

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MRS. MANKAD NEHA BHAVIK
EC NO.	52625
DESIGNATION	SINGLE WINDOW OPERATOR A
PLACE OF WORK	AHMEDABAD, S M ROAD
BIRTHDATE	17-06-1970
PROPOSED DATE OF HEALTH CHECKUP	26-02-2022
BOOKING REFERENCE NO.	21M52625100012192E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **21-02-2022** till **31-03-2022** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

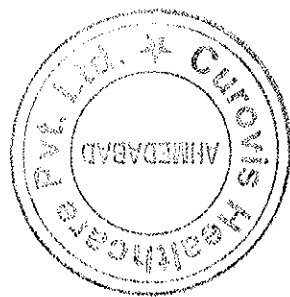
Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



Mankad
Ph- 9426226611
Age- 57 YR



Dr. Jinesh M. Shah
DNB (Medicine) FCCS (USA)
Reg. No. G-20693

Patient's name : NEHA BHAVIK MANKAD
Referred by : Self
Date : 26/02/2022
Patient's Id : NM98

Age/Sex : 51 Years/Female
Reg. No : 7450
Mobile : 9825008788
Ref ID. :

Fitness Certificate

GENERAL EXAMINATION

Height (cms) : 155

Weight (kgs) : 67.4

Blood Pressure : 130/90mmHg

Pulse : 85/Min

No Clubbing/Cynosis/Pallor/Pedel Oedem

Systemic Examination:

Cardio vascular System - S1,S2 Normal, No Murmur

Respiratory system - AEBE

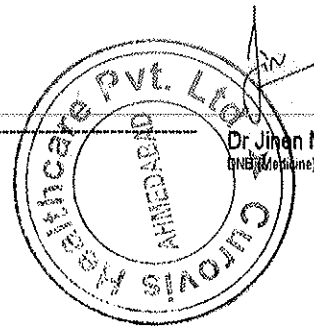
Central Nervous System - No FND

Abdomen - Soft, Non Tender, No Organomegaly

End of Report

This is an electronically authenticated report.
Note:(LL-Very Low, L-Low, HH-Very High)

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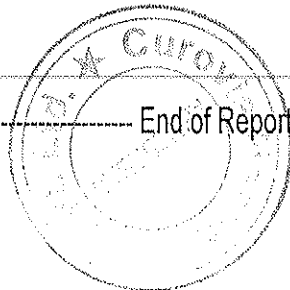
Dr. Jihan M Shah
MBBS (Medicine) FCCS (USA)

Patient's name : NEHA BHAVIK MANKAD Age/Sex : 51 Years/Female
 Referred by : Self Reg. No : 7450
 Date : 26/02/2022 Mobile : 9825008788
 Patient's Id : NM98 Ref ID. :

HEMOGRAM REPORT

Performed on 5-Part Fully Auto Hematology Analyzer SIEMENS ADVIA 2120i)

Test	Result	Unit	Biological Reference Interval
Sample Type:	EDTA		
Haemoglobin:	10.2	gm/dL	12.5 - 16.0
Total WBC Count:	6600	/microlitre	4000 - 10500
Platelets Count:	355000	/microlitre	1,50,000 - 4,50,000
Differential Count:			
Neutrophils:	47	%	40-80
Lymphocytes:	47	%	20-40
Eosinophils:	03	%	Upto 6
Monocytes:	03	%	2-10
Basophils:	00	%	<1-2
RBC indices:			
RBC Count:	3.99	*10 ⁶ /microL	3.8 - 4.8
HCT:	32.2	%	36 - 46
MCV:	80.7	fL	83 - 101
MCH:	25.6	pg	27-32
MCHC:	31.7	%	31.5-34.5
RDW:	14.5	%	11.6 - 14.0
Erythrocytes Sedimentation Rate(ESR): (By AUTO ESR-10, USA)			
ESR 1st Hr:	03	mm	2 - 20 mm in 1Hr.
Thick Smear Preparation:			
Haemoparasite:	Malarial parasites are not seen.		
Peripheral Smear Examination:			
RBCs:	Normocytic & Normochromic.		
Platelet:	Platelet adequate & normal on smear.		



J. Panchal

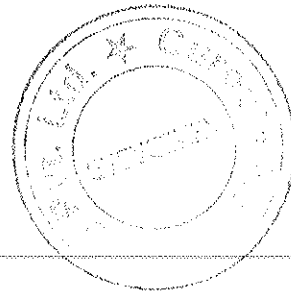
Dr. Jaimin Panchal
MBBS, MD(Pathology)

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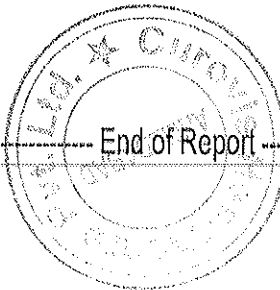
BLOOD GLUCOSE LEVEL

Test	Result	Unit	Biological Reference Interval
Sample Type:	Flouride		
Fasting Blood Glucose (Hexokinase) Collection Time: Collection Time:	147.3	mg/dl	70-110
Post Prandial Blood Glucose (2 Hrs) (Hexokinase)	260.9	mg/dl	80-140

Tests Performed on Fully Auto DRY Chemistry Analyzer VITROS-250

THYROID FUNCTION TEST
(by CLIA on SIEMENS ADVIA Centaur XP)

Test	Result	Unit	Biological Reference Interval
Sample Type: Serum			
S.T3 (Total Triiodothyronine by CLIA)	1.70	ng/mL	1 - 23 Months: 1.17 - 2.39 2 - 12 Years: 1.05 - 2.07 13 - 20 Years: 0.86 - 1.92 Adult: 0.6 - 1.81
S.T4 (Total Thyroxine by CLIA)	10.30	mcg/dL	3.2 - 12.6
S.TSH (Thyroid Stimulating Hormone by CLIA)	1.131	microU/mL	0 - 12 Yrs: 0.77 - 5.64 12-19 Yrs: 0.75-3.69 19-100 Yrs: 0.35 -5.50



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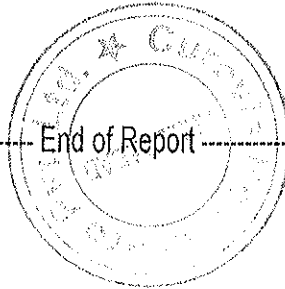
BLOOD GROUP

Sample Type: EDTA
ABO Group : "A"
Rh Type : Positive

RENAL FUNCTION TEST

(Performed on Fully Auto DRY Chemistry Analyzer VITROS-250)

Test	Result	Unit	Biological Reference Interval
Sample Type: Serum			
S.Urea (Urease with indicator dye)	14.5	mg/dl	Male: 19.6-43.6 Female: 15.2-37.0
S.Creatinine (Enzymatic)	0.64	mg/dL	0.55 - 1.30
S.Uric Acid (Uricase)	3.28	mg/dL	Male: 3.5-8.5 Female: 2.5-6.2



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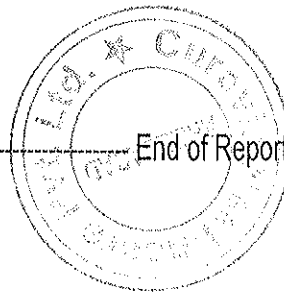
GLYCOSYLATED HAEMOGLOBIN (HbA1C) ESTIMATION

Test	Result	Unit	Biological Reference Interval
Sample Type: EDTA			
Glycosylated Haemoglobin (HbA1C)	7.20	%	Pre-Diabetic (Adult): 5.7 - 6.4 Diabetic (Adult): >6.5 Therapeutic goal for glycemic control: <7.0
Mean Blood Glucose Level (An average of 2 -3 Months)	159.94		

Method : HPLC on D-10, Bio-Rad,USA

INTERPRETATION:

- * Blood sample can be drawn at any time. Fasting is not required.
- * Reflects average blood sugar levels for the 2 to 3 months period before the test.
- * Provides information for evaluating diabetic treatment modalities and tracks control of blood glucose of particular value in diabetic children, diabetics in whom the renal threshold for glucose is abnormal, unstable insulin dependent diabetics where blood sugars vary markedly from day to day.
- * High value in poorly controlled DM and moves towards normal in patients with optimal control.



End of Report

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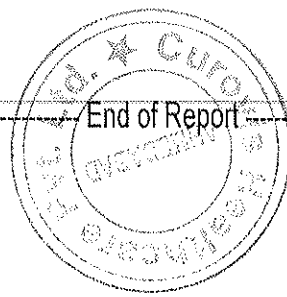
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LIPID PROFILE

(Performed on Semi Auto Chemistry Analyzer BeneSphera)

Test	Result	Unit	Biological Reference Interval
Sample Type: Fasting Serum			
S.Cholesterol (Oxidase Peroxidase)	104	mg/dL	< 200 Desirable 200-239 Boderline High > 240 High
S.HDLC (Direct) (Phosphotungsstic Acid)	38.7	mg/dL	< 40 Low > 60 High
S.Triglyceride (GPO-POD)	66.9	mg/dL	< 150 mg/dl Normal 150-199 Boderline High 200-499 High > 500 Very High
S.VLDL (Calculated)	13.38	mg/dL	10-40 Normal
S.LDLC (Calculated)	51.92	mg/dL	< 100 Optimal 100-129 Near to above optimal 130-159 Boderline high 160-189 High >190 Very High
S.Cholesterol / HDLC Ratio (Calculated)	2.69		< 4 Normal 4-6 Borderline 6-8 Risklevel > 8 High Risk
S.LDLC / HDLC Ratio (Calculated)	1.34		< 3 Normal 3-4 Borderline 4-6 Risk Level > 6 High Risk
Cholesterol / HDLC Ratio (Calculated)	2.69		< 3.5 Normal
Triglyceride / HDLC Ratio (Calculated)	1.73		< 2 Normal > 4 Risk Level > 6 High Risk
Non HDLC (Calculated)	65.3		< 130 Normal 130 - 159 Near Normal 160 - 189 Borderline 190 - 219 Risklevel > 220 High Risk



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LIVER FUNCTION TEST

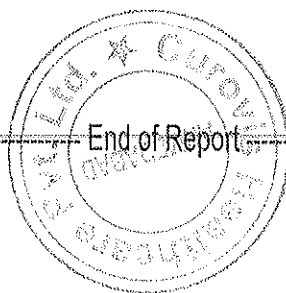
(Performed on Fully Auto DRY Chemistry Analyzer VITROS-250)

Test	Result	Unit	Biological Reference Interval
Sample Type: Serum			
S.Bilirubin			
Total Bilirubin (Azobilirubin)	0.60	mg/dl	0 - 1.2
Conjugated Bilirubin (Dual Wavelength spectrophotometric)	0.20	mg/dl	0 - 0.4
Unconjugated Bilirubin (Dual Wavelength spectrophotometric)	0.4	mg/dl	0.0 - 1.1
S.G.P.T. (ALT) (Kinetic with Pyridoxal 5-Phosphate)	23.9	IU/L	0 - 49
S.G.O.T. (AST) (Kinetic with Pyridoxal 5-Phosphate)	28.2	IU/L	Up to 46
S.ALP (Alkaline Phosphatase) (4-Nitrophenyl phosphate)	88.6	U/L	64 - 306
S.Protein			
Total Protein (Biuret)	7.13	gm/dl	6.3 - 8.2
Albumin (BCG)	4.63	gm/dl	3.5 - 5.2
Globulin (Calculated)	2.5	gm/dl	1.9 - 3.5
Albumin Globulin Ratio	1.85		
S.GammaGT (L-Gamma Glutamyl-4-Nitroanalide)	51.1	IU/L	12-43

SERUM LDH LEVEL

Test	Result	Unit	Biological Reference Interval
Sample Type: Serum			
LDH Activity (Lactate Dehydrogenase): Pyruvate to lactate Kinetic Method	171.17	U/L	120 - 246

#Tests Performed on Fully Auto DRY Chemistry Analyzer VITROS-250



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URINE ROUTINE ANALYSIS

Sample Type: Fresh Urine

Physical Examination
(Naked Eye Observation)

	Result	Biological Ref. Value
Amount	20 ml	>10 ml
Colour	Pale Yellow	Pale Yellow
Appearance	Clear	Clear

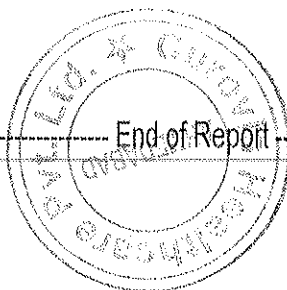
Chemical Examination

pH (Dip stick)	6.0	4.5-8.0
Specific Gravity (Bromothymol Blue)	1.000	1.002-1.030
Albumin (Tetrabromophenol)	Absent	Absent
Glucose (Specific Glucose Oxidase/Peroxidase)	Absent	Absent
Bilirubin (Azo-coupling reaction)	Absent	Absent
Acetone (Sodium Nitroprusside Reaction)	Absent	Absent
Urobilinogen (Modified Ehrlich Reaction)	Absent	Absent
Nitrites (Diazotization Reaction)	Absent	Absent

Microscopic Examination

(After centrifugation at 1500 RPM for 10min./hpf)

Pus Cells(WBCs)	8-10	Absent
Red Blood Cells(RBCs)	1-2	Absent
Epithelial cells	Occasional	
T.Vaginals	Absent	Absent
Spermatozoa	Absent	Absent
Casts	Absent	Absent
Crystals	Absent	Absent
Amorphous Material	Absent	Absent



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Electrocardiogram

Findings

Normal Sinus Rhythm.

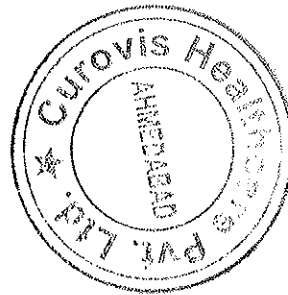
Within Normal Limit.

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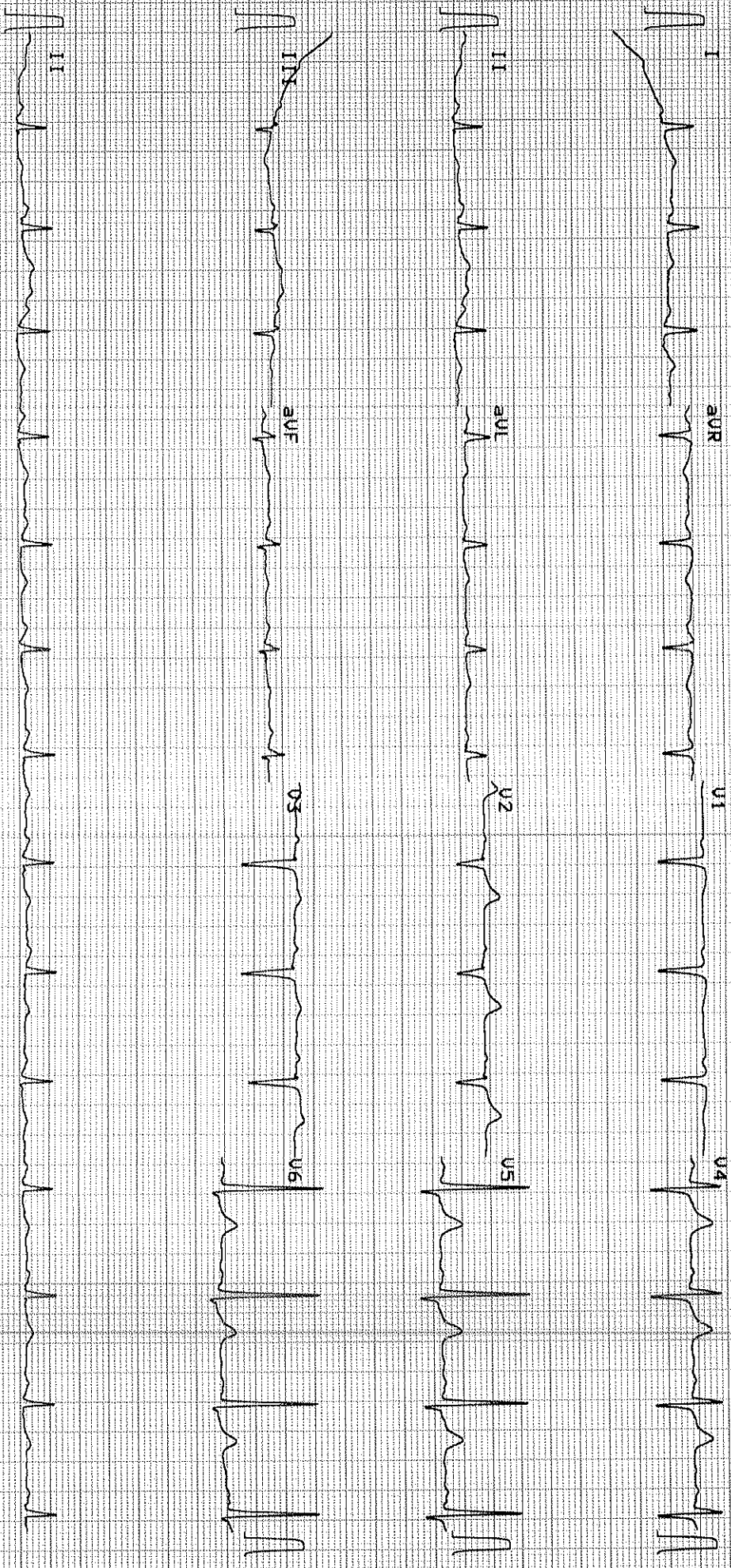

Dr Jinen M Shah
DNB (Medicine)FCCS (USA)

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Neha
 Mankad
 30
 Female
 51 years
 155 cm / 67 kg

HR 85/min
 Axis: P 42°, QRS 7°, T 28°
 Intervals: RR 709 ms, P 108 ms, PR 139 ms, QRS 84 ms, QT 356 ms, QTc 424 ms (Bazett)
 P (II) 0.08 mV, S (V1) - mV, R (V5) 1.88 mV, Sokol. 2.55 mV
 10 mm/mV



10 mm/mV
 25 mm/s

SCHILLER 0.05-25 Hz F50 SSF 585 26.02.2022 10:02:27

CURIOUS HEALTHCARE

M3 Mankad

Part No. 2.157017M
 RT-102plus 1.24 C
 098

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2D Echo Colour Doppler

OBSERVATION:

2 D Echo and color flow studies were done in long and short axis, apical and Sub coastal views.

1. Normal LV size. No RWMA at rest.
2. Normal RV and RA. Mild Concentric LVH.
3. All Four valves are structurally normal.
4. Good LV systolic function. LVEF = 60%.
5. Stage I diastolic dysfunction.
6. Trivial TR. Mild MR. No AR.
7. Mild PAH. RVSP = 38 mmHG.
8. Intact IAS and IVS.
9. No Clot, No Vegetation.
10. No pericardial effusion.

CONCLUSION

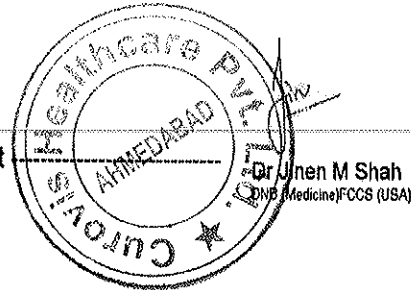
1. Normal LV size with Good LV systolic function.
2. Mild Concentric LVH . Stage I diastolic dysfunction
3. Trivial TR with Mild PAH. Mild MR. No AR
4. No RWMA at rest.

This echo doesn't rule out any kind of congenital cardiac anomalies.

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X RAY CHEST PA

Both lung fields appear clear.

No evidence of any active infiltrations or consolidation.

Cardiac size appears within normal limits.

Both costo-phrenic angles appear free of fluid.

Both domes of diaphragm appear normal.

COMMENT: No significant abnormality is detected.

----- End of Report -----

Atul Patel

Dr. Atul Patel

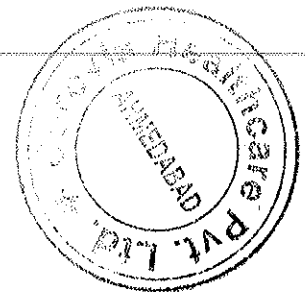
MD Radio-Dignosis

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USG ABDOMEN

Liver appears normal in size , show homogenous parenchymal echo. No evidence of focal solid or cystic lesion seen. No evidence of dilatation of intra-hepatic biliary or portal radicals. PV is normal in caliber.

Gall bladder is normally distended. No evidence of calculus or mass seen. Gall bladder wall thickness appears normal.

Pancreas Visualized portion appears normal in size and echopattern. No evidence of focal lesions.

Spleen appears normal in size & echopattern. No evidence of focal lesions.

Both kidney are normal in size, shape and position. C.M. differentiation on both sides is maintained. No evidence of hydronephrosis, calculus or solid mass seen.

Urinary bladder contour is normal, no calculus or wall thickening seen.

Uterus appears normal. No adnexal mass is seen.

No evidence of free fluid in peritoneal cavity.
No evidence of para-aortic lymph adenopathy.
No evidence of dilated small bowel loops,

COMMENTS :
Normal study.

----- End of Report -----

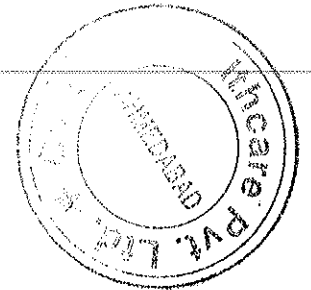
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MAMMO-SONOGRAPHY

Dedicated lowdose digital mammography with Craniocaudal and media lateral oblique view was performed.

Fibroglandular breast parenchyma is replaced by fatty tissue.
No evidence of mass or architectural distortion is seen.
No evidence of skin thickening or nipple retraction is seen.
No vascular calcification seen .
No axillary lymphnodes seen.

COMMENT :

- Fibroglandular breast parenchyma is replaced by fatty tissue.
- **No significant abnormality detected. (BIRADS - I).**
- No direct or indirect sign of malignancy seen.

BIRADS Categories :

- 0 Need imaging evaluation.
I **Negative**
II Benign finding
III probably benign finding.
IV Suspicious abnormality.
V Highly suggestive of malignancy.

The false negative mammography is approximately 10%. Management of a palpable abnormality must be based upon clinical grounds.

----- End of Report -----

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Dr. Atul Patel

MD Radio-Dignosis

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Eye Check - Up

RIGHT EYE

SP: +0.00
CY: -0.75
AX: 144

LEFT EYE

SP: +0.50
CY: -0.75
AX: 26

	Without Glasses	With Glasses
Right Eye	6/6	6/5
Left Eye	6/6	6/5

Near Vision: Right Eye -N/6, Left Eye - N/6

Fundus Examination: Within Normal Limits.

Colour Vision: Normal

Comments: Normal

Dr.Kejal Patel
MB,DO(Ophth)

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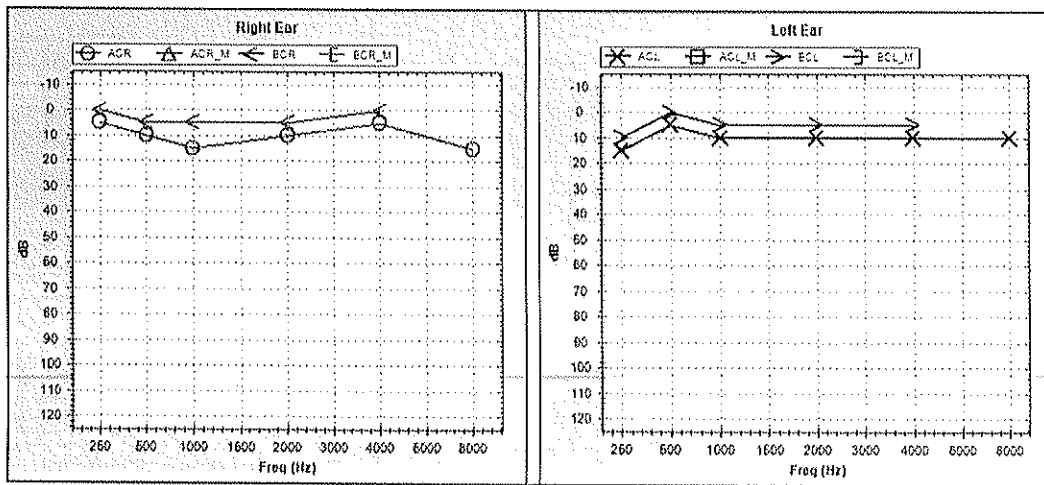


CLIENT NAME: - NEHA MANKAD.

AGE:- 52Y/ F

DATE:- 26/02/2022.

AUDIOGRAM



EAR	MODE	Air Conduction		Bone Conduction		Colour Code	Threshold In dB	RIGHT	LEFT
		Masked	UnMasked	Masked	UnMasked				
LEFT		□	×	□	>	Blue	AIR CONDUCTION	10.5	10.5
RIGHT		△	○	□	<	Red	BONE CONDUCTION		
NO RESPONSE : Add ↓ below the respective symbols							SPEECH		

Comments:-

Bilateral Hearing Sensitivity Within Normal Limits.

