

Name : Mr. SUSANT MAJUMDAR (34 /M)

Date : 14/04/2023

Address :

Examined by: Dr .JHUMA BAGCHI

UHID : AMHL.0002125215

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH172135



CHIEF COMPLAINTS

Chest Pain, Shortness of breath

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension,
Dyslipidemia, Thyroid
disorder



DRUG ALLERGY

NO KNOWN ALLERGY : 14/04/2023



SYSTEMIC REVIEW

Cardiovascular system

Chest pain - on and off; Character - atypical;
Breathing difficulty - yes; Exacerbated by - moderate
exertion

Respiratory system

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Central nervous system

- Nil Significant

Eyes

- Nil Significant

ENT

- Nil Significant

Musculoskeletal system

Spine and joints
- Nil Significant

Skin

- Nil Significant



Past medical history

Past medical history - nil significant



Personal history

Marital status - Married
No. of children - 1
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Mild



Family history

Father - alive
Mother - alive
Hypertension - mother
Coronary artery
disease - none
Cancer - None

PHYSICAL EXAMINATION



General

Build - over weight
Height - 165
Weight - 81
BMI - 29.75
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 80
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 128
Diastolic(mm of Hg) - 100
Heart sounds - S1S2+

Respiratory system

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Breath sounds - Normal vesicular breath sounds

 **Abdomen**

Organomegaly - No

Tenderness - No

 **Central nervous system**

- No neurological deficit

Ophthalmology consultation

Ophthalmology findings - UCVA:RE:6/9 LE:6/12
NVA:RE:N6 LE:N6
OCULAR MOVEMENT:WNL
ANT.SEG:WNL
ACCPT: SPECTACLE PWR
RE:-0.50X120*(6/6,N6)
LE:-0.75/-0.25X65*(6/6,N6)
ADVICE: *Glass Rx.*Review
after 1yr/SOS

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	15.1	g/dl	●	13.0-17.0
RBC COUNT	6.00 *	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	46.2	%	●	41-53
MCV	77.0 *	fl	●	83-101
MCH	25.2 *	pg	●	27-32
MCHC	32.7	%	●	31.5-34.5
RDW	15.8 *	%	●	11.8-14.0
WBC Count	10600 *	/cu mm	●	4000-10000
Platelet Count	1.50	lacs/cu mm	●	1.5-4.0
Neutrophils	47	%	●	40-80
Lymphocytes	43 *	%	●	20-40
Monocytes	08	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Microcytic Hypochromic RBCs.			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	02	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.025			
pH:	5.5			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			
Epithelial Cells	Occasional/hpf			

Casts: Not Found
 Crystals: Not Found
 Note: Biological reference interval
 RBC- 0-2/hpf
 Pus Cell - 0-5/hpf.

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	60 *	U/L	●	10-40
ALBUMIN - SERUM	4.5	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	96	U/L	●	53-128
AST (SGOT) - SERUM	36	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	1.2 *	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	185	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.0	mg/dL	●	0.9-1.3

● Within Normal Range ● Borderline High/Low ● Out of Range

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LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	30	U/L	●	7-64

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	119 *	mg/dL	●	70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	94	mg/dL	●	70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.6	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	46	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	118	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	21	mg/dL	●	0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	8.1	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.6	g/dL	●	1.8-3.6

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	2.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	7.4	µg/dL	●	5.1-14.1

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	107	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	3.1	µIU/mL	●	0.270-4.200

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	7.9 *	mg/dL	●	3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9.1	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.2		●	1.0-2.0

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

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ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade-I fatty liver.

X-RAY CHEST PA

Normal study.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

 Within Normal Range  Borderline High/Low  Out of Range

Executive Summary



1. Overweight.
2. BP - 128/100 mm/Hg.
3. Elevated FBS.
4. Hyperuricaemia.
5. Grade-I fatty liver.

Wellness Prescription

Advice On Diet :-



- * Low salt, low purine, low sugar, healthy balance diet.
- * Drink plenty of fluids.

Advice On Physical Activity :-



- * Regular exercise and maintain ideal weight.

Other Lifestyle Changes & Recommendations :-

- * Monitor BP regularly, if persistently greater than 140/90 mmHg then consult Physician.

Recommended Follow-up Consultations

Speciality Name	Doctor Name	Schedule WithIn	Remarks
CARDIOLOGY		7 Day(s)	for chest pain and SOS.

Recommended Follow-up Tests

Test Name	Test Schedule	Repeat Frequency	Remarks
HBA1C - BLOOD	1 Day(s)		review with report.
GLUCOSE - PLASMA (POST PRANDIAL)	1 Day(s)		review with report.
URIC ACID - SERUM	3 Month(s)		review with report.

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Follow-up and Review Plan



* Annual health check-up.



Scan the QR code
in AskApollo App
to book your
follow-up
appointments and
investigations

Printed By : AVIJIT DAS

Dr.JHUMA BAGCHI
AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.