

LETTER OF APPROVAL / RECOMMENDATION



To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

| PARTICULARS | EMPLOYEE DETAILS |
|---------------------------------|----------------------|
| NAME | MR. KUMAR RANDHIR |
| EC NO. | 162538 |
| DESIGNATION | HEAD CASHIER "E" _II |
| PLACE OF WORK | BOKARO STEEL CITY VB |
| BIRTHDATE | 25-01-1982 |
| PROPOSED DATE OF HEALTH CHECKUP | 09-10-2021 |
| BOOKING REFERENCE NO. | 21D162538100005192E |

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **04-10-2021** till **31-03-2022**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

SUGGESTIVE LIST OF MEDICAL TESTS

| FOR MALE | FOR FEMALE |
|-------------------------------------|---|
| CBC | CBC |
| ESR | ESR |
| Blood Group & RH Factor | Blood Group & RH Factor |
| Blood and Urine Sugar Fasting | Blood and Urine Sugar Fasting |
| Blood and Urine Sugar PP | Blood and Urine Sugar PP |
| Stool Routine | Stool Routine |
| Lipid Profile | Lipid Profile |
| Total Cholesterol | Total Cholesterol |
| HDL | HDL |
| LDL | LDL |
| VLDL | VLDL |
| Triglycerides | Triglycerides |
| HDL / LDL ratio | HDL / LDL ratio |
| Liver Profile | Liver Profile |
| AST | AST |
| ALT | ALT |
| GGT | GGT |
| Bilirubin (total, direct, indirect) | Bilirubin (total, direct, indirect) |
| ALP | ALP |
| Proteins (T, Albumin, Globulin) | Proteins (T, Albumin, Globulin) |
| Kidney Profile | Kidney Profile |
| Serum creatinine | Serum creatinine |
| Blood Urea Nitrogen | Blood Urea Nitrogen |
| Uric Acid | Uric Acid |
| HBA1C | HBA1C |
| Routine urine analysis | Routine urine analysis |
| USG Whole Abdomen | USG Whole Abdomen |
| General Tests | General Tests |
| X Ray Chest | X Ray Chest |
| ECG | ECG |
| 2D/3D ECHO / TMT | 2D/3D ECHO / TMT |
| Stress Test | Thyroid Profile (T3, T4, TSH) |
| PSA Male (above 40 years) | Mammography (above 40 years) and Pap Smear (above 30 years). |
| Thyroid Profile (T3, T4, TSH) | Dental Check-up consultation |
| Dental Check-up consultation | Physician Consultation |
| Physician Consultation | Eye Check-up consultation |
| Eye Check-up consultation | Skin/ENT consultation |
| Skin/ENT consultation | Gynaec Consultation |



Found, please return to:
 General Manager
 Bank of Baroda, Baroda Gurya Bhawan, Main Road Bistupur
 Jamshedpur-831001, Jharkhand
 Phone +91 667 2249410

PERMANENT ADDRESS: Vill+post - Jagdishpur Baghnagari, Thana-Sakra
 Dist- Muzaffarpur, State- Bihar

EMERGENCY CONTACT NO.: 9430114861, 6202436853

रक्त समूह / Blood Group : B+

प्राणचिह्न / Identification Marks : A Mole Below Right Eye



बैंक ऑफ बड़ोदा
 Bank of Baroda



नाम : रणधीर कुमार
 Name : RANDHIR KUMAR

कार्यकारी कूट नं. : 162538
 ए.ए. नं. : 162538

Randhir Kumar



Unique Identification Authority of India

संस्था: सुभाष चंद्र मिश्रा, 201B, सेक्टर - 12 / F, स्टील सिटी नगर, बोकारो, झारखण्ड - 827012

Address: S/O: Subhash Chandra Mishra, 201B, SECTOR - 12 / F, NEAR POLICE LINE, Bokaro steel city, Bokaro, Jharkhand - 827012

7669 2501 0675
 VID: 9181 5084 1721 9232

1647

भारत सरकार
 Government of India

संस्था: सुभाष चंद्र मिश्रा, 201B, सेक्टर - 12 / F, स्टील सिटी नगर, बोकारो, झारखण्ड - 827012

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7669 2501 0675
 VID: 9181 5084 1721 9232

मेरा आधार, मेरी पहचान

Asarfi Hospital Limited.

Baramuri, P.O.-Bishunpur Polytechnic, Dhanbad(Jharkhand)

Phone : 03262295147 Fax : 08817844529

Email: asarfihospital@hotmail.com

Medi Wheel Full Body Health CheckupBill No: AHL/Medi Wheel/2021/15
TIN NO.20861605701

Bill Date : 09.10.2021

Patient Details

Registration no : OCT21-25831

Patient Name : MR.KUMAR RANDHIR

Age : 39 Yrs

Address : BOKARO STEEL CITY - JHARKHAND, INDIA

Gende : MALE

Phone No.

Mobile No : 7488701465

| Sl.No. | Service(s) Name | Rate | Quantity | Discount | Total. |
|--------|--|---------|----------|-------------|---------|
| 1 | Medi Wheel Full Body Health Checkup Male Below 40 Years (PACKAGE) | 1800.00 | 1 | 0.00 | 1800.00 |
| | | | | Total Rs. | 1800.00 |
| | | | | Net Amount. | 1800.00 |

(Rupees One Thousand Eight Hundred Only)

Prepared By :

Mr. Anikesh paul





OUT PATIENT DEPARTMENT



Type : Mediwheel

DEPARTMENT OF GENERAL MEDICINE

| | | | |
|--------------|--|--------|------------------|
| Regd. No. | : OCT21-25831 | Visit | : OPD/091021/285 |
| Patient Name | : MR. KUMAR RANDIR | Mobile | : 7488701465 |
| Age/Sex | : 39 Yrs / MALE | Date | : 09-Oct-2021 |
| Address | : BOKARO STEEL CITY - Jharkhand, INDIA | | |
| Doctor | : Dr. PANKAJ KUMAR (M.B.B.S, DNB-GENERAL MEDICINE) | | |
| OPD Timing | : | | |

BP - 125/82 mmHg
 Hb - 81 g/L

Full body health checkups

Tup

- LFT
- Bld sugar fasting
- Urine
- Stool routine
- T3, T4, TSH
- HbA1c
- BSE
- CBC
- blood grouping
- Urea nitrogen
- Lipid profile
- KFT Panel
- Chest PA
- usg Abd. / ecg
- 2d echo

Adn

- no need to Meds

Dr. PANKAJ
 DNB (Medicine)
 Asarfi Hospital
 Dhanbad, Jharkhand



DEPARTMENT OF PATHOLOGY

| | | | |
|-----------|---------------------|------------------|---------------|
| Name | : MR. KUMAR RANDHIR | Lab No: | : 253 |
| Age | : 39 Yrs Sex : Male | Collection Date: | : 09-Oct-2021 |
| Doctor | : SELF WALK-IN | Collection Time: | : 10:53:13AM |
| Reg. No. | : OCT21-25831 | Reporting Date: | : 23-Oct-2021 |
| Sub Dept. | : Biochemistry | Reporting Time: | : 9:09:00AM |

| Test | Result | Reference Range |
|---|-------------|-----------------|
| <u>LIVER FUNCTION TEST (LFT)</u> | | |
| Bilirubin (Total) | 0.5 mg/dl | 0.2 - 1.0 mg/dl |
| Bilirubin (Direct) | 0.2 mg/dl | 0 - 0.2 mg/dl |
| Bilirubin (Indirect) | 0.3 mg/dl | 0.2 - 0.8 mg/dl |
| Total Proteins | 8.3 g/dl | 6.5 - 8.5 g/dl |
| Albumin | 4.5 g/dl | 3.5 - 5.5 g/dl |
| Globulin | 3.8 g/dl | 1.5 - 3.5 g/dl |
| SGOT | 39.6 IU/L | < 40 IU/L |
| SGPT | 63.1 IU/L | < 49 IU/L |
| Alkaline Phosphatase | 210.0 IU/L | 70-306 IU/L |
| Gamma-GT | 26.2 U/L | 0-55 U/L |
| <u>Blood glucose-fasting, postprandial</u> | | |
| Blood Glucose Fasting | 100.8 mg/dl | 60 - 110 mg/dl |
| Blood Glucose Postprandial | 133.9 mg/dl | 70-140 mg/dl |

DEPARTMENT OF PATHOLOGY

| | | | |
|-----------|----------------------|------------------|---------------|
| Name | : MR. KUMAR RANDHIR | Lab No: | : 251 |
| Age | : 39 Yrs Sex : Male | Collection Date: | : 09-Oct-2021 |
| Doctor | : SELF WALK-IN | Collection Time: | : 10:52:56AM |
| Reg. No. | : OCT21-25831 | Reporting Date: | : 23-Oct-2021 |
| Sub Dept. | : Clinical Pathology | Reporting Time: | : 9:09:00AM |

| Test | Result | Reference Range |
|-------------------------------------|----------------|-----------------|
| <u>Routine Examination of Urine</u> | | |
| Quantity | 30 ml (Approx) | |
| Colour | STRAW | |
| Appearance | CLEAR | |
| Specific Gravity | 1.010 | |
| Reaction (pH) | ACIDIC | |
| Albumin. | NIL | |
| Sugar | NIL | |
| Ketone Bodies | XX | |
| Bile Salts | XX | |
| Bile Pigments | XX | |
| RBC | NIL /hpf | |
| Pus Cells | 1-2 /hpf | /hpf |
| Epithelial Cells | 1-2 | |
| Casts | NOT SEEN /hpf. | /hpf. |
| Crystals | NOT SEEN /hpf. | /hpf. |
| Bacteria | NOT SEEN /hpf. | /hpf. |

DEPARTMENT OF PATHOLOGY

| | | | |
|-----------|----------------------|------------------|---------------|
| Name | : MR. KUMAR RANDHIR | Lab No: | : 257 |
| Age | : 39 Yrs Sex : Male | Collection Date: | : 09-Oct-2021 |
| Doctor | : SELF WALK-IN | Collection Time: | : 10:53:41AM |
| Reg. No. | : OCT21-25831 | Reporting Date: | : 23-Oct-2021 |
| Sub Dept. | : Clinical Pathology | Reporting Time: | : 9:09:00AM |

| Test | Result | Reference Range |
|--|------------------|-----------------------|
| <u>Stool - Routine</u> | | |
| Form & Consistency | SOFT | |
| Colour | BROWN | |
| Reaction (pH) | ACIDIC | |
| Occult Blood | NEGATIVE | |
| Protozoa | NOT FOUND | |
| Ova of Parasites | NOT FOUND | |
| Epithelial Cells | 1-2 /hpf. | /hpf. |
| Pus Cells (Stool) | 1-2 | |
| Red Blood Cells (Stool) | NIL | |
| Vegetable Cells | NOT SEEN | |
| Yeast Cells | NOT SEEN | |
| Cyst (stool) | NOT SEEN | |
| <u>Thyroid hormones T3 T4 TSH (Enzyme Immunoassay)</u> | | |
| T3, Total, Serum | 0.95 ng/ml | 0.74-1.79 ng/ml |
| T4, Total, Serum | 6.18 ng/dl | 4.7-12.8 ng/dl |
| TSH, SERUM (Enzyme Immunoas: | 2.90 μ IU/ml | 0.25-5.00 μ IU/ml |
| <u>HbA1c (glycosylated Hb)</u> | | |
| glycosylated Hb | 5.2 % | 4.6-6.2 % |
| <u>ESR</u> | | |
| E.S.R (Westergren) | 32 mm/hr | 0 - 20 mm/hr |

DEPARTMENT OF PATHOLOGY

| | | | |
|-----------|---------------------|------------------|---------------|
| Name | : MR. KUMAR RANDHIR | Lab No: | : 259 |
| Age | : 39 Yrs Sex : Male | Collection Date: | : 09-Oct-2021 |
| Doctor | : SELF WALK-IN | Collection Time: | : 10:53:55AM |
| Reg. No. | : OCT21-25831 | Reporting Date: | : 23-Oct-2021 |
| Sub Dept. | : Haematology | Reporting Time: | : 9:09:00AM |

| Test | Result | Reference Range |
|----------------------------|-----------------|--------------------|
| <u>CBC</u> | | |
| Haemoglobin | 13.8 g/dl | 13 - 18 g/dl |
| Red Blood Cells Count | 4.35 / cumm | 4.0 - 6.0 / cumm |
| TOTAL COUNT OF PLATELET | 1.59 lakhs/cumm | 1 - 4 lakhs/cumm |
| Total WBC Count | 5,500 /cumm | 4000 - 11000 /cumm |
| Neutrophils | 58 % | 55 - 75 % |
| Lymphocytes | 36 % | 15 - 30 % |
| Eosinophils | 04 % | 1 - 6 % |
| Monocytes | 02 % | 2 - 10 % |
| Basophils | 00 % | 0 - 1 % |
| PCV | 40.4 % | 40 - 54 % |
| MCV | 92.9 cu-microns | 80 - 99 cu-microns |
| MCHC | 34.2 % | 32 - 38 % |
| <u>Blood Grouping</u> | | |
| ABO Group | "B" | |
| Rh (Factor) | POSITIVE | |
| <u>Blood Urea Nitrogen</u> | | |
| Blood Urea Nitrogen | 7.3 mg/dl | 5 - 20 mg/dl |

DEPARTMENT OF PATHOLOGY

Name : MR. KUMAR RANDHIR
Age : 39 Yrs Sex : Male
Doctor : SELF WALK-IN
Reg., No. : OCT21-25831
Sub Dept. : Biochemistry

Lab No: 253
Collection Date: 09-Oct-2021
Collection Time: 10:53:13AM
Reporting Date: 23-Oct-2021
Reporting Time: 9:09:00AM

| Test | Result | Reference Range |
|--------------------|----------------------|-----------------|
| | <u>Lipid Profile</u> | |
| Serum Cholesterol | 149.0 mg/dl | 150 - 250 mg/dl |
| Serum Triglyceride | 130.0 mg/dl | 50-190 mg/dl |
| HDL Cholesterol | 41.0 mg/dl | 35 - 55 mg/dl |
| LDL Cholesterol | 82.0 mg/dl | Upto 160 mg/dl |
| VLDL Cholesterol | 26.0 mg/dl | Upto 60 mg/dl |

Dhanbad's 1st NABH & NABL Certified Hospital & Lab

PATHOLOGIST

Typed by:

Checked by:



24 HOUR EMERGENCY

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"KEEP THE REPORTS CAREFULLY AND BRING THEM ALONG DURING YOUR NEXT VISIT TO OUR HOSPITAL"



DEPARTMENT OF PATHOLOGY

Name MR. KUMAR RANDHIR
Age 39 Yrs Sex: Male
Doctor SELF WALK-IN
Reg.No. OCT21-25831

Lab No: 253
Collection Date 9/10/2021
Collection Time 10:53 am
Reporting Date 23/10/2021
Reporting Time 9:09 am

KFT PANEL

Blood Urea

Blood Urea 15.7 mg/dl 10-40 mg/dl

Serum Uric Acid

Uric Acid 6.6 mg/dl 3.0 - 7.0 mg/dl

Serum Calcium

Calcium 8.8 mg/dl 8.7 - 11 mg/dl

Serum Potassium(K), Sodium (Na)

Sodium 139.7 mmol/L 133 - 155 mmol/L

Potassium 4.2 mmol/L 3.5 - 5.5 mmol/L

Serum Chloride (Cl)

Chlorides 110.9 mmol/L 96 - 108 mmol/L

Serum Creatinine

S.Creatinine 0.7 mg/dl 0.7-1.4 mg/dl

Serum Phosphorus

Phosphorus 3.4 mg/dl 2.5 - 5.5 mg/dl

**Dr.N.N.SINGH MD(PATH)
PATHOLOGIST**



RADIOLOGY REPORT

| Patient Information | | | |
|---------------------|------------------|-------------|-------------|
| Patient Name | MR KUMAR RANDHIR | Patient ID | 25831 |
| Age Gender | 39Y/MALE | Scan Date | OCT 09 2021 |
| Referring Doctor | DR SELF | Report Date | OCT 09 2021 |

X-RAY CHEST

VIEWS

PA View of Chest

FINDINGS

Lungs

- Prominent broncho-vascular markings are noted bilaterally.
- Rest of the bilateral lungs fields are clear.

Airways

- Trachea is central. Tracheo-bronchial tree is normal.

Heart

- Cardiac silhouette is normal.

Others

- Bilateral CP angles are clear.
- Both domes of diaphragm are normally placed.
- Bony thoracic cage is normal.
- No soft tissue abnormality seen.

IMPRESSION

- Prominent broncho-vascular markings.

RECOMMENDATION

Suggested clinical correlation

Dr. Kajal Agarwal

MD Radiology

Consultant Radiologist

Disclaimer

It is an online interpretation of medical imaging based on the available clinical data. Patient's identification in online reporting is not established, so this report cannot be utilized for any medico-legal purpose/ certifications. All modern machines/procedures have their own limitations. If there is any clinical discrepancy, this investigation may be repeated or reassessed by other tests.





RADIOLOGY REPORT

| | | | |
|-----------|-------------------|----------------|------------|
| Reg. No. | 25832 | Ref. Dr. | SELF |
| Name | MRS. SONAM KUMARI | Study | USG W/A |
| Age & Sex | 25Y /F | Reporting Date | 09.10.2021 |

USG WHOLE ABDOMEN

- LIVER** : Liver is normal in size & shape. It appears bright in echotexture. No obvious focal lesion is seen. IHBR are not dilated.
 - GALL BLADDER** : GB is well distended. No obvious calculus or mass lesion is seen. The wall thickness is normal.
 - CBD** : CBD is normal in course & caliber.
 - PV** : PV is normal in course & caliber.
 - PANCREAS** : Pancreas is normal in size, shape & echotexture. Peripancreatic soft tissues appear normal. MPD is not dilated.
 - SPLEEN** : Spleen is normal in shape, size & echotexture. It measures 8.9 cm in size.
 - KIDNEYS** : The right kidney measures 9.5 x 4 cm. The left kidney measures 10.6 x 5 cm. Both kidneys are normal in shape, size & position. The pelvicalyceal system is normal. Corticomedullary differentiation is maintained. No focal lesion is seen.
 - URINARY BLADDER** : Urinary bladder is well distended. No obvious calculus or mass lesion is seen.
 - UTERUS** : Uterus is normal in size, shape & echotexture. It measures 8 x 3.1 x 4.7 cm. Endometrium thickness is 6.9mm.
 - OVARIES** : Right ovary measures 2.6 x 1.4cm. Left ovary measures 2.6 x 1.8cm. Both ovaries are normal in shape, size & position.
 - OTHERS** : No ascites or retroperitoneal lymphadenopathy is seen.
- IMPRESSION** : • **Grade I diffuse fatty infiltration of liver.**
Clinical correlation is suggested.

Dr. VAISHALI PATEL
MBBS, DNB (Radio-diagnosis)
Consultant Radiologist

24 HOUR EMERGENCY

© AHL/D/0070

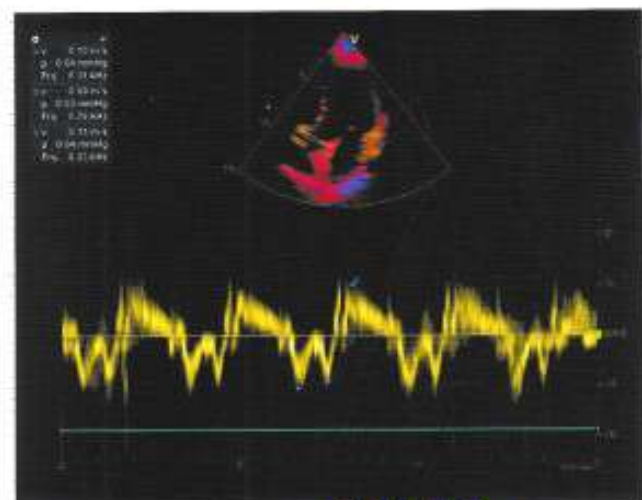
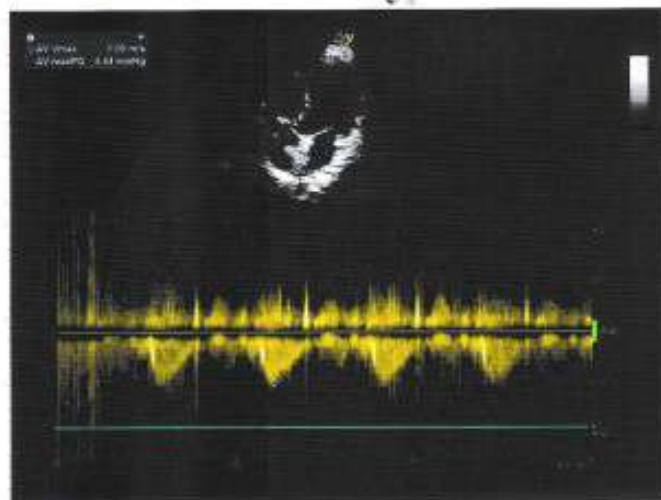
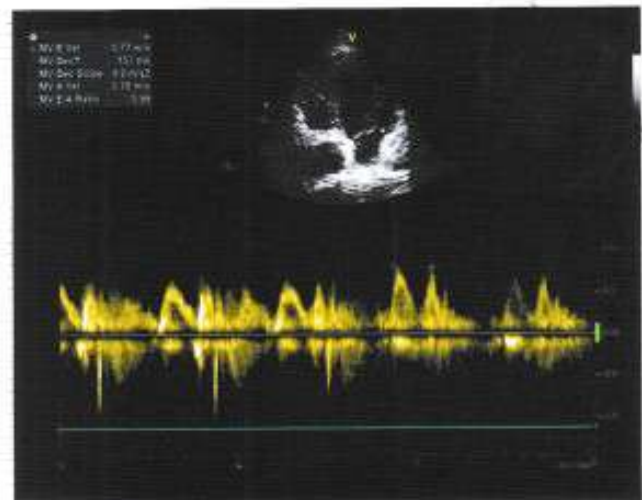
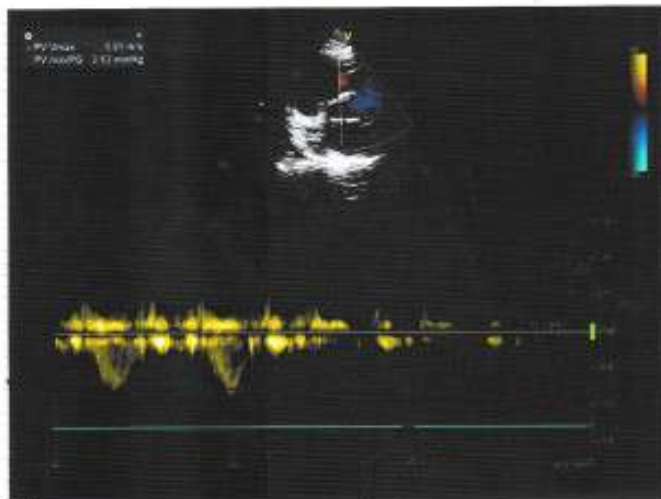
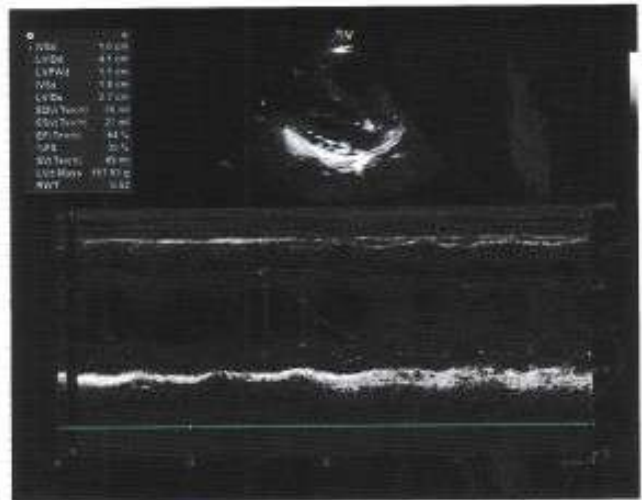
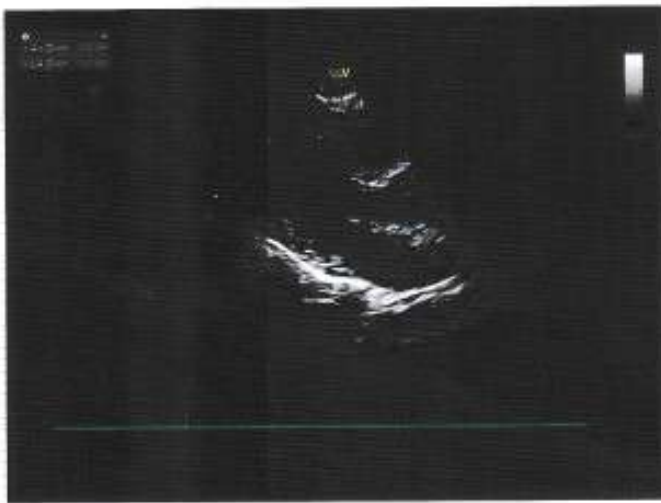


"KEEP THE REPORTS CAREFULLY AND BRING THEM ALONG DURING YOUR NEXT VISIT TO OUR HOSPITAL"

MEDICA HEART INSTITUTE, DHANBAD

Name : MR RANDHIR KUMAR
Patient Id : MR RA60_60164

Date : 09/10/2021





ECHOCARDIOGRAPHY REPORT

Name: **MR RANDHIR KUMAR**

Age: **39**

Sex: **Male**

Date: **09/10/2021**

2D & M-MODE MEASUREMENTS

| | |
|---------|--------|
| LA Diam | 3.0 cm |
| Ao Diam | 3.0 cm |
| IVSd | 1.0 cm |
| LVIDd | 4.1 cm |
| LVPWd | 1.1 cm |
| IVSs | 1.8 cm |
| LVIDs | 2.7 cm |

2D & M-MODE CALCULATIONS

| | |
|------------|----------|
| EDV(Teich) | 76 ml |
| ESV(Teich) | 27 ml |
| EF(Teich) | 64 % |
| %FS | 35 % |
| SV(Teich) | 49 ml |
| LVd Mass | 167.93 g |
| RWT | 0.52 |

MITRAL VALVE

| | |
|--------------|----------------------|
| MV E Vel | 0.77 m/s |
| MV DecT | 157 ms |
| MV Dec Slope | 4.9 m/s ² |
| MV A Vel | 0.78 m/s |
| MV E/A Ratio | 0.99 |

AORTIC VALVE

| | |
|----------|-----------|
| AV Vmax | 1.05 m/s |
| AV maxPG | 4.44 mmHg |

TRICUSPID VALVE

PULMONARY VALVE

| | |
|----------|-----------|
| PV Vmax | 0.81 m/s |
| PV maxPG | 2.62 mmHg |

COMMENTS:

- NORMAL SIZE CARDIAC CHAMBER
- NO LVRWMA
- GOOD LV SYSTOLIC FUNCTION (EF-65%)
- NO MR, AR, TR
- IAS, IVS INTACT
- NO CLOT, PE
- IVC NORMAL

IMPRESSION:

- NORMAL SIZE CARDIAC CHAMBER
- NO LVRWMA
- GOOD LV SYSTOLIC FUNCTION (EF-65%)

DR. S.H CHAVAN
(CONSULTANT CARDIOLOGIST)

TECH. SIG