

आयकर विभाग  
INCOME TAX DEPARTMENT



भारत सरकार  
GOVT. OF INDIA

MUDAVATH LALITHA

MUDAVATH GORIYA NAIK

19/06/1994

Permanent Account Number

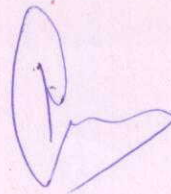
AOQPL3119K

*M. Lalitha*  
Signature



24032016

*M. Lalitha -*



## PHYSICAL EXAMINATION REPORT

|              |                      |          |                |
|--------------|----------------------|----------|----------------|
| Patient Name | MRS. MUDAVAT LALITHA | Sex/Age  | FEMALE/ 27 YRS |
| Date         | 28/08/2021           | Location | KASARVADAVALI  |

### History and Complaints

No complaints.  
No significant family history.  
No hospitalization in past.

### EXAMINATION FINDINGS:

|                |                |             |          |
|----------------|----------------|-------------|----------|
| Height         | 162 cm         | Temp (0c):  | Afebrile |
| Weight         | 56 kg          | Skin:       | NAD      |
| Blood Pressure | 11/80 mm of Hg | Nails:      | NAD      |
| Pulse          | 70/min         | Lymph Node: | NAD      |

### Systems :

|                 |                   |
|-----------------|-------------------|
| Cardiovascular: | S1S2 +, No murmur |
| Respiratory:    | NAD               |
| Genitourinary:  | NAD               |
| GI System:      | NAD               |
| CNS:            | NAD               |

### Impression:

Low Hemoglobin – 11.7 gm/dl (features S/O Thalassemia trait),  
LDL cholesterol (slightly raised)  
USG- Bilateral bulky Ovaries with Polycystic changes.

ADDRESS: 2<sup>nd</sup> Floor, Aston, Sundervan Complex, Above Mercedes Showroom, Andheri West - 400053

HEALTHLINE - MUMBAI: 022-6170-0000 | OTHER CITIES: 1800-266-4343

For Feedback - customerservice@suburbandiagnosics.com | www.suburbandiagnosics.com

**ADVICE :**

**Regular morning walk in sunlight exposure.  
Plenty of oral fluids in diet. Plenty of Iron rich & fibre rich diet.  
Consult physician for Low HB, Raised LDL cholesterol &  
Consult Gynecologist for USG changes.**

**CHIEF COMPLAINTS :**

|     |  |     |
|-----|--|-----|
| 1)  | <b>Hypertension:</b>                       | Nil |
| 2)  | <b>IHD</b>                                 | Nil |
| 3)  | <b>Arrhythmia</b>                          | Nil |
| 4)  | <b>Diabetes Mellitus</b>                   | Nil |
| 5)  | <b>Tuberculosis</b>                        | Nil |
| 6)  | <b>Asthma</b>                              | Nil |
| 7)  | <b>Pulmonary Disease</b>                   | Nil |
| 8)  | <b>Thyroid/ Endocrine disorders</b>        | Nil |
| 9)  | <b>Nervous disorders</b>                   | Nil |
| 10) | <b>GI system</b>                           | Nil |
| 11) | <b>Genital urinary disorder</b>            | Nil |
| 12) | <b>Rheumatic joint diseases or symptom</b> | Nil |
| 13) | <b>Blood disease or disorder</b>           | Nil |
| 14) | <b>Cancer/lump growth/cyst</b>             | Nil |
| 15) | <b>Congenital disease</b>                  | Nil |
| 16) | <b>Surgeries</b>                           | Nil |

**PERSONAL HISTORY:**

|    |                   |       |
|----|-------------------|-------|
| 1) | <b>Alcohol</b>    | No    |
| 2) | <b>Smoking</b>    | No    |
| 3) | <b>Diet</b>       | Mixed |
| 4) | <b>Medication</b> | Nil   |

*Dr. Kavin H. Shah*  
M.B.B.S., D.CARD.  
MMC Regd. No.3488

ADDRESS: 2<sup>nd</sup> Floor, Aston, Sundervan Complex, Above Mercedes Showroom, Andheri West - 400053

HEALTHLINE - MUMBAI: 022-6170-0000 | OTHER CITIES: 1800-266-4343

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# SUBURBAN DIAGNOSTICS THANE KASARVADAVALI

## Patient Details

Date: 28-Aug-21

Time: 12:32:50 PM

Name: MRS. MUDAVATH LALITHA ID: 2124037989

Age: 27 y

Sex: F

Height: 162 cms

Weight: 56 Kgs

Clinical History: NIL

Medications: NIL

## Test Details

Protocol: Bruce

Pr.MHR: 193 bpm

THR: 164 (85 % of Pr.MHR) bpm

Total Exec. Time: 8 m 0 s

Max. HR: 166 ( 86% of Pr.MHR )bpm

Max. Mets: 10.20

Max. BP: 150 / 70 mmHg

Max. BP x HR: 24900 mmHg/min

Min. BP x HR: 5040 mmHg/min

Test Termination Criteria: THR achieved

## Protocol Details

| Stage Name       | Stage Time (min : sec) | Mets | Speed (mph) | Grade (%) | Heart Rate (bpm) | Max. BP (mm/Hg) | Max. ST Level (mm) | Max. ST Slope (mV/s) |
|------------------|------------------------|------|-------------|-----------|------------------|-----------------|--------------------|----------------------|
| Supine           | 0 : 20                 | 1.0  | 0           | 0         | 72               | 110 / 70        | -0.21 aVR          | -0.71 aVR            |
| Standing         | 0 : 9                  | 1.0  | 0           | 0         | 73               | 110 / 70        | -0.21 aVR          | -0.71 aVR            |
| Hyperventilation | 2 : 15                 | 1.0  | 0           | 0         | 85               | 110 / 70        | -0.21 II           | 1.06 II              |
| 1                | 3 : 0                  | 4.6  | 1.7         | 10        | 119              | 120 / 70        | -1.91 V6           | 2.48 V1              |
| 2                | 3 : 0                  | 7.0  | 2.5         | 12        | 142              | 130 / 70        | -5.94 V1           | 5.31 II              |
| Peak Ex          | 2 : 0                  | 10.2 | 3.4         | 14        | 166              | 150 / 70        | -2.55 V3           | 3.89 V3              |
| Recovery(1)      | 1 : 0                  | 1.8  | 1           | 0         | 149              | 150 / 70        | -1.27 V3           | 3.54 V3              |
| Recovery(2)      | 1 : 0                  | 1.0  | 0           | 0         | 128              | 140 / 70        | -0.85 aVR          | 3.89 V4              |
| Recovery(3)      | 1 : 0                  | 1.0  | 0           | 0         | 110              | 130 / 70        | -0.42 aVR          | 3.89 V5              |
| Recovery(4)      | 1 : 0                  | 1.0  | 0           | 0         | 104              | 120 / 70        | -0.42 aVR          | 2.48 V3              |
| Recovery(5)      | 0 : 13                 | 1.0  | 0           | 0         | 103              | 110 / 70        | -0.42 aVR          | 1.42 V4              |

## Interpretation

The patient exercised according to the Bruce protocol for 8 m 0 s achieving a work level of Max. METS : 10.20. Resting heart rate initially 72 bpm, rose to a max. heart rate of 166 ( 86% of Pr.MHR ) bpm. Resting blood Pressure 110 / 70 mmHg, rose to a maximum blood pressure of 150 / 70 mmHg.

No significant ST - T changes  
 No evidence of arrhythmias.  
 Normal haemodynamic response.  
 Good effort tolerance.

IMPRESSION: Stress test is negative for inducible ischemia at moderate workload., DISCLAIMER: Negative stress test does not rule out coronary artery disease and positive stress test is suggestive but not confirmatory of coronary artery disease. Hence clinical co-relation is mandatory.

Ref. Doctor: CORPORATE

( Summary Report edited by user )



*Dr. Kavın H. Shah*  
 M.B.B.S., D.CARD.  
 MMC Regd. No.3488

Doctor: Dr. Kavın Shah

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**SUBURBAN DIAGNOSTICS THANE KASARVADAVALLI**

**Test Report**

**MRS. MUDDAVATH LALITHA (27 F)**

ID: 2124037989

Date: 28-Aug-21

Exec Time : 0 m 0 s

Stage Time : 0 m 14 s

HR: 70 bpm

Protocol: Bruce

Stage: Supine

Speed: 0 mph

Grade: 0%

(THR: 164 bpm)

B.P.: 110 / 70

ST Level (mm)      ST Slope (mV/s)

ST Level (mm)      ST Slope (mV/s)

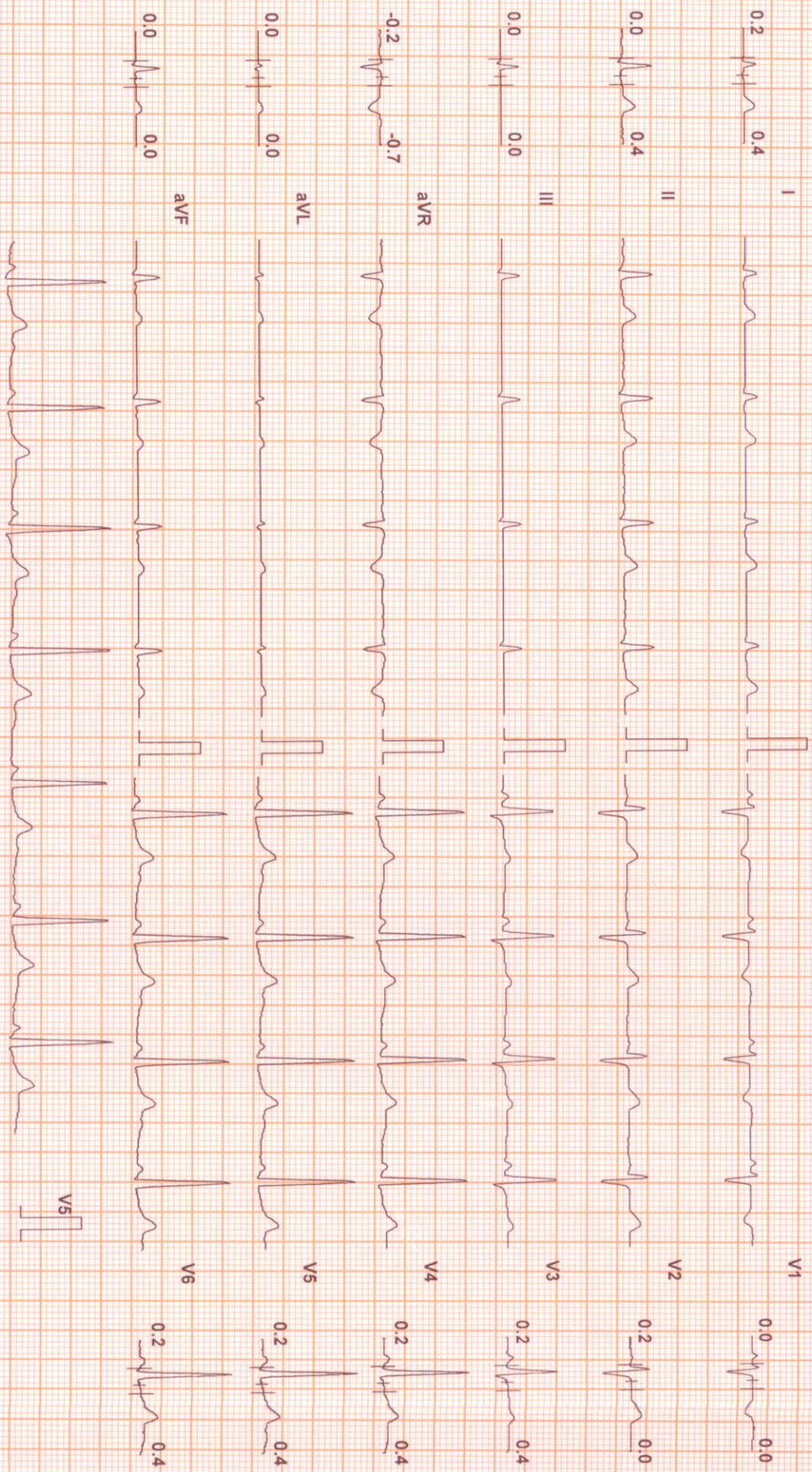


Chart Speed: 25 mm/sec  
Schiller Spardan V 4.7

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Isd = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Linked Median



**SUBURBAN DIAGNOSTICS THANE KASARVADAVALI**

**Test Report**

**MRS. MUDAVATH LALITHA (27 F)**

ID: 2124037989

Date: 28-Aug-21

Exec Time : 0 m 0 s

Stage Time : 0 m 3 s

HR: 75 bpm

Protocol: Bruce

Stage: Standing

Speed: 0 mph

Grade: 0 %

(THR: 164 bpm)

B.P.: 110/70

ST Level (mm)      ST Slope (mV/s)

ST Level (mm)      ST Slope (mV/s)

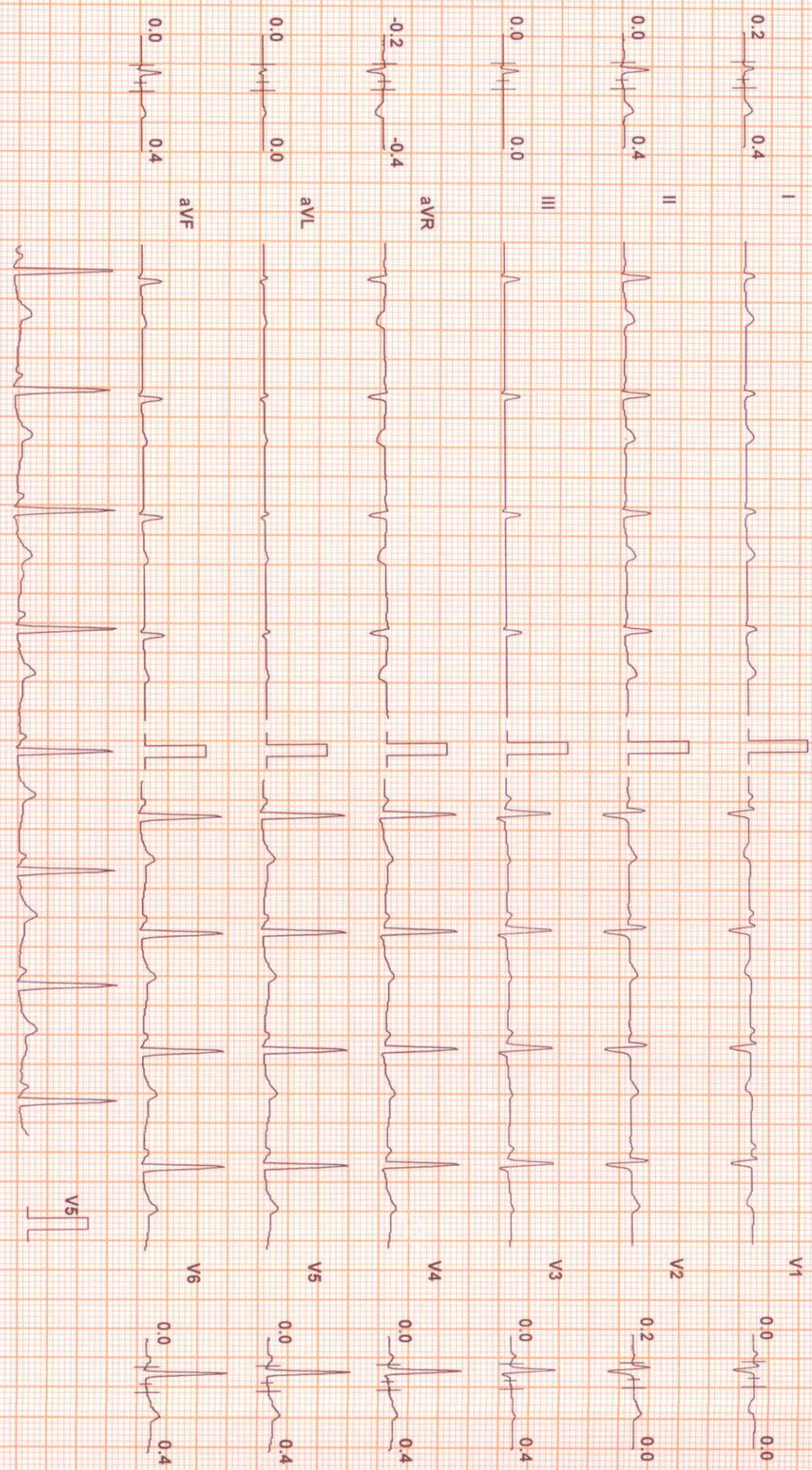


Chart Speed: 25 mm/sec  
Schiller Spandan V4.7

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

ISO = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Linked Median



**SUBURBAN DIAGNOSTICS THANE KASARVADAVALI**

**Test Report**

**MRS. MUDAVATH LALITHA (27 F)**

ID: 2124037989

Date: 28-Aug-21

Exec Time : 0 m 0 s

Stage Time : 2 m 9 s

HR: 89 bpm

Protocol: Bruce

Stage: Hyperventilation

Speed: 0 mph

Grade: 0 %

(THR: 164 bpm)

B.P: 110 / 70

ST Level (mm)

ST Slope (mV/s)

ST Level (mm)

ST Slope (mV/s)

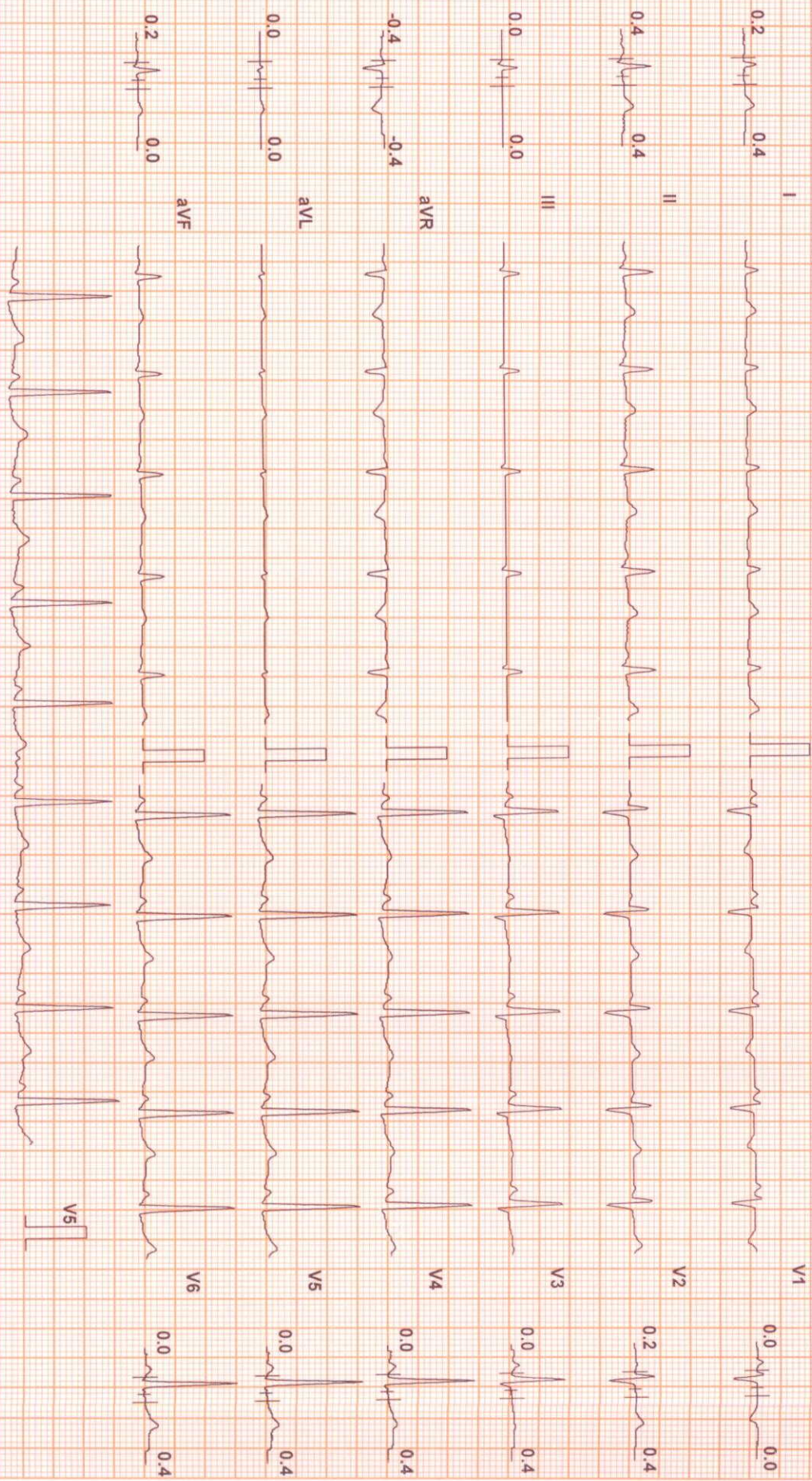


Chart Speed: 25 mm/sec  
Schiller Spandan V 4.7

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Linked Median



# SUBURBAN DIAGNOSTICS THANE KASARVADAVALI

Test Report

MRS. MUDAVATH LALITHA (27 F)

ID: 2124037989

Date: 28-Aug-21

Exec Time : 2 m 54 s

Stage Time : 2 m 54 s HR: 123 bpm

Protocol: Bruce

Stage: 1

Speed: 1.7 mph

Grade: 10 %

(THR: 164 bpm)

B.P: 120 / 70

ST Level (mm)

ST Slope (mV/s)

ST Level (mm)

ST Slope (mV/s)

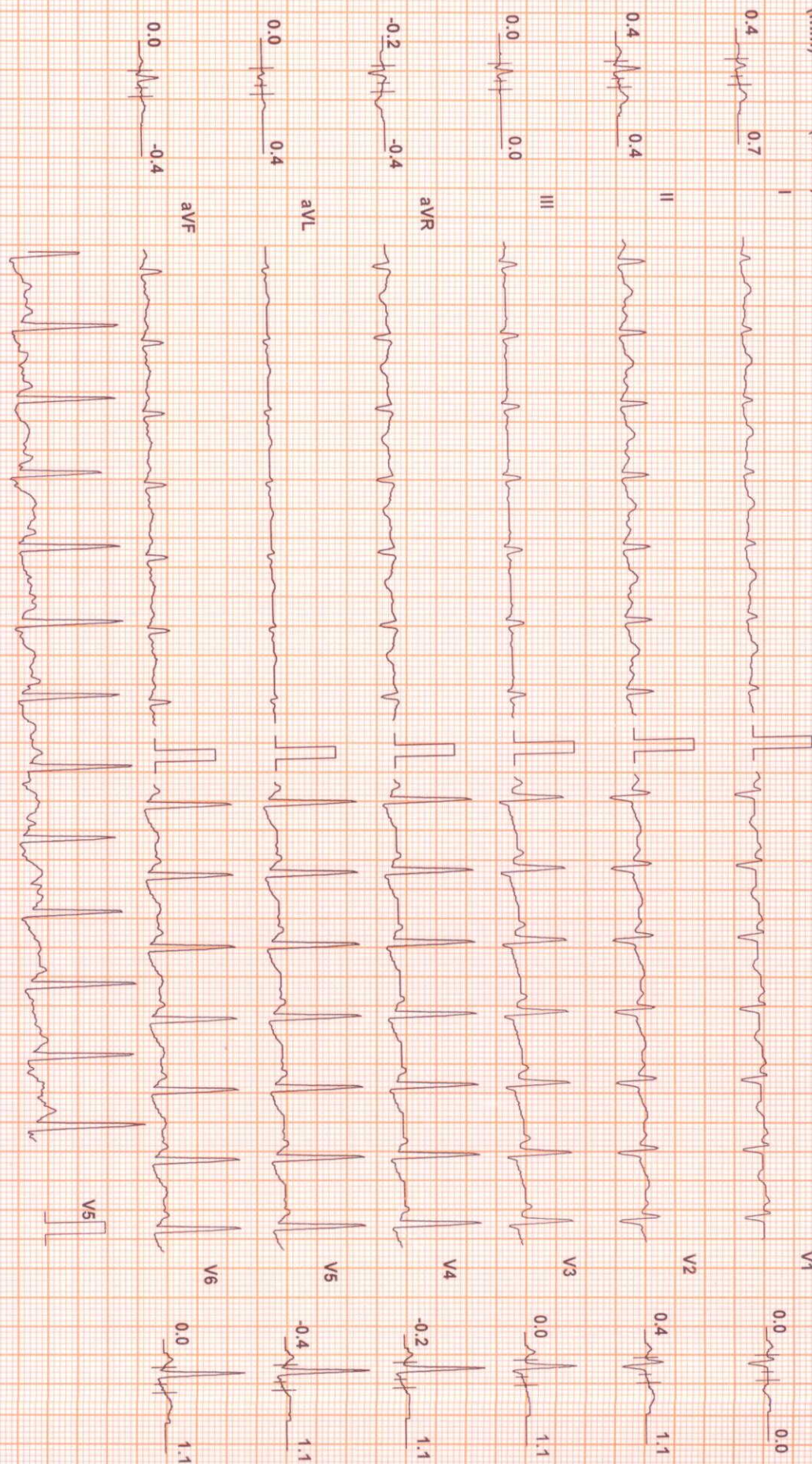


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

ISO = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schlier Spanidan V4.7

Linked Median





# SUBURBAN DIAGNOSTICS THANE KASARVADAVALLI

Test Report

MRS. MUDAVATH LALITHA (27 F)

ID: 2124037989

Date: 28-Aug-21 Exec Time : 5 m 54 s Stage Time : 2 m 54 s HR: 140 bpm

Protocol: Bruce

Stage: 2

Speed: 2.5 mph

Grade: 12 % (THR: 164 bpm)

B.P: 130 / 70

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

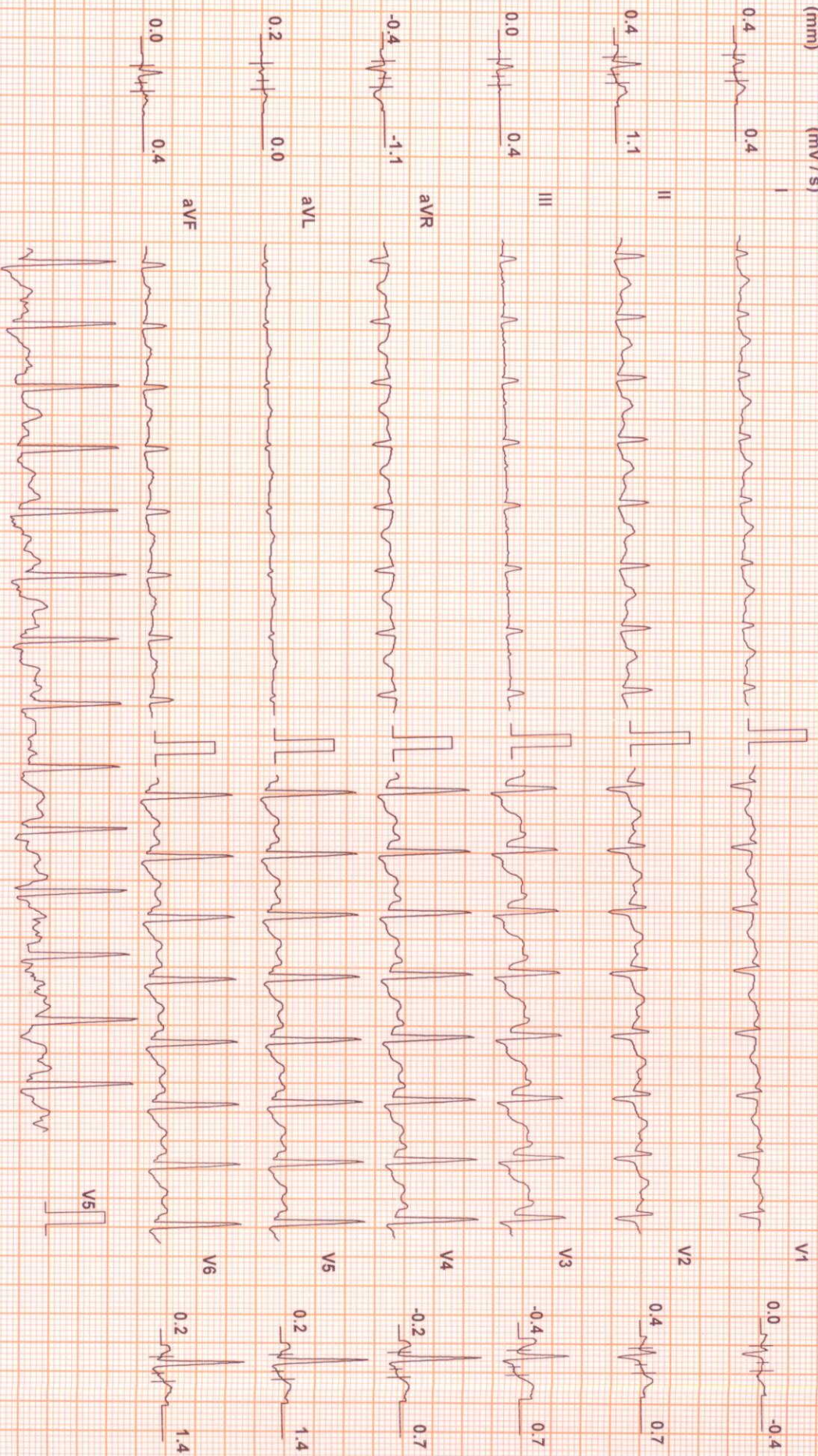


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Isa = R - 60 ms

J = R + 60 ms

Post J = V + 60 ms

Schiller Spandan V4.7

Linked Median



# SUBURBAN DIAGNOSTICS THANE KASARVADAVALI

Test Report

MRS. MUDAVATH LALITHA (27 F)

ID: 2124037989

Date: 28-Aug-21

Exec Time : 7 m 54 s Stage Time : 1 m 54 s

HR: 167 bpm

Protocol: Bruce

Stage: Peak Ex

Speed: 3.4 mph

Grade: 14 %

(THR: 164 bpm)

B.P: 150 / 70

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

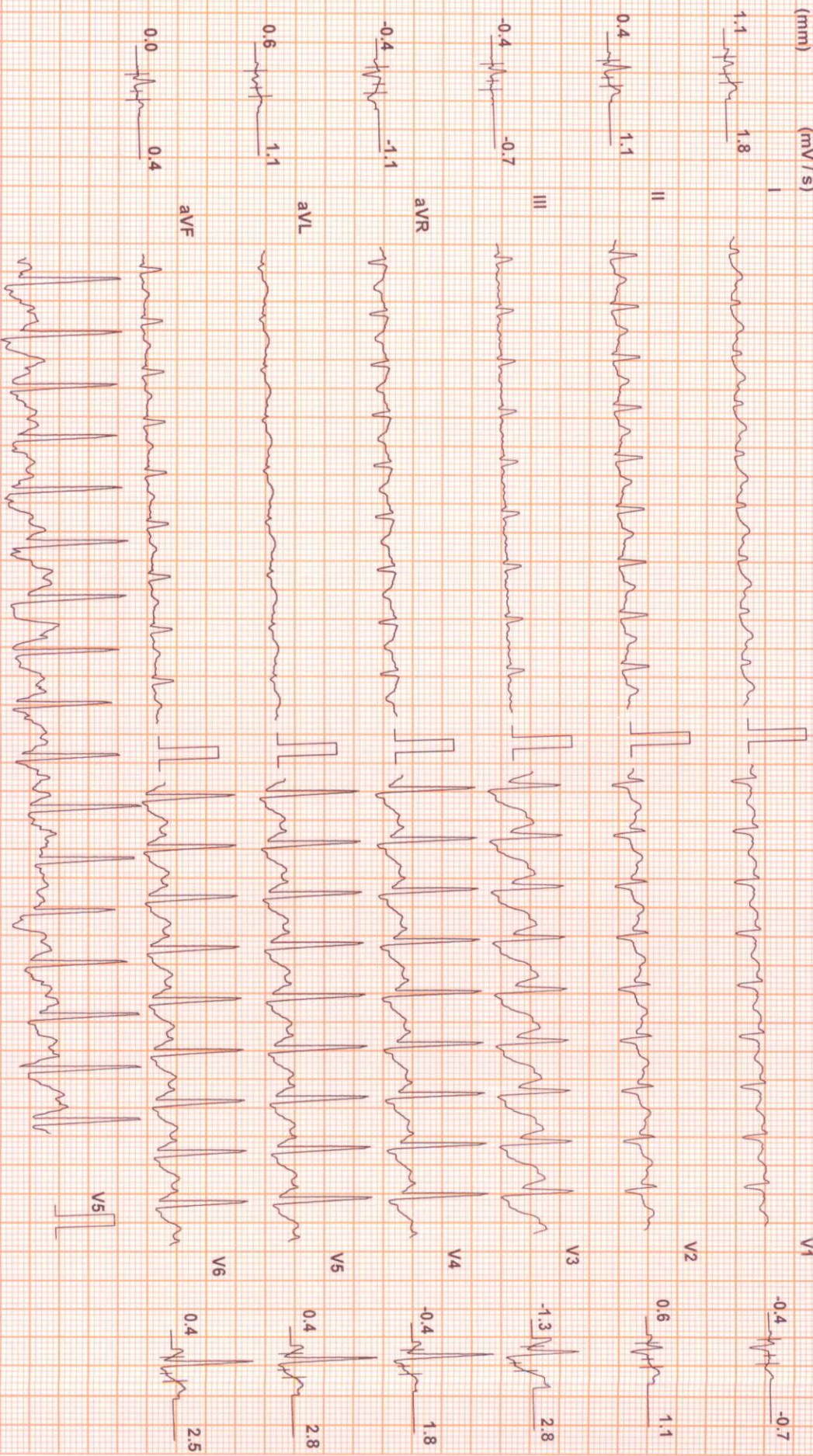


Chart Speed: 25 mm/sec  
Schlier Spandan V4.7

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

ISO = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Linked Median



**SUBURBAN DIAGNOSTICS THANE KASARVADAVALI**

**Test Report**

**MRS. MUDDAVATH LALITHA (27 F)**

ID: 2124037989

Date: 28-Aug-21

Exec Time : 8 m 0 s

Stage Time : 0 m 54 s

HR: 135 bpm

Protocol: Bruce

Stage: Recovery(1)

Speed: 1 mph

Grade: 0 %

(THR: 164 bpm)

B.P: 150 / 70

ST Level (mm)

ST Slope (mV/s)

ST Level (mm)

ST Slope (mV/s)

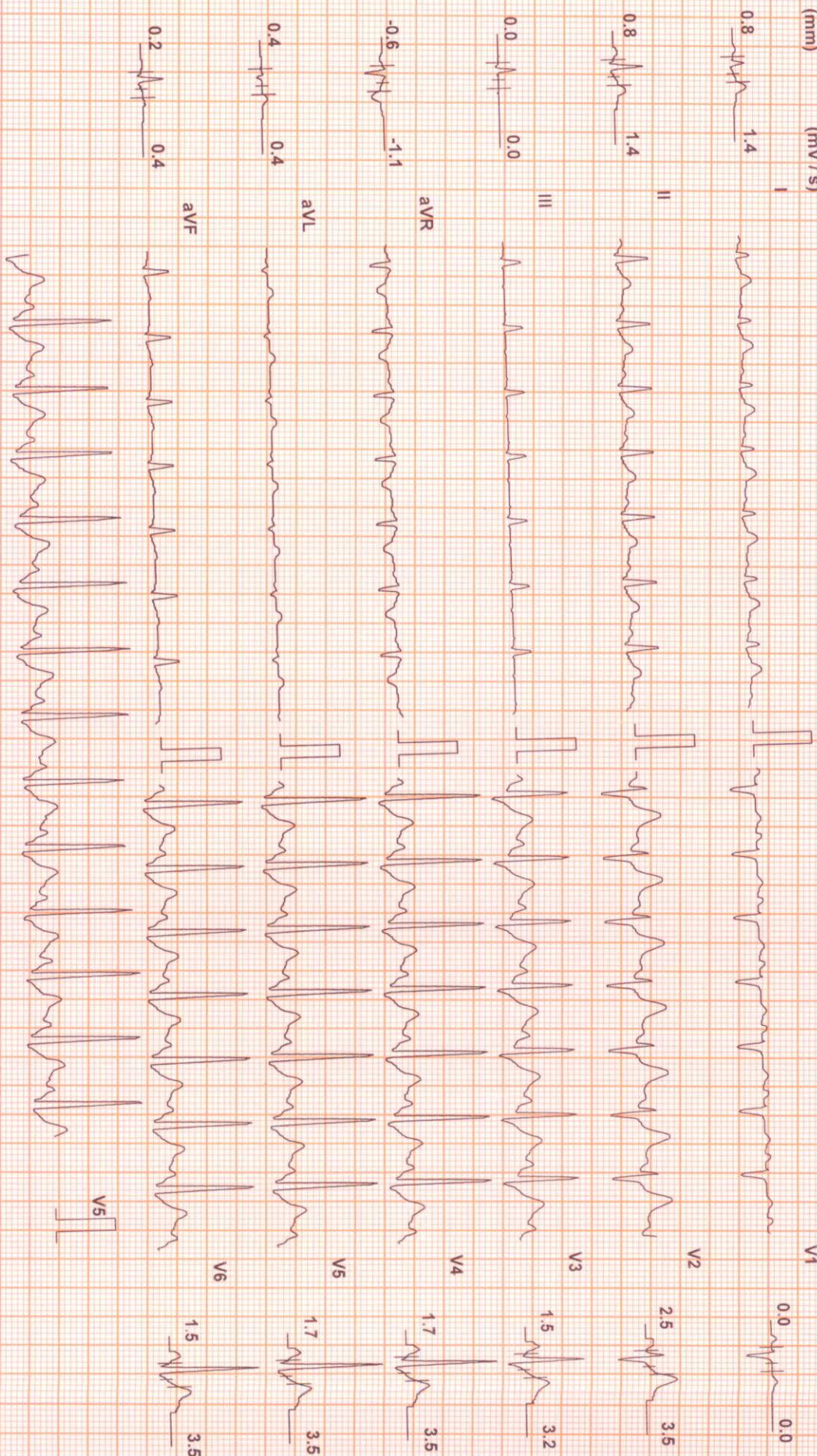


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Linked Median

Schiller Spandan V 4.7



# SUBURBAN DIAGNOSTICS THANE KASARVADAVALI

Test Report

MRS. MUDAVATH LALITHA (27 F)

ID: 2124037989

Date: 28-Aug-21

Exec Time : 8 m 0 s

Stage Time : 0 m 54 s HR: 108 bpm

Protocol: Bruce

Stage: Recovery(2)

Speed: 0 mph

Grade: 0 %

(THR: 164 bpm)

B.P: 140 / 70

ST Level (mm)



ST Level (mm)

ST Slope (mV/s)

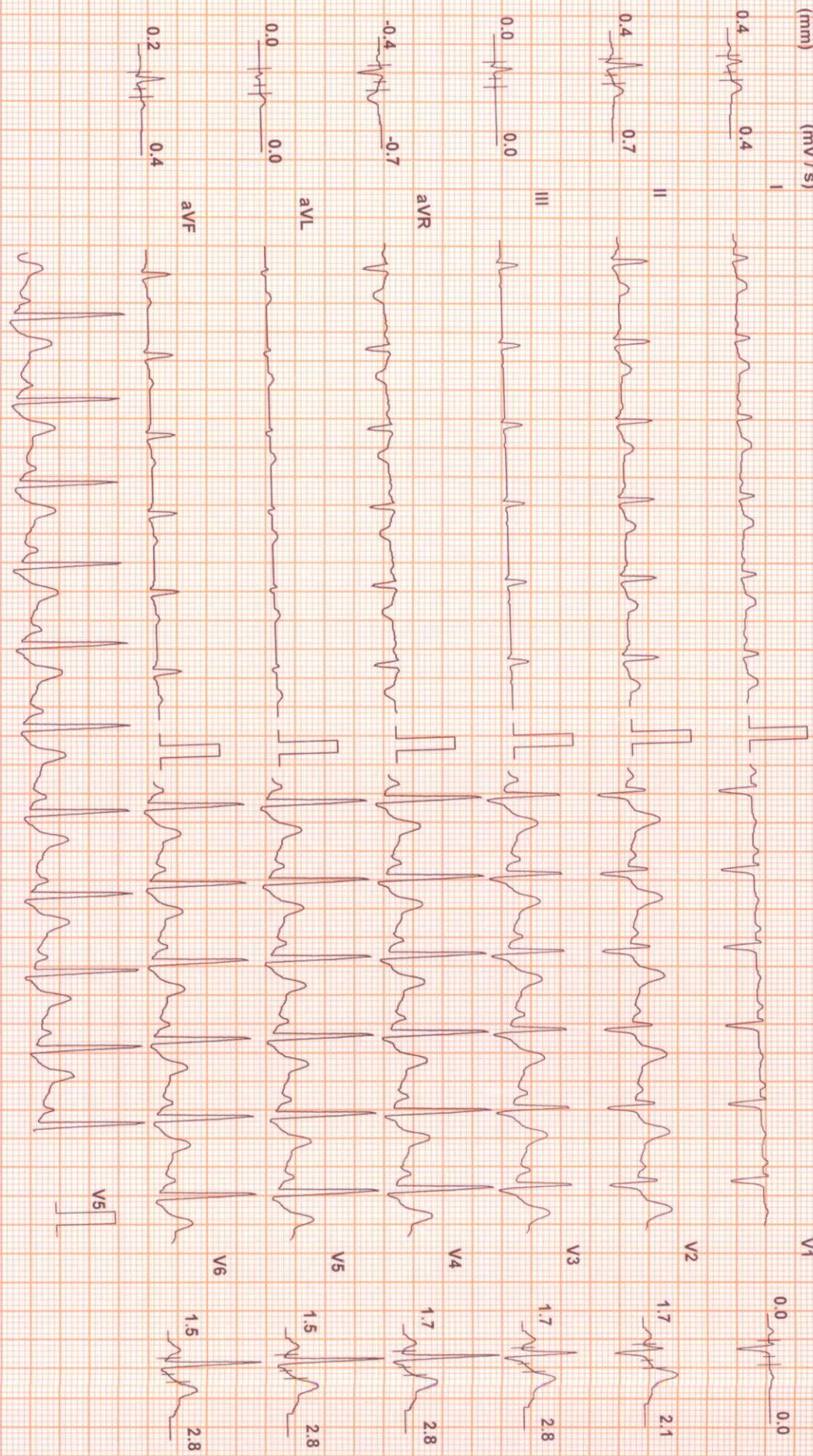


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

ISO = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Linked Median

Schiller Spanden V4.7



# SUBURBAN DIAGNOSTICS THANE KASARVADAVALI

Test Report

MRS. MUDAVATH LALITHA (27 F)

ID: 2124037989

Date: 28-Aug-21

Exec Time : 8 m 0 s

Stage Time : 0 m 54 s

HR: 109 bpm

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 164 bpm)

B.P: 130 / 70

ST Level (mm)

ST Slope (mV / s)

ST Level (mm)

ST Slope (mV / s)

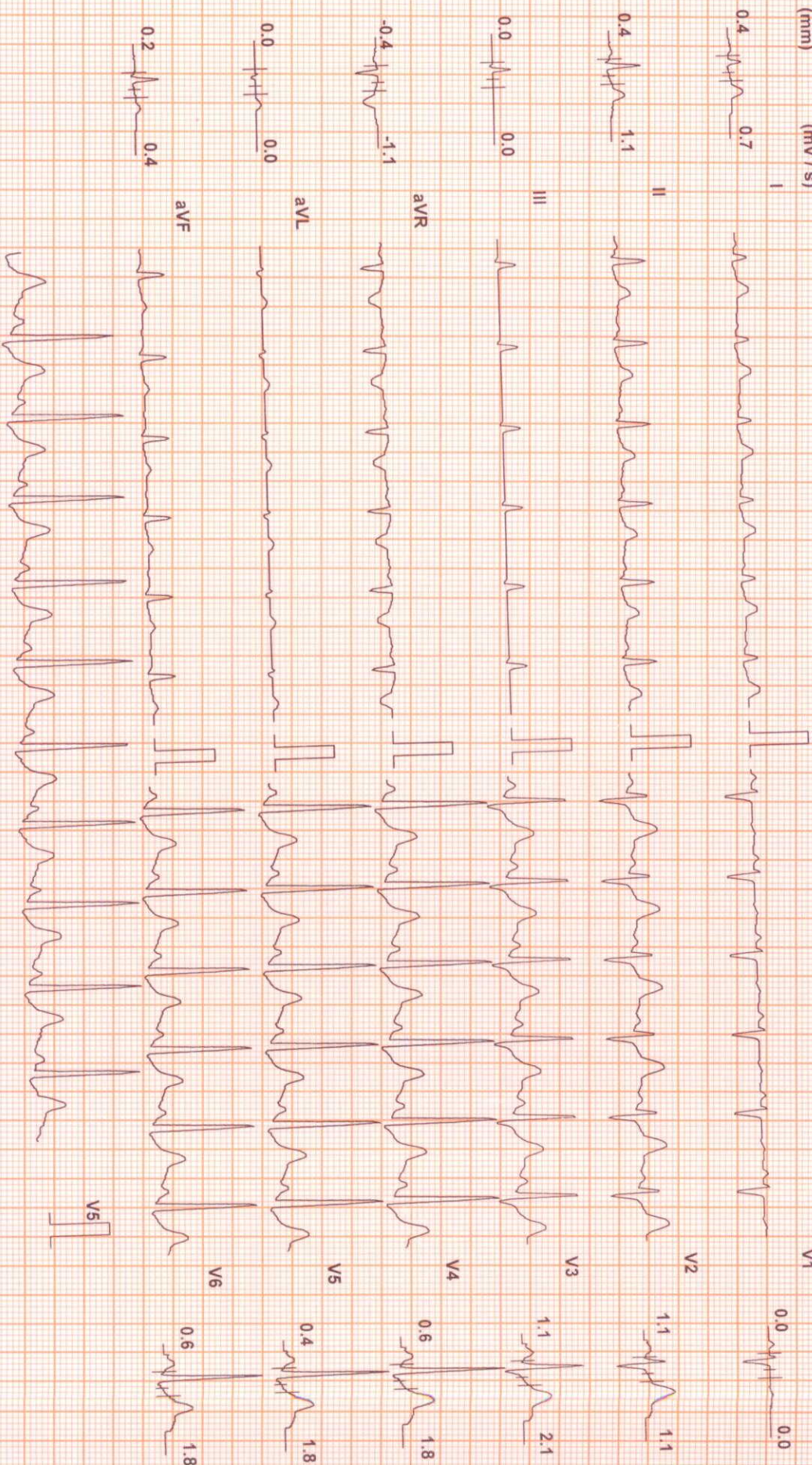


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Linked Median

Schiller Spandau V 4.7



# SUBURBAN DIAGNOSTICS THANE KASARVADAVALI

Test Report

MRS. MUDDAVATH LALITHA (27 F)

ID: 2124037989

Date: 28-Aug-21

Exec Time : 8 m 0 s

Stage Time : 0 m 54 s

HR: 103 bpm

Protocol: Bruce

Stage: Recovery(4)

Speed: 0 mph

Grade: 0 %

(THR: 164 bpm)

B.P.: 120 / 70

ST Level (mm)

ST Slope (mV/s)

ST Level (mm)

ST Slope (mV/s)

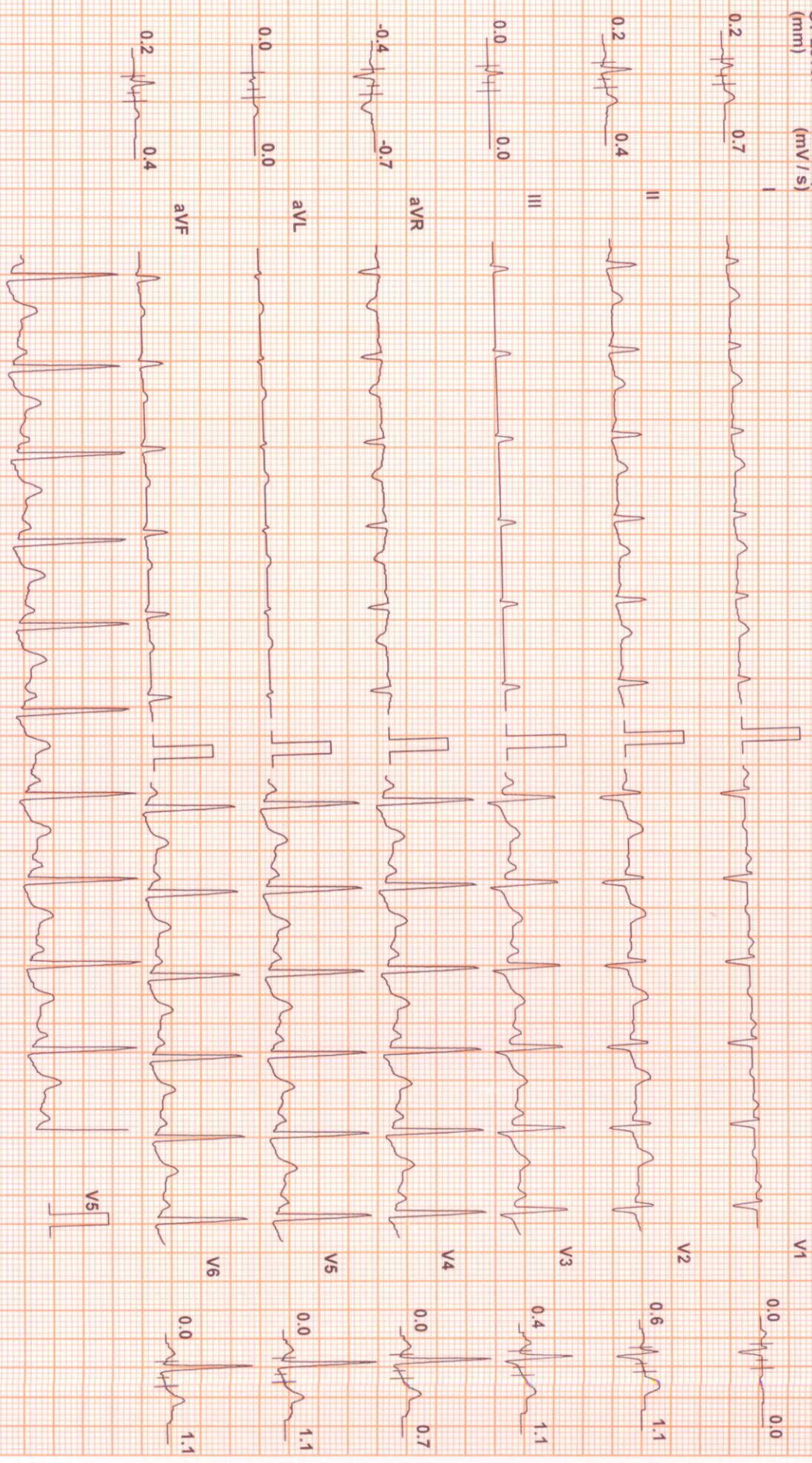


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

ISO = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Linked Median

Schiller Spandem V 4.7



# SUBURBAN DIAGNOSTICS THANE KASARVADAVALI

Test Report

MRS. MUDAVATH LALITHA (27 F)

ID: 2124037989

Date: 28-Aug-21

Exec Time : 8 m 0 s

Stage Time : 0 m 54 s

HR: 103 bpm

Protocol: Bruce

Stage: Recovery(5)

Speed: 0 mph

Grade: 0 %

(THR: 164 bpm)

B.P: 120 / 70

ST Level (mm)

ST Slope (mV/s)

ST Level (mm)

ST Slope (mV/s)

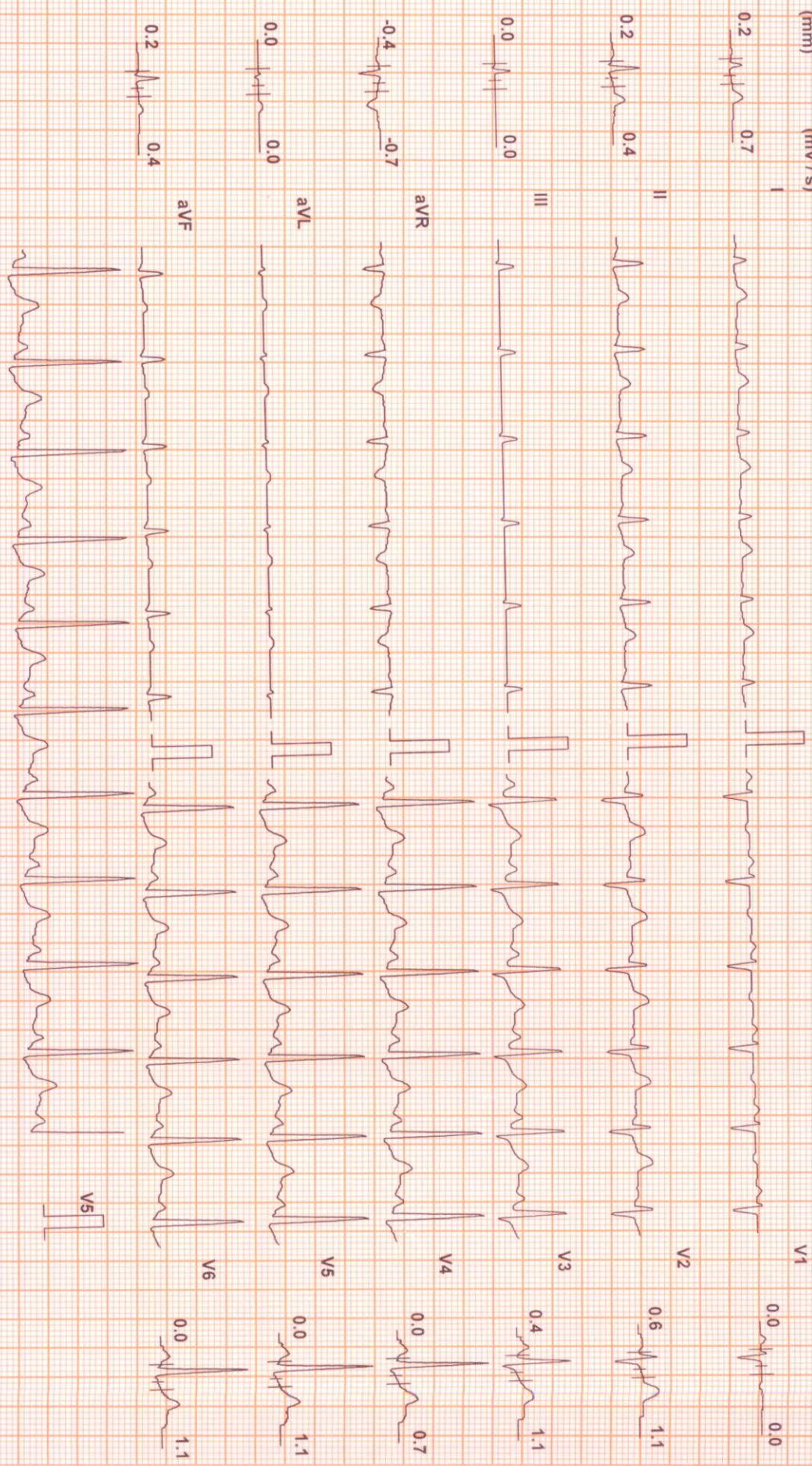


Chart Speed: 25 mm/sec  
Schiller Spanlan V 4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Linked Median



CID : 2124037989  
Name : Mrs MUDAVATH LALITHA  
Age / Sex : 27 Years / Female  
Ref. Dr :  
Reg.Location : Thane Kasarvadavali Main Centre

SID : 177804080152  
Registered : 28-Aug-2021 / 12:02  
Reported : 28-Aug-2021 / 12:13  
Printed : 28-Aug-2021 / 12:13

## USG WHOLE ABDOMEN

**LIVER:** Liver is normal in size, shape and echotexture. There is no intra-hepatic biliary radical dilatation. No evidence of any focal lesion.

**GALL BLADDER:** Gall bladder is distended and appears normal. Wall thickness is within normal limits. There is no evidence of any calculus.

**PORTAL VEIN:** Portal vein is normal. **CBD:** CBD is normal.

**PANCREAS:** Visualised pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification. Pancreatic duct is not dilated.

**KIDNEYS:** Right kidney measures 9.4 x 4.2 cm. Left kidney measures 10.4 x 5.2 cm. Both kidneys are normal in size, shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

**SPLEEN:** Spleen is normal in size, shape and echotexture. No focal lesion is seen.

**URINARY BLADDER:** Urinary bladder is distended and normal. Wall thickness is within normal limits.

**UTERUS:** Uterus is anteverted and measures 6.8 x 3.5 x 3.9 cm. Uterine myometrium shows homogenous echotexture. Endometrial echo is in midline and measures 5.0 mm. Cervix appears normal.

**OVARIES:**  
**Both ovaries are mildly bulky in size and show central echogenic stroma with multiple peripherally arranged small follicles s/o PCOS.**

The right ovary measures 3.4 x 2.3 x 3.1 cm (13.0 cc)

The left ovary measures 3.3 x 1.9 x 3.2 cm.(11.0 cc.)

No free fluid or significant lymphadenopathy is seen.



CID : 2124037989  
Name : Mrs MUDAVATH LALITHA  
Age / Sex : 27 Years / Female  
Ref. Dr :  
Reg.Location : Thane Kasarvadavali Main Centre

SID : 177804080152  
Registered : 28-Aug-2021 / 12:02  
Reported : 28-Aug-2021 / 12:13  
Printed : 28-Aug-2021 / 12:13

**IMPRESSION:**

**BILATERAL MILD BULKY OVARIES WITH POLYCYSTIC CHANGES.SUGGEST  
SR.FSH,SR LH,SR PROLACTIN CORRELATION.**

-----End of Report-----

*G. R. Fartade*  
Dr.GAURAV FARTADE  
MBBS, DMRE  
Reg No -2014/04/1786  
Consultant Radiologist

CID : 2124037933  
Name : Mr RAMCHANDER R  
Age / Sex : 27 Years / Male  
Ref. Dr :  
Reg.Location : Thane Kasarvadavali Main Centre

SID : 177804068743  
Registered : 28-Aug-2021 / 10:19  
Reported : 28-Aug-2021 / 10:40  
Printed : 28-Aug-2021 / 10:40

**X-RAY CHEST PA VIEW**

Both lung fields are clear.

Both costo-phrenic angles are clear.

**Borderline cardiomegaly noted.**

The domes of diaphragm are normal in position and outlines.

The skeleton under review appears normal.

**IMPRESSION:**

**NO SIGNIFICANT PLEURO-PARENCHYMAL ABNORMALITY IS DETECTED.**

-----End of Report-----

*G. R. Fartade*  
Dr. GAURAV FARTADE  
MBBS, DMRE  
Reg No -2014/04/1786  
Consultant Radiologist