

Patient's name : VAISHALI B VAGHELA  
Referred by : Self  
Date : 12/02/2022  
Patient's Id : VV49

Age/Sex : 32 Years/Female  
Reg. No : 7188  
Mobile :  
Ref ID. :

**Fitness Certificate**

**GENERAL EXAMINATION**

Height (cms) : 154

Weight (kgs) : 62.5

Blood Pressure : 110/70 mmHg

Pulse : 80/Min

No Clubbing/Cynosis/Pallor/Pedel Oedem

Systemic Examination:

Cardio vascular System - S1,S2 Normal, No Murmur

Respiratory system - AEBE

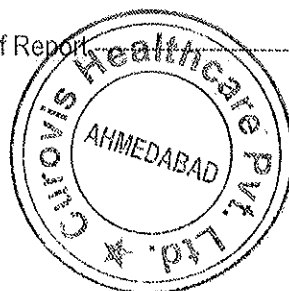
Central Nervous System - No FND


Abdomen - Soft, Non Tender, No Organomegaly

----- End of Report

This is an electronically authenticated report.  
Note:((LL-Very Low, L-Low, HH-Very High)

Approved On : 14/02/2022 13:48:00  
Generated On : 14/02/2022 13:57



  
Dr Jinen M Shah  
DMS (Medicine) FCCS (USA)



To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	VAISHALI BHAVIK VAGHELA
DATE OF BIRTH	04-09-1988
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	09-10-2021
BOOKING REFERENCE NO.	21D170379100005256S
<b>SPOUSE DETAILS</b>	
EMPLOYEE NAME	MR. VAGHELA BHAVIK PUNJABHAI
EMPLOYEE EC NO.	170379
EMPLOYEE DESIGNATION	CREDIT
EMPLOYEE PLACE OF WORK	BANASKANTHA,RO BANASKANTHA
EMPLOYEE BIRTHDATE	21-09-1988

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **05-10-2021** till **31-03-2022**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager  
HRM Department  
Bank of Baroda**

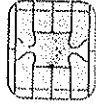
(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

UNION OF INDIA **Driving Licence** (GJ) (MT-T)  
GUJARAT STATE

GJ21 20200023282

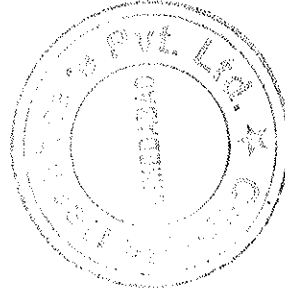


Validity **07-12-2030**  
Date of First Issue **08-12-2020**  
CDOP: **08/12/2020**  
Date of Birth **04-09-1988**  
Blood Group



Name **VAISHALIBEN B VAGHELA**  
Son/Daughter/Wife of **BHAVIK P VAGHELA**

*Vaishali*



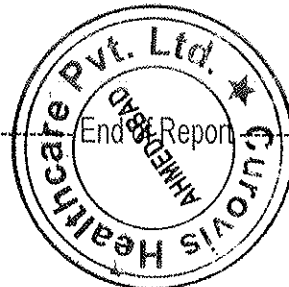
*Dr. Jiten M. Shah*  
DNE (Medicine) FCCS (USA)  
Reg. No.: G-20093

Patient's name : VAISHALI B VAGHELA Age/Sex : 32 Years/Female  
 Referred by : Self Reg. No : 7188  
 Date : 12/02/2022 Mobile :  
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**HEMOGRAM REPORT**

Performed on 5-Part Fully Auto Hematology Analyzer SIEMENS ADVIA 2120i)

Test	Result	Unit	Biological Reference Interval
Sample Type:	EDTA		
Haemoglobin:	11.9	gm/dL	12.5 - 16.0
Total WBC Count:	7700	/microlitre	4000 - 10500
Platelets Count:	306000	/microlitre	1,50,000 - 4,50,000
Differential Count:			
Neutrophils:	63	%	40-80
Lymphocytes:	34	%	20-40
Eosinophils:	02	%	Upto 6
Monocytes:	01	%	2-10
Basophils:	00	%	<1-2
RBC indices:			
RBC Count:	5.16	$\times 10^6$ /microL	3.8 - 4.8
HCT:	38.2	%	36 - 46
MCV:	74.0	fL	83 - 101
MCH:	23.1	pg	27-32
MCHC:	31.2	%	31.5-34.5
RDW:	12.8	%	11.6 - 14.0
Erythrocytes Sedimentation Rate(ESR): (By AUTO ESR-10, USA)			
ESR 1st Hr:	04	mm	2 - 20 mm in 1Hr.
Thick Smear Preparation:			
Haemoparasite:	Malarial parasites are not seen.		
Peripheral Smear Examination:			
RBCs:	Mild Microcytic & Hypochromic.		
Platelet:	Platelet adequate & normal on smear.		



*J. Panchal*  
 Dr. Jaimin Panchal  
 MBBS, MD(Pathology)

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Approved On : 12/02/2022 17:45:00  
Generated On : 12/02/2022 18:06



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**GLYCOSYLATED HAEMOGLOBIN (HbA1C) ESTIMATION**

Test	Result	Unit	Biological Reference Interval
Sample Type: EDTA			
Glycosylated Haemoglobin (HbA1C)	5.60	%	Pre-Diabetic (Adult): 5.7 - 6.4 Diabetic (Adult): >6.5 Therapeutic goal for glycemic control: <7.0
Mean Blood Glucose Level (An average of 2 -3 Months)	114.02		

Method : HPLC on D-10, Bio-Rad,USA

**INTERPRETATION:**

- \* Blood sample can be drawn at any time. Fasting is not required.
- \* Reflects average blood sugar levels for the 2 to 3 months period before the test.
- \* Provides information for evaluating diabetic treatment modalities and tracks control of blood glucose of particular value in diabetic children, diabetics in whom the renal threshold for glucose is abnormal, unstable insulin dependent diabetics where blood sugars vary markedly from day to day.
- \* High value in poorly controlled DM and moves towards normal in patients with optimal control.



*J. Panchal*

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### SERUM LDH LEVEL

Test	Result	Unit	Biological Reference Interval
Sample Type: LDH Activity( Lactate Dehydrogenase ): Pyruvate to lactate Kinetic Method	185.65	U/L	120 - 246

#Tests Performed on Fully Auto DRY Chemistry Analyzer VITROS-250

### THYROID FUNCTION TEST (by CLIA on SIEMENS ADVIA Centaur XP)

Test	Result	Unit	Biological Reference Interval
Sample Type: Serum			
S.T3 (Total Triiodothyronine by CLIA)	1.16	ng/mL	1 - 23 Months: 1.17 - 2.39 2 - 12 Years: 1.05 - 2.07 13 - 20 Years: 0.86 - 1.92 Adult: 0.6 - 1.81
S.T4 (Total Thyroxine by CLIA)	9.70	mcg/dL	3.2 - 12.6
S.TSH (Thyroid Stimulating Hormone by CLIA)	0.728	microU/mL	0 -12 Yrs: 0.77 - 5.64 12-19 Yrs: 0.75-3.69 19-100 Yrs: 0.35 -5.50



Dr. Jaimin Panchal

MBBS,MD(Pathology)

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**BLOOD GLUCOSE LEVEL**

Test	Result	Unit	Biological Reference Interval
Sample Type:	Flouride		
Fasting Blood Glucose (Hexokinase)	76.2	mg/dl	70-110
Collection Time:			
Collection Time:			
Post Prandial Blood Glucose (2 Hrs) (Hexokinase)	86.2	mg/dl	80-140

Tests Performed on Fully Auto DRY Chemistry Analyzer VITROS-250

**RENAL FUNCTION TEST**

(Performed on Fully Auto DRY Chemistry Analyzer VITROS-250)

Test	Result	Unit	Biological Reference Interval
Sample Type: Serum			
S.Urea (Urease with indicator dye)	35.6	mg/dl	Male: 19.6-43.6 Female: 15.2-37.0
S.Creatinine (Enzymatic)	0.57	mg/dl.	0.55 - 1.30
S.Uric Acid (Urease)	4.32	mg/dl.	Male: 3.5-8.5 Female: 2.5-6.2

**BLOOD GROUP**

Sample Type: EDTA  
ABO Group : "AB"  
Rh Type : Positive



*J.Panchal*

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**LIPID PROFILE**

(Performed on Semi Auto Chemistry Analyzer BeneSphera)

Test	Result	Unit	Biological Reference Interval
Sample Type: Fasting Serum			
<b>S.Cholesterol</b> (Oxidase Peroxidase)	171	mg/dL	< 200 Desirable 200-239 Boderline High > 240 High
<b>S.HDLC (Direct)</b> (Phosphotungsstic Acid)	55.5	mg/dL	< 40 Low > 60 High
<b>S.Triglyceride</b> (GPO-POD)	87.1	mg/dL	< 150 mg/dl Normal 150-199 Boderline High 200-499 High > 500 Very High
<b>S.VLDL</b> (Calculated)	17.42	mg/dL	10-40 Normal
<b>S.LDLC</b> (Calculated)	98.08	mg/dL	< 100 Optimal 100-129 Near to above optimal 130-159 Boderline high 160-189 High >190 Very High
<b>S.Cholesterol / HDLC Ratio</b> (Calculated)	3.08		< 4 Normal 4-6 Borderline 6-8 Risklevel > 8 High Risk
<b>S.LDLC / HDLC Ratio</b> (Calculated)	1.77		< 3 Normal 3-4 Borderline 4-6 Risk Level > 6 High Risk
<b>Cholesterol / HDLC Ratio</b> (Calculated)	3.08		< 3.5 Normal
<b>Triglyceride / HDLC Ratio</b> (Calculated)	1.57		< 2 Normal > 4 Risk Level > 6 High Risk
<b>Non HDLC</b> (Calculated)	115.5		< 130 Normal 130 - 159 Near Normal 160 - 189 Borderline 190 - 219 Risklevel > 220 High Risk



*J.P. Panchal*  
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## LIVER FUNCTION TEST

(Performed on Fully Auto DRY Chemistry Analyzer VITROS-250)

Test	Result	Unit	Biological Reference Interval
Sample Type: Serum			
<b>S.Bilirubin</b>			
Total Bilirubin (Azobilirubin)	1.02	mg/dl	0 - 1.2
Conjugated Bilirubin (Dual Wavelength spectrophotometric)	0.23	mg/dl	0 - 0.4
Unconjugated Bilirubin (Dual Wavelength spectrophotometric)	0.79	mg/dl	0.0 - 1.1
<b>S.G.P.T. (ALT)</b> (Kinetic with Pyridoxal 5-Phosphate)	27.2	IU/L	0 - 49
<b>S.G.O.T. (AST)</b> (Kinetic with Pyridoxal 5-Phosphate)	31.5	IU/L	Up to 46
<b>S.ALP</b> (Alkaline Phosphatase) (4-Nitrophenyl phosphate)	190.5	U/L	64 - 306
<b>S.Protein</b>			
Total Protein (Biuret)	7.32	gm/dl	6.3 - 8.2
Albumin (BCG)	4.61	gm/dl	3.5 - 5.2
Globulin (Calculated)	2.71	gm/dl	1.9 - 3.5
Albumin Globulin Ratio	1.7		
<b>S.GammaGT</b> (L-Gamma Glutamyl-4-Nitroanalide)	30.6	IU/L	12-43



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## URINE ROUTINE ANALYSIS

Sample Type: Fresh Urine

### Physical Examination

(Naked Eye Observation)

	Result	Biological Ref. Value
Amount	30 ml	>10 ml
Colour	Pale Yellow	Pale Yellow
Appearance	Clear	Clear

### Chemical Examination

pH (Dip stick )	6.5	4.5-8.0
Specific Gravity (Bromothymol Blue)	1.000	1.002-1.030
Albumin (Tetrabromophenol)	Absent	Absent
Glucose (Specific Glucose Oxidase/Peroxidase)	Absent	Absent
Bilirubin (Azo-coupling reaction)	Absent	Absent
Acetone (Sodium Nitroprusside Reaction)	Absent	Absent
Urobilinogen (Modified Ehrlich Reaction)	Absent	Absent
Nitrites (Diazotization Reaction)	Absent	Absent

### Microscopic Examination

(After centrifugation at 1500 RPM for 10min./hpf)

Pus Cells(WBCs)	2 - 3	Absent
Red Blood Cells(RBCs)	Occasional	Absent
Epithelial cells	Occasional	
T.Vaginals	Absent	Absent
Spermatozoa	Absent	Absent
Casts	Absent	Absent
Crystals	Absent	Absent
Amorphous Material	Absent	Absent



*J. Jaimin Panchal*

Dr. Jaimin Panchal

MBBS,MD(Pathology)

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**Electrocardiogram**

**Findings**

Normal Sinus Rhythm.

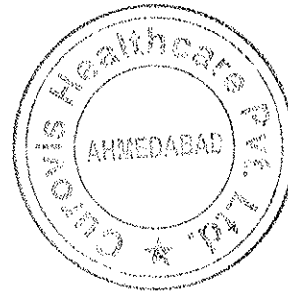
Within Normal Limit.

----- End of Report -----

  
Dr Jinen M Shah  
DMD (Medicine) FCCS (USA)

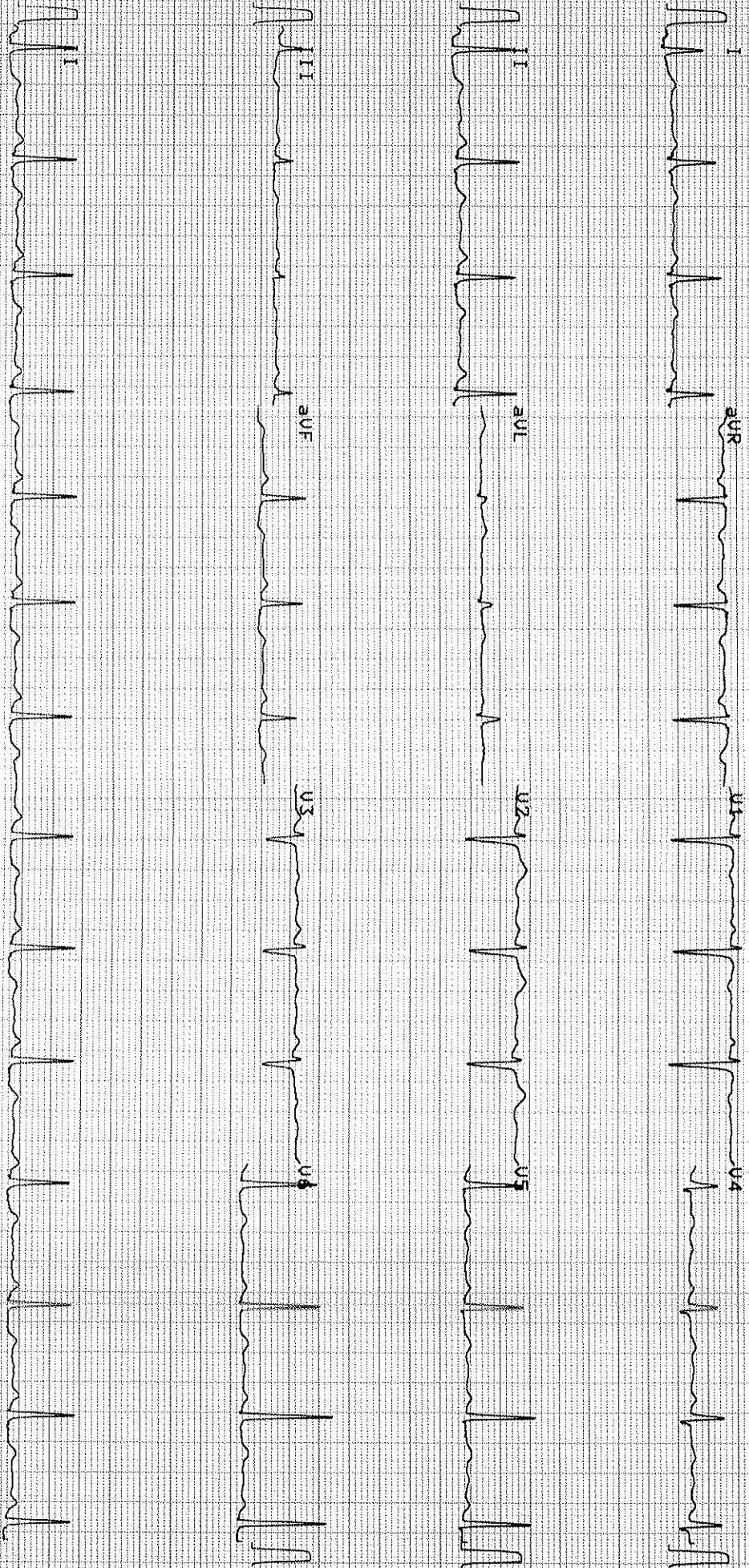
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Vaishali  
Vaishali  
42  
32 years / 62 kg  
154 cm / Female

HR 80/min  
Raxis: P 47°  
Intervals: QR5 45°  
RR 753 ms T 31°  
P 106 ms  
PR 140 ms P (II) 0.14 mV  
QR5 80 ms S (U1) -1.22 mV  
QT 350 ms R (U5) 1.21 mV  
QTc 407 ms Sokol. 2.86 mV  
(Bazett)  
10 mm/mV



25 mm/s  
10 mm/mV

0.05-25 Hz FS0 SSF S85 12.02.2022 13:01:10

CURIOUS HEALTHCARE

AT-102Plus 1.24 C

*Handwritten signature*

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<b>Patient's Id</b> : VV49	<b>Ref ID.</b> :

### 2D Echo Colour Doppler

#### OBSERVATION:

2 D Echo and color flow studies were done in long and short axis, apical and Sub costal views.

1. Normal LV size. No RWMA at rest.
2. Normal RV and RA. No Concentric LVH.
3. All Four valves are structurally normal.
4. Good LV systolic function. LVEF = 60%.
5. Normal LV Compliance.
6. Trivial TR. Mild MR. No AR.
7. No PAH. RVSP = 30 mmHG.
8. Intact IAS and IVS.
9. No Clot, No Vegetation.
10. No pericardial effusion.

#### CONCLUSION

1. Normal LV size with Good LV systolic function.
2. No Concentric LVH . Normal LV Compliance
3. Trivial TR with No PAH. Mild MR. No AR
4. No RWMA at rest.

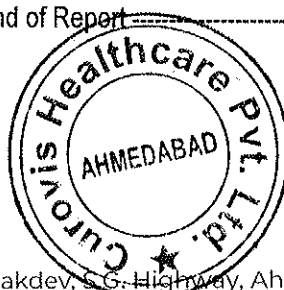
**This echo doesn't rule out any kind of congenital cardiac anomalies.**

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DNB (Medicine)FCCS (USA)

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**X RAY CHEST PA**

Both lung fields appear clear.

No evidence of any active infiltrations or consolidation.

Cardiac size appears within normal limits.

Both costo-phrenic angles appear free of fluid.

Both domes of diaphragm appear normal.

**COMMENT: No significant abnormality is detected.**

----- End of Report -----

*Atul Patel*

**Dr. Atul Patel**

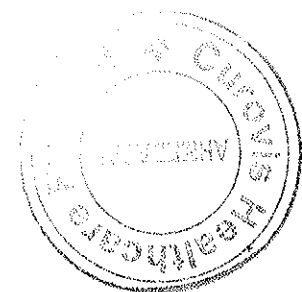
MD Radio-Dignosis

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**USG ABDOMEN**

**Liver** appears normal in size , show homogenous parenchymal echo. No evidence of focal solid or cystic lesion seen. No evidence of dilatation of intra-hepatic biliary or portal radicals. PV is normal in caliber.

**Gall bladder** is normally distended. No evidence of calculus or mass seen. Gall bladder wall thickness appears normal.

**Pancreas** Visualized portion appears normal in size and echopattern. No evidence of focal lesions.

**Spleen** appears normal in size & echopattern. No evidence of focal lesions.

**Both kidney are** normal in size, shape and position. C.M. differentiation on both sides is maintained. No evidence of hydronephrosis, calculus or solid mass seen.

**Urinary bladder** contour is normal, no calculus or wall thickening seen.

**Uterus** appears normal. No adnexal mass is seen.

No evidence of free fluid in peritoneal cavity.  
No evidence of para-aortic lymph adenopathy.  
No evidence of dilated small bowel loops,

**COMMENTS :**

**Normal study.**

----- End of Report -----

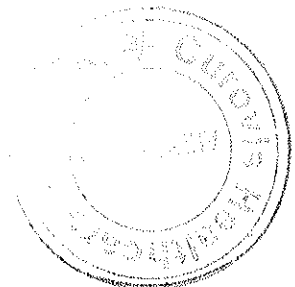
*Atul Patel*

**Dr. Atul Patel**

MD Radio-Dignosis

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### Eye Check - Up

#### RIGHT EYE

SP: -1.75  
CY: -1.50  
AX: 80

#### LEFT EYE

SP: -1.50  
CY: -1.50  
AX: 99

	Without Glasses	With Glasses
Right Eye	6/9	N.A
Left Eye	6/6	N.A

**Near Vision:** Right Eye -N/6, Left Eye - N/6

**Fundus Examination:** Within Normal Limits.

**Colour Vision:** Normal

**Comments:** Normal

Dr.Kejal Patel  
MB,DO(Ophth)

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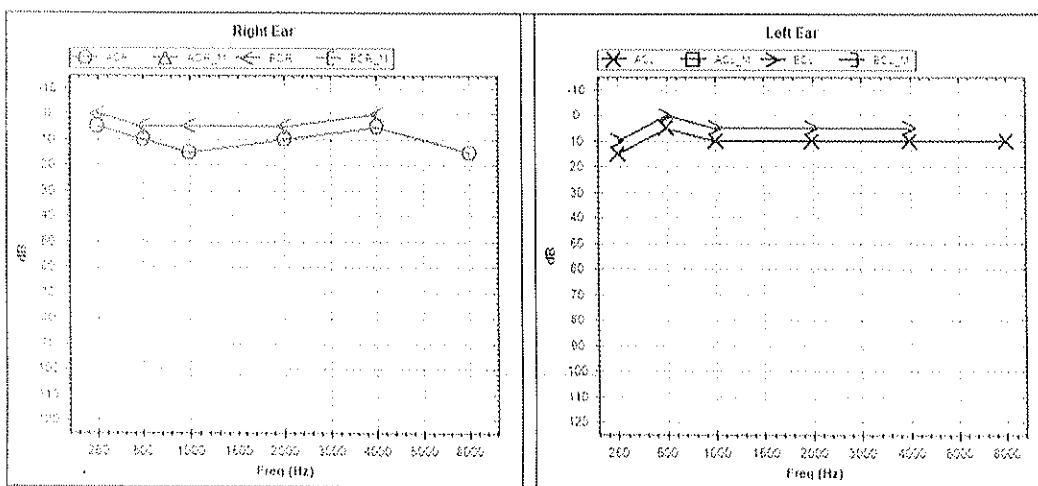


CLIENT NAME: - VAISHALI VAGHELA.

AGE:- 32Y/ F

DATE:- 12/02/2022.

## AUDIOGRAM



EAR	MODE	Air Conduction		Bone Conduction		Colour Code	Threshold In dB	RIGHT	LEFT
		Masked	UnMasked	Masked	UnMasked				
LEFT		□	×	□	>	Blue	AIR CONDUCTION	10.5	11
RIGHT		△	○	□	<	Red	BONE CONDUCTION		
NO RESPONSE: Add ↓ below the respective symbols							SPEECH		

Comments:-

Bilateral Hearing Sensitivity Within Normal Limits.

