

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Prashant Abhang on 10/02/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> • Currently Unfit. <p>Review after _____</p>	
<ul style="list-style-type: none"> • Unfit 	

recommended
APOLLO CLINIC - AUNDH
Dr. VIDYA DESHPANDE
 MBBS, DGO
 Family Physician
 Reg.No : 56565

Dr. Dr. Vidya Deshpande
 Medical Officer
 Apollo Clinic, (Aundh, Pune)

This certificate is not meant for medico-legal purposes

Apollo Health and Lifestyle Limited

(CIN - U85110TG2000PLC115819)
 Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 036.
 Ph No: 040-4904 7777, Fax No: 4904 7744 | Email ID: enquiry@apollohl.com | www.apollohl.com

APOLLO CLINICS NETWORK MAHARASHTRA

Pune (Aundh) | Kharadi | Nigdi Pradhikaran | Viman Nagar | Wanowrie

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

1860 500 7788

Date : 10-02-2024
MR NO : CPIM.0000052058

Department : GENERAL
Doctor :

Name : Mr. PRASHANT KISAN ABHANG

Registration No :

Age/ Gender : 33 Y / Male

Qualification :

Consultation Timing: 09:32

Height	170.
Weight	74
BP	120/76
Pulse	76.
Waist	103
Hip	110.
BMI	27
Consultation with Report	

Patient Name : Prashant Abhang

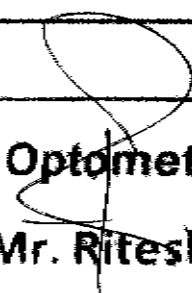
Date 10/02/24

AGE/Sex : 33/M

UHID/ MR NO :
166321

	RIGHT EYE	LEFT EYE
FAR VISION	C VA 016	C VA 016
NEAR VISION	N16	N16
ANTERIOR SEGMENT PUPIL	MD	MD
COLOUR VISION	(N)	(N)
FAMILY / MEDICAL HISTORY	-	-

Impression: WNL

Optometrist:-

Mr. Ritesh Sutnase



भारत सरकार
Prashant Kisan Aahang
Government of India

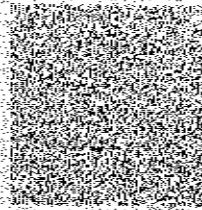
Prashant Kisan Aahang No. : 8692/9163/8265

8692/9163/8265

Prashant Kisan Aahang
Prashant Kisan Aahang
Village: Narayanpuri, Ward No. 4, Warajwad
Taluk: Narayanpuri
Dist: Pune
V.C. Narayanpuri, P.O. Narayanpuri
Taluk: Narayanpuri, District: Pune
State: Maharashtra PIN Code: 410000
Mobile: 9990032657



KA945596135FH



आपला आधार क्रमांक / Your Aadhaar No. :

8692 9163 8265

माझे आधार, माझी ओळख



भारत सरकार
Government of India

प्रशांत किसान आहंग
Prashant Kisan Aahang
जन्म तारीख / DOB: 16/12/1990
पुल / Male



8692 9163 8265

माझे आधार, माझी ओळख





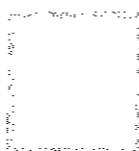
+91 97308 99633

today at 9:23 am



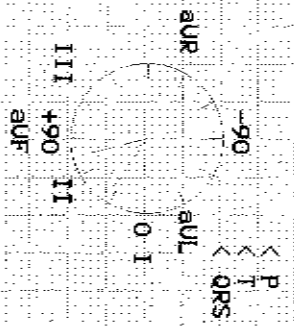
Dear MR. ABHANG PRASHANT KISAN
 This is a gentle reminder that your health checkup is scheduled for tomorrow as per the below particular. Please visit the centre at any time. Please follow the following instructions. Please call us at 011-41198950 if you face any issues.

Booking Date : 27/01/2024
Health Check up Name : Madhwaraj Full Body Health Annual Plus Check
Health Check Code : PKG10000377
Name of Diagnostic Hospital : Apollo Clinic - Aundh Pune
Address of Diagnostic Hospital : Apollo Clinic, 130, Centriole Building, Above Star Bucks coffee, IT Road, Aundh, Pune - 411007
Appointment Date : 28/02/2024
Preferred Time : 9:00am
Package Name : Madhwaraj Full Body Health Annual Plus Check
 • Bp: Check
 • Pst: Smear



Measurement Results:

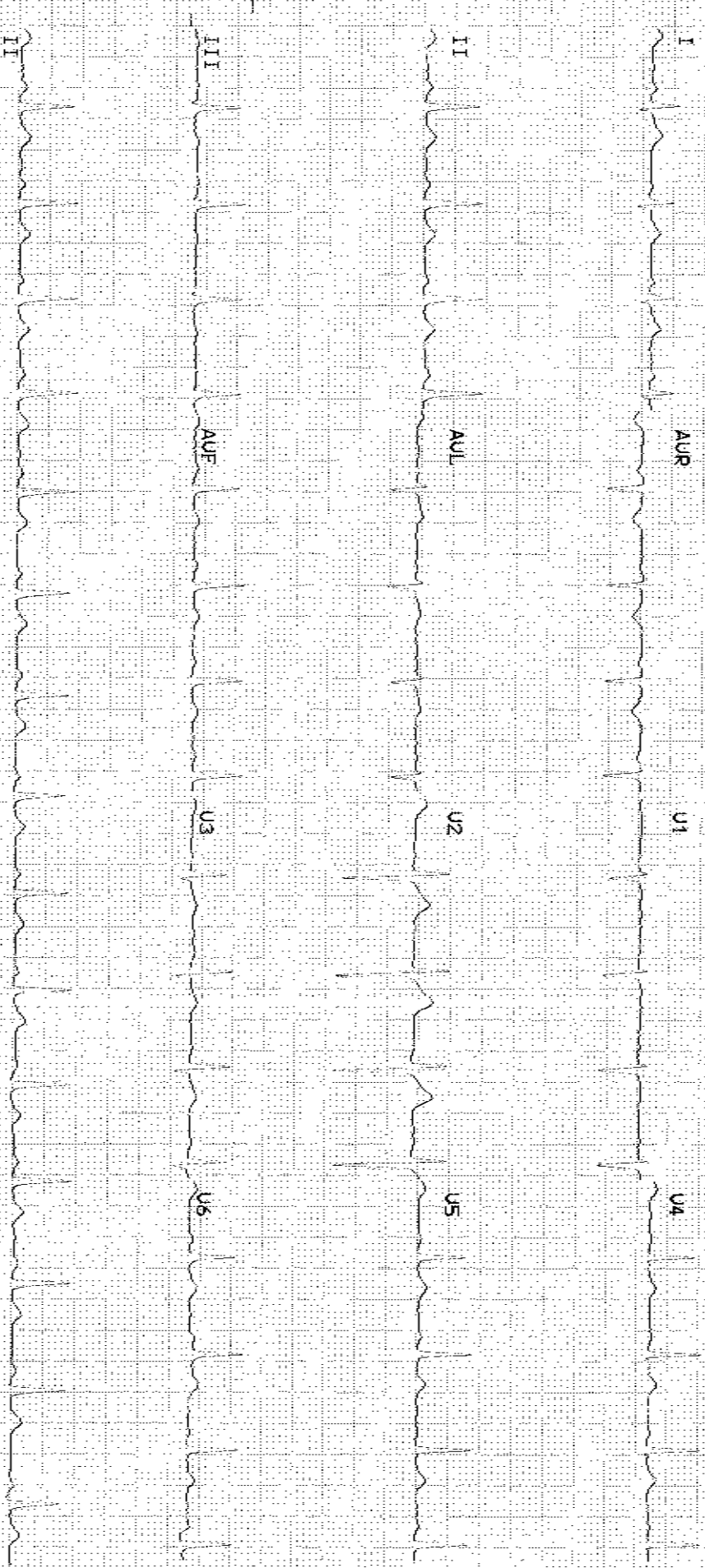
QRS	84 ms
QT/QTcB	322 / 403 ms
PR	134 ms
P	96 ms
RR/PP	640 / 645 ms
P/QRS/T	45 / 75 / 35 degrees
QTd/QTcBd	34 / 43 ms
Sokolow	1.3 mV
NK	13



Interpretation:

no signif. comf. abnormality

APOLLO CLINIC - AENTON
 DR. VIDYA DESHPANDE
 (MBS, DCO)
 Unconfirmed report Family Physician
 Reg. No. 50565



Established Patient: Yes

Vitals

Date	Pulse (Beats/min)	B.P (mmHg)	Resp (Rate/min)	Temp (F)	Height (cms)	Weight (Kgs)	Body Fat Percentage (%)	Visceral Fat Level (%)	Body Age (Years)	BMI	Waist Circum (cms)	Hip (cms)	Waist (cms)	Waist & Hip Ratio	User
10-02-2024 16:25	76 Beats/min	120/70 mmHg	20 Rate/min	97 F	170 cms	79 Kgs	%	%	Years	27.34	102 cms	110 cms	cms		AHLL02734

PATIENT NAME :-MR.PRASHANT ABHANG
REFERRED BY :- ARCOFEMI
UHID :-52058

AGE :-33YRS/ M
DATE :- 10.02.2024

2D ECHO CARDIOGRAPHY & COLOR DOPPLER REPORT

- Mitral Valve : Normal.
- Aortic Valve : Normal.
- Tricuspid Valve : Normal.
- Pulmonary Valve : Normal.

RWMA: Absent.

RA : Normal
RV : Normal
IVS : Intact
IAS : Intact
Pericardial effusion : No
IVC : Normal.

AO – 24 mm, LA – 28 mm, LVIDd – 41 mm, LVISd – 21 mm, IVS – 10 mm, PW – 10 mm.

CONCLUSION: Suboptimal window

- Normal size cardiac chambers.
- No RWMA.
- Good LV function LVEF-60%.
- No AR, Trivial MR and TR No PAH.
- No e/o clot, thrombus, vegetation or pericardial effusion.

Apollo Clinic
Dr. Satyajeet Suryawanshi
DNB (Cardiology)
MNAAMS
DR. SATYAJEET SURYAWANSHI
(CONSULTANT CARDIOLOGIST)

P/S : Normal echo does not rule out coronary artery disease.

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Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

© 1860 500 7788

Name: Mr. PRASHANT KISAN ABHANG
Age/Gender: 33 Y/M
Address: A/P WANLWADI, NARAYAN GAON TALUKA JUNNAR
Location: PUNE, MAHARASHTRA
Doctor:
Department: GENERAL
Rate Plan: AUNDH_06042023
Sponsor: ARCOFEMI HEALTHCARE LIMITED
Consulting Doctor: Dr. PRADNYA NIKAM

MR No: CPIM.0000052058
Visit ID: CAUNOPV166321
Visit Date: 10-02-2024 09:32
Discharge Date:
Referred By: SELF

Doctor's Signature

Established Patient: Yes

Vitals

Date	Pulse (Beats/min)	B.P (mmHg)	Resp (Rate/min)	Temp (F)	Height (cms)	Weight (Kgs)	Body Fat Percentage (%)	Visceral Fat Level (%)	Body Age (Years)	BMI	Waist Circum (cms)	Hip (cms)	Waist (cms)	Waist & Hip Ratio	User
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Name: Mr. PRASHANT KISAN ABHANG
Age/Gender: 33 Y/M
Address: A/P WANLWADI, NARAYAN GAON TALUKA JUNNAR
Location: PUNE, MAHARASHTRA
Doctor:
Department: GENERAL
Rate Plan: AUNDH_06042023
Sponsor: ARCOFEMI HEALTHCARE LIMITED
Consulting Doctor: Dr. BALKRISHNA SURYAKANTRAO RANGDAL

MR No: CPIM.0000052058
Visit ID: CAUNOPV166321
Visit Date: 10-02-2024 09:32
Discharge Date:
Referred By: SELF

Doctor's Signature

Name: Mr. PRASHANT KISAN ABHANG
Age/Gender: 33 Y/M
Address: A/P WANLWADI, NARAYAN GAON TALUKA JUNNAR
Location: PUNE, MAHARASHTRA
Doctor:
Department: GENERAL
Rate Plan: AUNDH_06042023
Sponsor: ARCOFEMI HEALTHCARE LIMITED
Consulting Doctor: Dr. RUCHIKA SRIVASTAVA

MR No: CPIM.0000052058
Visit ID: CAUNOPV166321
Visit Date: 10-02-2024 09:32
Discharge Date:
Referred By: SELF

HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS

SYSTEMIC REVIEW

HT-HISTORY

PHYSICAL EXAMINATION

SYSTEMIC EXAMINATION

IMPRESSION

RECOMMENDATION

Doctor's Signature

Name: Mr. PRASHANT KISAN ABHANG
Age/Gender: 33 Y/M
Address: A/P WANLWADI, NARAYAN GAON TALUKA JUNNAR
Location: PUNE, MAHARASHTRA
Doctor:
Department: GENERAL
Rate Plan: AUNDH_06042023
Sponsor: ARCOFEMI HEALTHCARE LIMITED
Consulting Doctor: Dr. VIDYA DESHPANDE

MR No: CPIM.0000052058
Visit ID: CAUNOPV166321
Visit Date: 10-02-2024 09:32
Discharge Date:
Referred By: SELF

HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS

SYSTEMIC REVIEW

HT-HISTORY

PHYSICAL EXAMINATION

SYSTEMIC EXAMINATION

IMPRESSION

RECOMMENDATION

Doctor's Signature

Patient Name	: Mr. PRASHANT KISAN ABHANG	Age/Gender	: 33 Y/M
UHID/MR No.	: CPIM.0000052058	OP Visit No	: CAUNOPV166321
Sample Collected on	:	Reported on	: 10-02-2024 16:46
LRN#	: RAD2232107	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: 342215		

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

Liver appears normal in size and echotexture. No focal lesion is seen.

PV and CBD are normal.

No dilatation of the intrahepatic biliary radicals.

Gall bladder is well distended. No evidence of calculus. Wall thickness appears normal. No evidence of peri-GB collection. No evidence of focal lesion is seen.

Pancreas appears normal in echopattern. No focal/mass lesion/calcification. No evidence of peripancreatic free fluid or collection. Pancreatic duct appears normal.

Spleen appears normal. No focal lesion seen. Splenic vein appears normal.

Right Kidney is -10.3 x 4.7 cm. Left Kidney is - 11.0 x 5.9 cm.

Both Kidneys are normal in size and echotexture.

The cortico medullary differentiation is maintained bilaterally.

No evidence of calculus / hydronephrosis seen on either side.

Urinary bladder is normal. No evidence of filling defect or mass effect. The wall thickness is normal.

Prostate is normal in size and echotexture. No evidence of calcification seen.

No obvious free fluid or lymphadenopathy is noted in the abdomen .

IMPRESSION :

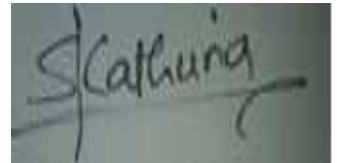
No significant abnormality seen.

Patient Name : Mr. PRASHANT KISAN ABHANG

Age/Gender : 33 Y/M

Suggest – clinical correlation.

(The sonography findings should always be considered in correlation with the clinical and other investigation finding where applicable.) It is only a professional opinion, not valid for medico legal purpose.



Dr. SUHAS SANJEEV KATHURIA
MBBS,DMRE, RADIOLOGY
Radiology

Patient Name : Mr. PRASHANT KISAN ABHANG

Age/Gender : 33 Y/M

UHID/MR No. : CPIM.0000052058

OP Visit No : CAUNOPV166321

Sample Collected on :

Reported on : 10-02-2024 18:21

LRN# : RAD2232107

Specimen :

Ref Doctor : SELF

Emp/Auth/TPA ID : 342215

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

No evidence of any focal lesion.

Trachea is central in position.

Costophrenic angles are clear.

Cardio thoracic ratio is normal.

Cardiac silhouette is well maintained.

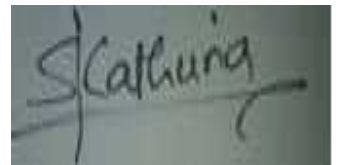
Mediastinal and hilar regions are normal.

Both diaphragmatic domes are well visualized and normal.

Visualized skeleton and soft tissues around thoracic cage appear normal.

COMMENT: No significant abnormality seen.

Please correlate clinically.



Dr. SUHAS SANJEEV KATHURIA
MBBS, DMRE, RADIOLOGY
Radiology

Patient Name : Mr.PRASHANT KISAN ABHANG	Collected : 10/Feb/2024 09:40AM
Age/Gender : 33 Y 1 M 25 D/M	Received : 10/Feb/2024 01:43PM
UHID/MR No : CPIM.0000052058	Reported : 10/Feb/2024 03:24PM
Visit ID : CAUNOPV166321	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 342215	

DEPARTMENT OF HAEMATOLOGY

PERIPHERAL SMEAR , WHOLE BLOOD EDTA

RBC's are Normocytic Normochromic
WBC's are normal in number and morphology
Platelets are Adequate
No Abnormal cells/hemoparasite seen.



Dr Sneha Shah
MBBS, MD (Pathology)
Consultant Pathologist

SIN No:BED240033511

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab



Patient Name : Mr.PRASHANT KISAN ABHANG	Collected : 10/Feb/2024 09:40AM
Age/Gender : 33 Y 1 M 25 D/M	Received : 10/Feb/2024 01:43PM
UHID/MR No : CPIM.0000052058	Reported : 10/Feb/2024 03:24PM
Visit ID : CAUNOPV166321	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 342215	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	15.8	g/dL	13-17	Spectrophotometer
PCV	44.50	%	40-50	Electronic pulse & Calculation
RBC COUNT	4.82	Million/cu.mm	4.5-5.5	Electrical Impedence
MCV	92.3	fL	83-101	Calculated
MCH	32.7	pg	27-32	Calculated
MCHC	35.4	g/dL	31.5-34.5	Calculated
R.D.W	13.7	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	6,440	cells/cu.mm	4000-10000	Electrical Impedence
DIFFERENTIAL LEUCOCYtic COUNT (DLC)				
NEUTROPHILS	62	%	40-80	Electrical Impedence
LYMPHOCYTES	29.2	%	20-40	Electrical Impedence
EOSINOPHILS	1.3	%	1-6	Electrical Impedence
MONOCYTES	7.2	%	2-10	Electrical Impedence
BASOPHILS	0.3	%	<1-2	Electrical Impedence
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	3992.8	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	1880.48	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	83.72	Cells/cu.mm	20-500	Calculated
MONOCYTES	463.68	Cells/cu.mm	200-1000	Calculated
BASOPHILS	19.32	Cells/cu.mm	0-100	Calculated
PLATELET COUNT	231000	cells/cu.mm	150000-410000	Electrical impedence
ERYTHROCYTE SEDIMENTATION RATE (ESR)	4	mm at the end of 1 hour	0-15	Modified Westergren
PERIPHERAL SMEAR				

RBC's are Normocytic Normochromic
WBC's are normal in number and morphology
Platelets are Adequate



Dr Sneha Shah
MBBS, MD (Pathology)
Consultant Pathologist

SIN No:BED240033511

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab



Patient Name : Mr.PRASHANT KISAN ABHANG	Collected : 10/Feb/2024 09:40AM
Age/Gender : 33 Y 1 M 25 D/M	Received : 10/Feb/2024 01:43PM
UHID/MR No : CPIM.0000052058	Reported : 10/Feb/2024 03:24PM
Visit ID : CAUNOPV166321	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 342215	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

No Abnormal cells/hemoparasite seen.



Dr Sneha Shah
MBBS, MD (Pathology)
Consultant Pathologist

SIN No:BED240033511

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab



Patient Name : Mr.PRASHANT KISAN ABHANG	Collected : 10/Feb/2024 09:40AM
Age/Gender : 33 Y 1 M 25 D/M	Received : 10/Feb/2024 01:43PM
UHID/MR No : CPIM.0000052058	Reported : 10/Feb/2024 05:36PM
Visit ID : CAUNOPV166321	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 342215	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA				
BLOOD GROUP TYPE	B			Microplate Hemagglutination
Rh TYPE	Positive			Microplate Hemagglutination



DR. Sanjay Ingle
M.B.B.S, M.D (Pathology)
Consultant Pathologist



SIN No: BED240033511

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab

Patient Name : Mr.PRASHANT KISAN ABHANG	Collected : 10/Feb/2024 12:34PM
Age/Gender : 33 Y 1 M 25 D/M	Received : 10/Feb/2024 04:30PM
UHID/MR No : CPIM.0000052058	Reported : 10/Feb/2024 05:26PM
Visit ID : CAUNOPV166321	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 342215	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	88	mg/dL	70-100	HEXOKINASE

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

- Note:
- The diagnosis of Diabetes requires a fasting plasma glucose of $>$ or $=$ 126 mg/dL and/or a random / 2 hr post glucose value of $>$ or $=$ 200 mg/dL on at least 2 occasions.
 - Very high glucose levels ($>$ 450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	115	mg/dL	70-140	HEXOKINASE

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.



DR. Sanjay Ingle
M.B.B.S, M.D (Pathology)
Consultant Pathologist

SIN No: PLP1417688

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab



Patient Name : Mr.PRASHANT KISAN ABHANG	Collected : 10/Feb/2024 09:40AM
Age/Gender : 33 Y 1 M 25 D/M	Received : 10/Feb/2024 01:48PM
UHID/MR No : CPIM.0000052058	Reported : 10/Feb/2024 05:08PM
Visit ID : CAUNOPV166321	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 342215	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HBA1C (GLYCATED HEMOGLOBIN) , WHOLE BLOOD EDTA				
HBA1C, GLYCATED HEMOGLOBIN	5.7	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	117	mg/dL		Calculated

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
 - A: HbF >25%
 - B: Homozygous Hemoglobinopathy.
 (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)



Dr Sneha Shah
MBBS, MD (Pathology)
Consultant Pathologist

SIN No:EDT240014767

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab



Patient Name : Mr.PRASHANT KISAN ABHANG	Collected : 10/Feb/2024 09:40AM
Age/Gender : 33 Y 1 M 25 D/M	Received : 10/Feb/2024 01:59PM
UHID/MR No : CPIM.0000052058	Reported : 10/Feb/2024 05:28PM
Visit ID : CAUNOPV166321	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 342215	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	173	mg/dL	<200	CHO-POD
TRIGLYCERIDES	133	mg/dL	<150	GPO-POD
HDL CHOLESTEROL	41	mg/dL	40-60	Enzymatic Immuno-inhibition
NON-HDL CHOLESTEROL	132	mg/dL	<130	Calculated
LDL CHOLESTEROL	105.59	mg/dL	<100	Calculated
VLDL CHOLESTEROL	26.57	mg/dL	<30	Calculated
CHOL / HDL RATIO	4.22		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

- Measurements in the same patient on different days can show physiological and analytical variations.
- NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 350mg/dl. When Triglycerides are more than 350 mg/dl LDL cholesterol is a direct measurement.



DR. Sanjay Ingle
M.B.B.S, M.D (Pathology)
Consultant Pathologist



SIN No: SE04625089

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab

Patient Name : Mr.PRASHANT KISAN ABHANG	Collected : 10/Feb/2024 09:40AM
Age/Gender : 33 Y 1 M 25 D/M	Received : 10/Feb/2024 01:59PM
UHID/MR No : CPIM.0000052058	Reported : 10/Feb/2024 05:28PM
Visit ID : CAUNOPV166321	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 342215	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
LIVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	0.45	mg/dL	0.3-1.2	DPD
BILIRUBIN CONJUGATED (DIRECT)	0.10	mg/dL	<0.2	DPD
BILIRUBIN (INDIRECT)	0.35	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	25.69	U/L	<50	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	21.4	U/L	<50	IFCC
ALKALINE PHOSPHATASE	78.22	U/L	30-120	IFCC
PROTEIN, TOTAL	8.04	g/dL	6.6-8.3	Biuret
ALBUMIN	4.74	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	3.30	g/dL	2.0-3.5	Calculated
A/G RATIO	1.44		0.9-2.0	Calculated

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

1. Hepatocellular Injury:

- AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI.
- Disproportionate increase in AST, ALT compared with ALP.
- Bilirubin may be elevated.
- AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1 In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilson's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

- ALP – Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.
- ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.

3. Synthetic function impairment:

- Albumin- Liver disease reduces albumin levels.
- Correlation with PT (Prothrombin Time) helps.



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM				
CREATININE	0.73	mg/dL	0.72 – 1.18	Modified Jaffe, Kinetic
UREA	15.68	mg/dL	17-43	GLDH, Kinetic Assay
BLOOD UREA NITROGEN	7.3	mg/dL	8.0 - 23.0	Calculated
URIC ACID	6.38	mg/dL	3.5–7.2	Uricase PAP
CALCIUM	8.95	mg/dL	8.8-10.6	Arsenazo III
PHOSPHORUS, INORGANIC	3.31	mg/dL	2.5-4.5	Phosphomolybdate Complex
SODIUM	140.91	mmol/L	136–146	ISE (Indirect)
POTASSIUM	4.2	mmol/L	3.5–5.1	ISE (Indirect)
CHLORIDE	102.11	mmol/L	101–109	ISE (Indirect)



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	20.50	U/L	<55	IFCC



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Age/Gender : 33 Y 1 M 25 D/M	Received : 10/Feb/2024 01:59PM
UHID/MR No : CPIM.0000052058	Reported : 10/Feb/2024 04:38PM
Visit ID : CAUNOPV166321	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 342215	

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM				
TRI-iodothyronine (T3, TOTAL)	1.32	ng/mL	0.7-2.04	CLIA
THYROXINE (T4, TOTAL)	13.31	µg/dL	5.48-14.28	CLIA
THYROID STIMULATING HORMONE (TSH)	2.171	µIU/mL	0.34-5.60	CLIA

Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 – 3.0
Third trimester	0.3 – 3.0

- TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma



Sneha Shah
Dr Sneha Shah
 MBBS, MD (Pathology)
 Consultant Pathologist

SIN No:SPL24022050

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab

Patient Name	: Mr.PRASHANT KISAN ABHANG	Collected	: 10/Feb/2024 09:40AM
Age/Gender	: 33 Y 1 M 25 D/M	Received	: 10/Feb/2024 01:59PM
UHID/MR No	: CPIM.0000052058	Reported	: 10/Feb/2024 04:38PM
Visit ID	: CAUNOPV166321	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 342215		

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324


Dr Sneha Shah
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SIN No:SPL24022050

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab



Patient Name : Mr.PRASHANT KISAN ABHANG	Collected : 10/Feb/2024 09:40AM
Age/Gender : 33 Y 1 M 25 D/M	Received : 10/Feb/2024 01:42PM
UHID/MR No : CPIM.0000052058	Reported : 10/Feb/2024 01:58PM
Visit ID : CAUNOPV166321	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 342215	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
COMPLETE URINE EXAMINATION (CUE) , URINE				
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	<5.5		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	>1.025		1.002-1.030	Bromothymol Blue
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFIED EHRlich REACTION
BLOOD	NEGATIVE		NEGATIVE	Peroxidase
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	LEUCOCYTE ESTERASE
CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY				
PUS CELLS	2 - 3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1 - 2	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY



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SIN No: UR2279483

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab



Patient Name : Mr.PRASHANT KISAN ABHANG	Collected : 10/Feb/2024 12:34PM
Age/Gender : 33 Y 1 M 25 D/M	Received : 10/Feb/2024 04:41PM
UHID/MR No : CPIM.0000052058	Reported : 10/Feb/2024 05:21PM
Visit ID : CAUNOPV166321	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
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DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick

Sneha Shah

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SIN No:UPP016515

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab



Patient Name : Mr.PRASHANT KISAN ABHANG	Collected : 10/Feb/2024 09:40AM
Age/Gender : 33 Y 1 M 25 D/M	Received : 10/Feb/2024 02:02PM
UHID/MR No : CPIM.0000052058	Reported : 10/Feb/2024 02:22PM
Visit ID : CAUNOPV166321	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 342215	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

*** End Of Report ***



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SIN No:UF010517

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab

