

भारत सरकार  
Government of India



अरविन्द कुमार सहारन  
Arvind Kumar Saharan  
जन्म तिथि/DOB: 01/07/1985  
पुरुष / MALE



9150 2008 3398

मेरा आधार, मेरी पहचान

भारतीय विशिष्ट पहचान प्राधिकरण  
Unique Identification Authority of India




पता:  
S/O विजय सिंह सहारन, 62,  
चणक्य नगर, नई शिव बाडी रोड,  
बीकानेर, बीकानेर,  
राजस्थान - 334001

Address:  
S/O Vijay Singh Saharan, 62,  
Chankya Nagar, New Shiv Bari  
Road, Bikaner, Bikaner,  
Rajasthan - 334001

9150 2008 3398

1947  

  
Rajasthan Diagnostic &  
Medical Research Centre  
Jhunjhunu





# RAJASTHANI DIAGNOSTIC & MR CENTRE

FULLY COMPUTERISED PATHOLOGY LABORATORY

MRI

CT SCAN

TMT

SONOGRAPHY

X-RAY

ECC

MAMOGRAPHY

NAME	ARVIND KUMAR SAHARAN	AGE-	SEX: M
REF/BY:	BOB HEALTH CHEKUP	DATE	15-Nov-24

## ULTRASONOGRAPHY WHOLE ABDOMEN

**Liver:** is enlarged in size 15.5 cm, shape and mild to moderate bright echotexture. No IHBR dilatation is seen. No focal mass seen. Portal vein and hepatic veins are normal in diameter. Common bile duct is normal in diameter and lumen is clear.

**Gall bladder:** is normal in size shape, location with echo free lumen. Wall thickness is normal. No echogenic shadow suggestive of calculus is seen. No focal mass or lesion is seen.

**Pancreas:** is normal in size, shape and echotexture. No focal mass or lesion is detected. Pancreatic duct is not dilated.

**Rt. Kidney:** is normal in size, shape, position and echotexture. Corticomedullary differentiation is well maintained. No evidence of definite calculus/ hydronephrosis is seen.

**Lt. Kidney:** is normal in size, shape, position and echotexture. Corticomedullary differentiation is well maintained. No evidence of definite calculus/ hydronephrosis is seen.

**Spleen:** is normal in size 11.5 cm, regular in shape and echo texture. No focal lesion is seen. Splenic vessels are normal.

**Urinary Bladder:** is well distended. Outline of bladder is regular. Wall thickness is normal. No focal mass is seen. No echogenic shadow suggestive of calculus is seen.

**Prostate:** is normal in size, regular in shape and outline. Capsule is intact.

No evidence of ascites is seen. No significant Lymphadenopathy is seen. No obvious bowel pathology is seen. Retroperitoneum including aorta, IVC are unremarkable.

### IMPRESSION:

- ❖ Grade I/II fatty liver with mild hepatomegaly.

Advised: clinicopathological correlation

DR. NIRMALA ROYAL  
MD RADIODIAGNOSIS

Dr. Nirmala Royal  
MD (Radiodiagnosis)  
RMC 32422/24686



THIS REPORT IS NOT VALID FOR MEDICO LEGAL PURPOSE





# RAJASTHANI DIAGNOSTIC & MR CENTRE

FULLY COMPUTERISED PATHOLOGY LABORATORY

MRI

CT SCAN

TMT

SONOGRAPHY

X-RAY

ECG

MAMOGRAPHY

Patient Name	ARVIND KUMAR SAHARAN	Patient ID	
Age	39 YRS	Date	15-Nov-24
Gender	M	Ref.Doctor	SELF

## X RAY CHEST (PA VIEW)

### FINDINGS:

Multiple reticular radiodensities in bilateral lung parenchyma predominantly in middle and lower zones.

The lungs are otherwisewell-expanded.

The cardiomeastinal silhouette is within normal limits.

No acute osseous abnormality.

Bilateral costophrenic and cardiophrenicangles are clear.

### IMPRESSION:

- Multiple reticular radiodensities in bilateral lung parenchyma likely fibroatelectatic changes of old infective aetiology. No active infection/inflammation.

*Nirmala*  
Dr. Nirmala Royal  
MD (Radiodiagnosis)  
RMC - 32422/24686

*Note - Please correlate the measurements on the typed report with the image and in case of any discrepancy/doubt, please contact us immediately. There is only a professional opinion and should be correlated clinically. No valid for medico-legal purpose.*

Dr. Nirmala Royal  
MD (Radiodiagnosis)  
RMC 32422/24686



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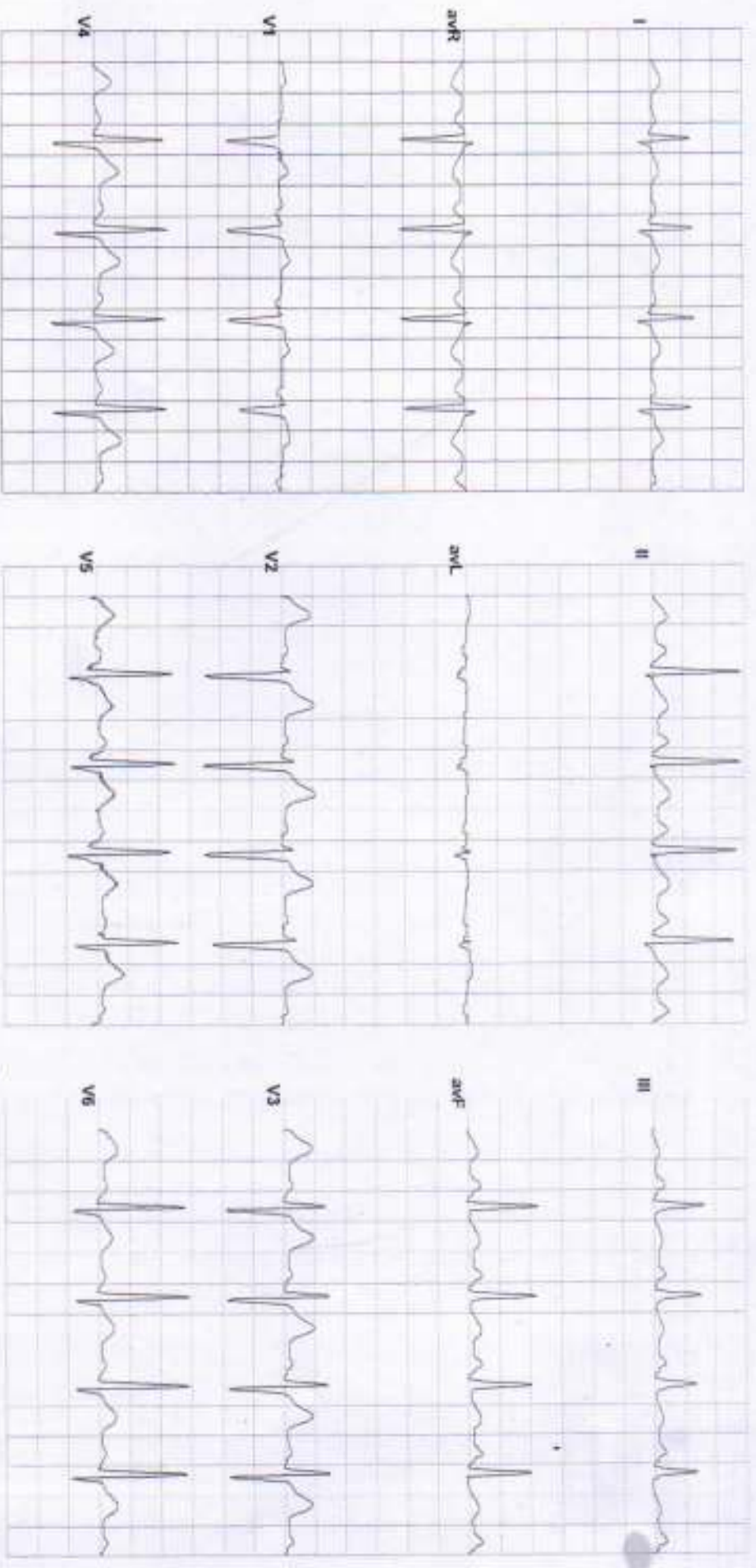


**RAJASTHANI DIAG. & MR CENTRE, JHUNJHUNU**

43 / ARVIND KUMAR SAHARAN / 39 Yrs / M / 166Cms. / 51Kgs / Non Smoker

Heart Rate : 98 bpm / Tested On : 15-Nov-24 12:08:08 / HF 0.05 Hz - LF 35 Hz / Notch 50 Hz / Sn 1.00 Cm/mV / Sw 25 mm/s  
/ Refd By : BOB HEALTH CHECK UP

**ECG**



Vent Rate : 98 bpm  
PR Interval : 148 ms  
QRS Duration: 84 ms  
QT/QTc Int : 338/405 ms  
P-QRS-T axis: 73.00° • 68.00° • 56.00°



Axis  
R 68.00° T 56.00° P 73.00°

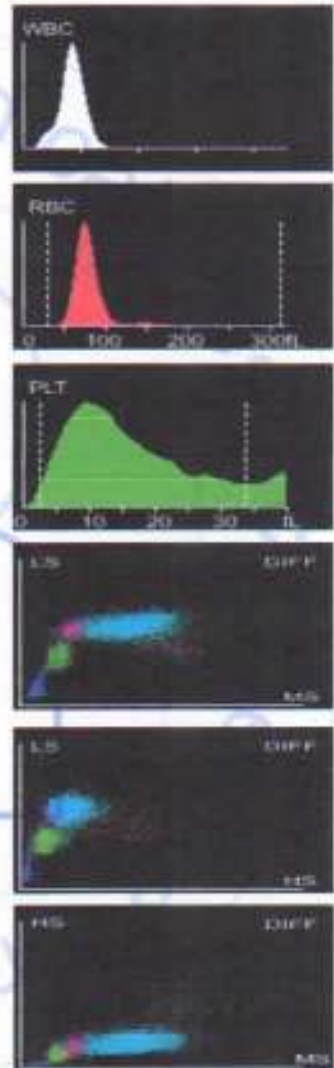
Reported By: *[Signature]*  
Rajasthani Diagnostic & Medical Research Centre  
Jhunjhunu



### Hematology Analysis Report

First Name: ARVIND KUMAR      Sample ID: 9  
 Last Name:                              Department:                              Test Time: 15/11/2024 10:20  
 Gender: Male                              Med Rec. No.:                              Diagnosis:  
 Age: 39 Year

Parameter	Result	Ref. Range	Unit
1 WBC	9.08	4.00-10.00	10 <sup>3</sup> /uL
2 Neu%	64.8	50.0-70.0	%
3 Lym%	23.5	20.0-40.0	%
4 Mon%	7.7	3.0-12.0	%
5 Eos%	3.5	0.5-5.0	%
6 Bas%	0.5	0.0-1.0	%
7 Neu#	5.88	2.00-7.00	10 <sup>3</sup> /uL
8 Lym#	2.13	0.80-4.00	10 <sup>3</sup> /uL
9 Mon#	0.70	0.12-1.20	10 <sup>3</sup> /uL
10 Eos#	0.32	0.02-0.50	10 <sup>3</sup> /uL
11 Bas#	0.05	0.00-0.10	10 <sup>3</sup> /uL
12 RBC	5.58 H	3.50-5.50	10 <sup>6</sup> /uL
13 HGB	13.3	11.0-16.0	g/dL
14 HCT	45.8	37.0-54.0	%
15 MCV	82.1	80.0-100.0	fL
16 MCH	23.8 L	27.0-34.0	pg
17 MCHC	29.0 L	32.0-36.0	g/dL
18 RDW-CV	13.4	11.0-16.0	%
19 RDW-SD	44.9	35.0-56.0	fL
20 PLT	170	100-300	10 <sup>3</sup> /uL
21 MPV	10.9	6.5-12.0	fL
22 PDW	15.7	9.0-17.0	fL
23 PCT	0.185	0.108-0.282	%
24 P-LCR	43.7	11.0-45.0	%
25 P-LCC	74	30-90	10 <sup>3</sup> /uL



Dr. Mamta Khuteja  
 M.D. (Path)  
 RMC No. 4720/16260

Submitter:                              Operator: admin                              Approver:  
 Draw Time: 15/11/2024 10:17      Received Time: 15/11/2024 10:17      Validated Time:  
 Report Time: 15/11/2024 16:44      Remarks:

\*The Report is responsible for this sample only. If you have any questions, please contact us in 24 hours



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# RAJASTHANI DIAGNOSTIC & MRI CENTRE



FULLY COMPUTERISED PATHOLOGY LABORATORY

MRI CT SCAN TMT SONOGRAPHY X-RAY ECG MAMOGRAPHY

NABL CERTIFICATE NO.  
MC-5346

Patient Name: **ARVIND KUMAR SAHARAN**  
Sr. No. : 15704  
Patient ID No. : 11795  
Age : 39 Gender : **MALE**  
Ref. By Dr : **MEDI-WHEEL HEALTH CHECKUP**



Registered on : 15-11-2024 11:10 AM  
Collected On : 15-11-2024 11:10 AM  
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Reported On : 15-11-2024 05:03 PM  
Bar Code   
LIS Number 7 8 1 2

## LIPID PROFILE COMPLETE

Test Name	Observed Values	Units	Reference Intervals
Cholesterol <small>(Method: CHOD-PAP)</small>	196.00	mg/dL	Adults- Desirable: <200 Borderline: 200-239 High: >239 Children- Desirable: <170 Borderline: 170-199 High: >199
HDL Cholesterol	46.30	mg/dL	35-88
Triglycerides <small>(Method: GPO)</small>	142.00	mg/dL	Recommended triglycerides levels for adults, Normal: <161 High: 161-199 Hypertriglycerdemic: 200-499 Very high: >499
LDL Cholesterol	121.30	mg/dL	0-150
VLDL Cholesterol	28.40	mg/dL	0-36
TC/HDL Cholesterol Ratio	4.23	Ratio	2.5-5
LDL/HDL Ratio	2.62	Ratio	1.5-3.5

## HAEMATOLOGY

Test Name	Observed Values	Units	Reference Intervals
ESR (Erythrocyte Sedimentation Rate)	18	mm/hr	20
BLOOD GROUPING (ABO & Rh )	O+ Positive		

  
Dr. Ashish Sethi  
Consultant Biochemist



  
Dr. Anil Kumar  
M.D. (P)  
Pathologist



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Bar Code   
LIS Number **7 8 1 2**

### HAEMATOLOGY

#### HbA1c(Glycosylated hemoglobin)

Test Name	Observed Values	Units	Reference Intervals
HbA1c(Glycosylated hemoglobin)	4.90	%	< 6.50 Non-Diabetic 6.50 - 7.00 Very Good Control 7.10 - 8.00 Adequate Control 8.10 - 9.00 Suboptimal Control 9.10 - 10.00 Diabetic Poor Control > 10.00 Very Poor Control
eAG (Estimated Average Glucose)	93.93	mg/dL	
eAG (Estimated Average Glucose)	5.21	mmol/L	

Method : Fluorescence Immunoassay Technology

Sample Type : EDTA Blood

Test Performed by:-

Fully Automated (EM 200 ) ERBA MANNHEIM.

#### Remarks :

Glycosylated Hemoglobin Testing is Recommended for both (a) Checking Blood Sugar Control in People who might be Pre-Diabetic. (b) Monitoring Blood Sugar Control in patients in more elevated levels, termed Diabetes Mellitus. The American Diabetic Association suggests that the Glycosylated Hemoglobin Test be Performed atleast Two Times in Year in Patients with Diabetes that are meeting Treatment Goals (and That have stable glycemic Control) and Quarterly in Patients with Diabetes whos therapy has changed or that are not meeting Glycemic Goals.

Glycosylated Hemoglobin measurement is not appropriate where there has been change in diet or Treatment within 6 Weeks. Hence people with recent Blood Loss, Hemolytic Anemia, or Genetic Differences in the Hemoglobin Molecule (Hemoglobinopathy) such as Sickle-cell Disease and other Conditions, as well as those that have donated Blood recently, are not suitable for this Test.



*Ashish Sethi*

Dr. Ashish Sethi  
Consultant Biochemist



*Kavita Khilji*

Dr. Kavita Khilji  
Pathologist



PATHOLOGIST

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MRI CT SCAN TMT SONOGRAPHY X-RAY ECG MAMOGRAPHY

NABL CERTIFICATE NO.  
MC-5346

Patient Name: <b>ARVIND KUMAR SAHARAN</b> Sr. No. : 15704 Patient ID No.: 11795 Age : 39 Gender : <b>MALE</b> Ref. By Dr : <b>MEDI-WHEEL HEALTH CHECKUP</b>		Registered on : 15-11-2024 11:10 AM Collected On : 15-11-2024 11:10 AM Received On : 15-11-2024 11:10 AM Reported On : 15-11-2024 05:03 PM Bar Code  LIS Number 7 0 1 2
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## BIO-CHEMISTRY

Test Name	Observed Values	Units	Reference Intervals
Glucose Fasting (Mifast / GOD-POD)	112.00	mg/dL	Glucose: Fasting Cord: 45-96 New born, 1d: 40-60 New born >1d: 50-80 Child: - 60-100 Adult: 74-100 >60 Y: 82-115 >90 Y: 75-121

## KIDNEY FUNCTION TEST

Test Name	Observed Values	Units	Reference Intervals
Blood Urea (Mifast / Urease-BLDH)	29.00	mg/dL	Adults Women < 50 years : 13-40 Women > 50 years : 21-43 Men < 50 years : 19-45 Men > 50 years : 18-55 Children 1-3 years : 11-36 4-13 years : 15-36 13-19 years : 18-45
Creatinine (Mifast / Creatinine Creatinase)	0.86	mg/dL	0.4-1.40
Calcium	10.24	mg/dL	8.5-11
Uric Acid (Nemo / Uricase-POD)	4.16	mg/dL	2.4-7.2

*Ashish Sathi*

Dr. Ashish Sathi  
Consultant Biochemist



*Manish Bhatia*  
Senior Analyst



PATHOLOGIST

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# RAJASTHANI DIAGNOSTIC & MRI CENTRE



FULLY COMPUTERISED PATHOLOGY LABORATORY

MRI CT SCAN TMT SONOGRAPHY X-RAY ECG MAMOGRAPHY

NABL CERTIFICATE NO. MC-5346

Patient Name: **ARVIND KUMAR SAHARAN**  
 Sr. No. : 15704  
 Patient ID No.: 11795  
 Age : 39 Gender : MALE  
 Ref. By Dr : **MEDI-WHEEL HEALTH CHECKUP**



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 Bar Code   
 LIS Number 7 8 1 2

## BIO-CHEMISTRY Liver Function Test

Test Name	Observed Values	Units	Reference Intervals
SGOT/AST(Tech.: -UV Kinetic)	26.00	U/L	5-40
SGPT/ALT(Tech.: -UV Kinetic)	31.00	U/L	5-40
Bilirubin(Total) <small>(Method: Diazo)</small>	0.98	mg/dL	Adults: 0-2, Cord < 2 Newborns, premature 0-1 day 1-6, 1-2 days: 6-12, 3-5 days 10-14 Newborns, full term 0-1 day: 2-6, 1-2 days: 6-10, 3-5 days: 4-6
Bilirubin(Direct)	0.22	mg/dL	0-0.3
Bilirubin(Indirect)	0.76	mg/dL	0.1-1.0
Total Protein <small>(Method: BIURET Method)</small>	6.89	g/dL	Adults: 6.4 - 8.3 Premature: 3.6 - 6.0 Newborn: 4.6 - 7.0 1 Week: 4.4 - 7.6 7-12 months: 5.1 - 7.3 1-2 Years: 5.8 - 7.5 > 2 Years: 6.0 - 8.0
Albumin(Tech.: -BCG) <small>(Method: BCG)</small>	3.91	gm/dL	0-4 days: 2.8-4.4 4-14 yrs: 3.8-5.4 14y-18y: 3.2-4.6 Adults 20-80 yrs: 3.5-5.2 60-90 yrs: 3.2-4.6
Globulin(CALCULATION)	2.98	gm/dL	2.5-4.5
A/G Ratio(Tech.: -Calculated)	1.31		1.2 - 2.5
Alkaline Phosphatase(Tech.: -Pnp Amp Kinetic)	219.00	U/L	108-303

*Ashish Sethi*  
 Dr. Ashish Sethi  
 Consultant Biochemist

**24/7**  
 EMERGENCY SERVICE LOGIST

*Hemal Khilji*  
 Dr. Hemal Khilji  
 MD (P) Pathology

**PATHOLOGIST**  


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**B-110, Indra Nagar, Jhunjhunu (Raj.) Ph. No. 01592-294977**



# RAJASTHANI DIAGNOSTIC & MRI CENTRE



FULLY COMPUTERISED PATHOLOGY LABORATORY

MRI CT SCAN TMT SONOGRAPHY X-RAY ECG MAMOGRAPHY

NABL CERTIFICATE NO. MC-5346

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Sr. No. : 15704  
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## THYROID HORMONES T3,T4,TSH (THYROID PROFILE)

Test Name	Observed Values	Units	Reference Intervals
T3 (Total Triiodothyronine)	0.88	ng/mL	0.5 - 1.8 ng/mL
T4 (Total Thyroxine)	7.36	µg/dL	4.60-12.50 µg/dL
TSH (Thyroid Stimulating Hormone)	2.51	µIU/mL	0.35-5.50

Sample Type : **Serum**

Test Performed by:-

Fully Automated Chemi Luminescent Immuno Assay (ARCHITECT- i1000 PLUS ) Abbott USA

Remarks :

Primary malfunction of the Thyroid gland may result in excessive (hyper) or Low (hypo) release of T3 or T4. In addition, as TSH directly affect thyroid function, malfunction of the pituitary or the hypothalamus influences the thyroid gland activity.

Disease in any portion of the thyroid-pituitary-hypothalamus system may influence the level of T3 and T4 in the blood, in Primary Hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels may be low. In addition, in Euthyroid sick syndrome, multiple alterations in serum thyroid function test findings have been recognized.



Dr. Ashish Sethi  
Consultant Biochemist

**24/7**  
EMERGENCY SERVICE  
LOGIST



Dr. Anshu Wadhwa  
M.D. (Genl)  
MBBS - 431102

PATHOLOGIST



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**B-110, Indra Nagar, Jhunjhunu (Raj.) Ph. No. 01592-294977**



# RAJASTHANI DIAGNOSTIC & MRI CENTRE



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MRI CT SCAN TMT SONOGRAPHY X-RAY ECG MAMOGRAPHY

NABL CERTIFICATE NO. MC-5346

Patient Name: **ARVIND KUMAR SAHARAN**  
Sr. No. : 15704  
Patient ID No.: 11795  
Age : 39 Gender : **MALE**  
Ref. By Dr : **MEDI-WHEEL HEALTH CHECKUP**



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## URINE EXAMINATION URINE COMPLETE

Test Name	Observed Values	Units	Reference Intervals
<b>PHYSICAL</b>			
Quantity	20	ml	
Colour	Pale Yellow		
Appearance / Transparency	Clear		
Specific Gravity	1.020		
PH	5.5		4.5-6.5
<b>CHEMICAL</b>			
Reaction	Acidic		
Albumin	TRACE		
Urine Sugar	Nil		
<b>MICROSCOPIC</b>			
Red Blood Cells	Nil	/h.p.f.	
Pus Cells	5-7	/h.p.f.	
Epithelial Cells	1-2	/h.p.f.	
Crystals	Nil	/h.p.f.	
Casts	Nil	/h.p.f.	
Bactria	Nil	/h.p.f.	
Others	Nil	/h.p.f.	
Test Name	Observed Values	Units	Reference Intervals
URINE SUGAR FASTING	Nil		

<<< END OF REPORT >>>

>>> Results relate only to the sample as received. Kindly correlate with clinical condition. <<<

Note: This report is not valid for medico legal purposes.

*Ashish Sethi*

Dr. Ashish Sethi  
Consultant Biochemist

**24/7**  
EMERGENCY SERVICE  
LOGIST

*Pathology*



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**B-110, Indra Nagar, Jhunjhunu (Raj.) Ph. No. 01592-294977**

# RAJASTHANI DIAGNOSTIC & MEDICAL RESEARCH CENTRE

B-110,INDIRA NAGAR,SUBHASH MARG,MANDAWA MOD,JHUNJHUNU Email:

ARVIND KUMAR SAHARAN / 39 Yrs / M / 174 Cms / 111 Kg  
 Date: 15 - 11 - 2024 Technician : MANOJ Examined By:

Report



Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:07	0:07	00.0	00.0	01.0	097	54 %	—/—	000	00	
Standing	01:07	1:00	00.0	00.0	01.0	098	54 %	140/94	137	00	
HV	02:02	0:55	00.0	00.0	01.0	098	54 %	140/94	137	00	
Warm UP	03:04	1:02	00.0	00.0	01.0	103	57 %	140/94	144	00	
ExStart	04:15	1:11	01.0	00.0	01.0	112	62 %	140/94	156	00	
BRUCE Stage 1	07:15	3:00	01.7	10.0	04.7	128	71 %	142/96	181	00	
BRUCE Stage 2	10:15	3:00	02.5	12.0	07.1	138	76 %	146/98	201	00	
PeakEx	12:20	2:05	03.4	14.0	09.3	153	85 %	150/102	229	00	
Recovery	12:50	0:30	01.1	00.0	04.2	150	83 %	150/102	225	00	
Recovery	13:20	1:00	01.1	00.0	01.2	139	77 %	152/102	211	00	
Recovery	14:20	2:00	00.0	00.0	01.0	128	71 %	150/98	192	00	
Recovery	15:20	3:00	00.0	00.0	01.0	125	69 %	146/94	182	00	
Recovery	15:25	3:05	00.0	00.0	01.0	124	69 %	146/94	181	00	

## FINDINGS :

Exercise Time : 08:05  
 Initial HR (ExStrt) : 112 bpm 62% of Target 181  
 Initial BP (ExStrt) : 140/94 (mm/Hg)  
 Max Workload Attained : 9.3 Good response to induced stress  
 Max ST Dep Lead & Avg ST Value : III & -0.8 mm in Stage 1  
 Test Objective : BOB HEALTH CHECK UP  
 Test End Reasons : Test Complete, Heart Rate Achieved

Max HR Attained 153 bpm 85% of Target 181  
 Max BP Attained 152/102 (mm/Hg)

## REPORT :

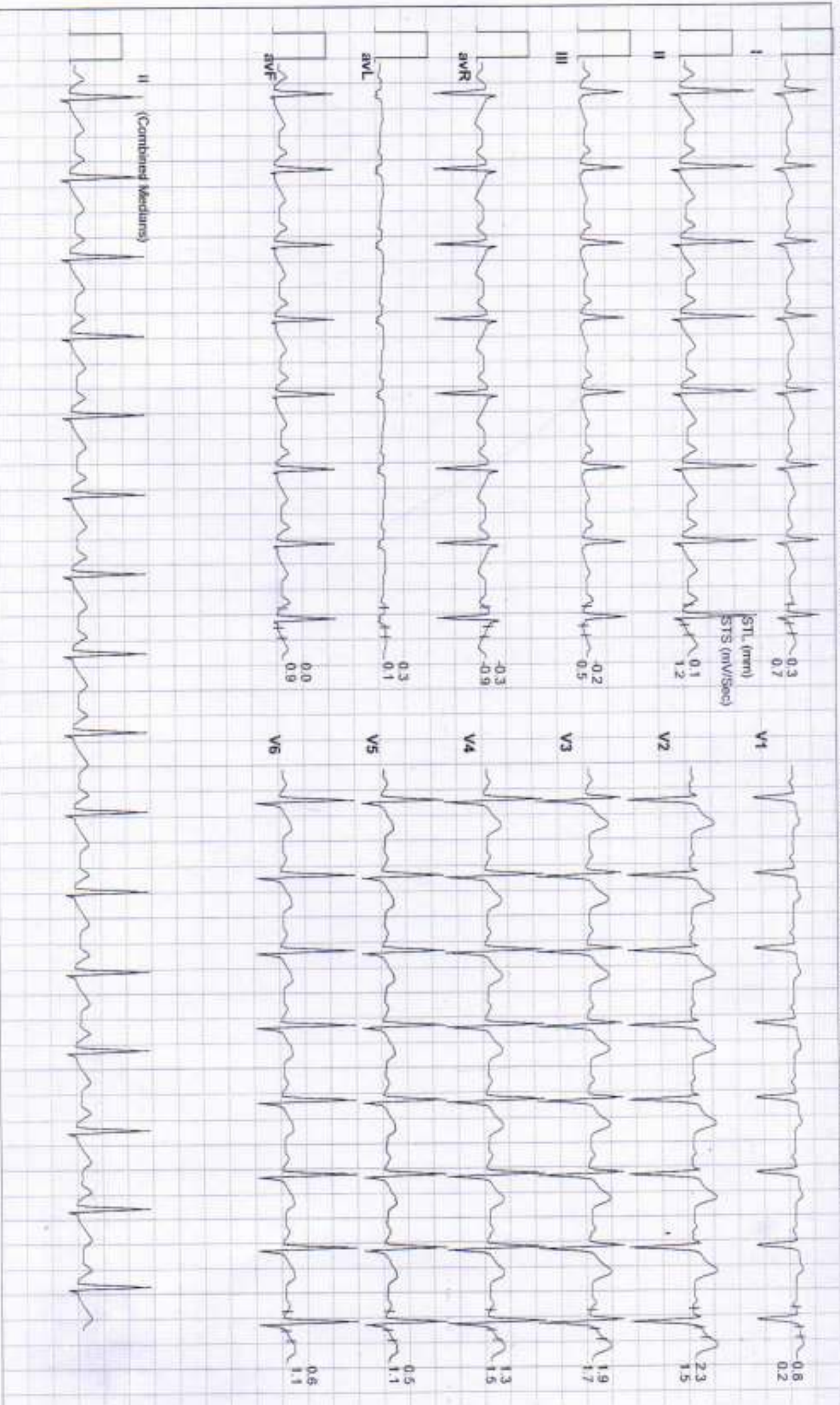
Rajasthan Diagnostic &  
 Medical Research Centre  
 Jhunjhunu  
 Doctor : RDMRC



Date: 15 - 11 - 2024

METS : 1.0 HR : 97 Target HR : 54% of 181 BP : 0/0 Post J @60mSec

ExTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV

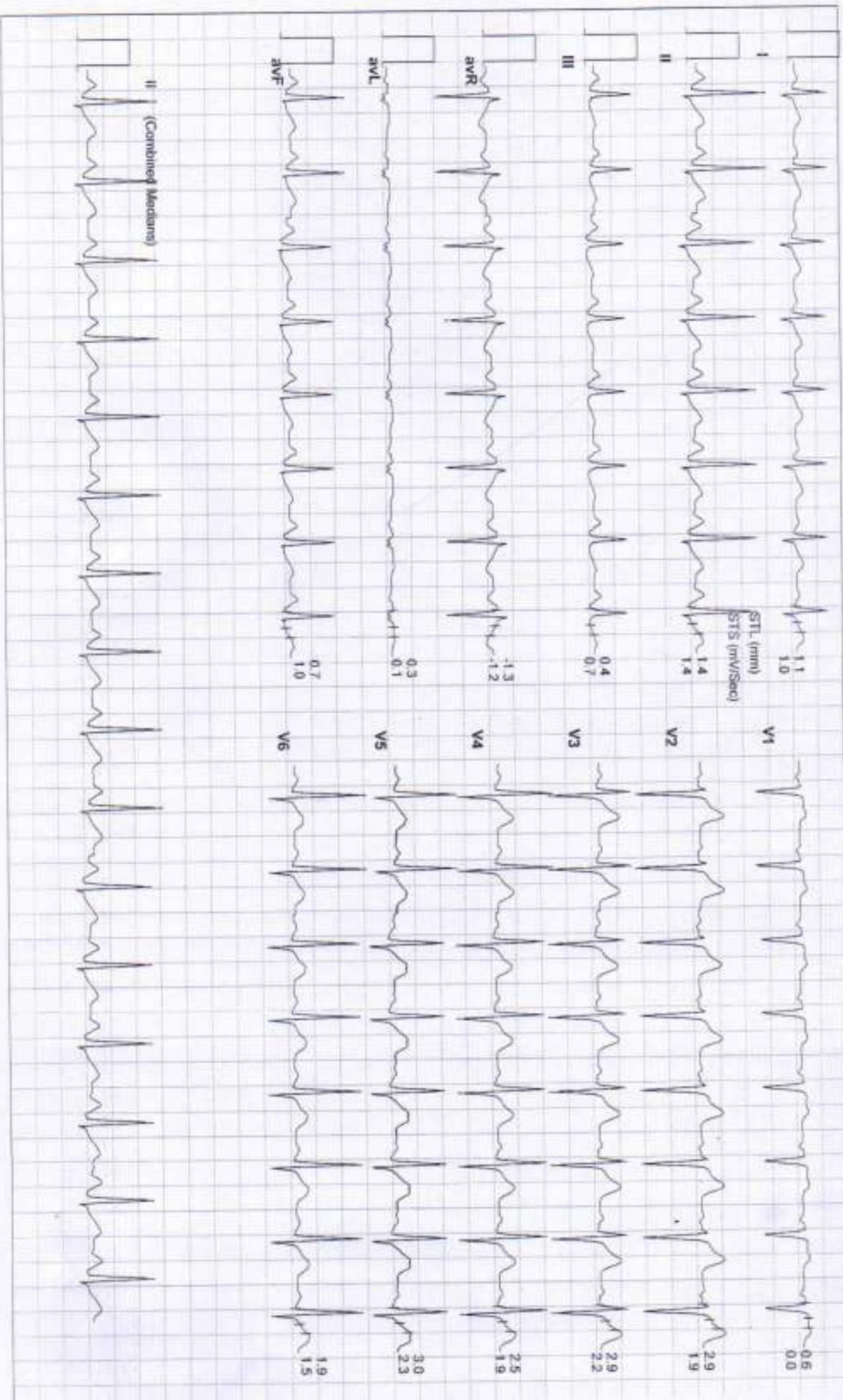




Date: 15 - 11 - 2024

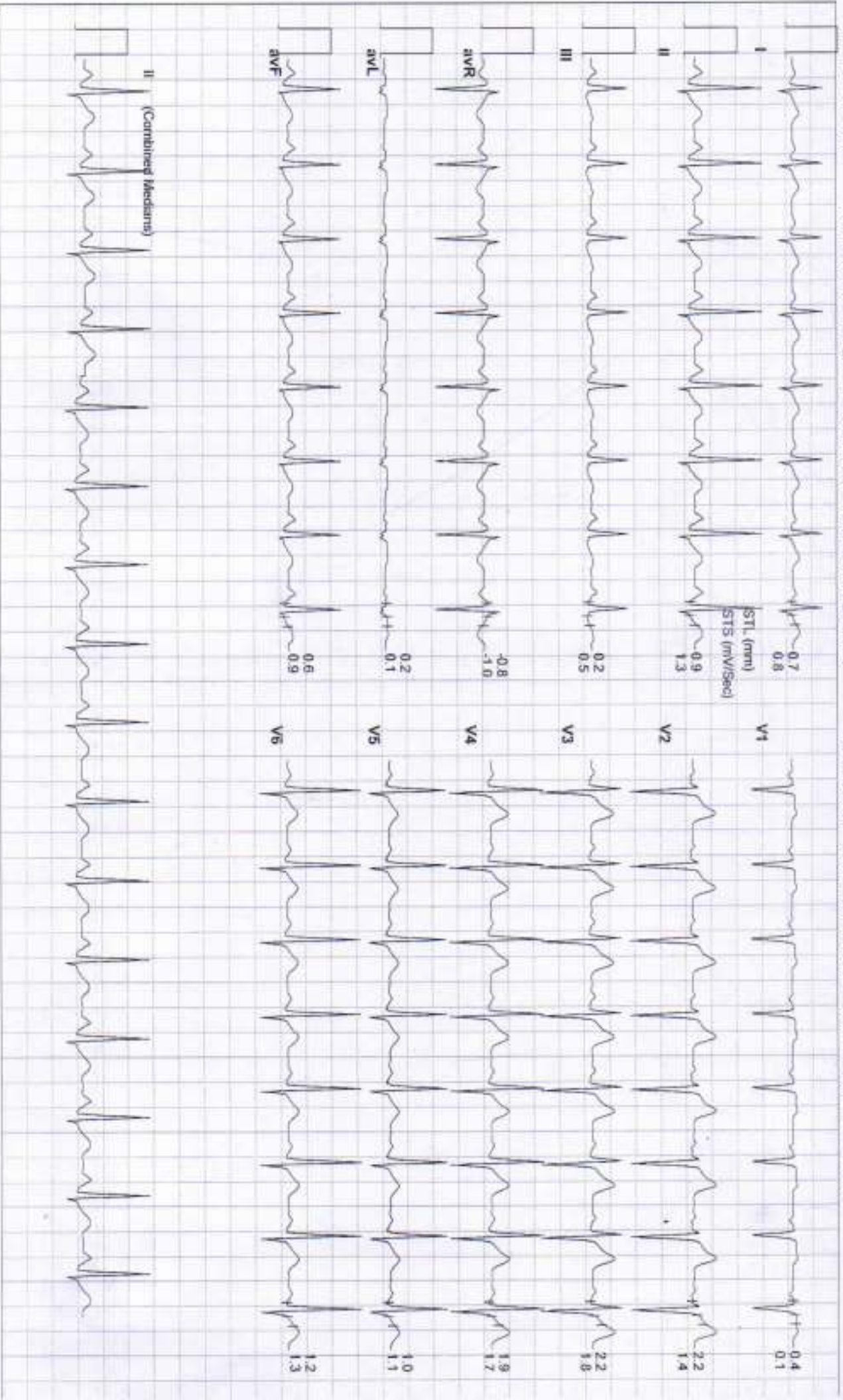
METS - 1.0 HR : 98 Target HR : 54% of 181 BP : 140/94 Post J @80mSec

ExTime: 00:00 Speed: 0.0 mph Grade: 00.00 % 25 mm/Sec 1.0 Cm/mV





Date: 15 - 11 - 2024 METs: 1.0 HR: 98 Target HR: 54% of 181 BP: 140/94 Post J @80mSec ExtTime: 00:00 Speed: 0.0 mph Grade: 00.00 % 25 mm/Sec: 1.0 Cm/IV





RAJASTHANI DIAGNOSTIC & MEDICAL RESEARCH CENTRE

B-110, JINDIRA NAGAR, SUBHASH MARG, MANDAWA MOD, JHUNJHUNU  
ARVIND KUMAR SAHARAN / 39 Yrs / Male / 174 Cm / 111 Kg

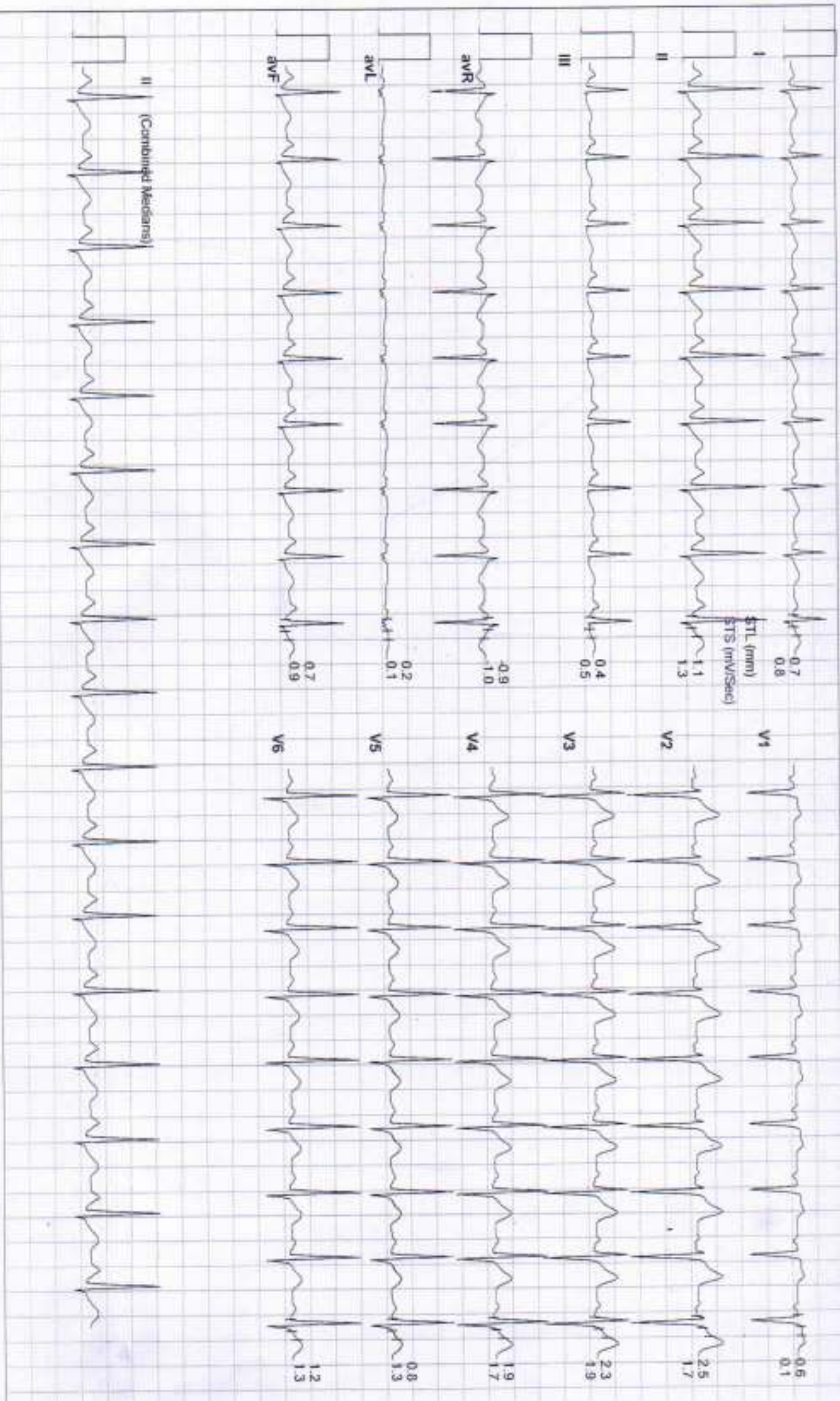
6X2 Combine Medians + 1 Rhythm  
BRUCE: Warm Up(1:02)



Date: 15 - 11 - 2024

METS: 1.0 HR: 103 Target HR: 57% of 181 BP: 140/94 Post J @60mSec

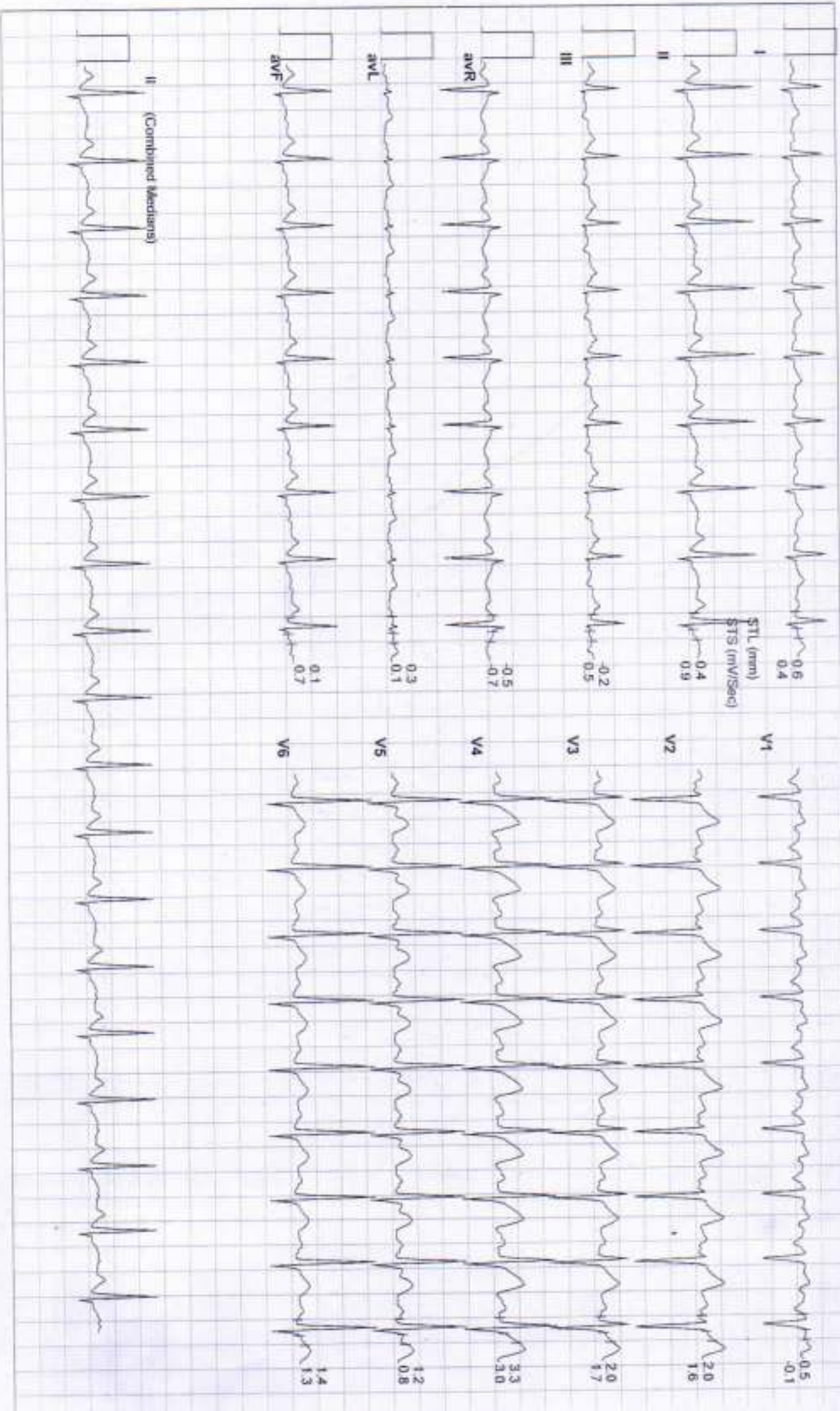
ExTime: 00:00 Speed: 0.0 mph Grade: 00.00 % 25 mm/Sec: 1.0 Cm/mV



II (Continue Medians)



Date: 15 - 11 - 2024 METs : 1.0 HR : 112 Target HR : 62% of 181 BP : 140/94 Post J @BMSec  
 ExTime : 00:00 Speed : 1.0 mph Grade : 00.00 % 25 mm/Sec 1.0 Cm/mV

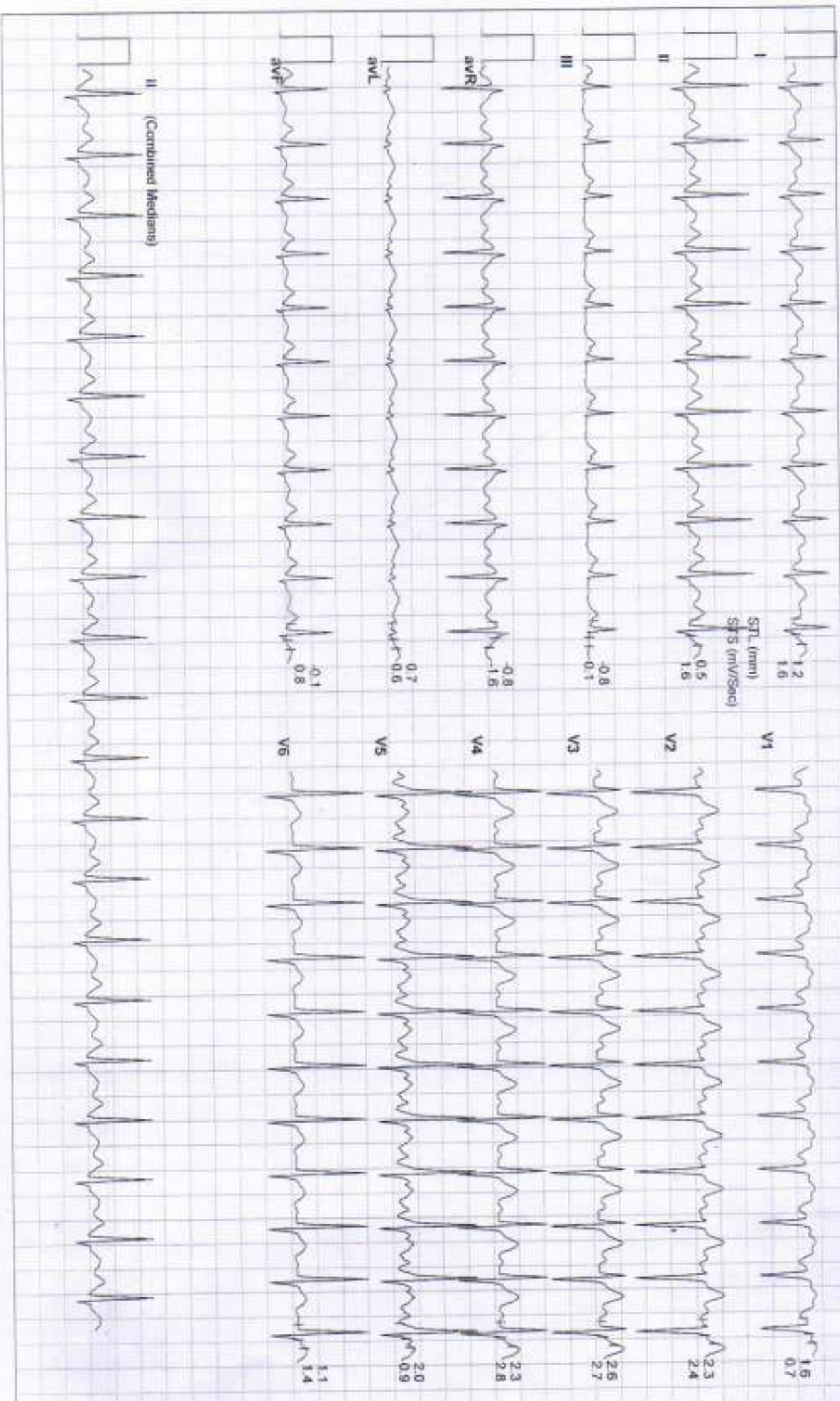




Date: 15 - 11 - 2024

MEETS: 4.7 HR : 128 Target HR : 71% of 181 BP : 142/96 Post J @80mSec

ExTime: 03:00 Speed: 1.7 mph Grade : 10.00 % 25 mm/Sec 1.0 Cm/mV





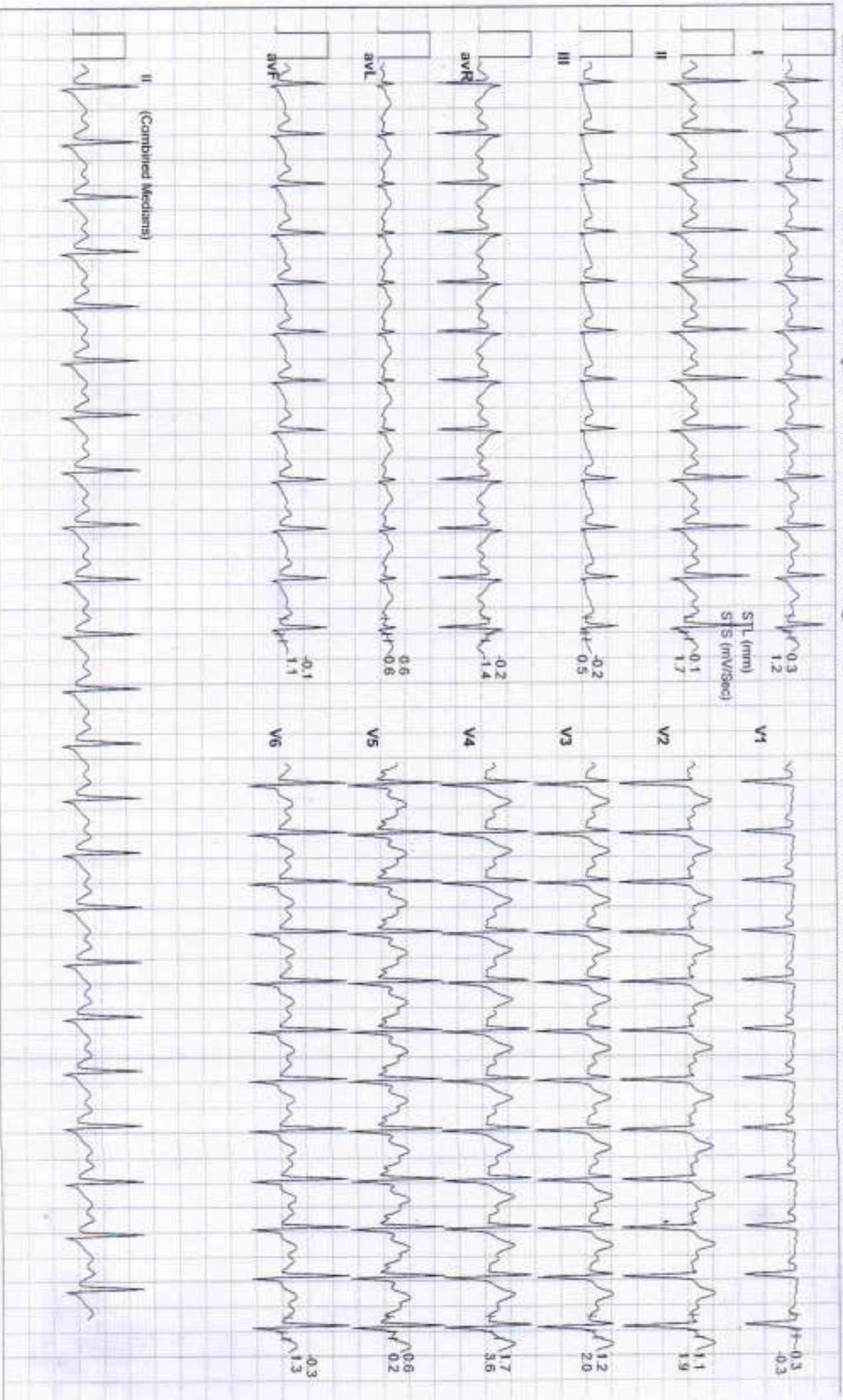
B-110, JINDIRA NAGAR, SUBHASH MARG, MANDAWA MOD, JHUNJHUNU  
ARVIND KUMAR SAHARAN / 39 Yrs / Male / 174 Cm / 111 Kg

Date: 15 - 11 - 2024

METs : 7.1 HR 138 Target HR : 76% of 181 BP : 146/98 Pust J @GSDMSec

ExTime: 06:00

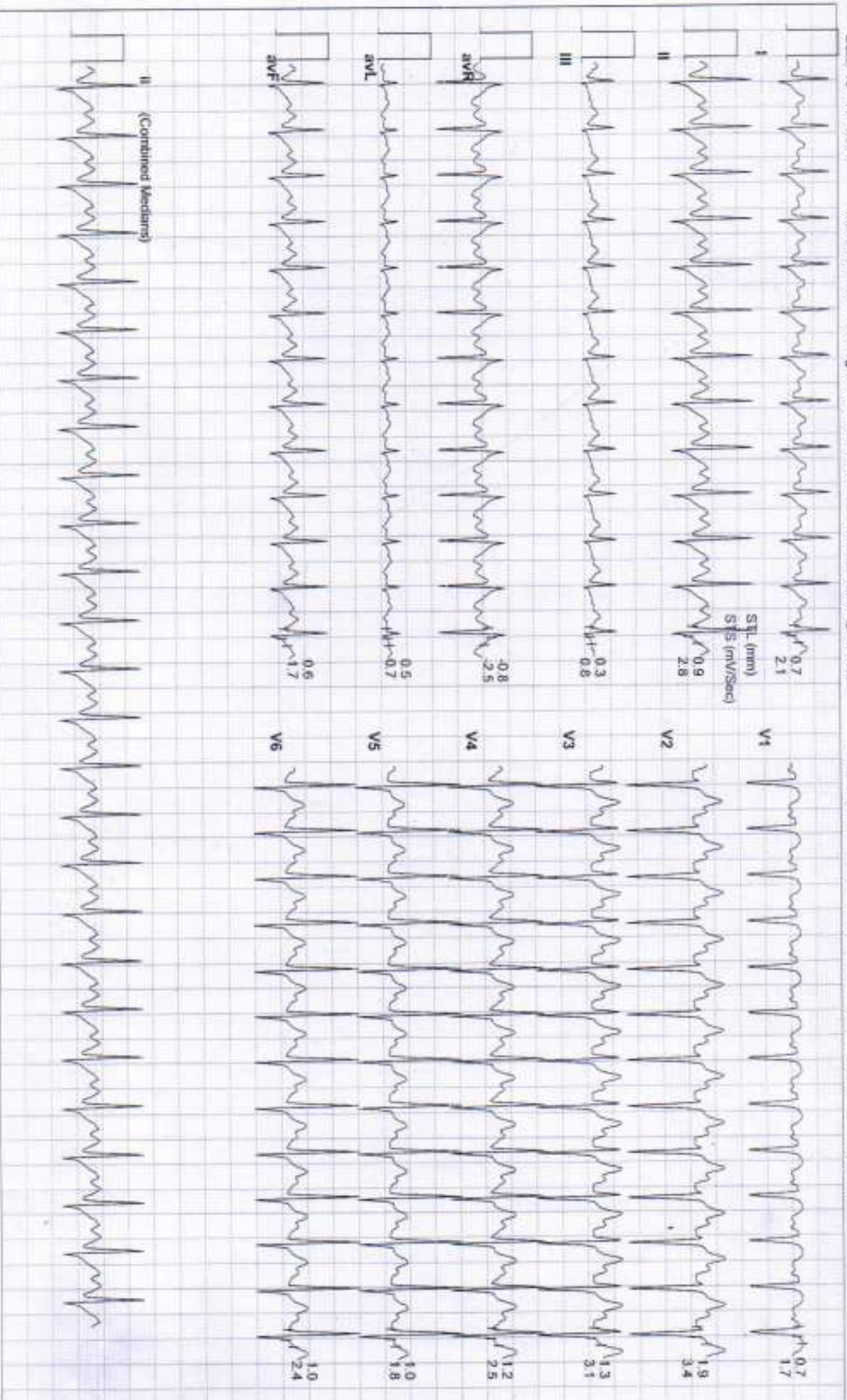
Speed: 2.5 mph Grade: 12.00 % 25 mm/Sec. 1.0 Cm/IV





Date: 15 - 11 - 2024 METs : 9.3 HR : 153 Target HR : 85% of 181 BP : 150/102 Post J @50mSec

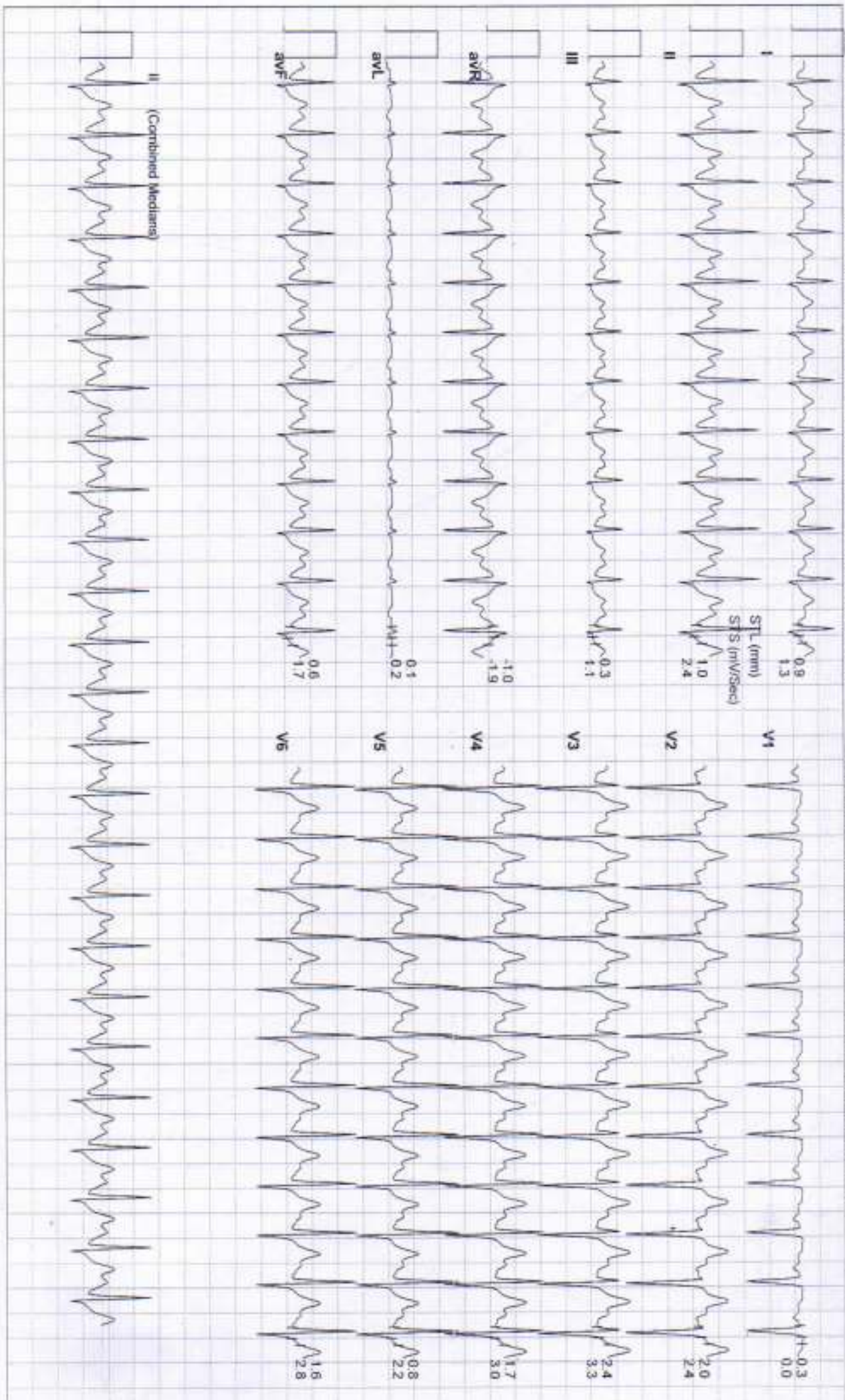
ExTime: 08:05 Speed: 3.4 mph Grade: 14.00 % 25 mm/Sec. 1.0 Cm/mV





Date: 15 - 11 - 2024 METS: 4.2 HR: 150 Target HR: 83% of 181 BP: 150/102 Post J @60mSec

ExTime: 08:05 Speed: 1.1 mph Grade: 00.00 % 25 mm/Sec: 1.0 Cm/mV





B-110, JINDIRA NAGAR SUBHASH MARG, MANDAWA MOD, JHUNJHUNU  
ARVIND KUMAR SAHARAN / 39 Yrs / Male / 174 Cm / 111 Kg

Date: 15 - 11 - 2024 METs : 1.2 HR : 139 Target HR : 77% of 181 BP : 152/102 Post J @60mSec

ExTime: 08:05 Speed: 1.1 mph Grade: 00.00 % 25 mm/Sec: 1.0 Cm/mV





Date: 15 - 11 - 2024

METs : 1.0 HR : 128 Target HR : 71% of 181 BP : 150/95 Post J @90mSec

ExTime: 08:05 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec: 1.0 Cm/mV



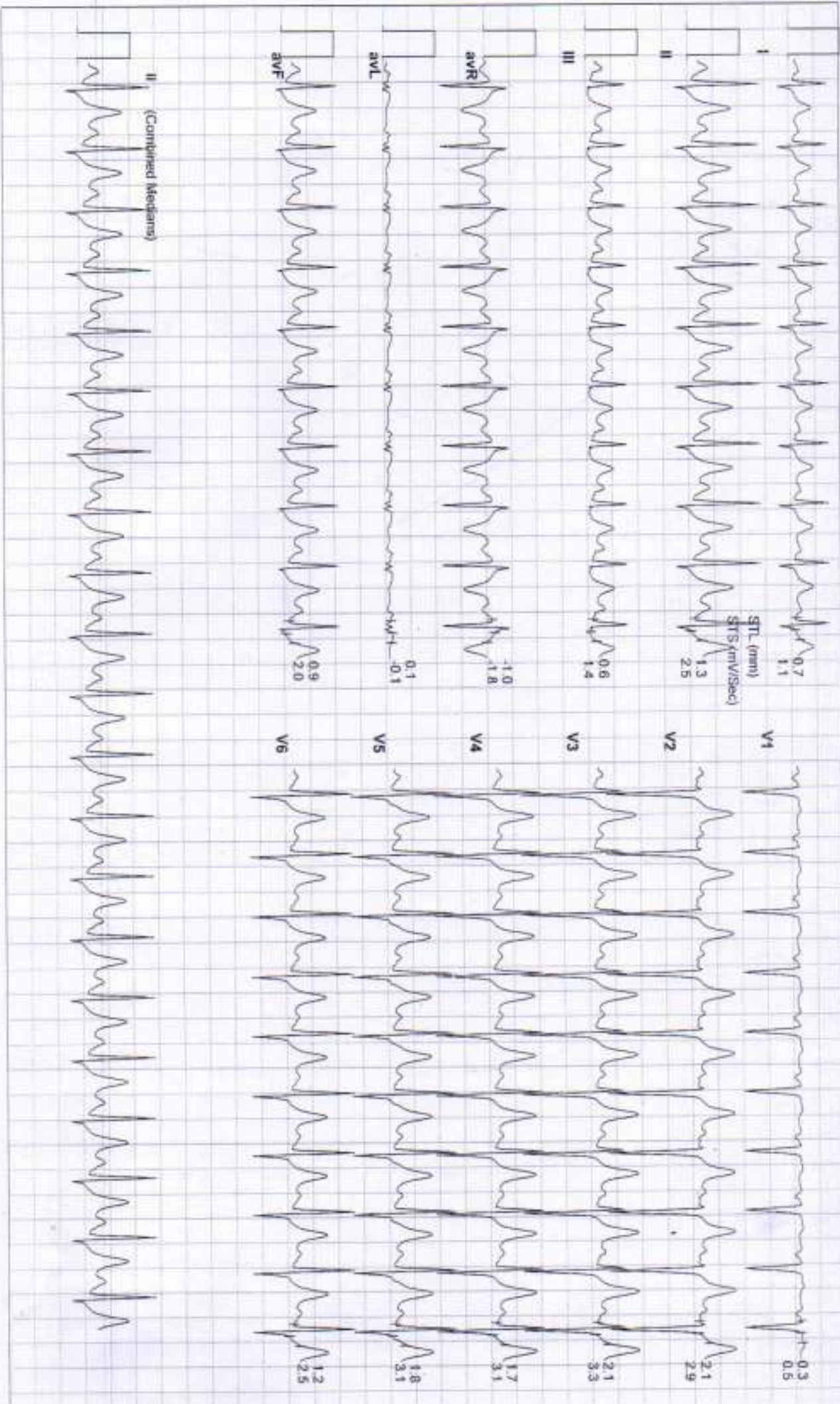




Date: 15 - 11 - 2024

METS: 1.0 HR: 125 Target HR: 69% of 161 BP: 146/94 Post J @80mSec

ExTime: 06:05 Speed: 0.0 mph Grade: 00.00 % 25 mm/Sec: 1.0 Cm/mV





Date: 15 - 11 - 2024 METs: 1.0 HR: 124 Target HR: 69% of 181 BP: 146/94 Post J @60mSec ExtTime: 06:05 Speed: 0.0 mph Grade: 00.00 % 25 mm/Sec: 1.0 Cm/IV

