

Name : Mrs. MENAKA KARNANI (42 /F)

Date : 09/05/2022

Address : DUKE GARDENS PRINCE 2D RAGHUNATHPUR VIP ROAD KOLKATA, NORTH 24 PARGANAS, NORTH 24 PARGANAS, WEST BENGAL, INDIA

Examined by:

UHID : AMHL.0001952185

Package : MEDI WHEEL FULL BODY HCK - FEMALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH147370



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

### Present known illness

No history of : - Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Heart disease, Asthma



## DRUG ALLERGY

NO KNOWN ALLERGY

:09/05/2022

- Normal hearing

### Skin

- Nil Significant



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Bowel habits - regular

### Genitourinary system

Frequency - normal

### Gynaec history

Last menstrual period - 05.05.22; Periods - regular;  
No of deliveries - P1+0; Deliveries - LSCS

### Central nervous system

- Nil Significant

### Eyes

Vision - normal with glasses; Glasses - yes

### ENT



## Past medical history

Past medical history

- nil significant

Covid 19

- Yes



## Surgical history

Appendicectomy

- Yes.

Lower segment

- Yes.

caesarean section



## Personal history

Marital status

- Married

No. of children

- 1

Diet

- Non Vegetarian

Alcohol

- does not consume alcohol

Smoking

- No

Chews tobacco

- No

Physical activity

- Active



## Family history

Father

- has expired

Mother

- has expired

Brothers

- 1

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Coronary artery disease - none

Cancer - father



### Musculo Skeletal System

- No significant finding

## PHYSICAL EXAMINATION



### General

Build - Healthy.

Height - 151 Cm

Weight - 53 Kg

BMI - 23.24

Pallor - No

Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 86

Rhythm - Regular

- B.P. Sitting

Systolic(mm of Hg) - 114

Diastolic(mm of Hg) - 70

Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Appearance - Normal

Organomegaly - No

Tenderness - No

Bowel sounds - Present.



### Central nervous system

- No neurological deficit



### Skin

- No significant finding

Printed By : AVIJIT DAS

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	11.4 *	g/dl	●	12.0-15.0
RBC COUNT	4.43	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	36.3	%	●	36-46
MCV	81.9 *	fl	●	83-101
MCH	25.7 *	pg	●	27-32
MCHC	31.4 *	%	●	31.5-34.5
RDW	16.7 *	%	●	11.8-14.0
WBC Count	5800	/cu mm	●	4000-10000
Platelet Count	1.21 *	lacs/cu mm	●	1.5-4.0
Neutrophils	71	%	●	40-80
Lymphocytes	25	%	●	20-40
Monocytes	03	%	●	2-10
Eosinophils	01	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Anisocytosis+, Predominantly Normocytic Normochromic.			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	44 *	mm/1st hr	●	0-20

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Turbid			
Specific Gravity	1.010			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		

Pus Cells	Occasional/hpf
Epithelial Cells	2-4 /h.p.f /hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	28	U/L	●	10-40
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	85	U/L	●	42-98
AST (SGOT) - SERUM	29	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.5	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	138	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.6	mg/dL	●	0.6-1.1

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**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	10	U/L	●	7-64

TOTAL T3: TRI IODOTHYRONINE - SERUM	1.2	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	9.9	µg/dL	●	5.1-14.1

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	88	mg/dL	●	70-99

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	71	mg/dL	●	0-150

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	97	mg/dL	●	70-140

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	2.4	µIU/mL	●	0.270-4.200

**HBA1C (GLYCOSYLATED**

**HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	4.8	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.5	mg/dL	●	2.6-6.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	42	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	76	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	20	mg/dL	●	0-35

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	10.8	mg/dL	●	7.0-18.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.6:1.0			1.0-2.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.1	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	2.7	g/dL	●	1.8-3.6

**ECG**

SINUS RHYTHM.  
NON SPECIFIC ST ABNORMALITY.

**ULTRASOUND BREAST BILATERAL**

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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\* Both breasts sonographic study within normal limits.

BI-RADS category - 1 (normal).

Dr. TANDRA SARKAR  
MBBS, DMRE, DNB (RADIODIAGNOSIS), MNAMS  
CONSULTANT RADIOLOGIST  
Reg. No. 49319 (WBMC)

### ULTRASOUND SCREENING WHOLE ABDOMEN

- \* Fatty changes in liver - Grade I.
- \* Cholelithiasis (multiple).
- \* Bulky uterus.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

#### Haematology

STOOL ROUTINE

#### Histopathology

PAP SMEAR /CERVICAL SMEAR

#### X Ray

X-RAY CHEST PA

#### CARDIOLOGY

TREADMILL TEST / STRESS TEST

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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