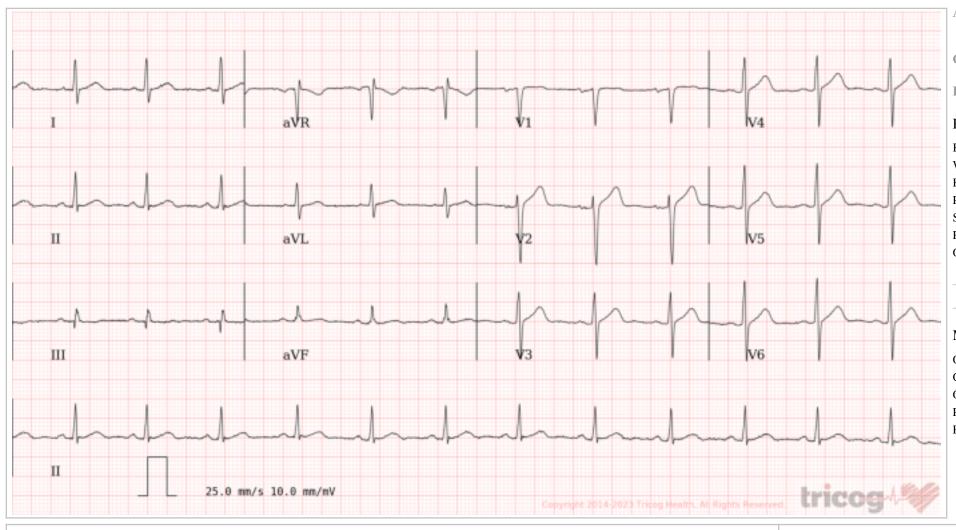
SUBURBAN DIAGNOSTICS - KALINA, SANTACRUZ EAST



Patient Name: THIRUMUTHU KUMARAN

Date and Time: 23rd Dec 23 1:17 PM

Patient ID: 2335720803



Age 35 NA NA years months days

Gender Male

Heart Rate 78bpm

Patient Vitals

BP: NA
Weight: NA
Height: NA
Pulse: NA
Spo2: NA
Resp: NA
Others:

Measurements

QRSD: 80ms
QT: 360ms
QTcB: 410ms
PR: 156ms
P-R-T: 58° 41° 27°

ECG Within Normal Limits: Sinus Rhythm. Please correlate clinically.

REPORTED BY



Dr Naveed Sheikh PGDCC 2016/11/4694

Disclaimer: 1) Analysis in this report is based on ECG alone and should be used as an adjunct to clinical history, symptoms, and results of other invasive and non-invasive tests and must be interpreted by a qualified physician. 2) Patient vitals are as entered by the clinician and not derived from the ECG.

Suburban Diagnostics Kalina

Patient Details Date: 23-Dec-23 Time: 1:55:42 PM

Name: MR. THIRUMUTHU KUMARAN ID: 2335720803

Age: 35 y Sex: M Height: 178 cms Weight: 85 Kgs

Clinical History: Routine Test

Medications: NONE

Test Details

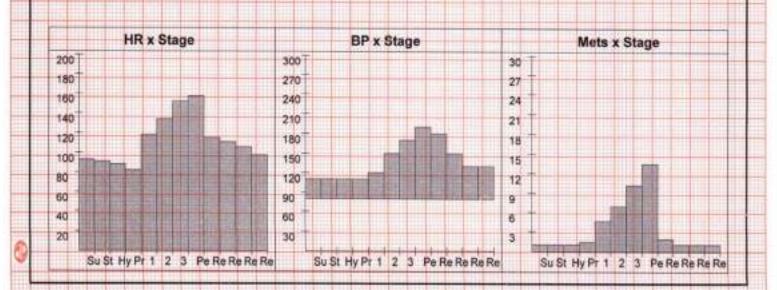
Protocol: Bruce Pr.MHR: 185 bpm THR: 157 (85 % of Pr.MHR) bpm

Total Exec. Time: 9 m 34 s Max. HR: 157 (85% of Pr.MHR)bpm Max. Mets: 13.50

Test Termination Criteria: Target HR attained

Protocol Details

| Stage Name | Stage Time (min : sec) | Mets | Speed (mph) | Grade (%) | Heart Rate (bpm) | Max. BP (mm/Hg) | Max. ST Level (mm) | Max. ST Slope (mV/s) |
|---|--|------|--------------------|--------------|------------------------|----------------------------|--|----------------------------|
| Supine | 0:55 | 1.0 | 0 | 0 | 93 | 110 / 80 | -1.70 aVR | 2.121 |
| Standing | 0:9 | 1.0 | 0 | 0 | 91 | 110 / 80 | -1.06 aVR | 1.77 II |
| Hyperventilation | 0:6 | 1.0 | 0 | 0 | 88 | 110 / 80 | -1.05 aVR | 2.12 V2 |
| 1 | 3:0 | 4.6 | 1.7 | 10 | 118 | 120 / 80 | -1.70 aVR | 3.181 |
| 2 | 3:0 | 7.0 | 2.5 | 12 | 134 | 150/80 | -1.49 III | 3.18 |
| 3 | 3 0 | 10.2 | 3.4 | 14 | 152 | 170 / 80 | -2.12 III | 3.18 [[|
| Peak Ex | 0:34 | 13.5 | 4.2 | 16 | 157 | 190 / 80 | -1.70 III | 3.89 V2 |
| Recovery(1) | 2 0 | 1.8 | 1 | 0 | 115 | 180 / 80 | -1.70 aVR | 4.60 II |
| Recovery(2) | 2 0 | 1.0 | 0 | 0 | 111 | 150 / 80 | -1.49 aVR | 3.18 II |
| Recovery(3) | 2 0 | 1.0 | 0 | 0 | 106 | 130 / 80 | -1.49 III | -2.12 aVR |
| Recovery(4) | 0:52 | 1.0 | 0 | 0 | 98 | 130 / 80 | -1.27 III | 2.12.V2 |
| CONTRACTOR OF THE PARTY OF THE | The state of the s | | THE PARTY NAMED IN | | 1717 171 | THE PERSON NAMED IN COLUMN | THE PROPERTY AND ADDRESS OF THE PARTY AND ADDR | THE REAL PROPERTY. |



Suburban Diagnostics Kalina

Patient Details

Date: 23-Dec-23

Time:

1:55:42 PM

Name: MR. THIRUMUTHU KUMARAN ID: 2335720803

Age: 35 y

Sex: M

Height: 178 cms

Weight: 85 Kgs

Interpretation

GOOD EFFORT TOLEREANCE NORMAL HEART RATE RESPONSE NORMAL BLOOD PRESSURE RESPONSE NO ANGINA/ANGINA EQUIVALENTS

NO ARRTHYMIAS

NO SIGNIFICANT ST-T CHANGES NOTED AS COMPARED TO BASELINE

ECG

IMPRESSION: STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHAEMIA

Disclaimer: Negative stress test does not rule out Coronary Artery Disease Positive stress test is suggestive but not confirmatory of coronary artery disease

Hence clinical correlation is mandatory

Suburban Diagnostics (I) Pvt. Ltd. 1st Floor Herbinian, Above HDFC Bank, Opp. Nofa Petrol Pump, Kalina, CST Road, Santacruz (East), 3el. No. 022-61700000

DR. SHEIKH NAVEED
MBBS/PGDCC

Clinical Cardiologist Reg. No. 2016/11/4694

Ref. Doctor:

Doctor: NAVEED SHEIKH



Suburban Diagnostics Kalina M) ID: 2335720803 Da MR. THIRUMUTHU KUMARAN (35 M) Date: 23-Dec-23 B.P: 110 / 80 Speed: 0 mph Protocal: Bruce Stage: Supine Grade: 0 % Exec Time : 0 m 0 s Stage Time: 0 m 49 s HR: 90 bpm (THR: 157 bpm) ı V1 11 V2 m V3 aVR aVL aVF V5 aVR V1 V4 ST Level (mm) 1.5 -1.1 0.0 0.6 1.4 -1.1 ST Slope (mV/s) 0.0 0.7 # aVL V2 V5 1.3 0.6 1.7 0.6 1.8 1.1 1.8 0.4 ш aVF V3 V6 8.0-0.4 1.1 0.4 -0.4 0.7 0.7 0.7 Chart Speed: 25 mm/sec Filter: 35 Hz Mains Filt: ON Amp: 10 mm Schiller Spandas V 4.51 150 = R - 50 ms J = R + 60 ms Post J = J + 60 ms Linked Median

Suburban Diagnostics Kalina M) ID: 2335720803 Da MR. THIRUMUTHU KUMARAN (35 M) Date: 23-Dec-23 B.P: 110 / 80 Protocol: Bruce Stage: Standing Speed: 0 mph Grade: 0 % Exec Time : 0 m 0 s Stage Time: 0 m 3 s (THR: 157 bpm) HR: 84 bpm Ĭ V١ n V2 m V3 aVR aVL V5 aVF aVR VI V4 ST Level (mm) 1.3 -1,3 0.0 0.8 -1.4 0.0 0.7 Ħ aVL V2 V5 1.3 0.6 1.9 0.4 1.8 1.1 2,1 0.4 111 aVF V3 Vi -0.4 0.4 1.1 0.4 -0.4 0.7 0.7 0.7 Chart Speed: 25 mm/sec Filter 35 Hz Mains Filt: ON Amp: 10 mm Scheller Spandan V 4.51 100 = R - 50 mg J+R+60 ms Post J = J + 60 ms Linked Median

Suburban Diagnostics Kalina MR. THIRUMUTHU KUMARAN (95 M) Date: 23-Dec-23 B.P: 110 / 80 Protocol: Bruce Stage: Hyperventilation Speed: 0 mph Grade: 0 % Exec Time : 0 m 0 s Stage Time: 0 m 0 s HR: 84 bpm (THR: 157 bpm) 1 V١ 11 V2 Ш V3 aVR V4 aVL aVF V5 aVR VI ST Level (mm) 1.5 -1.3 0.0 0.6 -1.1 0.0 0.4 11 aVL V2 V5 1.3 0.6 1.7 0.6 1.1 1.8 0.4 m aVF V3 V6 -0.4 0.4 1.3 0.4 0.0 0.7 1.1 0.7 Chart Speed: 25 mm/sec Filter: 35 Hz Mains Filt: ON Amp: 10 mm Soliller Spandan V 4.51 Iso = R - 60 ms J + R + 60 ms Post J = J + 60 mg Linked Median

Suburban Diagnostics Kalina
MR. THIRUMUTHU KUMARAN (35 M) ID: 2335720803 De Date: 23-Dec-23 B.P: 120 / 80 Protocol: Bruce Stage: 1 Speed: 1.7 mph Grade: 10 % Exec Time : 2 m 54 s Stage Time: 2 m 54 s HR: 116 bpm (THR: 157 bpm) Ī VI H V2 V3 aVR aVL aVF V5 ı aVR VI V4 ST Level (mm) 0.6 -0,8 0.2 0.6 ST Slope (mV/s) 1.4 -1.8 -0.4 1.1 11 aVL V2 V5 0.4 0.6 1.9 0.4 1.1 1.8 0.7 m aVF V6 -0.4 0.0 1.3 0.0 -0.4 0.7 0.7 0.4 Chart Speed: 25 mm/sec Filter: 35 Hz Mains Filt: ON Amp: 10 mm Schiller Spandan V 4.51 Iso = R - 60 ms J=R+60 ms Post J = J + 60 ms. Linked Median

Suburban Diagnostics Kalina M) ID: 2335720803 Da MR. THIRUMUTHU KUMARAN (35 M) Date: 23-Dec-23 B.P: 150 / 80 Protocol: Bruce Speed: 2.5 mph Stage: 2 Grade: 12 % Exec Time : 5 m 54 s Stage Time: 2 m 54 s HR: 132 bpm (THR: 157 bpm) ı V1 II Ш V3 aVR aVL aVF 1 aVR ST Level 0.4 -0.4 0.2 0.4 (mm) 2.4 -2.5 0.0 II aVL V2 V5 -0.4 0.8 1.5 0.0 1.4 1.8 1.1 ш aVF V3 -1.1 -0.8 0.4 -0.2 -0.4 1.1 1.8 1.1 Chart Speed: 25 mm/sec Filter: 35 Hz Mains Filt: ON Amp: 10 mm Schiller Spandan V 4.51 lao = R - 60 ma J=R+60 ms Post J = J + 60 ms Linked Median

Suburban Diagnostics Kalina M) ID: 2335720803 Da MR. THIRUMUTHU KUMARAN (35 M) Date: 23-Dec-23 B.P: 170 / 80 Protocol: Bruce Stage: 3 Speed: 3.4 mph Grade: 14 % Exec Time: 8 m 54 s Stage Time: 2 m 54 s HR: 153 bpm (THR: 157 bpm) t V١ H V2 V3 m aVR aVL aVF aVR ST Level (mm) 0.6 -0.2 0.4 -2.5 2.5 11 aVL V2 -0,4 1.1 2.1 0.0 2.8 1.1 2.8 1.8 111 aVF V3 V6 -1.3 -0.6 1.1 -0.4 0.0 2.5 1.4 Chart Speed: 25 mm/sec Filter: 35 Hz. Mains Filt: ON Amp: 10 mm Schiller Spandan V 4.51 Iso + R - 60 ms J = R + 60 ms Post J = J + 60 ms Linked Median

Suburban Diagnostics Kalina M) ID: 2335720803 Da MR. THIRUMUTHU KUMARAN (35 M) B.P: 190 / 80 Date: 23-Dec-23 Protocol: Bruce Stage: Peak Ex Speed: 4.2 mph Grade: 16 % Exec Time : 9 m 28 s Stage Time: 0 m 28 s HR: 158 bpm (THR: 157 bpm) I V1 H V2 aVR aVL ST Level (mm) 0.2 0.0 0.8 0.7 -2,1 ST Slope (mV/s) 3.2 11 aVL V2 -0.2 0.4 2.5 0.4 2.8 -0.7 3.9 2.5 Ш aVF -0.6 -0.6 1.1 3.2 1.8 Chart Speed: 25 mm/sec Filter: 35 Hz Mains Filt ON Amp: 10 mm Schiller Spandan V 4.51 100 = R - 60 ms J = R = 60 ms Post J = J + 60 ms Linked Median

Suburban Diagnostics Kalina
MR. THIRUMUTHU KUMARAN (35 M) ID: 2335720803 Da Date: 23-Dec-23 B.P: 180 / 80 Protocol: Bruce Stage: Recovery(1) Speed: 1 mph Grade: 0 % Exec Time : 9 m 34 s Stage Time : 1 m 54 s HR: 115 bpm (THR: 157 bpm) t V١ H V2 Ш V3 aVR aVL aVF aVR VI ST Level (mm) 1.3 -1.5 0.0 2.1 -3.2 ST Slope (mV/s) -0.4 11 aVL V2 V5 8.0 8.0 2.1 3.2 2.1 Ш aVF V3 V6 0.8 0.0 1.5 0.0 0.4 1.8 1.8 1,4 Chart Speed: 25 mm/sec Filter: 35 Hz Mains Filt: ON Amp: 10 mm Schiller Spandan V 4.51 lso = R - 60 ms J=R+60 ms Post J = J + 60 ms Linked Median

Suburban Diagnostics Kalina M) ID: 2335720803 Da MR. THIRUMUTHU KUMARAN (35 M) Date: 23-Dec-23 B.P: 150 / 80 Protocot, Bruce Stage: Recovery(2) Speed: 0 mph Grade: 0 % Exec Time : 9 m 34 s Stage Time: 1 m 54 s HR! 109 bpm (THR: 157 bpm) ı VI V2 m V3 aVR V4 aVL aVF 1 aVR ST Level (mm) 0.6 -0.4 0.2 0.6 1.1 0.4 11 aVL V2 V5 0.2 0.5 1.5 0.0 1.1 1.8 0.7 m aVE V3 V6 -0.8 -0.4 0.8 -0.2 -0.4 0.7 0.7 0.4 Chart Speed: 25 mm/sec Filter: 35 Hz Mains Filt ON Amp: 10 mm Schifer Spendan V 4.51 so = R - 60 ms J=R + 60 ms Post J = J + 60 ms Linked Median

Suburban Diagnostics Kalina M) ID: 2335720803 Da MR. THIRUMUTHU KUMARAN (35 M) Date: 23-Dec-23 B.P: 130 / 80 Protocol: Bruce Stage: Recovery(3) Speed: 0 mph Grade: 0 % Exec Time : 9 m 34 s Stage Time: 1 m 54 s HR: 106 bpm (THR: 157 bpm) I V1 II V2 V3 III aVR V4 aVL aVF 1 aVR V1 V4 ST Level (mm) 0.6 -0.8 0.0 0.4 0.7 -1,4 ST Slope (mV/s) 0.0 0.4 11 V2 aVL V5 0.2 0.4 1.5 0.0 1.1 0.7 1.8 0.4 111 aVF V6 -1.1 -0.4 0.6 -0.2 -0.7 0.4 0.4 0.4 Chart Speed: 25 mm/sec Filter, 35 Hz Mains Filt ON Amp: 10 mm Schiller Spandan V 4.51 100 = R - 60 mm Fost J = J + 60 ms J = R + 60 ms Linked Median

Suburban Diagnostics Kalina M) ID: 2335720803 Da MR. THIRUMUTHU KUMARAN (35 M) Date: 23-Dec-23 B.P: 130 / 80 Stage: Recovery(4) Protocol: Bruce Speed: 0 mph Grade: 0 % Exec Time : 9 m 34 s Stage Time: 0 m 46 s (THR: 157 bpm) HR: 98 bpm I VI V2 H V3 m aVR V4 aVL aVF 1 aVR VI V4 ST Level (mm) 0.6 -0.6 0.0 0.2 ST Slope (mV/s) 0.0 0.4 0.4 11 aVL V2 V5 0.2 0.4 1.3 0.0 1.1 0.7 1.4 0.4 III aVF V3 V6 -0.8 -0.4 0.6 -0.2 -0.4 0.0 0.4 0.4 Chart Speed: 25 mm/sec Filter: 35 Hz Mains Filt: ON Amp: 10 mm Schiller Spanden V 4.51 laa = R - 60 mg J=R+60 ms Post J = J + 60 ms Linked Median



CID : 2335720803

Name : MR.THIRUMUTHU KUMARAN

Age / Gender : 35 Years / Male

Consulting Dr. Collected :23-Dec-2023 / 10:05 Reported Reg. Location : Kalina, Santacruz East (Main Centre)

Authenticity Check

Use a QR Code Scanner Application To Scan the Code

:23-Dec-2023 / 12:04

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

| CBC (| (Com | plete | Blood | Count) | , Blood |
|-------|------|-------|-------|--------|---------|
| | | | | | |

| <u>PARAMETER</u> | <u>RESULTS</u> | BIOLOGICAL REF RANGE | <u>METHOD</u> |
|---------------------------|----------------|----------------------|--------------------|
| RBC PARAMETERS | | | |
| Haemoglobin | 14.4 | 13.0-17.0 g/dL | Spectrophotometric |
| RBC | 4.76 | 4.5-5.5 mil/cmm | Elect. Impedance |
| PCV | 43.4 | 40-50 % | Calculated |
| MCV | 91.1 | 81-101 fl | Measured |
| MCH | 30.3 | 27-32 pg | Calculated |
| MCHC | 33.2 | 31.5-34.5 g/dL | Calculated |
| RDW | 12.8 | 11.6-14.0 % | Calculated |
| WBC PARAMETERS | | | |
| WBC Total Count | 4750 | 4000-10000 /cmm | Elect. Impedance |
| WBC DIFFERENTIAL AND ABSO | LUTE COUNTS | | |
| Lymphocytes | 36.0 | 20-40 % | |
| Absolute Lymphocytes | 1700 | 1000-3000 /cmm | Calculated |
| Monocytes | 7.0 | 2-10 % | |
| Absolute Monocytes | 330 | 200-1000 /cmm | Calculated |
| Neutrophils | 53.4 | 40-80 % | |
| Absolute Neutrophils | 2530 | 2000-7000 /cmm | Calculated |
| Eosinophils | 3.3 | 1-6 % | |
| Absolute Eosinophils | 150 | 20-500 /cmm | Calculated |
| Basophils | 0.3 | 0.1-2 % | |
| Absolute Basophils | 20 | 20-100 /cmm | Calculated |
| Immature Leukocytes | - | | |
| | | | |

WBC Differential Count by Absorbance & Impedance method/Microscopy.

PLATELET PARAMETERS

| Platelet Count | 197000 | 150000-410000 /cmm | Elect. Impedance |
|----------------|--------|--------------------|------------------|
| MPV | 8.5 | 6-11 fl | Measured |
| PDW | 15.1 | 11-18 % | Calculated |

RBC MORPHOLOGY

Hypochromia Microcytosis



Name : MR.THIRUMUTHU KUMARAN

Age / Gender : 35 Years / Male

Consulting Dr. : - Collected : 23-Dec-2023 / 10:05

Reg. Location: Kalina, Santacruz East (Main Centre) Reported: 23-Dec-2023 / 14:06

Macrocytosis

Anisocytosis -

Poikilocytosis -

Polychromasia -

Target Cells -

Basophilic Stippling -

Normoblasts -

Others Normocytic, Normochromic

WBC MORPHOLOGY -

PLATELET MORPHOLOGY -

COMMENT -

Specimen: EDTA Whole Blood

ESR, EDTA WB-ESR 3 2-15 mm at 1 hr. Sedimentation

Clinical Significance: The erythrocyte sedimentation rate (ESR), also called a sedimentation rate is the rate red blood cells sediment in a period of time.

Interpretation:

Factors that increase ESR: Old age, Pregnancy, Anemia

Factors that decrease ESR: Extreme leukocytosis, Polycythemia, Red cell abnormalities- Sickle cell disease

Limitations:

- It is a non-specific measure of inflammation.
- · The use of the ESR as a screening test in asymptomatic persons is limited by its low sensitivity and specificity.

Reflex Test: C-Reactive Protein (CRP) is the recommended test in acute inflammatory conditions.

Reference:

- Pack Insert
- Brigden ML. Clinical utility of the erythrocyte sedimentation rate. American family physician. 1999 Oct 1;60(5):1443-50.

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab
*** End Of Report ***





Dr.ANUPA DIXIT M.D.(PATH) Consultant Pathologist & Lab Director

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Page 2 of 11



Name : MR.THIRUMUTHU KUMARAN

Age / Gender : 35 Years / Male

Consulting Dr. : -

Reg. Location

: Kalina, Santacruz East (Main Centre)

Collected Reported

: 23-Dec-2023 / 10:05 : 23-Dec-2023 / 14:41

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AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

| PARAMETER | <u>RESULTS</u> | BIOLOGICAL REF RANGE | METHOD |
|---|----------------|--|--------------------|
| GLUCOSE (SUGAR) FASTING, Fluoride Plasma | 85.3 | Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >/= 126 mg/dl | Hexokinase |
| GLUCOSE (SUGAR) PP, Fluoride Plasma PP/R | 77.8 | Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >/= 200 mg/dl | Hexokinase |
| BILIRUBIN (TOTAL), Serum | 0.48 | 0.3-1.2 mg/dl | Vanadate oxidation |
| BILIRUBIN (DIRECT), Serum | 0.20 | 0-0.3 mg/dl | Vanadate oxidation |
| BILIRUBIN (INDIRECT), Serum | 0.28 | <1.2 mg/dl | Calculated |
| TOTAL PROTEINS, Serum | 7.4 | 5.7-8.2 g/dL | Biuret |
| ALBUMIN, Serum | 4.4 | 3.2-4.8 g/dL | BCG |
| GLOBULIN, Serum | 3.0 | 2.3-3.5 g/dL | Calculated |
| A/G RATIO, Serum | 1.5 | 1 - 2 | Calculated |
| SGOT (AST), Serum | 30.2 | <34 U/L | Modified IFCC |
| SGPT (ALT), Serum | 46.0 | 10-49 U/L | Modified IFCC |
| GAMMA GT, Serum | 23.6 | <73 U/L | Modified IFCC |
| ALKALINE PHOSPHATASE, Serum | 106.0 | 46-116 U/L | Modified IFCC |
| BLOOD UREA, Serum | 24.7 | 19.29-49.28 mg/dl | Calculated |
| BUN, Serum | 11.5 | 9.0-23.0 mg/dl | Urease with GLDH |
| CREATININE, Serum | 1.06 | 0.73-1.18 mg/dl | Enzymatic |



Name : MR.THIRUMUTHU KUMARAN

Age / Gender : 35 Years / Male

Consulting Dr. :

eGFR, Serum

Reg. Location

: Kalina, Santacruz East (Main Centre)

94

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:23-Dec-2023 / 14:21

Calculated

Reported :23-Dec-2023 / 18:47

(ml/min/1.73sqm)

Normal or High: Above 90 Mild decrease: 60-89

Collected

Mild to moderate decrease: 45-

59

Moderate to severe decrease:30

-44

Severe decrease: 15-29 Kidney failure: <15

Note: eGFR estimation is calculated using 2021 CKD-EPI GFR equation w.e.f 16-08-2023

URIC ACID, Serum 6.1 3.7-9.2 mg/dl Uricase/ Peroxidase

Urine Sugar (Fasting)AbsentAbsentUrine Ketones (Fasting)AbsentAbsent

Urine Sugar (PP) Absent Absent Urine Ketones (PP) Absent Absent

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab
*** End Of Report ***





Dr.ANUPA DIXIT
M.D.(PATH)
Consultant Pathologist & Lab Director

Page 4 of 11



CID : 2335720803

Name : MR.THIRUMUTHU KUMARAN

Age / Gender : 35 Years / Male

Consulting Dr. : -Collected : 23-Dec-2023 / 10:05

Reported :23-Dec-2023 / 16:25 Reg. Location : Kalina, Santacruz East (Main Centre)

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE **GLYCOSYLATED HEMOGLOBIN (HbA1c)**

BIOLOGICAL REF RANGE PARAMETER RESULTS METHOD

HPLC Glycosylated Hemoglobin 5.5 Non-Diabetic Level: < 5.7 % (HbA1c), EDTA WB - CC

Prediabetic Level: 5.7-6.4 % Diabetic Level: >/= 6.5 %

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Estimated Average Glucose 111.1 mg/dl Calculated

(eAG), EDTA WB - CC

Intended use:

- In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year
- In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly
- For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

Clinical Significance:

- HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.
- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

Test Interpretation:

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

Factors affecting HbA1c results:

Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

Decreased in: Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab *** End Of Report ***





June Gung Dr.VRUSHALI SHROFF M.D.(PATH) **Pathologist**

Page 5 of 11



Name : MR.THIRUMUTHU KUMARAN

Age / Gender : 35 Years / Male

Consulting Dr. : - Collected :23-Dec-2023 / 10:05

Reg. Location: Kalina, Santacruz East (Main Centre): Reported: 23-Dec-2023 / 15:53

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE URINE EXAMINATION REPORT

Authenticity Check

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| | OKINE EXA | MINATION NEI OKT | |
|-----------------------------|----------------|-----------------------------|--------------------|
| <u>PARAMETER</u> | <u>RESULTS</u> | BIOLOGICAL REF RANGE | <u>METHOD</u> |
| PHYSICAL EXAMINATION | | | |
| Color | Pale yellow | Pale Yellow | - |
| Reaction (pH) | 5.0 | 4.5 - 8.0 | Chemical Indicator |
| Specific Gravity | 1.010 | 1.001-1.030 | Chemical Indicator |
| Transparency | Clear | Clear | - |
| Volume (ml) | 20 | - | - |
| CHEMICAL EXAMINATION | | | |
| Proteins | Absent | Absent | pH Indicator |
| Glucose | Absent | Absent | GOD-POD |
| Ketones | Absent | Absent | Legals Test |
| Blood | Absent | Absent | Peroxidase |
| Bilirubin | Absent | Absent | Diazonium Salt |
| Urobilinogen | Normal | Normal | Diazonium Salt |
| Nitrite | Absent | Absent | Griess Test |
| MICROSCOPIC EXAMINATION | <u>on</u> | | |
| Leukocytes(Pus cells)/hpf | 1-2 | 0-5/hpf | |
| Red Blood Cells / hpf | Absent | 0-2/hpf | |
| Epithelial Cells / hpf | 0-1 | | |
| Casts | Absent | Absent | |
| Crystals | Absent | Absent | |
| Amorphous debris | Absent | Absent | |
| Bacteria / hpf | +(>20/hpf) | Less than 20/hpf | |
| Others | - | | |

Kindly rule out contamination.



Name : MR.THIRUMUTHU KUMARAN

Age / Gender : 35 Years / Male

Consulting Dr. : - **Collected :** 23-Dec-2023 / 10:05

Reg. Location: Kalina, Santacruz East (Main Centre) Reported: 23-Dec-2023 / 15:53

Interpretation: The concentration values of Chemical analytes corresponding to the grading given in the report are as follows:

• Protein (1+ = 25 mg/dl , 2+ = 75 mg/dl , 3+ = 150 mg/dl , 4+ = 500 mg/dl)

Glucose(1+ = 50 mg/dl , 2+ =100 mg/dl , 3+ =300 mg/dl ,4+ =1000 mg/dl)

Ketone (1+ =5 mg/dl , 2+ = 15 mg/dl , 3+= 50 mg/dl , 4+ = 150 mg/dl)

Reference: Pack inert

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab
*** End Of Report ***





Dr.VRUSHALI SHROFF M.D.(PATH) Pathologist

Authenticity Check

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Application To Scan the Code



Name : MR.THIRUMUTHU KUMARAN

Age / Gender : 35 Years / Male

Consulting Dr. : - Collected : 23-Dec-2023 / 10:05

Reg. Location: Kalina, Santacruz East (Main Centre): Reported: 23-Dec-2023 / 14:05

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE BLOOD GROUPING & Rh TYPING

<u>PARAMETER</u> <u>RESULTS</u>

ABO GROUP A

Rh TYPING Positive

NOTE: Test performed by automated Erythrocytes magnetized technology (EMT) which is more sensitive than conventional methods.

Specimen: EDTA Whole Blood and/or serum

Clinical significance:

ABO system is most important of all blood group in transfusion medicine

Limitations:

- · ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

Refernces:

- 1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
- 2. AABB technical manual

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab
*** End Of Report ***





Dr.VRUSHALI SHROFF M.D.(PATH) Pathologist

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Name : MR.THIRUMUTHU KUMARAN

Age / Gender : 35 Years / Male

Consulting Dr. : -

Reg. Location : Kalina, Santacruz East (Main Centre)



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: 23-Dec-2023 / 10:05 : 23-Dec-2023 / 14:41

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE LIPID PROFILE

| <u>PARAMETER</u> | RESULTS | BIOLOGICAL REF RANGE | <u>METHOD</u> |
|-------------------------------------|---------|--|---------------------------|
| CHOLESTEROL, Serum | 139.1 | Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl | CHOD-POD |
| TRIGLYCERIDES, Serum | 82.0 | Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl | Enzymatic colorimetric |
| HDL CHOLESTEROL, Serum | 31.2 | Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl | Elimination/ Catalase |
| NON HDL CHOLESTEROL, Serum | 107.9 | Desirable: <130 mg/dl Borderline-high:130 - 159 mg/dl High:160 - 189 mg/dl Very high: >/=190 mg/dl | Calculated |
| LDL CHOLESTEROL, Serum | 91.5 | Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl | Calculated |
| VLDL CHOLESTEROL, Serum | 16.4 | < /= 30 mg/dl | Calculated |
| CHOL / HDL CHOL RATIO, Serum | 4.5 | 0-4.5 Ratio | Calculated |
| LDL CHOL / HDL CHOL RATIO, Serum | 2.9 | 0-3.5 Ratio | Calculated |

^{*}Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab *** End Of Report ***







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Name : MR.THIRUMUTHU KUMARAN

Age / Gender : 35 Years / Male

Consulting Dr. : - Collected : 23-Dec-2023 / 10:05

Reg. Location: Kalina, Santacruz East (Main Centre): Reported: 23-Dec-2023 / 12:48

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE THYROID FUNCTION TESTS

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| <u>PARAMETER</u> | <u>RESULTS</u> | BIOLOGICAL REF RANGE | <u>METHOD</u> |
|---------------------|----------------|--------------------------------|---------------|
| Free T3, Serum | 5.2 | 3.5-6.5 pmol/L | CLIA |
| Free T4, Serum | 15.7 | 11.5-22.7 pmol/L | CLIA |
| sensitiveTSH, Serum | 4.915 | 0.55-4.78 microIU/ml mIU/ml | CLIA |



Name : MR.THIRUMUTHU KUMARAN

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Interpretation:

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

Clinical Significance:

- 1)TSH Values between high abnormal upto15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors
- can give falsely high TSH.
- 2)TSH values may be trasiently altered becuase of non thyroidal illness like severe infections, liver disease, renal and heart severe burns, trauma and surgery etc.

| TSH | FT4 / T4 | FT3 / T3 | Interpretation |
|------|----------|----------|---|
| High | Normal | Normal | Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance. |
| High | Low | Low | Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism. |
| Low | High | High | Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole) |
| Low | Normal | Normal | Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness. |
| Low | Low | Low | Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism. |
| High | High | High | Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics. |

Diurnal Variation:TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am, and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation:19.7%(with in subject variation)

Reflex Tests: Anti thyroid Antibodies, USG Thyroid , TSH receptor Antibody. Thyroglobulin, Calcitonin

Limitations:

- 1. Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.
- Patient samples may contain heterophilic antibodies that could react in immunoassays to give falsely elevated or depressed results. this assay is designed to minimize interference from heterophilic antibodies.

Reference

- 1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2.Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
- 3. Tietz , Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4.Biological Variation:From principles to Practice-Callum G Fraser (AACC Press)

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab
*** End Of Report ***





Dr.ANUPA DIXIT
M.D.(PATH)
Consultant Pathologist & Lab Director

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CID : 2335720803

Name : Mr THIRUMUTHU KUMARAN

Age / Sex : 35 Years/Male

Ref. Dr Reg. Date : 23-Dec-2023

Reg. Location : Kalina, Santacruz East Main Centre Reported



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: 23-Dec-2023/11:35

USG WHOLE ABDOMEN

LIVER:

The liver is normal in size, shape and smooth margins. It shows bright parenchymal echo pattern. The intra hepatic biliary and portal radical appear normal. No evidence of any intra hepatic cystic or solid lesion seen. The main portal vein and CBD appears normal.

GALL BLADDER:

The gall bladder is physiologically distended and appears normal. No evidence of gall stones or mass lesions seen

PANCREAS:

The pancreas is well visualised and appears normal. No evidence of solid or cystic mass lesion.

KIDNEYS:

Both the kidneys are normal in size shape and echotexture.

No evidence of any calculus, hydronephrosis or mass lesion seen.

Right kidney measures: 8.9 x 4.3 cm. Left kidney measures: 8.6 x 4.7 cm.

SPLEEN:

The spleen is normal in size and shape and echotexture.

No evidence of focal lesion is noted. There is no evidence of any lymphadenopathy or ascites.

URINARY BLADDER:

The urinary bladder is well distended. It shows thin walls and sharp mucosa.

No evidence of calculus is noted. No mass or diverticulum is seen.

PROSTATE:

The prostate is normal in size and measures: 2.7 x 2.5 x 2.1 cms and weighs 7.8 gms.

| <u>IMPRESSION</u> : | |
|---------------------|---------------|
| Mild fatty Liver. | |
| - | End of Report |

DR.ASHA DHAVAN MBBS; D.M.R.E CONSULTANT RADIOLOGIST



Name : Mr THIRUMUTHU KUMARAN

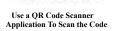
Age / Sex : 35 Years/Male

Ref. Dr :

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Reg. Date : 23-Dec-2023

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: 23-Dec-2023/11:35



CID : 2335720803

Name : Mr THIRUMUTHU KUMARAN

Age / Sex : 35 Years/Male

Ref. Dr Reg. Date : 23-Dec-2023

: Kalina, Santacruz East Main Centre : 23-Dec-2023/14:06 Reg. Location Reported

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X-RAY CHEST PA VIEW

Both lung fields are clear.

Both costo-phrenic angles are clear.

The cardiac size and shape are within normal limits.

The domes of diaphragm are normal in position and outlines.

The skeleton under review appears normal.

IMPRESSION:

NO SIGNIFICANT ABNORMALITY IS DETECTED.

-----End of Report------

DR.ASHA DHAVAN MBBS; D.M.R.E CONSULTANT RADIOLOGIST



CID : 2335720803

Name : Mr THIRUMUTHU KUMARAN

Age / Sex : 35 Years/Male

Reg. Date Ref. Dr

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