

Name : Mrs. KABITA SAHA (50 /F)

Date : 24/06/2022

Address : 3/13, GORASTHAN ROAD, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by:

UHID : AMHL.0001974908

Package : MEDI WHEEL FULL BODY HCK - FEMALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH150698



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

Present known illness

No history of : - Diabetes mellitus, Heart disease, Asthma
Hypertension : Since - 2 years; Medication - regular



DRUG ALLERGY

NO KNOWN ALLERGY

:25/06/2022



SYSTEMIC REVIEW

Cardiovascular system

High blood pressure - yes; Medication - yes

Respiratory system

- Nil Significant

Gastrointestinal system

Appetite - normal; Dyspepsia - yes; Symptoms - flatulence; Bowel habits - regular

Genitourinary system

Frequency - normal

Gynaec history

Last child birth - 24 years; No of deliveries - P2+3 (twin); Menopause - yes; Since - 5 years

Central nervous system

Sleep - insomnia

Eyes

Vision - normal with glasses; Glasses - yes

ENT

- Normal hearing

Musculoskeletal system

Spine and joints
Knee (bilateral) - pain

Skin

- Nil Significant

Weight

- stable



Present medications

- Tab. Telma (40 mg) - once daily.



Past medical history

Past medical history - nil significant



Surgical history

Tubal ligation - Yes.



Personal history

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Marital status - Married
No. of children - 3
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Moderate

Breath sounds - Normal vesicular breath sounds

Family history

Father - has expired
Aged - At 57 years
- Pulmonary cause.
Mother - alive
Brothers - 4
Sisters - 1
Diabetes - sister, brother
Coronary artery disease - none
Cancer - None

Abdomen

Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - Present.

Central nervous system

- No neurological deficit

Skin

- No significant finding

Musculo Skeletal System

- No significant finding

PHYSICAL EXAMINATION

General

Build - Healthy.
Height - 153 Cm
Weight - 48 Kg
BMI - 20.5
Pallor - No
Oedema - no

Cardiovascular system

Heart rate (Per minute) - 84
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 150
Diastolic(mm of Hg) - 99
Heart sounds - S1S2+

Respiratory system

Printed By : AVIJIT DAS

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URINE ROUTINE AND MICROSCOPY

| Test Name | Result | Unit | Level | Range |
|------------------|--|-------------|-------|-------|
| Volume: | 30 | mL | | |
| Colour: | Pale Straw | | | |
| Appearance | Slightly Turbid | | | |
| Specific Gravity | 1.020 | | | |
| pH: | 6.0 | | | |
| Albumin: | Not Detected | | | |
| Glucose | Not Detected | | | |
| Ketone: | Not Detected | | | |
| Bile Pigments | Not Detected | | | |
| RBC | Nil | /hpf | | |
| Pus Cells | Occasional | /hpf | | |
| Epithelial Cells | 1-2 | /h.p.f /hpf | | |
| Casts: | Not Found | | | |
| Crystals: | Not Found | | | |
| Note | Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf. | | | |

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

| Test Name | Result | Unit | Level | Range |
|------------------------------|--------|------|-------|-------|
| URINE GLUCOSE(POST PRANDIAL) | Nil | | | |

URINE SUGAR- FASTING(QUALITATIVE)

| Test Name | Result | Unit | Level | Range |
|------------------------|--------|------|-------|-------|
| URINE GLUCOSE(FASTING) | Nil | | | |

GLUCOSE - PLASMA (POST PRANDIAL)

| Test Name | Result | Unit | Level | Range |
|----------------------------------|--------|-------|-------|--------|
| GLUCOSE - PLASMA (POST PRANDIAL) | 120 | mg/dL | ● | 70-140 |

PAP SMEAR /CERVICAL SMEAR

Ref No:
AG01.C2203525
SPECIMEN TYPE:
Conventional cervical smear (Pap) x 1

SPECIMEN ADEQUACY:

Satisfactory for evaluation with endocervical cells and Metaplastic cells

INTERPRETATION/RESULT:

Negative for intraepithelial lesion or malignancy, cellular changes associated with Atrophy.

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND BREAST BILATERAL

* Scanty glandular extension right axilla.

* Otherwise both breasts sonographic study within normal limits.

BI-RADS category - 2 (benign).

Dr. TANDRA SARKAR

MBBS, DMRE, DNB (RADIOLOGIST), MNAMS
CONSULTANT RADIOLOGIST
Reg. No. 49319 (WBMC)

ULTRASOUND SCREENING WHOLE ABDOMEN

* No significant abnormality is noted.

X-RAY CHEST PA

* Chest skiagram does not reveal any significant abnormality.



Within Normal Range



Borderline High/Low



Out of Range

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INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & RADIOLOGY)

Blood Bank - 2 Services

BLOOD GROUPING AND TYPING (ABO AND RH)

Biochemistry

BUN (BLOOD UREA NITROGEN)

Haematology

STOOL ROUTINE

Biochemistry

ALBUMIN - SERUM

CREATININE - SERUM

URIC ACID - SERUM

A/G - RATIO

PROTEIN TOTAL - SERUM

AST (SGOT) - SERUM

TSH: THYROID STIMULATING HORMONE - SERUM

TOTAL T3: TRI IODOTHYRONINE - SERUM

ALT(SGPT) - SERUM

BILIRUBIN, TOTAL - SERUM

Haematology

ERYTHROCYTE SEDIMENTATION RATE (ESR)

Biochemistry

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

ALKALINE PHOSPHATASE - SERUM

Haematology

COMPLETE HAEMOGRAM

Biochemistry

TRIGLYCERIDES - SERUM

GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM

BILIRUBIN CONJUGATED (DIRECT) - SERUM

CHOLESTEROL - SERUM

TOTAL T4: THYROXINE - SERUM

GLUCOSE - PLASMA (FASTING)



Within Normal Range



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Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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