

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MS. WAGHMARE JYOTSNA SHARADCHANDRA
EC NO.	154481
DESIGNATION	SINGLE WINDOW OPERATOR B
PLACE OF WORK	MUMBAI, GHATKOPAR WEST
BIRTHDATE	19-09-1965
PROPOSED DATE OF HEALTH CHECKUP	12-08-2023
BOOKING REFERENCE NO.	23S154481100065168E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **28-07-2023** till **31-03-2024**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



NABH PRE ACCREDITATION
ENTRY LEVEL HOSPITAL
PEH-2018-0537



**SURANA SETHIA HOSPITAL
AND RESEARCH CENTRE
CHARITABLE**

Chembur | Malad | Bhiwandi | Navi Mumbai

Patient Name : MRS. WAGHMARE JYOTSNA SHARADCHANDRA	IP / OP No : 1133327
Ordered Loc : Hospital clinic	Gender : Female Age : 57 Y 10 M 25 D
Referred By : Dr.Bank of Baroda	Vch No : 1385500
Class : OPD	Received Dt : 12-Aug-2023 12:41
Current Loc :	Reported On : 12-Aug-2023 17:05
Accession No : 23014046	Sample No : 23035737

COMPLETE HEAMOGRAM (C.B.C.)

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE</u>	<u>UNITS</u>
Haemoglobin	8.90	11.50 - 16.00	gm/dL
R.B.C.	4.50	4.00 - 6.00	Mill/C.mm.
P.C.V.	28.30	37.00 - 47.00	%
M.C.V.	62.89	78.00 - 100.00	fL
M.C.H.	19.78	27.00 - 31.00	pg
M.C.H.C.	31.45	32.00 - 36.00	%
RDW	13.0	11.0 - 15.0	%
Total W.B.C. Count	3500	4000 - 11000	/C.mm
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	55	40 - 75	%
Eosinophils	3	1 - 6	%
Basophils	0	0 - 1	%
Lymphocytes	40	20 - 45	%
Monocytes	2	1 - 10	%
WBC MORPHOLOGY	Leucopenia		
RBC MORPHOLOGY	Hypochromic, Microcytic		
PLATELET COUNT	263	150 - 450	10 ³ /ul
PLATELETS	Adequate		

** END OF REPORT **

[Signature]
Checked By

Authorized By Technician

[Signature]
Dr. Pragati Pote
MB, DPB,
(Path & Bact)

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A Social Venture of
SURANA CHARITABLE TRUST

Regd. No. E 15635 With Charity Commissioner Mumbai
Income Exemption No. DIT (E) / MC / 80G / 524 / 2009 - 10. 12-A Registration No. TR/31324.
Sumannagar, Sion Trombay Road, Chembur, Mumbai - 400071 **Tel. : 022-3378 3378**
Email: info@suranasethiahospital.in Web. : www.suranasethiahospital.com



NABH PRE ACCREDITATION
ENTRY LEVEL HOSPITAL
PEH-2019-0597



**SURANA SETHIA HOSPITAL
AND RESEARCH CENTRE
CHARITABLE**

Chembur | Malad | Borivli | Navi Mumbai

Patient Name : MRS. WAGHMARE JYOTSNA SHARADCHANDRA	IP / OP No : 1133327
Ordered Loc : Hospital clinic	Gender : Female Age : 57 Y 10 M 25 D
Referred By : Dr. Bank of Baroda	Vch No : 1385500
Class : OPD	Received Dt : 12-Aug-2023 12:41
Current Loc :	Reported On : 12-Aug-2023 17:05
Accession No : 23014046	Sample No : 23035735

BLOOD GROUP & RH TYPE

TEST DESCRIPTION	OBSERVED VALUE	REFERENCE RANGE/UNITS
BLOOD GROUP & RH TYPE		
ABO Group	"O"	
Rh Factor	POSITIVE	
	** END OF REPORT **	

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Dr. Pragati Pote
MB, DPB,
(Path & Bact)

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ENTRY LEVEL HOSPITAL
PEH-2018-0537



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AND RESEARCH CENTRE
CHARITABLE**

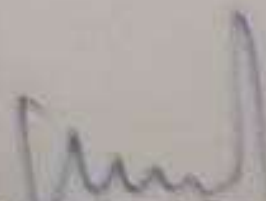
Chembur | Malad | Bhiwandi | Navi Mumbai

Patient Name : MRS. WAGHMARE JYOTSNA SHARADCHANDRA	IP / OP No : 1133327
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Class : OPD	Received Dt : 12-Aug-2023 12:41
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Accession No : 23014046	Sample No : 23035734

ESR

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE\UNITS</u>
ESR (Erythrocyte Sedimentation Rate)	20	1 - 20 mm/hr


“ END OF REPORT ”


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Dr. Pragati Pote
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Chembur | Malad | Bhiwandi | Navi Mumbai

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Ordered Loc : Hospital clinic	Gender : Female Age : 57 Y 10 M 25 D
Referred By : Dr.Bank of Baroda	Vch No : 1385500
Class : OPD	Received Dt : 12-Aug-2023 12:41
Current Loc :	Reported On : 12-Aug-2023 17:06
Accession No : 23014046	Sample No : 23035739

RENAL FUNCTION TEST

TEST DESCRIPTION	OBSERVED VALUE	REFERENCE RANGE	UNITS
BUN	13.0	8.0 - 21.0	mg/dl
Uric Acid	4.6	3.5 - 7.2	mg/dl
Sodium [Na+]	139	135 - 155	mmol/L
Potassium [K+]	3.8	3.6 - 5.5	mmol/L
Chloride [Cl-]	98	96 - 108	mmol/L
Calcium	9.1	8.4 - 10.2	mg/dl
Phosphorus	3.4	2.5 - 4.5	mg/dl
Serum Alkaline Phosphates	62.0	28.0 - 111.0	IU/L
Serum Proteins Total	7.2	6.0 - 8.2	gm%
Serum Albumin	3.9	3.0 - 5.0	gm%
Serum Globulin	3.30	1.90 - 3.50	gm%
Albumin : Globulin Ratio	1.18	0.90 - 2.00	gm%
Serum Creatinine	0.8	0.5 - 1.5	mg/dl

** END OF REPORT **

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Current Loc :	Reported On : 12-Aug-2023 17:06
Accession No : 23014046	Sample No : 23035739

LIVER FUNCTION TEST

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE</u>	<u>UNITS</u>
Total Bilirubin	0.5	0.1 - 1.2	mg/dl
Conjugated (Direct) Bilirubin	0.2	0.0 - 0.3	mg/dl
Unconjugated (Indirect) Bilirubin	0.3	0.1 - 1.0	mg/dL
SGOT	18.0	15.0 - 46.0	U/L
SGPT	20.0	13.0 - 69.0	U/L
Serum Alkaline Phosphates	62.0	28.0 - 111.0	IU/L
Serum Proteins Total	7.2	6.0 - 8.2	gm%
Serum Albumin	3.9	3.0 - 5.0	gm%
Serum Globulin	3.30	1.90 - 3.50	gm%
Albumin : Globulin Ratio	1.18	0.90 - 2.00	gm%
Serum Creatinine	0.8	0.5 - 1.5	mg/dl
G. G. T. P	25.0	0.0 - 45.0	IU/L

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Ordered Loc : Hospital clinic	Gender : Female Age : 57 Y 10 M 25 D
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Class : OPD	Received Dt : 12-Aug-2023 12:41
Current Loc :	Reported On : 12-Aug-2023 17:06
Accession No : 23014046	Sample No : 23035739

LIPID PROFILE

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE</u>	<u>UNITS</u>
Total Cholesterol	145	150 - 250	mg%
Triglycerides	79	35 - 160	mg%
HDL Cholesterol	39	30 - 70	mg%
VLDL Cholesterol	15.80	7.00 - 35.00	mg%
LDL Cholesterol	90.20	108.00 - 145.00	mg%
LDL/HDL Ratio	2.31	1.10 - 3.90	
TC/HDL CHOL Ratio	3.72	3.50 - 5.00	

** END OF REPORT **

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PEH-2018-0537



**SURANA BETHIA HOSPITAL
AND RESEARCH CENTRE
CHARITABLE**

Chembur | Malad | Bhamburda | Near Mumbai

Patient Name : MRS. WAGHMARE JYOTSNA SHARADCHANDRA	IP / OP No : 1133327
Ordered Loc : Hospital clinic	Gender : Female Age : 57 Y 10 M 25 D
Referred By : Dr. Bank of Baroda	Veh No : 1385500
Class : OPD	Received Dt : 12-Aug-2023 12:41
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Accession No : 23014046	Sample No : 23035739

BLOOD SUGAR F/PP

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE</u>	<u>UNITS</u>
Blood Sugar Fasting (FBS)	94	70 - 110	mg%
Urine Sugar (Fasting)	Absent		
Urine Ketone (Fasting)	Absent		

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Dr. Pragati Pote
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PEH-2018-0537



**SURANA SETHIA HOSPITAL
AND RESEARCH CENTRE
CHARITABLE**

Chembur | Malad | Bhiwandi | Navi Mumbai

Patient Name : MRS. WAGHMARE JYOTSNA SHARADCHANDRA	IP / OP No : 1133327
Ordered Loc : Hospital clinic	Gender : Female Age : 57 Y 10 M 25 D
Referred By : Dr.Bank of Baroda	Vch No : 1385500
Class : OPD	Received Dt : 12-Aug-2023 12:41
Current Loc :	Reported On : 12-Aug-2023 17:06
Accession No : 23014046	Sample No : 23035733

URINE ANALYSIS

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE\UNITS</u>
<u>PHYSICAL EXAMINATION</u>		
Quantity	20 ml	
Colour	Pale yellow	
Appearance	Clear	
Deposit	Absent	
Reaction [PH]	Acidic	
Specific Gravity	1.020	
<u>CHEMICAL EXAMINATION</u>		
Urine Albumin	Absent	
Sugar	Absent	
Ketone Bodies	Absent	
Occult Blood	Absent	
Bile Pigment	Absent	
Bile Salt	Absent	
<u>MICROSCOPIC EXAMINATION</u>		
Red Blood Cells	Absent	00-02
Pus Cells	2 - 3	00-02 / hpf
Epithelial Cells	3 - 4	00-02 / hpf
Casts	Absent	
Crystals	Absent	
Spermatozoa	Absent	
Trichomonas Vaginalis	Absent	
Yeast Cells	Absent	
Amorphous Deposits	Absent	
Bacteria	PRESENT	

** END OF REPORT **

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Dr. Pragati Pote
MB, DPB,
(Path & Bact)

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ENTRY LEVEL HOSPITAL
PEH-2018-0537



**SURANA SETHIA HOSPITAL
AND RESEARCH CENTRE
CHARITABLE**

Chembur | Malad | Bhiwandi | Navi Mumbai

NAME : WAGHMARE JYOTSNA (57Y/F)
REF. BY : SELF
TEST ASKED : HbA1c

SAMPLE COLLECTED AT :
(4000711424), SURANA SETHIA HOSPITAL, SION -
TROMBAY ROAD, SUMAN NAGAR, CHEMBUR,
MUMBAI, MAHARASHTRA 400071, 400071

TEST NAME	TECHNOLOGY	VALUE	UNITS
HbA1c - (HPLC)	H.P.L.C	5	%

Reference Range :

Reference Range: As per ADA Guidelines

Below 5.7% : Normal
5.7% - 6.4% : Prediabetic
>=6.5% : Diabetic

Guidance For Known Diabetics

Below 6.5% : Good Control
6.5% - 7% : Fair Control
7.0% - 8% : Unsatisfactory Control
>8% : Poor Control

Method : Fully Automated H.P.L.C method

AVERAGE BLOOD GLUCOSE (ABG)	CALCULATED	97	mg/dL
-----------------------------	------------	----	-------

Reference Range :

90 - 120 mg/dl : Good Control
121 - 150 mg/dl : Fair Control
151 - 180 mg/dl : Unsatisfactory Control
> 180 mg/dl : Poor Control

Method : Derived from HBA1c values

Please correlate with clinical conditions.

Sample Collected on (SCT) : 12 Aug 2023 09:55

Sample Received on (SRT) : 12 Aug 2023 14:22

Report Released on (RRT) : 12 Aug 2023 16:44

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Sumannagar, Sion Trombay Road, Chembur, Mumbai - 400071 **Tel. : 022-3378 3378**

Email: info@suranasethiahospital.in Web : www.suranasethiahospital.com

Dr Sumanta Basak, DPB



NABH PRE ACCREDITATION
ENTRY LEVEL HOSPITAL
PEH-2018-0537



**SURANA SETHIA HOSPITAL
AND RESEARCH CENTRE
CHARITABLE**

Chembur | Malad | Bhiwandi | Navi Mumbai

NAME : WAGHMARE JYOTSNA (57Y/F)
REF. BY : SELF
TEST ASKED : T3-T4-USTSH

SAMPLE COLLECTED AT :
(4000711424), SURANA SETHIA HOSPITAL, SION - TROMBAY
ROAD, SUMAN NAGAR, CHEMBUR, MUMBAI, MAHARASHTRA
400071, 400071

TEST NAME	TECHNOLOGY	VALUE	UNITS	REFERENCE RANGE
TOTAL TRIIODOTHYRONINE (T3)	C.M.I.A	79	ng/dL	58-159
TOTAL THYROXINE (T4)	C.M.I.A	6.93	µg/dL	4.87-11.72
TSH - ULTRASENSITIVE	C.M.I.A	3.071	µIU/mL	0.35-4.94

The Biological Reference Ranges is specific to the age group. Kindly correlate clinically.

Method :

- T3 - Fully Automated Chemi Luminescent Microparticle Immunoassay
- T4 - Fully Automated Chemi Luminescent Microparticle Immunoassay
- TSH - Fully Automated Chemi Luminescent Microparticle Immunoassay

Disclaimer :

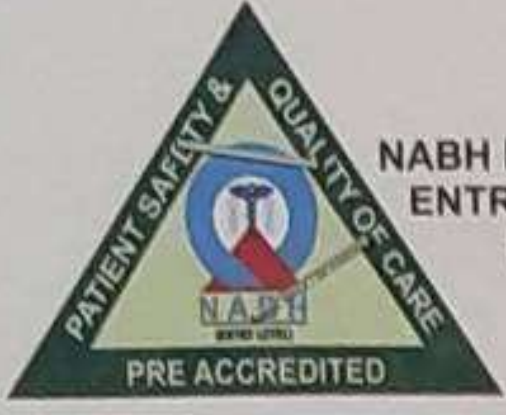
Results should always be interpreted using the reference range provided by the laboratory that performed the test. Different laboratories do tests using different technologies, methods and using different reagents which may cause difference in reference ranges and hence it is recommended to interpret result with assay specific reference ranges provided in the reports. To diagnose and monitor therapy doses, it is recommended to get tested every time at the same Laboratory.

~~ End of report ~~

Sample Collected on (SCT) : 12 Aug 2023 09:55
Sample Received on (SRT) : 12 Aug 2023 14:25
Report Released on (RRT) : 12 Aug 2023 16:11

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SURANA CHARITABLE TRUST
Lab Code : 1208082171/AJ392
Regd. No. E 15635 with Charity Commissioner Mumbai
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Dr Sumanta Basak, DPB



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**SURANA SETHIA HOSPITAL
AND RESEARCH CENTRE
CHARITABLE**

Chembur | Malad | Bhiwandi | Navi Mumbai

NAME	: MRS. JYOTSNA WAGHMARE	SEX	: FEMALE
AGE	: 57 YRS	ID NO.	: 1133327
REF BY	: C/O. BANK OF BARODA	DATE	: 12/08/2023

EXAMINATION: 2D ECHOCARDIOGRAPHY

Conclusion:

1. All chambers are dilated.
2. Good LV function with LVEF = 60 %
3. Sclerotic valves.
4. No regional wall motion abnormality.
5. IAS / IVS intact.
6. No clot / vegetation / effusion.

Doppler Study:

- Type I diastolic dysfunction
- Moderate MR.
- Mild TR. Mild PH. PASP by TR jet = 36 mm of Hg.
- No signs of high LVEDP.

Impression: K/c/o ASD

- Type I diastolic dysfunction
- Moderate mitral regurgitation.
- Mild tricuspid regurgitation.
- Mild pulmonary hypertension.
- No leak across inter atrial septum.

Dr. Dinesh Rajpal
MD, Physician
Reg. No.82808.

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Doppler Study:

- Diastolic dysfunction: Type I
- RVOT = Normal mm of Hg.
- LVOT = Normal mm of Hg.
- AR: NO MR: Moderate PR: NO TR: Mild
- Peak / Mean across MV = Normal mm of Hg.
- Peak / mean across AV = 8 mm of Hg.
- MV PHT = Normal
- MVA by PHT = Normal square cm.
- AR PHT = Normal millisecond
- CWD across TV = Normal mm of Hg.
- PASP by TR jet = 36 mm of Hg.

Measurements:

	Measurement	Unit
Aorta		
LA	38	mm
AO	25	mm
ACS	15	mm
Mitral Valve		
Study		
Excursion D-E		mm
EF slop		mm/s
EPSS	4	mm

	Measurement	Unit
LV study		
IVsd	09	mm
LVIDd	42	mm
LVPWD	13	mm
IVSs	14	mm
LVIDs	17	mm
LVPWa	17	mm
EF %	60	%
% FS		%

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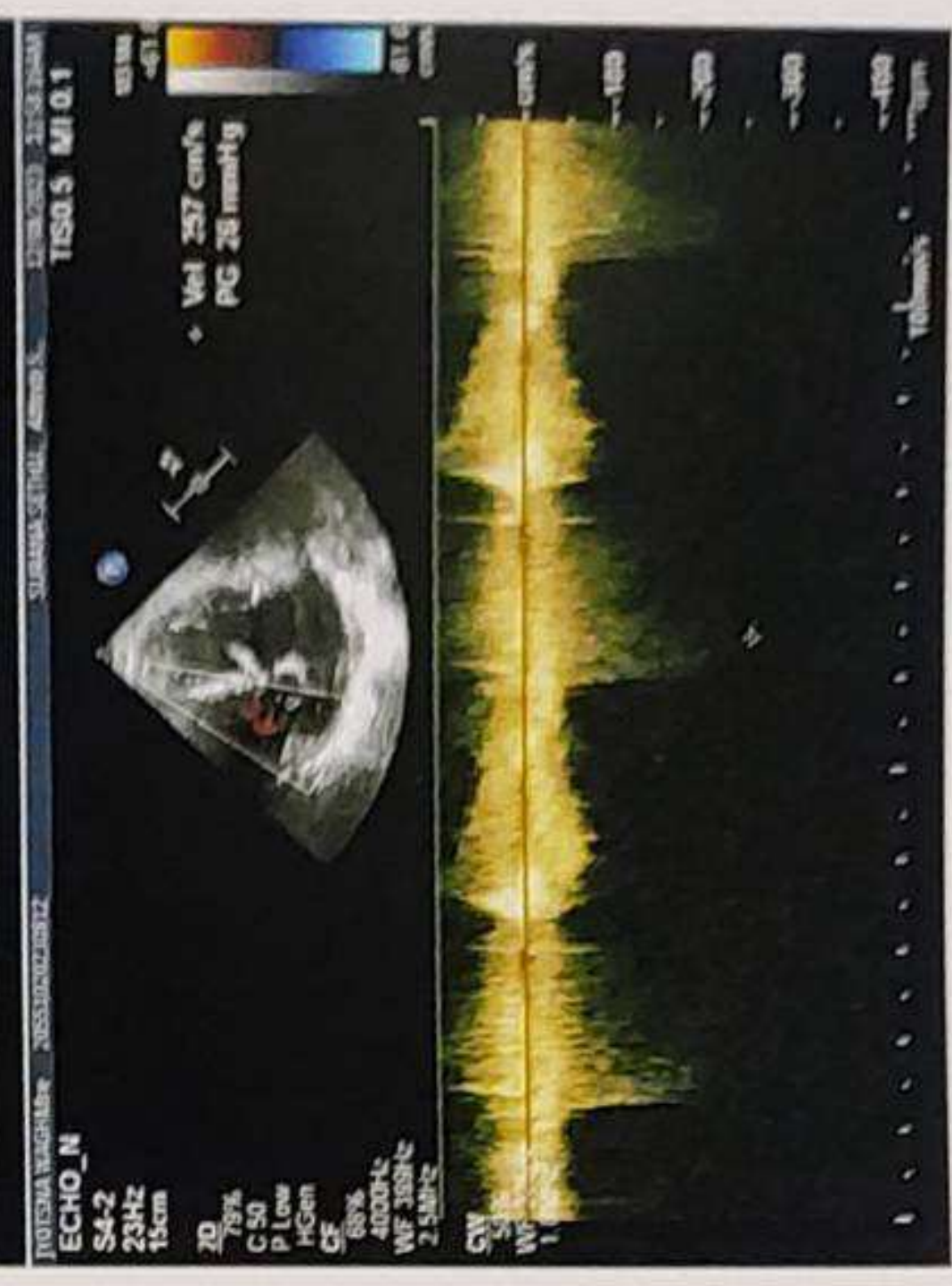
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AND RESEARCH CENTRE
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Chembur | Malad | Bhiwandi | Navi Mumbai

NAME	: MRS. JYOTSNA WAGHMARE	SEX	: FEMALE
AGE	: 57 YRS	ID NO.	: 1133327
REF BY	: C/O. BANK OF BARODA	DATE	: 12/08/2023

ULTRASONOGRAPHY OF ABDOMEN AND PELVIS

LIVER

Liver is normal in size, shape and contour. It shows homogeneous echotexture. No abnormal parenchymal mass lesion is seen. Intra hepatic biliary radicles and portal radicles are normal.

PORTAL VEIN AND C.B.D

Portal vein and C.B.D are normal in course and caliber.

GALL BLADDER

Gall bladder is physiologically distended. Wall thickness is normal. No evidence of calculus or sludge or pericholecystic collection is seen.

SPLEEN

Spleen appears normal size, shape, contour and echogenicity. No abnormal parenchymal mass / lesion. Splenic vein is normal.

PANCREAS

Pancreas is normal in size, shape and position. It shows normal echogenicity. No focal mass lesion or calcification is seen. Pancreatic duct is not dilated.

KIDNEYS

Both kidneys are normal in size, shape, position and contour. Parenchymal echogenicity is normal. Cortico-medullary difference is well maintained. No abnormal mass lesion is seen. No evidence of calculus and hydronephrosis in both kidneys.

Right kidney measures 8.7 x 3.3 cm.

Left kidney measures 8.6 x 3.2 cm.

Contd 2/..

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Regd. No. E 15635 With Charity Commissioner Mumbai

Income Exemption No. DIT (E) / MC / 80G / 524 / 2009 - 10. 12-A Registration No. TR/31324.

Sumannagar, Sion Trombay Road, Chembur, Mumbai - 400071 **Tel. : 022-3378 3378**

Email: info@suranasethiahospital.in Web. : www.suranasethiahospital.com



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**SURANA SETHIA HOSPITAL
AND RESEARCH CENTRE
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Chembur | Malad | Bhiwandi | Navi Mumbai

NAME	: MRS. JYOTSNA WAGHMARE	SEX	: FEMALE
AGE	: 57 YRS	ID NO.	: 1133327
REF BY	: C/O. BANK OF BARODA	DATE	: 12/08/2023

:2:

AORTA AND RETROPERITONEUM

Visualized aorta and retroperitoneal vessels are normal in course and caliber.
No evidence of significant lymphadenopathy or free fluid.

URINARY BLADDER

Urinary bladder is partially distended.

UTERUS

Uterus is not visualised (post-operative status).

Bilateral adnexae are clear.

No free fluid is seen in Pouch of Douglas.

IMPRESSION:

- No significant abnormality is detected.

DR. KETAN KALASKAR
M.D.
Consultant Radiologist
KKRG





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X-RAY CHEST PA VIEW

Protocol :

Computerised radiography of chest PA reveals:

Observation:

- Lung fields appear clear.
- Cardiac silhouette is within normal limits.
- Bilateral costophrenic angles are clear.
- Visualised bones are unremarkable.
- Sternotomy sutures are seen.

Impression:

- No significant lung abnormality detected.

DR. KETAN KALASKAR
M.D.
Consultant Radiologist
KKRG

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ID: Jotsan Waghmare

57 Years

12.08.2023 9:50:01
SURANA HOSPITAL
CHEMBUR
MUMBAI

65 bpm
/ / mmHg

MRS. Jotsan Waghmare

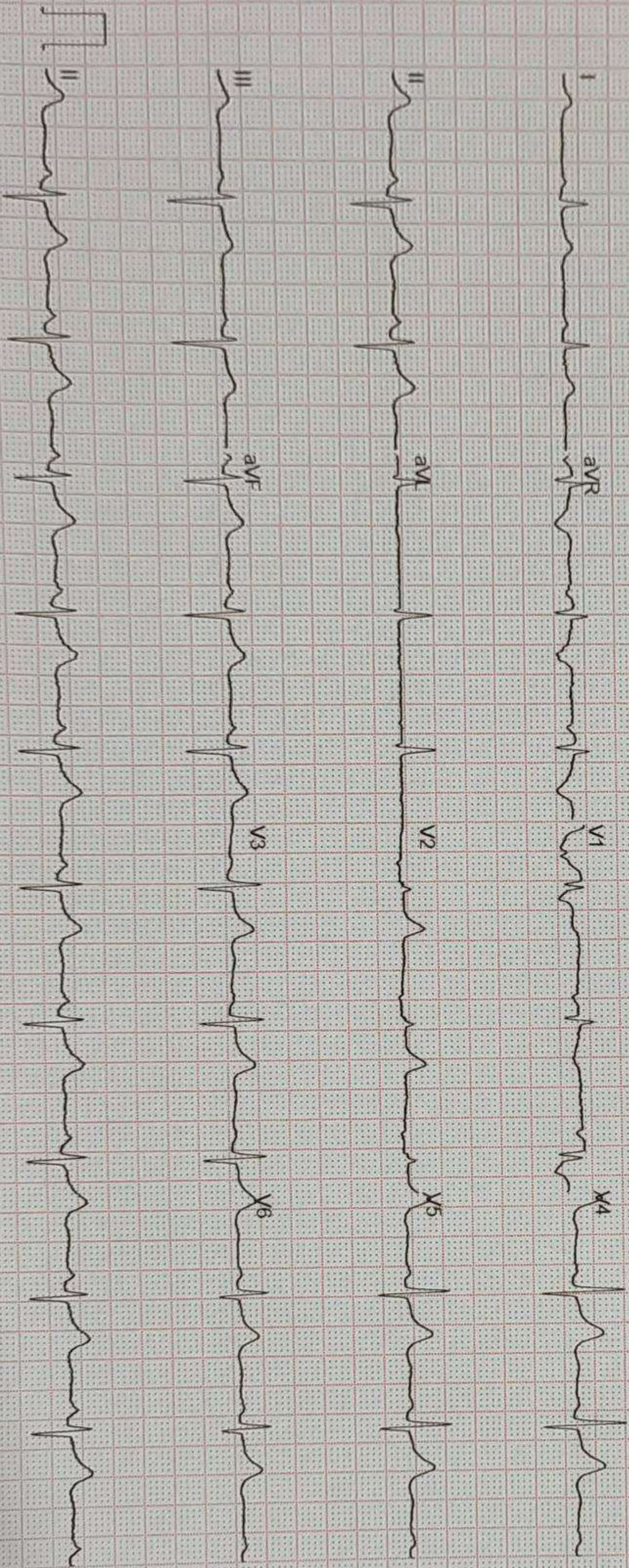
Age :- 57y / F

BP :- 100/70 mmHg

P :- 65/min

QRS	70 ms
QT / QTcBaz	424 / 440 ms
PR	138 ms
P	72 ms
RR / PP	918 / 923 ms
P / QRS / T	52 / 36 / 67 degrees

Normal sinus rhythm
Left axis deviation
Abnormal ECG



GE MAC2000

1.1

12SL™ V241

25 mm/s

10 mm/mV

ADS

0.56-20 Hz

50 Hz

4x2 5x3 25_R1

Unconfirmed

1/1