

HEALTH CHECK UP

Name : Openendra Prugh

Date : 12/11/22

Age : 30y

Sex : Male / Female

Marital status : Married / Single

PERSONAL HISTORY

Habits : Smoking / Tobacco & Snuff / Alcohol No

Drug allergy if any : Nil

Medical : Nil

Surgical : Nil

Height 166 cm Weight 65 Kg. BP 110/80 mmHg Pulse 99/mt

Vision : Rt 6/60 Lt. 6/60 With Spectacles Rt. 6/12 Lt. 6/9

Colour Vision : Normal / Abnormal Near Vision Nil - Both eyes

FAMILY HISTORY

Father Mother Siblings

CVS : Heart Sound Normal Murmurs Absent Thrills Absent

RS : Rate /mt Breath sounds Normal Adventitious Absent

ABDOMEN : Tenderness Absent Rigidity Absent Bowel sound Normal

Liver NAD Kidney NAD Hernia Absent

CNS : Cranial Nerves NAD Sensory System NAD Motor System NAD

ENT NAD

Remarks

Notes - This is to inform you that Mr. Openendra Gupta Stool Sample not given.

Dr. Bharti Jeswani
MBBS

Dr. Seema Kale
MBBS, MD

Dr. S. K. Suri
MBBS

Dr. Meenakshi
MBBS

HOME SAMPLE COLLECTION FACILITY AVAILABLE

Patient Name : Mr. Opendra Gupta
UHID/MR No. : FRAJ.0000220908
Visit Date : 12-11-2022 13:04
Sample Collected on : 12-11-2022 13:06
Ref Doctor : SELF
Emp/Auth/TPA ID : jkg[pl54658
Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 30Y/Male
OP Visit No : FRAJOPV96371
Reported on : 12-11-2022 13:32
Specimen : EDTA Blood
Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
BLOOD GROUP AND RH TYPE			
ABO Group	B		
RH	Positive		
HAEMOGRAM			
Hb(Haemoglobin)	14.9	13 - 17	gm/dl
Method: Non Cyanide			
PCV / Haematocrit	45.7	40 - 50	%
Method: Pulse Height Detection			
ESR.	06	0 - 20	mms at the end of 1 hr
Method: Westergren's Method.			
Total Leukocyte Count	5700	4000 - 10000	/Cumm
Method: DC Detection Method			
Platelet Count	2.03	1.5 - 4.1	lakhs/cumm
Method: DC Detection Method			
RBC Count	5.2	4.5 - 6.0	Million/Cumm
Method: DC Detection Method			
MCV	87.4	77 - 98	fl
Method: Calculated.			
MCH.	28.5	27 - 32	pg
Method: Calculated			
MCHC.	32.6	31.5 - 34.5	gm/dl
Method: Calculated.			
Neutrophil	70	40 - 70	%
Method: Slide Test			
Lymphocyte	25	20 - 40	%
Method: Slide Test			
Eosinophil	03	1 - 6	%
Method: Slide Test			
Monocyte	02	2 - 10	%
Method: Slide Test			

Note: PERIPHERAL SMEAR - RBC's are normocytic normochromic. Leucocyte counts are within normal limits. Platelets are normal in number & morphology. No immature cells or haemoparasite detected.
IMPRESSION: NORMOCYTIC NORMOCHROMIC BLOOD PICTURE

End of the report

• CLINICAL CORRELATION IS ESSENTIAL FOR FINAL DIAGNOSIS. IF THE TESTS RESULTS ARE UNEXPECTED PLEASE CONTACT THE LABORATORY.
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Phone : (011) 2591 8222 / 8333 / 8444, 9811061009, E-mail : rajourigarden@theapolloclinic.com, Website : www.apolloclinicrajourigarden.com Page 1 of

MSME UAM NO. : DL11E0021531

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Age / Gender : 30Y/Male
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Reported on : 12-11-2022 13:32
Specimen : EDTA Blood
Pres Doctor: :

Lab Technician /Technologist
Dr_Prashant


Dr. Prashant Purwar
MBBS, DCP
Consultant Pathologist

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Sample Collected on : 12-11-2022 13:06
Ref Doctor : SELF
Emp/Auth/TPA ID : jkg[pl54658
Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 30Y/Male
OP Visit No : FRAJOPV96371
Reported on : 12-11-2022 14:16
Specimen : Plasma(Fluoride)
Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLUCOSE - (FASTING)			
GLUCOSE - (FASTING) Method: (GOD-POD).	95	70 - 110	mg/dL
GLYCOSYLATED HEMOGLOBIN (HBA1C)			
GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD Method: BORONATE AFFINITY	5.1	4.2 - 6.0	%
Thyroid Profile 2(Free T4, Free T3 And TSH)			
Serum FT3	4.3	3.2 - 5.9	pmol/l
Serum FT4	15.1	10.6 - 21.0	pmol/l
Serum TSH	3.0	0.38 - 5.0	uIU/ml
LIPID PROFILE TEST (PACKAGE)			
CHOLESTEROL Method: CHOD - PAP	215*	Desirable < 200 Borderline High : 200-239 High : > 240	mg/dl
Triglyceride Method: GPO-PAP	78	50-200	mg/dl
HDL Method: DIRECT	60.0*	30 - 50	mg/dl
LDL Method: DIRECT	139.4*	60 - 100	mg/dl
VLDL Method: Calculated	15.6	<40	mg/dl
CHOLESTEROL / HDL RATIO Method: Calculated.	3.5	0 - 4.5	

End of the report

Results are to be correlated clinically

Lab Technician / Technologist
Yogita


Dr. Prashant Purwar
MBBS, DCP
Consultant Pathologist

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 Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 30Y/Male
 OP Visit No : FRAJOPV96371
 Reported on : 12-11-2022 14:17
 Specimen : Serum
 Pres Doctor: :


DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
LIVER FUNCTION TEST (PACKAGE)			
BILIRUBIN - TOTAL. Method: Jendrassik	1.3	0.1 - 1.3	mg/dl
Bilirubin (Direct)-Serum Method: Diazo.	0.30	0 - 0.3	mg/dl
A/G Method: Calculated	1.4	1.0 - 2.0	
BILIRUBIN - INDIRECT. Method: Calculated.	1.0	<1.1	
SGOT /AST Method: IFCC (With P5P)	26.6	0 - 35	U/L
SGPT/ALT Method: IFCC (With P5P)	15.5	0 - 45	U/L
ALKALINE PHOSPHATE Method: AMP BUFFER	58.9	30 - 117	U/L
GGT. Method: SZAZ	12.6	10 - 50	U/L
TOTAL PROTEIN Method: Biuret	7.7	5.8-8.0	g/dl
ALBUMIN Method: BCG	4.5	3.7-5.2	g/dl
GLOBULIN Method: Calculated	3.2	2.5 - 3.5	mg/dL

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 Ref Doctor : SELF
 Emp/Auth/TPA ID : jkg[pl54658
 Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 30Y/Male
 OP Visit No : FRAJOPV96371
 Reported on : 12-11-2022 14:17
 Specimen : Serum
 Pres Doctor: :


DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
KFT - RENAL PROFILE-SERUM			
UREA Method: Urease	33.9	10-50	mg/dl
Creatinine Method: Jaffe	1.0	0.5 - 1.3	mg/dl
Uric Acid Method: Uricase	5.7	3.5 - 7.2	mg/dl
Sodium(Na) Method: ISE	140.1	136 - 142	mmol/L
Potassium(K) Method: ISE	4.2	3.8 - 5.0	mmol/L
Chloride(Cl) Method: ISE	98.3	95 - 103	mmol/L
Calcium. Method: OCPC	9.9	9.2 - 11.0	mg/dl
Phosphorus Method: Molybdate UV	3.1	2.3 - 4.7	mg/dl

End of the report

Results are to be correlated clinically

Lab Technician / Technologist
 Yogita


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 Consultant Pathologist

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Visit Date : 12-11-2022 13:04
Sample Collected on : 12-11-2022 13:06
Ref Doctor : SELF
Package Name : MEDIWHEELS HEALTH CARE - METRO FULL BODY
CHECKUP - MALE BELOW 40Y - RAGOURI GARDEN
Emp/Auth/TPA ID : jkg[pl54658
Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 30Y/Male
OP Visit No : FRAJOPV96371
Reported on : 12-11-2022 16:33
Specimen : Urine
Pres Doctor: :


DEPARTMENT OF LABORATORY MEDICINE

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
URINE FOR SUGAR (PP)			
URINE FOR SUGAR (PP)	NIL		

End of the report

Results are to be correlated clinically

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Age / Gender : 30Y/Male
 OP Visit No : FRAJOPV96371
 Reported on : 12-11-2022 13:22
 Specimen : Urine
 Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

URINE ROUTINE EXAMINATION


URINE EXAMINATION TEST REPORT

Test Name	Observed Value	Unit	Reference Range
Urine R/M Examination			
Quantity	30	ml.	
Colour	Pale Yellow		Pale Yellow
Transparency	Clear		Clear
Urine Specific Gravity	1.010		1.005 - 1.030
Dipstick			
pH	6.0		5.5 - 7.5
Dipstick / pH paper			
Chemical Examination			
Protein	Nil		Nil
Dipstick/Heat & acetic acid			
Sugar	Nil		Nil
Dipstick/Benedicts reagent			
Microscopic Examination			
Pus Cells	1-2	/HPF	1-2
RBC'S	Nil	/HPF	Nil
Casts	Nil	/HPF	Nil
Crystals	Nil	/HPF	Nil
Epithelial Cells	0-1	/HPF	1-2
Bacteria	Nil	/HPF	Nil

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 Dr_Prashant


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MSME UAM NO. : DL11E0021531

Patient Name : Mr. Opendra	MR No	: FRAJ0000
Age/Sex : 30Y/M	Visit No	: FRAJOPV
Pres Doctor :	Bill Date	: 12-11-2022
Ref.by :	Report Date	: 12-11-2022

ULTRASOUND WHOLE ABDOMEN

LIVER: Liver is normal in shape, size and echotexture. No focal intra-hepatic lesion detected. Intra-hepatic biliary radicals are not dilated. Portal vein is normal in calibre.

GALL BLADDER: Gall bladder is well visualised. Its wall thickness is normal. No calculus or mass lesion is seen in gall bladder. Common bile duct is normal (not dilated).

PANCREAS: Pancreas appears normal in size and echopattern.

SPLEEN: Spleen appears normal in size and echopattern.

KIDNEYS: Both kidneys are normal in position, size and outline. Cortico-medullary differentiation of both kidneys is maintained. Central sinus echoes are compact. No calculus / hydronephrosis seen.

Visualised parts of retroperitoneum do not show any lymphadenopathy.


URINARY BLADDER: Urinary bladder is well distended and shows clear contents.

PROSTATE: Prostate is normal in shape, size and echotexture.

No free fluid detected.

IMPRESSION:- NORMAL STUDY.

To be correlate clinically.


Dr. Anisha Gupta
Consultant Radiologist.

Disclaimer: Renal calculi less than 5mm could be missed on an Ultrasound. NCCT KUB is the modality of choice for the same.

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MSME UAM NO. : DL11E0021531

Name : Mr OPENDRA GUPTA
Ref

Age/sex:30 YRS/ M
Date 12/11/2022

TMT (Tread Mill / Stress Test)

Result : The pre exercise ECG was normal with no significant ST-T segment changes. During peak exercise & recovery there were no significant ST-T change seen. Person could exercise for 09 min. 32 sec on the Bruce protocol & achieved a workload of 20.00 mets.

He/She attained a peak heart rate of 168 beats/minute which is 88 % of the predicted maximum heart rate. The exercise was terminated owing to THR. There was no classical angina and no arrhythmia. Clinically the blood pressure response was normal [150/80] and there was no S3 S4 gallop in the recovery period.

IMPRESSION: - NORMAL EXERCISE TOLERANCE.
NORMAL HEMODYNAMIC RESPONSE.
TMT IS NEGATIVE FOR PROVOCABLE
ISCHAEMIA


Dr. SEEMA KALE MD
SEN. PHYSICIAN

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 Package Name : MEDIWHEELS HEALTH CARE - METRO FULL BODY CHECKUP - MALE BELOW 40Y - RAGOURI GARDEN
 Emp/Auth/TPA ID : jkg[pl54658
 Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 30Y/Male
 OP Visit No : FRAJOPV96371
 Reported on : 12-11-2022 15:16
 Specimen : Plasma(PP)
 Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLUCOSE - (POST PRANDIAL) GLUCOSE - (POST PRANDIAL) Method: (GOD-POD)	115	70-140	mg/dl

End of the report

Results are to be correlated clinically

Lab Technician / Technologist
Yogita

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Consultant Pathologist

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MSME UAM NO. : DL11E0021531

Mr. OPENDRA GUPTA

Age/Sex : 30/M

Ref. by :
 Indication1 :
 Indication2 :
 Indication3 :

ID : 78
 H/Wt : /
 Recorded : 12-11-2022 11:09

TREADMILL TEST SUMMARY REPORT
 Protocol: BRUCE

History:
 Medication1 :
 Medication2 :
 Medication3 :

PHASE	PHASE TIME	STAGE TIME	SPEED (Km./Hr.)	GRADE (%)	H.R. (BPM)	B.P. (mmHg)	RPP X100	II	ST LEVEL V2 (mm)	V5	METS
STAGE 1	1:18	1:18	2.70	10.00	99	110/80	108	1.1	1.5	1.7	2.09
STAGE 2	3:22	1:59	4.00	12.00	115	130/80	149	1.1	1.5	1.6	6.33
STAGE 3	5:29	2:06	5.40	14.00	123	130/80	159	1.3	1.7	1.6	9.14
STAGE 4	7:05	1:29	6.70	16.00	132	140/80	184	0.9	1.7	1.5	11.99
STAGE 5	8:32	1:14	8.00	18.00	139	150/80	208	0.2	1.6	1.0	16.48
STAGE 6	9:28	0:44	8.80	20.00	157	150/80	235	0.2	1.6	1.3	20.00
PEAK EXER	9:32	0:48			168	150/80	252	0.2	1.6	1.3	20.00

RESULTS

Exercise Duration : 9:32 Minutes
 Max Heart Rate : 168 bpm 88 % of target heart rate 190 bpm
 Max Blood Pressure : 150/80 mmHg
 Max Work Load : 20.00 METS
 Reason of Termination :

IMPRESSIONS

GOOD EFFORT TOLERANCE. NORMAL IONOTROPIC AND CHRONOTROPIC RESPONSE.
 NO ANGINAL/ARRYTHMIA/S/LV DYSFUNCTION. NO SIGNIFICANT ST CHANGES AT PEAK OF TEST
 TEST IS NEGATIVE FOR EXERCISE INDUCED REVERSABLE ISCHEMIA.

(Signature)

DR. SEEMA KAPREINIC
 THE APOLLO CLINIC
 Rajouri Garden
 Dr. Seema MD
 MBBS, NO-14927
 DMC Road

APOLLO CLINIC

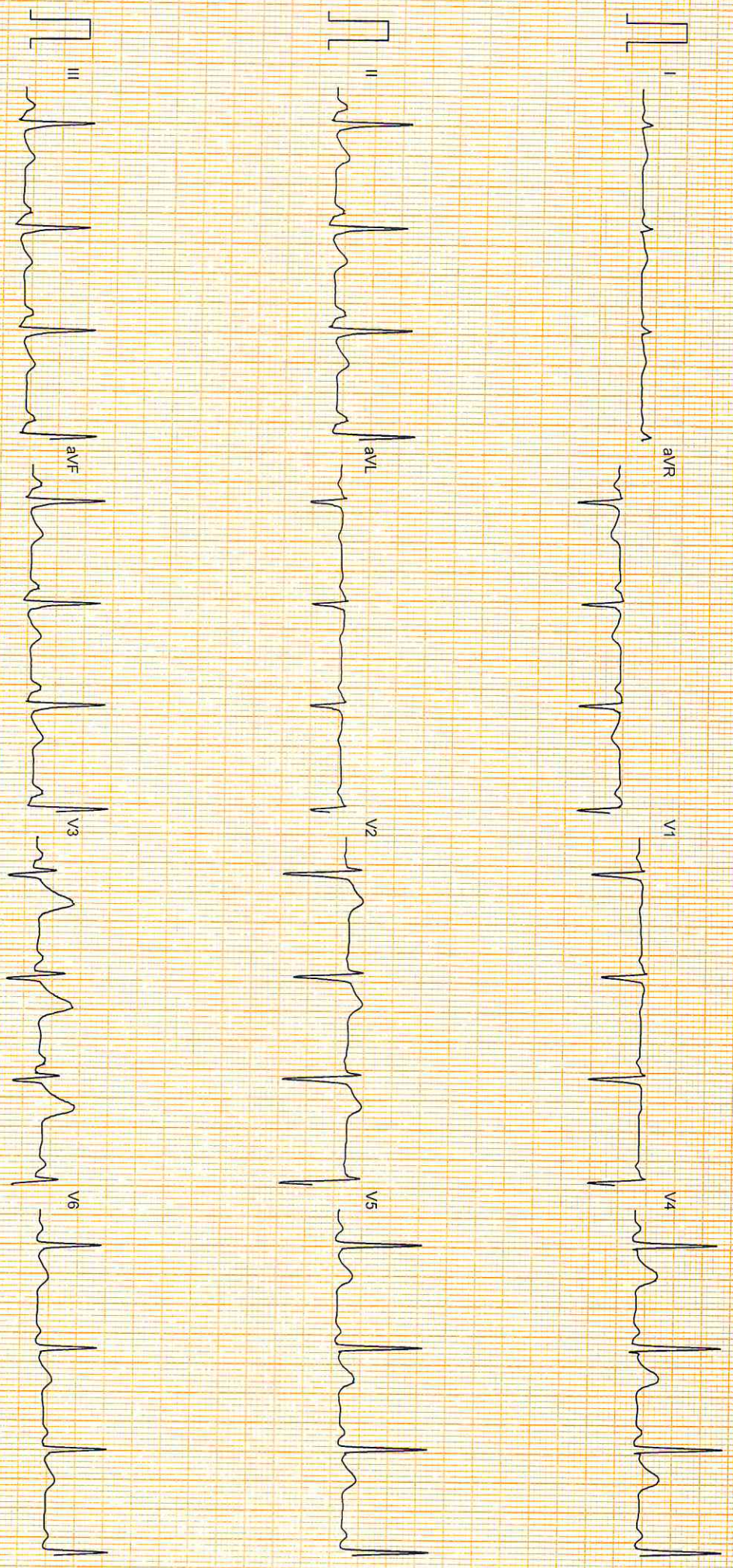
SUPINE
PRETEST

ST @ 10mm/mV
80ms PostJ

MR. OPENDRA GUPTA
I.D. : 78
AGE/SEX : 30/M
RECORDED : 12-11-2022 11:09

RATE : 84 BPM
B.P. : 110/80 mmHg

RAW ECG



MR. OPENDRA GUPTA

I.D. : 78

AGE/SEX : 30/M

RECORDED : 12-11-2022 11:09

RATE : 95 BPM

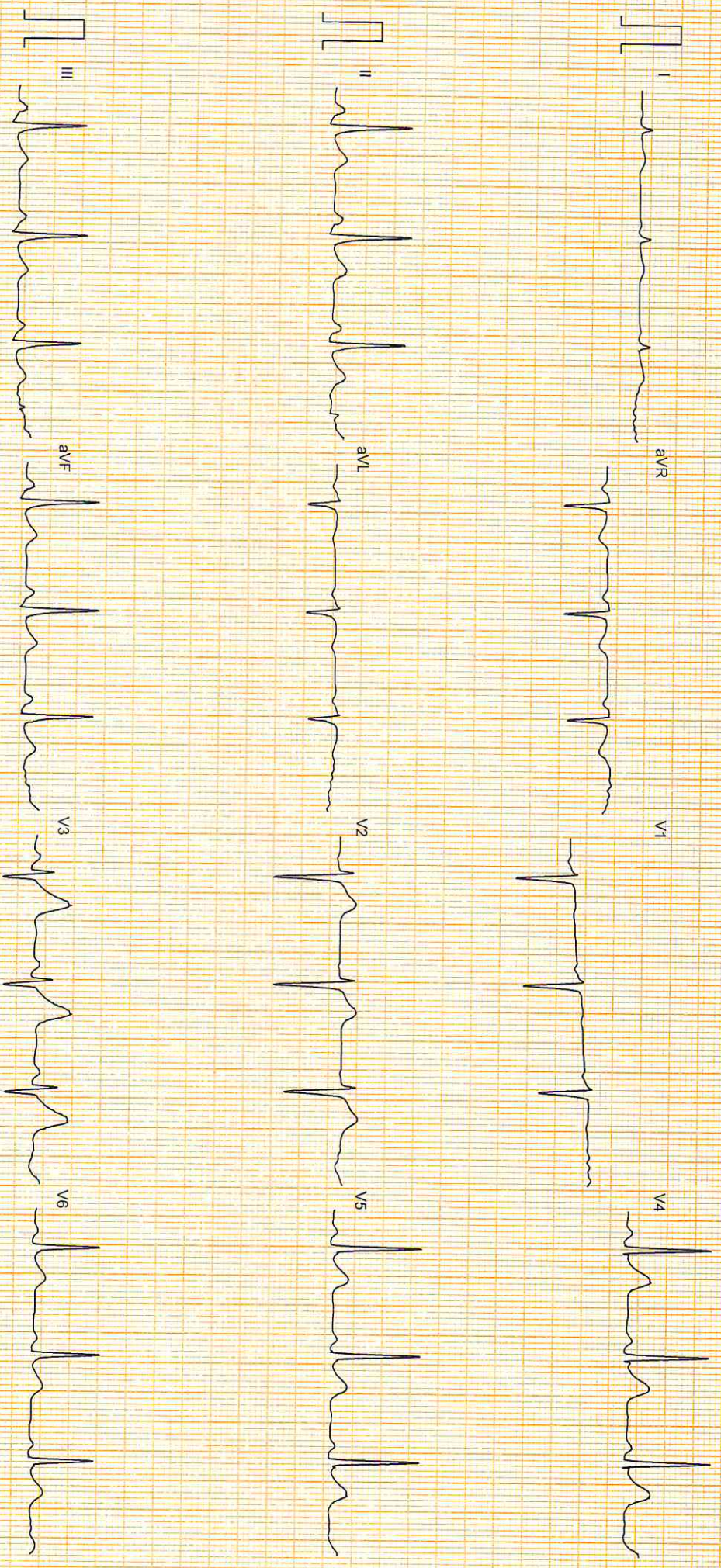
B.P. : 110/80 mmHg

APOLLO CLINIC

SUPINE
PRETEST

ST @ 10mm/mV
80ms PostJ

RAW ECG



APOLLO CLINIC

HYPERVENTILATION
PRETEST

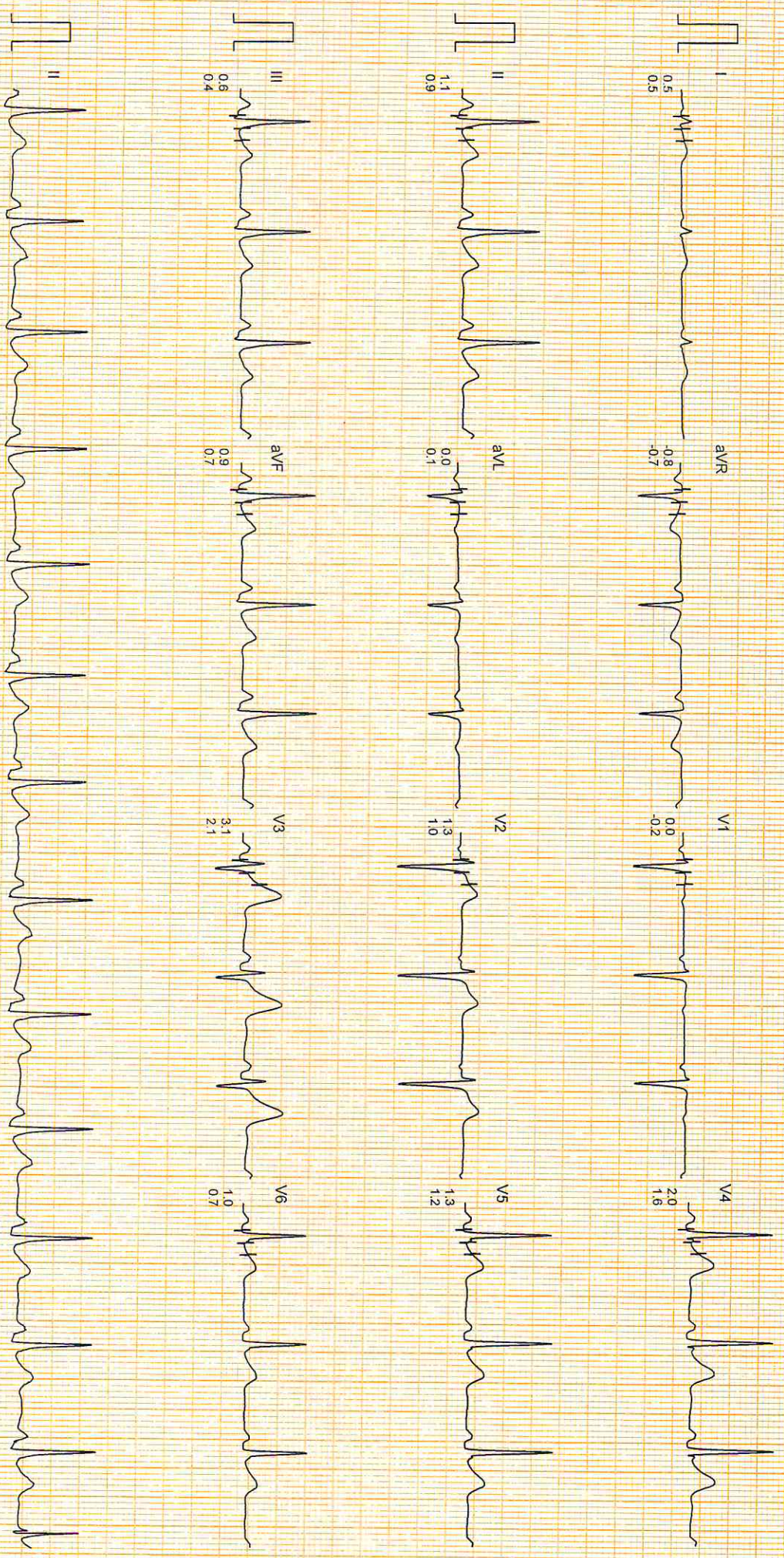
ST @ 10mm/mV
80ms PostJ

Mr. OPENDRA GUPTA
I.D. : 78
AGE/SEX : 30/M
RECORDED : 12-11-2022 11 09

RATE : 78 BPM
B.P. : 110/80 mmHg

STAGE TIME : 0:13

LINKED MEDIAN



APOLLO CLINIC

HYPERVENTILATION
PRETEST

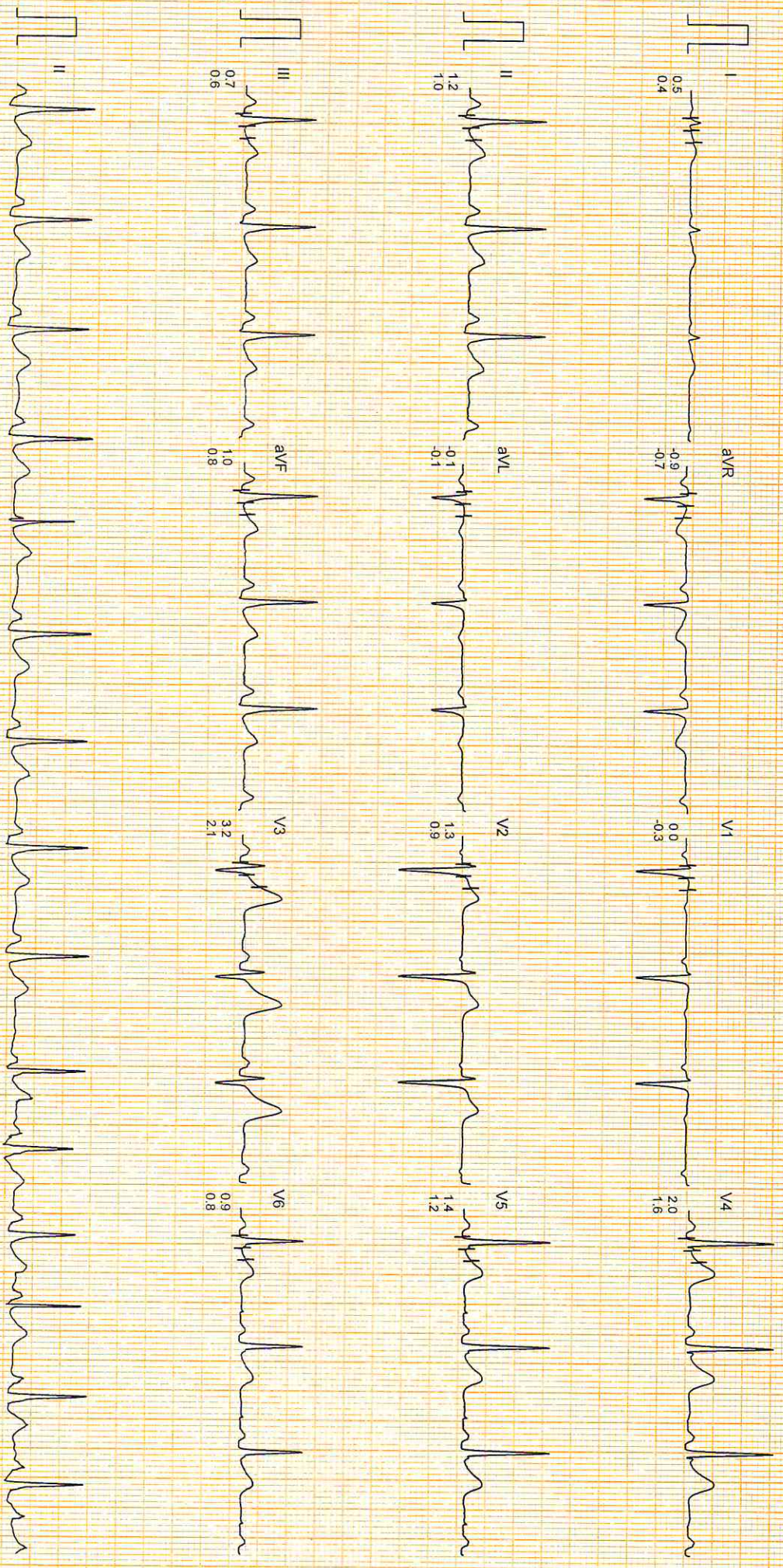
ST @ 10mm/mV
80ms PostJ

MR. OPENDRA GUPTA
I.D. : 78
AGE/SEX : 30/M
RECORDED : 12-11-2022 11:09

RATE : 88 BPM
B.P. : 110/80 mmHg

STAGE TIME : 0:20

LINKED MEDIUM



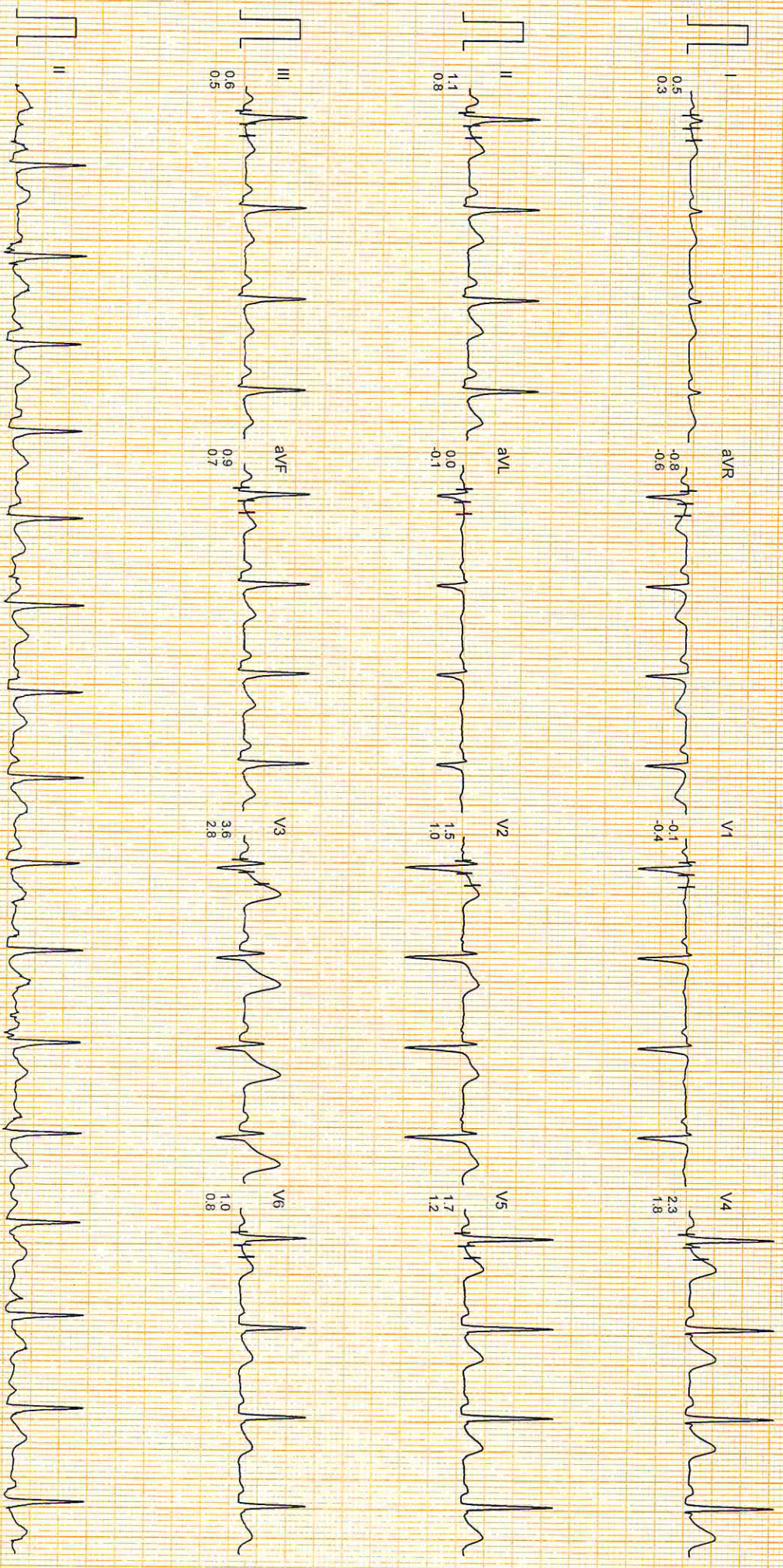
APOLLO CLINIC

MR. OPENDRA GUPTA
I.D. : 78
AGE/SEX : 30M
RECORDED : 12-11-2022 11:09

BRUCE
EXERCISE 1
PHASE TIME : 1:18
STAGE TIME : 1:18

ST @ 10mm/mV
80ms PostJ
SPEED : 2.7 Km./Hr.
GRADE : 10.0 %

LINKED MEDIUM



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RATE : 111 BPM

B.P. : 120/80 mmHg

BRUCE

EXERCISE 2

PHASE TIME : 2:25

STAGE TIME : 1:02

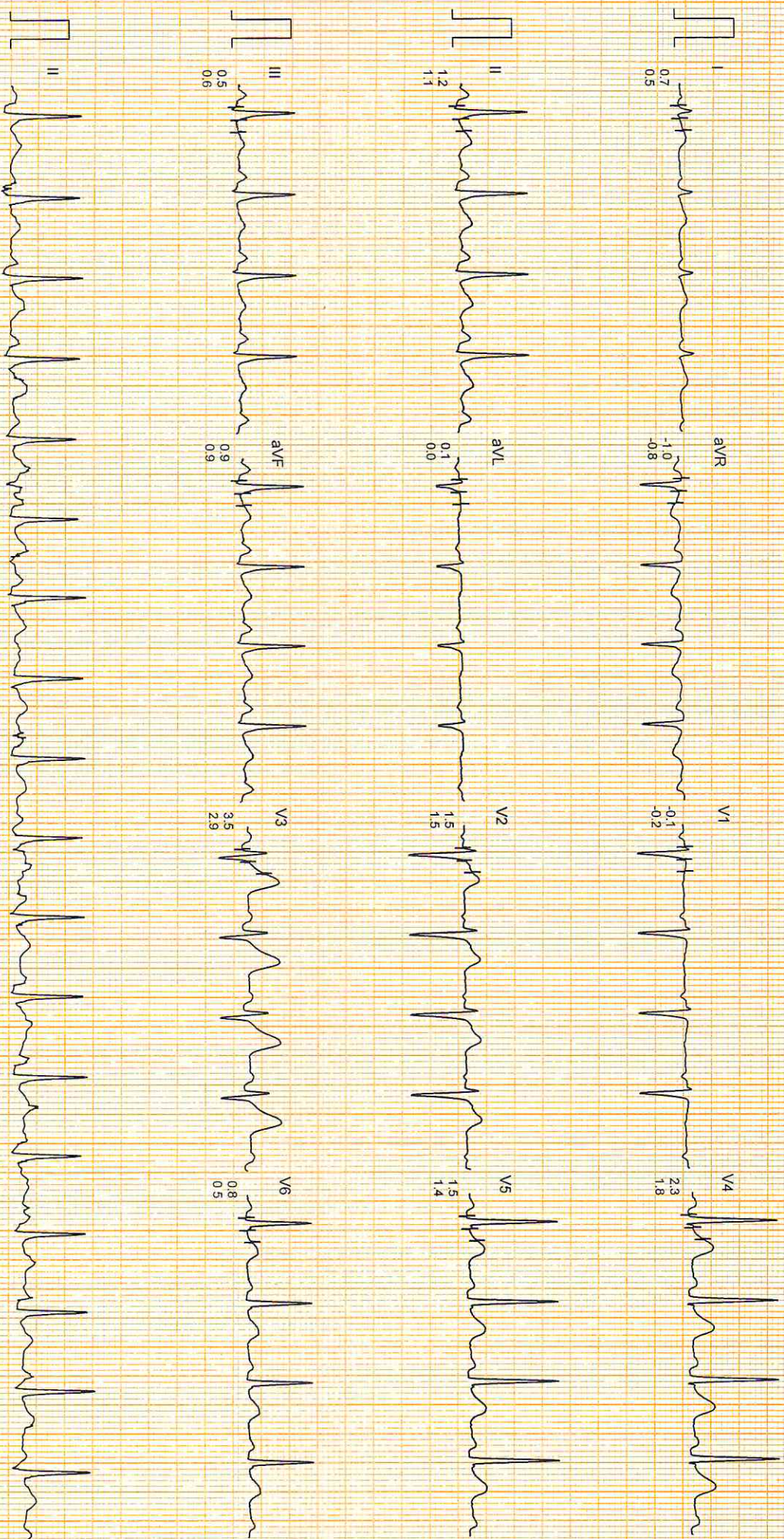
ST @ 10mm/mV

80ms PostJ

SPEED : 4.0 Km./Hr.

GRADE : 12.0 %

LINKED MEDIAN



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BRUCE
EXERCISE 3
PHASE TIME : 5:29
STAGE TIME : 2:06

ST @ 10mm/mv
80ms PostJ
SPEED : 5.4 Km./Hr.
GRADE : 14.0 %

LINKED MEDIAN

RATE : 123 BPM
B.P. : 130/80 mmHg



KARDIO SURGICARE 9871008518

Filtered Computer Corrected Baseline

25mm/sec 10mm/mV

CardiCom INDIA

APOLLO CLINIC

Mr. OPENDRA GUPTA

I.D. : 78

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RATE : 132 BPM

B.P. : 140/80 mmHg

BRUCE

EXERCISE 4

PHASE TIME : 7:02

STAGE TIME : 1:26

ST @ 10mm/mV

80ms PostJ

SPEED : 6.7 Km./Hr.

GRADE : 16.0 %

LINKED MEDIUM



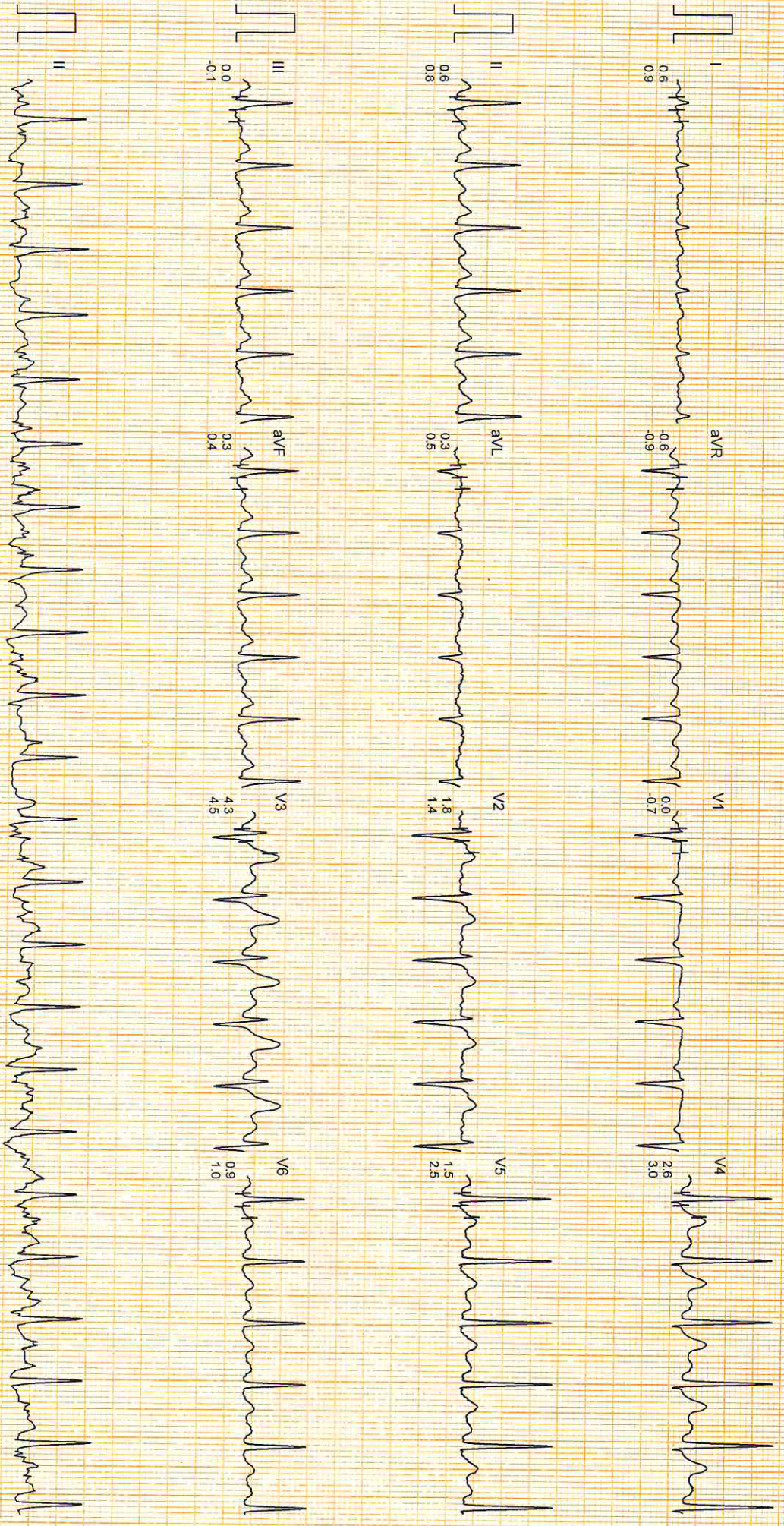
APOLLO CLINIC

Mr. OPENDRA GUPTA
ID : 78
AGE/SEX : 30/M
RECORDED : 12-11-2022 11:09

BRUCE
EXERCISE 5
PHASE TIME : 7:46
STAGE TIME : 0:28

ST @ 10mm/mV
80ms PostJ
SPEED : 8.0 Km./Hr.
GRADE : 18.0 %
LINKED MEDIAN

RATE : 139 BPM
B.P. : 150/80 mmHg



APOLLO CLINIC

Mr. OPENDRA GUPTA
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BRUCE
PEAK EXER
PHASE TIME : 9:32
STAGE TIME : 0:48

ST @ 10mm/mV
80ms PostI
SPEED : 8.8 Km./Hr.
GRADE : 20.0 %

LINKED MEDIAN

RATE : 168 BPM
B.P. : 150/80 mmHg



APOLLO CLINIC

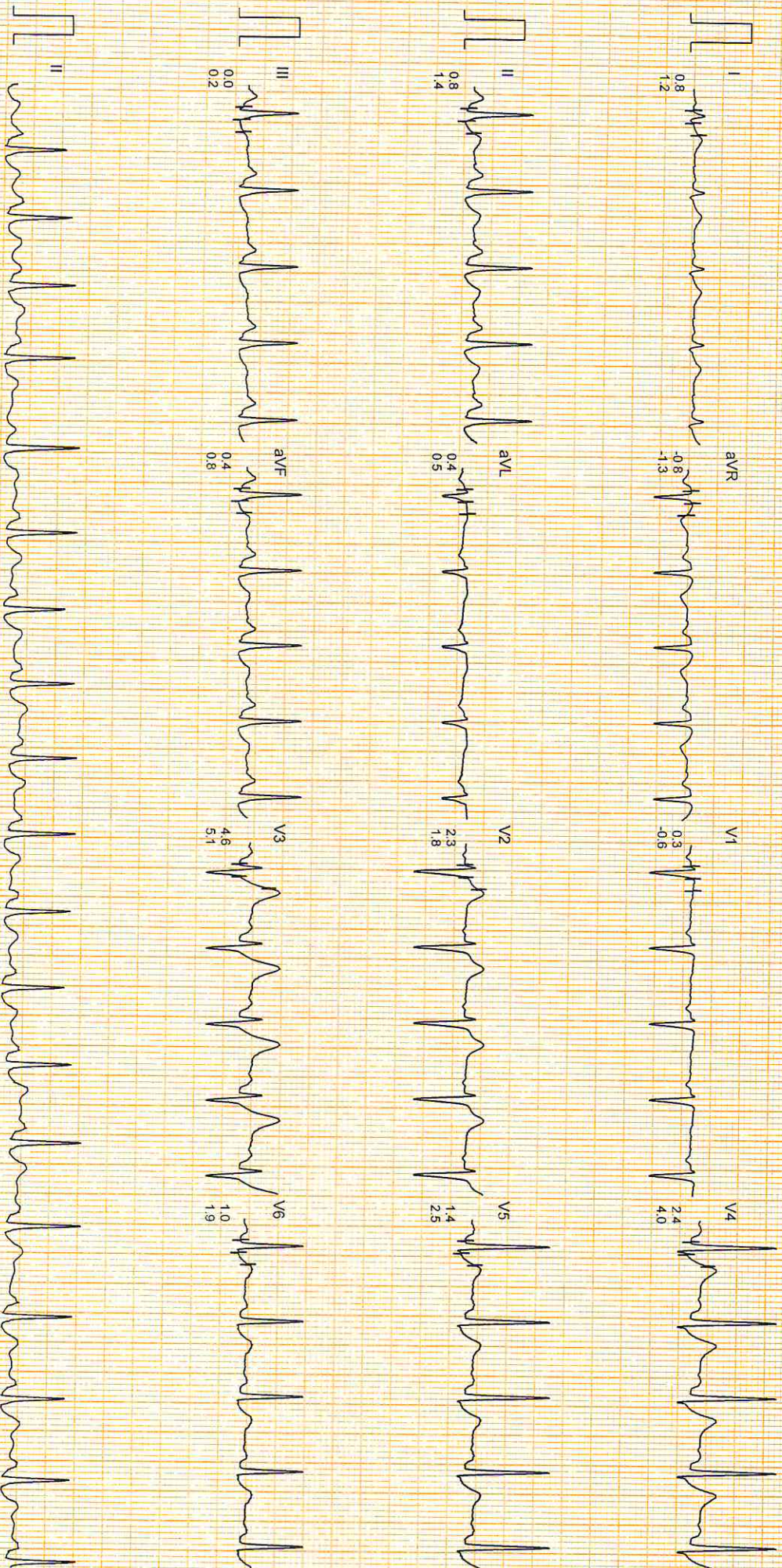
Mr. OPENDRA GUPTA
I.D. : 78
AGE/SEX : 30/M
RECORDED : 12-11-2022 11:09

BRUCE
RECOVERY
PHASE TIME : 0:59

ST @ 10mm/mV
80ms PostJ
SPEED : 0.0 Km./Hr.
GRADE : 0.0 %

LINKED MEDIAN

RATE : 113 BPM
B.P. : 150/80 mmHg



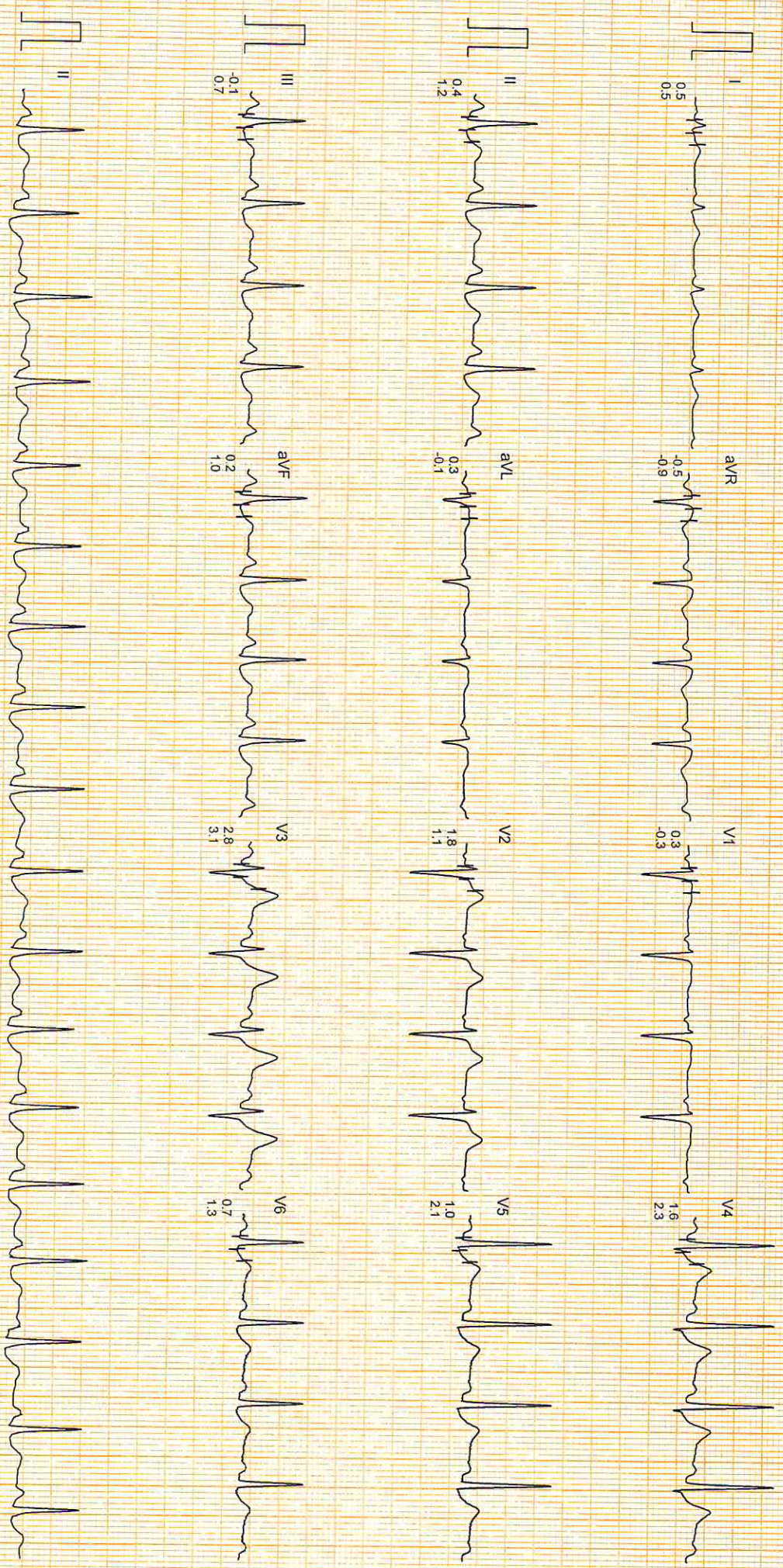
APOLLO CLINIC

Mr. OPENDRA GUPTA
I.D. : 78
AGE/SEX : 30/M
RECORDED : 12-11-2022 11:09

BRUCE
RECOVERY
PHASE TIME : 1:59

ST @ 10mm/mV
80ms PostJ
SPEED : 0.0 Km./Hr.
GRADE : 0.0 %

LINKED MEDIAN



APOLLO CLINIC

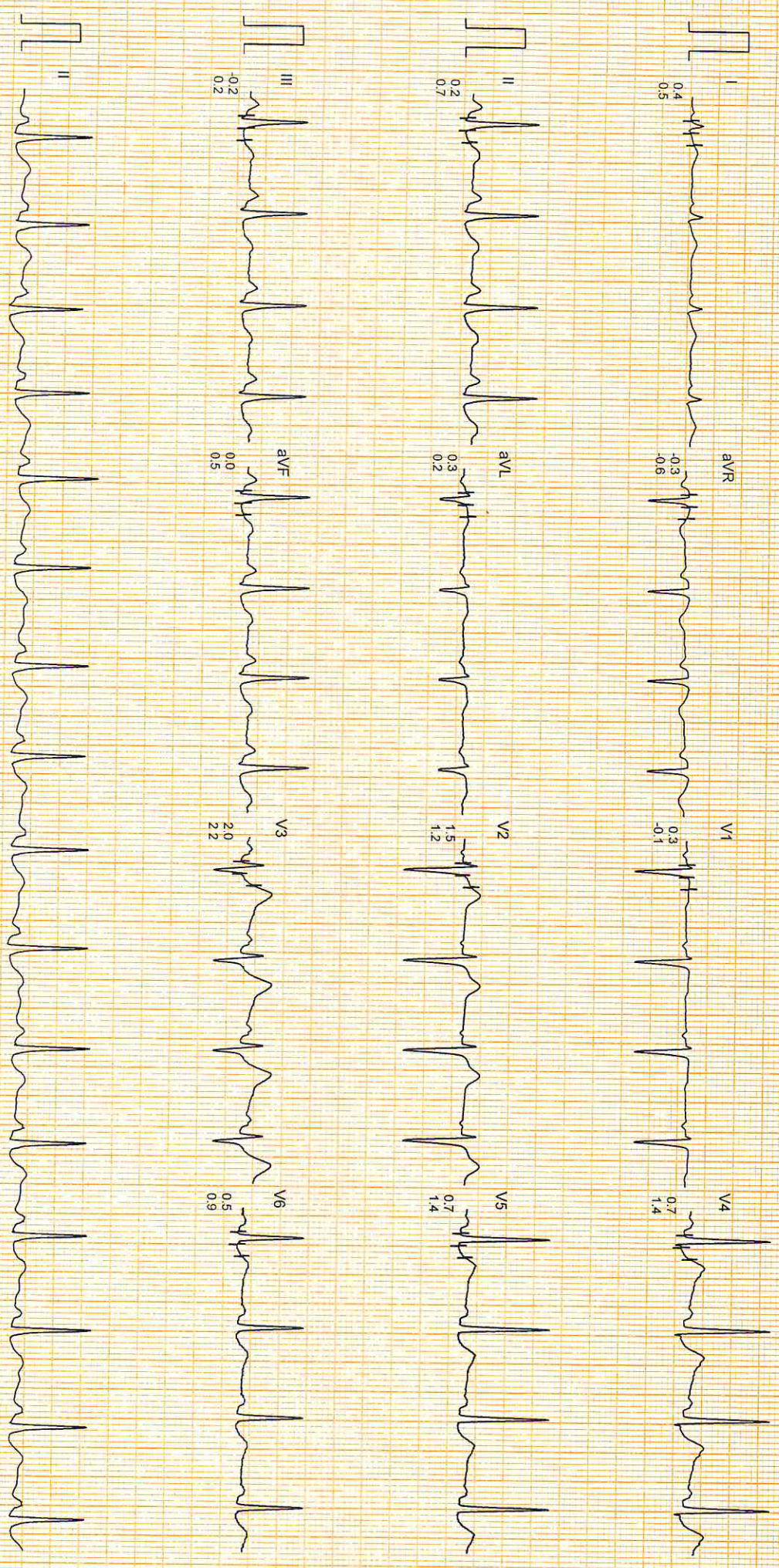
Mr. OPENDRA GUPTA
I.D. : 78
AGE/SEX : 30M
RECORDED : 12-11-2022 11:09

RATE : 92 BPM
B.P. : 120/80 mmHg

BRUCE
RECOVERY
PHASE TIME : 2:59

ST @ 10mm/mV
80ms PostJ
SPEED : 0.0 Km./Hr.
GRADE : 0.0 %

LINKED MEDIAN



Patient Name : Mr. Opendra Gupta
Age/Sex : 30 Y/M
Pres Doctor :
Ref.by : SELF

MR No : FRAJ.0000220908
Visit No : FRAJOPV96371
Bill Date : 12-11-2022 01:04
Report Date : 12-11-2022 13:18

X-RAY CHEST P A VIEW

- Both lung fields do not show any active parenchymal lesion.
- Both costophrenic angles are normal.
- B/L hila appear normal in size & density.
- Both domes of diaphragm are normal.
- Cardiac silhouette appears normal.
- Visualised soft tissues and bony cage appear normal.

IMPRESSION:- NORMAL STUDY.

To be correlated clinically.



Dr. Anisha Gupta
Consultant Radiologist.