



Swaminarayan Nagar, Off Mumbai-Agra Highway,  
Panchvati, Nashik - 422 003.  
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apoltonashik@apollohospitals.com  
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QFAHN/BILL/003/V1



**Apollo**  
HOSPITALS  
NASHIK

Name : Mrs. SHITAL R SONAWANE (28 /F)  
Address : MEDI WHEEL NASHIK, NASHIK, NASHIK, MAHARASHTRA, INDIA  
Examined by:  
Package : MediWheel Full Body Health Checkup Female Below 40  
Package

Date : 10/12/2022  
UHID : MHN1.0000130030  
AHC No : NSKAH28490



### CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

### PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension, Thyroid  
disorder, Heart disease,  
Stroke, Asthma, COPD,  
Cancer



### DRUG ALLERGY

NO KNOWN ALLERGY

10/12/2022



### SYSTEMIC REVIEW

#### Cardiovascular system

- Nil Significant



#### Past medical history

Do you have any - No  
allergies?

Do you have any drug - No  
a. gies?

Past medical history - nil significant

Covid 19 - No



#### Surgical history

Surgical history - Nil

#### Immunization history

- Covid Dose1,Covid Dose2



#### Personal history

Marital status - Married

No. of children - 02

Diet - Mixed Diet  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Active



#### Family history

Coronary artery - none  
disease  
Cancer - None  
Thyroid/other - mother  
endocrine disorder

### PHYSICAL EXAMINATION



#### General

General appearance - normal  
Build - normal  
Height - 156  
Weight - 56.7  
BMI - 23.3  
Pallor - No  
Oedema - no  
Temperature - 97.2  
SpO2 - 96



#### Cardiovascular system

Heart rate (Per minute) - 77  
Rhythm - Regular  
- B.P. Supine  
Systolic(mm of Hg) - 110  
Diastolic(mm of Hg) - 70  
Heart sounds - S1S2+

#### Respiratory system

Breath sounds - Normal vesicular breath  
sounds



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## Abdomen

Organomegaly - No  
Tenderness - No





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**URINE ROUTINE (CUE)**

Test Name	Result	Unit	Level	Range
Specific Gravity	1.030 *		●	1.016-1.026
Color,:	PALE YELLOW			
Transparency:	Clear			
Reaction:	Acidic			7.2-7.8
Protein :	Negative			
Sugar:	Negative			
pH	5.5		●	4.6-8
Urobilinogen	Negative			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal			
Nitrite	Negative			
RBC	00	/hpf	●	0-2
WBC/Pus Cells	1-2	/hpf		
Tc/Sqc(Transitional/Squamous epithelial cells)	2-3	/hpf		

Lymphocytes	38	%	●	20-45
Eosinophils	03	%	●	1-6
Monocytes	07	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	7	mm/1st hr	●	0-20

**BLOOD GROUPING AND TYPING (ABO and Rh)**

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	18 *	U/L	●	30-65
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	4.0 *	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	0.4 *		●	1.1-1.8

**C B C WITH ESR (AUTOMATION + STANDARD METHOD)**

Test Name	Result	Unit	Level	Range
Hemoglobin	11.4	g/dl	●	11.0-16.0
Hematocrit	34.2	%	●	34.0-48.0
RBC COUNT	4.6	Million/ul	●	3.7-5.6
MCV	74.4 *	fl	●	75.0-95.0
MCH	24.8 *	pg	●	26.0-32.0
MCHC	33.3	g/dl	●	31.0-36.0
RDW	15.3	%	●	11-16
Platelet Count(Optical/Impedance)	242	10 <sup>9</sup> /m <sup>3</sup>	●	140-440
TLC Count	4.04	10 <sup>9</sup> /m <sup>3</sup>	●	4.0-11.0
Neutrophils	52	%	●	40-75

ALKALINE PHOSPHATASE - SERUM/PLASMA	81	U/L	●	0-100
AST (SGOT) - SERUM	20	U/L	●	15-37
BILIRUBIN, TOTAL - SERUM	0.6	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
Total Cholesterol	143	mg/dL	●	0-200

**CREATININE - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.6	mg/dL	●	0.6-1.0

● Within Normal Range    ● Borderline High/Low    ● Out of Range



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**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	15	U/L	●	0-50

PROTEIN, TOTAL - SERUM / PLASMA	8.4 *	g/dL	●	6.4-8.2
PROTEIN, TOTAL - SERUM / PLASMA	8.4 *	g/dL	●	6.4-8.2

**GLUCOSE - SERUM / PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	79	mg/dL	●	70-100
GLUCOSE(FASTING): (Strip Method)	Nil			

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	177	ng/dL	●	Healthy Adults: 69 - 215 Pregnant Women: 1st Trimester:121-308 2nd & 3rd Trimesters:152-362

**GLUCOSE - SERUM / PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	104	mg/dL	●	70-140

TOTAL T4: THYROXINE - SERUM	8.4	µg/dL	●	Healthy Adults: 5.2 - 12.7  Pregnancy:1st Trimester:7.8 - 16.2 2nd & 3rd Trimesters: 9.1 - 18.3
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**GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.7	%	●	0.0-6.0
Mean Plasma Glucose (MPG) Estimate:	125.62	mg/dL		

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	104	mg/dL	●	0-150

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM / PLASMA	44	mg/dL	●	40-60
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.2		●	0.0-4.5
LDL Cholesterol (Direct LDL)	105	mg/dL		

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	2.1	uIU/mL	●	Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75.0 Pregnancy(All Trimesters):0.2 -3.5

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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**UREA - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
UREA - SERUM / PLASMA	18	mg/dL	●	15-38

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UREA NITROGEN 8 mg/dL ● 7-18  
SERUM/PLASMA:  
(Calculated)

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	2.6	mg/dL	●	2.6-6.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.4	mg/dL	●	0.0-0.7

**CARDIAC STRESS TEST - (TMT)**

**ECG**

**ULTRASOUND - WHOLE ABDOMEN**

Cholelithiasis without changes of cholecystitis.  
No other significant abnormality is detected.

**X-RAY CHEST PA**

No significant abnormality is detected.

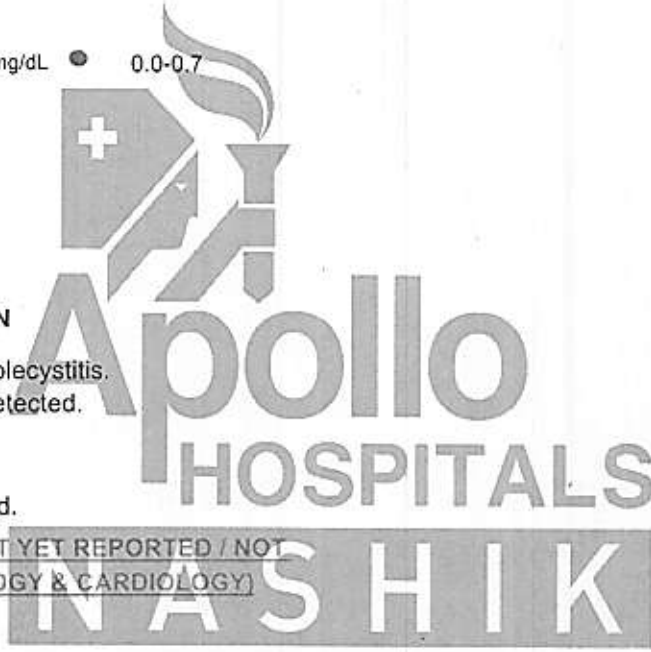
INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

**Hematology**

**STOOL ROUTINE**

**Histopathology**

**CERVICAL/VAGINAL SMEAR II SLIDE**



● Within Normal Range    ● Borderline High/Low    ● Out of Range



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AHC No : NSKAH28490

Printed By :

AHC Physician / Consultant Internal Medicine



**Note :-** The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.



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## AICVD RISK SCORE REPORT

### RISK STATUS

Low Risk

### YOUR SCORE

1

### ACCEPTABLE SCORE

2

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender. The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

### Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.
- Continue with medications for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding follow up tests, consults and annual health assessment

### DISCLAIMER

- This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
- This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
- To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
- Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
- By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515

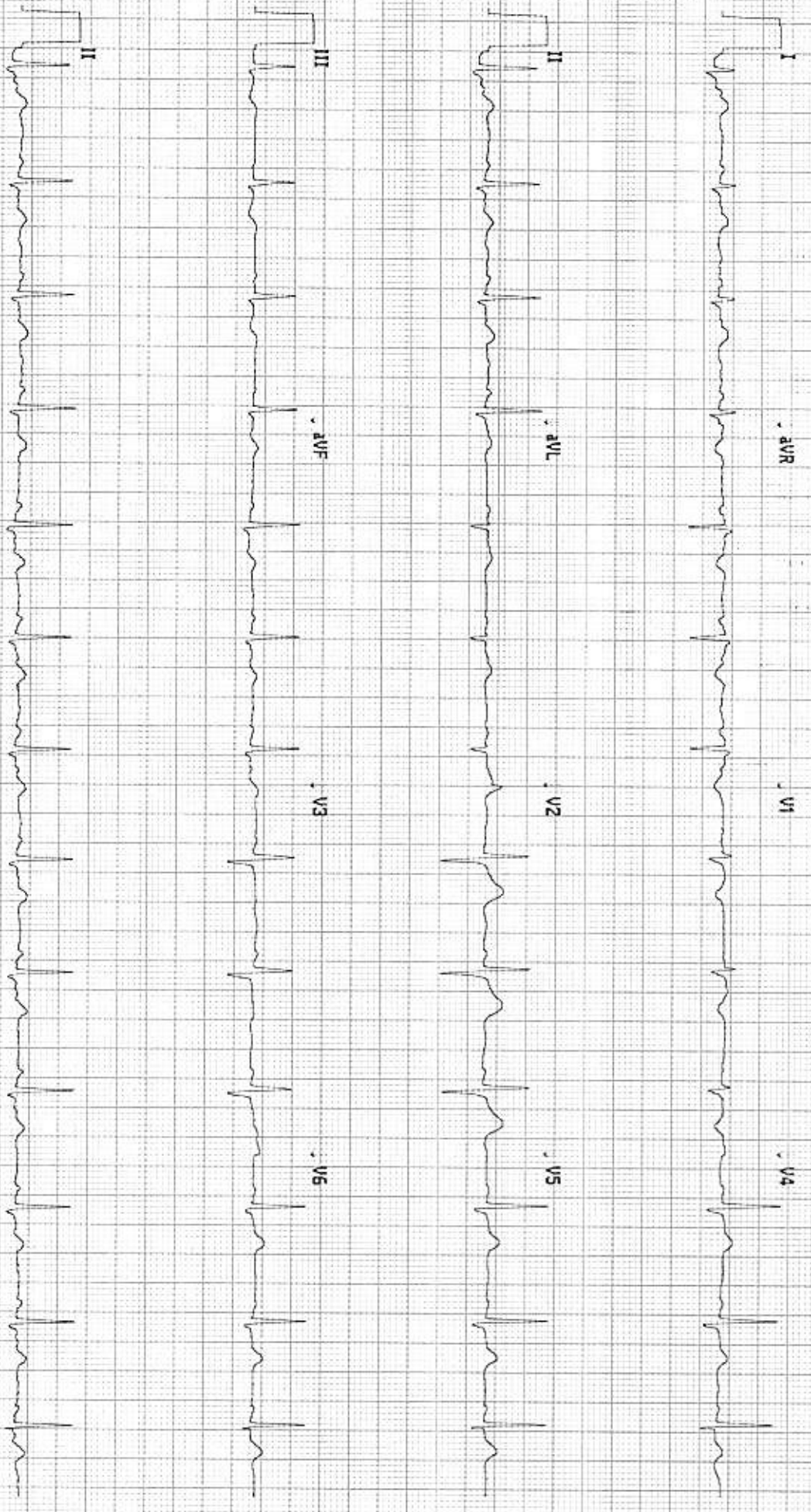
Sheetal sonawane,

10-Dec-2022 10:46:34

ID:  
DOB:  
28yr, Female

Vent rate: 77 BPM  
PR int: 124 ms  
QRS dur: 90 ms  
QT/QTc: 358/390 ms  
P-R-T axes: 29 80 24

SINUS RHYTHM  
NONSPECIFIC T-WAVE ABNORMALITY  
BORDERLINE ECG  
UNCONFIRMED REPORT



113500188213

No Site Name

Site # 0 Cart # 2 Version 2.0.4.0 Sequence #21170 25mm/s 10mm/mV 0.05-40 Hz






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NASHIK

### MD (Radiology)

**Patient Details** : Mrs. SHITAL R SONAWANE | Female | 28Yr 10Mth 21Days  
**UHID** : MHN1.0000130030 **Patient Location:** AHC  
**Patient Identifier:** NSKAH28490   
**DRN** : 122049088 **Completed on :** 10-DEC-2022 10:35  
**Ref Doctor** : Dr. Rajashri Dhongade

### X-RAY CHEST PA

Both lung fields are clear.

Both hila are normal in size and position.

Costophrenic and cardiophrenic angles are clear.

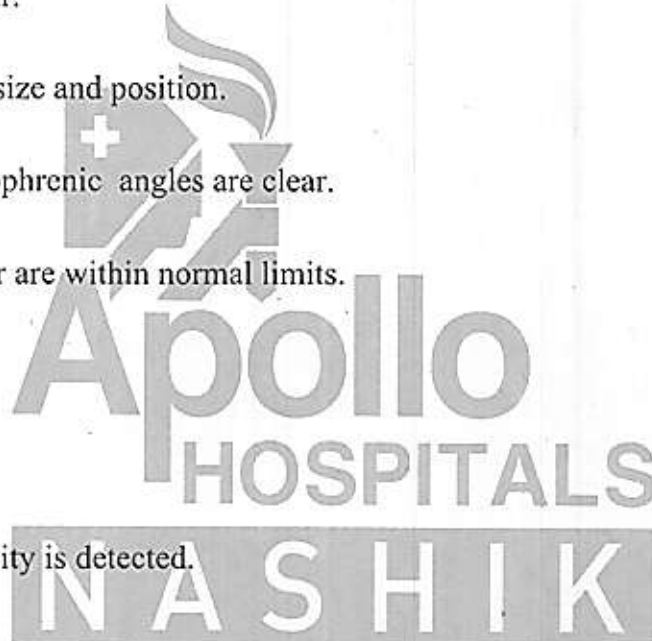
Cardiac size and contour are within normal limits.

Rib cage is normal.

Soft tissues are normal.

#### **Impression**

No significant abnormality is detected.



--- END OF THE REPORT ---

Kunal Kalyanrao Patil

Consultant - MD (Radiodiagnosis)




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## MD (Radiology)

**Patient Details** : Mrs. SHITAL R SONAWANE | Female | 28Yr 10Mth 21Days  
**UHID** : MHN1.0000130030 **Patient Location:** AHC  
**Patient Identifier:** NSKAH28490   
**DRN** : 222030146 **Completed on :** 10-DEC-2022 12:15  
**Ref Doctor** : Dr. Rajashri Dhongade

### ULTRASOUND - WHOLE ABDOMEN

**LIVER** : Normal in size. Echotexture is uniform and normal.  
No I.H.B.D./ focal lesions.

**PORTAL VEIN**: Normal in size.

**GALL BLADDER**: Well distended. A calculus of size 9 x 4mm is seen within. No e/o wall thickening or pericholecystic fluid.

**COMMON BILE DUCT**: Normal in size.

**PANCREAS** : Visualized portion of head and body of pancreas appears normal in size and echotexture. Rest of the pancreas is obscured due to bowel gases.

**AORTA, IVC and para aortic areas** are normal.

**SPLEEN** : Normal in size and echotexture.

**KIDNEYS**: Both kidneys are normal in site, size and echotexture.

No evidence of calculi/ hydronephrosis.

Right kidney measures: 11.6 x 4.9 cm.

Left kidney measures : 10.6 x 5.1 cm.

**URINARY BLADDER**: Well distended with normal walls.

No evidence of calculi/ growth/ diverticula .

**UTERUS**: Anteverted. Normal in size and echotexture.

Uterus measures : 4.1 x 4.3 x 8.6 cm.

Combined endometrial thickness is normal and measures 10mm.



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Mrs. SHITAL R SONAWANE

MHN1.0000130030

NSKAH28490

**ULTRASOUND - WHOLE ABDOMEN**

**OVARIES:**

Right ovary measures : 7.0 cc.

Left ovary measures : 8.9cc.

Normal in size and echotexture.

Visualized bowel loops appear grossly normal.

No evidence of any free fluid in the peritoneal cavity.

**Impression**

Cholelithiasis without changes of cholecystitis.

No other significant abnormality is detected.

— END OF THE REPORT —

Kunal Kalyanrao Patil

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Mrs. Shital Sonawane

15/12/22

28/F.

- No. of DM & HT.
- Calculus - ++.
- Stains - +++
- No Caries present.

Adult - Scaling Req.



*[Handwritten signature]*



# OPHTHALMOLOGY



Name : Mrs. Shital Sonwane  
 Occupation : \_\_\_\_\_  
 Age : 28 Sex : Male  Female  S/M/W/D  
 Address : Nashik  
 \_\_\_\_\_ Tel. No. \_\_\_\_\_

Date 10/12/22 UNIT \_\_\_\_\_  
 Room No. \_\_\_\_\_ Out Patient   
 Ref. Physician : \_\_\_\_\_  
 Copies to : \_\_\_\_\_

## REPORT ON OPHTHALMIC EXAMINATION

HISTORY : \_\_\_\_\_

PRESENT COMPLAINT : No Complaint

PAST HISTORY : DM / HTN / ALLERGY

**ON EXAMINATION**

VISION :

		RE				LE			
		RIGHT				LEFT			
PGP		SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA
DIST		A 6/36				A 6/36			
NEAR		M 6/9				M 6/9			

R / Retinoscopy :

RIGHT			LEFT		
SPH	CYL	AXIS	SPH	CYL	AXIS
1.75	0.50	172	1.25	0.50	6'

Refraction or Acceptance :

		RIGHT				LEFT			
		SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA
DIST		1.75	—	—	6/6	1.50	—	—	6/6
NEAR		—	—	—	N16	—	—	—	N16

*[Handwritten signature]*

**CONSULTANT OPTOMETRIST**

ID: 000130030

Visit:

28years

Asian

Female

BRUCE

Max HR: 170bpm 94% of max predicted 180bpm

Max BP: 140/70 Maximum workload: 8.9METS

Total Exercise time: 7:16

25.0 mm/s  
10.0 mm/mV  
100hz

10-Dec-2022

13:27:45

Referred by:

Test ind:

Reason for Termination: Max HR attained

Comments:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	WorkLoad (METS)	HR (bpm)	BP (mmHg)	RPP (x100)
PRETEST	SUPINE	3:21	***x	***x	1.0	87	120/70	104
	STANDING	0:16	***x	***x	1.0	83	120/70	100
	HYPERVENT	0:05	0.8	0.0	1.0	87	120/70	104
EXERCISE	STAGE 1	3:00	1.7	10.0	4.6	136	120/70	163
	STAGE 2	3:00	2.5	12.0	7.0	156	120/70	187
	STAGE 3	1:16	3.4	14.0	8.9	170	120/70	204
RECOVERY	Post	3:19	***x	***x	1.0	110	140/80	154

Tmt Positive Result

