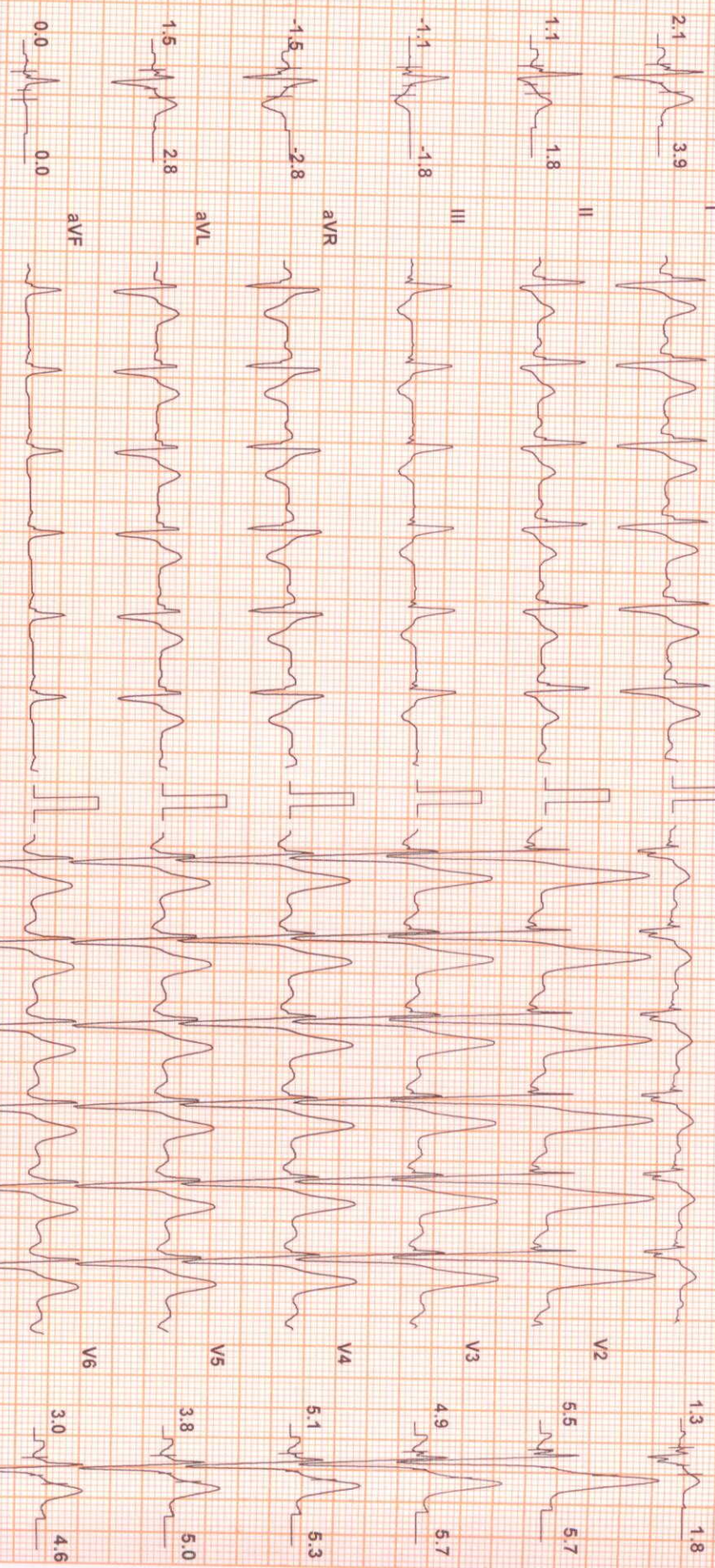


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

ISO = R - 60 ms

J = R + 40 ms

Post J = J + 60 ms

Schiller Spandan V4.7

Linked Median



SUBURBAN DIAGNOSTICS THANE KASARVADAVALI

Test Report

MR. RAVI JHA (31 M)

ID: 2126844861

Date: 25-Sep-21

Exec Time : 9 m 31 s Stage Time : 0 m 54 s

HR: 107 bpm

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 160 bpm)

B.P.: 140 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

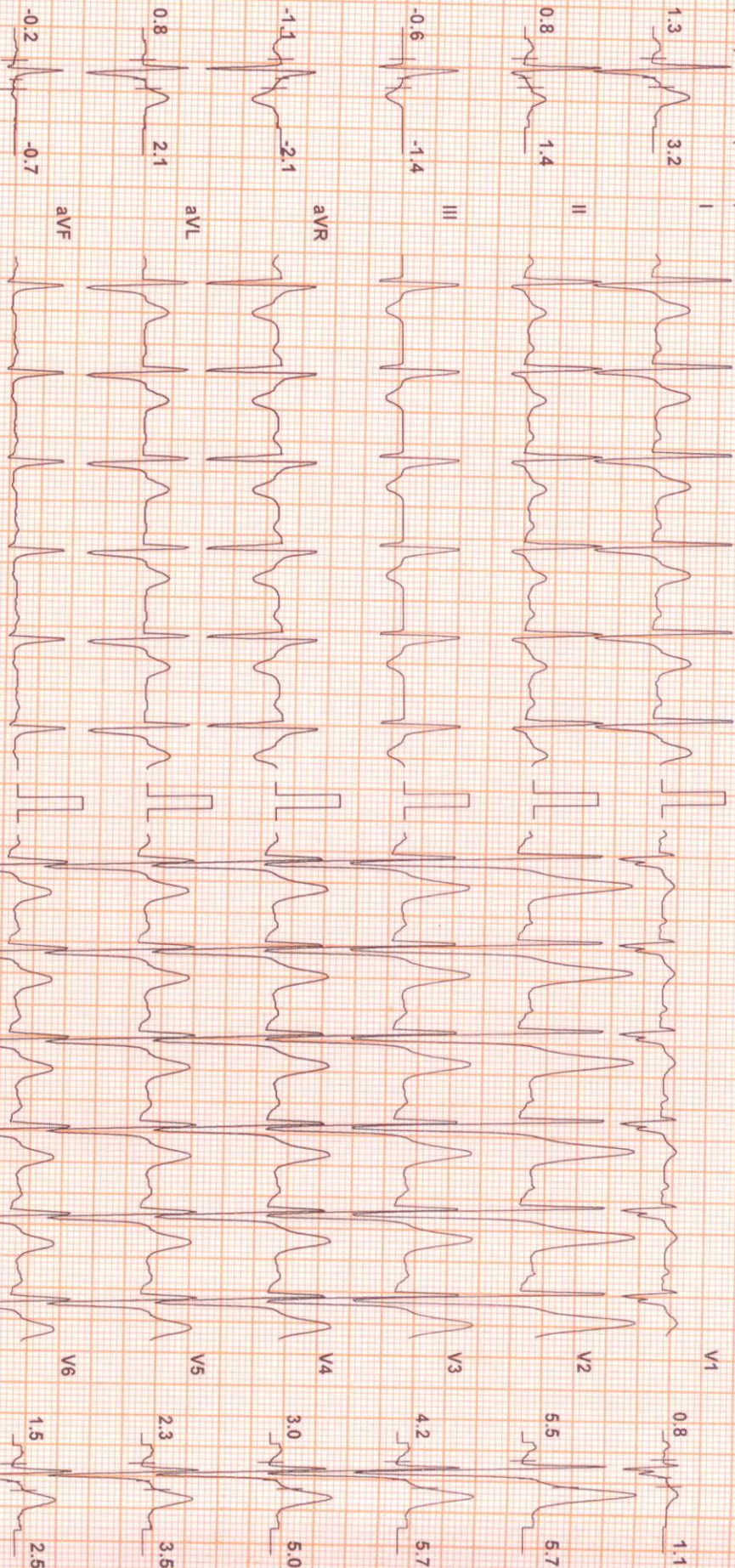


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

Linked Median



SUBURBAN DIAGNOSTICS THANE KASARVADAVALI

Test Report

MR. RAVI JHA (31 M)

ID: 2126844861

Date: 25-Sep-21

Exec Time : 9 m 31 s

Stage Time : 0 m 54 s

HR: 111 bpm

Protocol: Bruce

Stage: Recovery(4)

Speed: 0 mph

Grade: 0 %

(THR: 160 bpm)

B.P.: 120 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

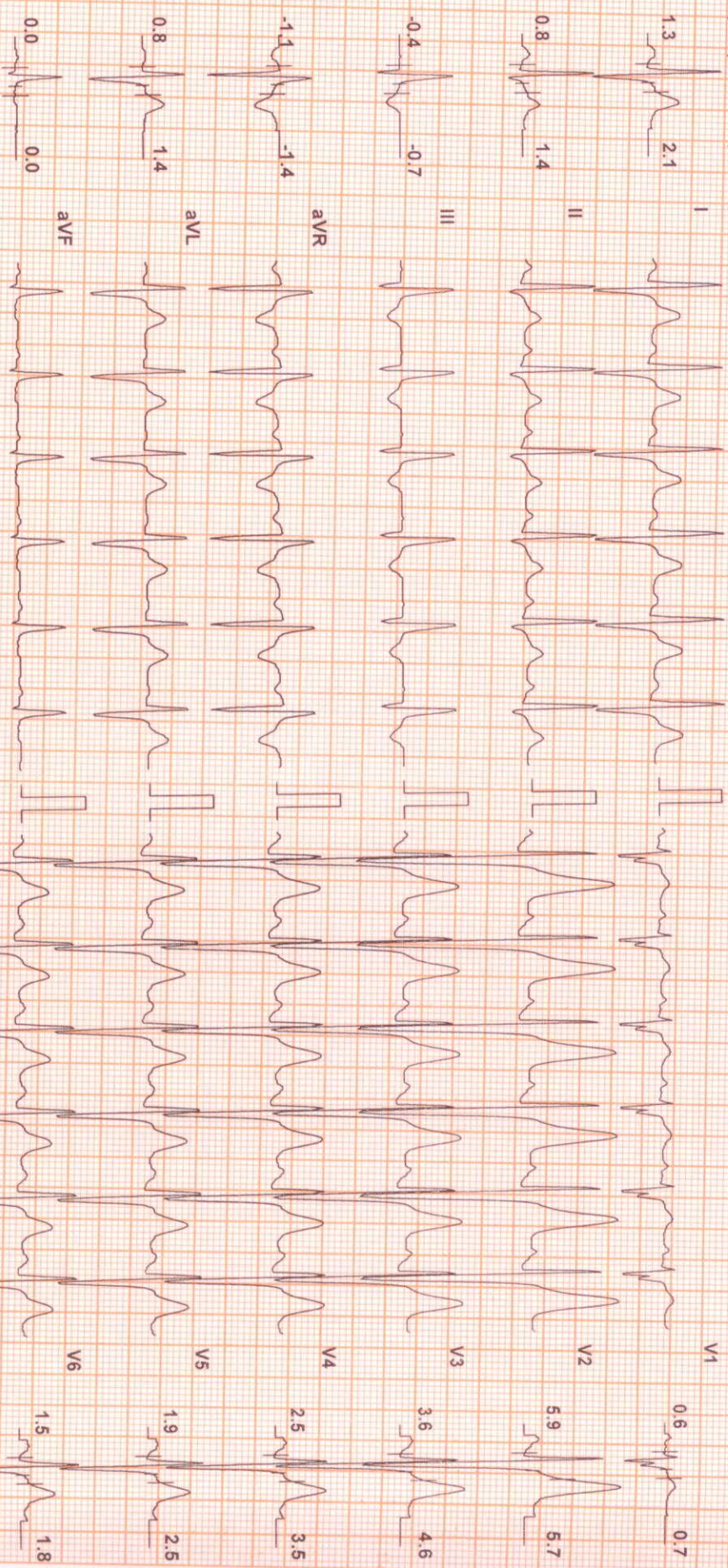


Chart Speed: 25 mm/sec
Schiller Spandan V4.7

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Linked Median



SUBURBAN DIAGNOSTICS THANE KASARVADAVALI

Test Report

MR. RAVI JHA (31 M)

ID: 2126844861

Date: 25-Sep-21

Exec Time : 9 m 31 s Stage Time : 0 m 54 s

HR: 111 bpm

Protocol: Bruce

Stage: Recovery(5)

Speed: 0 mph

Grade: 0%

(THR: 160 bpm)

B.P: 120 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

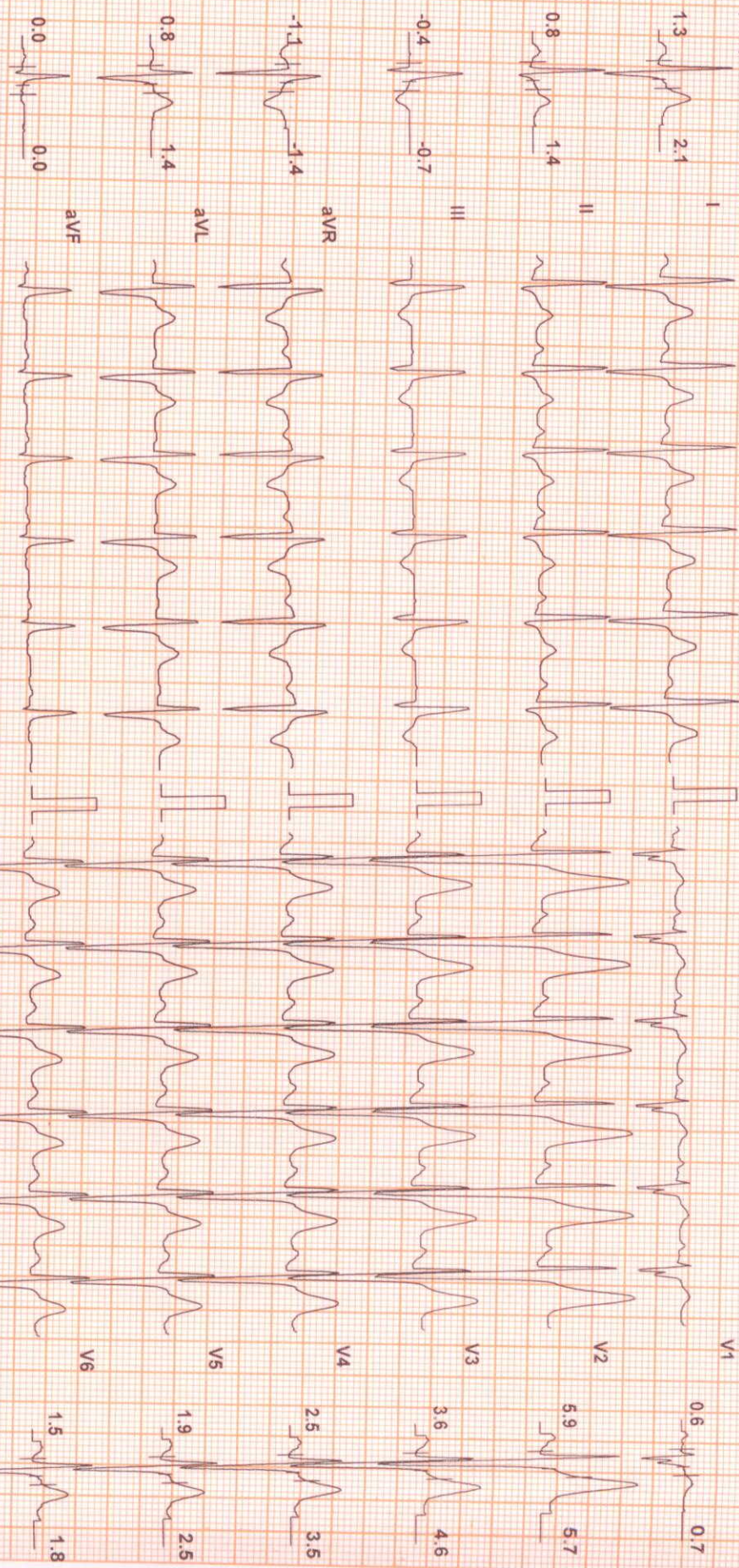


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V4.7

Linked Median



CID	: 2126844861	SID	: 177804200535
Name	: Mr JHA RAVI ASHOK	Registered	: 25-Sep-2021 / 12:23
Age / Sex	: 31 Years / Male	Reported	: 25-Sep-2021 / 12:26
Ref. Dr	:	Printed	: 25-Sep-2021 / 12:26
Reg.Location	: Thane Kasarvadavali Main Centre		

USG WHOLE ABDOMEN

LIVER: Liver appears normal in size and echotexture. There is no intra-hepatic biliary radical dilatation. No evidence of any focal lesion.

GALL BLADDER: Gall bladder is distended and appears normal. Wall thickness is within normal limits. There is no evidence of any calculus.

PORTAL VEIN: Portal vein is normal. **CBD:** CBD is normal.

PANCREAS: Visualised pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification. Pancreatic duct is not dilated.

KIDNEYS: Right kidney measures 10.6 x 5.2 cm. Left kidney measures 10.5 x 5.6 cm. Both kidneys are normal in size, shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

SPLEEN: Spleen is normal in size, shape and echotexture. No focal lesion is seen.

URINARY BLADDER: Urinary bladder is distended and normal. Wall thickness is within normal limits.

PROSTATE: Prostate is normal in size, echotexture and measures 2.4 x 3.2 x 2.9 cm in dimension and 12.3 cc in volume. No evidence of any focal lesion. Median lobe does not show significant hypertrophy.

No free fluid or significant lymphadenopathy is seen.

IMPRESSION:

NO SIGNIFICANT ABNORMALITY IS DETECTED.

-----End of Report-----

G. R. Fartade
Dr. GAURAV FARTADE
MBBS, DMRE
Reg No -2014/04/1786
Consultant Radiologist

CID	: 2126844861	SID	: 177804200535
Name	: MR JHA RAVI ASHOK	Registered	: 25-Sep-2021 / 12:09
Age / Sex	: / M	Reported	: 25-Sep-2021 / 12:18
Ref. Dr	:	Printed	: 25-Sep-2021 / 12:18
Reg.Location	: Thane Kasarvadavali Main Centre		

X-RAY CHEST PA VIEW

Both lung fields are clear.

Both costo-phrenic angles are clear.

The cardiac size and shape are within normal limits.

The domes of diaphragm are normal in position and outlines.

The skeleton under review appears normal.

IMPRESSION:

NO SIGNIFICANT ABNORMALITY IS DETECTED.

-----End of Report-----

G. R. Fartade
Dr.GAURAV FARTADE
MBBS, DMRE
Reg No -2014/04/1786
Consultant Radiologist