

MER- MEDICAL EXAMINATION REPORT

Date of Examination	10/8/24		
NAME	ALIKA Mishra		
AGE	32	Gender	F.
HEIGHT(cm)	153	WEIGHT (kg)	50 Bmi - 21.4
B.P.	90/60		
ECG	normal		
X Ray	normal		
Vision Checkup	—		
Present Ailments	none		
Details of Past ailments (If Any)	no		
Comments / Advice : She /He is Physically Fit	medicines Rx		
Client is not ready for Pap Smear Test.			



Dr. Smita Rastogi  
 MBBS, DC  
 Reg. No. 37370

Signature with Stamp of Medical Examiner

To  
Modern Pathology

Dear Sir/ Madam,

I allec Mishra visited  
to your diagnostic centre for regular  
health checkup I has done all  
regular checkup & test but I  
didn't done one of my tests  
LBC PAP smears to some personal  
reason.



Regards  
Allec Mishra

A handwritten signature in blue ink, appearing to be 'Allec Mishra', with a long horizontal line extending to the right.

आयकर विभाग  
INCOME TAX DEPARTMENT



भारत सरकार  
GOVT. OF INDIA

ALKA MISHRA

VISHNU DAYAL MISHRA

16/12/1991

Permanent Account Number  
CBKPM9073L

*Alka*

Signature



12022013

*Alka Tripathi & Alka Mishra are same person.*

*Alka*      *Alka*



You have been informed that, ophthalmological, dental consultation or dietician consultation facility is not available at our centre. If you are ready then your test can be started.

2D echo test facility is not available at our centre, instead we do TMT test.

Alex Tripathi | Alex Mishra

ATS







# MODERN PATHOLOGY & DIAGNOSTIC CENTRE

**CLINIC :**  
1/4A, Vineet Khand, (Opp Jaipuria Management)  
Gomti Nagar, Lucknow - 226 010  
Ph.: 0522-4008184, 4308184 • 811232333  
Mob.: 7618884441, 9450389932, 8177003074

Dr. R. P. Rastogi  
M.B.B.S., M.D. (Path & Bact)



TEST REQUEST ID :012408100041	SAMPLE DATE	:10/Aug/2024 11:28AM
NAME :Mrs. ALKA MISHRA	SAMPLE REC. DATE	:10/Aug/2024 11:28AM
AGE/SEX :00 YRS/FEMALE	REPORTED DATE	:10/Aug/2024 12:01PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01100041

## USG WHOLE ABDOMEN-FEMALE

**Liver:** is normal in size (133 mm). Parenchymal echogenicity is normal. No focal echovariant lesion is seen. Intrahepatic biliary radicles are not dilated.

**Gall Bladder:** is well distended. Lumen is anechoic. Wall is of normal thickness.

**CBD:** is normal in diameter. Portal vein is normal in diameter.

**Pancreas:** is normal in size, shape and echotexture. No focal echovariant lesion is seen. Pancreatic duct is not dilated.

**Spleen:** is normal in size ( 88 mm), shape and echotexture. No focal echovariant lesion is seen. Splenic vein is normal.

**Right Kidney:** is normal in size 99x40 mm, shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst, or calculi is seen. Pelvicalyceal systems are not dilated. Ureter is not dilated.

**Left Kidney:** is normal in size 77x40 mm, shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst, or calculi is seen. Pelvicalyceal systems are not dilated. Ureter is not dilated.



Dr. Sanjay Rastogi  
M.B.B.S., DCP, CRIAT (BARC)

DR. PANKAJ UPADHYAYA  
Consultant Radiologist

Dr. Smita Rastogi  
M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

SAMPLE COLLECTION FACILITY AVAILABLE

Report needs clinicopathological correlation ♦ Not for Medico Legal Purpose

Print Date/Time: 10/08/2024 12:01 PM

e-mail : mpdcgn@gmail.com ♦ For online reports - [www.modernpath.in](http://www.modernpath.in)

Checked By: Ashish Singh

Page 1 of 2

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**Urinary bladder:** is well distended. Lumen is anechoic. Wall is of normal thickness. No mass or calculus is seen.

**Uterus:** is normal in size ( 31x48x65 mms), shape and echotexture. **It is retroverted.** Myometrium is homogenous. No focal mass is seen. Endometrial thickness is normal. Cervix appears normal in size, shape and echotexture. No evidence of collection in cervical canal.

**Bilateral Ovaries and adnexae:** Both ovaries are normal in size , shape and echotexture. No adnexal solid or cystic mass lesion is seen.

Both iliac fossae are clear. No obvious bowel pathology is noted. There is no free fluid in peritoneal cavity.

**OPINION:**

- **NORMAL STUDY.**

\*\*\* End Of Report \*\*\*



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Date	: 10-Aug-2024		
Name	: Mrs. ALKA MISHRA	Age	: 32 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Female
Haemoglobin	12.7	gm%	11 - 14
Total Leucocyte Count	4100	Cells/cumm.	4000-11000
<b>Differential Leucocyte Count</b>			
Polymorphs	61	%	45 - 70
Lymphocytes	31	%	20 - 45
Eosinophils	02	%	0 - 6
Monocytes	06	%	0 - 8
Basophils	00	%	0 - 1
<b>Erythrocyte Sedimentation Rate (Wintrobe)</b>			
ESR	16	mm in 1st Hr.	0 - 19
PCV	40.1	cc%	40 - 52
Corrected ESR	04	mm in 1st Hr.	0 - 19
Platelet Count	1.80	lakh/cumm.	1.5 - 4.0
Red Cells Count	4.36	million/cmm	3.90 to 4.60
<b>Absolute values</b>			
MCV	91.8	fL	77 - 97
MCH	29.1	pg	27 - 31
MCHC	31.7	gm /dl	31 - 34
Plasma Glucose - F GOD-POD Method	87	mg/dl	70 - 110
Plasma Glucose - PP GOD POD Method	110	mg/dl	110 - 170
Blood Group & Rh	"A" Positive		

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Date	: 10-Aug-2024		
Name	: Mrs. ALKA MISHRA	Age	: 32 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Female

KFT			
UREA	16.2	mg %	15 - 50
CREATININE	0.64	mg %	0.5 - 1.5
URIC ACID	5.0	mg %	2 - 6
CALCIUM	9.4	mg %	8.8 - 10.0

LFT T&D			
Total Bilirubin	0.46	mg%	0.2 - 1.0
Direct Bilirubin	0.18	mg%	0.0 to 0.40
Indirect Bilirubin	0.28	mg%	0.10 to 0.90
S.G.P.T	17	IU/L	5 - 40
S.G.O.T	11	IU/L	5 - 50
A&P	65	IU/L	35 to 104

Serum Gamma G.T.	14	IU/L	11 - 50
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Urine Sugar (Fasting)	NIL		
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Urine Sugar (PP)	NIL		
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Date	: 10-Aug-2024		
Name	: Mrs. ALKA MISHRA	Age	: 32 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Female

### Glycosylated Haemoglobin

Glycosylated Haemoglobin	5.1	%	4.5 TO 6.0
=====			
INTERPRETATION AND COMMENTS			
=====			
NON DIABETIC :	4.5 to 6.0 %		
GOOD CONTROL:	6.0 to 7.0		
FAIR CONTROLLED	7.0 AND 8.0		
UNCONTROLLED	8.0 AND ABOVE		
<p>Glycosylated haemoglobin is the adducted glucose in the haemoglobin of the red blood cells, this adduction is stable for the life time of the RBC (i.e 120 days). There fore the measure of glycosylated haemoglobin reflects the average blood glucose concentration over the preseding several weeks. The sudden change in blood glucose level would not effect the glycosylated haemoglobin level ,which serves as a better marker of long term metabolic control and the efficacy of therapy.</p>			

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Date	: 10-Aug-2024	Age	: 32 Yrs.
Name	: <b>Mrs. ALKA MISHRA</b>	Sex	: Female
Ref.By	: APOLLO HEALTH		

### LIPID PROFILE

Triglycerids	117	mg%	70 - 190
S. Cholestrol S.	184	mg%	130 - 230
S. HDL Cholestrol	42.2	mg%	35 - 75
S. LDL Cholestrol	118.4	mg%	75 - 150
VLDL	23.4	mg%	0 - 34
Chol / HDL factor	4.36		
LDL / HDL Factor	2.81		

### COMMENTS

- \* Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).
- \* LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lower LDL and raise HDL. Raised chol. in females is mostly due to disturbed thyroid function.
- \* Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Betablocker therapy.

### TYPES OF HYPERLIPOPROTEINEMIAS

TYPE 1: Normal cholesterol TG greatly raised	TYPE 3: Cholesterol increased TG increased
TYPE 2a: Cholesterol increased LDL increased TG normal	TYPE 4: Cholesterol normal /increased VLDL increased TG increased
TYPE 2b Chol. increased VLDL raised TG increased LDL increased	TYPE 5: Cholesterol increased LDL reduced VLDL increased TG greatly increased

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Date	: 10-Aug-2024	Age	: 32 Yrs.
Name	: Mrs. ALKA MISHRA	Sex	: Female
Ref.By	: APOLLO HEALTH		

### THYROID TEST

Tri-iodothyronine (T3)	1.16	nmol/L	0.50 to 2.50
Thyroxine (T4)	7.14	mcg/dL	5.0 to 12.5
Thyroid Stimulating Hormone (TSH)	2.69	mIU/ ml	0.3 to 6.0

### COMMENTS

- 1) Primary hyperthyroidism is accompanied by elevated Serum T3 and T4 values along with depressed TSH levels.
- 2) Primary Hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH levels.
- 3) Normal T4 levels accompanied by high T3 levels are seen in patients with T3 thyrotoxicosis.
- 4) Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels maybe encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol and propylthiouracil.
- 5) Elevated TSH levels may also be indicative of TSH secreting Pituitary Tumour.

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**Dr. Smika Rastogi**  
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Date	: 10-Aug-2024		
Name	: <b>Mrs. ALKA MISHRA</b>	Age	: 32 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Female

### Urine Examination

<b>PHYSICAL</b>		
Colour	Straw	
Turbidity	Nil	
Deposit	Nil	
Reaction	Acidic	
*Specific Gravity	1.015	
<b>CHEMICAL</b>		
Protein	Nil	
Sugar	Nil	
*Bile Salts	Nil	
*Bile Pigments	Nil	
Phosphate	Nil	
<b>MICROSCOPIC</b>		
Pus Cells	Nil	/hpf
Epithelial Cells	Few	/hpf
Red Blood Cells	Nil	/hpf
Casts	Nil	
Crystals	Nil	
Others	Nil	

**Dr. Sanjay Rastogi**  
M.B.B.S., DCP, CRIP (BARC)

**Dr. Smita Rastogi**  
M.B.B.S., DCP

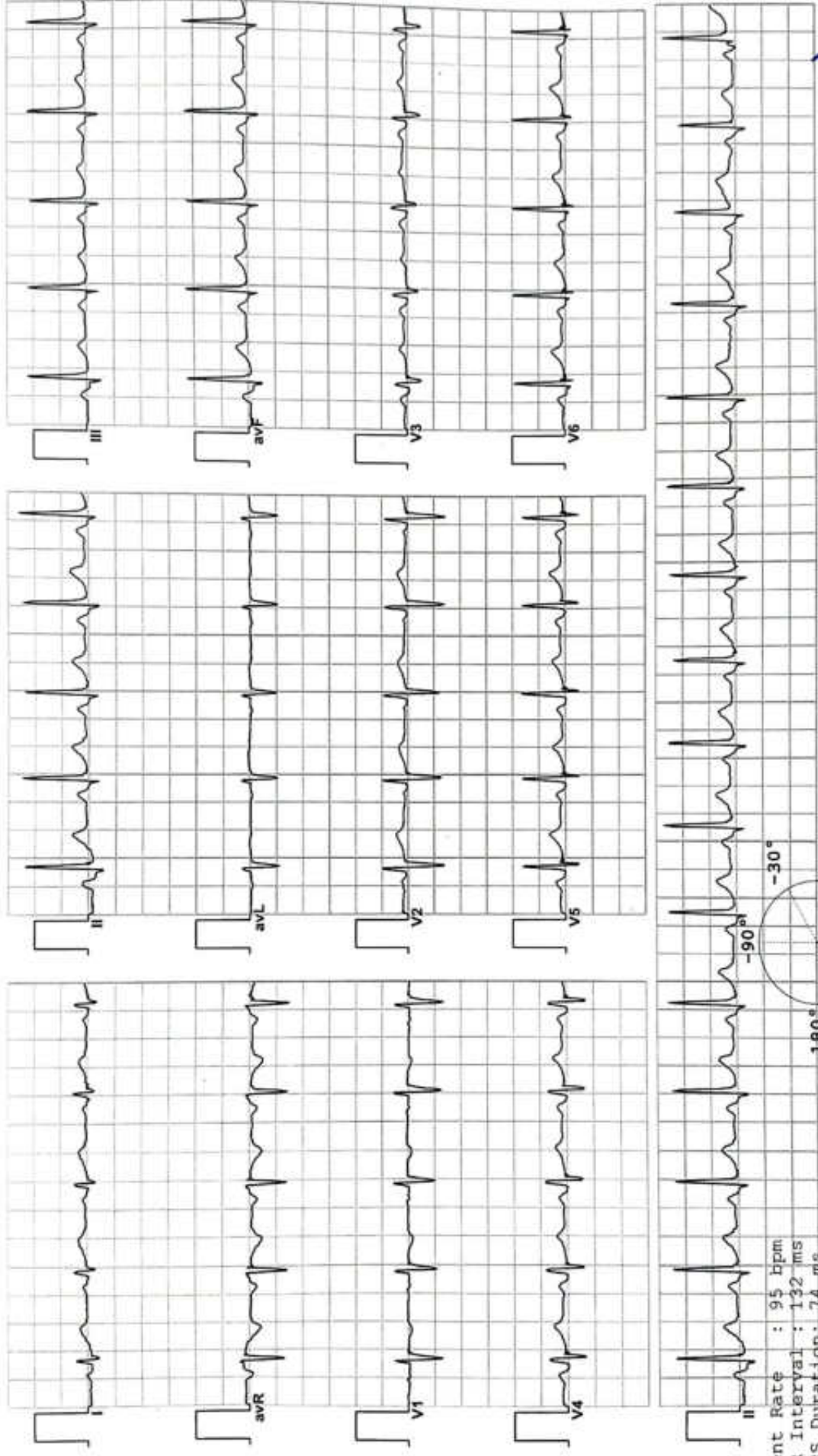
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Vent Rate : 95 bpm  
 PR Interval : 132 ms  
 QRS Duration : 74 ms  
 QT/QTc Int : 324/385 ms  
 P-QRS-T axis: 67.00 • 81.00 • 58.00 •  
 Allergens ECG (Pisces/PIS215191030)

*Normal ECG*

Axis  
 90° R 81° T 58° P 67°

DR. AMIT MOHAN  
 MD  
 Reg. No. 44559





# MODERN PATHOLOGY & DIAGNOSTIC CENTRE

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AGE/SEX :32 YRS/FEMALE	REPORTED DATE	:10/Aug/2024 02:17PM
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## XRAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

Please correlate clinically.

\*\*\* End Of Report \*\*\*



**Rajay Rastogi**  
M.B.B.S., DCP, CRIAT (BARC)

*Surbhi*  
**Dr. Surbhi**  
MBBS, MD (Radiodiagnosis)

**Dr. Smita Rastogi**  
M.B.B.S., DCP

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MODERN PATHOLOGY AND DIAGNOSTIC CENTER

Report



Gomti Nagar Lucknow

ALKA MISHRA / 33 Yrs / F / 153 Cms / 50 Kg

Date: 10 - 08 - 2024

Stage	Time	Duration	Speed(Kmph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:04	0:04	00.0	00.0	01.0	087	47 %	90/60	078	00	
Standing	00:10	0:06	00.0	00.0	01.0	087	47 %	90/60	078	00	
HV	00:14	0:04	00.0	00.0	01.0	087	47 %	90/60	078	00	
ExStart	00:23	0:09	00.0	00.0	01.0	094	50 %	90/60	084	00	
BRUCE Stage 1	03:23	3:00	02.7	10.0	04.7	123	66 %	124/80	152	00	
BRUCE Stage 2	06:23	3:00	04.0	12.0	07.1	142	76 %	130/86	184	00	
PeakEx	08:05	1:42	05.5	14.0	08.9	168	90 %	134/90	225	00	
Recovery	09:05	1:00	00.0	00.0	01.2	126	67 %	132/86	166	00	
Recovery	10:05	2:00	00.0	00.0	01.0	108	58 %	124/82	133	00	
Recovery	11:05	3:00	00.0	00.0	01.0	101	54 %	122/80	123	00	
Recovery	11:23	3:18	00.0	00.0	01.0	105	56 %	122/80	128	00	

**FINDINGS :**

Exercise Time : 07:42  
 Max HR Attained : 168 bpm 90% of Target 187  
 Max BP Attained : 134/90 (mm/Hg)  
 Max WorkLoad Attained : 8.9 Fair response to induced stress  
 Test End Reasons : Test Complete, Fatigue

**REPORT :**

CONCLUSIONS:

1. STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE.

*(Signature)*  
 DR. ARUN KUMAR HAN MD  
 Reg. No. 44559





BRUCE:Supine(0:07)

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

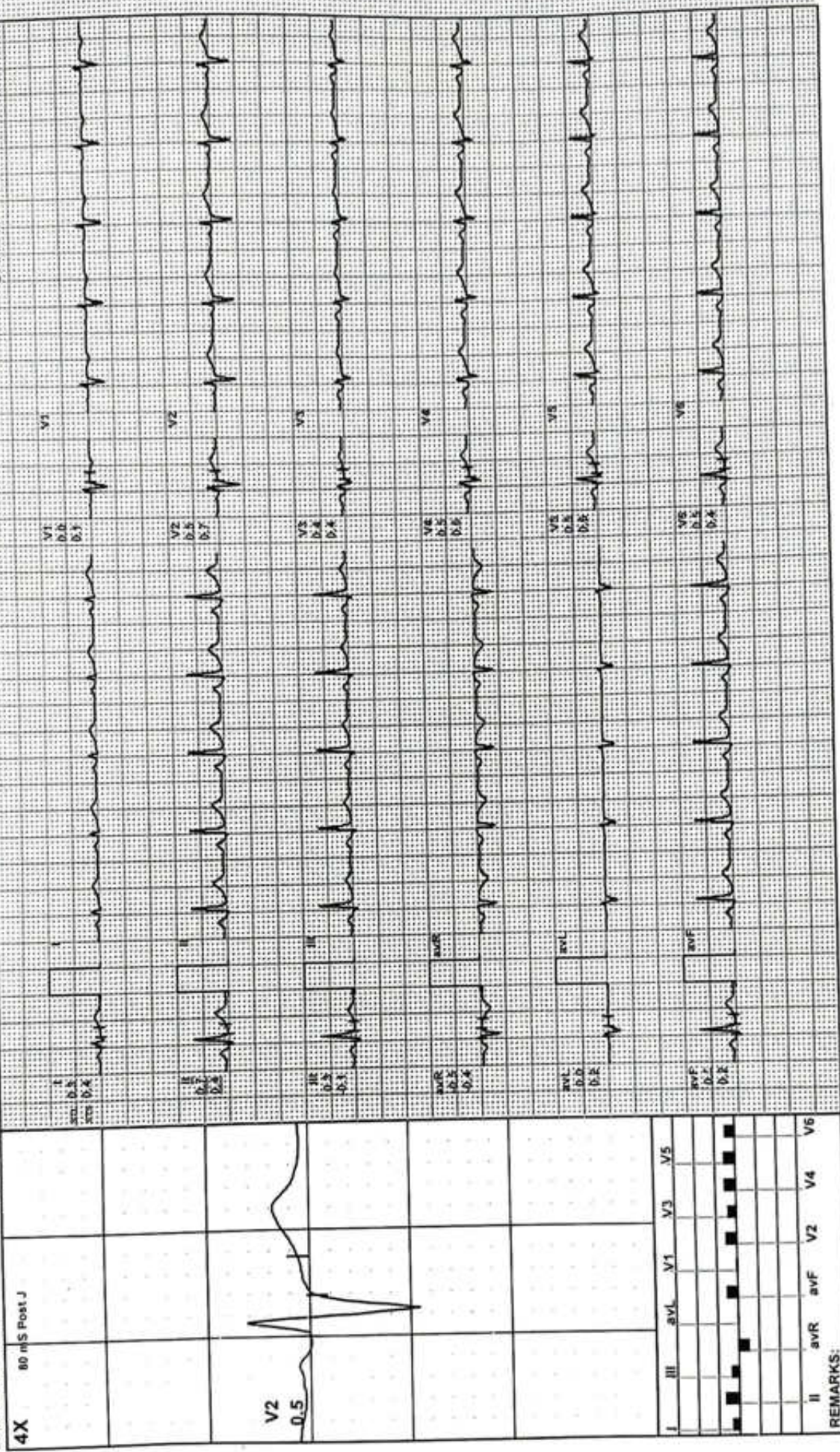
ALKA MISHRA / 33 Yrs / F / 153 Cms / 50 Kg / HR : 87

ExTime: 00:00 0.0 Kmph, 0.0%

METS: 1.0/ 87 bpm 47% of THR BP: 90/60 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

Date: 10 - 08 - 2024

25 mm/Sec 1.0 Cm/mV



I	III	aVL	V1	V3	V5
II	aVR	aVF	V2	V4	V6

REMARKS:



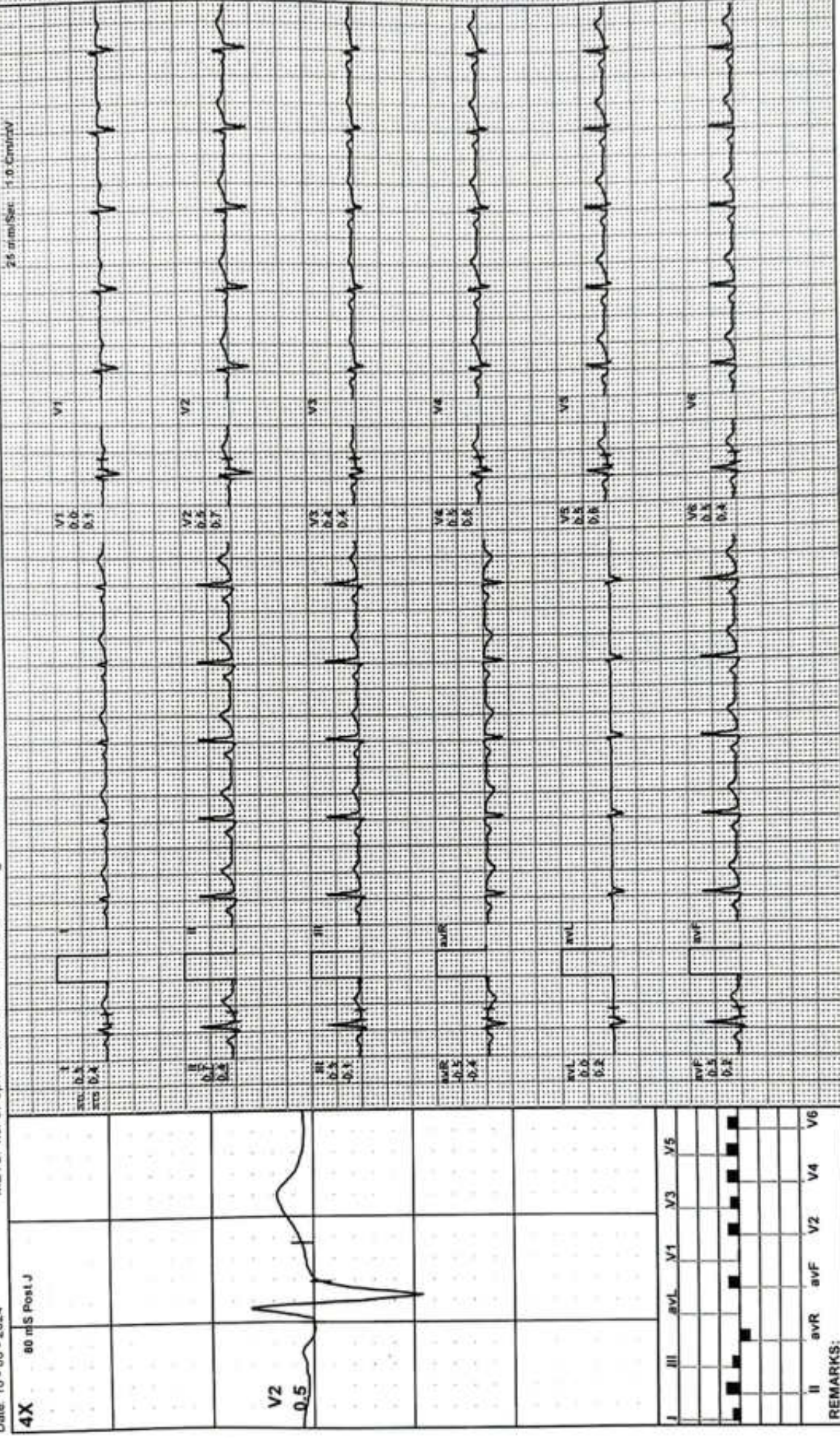


BRUCE: Standing(0:06)

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ALKA MISHRA / 33 Yrs / F / 153 Cms / 50 Kg / HR : 87

Date: 10 - 08 - 2024 METS: 1.0/ 87 bpm 47% of THR BP: 90/60 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime: 00:00 0.0 Kmph, 0.0%



I	III	aVL	V1	V3	V5
II	avR	avF	V2	V4	V6

REMARKS:





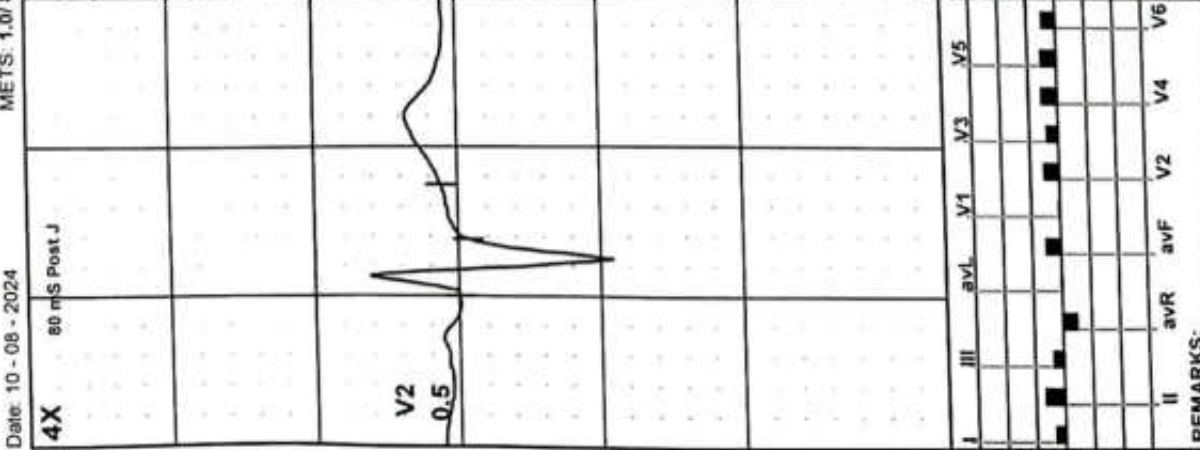
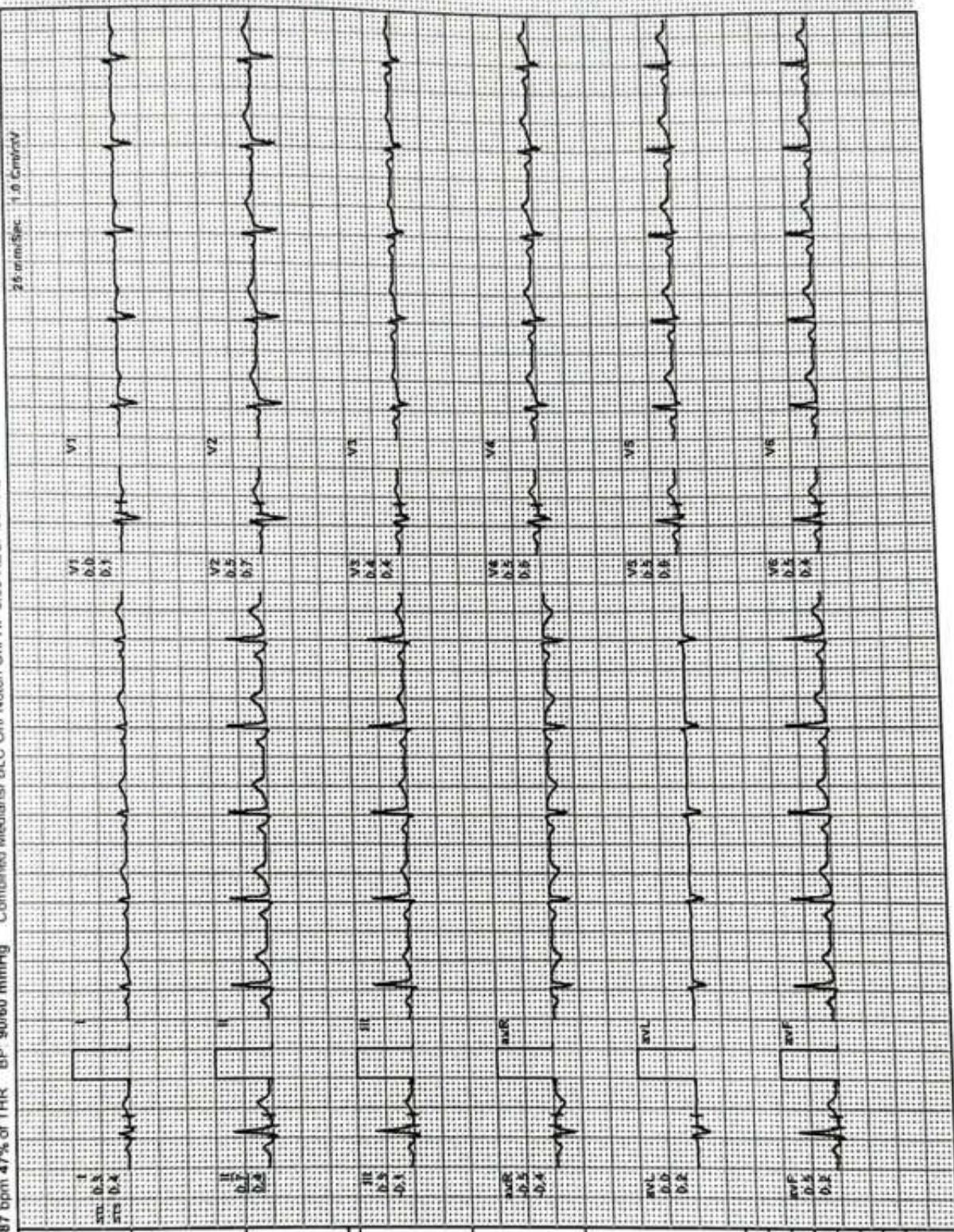
BRUCE:HV(0:06)

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ALKA MISHRA / 33 Yrs / F / 153 Cms / 50 Kg / HR : 87

ExTime 00:00 0.0 Kmph. 0.0%

METS: 1.0/ 97 bpm 47% of THR BP: 90/60 mmHg Combined Medians/ BLC On/ Match On/ HF 0.05 Hz/LF 35 Hz



REMARKS:





ExStart

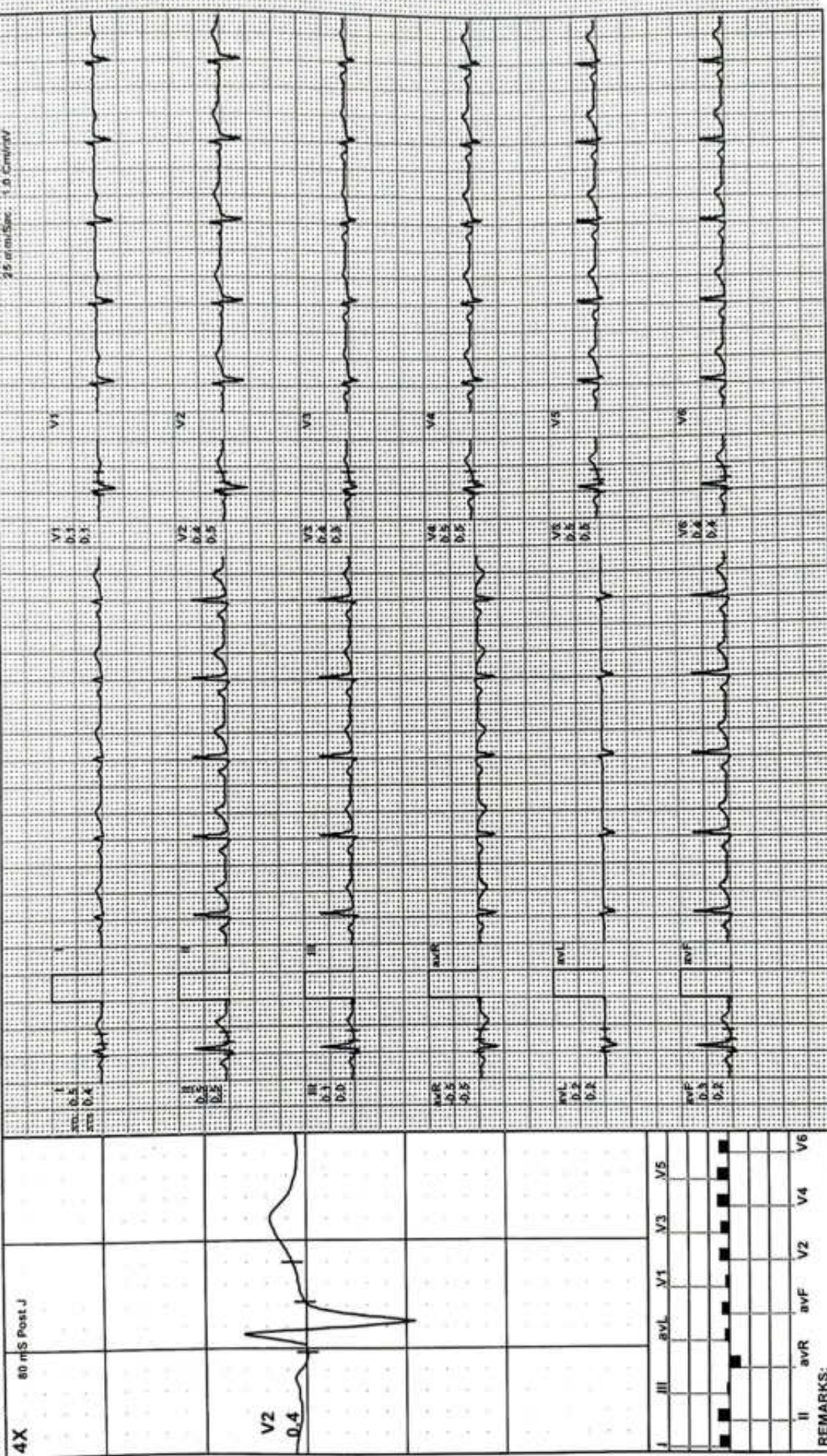
# MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ALKA MISHRA / 33 Yrs / F / 153 Cms / 50 Kg / HR : 94

Date: 10 - 08 - 2024

METS: 1.0/ 94 bpm 50% of THR BP: 90/60 mmHg Combined Medians/ BLC Onv/ Natch Onv/ HF 0.05 Hz/LF 35 Hz

ExTime 00:00 0.0 Kmph. 0.0%  
25 of min/Sec. 1.0 Cm/mV





MODERN PATHOLOGY AND DIAGNOSTIC CENTER

BRUCE: Stage 1(3:00)



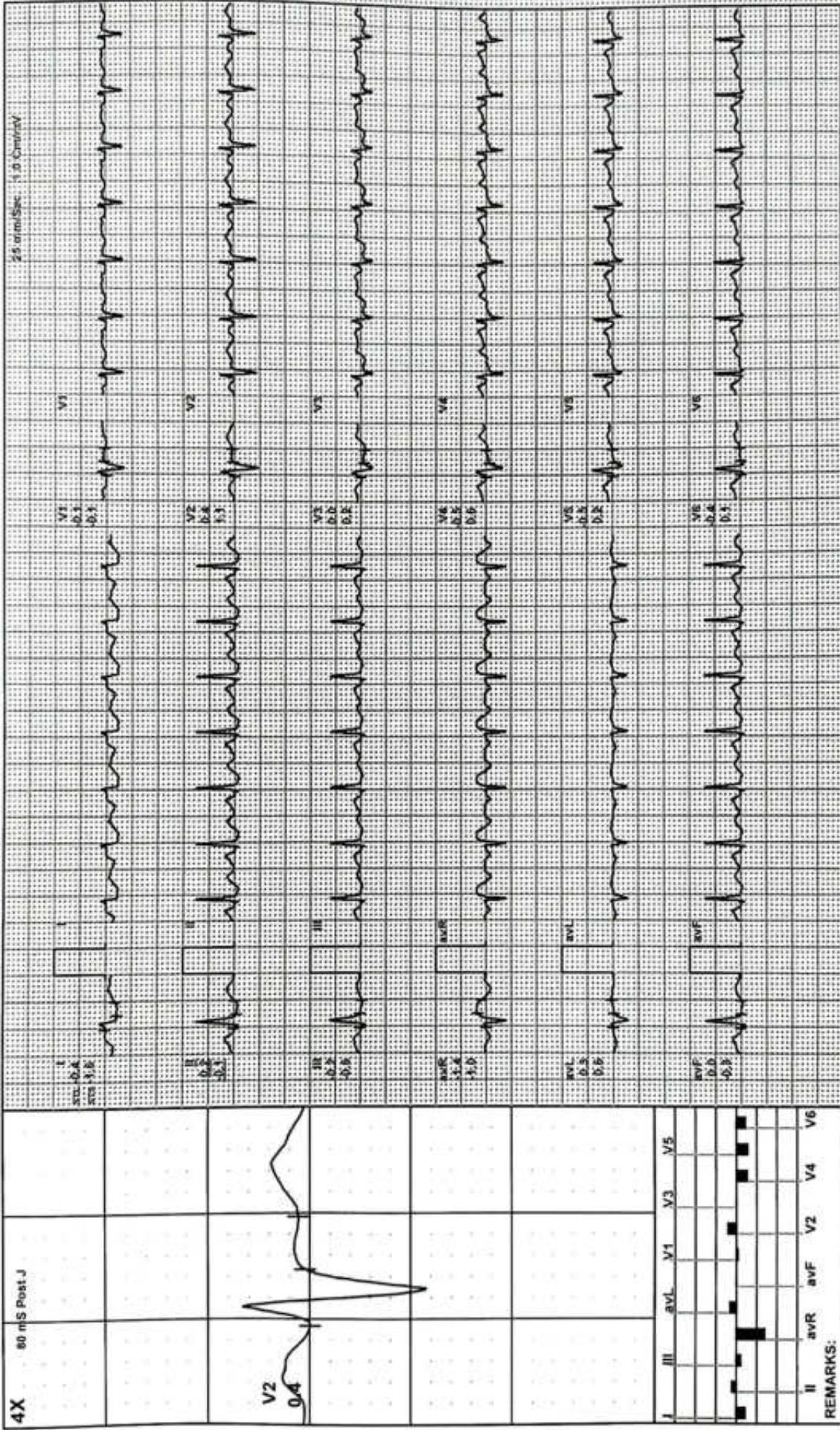
ALKA MISHRA / 33 Yrs / F / 153 Cms / 50 Kg / HR : 123

Date: 10 - 08 - 2024

METS: 4.7/ 123 bpm 66% of THR BP: 124/80 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 03:00 2.7 Kmph. 10.0%





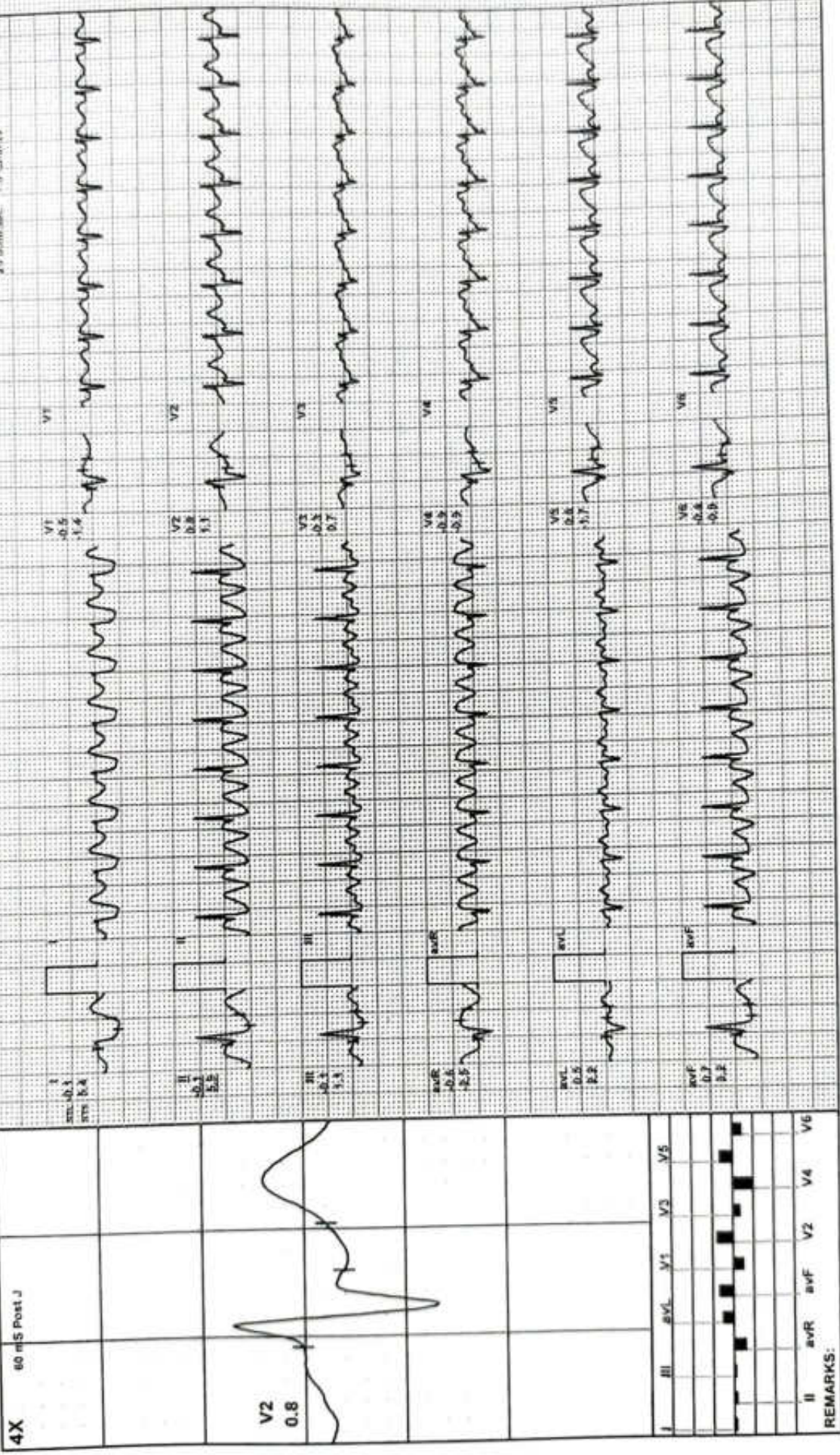
**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

ALKA MISHRA / 33 Yrs / F / 153 Cms / 50 Kg / HR : 142

**BRUCE: Stage 2(3:00)**



Date 10-08-2024 METS 7.1/ 142 bpm 76% of THR BP 130/86 mmHg Combined Medians/ BLC Onf Notch Onf HF 0.05 Hz/LF 35 Hz ExTime 05:00 4.0 Kmph 12.0% 75 arm/Sec 1.9 Empty



REMARKS:



**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

ALKA MISHRA / 33 Yrs / F / 153 Cms / 50 Kg / HR : 168

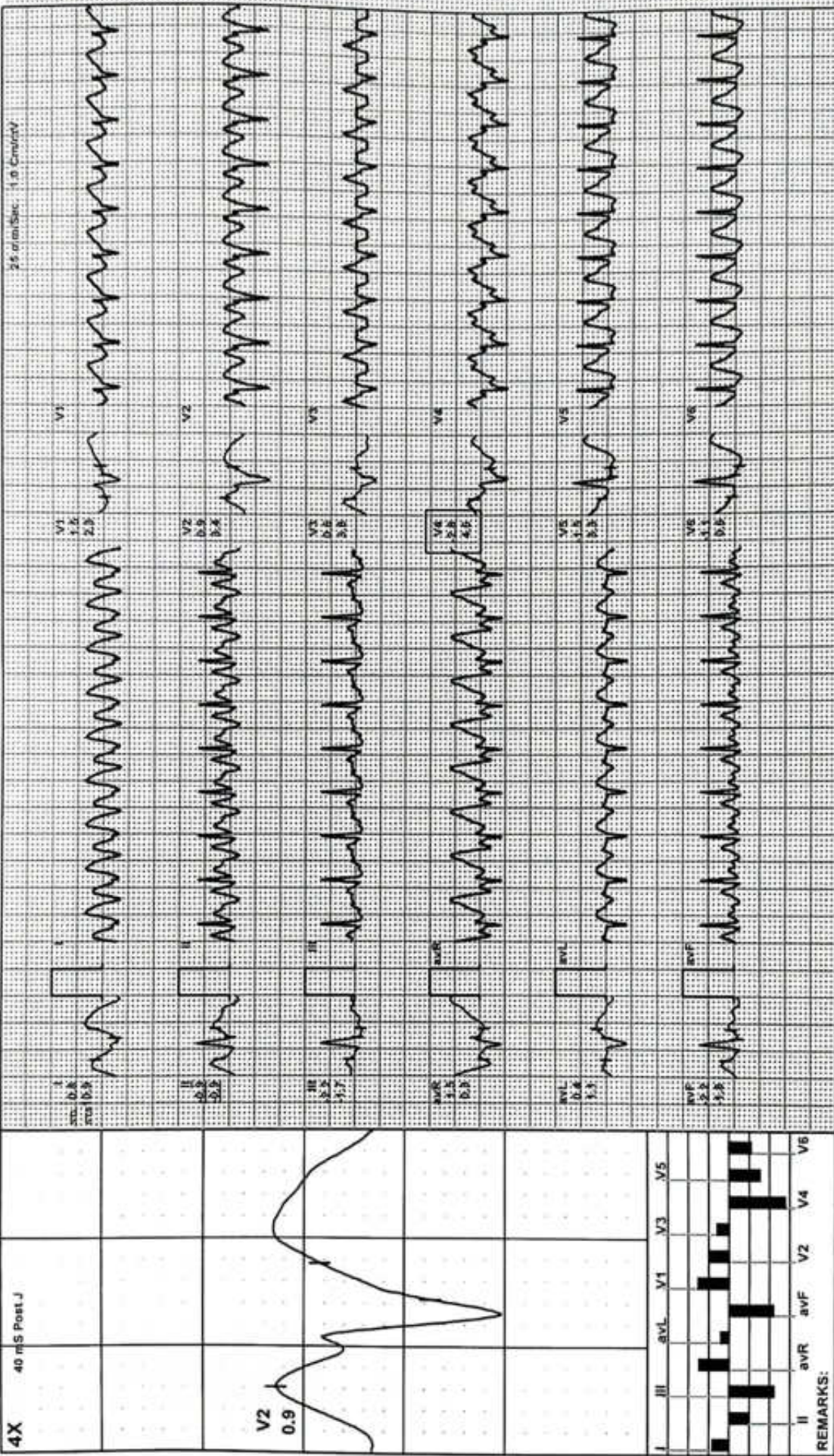
PeakEx



Date 10 - 08 - 2024

METS: 8.9/ 168 bpm 90% of THR BP: 134/90 mmHg Combined Medians/ BLC On/ HF 0.05 Hz/LF 35 Hz

ExTime: 07:42 5.5 Kmph, 14.0%





**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

ALKA MISHRA / 33 Yrs / F / 153 Cms / 50 Kg / HR : 126

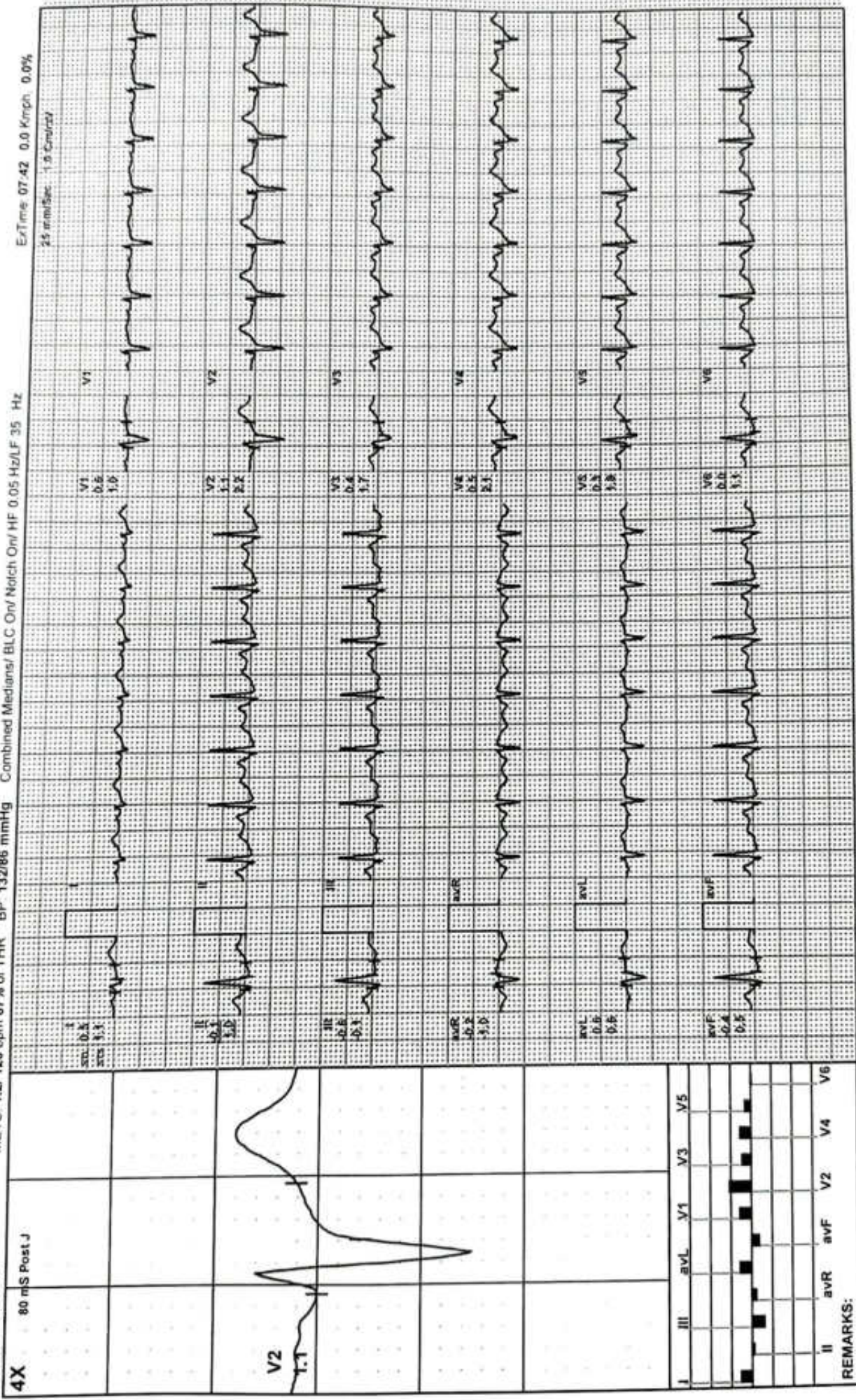
Recovery(1:00)



Date: 10 - 08 - 2024

METS: 1.2/ 126 bpm 67% of THR BP: 132/86 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 07:42 0.0 Km/ph 0.0%



REMARKS:



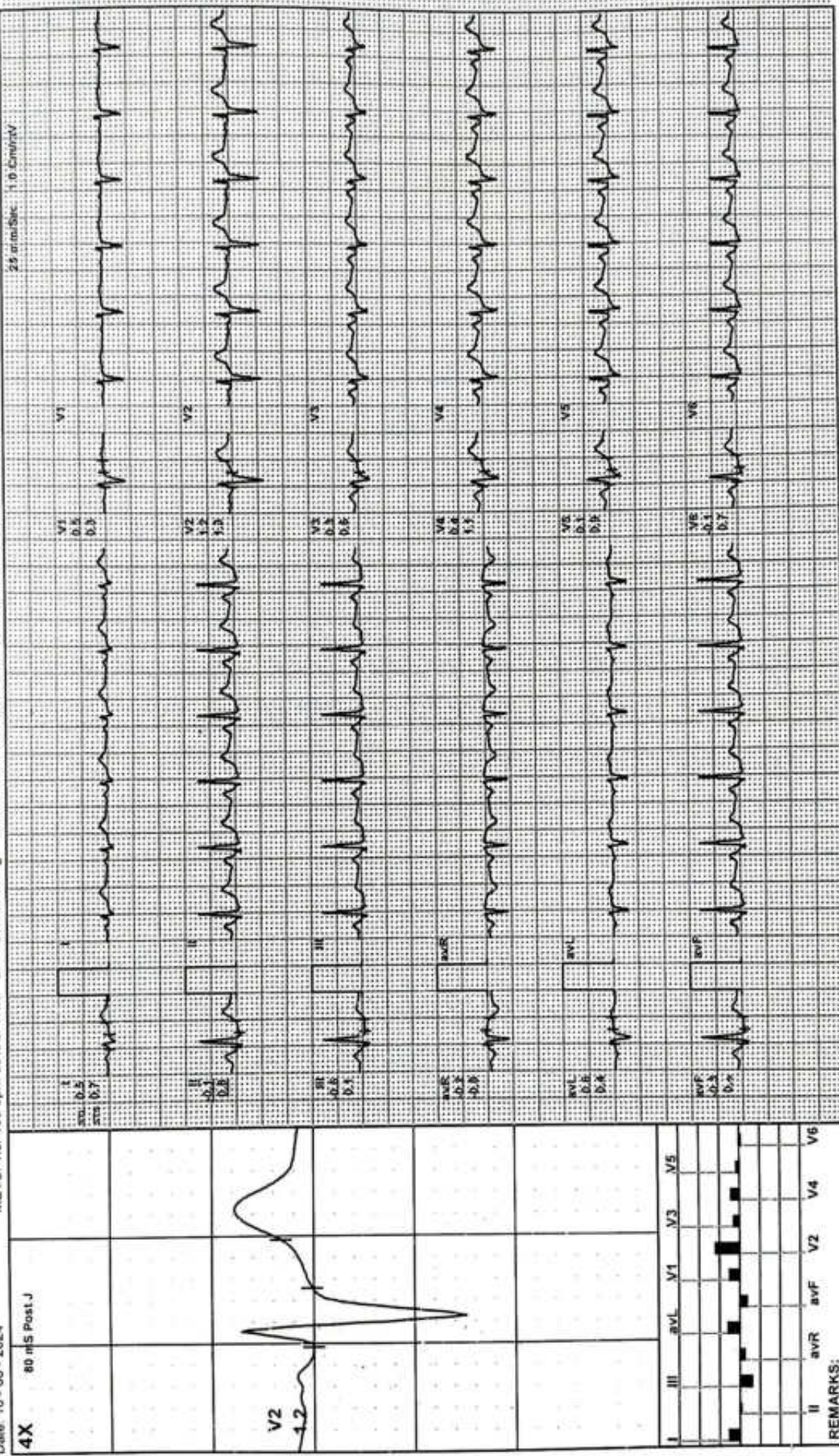


Recovery(2:00)

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ALKA MISHRA / 33 Yrs / F / 153 Cms / 50 Kg / HR : 108

Date: 10 - 06 - 2024 METS: 1.0/ 108 bpm 58% of THR BP: 124/82 mmHg Combined Medians/ BLC On/ HF 0.05 Hz/LF 35 Hz ExTime: 07:42 0.0 Km/ph. 0.0%



I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6

REMARKS:



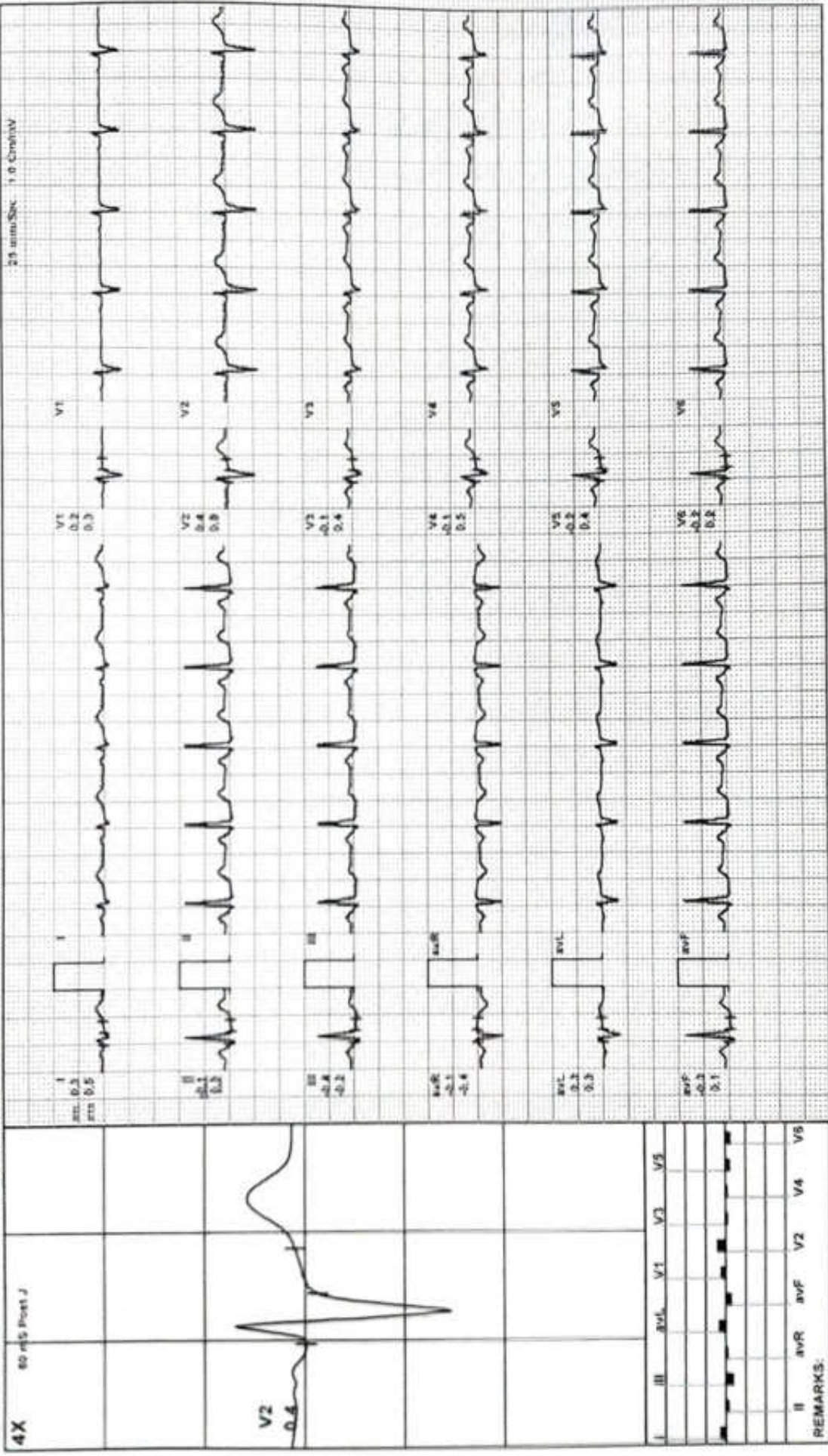
**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

ALKA MISHRA / 33 Yrs / F / 153 Cms / 50 Kg / HR : 101

Recovery(3:00)



Date: 19 - 08 - 2024 METS: 1.01 101 bpm 54% of THR BP: 122/80 mmHg Combined Median/BLC Div Notch Div HF 0.95 Hz/LF 35 Hz ExTime: 07:42 0.0 Km/hg 0.0%



REMARKS:





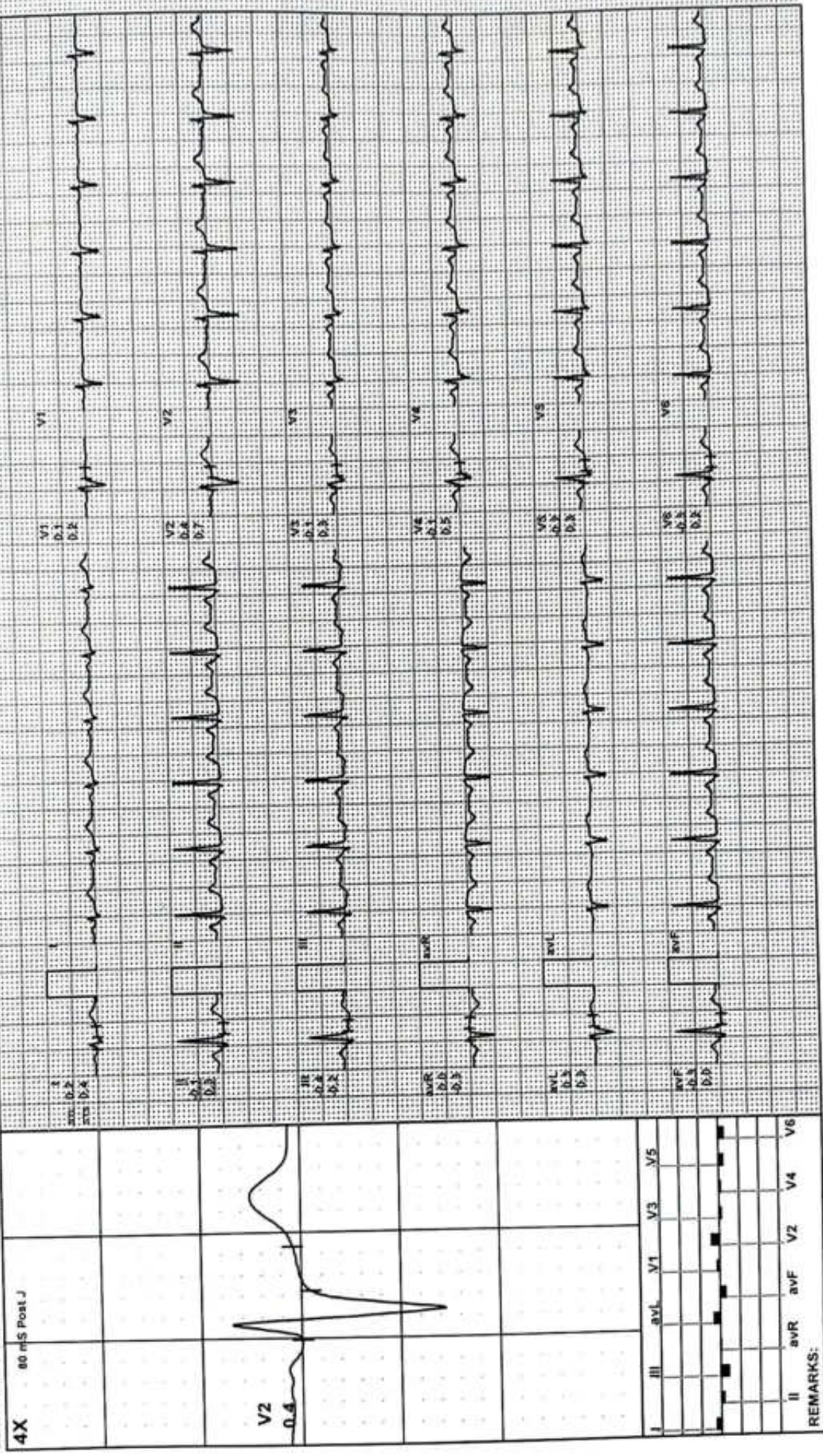
Recovery(3:18)

# MODERN PATHOLOGY AND DIAGNOSTIC CENTER

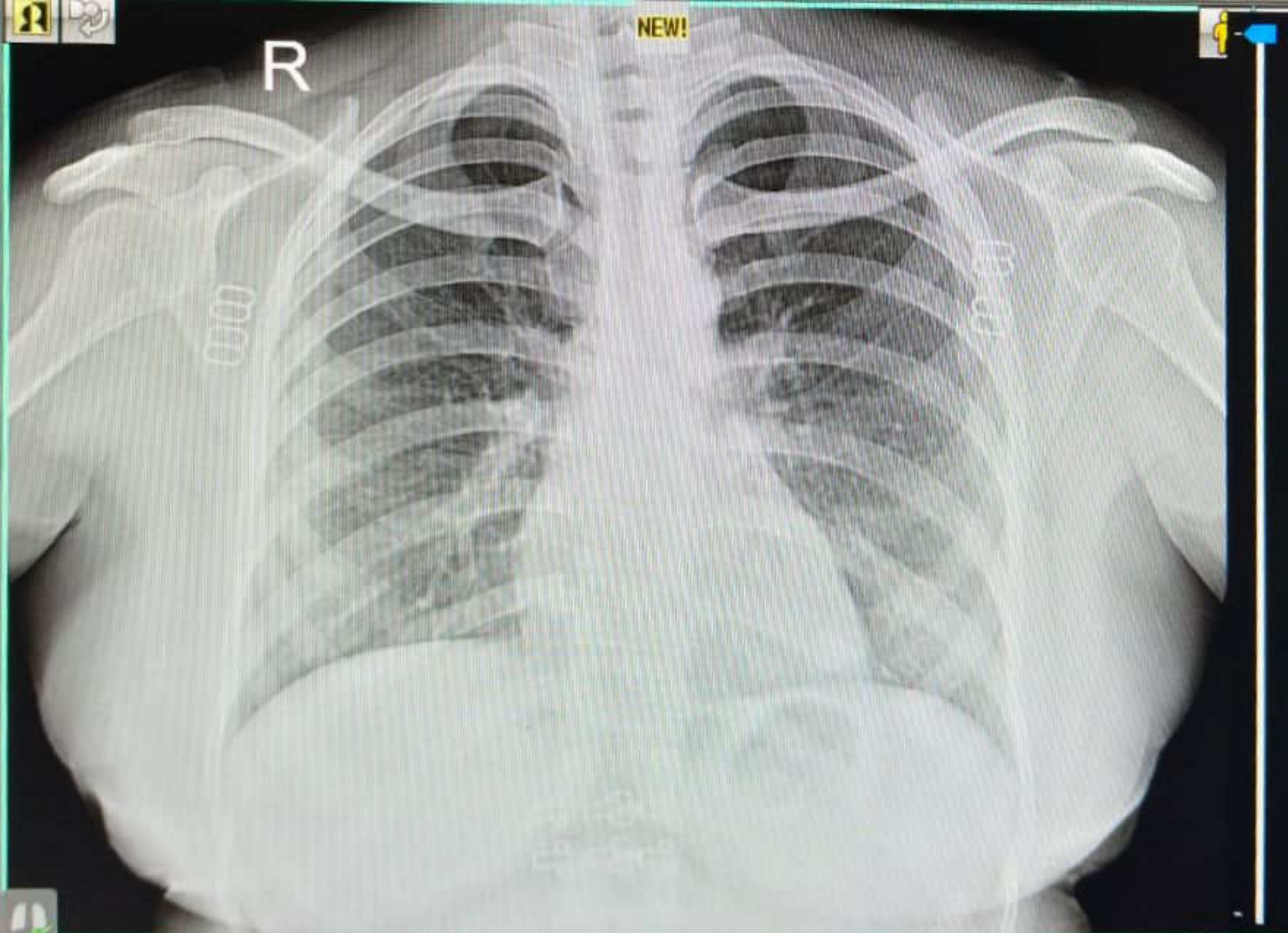
ALKA MISHRA / 33 Yrs / F / 153 Cms / 50 Kg / HR : 105

Date: 10 - 08 - 2024 METS: 1.0/ 105 bpm 56% of THR BP: 122/80 mmHg Combined Medians/ BLC On/ HF 0.05 Hz/LF 35 Hz ExTime: 07:42 0.0 Kmph. 0.0%

25 mm/Sec 1.0 Cm/mV







24081005483 MRS ALKA MISHRA 00YRS F SELF CHEST PA  
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