



MODERN PATHOLOGY & DIAGNOSTIC CENTRE

Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



CLINIC :

1/4A, Vineet Khand, (Opp Jaipuria Management)
Gomti Nagar, Lucknow - 226 010
Ph.: 0522-4008184, 4308184 • 8112323230
Mob.: 7618884441, 9450389932, 8177063877

DATE : 22/09/2023

NAME : Mr Ankit Srivastava

GEN : 32 SEX : M

HEIGHT : 168 CMS

WEIGHT : 77 KGS

BMI : 27.3

Blood Pressure : 110/80

Dr. Smita Rastogi
Dr. Smita Rastogi
M.B.B.S., DCP
Reg. No. 37370



Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)

Dr. Smita Rastogi
M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

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भारत सरकार
INDIA

Download Date: 03/10/2020



अंकित श्रीवास्तव
Ankit Srivastava
जन्म तिथि/DOB: 14/05/1991
पुरुष/ MALE
Mobile No: 9889780833

Issue Date: 04/11/2017

8674 8781 8508

मेरा आधार, मेरी पहचान



भारतीय विशिष्ट पहचान प्राधिकरण
INDIA AUTHORITY OF INDIA

AADHAAR

पता:
S/O राजीव, स्टेशन रोड, निकट आर.पी.एफ कॉलोनी,
कटेहली, बंकी, बाराबंकी,
उत्तर प्रदेश - 225001

Address :
S/O Rajeev, STATION ROAD, NIKET R.P.F
COLONI, KATEHALI, banki, Barabanki,
Uttar Pradesh - 225001



8674 8781 8508

1947 help@uidai.gov.in www.uidai.gov.in P.O. Box No. 1947, Bengaluru-560 001

You have been informed that ent Dental diet consultation facility is not available at our centre. If you are ready then your test can be start

A handwritten signature in blue ink, appearing to be 'A. S.', located below the printed text.

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

Gomti Nagar Lucknow

Report



ANKIT SRIVASTAVA / 32 Yrs / M / 168 Cms / 77 Kg
 Date: 22 - 09 - 2023 Refd By : APOLLO HEALTH Examined By:

| Stage | Time | Duration | Speed(Kmph) | Elevation | METs | Rate | % THR | BP | RPP | PVC | Comments |
|---------------|-------|----------|-------------|-----------|------|------|-------|--------|-----|-----|----------|
| Supine | 00:03 | 0:03 | 00.0 | 00.0 | 01.0 | 063 | 34 % | 110/80 | 069 | 00 | |
| Standing | 00:07 | 0:04 | 00.0 | 00.0 | 01.0 | 063 | 34 % | 110/80 | 069 | 00 | |
| HV | 00:11 | 0:04 | 00.0 | 00.0 | 01.0 | 060 | 32 % | 110/80 | 066 | 00 | |
| ExStart | 01:01 | 0:50 | 00.0 | 00.0 | 01.0 | 063 | 34 % | 110/80 | 069 | 00 | |
| BRUCE Stage 1 | 04:01 | 3:00 | 02.7 | 10.0 | 04.7 | 110 | 59 % | 126/86 | 138 | 00 | |
| BRUCE Stage 2 | 07:01 | 3:00 | 04.0 | 12.0 | 07.1 | 137 | 73 % | 130/90 | 178 | 00 | |
| PeakEx | 07:40 | 0:39 | 05.5 | 14.0 | 07.8 | 157 | 84 % | 136/94 | 213 | 00 | |
| Recovery | 08:40 | 1:00 | 00.0 | 00.0 | 01.2 | 136 | 72 % | 132/92 | 179 | 00 | |
| Recovery | 09:40 | 2:00 | 00.0 | 00.0 | 01.0 | 089 | 47 % | 126/90 | 112 | 00 | |
| Recovery | 10:40 | 3:00 | 00.0 | 00.0 | 01.0 | 099 | 53 % | 122/86 | 120 | 00 | |
| Recovery | 10:53 | 3:13 | 00.0 | 00.0 | 01.0 | 098 | 52 % | 122/86 | 119 | 00 | |

FINDINGS :

Exercise Time : 06:39
 Max HR Attained : 157 bpm 84% of Target 188
 Max BP Attained : 136/94 (mm/Hg)
 Max WorkLoad Attained : 7.8 Fair response to induced stress
 Test End Reasons : Test Complete

REPORT :

CONCLUSIONS:

1. STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE.

Dr. AMRIT KUMAR HAN MD
 Reg. No. 44559

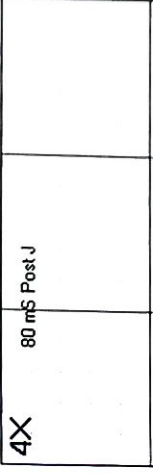
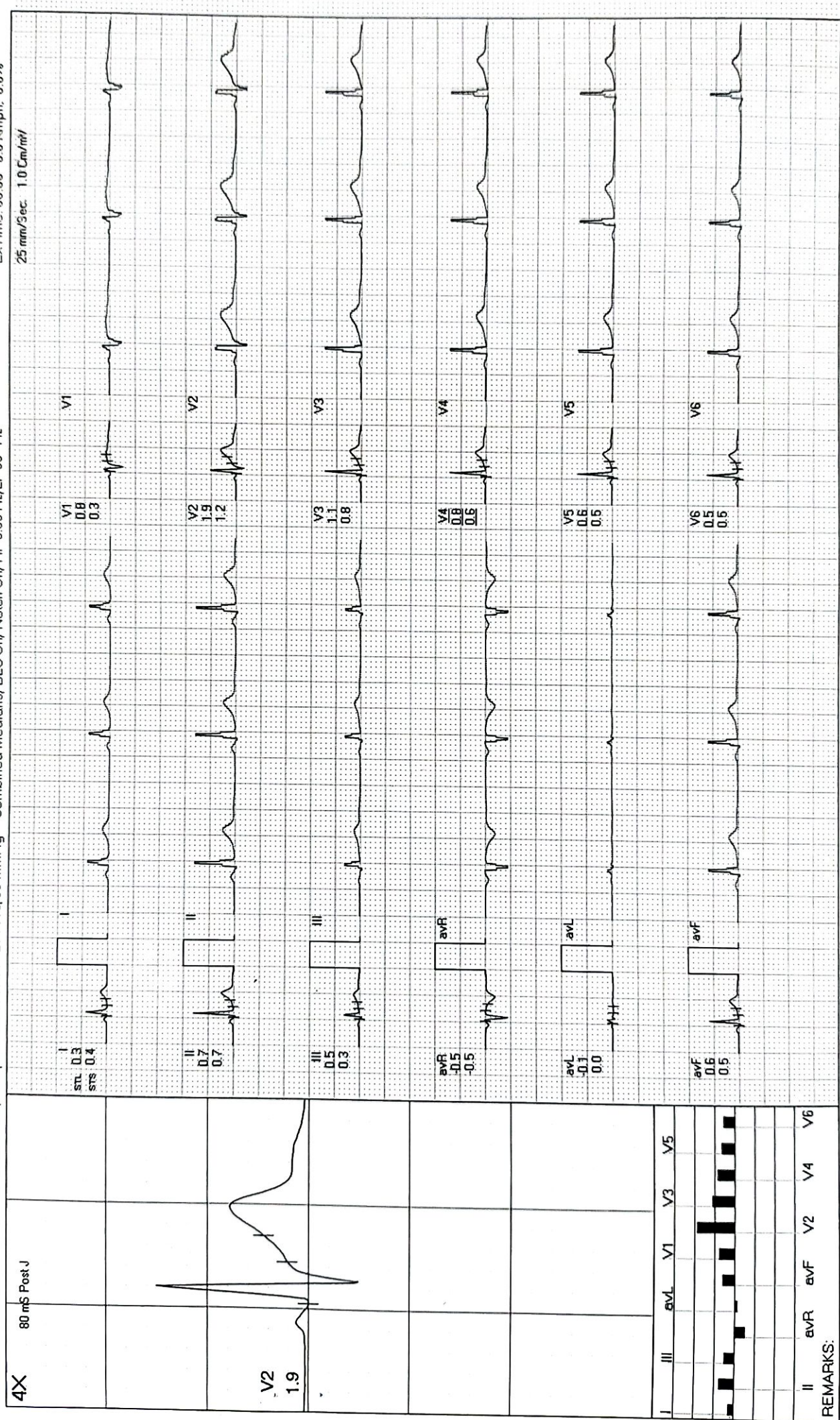


BRUCE:Supine(0:05)

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ANIKIT SRIVASTAVA / 32 Yrs / M / 168 Cms / 77 Kg / HR : 63

Date: 22-09-2023 METS: 1.0/63 bpm 34% of THR BP: 110/80 mmHg Combined Medians/BLC On/ Notch On/HF 0.05 Hz/LF 35 Hz ExtTime: 00:00 0.0 Kmph, 0.0% 25 mm/3sec. 1.0 Cm/mf/



| Lead | I | II | III | aVR | aVL | aVF | V1 | V2 | V3 | V4 | V5 | V6 |
|----------------------------|---|----|-----|-----|-----|-----|----|-----|----|----|----|----|
| ST Segment Depression (mm) | | | | | | | | 1.9 | | | | |

REMARKS:

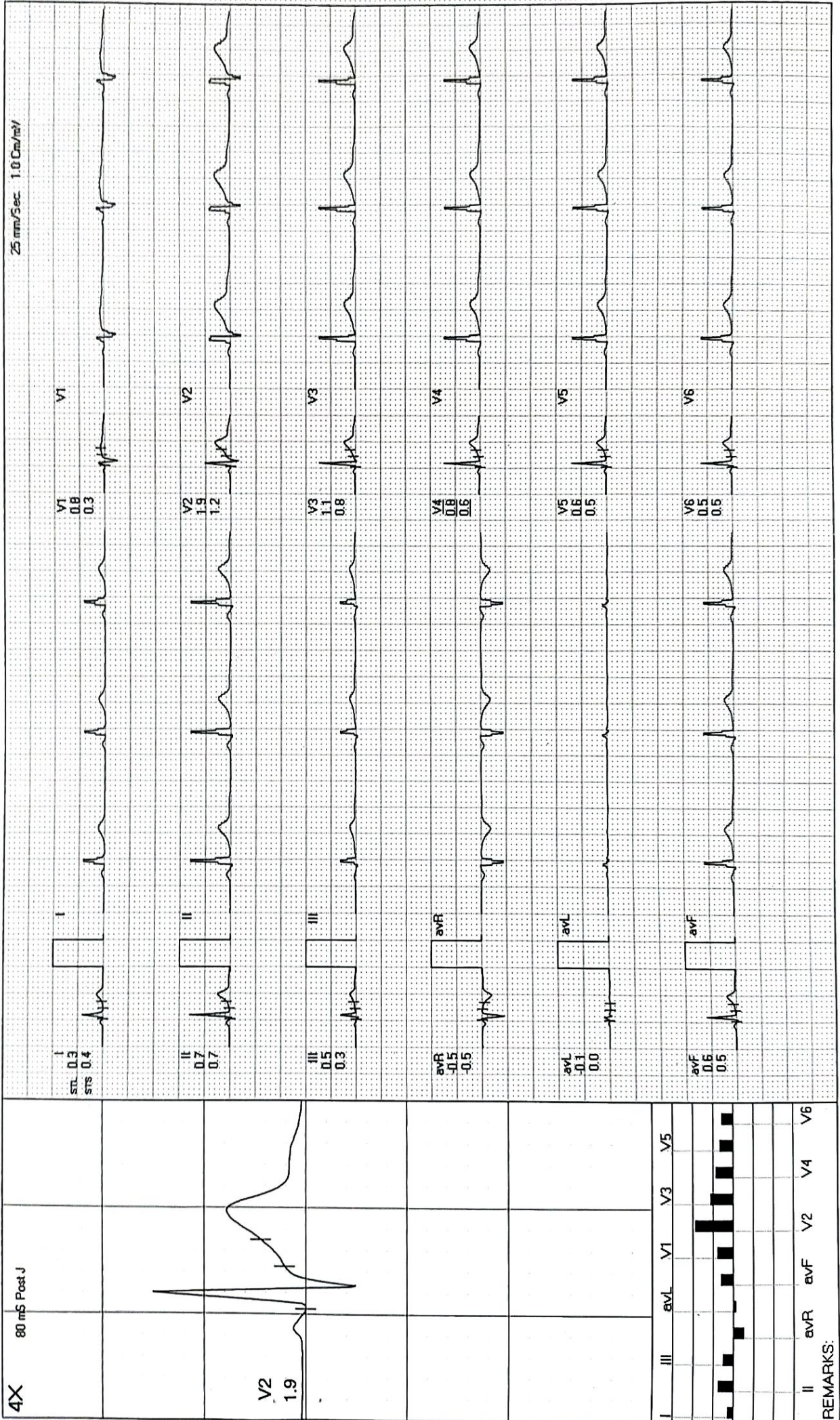
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ANKIT SRIVASTAVA / 32 Yrs / M / 168 Cms / 77 Kg / HR : 63

BRUCE: Standing(0:04)



Date: 22-09-2023 METS: 1.0/ 63 bpm 34% of THR BP: 110/80 mmHg Combined Medians/BLC Or/ HF 0.05 Hz/LF 35 Hz ExTime: 00:00 0.0 Kmph. 0.0%



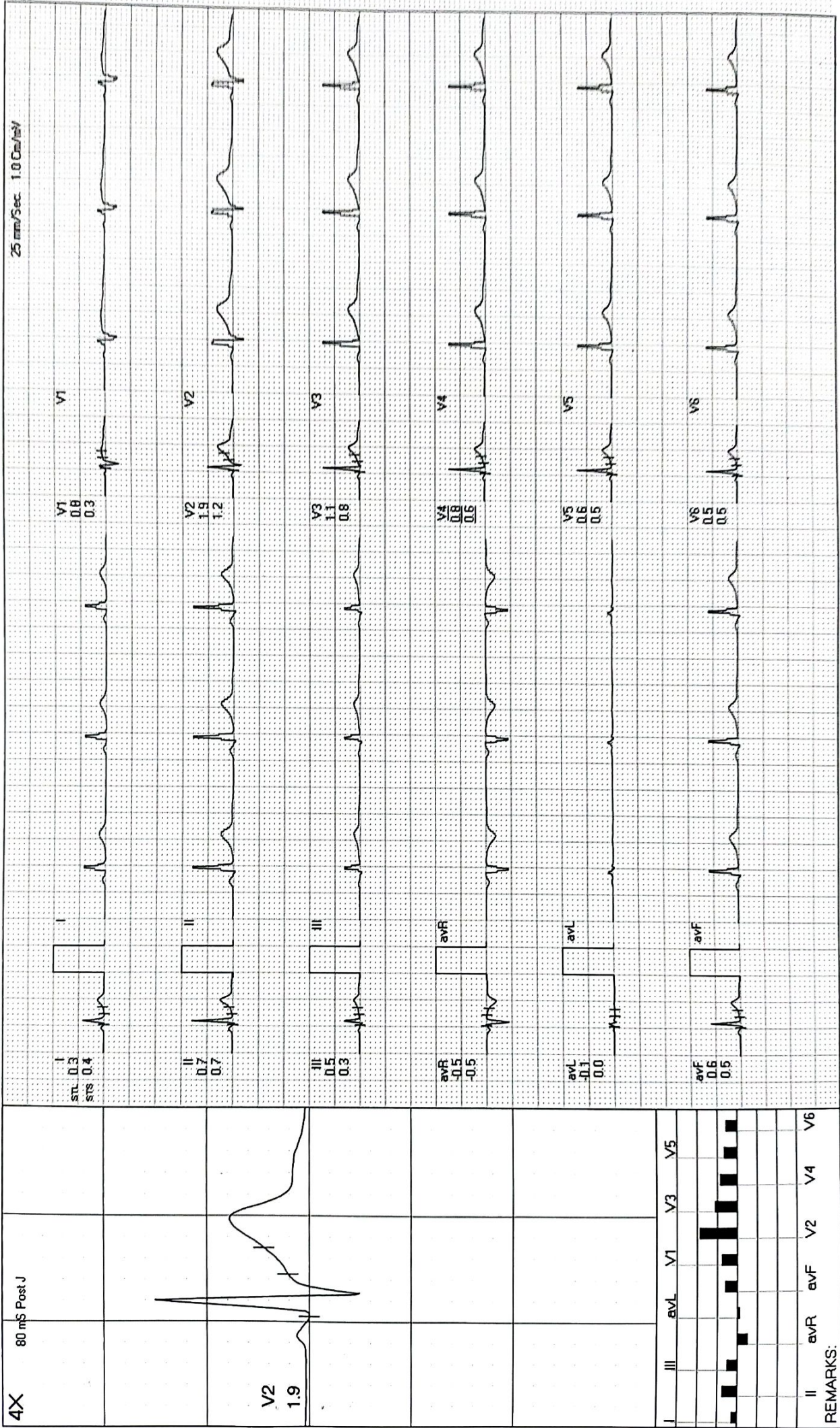
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ANKIT SRIVASTAVA / 32 Yrs / M / 168 Cms / 77 Kg / HR : 60

BRUCE:HV(0:06)



Date: 22-09-2023 METS: 1.0/ 60 bpm 32% of THR BP: 110/80 mmHg Combined Medians/BLC On/ HF 0.05 Hz/LF 35 Hz ExTime: 00:00 0.0 Kmph 0.0%



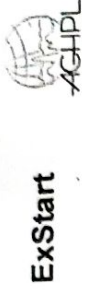
4X 80 mS Post J

V2 1.9

REMARKS:

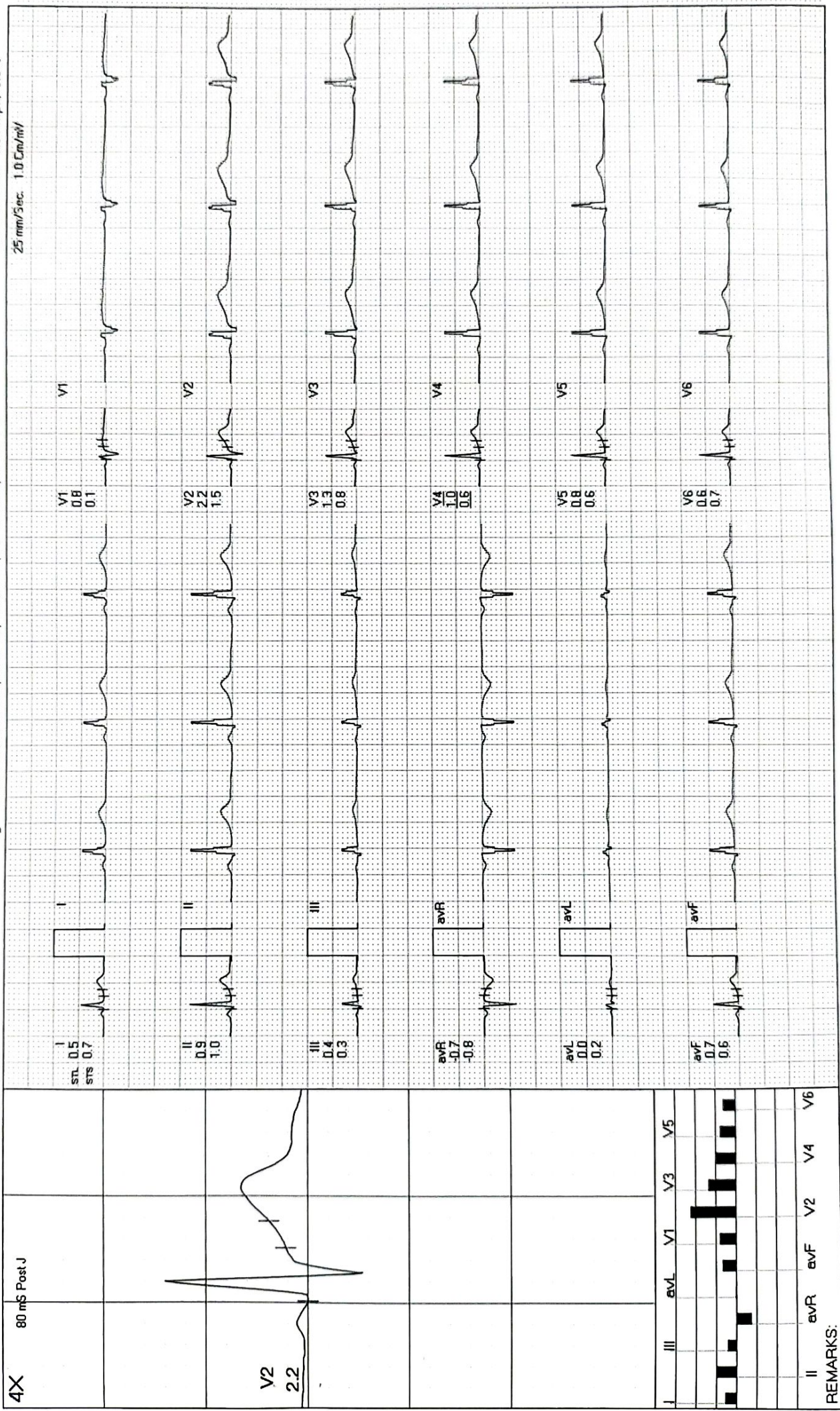
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ANKIT SRIVASTAVA / 32 Yrs / M / 168 Cms / 77 Kg / HR : 63



ExStart

Date: 22-09-2023 METS: 1.0/63 bpm 34% of THR BP: 110/80 mmHg Combined Medians/BLC On/ HF 0.05 Hz/LF 35 Hz ExTime: 00:00 0.0 Krph. 0.0%



REMARKS:

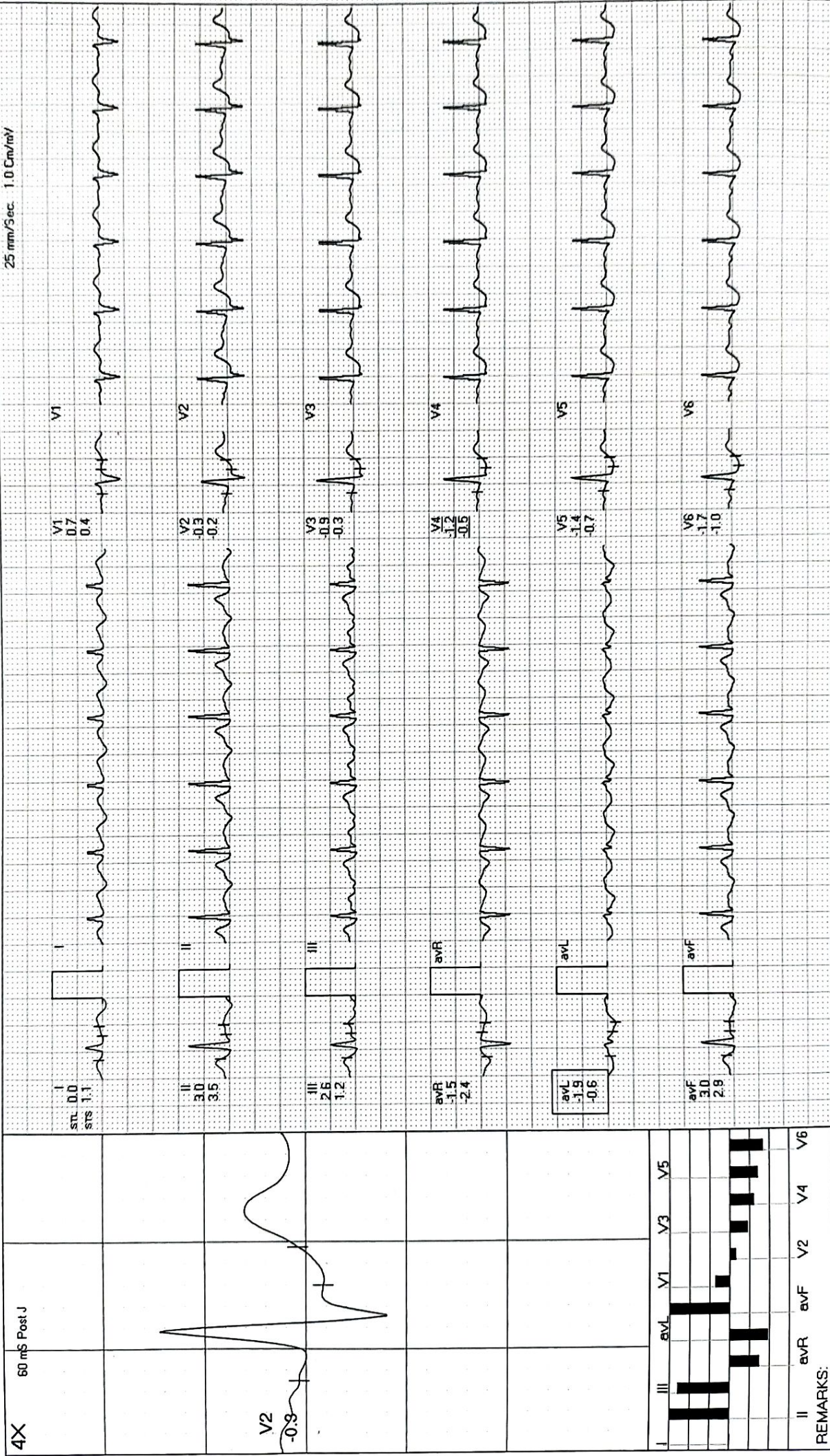
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ANKIT SRINIVASTAVA / 32 Yrs / M / 168 Cms / 77 Kg / HR : 110

BRUCE: Stage 1 (3:00)



Date: 22-09-2023 METS: 4.7/110 bpm 59% of THR BP: 126/86 mmHg Combined Medians/BLC On/ HF 0.05 Hz/LF 35 Hz ExTime: 03:00 2.7 Kmph, 10.0%
 25 mm/Sec. 1.0 Cm/mV



REMARKS:

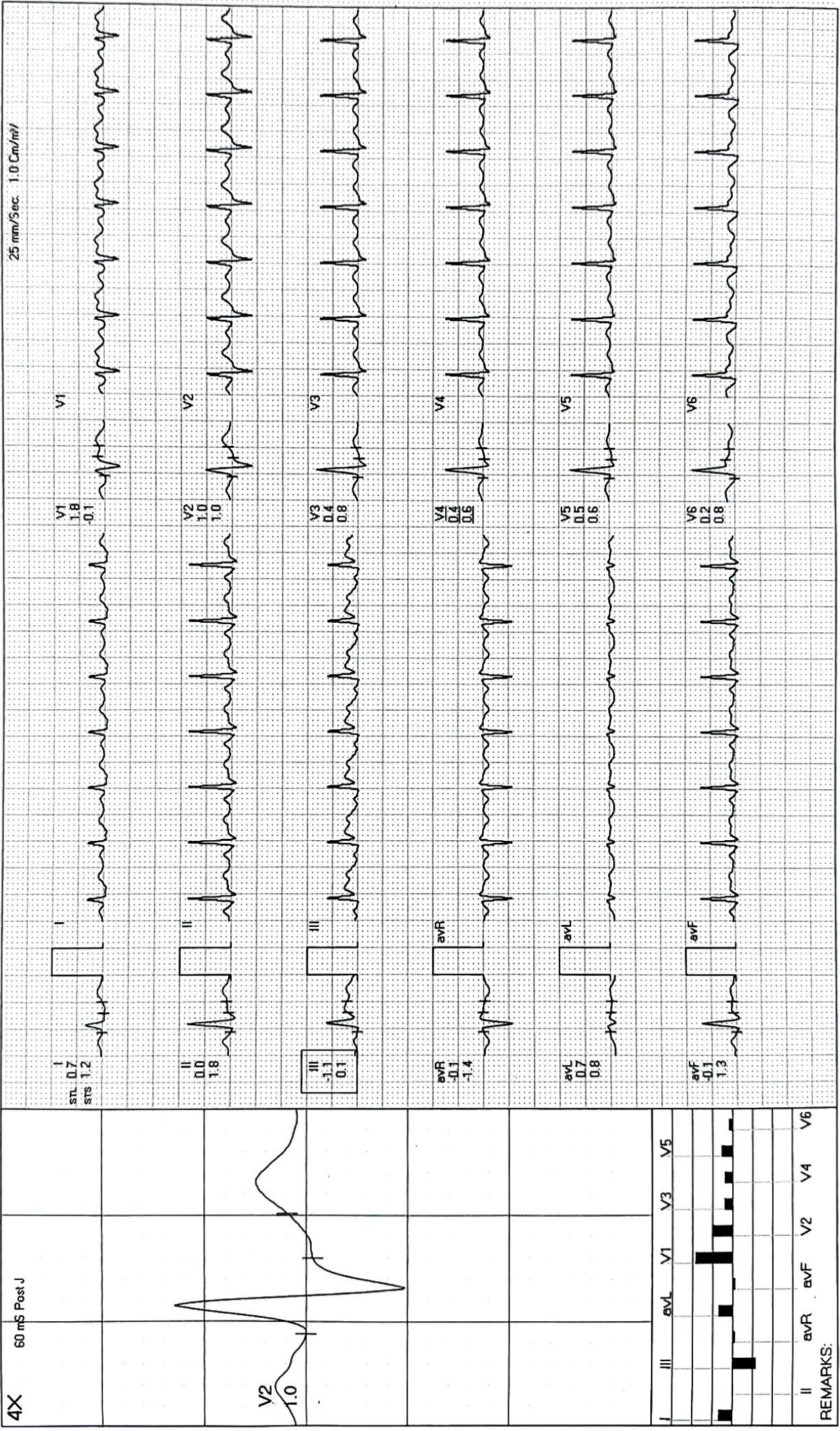
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ANKIT SRIVASTAVA / 32 Yrs / M / 168 Cms / 77 Kg / HR : 137

BRUCE: Stage 2(3:00)



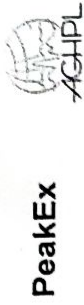
Date: 22 - 09 - 2023 METS: 7.1 / 137 bpm 73% of THR BP: 130/90 mmHg Combined Medians/BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz ExTime: 06:00 4.0 Kmph, 12.0%



REMARKS:

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ANKIT SRIVASTAVA / 32 Yrs / M / 168 Cms / 77 Kg / HR : 157



PeakEx

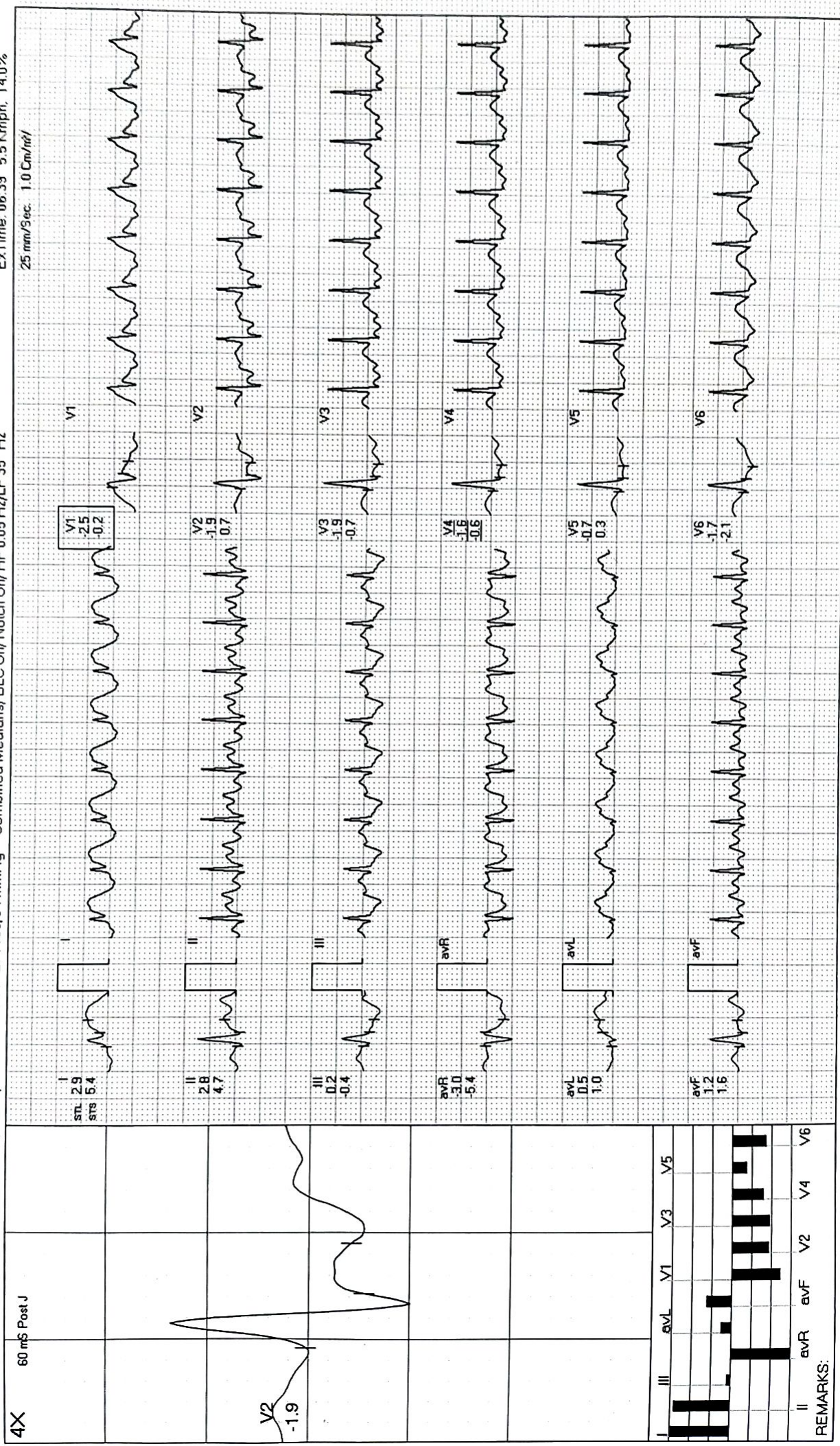
Date: 22 - 09 - 2023

METS: 7.8 / 157 bpm 84% of THR BP: 136/94 mmHg Combined Medians/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 06:39 5.5 Krph, 14.0%

4X 60 ms Post J

25 mm/Sec. 1.0 Cm/mf



REMARKS:

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ANKIT SRIVASTAVA / 32 Yrs / M / 168 Cms / 77 Kg / HR : 136

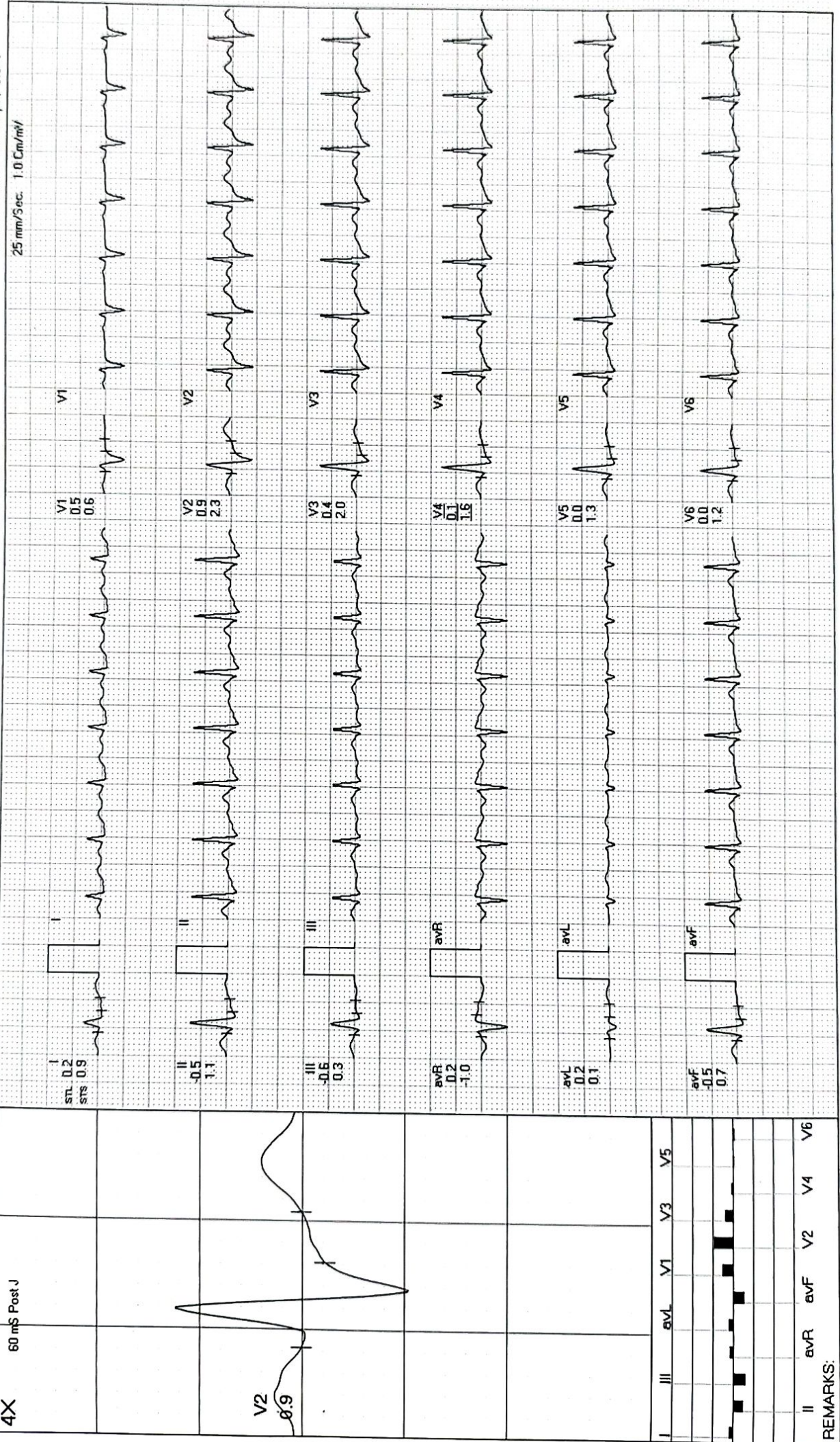
Recovery(1:00)



Date: 22 - 09 - 2023

METS: 1.2/136 bpm 72% of THR BP: 132/92 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 06:39 0.0 Kmph. 0.0%



MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ANKIT SRIVASTAVA / 32 Yrs / M / 168 Cms / 77 Kg / HR : 89

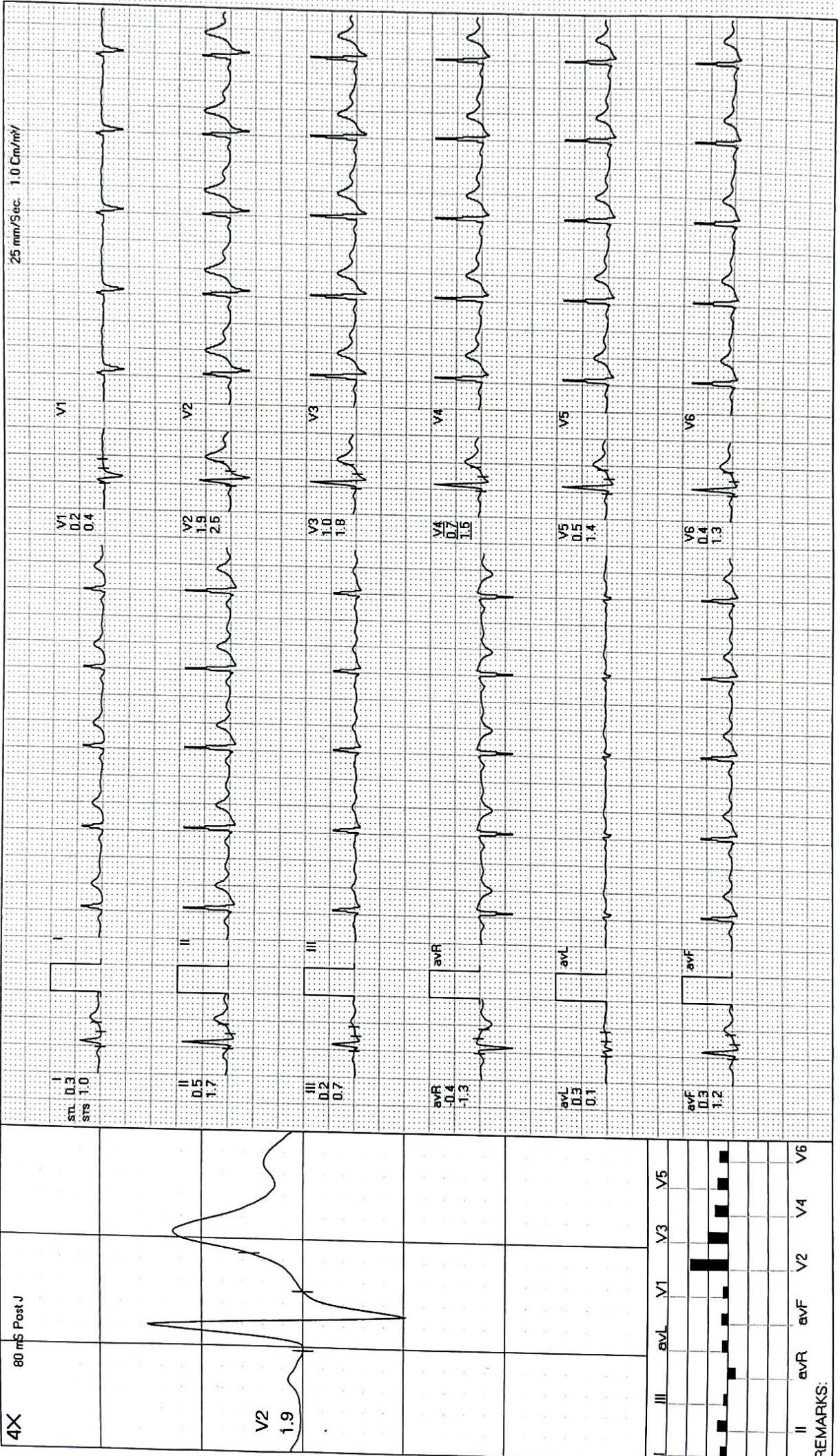
Recovery(2:00)



Date: 22 - 09 - 2023

METS: 1.0 / 89 bpm 47% of THR BP: 126/90 mmHg Combined Medians/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 06:39 0.0 Kmph. 0.0%



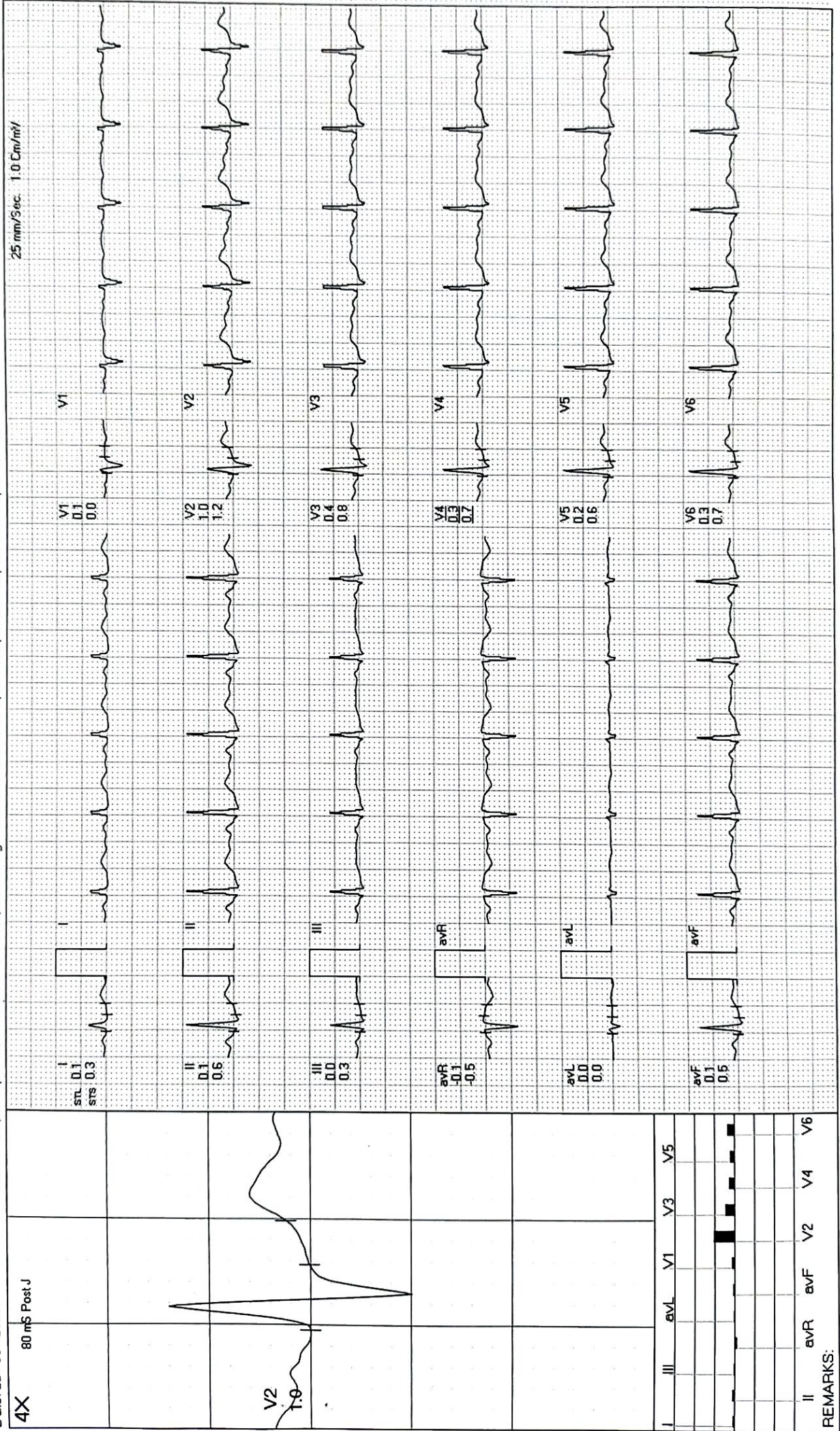


Recovery(3:00)

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ANKIT SRIVASTAVA / 32 Yrs / M / 168 Cms / 77 Kg / HR : 99

Date: 22-09-2023 METS: 1.0/99 bpm 53% of THR BP: 122/86 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime: 06:39 0.0 Kmph, 0.0%



REMARKS:

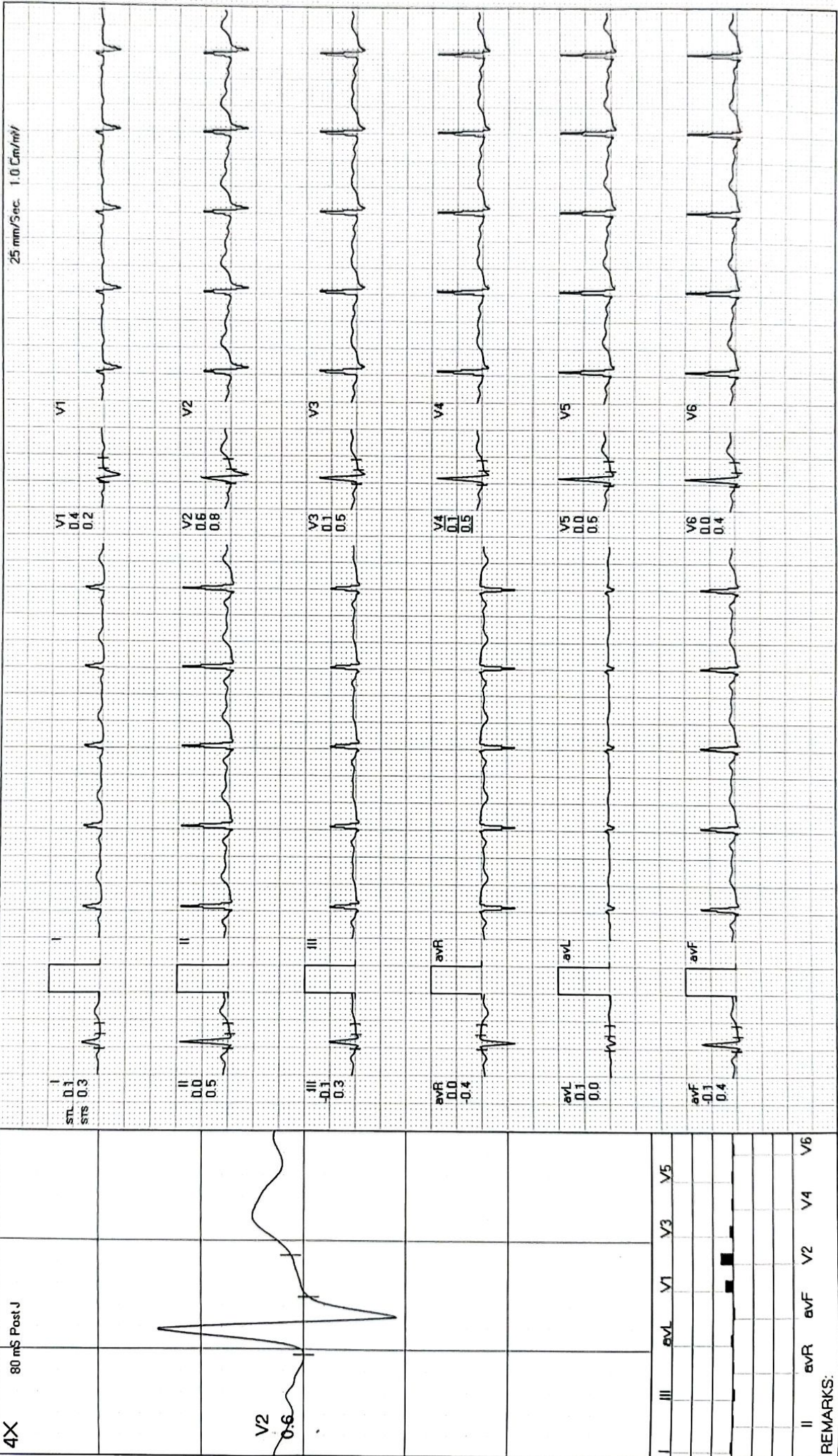
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ANKIT SRIVASTAVA / 32 Yrs / M / 168 Cms / 77 Kg / HR : 98

Recovery(3:13)



Date: 22-09-2023 METS: 1.0/ 98 bpm 52% of THR BP: 122/86 mmHg Combined Medians/BLC On/ HF 0.05 Hz/LF 35 Hz ExTime: 06:39 0.0 Kmph, 0.0%



REMARKS:



MODERN PATHOLOGY & DIAGNOSTIC CENTRE

Dr. R. P. Rastogi
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Mob.: 7618884441, 9450389932, 8177063877

| | | |
|--|------------------|----------------------|
| TEST REQUEST ID :012309220022 | SAMPLE DATE | :22/Sep/2023 09:28AM |
| NAME :Mr. ANKIT SRIVASTAVA | SAMPLE REC. DATE | :22/Sep/2023 09:28AM |
| AGE/SEX :32 YRS/MALE | REPORTED DATE | :22/Sep/2023 12:34PM |
| REFERRED BY : Apollo Health and Lifestyle Limited, | BARCODE NO | :01220022 |

USG WHOLE ABDOMEN-MALE

Liver: is normal in size (118 mm in c/c span). Parenchymal echogenicity is normal. No focal echovariant lesion is seen. Intrahepatic biliary radicles are not dilated. Portal vein is normal in diameter.

Gall Bladder: is well distended. Lumen is anechoic. Wall is of normal thickness.

CBD: is normal in diameter.

Pancreas: is normal in size, shape and echotexture. No focal echovariant lesion is seen. Pancreatic duct is not dilated.

Spleen: is normal in size (95 mm), shape and echotexture. No focal echovariant lesion is seen. Splenic vein is normal.

Both Kidneys: are normal in size (RK- 106 x 47 mm & LK – 101 x 44 mm), shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst, or calculi is seen. Pelvicalyceal systems are not dilated. Ureters are not dilated.

Urinary bladder: is well distended. Lumen is anechoic. Wall is of normal thickness. No mass or calculus is seen.

Prostate: is normal in size (28 x 27 x 27 mms, wt = 11 gms), shape and echotexture. No focal echovariant lesion is seen. Prostatic capsule appears to be intact. Median lobe is not projecting in UB lumen. Both seminal vesicles appear normal.

There is no free fluid in peritoneal cavity.

Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)

Dr. Smita Rastogi
M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

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DR. PANKAJ UPADHYAYA
Consultant Radiologist



MODERN PATHOLOGY & DIAGNOSTIC CENTRE

DIAGNOSTIC CENTRE
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| AGE/SEX :32 YRS/MALE | REPORTED DATE | :22/Sep/2023 12:34PM |
| REFERRED BY : Apollo Health and Lifestyle Limited, | BARCODE NO | :01220022 |

OPINION:

NO SIGNIFICANT ABNORMALITY DETECTED.

Please correlate clinically.

*** End Of Report ***

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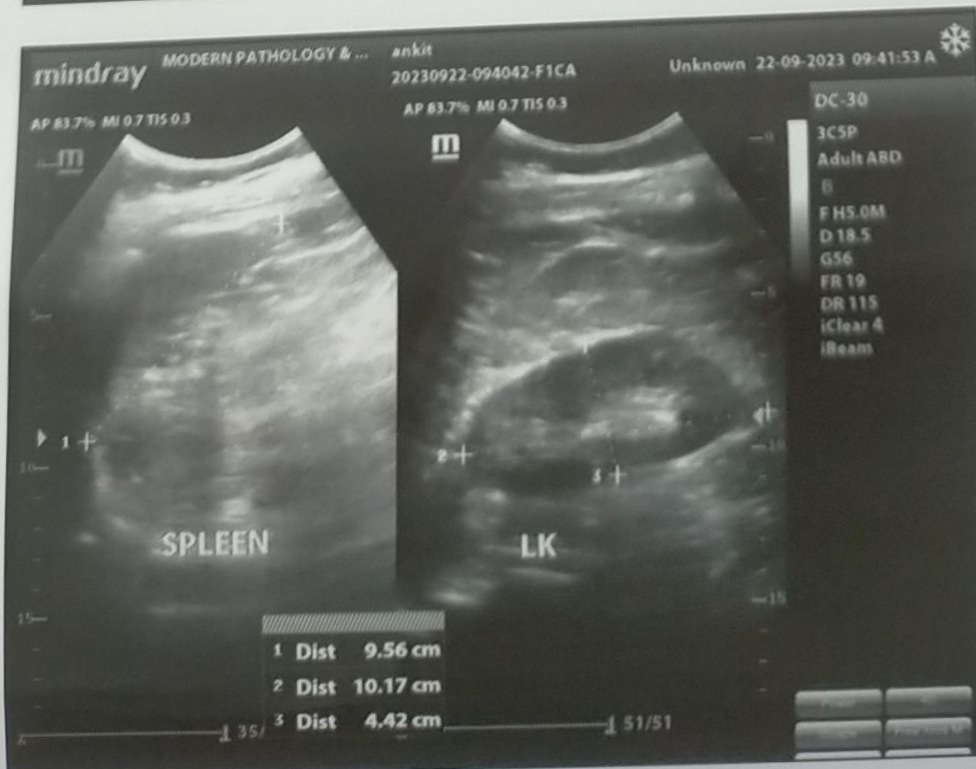
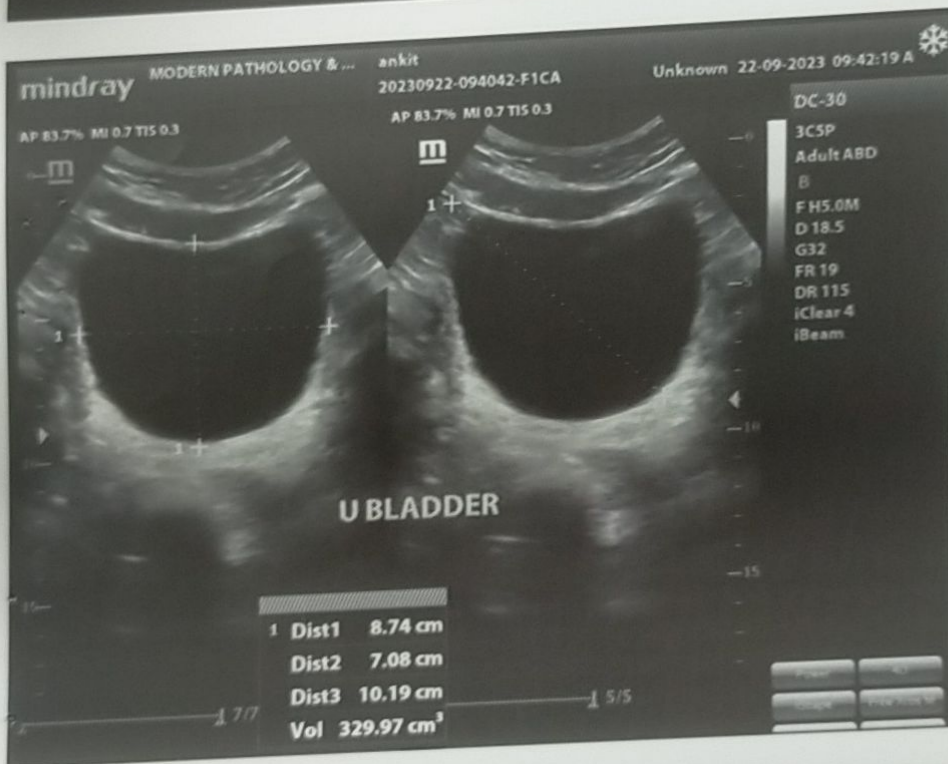
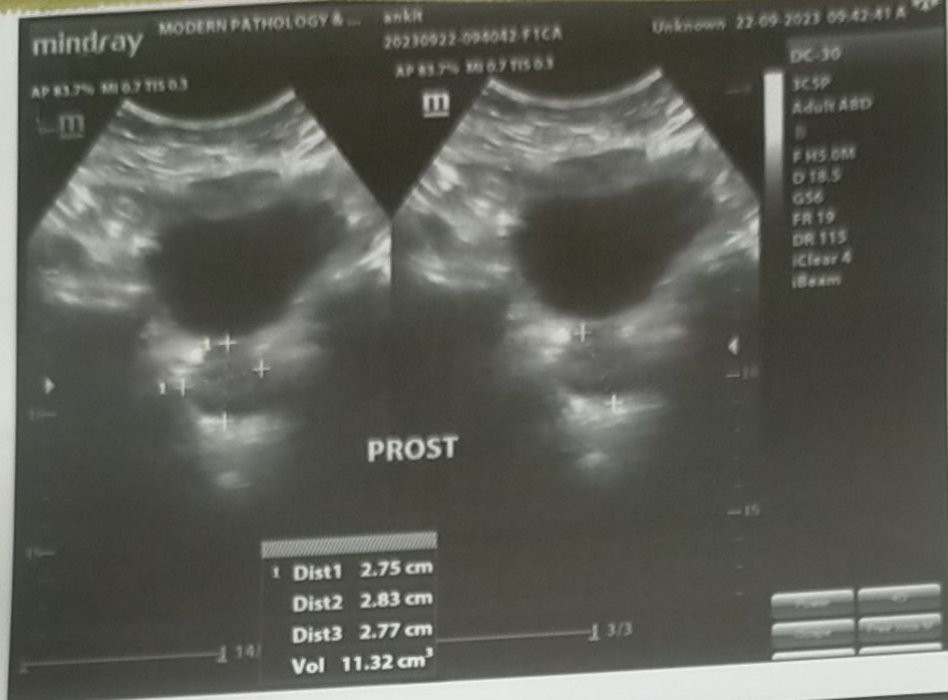
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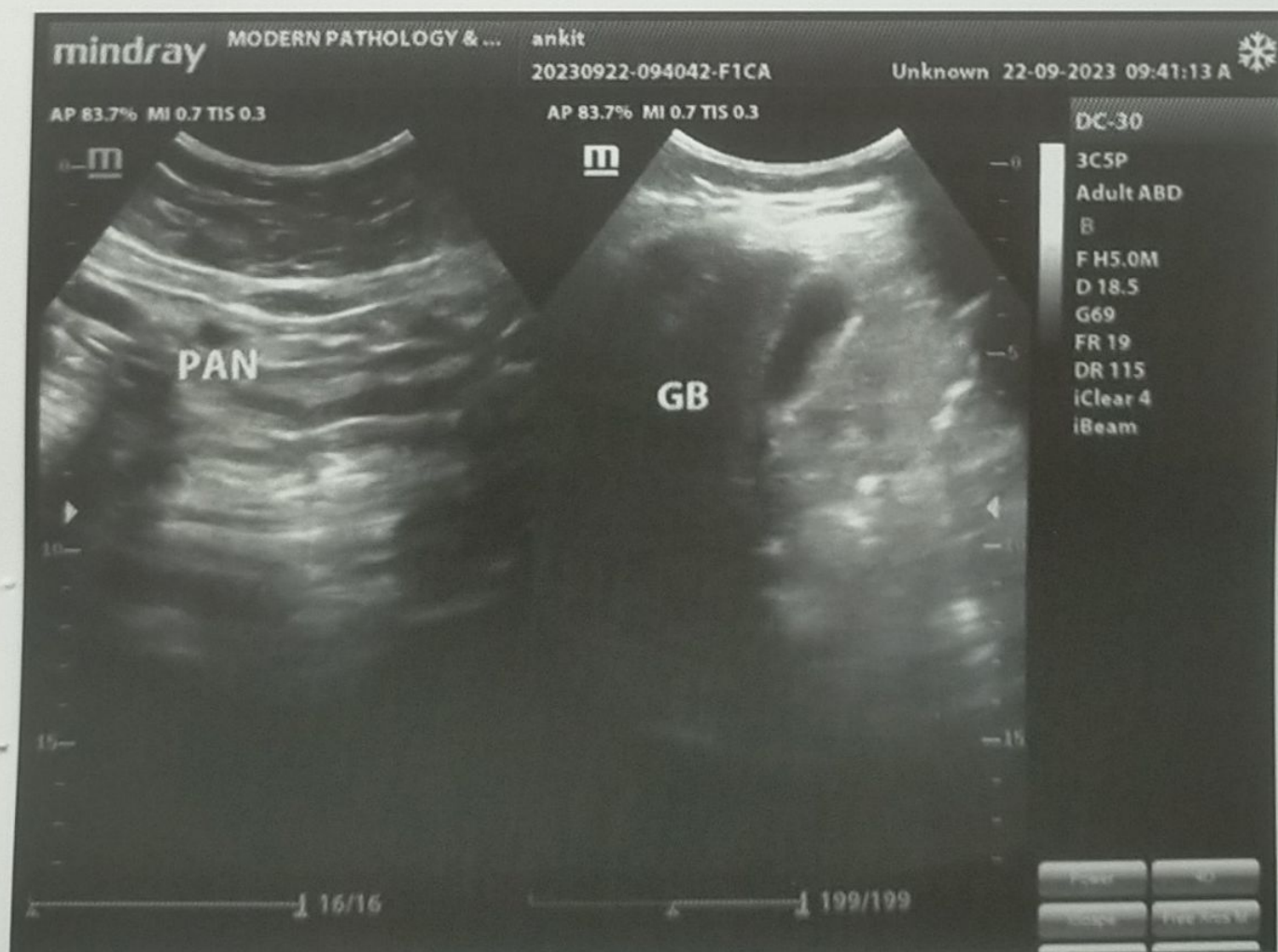
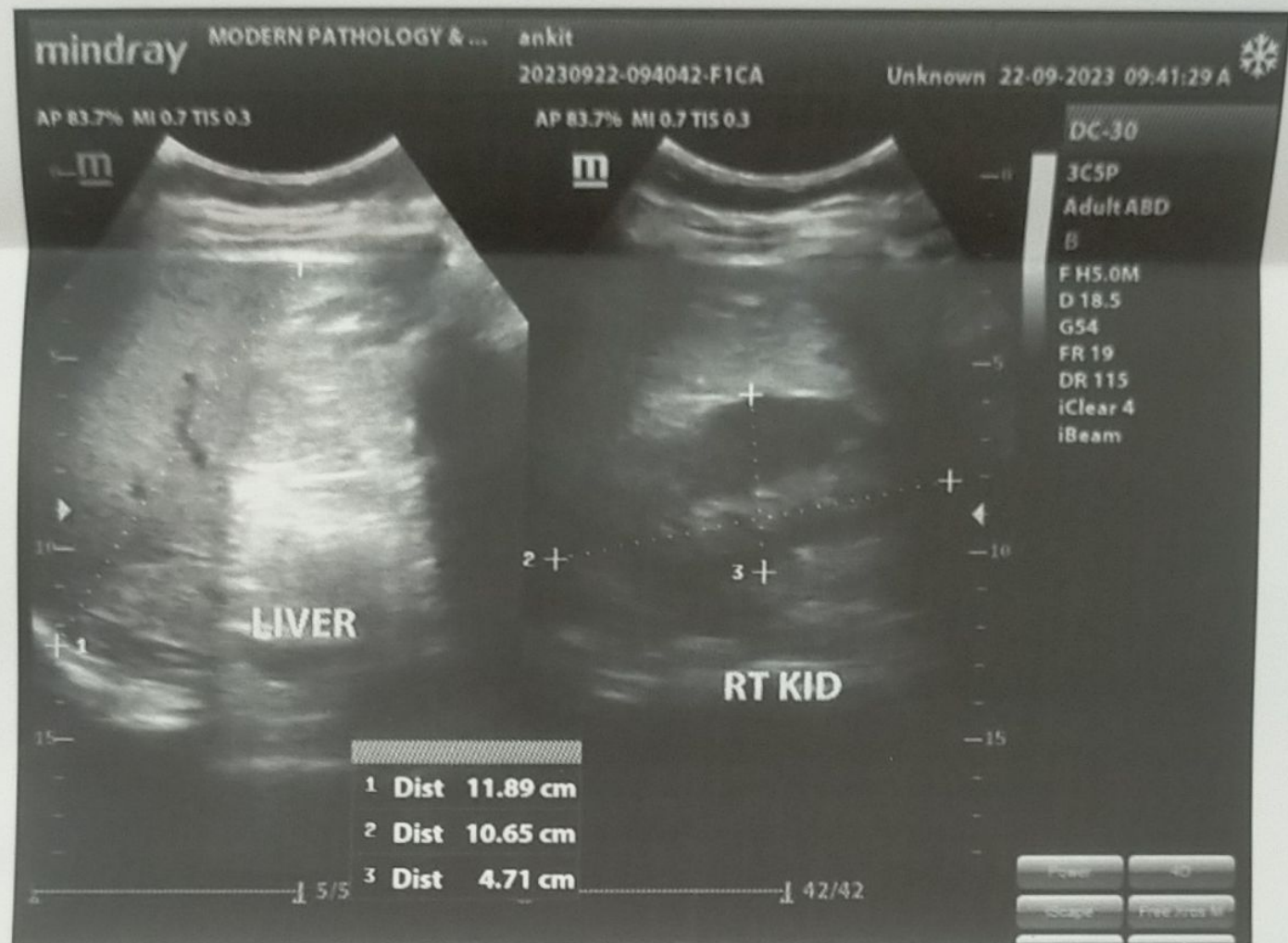
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| AGE/SEX :32 YRS/MALE | REPORTED DATE | :22/Sep/2023 12:55PM |
| REFERRED BY : Apollo Health and Lifestyle Limited, | BARCODE NO | :01220022 |

XRAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

OPINION: NORMAL STUDY.

Please correlate clinically.

*** End Of Report ***

Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)

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DMRD
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Checked By: FAISHAH



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Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



Patient name: Mr Ankit Srivastava
Ref By. : Apollo Health

Age/Sex 32/M
22/09/2023

E.C.G. REPORT

| | | |
|---------------------|---|----------------|
| 1. Rhythm | : | Sinus, Regular |
| 2. Atrial Rate | : | 60/mt |
| 3. Ventricular Rate | : | 60/mt |
| 4. P – Wave | : | Normal |
| 5. P R Interval | : | Normal |
| 6. Q R S | : | |
| Axis | : | Normal |
| R/S Ratio | : | Normal |
| Configuration | : | Normal |
| 7. Q T c Interval | : | Normal |
| 8. S-T Segment | : | Normal |
| 9. T-Wave | : | Normal |

FINAL IMPRESSION

E.C.G. is within normal limits.

Signature of Doctor

Dr. AMIT MOHAN
MD
Reg. No. 44559

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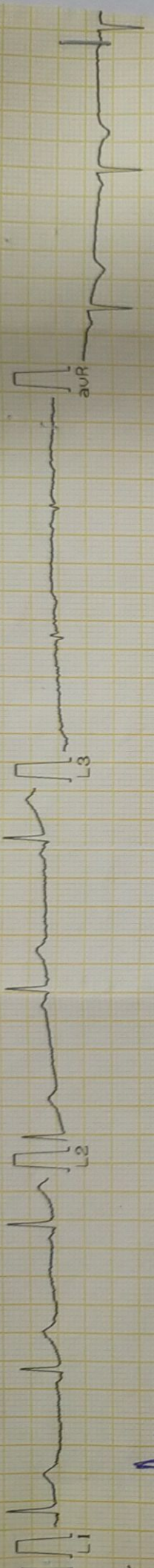
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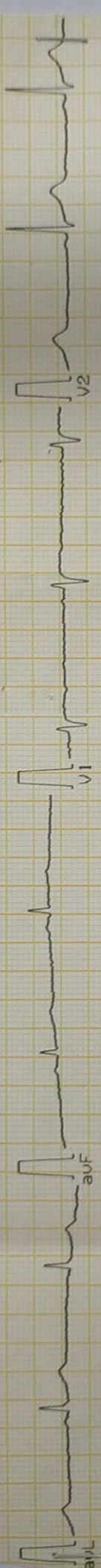
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Name Anshu Swaraj Age Yrs M/F 10mm/mV 25mm/s 0.1-35 Hz from BLD

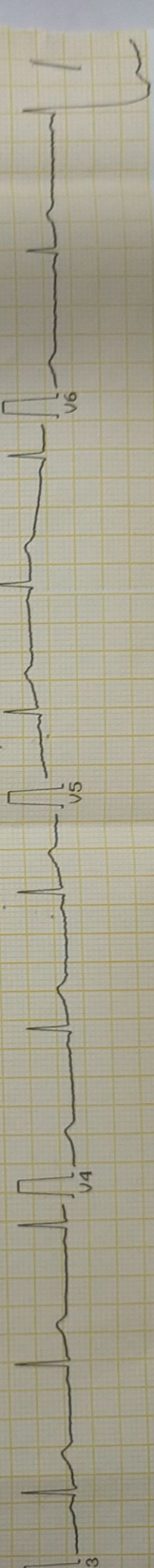


Claritumed ECG50-10H

ECG CARDIOPRINT



ECG CARDIOPRINT



Dr. AMIT MOHAN
MD
Reg. No. 48559



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Mob.: 7618884441, 9450389932, 8177063877

Date : 22-Sep-2023
Name : **Mr. ANKIT SRIVASTAVA** Age : 32 Yrs.
Ref.By : APOLLO HEALTH Sex : Male

| KFT | | | |
|------------|------|------|------------|
| UREA | 19.4 | mg % | 15 - 50 |
| CREATININE | 1.50 | mg % | 0.5 - 1.5 |
| URIC ACID | 5.3 | mg % | 2 - 7 |
| CALCIUM | 9.8 | mg % | 8.8 - 10.0 |

Blood Group & Rh : "B" Positive

Urine Sugar (Fasting) : NIL

Urine Sugar (PP) : NIL

Serum Gamma G.T. : 20 IU/L 11 - 50

| LFT T&D | | | |
|--------------------|------|------|--------------|
| Total Bilirubin | 0.57 | mg% | 0.2 - 1.0 |
| Direct Bilirubin | 0.28 | mg% | 0.0 to 0.40 |
| Indirect Bilirubin | 0.29 | mg% | 0.10 to 0.90 |
| S.G.P.T | 23 | IU/L | 5 - 40 |
| S.G.O.T | 19 | IU/L | 5 - 50 |
| ALP | 76 | IU/L | 40 to 129 |

Plasma Glucose - F : 105 mg/dl 70 - 110
GOD-POD Method

Plasma Glucose - PP : 115 mg/dl 110 - 170
GOD-POD Method

Page 01
Dr. Sanjay Rastogi
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Confd... M.B.B.S., DCP

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| | | | |
|--------|-------------------------------|-----|-----------|
| Date | : 22-Sep-2023 | Age | : 32 Yrs. |
| Name | : Mr. ANKIT SRIVASTAVA | Sex | : Male |
| Ref.By | : APOLLO HEALTH | | |

LIPID PROFILE

| | | | |
|-------------------|-------|-----|-----------|
| Triglycerids | 125 | mg% | 70 - 190 |
| S. Cholestrol S. | 251 | mg% | 130 - 230 |
| S. HDL Cholestrol | 46.4 | mg% | 35 - 75 |
| S. LDL Cholestrol | 179.6 | mg% | 75 - 150 |
| VLDL | 25 | mg% | 0 - 34 |
| Chol / HDL factor | 5.41 | | |
| LDL / HDL Factor | 3.87 | | |

COMMENTS

- * Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).
- * LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lowers LDL and raises HDL. Raised chol. in females is mostly due to disturbed thyroid function.
- * Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Betablocker therapy.

TYPES OF HYPERLIPOPROTEINEMIAS

| | |
|---|--|
| TYPE 1: Normal cholesterol TG greatly raised | TYPE 3: Cholesterol increased TG increased |
| TYPE 2a: Cholesterol increased LDL increased TG normal | TYPE 4: Cholesterol normal /increased VLDL increased TG increased |
| TYPE 2b Chol. increased VLDL raised TG increased LDL increased | TYPE 5: Cholesterol increased LDL reduced VLDL increased TG greatly increased |

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Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

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| | | | |
|--------|-------------------------------|-----|-----------|
| Date | : 22-Sep-2023 | Age | : 32 Yrs. |
| Name | : Mr. ANKIT SRIVASTAVA | Sex | : Male |
| Ref.By | : APOLLO HEALTH | | |

THYROID TEST

| | | | |
|-----------------------------------|------|---------|--------------|
| Tri-iodothyronine (T3) | 1.50 | nmol/L | 0.50 to 2.50 |
| Thyroxine (T4) | 8.15 | mcg/dL | 5.0 to 12.5 |
| Thyroid Stimulating Hormone (TSH) | 4.03 | mIU/ ml | 0.3 to 6.0 |

=====

COMMENTS

=====

- 1) Primary hyperthyroidism is accompanied by elevated Serum T3 and T4 values along with depressed TSH levels.
- 2) Primary Hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH levels.
- 3) Normal T4 levels accompanied by high T3 levels are seen in patients with T3 thyrotoxicosis.
- 4) Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels may be encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol and propylthiouracil.
- 5) Elevated TSH levels may also be indicative of TSH secreting Pituitary Tumour.

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Glycosylated Haemoglobin

| Glycosylated Haemoglobin | 6.0 | % | 4.5 TO 6.0 |
|-----------------------------|---------------|---|------------|
| ===== | | | |
| INTERPRETATION AND COMMENTS | | | |
| ===== | | | |
| NON DIABETIC : | 4.5 to 6.0 | % | |
| GOOD CONTROL: | 6.0 to 7.0 | | |
| FAIR CONTROLLED | 7.0 AND 8.0 | | |
| UNCONTROLLED | 8.0 AND ABOVE | | |

Glycosylated haemoglobin is the adducted glucose in the haemoglobin of the red blood cells, this adduction is stable for the life time of the RBC (i.e 120 days). There fore the measure of glycosylated haemoglobin reflects the average blood glucose concentration over the preseding several weeks. The sudden change in blood glucose level would not effect the glycosylated haemoglobin level ,which serves as a better marker of long term metabolic control and the efficacy of therapy.

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| | | | |
|-------------|------|-----|---------|
| Haemoglobin | 13.2 | gm% | 14 - 17 |
|-------------|------|-----|---------|

| | | | |
|-----------------------|------|-------------|------------|
| Total Leucocyte Count | 5400 | Cells/cumm. | 4000-11000 |
|-----------------------|------|-------------|------------|

| Differential Leucocyte Count | | | |
|------------------------------|----|---|---------|
| Polymorphs | 68 | % | 45 - 70 |
| Lymphocytes | 24 | % | 20 - 45 |
| Eosinophils | 02 | % | 0 - 6 |
| Monocytes | 06 | % | 0 - 8 |
| Basophils | 00 | % | 0 - 1 |

| Erythrocyte Sedimentation Rate (Wintrobe) | | | |
|---|------|---------------|---------|
| ESR | 06 | mm in 1st Hr. | 0 - 9 |
| PCV | 42.3 | cc% | 40 - 52 |
| Corrected ESR | 02 | mm in 1st Hr. | 0 - 9 |

| | | | |
|----------------|------|------------|-----------|
| Platelet Count | 2.15 | lakh/cumm. | 1.5 - 4.0 |
|----------------|------|------------|-----------|

| | | | |
|-----------------|------|-------------|--------------|
| Red Cells Count | 4.68 | million/cmm | 3.90 to 5.80 |
|-----------------|------|-------------|--------------|

| Absolute values | | | |
|-----------------|------|--------|---------|
| MCV | 90.5 | fL | 77 - 97 |
| MCH | 28.3 | pg | 27 - 31 |
| MCHC | 31.3 | gm /dl | 31 - 34 |

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General Blood Picture

| | |
|-------------------|---|
| RBCs | RBCs are Normocytic & Normochromic. No Normoblasts are seen. |
| WBCs | TLC is within normal range. DLC shows normal counts. No immature cells of WBC seen. |
| PLATELETS | Platelets are adequate in number and morphology. |
| OTHERS | No haemoparasites are seen. |
| IMPRESSION | Normal GBP |

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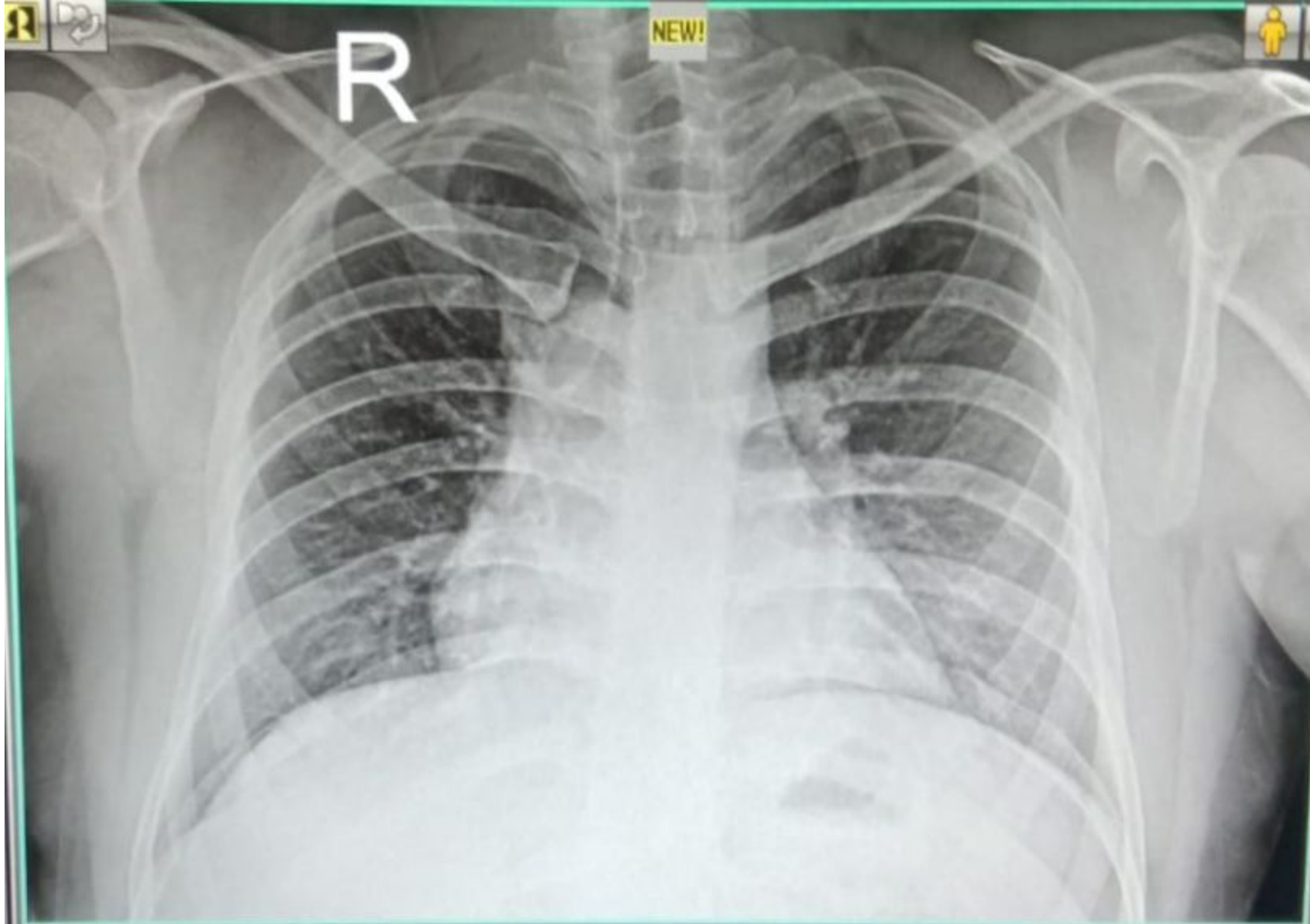
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