

Name : Mrs. SUNAINA LAL (44 /F)  
Address : A, OTHER, OTHER, OTHER, INDIA

Date : 28/10/2023

Examined by: Dr .SHARMISTHA MALLIK

UHID : AMHL.0002026143

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE  
FEMALE HCK

AHC No : AMHLAH185676



## CHIEF COMPLAINTS

For corporate health checkup

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension,  
Dyslipidemia, Heart  
disease, Stroke, Asthma  
Thyroid disease - hypothyroidism;  
Medication - regular; -  
Homeopathy



## DRUG ALLERGY

NO KNOWN ALLERGY

:07/10/2022



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Oral and dental

- Nil Significant

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Gynaec history

Last menstrual period - 10.10.23; Periods - regular;  
No of Children - 2; Last child birth - 13 yrs;  
Deliveries - normal vaginal delivery

### Central nervous system

- Nil Significant

### Eyes

Vision - normal with glasses; Glasses - yes; Glasses  
for - refractive error

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints  
Hand (right) - pain

### Skin

- Nil Significant

### Weight

- stable

### General symptoms

General symptoms - tiredness, weakness



### Past medical history

Malaria - yes



### Surgical history

Surgical history - Nil



### Personal history

Marital status - Married

No. of children - 2

Diet - Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Sedentary



### Family history

Father - alive

Mother - alive

Diabetes - father

Coronary artery  
disease - none

Cancer - None

## PHYSICAL EXAMINATION



### General

Build - normal  
Height - 155  
Weight - 54  
BMI - 22.48  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 58  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 102  
Diastolic(mm of Hg) - 66  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Normal

### Ophthalmology consultation

Ophthalmology findings - UCVA:RE:6/9 LE:6/9  
NVA:RE:N8 LE:N8  
OCULAR MOVEMENT:WNL  
ANT.SEG:WNL  
ACCPT: SPECTACLE PWR  
RE:-1.00DS(6/6)  
LE:-1.00DS(6/6)  
ADD(BE):+1.50DSPH(N6)  
ADVICE:\*Glass Rx.\*Review after 1yr/SOS

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### COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	11.2 *	g/dl	●	12.0-15.0
RBC COUNT	4.18	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	34.3 *	%	●	36-46
MCV	82.1 *	fl	●	83-101
MCH	26.8 *	pg	●	27-32
MCHC	32.7	%	●	31.5-34.5
RDW	20.8 *	%	●	11.8-14.0
WBC Count	3800 *	/cu mm	●	4000-10000
Platelet Count	1.55	lacs/cu mm	●	1.5-4.0
Neutrophils	56	%	●	40-80
Lymphocytes	34	%	●	20-40
Monocytes	07	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Anisocytosis++, Predominantly Normocytic Normochromic.			
WBC:	Leucopenia noted			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	12	mm/1st hr	●	0-20

### URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.015			
pH:	7.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		

Pus Cells	Occasional/hpf
Epithelial Cells	2-4 /h.p.f /hpf
Casts:	Not Found
Crystals:	Not Found

### URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

### URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

### BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	11	U/L	●	0-35
ALBUMIN - SERUM	4.5	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	51	U/L	●	33-98

AST (SGOT) - SERUM	26	U/L	●	0-35
BILIRUBIN TOTAL - SERUM	0.3	mg/dL	●	0.3-1.2

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	171	mg/dL	●	0-200

### CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7	mg/dL	●	0.6-1.1

● Within Normal Range
 ● Borderline High/Low
 ● Out of Range

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**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	17	U/L	●	0-38

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	86	mg/dL	●	70-99

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	121	mg/dL	●	70-140

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	4.8	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	49	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	105 *	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	17	mg/dL	●	0-35

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.4	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	2.9	g/dL	●	1.8-3.6

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	0.73 *	ng/ml	●	0.87-1.78
TOTAL T4: THYROXINE - SERUM	7.00	µg/dL	●	5.48-14.28

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	105	mg/dL	●	0-150

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	5.6 *	µIU/mL	●	0.380-5.330

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	3.7	mg/dL	●	2.4-5.7

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	8.6	mg/dL	●	7.0-18.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.5		●	1.0-2.0

**BUN/CREATININE RATIO**

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	11.8			

**PAP SMEAR /CERVICAL SMEAR**

Ref No:

● Within Normal Range    ● Borderline High/Low    ● Out of Range

AG01.C2307770

**SPECIMEN TYPE:**

Conventional cervical smear (Papanicolaou stain) x 1

**SPECIMEN ADEQUACY:**

Satisfactory for evaluation with endocervical cells and Metaplastic cells

**INTERPRETATION/RESULT:**

Negative for intraepithelial lesion or malignancy, Reactive cellular changes associated with inflammation (includes typical repair)

\* Extremely dense breast with ACR type D pattern. BIRAD'S - 0 , advised USG correlation for further evaluation.

\* Tiny well circumscribed opacity in the superior quadrant of right breast, seen an mediolateral oblique view not seen on cranio-caudal view.

BIRADS - 2.

BIRADS Category: (0= Requires additional evaluation, 1 = Negative, 2 = Benign findings, 3 = Intermediate, 4 = Suspicious malignancy, 5 = Highly suggestive of malignancy, 6 = Histologically proven malignancy).

Please note: Mammography may miss 10 – 15 % of breast cancers. Especially, small cancers in dense breasts not be appreciable Please discuss the mammography report with your referring doctor.

**ECG**

SINUS BRADYCARDIA. OTHERWISE WITHIN NORMAL LIMITS.

**TREADMILL TEST / STRESS TEST**

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

**ULTRASOUND SCREENING WHOLE ABDOMEN**

- \* Bulky uterus.
- \* Tiny fibroid in uterus.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

Dr. SAYAN CHATTERJEE  
DNB (RADIOLOGY)  
FELLOWSHIP IN ONCORADIOLOGY (TMC)  
CONSULTANT RADIOLOGIST  
Reg No. 74656 (WBMC)

**X-RAY CHEST PA**

Chest skiagram does not reveal any significant abnormality.

**X-RAY MAMMOGRAPHY BILATERAL (MHC)**

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**Printed By** :

**Dr.SHARMISTHA MALLIK**  
AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

**RISK STATUS**

Low Risk

**YOUR SCORE**

2

**ACCEPTABLE SCORE**

4

**Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender**

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

**Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

**DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**