



SRL Ltd

INDUSTRY HOUSE INDORE, 452001 MADHYA PRADESH, INDIA



34/2, NEW PALASIA, NEAR OM SHANTI BHAWAN CIRCLE, BEHIND

CLIENT CODE : C000138355

CLIENT'S NAME AND ADDRESS : ACROFEMI HEALTHCARE LTD ( MEDIWHEEL ) F-703, LADO SARAI, MEHRAULI SOUTH WEST DELHI NEW DELHI 110030 DELHI INDIA 8800465156

DELHI INDIA 8800465156	MADHYA PRADESH, INDIA Tel : 9111591115, Fax : CIN - U74899PB1995PLC045956 Email : customercare.indore@srl.in						
PATIENT NAME : ANURAG GAUR PATIENT						ANURM1109	737
ACCESSION NO : 0007VK002698	AGE: 49 Yea	rs SEX : Male		ABHA NO :			
DRAWN :	RECEIVED :	12/11/2022 09:42		REPORTED :	14/11/202	22 16:58	
REFERRING DOCTOR : DR. ACROFEMI H	IEALTHCARE	LTD ( MEDIWHEEL	)	CLIEN	T PATIENT ID	:	
Test Report Status <u>Final</u>		Results		Biological I	Reference	Interval Unit	s
MEDI WHEEL FULL BODY HEALTH C	HECK UP AB	OVE 40 MALE					
BLOOD COUNTS,EDTA WHOLE BLOO	DD						
HEMOGLOBIN (HB) METHOD : SPECTROPHOTOMETRIC		14.6		13.0 - 17.0		g/dL	
RED BLOOD CELL (RBC) COUNT METHOD : ELECTRICAL IMPEDANCE		4.40	Low	4.5 - 5.5		mil/µL	
WHITE BLOOD CELL (WBC) COUNT		6.40		4.0 - 10.0		thou/µl	Ĺ
PLATELET COUNT		225		150 - 410		thou/µl	L
METHOD : ELECTRICAL IMPEDANCE							
<b>RBC AND PLATELET INDICES</b>							
HEMATOCRIT (PCV) METHOD : CALCULATED PARAMETER		41.3		40 - 50		%	
MEAN CORPUSCULAR VOLUME (MCV)		94.0		83 - 101		fL	
METHOD : CALCULATED PARAMETER							
MEAN CORPUSCULAR HEMOGLOBIN (M METHOD : CALCULATED PARAMETER	CH)	33.2	High	27.0 - 32.0		pg	
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION (MCHC) METHOD : CALCULATED PARAMETER		35.4	High	31.5 - 34.5		g/dL	
RED CELL DISTRIBUTION WIDTH (RDW	/)	12.6		11.6 - 14.0		%	
METHOD : CALCULATED PARAMETER							
MENTZER INDEX		21.4					
MEAN PLATELET VOLUME (MPV)		8.6		6.8 - 10.9		fL	
METHOD : CALCULATED PARAMETER							
WBC DIFFERENTIAL COUNT							
NEUTROPHILS		71		40 - 80		%	
METHOD : IMPEDENCE / MICROSCOPY		25		20 40		0/	
LYMPHOCYTES METHOD : IMPEDENCE / MICROSCOPY		25		20 - 40		%	
MONOCYTES		02		2 - 10		%	
METHOD : IMPEDENCE / MICROSCOPY		02		2 10		70	
EOSINOPHILS		02		1 - 6		%	
METHOD : IMPEDENCE / MICROSCOPY				-			
BASOPHILS		00		0 - 2		%	
METHOD : IMPEDENCE / MICROSCOPY							
ABSOLUTE NEUTROPHIL COUNT		4.54		2.0 - 7.0		thou/µl	L











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	CIN - U74899PB1995PLC045956 Email : customercare.indore@srl.in				
PATIENT NAME: ANURAG GAUR		PATIENT ID :	ANURM1109737		
ACCESSION NO : 0007VK002698 AGE :	49 Years SEX : Male	ABHA NO :			
DRAWN : RECEI	VED: 12/11/2022 09:42	REPORTED : 14/11/2	2022 16:58		
REFERRING DOCTOR : DR. ACROFEMI HEALTH	ICARE LTD ( MEDIWHEEL	.) CLIENT PATIENT	ID :		
Test Report Status <u>Final</u>	Results	Biological Reference	e Interval Units		
METHOD : CALCULATED PARAMETER					
ABSOLUTE LYMPHOCYTE COUNT METHOD : CALCULATED PARAMETER	1.6	1.0 - 3.0	thou/µL		
ABSOLUTE MONOCYTE COUNT	0.13	<b>Low</b> 0.2 - 1.0	thou/µL		
METHOD : CALCULATED PARAMETER					
ABSOLUTE EOSINOPHIL COUNT	0.13	0.02 - 0.50	thou/µL		
METHOD : CALCULATED PARAMETER					
MORPHOLOGY					
REMARKS	cell Indices & co	: nalyzer used to estimate Complet unts) is "ABX PENTRA XL 80" (HOI ally with microscopic picture.	e Blood Counts (Blood RIBA) the values are		
METHOD : MICROSCOPY					
ERYTHROCYTE SEDIMENTATION RATE (E	SR),WHOLE				
E.S.R	11	0 - 14	mm at 1 hr		
METHOD : WESTERGREN METHOD					
GLYCOSYLATED HEMOGLOBIN(HBA1C), E BLOOD	DTA WHOLE				
HBA1C	5.1	Non-diabetic: < 5.7 Pre-diabetics: 5.7 - 6. Diabetics: > or = 6.5 ADA Target: 7.0 Action suggested: > 8			
	00.7	< 110.0	rs - / dl		
ESTIMATED AVERAGE GLUCOSE(EAG) METHOD : CALCULATED PARAMETER	99.7	< 116.0	mg/dL		
GLUCOSE FASTING, FLUORIDE PLASMA					
GEOGOGE I AGTING,I EUORIDE PLASMA					

100

122

High 74 - 99 mg/dL

> Normal: < 140, mg/dL Impaired Glucose Tolerance:140-199 Diabetic > or = 200

150 Desirable: <200 mg/dL BorderlineHigh: 200-239 High : > or = 240

METHOD : OXIDASE, ESTERASE, PEROXIDASE

FBS (FASTING BLOOD SUGAR)

**GLUCOSE, POST-PRANDIAL, PLASMA** PPBS(POST PRANDIAL BLOOD SUGAR)

METHOD : HEXOKINASE

METHOD : HEXOKINASE LIPID PROFILE, SERUM CHOLESTEROL, TOTAL











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 0007VK002698
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 49 Years
 SEX :
 Male
 ABHA NO :

 DRAWN :
 RECEIVED :
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 REPORTED :
 14/11/2022 16:58

REFERRING DOCTOR: DR. ACROFEMI HEALTHCARE LTD ( MEDIWHEEL )

Test Report Status <u>Final</u>	Results	Biological Re	ference Interval Units
TRIGLYCERIDES	76	Desirable: < 1 Borderline Higl High: 200 - 49 Very High : > 0	n: 150 - 199 9
	25		no a (dl
HDL CHOLESTEROL	35	Low < 40 Low > or = 60 High	mg/dL າ
CHOLESTEROL LDL	100	Adult levels: Optimal < 100 Near optimal/a 129 Borderline high High : 160-189 Very high : = 3	bove optimal: 100- n : 130-159 9
NON HDL CHOLESTEROL	115	Desirable: Less Above Desirabl Borderline High High: 190 - 21 Very high: > o	s than 130 mg/dL le: 130 - 159 n: 160 - 189 9
CHOL/HDL RATIO	4.3	, ,	
LDL/HDL RATIO	-1.4	Low 0.5 - 3.0 Desir 3.1 - 6.0 Borde >6.0 High Risk	erline/Moderate Risk
VERY LOW DENSITY LIPOPROTEIN	15.2		mg/dL
LIVER FUNCTION PROFILE, SERUM			
BILIRUBIN, TOTAL	0.43	0.0 - 1.2	mg/dL
METHOD : JENDRASSIK AND GROFF			
BILIRUBIN, DIRECT METHOD : DIAZOTIZATION	0.20	0.0 - 0.2	mg/dL
BILIRUBIN, INDIRECT	0.23	0.00 - 1.00	mg/dL
TOTAL PROTEIN	7.5	6.4 - 8.3	g/dL
METHOD : BIURET			
ALBUMIN METHOD : BROMOCRESOL PURPLE	4.6	3.50 - 5.20	g/dL
GLOBULIN	2.9	2.0 - 4.1	g/dL
ALBUMIN/GLOBULIN RATIO	1.6	1.0 - 2.0	RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT) METHOD : UV WITH P5P	25	UPTO 40	U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT) METHOD : UV WITH P5P	28	UP TO 45	U/L
ALKALINE PHOSPHATASE	67	40 - 129	U/L











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**REFERRING DOCTOR :** DR. ACROFEMI HEALTHCARE LTD (MEDIWHEEL)

Test Report Status <u>Final</u>	Results	<b>Biological Reference</b>	Biological Reference Interval Units	
METHOD : PNPP				
GAMMA GLUTAMYL TRANSFERASE (GGT)	16	8 - 61	U/L	
METHOD : G-GLUTAMYL-CARBOXY-NITROANILIDE			-,	
LACTATE DEHYDROGENASE	144	135 - 225	U/L	
METHOD : ENZYMATIC LACTATE - PYRUVATE(IFCC)				
BLOOD UREA NITROGEN (BUN), SERUM				
BLOOD UREA NITROGEN	9	6 - 20	mg/dL	
METHOD : UREASE KINETIC				
CREATININE, SERUM				
CREATININE	0.90	0.70 - 1.20	mg/dL	
METHOD : ALKALINE PICRATE-KINETIC				
BUN/CREAT RATIO				
BUN/CREAT RATIO	10.00	5.0 - 15.0		
URIC ACID, SERUM				
URIC ACID	6.7	3.5 - 7.2	mg/dL	
METHOD : URICASE/CATALASE UV				
TOTAL PROTEIN, SERUM				
TOTAL PROTEIN	7.5	6.4 - 8.3	g/dL	
METHOD : BIURET				
ALBUMIN, SERUM				
ALBUMIN	4.6	3.5 - 5.2	g/dL	
METHOD : BROMOCRESOL PURPLE				
GLOBULIN				
GLOBULIN	2.9	2.0 - 4.1	g/dL	
ELECTROLYTES (NA/K/CL), SERUM				
SODIUM, SERUM	144.5	136.0 - 146.0	mmol/L	
POTASSIUM, SERUM	4.71	3.50 - 5.10	mmol/L	
CHLORIDE, SERUM	105.2	98.0 - 106.0	mmol/L	
PHYSICAL EXAMINATION, URINE				
COLOR	PALE YELLOW			
METHOD : MACROSCOPY				
APPEARANCE	CLEAR			
METHOD : VISUAL				
CHEMICAL EXAMINATION, URINE				
РН	6.5	4.7 - 7.5		
METHOD : PH INDICATOR AND REFLECTANCE				

METHOD : PH INDICATOR AND REFLECTANCE











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REFERRING DOCTOR : DR. ACROFEMI HEALTHCARE LTD ( MEDIWHEEL )

Test Report Status <u>Final</u>	Results	Biological Reference I	nterval Units
SPECIFIC GRAVITY	<=1.005	1.003 - 1.035	
METHOD : REFLECTANCE SPECTROPHOTOMETRY			
PROTEIN	NOT DETECTED	NOT DETECTED	
METHOD : PROTEIN ERROR OF INDICATORS WITH REFLECTANCE	E		
GLUCOSE	NOT DETECTED	NOT DETECTED	
METHOD : GLUCOSE OXIDASE			
KETONES	NOT DETECTED	NOT DETECTED	
METHOD : ROTHERA'S WITH REFLECTANCE			
BLOOD	NOT DETECTED	NOT DETECTED	
METHOD : PEROXIDASE METHOD WITH REFLECTANCE			
BILIRUBIN	NOT DETECTED	NOT DETECTED	
METHOD : DIAZOTIZED WITH REFLECTANCE			
UROBILINOGEN	NORMAL	NORMAL	
METHOD : EHRLICH REACTION REFLECTANCE			
NITRITE	NOT DETECTED	NOT DETECTED	
METHOD : DIAZOTIZED WITH REFLECTANCE			
LEUKOCYTE ESTERASE	NOT DETECTED	NOT DETECTED	
MICROSCOPIC EXAMINATION, URINE			
RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
PUS CELL (WBC'S)	1-2	0-5	/HPF
METHOD : ESTERASES METHOD WITH REFLECTANCE			
EPITHELIAL CELLS	2-3	0-5	/HPF
METHOD : MICROSCOPIC EXAMINATION			
CASTS	NOT DETECTED		
METHOD : MICROSCOPIC EXAMINATION			
CRYSTALS	NOT DETECTED		
METHOD : MICROSCOPIC EXAMINATION			
BACTERIA	NOT DETECTED	NOT DETECTED	
METHOD : MICROSCOPIC EXAMINATION			
YEAST	NOT DETECTED	NOT DETECTED	
REMARKS	Please note that all the	ne urinary findings are confirmed	d manually as well.
THYROID PANEL, SERUM			
ТЗ	132.6	80.00 - 200.00	ng/dL
METHOD : ELECTROCHEMILUMINESCENCE IMMUNO ASSAY			
T4	6.59	5.10 - 14.10	µg/dL
			. =-

METHOD : ELECTROCHEMILUMINESCENCE IMMUNO ASSAY











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REFERRING DOCTOR : DR. ACROFEM	I HEALTHCARE LTD ( MEDIWHEEL )	CLIENT PATIENT ID:
Test Report Status <u>Final</u>	Results	Biological Reference Interval Units
TSH (ULTRASENSITIVE)	1.850	0.270 - 4.200 μIU/mL

METHOD : ELECTROCHEMILUMINESCENCE IMMUNO ASSAY

## Interpretation(s)

**Triiodothyronine T3**, **Thyroxine T4**, and **Thyroid Stimulating Hormone TSH** are thyroid hormones which affect almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate.

Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.

Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hyperthyroidism, TSH levels are low. owidctlparowidctlparBelow mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3.Measurement of the serum TT3 level is a more sensitive test for the diagnosis of hyperthyroidism, and measurement of TT4 is more useful in the diagnosis of hypothyroidism.Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active. It is advisable to detect Free T3, FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.

Sr. No.	TSH	Total T4	FT4	Total T3	Possible Conditions
1	High	Low	Low	Low	(1) Primary Hypothyroidism (2) Chronic autoimmune Thyroiditis (3)
					Post Thyroidectomy (4) Post Radio-Iodine treatment
2	High	Normal	Normal	Normal	(1)Subclinical Hypothyroidism (2) Patient with insufficient thyroid
					hormone replacement therapy (3) In cases of Autoimmune/Hashimoto
					thyroiditis (4). Isolated increase in TSH levels can be due to Subclinical
					inflammation, drugs like amphetamines, Iodine containing drug and
					dopamine antagonist e.g. domperidone and other physiological reasons.
3	Normal/Low	Low	Low	Low	(1) Secondary and Tertiary Hypothyroidism
4	Low	High	High	High	(1) Primary Hyperthyroidism (Graves Disease) (2) Multinodular Goitre
					(3)Toxic Nodular Goitre (4) Thyroiditis (5) Over treatment of thyroid
					hormone (6) Drug effect e.g. Glucocorticoids, dopamine, T4
					replacement therapy (7) First trimester of Pregnancy
5	Low	Normal	Normal	Normal	(1) Subclinical Hyperthyroidism
6	High	High	High	High	(1) TSH secreting pituitary adenoma (2) TRH secreting tumor
7	Low	Low	Low	Low	(1) Central Hypothyroidism (2) Euthyroid sick syndrome (3) Recent
					treatment for Hyperthyroidism
8	Normal/Low	Normal	Normal	High	(1) T3 thyrotoxicosis (2) Non-Thyroidal illness
9	Low	High	High	Normal	(1) T4 Ingestion (2) Thyroiditis (3) Interfering Anti TPO antibodies

REF: 1. TIETZ Fundamentals of Clinical chemistry 2.Guidlines of the American Thyroid association during pregnancy and Postpartum, 2011. **NOTE: It is advisable to detect Free T3,FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.**TSH is not affected by variation in thyroid - binding protein. TSH has a diurnal rhythm, with peaks at 2:00 - 4:00 a.m. And troughs at 5:00 - 6:00 p.m. With ultradian variations.

# ABO GROUP & RH TYPE, EDTA WHOLE BLOOD

ABO GROUP	TYPE O
METHOD : TUBE AGGLUTINATION	
RH TYPE	POSITIVE











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BOTH THE DOMES OF THE DIAPHRAM ARE NORMAL

RESTING ECG - T WAVE INVERSION IN CHEST LEAD - NEGATIVE TEST

VISUALIZED BONY THORAX IS NORMAL

NO ABNORMALITY DETECTED

WITHIN NORMAL LIMITS

**BRONCHIGTIS - MOTHER** 

NOT SIGNIFICANT

NOT SIGNIFICANT

NOT SIGNIFICANT

NOT SIGNIFICANT

NOT SIGNIFICANT

DM - FATHER

1.61

73

28

IMPRESSION TMT OR ECHO

TMT OR ECHO

ECG

»»

»»

FCG

## MEDICAL HISTORY

RELEVANT PRESENT HISTORY RELEVANT PAST HISTORY RELEVANT PERSONAL HISTORY RELEVANT FAMILY HISTORY

OCCUPATIONAL HISTORY HISTORY OF MEDICATIONS

## ANTHROPOMETRIC DATA & BMI

HEIGHT IN METERS WEIGHT IN KGS. BMI

## **GENERAL EXAMINATION**

MENTAL / EMOTIONAL STATE PHYSICAL ATTITUDE GENERAL APPEARANCE / NUTRITIONAL STATUS BUILT / SKELETAL FRAMEWORK FACIAL APPEARANCE NORMAL NORMAL OVERWEIGHT AVERAGE NORMAL





mts

Kgs

BMI & Weight Status as follows: kg/sqmts

Below 18.5: Underweight 18.5 - 24.9: Normal 25.0 - 29.9: Overweight 30.0 and Above: Obese







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Test Report Status <u>Final</u>	Results Biological Reference Interval Units
SKIN	NORMAL
UPPER LIMB	NORMAL
LOWER LIMB	NORMAL
NECK	NORMAL
NECK LYMPHATICS / SALIVARY GLANDS	NOT ENLARGED OR TENDER
THYROID GLAND	NOT ENLARGED
CAROTID PULSATION	NORMAL
TEMPERATURE	AFEBRILE
PULSE	88/MIN REGULAR, ALL PERIPHERAL PULSES WELL FELT, NO CAROTID BRUIT HEARD
RESPIRATORY RATE	NORMAL
CARDIOVASCULAR SYSTEM	
BP	124/80 mm/Hg
PERICARDIUM	NORMAL
APEX BEAT	NORMAL
HEART SOUNDS	S1, S2 HEARD NORMALLY
MURMURS	ABSENT
RESPIRATORY SYSTEM	
SIZE AND SHAPE OF CHEST	NORMAL
MOVEMENTS OF CHEST	SYMMETRICAL
BREATH SOUNDS INTENSITY	NORMAL
BREATH SOUNDS QUALITY	VESICULAR (NORMAL)
ADDED SOUNDS	ABSENT
PER ABDOMEN	
APPEARANCE	NORMAL
VENOUS PROMINENCE	ABSENT
LIVER	NOT PALPABLE
SPLEEN	NOT PALPABLE
HERNIA	ABSENT
CENTRAL NERVOUS SYSTEM	
HIGHER FUNCTIONS	NORMAL
CRANIAL NERVES	NORMAL
CEREBELLAR FUNCTIONS	NORMAL
SENSORY SYSTEM	NORMAL











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MOTOR SYSTEM	NORMAL			
REFLEXES	NORMAL			
MUSCULOSKELETAL SYSTEM				
SPINE	NORMAL			
JOINTS	NORMAL			
BASIC EYE EXAMINATION				
CONJUNCTIVA	NORMAL			
EYELIDS	NORMAL			
EYE MOVEMENTS	NORMAL			
CORNEA	NORMAL			
DISTANT VISION RIGHT EYE WITHOUT GLASSES	6/9 SLIGHTLY POOR VISIO	N		
DISTANT VISION LEFT EYE WITHOUT GLASSES	WITHIN NORMAL LIMIT			
NEAR VISION RIGHT EYE WITHOUT GLASSES	N/8 SLIGHTLY POOR VISIC	DN		
NEAR VISION LEFT EYE WITHOUT GLASSES	N/8 SLIGHTLY POOR VISIC	DN		
COLOUR VISION	NORMAL			
BASIC ENT EXAMINATION				
EXTERNAL EAR CANAL	HEAVY WITHIN NORMAL LI	IMIT		
TYMPANIC MEMBRANE	NORMAL			
NOSE	NO ABNORMALITY DETECT	ED		
SINUSES	CLEAR			
THROAT	NO ABNORMALITY DETECT	ED		
TONSILS	NOT ENLARGED			
SUMMARY				
RELEVANT HISTORY	NOT SIGNIFICANT			
RELEVANT GP EXAMINATION FINDINGS	OVERWEIGHT			
REMARKS / RECOMMENDATIONS	NONE			
FITNESS STATUS				
FITNESS STATUS	FIT (WITH MEDICAL ADVIC	CE) (AS PER REQUESTED PANEL OF TESTS)		











**CLIENT'S NAME AND ADDRESS :** ACROFEMI HEALTHCARE LTD ( MEDIWHEEL ) F-703, LADO SARAI, MEHRAULI SOUTH WEST DELHI NEW DELHI 110030 DELHI INDIA 8800465156

SRL Ltd 34/2, NEW PALASIA, NEAR OM SHANTI BHAWAN CIRCLE, BEHIND INDUSTRY HOUSE INDORE, 452001 MADHYA PRADESH, INDIA Tel : 9111591115, Fax : CIN - U74899PB1995PLC045956 Email : customercare.indore@srl.in

PATIENT NAME : ANURAG GAUR		PATIENT ID : ANURM1109737
ACCESSION NO : 0007VK002698	AGE : 49 Years SEX : Male	ABHA NO :
DRAWN :	RECEIVED : 12/11/2022 09:42	REPORTED : 14/11/2022 16:58
REFERRING DOCTOR : DR. ACROFEN	II HEALTHCARE LTD ( MEDIWHEEL )	CLIENT PATIENT ID:
(		

Test Report Status	<u>Final</u>	Results	<b>Biological Reference Interval</b>	Units	
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### Comments

CLINICAL FINDINGS :-

RAISED FBS

OVER WEIGHT STATUS.

FITNESS STATUS :-

FITNESS STATUS : FIT (WITH MEDICAL ADVICE) (AS PER REOUESTED PANEL OF TESTS)

ADVICE : WEIGHT REDUCTION, LOW FAT& CARBOHYDRATE DIET AND REGULAR PHYSICAL EXERCISE FOR OVERWEIGHT STATUS

NEED PHYSICIAN CONSULTATION FOR LIFE STYLE MODIFICATION.

### Interpretation(s)

BLOOD COUNTS, EDTA WHOLE BLOOD-

The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology. RBC AND PLATELET INDICES-

Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait (<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait. WBC DIFFERENTIAL COUNT-

The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients A.-P. Yang, et al. International Immunopharmacology 84 (2020) 106504 This ratio element is a calculated parameter and out of NABL scope.

ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD-**TEST DESCRIPTION** :-Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that

are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition.CRP is superior to ESR because it is more sensitive and reflects a more rapid change.

## TEST INTERPRETATION

Increase in: Infections, Vasculities, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy, Estrogen medication, Aging.

Finding a very accelerated ESR(>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias,

Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis). In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in second trimester (0-70 mm /hr(95 if anemic). ESR returns to normal 4th week post partum. Decreased in: Polycythermia vera, Sickle cell anemia

#### LIMITATIONS

False elevated ESR : Increased fibrinogen, Drugs(Vitamin A, Dextran etc), Hypercholesterolemia

False Decreased : Poikilocytosis, (SickleCells, spherocytes), Microcytosis, Low fibrinogen, Very high WBC counts, Drugs(Quinine, salicylates)

REFERENCE

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition 2. Paediatric reference intervals, AACC Press, 7th edition, Edited by S. Soldin 3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis, 10th edition. GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-Used For:

1. Evaluating the long-term control of blood glucose concentrations in diabetic patients. 2.Diagnosing diabetes.











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3.Identifying patients at increased risk for diabetes (prediabetes).

The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to determine whether a patients metabolic control has remained continuously within the target range. 1.eAG (Estimated average glucose) converts percentage HbA1c to md/dl, to compare blood glucose levels.

eAG gives an evaluation of blood glucose levels for the last couple of months.
 eAG is calculated as eAG (mg/dl) = 28.7 \* HbA1c - 46.7

#### HbA1c Estimation can get affected due to :

I.Shortened Erythrocyte survival : Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss, hemolytic anemia) will faisely lower HbA1c test results.Fructosamine is recommended in these patients which indicates diabetes control over 15 days. II.Vitamin C & E are reported to falsely lower test results.(possibly by inhibiting glycation of hemoglobin.

III. Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia, uremia, hyperbilirubinemia, chronic alcoholism, chronic ingestion of salicylates & opiates addiction are reported to interfere with some assay methods, falsely increasing results. IV.Interference of hemoglobinopathies in HbA1c estimation is seen in

a.Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c. b.Heterozygous state detected (D10 is corrected for HbS & HbC trait.)

c.HbF > 25% on alternate paltform (Boronate affinity chromatography) is recommended for testing of HbA1c.Abnormal Hemoglobin electrophoresis (HPLC method) is recommended for detecting a hemoglobinopathy

GLUCOSE FASTING, FLUORIDE PLASMA-TEST DESCRIPTION

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and sothat no glucose is excreted in the urine.

#### Increased in

Diabetes mellitus, Cushing's syndrome (10 – 15%), chronic pancreatitis (30%). Drugs:corticosteroids, phenytoin, estrogen, thiazides.

### Decreased in

Pancreatic islet cell disease with increased insulin, insulinoma, adrenocortical insufficiency, hypopituitarism, diffuse liver disease, malignancy (adrenocortical, stomach, fibrosarcoma), infant of a diabetic mother, enzyme deficiency diseases(e.g., galactosemia), Drugs- insulin, ethanol, propranolol sulfonylureas,tolbutamide, and other oral hypoglycemic agents.

#### NOTE:

Hypoglycemia is defined as a glucoseof < 50 mg/dL in men and < 40 mg/dL in women.

While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values), there is wide fluctuation within individuals. Thus, glycosylated hemoglobin(HbA1c) levels are favored to monitor glycemic control.

High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc. GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin

treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.Additional test HbA1c LIVER FUNCTION PROFILE, SERUM-

### LIVER FUNCTION PROFILE

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. Elevated levels results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors &Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity.ALT test measures the amount of this enzyme in the blood.ALT is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health.AST levels increase during acute hepatitis, sometimes due to a viral infection, ischemia to the liver, chronic hepatitis, obstruction of bile ducts, cirrhosis. ALP is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction,

Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Paget's disease, Rickets, Sarcolosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilson's disease.GGT is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and pancreas. It is also found in other tissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc. Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum.Protein in the plasma is made up of albumin and globulin.Higher-than-normal levels may be due to:Chronic inflammation or infection, including HIV and hepatitis B or C,Multiple myeloma,Waldenstrom's disease.Lower-than-normal levels may be due to: Agammaglobulinemia,Bleeding (hemorrhage),Burns,Glomerulonephritis,Liver disease, Malabsorption,Malnutrition,Nephrotic syndrome,Protein-losing enteropathy etc.Human serum albumin is the most abundant protein in human blood plasma.It is produced in the liver.Albumin constitutes about half of the blood serum protein.Low blood albumin levels (hypoalbuminemia) can be caused by:Liver disease like cirrhosis of the liver, nephrotic syndrome,protein-losing enteropathy,Burns,hemodilution,increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc BLOOD UREA NITROGEN (BUN), SERUM-Causes of Increased levels include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol,

Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism) Causes of decreased level include Liver disease, SIADH.











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CREATININE, SERUM-Higher than normal level may be due to:

 Blockage in the urinary tract Kidney problems, such as kidney damage or failure, infection, or reduced blood flow
 Loss of body fluid (dehydration)

Muscle problems, such as breakdown of muscle fibers
Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:

Myasthenia Gravis

Muscular dystrophy URIC ACID, SERUM-

Causes of Increased levels:-Dietary(High Protein Intake, Prolonged Fasting, Rapid weight loss), Gout, Lesch nyhan syndrome, Type 2 DM, Metabolic syndrome Causes of decreased levels-Low Zinc intake, OCP, Multiple Sclerosis

TOTAL PROTEIN, SERUM-

Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum.. Protein in the plasma is made up of albumin and globulin

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc. ALBUMIN, SERUM-

Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc. ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in

plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same.

The test is performed by both forward as well as reverse grouping methods.

MEDICAL

THIS REPORT CARRIES THE SIGNATURE OF OUR LABORATORY DIRECTOR. THIS IS AN INVIOLABLE FEATURE OF OUR LAB MANAGEMENT SOFTWARE. HOWEVER, ALL EXAMINATIONS AND INVESTIGATIONS HAVE BEEN CONDUCTED BY OUR PANEL OF DOCTORS.

FITNESS STATUS-

Conclusion on an individual's Fitness, which is commented upon mainly for Pre employment cases, is based on multi factorial findings and does not depend on any one single parameter. The final Fitness assigned to a candidate will depend on the Physician's findings and overall judgement on a case to case basis, details of the candidate's past and personal history as well as the comprehensiveness of the diagnostic panel which has been requested for . These are then further correlated with details of the job under consideration to eventually fit the right man to the right job. Basis the above, SRL classifies a candidate's Fitness Status into one of the following categories:

• Fit (As per requested panel of tests) - SRL Limited gives the individual a clean chit to join the organization, on the basis of the General Physical Examination and the specific test panel requested for.

• Fit (with medical advice) (As per requested panel of tests) - This indicates that although the candidate can be declared as FIT to join the job, minimal problems have been detected during the Pre- employment examination. Examples of conditions which could fall in this category could be cases of mild reversible medical abnormalities such as height weight disproportions, borderline raised Blood Pressure readings, mildly raised Blood sugar and Blood Lipid levels, Hematuria, etc. Most of these relate to sedentary

Iffestyles and come under the broad category of life style disorders. The idea is to caution an individual to bring about certain lifestyle changes as well as seek a Physician's consultation and counseling in order to bring back to normal the mildly deranged parameters. For all purposes the individual is FIT to join the job.
Fitness on Hold (Temporary Unfit) (As per requested panel of tests) - Candidate's reports are kept on hold when either the diagnostic tests or the physical findings reveal the presence of a medical condition which warrants further tests, counseling and/or specialist opinion, on the basis of which a candidate can either be placed into Fit, Fit (With Medical Advice), or Unfit category. Conditions which may fall into this category could be high blood pressure, abnormal ECG, heart murmurs, abnormal vision, grossly blood blood pressure. elevated blood sugars, etc. • Unfit (As per requested panel of tests) - An unfit report by SRL Limited clearly indicates that the individual is not suitable for the respective job profile e.g. total color

blindness in color related jobs.











Units

CLIENT CODE : C000138355

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Results

MEDI WHEEL FULL BODY HEALTH CHECK UP ABOVE 40 MALE

**Final** 

**ULTRASOUND ABDOMEN ULTRASOUND ABDOMEN** 

### Comments

USG WHOLE ABDOMEN -

**Test Report Status** 

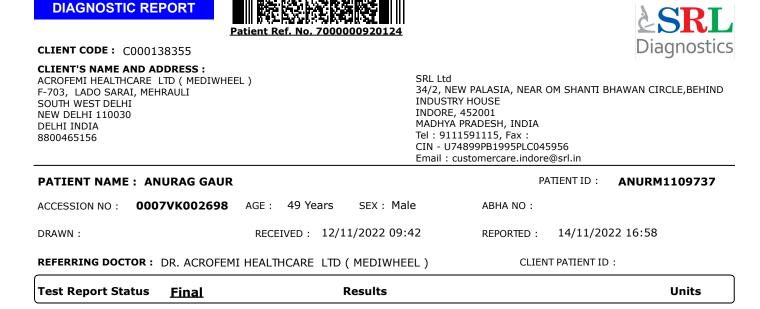
- EARLY FATTY INFILTRATION OF LIVER.

\*\*End Of Report\*\* Please visit www.srlworld.com for related Test Information for this accession

Dr.Arpita Pasari, MD **Consultant Pathologist** 







CONDITIONS OF LABORATORY TESTING & REPORTING	
1. It is presumed that the test sample belongs to the patient	5. SRL confirms that all tests have been performed or
named or identified in the test requisition form.	assayed with highest quality standards, clinical safety &
2. All tests are performed and reported as per the	technical integrity.
turnaround time stated in the SRL Directory of Services.	6. Laboratory results should not be interpreted in isolation;
3. Result delays could occur due to unforeseen	it must be correlated with clinical information and be
circumstances such as non-availability of kits / equipment	interpreted by registered medical practitioners only to
breakdown / natural calamities / technical downtime or any	determine final diagnosis.
other unforeseen event.	<ol><li>Test results may vary based on time of collection,</li></ol>
4. A requested test might not be performed if:	physiological condition of the patient, current medication or
i. Specimen received is insufficient or inappropriate	nutritional and dietary changes. Please consult your doctor
ii. Specimen quality is unsatisfactory	or call us for any clarification.
iii. Incorrect specimen type	8. Test results cannot be used for Medico legal purposes.
iv. Discrepancy between identification on specimen	9. In case of queries please call customer care
container label and test requisition form	(91115 91115) within 48 hours of the report.
	SRL Limited
	Fortis Hospital, Sector 62, Phase VIII, Mohali 160062



