

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MS. MONIKA
EC NO.	180014
DESIGNATION	SINGLE WINDOW OPERATOR A
PLACE OF WORK	GURGAON, SECTOR 7
BIRTHDATE	04-03-1994
PROPOSED DATE OF HEALTH CHECKUP	13-08-2022
BOOKING REFERENCE NO.	22S180014100023238E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **10-08-2022** till **31-03-2023** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation



Park Hospital

GROUP SUPER SPECIALITY HOSPITAL



ITDOSE INFOSYSTEMS PVT. LTD.

Diagnostics S. No. : LSHHI271444	MR No. : MR/22/005405
Patient Name : Mrs. MONIKA KAMBOJ	Doctor : Dr. ANIL SHARMA
Age/Sex : 28 YRS Sex : Female	Date & Time : 13-Aug-2022 10:55 AM
OPD/IPD : OPD	Sample Collection : 13-Aug-2022 11:07 AM
IPDNo :	Reporting Date/Time : 13-Aug-2022 01:55 PM
	ReferDoctor :

BIO-CHEMISTRY

Test Name	Status	Result	Biological Reference Interval	Unit
<u>BLOOD GLUCOSE FASTING</u>				
BLOOD SUGAR FASTING		107	70-110	mg/dl

HAEMATOLOGY

BLOOD GROUP And RH TYPE

BLOOD GROUP ABO & Rh "A" POSITIVE

CBC (COMPLETE BLOOD COUNT)

HAEMOGLOBIN		12.8	11.0-15.0	gm/dl
TLC (Total Leucocyte Count)		8300	4000-11000	/cumm
NEUTROPHILS		65	45-75	%
LYMPHOCYTES		24	20-45	%
EOSINOPHILS		02	0-6	%
MONOCYTES		09	02-10	%
BASOPHILS		00	0-2	%
RBC		4.67	3.8-5.5	Millions/cmm
PCV/HAEMATOCRIT		41.1	35-45	%
MCV		88	76-96	fl
MCH		27.4	27-31	Picogram
MCHC		31.1	30-35	gm/dl
RDW		13.1	11.5-14.5	%
PLATELETS		2.09	1.5-4.5	

BIO-CHEMISTRY

CREATININE SERUM

CREATININE 0.92 0.6-1.4 mg/dl

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(This is only professional opinion and not the diagnosis, Please correlate clinically)



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HAEMATOLOGY

ESR

ESR H **30** 0-20 mm/1sthr

BIO-CHEMISTRY

LFT(LIVER FUNCTION TEST)

BILIRUBIN (TOTAL)	H	2.3	0.1-1.2	mg/dl
BILIRUBIN DIRECT	H	1.1	0.0-0.3	mg/dl
BILIRUBIN INDIRECT	H	1.2	0.1-0.9	mg/dl
SGOT (AST)		30	0-40.0	IU/L
SGPT (ALT)		21	0-40	IU/L
ALK.PHOSPHATASE		62	48.0-119	IU/L
TOTAL PROTEIN		7.4	6.0-8.0	gm/dl
ALBUMIN		4.4	3.20-5.0	gm/dl
GLOBULIN		3.0	2.30-3.80	gm/dl
A/G Ratio		1.4	1.0-1.60	

LIPID PROFILE

TOTAL CHOLESTEROL		183	0-250	mg/dL
TRIGLYCERIDE		99	0-161	mg/dL
HDL-CHOLESTEROL		48	35-60	mg/dL
LDL CHOLESTEROL		115.2	0-130	mg/dL
VLDL		19.8	0-40	mg/dL
LDL / HDL RATIO		2.4	0.0-35.0	

UREA

BLOOD UREA 18 10.0-45.0 mg/dl

URIC ACID, SERUM

URIC ACID 3.5 2.5-6.2 mg/dl

CLINICAL PATHOLOGY

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Age/Sex	: 28 YRS Sex : Female	Date & Time	: 13-Aug-2022 10:55 AM
OPD/IPD	: OPD	Sample Collection	: 13-Aug-2022 11:07 AM
IPDNo	:	Reporting Date/Time	: 13-Aug-2022 01:55 PM
		ReferDoctor	:

URINE ROUTINE EXAMINATION

VOLUME	50	-	ml
COLOUR	P.YELLOW	-	
APPEARANCE	CLEAR	-	
URINE pH	7.0	5.5-8.5	
SPECIFIC GRAVITY	1.015	-	
KETONE	+	-	
URINE PROTEIN	NEG	-	
URINE SUGAR	NEG	-	
PUS CELLS	20-25	1-2	/HPF
RBC CELLS	0-1	-	
EPITHELIAL CELLS	2-3	2-3	/HPF
CRYSTALS	NIL	-	
CASTS	NIL	-	

Handwritten signature



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OPD/IPD	: OPD	Sample Collection	: 13-Aug-2022 11:07 AM
IPDNo	:	Reporting Date/Time	: 13-Aug-2022 07:15 PM
		ReferDoctor	:

HAEMATOLOGY

HBA1C

HBA1C

5.7 %

< 6.0 Non diabetic

Diabetic :-

6-7 -good control.

7-8 weak control

> 8 poor control

LAB
TECHNICIAN

Dr. BHARAT JINDAL
MD (PATHOLOGY)

Nishtha Khera
Dr. NISHTHA KHERA
MBBS, MD (PATHOLOGY)

Dr. PARDIP KUMAR
CONSULTANT(MICROBIOLOGY)



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ECHOCARDIOGRAPHY REPORT

Date : 13-08-2022	O.P.D.NO. :
Patient name : MRS. MONIKA KAMBOJ	AGE/Sex: 28Y/F
Dr. Name : SANJAY KUMAR GUPTA	

2D ECHO

- Mitral valve **Normal** Pulmonary valve**Normal**...
- Pulmonary artery.....**Normal**..... Aortic valve... **Normal**.....
- Tricuspid valve.....**Normal**.....

2 D RWMA

- ... **No RWMA** (Regional wall motion abnormality at rest.

COLOUR DOPPLER

- ...**No..** Significant valvular stenosis/ regurgitation

COMMENTS AND SUMMARY

- All cardiac chambers of...**Normal**..... Size and shape...**No**dilatation or hypertrophy
- ... **No RWMA** (regional wall motion abnormality) at rest.
- ...**No**...clot/ vegetation/ pericardial effusion
- LV ...**Normal LV function**.....systolic function
- ...**No**.... Significant valvular stenosis / regurgitation

FINAL IMPRESSION:

- HEART SIZE 55% ...



Sanjay

Dr. SANJAY KUMAR GUPTA
SENIOR CONSULTANT
MD (MED), DNB CARDIOLOGY
FNB (INTERVENTION) CARDIOLOGY

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Prognosis Laboratories

National Reference Lab.: 515-516, Sector-19, D.D.A. Plotted Development, Dwarka, New Delhi-110075

☎ 8130192290 🌐 www.prlworld.com ✉ care@prlworld.com

Lab No.	012208140029	Age/Gender	28 YRS/FEMALE	Coll. On	14/Aug/2022 07:36AM
Name	Ms. MONIKA KAMBOJ			Reg. On	14/Aug/2022
Ref. Dr.				Approved On	14/Aug/2022 09:21AM
Rpt. Centre	Self			Printed On	15/Aug/2022 01:50PM

Test Name	Value	Unit	Biological Reference Interval
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IMMUNOLOGY

TSH (Hypersensitive), serum 1.22 uIU/ml 0.27 - 4.2
Method : ECLIA

Please note the change in reference ranges

Interpretation:

1. Primary hyperthyroidism is accompanied by elevated serum FT3 and FT4 values alongwith depressed TSH levels.
2. Primary hypothyroidism is accompanied by depressed serum FT3 and FT4 values and elevated serum TSH levels.
3. High FT3 levels accompanied by normal FT4 levels and depressed TSH levels may be seen in T3 toxicosis.
4. Central hypothyroidism occurs due to pituitary or thalamic malfunction (secondary and tertiary hypothyroidism respectively). This relatively rare but important condition is indicated by presence of low serum FT3 and FT4 levels, in conjunction with TSH levels that are paradoxically either low/normal or are not elevated to levels that are expected.

The following ranges are recommended for pregnant females:

First trimester	uIU/ml	0.1 - 2.5
Second trimester	uIU/ml	0.2 - 3.0
Third trimester	uIU/ml	0.3 - 3.0



*Disclaimer: This is an electronically validated report, if any discrepancy found should be confirmed by user.
This test was performed at Prognosis Laboratories, 515-516, Sector 19, Dwarka, New Delhi-110075.
*** End Of Report ***



Dr. Ashish Gautam
MD, PGDCC
Consultant Cardiologist

Dr. Mukesh Sharma
MD(Microbiology)
Consultant Microbiologist

Dr. Deepak Sadwani
MD(Pathology)
Lab Director

Dr. Ashish Gautam
MD, PGDCC
Consultant Cardiologist

Dr. Moushmi Mukherjee
MBBS,MD (Pathology)
Consultant Pathologist

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