

The
SPIRIT
Of
Aloha

ALA LOKAHI OIAIO HAAHAA AHONUI
Alertness Working with unity Truthful honesty Humility Patient perseverance

ALOHA The BREATH of LIFE

व्यायामात् लभते स्वास्थ्यं
दीर्घायुष्यं बलं सुखं ।
आरीभ्यं परमं भ्रातृभ्यं
स्वास्थ्यं सर्वार्थसाधनम् ॥



 
Aloha
MEDICAL STORE



स्वास्थ्यं सर्वार्थसाधनम्
॥ २०२१/०८/१९ ॥

2021/8/19 15:22



भारतीय विशिष्ट ओळख प्राधिकरण

भारत सरकार

Unique Identification Authority of India

Government of India

नोंदविण्याचा क्रमांक / Enrollment No 1271/40045/01716

To,
सारिका आनंद हनमघर
Sarika Anand Hanamghar
W/O: Anand Hanamghar
Survey No 48/15 Charwad Wadi
Wadgaon Budruk
Pune City
Vadgaon Budruk Pune City Pune
Maharashtra 411041
9850501193

24/10/2013

Ref: 263 / 24K / 221773 / 221794 / P



SH576440880FT



आपला आधार क्रमांक / Your Aadhaar No. :

8478 8342 8824

आधार - सामान्य माणसाचा अधिकार



भारत सरकार

Government of India



सारिका आनंद हनमघर
Sarika Anand Hanamghar
जन्म तारीख / DOB : 04/10/1975
स्त्री / Female



8478 8342 8824

आधार - सामान्य माणसाचा अधिकार



Patient Name: Mrs. Sarika Hanamghar

Age: 44yrs/ Female.


Ref By: - Medi Wheel

Date: 19/08/2021

RADIOGRAPH OF CHEST – PA VIEW

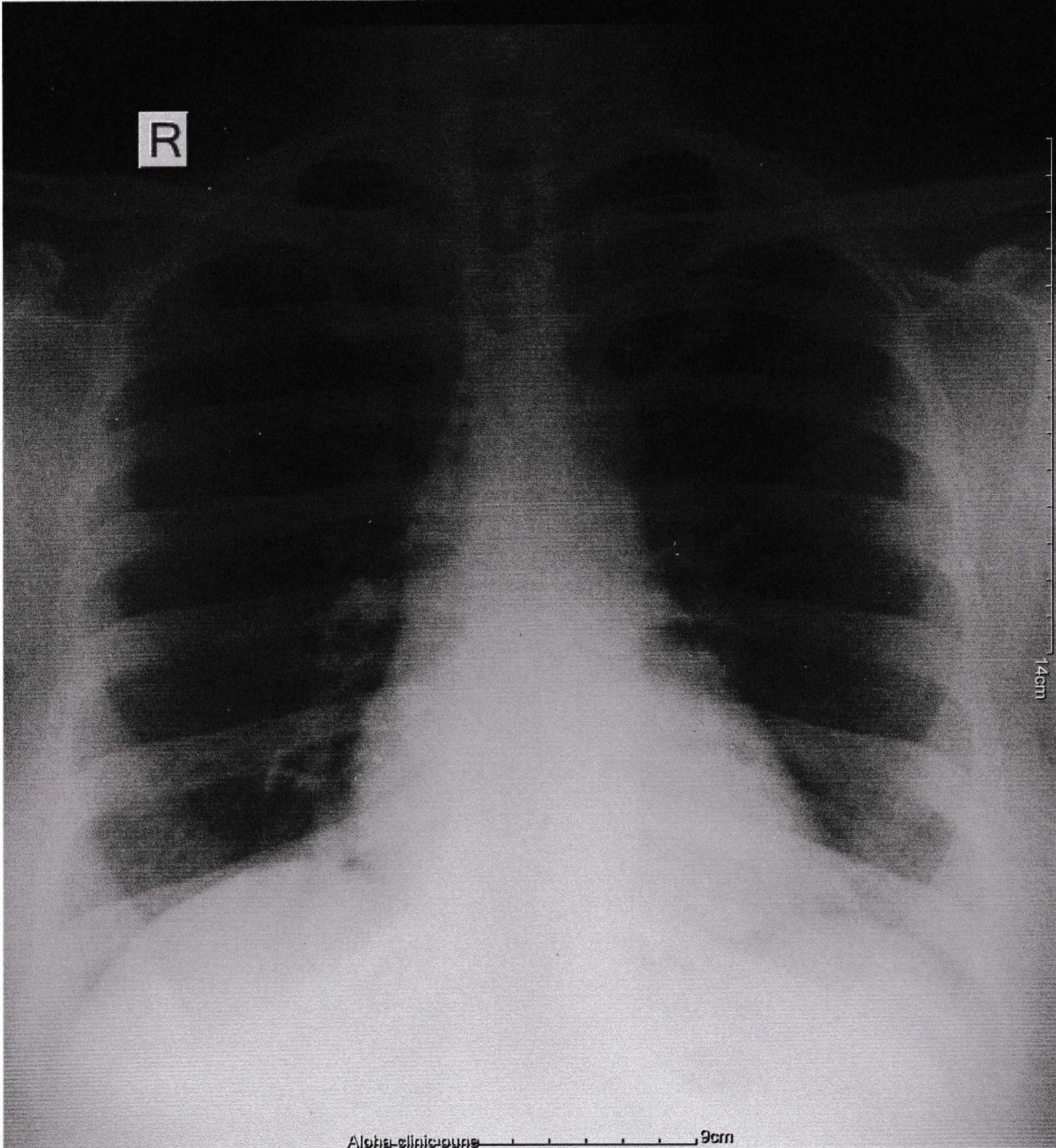
Observation : Both the lungs are clear and the hila appear normal.
No obvious parenchymal lung lesion seen in either side.
Both costophrenic angles are clear.
Cardio-aortic silhouette has normal appearance.
Bony thorax and soft tissues appear normal.

Impression : No significant abnormality noted.


Dr. Devashree Gadgil - Joshi
MBBS, DNB (Radiology)
Consultant Radiologist



R



Patient Name: MRS.SARIKA HANAMGHAR
Age: 44/F

Referred By : MEDI WHEEL
Date: 19/08/2021

2D ECHOCARDIOGRAPHY / DOPPLER REPORT

<u>Parameter</u>	<u>Value</u>	<u>Parameter</u>	<u>Value</u>
LA	32mm	LVPWd	11mm
AO	26mm	LVIDs	23mm
IVSd	9mm	LVEF	60%
LVIDd	42mm	IVC	Normal

LEFT VENTRICLE :

Normal LV dimension
Normal LV systolic function. LVEF = 60%
No RWMA.
Normal diastolic function.

RIGHT VENTRICLE:

Normal in size and function.
Left atrium and right atrium is normal.

AV VALVES:

Mitral valve normal structure,
Acceptable gradients across Mitral valves and Tricuspid Valves.
Tricuspid valve regurgitation gradient is normal.
Estimated PA pressure is normal.

SL VALVES :

Acceptable gradients across Aortic Valve and pulmonary valves.

IVS & IAS :

Intact

IVC:

No Pericardial effusion, thrombus, Vegetation
IVC not dialated and shows near total collapse.
Normal RA Pressure.

IMPRESSION :

Normal LV dimension
Normal LV systolic and diastolic function. LVEF = 60%
No RWMA.
Normal PA & RA pressure.





Patient Name: Mrs. Sarika Hanamghar

Age: 44yrs/ Female.

Ref By: Medi Wheel

Date: 19 Aug 2021.

ULTRASOUND EXAMINATION OF ABDOMEN AND PELVIS

Liver is normal size and shows bright echotexture. No focal mass. Hepatic and portal veins are normal.

Gall Bladder is well distended. Its walls are thin. No intrinsic pathology. CBD is unremarkable. No intrahepatic biliary dilatation.

Pancreas is normal in size and texture.

Spleen is normal in size and texture.

Both kidneys are normal in size and texture. Corticomedullary differentiation is intact. No hydronephrosis/calculus is seen.

RK: 9.7 x 3.9 cm

LK: 10.3 x 4.2 cm

Visualized bowel loops are normal in calibre and peristalsis.

No ascites. No obvious enlarged nodes.

Urinary Bladder is well distended. Its walls are thin. No intrinsic pathology seen.

Uterus is normal in size and texture. A 5.2 x 4.7 cm hypoechoic fibroid is seen in subserosal location along the fundus on right side. Endometrial thickness is 7.2 mm.

Both ovaries are normal in size and texture. No adnexal mass seen.

Impression-

- Grade I fatty changes in liver.
- Uterine fibroid.

Dr. Devashree Gadgil - Joshi

MBBS,DNB,(RADIO-DIAG)CONSULTANT RADIOLOGIST

Reg No. 2007/04/0958



0.5-35Hz
10mm/mV

ID : 9064

Name: *Soelky*

Haemophages

Sex : *F*

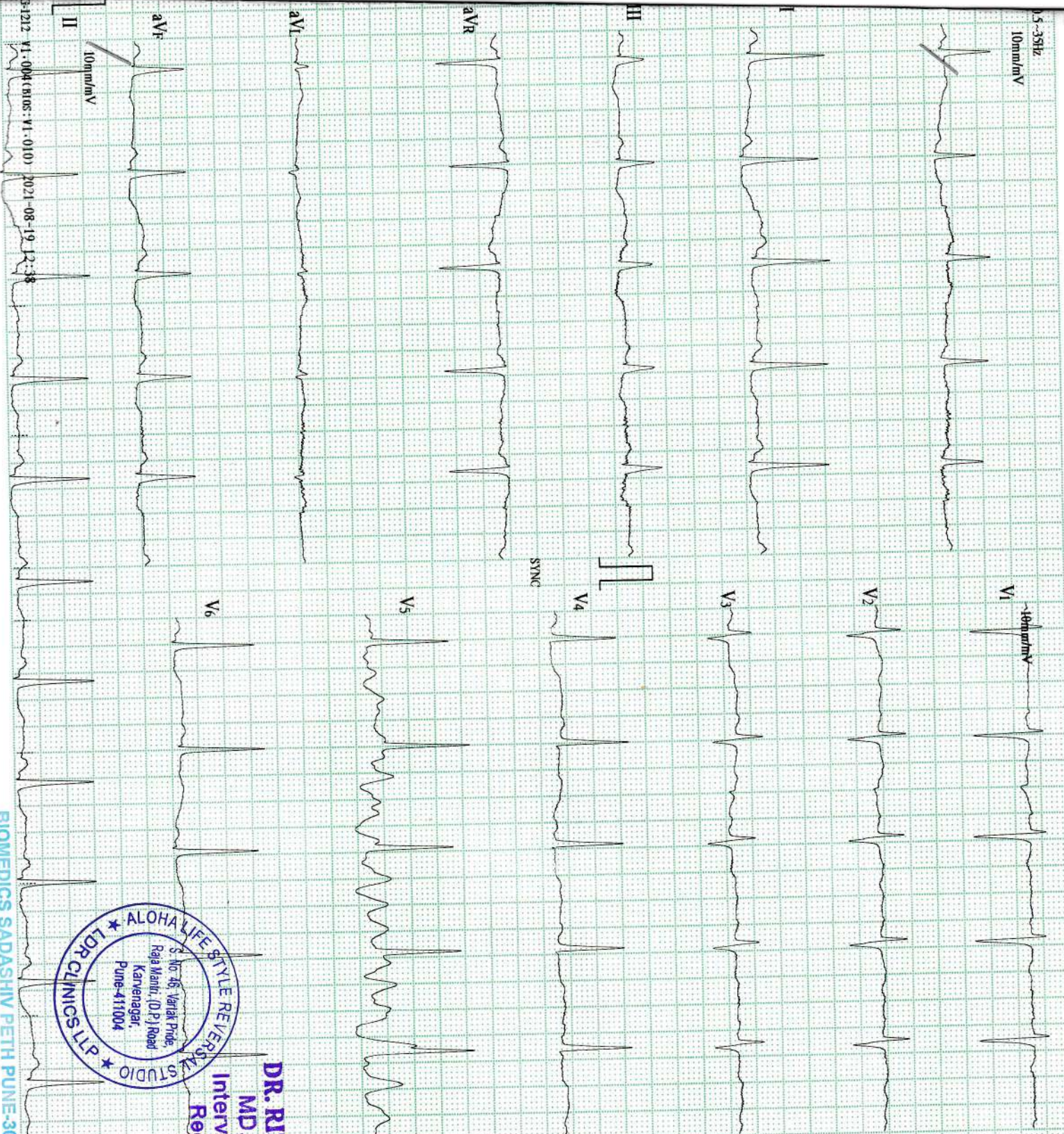
Age : *46*

HR	: 78	bpm
R-R	: 764	ms
P-R	: 170	ms
QRS	: 99	ms
QT/QTc	: 388/443	ms
P/QRS/T	: 64/60/70	°
RV5/SVI	: 1.560/1.060	mV
RV5+SVI	: 2.620	mV

--- Underlined Rhythm

Unconfirmed report
Verified by: *[Signature]*

DR. RITUPARNA S. SHINDE
MD. DNB (Cardiology)
 Interventional Cardiologist
 Reg.No. 2000/02/0865



Summary Report

Report time : 01:54 pm
August 19, 2021 01:42 pm

PATIENT ID : L
PATIENT NAME : SARIKA HANAMGAR 46/F

PROTOCOL : BRUCE
PATIENT HEIGHT : 0 Cm
PATIENT WEIGHT : 84.00 Kg
PATIENT ADD. :

Ref. By : Not Applicable
(Not Applicable)

OBJECT OF TEST : Routine check up
 RISK FACTOR :
 ACTIVITY : Very active
 MEDICATION :
 BRIEF HISTORY :
 OTHER INVESTIGATION :
 REASON FOR TERMINATION : Max HR
 EXERCISE TOLERANCE : Good
 EXERCISE INDUCED ARRHYTHMIA :
 HAEMO RESPONSE :
 CHRONO RESPONSE : Normal
 FINAL IMPRESSION : Good effort tolerance
 No angina / dyspnoea
 No significant ST - T Changes Seen
 Stress Test Negative for stress induced ischemia.



~~Dr. RITUPARNA SHINDE~~
MD, DNB (CARDIOLOGIST)

DR. RITUPARNA S. SHINDE

MD, DNB (Cardiology)
Interventional Cardiologist
NASSAN (C) ST-Win Standard
Reg.No. 2000/02/0865

Summary Report

Report time : 01:54 pm
August 19, 2021 01:42 pmPATIENT ID : L
PATIENT NAME : SARIKA HANAMGAR 46/F

PROTOCOL : BRUCE

PATIENT HEIGHT : 0 Cm PATIENT WEIGHT : 84.00 Kg

PATIENT ADD. :

Ref. By : Not Applicable
(Not Applicable)

Stage	Stage Speed (Kmph) / Time Grade (%)	HR bpm	BP mmHg	R.P.P. X 1000	METS	ST Level I	Stage Comments
Pre-Test	00:51 0.00 / 0.00	87	0 / 0	0	1.00	0.48	
Supine	00:07 0.00 / 0.00	85	120 / 80	10	1.00	0.48	
Standing	00:07 0.00 / 0.00	84	120 / 80	10	1.00	0.48	
HyperVentilation	00:06 0.00 / 0.00	83	120 / 80	9	1.00	0.48	
Wait For Exercise	00:06 0.00 / 0.00	83	120 / 80	9	1.00	0.48	
Exercise Stage 1	03:00 2.70 / 10.00	113	120 / 80	13	5.70	0.10	
Exercise Stage 2	03:00 4.00 / 12.00	129	140 / 90	18	8.00	0.10	
Peak Exercise	01:39 5.50 / 14.00	159	140 / 90	22	9.10	-0.13	
Recovery 1	01:00 0.00 / 0.00	120	140 / 90	16	1.00	0.68	
Recovery 3	03:00 0.00 / 0.00	89	140 / 90	12	1.00	0.19	

TOTAL EXER TIME : 7 : 39 min

MAX HR : 160 bpm (91.95 % of 174 bpm)

MAX BP : 140 / 90 mmHg

MAX WORKLOAD : 9.10

DISTANCE COVERED : 0.49 Km

DOUBLE PRODUCT : 22400.00

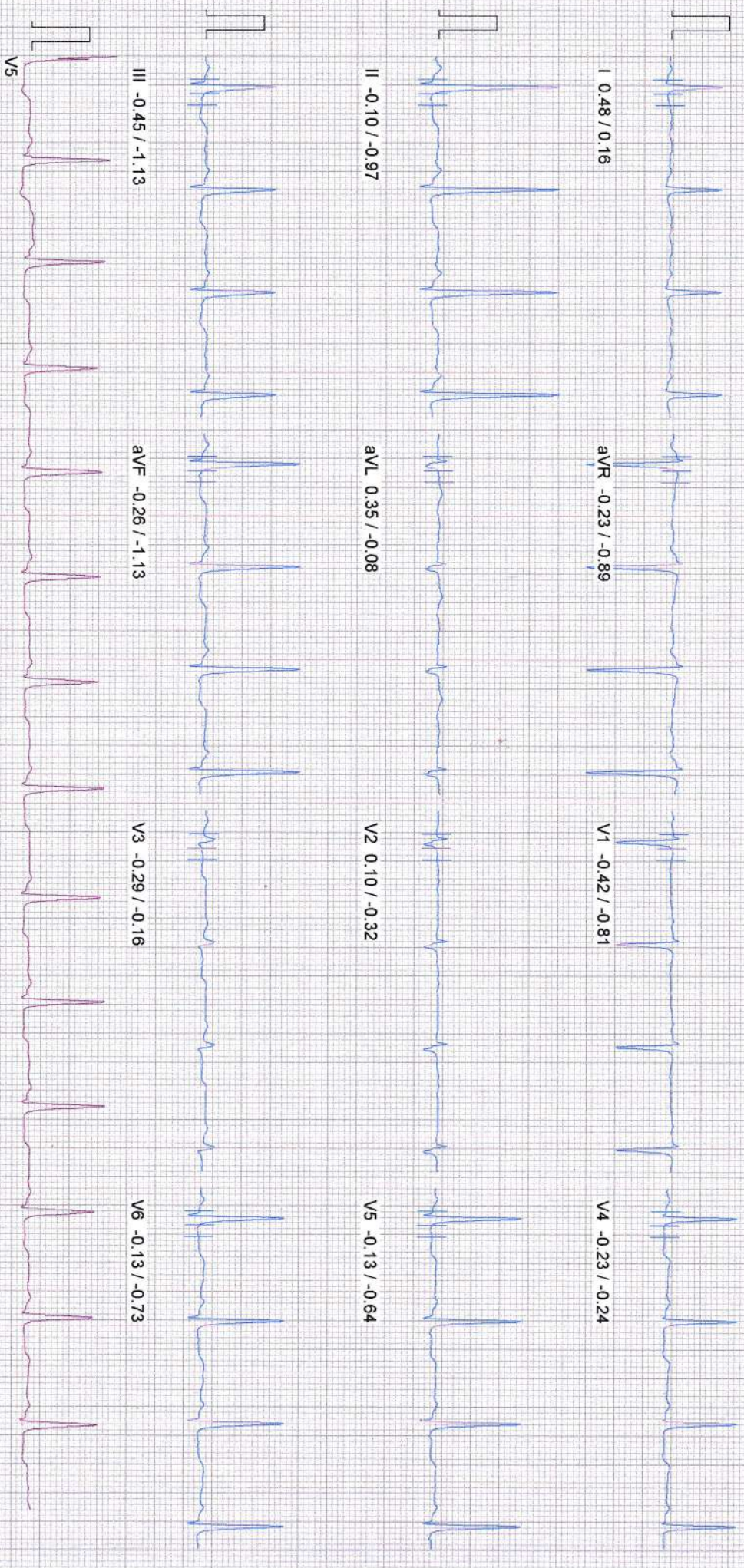
Dr. RITUPARNA SHINDE
MD, DNB (CARDIOLOGIST)

PATIENT ID : L HEIGHT : 0 Cm WEIGHT : 84.00 Kg
PATIENT NAME : SARIKA HANAMGAR 46/F

PROTOCOL : BRUCE
STAGE : Supine
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

August 19, 2021 01:42 pm
Report time : 01:43 pm

PHASE TIME : 00:56 SPEED: 0.0 kmph
STAGE DURATION : 00:00 GRADE: 0.0
HR : 85 bpm BP : 120 / 80 mmHg
QRS Lead : V5 METS : 1.00

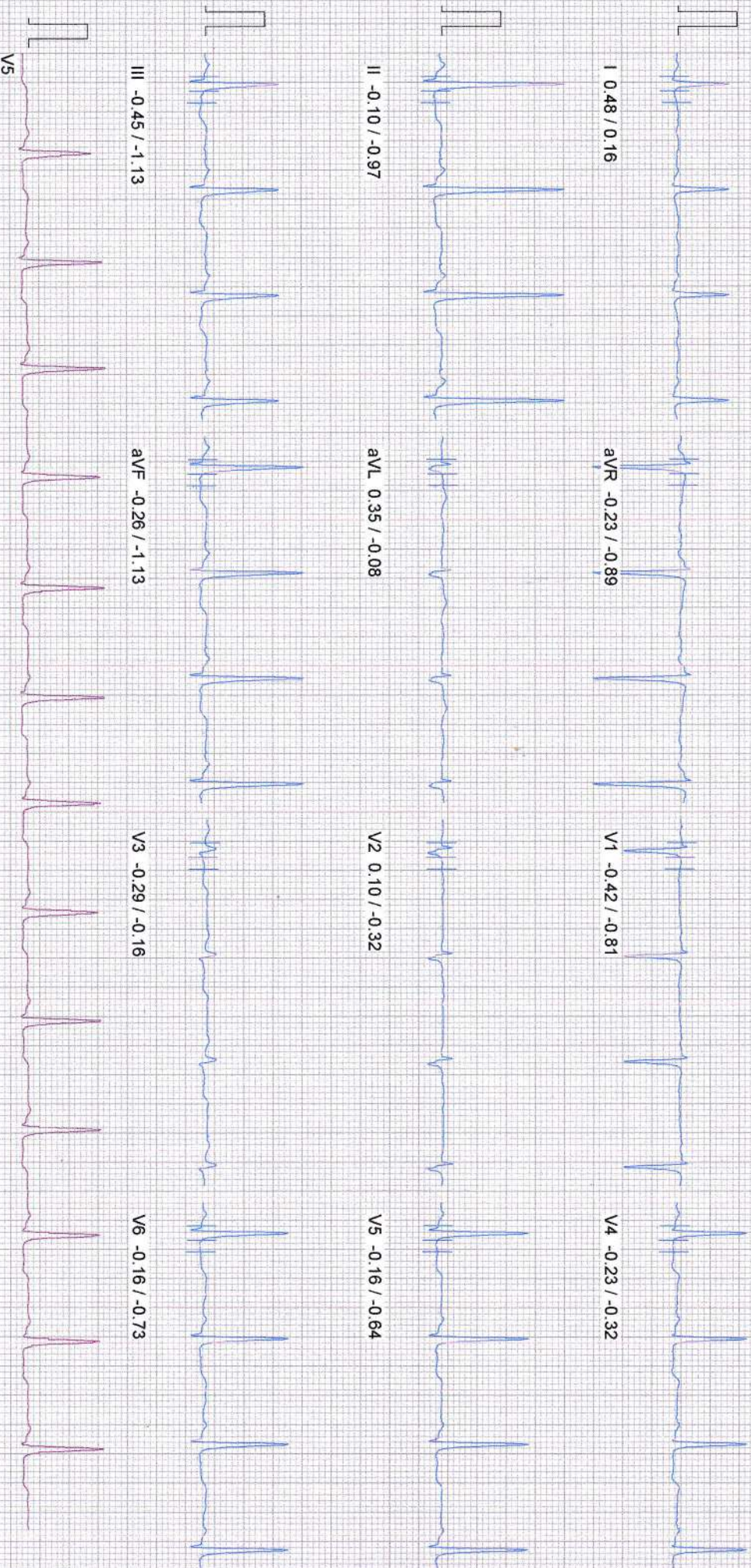


100 Hz

10mm/mv, 25mm/sec

PATIENT ID : L HEIGHT : 0 Cm WEIGHT : 84.00 Kg
PATIENT NAME : SARIKA HANAMGAR 46/F
PROTOCOL : BRUCE
STAGE : Standing
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 01:04 SPEED: 0.0 kmph
STAGE DURATION : 00:00 GRADE: 0.0
HR : 84 bpm BP : 120 / 80 mmHg
QRS Lead : V5 METS : 1.00

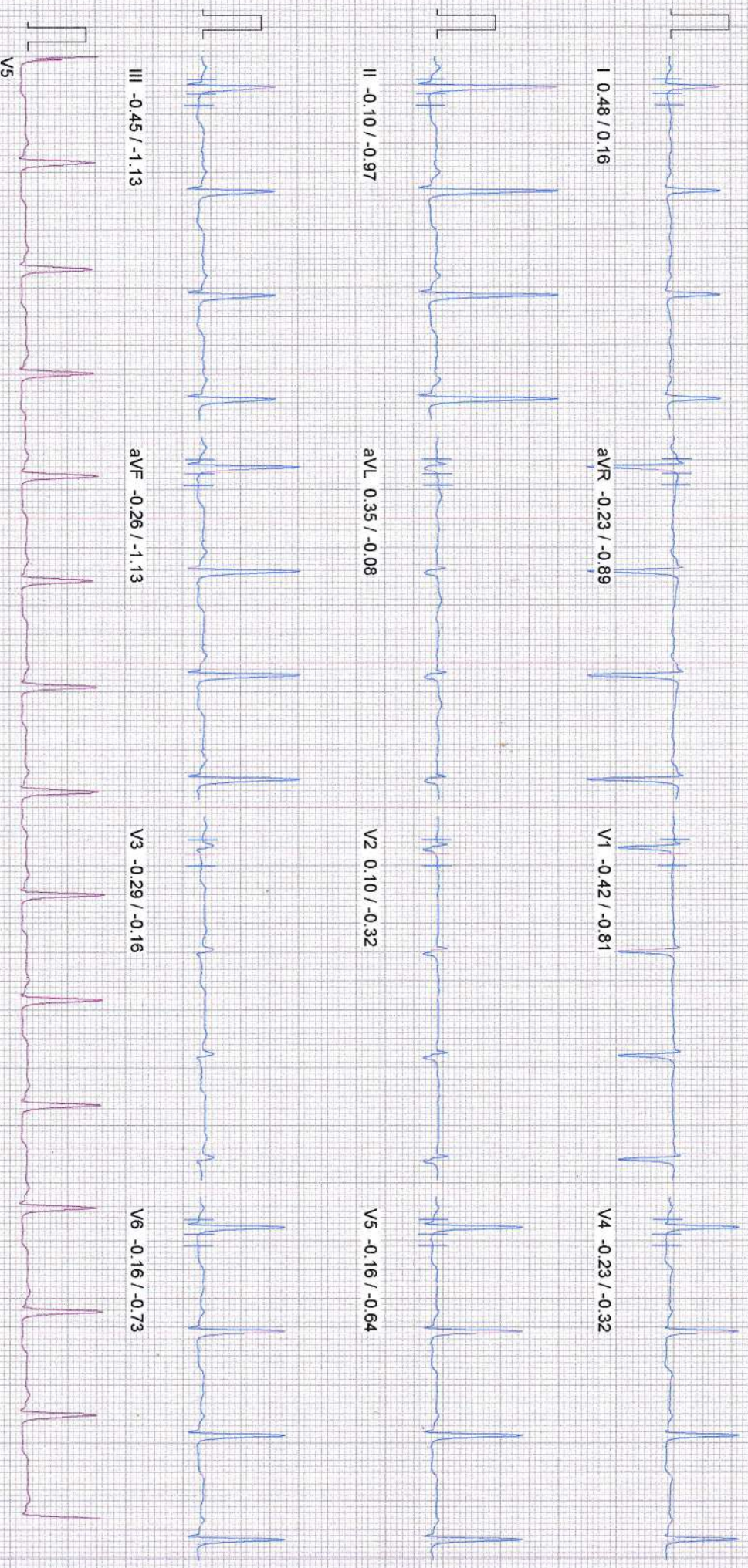


100 Hz

10mm/mv 25mm/sec

PATIENT ID : L HEIGHT : 0 Cm WEIGHT : 84.00 Kg
PATIENT NAME : SARIKA HANAMGAR 46/F
PROTOCOL : BRUCE
STAGE : HyperVentilation
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 01:12 SPEED: 0.0 kmph
STAGE DURATION : 00:00 GRADE: 0.0
HR : 83 bpm BP : 120 / 80 mmHg
QRS Lead : V5 METs : 1.00

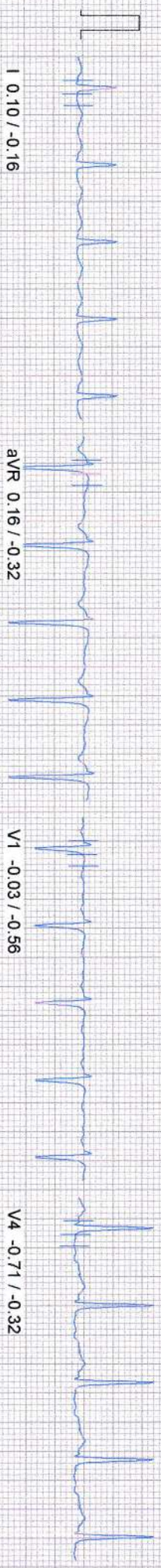


100 Hz

10mm/mv 25mm/sec

PATIENT ID : L HEIGHT : 0 Cm WEIGHT : 84.00 Kg
PROTOCOL : BRUCE
STAGE : Exercise Stage 1
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 03:00 SPEED: 2.7 kmph
STAGE DURATION : 03:04 GRADE: 10.0
HR : 113 bpm BP : 120 / 80 mmHg
QRS Lead : V5 METs : 5.10

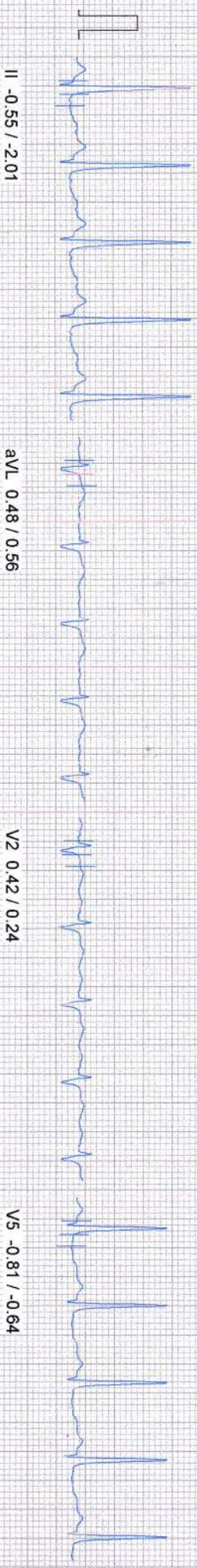


I 0.10 / -0.16

aVR 0.16 / -0.32

V1 -0.03 / -0.56

V4 -0.71 / -0.32

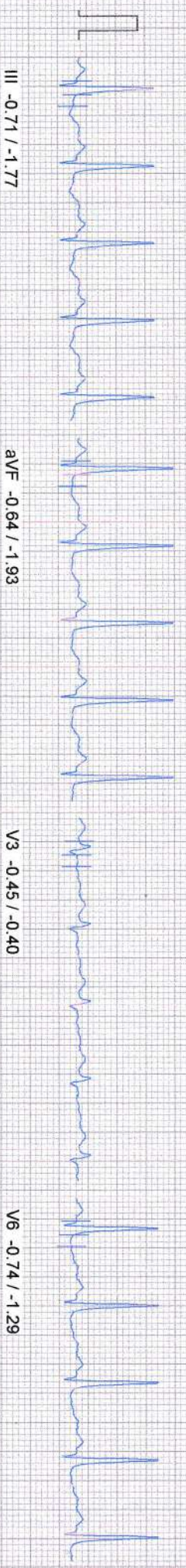


II -0.55 / -2.01

aVL 0.48 / 0.56

V2 0.42 / 0.24

V5 -0.81 / -0.64

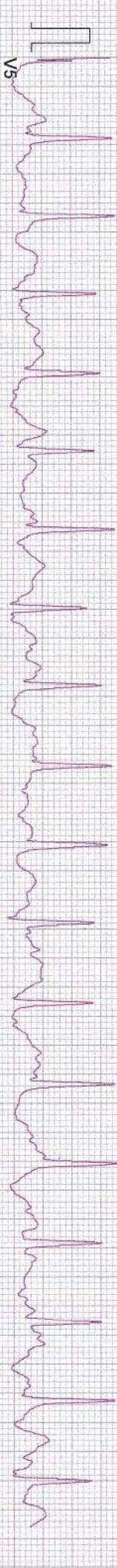


III -0.71 / -1.77

aVF -0.64 / -1.93

V3 -0.45 / -0.40

V6 -0.74 / -1.29



V5

100 Hz

10mm/mv 25mm/sec

PATIENT ID : L HEIGHT : 0 Cm WEIGHT : 84.00 Kg

PATIENT NAME : SARIKA HANAMGAR 46/F

PROTOCOL : BRUCE

STAGE : Exercise Stage 2

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 06:00 SPEED: 4.0 kmph

STAGE DURATION : 02:56 GRADE: 12.0

HR : 129 bpm BP : 140 / 90 mmHg

QRS Lead : V5 METS : 7.10



100 Hz

10mm/mv 25mm/sec

PATIENT ID : L HEIGHT : 0 Cm WEIGHT : 84.00 Kg
PATIENT NAME : SARIKA HANAMGAR 46/F

PROTOCOL : BRUCE
STAGE : Peak Exercise
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 07:40 SPEED: 5.5 kmph
STAGE DURATION : 01:44 GRADE: 14.0
HR : 159 bpm BP : 140 / 90 mmHg
QRS Lead : V5 METs : 9.10



100 Hz

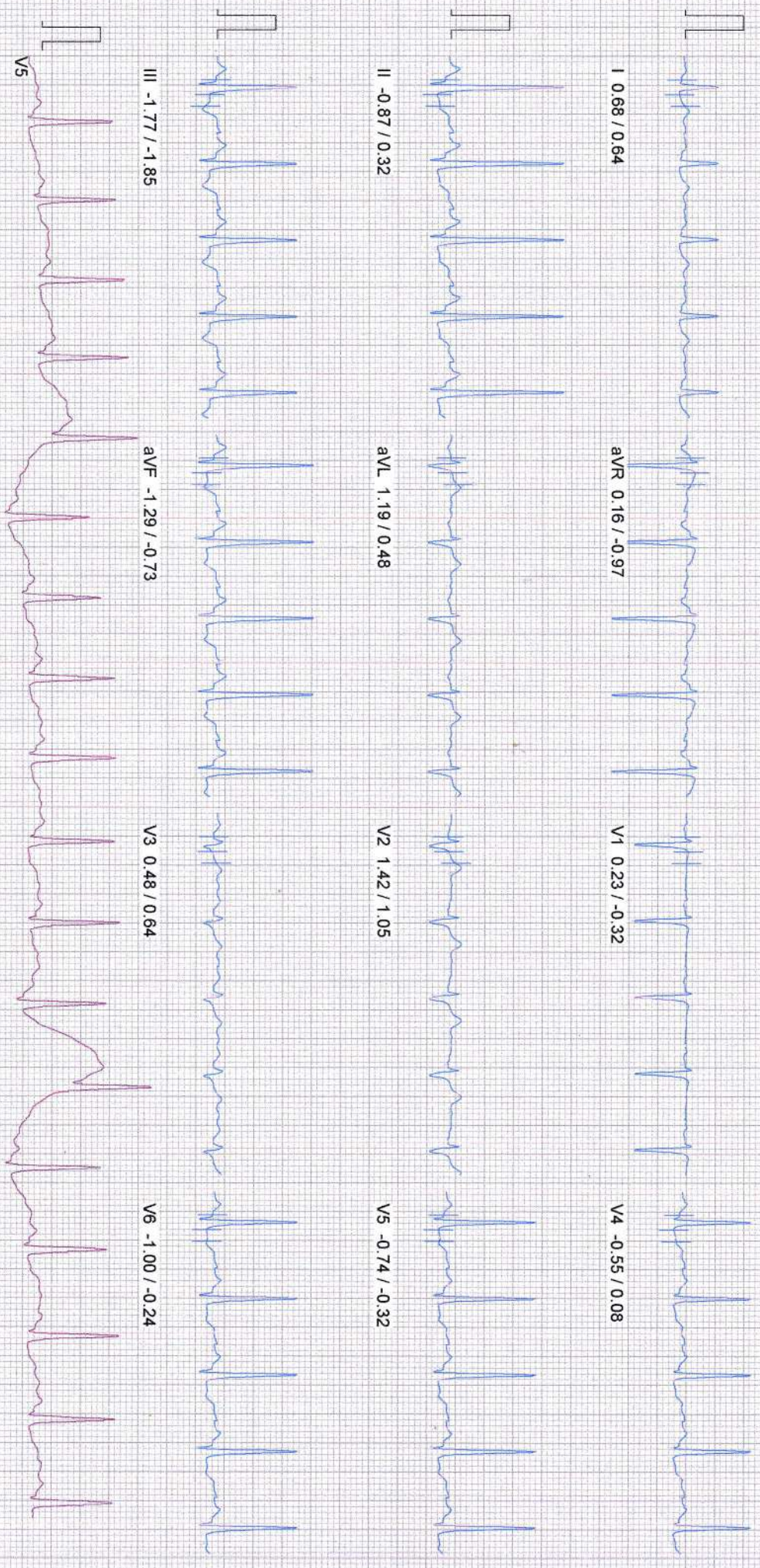
10mm/mv 25mm/sec

PATIENT ID : L HEIGHT : 0 Cm WEIGHT : 84.00 KG
PATIENT NAME : SARIKA HANAMGAR 46/F

PROTOCOL : BRUCE
STAGE : Recovery 1
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

August 19, 2021 01:42 pm
Report time : 01:52 pm

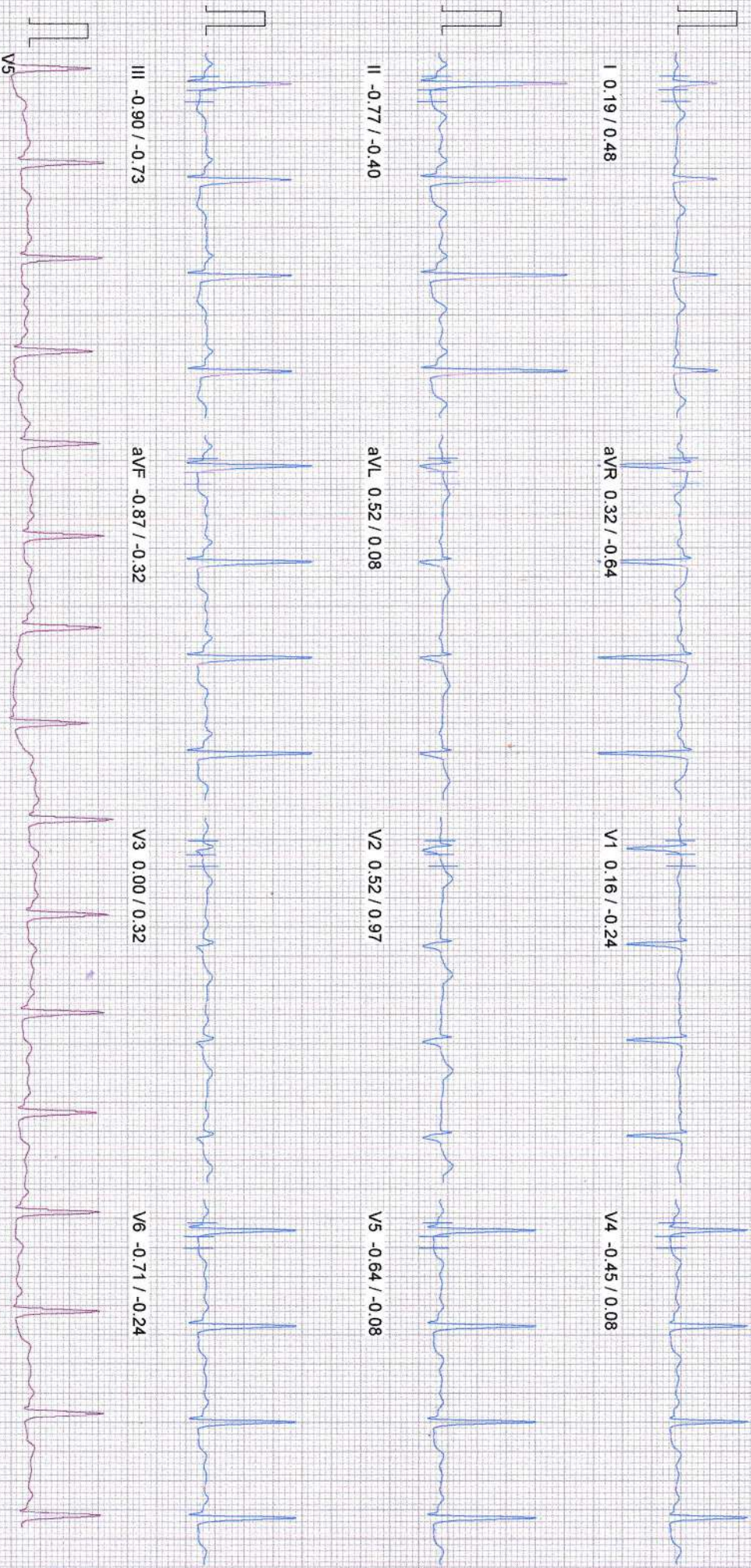
PHASE TIME : 07:40 SPEED: 0.0 kmph
STAGE DURATION : 00:56 GRADE: 0.0
HR : 120 bpm BP : 140 / 90 mmHg
QRS Lead : V5 METs : 1.00



Comments :

PATIENT ID : L HEIGHT : 0 Cm WEIGHT : 84.00 Kg
PATIENT NAME : SARIKA HANAMGAR 46/F
PROTOCOL : BRUCE
STAGE : Recovery 3
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 07:40 SPEED: 0.0 kmph
STAGE DURATION : 02:56 GRADE: 0.0
HR : 89 bpm BP : 140 / 90 mmHg
QRS Lead : V5 METS : 1.00



Comments :

100 Hz

10mm/mv 25mm/sec



Name Mrs. Sarika Hanamghar Collected Time 19-08-2021 03:02 PM
Age/Gender 46 Years / FEMALE Received Time 19-08-2021 03:02 PM
PRN ALRS/198/2021-2022/1718 Reported Time 19-08-2021 04:34 PM
Lab ID ALRS/D/21-22/1713
Ref Doctor

Test Name	Result	Unit	Bio. Ref. Range
Hemogram			
Hemoglobin	11.4 * A	gm%	12.0 - 16.0
WBC Count			
Total WBC Count	10600	/cmm	4000 - 11000
Differential count			
Neutrophil	64	%	40 - 75
Lymphocytes	27	%	20 - 45
Eosinophil	03	%	Below 6
Monocytes	06	%	Below 8
RBC Indices			
Haematocrit	34.1 * A	%	37 - 48
R.B.C Count	3.96	mil./cmm	3.8 - 5.2
M.C.V	86.1	fL	76 - 96
M.C.H	28.8	PG	27 - 32
M.C.H.C	33.4	gm/dl	32 - 36
RDW-CV	12.6	%	11.5 - 14.5
Platelet Count	325000	/cmm	150000 - 450000
Comments on P.B.S			
R.B.C Morphology	Normocytic Normochromic		
W.B.C	No abnormal cells seen.		
Platelet	Adequate.		

Sathi

Dr. Simi Athavale
MBBS,(DCP) CONSULTANT PATHOLOGIST (Reg. No. 84648)



NOTE: *A (Abnormal), *C (Abnormal & Critical)

Report Generated by: Niramay Solutions

1/1



19-08-2021





Health Matters!

Name Mrs. Sarika Hanamghar
Age/Gender 46 Years / FEMALE
PRN ALRS/198/2021-2022/1718
Lab ID ALRS/D/21-22/1713
Ref Doctor

Collected Time 19-08-2021 03:02 PM
Received Time 19-08-2021 03:02 PM
Reported Time 19-08-2021 04:35 PM

Test Name	Result	Unit	Bio. Ref. Range
-----------	--------	------	-----------------

Blood Sugar P.P.

Blood Sugar P.P

Blood Sugar Post Prandial 116.6 mg/dl 70 - 140
Method GOD POD
Instrument Used ERBA EM-200 Fully automatic random access biochemistry analyzer.

Blood Group

ABO Type B
Rh (D) Type Positive

Glycosylated Hb / HbA1c

HbA1c 6.0 %
Below 6 (Normal)
6 - 7 (Good Control)
7 - 8 (Fair Control)
8 - 10 (Unsatisfactory Control)
Above 10 (Poor Control)

Method BORONATE AFFINITY
Instrument Used Abott-Affinion

ESR

ESR 14 Below 20
Unit mm after 1 hour
Method Wintrobe method

Dr. Simi Athavale
MBBS,(DCP) CONSULTANT PATHOLOGIST (Reg. No. 84648)

----- End Of Report -----

NOTE : *A (Abnormal), *C (Abnormal & Critical)

Report Generated by: Niramay Solutions



19-08-2021





Name Mrs. Sarika Hanamghar
Age/Gender 46 Years / FEMALE
PRN ALRS/198/2021-2022/1718
Lab ID ALRS/D/21-22/1713
Ref Doctor

Collected Time 19-08-2021 03:02 PM
Received Time 19-08-2021 03:02 PM
Reported Time 19-08-2021 04:36 PM

Test Name	Result	Unit	Bio. Ref. Range
Liver Function Test			
Sr Total Bilirubin	0.32	mg/dl	0.1 - 1.2
Sr Direct Bilirubin	0.21	mg/dl	0.0 - 0.4
Sr Indirect Bilirubin	0.11	mg/dl	0.1 - 1.2
Alkaline Phosphatase	79.0	IU/L	50 - 140
S.G.P.T	11.9	IU/L	Below 40
S.G.O.T	13.5	IU/L	Below 40
Sr Total Protein	6.9	mg/dl	6.0 - 8.0
Sr Albumin	3.7	mg/dl	3.7 - 5.3
Sr Globulin	3.2	mg/dl	2.3 - 3.6
A:G ratio	1.16	%	1.2:1 - 2:1
INTRUMENT USED	Erba EM 200- Fully Automatic Random Access Chemistry Analyzer		

Dr. Simi Athavale
MBBS,(DCP) CONSLUTANT PATHOLOGIST (Reg. No. 84648)

----- End Of Report -----



NOTE : *A (Abnormal), *C (Abnormal & Critical)



Report Generated by: Niramay Solutions

1 / 1

19-08-2021





Health Matters!

Name Mrs. Sarika Hanamghar
Age/Gender 46 Years / FEMALE
PRN ALRS/198/2021-2022/1718
Lab ID ALRS/D/21-22/1713
Ref Doctor

Collected Time 19-08-2021 03:02 PM
Received Time 19-08-2021 03:02 PM
Reported Time 19-08-2021 04:36 PM

Test Name	Result	Unit	Bio. Ref. Range
Uric acid			
Serum Uric Acid			
Sr.Uric Acid	5.4	mg/dl	2.5 - 6.2
Creatinine			
Serum Creatinine	0.62	mg/dl	0.6 - 1.1
Method	Enzymatic		
Instrument Used	ERBA EM-200 Fully automatic random access biochemistry analyzer.		
BLOOD UREA			
Blood Urea			
Blood Urea	15.5	mg/dl	10 - 45
Method	GLDH urease		
Instrument Used	ERBA EM-200 Fully automatic random access biochemistry analyzer.		

Dr. Simi Athavale
MBBS,(DCP) CONSLUTANT PATHOLOGIST (Reg. No. 84648)

----- End Of Report -----



NOTE : *A (Abnormal), *C (Abnormal & Critical)



Report Generated by: Niramay Solutions

1 / 1

19-08-2021

