



भारत सरकार  
Government of India

अदिति जैन  
Aditi Jain  
जनम तिथि/DOB: 21/12/1990  
महिला/ FEMALE



5292 3450 0074

मेरा आधार, मेरी पहचान

**Narayana Multispecialty Hospital**

A unit of Narayana Health Services Limited, CIN: U65110K2000PR1007199  
Registered Office: 258/A, Bommasandra Industrial Area, Anekal Taluk, Bangalore-560099  
Hospital Address: Sector-28, Kumbha Marg, Pratap Nagar, Jaipur 302033  
Tel: +91 141 7122 233 | Email: [info@narayanahospital.org](mailto:info@narayanahospital.org) | [www.narayanahospital.org](http://www.narayanahospital.org)  
GST No. 08AABCN168511Z8



**1800-309-0309 (Toll Free)**

Appointments

Emergencies  
**99837-32222**



## CONSULTATION SUMMARY

**Patient MRN** : 15010000384803  
**Patient Name** : Ms. aditi jain  
**Gender/Age/Dob** : Female , 32 Years , 21/12/90  
**Patient Phone No** : 9571090107  
**Patient Address** : Jaipur,Jaipur,Rajasthan,India,  
-302033

**Consultation Date** : 20/05/2023 11:02 AM  
**Consultant** : Dr. Manju Goyal (OBSTETRICS  
& GYNAECOLOGY)  
**Consultation Type** : OP , NEW VISIT



### DIAGNOSIS

- Screening - health check, Primary, Provisional, 20/05/2023

### CHIEF COMPLAINTS & HISTORY OF PRESENT ILLNESS

- FOR HEALTH CHECK UP :
- NO COMPLAINT AT PRESENT :

### MEDICATION ORDER

#### DRUG NAME

- 1) AYURVEDIC PREPARATION-SYRUP-  
200ML-**M2 TONE**
- 2) PYRIDOXINE+FOLIC ACID-TABLET-  
100MG+5MG-**B LONG F**

#### PATIENT INSTRUCTION

**Patient Instruction:** Twice Daily ( 2 - 0 - 0 - 2 ) Tablespoon  
Orally For 1 Month , **Qty:** 1 , **Start Date:** May 20, 2023 , **End Date:** Jun 19, 2023

**Patient Instruction:** Once Daily ( 0 - 0 - 0 - 1 ) Tablet For 1  
Month , **Qty:** 30 , **Start Date:** May 20, 2023 , **End Date:** Jun 19, 2023

### MENSTRUAL HISTORY

- Imp 5.5.23 PMH REGULAR

### OBSTETRICS HISTORY

- O/H P1L1 1STFTCS MALE 31/2 YRS BACK

### PAST MEDICAL HISTORY

- No significant past medical history

### PROCEDURE HISTORY

- Caesarean section

### FAMILY HISTORY

- No significant family history

### Narayana Multispeciality Hospital

(A unit of Narayana Hrudayalaya Limited) CIN: L85110KA2000PLC027497

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### SOCIAL HISTORY

- No significant social history

### VITALS

Pain Score: 0

### GENERAL EXAMINATION

- Pallor : NIL

### ALLERGY

- No known allergies

### SYSTEMIC EXAMINATION

- Per Abdomen : SOFT

### ADVICE

- PLENTY OF FLUIDS

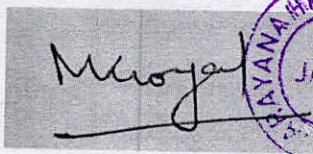

### DIETETIC ADVICE

- HIGH PROTEIN & FE RICH DIET

### FOLLOW UP DETAILS

- **Physical Consultation after 1 Day**  
REVIEW ON 2/3 RD DAY OF MENSES OR SOS

### CONSULTANT DETAILS

Dr. Manju Goyal , CONSULTANT , OBSTETRICS & GYNAECOLOGY

One free consultation with the same doctor within next 6 days.

Printed By: Dr. Manju Goyal | Printed On: 20.05.2023 12:34





# CONSULTATION SUMMARY

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**Patient Name** : Ms. aditi jain  
**Gender/Age/Dob** : Female , 32 Years , 21/12/90  
**Patient Phone No** : 9571090107  
**Patient Address** : Jaipur,Jaipur,Rajasthan,India,  
-302033

**Consultation Date** : 20/05/2023 12:17 PM  
**Consultant** : Dr. Anil Goyal  
(OPHTHALMOLOGY)  
**Consultation Type** : OP , NEW VISIT



## CHIEF COMPLAINTS & HISTORY OF PRESENT ILLNESS

- ROUTINE CHECKUP :

## PAST MEDICAL HISTORY

- No significant past medical history

## SYSTEMIC EXAMINATION

- Eyes : VN RE 6/9 LE 6/9 N6 BE S/L NAD COLOR VN BE NAD

## MEDICATION ORDER

### DRUG NAME

- CARBOXYMETHYLCELLULOSE-DROPS-0.5% 10ML-REFRESH TEARS

### PATIENT INSTRUCTION

**Patient Instruction:** Thrice Daily ( 1 - 1 - 1 - 0 ) For 1 Month ,  
**Qty:** 1 , **Start Date:** May 20, 2023 , **End Date:** Jun 19, 2023

## PROCEDURE HISTORY

- No known surgical history

## ALLERGY

- No known allergies

## FAMILY HISTORY

- No significant family history

## SOCIAL HISTORY

- No significant social history

## CONSULTANT DETAILS

Dr. Anil Goyal , VISITING CONSULTANT , OPTHALMOLOGY

**DR. ANIL GOYAL**  
M.S., M.D. (Ophthalmology)  
Registered No. (RMC-17444)  
Narayana Multispeciality Hospital, JAIPUR

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**DEPARTMENT OF LABORATORY MEDICINE**

Final Report

Patient Name : Ms. aditi jain MRN : 15010000384803 Gender/Age : FEMALE , 32y (21/12/1990)

Collected On : 20/05/2023 09:01 AM Received On : 20/05/2023 09:03 AM Reported On : 20/05/2023 11:42 AM

Barcode : 402305200096 Specimen : Serum Consultant : Dr. Deepak Garg(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-003 Patient Mobile No : 9571090107

**BIOCHEMISTRY**

Test	Result	Unit	Biological Reference Interval
<b>SERUM CREATININE</b>			
Serum Creatinine	0.60	mg/dL	0.52-1.04
eGFR	115.9	mL/min/1.73m <sup>2</sup>	Both: <60 indicative of renal impairment Both: Note:eGFR is inaccurate for Hemodynamically unstable patients eGFR is not applicable for less than 18
<b>Blood Urea Nitrogen (BUN)</b> (Colorimetric (Urease UV))	13.00	mg/dL	7.0-17.0
<b>Serum Uric Acid</b> (Colorimetric - Uricase,Peroxidase)	3.19	mg/dL	2.5-6.2
<b>Total Protein</b> (Biuret (alkaline Cupric Sulfate))	7.10	gm/dL	6.3-8.2
<b>SGOT (AST)</b> (Enzymatic Colorimetric)	20	U/L	14.0-36.0
<b>SGPT (ALT)</b> (UV With P5P -IFCC)	14	U/L	<35.0
<b>Alkaline Phosphatase (ALP)</b>	46	U/L	38.0-126.0
<b>Gamma Glutamyl Transferase (GGT)</b> (L-gamma-glutamyl-4-nitroanalide/glycylglycine Kinetic Method)	11 L	U/L	12.0-43.0
<b>THYROID PROFILE (T3, T4, TSH)</b>			
Tri Iodo Thyronine (T3) (Enhanced Chemiluminescence)	1.04	ng/ml	0.97-1.69
Thyroxine (T4) (Enhanced Chemiluminescence)	7.08	ug/dl	4.3-12.5
TSH (Thyroid Stimulating Hormone) (Enhanced Chemiluminescence)	1.66	uIU/ml	0.35-5.5



Patient Name : Ms. aditi jain MRN : 15010000384803 Gender/Age : FEMALE , 32y (21/12/1990)

*Anil*

Dr. Anil Sharma  
MBBS , MD ( Microbiology )  
Senior Consultant

**BIOCHEMISTRY**

Test	Result	Unit	Biological Reference Interval
<b>LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)</b>			
Cholesterol Total (Enzymatic Method (cholesterol Oxidase, Esterase, Peroxidase))	151.5	mg/dL	Both: Desirable: < 200 Both: Borderline High: 200-239 Both: High: > 240
Triglycerides (Enzymatic Method (lipase, Kinase, Oxidase And Peroxidase))	50.8	mg/dL	Both: Normal: < 150 Both: Borderline High: 150-199 Both: High : 200-499 Both: Very High: => 500
HDL Cholesterol (HDLC) (Direct Measure, PTA /MgCl <sub>2</sub> )	<b>61.4 H</b>	mg/dL	Low: < 40 High: => 60
Non-HDL Cholesterol	90.1	-	-
LDL Cholesterol (Friedewald Formula)	79.9	mg/dL	Both: Desirable: < 100 Both: Optimal: 100-129 Both: Borderline High: 130-159 Both: High: 160-189 Both: Very High: > 190
VLDL Cholesterol (Friedewald Formula)	10.16	mg/dL	10.0-50.0
Cholesterol /HDL Ratio	2.5	-	0.0-5.0

*Manisha*

Dr. Manisha Agarwal  
MBBS, DNB Pathology and DCP  
Consultant



Patient Name : Ms. aditi jain MRN : 15010000384803 Gender/Age : FEMALE , 32y (21/12/1990)

**CLINICAL PATHOLOGY**

Test	Result	Unit	Biological Reference Interval
<b>URINE ROUTINE &amp; MICROSCOPY</b>			
<b>PHYSICAL EXAMINATION</b>			
Volume	20 H	ml	0.0-0.0
Colour	Pale Yellow	-	-
Appearance	Clear	-	0-36500
<b>CHEMICAL EXAMINATION</b>			
pH(Reaction)	6.0	-	4.5-9.0
Sp. Gravity	1.025	-	1.002-1.03
Protein	Negative	-	0-0
Urine Glucose	Negative	-	0-0
<b>MICROSCOPIC EXAMINATION</b>			
Pus Cells	1-2	/hpf	-
RBC	Nil	/hpf	-
Epithelial Cells	1-2	/hpf	-
Crystals	Nil	-	-
Casts	Nil	-	-



Dr. Manisha Agarwal  
MBBS, DNB Pathology and DCP  
Consultant



Patient Name : Ms. aditi jain MRN : 15010000384803 Gender/Age : FEMALE , 32y (21/12/1990)

**HAEMATOLOGY**

Test	Result	Unit	Biological Reference Interval
<b>Erythrocyte Sedimentation Rate (ESR)</b> (Westergren Method)	05	mm/hr	0.0-12.0
<b>COMPLETE BLOOD COUNT (CBC)</b>			
Haemoglobin (Hb%) (Photometric Measurement)	12.1	g/dL	12.0-16.0
Red Blood Cell Count (Electrical Impedance)	3.92	millions/ $\mu$ L	3.8-5.8
PCV (Packed Cell Volume) / Hematocrit (Calculated)	<b>33.3 L</b>	%	36.0-48.0
MCV (Mean Corpuscular Volume) (Derived)	85	fL	78.0-100.0
MCH (Mean Corpuscular Haemoglobin) (Calculated)	<b>30.8 L</b>	pg	32.0-35.0
MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated)	<b>36.3 H</b>	g/L	25.0-32.0
Red Cell Distribution Width (RDW)	13.2	%	12.0-18.0
Platelet Count (Electrical Impedance Plus Microscopy)	261	Thousand / $\mu$ L	150.0-400.0
Total Leucocyte Count(WBC) (Electrical Impedance / Flow Cytometric)	4.4	Thous/cumm	4.0-10.0
<b>DIFFERENTIAL COUNT (DC)</b>			
Neutrophils	72.9	%	40.0-75.0
Lymphocytes	23.7	%	15.0-45.0
Monocytes	<b>0.6 L</b>	%	4.0-13.0
Eosinophils	2.0	%	0.5-7.0
Basophils	0.8	%	0.0-2.0
Absolute Neutrophil Count	3.21	Thousand / $\mu$ L	1.5-7.0
Absolute Lymphocyte Count	1.05	Thousand / $\mu$ L	1.0-4.0



Patient Name : Ms. aditi jain MRN : 15010000384803 Gender/Age : FEMALE , 32y (21/12/1990)

Absolute Monocyte Count	<b>0.03 L</b>	Thousand / $\mu$ L	0.2-0.8
Absolute Eosinophil Count	0.09	Thousand / $\mu$ L	0.0-0.2
Absolute Basophil Count	0.04	Thousand / $\mu$ L	0.0-0.2

As per the recommendation of International Council for Standardization in Hematology, the differential counts are additionally being reported as absolute numbers.

--End of Report--



Dr. Manisha Agarwal  
MBBS, DNB Pathology and DCP  
Consultant

**Note**

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.





**DEPARTMENT OF LABORATORY MEDICINE**

Final Report

Patient Name : Ms. aditi jain MRN : 15010000384803 Gender/Age : FEMALE , 32y (21/12/1990)

Collected On : 20/05/2023 09:01 AM Received On : 20/05/2023 09:03 AM Reported On : 20/05/2023 12:35 PM

Barcode : 402305200097 Specimen : Whole Blood Consultant : Dr. Deepak Garg(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-003 Patient Mobile No : 9571090107

**BIOCHEMISTRY**

Test	Result	Unit	Biological Reference Interval
<b>Fasting Blood Sugar (FBS)</b> (Colorimetric (Glucose Oxidase Hydrogen Peroxidase))	90	mg/dL	65.0-110.0
<b>Post Prandial Blood Sugar (PPBS)</b> (GOD/POD)	92	mg/dL	70.0-139.0
<b>HBA1C</b>			
HbA1c	5.7	%	<= 5.7%-NORMAL 5.7-6.4% - PREDIABETES >=6.5% - DIABETES
Estimated Average Glucose	116.89	mg/dL	<140.0

**Interpretation:**

- HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- Any sample with >15% should be suspected of having a haemoglobin variant.

<b>Bilirubin Total</b> (Dyphylline, Diazonium Salt)	0.60	mg/dL	0.2-1.3
<b>Albumin To Globulin (A/G)Ratio</b>	1.20	-	1.0-2.1



Dr. Anil Sharma  
MBBS , MD ( Microbiology )  
Senior Consultant

**CLINICAL PATHOLOGY**

Test	Result	Unit
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Patient Name : Ms. aditi jain MRN : 15010000384803 Gender/Age : FEMALE , 32y (21/12/1990)

**Urine For Sugar (Fasting)** Negative -

**--End of Report--**



Dr. Manisha Agarwal  
MBBS, DNB Pathology and DCP  
Consultant

**Note**

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.





## EXERCISE STRESS TEST REPORT

Patient Name: MS ADITI JAIN,  
Patient ID: 384803  
Height:  
Weight:

DOB: 21.12.1990  
Age: 32yrs  
Gender: Female  
Race: Indian

Study Date: 20.05.2023  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

Referring Physician: DR.DEEPAK GARG  
Attending Physician: DR.DEEPAK GARG  
Technician: MS.ANJALI SINGH

Medications:

Medical History:

### Reason for Exercise Test:

Screening for CAD

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:15	0.00	0.00	89	120/80	
	STANDING	00:15	0.00	0.00	85		
	HYPERV.	00:15	0.00	0.00	88		
	WARM-UP	00:29	1.60	0.00	80		
EXERCISE	STAGE 1	03:00	2.70	10.00	117	130/80	
	STAGE 2	03:00	4.00	12.00	126	140/80	
	STAGE 3	03:00	5.50	14.00	136	150/80	
	STAGE 4	01:36	6.80	16.00	157		
RECOVERY		02:04	0.00	0.00	109		

The patient exercised according to the BRUCE for 10:36 min:s, achieving a work level of Max. METS: 13.50. The resting heart rate of 87 bpm rose to a maximal heart rate of 160 bpm. This value represents 85 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

### Interpretation

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: ....

Overall impression: ...

### Conclusions

NO ST-T CHANGES SEEN DURING EXERCISE & RECOVERY PERIOD.  
PLEASE CORRELATE CLINICALLY.

Physician \_\_\_\_\_

Technician \_\_\_\_\_



Tabular Summary

Female  
32yrs Indian  
Meds:

Test Reason: Screening for CAD  
Medical History:

Ref. MD: DR.DEEPAK GARG Ordering MD:  
Technician: MS.ANJALI SINGH Test Type: Treadmill Stress Test  
Comment:

BRUCE: Total Exercise Time 10:36  
Max HR: 160 bpm 85% of max predicted 188 bpm HR at rest: 87  
Max BP: 150/80 mmHg BP at rest: 120/80 Max RPP: 20100 mmHg\*bpm  
Maximum Workload: 13.50 METS  
Max. ST: -2.40 mm, 0.00 mV/s in III; EXERCISE STAGE 3 08:30  
Arrhythmia: A:13, PVC:3, PSVC:10

**Reasons for Termination:** Target heart rate achieved  
**Summary:** Resting ECG: normal. Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: .... Overall impression: ...  
**Conclusion:** NO ST-T CHANGES SEEN DURING EXERCISE & RECOVERY PERIOD.  
PLEASE CORRELATE CLINICALLY.

**Narayana Multispeciality Hospital**  
Unit of Narayana Health  
Address: Sector-28, Kumbha Marg, Pratap Nagar, Bangalore 560083  
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Phase	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (mmHg*bpm)	VE (/min)	ST Level (III mm)	Comment
PRE-TEST	SUPINE	00:15	0.00	0.00	1.0	89	120/80	10680	0	-0.25	
	STANDING	00:15	0.00	0.00	1.0	85			0	-0.25	
	HYPERV.	00:15	0.00	0.00	1.0	88			0	-0.35	
	WARM-UP	00:29	1.60	0.00	1.3	80			0	-0.45	
EXERCISE	STAGE 1	03:00	2.70	10.00	4.6	117	130/80	15210	0	-1.05	
	STAGE 2	03:00	4.00	12.00	7.0	126	140/80	17640	1	-1.35	
	STAGE 3	03:00	5.50	14.00	10.2	136	150/80	20400	0	-1.80	
	STAGE 4	01:36	6.80	16.00	13.5	157			2	3.45	
RECOVERY		02:04	0.00	0.00	1.0	109			0	-0.75	

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MRN NO: 15010000384803  
PATIENT'S NAME: ADITI JAIN  
DR. NAME: DR. DEEPAK GARG

DATE: 20/05/2023  
AGE/SEX: 32 YRS./

**ULTRASOUND STUDY OF ABDOMEN & PELVIS**

**Liver:** - Normal in size, shape & echotexture. No evidence of any mass lesion is seen. Bilobar Intrahepatic biliary radicals are not dilated.

**Gall Bladder:** - Is distended. Lumen is clear. Wall thickness is normal.

**CBD:** - Normal in calibre. No calculus is seen in visualized part of CBD.

**Portal Vein:** - Normal in calibre.

**Pancreas:** - Normal in size & echotexture. No focal lesion is seen. MPD is not dilated.

**Spleen :** - Normal in size & echotexture. No focal lesion is seen.

**Right Kidney:** - Normal in shape, size & location. Echotexture is normal. Corticomedullary differentiation is maintained. There is no evidence of calculus or hydronephrosis.

**Left Kidney:** - Normal in shape, size & location. Echotexture is normal. Corticomedullary differentiation is maintained. There is no evidence of calculus or hydronephrosis.

**Urinary Bladder:** - is distended. No calculus or mass lesion is seen. Wall thickness is normal.

**Uterus:-** Normal in size, shape & position.

Endometrial thickness is approx 8 mm.

**Both ovaries:-** Bilateral ovaries are normal in size & shape.


**Others:** - No free fluid is seen in abdomen.

**Impression:** **USG findings are suggestive of: -**

- No sonographic abnormality is seen.

**Correlate clinically & with other related investigations.**

Dr. Swati Jain  
Consultant Radiologist

  
Dr. Vijay Kumar Sharma  
Consultant Radiologist

Dr. Sunny Maharwal  
Consultant Radiologist

*This is a preventive health checkup sonography report with no available clinical details and previous records.*



ID: 15010000364603  
Name: MS ADHI  
Age:  
Gender:

05-20-2023 09:52:26 AM

HR: 72 bpm  
PR Interval: 122 ms  
QRS Duration: 86 ms  
QT/QTc Interval: 398/419 ms  
P/QRS/T Axes: 75/30/63 deg

Sinus rhythm  
--- interpretation made without knowing patient's gender/age ---  
Normal ECG

Unconfirmed Diagnosis

