

Name : Mrs. DEEPALI DAYNESHWAR MHASKE (41 /F)

Date : 25/03/2023

Address : BHOIR MALA,NASHIK ROAD,NASHIK., NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by:

UHID : MHN1.0000140457

Package : MediWheel Full Body Health Checkup Female Above 40  
Package

AHC No : NSKAH32757



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension, Thyroid  
disorder, Heart disease,  
Stroke, Asthma, COPD,  
Cancer



## DRUG ALLERGY

NO KNOWN ALLERGY

:25/03/2023



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant



## Past medical history

Do you have any - No  
allergies?  
Do you have any drug - No  
allergies?  
Past medical history - nil significant  
Covid 19 - No



## Surgical history

Surgical history - Nil



## Personal history

Marital status - Married  
No. of children - 02  
Diet - Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Active  
- level ground walking



## Family history

Diabetes - mother  
Coronary artery - none  
disease  
Cancer - None

## PHYSICAL EXAMINATION



### General

General appearance - normal  
Build - normal  
Height - 150  
Weight - 65  
BMI - 28.89  
Pallor - No  
Oedema - no  
Temperature - 97  
SpO2 - 98



## Cardiovascular system

Heart rate (Per minute) - 85  
Rhythm - Regular  
- B.P. Supine  
Systolic(mm of Hg) - 130  
Diastolic(mm of Hg) - 80  
Heart sounds - S1S2+

## Respiratory system

Breath sounds - Normal vesicular breath  
sounds



## Abdomen

Organomegaly - No  
Tenderness - No

Printed By : Shweta Sharad Shardul

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### C B C WITH ESR (AUTOMATION + STANDARD METHOD)

Test Name	Result	Unit	Level	Range
Hemoglobin	8.2 *	g/dl	●	11.0-16.0
Haematocrit	28.3 *	%	●	34.0-48.0
RBC COUNT	4.2	Million/ ul	●	3.7-5.6
MCV	67.5 *	fl	●	75.0-95.0
MCH	19.6 *	pg	●	26.0-32.0
MCHC	29 *	g/dl	●	31.0-36.0
RDW	15.2	%	●	11-16
Platelet Count(Optical/Impedance)	352	10 <sup>9</sup> /m m <sup>3</sup>	●	140-440
TLC Count	5.34	10 <sup>9</sup> /m m <sup>3</sup>	●	4.0-11.0
Neutrophils	62	%	●	40-75
Lymphocytes	29	%	●	20-45
Eosinophils	03	%	●	1-6
Monocytes	06	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	30 *	mm/1st hr	●	0-20
RBC,:	Microcytic and mild hypochromic picture			
WBC:-	Lower Normal limits			
platelets.:	Adequate			

### BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	28 *	U/L	●	30-65
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5

GLOBULIN - SERUM:  
(Calculated) 3.6 g/dL ● 1.8-3.6

ALBUMIN:GLOBULIN -  
SERUM(RATIO)  
(Calculated) 1.2 ● 1.1-1.8

ALKALINE  
PHOSPHATASE -  
SERUM/PLASMA 53 U/L ● 0-100

AST (SGOT) - SERUM 23 U/L ● 15-37

BILIRUBIN, TOTAL -  
SERUM 0.9 mg/dL ● 0.0-1.0

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	124	mg/dL	●	0-200

### CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.6	mg/dL	●	0.6-1.0

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	20	U/L	●	0-50

### GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	92	mg/dL	●	70-100
URINE GLUCOSE(FASTING): (Strip Method)	Nil			

### GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	109	mg/dL	●	70-140

### GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.8	%	●	0.0-6.0
Mean Plasma Glucose (MPG) Estimate:	129.1800	mg/dL		

#### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM / PLASMA	34 *	mg/dL	●	40-60
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.6		●	0.0-4.5
LDL Cholesterol (Direct LDL)	87	mg/dL		

#### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	8.0	g/dL	●	6.4-8.2
PROTEIN, TOTAL - SERUM / PLASMA	8.0	g/dL	●	6.4-8.2

#### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	145	ng/dL	●	Healthy Adults: 69 - 215 Pregnant Women: 1st Trimester:121-308 2nd & 3rd Trimesters:152-362
TOTAL T4: THYROXINE - SERUM	7.1	µg/dL	●	Healthy Adults: 5.2 - 12.7 Pregnancy:1st Trimester:7.8 - 16.2 2nd & 3rd Trimesters: 9.1 - 18.3

#### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	105	mg/dL	●	0-150

#### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	1.9	uIU/mL	●	Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75.0 Pregnancy(All Trimesters):0.2 -3.5

#### UREA - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
UREA - SERUM / PLASMA	15	mg/dL	●	15-38
UREA NITROGEN SERUM/PLASMA: (Calculated)	7	mg/dL	●	7-18

#### URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	3.8	mg/dL	●	2.6-6.0

#### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.3	mg/dL	●	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.6	mg/dL	●	0.0-0.7

#### CARDIAC STRESS TEST - (TMT)

#### ECG

#### MAMMOGRAPHY

1) No significant abnormality is seen on this study.  
2) BI – RADS - Category 1.

Suggest : Clinical correlation.

#### ULTRASOUND - WHOLE ABDOMEN

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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No significant abnormality is detected.

**X-RAY CHEST PA**

No significant abnormality is detected.

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT  
PART OF PACKAGE(LAB,RADIOLOGY & RADIOLOGY)**

**Haematology**

STOOL ROUTINE

**Histopathology**

CERVICAL/VAGINAL SMEAR II SLIDE

**Haematology**

URINE ROUTINE (CUE)

 Within Normal Range       Borderline High/Low       Out of Range

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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## AICVD RISK SCORE REPORT

### RISK STATUS

Low Risk

### YOUR SCORE

3

### ACCEPTABLE SCORE

4

### Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

### Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

### DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**