

To,

The Coordinator, Mediwheel (Arcofemi Healthcare Limited) Helpline number: 011- 41195959

Dear Sir / Madam,

## Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	OF HEALTH CHECK UP BENEFI	CIARY			
NAME SHOBHANA KUSHWAHA					
DATE OF BIRTH	20-12-1991				
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	22-03-2023				
BOOKING REFERENCE NO.	22M90368100050616S				
	SPOUSE DETAILS				
EMPLOYEE NAME	MR. SINGH ABHISHEK				
EMPLOYEE EC NO.	90368				
EMPLOYEE DESIGNATION	BRANCH HEAD				
EMPLOYEE PLACE OF WORK	LUCKNOW, SHAKTI NAGAR	•			
EMPLOYEE BIRTHDATE	24-03-1986	The second second			

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **20-03-2023** till **31-03-2023**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

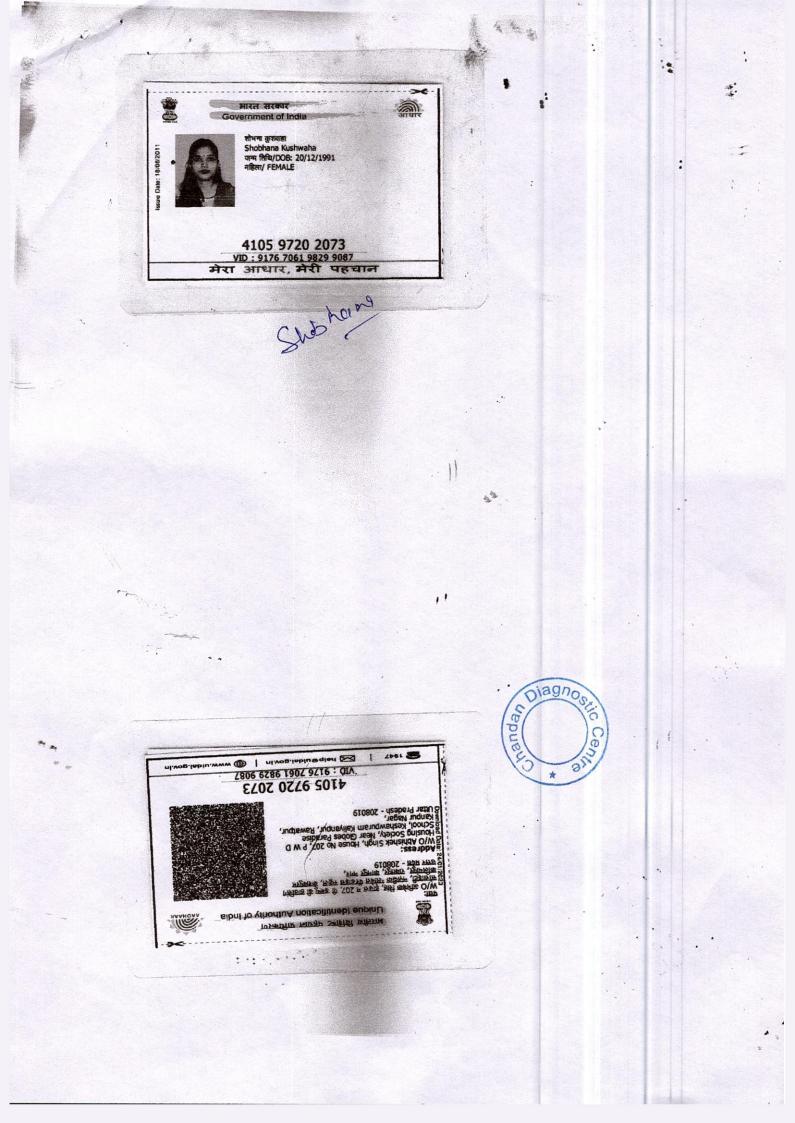
Yours faithfully,

Sd/-

# Chief General Manager HRM Department Bank of Baroda

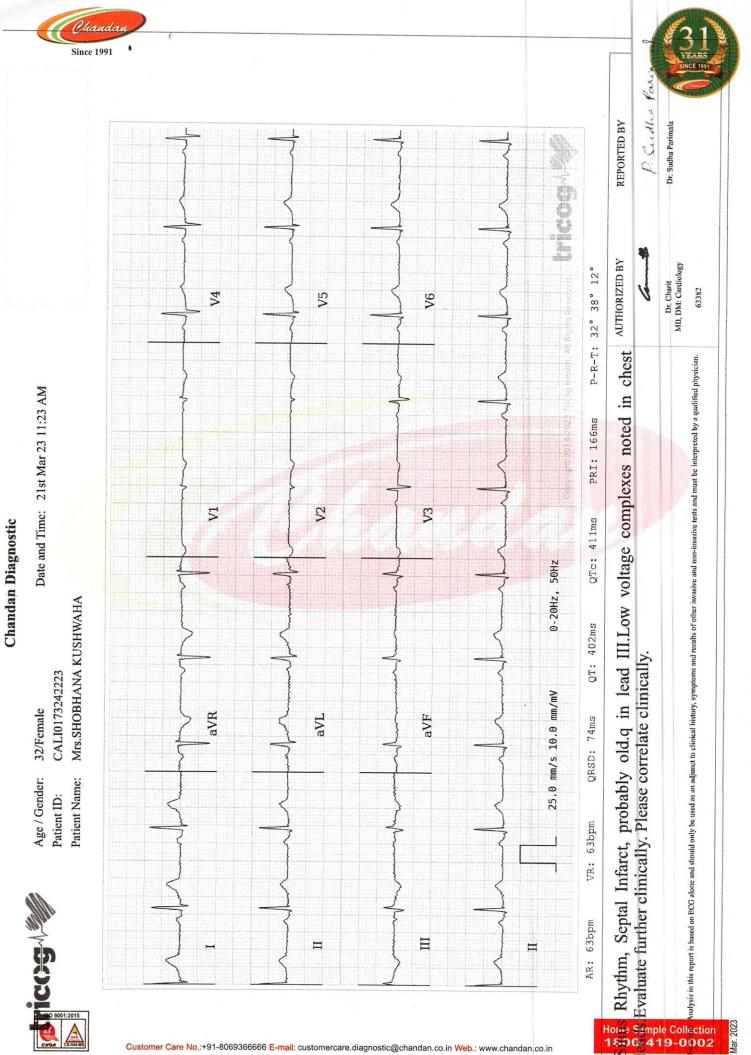


(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



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Customer Care No.:+91-8069366666 E-mail: customercare.diagnostic@chandan.co.in Web.: www.chandan.co.in



Add: B 1/2, Sector J, Near Sangam Chauraha, Lda Stadium Road,Aliganj Ph: 9235432681, CIN : U85110DL2003PLC308206



:03:16
:23:37
:17:49
:51:25
2

# **DEPARTMENT OF HAEMATOLOGY**

## MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

Test Name	Result	Unit	Bio. Ref. Interval	Method
Blood Group (ABO & Rh typing) ** ,	Blood			
Blood Group	AB			
Rh ( Anti-D)	POSITIVE			
Complete Blood Count (CBC) ** , wh	ole Blood			
Haemoglobin	10.90	g/dl	1 Day- 14.5-22.5 g/dl	
	10.00	8, 6	1 Wk- 13.5-19.5 g/dl	
			1 Mo- 10.0-18.0 g/dl	
			3-6 Mo- 9.5-13.5 g/dl	
			0.5-2 Yr- 10.5-13.5	
			g/dl	
			2-6 Yr- 11.5-15.5 g/dl	in the second
			6-12 Yr- 11.5-15.5 g/d	1 1 1 1 1 1
		13	12-18 Yr 13.0-16.0 g/dl	
			Male- 13.5-17.5 g/dl	
			Female- 12.0-15.5 g/d	
TLC (WBC)	6,800.00	/Cu mm	4000-10000	ELECTRONIC IMPEDANCE
DLC				
Polymorphs (Neutrophils )	60.00	%	55-70	ELECTRONIC IMPEDANCE
Lymphocytes	34.00	%	25-40	ELECTRONIC IMPEDANCE
Monocytes	4.00	%	3-5	ELECTRONIC IMPEDANCE
Eosinophils	2.00	%	1-6	ELECTRONIC IMPEDANCE
Basophils	0.00	%	<1	ELECTRONIC IMPEDANCE
ESR				
Observed	20.00	Mm for 1st hr.		
Corrected	18.00	Mm for 1st hr.		
PCV (HCT)	33.00	%	40-54	
Platelet count				
Platelet Count	2.90	LACS/cu mm	1.5-4.0	ELECTRONIC IMPEDANCE/MICROSCOPIC
PDW (Platelet Distribution width)	15.80	fL	9-17	ELECTRONIC IMPEDANCE
P-LCR (Platelet Large Cell Ratio)	26.30	%	35-60	ELECTRONIC IMPEDANCE
PCT (Platelet Hematocrit)	0.29	%	0.108-0.282	ELECTRONIC IMPEDANCE
MPV (Mean Platelet Volume)	9.90	fL	6.5-12.0	ELECTRONIC IMPEDANCE
RBC Count	5.50		0.0 12.0	
RBC Count	3.62	Mill./cu mm	3.7-5.0	ELECTRONIC IMPEDANCE





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Patient Name	: Mrs.SHOBHANA KUSHWAHA	Registered On	: 21/Mar/2023 09:03:16
Age/Gender	: 32 Y 0 M 0 D /F	Collected	: 21/Mar/2023 09:23:37
UHID/MR NO	: CALI.0000042032	Received	: 21/Mar/2023 12:17:49
Visit ID	: CALI0173242223	Reported	: 21/Mar/2023 15:51:25
Ref Doctor	: Dr.Mediwheel - Arcofemi Health Care Ltd.	Status	: Final Report

## **DEPARTMENT OF HAEMATOLOGY**

# MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

Test Name	Result	Unit	Bio. Ref. Interval	Method
Blood Indices (MCV, MCH, MCHC)				
MCV	90.30	fl	80-100	CALCULATED PARAMETER
МСН	30.20	pg	28-35	CALCULATED PARAMETER
МСНС	33.40	%	30-38	CALCULATED PARAMETER
RDW-CV	14.00	%	11-16	ELECTRONIC IMPEDANCE
RDW-SD	46.60	fL	35-60	ELECTRONIC IMPEDANCE
Absolute Neutrophils Count	4,080.00	/cu mm	3000-7000	
Absolute Eosinophils Count (AEC)	136.00	/cu mm	40-440	

# Dr. Anupam Singh (MBBS MD Pathology)

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Add: B 1/2, Sector J, Near Sangam Chauraha, Lda Stadium Road, Aliganj Ph: 9235432681, CIN : U85110DL2003PLC308206



Patient Name	: Mrs.SHOBHANA KUSHWAHA	Registered On	: 21/Mar/2023 09:03:18
Age/Gender	: 32 Y 0 M 0 D /F	Collected	: 21/Mar/2023 09:23:36
UHID/MR NO	: CALI.0000042032	Received	: 21/Mar/2023 12:13:24
Visit ID	: CALI0173242223	Reported	: 21/Mar/2023 13:18:26
Ref Doctor	: Dr.Mediwheel - Arcofemi Health Care Ltd.	Status	: Final Report

#### **DEPARTMENT OF BIOCHEMISTRY**

#### MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

Test Name	Result	U	nit Bio. Ref. Interv	val Method	
GLUCOSE FASTING ** , Plasma					
Glucose Fasting	91.50	mg/dl	< 100 Normal 100-125 Pre-diabetes ≥ 126 Diabetes	GOD POD	
Interpretation:					

a) Kindly correlate clinically with intake of hypoglycemic agents, drug dosage variations and other drug interactions.b) A negative test result only shows that the person does not have diabetes at the time of testing. It does not mean that the person will never get diabetics in future, which is why an Annual Health Check up is essential.c) I.G.T = Impared Glucose Tolerance.

Glucose PP ** Sample:Plasma After Meal		107.70	mg/dl	<140 Normal 140-199 Pre-diabetes	GOD POD
				>200 Diabetes	

#### Interpretation:

a) Kindly correlate clinically with intake of hypoglycemic agents, drug dosage variations and other drug interactions.b) A negative test result only shows that the person does not have diabetes at the time of testing. It does not mean that the person will never get diabetics in future, which is why an Annual Health Check up is essential.c) I.G.T = Impared Glucose Tolerance.

GLYCOSYLATED HAEMOGLOBIN (HBA1C)	** , EDTA BLOOD		
Glycosylated Haemoglobin (HbA1c)	5.50	% NGSP	HPLC (NGSP)
Glycosylated Haemoglobin (HbA1c)	37.00	mmol/mol/IFCC	
Estimated Average Glucose (eAG)	111	mg/dl	

#### Interpretation:

#### <u>NOTE</u>:-

- eAG is directly related to A1c.
- An A1c of 7% -the goal for most people with diabetes-is the equivalent of an eAG of 154 mg/dl.
- eAG may help facilitate a better understanding of actual daily control helping you and your health care provider to make necessary changes to your diet and physical activity to improve overall diabetes mnagement.





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#### DEPARTMENT OF BIOCHEMISTRY

#### MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

Test Name	Result	Unit	Bio. Ref. Interval	Method

The following ranges may be used for interpretation of results. However, factors such as duration of diabetes, adherence to therapy and the age of the patient should also be considered in assessing the degree of blood glucose control.

Haemoglobin A1C (%)NGSP	mmol/mol / IFCC Unit	eAG (mg/dl)	<b>Degree of Glucose Control Unit</b>
> 8	>63.9	>183	Action Suggested*
7-8	53.0 -63.9	154-183	Fair Control
< 7	<63.9	<154	Goal**
6-7	42.1 -63.9	126-154	Near-normal glycemia
< 6%	<42.1	<126	Non-diabetic level

\*High risk of developing long term complications such as Retinopathy, Nephropathy, Neuropathy, Cardiopathy, etc. \*\*Some danger of hypoglycemic reaction in Type 1 diabetics. Some glucose intolerant individuals and "subclinical" diabetics may demonstrate HbA1C levels in this area.

N.B. : Test carried out on Automated G8 90 SL TOSOH HPLC Analyser.

#### **Clinical Implications:**

\*Values are frequently increased in persons with poorly controlled or newly diagnosed diabetes.

\*With optimal control, the HbA 1c moves toward normal levels.

\*A diabetic patient who recently comes under good control may still show higher concentrations of glycosylated hemoglobin. This level declines gradually over several months as nearly normal glycosylated \*Increases in glycosylated hemoglobin occur in the following non-diabetic conditions: a. Iron-deficiency anemia b. Splenectomy

c. Alcohol toxicity d. Lead toxicity

\*Decreases in A 1c occur in the following non-diabetic conditions: a. Hemolytic anemia b. chronic blood loss

\*Pregnancy d. chronic renal failure. Interfering Factors:

\*Presence of Hb F and H causes falsely elevated values. 2. Presence of Hb S, C, E, D, G, and Lepore (autosomal recessive mutation resulting in a hemoglobinopathy) causes falsely decreased values.

BUN (Blood Urea Nitrogen) ** Sample:Serum	8.96	mg/dL	7.0-23.0	CALCULATED
Creatinine ** Sample:Serum	1.01	mg/dl	Serum 0.5-1.5 Spot Urine-Male- 20- 275 Female-20-320	MODIFIED JAFFES
<b>Uric Acid **</b> Sample:Serum	5.25	mg/dl	2.5-6.0	URICASE





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#### **DEPARTMENT OF BIOCHEMISTRY**

## MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

Test Name	Result	Ur	nit Bio. Ref. Interv	al Method
LFT (WITH GAMMA GT) ** , Serum				
SGOT / Aspartate Aminotransferase (AST)	27.80	U/L	< 35	IFCC WITHOUT P5P
SGPT / Alanine Aminotransferase (ALT)	16.50	U/L	< 40	IFCC WITHOUT P5P
Gamma GT (GGT)	40.10	IU/L	11-50	OPTIMIZED SZAZING
Protein	6.28	gm/dl	6.2-8.0	BIRUET
Albumin	4.04	gm/dl	3.8-5.4	B.C.G.
Globulin	2.24	gm/dl	1.8-3.6	CALCULATED
A:G Ratio	1.80		1.1-2.0	CALCULATED
Alkaline Phosphatase (Total)	60.00	U/L	42.0-165.0	IFCC METHOD
Bilirubin (Total)	0.57	mg/dl	0.3-1.2	JENDRASSIK & GROF
Bilirubin (Direct)	0.25	mg/dl	< 0.30	JENDRASSIK & GROF
Bilirubin (Indirect)	0.32	mg/dl	< 0.8	JENDRASSIK & GROF
LIPID PROFILE ( MINI ) ** , Serum				
Cholesterol (Total)	289.00	mg/dl	<200 Desirable 200-239 Borderline Hig > 240 High	CHOD-PAP h
HDL Cholesterol (Good Cholesterol)	62.90	mg/dl	30-70 .	DIRECT ENZYMATIC
LDL Cholesterol (Bad Cholesterol)	184	mg/dl	< 100 Optimal	CALCULATED
There is a sub-		a starter	100-129 Nr.	
			Optimal/Above Optima 130-159 Borderline Hig 160-189 High > 190 Very High	
VLDL	41.98	mg/dl	10-33	CALCULATED
Triglycerides	209.90	mg/dl	< 150 Normal 150-199 Borderline Hig 200-499 High >500 Very High	GPO-PAP h

Dr. Anupam Singh (MBBS MD Pathology)







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Patient Name	: Mrs.SHOBHANA KUSHWAHA	Registered On	: 21/Mar/2023 09:03:17
Age/Gender	: 32 Y 0 M 0 D /F	Collected	: 21/Mar/2023 15:07:52
UHID/MR NO	: CALI.0000042032	Received	: 21/Mar/2023 17:09:21
Visit ID	: CALI0173242223	Reported	: 21/Mar/2023 17:25:44
Ref Doctor	: Dr.Mediwheel - Arcofemi Health Care Ltd.	Status	: Final Report

## **DEPARTMENT OF CLINICAL PATHOLOGY**

#### MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

Test Name	Result	Unit	Bio. Ref. Interval	Method
	¥			
RINE EXAMINATION, ROUTINE *	* , Urine			
Color	LIGHT YELLOW			
Specific Gravity	1.010			
Reaction PH	Acidic ( 5.0 )			DIPSTICK
Protein	ABSENT	mg %	< 10 Absent	DIPSTICK
			10-40 (+)	
			40-200 (++)	
			200-500 (+++)	
		and the second sec	> 500 (++++)	
Sugar	ABSENT	gms%	< 0.5 (+)	DIPSTICK
			0.5-1.0 (++) 1-2 (+++)	
			> 2 (++++)	
Ketone	ABSENT	mg/dl	0.2-2.81	BIOCHEMISTRY
Bile Salts	ABSENT	ing/u	0.2-2.01	BIOCHEIMISTIN
Bile Pigments	ABSENT			
Urobilinogen(1:20 dilution)	ABSENT			
Microscopic Examination:	ADJLINI		and a second	
	and the second second second			
Epithelial cells	3-4/h.p.f			MICROSCOPIC
				EXAMINATION
Pus cells	1-2/h.p.f			
RBCs	ABSENT			MICROSCOPIC
				EXAMINATION
Cast	ABSENT			
Crystals	ABSENT			MICROSCOPIC
Othora				EXAMINATION
Others	ABSENT			
JGAR, FASTING STAGE ** , Urine				
Sugar, Fasting stage	ABSENT	gms%		

#### Interpretation:

 $\begin{array}{ll} (+) & < 0.5 \\ (++) & 0.5 \\ (+++) & 1 \\ (++++) & 1 \\ (++++) & > 2 \end{array}$ 

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Age/Gender	: 32 Y 0 M 0 D /F	Collected	: 21/Mar/2023 15:07:52
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# DEPARTMENT OF CLINICAL PATHOLOGY

# MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

Test Name	Result	Unit	Bio. Ref. Interval	Method

#### SUGAR, PP STAGE \*\* , Urine

Sugar, PP Stage

ABSENT

#### Interpretation:

(+) < 0.5 gms% (++) 0.5-1.0 gms% (+++) 1-2 gms% (++++) > 2 gms%

# Dr. Anupam Singh (MBBS MD Pathology)

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Age/Gender	: 32 Y 0 M 0 D /F	Collected	: 21/Mar/2023 09:23:36
UHID/MR NO	: CALI.0000042032	Received	: 21/Mar/2023 12:16:31
Visit ID	: CALI0173242223	Reported	: 21/Mar/2023 12:46:00
Ref Doctor	: Dr.Mediwheel - Arcofemi Health Care Ltd.	Status	: Final Report

#### DEPARTMENT OF IMMUNOLOGY

#### MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

Test Name	Result	Unit	Bio. Ref. Interval	Method	
THYROID PROFILE - TOTAL ** , Serum					
T3, Total (tri-iodothyronine)	115.62	ng/dl	84.61-201.7	CLIA	
T4, Total (Thyroxine)	9.60	ug/dl	3.2-12.6	CLIA	
TSH (Thyroid Stimulating Hormone)	4.18	µIU/mL	0.27 - 5.5	CLIA	
<b>T</b>		,			

## Interpretation:

0.3-4.5	µIU/mL	First Trimester
0.5-4.6	µIU/mL	Second Trimester
0.8-5.2	µIU/mL	Third Trimester
0.5-8.9	µIU/mL	Adults 55-87 Years
0.7-27	µIU/mL	Premature 28-36 Week
2.3-13.2	µIU/mL	Cord Blood > 37Week
0.7-64	µIU/mL	Child(21 wk - 20 Yrs.)
1-39	µIU/mL	Child 0-4 Days
1.7-9.1	µIU/mL	Child 2-20 Week

1) Patients having low T3 and T4 levels but high TSH levels suffer from primary hypothyroidism, cretinism, juvenile myxedema or autoimmune disorders.

2) Patients having high T3 and T4 levels but low TSH levels suffer from Grave's disease, toxic adenoma or sub-acute thyroiditis.

3) Patients having either low or normal T3 and T4 levels but low TSH values suffer from iodine deficiency or secondary hypothyroidism.

**4**) Patients having high T3 and T4 levels but normal TSH levels may suffer from toxic multinodular goiter. This condition is mostly a symptomatic and may cause transient hyperthyroidism but no persistent symptoms.

5) Patients with high or normal T3 and T4 levels and low or normal TSH levels suffer either from T3 toxicosis or T4 toxicosis respectively.

6) In patients with non thyroidal illness abnormal test results are not necessarily indicative of thyroidism but may be due to adaptation to the catabolic state and may revert to normal when the patient recovers.

7) There are many drugs for eg. Glucocorticoids, Dopamine, Lithium, Iodides, Oral radiographic dyes, etc. which may affect the thyroid function tests.

**8**) Generally when total T3 and total T4 results are indecisive then Free T3 and Free T4 tests are recommended for further confirmation along with TSH levels.

Dr. Anupam Singh (MBBS MD Pathology)





Home Sample Collection

1800-419-0002



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Patient Name	: Mrs.SHOBHANA KUSHWAHA	Registered On	: 21/Mar/2023 09:03:19
Age/Gender	: 32 Y 0 M 0 D /F	Collected	: N/A
UHID/MR NO	: CALI.0000042032	Received	: N/A
Visit ID	: CALI0173242223	Reported	: 21/Mar/2023 17:15:00
Ref Doctor	: Dr.Mediwheel - Arcofemi Health Care Ltd.	Status	: Final Report

# **DEPARTMENT OF X-RAY**

## MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

X-RAY DIGITAL CHEST PA \*

(500 mA COMPUTERISED UNIT SPOT FILM DEVICE)

# **DIGITAL CHEST P-A VIEW**

- Fibrotic streaks are seen in right upper lung zone.
- Rest of bilateral lung fields are unremarkable.
- No consolidation or nodule seen.
- Costo-phrenic angles are bilaterally clear.
- Trachea is central in position.
- Cardiac size & contours are normal.
- Hilar shadows are normal.

Dr. Pankaj Kumar Gupta (M.B.B.S D.M.R.D)

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Patient Name	: Mrs.SHOBHANA KUSHWAHA	Registered On	: 21/Mar/2023 09:03:19
Age/Gender	: 32 Y 0 M 0 D /F	Collected	: N/A
UHID/MR NO	: CALI.0000042032	Received	: N/A
Visit ID	: CALI0173242223	Reported	: 21/Mar/2023 11:50:17
Ref Doctor	: Dr.Mediwheel - Arcofemi Health Care Ltd.	Status	: Final Report

# DEPARTMENT OF ULTRASOUND

#### MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

#### ULTRASOUND WHOLE ABDOMEN (UPPER & LOWER) \*

# LIVER

 The liver is normal in size ~ 13.2 cm and shows diffused raised echogenicity of hepatic parenchyma ...... S/O grade I fatty liver. No focal lesion is seen.

#### PORTAL SYSTEM

- The intra hepatic portal channels are normal.
- The portal vein is not dilated.
- Porta hepatis is normal.

#### BILIARY SYSTEM

- The intra-hepatic biliary radicles are normal.
- Common duct is not dilated.
- The gall bladder is normal in size and has regular walls. Lumen of the gall bladder is anechoic.

#### PANCREAS

• The pancreas is normal in size and shape and has a normal homogenous echotexture. Pancreatic duct is not dilated.

#### **KIDNEYS**

- Right kidney is normal in size ~ 9.2 x 3.9 cm position and cortical echotexture. Corticomedullary demarcation is maintained.
- Left kidney is normal in size ~ 10.1 x 3.9 cm position and cortical echotexture. Corticomedullary demarcation is maintained.
- The collecting system of both the kidneys are not dilated.

#### SPLEEN

• The spleen is normal in size ~ 10.7 cm and has a normal homogenous echo-texture.

#### **ILIAC FOSSAE & PERITONEUM**

- Scan over the iliac fossae does not reveal any fluid collection or mass.
- No free fluid is noted in peritoneal cavity.
- Mild circumferential wall thickening of bowel loop likely ceacum is seen (max thickness ~ 8 mm) No significant luminal narrowing seen.





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Age/Gender	: 32 Y 0 M 0 D /F	Collected	: N/A
UHID/MR NO	: CALI.0000042032	Received	: N/A
Visit ID	: CALI0173242223	Reported	: 21/Mar/2023 11:50:17
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# DEPARTMENT OF ULTRASOUND

## MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

## URINARY BLADDER

• The urinary bladder is normal. Bladder wall is normal in thickness and is regular. No calculus seen.

# **UTERUS**

- The uterus is anteverted and normal in size ~ 2.6 x 3.9 x 5.6 cm.
- It has a homogenous myometrial echotexture.
- The endometrium is seen in midline. ET measures ~ 7.1 mm.
- Cervix is normal.

# ADNEXA & OVARIES

- Both ovaries are normal in size volume and echotexture.
- Right ovary measures ~ 1.9 x 2.7 x 2.3 cm (volume ~ 6.5 cc).
- Left ovary measures ~ 1.9 x 2.5 x 2.6 cm (volume ~6.8 cc).
- Adnexa are normal.

# FINAL IMPRESSION:-

- GRADE I FATTY LIVER.
- CIRCUMFERENTIAL MILD WALL THICKENING OF CEACUM (? INFECTIVE / INFLAMMATORY ETIOLOGY).

# Adv: Clinico-pathological correlation and follow-up.

#### \*\*\* End Of Report \*\*\*

(\*\*) Test Performed at Chandan Speciality Lab.

Result/s to Follow: STOOL, ROUTINE EXAMINATION, ECG / EKG



Dr. Pankaj Kumar Gupta (M.B.B.S D.M.R.D)

This report is not for medico legal purpose. If clinical correlation is not established, kindly repeat the test at no additional cost within seven days.

Facilities: Pathology, Bedside Sample Collection, Health Check-ups, Digital X-Ray, ECG (Bedside also), Allergy Testing, Test And Health Check-ups, Ultrasonography, Sonomammography, Bone Mineral Density (BMD), Doppler Studies, 2D Echo, CT Scan, MRI, Blood Bank, TMT, EEG, PFT, OPG, Endoscopy, Digital Mammography, Electromyography (EMG), Nerve Condition Velocity (NCV), Audiometry, Brainstem Evoked Response Audiometry (BERA), Colonoscopy, Ambulance Services, Online Booking Facilities for Diagnostics, Online Report Viewing \* 365 Days Open \*Facilities Available at Select Location

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