

**Name** : Mr. RABINDRA RAWAT (48 /M)

**Date** : 25/02/2022

**Address** : KHURIGACHI MAIN ROAD, BHADRESWAR, PO-SARDAPALLY, HOOGHLY,  
HOOGHLY, WEST BENGAL, INDIA

**Examined by:**

**UHID** : AMHL.0001921941

**Package** : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS  
WITH TMT/ECHO)

**AHC No** : AMHLAH142841



## CHIEF COMPLAINTS

For corporate health checkup  
C/O Occasional giddiness x 6 months.  
C/O Right eye Ptosis - since birth.  
PRESENT KNOWN ILLNESS:-  
No H/O HTN/DM/TB/Asthma/Heart Disease.



## DRUG ALLERGY

Nil.

:28/02/2022



## SYSTEMIC REVIEW

### Cardiovascular system

HYPERTENSION – BP - 130/90 mm/Hg, ANY  
MEDICATION – Nil.

### Respiratory system

SNEEZING - Yes.

### Oral and dental

MOUTH ULCERS - Tooth ache.

### Gastrointestinal system

APPETITE - Normal, FLATULENCE AND  
DYSPEPSIA - Present, settles on its own, BOWEL  
HABITS – Regular.

### Genitourinary system

FREQUENCY – Normal.

### Central nervous system

MEMORY & CONCENTRATION – Normal, SLEEP  
– Normal.

### Eyes

VISION - Corrected with glasses.

### ENT

HEARING – Normal.

### Skin

Nil significant.

### Weight

Put on 4 kgs in 6 months.



### Present medications

Nil.



### Past medical history

Past medical history - nil significant



### Surgical history

Surgical history - Nil



### Personal history

Marital status - Married  
No. of children - 4  
Diet - Mixed Diet  
Alcohol - consumes alcohol  
occasionally  
Smoking - Ex.Smoker  
Chews tobacco - Yes  
Physical activity - Active



### Family history

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Father - has expired  
Mother - has expired  
Brothers - 1  
Sisters - 1  
Coronary artery disease - father,mother  
Cancer - None

## PHYSICAL EXAMINATION



### General

Build - obese  
Height (in cms) - 177  
Weight (in Kgs) - 96  
BMI - 30.64  
Pallor - no  
Oedema - no



### Cardiovascular system

Heart rate(Per minute) - 90  
Rhythm - Normal  
Systolic(mm of Hg) - 130  
Diastolic(mm of Hg) - 90  
Heart sounds - S1S2+



### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Appearance - Protruded.  
Organomegaly - No  
Tenderness - No



### Central nervous system

Cranial nerves - No neurological deficit.  
Sensory system - No neurological deficit.  
Motor sytem - Right eye Ptosis.



### Skin

No significant finding



### Musculo Skeletal System

Extremities - No significant finding  
Spine - No significant finding.

### Ophthalmology consultation

Ophthalmology findings - Distant vision with glasses 6/12 (Right eye) and 6/9 (Left eye).  
Near vision with glasses N6.

### Dental consultation

Dental findings - Consultant's notes attached

Printed By : AVIJIT DAS

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	15.4	g/dl	●	13.0-17.0
RBC COUNT	4.94	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	44.2	%	●	41-53
MCV	89.5	fl	●	83-101
MCH	31.2	pg	●	27-32
MCHC	34.8 *	%	●	31.5-34.5
RDW	13.6	%	●	11.8-14.0
WBC Count	7500	/cu mm	●	4000-10000
Platelet Count	2.44	lacs/cu mm	●	1.5-4.0
Neutrophils	73	%	●	40-80
Lymphocytes	15 *	%	●	20-40
Monocytes	07	%	●	2-10
Eosinophils	05	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	13	mm/1st hr	●	0-15

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	50	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.005			
pH:	6.5			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	24	U/L	●	10-40
ALBUMIN - SERUM	4.5	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	50 *	U/L	●	53-128
AST (SGOT) - SERUM	25	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.9	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	171	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.1	mg/dL	●	0.9-1.3

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 34 U/L ● 7-64

TOTAL T3: TRI IODOTHYRONINE - SERUM 1.0 ng/ml ● 0.8-2

TOTAL T4: THYROXINE - SERUM 8.3 µg/dL ● 5.1-14.1

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 106 \* mg/dL ● 70-99

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 130 mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 109 mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 3.4 µIU/mL ● 0.270-4.200

HBA1C (GLYCOSYLATED

HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.9 \* % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 6.9 mg/dL ● 3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.2 mg/dL ● 0.0-0.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 38 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 112 mg/dL ● Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated) 21 mg/dL ● 0-35

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name Result Unit Level Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM 1.1 ng/mL ● 0.00-6.50

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.7 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 3.2 g/dL ● 1.8-3.6

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 12.7 mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.4:1.0 1.0-2.0

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

TREADMILL TEST / STRESS TEST

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STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

**ULTRASOUND SCREENING WHOLE ABDOMEN**

- \* Mild hepatomegaly with fatty liver (Grade - I).
- \* Hepatic cyst.
- \* Cholelithiasis.

Dr. SHWETA KHANNA  
CONSULTANT RADIOLOGIST  
Reg – 72134 (WBMC)

**X-RAY CHEST PA**

Chest skiagram does not reveal any significant abnormality.

Dr. SHWETA KHANNA  
CONSULTANT RADIOLOGIST  
Reg – 72134 (WBMC)

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

**Haematology**

STOOL ROUTINE

 Within Normal Range       Borderline High/Low       Out of Range

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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