



CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of MRS. Asha Eas Asokan on 30/11/23

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none">• Medically Fit	<input checked="" type="checkbox"/>
<ul style="list-style-type: none">• Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	<input type="checkbox"/>
<ul style="list-style-type: none">• Currently Unfit. <p>Review after _____ recommended</p>	<input type="checkbox"/>
<ul style="list-style-type: none">• Unfit	<input type="checkbox"/>

Dr. _____
Medical Officer



This certificate is not meant for medico-legal purposes

te : 30-11-2023
 R NO : CMAR.0000333165
 ame : Mrs. Asha Ea Asokan
 ge/ Gender : 32 Y / Female

Department : GENERAL
 Doctor :
 Registration No :
 Qualification :

onsultation Timing: 08:20

Height : 162cm	Weight : 63 kg	BMI :	Waist Circum :
Temp :	Pulse : 64bpm	Resp :	B.P : 100/70mmHg

General Examination / Allergies
 History

Clinical Diagnosis & Management Plan

B/L Ear wax

Plan
 Otoneer ear drops 8°-8°-8°-8°-8° 8°
 → 2 days



Follow up date:

Doctor Signature

Measurement Results:

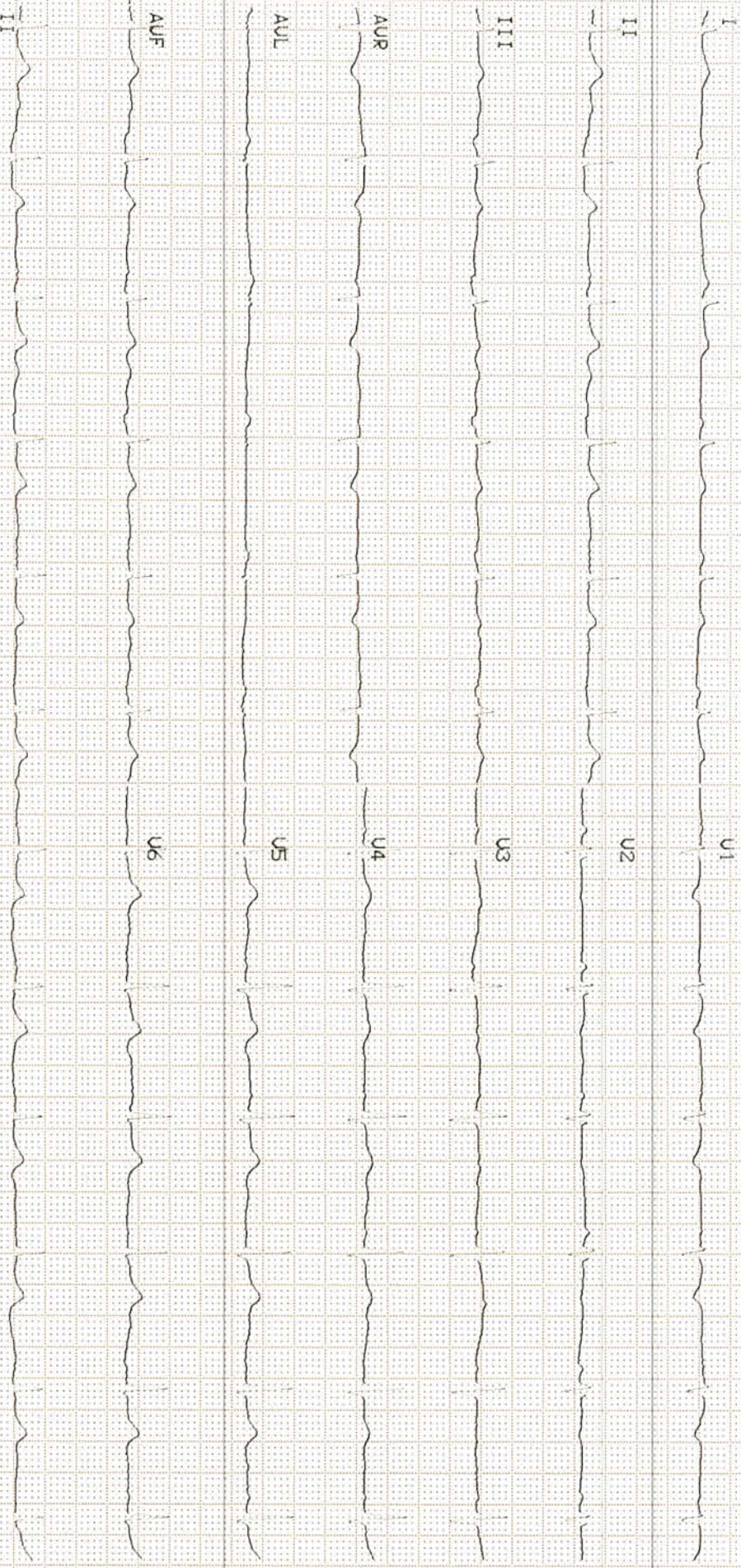
QRS : 94 ms
QT/QTcB : 420 / 449 ms
PR : 138 ms
P : 106 ms
RR/PP : 876 / 890 ms
P/QRS/T : -30 / 60 / 55 degrees
QT/QTcBD : 60 / 64 ms
Sokolow NK : 1.0 mV
q



Interpretation:

RSR' pattern
low QRS amplitudes
probably abnormal ECG

Unconfirmed report.



GE MAC1200 ST ASHA EA ASOKAN, 00333165, APOLLO
Female, 33 Years (28.08.1990)

Arrow CE

HR 65 bpm

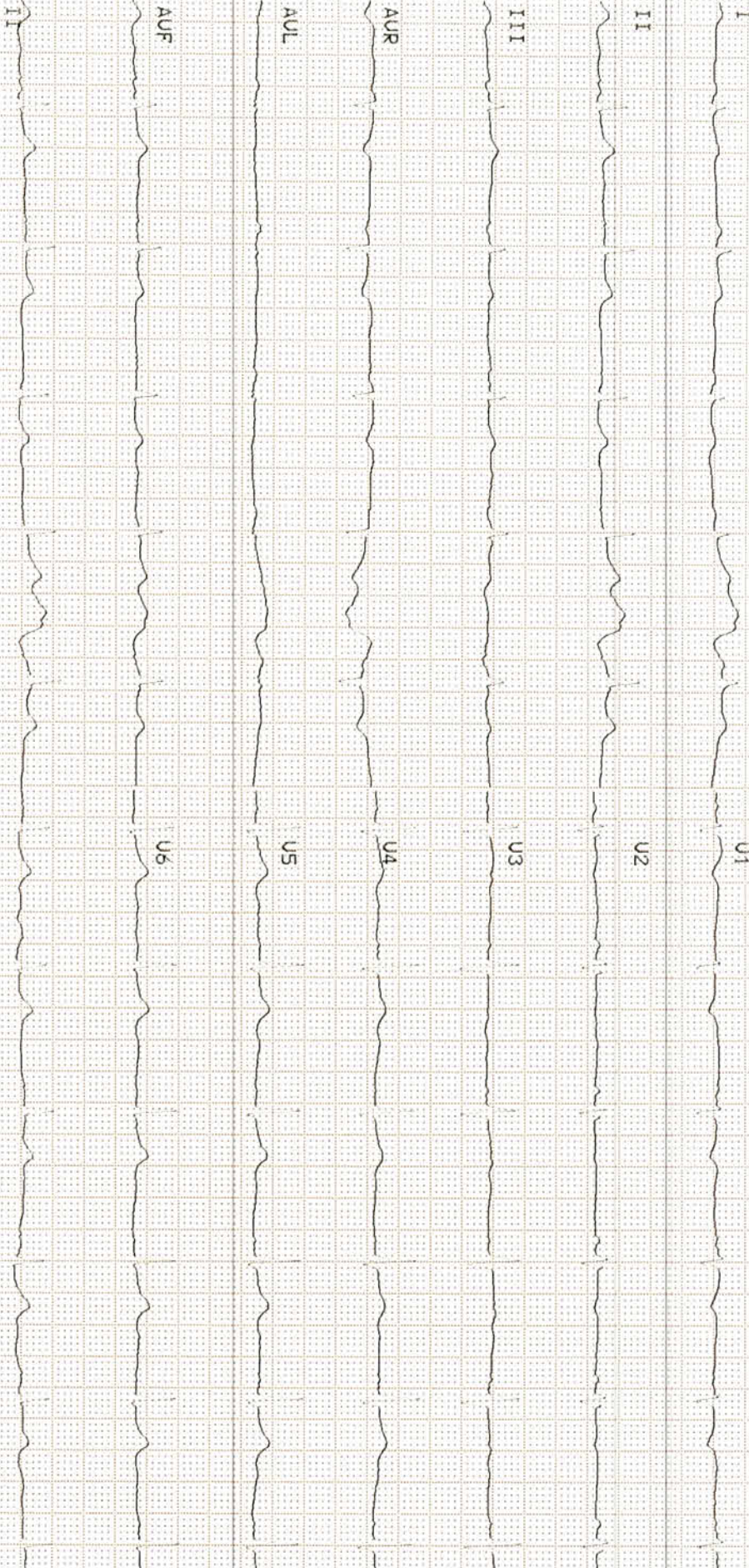
Measurement Results:

QRS	96 ms	< P
QT/QTcB	416 / 436 ms	< T
PR	122 ms	< QRS
P	94 ms	aUR
RR/PP	912 / 910 ms	0 I
P/QRS/T	-25 / 60 / 45 degrees	
QTd/QTcBd	40 / 42 ms	
Sokolow	0.9 mV	
NK	9	

III +90 II

Interpretation:
RSR' pattern
low QRS amplitudes
probably abnormal ECG

Unconfirmed report.



20. Nov. 2023 08:28:39 AM 25mm/s 10mm/mV MS 50Hz 0.08 20Hz 6.75 P Automatic V6.2 M121 (1)

Patient Name : Mrs. Asha Ea Asokan
UHID : CMAR.0000333165
Reported on : 30-11-2023 14:13
Adm/Consult Doctor :

Age : 32 Y F
OP Visit No : CMAROPV747482
Printed on : 30-11-2023 18:41
Ref Doctor : SELF

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

CONCLUSION :

No obvious abnormality seen

Printed on:30-11-2023 14:13

---End of the Report---



Dr. NAVEEN KUMAR K
MBBS, DMRD Radiology, (DNB)
Radiology

Patient Name : Mrs. Asha Ea Asokan
UHID : CMAR.0000333165
Reported on : 30-11-2023 12:08
Adm/Consult Doctor :

Age : 32 Y F
OP Visit No : CMAROPV747482
Printed on : 30-11-2023 12:31
Ref Doctor : SELF

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

LIVER: Appears normal in size, shape and echopattern. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

GALLBLADDER: Partially distended. No definite calculi identified in this state of distension. No evidence of abnormal wall thickening noted.

SPLEEN: Appears normal in size and shows normal echopattern. No focal parenchymal lesions identified.

PANCREAS: Head and body appears normal. Rest obscured by bowel gas.

KIDNEYS: Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculi or hydronephrosis on either side.

Right kidney measures 9.8cm and parenchymal thickness measures 1.5cm.

Left kidney measures 9.0cm and parenchymal thickness measures 1.5cm.

URINARY BLADDER: Distended and appears normal. No evidence of abnormal wall thickening noted.

UTERUS: appears normal in size, measuring 7.2x5.4x4.7cm. Myometrial echoes appear normal. **Endometrium appears thickened measuring 19.2mm. and shows two focal echogenic lesions within, largest measuring 14.8x11mm.** No obvious vascularity appreciated at the time scan.

OVARIES:

Right ovary bulky measures 6.0x4.8cm. cystic lesion with diffuse internal echoes. No obvious septation/mural nodule /calcification. It measures 3.0x2.9cm

Left ovary bulky measures 6.1x3.8cm. cystic lesion with few internal echoes. No obvious septation/mural nodule /calcification. It measures 3.7x3.1cm

Right adnexa shows oblong cystic lesion with few incomplete septa abutting left ovary measuring 5.8x2.1cm.

No free fluid is seen.

Patient Name : Mrs. Asha Ea Asokan
UHID : CMAR.0000333165
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Adm/Consult Doctor :

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Visualized bowel loops appears normal.

IMPRESSION:

**BILATERAL OVARIAN ENDOMETRIOTIC/ HEMORRHAGIC CYST.
THICKENED ENDOMETRIUM WITH LIKELY POLYPS AS DESCRIBED.
RIGHT HYDROSALPINX.**


Suggested clinical correlation and further evaluation if needed.

Report disclaimer :

1. Not all diseases/ pathologies can be detected in USG due to certain technical limitation , obesity, bowel gas , patient preparation and organ location .
2. USG scan being an investigation with technical limitation has to be correlated clinically; this report is not valid for medicolegal purpose
3. Printing mistakes should immediately be brought to notice for correction.

Printed on: 30-11-2023 12:08

---End of the Report---



Dr. NAVEEN KUMAR K
MBBS, DMRD Radiology, (DNB)
Radiology