

Name : Mrs. POOJA JAISWAL (30 /F)

Date : 04/03/2022

Address : NEWTOWN, ACTION AREA, CE BLOCK, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by:

UHID : AMHL.0001924557

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH143212



## CHIEF COMPLAINTS

For corporate health checkup  
C/O Scanty flow during menstruation.  
C/O Leucorrhoea.  
C/O Occasional acute pain left side of chest subsides at its own.  
PRESENT KNOWN ILLNESS:-  
No H/O HTN/DM/TB/Asthma/Heart Disease.



## DRUG ALLERGY

NO KNOWN ALLERGY :07/03/2022



## SYSTEMIC REVIEW

### Cardiovascular system

CHEST PAIN – Present occasional,  
BREATHLESSNESS – Present, on exertion.

### Respiratory system

SNEEZING - Yes, COUGH - Yes.

### Gastrointestinal system

APPETITE - Normal, FLATULENCE AND  
DYSPEPSIA - Yes, BOWEL HABITS – Regular.

### Genitourinary system

FREQUENCY – Normal.

### Gynaec history

P0+0, LMP - 14.02.22, Cycle - Regular.

### Central nervous system

MEMORY & CONCENTRATION – Normal, SLEEP  
– Normal.

### Eyes

VISION - Corrected with glasses.

### ENT

HEARING – Normal.

### Skin

Nil significant.

### Weight

Steady.



### Past medical history

Past medical history - nil significant



### Surgical history

Surgical history - Nil



### Personal history

Marital status - Married  
Diet - Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Mild



### Family history

Father - alive  
Mother - alive  
Brothers - 1  
Sisters - 3

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Diabetes - father  
Coronary artery disease - none  
Cancer - None

### Ophthalmology consultation

Ophthalmology findings - Distant vision with glasses 6/6 (Right eye) and 6/6 (Left eye).  
Near vision with glasses N6 (both eye).

## PHYSICAL EXAMINATION



### General

Build - over weight  
Height (in cms) - 160  
Weight (in Kgs) - 69  
BMI - 26.95  
Pallor - no  
Oedema - no



### Cardiovascular system

Heart rate(Per minute) - 81  
Rhythm - Normal  
Systolic(mm of Hg) - 130  
Diastolic(mm of Hg) - 90  
Heart sounds - S1S2+



### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Present.



### Central nervous system

No neurological deficit



### Skin

No significant finding



### Musculo Skeletal System

Extremities - No significant finding  
Spine - No significant finding

Printed By : AVIJIT DAS

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	12.8	g/dl	●	12.0-15.0
RBC COUNT	4.5	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	38.0	%	●	36-46
MCV	84.5	fl	●	83-101
MCH	28.4	pg	●	27-32
MCHC	33.7	%	●	31.5-34.5
RDW	13.0	%	●	11.8-14.0
WBC Count	8100	/cu mm	●	4000-10000
Platelet Count	2.03	lacs/cu mm	●	1.5-4.0
Neutrophils	62	%	●	40-80
Lymphocytes	28	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	04	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	31 *	mm/1st hr	●	0-20

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	0-2	/hpf		

Epithelial Cells	6-8 /h.p.f /hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	39	U/L	●	10-40
ALBUMIN - SERUM	4.1	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	62	U/L	●	42-98
AST (SGOT) - SERUM	34	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.5	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	163	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.8	mg/dL	●	0.6-1.1

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 15 U/L ● 7-64

TOTAL T3: TRI IODOTHYRONINE - SERUM 1.0 ng/ml ● 0.8-2

TOTAL T4: THYROXINE - SERUM 9.9 µg/dL ● 5.1-14.1

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 75 mg/dL ● 70-99

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 108 mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 100 mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 2.8 µIU/mL ● 0.270-4.200

HBA1C (GLYCOSYLATED

HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.4 % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 4.1 mg/dL ● 2.6-6.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.1 mg/dL ● 0.0-0.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 40 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 97 mg/dL ● 0-100
VLDL CHOLESTEROL - SERUM (Calculated) 26 mg/dL ● 0-35

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 6.6 \* mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.4 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 3.3 g/dL ● 1.8-3.6

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.3:1.0 1.0-2.0

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

PAP SMEAR /CERVICAL SMEAR

Ref No: AG01.C2200969
SPECIMEN TYPE: Conventional cervical smear (Pap) x 1
SPECIMEN ADEQUACY: Satisfactory for evaluation without endocervical cells.
INTERPRETATION/RESULT: Negative for intraepithelial lesion or malignancy,with no organism

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

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#### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

#### ULTRASOUND SCREENING WHOLE ABDOMEN

\* Fatty changes in liver - Grade I.

#### X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

#### Haematology

STOOL ROUTINE

 Within Normal Range     Borderline High/Low     Out of Range

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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